Three Nations Cannabis-Verdi is Now Officially Open for Business

(Verdi, NV.) Three Nations Cannabis, owned by Reno-Sparks Indian Colony (RSIC), mega launched the drive-thru dispensary located in Verdi, NV with a Grand Opening celebration on Saturday, November 12th. They had a huge turnout at full capacity throughout the grand opening day. Majority were locals, as well as loyal customers. Three Nations Cannabis is seeing steady growth daily.

The main attractions were giveaways, raffles, special offers, Daddy’s Tacos & Big Blue Q food trucks, Native American vendors, live radio broadcasts by the River 103.7 and SWAG 104.9, music, etc… Everyone who stopped by enjoyed the beautiful view & their experience.

Chairman Melendez did inter-

Continued on page 5
JOIN US IN-PERSON OR VIRTUAL ZOOM

Tribal Council Meetings
GENERAL COUNCIL MEETING
WEDNESDAY, DECEMBER 14, 2022 | 6PM
ECONOMIC DEVELOPMENT MEETING
NO DECEMBER MEETING

Reno Multipurpose Room
34 Reservation Road
Reno, NV 89502

*Public Comment Opportunity at General Council Meetings only. Next General Council Meeting, 12/14/22. If you have immediate concerns or would like to submit your public comment prior to General Council Meeting date, send email to comments@rsic.org.

DOWNLOAD THE ZOOM APP

For ZOOM Meeting ID/Password Information, Contact Public Information Officer, Bethany Sam, bsam@rsic.org or 775-842-2902

www.rsic.org | @rsictribe
Started in the early 1980s, The Camp News is the monthly publication for the Reno-Sparks Indian Colony (RSIC) community. The newsletter is produced monthly out of the RSIC Public Relations Office, and duplicated and distributed by the RSIC Administration Front Office.

SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in The Camp News is 5 p.m., the second Thursday of every month.

CONTACT OUR STAFF

E-mail your submissions to newsletter@rsic.org, bsam@rsic.org or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

CIRCULATION

If you live outside Washoe County and would like to receive The Camp News via U.S. Post Office, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of The Camp News or just read it on-line, please see: www.rsic.org and PDFs of our publication are available.

If you have questions, call us at 329-2936.

November Important Dates

Important December Dates:
2-3 Friday & Saturday, Nevada’s Christmas Sale & Indian Art Market, RSIC Gym, 10am-8pm both days.
7 Wednesday, 9am-4:30pm, RSTHC’s Safe Native American Passenger Training in Hungry Valley.
9 Friday, RSIC Employee Holiday Party, Atlantis Hotel & Casino @ 6pm.
Application Deadline at 5pmf or RSIC Human Services Program’s “Christmas Toy Distribution”. Info at 775-329-5071.
14 Wednesday, RSIC Tribal Council General Meeting, Reno Multi purpose Room @ 6pm.
15 Thursday, Judging for House Decorating Contest
16 Friday, Judging for House Decorating Contest
Friday, 4th Annual Christmas Craft Sale @ RSIC Reno Gym, 10am-6pm.
17 Saturday, 4th Annual Christmas Craft Sale @ RSIC Reno Gym, 10am-6pm.
19 Christmas Bingo Ho-Ho Hoedown Reno Gym at 6 pm
20 Tuesday, Commodity Day 8 Am—11:45
Tuesday, Northern Nevada Food Bank 2:30-3:30pm HV Gym Parking Lot
Tuesday, Community Christmas Dinner at Reno Gym, 6pm
23 Friday, RSIC Childcare Closed
24 Saturday Christmas Eve
Saturday, Christmas Eve Church Service, 6pm at Colony Christian Fellowship
25 Sunday, Christmas Day! MERRY CHRISTMAS TO ALL!
26 Monday, Winter Break Begins thru 1/8
Monday, RSIC Child Care Closed
Monday, RSIC Admin Offices & RSTHC CLOSED
27 Tuesday, Recreation’s Winter Day Camp Begins
31 Saturday, New Years Social Pow Wow @ RSIC Reno Gym, 6pm.
1/2—RSIC Admin Offices & RSTHC CLOSED for New Years Holiday!

Please Note:
- RSIC’s THPO/Cultural Resources Program’s “Wounded Souls—Extracting From the Land and Our Spirits” Exhibit is open, Monday—Friday, 11am-6pm & Saturday’s 11am-3pm. More Info: 775-785-1326.

COVID-19 Stockpile: To request PPE, call Joanna Hicks at 775 560-0941

Find the most up-to-date info on RSIC’s Facebook. If you’d like to receive RAVE Alert text messages, call/text 775-842-2902 or bsam@rsic.org or bharjo@rsic.org

FOLLOW US AT:
WOUNDED SOULS
Exhibiting from the Land and Our Spirits
An Exhibit on the Effects of Mining

November 8, 2022 - March 8, 2023

Presented by the Reno-Sparks Indian Colony
Cultural Resources/THPO Program in collaboration with UNR's W. M. Keck Earth Science and Mineral Engineering Museum

The exhibit may be viewed:
Monday-Friday: 11 a.m. to 6 p.m. and some Saturday's 11am - 3pm

Due to construction, pedestrian traffic and staff schedules, the door may be locked, so please ring the doorbell.
Please call ahead before your planned visit to assure staff is on site.

RSIC Language & Culture

Pesa Nagweseme No'o
Zanda Gwishmish
Di keshmish Angaw Huya
Merry Christmas
From RSIC Language & Culture

Reno-Sparks Indian Colony Recycling Program Update

There are two 6-yard recycling bins available for RSC residents and RSIC departments. The recycling bin in Hungry Valley has been moved near the Head Start Entrance and is no longer located at the TEC building. Green Solutions Recycling picks up the materials once a week on Thursdays. Please remember to place your materials inside the containers, not on the ground.

Reno Recycling Bin
The tan recycling bin is located in Anderson Park near the green garbage dumpsters.

Hungry Valley Recycling Bin (New Location)
The tan recycling bin is now located near the Head Start Entrance.

What is Recyclable Material?
Approved recyclable materials include:
- Cardboard Products
- Paper Products
- Metal Products
- Wood
- Plastic Products
- Glass Products

Food or Hazardous Materials must never be placed in the recycling bins, including food-soiled paper such as paper plates, coffee filters, and paper milk cartons.

Questions? Please contact the Planning Department at 775-785-1363 or odavis@rsic.org

Thank you for recycling!

Three Nations Cannabis invites all adults, 21+ years, who are interested to experience a Native American owned cannabis store with a massive selection; including Native American cannabis products; a convenient drive-thru at each location (Verdi & S. Reno), plus guaranteed low prices by 10% of their competitors daily and discounts for each industry within the Reno area:

- Senior Sundays for 55+
- Cannabis Industry Mondays
- College Students/School Faculty Tuesdays
- Healthcare Workers
- Veterans Thursdays
- Loyal Customers Fridays - Show receipt from previous purchase within the week and receive a discount
- Casino Workers Saturdays

Three Nations Cannabis is literally a McDonalds in the cannabis industry having drive-thrus at each location. You can preorder for pickup at www.threenationscannabis.com for Verdi or South Reno locations. Products include flower, vapes, edibles, pre-rolls, extract, tincture, plus more.

Three Nations Cannabis Verdi is located at 420 Gold Ranch Road (exit 2, off I-80 west), with hours of operation from 9am-7pm daily.

Three Nations Cannabis South Reno is located at 11570 South Virginia Street (near Mercedes Benz & Carmax).

Both locations are on RSIC tribal land, near the tribe’s (RSIC’s) long-established Tribal Smoke Shop businesses.

“We look forward to providing a safe & tasty client experience,” Chairman Arlan Melendez stated. “Three Nations Cannabis enhances RSIC’s economic diversification strategy that will create well-paying jobs for both tribal members and the general public. It also creates a traditional fair trading atmosphere with other Tribes and will help RSIC to invest resources into better elder care, education, health services, housing & infrastructure, language & culture, youth services; the opportunities are infinite.”

RSIC follows cannabis regulations in compliance with the Cannabis Agreement between the State of Nevada and the Reno-Sparks Indian Colony signed on January 29, 2020. NRS 223.250 allows the Governor to enter into an agreement with any federally recognized Indian tribe located within the geographical boundaries of Nevada regarding Cannabis.

For more information & employment opportunities, call Conor Ramsay, TNC General Manager at 775-210-5674 or email cram-say@threenationscannabis.com

Continued from page 1

Lindsey Plascensia, Chairman Melendez; TNC Board Member, Kayleen Harjo; TNC Board Member, Michael Ondelacy; and James Thomas celebrate the Verdi Opening.

Photo by Little Buck Harjo, RSIC PR Assistant

Verdi Grand Opening Customer Line.

Photo by Little Buck Harjo, RSIC PR Assistant

TNC General Manager, Conor Ramsay, is getting interviewed by RSIC PR Officer, Bethany Sam, for a Facebook LIVE. Photo by: Little Buck Harjo, RSIC PR Asst.
**Commodity Food Program Schedule**

**RENO SPARKS INDIAN COLONY**

**Administration Bldg.**
**34 Reservation Rd.**
**Reno, NV.**

**RENO SPARKS INDIAN COLONY PICK-UP**

**DECEMBER 20, 2022** **8 AM - 11:45 AM**

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**Join Us to Learn All About Continuous Glucose Monitors**

at CGM 101

**with Stacy Briscoe - Dietitian, Diabetes Educator**

&

**Dr. Gayathri Natarajan - "DR. G"**

**WHO SHOULD HAVE ONE?**

**WHAT ARE THEY?**

**DO I NEED ONE?**

**HOW ARE THEY DIFFERENT THAN A REGULAR GLUCOSE MONITOR?**

**HOW DO I GET ONE?**

**WHAT ARE THEY FOR?**

---

**Session #1:**

**Lunch & Learn**

**Tuesday 11/29** **12-1pm**

**RSTHC Conference Room**

**SIGN Up REQUIRED w/Stacy x1945 or sbriscoe@rsicclinic.org**

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**Session #2:**

**Tuesday Evening 11/29**

**5:30-6:30 RSTHC Conf. Room**

**Sponsored by the RSIC Diabetes Program**

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**Reno Sparks Indian Colony Child Care**

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**SAVE THE DATE**

**RENO SPARKS INDIAN COLONY POW WOW COMMITTEE PRESENTS**

**2023 NEW YEAR'S EVE SOBRIETY SOCIAL POWWOW**

@ RSIC GYM

**SATURDAY, DECEMBER 31, 2022**

**DOORS WILL OPEN AT 5 PM**

**POW WOW HOURS: 6 PM - 1 AM**

**Sobriety Chip Giveaway, Gifts for Dancers & More**

**MINIMAL COVID PROTOCOLS**

**MASKS & HAND SANITIZER WILL BE AVAILABLE**

**Anita Talancon, 775-338-3723**

**General Info: Jason Stewart, 775-399-2177**

**Antoinette Thayer, 775-772-9003**
Christmas Toy Distribution

It’s that time again when we celebrate our children and the beauty of Christmas through their eyes. RSIC Human Services Department is excited to announce they are partnering up with U.S. Marine Corps Reserve Toys for Tots program again for our annual Christmas Toys distribution.

RSIC community members, employees and Nevada Urban Indians are welcome to participate in the RSIC 2022 Christmas Toy Distribution.

Form must be filled out by parents or legal guardians & submitted to Meleseini Tuihalangie at mtuihalangie@rsic.org or Marcia Wadsworth at mwadsworth@rsic.org or fax it to 775-785-8758.

FORMS ARE AVAILABLE AT THE RSIC HUMAN SERVICES DEPARTMENT.

ACCEPTING FORMS UNTIL December 09, 2022

For more Information Please Contact, Human Services Department at 775-329-5071

RSIC staffs are welcome to refer families over.

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MERRY CHRISTMAS

2022 Christmas Gift Distribution Form

Date ____________

Family Name (Parent/Guardian): ____________________________

Address: ___________________ City: __________ State: __________ Zip: __________

Phone Number (or email): ____________________________

MUT ☐ RSIC Member ☐

Household Size: __________ Adults: __________ Children: __________

Child’s Name: ___________________ Gender (M/F/O): __________ Age: __________
Child’s Name: ___________________ Gender (M/F/O): __________ Age: __________
Child’s Name: ___________________ Gender (M/F/O): __________ Age: __________
Child’s Name: ___________________ Gender (M/F/O): __________ Age: __________
Child’s Name: ___________________ Gender (M/F/O): __________ Age: __________
Child’s Name: ___________________ Gender (M/F/O): __________ Age: __________
Child’s Name: ___________________ Gender (M/F/O): __________ Age: __________
Child’s Name: ___________________ Gender (M/F/O): __________ Age: __________
Child’s Name: ___________________ Gender (M/F/O): __________ Age: __________

Submitted By __________

December 09, 2022 TO:
Meleseini Tuihalangie at mtuihalangie@rsic.org ☒ Marcia Wadsworth at mwadsworth@rsic.org ☐ to any Human Services Staff
Office Location: 456 Golden Lane, Reno, NV 89502.

Phone: (775) 329-5071 Fax: (775) 329-8738

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EARN YOUR HIGH SCHOOL EQUIVALENCY CERTIFICATE

Orientation and Pretests

- January 3–January 5
- 9:00AM–11:30AM
- RSIC Education Building

Classes

- January 9 until Completion
- Monday–Thursday 9:00–11:30
- RSIC Education Building

$100 incentive upon completion and passing all portions of the test for RSIC tribal members and 477 clients

Reno-Sparks Indian Colony 477 Program
and Northern Nevada Literacy Council

Gaylene Williams
gwilliams@rsic.org
(775) 329-6114

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NATIVE POWER

CAN’T BE TAMED!
Preview of Native Cultural Elements installed by NDOT SBX Project in partnership with RSIC Cultural Resources Program Manager, Michon Eben. Preview at “Second Street Exit” off I-580 South.
CHR is happy to announce that we are open for patient transport to your scheduled appointments.

Transport is limited to persons residing in Reno, Sparks, North Valleys, and Hungry Valley without other means of transportation.

To schedule a ride or medication delivery please call (775) 329-5162 exts., 1921, 1926, 1940.

We request a minimum of 24 hrs notice but encourage you to schedule as soon as you can.
# Recreation Winter Day Camp Reno/HV Schedule

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>Dec 26</td>
<td>Dec 27 Reno/HV Gym Day</td>
<td>Dec 28 Reno</td>
<td>Dec 29 Reno/HV Gym Day</td>
<td>Dec 30 Reno Movies @ Imax HV Fly High Bus Depart</td>
</tr>
<tr>
<td><strong>No Day Camp</strong></td>
<td>(Both Sites)</td>
<td>Peppermill Arcade HV Coconut Bowl Bus Depart</td>
<td>12:30 PM (Both Sites)</td>
<td></td>
</tr>
<tr>
<td>Jan 2</td>
<td>Jan 3 Reno/HV Gym Day</td>
<td>Jan 4 Reno</td>
<td>Jan 5 Reno/HV Gym Day</td>
<td>Jan 6 Reno Chuck E. Cheese HV Movies @ Imax Bus Depart</td>
</tr>
<tr>
<td><strong>No Day Camp</strong></td>
<td>(Both Sites)</td>
<td>Sledding – The Meadows HV Urban Air Bus Depart</td>
<td>Reno – 10 AM HV – 12:30 PM</td>
<td></td>
</tr>
</tbody>
</table>

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**PARENTS:** THIS SCHEDULE IS SUBJECT TO CHANGE WITH OR WITHOUT PRIOR NOTICE DUE TO UNFORESEEEN CIRCUMSTANCES

**DAY CAMP HOURS:** Day camp starts at 12:00 and ends at 4:00. (Unless otherwise noted) **GYM DOORS WILL OPEN AT 9AM.**

**DAY CAMP AGE REQUIREMENT:** children must be 6-17 yrs old to attend. All teens are encouraged to attend all day camp activities.

**Covid Restrictions Will Apply:** Masks are optional and we ask if your child is ill, please have them stay home.

Please make sure your child wears appropriate clothing and shoes for each day’s activity and weather.

*If you have any questions feel free to contact the Reno Gym @ 775-329-4930 after 9:00 AM.*

**PERMISSION SLIPS:** Your child must have a 2022 permission slip on file **BEFORE** attending the activities. If your child has not yet done so, please contact the Recreation Dept. ASAP.
2000 Comprehensive Plan Update

By Condie H. Storell, AICP, Planning Director

The Planning Department began preparing a new Comprehensive Plan this summer to replace the Year 2000 Comprehensive Plan and Periodic Reports. The 2000 Comprehensive Plan will include future land use designations as well as goals, policies, and actions to address existing and future community needs. Figure 1 depicts the different phases for this long-range policy document.

Figure 1
2000 Comprehensive Plan Process

2002 Community Survey

The RSIC Planning Department carried out a Community Survey during the summer of 2002 to inform the development of the 2000 Comprehensive Plan. On October 27, the Planning Department and Commercial Property Management reviewed the results of the survey at a virtual community meeting.

The survey included 10 questions related to topics such as land use, housing, and community concerns and a total of 159 responses were received. Of the 159 responses, 123 or 77% of the respondents were enrolled members while 56 or 35% of the respondents were RSIC employees. Survey participants could self-identify with more than one category.

The questions which generated the most comments from the survey respondents are depicted in Figure 2 below. The questions related to a business incubator program generated the most interest with 83 comments submitted on this topic.

Figure 2
Survey Questions with Most Comments

More information about the existing Year 2000 Comprehensive Plan and the October 27 presentation on the Community Survey is available on the Planning Department RPB website. The link to the RPB is included on the Planning Department website (https://www.rsic.org/tribal-planning). A Community Survey Report with more details on the survey results is being prepared for Tribal Council and the RSIC Community and will be available in December.

The Planning Department would like to express its appreciation to all community members who completed the survey. For more information or questions, please contact the Planning Department by phone at 775-785-1365 or by email at cstorell@rsic.org.

RESULTS ARE IN!

View above pages for 2040 Comprehensive Plan

Survey results from 159 responses. 123 or 77% off the respondents were RSIC enrolled members; while 56 or 35% of the respondents were RSIC employees.

Survey participants could self-identify with more than one category.
Kids and COVID-19 Vaccines: What Parents and Caregivers Need To Know

Children as young as 6 months of age can get a COVID vaccine.

Both COVID-19 mRNA vaccines are safe for children as young as 6 months of age. Children receive the same vaccine as adults, but the dose is smaller depending on their age.

Children are as likely as adults to be infected with COVID-19 and can spread the virus to others. Children can also get very sick and have short and long-term health complications from COVID.

Both vaccines are effective in reducing the risk of COVID disease and its possible long-term effects. Side effects from the vaccines are usually minor, including fever and soreness where the shot is given.

Contact your local health care provider, clinic or pharmacy to get your child vaccinated.

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Ages</th>
<th>Number and timing of shots needed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Moderna</td>
<td>6 months and older</td>
<td>• All ages receive 2 shots. The 2nd shot is given 4-8 weeks after the 1st.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Booster shots are recommended for all people over 18 years old, 5 months after the initial doses.</td>
</tr>
<tr>
<td>Pfizer</td>
<td>6 months and older</td>
<td>• Young children 6 months - 4 years receive 3 shots. The 2nd shot is given 3 weeks after the 1st, and the 3rd is given 8 weeks after the 2nd.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• People over 5 years old receive 2 shots. The 2nd shot is given about 3 weeks after the 1st.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Booster shots are recommended for all people 5 years and older, 5 months after the initial doses.</td>
</tr>
</tbody>
</table>

The 2022 Diabetes Shoe Program

“Healthy feet can hear the very heart of Holy Earth.”
- Sitting Bull

Keep One Diabetes Checkup in RSTHC Medical in 2022 and receive your foot exam - and you are eligible for shoes through the RSTHC Diabetes Program!

Receive your voucher via a Nutrition visit with a RSTHC dietitian
Schedule w/ Stacy 329-5162 x1945 or Kristie x1943

The RSTHC Diabetes Program reserves the right to end this program at any time

Sponsored by the RSIC Diabetes Program

WATER FITNESS!!

@ Alf Sorenson Community Center
1400 Baring Blvd, Sparks
Tribal Card required @ Class Check in

Senior Water Fitness Saturdays (55+ years and older)
(Transportation not available)
SATURDAYS 12-1PM

SWIM LESSONS!
Available for all ages
Build basic water safety or develop your skill.
Enrollment Required @ Alf call 353-2385. Paid for by the RSTHC Diabetes Program
Go to www.sparkrec.com for schedule and reg dates

Senior Aquacize (slower paced for 55+ years and older)
(Transportation not available)
TUESDAYS & THURSDAYS 10-11AM

Toddler Time!
(age 5 years or younger)
Parents must be in the pool
MONDAY THRU THURSDAYS
11:30-4:30 CLASS TIMES

Sponsored by the RSTHC Diabetes Program

Lap Swimming (all ages)
MON-THURS 6-9AM, 9-11AM, 11-1:30, 1:30-3PM
SATURDAYS 12-5:45PM

QUESTIONS? Contact Wall at 329-5162 x1947 or Stacy x1945
Safe Native American Passengers Training

When: December 07, 2022
Time: 9:00 AM—4:30 PM
Where: RSIC Education Conference Room In Hungry Valley, NV
       (9055 Eagle Canyon Dr. Sparks, NV 89441)
Contact: Callie Sanchez (775) 329-5162 ext. 1927 or
        Gina Featherstone ext. 1949
        Light snacks/refreshments and lunch will be provided

The Safe Native American Passengers (SNAP) training is a 1-day course that provides a basic introduction to child passenger safety in Indian Country. Students will gain practical experience through a variety of presentations and hands-on exercises related to vehicle seat belt systems, various types of car seats, and the misuse of car seats.

*SNAP does not offer certification and does not replace or serve as a substitute for the 12-hour National Standardized Child Passenger Safety Training Program administered course offered by Safe Kids Worldwide.

To register, visit www.ha.gov/RSIC, click on Classes and Registration, and then select Safe Native American Passengers from the list of classes. Follow the instructions on the website to complete registration.

A
Admit you're a sinner and
ask his forgiveness.
Romans 3:10, 23; also 5:8, 6:23

B
Believe he died for you and rose
again 3 days later.
John 3:16, 14:6

C
Confess with your mouth that Jesus is Lord!
Romans 10:9-10

The ABC's of Salvation
RSIC RECREATION’S COUNTRY CHRISTMAS 2022

BINGO

Where: Reno Gymnasium

When: 12/19/2022

Time: 6 PM

REFRESHMENTS WILL BE SERVED

Come in your Best Western look!

Dolly Parton & Willie Nelson Look-alike Contest

For more information contact the Reno Gym @ 775-329-4930

RENO SPARKS INDIAN COLONY

RECREATION COMMUNITY CHRISTMAS DINNER

TUESDAY
DECEMBER 20, 2022
6 PM
RENO COLONY GYMNASIUM

OPEN TO ALL RSIC ENROLLED MEMBERS & RESIDENTS

PLEASE BRING YOUR FAVORITE CHRISTMAS DESSERT TO SHARE
RECREATION WILL PROVIDE DINNER AND DRINKS

CHRISTMAS HOUSE DECORATING CONTEST WINNERS WILL BE ANNOUNCED

ALL RSIC RECREATION EVENTS ARE FOR THE ENJOYMENT OF THE RSIC ENROLLED MEMBERS AND RESIDENTS.

FOR MORE INFORMATION PLEASE CALL 775-338-4500 OR 775-325-1360

2022 RSIC COMMUNITY CHRISTMAS HOUSE DECORATING CONTEST

Enter your home with the RSIC Recreation Program
Must live in Hungry Valley or Reno

Hungry Valley Gym
4075 Eagle Canyon Drive, Sparks, NV 89441
Phone: 775-785-1260

Reno Gym
34 Reservation Road Reno, NV 89502
Phone: 775-329-4930

EACH COMMUNITY WINNER WILL RECEIVE

1st Place - $500
2nd Place - $400
3rd Place - $300
4th Place - $200
5th Place - $100

HAPPY HOLIDAY

Judging will take place on Dec. 15 & 16
Winners will be announced at Community Christmas Dinner Dec. 20, 2022

HOW TO Eat Healthier During the Holidays

Take a 10-minute break between you, and get up and get some movement in.

When timing yourself for the vegetables, even if they are just for dessert,

You can still eat your favorites, but be careful about smaller portions and Barnett

Start with a salad and add the food you like best.

Start with vegetables. Eat leaner, Avoid or limit alcohol.

Take 10 before a 2nd serving

Make room for veggies

Fit in your favorites

Be mindful of the buffet

A Healthy You!

Just because the holidays are here doesn’t mean that you need to overindulge. Use these tips to stay healthy during the holidays!

Keep moving

Get sleep

Holiday proof parties

Budget wisely

Don’t eat too much until you feel satiated, use a smaller plate.

Try and fill 1/2 of your plate with vegetables, 1/4 protein, 1/4 starch. Leave some room for the occasional treat.

Eat snacks to prevent overeating.

Eat one or two small appetizers, low calorie, low fat, high fiber.

Eat less, move more.

Sources: Harvard Health & the CDC
MyPlate Holiday makeover

visit choosemyplate.gov for healthier options during the holidays

tweak the sweets

fruits make delicious desserts  vs  desserts will satisfy your sweet tooth

cheers to good health

drink water to manage calories  vs  SODA

bake healthier

use recipes with pureed fruits instead of butter or oil  vs  use recipes with butter or oil

spice it up

use spices and herbs instead of sugar and salt  vs  use sugar and salt

brighten your meal

fill half your plate with fruits and vegetables  vs  fill half your plate with meat and starches

skim the fat
	ry skim evaporated milk instead of heavy cream  vs  use heavy cream

swap the grains

choose whole wheat flour instead of white flour  vs  use white flour

go easy on the gravy

a little bit of gravy goes a long way  vs  use a lot of gravy
Thank You Veterans For Your Dedication & Service!!
The Reno-Sparks Indian Colony Veteran’s Committee would like to thank all the Veterans & Volunteers for helping with the Veterans Day Parade, Dinner and Festivities! Special Thanks to RSIC Color Guard, RSIC Public Works, UNITY Youth Council, RSIC Powwow Club, RSIC Public Relations Dept., RSIC Senior Program, RSIC Police Dept., and RSIC Cultural Resources Program.

Photos by: Bethany Sam, RSIC Public Relations Officer
Merry Christmas & Happy New Year

TO YOU & YOUR FAMILY
RSIC WISHES YOU A SAFE, HEALTHY & HAPPY HOLIDAYS

RSIC Admin Offices &
Reno-Sparks Tribal Health Center
WILL BE
CLOSED

December 26th & January 2nd
In observance of the Holidays
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>5) 1:00 pm Senior Advisory Committee Meeting</td>
<td>6) Snow Man Wreath</td>
<td>7) 12:30 pm Board &amp; Brush</td>
<td>8) Christmas Garland</td>
<td>9)</td>
</tr>
<tr>
<td>12) Sign up for Movies</td>
<td>13) Ring Light Decoration</td>
<td>14)</td>
<td>15) 11:30 am Christmas Lunch &amp; Bingo in 34 Multipurpose room</td>
<td>16)</td>
</tr>
<tr>
<td>19) 9:00 am Food Pantry 5:30 pm Flower Arranging Class Limited Space</td>
<td>20) 8:00 am Commodities @34 Drive Thru Only No Deliveries</td>
<td>21)</td>
<td>22)</td>
<td>23)</td>
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<td>26)</td>
<td>27)</td>
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</tbody>
</table>

12/19 – Flower Arranging Class at Sparks Florist warehouse. Sign up required. Transportation provided. Activities are subject to change or cancel without notice. Any activity requiring transportation must have 3 people minimum for transportation. Sign up required to reserve space for Board & Brush Class on Dec 7th and for Flower Arranging Class on Dec 19th.
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 Bagel Pizza</td>
<td>6 Hot Turkey Sandwich</td>
<td>7 Steak Fajita with Onions &amp; Peppers Whole Wheat Tortilla Spanish Rice Mangos</td>
<td>8 Shrimp on Whole Wheat Pasta with Spinach and Tomatoes Grapes</td>
<td>9 Cream of Wheat Boiled Egg Baby Carrots Orange</td>
</tr>
<tr>
<td>Cesar Salad Tropical Fruit</td>
<td>Mashed Potatoes &amp; Gravy Green Beans Apple Slices</td>
<td>12 Bison Gravy Whole Wheat Noodles Brussel Sprouts Honeydew</td>
<td>13 Grilled Steak Roasted Potatoes Spinach Berry Salad</td>
<td>14 Green Chili Chicken Pozole Tostada Cabbage, Onion Cilantro Orange</td>
</tr>
<tr>
<td>15 Birthday Bingo &amp; Christmas Lunch Roast Beef Mashed Potatoes Green Beans Whole Wheat Roll Pear</td>
<td>16 Breakfast Burrito Bacon, Egg, Cheese Cucumber &amp; Tomato Salad Tropical Fruit</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>19 Pork Chop Orzo Pasta Salad with Cucumbers, Peppers, Cheese, and Olives Applesauce</td>
<td>20 Beef Vegetable Stew Green Salad Whole Wheat Roll Mandarin Oranges</td>
<td>21 Meatball Spaghetti on Whole Wheat Pasta Green Beans French Bread Pears</td>
<td>22 Chicken Enchilada Rice &amp; Beans Sack Lunch for Friday: Cold Cereal Boiled Egg Celery &amp; Peanut Butter Cup Banana</td>
<td>23 No Lunches Served or Delivered</td>
</tr>
<tr>
<td>26 Center Closed Christmas Observed</td>
<td>27 Teriyaki Chicken Breast Fried Rice with Peas and Carrots Peaches</td>
<td>28 Bison Chili Burger on Whole Wheat Bun Asparagus Sweet Potato Tots Pineapple</td>
<td>29 Baked Ham Scalloped Potatoes Steamed Carrots Whole Wheat Roll Orange</td>
<td>30 Turkey Sausage Egg &amp; Cheese Sandwich On Whole Wheat English Muffin Sweet Mini Peppers &amp; Ranch Blueberries</td>
</tr>
</tbody>
</table>

Please tie up your dog(s) during delivery times 10 am- 1 pm. Staff will not enter yards with loose dogs.

COVID 19 Reminder- Your meal will be in a plastic bag and placed on your doorknob or driveway fence if you have loose dogs. Please listen for staff to honk and knock then pick up your meal bag after they leave. Staff will return within 15-20 minutes. Meal bags that stay on the door or fence will be removed and a “missed you” note will be left. This ensures safe temperatures of food.
WE LOVE OUR ELDERS!
Thanksgiving Senior Bingo sponsored by RSIC Senior Program.
Photos by: Little Buck Harjo, RSIC Public Relations Assistant

Attention all seniors. Open enrollment for Medicare is ending soon! December 7th is the deadline to sign up for Medicare.
You can go online to sign up for Medicare at www.medicare.gov.

You can call 1-800-633-4227 to speak with a live representative.

You can also call 1-877-385-2345 for assistance and questions you may have regarding Medicare plans, changes, drugs etc.
SENIOR ANGEL TREE

It’s that time of the year and we are starting early. If you would like to brighten a RSIC Senior’s Christmas this year, come by the RSIC Senior Center November 21st – December 1st, and pick a tag from our Angel Tree. Shop for listed items and return unwrapped gifts with the tag to the RSIC Senior Center on December 5th or 6th between 7:30 am – 3:00 pm. Gifts will be delivered to the RSIC Seniors Dec 14th – 16th.

RSIC Senior Program Clients who want to participate please contact Darlene Ryan at 775-705-1149
Sponsored by the RSIC Senior Program

CONSTRUCTION IN PROGRESS

THE SEWER POND AND WATER TANK PROJECTS HAVE BEGUN. CONSTRUCTION EQUIPMENT WILL BE ACTIVE ON NORTH LOOP ROAD IN THE HUNGRY VALLEY COMMUNITY. PLEASE SLOW DOWN AND WATCH FOR EQUIPMENT. EXPECT MINOR DELAYS IN THIS AREA IN THE NEXT SEVERAL WEEK.

What: Large construction equipment in use
When: November 1, 2022 – January 2023
Where: North Loop Road

DECEMBER 2022

TUESDAY DECEMBER 13, 2022
12:10PM-12:50 PM
LUNCH & LEARN
DRUG TRENDS ON THE STREET

Sponsored BY:

RSVP Required:
Charla: 775-329-5162 Ex 1967

Winter
Tommo, N. Paiute
Domo, W. Shoshone
Galis, Washoe
(RENO, NV) - In Spring of 2021, the Reno-Sparks Indian Colony became aware of a major open-pit lithium mine planned for Thacker Pass, located in what is now Northern Nevada and is traditional and unceded territory of the Northern Paiute and Western Shoshone people.

The planned Thacker Pass lithium mine was permitted without any consultation with native tribes. In fact, most regional tribes - including us - were not even aware of the planned mine until after the Final Environmental Impact Statement was released and the Record of Decision was signed on January 15th, 2021.

That is because of “fast-tracked” permitting process which directed the Bureau of Land Management to issue a permit for this project in less than a year, during the height of the COVID pandemic when reservations across Nevada were in a state of lockdown. In light of the public health emergency, both the Advisory Council on Historic Preservation and Nevada’s congressional delegation asked the BLM to pause consultation and public commenting during the pandemic, but BLM did not do so.

Why is Thacker Pass (Peehee Mu’huh) Important?

Thacker Pass, known as Peehee Mu’huh in our Paiute language, is a culturally, spiritually, and historically important place that is a monument to our past and present culture.

There are thousands of documented artifacts and cultural sites in Thacker Pass. Our ancestors used this pass as a travel route, obsidian collection area, and campsite for thousands of years. Paiute and Shoshone people have hunted deer and other wildlife, fished for Lahontan cutthroat trout, gathered food and medicinal plants, and practiced our spiritual ways here since time immemorial, and we continue to do so to the present day. Sacred places like Peehee Mu’huh are our history and future. Our ancestors are buried in Thacker Pass and our young people visit this land to learn about the history of our people.

Thacker Pass is the site of two documented massacres — one well-documented in written history, and the other known from our oral tradition.

The former took place in the context of the Snake War, known as “The Deadliest Indian War in the West,” a war of genocide in which 60% of all Paiute people were killed. On September 12, 1865, Company E of the 1st Nevada Cavalry attacked a Paiute camp in Thacker Pass and slaughtered at least 31 and possibly 50 or more men, wom-
Recreation Afterschool Thanksgiving Dinner in Hungry Valley and Moccasin making in Hungry Valley with Daisy and Recreation.
UNR College of Agriculture & Biotechnology honoring dinner. Honorees: Jill Moe, Bill Payne, Ralph Burns, Ignacio Montoya, Stacey Burns

Native Singing Class with Delina Trottier and guest drummer/singer Jamie Stump
Moccasin Class with instructor Mary Burnette.

Eagle Wing’s After Thanksgiving Craft Fair Fundraiser

Hand Game Class with instructor Winston Sam
en, children, and elders as they fled deeper into the pass. The second massacre, which gave this area its Paiute name of Peehee Mu’hu ("Rotten Moon") was an inter-tribal conflict with a tribe from the west.

The Lawsuit

After learning about the planned mine and consulting with elders, cultural resource experts, and community members from our own tribe and others, the Reno-Sparks Tribal Council decided to file a lawsuit against the Federal Government for illegally permitting the Thacker Pass lithium mine and to protect a sacred and culturally significant site of our people.

Furthermore, the Reno-Sparks Indian Colony represents RSIC Enrolled Tribal Members who are descendants of the McDermitt Paiute Tribe or descendants of Paiute ancestors who prayed and lived in the area prior to colonization. RSIC also represents its employees who are McDermitt Enrolled Tribal Members.

The lawsuit, filed on July 20th, 2021, alleges that the Federal Government and Bureau of Land Management failed to properly consult with tribes before permitting the mine in violation of the National Historic Preservation Act.

After uncovering additional breaches of the law as a result of documents exposed in the lawsuit, our attorneys filed a Motion to Amend our lawsuit in November of 2021, but were blocked from doing so on the grounds that the case would soon be decided. However, over a year later, the case remains open.

Who Else is Opposing the Mine?

We have been joined in our lawsuit by the Burns Paiute Tribe. The Winnemucca Indian Colony attempted to join our lawsuit with a Motion to Intervene filed on February 11th, 2022, but was blocked by the judge on grounds that the case was too close to completion (nearly a year later, the case remains open).

The National Congress of American Indians and the Inter-Tribal Council of Nevada have passed resolutions opposing the Thacker Pass lithium mine. Regional tribes including the Pyramid Lake Paiute Tribe and Summit Lake Paiute Tribe have strongly opposed the Thacker Pass mine in consultation with the BLM and other agencies.

Additional lawsuits have been filed by Ed Bartell, a local Orovada rancher who alleges the proposed mine violates the Endangered Species Act by harming Lahontan Cutthroat Trout, and would cause irreparable harm to springs, wet meadows, and water tables (Case No. 3:21-cv-00080-MMD-CLB) and by four environmental organizations: Basin and Range Watch, Great Basin Resource Watch, Wildlands Defense, and Western Watersheds Project (Case No. 3:21-cv-00103-MMD-CLB), who allege that BLM violated the National Environmental Policy Act, Federal Land Policy Management Act, and other laws.

An activist group called Protect Thacker Pass was instrumental in bringing attention to the Thacker Pass situation and organized a protection camp on-site for most of 2021. One of our attorneys, William J. Falk, esq. is a co-founder of Protect Thacker Pass.

A community group composed mostly of members from the Fort McDermitt Paiute-Shoshone Tribe, the People of Red Mountain (Atsa Koodakuh wyh Nuwu), has been involved in the fight since March of 2021.
Hello! My name is Jaime Garcia. I grew up in Hungry Valley and worked as a medical assistant at RSTHC for 6 years! I recently became a licensed esthetician and I currently work at Humble Bee Sugaring Studio. I work out of a building called Sola Salons on Kietzke Lane. I offer hair removal with the ancient technique known as sugaring. I also shape, tint and wax brows. I also offer lash lifts. I absolutely love my job and enjoy what I do. If you are in need of my services or know of anyone, please come see me! If you have any questions, I’d be happy to answer them! Thank you and hope to see you all soon! - Jamie
Christmas Eve Service 2022
at Colony Christian Fellowship

Saturday Night, December 24th
Christmas Program
6:00pm

Songs, giftbags, a Christmas Message
and Gifts for all the Kids!

Since this fight began, thousands of people have visited Thacker Pass to enjoy the beauty of the land, pay respects to the fallen, and contribute to the movement. Indigenous nations facing mining impacts in their territory such as the San Carlos Apache of Arizona and the Hualapai Tribe of Arizona have visited. In October 2022, the Reno-Sparks Indian Colony hosted the biannual Western Mining Action Network Conference and people from as far away as South Africa, Nunavut, Oklahoma, and beyond visited Thacker Pass and expressed their solidarity.

What Comes Next?
The Reno-Sparks Indian Colony is currently engaged in discussions with the BLM to uphold and protect the rights of all Tribal Nations and to protect our sacred and culturally important sites. The Colony’s goals are to protect the land and our cultural interests at Thacker Pass and to protect the rights of Native people everywhere.

And on January 5th, 2023 oral arguments will be heard at the Bruce R. Thompson Courthouse and Federal Building in the Thacker Pass Litigation Case in the U.S. District Court, District of Nevada. Let’s demonstrate our solidarity to protect PeeHee Mu’Huh / Thacker Pass. Be on the look out for more event info.

YOU CAN’T MINE YOUR WAY OUT OF CLIMATE JUSTICE!

Take Action (Write letters to BLM/newspaper and copy them to us)

Learn More at www.protectthackerpass.com

Media Contact: Bethany Sam, Media Relations at bsam@rsic.org or 775-842-2902.
**WEEKLY**
Mondays @ 3 pm

**DUI CLASS**
Level II, II-X, & III

- Make positive changes to your high-risk driving behaviors
- Learn how alcohol & other drugs affect driving ability
- Examine your substance abuse patterns
- Explore the link between thoughts, feelings & behavior
- Develop a plan for changing your impaired driving behavior

**All in-person participants are required to wear a mask. Please call the following number to sign-up**
(775) 334-0989 or (775) 329-5162 EXT 2010

**ANGER MANAGEMENT**
TUESDAYS AT 4:00PM
Masks are mandatory for all in-person classes
Please call to sign up
775-334-0989 or 775-329-5162 extension 2010

**THE BENEFITS**
Knowing Your Triggers
Learn to identify what sets you off or worsens your anger

Communication Skills
Learn how to express feelings and needs assertively (not aggressively)

Respond Instead of React
Calm yourself down

**DOMESTIC VIOLENCE CLASSES**

**PATH TO A BETTER YOU**

- Substance Abuse Outpatient Group
- Psychoeducation to identify factors that compel problematic use and/or continued use.
- Skill development to learn how to enhance the skills necessary to break free of addictions.

When: Wednesdays
Time: 10am-11:30am

**PROGRESSION NOT PERFECTION**

If you would like more information or have questions please call (775) 329-5162 ext. 2014
Native American Heritage Day Celebration
Pinecrest Academy
November 18, 2022

We celebrate our Native Youth

The Native American Heritage Day Celebration collaboration with the Pinecrest Academy of Northern Nevada and the Reno-Sparks Indian Colony filled the Pinecrest gymnasium with good medicine, songs, and plenty of cultural education. The Pinecrest admin staff consulted with the native student body, and asked them to close their eyes and envision what a day of native festivities and celebration would entail. The students replied with many cultural insights such as the smell of sage, the taste of frybread, songs, and dancing.

The Pinecrest native student body designed the whole day and made it extra special for their classmates. The Pinecrest administration staff reached out to the Reno-Sparks Indian Colony to help support their upcoming event. RSIC education staff was able to help identify a local food vendor, Nat’s Tacos, to make over 900 pieces of frybread. The RSIC Language & Culture Program & Hungry Valley education also made a cultural sensory cart with high sensory cultural items and interactive QR codes. The RSIC dance groups, The Eagle Wings Pageant Dancers and the RSIC Pow Wow club exhibited traditional Great Basin dances and modern Pow Wow style dancing. The students were able to interact and join the dancing with a closing round dance of each session. The day coincided with the announcement from the City of Sparks declaring November 14th Native American Heritage Day. Pinecrest students were able to witness the historic day.

Thank you to all the RSIC programs that helped make this vision possible for our native students. RSIC Tribal Council, RSIC Public Relations, RSIC Education, RSIC Language & Culture Program, Eagle Wings Pageant Dance Group and RSIC Pow Wow Club.

“Such a wonderful event organized by students at Pinecrest. So proud of our students for sharing their culture with others! It was a wonderful event.” - Julie Bryant, RSIC Education Manager

Native Student Planning Committee:
L-R Sean Wadsworth; Cassius Sampson, RSIC Tribal Council treasurer; Robin Eagle Kyrus Sampson; Nakoe Cortez-Campbell-Moss
Not Pictured; Olivia Chasing Crow, Xavier Arrivalaga; Johnathon Arrivalaga

- Stacey Burns, RSIC Language & Culture Program Coordinator
WHEREAS, four major Indigenous groups; the Northern Paiute, the Shoshone, the Southern Paiute, and the Washoe are the original caretakers of the land we now call Nevada; and

WHEREAS, despite systematic failures and challenges, these Indigenous groups are comprised of 27 federally recognized Tribal Nations, Bands, and Colonies, in addition to over 50,000 Urban Indians; and

WHEREAS, these diverse Indigenous groups contribute to the fine arts, business, sports, science, and cultural preservation throughout the City of Sparks; and

WHEREAS, the City of Sparks is strengthened by the resiliency of these Native American communities' historic contributions in areas such as volunteer military service, traditional ecological knowledge and stewardship, and language revitalization that the Numa, the Newe, the Nuwu and the Wa She Shu incorporate into their everyday existence; and

WHEREAS, the contributions of American Indians have enhanced the City of Sparks's and Nevada's freedom, prosperity, and dignity; and

WHEREAS, local leaders, educators, and clergy advocate to embrace the unique and ancient Native American culture into the continued growth, prosperity, and beautification of the City of Sparks, while recognizing and supporting the inherent sovereignty of these Tribal Nations; and

WHEREAS, in honor of Native American Heritage Month, community celebrations as well as numerous cultural, artistic, educational, and historical activities have been planned;

NOW, THEREFORE, I, ED LAWSON, Mayor of the City of Sparks, Nevada, do hereby proclaim November 2022 as:

"NATIVE AMERICAN HERITAGE MONTH"

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Sparks, Nevada to be affixed this 14th day of November, 2022.

ED LAWSON, Mayor

ATTEST:

LISA HUNDERMAN, City Clerk
SPANISH SPRINGS, Nev. (KOLO) - November was Native American Heritage Month and on Friday, November 18, members of the Reno-Sparks Indian Colony hosted a celebration at Pinecrest Academy of Northern Nevada.

Students at Pinecrest got the opportunity to experience and learn about Native American traditions, including dance performances, traditional music and more.

“We’re the descendants of the original caretakers of all of North America, and we were not allowed to practice our culture or religion until 1978, and so knowing that celebrating today in 2022 is an honor,” said Bethany Sam, Spokesperson for RSIC.

“It’s a great experience, not just for our Native American students to share their culture and traditions, but certainly for our students who go to school alongside them to learn and to gain compassion, understanding, cultural awareness and just generally more insight into the traditions of the people who live here,” said Jami Austin, Principal at Pinecrest Academy.

Along with the celebration, the City of Sparks officially proclaimed the month of November and specifically November 18th as Native American Heritage Month. (See page 24 for City of Sparks Proclamation).

A huge thank you to City of Sparks, Pinecrest Academy Native American Students; Pinecrest Academy Student Recruitment Staff Member, Claudia Casteneda; Pinecrest Academy Principal, Jamie Austin; RSIC Eagle Wings Dance Group & Parents; RSIC Powwow Club & Parents; RSIC Education Staff; RSIC Public Relations Dept.; Gerald Bear; and RSIC Tribal Council for making this day so memorable for all 900 students and staff members from grades K-8th.
Native American Heritage Month at Pinecrest Academy of Northern NV
Hungry Valley Head Start
Thanksgiving Luncheon 2022
Legal / Public / Job Announcements

Recruitment for committee / boards

RECRUITMENT FOR LAW AND ORDER COMMITTEE MEMBERS

Notice to RSIC Enrolled Members

The Law & Order Committee is currently recruiting for four new members. Appointments made to the Committee are for a four-year term and members are appointed by the Tribal Council. The Committee, pursuant to the bylaws, are scheduled to meet the first Wednesday of each month at 6:30 p.m.

The Committee shall be compensated at a rate approved by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of RSIC has been revised and were adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. All Committee members must abide by these rules. Please see the Tribal Administrator's Office for a copy of the Standing Rules.

Any interested RSIC enrolled member may submit their applications to the Tribal Administrator's Office located at 34 Reservation Road.

RECRUITMENT FOR ELECTION BOARD MEMBERS

Notice to Reno-Sparks Indian Colony Enrolled Members

An Election Board consisting of five (5) members and two (2) alternates shall be appointed within six (6) months before the Tribal Election and the terms of office for these officials shall be for two (2) years. The Election Board Members shall be compensated at a rate prescribed by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of the Reno-Sparks Indian Colony were revised and adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. Rule No. 8, states – Each person appointed as a member of a committee or advisory board shall sit on more than two committees or advisory boards at a time; this is combined, meaning that if a person sits on a committee and an advisory board, that person has reached the limit under this rule. The only exception is if a person sits on an intermittent board, such as the Election Board, in that instance the person is subject to the limit of this provision but can sit as a member on one intermittent committee or advisory board. A person can only serve as the Chair of one committee or advisory board at a time, including an intermittent committee or advisory board.

The 2023 Tribal Election will be automated. Training will be provided to the Election Board. The training will include use of the ballots, voting tabulators, voting booth, and the AutoVote Management System. The automated voting process will allow for the 2023 Tribal Election results to be available within 16 minutes after all ballots are cast at the polling sites, at Reno-Sparks Indian Colony and Hungry Valley, and the polling sites are closed.

Any interested RSIC Enrolled Member may submit their signed letter of interest to the Tribal Administrator's Office at 34 Reservation Road, Reno, NV 89502. No emails will be accepted.

v/08/2022
Resolution No. 2022-RS-172

Resolution of the Reno-Sparks Tribal Council

WHEREAS, the Reno-Sparks Indian Colony ("RSIC" or "Colony") is a Federally recognized Indian Tribe organized under Section 16 of the Indian Reorganization Act of June 18, 1934 (48 Stat. 944, 25 U.S.C. 476) as amended, to provide certain rights of homelands and to be responsible for the general welfare of its members; and

WHEREAS, the Reno-Sparks Tribal Council ("Council") is empowered under Article VI, Section 1 of the Tribal Constitution and By Laws to, among other matters, to enact legislation for the purpose of safeguarding and promoting the peace, safety, and general welfare of the members of the Colony; and

WHEREAS, the Colony wishes to protect the RSIC community from violence and criminal activity and has enacted laws and ordinances to further this objective; and

WHEREAS, the Colony enacted Ordinance No. 52 to provide an administrative hearing process that ensures due process and authorizes the exclusion of RSIC members and unwanted outsiders from the Colony; and

WHEREAS, the Tribal Council has determined that it is in the best interest of the Colony to exclude RSIC Tribal Members who are involved in incidents that present a clear and present danger to the safety of the Colony and after following the due process mechanisms detailed in the Ordinance, including an administrative hearing on the record, have determined to take this action; and

NOW THEREFORE BE IT RESOLVED, that the Reno-Sparks Tribal Council hereby excludes RSIC Tribal Member Joel Christy from the Reno-Sparks Indian Colony for the period of three years effective as of the date of the enactment of this resolution; and

BE IT FURTHER RESOLVED, that any threats or acts of violence, vandalism, or any other threats or intimidation from Mr. Christy or his extended family, friends or supporters to RSIC Tribal Council Members, RSIC staff or Colony Members will not be tolerated and may result in an extension of the duration of the exclusion and may subject Mr. Christy to disenrollment from the Tribe; and

BE IT FURTHER RESOLVED, that Mr. Christy is expected to abide by all federal, state and tribal laws and display traits and habits of being a good Tribal member and citizen that may be taken into account to shorten the length of the exclusion should the RSIC Tribal Council determine to do so; and

Resolution No. 2022-RS-173

Resolution of the Reno-Sparks Tribal Council

WHEREAS, the Reno-Sparks Indian Colony ("RSIC" or "Colony") is a Federally recognized Indian Tribe organized under Section 16 of the Indian Reorganization Act of June 18, 1934 (48 Stat. 944, 25 U.S.C. 476) as amended, to provide certain rights of homelands and to be responsible for the general welfare of its members; and

WHEREAS, the Reno-Sparks Tribal Council ("Council") is empowered under Article VI, Section 1 of the Tribal Constitution and By Laws to, among other matters, to enact legislation for the purpose of safeguarding and promoting the peace, safety, and general welfare of the members of the Colony; and

WHEREAS, the Colony wishes to protect the RSIC community from violence and criminal activity and has enacted laws and ordinances to further this objective; and

WHEREAS, the Colony enacted Ordinance No. 52 to provide an administrative hearing process that ensures due process and authorizes the exclusion of RSIC members and unwanted outsiders from the Colony; and

WHEREAS, the Tribal Council has determined that it is in the best interest of the Colony to exclude RSIC Tribal Members who are involved in incidents that present a clear and present danger to the safety of the Colony and after following the due process mechanisms detailed in the Ordinance, including an administrative hearing on the record, have determined to take this action; and

NOW THEREFORE BE IT RESOLVED, that the Reno-Sparks Tribal Council hereby excludes RSIC Tribal Member Phoenix from the Reno-Sparks Indian Colony for the period of three years effective as of the date of the enactment of this resolution; and

BE IT FURTHER RESOLVED, that any threats or acts of violence, vandalism, or any other threats or intimidation from Mr. Phoenix or his extended family, friends or supporters to RSIC Tribal Council Members, RSIC staff or Colony Members will not be tolerated and may result in an extension of the duration of the exclusion and may subject Mr. Phoenix to disenrollment from the Tribe; and

BE IT FURTHER RESOLVED, that Mr. Phoenix is expected to abide by all federal, state and tribal laws and display traits and habits of being a good Tribal member and citizen that may be taken into account to shorten the length of the exclusion should the RSIC Tribal Council determine to do so; and

CERTIFICATION

I, the undersigned Secretary of the Reno-Sparks Tribal Council, hereby certify that the Tribal Council, composed of nine (9) members, of whom five (5) constitute a quorum, and of which eight (8) were present at a duly called meeting convened and held on the 16th day of November, 2022, and that the foregoing Resolution was duly adopted by a Roll Call vote of eight (8) for, zero (0) against, and zero (0) abstentions, pursuant to authority contained in the Constitution and Bylaws of the Reno-Sparks Indian Colony.

MARELINE YABROV, Secretary
Reno-Sparks Tribal Council

CERTIFICATION

I, the undersigned Secretary of the Reno-Sparks Tribal Council, hereby certify that the Tribal Council, composed of nine (9) members, of whom five (5) constitute a quorum, and of which eight (8) were present at a duly called meeting convened and held on the 16th day of November, 2022, and that the foregoing Resolution was duly adopted by a Roll Call vote of eight (8) for, zero (0) against, and zero (0) abstentions, pursuant to authority contained in the Constitution and Bylaws of the Reno-Sparks Indian Colony.

MARELINE YABROV, Secretary
Reno-Sparks Tribal Council
COVID-19 is still around and there is no way to know how it will affect you. It’s important to get vaccinated.

COVID-19 vaccines are safe and effective, and can prevent serious illness, hospitalization, and death from COVID-19. It is recommended that all eligible ages stay up to date on their COVID-19 vaccines, which includes getting booster doses when eligible. The vaccines are your best protection against COVID-19.

COVID-19 Vaccines for Adults

COVID-19 Vaccines are Safe & Effective

As of July 2022, over half a billion doses of COVID-19 vaccines have been safely administered to adults, children, pregnant persons, and people with underlying health conditions in the United States. We know the COVID-19 vaccines are safe and effective because they:

- Were developed using science that's been around for decades
- Met standards for safety, effectiveness, and quality
- Are the most monitored in history

Things to Know

- The vaccines are safe and effective.
- COVID-19 vaccines can be taken with other routine vaccines.
- Children under 12 receive a smaller dose than teens and adults.
- Children who had COVID-19 should still get vaccinated.

Common Side Effects

- Pain at Injection Site
- Fever / Headache
- Tiredness
- Chills
- Body aches
- Nausea / Dizziness

To find a vaccine site near you:
Talk to your healthcare provider.
Teen Group
13-17 year olds

Group is for those who:
- Feel “upset” or “bad” and don’t know why
- Feel like you are on an emotional rollercoaster
- Seem to dwell on the negative
- Feel alone or misunderstood
- Tend to worry excessively or seem anxious
- Having trouble communicating with family, peers, teachers

DBT Skills Group with
DR. LAURA NIELSEN

Mondays
From 4:00 - 5:30PM
Behavioral Health
(775) 329-5162 ext. 2014

FAMILY Holiday Paint Night

POTLUCK DINNER
BRING YOUR FAVORITE SIDE OR DESSERT TO SHARE!

BEHAVIORAL HEALTH WILL PROVIDE THE MAIN DISH.

SIGN-UPS REQUIRED

THURSDAY
Dec. 15th
@ 5:30 PM

Open to all RSIC enrolled members, RSIC community members, & RSTHC patients

775-329-5162 EXT 2009
VWILLIAMS@RSICCLINIC.ORG

ENROLLMENT OFFICE

W9 UPDATES | ALL ENROLLED TRIBAL MEMBERS

Please make sure to update any address or name changes to our office for YOUR records. This is also for all Tribal Members who are minors.

Any Tribal Member turning 18 years old will need a new W9 in their name and signature for any education or monetary assistance.

W9’s are available in the Enrollment Office, Finance, or IRS.GOV

Phone: 775-785-1306 | Fax: 775-329-2781
Jessica Castillo, Enrollment Officer | email: jcastillo@rsic.org
or
Josephine Astor, Enrollment Assistant | email: jastor@rsic.org
Minimal COVID-19 Protocols! Please stay home if you’re COVID positive or have ANY cold-like symptoms.

SOBRIETY SOCIAL POWWOW

WHEN: SATURDAY, DECEMBER 31, 2022
FREE ADMISSION
WHERE: RSIC RENO GYM
34 RESERVATION ROAD, RENO

HOST DRUM:
RED HOOP
DRESSLERVILLE, NV

HEAD STAFF:
Headman: Jack Williams
Headlady: Leilani O’Daye
Head Teen Boy: Colson Lewis-Wyatt
Head Teen Girl: Tziavi Melendez

SOBRIETY CHIP GIVEAWAY, GIFTS FOR DANCERS, RSTHC PRESENTATIONS & MORE
COME & ROUND DANCE THE NEW YEAR IN!!!

GRAND ENTRY @ 6pm
DOORS OPEN: 5PM-1AM
MC: Hank Johnson
ARENA DIRECTOR: Toby Stump
SPECIALS:
18+ Street Clothes Dance Special - Toby Stump
Men's Traditional Special - Jack Williams
Women's Jingle Special - Leilani O'Daye
Potato Dance Special - Colson Lewis-Wyatt
Men's Grass Dance Special - Ayden Sampson
Hat & Boot Special - Tziavi Melendez

For More Information:
Anita Talancon 775-338-3723
Jason Stewart 775-399-2177
Antoinette Thayer 775-772-9005