Chairman Melendez Awarded TMCC President’s Medal

Leadership, advocacy and the importance of education are all topics that drive the important work of RSIC Tribal Chairman.

When accepting the medal, Chairman Melendez said, “I’m dedicating this medal to my younger brother, Randy, who encouraged me to be tribal chairman.”

COVER PHOTO: Chairman Arlan Melendez holding his TMCC Presidents Medal during TMCC’s commencement. Photo Provided by: Bethany Sam
JOIN US IN-PERSON OR VIRTUAL

General & Economic
Tribal Council Meetings

WEDNESDAY, JUNE 15TH & 29TH, 2022 | 6PM

Reno Multi-Purpose Room
34 Reservation Road
Reno, NV 89502

PUBLIC COMMENT will be read into the General Council Meeting (6/15) minutes.
Submit Public Comment to comments@rsic.org,
or drop off to 34 Reservation Rd. Attn: Tribal Secretary
or fill out form in-person prior to meeting

DOWNLOAD THE ZOOM APP

For ZOOM Meeting ID/Password Information,
Contact Public Information Officer, Bethany Sam,
bsam@rsic.org or 775-842-2902

www.rsic.org | @rsictribe
Deadlines, Mailing List
The Camp News Profile

Started in the early 1980s, The Camp News is the monthly publication for the Reno-Sparks Indian Colony (RSIC) community. The newsletter is produced monthly out of the RSIC Public Relations Office, and duplicated and distributed by the RSIC Administration Front Office.

SEND US YOUR NEWS
The deadline for all print submissions to be considered for publication in The Camp News is 5 p.m., the second Thursday of every month.

CONTACT OUR STAFF
E-mail your submissions to newsletter@rsic.org, bsam@rsic.org or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

CIRCULATION
If you live outside Washoe County and would like to receive The Camp News via U.S. Post Office, please contact us with your mailing address.
If you have a problem with delivery, please call us at (775) 329-2936.

ELECTRONIC EDITION
For those of you who would prefer to get an electronic version of The Camp News or just read it on-line, please see: www.rsic.org and PDFs of our publication are available.
If you have questions, call us at 329-2936.

June Important Dates

11—2022 Graduation DRIVE-THRU Dinner, 4pm @ Golden Lane.
12—Summer Day Camp Kickoff (Hungry Valley Gym), 11am-2pm. Info, call Recreation Dept. at 775-329-4930.
13—Summer Day Camp Begins for Reno and Hungry Valley.
   - Food Bank Kids Café All Summer, 2pm-2:30pm
14—Primary Election Voting Day—Reno Gym & HV Lower Level, 7am-7pm
15—General Tribal Council Meeting, Reno Multipurpose Room, 34 Reservation Road or Zoom, 6pm. Email bsam@rsic.org or text/call 775-842-2902 for zoom invite or public comment form.
   - RSIC Language & Culture Virtual Zoom Bead Session 6pm-8pm (Email Stacey Burns, sburns@rsic.org for info).
   - Reno Rodeo Cattle Drive Camp Out in Hungry Valley. Reno Rodeo June 16–26
16—Lunch Time Paint, RSTHC Behavioral Health, 11am-2pm, 775-329-5162
   - RSIC Head Start Open House, Reno location, 5:30pm-6:30pm
17—RSIC Head Start Open House, Reno location, 5:30pm-6:30pm
18—Stewart Father’s Day Powwow, 12pm & Sunday 11am
   - Gardening Classes, Urban Roots, 10am-12pm, 3NW: 775-329-5162
19—Happy Father’s Day
20—Happy Juneteenth, RSIC Admin Offices & RSTHC CLOSED.
21—COMMODITY FOOD DISTRIBUTION, 8a-12p, 34 Reservation Rd.
   - DATE CHANGE: Food Bank, HV Gym Parking Lot, 2pm-3:30pm
   - Summer Solstice
22—RSIC Language & Culture Virtual Zoom Bead Session 6pm-8pm (Email Stacey Burns, sburns@rsic.org for info).
23—Senior Center Open House, Reno, 5pm-7pm, Info: 775-785-1349
24—Susanville Powwow Begins
25—Victory Day, Battle of Little Big Horn Anniversary
29—Special Economic Development Tribal Council Meeting, Reno Multipurpose Room, 34 Reservation Rd. or Zoom, 6pm. Email bsam@rsic.org or text/call 775-842-2902 for zoom invite.
   - RSIC Language & Culture Virtual Zoom Bead Session 6pm-8pm (Email Stacey Burns, sburns@rsic.org for info).
7/4—Happy Independence Day, RSIC Admin Offices & RSTHC CLOSED.

COVID-19 Stockpile: To request PPE, call Joanna Hicks at 775-560-9041.

FOLLOW US AT:
GETTING MY COVID-19 VACCINE MEANS I CAN GET BACK TO MY FAVORITE ACTIVITIES

A safe and effective vaccine to prevent COVID-19 is now available for everyone 5 years and up. Schedule Yours Today!
Reno Sparks Tribal Health Center
Vaccine Hotline: 775 344 – 0444

INTER-TRIBAL COUNCIL OF NEVADA
Family Violence Prevention Program
The FVPP is offering Laptops to qualifying families and individuals.
Contact Our Office today for more information

LAPTOPS FOR QUALIFYING FAMILIES AND INDIVIDUALS
Reno: 775-355-0600
Elko: 775-748-1300
Vegas: 702-570-7722

Open Gym Exercise Hours

COMMUNITY MEMBERS
AGES 13 & UP AND EMPLOYEES

Monday: 8:00am – 7:00pm
Tuesday: 8:00am – 7:00pm
Wednesday: 8:00am – 7:00pm
Thursday: 8:00am – 7:00pm
Friday: 8:00am – 6:00pm

WORKOUT CLASSES

Monday 12:15-12:45 pm... F.I.T. (Fun Interval Training)
Tuesday 12:15-12:45 pm... Kettlebell Training
5:30-6:00 pm... Barbell Training
Wednesday 12:15-12:45 pm... Cardio Kickboxing
1:15-1:45 pm... TRX
5:30-6:00 pm... Spin
Thursday 12:15-12:45 pm... TRX
5:30-6:00 pm... Abs & Glutes
Friday 12:15-12:45 pm... Spin

Children or teenagers (9-17) need to have a parent or guardian sign a parental consent form, emergency contact form and a physical activity waiver before they are permitted to exercise.

Employees or Colony members (18-64) need to fill out a physical activity waiver and PAR-Q before they are permitted to exercise.

65 years old & need to have a physical activity waiver signed and a doctors release before they are permitted to exercise at the Three Nations Wellness Center.

You can fill out the PAR-Q to utilize the open gym times upon approval, or you can get a doctors referral to utilize the personal trainers.

Three Nations Wellness Center
1715 Kansas Lane • Reno, NV
(775) 354-4995

Masks are not required while you are actively exercising.

Monthly Raffle

ENTRY
Every time that you sign into the 3NWC and workout your name will be entered for the raffle.
There will be 1 winner each month.

QUALIFICATIONS
You must be a patient of the Reno Sparks Tribal Health Center.
Pictured is the basket that will be raffled off for the month of April.

Raffle Month & Draw Date

May 6/1/2022
June 7/1/2022
July 6/1/2022
August 9/1/2022
September 10/3/2022
October 11/1/2022
November 12/1/2022
December 1/2/2023
RENO, NV (May 20, 2022) —

Arlan D. Melendez, Tribal Chairman of the Reno-Sparks Indian Colony, has been awarded the President’s Medal. The award honors an outstanding community leader. For over thirty-one years, Melendez has served as Chairman of the RSIC, a role that enables him to act as spokesperson and advocate for the 1,200 tribal members which include members of the Paiute, Washoe and Shoshone tribes. As Chairman, Melendez faces challenges to the RSIC locations (both in Reno City Limits and to the North in Hungry Valley) that range the gamut of environmental, political and economic domains.

Becoming Chairman wasn’t something that Melendez had had on his radar. However, thanks to the encouragement of his younger brother and the mentorship of tribal elders who had been longtime members of the Tribal Council, in 1991 Melendez decided to run for the leadership position.

“You may not feel confident at first in a [leadership] position, but you’ll get better every time you speak or make decisions, gaining more confidence and experience. I have learned anyone can do jobs that maybe they don’t think they can just by trying and doing them,” he said.

Stepping into roles and learning by doing is paramount to Melendez’s journey that includes a tour of Vietnam as a U.S. Marine Corps, veteran and taking classes from TMCC.

Coming to TMCC

Melendez is a lifelong resident of Northern Nevada; like many Native Americans of Nevada in the 1940s, he was born in the Indian Hospital in nearby Schurz, Nevada. His father worked for the Southern Pacific Railroad, so many of Melendez’s early years were spent in Railroad Section Housing in Sutcliffe; a small town on the western shore of Pyramid Lake. In 1965, he would graduate from Wooster High School, excelling as a distance runner, who was looking for the next step in his life’s journey.

Melendez followed many other Native Americans in joining the efforts of the Vietnam War. He and his brother joined the Marine Corps and Melendez served one year in Vietnam. After receiving a honorable discharge from the USMC, Melendez moved to Denver, Colorado. While there, he began taking classes at a local community college in the hopes that gaining an education would lead him into a better job.

When he returned to his hometown of Reno, he enrolled in business, accounting and economics classes at TMCC—classes that prepared him for the challenges he would face as a part of the RSIC Tribal Council, and later as its Chairman. “I was a business major, and so I took some accounting and business classes, and I learned a number of things that helped me with the management of the RSIC,” he said.

One example is...
HELP WANTED
Recruiting Couriers
MUST BE 13 YEARS OR OLDER
RSIC Front Office is looking for community members to deliver flyers to Reno and Hungry Valley's communities. You can stop by the Administration Office to pick up a contract.
Contact gbressler@rsic.org OR pplasance@rsic.org
Administration Office located
34 Reservation Rd, Reno NV 89501
Administration Office hours 8am-5pm Monday - Friday CALL US: (775) 329-2936

JUNE 21, 2022-July 29, 2022
M-Th 9:00am-3:00pm
F 9:00am-12:00pm
SUMMER YOUTH EMPLOYMENT PROGRAM
APPLY NOW
Application Deadline Friday June 10, 2022
4:00pm
For more information contact:
Heather Scott
(775) 329-6114 or hscott@rsic.org
Reno-Sparks Indian Colony
Education 34 Reservation Rd
Reno, NV 89502

CAMP NEWS DELIVERY CONTRACT
Name of Individual: ____________________________ Phone: ____________________________
Address: ____________________________

MONTH OF DELIVERY (Code One)

<table>
<thead>
<tr>
<th>JAN</th>
<th>FEB</th>
<th>MAR</th>
<th>APR</th>
<th>MAY</th>
<th>JUNE</th>
<th>JUL</th>
<th>AUG</th>
<th>SEP</th>
<th>OCT</th>
<th>NOV</th>
<th>DEC</th>
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<tbody>
<tr>
<td>$60</td>
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</tr>
</tbody>
</table>

Reno Delivery Rate: Monthly Camp News, if delivered.
Flyer Rate: Monthly Camp News, if delivered.
NV Delivery Rate: Monthly Camp News, if delivered.
Flyer Rate: Monthly Camp News, if delivered.

PLEASE READ EACH LINE & INITIAL

Final payment for delivery of the newsletter (if delivered) & flyers will be processed when the contract agreement has been fulfilled at the end of the month. A check will be issued the 5th week of the following month and the pick-up location is at the Finance Department.*
I agree to distribute the Camp News & Flyers for the month I have selected above.
I agree to pick-up the Camp News & Flyers by 9pm and deliver the same day/week.
I understand that failure to deliver camp news/flyers the same day will result in a penalty fee of $15.
The Admin Office will not deliver camp news or flyers to my home or work, NO EXCEPTIONS!
I agree to have a working home phone or mobile number where I can be reached (Message phone or family phone will not be accepted).
I understand if I cannot be reached by the number given for camp news & flyer delivery, the Admin Office will replace me with notice after several attempts to contact me.
I understand that it's my responsibility to pick-up camp news & flyers, the admin office will not hold or give the camp news/flyers to anyone but you or your parent/guardian.
I understand that the camp news/flyers must be inserted into the white boxes provided by Housing.
I understand that there will be no deliveries to a home with visible or loose dogs.
I shall not hold the RSIC responsible for any claims of injury, damage, and/or dog bites incurred by the person while delivering the Camp News and Flyers.
I understand that no one under the age of 13 will be allowed to deliver without an adult present.
I understand that if the Admin Office receives several complaints, I will be removed warning and I will not be eligible to deliver until the following year.
I understand I may only sign-up for camp news & flyer delivery twice within a year.
I understand that family residing in the same household is only permitted to sign-up twice within the same year (this includes, wife, husband, children or anyone else who resides in the home)
Date: ____________ Print: ____________________________
Parent/Guardian of person child

FOR OFFICE USE ONLY
Month Assigned: ____________________________ Date: ____________________________
Approved by: ____________________________ Community: ____________________________
STEAM Camp

RENO-SPARKS INDIAN COLONY
EDUCATION DEPARTMENT PRESENTS

Starting: June 21, 2022 --- July 7, 2022
Where: Reno Education Department Tutoring Room
When: Monday through Thursday
Time: 9:30 a.m. – 11:00 a.m.

If you have any questions please contact Lynette Sam at the
Reno Education Office @ 775-329-6114 ext.5103
or email: lsam@rsic.org

Open to RSIC Members at the Following Schools:

*Roger Corbett/Pinecrest/Maturi*

Reno-Sparks Indian Colony Education Department
S.T.E.A.M. - Youth Camp
June 21st — July 7th 2022

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>June 21st</td>
<td>Holiday: Juneteenth</td>
<td>June 21st</td>
</tr>
<tr>
<td>Week 3</td>
<td>July 4th</td>
<td>Holiday: Independence Day</td>
<td>July 4th</td>
</tr>
<tr>
<td></td>
<td>July 4th</td>
<td>S.T.E.A.M. - Science Engineer a Bouncing Egg</td>
<td>July 4th</td>
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<tr>
<td></td>
<td>July 4th</td>
<td>S.T.E.A.M. - Science: Gardening (Plant Lifecycle)</td>
<td>July 4th</td>
</tr>
</tbody>
</table>

*RSIC Education will not provide transportation / S.T.E.A.M camp will not Interfere with Summer Day-camp*

RSIC is an Equal Opportunity Service Provider and Employer

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High School & Higher Education Graduate Celebration

DRIVE-THRU

Come help us celebrate the graduating class of 2022

When: June 11th
Time: 4 p.m.–5 p.m.

Pickup Location: Thru Golden Lane to 34 Administration Building (front door)

*Packaged Dinner and Dessert!*

Graduates please bring your Diploma, or a copy of your Diploma.

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INTER-TRIBAL COUNCIL OF NEVADA
Family Violence Prevention Program
The FVPP is offering Laptops to qualifying families and individuals. Contact our Office today for more information.

LAPTOPS

FOR QUALIFYING FAMILIES AND INDIVIDUALS

Reno: 775-355-0600
Elko: 775-748-1380
Vegas: 702-570-77222
RENO-SPARKS INDIAN COLONY
PUBLIC COMMENT FORM
RSIC Enrolled Members Only

FORM MUST BE FILLED OUT COMPLETELY
PLEASE EMAIL TO COMMENTS@RSIC.ORG
OR DROP OFF TO FRONT OFFICE:
34 RESERVATION RD, ATTN: TRIBAL SECRETARY

DATE:_________________________

NAME:________________________

ADDRESS:_____________________

IF APPLICABLE, AGENDA ITEM NO.(S)_____________________

1. TOPIC:_____________________
   BRIEF STATEMENT:_____________
   _______________________________
   _______________________________

2. TOPIC:_____________________
   BRIEF STATEMENT:_____________
   _______________________________
   _______________________________

3. TOPIC:_____________________
   BRIEF STATEMENT:_____________
   _______________________________
   _______________________________

4. TOPIC:_____________________
   BRIEF STATEMENT:_____________
   _______________________________
   _______________________________

DO YOU WISH TO SPEAK?    Yes_______ No________

In Favor_______    In Opposition_______

COMMENTS ARE LIMITED TO FIVE (5) MINUTES TOTAL FOR ALL TOPICS YOU
WISH TO BE READ INTO THE MINUTES

THE TRIBAL COUNCIL REQUESTS ALL CONCERNS
BE EXPRESSED IN A COURTEOUS MANNER

THANK YOU FOR YOUR COOPERATION AND PARTICIPATION
the stewardship of the land, which includes advocating for the protection of its resources, such as clean well water and coordinating with other industries to keep the air safe for its residents. “I took a class called ‘Business and Society’, which had to do with how business are basically just looking at the bottom line, and often neglect the issues that are important to ‘society,’” he said, offering an example that the RSIC has faced with the mining industry’s interests, which historically, have created difficulties for the tribe.

“The mines came, but they never cleaned up. They were there for the profitability, but the society part of it... that’s when we have to mobilize with local Sierra Clubs and different environmental groups to build a coalition of people who were against that industry being too close to our homes. We have been through a lot of challenges—encroachments—from those who just see profitability, even if it’s near our residential neighborhoods, and we have to defend against that.”

He has also worked with the Nevada State Legislature to introduce new laws which improve how artifacts from cultural sites are handled. “We would like them to return some of the artifacts that have been unearthed,” he said, noting that the RSIC works closely with legislatures to monitor and improve legislation to support their cultural legacy. After all, there at least 8,000 Native Americans who live in Washoe County, over half of which live in the cities and not on reservations. Regardless of where they live, as a leader of the RSIC, Melendez serves as central support for this wide and varied community. Most recently, including the legislation of the Nevada Native American Tuition Fee Waiver, Bill AB262.

In addition to serving as a long-time Chairman of the RSIC, Melendez has held numerous leadership roles in which he advocates for Native Americans in Northern Nevada. He currently serves on the Taxation Subcommittee for the National Congress of American Indians. In 2005, he was appointed to the U.S. Civil Rights Commission by former Nevada Senator Harry Reid. He would be only the second Native American to serve on the commission since its incorporation by President Eisenhower in 1957.

Melendez is also the Treasurer of the Inter-Tribal Council of Nevada, which represents the twenty-seven tribes in the state; served as the Western regional Vice President of the National Congress of American Indians and served as a Board Member of the Secretary of the Health’s Advisory Committee.

**Innovative Ideas come from Education**

As Chairman of the RSIC, Melendez certainly encounters many issues, but he has been an especially strong advocate both locally and nationally for improved health care for Native people. Of his many accomplishments is the establishment of a new 60,000 square-foot Health Center, which serves thousands of Native Americans in Washoe County.

The inspiration for this and much of his work comes from Melendez’s memories and knowledge he gained from his education. “By going to school, it really gives you a foundation for innovative ideas,” he said. “Knowledge is everything, and it gives us vision for the future. Without knowledge, there is no hope. In these challenging times we’ve been through, the world needs educated people, and it brings a lot of peace... not only to the world, but within yourself.”

Cont. Chairman Melendez Awarded TMCC President’s Medal

Chairman Arlan D. Melendez & TMCC President Dr. Karin Hilgersom. Photo by: Bethany Sam

Continued on page 10
Chairman Melendez Awarded TMCC President’s Medal

About the President’s Medal

Each year, Truckee Meadows Community College confers its highest honor, the TMCC President’s Medal, to an outstanding community leader. The president’s medal is bestowed on a recipient in recognition of his or her contributions toward the enhancement and achievement of TMCC’s mission of providing educational and public services to its students and to its community.

President’s Medal

2022 – Arlan D. Melendez
2010 – Dr. Joel Glover (posthumously)
2008 – Dr. Robert and Jean Myles
2007 – Lynn Atcheson
2006 – The Nell J. Redfield Foundation
2005 – Senator Bernice Mathews
2004 – Governor Kenny Guinn
2003 – Senator Bill Raggio
2002 – Dr. Jeane Jones
2001 – International Game Technology
2000 – Moya Olsen Lear
1999 – V. James Eardley, Ph.D.
1998 – James Jeffers, Ph.D.
Congratulations RSIC Head Start Graduates!

Reno & Hungry Valley Class of 2035

Transition Ceremony Photos by: Bucky Harjo
All RISC Recreation activities/events are solely for the enjoyment of enrolled RISC members and RISC/HV Residents.

For more information please call Reno Gym @ (775) 329-4930

RISC Community Reno Ace's Day

Game Time 6:35 PM
July 23, 2022

Guest
- 2 Free N/A Drinks Per
- Watermelon
- Cookies
- Caesar Salad
- Beans
- Elote Corn
- Pico Mac & Cheese
- Pulled Pork
- Hot Dogs

Menu:

Coors Light Party Zone

FREE

Ticket pick up TBA
No cash will be accepted
Mon-Fri 9 AM - 5 PM
Reno Colony Gym
Sign up in person 7/1-7/22
School Year w/ RISC Address
WCDSD letter for 2021-2022

Proof of Residency for Children:
- RISC Housing Composition
- NV Driver License
- RISC Enrollment
- RISC Tribal C.I.B. Letter
- Tribal Card

Proof of RISC/HV Residency:
- Current NV Driver

With the following:

Sponsored by RISC Recreation Program
Aloha!
It’s Back!!!
Mark your calendars
Reno-Sparks Indian Colony
Senior Program is hosting our
2022 Senior Fun Day Luau
September 21, 2022
Reno Gym 34 Reservation Rd
Watch for more details.
Don’t miss out on the fun!
Come join the party
RSIC Senior Program 775-785-1349.

SUMMER DAY CAMP
KICK OFF

Sunday June 12
11 AM – 2 PM
Hungry Valley Recreation Gym
Meet the New Staff
Day Camp T-Shirts
Goodie Bags
Day Camp Sign Ups
Lunch Provided

For more info. call Reno Gym @ 775-329-4930
All RSIC Recreation activities/events are solely for the enjoyment of enrolled RSIC members & RSIC/VV residents
### Teen Tip

**No Day Camp**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event 1</th>
<th>Event 2</th>
<th>Event 3</th>
<th>Event 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 12</td>
<td>12:00 PM</td>
<td>2:00 PM</td>
<td>4:00 PM</td>
<td>6:00 PM</td>
</tr>
<tr>
<td>June 13</td>
<td>11:00 AM</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>5:00 PM</td>
</tr>
<tr>
<td>June 14</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>2:00 PM</td>
<td>4:00 PM</td>
</tr>
<tr>
<td>June 15</td>
<td>9:00 AM</td>
<td>11:00 AM</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
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<td>June 16</td>
<td>8:00 AM</td>
<td>10:00 AM</td>
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<tr>
<td>June 17</td>
<td>7:00 AM</td>
<td>9:00 AM</td>
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### Out Tip

**Youth Camp**

<table>
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<th>Day</th>
<th>Event 1</th>
<th>Event 2</th>
<th>Event 3</th>
<th>Event 4</th>
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<tbody>
<tr>
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<td>12:00 PM</td>
<td>2:00 PM</td>
<td>4:00 PM</td>
<td>6:00 PM</td>
</tr>
<tr>
<td>Tuesday</td>
<td>11:00 AM</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>5:00 PM</td>
</tr>
<tr>
<td>Wednesday</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>2:00 PM</td>
<td>4:00 PM</td>
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<tr>
<td>Thursday</td>
<td>9:00 AM</td>
<td>11:00 AM</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
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<tr>
<td>Friday</td>
<td>8:00 AM</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>2:00 PM</td>
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### Day Camp Hours: 12-4pm daily

**2022 Summer Day Camp**
# TEEN NIGHT SCHEDULE

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<th>Activity</th>
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<tr>
<td>June 14</td>
<td>Pyramid Lake Swim/ BBQ</td>
<td>Both Sites @ 5:30 PM</td>
</tr>
<tr>
<td>June 21</td>
<td>Mayberry swim/tubing</td>
<td>Both Sites @ 5:30 PM</td>
</tr>
<tr>
<td>June 28</td>
<td>Coconut Bowl</td>
<td>Both Sites @ 5:30 PM</td>
</tr>
<tr>
<td>July 5</td>
<td>Round One Arcade</td>
<td>Both Sites @ 5:30 PM</td>
</tr>
<tr>
<td>July 12</td>
<td>Peppermill Arcade</td>
<td>Both Sites @ 5:30 PM</td>
</tr>
<tr>
<td>July 19</td>
<td>PL Swim</td>
<td>Both Sites @ 5:30 PM</td>
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<tr>
<td>July 26</td>
<td>Coconut bowl</td>
<td>Both Sites @ 5:30 PM</td>
</tr>
<tr>
<td>August 2</td>
<td>GSR – Max Action Arena</td>
<td>Both Sites @ 5:30 PM</td>
</tr>
<tr>
<td>June 26</td>
<td>Roller Kingdom</td>
<td>Both Sites @ 5:30 PM</td>
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<tr>
<td>June 23</td>
<td>Fly High</td>
<td>Both Sites @ 5:30 PM</td>
</tr>
<tr>
<td>June 30</td>
<td>Pyramid Lake Swim/ BBQ</td>
<td>Both Sites @ 5:30 PM</td>
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<tr>
<td>July 7</td>
<td>Movies Victorian square</td>
<td>Both Sites @ 5:30 PM</td>
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<tr>
<td>July 14</td>
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</tr>
<tr>
<td>July 21</td>
<td>Roller Kingdom</td>
<td>Both Sites @ 5:30 PM</td>
</tr>
<tr>
<td>July 28</td>
<td>Fly high</td>
<td>Both Sites @ 5:30 PM</td>
</tr>
<tr>
<td>August 4</td>
<td>Pizza Plus &amp; Movies Victorian Square</td>
<td>Both Sites @ 5:30 PM</td>
</tr>
</tbody>
</table>

**Parents & Teens**

- **Permission Slips:** Your child must have a 2022 permission slip on file before attending the activities. If your child has not yet done so, please contact the Recreation Dept. ASAP.
- **Parents:** This schedule is subject to change with or without prior notice due to unforeseen circumstances.
- **Transportation:** HV teens who are working in Reno are able to get a ride back to HV after the activity.
- **Teen Night Hours:** Teen Night starts at 5 PM and ends at 10 PM. (Unless otherwise noted)
- **COVID Restrictions will apply:** Masks are required, social distancing, and we ask if your child is ill, please have them stay home.

*If you have any questions feel free to contact the Reno Gym @ 775-329-4930 or HV Gym @ 775-785-1360.*

*Swimsuits are required on all swim days! A dry change of clothes and towel is also recommended.*
## Reno-Sparks Indian Colony
### Senior Program MENU
34 Reservation Road Bldg F  
Reno, NV 89502  
775-785-1349

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<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday Brunch</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 Chicken Fried Brown Rice with Peas and Carrots Pineapple Fortune Cookie</td>
<td>7 Cheeseburger Macaroni with Whole Wheat Pasta Green Beans Fruit Cup</td>
<td>1 Grilled Cheese on Whole Wheat Bread Tomato Soup Fruit Cocktail</td>
<td>2 Gyro on Pita Lettuce and Tomato Pasta Salad Orange</td>
<td>3 Chorizo Burrito with Eggs &amp; Cheese on Whole Wheat Tortilla Sliced Peppers Grapes</td>
</tr>
<tr>
<td>8 Pork Pozole Dark Green Salad Watermelon</td>
<td>9 Turkey Burger on Whole Wheat Bun Lettuce and Tomato Sweet Potato Tots Apple</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>13 Buffalo Burger Gravy over Brown Rice</td>
<td>14 Chili Turkey Dog on Whole Wheat Bun Cheese and Onions Dark Green Salad Applesauce</td>
<td>15 Grilled Chicken Mashed Potatoes California Blend Vegetables Honeydew</td>
<td>16 Steak Fajita on Whole Wheat Tortilla with Grilled Onions and Peppers Southwest Corn Melon Mix</td>
<td>17 Biscuits and Turkey Sausage Gravy Cucumber and Tomato Salad Orange Wedges</td>
</tr>
<tr>
<td>19 Buffalo Burger Gravy over Brown Rice</td>
<td>20 Juneteenth Closed – Holiday No meals served or delivered</td>
<td>22 Green Chicken Stew Dark Green Salad Cantaloupe</td>
<td>23 Birthday Bingo Hot Turkey Sandwich on Whole Wheat Bread Mashed Potatoes Green beans Apple</td>
<td>24 Denver Scramble with Low Sodium Ham, Eggs, and Peppers Whole Wheat Toast Banana</td>
</tr>
<tr>
<td>27 Chicken Cesar Spinach Wrap Sun Chips Pear</td>
<td>28 Grilled Liver With Onions Brown Rice Asparagus Grapes</td>
<td>29 BBQ Chicken Sandwich on Whole Wheat Bun Coleslaw Watermelon</td>
<td></td>
<td></td>
</tr>
<tr>
<td>30 Pork Carnitas Spanish Rice Grilled Zucchini Orange</td>
<td></td>
<td></td>
<td></td>
<td>Menu is subject to change without notice</td>
</tr>
</tbody>
</table>

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Please tie up your dog(s) during delivery times 10 am- 1 pm. Staff will not enter yards with loose dogs. Reminder to call before 10:00 am to cancel or add your meal delivery. 775-785-1349

Reminder - Your meal will be in a plastic bag and placed on your doorknob or driveway fence if you have loose dogs. Please listen for staff to honk and knock then pick up your meal bag after they leave. Staff will return within 15-20 minutes. Meal bags that stay on the door or fence will be removed and a “missed you” note will be left. This ensures safe temperatures of food.
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Note:</strong> Paiute Language &amp; Shoshone Language Classes are on Zoom. Zoom Meeting ID: 973 902 8272.</td>
<td>6) 1:00 pm Senior Advisory Committee Meeting Sign up for Movies Limited Giants Tickets Sign up Required</td>
<td>1) 12:00 pm Paiute Language Class</td>
<td>2) 12:30 pm Start Acrylic Painting</td>
<td>3)</td>
</tr>
<tr>
<td></td>
<td>7) 9:00 am Farmers Market 12:30 pm Finish Acrylic Painting</td>
<td>8) 12:00 pm Paiute Language Class</td>
<td>9) 12:30 pm Mason Jar Photo Vase</td>
<td>10)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>13) San Francisco Giants Game Day</td>
<td>14) 12:30 pm Father’s Day Pillow Case</td>
<td>15) 12:00 pm Paiute Language Class World Elder Abuse Awareness Day Last Day to Sign up for Movies</td>
</tr>
<tr>
<td></td>
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<td>16) 12:30 pm Century Theaters 6:00 pm Father’s Day Dinner</td>
<td>17)</td>
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<tr>
<td></td>
<td></td>
<td>19) Father’s Day</td>
<td>21) 8:00 am Commodities @34 Drive Thru only 9:00 am Food Pantry Rodeo Day</td>
<td>18) Stewart Pow Wow 10:00 am – 2:00 pm</td>
</tr>
<tr>
<td></td>
<td></td>
<td>20) Center Closed No Lunches Server or Delivered</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>22) 12:00 pm Paiute Language Class</td>
<td>23) 12:30 pm Birthday Bingo 5:00 – 7:00 pm Senior Center Open House</td>
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<tr>
<td></td>
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<td>27)</td>
<td>28) 12:30 pm 4th of July Decoration</td>
<td>29) 12:00 pm Paiute Language Class</td>
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<tr>
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<td></td>
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<td>30) 12:30 pm 4th of July Wreath</td>
</tr>
</tbody>
</table>

*Paiute/Shoshone Language Classes, if you have any questions, or need help, call Language & Culture 775-785-1321.
Activities are subject to change or cancel without notice.
Sign up required for transportation to Farmers Market.
3 Participants needed for any transportation activity. Movies will be in person, sign up required.
June 13th Monday: San Francisco Game no transportation provided.
June 16th Thursday: Sign up required for Father’s Day Dinner.
June 18th Saturday: Sign up required for transportation and to attend.
RESOURCES

EMERGENCY SITUATIONS CALL 9-1-1

RSIC TRIBAL POLICE (775) 785-8776 RENO
(775) 785-7965 HV
RENO POLICE DEPARTMENT (775) 334-2175
SPARKS POLICE DEPARTMENT (775) 353-2231
WASHOE COUNTY SHERIFF’S DEPARTMENT
(775) 328-3001

CRISIS HOTLINES
CRISIS CALL CENTER (775) 784-8090
TEXT “LISTEN” TO 839883
CRISIS TEXT LINE TEXT “START” TO 741-741
NATIONAL SUICIDE PREVENTION LIFELINE 1(800) 273-8255
RAPE ABUSE/INCEST/NATIONAL NETWORK (RAINN) 1(800) 656-6573
SAFE EMBRACE (775) 322-3468
(24 HOUR DOMESTIC/Sexual violence, sexual assault, human trafficking)
STRONG HEARTS NATIVE HELPLINE (DOMESTIC VIOLENCE, DATING VIOLENCE) 1(844) 752-8483

MENTAL HEALTH SERVICES
RENO SPARKS TRIBAL HEALTH CENTER BEHAVIORAL HEALTH DEPARTMENT (775) 334-4307
NEVADA URBAN INDIANS (775) 788-7800
NORTHERN NEVADA ADULT MENTAL HEALTH SERVICES (775) 688-2001
WEST HILLS HOSPITAL (775) 3230478
RENO BEHAVIORAL HEALTH (775) 393-2200
HOPES CLINIC (775) 786-4873
ST. MARY’S BEHAVIORAL HEALTH (775) 770-3905
NEVADA 211 DIAL 2-1-1
(Counseling, emergency food, housing, emergency shelter, dental services, medical services, drug abuse treatment, homeless services, suicide prevention, etc.)

YOU ARE NOT ALONE! If you need support please reach out.

TEEN RESOURCES

TEXT LINES
TEXT “LISTEN” TO 839883
CRISIS TEXT LINE DEPRESSION, GRIEF, LOSS, DOMESTIC VIOLENCE, SEXUAL ASSAULT, SUBSTANCE ABUSE, THOUGHTS OF SELF-HARM

TEXT “TREVOR” TO 1-202-304-1200
THE TREVOR PROJECT SAFE, ACCEPTING, INCLUSIVE ENVIRONMENT FOR YOUTH WHO IDENTIFY AS LESBIAN, GAY, BISEXUAL, TRANSGENDER, QUEER AND/or QUESTIONING

CRISIS HOTLINES
CRISIS CALL CENTER (775) 784-8090
SUICIDE PREVENTION LIFELINE 1-800-273-8255
THE TREVOR PROJECT 1-866-488-7386
NATIONAL DOMESTIC VIOLENCE 1-800-799-7233
NATIONAL CHILD ABUSE 1-800-422-4453

MENTAL HEALTH SERVICES
RENO SPARKS TRIBAL HEALTH CENTER BEHAVIORAL HEALTH (775) 334-4307
PYRAMID LAKE TRIBAL HEALTH CLINIC BEHAVIORAL HEALTH (775) 574-1018
NEVADA URBAN INDIANS (775) 788-7800
WEST HILLS HOSPITAL (775) 323-0478
RENO BEHAVIORAL HEALTH (775) 393-2200
HOPES CLINIC (775) 786-4873
ST. MARY’S BEHAVIORAL HEALTH (775) 770-3905
NEVADA 211 DIAL 2-1-1
(RUNAWAY SHELTER, BIRTH CONTROL, TUTORING, TEEN PREGNANCY RESOURCES, HELP WITH FINDING A JOB, & SCHOOL SUPPORT)
SAFE PLACE (775) 352-8090 (HOMELESS & AT-RISK YOUTH)

YOU ARE WORTH IT! If you need support reach out.
Reno, NV (June 8, 2022)—COVID-19 cases in Washoe County are again on the rise. A seven-day average of new cases has the county in the “medium” level of community risk, according to the Centers for Disease Control and Prevention levels.

“We’re at 1,148 confirmed COVID cases that we reported over the past week,” said District Health Officer Kevin Dick. “That’s the first time in awhile that we’ve exceeded that 1,000 number.”

The seven-day moving average is 167 cases.

“Last week that number was at 133,” Dick added. “Two weeks ago it was at 111, so our cases are continuing to increase in Washoe County.”

Dick said these numbers are a small fraction of actual cases due to home test results not being reported to the county and included in case counts.

“We’re estimating that our number of [actual] cases are five to ten times [greater],” he said.

Dick recommended those at high risk should take extra precautions such as avoiding large gatherings, wearing masks and ensuring they are fully vaccinated.

There are 31 people hospitalized with COVID-19.

The health district continues to offer vaccinations at its clinic and Reno-Sparks Tribal Health Center offers vaccination by appointment. Call 775-334-0444 to schedule an appointment today.

“It’s very important to get boosted. I would encourage you to do so now if you haven’t already,” Dick added.

Dick said rising cases could be expected for the next few weeks.
Thinking About Getting a
Second COVID-19 Vaccine Booster Dose

In March 2022, CDC updated its COVID-19 vaccination guidance to say that certain groups of people may get second boosters. If you’re in one of those groups, it’s up to you whether or not to get a second booster right now, based on the benefits and risks the vaccine may provide to you. Your healthcare provider can help you review your options.

Here are factors to think about as you consider a second booster.

1. Are you eligible?
   Right now, you’re eligible for a 2nd COVID-19 booster if you’re:
   - 50 years of age and older and received an initial booster at least 4 months ago.
   - 12 years of age and older and moderately or severely immunocompromised and received an initial booster at least 4 months ago
   - Received 2 doses of Janssen vaccine at least 4 months ago

2. Are you (or is someone you live with) more likely to get very sick?
   Certain factors can make it more likely someone will get very sick from COVID-19. If you are eligible for a second booster (see above), it may be helpful to get a second booster now if you are (or if someone you live with is):
   - Moderately or severely immunocompromised
   - More likely to get very sick from COVID-19
   - More likely to be exposed to COVID-19 through your job, where you live, or other factors (such as frequent travel or large gatherings)
   - In an area with medium to high COVID-19 community levels
   - Or if someone you live with is unvaccinated.

3. Can you wait?
   Even if you are eligible for a second booster, you may consider waiting to get a second booster if you:
   - Had COVID-19 within the past 3 months
   - Feel that getting a second booster now would make you not want to get another booster in the future (a second booster may be more important in fall of 2022, or if a new vaccine for a future COVID-19 variant becomes available).

If you get a second booster:
   - Make sure it’s been at least 4 months since your last COVID-19 booster.
   - Remember that second boosters can only be Moderna or Pfizer-BioNTech (and for 12-17 year-olds, only Pfizer-BioNTech).
   - You can self-attest that you have a moderately or severely weakened immune system. This means you do not need any documentation that you have a weakened immune system to receive COVID-19 vaccines (including boosters) wherever they’re offered.

CDC References and Resources:
Interim Clinical Considerations for Use of COVID-19 Vaccines Currently Approved or Authorized in the United States: [www.cdc.gov/vaccines/covid-19/clinical-considerations/interim-considerations-us.html](http://www.cdc.gov/vaccines/covid-19/clinical-considerations/interim-considerations-us.html)
COVID-19
SECOND BOOSTER

AVAILABLE
at
RSTHC
1715 KUENZLI STREET
RENO, NV. 89502

Mon. Tues. Thurs. Fri.
8 AM - 4:30 PM
Weds.
8 AM - 12:00 PM

CALL TO MAKE AN APPOINTMENT
775 334 - 0444
PROTECTING OUR COMMUNITY

STAY SAFE

PROTECT YOURSELF FROM

COVID-19

COVID-19 has affected our everyday life, especially celebrations and ceremonies. Gatherings are important to Tribal communities, and to help prevent the spread of COVID-19, many tribal communities, families, and friends will be exploring how to safely and respectfully celebrate gatherings, such as drum and prayer circles, and ceremonies, or feasts. One way to help keep our community safe is by receiving a COVID-19 vaccine, if eligible. Remember, getting your COVID-19 vaccines and other resources, call RSTHC at 775 329-5162, and Find COVID-19 info at www.COVID19Washoe.com.

TIPS FOR GATHERING

If you are not fully vaccinated, wear a mask during an indoor celebration or gathering, such as a family dinner with friends and family from multiple households.

If you are in an area with a high number of covid-19 cases or if you will be in close contact with others who are not fully vaccinated, wear a mask in a crowded outdoor setting. For example, an outdoor pow wow, ceremony, potlatch, or community celebration.

If you are unvaccinated or immunocompromised continue prevention strategies, such as wearing a mask, staying 6 ft away from others, avoiding crowds and poorly ventilated spaces, washing your hands or using hand sanitizer often, cleaning and disinfecting frequently touched surfaces, and getting vaccinated if you are eligible.

If you are fully vaccinated, help to protect elders, children, and those who cannot get vaccinated by wearing a mask. Stay home if you are sick, feeling sick, or may have been exposed to covid-19 recently.
TIPS FOR HOSTING GATHERINGS

STAY SAFE
PROTECT YOURSELF FROM COVID-19

ASK ALL ATTENDEES TO WEAR A MASK
TELL GUESTS TO STAY HOME IF THEY ARE SICK,
FEELING SICK, OR MAY HAVE BEEN EXPOSED TO COVID-19.
FREQUENTLY CLEAN SURFACES BEFORE, DURING AND AFTER AN EVENT
PUT OUT HAND SANITIZER.
INCREASE CIRCULATION OF OUTDOOR AIR AS MUCH AS POSSIBLE,
AND MAKE SURE VENTILATION SYSTEMS FUNCTION WELL.
LIMIT CONTACT WITH SHARED ITEMS OR FREQUENTLY TOUCHED SURFACES.
HOST THE GATHERING OUTSIDE, IF POSSIBLE, AND ALLOW SPACE FOR PHYSICAL DISTANCING.
USE DISPOSABLE ITEMS LIKE FOOD CONTAINERS, PLATES, UTENSILS, AND CUPS.
LIMIT THE NUMBER OF PEOPLE HANDLING OR SERVING FOOD.

IF YOU BECOME SICK AFTER A GATHERING
Attending a gathering or event can increase your risk of exposure to COVID-19.
symptoms of COVID-19 vary from mild to severe. Here is a non-exhaustive list of
symptoms to watch out for.

- New Loss of Taste or Smell
- Fever or Chills or Night Sweats
- Cough
- Fatigue
- Muscle or Body Aches
- Sore Throat
- Lower Back Pain
- Shortness of Breath or Difficulty Breathing
- Diarrhea
- Headache
- Congestion or Runny Nose
- Nausea or Vomiting

IF YOU HAVE TROUBLE BREATHING SEEK MEDICAL ATTENTION IMMEDIATELY

IF YOU ARE FULLY VACCINATED AND KNOW YOU HAVE BEEN EXPOSED TO COVID-19
AT A GATHERING, PLEASE GET TESTED 5-7 DAYS AFTER EXPOSURE.
Reno-Sparks Indian Colony
New Employees

Cynthia Anguiano-Navarro—RSTHC - Budget Analyst
Margaret Gunshows—Head Start - Head Start Manager
Zachary Baker—Recreation - Recreation Assistant Reno
Hope Dressler—Recreation - Recreation Assistant HV
Daniel Maya—Smoke Shop 1 - Retail Clerk
Meleseini Tuihalangingie—Human Services - Case Manager
Rusty Blackwater—Public Works - Landscape Worker
Jeremiah Sampson—Education - Tutor One-on-One
William Pigg—Smoke Shop 1 - Retail Clerk
Johni Bill—Archives - Records Center Manager
Sheila Christy—Recreation - Recreation Assistant
Ciera Sampson—Police - Emergency Services Manager
Brenda Harris—RSTHC - Community Health Supervisor
Lydia Bonta—Smoke Shop 2 - Temporary Retail Clerk
Milvia Reyes—RSTHC - Patient Benefits Coordinator
Michel Robins—RSTHC - Patient Representative
Chandra Scott—RSTHC - Patient Representative
Connie Luciano—Finance - Senior Account Technician
Michele Jim-Katenay—RSTHC - Behavioral Health Manager
Ciera Sampson—Police - Emergency Services Manager
Brenda Harris—RSTHC - Community Health Supervisor
Lydia Bonta—Smoke Shop 2 - Temporary Retail Clerk
JOIN THE RSIC and ARTOWN 2022
July 14, 2022
This documentary brings to light the profound and overlooked influence of Indigenous people on popular music in North America. Join RSIC at the Nezahah Museum of Art.
6pm - 8pm
Gate/Door Times: 5:45pm

AND

July 30, 2022 at Idelwild Park!
Native American Celebration: The Reno Sparks Indian Colony and Classic Roots Celebrates Indigenous Culture
6:30pm - 8pm
Gate/Door Time: 4pm

Joshua “Classic Roots” DePerry
The heartbeat of the boreal north (Toronto) with a unique sound of pow wow techno and contagious baselines are what defines the unique sound of Classic Roots. His releases impress a wide range of sounds from upbeat, tribalism and techno to groovy baseline sound, establishing a sense of cultural freedom that echoes through his music. He continues producing his own music which puts the crowd into euphoria and sweat. Through the inclusion of First Nations drumming and singing in his electronic compositions, he acknowledges the continued resilience of his nation. Ultimately, Classic Roots reminds people that they have the power to chase their dreams.

For more information, please contact Michon R. Ehren (RSIC Cultural Resources/THPO) at (775) 785-1326

Reno Sparks Indian Colony
In Observance of

Juneteenth
Monday June 21, 2022
RSIC ADMIN OFFICES & TRIBAL HEALTH CENTER WILL BE CLOSED
Will re-open as normal Tuesday June 22, 2022

Have a safe and wonderful Holiday

COVID-19 VACCINE OUTREACH EVENT
FRIDAY, JUNE 17TH STEWART INDIAN SCHOOL
6PM - 9PM with special guest
SUPAMAN Hiphop
DJ ELEMENT
JAMES & ERNIE
FREE ENTRY - FOOD
RAFFLE PRIZES - VENDORS - GOODIE BAGS
FOR VENDOR INFORMATION, PLEASE REACH OUT TO KEVIN@HITCHC.COM OR CALL 775-673-0308
25
Come de-stress with us on your lunch break. Show up anytime and paint with us. Event will be held in the Reno-Sparks Tribal Health Center. Call to sign-up to ensure we have enough supplies, incentives, food, etc.

JOIN THE DEAD PLANT SOCIETY AND HONE YOUR GARDENING SKILLS!

SATURDAY JUNE 18 10AM-12PM

YOU’VE GOT A FRIEND IN BEE: TIPS ON POLLINATOR GARDENING

Bugs, bees, bats and butterflies all do the important job of pollinating our plants so they can produce tasty fruits, veggies and flowers for us to enjoy. Without bees, no juicy tomatoes or crunchy carrots!

This workshop will explore which pollinator plants grow best in the high desert, how you can make your yard friendly to these critters, and offer a delicious honey taste test! Each participant will go home with pollinator friendly seeds and honey. One lucky Dead Plant Society Attendee will receive a nursery gift card to up your yard game with pollinator friendly plants!

SIGN UP REQUIRED .. QUESTIONS: CALL STACY 329-5162 X1945 BEEN A WHILE SINCE YOU’VE SEEN YOUR RSTHC DOCTOR? GET SCHEDULED AT 775-329-5162 X7707

SPONSORED BY THE RSTHC DIABETES PROGRAM MUST BE A PT OF RSTHC OR RSTIC COMMUNITY

ANGER MANAGEMENT TUESDAYS AT 4:00PM

Masks are mandatory for all in-person classes. Please call to sign up 775-334-0989 or 775-329-5162 extension 2010

SIR POW WOW 2022 June 24-25-26

MC - Kenny Brown AD - Jerry Bear

Host Drum

Atwai Pearl Wak Wak

Sammariipa

Golden Age Women

Special 65+

Saturday-June25, 2022

3 Places Consolation Prizes

MC - Kenny Brown AD - Jerry Bear

Location: Lassen Community College Soccer Field HWY 199, Susanville, CA "DRY CAMPING, NO SHOWERS, NO RV-hookups" Bring your canopy & chairs.

All covid-19 safety guidelines will be followed!

Drug & Alcohol Free Event.

SIR TRIBE & Powwow Committee not responsible for short funded travelers.

Saturday dinner break: Hand Drum Contest: Adult-Youth

"Harnessing the power of change"

THE BENEFITS
Know Your Triggers
Learn to identify what sets you off or worsens your anger

Communication Skills
Learn how to express feelings and needs assertively (not aggressively)

Respond Instead of React
Calm yourself down
Senior Center
OPEN HOUSE!
June 23, 2022
5:00 pm – 7:00 pm
Come visit our newly remodeled building
Light refreshments provided
775-785-1349

RSIC Senior Program Clients
Father’s Day Dinner
Thursday June 16, 2022 at 6:00 pm
Sign up required. Call 775-785-1349 to sign up.
This is a Father’s only event.

Reno Rodeo
Tuesday June 21, 2022
Tickets are limited 1 per person
Senior Program Clients only. Sign up required for tickets. Call 775-785-1349
Limited number of San Francisco Giants Tickets Available for Senior Program clients only.
For Monday June 13, 2022 Call 775-785-1349 to get your ticket.
Limit 1 per person
No transportation provided.

Stewart Father’s Day Pow-Wow
Saturday June 18, 2022
Sign up required. 3 participants minimum needed for transportation. Departing Senior Center at 10:00 am
Returning at 2:00 pm
Bring your own chair and spending money.

JOIN THE DEAD PLANT SOCIETY
AND HONE YOUR GARDENING SKILLS!
SATURDAY JULY 16TH
10AM–12PM
ATTACK OF THE KILLER TOMATOES

Tomatoes in Reno can be tricky! We’ve all heard that until the snow melts off of Peavine, we must wait to put tomatoes in the ground. But what about trellising, pests, disease and what to do with green ‘maters? In this workshop we’ll explore the intricacies of tomato care through the summer. Each participant will leave with trellising materials and organic tomato fertilizer. One lucky Dead Plant Society Attendee will receive a complete set up to can tomatoes at home.

SIGN UP REQUIRED ... QUESTIONS? CALL STACY 329-5162 X1945
BEEN A WHILE SINCE YOU’VE SEEN YOUR RSTHC DOCTOR?
GET SCHEDULED AT 775-329-5162 X7707

OPEN HOUSE!
The Reno-Sparks Indian Colony Head Start program will have an Open House on
Thursday, June 16th from 5:30 p.m. to 6:30 p.m.
And Friday, June 17th from 9:30 a.m. to 11:00 a.m.
Come tour the Reno Center and learn more about the program! Masks must
be worn, and visitors must be prescreened. Anyone interested in the program
is encouraged to attend!
Light snacks will be served.
Head Start offers early education services for low-income families with children aged 3-5.
Children must be three by August 1st.
Complete applications MUST be turned in by Thursday, July 14th in order to be considered
for enrollment.

THE HEAD START PROGRAM PROVIDES:
Nutrition breakfasts and lunches
Kindergarten/School readiness skills
Services provided to children with disabilities
Language/Cultural Curriculum in all classrooms
Transportation provided in Washoe Valley
For more information and receive an application, please contact Lisa Watson at
lwatson@rsc.org or at 775-789-5615.

"Nuhu jaa mirinto daf", Siyon, "Hetu ko bopirid", Pata, "Mi so innow ari? Milti?", Wachoo
"It is good you all come."
Reno, NV (June 9, 2022) The weather is heating up this week & will be hotter when summer hits!

It’s not good for the body to be too hot for too long. Too much heat can damage your brain and other organs. It’s important to keep your cool when the days are hot.

Your body has its own natural cooling system. Sweating is key to cooling when hot weather or exercise causes your body temperature to climb. When sweat dries, it carries heat away from your body’s surface and lowers your temperature. When sweating isn’t enough to help you cool down, you’re at risk for a heat-related illness called hyperthermia.

Hyperthermia occurs when the body’s heat-regulating mechanisms don't work effectively. Older age, certain illnesses, and medications increase the risk of developing hyperthermia. A temperature of 104 °F or higher is life-threatening.

Confusion, nausea or vomiting, and rapid breathing are some symptoms. It's critical to move a person with hyperthermia to a cooler place and seek emergency care.

Stay Cool—Getting too Hot Can Be Dangerous

Worldwide, 55 million people are living with Alzheimer’s and other Dementias.

Continued on page 29

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**KNOW THE SIGNS**

**HEAT EXHAUSTION**
- Headaches
- Nausea and vomiting
- Fatigue, weakness and restlessness
- Thirsty
- Anxiety
- Poor coordination
- Weak, rapid pulse
- Sweating heavily
- Raised body temperature

**HEAT STROKE**
- Headaches
- Nausea and vomiting
- Rapid pulse
- Extremely thirsty
- Dry, swollen tongue
- Disoriented, dizzy or delirious, slurred speech
- Body temperature more than 40°C
- Convulsions, seizures or coma
- May be sweating, skin may feel deceptively cool

**WHAT TO DO**
- Lie down in shade or air-conditioning
- Drink water
- Cool compress or tea towel
- Cool shower or bath

**WHAT TO DO**
- Call 000 immediately
- Reduce temperature until ambulance arrives
Beat the Heat

At Home

- Make sure your house is properly insulated, or else cool air will escape.
- If no A/C, use a ceiling fan and apply reflective films to your windows. They greatly reduce the infrared energy coming in.
- Purchase white drapes, which reflect heat away from the home.
- Try cooking outdoors when possible. Cooking indoors quickly heats the home.

In the Car

- Under the hood, periodically flush your cooling system and replace coolant.
- Do not leave children or pets unattended.
- If you’re unsure if your A/C is in top shape, you may need to get your refrigerant level checked.
- Keep an emergency kit in your vehicle, with water included.

On the Go

- Wear light materials like linen and light cotton. Don’t wear black because it absorbs heat.
- Even if you don’t feel thirsty, drink water.
- Apply sunscreen before going outdoors.
- Run early in the morning when the sun is at its weakest. Or exercise indoors instead.
- Wear wide brimmed hats. What they lack in fashion, they make up for in protection.

General Tips

- Heat stroke most commonly occurs when your body temperature is 105 degrees or higher. If a heat stroke does occur, call 911 immediately.
- If you have a sunburn, stay out of the sun until it heals. Or else you risk a worse burn and blisters.
- Recognize the signs of heat exhaustion, dehydration and heat stroke in yourself and others. If you are unsure whether or not someone is in need, do not hesitate to seek medical help.

Sources:
- www.cdc.gov/elh/for/file/heat_stroke.html
- exchange.abc.com/cars/repair/main/jpgs/sessional_car_maintenance/summer_tips_to_help_your_car.html
- State Farm

The Weather Channel
Hungry Valley, NV (May 2022) -
How Mu, Muh Hagane, Hungamehesi,
I wanted to share photos of our beautiful graduates that participated in the Eagle Feather Blessing lead by our amazing elder Reynelda James.

Our elder advocates every year for our students and their right to wear their Eagle feathers as they walk across the stage to receive their high school diplomas.

It is with the help of strong elders and leaders that we can support our students culturally and academically.

It is a true honor to witness our students succeed and represent our people.

They are the reason we are so committed to our careers.

From cradleboard, childcare, Head start, k-12, High Education/Vocational and beyond.

Congrats to the class of 2022 and may you see many more successes in your future endeavors.
RSIC Recreation Program - New Employees

Hope Dressler—Recreation Assistant Hungry Valley

How mu, My name is Hope Dressler; I am Washiwi and Numu. I am an RSIC tribal member, and I live in Hungry Valley. I am 22 years old, and I am the daughter of Rose Lundy and the late Robert Dressler Sr. I am a graduate of Spanish Springs High School. I am grateful for this opportunity to work with recreation, and I am glad to be a positive role model for the younger generation. I look forward to helping our community grow in many different ways, and I appreciate all the community’s support and my family. Nothing I enjoy more than being there for my community and passing on my knowledge of what I have been given.

Best Regards— Hope Dressler

Daisy Nuanes—Recreation Supervisor, Hungry Valley

Hello everyone, my name is Daisy Nuanes. I am an enrolled member of the Walker River Paiute Tribe from Reno, NV. Although I’ve been working with RSIC Recreation Department for eight years, I’ve recently accepted the supervisor position for the Hungry Valley rec center (lower level). As I start this new position within Recreation, I am open to what the community would like to see within the Recreation Department and how we can make this place more enjoyable. Thank you!

Sheila Christy —Recreation Assistant Hungry Valley

I’m more than happy to welcome myself to the recreation department. I recently transferred over from our child care centers after three years to wanting to continue helping our community. I’m excited to start this new adventure and transferring my positive, energetic mindset to everyone I encounter with. With that said, a little about me, I extremely enjoy the outdoor and exploring new sites. My dog is my best friend who matches my crazy energy. And being an auntie to my nieces and nephews is probably my favorite aspect. Next month a new forever partner will be joining me on my adventures as I am expecting my first little human being. So, I cannot wait to be back to help support and bring new creative ideas to our department!

Zachary Baker —Recreation Assistant Reno

Hello my is Zac Baker and I’m from Reno, NV. I’m affiliated with Pyramid Lake Paiute Tribe, but I’ve lived with the RSIC Community since I was born and I enjoy being part of the RSIC Community. I love being active in sports and learning new skills that will help better myself throughout my life.
Kids Café Truck

Stops daily at Reno Colony near the Recreation Center to provide free meals to kids aged 2-18 years starting June 13, 2022)
Legal / Public Announcements

Recruitment for committee / boards

Recruiting for Housing Advisory Board

The RSIC HAB Committee is recruiting for (4) new members. Appointments are for a four-year term and members are appointed by the Tribal Council. The HAB is made up of seven (7) board members. The terms of the HAB are staggered four (4) year terms. Any member who applies and is selected may assume an existing term until the expiration of the assumed term. Below are the eligibility criteria to the a HAB member:

- Must be an enrolled member of the RSIC and be at least 18 years of age
- Cannot be a current employee of the RSIC Housing department.
- Housing Participants must be current on and remain current in their house payments while serving as a member of the HAB.
- Membership on the other committees shall not disqualify a person from appointment to the HAB unless expressly prohibited by the Tribal Council.

Submit letters of interest

RECRUITMENT FOR
TWO (2) ALTERNATE ELECTION BOARD MEMBERS

Notice to Reno-Sparks Indian Colony Enrolled Members

An Election Board consisting of five (5) members and two (2) alternates shall be appointed within six (6) months before the Tribal Election and the terms of office for these officials shall be for two (2) years. The Election Board members shall be compensated at a rate prescribed by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of the Reno-Sparks Indian Colony were revised and adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. Rule No. 8, states—Each person appointed as a member of a committee or advisory board shall not sit on more than two committees or advisory boards at a time; this is combined, meaning that if a person sits on a committee and an advisory board, that person has reached the limit under this rule. The only exception is if a person sits on an intermittent board, such as the Election Board; in that instance the person is subject to the limit of this provision but can sit as a member on one intermittent committee or advisory Board. A person can only serve as the Chair of one committee or advisory board at a time, including an intermittent committee or advisory board.

The 2021 Tribal Election will be automated. Training will be provided to the Election Board by Automated Election Services. The training will include use of the ballots, voting tabulators, voting booths, and the AutoVote Management System. The automated voting process will allow for the 2021 Tribal Election results to be available within 10 minutes after all ballots are cast at the polling sites, at Reno-Sparks Indian Colony and Hungry Valley, and the polling sites are closed.

Any interested RSIC Enrolled Member may submit their signed letter of interest to Angie Wilson, Tribal Administrator at 34 Reservation Road, Reno, NV. No emails will be accepted.

2022 RSIC Executive Health Board

Reno-Sparks Tribal Health Center is pleased to introduce the 2022 Executive Health Board. On May 16th, 2022 new member, Suzanne Thomas was sworn into office. Suzanne, comes to the board with experience in Human Resources and patient scheduling. Welcome, Suzanne!

Pictured from left to right: Darlene Gardipe, Vice-Chairwoman; Dee Dee Ramirez, Chairwoman; Joan Lowery, Member; Suzanne Thomas, Member; Jessica Castillo, Secretary; James Thomas, Member.

RECRUITMENT FOR
LAW AND ORDER COMMITTEE MEMBERS

Notice to RSIC Enrolled Members

The Law & Order Committee is currently recruiting for three new members. Appointments made to the Committee are for a four-year term and members are appointed by the Tribal Council. The Committee, pursuant to the bylaws, are scheduled to meet the first Wednesday of each month at 8:30 p.m.

The Committee shall be compensated at a rate approved by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of RSIC has been revised and were adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. All Committee members must abide by these rules. Please see the Tribal Administrator’s Office for a copy of the Standing Rules.

Any interested RSIC enrolled member may submit their applications to the Tribal Administrator’s Office located at 34 Reservation Road.
Tri Basin Cultural Committee

 Recruiting for 1 Member

 Want to learn more about our ancestral past and Traditional Cultural Properties? Want to learn about the Great Basin People’s history and cultural items, as well as how these projects that may affect them?

 Join the RSIC Tri Basin Cultural Committee (TBCCC)

 The TBCCC is an advisory board to the RSIC Cultural Resource Program (CRP) and the Tribal Historic Preservation Office (THPO). The RSIC CRP and THPO are active in reporting, commenting, reviewing, assisting, and monitoring Federal, State, Tribal, and local agencies on their potential impacts to Native American Cultural Resources.

 Please submit a letter describing your interest in joining the TBCCC to THPO 34 Reservation Rd, Reno, NV

 ACCEPTING LETTERS OF INTEREST UNTIL May 13, 2022.

 All TBCCC members must be enrolled members of the RSIC, or sit on the RSIC Standing Rules for Committees & Advisory Boards and Statement of Confidentiality. TBCCC members may be required to attend 5 paid meetings ($35 per meeting) per year which requires field visits & your review and comments on projects.

 For more information or if you have questions contact Michael R. Elbro (RSIC THPO/Cultural Resource Manager) or Sierra Rambeau (THPO Assistant/Oral Historian) at (775) 785-1326.

 COVID-19

 EMERGENCY RENTAL ASSISTANCE (ERA) & UTILITY ASSISTANCE PROGRAM (UPDATED)

 WHO IS ELIGIBLE TO RECEIVE ASSISTANCE?

 - In need of financial assistance, due to being directly or indirectly affected by COVID-19.
 - Applicant must be renting their primary place of residence.
 - Applicant must meet household local median income guidelines.
 - Open to any Federally Recognized tribal member in eligible service areas. Must provide proof of enrollment.
 - Final date to turn in completed applications is March 25, 2022.

 WHAT DOES THIS ASSISTANCE COVER?

 - Rent/Rental Arrears
 - Costs Associated with moving into a new rental
 - Utility Bills/Utility Arrears (electric, water, gas)
 - Internet Costs (if services were purchased or installed after March 13, 2020)

 Revised 03.01.2022

 Reno-Sparks Indian Colony

 Senior Advisory Committee

 Is seeking 1 new member

 The Senior Advisory Committee encourages RSIC enrolled seniors (55 or older) to become a member of the SAC. Please submit a letter of interest, stating your name and contact information to the Senior Center. The tribe’s standing rules for committees and advisory boards apply to this position. The Committee meets the first Monday of the month. You must be an active participant in the meetings and other SAC sponsored events and be available for any additional meetings. The term is for two years. If you have questions, please contact Darlene Gardipe, Senior Program Manager at 775-758-1349.

 RECRUITMENT FOR ENROLLMENT COMMITTEE

 The Reno-Sparks Tribal Enrollment Committee is recruiting to fill a vacancy for two (2) RSIC Enrolled Tribal Member Representative.

 The Enrollment Committee shall consist of seven (7) members of Paiute, Shoshone or Washoe Indian tribes who satisfy the membership criteria as set forth in Article II of the Constitution and Bylaws and any ordinances that may affect the membership of the Reno-Sparks Indian Colony.

 The Enrollment Committee members meet once a month, usually on the first Monday, and are provided a monthly meeting stipend for participation. The Committee meets at the Enrollment Office conference room.

 The members are appointed by the Tribal Council and shall serve a term for a four-year project.

 If you are interested in being a member of the Enrollment Committee, please submit a letter of interest to:

 Reno-Sparks Indian Colony
 Enrollment Department
 c/o Enrollment Committee
 1933 Prosperity Street
 Reno, NV 89502

 For more information, please call 775-785-1306.
Legal / Public Announcements
Recruitment for committee / boards

IN THE RENO-SPARKS TRIBAL COURT
IN AND FOR THE RENO-SPARKS INDIAN COLONY
RENO, WASHOE COUNTY, NEVADA

Notice is hereby given that the Petitioner, Bhi’e C’i’e-Náve Malotte Ledesma, who is an Enrolled Member of the Reno Sparks Indian Colony, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV-NC-2022-0027, praying that said Court enter an Order changing the present legal name of Bhi’e C’i’e-Náve Malotte Ledesma, to the name of Bhi’e C’i’e Návee Zahn-Náhtzhu, which is the name the Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV 89502, within ten (10) days after publication of this notice.

Dated this 20th day of May, 2022

/S/
Stephanie Contreras, Court Clerk
Reno-Sparks Indian Colony Tribal Court
1900 Prosperity Street, Reno, NV 89502
Tel: (775) 785-8775 Fax: (775) 329-8153

STEWART FATHER’S DAY
POW WOW

STEWART BRAVES

Ribbon Cutting Ceremony
Saturday, June 18th at 10 a.m. on the main lawn

STEWART INDIAN SCHOOL
CULTURAL CENTER & MUSEUM

JUNE 18 & 19, 2022
5500 E. Snyder Ave.
Carson City, NV 89701

GRAND ENTRY TIMES
Saturday Noon
Sunday 11 a.m.

Free Admission | Open to the Public | Food Vendors
Competition Dancing | Arts & Crafts Vendors
Dry Camping Available | Bring Your Own Chairs

Master of Ceremonies: Hank Johnson (Northern Paiute/Washoe)
Arena Director: Dr. Martinez (Chumash)
Host Drum: Sage Point (Stewart Alumni)
Vendor/General Information: Sarina Nez, (775) 687-7605, snez@nic.nv.gov
All Drums Welcome
Get Your COVID-19 Vaccine!

@ Reno-Sparks Tribal Health Center

Pfizer and Moderna Vaccines available to All Native Americans 5+ years, Non-Native RSIC Residents, and RSIC Employees & Employee’s Family

BOOSTERS AVAILABLE!
To ALL Eligible Patients who are 12 years and older.

I’m getting VACCINATED to keep my family safe!

Open to All Native Americans 5 years & older.
* Accepting New Patients.

Vaccine Hotline: 775-334-0444
to schedule appt or for more info.

RSTHC has same-day sick visits available every weekday when the clinic is open 8:30-10am & 3-4pm.

Call 775-334-4308 or ext. 7707 to schedule a sick visit when...

- Vomiting and diarrhea, stomachache
- Fever and chills
- Crying uncontrollably
- Cold and flu symptoms
- Earaches and possible ear infections
- Severe headaches
- Unexplained rashes
-Persistent cough
-Pink eye
-Sore throat
-Painful urination or possible urinary tract infections
-Menstrual cramps
-Minor sports injuries or shallow cuts

Sick visits are appropriate when your child has an illness or condition that’s concerning, but that can wait a few hours for care.

Closed for the day!

RSTHC has same-day sick visits available every weekday when the clinic is open 8:30-10am & 3-4pm.

Call 775-334-4308 or ext. 7707 to schedule a sick visit when...

- Choking
- Stopped breathing
- Head injury with passing out, fainting, or confusion
- Injury to neck or spine, particularly if there is loss of feeling or inability to move
- Electric shock or lightning strike
- Severe burns
- Severe chest pain or pressure
- Seizure
- Stroke- trouble walking, speaking, and understanding, as well as paralysis or numbness of the face, arm, or leg.
- Heart attack- tightness in chest
- Sudden severe headache

Always recommend a driver.

Closed for the day!

Get Your COVID-19 Vaccine!

@ Reno-Sparks Tribal Health Center

Pfizer and Moderna Vaccines available to All Native Americans 5+ years, Non-Native RSIC Residents, and RSIC Employees & Employee’s Family

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- Heart attack- tightness in chest
- Sudden severe headache

Always recommend a driver.

Closed for the day!
**COME ONE ★ COME ALL**

**STEP RIGHT UP AND JOIN THE FUN!**

**CHRISTMAS IN JULY**

**JULY 30th**

Saturday 11:00AM - 2:00PM

Boys & Girls Club of Truckee Meadows
2680 E 9th St, Reno, NV 89512

**THIS EVENT IS FREE TO ALL YOUTH IN NEED**

We will provide roughly 850+ students from the Northern Nevada area with backpacks, school supplies, hygiene items, lunch, and a little celebration fun in the sun. Students from pre-kindergarten through high school will be welcome and distribution will be on a first come first serve basis.

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**Dive into a good book this summer by picking up a book of your choice to read!**

**Where:** Family School Partnership
5450 Riggins Court, Suite #3

**When:** Tuesday, June 14th from 1:00pm – 5:00pm
Wednesday, June 15th from 8:00am 5 :00pm

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**FOOD BANK**

**OF NORTHERN NEVADA**

**VISIT THE FOOD BANK OF NORTHERN NEVADA’S MOBILE HARVEST IN HUNGRY VALLEY**

**TUESDAY 6/21/22**

2:30 - 3:30PM

**WHERE:** HV GYM PARKING LOT
LIMIT ONE DISTRIBUTION PER WEEK

**DRIVE THROUGH UNTIL FURTHER NOTICE**

**PLEASE NOTE:**
- Each family (not person) receives one distribution
- Clients may pick up for up to 3 families not present
- Volunteers distribute based on what FBNN staff writes on windshields

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**TRIBAL COMMUNITIES**

**COVID-19 VACCINE FOCUS GROUP**

**WE WANT TO HEAR FROM YOU!**
Help us learn about perceptions, attitudes, and practices related to COVID-19 vaccines in our community in an online focus group. All discussions will remain confidential. Participants receive a $25 Amazon gift card.

**When:**
June 15th, 6pm to 7pm OR
June 23rd, 6pm to 7pm

**HOW DO I SIGN UP?**
Scan the QR code below or visit bit.ly/TribalCOVIDFG to sign up today
Numaga Indian Days
Pow-Wow

SEPTEMBER 2, 3, & 4, 2022
SAVE THE DATE
HUNGRY VALLEY, NV

ATTENTION
RSIC Hungry Valley Community
It is against the law to operate an
OHV in the RSIC communities

RSIC LAW and ORDER CODE:
Title V-Traffic Code

RSIC Section 5-3-424. Regulations for Off Road Operations of Vehicles

(a) It shall be unlawful to operate any vehicle in any manner causing excessive disturbance to land, terrain, wildlife or vegetation, unless the area is expressly designated by the Colony for such purposes.
(b) It shall be unlawful to operate a vehicle in a restricted use area in any manner not permitted therein.
(c) It shall be unlawful to operate a vehicle in an area where off-road use is not permitted.
(d) Penalty: $25.00 fine.

Section 5-3-425. Restricted Areas. In the absence of a specific designation, all tribal lands shall be considered closed to the operation of off-road vehicles.

Types of Off Highway Vehicles (OHVs): dirt bikes, mini dirt bikes, quad bikes, dune buggies and other all-terrain vehicles.

It is against the RSIC Law and Order Code to ride an OHV in the RSIC communities. OHV causes damage to the land, wildlife and terrain. OHV can also cause fires. Nevada is a high fire area. Hungry Valley community is a high fire area!
In Nevada, two political parties - Democratic and Republican - are considered major parties for the purpose of conducting elections. Nevada primary elections are "closed," which means if you are registered to vote with a party affiliation of either Democratic or Republican, you may vote only for candidates from your own party and you may also vote in nonpartisan contests. Voters registered with any other party affiliation (or none) may vote only in nonpartisan contests. Ballot questions are not voted on in the primary election.

In the general election in November, all voters get to choose from among all candidates who are running for their local, statewide, and federal offices and on ballot measures.

RENO COLONY GYMNASIUM
EARLY VOTING
MAY 28 - JUNE 10 2022
10AM - 6PM
PRIMARY ELECTION DAY
JUNE 14, 2022
7AM - 7PM

VOTE

SMOKE SHOP VI
PRIMARY EARLY VOTING
MAY 28 - JUNE 10 2022
10AM - 6PM

HUNGRY VALLEY
GYMNASIUM
PRIMARY ELECTION DAY
JUNE 14, 2022
7AM - 7PM

The 2022 Primary Election in Washoe County and Nevada is on Tuesday, June 14. All registered voters in Washoe County will receive a mail-in ballot (essentially an absentee ballot). Of course, you will need to register to vote if you haven't already done so. Same-day registration is available during early voting and on Election Day.

Please consider current and possible directives, COVID mitigation practices, voting access, and trajectories of COVID-19. Staff recommends to complete and submit the consent forms with the acknowledgement of commitment. To be consistent with CDC and Washoe County Guidelines for public spaces and public gathering, the Colony will work closely with Washoe County Voter of Registrar.

WWW.RSIC.ORG
Congratulations Class of 2022—Chairman Melendez


Left & Bottom Photo: RSIC Democratic Candidates Night & RSIC’s Memorial Day Services in Hungry Valley.

Top Photos: Hungry Valley and Reno Head Start Children & Teachers on Head Starts National 57th Birthday

Top Photos: Chairman Melendez & Artist Jean LaMarr at Elder Luncheon.
Top Right Photo: All My Relations Running Team for Reno Tahoe Odyssey
Bottom Photos: Traditional Foods served at NV Museum of Art Honoring our Elders Luncheon (Acorn Soup, Quail Eggs, Venison Backstrap, etc…)