



# THE CAMP NEWS

VOLUME XVIII ISSUE 9

September 2024

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

## POW WOW GROUNDS MASTERPLAN

The Masterplan for the RSIC Pow Wow Grounds was a collaborative effort. The Masterplan was guided by the Powwow Committee and RSIC staff, as well as shaped through the community outreach activities that actively involved members of the Reno-Sparks Indian Colony. Integral to this process is a two-pronged approach that considers the future needs of the aging

Pow Wow Arbor and the potential of the grounds to serve as a multipurpose year-round space.

The RSIC is committed to continuing to provide a facility that fulfills the needs of the community by updating the site and expanding the amenities offered to the community. The community input process for this project included a community feedback survey and two vi-

sioning workshops, one in person at the RSIC Hungry Valley Community Center and the other was held virtually. Each session provided an opportunity for stakeholder feedback. Follow up presentations of the Masterplan included a presentation to the Pow Wow committee, held remotely, and an in-person presentation to Tribal Council.



*Continued on Page 8*

# RSIC TRIBAL COUNCIL MEETINGS



TRIBAL  
COUNCIL  
MEETINGS

## General Council Meetings

Wednesdays  
6 PM

January 17, 2024

Tues., February 20, 2024

March 13, 2024

April 10, 2024      September 2024

May 15, 2024      In-Person Meeting      Reno Multipurpose Room

June 12, 2024      Location      34 Reservation Road

July 17, 2024      Reno, NV 89502

August 14, 2024

September 11, 2024

October 16, 2024

November 18, 2024

December 11, 2024

Meeting also available virtually



## Economic Development Colony Enterprise Meetings

Wednesdays  
6 PM

January 31, 2024

February 28, 2024

March 27, 2024

April 24, 2024

May 29, 2024

June 26, 2024

July 31, 2024

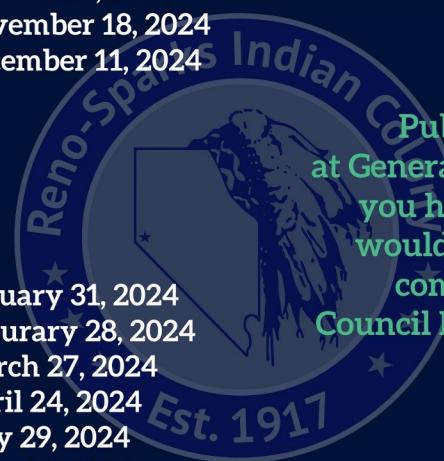
August 28, 2024

September 25, 2024

October 30, 2024

November 26, 2024

Public Comment Opportunity  
at General Council Meetings only. If  
you have immediate concerns or  
would like to submit your public  
comment prior to any General  
Council Meeting date, send email to  
[comments@rsic.org](mailto:comments@rsic.org).



JOIN US IN-PERSON OR BY ZOOM  
For meeting info, contact Public Relations Office at  
775-842-2902 or [bsam@rsic.org](mailto:bsam@rsic.org)

## Deadlines, Mailing List

### *The Camp News Profile*

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony (RSIC) community. The newsletter is produced monthly out of the RSIC Public Relations Office, and duplicated and distributed by the RSIC Administration Front Office.

### SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

### CONTACT OUR STAFF

E-mail your submissions to [newsletter@rsic.org](mailto:newsletter@rsic.org), [bsam@rsic.org](mailto:bsam@rsic.org) or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

### CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post Office, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

### ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: [www.rsic.org](http://www.rsic.org) and PDFs of our publication are available.

If you have questions, call us at 329-2936.

## SEPTEMBER 2024 IMPORTANT DATES

### RSTHC Weekly Events

4 Powwow Grounds Master Plan Virtual Community Meeting 6-7PM  
6-7 Amber Alert In Indian Country for Employees and Tribal Members 34 Reservation Rd Multipurpose Room 9AM-1PM

### 11 General Tribal Council Meeting Reno Multipurpose Room 6PM

17 Food Bank of Northern Nevada Mobile Harvest 2:20-3:30PM HV Gym Parking Lot  
18 Land and Housing Resources Community Meeting HV Community Room 5:30PM  
24 Commodity Food Distribution 34 Reservation Rd. 8AM-11:45AM

### 25 Economic Development Tribal Council Meeting Reno Multipurpose Room 6PM

27 Native American Day Parade and Pan Bread n Stew Reno Gym

- MONDAY'S @ 3pm- DUI LEVEL II,LL-X, & III

- TUESDAYS @ 4pm- ANGER MANAGEMENT

- WEDNESDAYS @ 10am- SUBSTANCE ABUSE OUTPATIENT GROUP LEVEL

-WEDNESDAYS @ 6PM—WASHOE LANGUAGE CLASSES AT RENO  
TUTOR ROOM

- THURSDAY'S @ 4pm—DOMESTIC VIOLENCE INTERVENTION GROUP - FRIDAYS @ 4pm—RED ROAD TO WELLBRIETY

### Please Note:

- **COVID-19 Stockpile & Assistance:** To request PPE or would like to know more info about COVID-19 Assistance, call James Thomas at 775 785-1346

- **UNITY Teen Food Pantry @ TLC Open to RSIC Teens/Families RSIC Employees.** Supplies are limited Must Fill out NNFB Required Forms. Tuesdays 9AM-3PM & Thursdays 3PM-5PM

-- **SAVE THE DATE: NUMAGA INDIAN DAYS, Aug 30th-Sept 1st**

— **FALL FEST Oct. 4-5, 2024 34 Reservation Rd RSIC GYM**

Find the most up-to-date info on RSIC's Facebook.

If you'd like to receive RAVE Alert text messages, call/text 775-842-2902 or [bsam@rsic.org](mailto:bsam@rsic.org) or [bharjo@rsic.org](mailto:bharjo@rsic.org)

### FOLLOW US AT:



[www.rsic.org](http://www.rsic.org)

## *Office of the Chairman*

### *Daryl D. Gardipe*

As I've stated monthly, it's a priority to continue to be as transparent as possible. Community input is imperative to the tribe's success. We will be focusing on increasing updates to the community by providing more information and project updates in our Colony Newsletter, RSIC Courier Service on Colony lands, Colony Facebook, website and other social media options. I'm always proud of RSIC and all the work our tribe is doing.

First, I'd like to thank all of RSIC community and staff who's participated in all the Summer Youth activities.

For instance, Officer Hafalla for the DARE Program he instructs for the kids and inviting a variety of speakers to attend the DARE Graduations to congratulate the kids. And to our Education Dept. for organizing the Back to School Backpack and School Supplies Giveaway.

They are our future leaders and throughout the summer our community programs helped them continue to learn academically and build core life skills to manage school, work, outside interests and social relationships successfully. Our goal is to create progressive, involved and culture influenced tribal citizens who will pursue to inspire prosperity for RSIC.

Now that our students are back in school or college, I hope they enjoy their 2024-2025 school year.

I'd also like to thank Public



Works and Volunteers who helped with the Hungry Valley Community Cleanup. And the Recreation Dept. for the Community Picnic at Lazy 5 Park. Everyone loved the t-shirts.

Here is my update for the community on what Tribal Council and I have been working on for the month of August:

**36th Annual Numaga Indian Days Powwow & Handgames**—We are hosting our biggest event of the year this Labor Day Weekend, August 30th thru September 1st at Hungry Valley Powwow Grounds. Our Powwow and Handgames Committees have been working hard to plan this event in partnership from Tribal Health Center, Public Works, Recreation, Finance, Tribal Police, IT Dept, Front Office, Public Relations, Chairman's Office and Tribal Secretary. Thank you to all our staff and leadership who are working as team to make Nevada's Largest Powwow spectac-

ular.

Other events during Numaga Indian Days include the Princess Pageant, RSTHC Health Fair, 3NWC Warrior Run & Walk/Run, and Strongman Competition. For more info about powwow, handgames and activities, go to [www.rsic.org](http://www.rsic.org).

**Healthcare & Final Work Session with Nevada Lawmakers on Committee Sponsored Legislative Bill:** Angie Wilson, RSTHC Director and myself joined a zoom meeting with the Joint Interim Committee on Health and Human Services for the final work session on the Committee sponsored Bill Draft Request (BDR) for the upcoming 2025 legislative session.

As announced by Senator Dona; Chairman of the Joint Committee; this BDR is not only long overdue, but noted as historic in nature. Several Senators voiced their support of the BDR effort and special appreciation to the Reno-Sparks Indian Colony for our advocacy and assistance in drafting the overall BDR. The Committee unanimously passed the following BDR's to move forward as apart of the 15 Bills formally sponsored by the Joint Interim Committee in the upcoming legislative session. The BDR includes the following:

- ◆ Create a Nevada Tribal Health Authority Council who to serve as the principal tribal health authority body to the Governor and DHHS.

*Continued from page 4*

- ◆ Establish the membership and terms of the Council.
- ◆ Require the Director of DHHS to request federal approval from CMS authorizing tribal health benefit coordinators to determine eligibility for Medicaid program of any American Indian and Alaska Native in the State. Upon approval, DHHS shall collaborate with the Council and any tribal health clinic in the State for activities that will enable such coordinators to make Medicaid determinations.
- ◆ Create an account for Tribal Health in the State General Fund.
- ◆ Direct the Director of DHHS to collaborate with the Council during the 2025-2026 Legislative Interim
- ◆ Public Health Improvement Fund and Public Health Interoperability to create an account for Public Health in the State General Fund.

#### **Other RSTHC Updates—**

RSTHC hosted Anna Marshall and other policy staff of US Senator Cortez Masto in an effort to determine additional federal policy considerations for Indian Healthcare needs.

COVID-19 continues to rise. It is important to remind your loved ones to get your COVID-19 Booster Shots. This is the new norm similar to flu shots yearly.

A quick reminder that COVID-19 vaccination and test kits are no longer covered under a public emergency and have since been privatized. Meaning costs of care are now implemented for all

health organizations. Also, the clinic no longer carries home testing kits at this time.

**RSTHC Annual Health Fair** will be held as a Kick-Off Event to Numaga Indian Days on Friday, August 30th from 9am-3pm.

#### **POLITICS & NETWORKING**

- I'm continuing to build relationships with our federal, state and local politicians. During the month of August, Candace, RSIC Planning Director, and I met with NDOT Tribal Liaisons Guinevere Hobdy and Zachary Shaw to discuss the NDOT surplus acreage, next to the freeway and our encroachment permit. In addition, asked them if they could setup a meeting with NDOT Director to see what steps we have to take to acquire the land.

Myself and selected staff also met with Senator Cortez-Masto's staff, Ian and Kirk. We spoke about BIA Funding, Truckee Meadows Public Lands Management Act, energy projects, funding for facility buildings and federal grant opportunities and broadband.

**Register to Vote for General Elections-** I encourage ALL TRIBAL MEMBERS AND RESIDENTS 18+ YEARS to register to vote! You can register to vote online at

[www.RegisterToVote.NV.gov](http://www.RegisterToVote.NV.gov) or call Secretary of State's Office at 775-684-5705.

RSIC will be working with our federal and state lobbyist to support political leaders who support Reno-Sparks Indian Colony, Nevada Tribes and Tribes in general.

RSIC has confirmed our polling locations for the presidential elec-

tion.

- ◆ Early Voting (Oct 19th-Nov 1st) at Reno Multipurpose Room for in-person, ballot drop off and same-day registration.
- ◆ Early Voting (Oct 19th-Nov 1st) at Smoke Shop 6 in Spanish Springs for ballot drop off only.
- ◆ General Election Voting (Nov 5th) at Reno Gym and HV Gym for in-person and same-day registration.

We are also assisting Washoe County recruit tribal members to be poll workers for RSIC's designated polling sites for General Elections. If interested, please contact Bethany Sam, Public Relations Officer at [bsam@rsic.org](mailto:bsam@rsic.org) or 775-842-2902.

**Housing:** The 25-lot Infrastructure project IFB will go out for bid soon. The public bid is estimated to be posted by end of September 2024 and selection of contractor is estimated for October 2024. Then a timeline of construction will begin. Exciting news for tribal members.

**We have many upcoming events, such as,** Amber Alert in Indian Country Training hosted by RSIC on September 6th and September 7th,. They are 2 separate sessions and are open to RSIC community members, employees, along with anyone interested from other tribes or organizations. Both are 4 hour sessions. More info at 775-785-8776.

Native Day on September 27th, plus holiday events and craft fairs. Stay informed by RSIC's newsletter, website and RSIC's social media.

# Commodity Food Distribution

## 2024 SCHEDULE



**Tuesday September 24, 2024  
8am-11:45am**

Reno Sparks Indian Colony

### 2024 DATES

1/23 2/27 3/20 4/23 5/28 6/18  
7/23 8/27 9/24 10/29 11/25 12/31



**Administration Bldg.  
34 Reservation Rd.  
Reno, Nv.**

**NEW CLIENTS - PLEASE COMPLETELY FILL OUT THE  
COMMODITY APPLICATION BE PREPARED TO PROVIDE  
COPIES OF INCOME, SOCIAL SECURITY NUMBERS AND  
PROOF OF ADDRESS FOR THE WHOLE HOUSEHOLD. THIS  
WILL SPEED UP YOUR PROCESS TIME.**

**PLEASE SEND AN AUTHORIZED REPRESENTATIVE WITH A  
NOTE IF YOU CANNOT MAKE THE DISTRIBUTION SITE.  
IF NOT WE WILL NOT GIVE YOUR ALLOTMENT OF  
COMMODITIES TO ANYONE.**

For more info PLEASE call  
Yerington Paiute Tribe  
Commodity Program  
775 783-0260 EXT 2 or CELL  
775 781-4856  
FAX 775 463 - 7856 or  
yptcommods@gmail.com

**SCHEDULE IS SUBJECT TO CHANGE!  
STAFF WILL NOTIFY YOUR TRIBE IF THERE  
ARE ANY CHANGES**

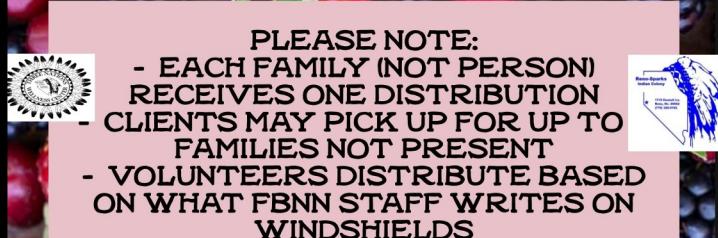


**VISIT THE  
FOOD BANK OF NORTHERN  
NEVADA'S MOBILE HARVEST  
IN HUNGRY VALLEY**

**9/17/2024  
2:30 - 3:30PM**

**NOTE THE NEW  
DATE!  
MH IS NOW ON THE  
3RD TUESDAY OF  
THE MONTH  
FROM 2:30-3:30 PM**

**WHERE:  
HV GYM PARKING LOT  
LIMIT ONE DISTRIBUTION PER WEEK**



### **PLEASE NOTE:**

- EACH FAMILY (NOT PERSON) RECEIVES ONE DISTRIBUTION
- CLIENTS MAY PICK UP FOR UP TO FAMILIES NOT PRESENT
- VOLUNTEERS DISTRIBUTE BASED ON WHAT FBNN STAFF WRITES ON WINDSHIELDS



# Reno Sparks Tribal Health Center

*Congratulations*

## DR. TARA VAN ORDEN

Oral health is integral to the overall health and well-being of all Americans. Dentists in the U.S. Public Health Service (USPHS) Commissioned Corps promote this message every day on the front lines of our tribal communities. Dr. Van Orden has served the Indian Health Service as Commissioned Corp personnel. She has been with the Reno Sparks Tribal Health Center since 2004, and currently serves as our Chief Dental Officer.

Commissioned officers carry a rank just like other uniformed services including the Navy, Army, Air Force, and Marines. Rank promotions are based upon years in service and performance by an officer.

A rank promotion is a significant achievement in any officer's career. It is a testament to their commitment, mastery of duties and skills, and to the officer's leadership capabilities.

Over her career, Dr. Van Orden has moved up in rank from Lieutenant to Lieutenant Commander, to Commander. On July 1, 2024, Dr. Van Orden was promoted to the rank of Captain. This promotion was a special achievement as it was an early promotion and a competitive selection. This is known as an Exceptional performance Promotion. This promotion comes with increased responsibilities and accountability.

As an USPHS Officer, CAPT Van Orden has served 5 deployments, 3 of which were for Hurricane responses in Texas, Florida and Puerto Rico. CAPT Van Orden has been the recipient of several awards, including a Commendation Medal and in 2022, the Outstanding Service Award from the National Indian Health Board. We appreciate all of her hard work and dedication and congratulate her on such a profound achievement!



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The Annual Numaga Indian Days Pow Wow was established by the Reno-Sparks Indian Colony in 1988. The Numaga Indian Days Pow Wow is named after Chief Numaga, the famous Paiute Chief, known for peace.

The event has been held over Labor Day Weekend at the Hungry Valley Community, north of the City of Reno and adjacent to Spanish Springs, Nevada since 2001. The Pow Wow Grounds include an arbor, announcer booth, a handgames structure, an enclosed concession stand with two bathrooms, and remnants of a baseball field.

Electrical upgrades were carried out in 2002 to support improved lighting for the facility, but a Facility Masterplan was never created or adopted to carry out additional improvements.

With RSIC Community Survey's for the Powwow Grounds Masterplan, RSIC can now plan and propose improvements suitable for our year round event needs.



# POW WOW GROUNDS DRAFT MASTER PLAN

**AVAILABLE FOR REVIEW**

**@ RSIC PLANNING DEPARTMENT WEBSITE  
[WWW.RSIC.ORG/193](http://www.rsic.org/193)**



**1) Read the Draft Master Plan for the RSIC Pow Grounds at [www.rsic.org/193](http://www.rsic.org/193)**

-- or stop by the RSIC Planning office to review the printed draft plan

**2) Take the Short Survey at [www.rsic.org/193](http://www.rsic.org/193)**

-- or stop by the RSIC Planning office 1937 Prosperity St, Reno for paper copies

**3) Join the Virtual Community meeting**

**Wednesday, September 4th at 6-7pm.** The consultant (Akana) will present the plan and proposed improvements. RSIC Planning staff will review survey comments received to date and outline next steps.

**ZOOM LINK AT [WWW.RSIC.ORG/193](http://WWW.RSIC.ORG/193) -OR-EMAIL PLANNING@RSIC.ORG OR USE LINK:  
[HTTPS://TINYURL.COM/POWNOW2024](https://tinyurl.com/POWNOW2024)**



**ZOOM  
MEETING ID: 967 3922 4805  
PASSCODE: 325367**

#### **About the Master Plan:**

In 2023, Reno-Sparks Indian Colony (RSIC) engaged Akana to offer planning and design services for the development of a Master Plan for the RSIC Pow Wow Grounds located in Hungry Valley, Nevada. The work involved the production of an *Existing Conditions Report* that records the state of the current facilities, and a *Master Plan Report*. This process will culminate in the choice of a final Master plan encompassing a new conceptual site design and cost projections for the suggested enhancements.



# Nevada's Largest Powwow is happening on Labor Day Weekend. Witness Indigenous Champion Dancers from all over North America Compete for 1<sup>st</sup> place.

*Thousands expected for international known event held in Hungry Valley, NV*

*By: RSIC Public Relations Dept.*

(Reno, NV)- Each Labor Day weekend, the Reno-Sparks Indian Colony hosts its' internationally acclaimed Numaga Indian Days Powwow and Handgames; or traditional gambling.

This FREE, FAMILY FRIENDLY event features indigenous champion dancers from all over North America to compete. Famous powwow singers and drummers who contend for the victory title in the drum contest to include a total purse of \$18,000 in cash prizes. Additionally, professional handgame players or traditional gamblers battling bones to cash in as Champions.

The 36th annual event, will be held August 30th-September 1st, 2024 in Hungry Valley (7 miles on Eagle Canyon Drive in Spanish Springs off of Pyramid Lake Highway). It's Nevada's largest powwow and is an alcohol and drug free event.

Numaga Indian Days is open to the public. Everyone is welcome to attend. If you're just spectating, you can also try powwow dancing during the inter-tribal songs.

Besides the memorable pow-



*(L to R) Lucy Tewawina & Michelle Lent in Mother-Daughter Special. Photo by: Bethany Sam*

wow entertainment, over 50 vendors will be selling Indian Tacos, traditional native food, stunning handcrafted silver-work, beadwork, baskets and other American Indian art.

You can visit the Rib-Cook Off and then come to the powwow or check us out on your way back from Burning Man. Bring your own chairs (bleacher space limited), shade

canopy, water, and cash for vendors. Be prepared for warm, dusty weather during the day and cold evenings. Dry camping is also available at powwow grounds with showers provided.

## **Friday, August 30th**

The Grand Entry will start at 7pm, on Friday, August 30th. Grand Entry is when all dancers enter the arbor. Competition dancing will start around 8pm and last until about 10pm-11pm.

## **Saturday, August 31st**

Saturday's 1<sup>st</sup> session/day session Grand Entry will be at 1pm, August 31st. Competition dancing will start around 2pm and last until about 5pm-6pm. Signature event of the Paiute Dress Special will be around 3pm.

Saturday's 2<sup>nd</sup> session/evening session Grand Entry will restart at 7pm, with competition dancing starting around 8pm. Highlight event is the Spotlight Special for Men's Old Style Grass and Women's Fancy Bustle Dancing. Spotlight will begin around 9:30pm with more competition dancing afterward. Evening session will close around 11pm.

## **Sunday, September 1st**

Sunday, September 3<sup>rd</sup>, Grand Entry will be at noon. Competitions begin around 1pm and last until about 5pm.

## HANDGAMES OR TRADITIONAL GAMBLING -

- Friday, August 30th - 2-man Tourney, 6pm-7pm (1st place \$700)
- Saturday, August 31st - Kids Game, Sticks vs. Material Game, 1pm
- Saturday, August 31st - Main Tournament, 1pm-3pm (1st place \$7500)
- Sunday, September 1<sup>st</sup> - 3-Man Tournament, 1pm - 2pm (1st place \$1500)
- OPEN GAMES ALL WEEKEND - PURSES INCREASING FOR PLACES

## ABOUT CHIEF NUMAGA (1830-1871)

The powwow is named after Chief Numaga, the famous Paiute Chief, known for peace. Numaga translated to the English language, means “Giver / Generous Leader.”

His successful peace negotiations before and after the Battle of Pyramid Lake helped set a precedent for future disputes.

Numaga repeatedly chose peace when he could, but always remained a fierce warrior. Facing severe threats to his people by invading miners and ranchers after silver was discovered in the Comstock Lode

near Carson City, NV and gold in Sierra Mountains, he led his people to victory in the Battle of Pyramid Lake (1860). The newcomers assaulted the Paiutes and destroyed their food sources.

Throughout his lifetime, Numaga was a visionary leader and had the courage to advocate on behalf of all native people over the loss of habitable land, food sources, traditional spiritual teachings and culture.

Numaga has a documented history of attempting to preserve the destruction of our aboriginal lands. Numaga called the pine nut groves "the Indian's orchards" and asked colonizers to collect fallen timber instead of cutting down healthy trees.

Unfortunately, Numaga's early advocacy for Mother Earth fell on deaf ears. And it is astonishing that indigenous people continue the same fight today with climate justice and the decisions made to desecrate Mother Earth for profit. This is why we honor Chief Numaga.

For more information about Numaga Indian Days Powwow and Handgames go to [www.rsic.org](http://www.rsic.org) or please contact Bethany Sam, Public Relations Officer at 775-842-2902 or [bsam@rsic.org](mailto:bsam@rsic.org).

### About the Reno-Sparks Indian Colony

The Reno-Sparks Indian Colo-

ny formed a federally recognized government in 1936 under the Indian Reorganization Act. Located in Reno, Nev., the RSIC consists of over 1300 tribal members from three Great Basin Tribes – the Paiute, Shoshone and Washoe Tribes. The RSIC is a vibrant, diverse organization, which balances traditional teachings and rich culture with contemporary business methods.

Our mission is to offer opportunities for tribal members to improve their lives and enhance tribal values by making community programs, services, and projects available, while educating the public about our history, culture and modern lifestyle.



**36th Annual NUMAGA INDIAN DAYS 2024**

**Nevada's Largest Powwow**

**FREE ADMISSION - FAMILY FRIENDLY EVENT**

**OPEN TO THE PUBLIC**

**POW WOW**

**DRUM CONTEST: 1ST - \$7000 (\$18,000 Total Purse) 2ND - \$5000 3RD - \$4000**

**CONSOLATIONS - 2 @ \$1000 each**

**SPECIALS:**

- Spotlight Women's Fancy Bustle & Men's Old Style Grass
- Women's Paiute Buckskin and Cloth
- Three Generation Team Dance
- Teen Spotlight - Luck of the Draw
- Men's Grass 18+ - Head Man, Misun Mills
- Women's Fancy 18+ - Head Woman, Genesis Rosales
- Veterans Memorial & Jr. Girls Jingle - Tiny Tot Princess, Novi Starr & Family
- 13+ Old Style Fancy- Miss Numaga, Emileigh Mason & Family

**ACTIVITIES**

Princess Pageant - Thurs. Aug 29th

3 Nations Wellness Fun/Run Walk Info:

- Wali Querta: 775-334-0938
- Strong Man Competition & Horse Shoe Tournament Info: 775-329-4930
- Handgame Tournament Info: 775-815-6346

**DRY CAMPING / SHOWERS AVAILABLE!**

**HOST HOTEL INFO: TBA**

**NUMAGA POWWOW COMMITTEE:**

Bridgette Stump (VENDORS): 775-846-5997  
Anita Talancon: 775-338-3723  
Lori Chasing Crow  
Email: powwow@rsic.org

**MORE INFO: [www.rsic.org](http://www.rsic.org)**

**RSIC Powwow Committee is NOT RESPONSIBLE for any damages, loss of personal property, short funded travelers, etc.**

**Event Sponsored by Reno-Sparks Indian Colony & Reno-Sparks Tribal Health Center**

**HUNGRY VALLEY HANDGAMES HV REC CENTER GYM FOLLOW SIGNS**

**KIDS GAME SATURDAY AT 1**

**MATERIAL GAME AFTER KIDS GAME**

**OPEN GAMES ALL WEEKEND**

**FRIDAY - 2-MAN REG 6-7PM \$700 1ST PLACE**

**SATURDAY - MAIN REG 1-3 \$7500 1ST PLACE**

**SUNDAY - 3-MAN REG 1-2PM \$1500 1ST PLACE**

**PURSES INCREASING FOR PLACES!**

**COMMITTEE DECISIONS ARE FINAL.**

**NO DRINKING OR DRUGS ALLOWED.**

**DRY CAMPING AT THE POWWOW GROUNDS - SHOWERS PROVIDED.**

**CALL WIN @ 775.815.6345 FOR MORE INFO.**

**2024**

**NUMAGA INDIAN DAYS**

**STRONG MAN CHALLENGE**

**31ST AUGUST 2024**

**Reno-Sparks Indian Colony**  
Est. 1917

**REGISTRATION OPEN 9:30AM**

**NO FEE REQUIRED**

**FOR BOTH MEN/WOMEN 18+**

**EVENT STARTS 10AM**

**HUNGRY VALLEY RECREATION CENTER**

**FREE LUNCH FOR ALL PARTICIPANTS & SPECTATORS**

**THIS CONTEST IS OPEN TO ALL**

**FOR MORE INFORMATION PLEASE CONTACT THE RSIC RECREATION PROGRAM**

**775/329-4930 OR [VSAM@RSIC.ORG](mailto:VSAM@RSIC.ORG) OR [JWADSWORTH@RSIC.ORG](mailto:JWADSWORTH@RSIC.ORG)**

This event is sponsored by the RSIC Recreation Program, to provide a safe, alcohol/drug free event for all, in support of the Numaga Powwow and the well-being of our community.

**NUMAGA 3 MILE WALK/RUN**

3 mile Walk/Run through the streets of Hungry Valley. Bring your little ones in their strollers and family to partake in our event.

**WARRIOR RUN**

We are bringing back the Warrior Run for those die hard runners. The route is 7.4 miles in the desert. A turn around point will be marked for you to reach and the finish line will be at the starting point.

Light refreshments will be provided after your walk or run. T-shirts are first come first serve to the first 100 participants.

For more information contact: **Wali Querta @ 775-334-0938 or Daniel Thayer @ 775-329-5162 ext. 1918**

RSIC's Annual Health Fair, kicking off Numaga Indian Days!

Join us for a Healthy Celebration!  
You're invited to our Health Center's Sweet 16 Birthday &

# Health Fair

Location: Reno-Sparks Tribal Health Center

Date: Friday, August 30th

Time: 9:00am-3:00pm

Informational Booths

Scavenger Hunt

Healthy Living Tips

TapSnap Virtual Photo Booth

Giveaways & Prizes

Free Snow Cones

Glitter Face Painting

Inflatable Colon & Lungs

Cake Cutting Ceremony

Live DJ

Interested in being a vendor  
or craft vendor?  
Contact us at:  
[gfeatherstone@rsicclinic.org](mailto:gfeatherstone@rsicclinic.org)  
775-329-5162 x 1949



## Land and Housing Resources Community Meeting

RSIC Housing Department and  
Planning and Community Development Department



Wednesday, September 18

Hungry Valley Community Room

5:30 pm

Refreshments will be available

If you would like to learn about land assignments, residential leases, and grants and loans for homeowners, plan to attend this informative community meeting on Wednesday, September 18 in Hungry Valley. Topics to be discussed will include:

- Land Assignments and Residential Leases – What is the difference? Why are they needed?
- Deeds for Homes – Why are they important?
- Homeowner Resources – What grants or loans are available for homeowners from RSIC, HUD, USDA, and VA?
- Home Insurance – When is insurance needed?
- Home Assistance Fund – What is the current status?
- Indian Health Service – Are there funds to replace water and sewer lines?





## AMA Chartered Reno Radio Control

What makes a good neighbor? While some say “good fences make good neighbors,” the Reno RC Club believes in outreach through flight. Established in 1965, the club promotes RC flying and has operated from Hungry Valley since 1975.

On August 3, Club Vice President Tom White organized an event for RSIC youth to learn about RC airplanes. Over 23 club members gathered to share their expertise with seven teens and four chaperones. The weather was perfect for flying.

We started with donuts and a lesson on

aircraft design, learning how ailerons, elevators, and rudders control an airplane. Trainers demonstrated these controls on flight simulators, which everyone enjoyed.

Club members then put on an airshow featuring historical aircraft models and helicopters, impressing everyone with loops, spins, and stalls. One plane even hovered like a helicopter!

Next, it was our turn to fly. Tuba Collins expressed initial nervousness but soon found flying fun. The club’s “buddy box” system allowed trainers to take control if needed, ensuring a safe experience for

all.

We extend our gratitude to the Reno RC Club for this unforgettable experience and to Robin Eagle for her efforts in or-



# Healthy Habits = Healthy Eyes

If you wear contact lenses, keep your eyes healthy and prevent eye infections by following these tips:

**YOUR HABITS**

- Wash and dry your hands before touching your contact lenses.
- Don't sleep in your contact lenses (unless your eye doctor tells you otherwise).
- Avoid wearing contact lenses while showering, swimming, or using a hot tub.

**YOUR SUPPLIES**

- Rub and rinse your contact lenses with solution each time you clean them. Never use water or spit!
- Use only the solution your eye doctor tells you to use.
- Only use fresh disinfecting solution in your case—don't mix new with old.
- Never store your contact lenses in water.
- Replace your contact lenses as often as your eye doctor says.
- Rub and rinse your case every day with solution, dry with a clean tissue, and store upside down with the caps off.
- Get a new case at least every three months.

**YOUR EYE DOCTOR**

- Visit your eye doctor once a year—or more often if needed.
- Ask questions about how to care for your lenses and case.
- Take out your contact lenses and call your eye doctor if you have eye pain, red eyes, or blurred vision.

**And remember:** always be prepared! Carry a pair of glasses in case you need to take out your contact lenses.

[www.cdc.gov/contactlenses](http://www.cdc.gov/contactlenses)

 U.S. Department of Health and Human Services, Centers for Disease Control and Prevention

 CS256966-A



# Talking Circle

w/ MICHELLE JIM-KATENAY  
CADC-S, LMSW, CSW-I

starting 08 12 2024

MONDAYS  
4:00pm-5:00pm

For more information please call (775) 329-5162 ext. 2014 or e-mail [mkatenay@rsicclinic.org](mailto:mkatenay@rsicclinic.org)



RENO SPARKS INDIAN COLONY

In Observance of

# LABOR DAY

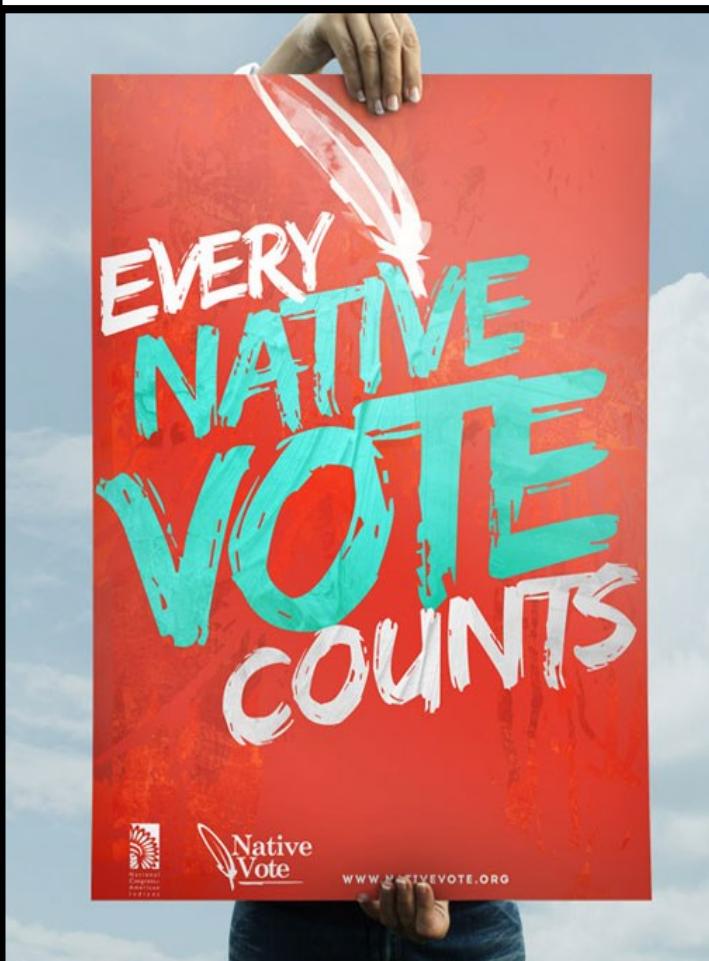


**Monday  
September 2, 2024**

**RSIC ADMIN OFFICES &  
RSIC TRIBAL HEALTH CENTER**

# WILL BE CLOSED

WE WILL RESUME REGULAR BUSINESS HOURS  
Tuesday September 3, 2024



**EVERY NATIVE VOTE COUNTS**

 Native Vote  
[www.nativenvote.org](http://www.nativenvote.org)



## RSIC Recreation Community Picnic at Lazy 5

It was on Saturday, August 9th, at Lazy 5 Park. Don't think anyone was dancing, but people were laughing. Rec Staff handed out snowcones and cotton candy. No Italian songs, can you dig it? There was plenty food and a good day to be with family and friends watching the run about and kids playing in the water park. The highlight was the Watermelon Eating contest. The boy's got dominated by the girls this year. Education was also onsite to make sure all the back to school students got their school supplies. Planning was onsite as well to get some surveys done for the RSIC Comprehensive Plan. It was a grand community event!

# Recreation Summer Day Camp 2024

Summer has come and gone in a flash. It was an unforgettable summer full of swimming, arcade games, and jump parks. Thanks to Language and Culture for coming in to teach Paiute, Shoshone, and Washoe languages. Thanks to Officer Hafalla from Tribal Police for running the D.A.R.E program and teaching the kids how to be safe. Thanks to Logan from Education for showing the kids how catapults work and letting them shoot a catapult. Here are some pictures from the summer. Enjoy!

Our After-School Program started August 19th and runs Monday-Thursday from 3:30 pm to 5:30 pm. Stop by and pick up an application for your student to attend. We will have enrichment activities, art, gym games, and snack. Transportation is provided. For more information, please give us a call at (775) 785-1360.



Water Day



At Chuckie Cheese



Spending the day at Pyramid Lake



Ace's Baseball Game



Innit to Winnit



Language and Culture



Discovery Museum



Rez Olympics Winners:

Reno Summer Day Camp DARE



Hungry Valley Day Camp DARE





## HUNGRY VALLEY CLEAN-UP

August 9, 2024 beginning at 8am, the community along with Public Works and Departments of RSIC pitched in to assist the community in cleaning up our homes and parks to beautify Hungry Valley. Over 90 yards of trash was hauled away. Thanks to all those who gave a hand and to Public Works, for the use of tools, equipment, manpower and the delicious BBQ that followed after the cleanup. Thanks to Planning and Candace for organizing the cleanup.

There will be another cleanup day that is scheduled for Saturday, October 12th, 2024 for Hungry Valley.

# Reno-Sparks Indian Colony



RSIC WILL BE HOSTING A CHILD ABDUCTION TABLETOP EXERCISE OR AMBER ALERT IN INDIAN COUNTRY TRAINING FOR EMPLOYEES, TRIBAL MEMBERS, COMMUNITY MEMBERS, OTHER TRIBES AND/OR ANYONE WHO WOULD LIKE TO LEARN BEST PRACTICES WHEN A CHILD GOES MISSING IN INDIAN COUNTRY.

**FRIDAY**

**SEPTEMBER 6, 2024**

**9AM-1PM**

Child Abduction Tabletop Exercise in Indian Country



scan QR code to register for  
Friday Sept. 6, 2024

**SIGN UP NOW!**



scan QR code to register for  
Saturday Sept. 7, 2024

## What's In It For You

Upon completion of this training, you will be able to:

- DEVELOP AND DEPLOY EFFECTIVE RESPONSE STRATEGIES IN MISSING AND ABDUCTED CHILD CASES
- IDENTIFY, LEVERAGE AND COORDINATE COMMUNITY RESOURCES IN AN EFFECTIVE TEAM RESPONSE
- ADAPT AND CHANGE THE INVESTIGATIVE RESPONSE AS THE INVESTIGATIVE ENVIRONMENT CHANGES

## AMBER ALERT IN INDIAN COUNTRY



If you have any questions, please contact Chief Nunes at [jnunes@rsic.org](mailto:jnunes@rsic.org) PH. (775) 785-8776



# Notice from RSIC TRIBAL COURT

RSIC Tribal Court is located at  
1900 Prosperity Street, Reno, Nevada 89502  
Monday through Friday 8:00 a.m. to 5:00p.m.  
Court is open from 12 - 1:00 p.m.

*Please use the door at the north end of the building, during the lunch hour. As the Court Administrator will be assisting the public and answering phones at that time.*

*For filing documents, court hearings and meeting with court staff, please use the doors located at the south end of the building, where the Court Clerk's office is located, (next to the courtroom).*

Dana Thomas Court Clerk: (775) 785-8775 ext. 1  
Jeraldine Magee Court Administrator: (775) 785-8775 ext. 2

#### Advocates:

- Enrico Castillo (775) 785-8775 ext. 5
- Christian Luna (775) 785-8775 ext. 4

#### Tribal Court Bailiff:

- Cameron Kramer is (775) 785-8775 ext. 6

#### Truancy Officer:

- Tanya Hernandez is (775) 785-8775 ext. 9

The Tribal Law and Order Code can be found on the RSIC website: [www.rsic.org](http://www.rsic.org), under the Tribal Court Department.

The Inter-Tribal Council of Nevada, Court of Appeals, hears all appeals that arise from the Reno-Sparks Indian Colony, Tribal Court. Their office is located at 10 State Street, Reno, NV 89501. Their phone number is (775) 355-0600

If you have any questions regarding the duties and responsibilities of court staff, please contact the Tribal Court Administrator, Jeraldine Magee.

**RSIC 2040 Comprehensive Plan**  
**Draft Land Use and Housing Element Chapters available for review and comment.**

*Take our short surveys!*

The 2040 RSIC Comprehensive Plan is a long-range policy document to guide community development decisions for the next 15+ years. The plan is based around major topic areas, or elements.

The Land Use Element includes future land use maps as well as goals, policies, and actions to guide decisions on future development.

The Housing Element includes information on the current housing inventory, housing conditions, and goals, policies, and actions to address housing needs.

To read the draft elements and complete the online survey, go to:

<https://rsic-planning-rsic.hub.arcgis.com>

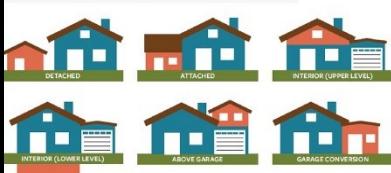
and select "Comprehensive Plan"

Or SCAN with your Phone Camera >



Printed Surveys available at the Planning and Community Development Department:  
1937 Prosperity St, Reno NV

planning@rsic.org || 775-785-1363



#### *You are not alone*

#### Contact Our Staff

Human Services  
(775) 329-5071

Victim Services Coordinator  
Jennifer Katenay  
(775) 329-5071 x1312

Healing Path Coordinator  
Joseph Cano  
(775) 329-5071 x7969

Community Resources

Inter-Tribal Council of Nevada:  
(775) 355-0600

Nevada Urban Indians Inc.:  
(775) 788-7600

Nevada Victims of Crime Compensation Program:  
(775) 688-2900

Crisis Call Center:  
1(800) 273-8255

Reno PD Victim Services:  
(775) 657-4519

Sparks PD Victims Advocate:  
(775) 353-2217

Washoe County Sheriff's Victims Advocate:  
(775) 325-7875

## RENO-SPARKS INDIAN COLONY

### VICTIM SERVICES



*The Victim Services program at the Reno-Sparks Indian Colony provides compassionate support to victims and their families, ensuring they are treated with dignity and respect as they navigate the aftermath of crime. Our advocates offer education on victims' rights and deliver personalized advocacy, empowering individuals to address their needs effectively.*

#### Eligibility:

- An incident of victimization has occurred within the past 90 days
- Victimization occurred within RSIC jurisdictional boundaries
- Open case with law enforcement agency
- Police report on file
- A referral letter from law enforcement or a victim advocate outside of RSIC

#### Types of Victimization:

- Adult physical assault
- Arson
- Bullying
- Burglary
- Child physical abuse
- Cyber crimes
- DUI/DWI
- Gang violence
- Human trafficking
- Identity theft
- Kidnapping
- Adult sexual assault
- Adults sexually abused/assaulted as children
- Domestic/Family violence
- Dating violence
- Elder abuse or neglect

#### Services:

- Advocacy and support
- Crisis intervention (emergency shelter, food, clothing, transportation)
- Accompaniment and guidance through the criminal justice system and court proceeding
- Assistance filing Temporary Protection Orders (TPO)
- Safety planning
- Appropriate counseling referrals
- Assistance filing for State of Nevada Victims of Crime compensation
- Information and referrals to other programs and services

# UPDATE YOUR TRIBAL ID



**OFFICE HOURS:**  
**MONDAY - FRIDAY**  
**8:00 AM - 5:00 PM**

- ✓ Tribal ID's have a four (4) year expiration date
- ✓ The new Chairman's signature is on the back
- ✓ If you are turning 18 years old, you need an updated picture and a W9 in your name for any monetary assistance or educational purposes.
- ✓ RSIC Department's will no longer accept a Tribal ID without an expiration date or an expired Tribal ID.
- ✓ Update your name change or information w/Enrollment.

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## ELDER CLASS

Join the 3NWC staff for an hour of exercise every Tuesday from 9:00-10:00am at the Hungry Valley Recreation Center Starts May 7, 2024.



### WHAT WE OFFER

- ◆ Chair Exercises
- ◆ Resistance Band Exercises
- ◆ Body Weight Exercises
- ◆ Aerobic Exercises
- ◆ Strength Training

For more information contact:  
3NWC at 775-329-5162

## Join WIC, Your Path to a Healthy Family!

### What is WIC?

The Women, Infants, and Children (WIC) is a supplemental program that supports families health through nutrition assistance.

### How WIC Benefits You:

- Monthly Food Benefits: Access to benefits for purchasing nutritious foods.
- Nutrition Tips: Answers to your nutrition questions.
- Breastfeeding Assistance: Support for breastfeeding moms.
- Family Resources: Valuable resources for your family.

### Who Is Eligible?

- Pregnant
- A new mom
- Breastfeeding
- Have an infant or child under age 5



### Eligibility Criteria:

- ✓ Live in Nevada
- ✓ Receive Medicaid, Food Stamps, Work First
- ✓ Family income within WIC guidelines
- ✓ Nutritional need determined by WIC Nutritionist



Don't miss out on the benefits of a healthy lifestyle!

Join ITCN WIC today.

For more information, visit [www.itcnwic.org](http://www.itcnwic.org) or call (775) 398-4960.



## WELL-CHILD CHECK & VACCINES

3-4 DAYS - WELL-CHILD  
2 WEEKS - WELL-CHILD  
2 MONTHS - DTAP/IPV/HEP B, PCV20, ROTARIX, AND HIB

4 MONTHS - DTAP/IPV/HEP B, PCV20 ROTARIX, AND HIB  
6 MONTHS - DTAP/IPV/HEP B, PCV20, AND HIB  
9 MONTHS - WELL-CHILD

12 MONTHS - MMR, VARICELLA, PCV 20, AND HEP A  
15 MONTHS - DTAP AND HIB  
18 MONTHS\* - HEP A

2 YEARS\* - WELL-CHILD  
2.5 YEARS - WELL-CHILD  
3 YEARS - WELL-CHILD  
4 YEARS - DTAP/IPV, MMR/VARICELLA

5-10 YEARS - YEARLY WELL-CHILD  
11 YEARS - MCV4, TDAP, AND HPV (2 SIX MONTHS APART)  
12-15 YEARS - YEARLY WELL-CHILD

16 YEARS - MCV4, MEN B (2 ONE MONTH APART)  
17 YEARS - WELL-CHILD  
18 YEARS - WELL-CHILD



Made with PosterMyWall.com



**Reno-Sparks Indian Colony  
Senior Center Menu  
775-785-1349**

Monday	Tuesday	Wednesday	Thursday	Friday
2) Closed Holiday LABOR DAY  <i>No meals served or delivered</i>	3) Pork Chop Rice Pilaf 5 Way Veggie Applesauce	4) BBQ Ribs Coleslaw Baked Beans Peaches 	5) Chicken Tortilla Soup with 1/2 Turkey & Cheddar Sandwich Lettuce, Tomato on WW Bread Orange	6) Sausage patty Scrambled Eggs Sliced Peppers WW Toast Honeydew
9) Honey Garlic Pork Over Brown Rice Broccoli Pineapple 	10) Tri Tip Sandwich WW Hoagie Roll with Provolone & Arugula Sweet Potato Tots Apple Slices	11) Spaghetti WW Noodles Green Beans French Bread Pears	12) Taco Salad Mangos  13) Cereal Boiled Egg Celery & Carrot Yogurt Cup 	13) Closed No meals served or delivered  <i>Today's meal delivered on Thursday 9/12</i>
16) Pepperoni Pizza Dark Green Salad Peaches	17) Oven Fried Chicken Macaroni Salad Green Beans Fruit Cup	18) Meat Loaf Mashed Potatoes Steamed Carrots Grapes 	19) Fish Sandwich Lettuce & Tomato WW Bun Coleslaw Cantaloupe	20) Sausage Bagel Sandwich <u>With</u> Egg & Cheese Baby Carrots Ranch Cup Orange
23) Bratwurst With Peppers & Onions WW Bun Potato Salad Pear 	24) Pork Tenderloin Baby Baker Potatoes Cal Veggies Applesauce	25) <i>Birthday Bingo</i> Beef Taco WW Tortilla Lettuce & Tomato Pinto Beans Strawberries 	26) Pepper Chicken Brown Rice Pineapple	27) Closed Holiday Native American Day  <i>No meals served or delivered</i>
30) Beef Patty With Gravy Mashed Potatoes Peas & Carrots WW Roll Tropical Fruit		775-785-1349 Reminder to call and cancel lunch if you are coming Bingo on 9/25		1% Milk Served Daily 

Meals will be placed in a plastic bag on your doorknob or driveway fence. Please tie up your dogs during delivery times. Staff will honk or knock letting you know your meal has been left. Staff will return within 15-20 minutes to retrieve uncollected meal bags and a "missed you" note will be left. Collection of meals ensures safe food temperatures. Call before 10:00 am to add or cancel meal delivery. Thank you

# September

Reno-Sparks Indian Colony  
Senior Center Activities Calendar

2024

775-785-1349

Monday	Tuesday	Wednesday	Thursday	Friday
2) Center Closed 	3) Sign up for Movies	4) 1:00 pm Make a T Shirt 	5) 1:00 pm Make a T Shirt	6)
9) 1:00 pm Senior Advisory Committee Meeting 6:30 pm Grandparents Day Movie Night @ Senior Center	10) 1:00 pm Ribbon Skirt 	11) 1:00 pm Ribbon Skirt	12) 1:00 pm Ribbon Skirt	13) Apple Hill Day Trip, California Sign up early as seating is limited 
16) 9:00 am Food Pantry 	17) 1:00 pm Senior Fun Day Center Pieces 	18) 1:00 pm Senior Fun Day Center Pieces 	19) 1:00 pm Senior Fun Day Center Pieces 	20)
23)	24) 8:00am YPT Commodities @ 34 	25) 12:30 pm Birthday Bingo 	26)	27) Center Closed 
30)	<b>Please remember to call and cancel your lunch if you are coming to play bingo.</b>			Activities are subject to change or cancel without notice.

**9-9-24:** Grandparents Day Movie Night: Grandparents are encouraged to bring their grandchildren to watch a movie at the Senior Center. Refreshments Provided.

**9-13-24:** Apple Hill Trip: Transportation Leaving the Senior Center at 7:45 am, returning to Reno center approximately 4:30 pm. Clients must sign up in advance as seating is limited. Must be physically able to participate; walk uneven surfaces, use stairs, sit for 2+ hours. Lunch provided, other purchases on your own

# CHECK YOUR RSIC NEWSLETTER BOX!



**ALL NOTICES & FLYERS  
EVEN SHUT-OFF NOTICES  
WILL BE PLACED IN THE  
RSIC NEWSLETTER BOXES**

PLEASE REMEMBER TO ALWAYS CHECK YOUR RSIC NEWSLETTER BOX FOR INFORMATION  
THANK YOU!

RSIC TRIBAL ADMINISTRATION OFFICE



## THE ABC'S OF SALVATION



### ADMIT

Admit you are a sinner and have made mistakes.

### BELIEVE

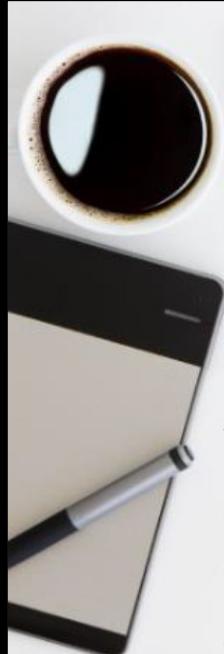
Believe that Jesus is God's Son, died on the Cross for you, and rose up from the grave on the third day.

### CONFESS

Confess Jesus as the Lord of your life.

And commit yourself to a life of following Jesus, and serving others.

*(Romans 3:23; John 1:12; Romans 10:9)*



## ENROLLMENT OFFICE

### W9 UPDATES | ALL ENROLLED TRIBAL MEMBERS

Please make sure to update any address or name changes to our office for YOUR records. This is also for all Tribal Members who are minors.

Any Tribal Member turning 18 years old will need a new W9 in their name and signature for any education or monetary assistance.



W9's are available in the Enrollment Office, Finance, or IRS.GOV

Phone: 775-785-1306 | Fax: 775-329-2781

Jessica Castillo, Enrollment Officer | email: [jcastillo@rsic.org](mailto:jcastillo@rsic.org)

or

Josephine Astor, Enrollment Assistant | email: [jastor@rsic.org](mailto:jastor@rsic.org)



Invites you to attend  
**2024 Senior Fun Day**  
**"Haunted Harvest"**

October 17, Thursday

34 Reservation Rd - Reno Gym

10 am – 2 pm

Lunch served 11:30 am – 12:30 pm

Senior's only 55 years and Up

*Children will not be allowed*

**Monster Mash Sweet Treat Dessert Walk**

Bring your favorite Fall treat to be won in the cake walk

**Haunted Harvest Costume Contest**

Come dressed up Halloween style; spooky, goofy, character

For a chance to win a frightening surprise

**Pumpkin Contest**

Bring your carved or decorated pumpkin for a chance to win

**Plus...Bingo, Door Prizes & Information**

SHIP, Veterans Resource, NV Energy, Seniors In Service

RSVP to 775-785-1349

[mperez@rsic.org](mailto:mperez@rsic.org)

[dgardipe@rsic.org](mailto:dgardipe@rsic.org)

# The Origins of Breastfeeding Awareness Month

In 2011, the United States Breastfeeding Committee designated August as National Breastfeeding Month. The theme for 2024, "Nourish, Sustain, Thrive," highlights the essential role of protecting, promoting, and supporting lactation throughout every stage of life.

Breastfeeding is recognized as a crucial preventive measure, offering protection to both infants and parents against a variety of acute and chronic illnesses, thereby fostering lifelong health and well-being. The length of time a parent breastfeeds can be affected by several social factors, such as the availability of parental leave, workplace policies, cultural expectations, family support, education, and the level of assistance from the healthcare system.

## Why Breastfeeding is Important

### ***Health Benefits for Babies:***

Breastfeeding provides essential nutrients and antibodies that help protect infants from common childhood illnesses and infections. It supports healthy growth and development and can reduce the risk of sudden infant death syndrome (SIDS).

### ***Health Benefits for Mothers:***

Breastfeeding helps mothers recover more quickly from childbirth, reduces the risk of postpartum depression, and lowers the risk of breast and

ovarian cancers. It also promotes bonding between mother and child.

***Economic and Environmental Impact:*** Breastfeeding is cost-effective compared to formula feeding and reduces healthcare costs by improving overall infant health. It also has a positive environmental impact by reducing the need for production, packaging, and disposal of formula products.

## How can YOU make a difference during National Breastfeeding Month?

***Educational Workshops and Webinars:*** Host or attend educational sessions to share information about the benefits of breastfeeding, techniques, and support available for new mothers.

***Community Support Groups:*** Organize or participate in support groups for breastfeeding mothers. These groups provide a platform for sharing experiences, advice, and encouragement.

***Public Awareness Campaigns:*** Use social media, newsletters, and community events to spread awareness about the importance of breastfeeding. Share success stories, facts, and tips to encourage and support breastfeeding mothers.

***Recognition and Support:*** Acknowledge the efforts of breastfeeding mothers and those who support them. Providing resources such as lactation consultants, comfortable breastfeeding spaces, and breastfeeding-friendly policies in workplaces

can make a significant difference.

### ***Fundraising and Donations:***

Consider fundraising or donating to organizations that support breastfeeding initiatives and maternal and child health programs.

Look for the toolkit included in the attachment to promote breastfeeding awareness with the following ideas:

- Share posts on social media platforms (and remember to tag the organizations involved!)
- Review resources for parents and employers to understand the benefits, policies, and organizations that support breastfeeding in Nevada.
- Include breastfeeding resources in your emails and newsletters.
- Use virtual backgrounds during meetings and online discussions throughout August.
- Print, post, or email the inclusive language table to help educate your community about breastfeeding inclusivity.

## Additional Resources

Here are a few breastfeeding resources available in Nevada. For a comprehensive list and more information, please refer to the toolkit link attached.

### **Southern Nevada Breastfeeding Coalition**

Want to learn more about the breastfeeding resources in Southern Nevada and

join a group promoting breastfeeding to parents, doctors, nurses, lactation consultants and more?

### **Nevada Breastfeeds**

Nevada Breastfeeds is an organization dedicated to promoting and supporting breastfeeding in Nevada. With a focus on parents, babies, and businesses, their goal is to provide education and resources to empower individuals and ensure the well-being of both parents and infants.

### **Northern Nevada Breastfeeding Coalition**

The NNBC is a non-profit organization of parents, professionals, and community partners in Northern Nevada who believe that breastfeeding is foundational to a healthy start in life and provides unlimited benefits to mother and child.

### **Breastfeeding Support Resources & Materials | Nevada WIC**

Give your baby the best start in life with Nevada WIC's complimentary breastfeeding support, including free access to lactation professionals, breast pumps, and accessories for qualifying participants. Contact your WIC clinic today to learn more and ensure your baby gets the best nutrition possible.

Let's come together this August to celebrate Breastfeeding Awareness Month and make a positive impact on the health and well-being of mothers and babies in our community.



RSIC Senior Program

Questions or to sign up call 775-785-1349



### **RSIC Grandparents & Grandchildren**

Come spend a fun evening with each other at the

RSIC Senior Center

Movie and Snacks

September 9 – Monday

6: 00 - 8:00 pm



Its Apple Season & what better way to celebrate than a day at Apple Hill, CA

**September 13 – Friday**

Leave Reno Sr Center 7:45 am

Returning approx 4:30 pm

Lunch provided

*Other expenses on your own*

\*Must sign up – limited seating

\*Must be physically able to participate; walk uneven surfaces, use stairs, sit for 2+ hours

# Legal / Public / Job Announcements

## Recruitment for committee / boards

IN THE RENO-SPARKS TRIBAL COURT  
IN AND FOR THE RENO-SPARKS INDIAN COLONY  
RENO, WASHOE COUNTY, NEVADA

Notice is hereby given that the Petitioner, Sara Jane Kane-Katenay who resides on the Reno-Sparks Indian Colony, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV-NC-2024-0042, praying that said Court enter an Order changing the present legal name of Sara Jane Kane-Katenay, to the name of Sara Jane Katenay-Hollick, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV 89502, within ten (10) days after publication of this notice.

Dated this 29<sup>th</sup> day of August, 2024.

/S/  
\_\_\_\_\_  
Dana Thomas, Court Clerk  
Reno-Sparks Tribal Court  
1900 Prosperity Street, Reno, NV 89502  
Tel: (775) 785-8775 Fax: (775) 329-8153

### RSIC HOMEOWNER REPAIR ASSISTANCE FUND

Providing temporary home repair assistance to low-income  
RSIC Tribal Enrolled Members.  
Must be living within the Hungry Valley or the Reno Colony Lands.

#### Eligible Qualified Expenses:

Roof Repair  
Window Replacements - due to deficient installation, dilapidation or damaged windows  
Furnace Replacement—No working units/inefficient  
Water Heater Replacement—Non working units/inefficient  
Siding, if siding is determined to be dilapidated/cracked that could cause leaks  
Electrical Safety Issues  
Existing housing deficiencies/conditions that may be hazardous to occupants  
Repairs necessary for property to prevent condemned/inhabitable without necessary repairs.  
Accessibility improvements to assist senior residents to age in place. (grab bars, ramps, ADA toilets, walk-in-shower)  
Seniors (55 years & older) Elders to be eligible for air conditioning units.



**Not to  
Exceed  
\$20,000**



#### Application Requirements:

Enrolled RSIC Tribal member—Income 150% or below Area Median Income.

*Provide documentation that the home will be applicants primary residence.*

Provide name, address, SS, Tribal ID and State ID.

Provide amount determined of the need.

Certify that no other assistance has been obtained or is  
duplicative of homeownership  
repair assistance.

*Provide documentation homeowner is up to date on home obligations*

*(i.e. water/sewer/garbage).*



Income Guidelines	FY 2023 HAF Income Limits Summary for Reno, NV MSA							
	1-Person	2-Person	3-Person	4-Person	5-Person	6-Person	7-Person	8-Person
Greater of 100% AMI or 100% U.S. Median Income	\$96,200	\$96,200	\$96,200	\$98,900	\$106,850	\$114,750	\$122,650	\$130,550
Greater of 150% AMI or 100% of U.S. Median Income	\$103,850	\$118,700	\$133,550	\$148,350	\$160,250	\$172,100	\$184,000	\$195,850

Approved HAF Home Repair Policy 8/16/2023 T. C. Resolution #2023-RS-74



## Reno-Sparks Indian Colony Planning & Community Development Residential Recycle Bin Initiative



The Planning & Community Development Department, in conjunction with the Public Works Department, would like to offer RSIC Community Members a recycling Bin for your recycling convenience.

We have a limited supply of these containers. If you would like to request a recycle bin, please call or email the Planning and Community Development Department.

Please note:

- 1 recycle bin per household
- Must live on the Colony
- Recycle Bins can be picked up at Planning or delivered upon request.
- While supplies last

**775-785-1363 or [smartell@rsic.org](mailto:smartell@rsic.org)**

**1937 Prosperity St. Reno 89502**



## RSIC Abandoned Vehicle Rescue

Do you have unwanted, unloved, and downright grumpy old vehicles making a home in your yard?

We'd like to adopt them in an effort to find them a forever home!

If you happen to have more than one of these vehicles taking up space, it could be costly to you to let them stay with you instead of letting them go, which is the humane and ecofriendly thing to do.

If these vehicles don't find loving homes, they face a rather unfortunate fate. They may end up towed away, which can result in significant fines and fees falling upon their previous owners. So, by rehoming your vehicles, you not only save yourself from potential headaches but also extend a helping hand to these unloved four-wheeled friends.

Ready to rehome? Have questions?

Contact Shannon with the RSIC Planning and Community Development Department:

Call: 775-785-1363

Email: [smartell@rsic.org](mailto:smartell@rsic.org)

**\*\* Please note: these vehicles need to have a clear title in order to rehome them. If you don't have a physical copy of the title, there is a form you can fill out in order to transfer title without the original. The registered owner will need to sign this form. For more information on this, please contact us using the number or email above.**

RENO SPARKS TRIBAL HEALTH CENTER  
MEDICAL TRANSPORTATION



## MEDICAL TRANSPORTATION & MEDICATION DELIVERIES



RSTHC is happy to announce that we are open for patient transport to your scheduled appointments.

Transport is limited to persons residing in Reno, Sparks, North Valleys, and Hungry Valley without other means of transportation.

To schedule a ride or medication delivery please call (775) 329-5162 ext. 7714

We require a minimum of 24 hrs notice but encourage you to schedule as soon as you can.

Wheelchair accessible.

# 2024 RSIC Community Clean Up Days

## Hungry Valley

Saturday October 12, 2024  
8AM - 12PM

COMMUNITY VOLUNTEERS NEEDED  
GET YOUR HOME READY!!!!

CANNOT PICK UP: TV'S, TIRES, OIL, REFRIGERATORS, MICROWAVES, ETC...

BBQ LUNCHEON WILL BE PROVIDED BY RSIC PUBLIC WORKS

SENIOR/ELDER HOMES WILL BE A PRIORITY, TO REQUEST AN ELDER HOME FOR CLEANUP PLEASE CALL 775 329-2936

Do you have an unwanted/abandoned vehicle at your residence? Take advantage of RSIC's FREE Abandoned Vehicle Rescue Program. Call 775-785-1363 for more info.

 "Clean communities, healthy citizens."  


  
Reno-Sparks Indian Colony  
Indian Colony  
Police Department  
IS SEEKING

**LATERALS & LAW ENFORCEMENT RETIREES**

401 K matched by RSIC

Medical & Dental

Take home vehicle

Uniforms & Equipment provided

Post Physical Fitness Test waived for qualified applicants



If you are looking to supplement your retirement, look no further. The Reno Sparks Indian Colony Police Department is a fully accredited NV POST Police agency. The Reno Sparks Indian Colony has Patrol Officers, and sworn Ranger positions open for immediate employment.

If you would like to apply or have further questions please contact the Reno Sparks Indian Colony Police Department located at 405 Golden Ln. Reno NV (775)785-8776



WWW.RSIC.ORG

What happens on Diabetes Thursday?

- Provider Visit
- Annual Lab Work
- Foot Exam
- Meet with a Dietitian and Exercise Trainer
- Receive a food recipe with all of the ingredients
- After your visit you will receive a call from the Dental and Optometry Depts. If necessary.

## DIABETES THURSDAYS

## TAKE CONTROL OF YOUR DIABETES TODAY

Call (775) 329-5162 Ext. 1958 / 1989 to schedule a Diabetes Thursday appointment.

RENO SPARKS TRIBAL HEALTH CENTER  
1715 Kuenzli Street  
Reno, NV 89502

# Legal / Public / Job Announcements

## Recruitment for committee / boards



### NOTICE

#### UPDATED

#### SENIOR ASSISTANCE FUND POLICY

The RSIC Senior Emergency Assistance Fund Policy has been updated to the RSIC Senior Assistance Fund Policy. The requirement for a Senior to have an emergency has been removed. The current budgeted amount set for FY2024 per Senior is \$1,700.00. The policy has been updated to allow the use of funds for the items below:

- Housing modifications and repairs.
- Purchasing of appliances and furniture such as couches, love seats, recliners, dining table sets and beds.
- Payment of utility bills, rent or house payments.

The following eligibility requirements remain:

- a. Senior Citizen (Age 55 or over)
- b. Enrolled member of Reno-Sparks Indian Colony
- c. Reside on Reno-Sparks Indian Colony

Copies of the policy and application are located in the carousel located at the entrance doors at RSIC Tribal Administration Office at 34 Reservation Rd. and at the RSIC Housing Dept. office. Please call the Housing Dept. at 775-785-1300 if you would like to have a copy emailed or faxed.

#### Reno-Sparks Indian Colony Senior Advisory Committee Is seeking 1 new member

The Senior Advisory Committee encourages RSIC enrolled seniors (55 or older) to become a member of the SAC. Please submit a letter of interest, stating your name and contact information to: Tribal Headquarters, 34 Reservation Road, Reno, NV 89502, Attention: Tribal Administrator's Office. The tribe's standing rules for committees and advisory boards apply to this position. The Committee meets the first Monday of the month. You must be an active participant in the meetings and other SAC sponsored events and be available for any additional meetings. The term is for two years.



### RECRUITMENT FOR LAW AND ORDER COMMITTEE MEMBERS

#### Notice to RSIC Enrolled Members

The Law & Order Committee is currently recruiting for three new members. Appointments made to the Committee are for a four-year term and members are appointed by the Tribal Council. The Committee, pursuant to the bylaws, are scheduled to meet the first Wednesday of each month at 6:30 p.m.

The Committee shall be compensated at a rate approved by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of RSIC has been revised and were adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. All Committee members must abide by these rules. Please see the Tribal Administrator's Office for a copy of the Standing Rules.

Any interested RSIC enrolled member may submit their letters of interest to the Tribal Administrator's Office located at 34 Reservation Road.



### RECRUITMENT FOR

#### RSIC POWWOW COMMITTEE

#### Notice to Reno-Sparks Indian Colony Enrolled Members

The Reno-Sparks Indian Colony Powwow Committee is seeking four (4) RSIC Enrolled Members who are interested in serving on the Committee. Any interested RSIC Enrolled Member, may complete the application and submit their signed letter of interest to:

Reno-Sparks Indian Colony  
Attn: Tribal Administrator / Powwow Committee  
34 Reservation Road  
Reno, NV 89502.  
\*No emails will be accepted.

The Reno-Sparks Indian Colony Powwow Committee consists of no fewer than four (4) and no more than seven (7) members. Each member shall hold office until his/her term expires, or until he/she resigns or is removed from office in accordance with the Bylaws and Standing Rules for Committees and Advisory Boards of the Reno-Sparks Indian Colony. Committee Members are appointed by Tribal Council.

The Standing Rules for Committees and Advisory Boards of the Reno-Sparks Indian Colony were revised and adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. Rule No. 8, states – Each person appointed as a member of a committee or advisory board shall not sit on more than two committees or advisory boards at a time; this is combined, meaning that if a person sits on a committee and an advisory board, that person has reached the limit under this rule. The only exception is if a person sits on an intermittent board, such as the Election Board; in that instance the person is subject to the limit of this provision but can sit as a member of one intermittent committee or advisory board. A person can only serve as the Chair of one committee or advisory board at a time, including an intermittent committee or advisory board.

The Reno-Sparks Indian Colony Powwow Committee Application is included with the Recruitment Notice.

# Legal / Public / Job Announcements

Recruitment for committee / boards



## RECRUITMENT FOR HOUSING ADVISORY BOARD

THE RENO-SPARKS INDIAN COLONY HOUSING DEPARTMENT IS SEEKING (5) NEW HOUSING ADVISORY BOARD MEMBERS. RSIC ENROLLED MEMBERS ARE ENCOURAGED SUBMIT A LETTER OF INTEREST, STATING YOUR NAME AND CONTACT INFORMATION, TO RSIC TRIBAL HEADQUARTERS OFFICE AT 34 RESERVATION ROAD.

PLEASE SEND IN A LETTER OF INTEREST TO:

Reno-Sparks Indian Colony  
ATTN: Tribal Administrator Office / Housing  
34 Reservation Rd  
Reno, NV 89502

ANY QUESTIONS? PLEASE CONTACT THE HOUSING DEPARTMENT AT (775) 785-1300

Reno-Sparks Indian Colony  
34 Reservation Road  
Reno, NV 89502



## URGENT – APPLY TODAY

MUST FILL (2) ELECTION BOARD VACANCY – MEETINGS ARE THE FIRST THURSDAY OF EACH MONTH

The Reno-Sparks Indian Colony (RSIC) is accepting letters of interest from qualified candidates to fill a couple of vacancies for the Election Board (Board). The Board will review candidate letters of interest then nominate selected individuals to the RSIC Tribal Council for approval. The term of appointment is two years. Members of the Board typically meet at 6:00 p.m. for one hour, with the exception of Tribal Election Day, once a month and are compensated at the rate of \$75.00 per meeting as prescribed by the Tribal Council.

### QUALIFICATIONS

Candidates shall meet the minimum qualifications:

- Ability to work positively under team concept with community.
- Self-motivated, energetic, responsible, and reliable.
- Understanding of the history, culture, and aspirations of the RSIC community.
- Strong communication skills, orally and in writing.
- Adhere to the Standing Rules for Committees and Advisory Boards of the RSIC.

Preference will be given to:

- Persons with the time and flexibility to attend and participate at Board meetings.
- Persons with the time and flexibility to prepare for and work on Tribal Election Day.

In addition, eligible candidates must be able to complete a pre-employment drug screening and criminal background check.

### APPLICATIONS & QUESTIONS

If you wish to be considered for this vacancy, please submit your letter of interest to:

Tribal Administrators Office  
Attn: Election Board  
By mail or hand delivery: 34 Reservation Road, Reno, NV 89502

If you have any questions regarding this opportunity, please contact:

Tanya Hernandez, Chairperson  
By e-mail: [therandez@rsic.org](mailto:therandez@rsic.org) or by phone: (775)785-8775

sburns@rsic.org'."/>

Eagle Wings' Fundraiser

# AFTER THANKSGIVING CRAFT SALE

## NOVEMBER 29TH & 30TH

Reno-Sparks Indian Colony Reno Gym  
10am-6pm  
34 Reservation Rd. Reno, NV

Over 40 Vendors  
Raffle  
Local Native Crafters & More

U.N.I.T.Y. Native Tacos  
Concessions  
Eagle Wings' Performance

\$40 a day for vendors  
Make payments to Eagle Wings Pageant Dance Group  
Send in Payments to RSIC Finance 34 Reservation Rd. Reno, NV 89502  
Or call (775) 329-2936 for payment over the phone

Scan for Vendor Application

Contact Stacey Burns  
(775)785-1338  
Email vendor application to [sburns@rsic.org](mailto:sburns@rsic.org)

# Legal / Public / Job Announcements

## Recruitment for committee / boards



### RENO - SPARKS INDIAN COLONY PRIVILEGE TAX EXEMPTION FORM POLICY

This policy governs the RSIC Tribal Chairman's ability to sign a privilege tax exemption form. It applies to all members of Nevada of the Nevada Indian Tribes residing on lands of the RSIC, in compliance with Nevada law.

In order to qualify for the exemption, the Nevada Department of Motor Vehicles requires the following:

#### Instructions:

- The application for exemption must be submitted for each registration period.
- Separate applications are required for each vehicle. The application for exemption must be presented at the time of registration or renewal.
- A Tribal Chair of a Nevada Indian Tribe must certify that the application meets the eligibility criteria for Governmental Services Tax Exemption.

#### Eligibility:

- The registered owner of the vehicle must be a member of a recognized Nevada Tribe.
- The vehicle must be located (based) on Nevada Tribal land. The physical address for the vehicle registration must be located on Tribal land within the boundaries of the State of Nevada.

#### Members of the Reno-Sparks Indian Colony

In order to qualify for the exemption, the Reno-Sparks Indian Colony requires the following in addition to the requirements of the Nevada Department of Motor Vehicles.

#### Instructions:

- Tribal member must physically reside on Reno-Sparks Indian Colony or Hungry Valley.
- Tribal member must present a valid state issued identification card or driver's license. The address on the identification card or driver's license must be a RSIC address.
- Tribal member must present a valid Tribal Identification card, or C.I.B (Certificate of Indian blood)
- The name of the Tribal member requesting the tax exemption must appear on the registration or title of the vehicle.
- Tribal member requesting the tax exemption must sign document in the presence of the RSIC front office staff upon pickup.
- Application must be filled out by a RSIC front office employee
- Once approved by Chairman Tax exemption form will be returned within three business days.
- RSIC front office staff with photocopy documents and will be kept on file for future reference.

#### Required Documentation:

- Tribal Enrollment card or C.I.B
- Valid Driver's License or Nevada Issued Identification Card
- Vehicle Registration or Title of vehicle, DMV Bill of sale with official Nevada seal, Dealers Bill Of Sale.
- Title or Security Agreement from a Financial Institution

#### Members Of Other Nevada Indian Tribes Residing on RSIC

In order to qualify for the exemption, the Reno-Sparks Indian Colony requires the following in addition to the requirements for RSIC Tribal members.

- Must Be a Tribal Member of a federally recognized Tribe in the borders of Nevada.
- Must reside on Reno-Sparks Indian Colony or Hungry Valley.
- Must provide all documents required from a RSIC member.
- RSIC front office staff with photocopy documents and will be kept on file for future reference.

The following will not be accepted as a proper form of documentation.

- Insurance Information/card
- DMV renewal reminder cards
- Hand written forms.
- Dealership Receipts
- Documentation under the name of a deceased Person/s



Mpox



### Mpox Vaccination Basics

Updated April 22, 2024

Find mpox vaccines near you with our updated vaccine finder!

#### Get the vaccine if you

- Are a gay, bisexual, or other same-gender loving man who has sex with men or are transgender, gender non-binary, or gender-diverse AND in the last 6 months you have had, or expect to have
  - One or more sexually transmitted infections
  - More than one sexual partner, or anonymous sexual or intimate contact
  - Sex at a commercial sex venue
  - Sex in association with a large public event in a geographic area where mpox transmission is occurring

#### Get the vaccine if you

- Have had sexual or intimate contact with a person who is at risk of mpox as described above
- Have had sexual or intimate contact with someone who may have mpox. Get vaccinated as soon as possible after exposure, regardless of your sexual or gender identity.

#### Get both doses of the vaccine

Unless there is a medical reason you cannot get the vaccine, like a severe allergic reaction (such as anaphylaxis) after a previous dose or a severe allergic reaction to a vaccine component.

Mpox vaccines are effective at protecting you from mpox.



Two doses provide the best protection. Get dose 1, wait 4 weeks, and then get dose 2. If you can't get your second dose on time, you should get it as soon as possible to complete the series. You will have maximum protection two weeks after your



As Christmas Distribution approaches, the Enrollment Office needs a W-9 for any name changes, address changes, any court documents pertaining to child custody, and anyone turning 18 by November 25, 2024.

The Enrollment office will accept emails, and in-person drop off.

Call the office with any questions: 775-785-1306

Thank you, Enrollment Staff



### RSIC EXECUTIVE HEALTH BOARD

**TERM: 2024 – 2028**

**Serves as an RSIC  
Representative Member on  
the RSIC Executive  
Health Board.**

*"it is time to start planning for the future expansion of the RSTHC, including a new wing where we can treat our patients who are on dialysis or with a new Physical Therapy Center.*

*I know it is possible with the Clinic Leadership, Tribal Council, Executive Health Board and RSIC Community support to make it happen"*



## RSTHC spotlight

### JAMES THOMAS

I am an enrolled member of the Reno Sparks Indian Colony, proudly serving as an RSIC Representative to the Executive Health Board since 1996. I was recently selected by the RSIC Tribal Council to serve an additional 4-year term.

Being on the Executive Health Board all these years, I have learned so much about how health care is delivered to American Indians and Alaskan Natives through the Indian Health Service. I have learned the "in's and out's" of the bureaucracy involved to secure funding from the Federal Government. It seems quite easy but in reality, there are so many rules and regulations each Tribe must follow. I have also learned how important it is to be compliant with rules and regulations as to not compromise funding from the Federal Government or State programs as well.

There have been so many improvements over the years at the RSTHC from the small clinic on the Colony to the newer RSTHC, a beautiful large clinic with more providers in medical, dental, optometry and behavioral health. We have worked hard to expand access to care.

It is important for our patients to remember to come on time and keep your scheduled appointments as there are so many others that are on waiting lists or have urgent healthcare needs.

My goal is to see RSTHC continue to succeed and grow, eventually adding more specialty services such as Cardiology, Dialysis and Physical Therapy.

# Legal / Public / Job Announcements

## Recruitment for committee / boards

### EXECUTIVE HEALTH BOARD RECRUITMENT Urban Native Representative

The Reno-Sparks Tribal Health Center is recruiting for one (1) **Urban Native Representative** to fill one existing vacancy on the Executive Health Board.

The Executive Health Board voting membership consists of five (5) Reno-Sparks Indian Colony residents who are members, and two (2) representatives from the Urban Indian population, for a total of seven (7) voting members. The Executive Health Board members meet once a month, usually on the 3<sup>rd</sup> Monday, and are provided a monthly meeting stipend for participation. The members are appointed by the Tribal Council and shall serve a term for a four-year period.

If you are interested in being a member of the Executive Health Board, please submit a written letter of interest to:

RSIC Executive Health Board  
Reno-Sparks Tribal Health Center  
1715 Kuenzli Street, Reno, NV 89502.  
Phone: 329-5162 ext. 1901

All interested participants will be invited to fill out an application and attend a Health Board meeting for introductions.

**This vacancy announcement will be open until filled.**



Posted 8/15/2024

### Tri Basin Cultural Committee Recruiting for 1 Member

Want to learn more about OUR ancestral past and Traditional Cultural Properties? Want to learn about the Great Basin People's history and cultural items, as well as PROJECTS that may affect them?

**Join the RSIC Tri Basin Cultural Committee (TBCC)!**

The TBCC is an advisory board to the RSIC Cultural Resource Program/Tribal Historic Preservation Office (THPO). The RSIC Cultural Resource Program/THPO is active in reporting, commenting, reviewing, assisting, & monitoring Federal, State, Tribal, and local agencies on their potential impacts to Native American Cultural Resources.

Please submit a letter describing your interest in joining the TBCC to the RSIC THPO at 34 Reservation RD. Reno NV

#### **ACCEPTING LETTERS OF INTEREST UNTIL August 16, 2024.**

TBCC members are required to attend 12 paid meetings per year which requires field site visits & your review and comment on projects.

### Reno-Sparks Indian Colony Police, Fire, and Emergency Services Volunteer Cadet Program



We are looking for native youth or young adults who are interested in joining the newly formed Public Safety Cadet Program



The mission of this program is to offer young native minors and adults, ages 14-20, who are interested in a career in public safety, a personal awareness of the criminal justice system, fire science, and emergency services, through practical training, hands-on experience and other related activities.

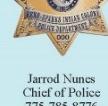
The Cadet program is for those youth who meet the following requirements:

- At least 14 years of age
- Graduated the 8th grade
- A minimum GPA of 2.0, is encouraged
- Under 18 years of age requires parental consent
- Registered member of RSIC and/or a federally recognized native tribe
- Tribal descendants of a registered member of RSIC and/or descendants of another federally recognized native tribe
- Drug and alcohol tests mandatory, as required by RSIC HR for "Volunteers Cadets will be used for traffic control, special event security, and outreach programs.

This gives them hands-on experience and training by members of RSIC Tribal Police, Tribal Fire, and Emergency Management personnel, in the use of equipment, public safety tactics, first aid, event security, and other life skills.

**Meetings/Physical Training**  
Meetings are held: TBA. Meetings and training will be taught by RSIC Police personnel, members of the RSIC Hungry Valley Fire Department, and the Emergency Services Department. Ride-a-longs, Films, guest speakers, lectures, practical exercises, and demonstrations will be used. There will be uniforms provided to qualified Cadets. Cadets will endure inspections, some drilling time, along with some physical training and classroom time. Cadets will be expected to attend 2-4 hours of activity's per month.

For additional information contact information provided on the right. Applications are located at 405 Golden Lane Reno NV 89502 at the RSIC Police Department.



Jared Nunes  
Chief of Police  
775-785-8776  
jnunes@rsic.org



Lance Chantler  
Hungry Valley Fire  
Management  
Coordinator at  
775-785-1339  
L.Chantler@rsic.org



Ceira Sampson  
Emergency Services  
Manager at  
775-785-1354  
Csampson@rsic.org

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# 2024 Shohone Language Reunion

## Fort Hall Idaho

"Empowering Generations- Our Language is strong.  
We are Strong"



### UTO-AZTECAN LANGUAGE

The Uto-Aztecan language family is the oldest and largest language family in the world in terms of the number of speakers and the number of languages. There are 7 branches of the Uto-Aztecan language family. It has over 60 languages that assemble under the 7 branches. The Northern Paiute and Shoshone Languages fall under the numic branch.

The 2024 Shoshonean Language reunion was held in Fort Hall Idaho and hosted by the Shoshone Bannock tribe. One of the main venues was located at the Shoshone Bannock Casino. The other venues were the Sho-Ban Jr. Sr. High School and Sho-Ban pow wow grounds.

The 2024 Shoshone Language Reunion boasted 1,045 attendees. This is the 24th year the Shoshone Bannock tribe hosted the language reunion. Elders, children and language warriors participated in various cultural presentations along with hands on cultural crafting. Some of the cultural crafting classes were Doll making, tule basket making, moccasin making, Shell earring making, Ways of life for women & men, Plains sign language, beaded ornaments, and comanche language lessons. All of the crafting classes were instructed by master crafters. All instructors were eager to share their skills and secrets of the trade. The classes were inspiring to many.

The general sessions were filled with notable speakers in Cultural and Tribal Sovereignty, MMIW, NAC, the Importance of Language

preservation, Mining impacts, & Shoshone language lessons. The keynote speaker was tribal attorney Jeanette Woltley.

The Language reunion was held the same week as the 59th annual Shoshone Bannock festival. Many cultural events were held in concurrent with the language reunion. The infamous Indian Relay Race qualifiers started off the weekend. The Indian Relay Races are considered to be the oldest extreme sport in America. Many racers travel from various tribal communities to compete in the Ladies division, Chief division, pony division for children and various other divisions.

The Sho-ban Pow wow is another well attended cultural event that the Sho-Ban tribe hosts. Many champion dancers travel from afar to compete in various dance categories. Vendors lined the arbor with various buckskin goods and world renowned beadwork.

The RSIC Language & Culture Program would like to thank and acknowledge the Shoshone Bannock tribe for an amazing event and look forward to the next Shoshone reunion in Oklahoma.



### COMANCHE NATION PRESENTATION

Many tribes were represented at the 2024 Shoshonean Language Reunion. Some tribes hosted cultural presentations along with giveaways. The Comanche Nation presented the Women's Scalp Dance along with a giveaway.



Frybread making competition. Moccasin making



Shell earring making



Tule basket making



Doll making



# DUI LEVEL II, II-X, & III

WEEKLY

Mondays 3:00-4:00 PM



- ✓ MAKE POSITIVE CHANGES TO YOUR HIGH-RISK DRIVING BEHAVIORS
- ✓ LEARN HOW ALCOHOL & OTHER DRUGS AFFECT DRIVING ABILITY
- ✓ EXAMINE YOUR SUBSTANCE ABUSE PATTERNS
- ✓ EXPLORE THE LINK BETWEEN THOUGHTS, FEELINGS & BEHAVIOR
- ✓ DEVELOP A PLAN FOR CHANGING YOUR IMPAIRED DRIVING BEHAVIOR

For more information

(775) 334-0989

or

(775) 329-5162 EXT 7785

"The Reno-Sparks Indian Colony is a federally recognized Indian Tribe & is therefore subject to sovereign immunity. Individuals entering the Tribe's jurisdiction are agreeing to their civil & criminal jurisdiction (if applicable)."

## DOMESTIC

## VIOLENCE

Intervention Group



"The Reno-Sparks Indian Colony is a federally recognized Indian Tribe & is therefore subject to sovereign immunity. Individuals who enter the Tribe's jurisdiction are agreeing to their civil & criminal jurisdiction (if applicable)."

FOR MORE INFORMATION ON THE GROUP OR TO GET SIGNED-UP, PLEASE CALL:

**(775) 334-0989**

OR

**(775) 329-5162 ext. 7785**

Behavioral Health  
1715 Kuenzli Street  
Reno, NV 89502



"Harnessing the power  
of change"



## ANGER MANAGEMENT

TUESDAYS AT 4:00PM

For more information,  
please call the Behavioral  
Health Department

**775-334-0989**

OR

**775-329-5162 extension 7785**

"The Reno-Sparks Indian Colony is a federally recognized Indian Tribe & is therefore subject to sovereign immunity. Individuals entering the Tribe's jurisdiction are agreeing to their civil & criminal jurisdiction (if applicable)."

## THE BENEFITS

### Knowing Your Triggers

Learn to identify what  
sets you off or  
worsens your anger

### Communication Skills

Learn how to express  
feelings and needs  
assertively  
(not aggressively)

### Respond Instead of React

Calm yourself down

## PATH TO A BETTER YOU



### Substance Abuse Outpatient Group Level I

- Psychoeducation to identify factors that compel problematic use and/or continued use.
- Skill development to learn how to enhance the skills necessary to break free of addictions.

When: Wednesdays

Time: 10am-11:30am

## PROGRESSION NOT PERFECTION

"The Reno-Sparks Indian Colony is a federally recognized Indian Tribe & is therefore subject to sovereign immunity. Individuals who enter the Tribe's jurisdiction are agreeing to their civil & criminal jurisdiction (if applicable)."

If you would like more information or  
have questions please call (775)  
**329-5162 ext. 2014**



**WEDNESDAYS**  
**RENO EDUCATION**  
**BUILDING**  
**6PM-8PM**

Please a food dish to share.

Reno-Sparks Indian Colony  
Language and Culture Program



## LEW WAŠIW GE'E

WE ARE WAŠIW



Rose Lundy,  
Wašiw Language Instructor



## RSIC Neue Daigwa

SHOSHONE LANGUAGE CLASS  
RESUMES FALL 2024

Instructor: Darlene Graham Fallon NV

## Numu Yoodooa

In-Person Language Classes  
Reno Education Building  
Starting August 12<sup>th</sup>  
6pm-8pm

Please bring a food dish to share.



Instructor: Thalia Dick  
Summit Lake Paiute

### Reno Sparks Indian Colony Language & Culture Program

**Hungry Valley Office:** (775) 785-1338

Located at the RSIC Reno Education Building

**Reno Office:** (775) 785-1321

Located at the RSIC Hungry Valley Education Building

Stacey Burns – Language Coordinator  
sburns@rsic.org  
Jennie Burns- Language Specialist  
jburns@rsic.org  
Alisha Numan- Program Assistant  
anuman@rsic.org



## Shoe Vouchers are available! LOVE YOUR FEET

1. Schedule an appointment with your provider.
2. Request a Diabetes and foot exam
3. Get your labs

Call (775) 329-5162 to schedule your appointment.

Please contact Christian Lee  
Diabetes Program Manager, for further  
questions.  
(775) 329-5162 Ext. 1943

Made with PosterMyWall.com

## RED ROAD RETURNS

**FRIDAYS 4:00 PM**

\* The Reno-Sparks Indian Colony is a Federally recognized Indian Tribe and therefore subject to sovereign immunity. Individuals entering the Tribe's jurisdiction are agreeing to their civil and criminal jurisdiction (if applicable).\*



Service  
Spiritual  
Awareness  
Perseverance  
Justive  
Forgiveness  
Humility  
Willingness  
Integrity  
Courage  
Faith  
Hope  
Honesty



During these meetings you will have the opportunity to listen to others and share your experience, strength, and hope.

These meetings will focus on creating new thought patterns, new attitudes, and new feelings about yourself and not on "fixing" other people

**START DATE:** October 20th

**LOCATION:** Behavioral Health Conference Room

For more information call:  
(775) 329-5162 ext. 2014

### THREE NATIONS WELLNESS CENTER

## WORKOUT CLASS SCHEDULE

### MONDAY

12:15-12:45 PM - F.I.T. (FUN INTERVAL TRAINING) WITH WALI

### TUESDAY

12:15-12:45 PM - POWER HALF HOUR WITH MICHELLE

### WEDNESDAY

12:15-12:45 PM - STEP WITH WALI

### THURSDAY

12:15-12:45 PM - BEND & EXTEND STRETCHING WITH TIFFANY

### FRIDAY

12:15-12:45 - SPIN WITH MICHELLE

→ **NEW GYM HOURS** ←



MONDAY 8:00-7:00PM

TUESDAY 8:00AM-7:00PM

WEDNESDAY 8:00AM-1:00PM

THURSDAY 8:00AM-7:00PM

FRIDAY 8:00AM-5:00PM

STARTING 1/2/2024

CLASSES ARE FIRST COME FIRST SERVE

FOR ANY QUESTIONS CALL 3NWC AT 775-329-5162



# Commodity Food Distribution

## 2024 SCHEDULE



**Tuesday August 27, 2024  
8am-11:45am**

Reno Sparks Indian Colony

### 2024 DATES

1/23 2/27 3/20 4/23 5/28 6/18  
7/23 8/27 9/24 10/29 11/25 12/31



**Administration Bldg.  
34 Reservation Rd.  
Reno, Nv.**

NEW CLIENTS - PLEASE COMPLETELY FILL OUT THE COMMODITY APPLICATION. BE PREPARED TO PROVIDE COPIES OF INCOME, SOCIAL SECURITY NUMBERS AND PROOF OF ADDRESS FOR THE WHOLE HOUSEHOLD. THIS WILL SPEED UP YOUR PROCESS TIME.  
PLEASE SEND AN AUTHORIZED REPRESENTATIVE WITH A NOTE IF YOU CANNOT MAKE THE DISTRIBUTION SITE.  
IF NOT WE WILL NOT GIVE YOUR ALLOTMENT OF COMMODITIES TO ANYONE.

For more info PLEASE call  
Yerington Paiute Tribe  
Commodity Program  
775 783-0260 EXT. 2 or CELL  
775 781-4856  
FAX 775 463 - 7856 or  
yptcommod@gmail.com

SCHEDULE IS SUBJECT TO CHANGE!  
STAFF WILL NOTIFY YOUR TRIBE IF THERE ARE ANY CHANGES

**VISIT THE  
FOOD BANK OF NORTHERN  
NEVADA'S MOBILE HARVEST  
IN HUNGRY VALLEY**

**8/20/2024  
2:30 - 3:30PM**

**NOTE THE NEW  
DATE!  
MH IS NOW ON THE  
3RD TUESDAY OF  
THE MONTH  
FROM 2:30-3:30 PM**

**WHERE:  
HV GYM PARKING LOT  
LIMIT ONE DISTRIBUTION PER WEEK**

**DRIVE  
THROUGH  
UNTIL  
FURTHER  
NOTICE**

**PLEASE NOTE:**  
- EACH FAMILY (NOT PERSON)  
RECEIVES ONE DISTRIBUTION  
- CLIENTS MAY PICK UP FOR UP TO  
FAMILIES NOT PRESENT  
- VOLUNTEERS DISTRIBUTE BASED  
ON WHAT FBNN STAFF WRITES ON  
WINDSHIELDS





OPEN TO RSIC  
TEENS / FAMILIES  
RSIC EMPLOYEES  
SUPPLIES ARE  
LIMITED  
MUST FILL OUT NNFB  
REQUIRED FORMS

# TEEN FOOD PANTRY

OPEN FOR WALK-INS

TUESDAYS 9:30AM-3:30PM  
THURSDAY 2:30-4:30  
HV TRANSITIONAL LIVING CENTER  
105 LOOP ROAD SPARKS, NV 89441

LIMITED DELIVERIES ARE AVAILABLE  
FOR MORE INFORMATION CALL ROBIN M. EAGLE  
@ (775) 329-2936 EXT. 3218

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UPCOMING EVENTS FOR  
**SEPTEMBER**

- SEPT 06** • **UNITY Monthly Meeting**  
6:00pm - 8:00pm  
HV Transitional Living Center  
Transportation and dinner provided
- SEPT 09** • **Bra's for a Cause Event w/RSTHC**  
Two sessions 12pm and 5:30 pm  
34 Multipurpose Room Lunch and Dinner provided  
sign-ups required
- SEPT 27** • **Native American Celebration**  
RSIC Offices closed  
Language and Culture department activities
- SEPT 27** • **UNITY Movie Night**  
"REZ BALL" official release  
sign-ups required

For more information contact Robin M. Eagle at (775)329-2936 or email @ [reagle@rsic.org](mailto:reagle@rsic.org)



# Monthly Meeting

Hungry Valley Transitional Living Center  
105 Loop Road

"Imagine with all  
your mind.  
Believe with all  
your heart.  
Achieve with all  
your might!"

September 6, 2024  
6:00PM-8:00PM  
TRIBAL YOUTH  
12-24  
GAIN SELF-WORTH AND  
INNER STRENGTH  
CONTRIBUTE TO MAKING A  
DIFFERENCE IN YOUR  
COMMUNITY  
BUILD LASTING  
FRIENDSHIPS  
LET YOUR VOICES BE HEARD  
BUILD LEADERSHIP SKILLS  
Dinner and transportation will be provided.  
For more info or to sign-up for transportation please contact  
Robin M. Eagle at [reagle@rsic.org](mailto:reagle@rsic.org) or Call (775) 329-2936 ext. 3218

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# RSIC ACHIEVES HISTORIC MILESTONES IN COLLABORATION WITH THE NEVADA JOINT INTERIM COMMITTEE ON HEALTH AND HUMAN SERVICES

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Chairman Daryl Gardipe and Angie Wilson, Reno Sparks Tribal Health Center Director, met with the Nevada Joint Interim Committee on Health and Human Services for the final work session on the Committee Sponsored Bill Draft Requests (BDR) for the upcoming legislative session. The Joint Interim Committee is comprised of Senators and Assemblymen from both political parties, responsible for considering numerous health proposals across every factor of the State.

In February 2024, Angie Wilson, RSTHC Director had been requested by the Joint Interim Committee, to present on Tribal Healthcare. This request was unique as this was the first time in Nevada history that lawmakers in the state requested information on how health care is delivered for American Indians and Alaskan Natives (AI/AN) within the state of Nevada.

Director Wilson presented on the Nevada tribal healthcare delivery systems, including Federal Indian Law and Policies and their impact on health disparities and outcomes for AI/ANs. In addition, the presentation identified funding disparities and opportunities for Nevada lawmakers to understand the Federal Trust Responsibility and the States impact to this process. The presentation was

well received, educational and many Committee members began to discuss the need to support potential Bill Draft Requests (BDR) that could begin to lay the groundwork to support the Nevada Tribes and AI/ANs living within our State.

In May 2024, Chairman Gardipe and Angie Wilson, RSTHC Director were invited to return to meet with the Joint Interim Committee, to specifically discuss challenges tribal children have in accessing behavioral health services. Again, our presentation, recommendations and discussion with the Joint Interim Committee were well received. The Joint Interim Committee reiterated their interest in supporting efforts to decrease barriers for tribal health programs. Positive comments were publicly stated by Senators and Assemblymen in support of the recommendations we made to improve the outcomes for our tribal healthcare delivery systems.

Joint Interim Committee Chairman, Senator Donate, requested a meeting with Chairman Gardipe and Director Wilson to discuss a potential BDR of the Committee. Senator Donate informed RSIC, the Joint Committee will be proposing a BDR to support several key recommendations and creating a pathway for further support long-

term through the development of a Tribal Health Care BDR. As such, Director Wilson was given the opportunity to draft the contents of the BDR in preparation of the formal Work Session of the Joint Interim Committee.

The formal Work Session of the Joint Interim Committee was held Monday, August 15, 2024. Chairman Gardipe and Director Wilson were invited to attend as this session would be held for the Committee to formally vote on the 15 BDR requests for the upcoming Legislative session.

During the review of the Tribal Health BDR proposal, Senator Fabien Donate, Chairman of the Joint Interim Committee, announced the Tribal Health Care BDR is not only long overdue, but noted this effort as a historic moment for the State and Nevada Tribes. Several Senators voiced their support of the Tribal Health Care BDR effort and special appreciation to the Reno Sparks Indian Colony for our advocacy and assistance in drafting the overall BDR.

The Joint Interim Committee unanimously passed the **Tribal Health Care and Public Health Improvement Fund** BDRs as part of the 15 bills formally sponsored by the Joint Interim Committee in the upcoming legislative session.

Director Wilson has strongly advocated the critical need for the state to consider opportunities for tribal set-aside funding, creating opportunities for tribal governments and tribal health care systems to have access to funding without having to compete with non-governmental entities.

As a result of this advocacy, the Joint Interim Committee passed the **Public Health Improvement Fund** BDR with tribal inclusion and a carve-out for a tribal allocation percentage. This is a significant milestone achieved for Nevada Tribal Health Care.

The upcoming legislative session will be an important time for all Nevada Tribes and Tribal Health programs as the BDRs are considered by our lawmakers. The Reno Sparks Indian Colony has championed the advocacy effort, and dedicated time and hard work in achieving this historic milestone. It is a time to celebrate the achievements and prepare for our continued effort to support the health and wellness of American Indians and Alaskan Natives throughout out State.

We have included the Work Session Document of the Joint Interim Committee detailing the two BDRs for your information.

*Article submitted by RSTHC Director, Angie Wilson and Chairman Daryl D. Gardipe.*

## New Refill Services

### Leave Message/Phone Refill

- New refill line - call (775) 334-0413 or call (775) 329-5162 and use extension 1699
  - Option #1 = enter your prescription number
    - DO NOT ENTER THE R OR N at the end of the number
  - Option #3 = leave a message for the pharmacy Staff

### Pharmacy Staff

- To talk to someone inside the Pharmacy Call (775) 329-5162 and use extensions 2032, 1994, 1993, or 2004.

### Phone App Refills

- Download the RefillPro App by scanning one of the below QRs.



- Once Downloaded put (775) 329-5162 for the Pharmacy phone number
- Order Refills tab

- Option #1 = enter your prescription number
  - DO NOT ENTER THE R OR N at the end of the number
- Option #2 = Scan the Barcode on your prescription bottle.

### New Text Alerts

- Receive texts when
  - Medications are ready to pick up
  - Medications are due to refill
  - SIGN UP by Talking to a Pharmacy Staff Member

## New Prescription Labels

Reno-Sparks Tribal Health Center  
1715 Kuenzli St.  
Reno, NV 89502-1117  
Rx # 6242166n  
DOB: 02/26/1982  
DEMO, PATIENT  
11/08/2023  
245

USE 1 SPRAY EVERY DAY

DO NOT SUBSTITUTE

Deep Sea Sodium CL 0.65 % Nas  
Spray Major

TEST T

Fill Rem: 1 @ 30 until 11/07/2024

Discard after 11/08/2024

Qty: 30 ML

For your safety, we do not advise about side effects. You may report side effects to FDA at 1-800-FDA-1088.



- **Red Box** = Prescription number. The Letter at the end is not part of the prescription number, it just indicates if the prescription is new or a refill. N = new script/renewed script and R = refilled script.
- **Green Box** = The Number of Refills left for this medication.
- **Black Box** = Refills on this medication are good until this Date.
- **Blue Box** = Barcode used to scan in RefillPro app to order refills on the app

# RENO EDUCATION TUTORING ASSISTANCE

RENO EDUCATION BLDG. D \*\* MORE INFO 775-329-6114



STARTING TUESDAY AUGUST 27, 2024

EVERY TUESDAYS/THURSDAYS

#### Elementary School

Arrival: 4:00pm  
Departure: 4:45pm

#### Middle School

Arrival: 3:00pm  
Departure: 4:00pm

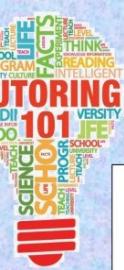
#### High School

Arrival: 2:45pm  
Departure: 3:45pm

TUTORING ROOM \* COMPUTER ROOM



- ✓ Homework Help
- ✓ Reading Groups
- ✓ Individual Help
- ✓ Computer Room/Printer
- ✓ Laptops
- ✓ Snacks Provided



- ✓ Attendance Incentives
- ✓ Language/Culture Visits
- ✓ RSIC Presenters
- ✓ Transportation (Reno Colony Only)
- ✓ Lots of FUN

All times are allotted for each grade to assure academic needs are being met. If the student needs more time, RSIC Education Department will stay on site until student(s) is finished.



## LIBRARY RE-OPENS

Hungry Valley Rec. Center

OPEN EVERY  
MONDAY - THURSDAY 11AM-8PM  
FRIDAY 9AM-6PM

Contact Natalie Smith (775)334-09804 ext 7918

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## AFTER SCHOOL TUTORING

for all k-12 students

HOMEWORK AND READING SUPPORT

SNACKS AND TRANSPORTATION PROVIDED

STARTING 08/19  
MONDAY TO THURSDAY  
3PM -5PM.

@ HUNGRY VALLEY EDUCATION

CONTACT LSMITH@RSIC.ORG  
OR LMILLER@RSIC.ORG

Lets follow the rules on the bus & get to school safely

- Walk to the bus stop with a parent or in groups of two or more students.
- Never run to or from the bus.
- **Be at the bus stop 5 minutes before the bus is scheduled to arrive.**
- Wait at your designated stop in a safe place, back from the side of the road.
- Stay out of the street and away from traffic.
- Respect property in the neighborhood.
- Be kind and courteous to others.
- Form one line as the bus approaches.
- Hold the handrail as you get on the bus.
- Do not push or shove.
- If you have assigned seats, go directly to your seat.
- If you don't have assigned seats, find a seat as quickly as possible.



**FIGHT THE FLU!**  
GET A FLU VACCINE

WITH CONVENIENT DRIVE-THRU VACCINATIONS

Reno-Sparks Tribal Health Center

**FLU POD DRIVE-THRU VACCINATION**

SERVICE AVAILABLE IN SOUTH PARKING LOT ACROSS FROM CLINIC

**OCTOBER 9TH 2024 10AM-6 PM**

GET VACCINATED FOR YOUR OWN PROTECTION  
Available for all RSTHC patients

For more information call medical 775-329-5162

The Reno-Sparks Indian Colony is a federally recognized Indian Tribe and therefore subject to sovereign immunity. Individuals entering the Tribe's jurisdiction are agreeing to their civil and criminal jurisdiction (if applicable)

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### 477 Extended Hours of Operation

Our 477 Program will be available to assist the community beyond our normal business hours.

#### Our new hours are:

**Monday 8AM-5PM**

**Tuesday 8AM-7PM**

**Wednesday 8AM-7PM**

**Thursday 8AM-7PM**

**Friday 8AM-5PM**

**477 Case Manager Kay Young and  
Education Manager Reena Singh will be  
available to assist walk in clients.**

**Please call (775)329-6114 Ext. 5101 for additional information.**



**USING YOUR SELF-TEST | COVID-19 |**

**1** Follow instructions very carefully.

**2** Use the QR code below for more information about self-testing and how-to videos.

**3** If your results are positive  
Isolate yourself from others. As much as possible, stay in a specific room and away from other people and pets in your home.  
Tell your close contacts that they may have been exposed to COVID-19.

**4** If you are at an increased risk of becoming severely ill, treatment may be available. Contact your health care provider right away if your test result is positive.

Name of provider: Reno-Sparks Tribal Health Clinic  
Phone number of provider: 775-329-5162

[www.cdc.gov/covidtesting](http://www.cdc.gov/covidtesting)

Accessible version: <https://www.cdc.gov/covidtesting/2019-ncov/covid-self-isolation.html>

**Isolate and take precautions if you have or suspect you have COVID-19**

**ISOLATION**

- Stay home and away from others  
Wear a high-quality mask if you must be around others
- Start counting days  
Day 0 is the day your symptoms started  
If you never had symptoms, day 0 is the day you took a COVID-19 test
- Watch for emergency warning signs, like trouble breathing  
Seek help if they develop

**ENDING ISOLATION**

- Isolate to day 6 or later, if you
  - never had symptoms or symptoms are improving, and
  - are fever-free for 24 hours without the use of fever-reducing medication
- Continue to isolate if your fever persists or other symptoms have not improved
- Isolate through day 10, if you experienced moderate illness, like shortness of breath or difficulty breathing
- Isolate through day 10 and talk with a healthcare provider before you end isolation, if you
  - were hospitalized, or
  - have a weakened immune system

**AFTER ISOLATION**

- Until at least day 11, avoid being around people who are more likely to get very sick  
Wear a high-quality mask when around others indoors
- Removing your mask  
After ending isolation, wear your mask through day 10  
OR  
Take 2 antigen tests, 48 hours apart  
If both tests are negative, you may remove your mask sooner than day 10

**COVID-19 Antigen Self-Test**

[cdc.gov/coronavirus](http://cdc.gov/coronavirus)



RSIC LANGUAGE & CULTURE PROGRAM PRESENTS:

# RSIC NATIVE DAY



Pan Bread Contest, Stew Feed, Native Pride March  
Ribbon Skirt & Shirt Contest, war hoop contest, free shirts, entertainment and  
more

**FRIDAY**

**SEPTEMBER 27, 2024**  
**RENO RSIC GYM**

**SAVE THE  
DATE**



*Registration starts @ 4pm*

CONTACT

[SBURNS@RSIC.ORG](mailto:SBURNS@RSIC.ORG)/[JBURNS@RSIC.ORG](mailto:JBURNS@RSIC.ORG)/[ANUMAN@RSIC.ORG](mailto:ANUMAN@RSIC.ORG)

RENO OFFICE (775)785-1321 OR HV OFFICE (775)785-1338