

2024 NIHB Phoenix Area Warrior Award

Reno Sparks Indian Colony Tribal Health Center



Daryl Gardipe, RSIC Chairman, Darlene Gardipe, Executive Health Board Vice-Chair, Suzanne Thomas, Executive Health Board Chairperson, Dee Dee Ramirez, Executive Health Board Urban Representative and Angie Wilson, Reno Sparks Tribal Health Center Director, accepting the NIHB Phoenix Area Health Warrior Award

The National Indian Health Board (NIHB) held the 2024 Annual Tribal Health Conference and Hero’s in Health Gala in Rapid City, South Dakota. The NIHB Hero’s in Health Annual Award Gala is a highlight of the week and held to honor outstanding service, healthcare achievements and leadership in the field.

The NIHB presents only 24 Health Warrior Awards from hundreds of Indian Health, Tribal Health and Urban Indian Programs throughout Indian Country.

The NIHB is proud to announce the Reno Sparks Indian Colony Tribal Health Center as the recipient of the 2024 NIHB Phoenix Area Health Warrior Award. The NIHB, comprised

of tribal leaders from across the Nation, recognized RSTHC as the sole awardee of the Phoenix Area. The RSTHC is recognized for the positive achievements in expanding access to care, outstanding efforts to support American Indian Medicaid beneficiaries during the Medicaid unwinding period, and ex-

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RSIC TRIBAL COUNCIL MEETINGS



TRIBAL
COUNCIL
MEETINGS

General Council Meetings

**Wednesdays
6 PM**

Economic Development Colony Enterprise Meetings

**Wednesdays
6 PM**

RSIC Tribal Council: Top Row L to R
Vice Chairman Anthony Abbie, Jerrold Wyatt,
Chairman Daryl Gardipe, Toby Stump
Bottom Row: Judy Miller, Tribal Secretary
Marlene Yarrow, Veronica Imus, Treasurer
Robin M. Eagle, Elizabeth Dunn

January 17, 2024
Tues., February 20, 2024
March 13, 2024
April 10, 2024
May 15, 2024
June 12, 2024
July 17, 2024
August 14, 2024
September 11, 2024
October 16, 2024
November 18, 2024
December 11, 2024

**July 2024 -
In-Person Meeting
Location**

**Reno Multipurpose Room
34 Reservation Road
Reno, NV 89502**

Meeting also available virtually



**Public Comment Opportunity
at General Council Meetings only. If
you have immediate concerns or
would like to submit your public
comment prior to any General
Council Meeting date, send email to
comments@rsic.org.**

January 31, 2024
February 28, 2024
March 27, 2024
April 24, 2024
May 29, 2024
June 26, 2024
July 31, 2024
August 28, 2024
September 25, 2024
October 30, 2024
November 26, 2024

JOIN US IN-PERSON OR BY ZOOM

**For meeting info, contact Public Relations Office at
775-842-2902 or bsam@rsic.org**



Deadlines, Mailing List

The Camp News Profile

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony (RSIC) community. The newsletter is produced monthly out of the RSIC Public Relations Office, and duplicated and distributed by the RSIC Administration Front Office.

SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

CONTACT OUR STAFF

E-mail your submissions to newsletter@rsic.org, bsam@rsic.org or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post Office, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: www.rsic.org and PDFs of our publication are available.

If you have questions, call us at 329-2936.

JUNE 2024 IMPORTANT DATES

RSTHC Weekly Events

- 2-31 ARTOWN Steve Nighthawk Exhibit Sierra Arts Gallery-Annex
17 S. Virginia St., Ste. 120
- 3 ARTOWN Native American Celebration with Pamyua Wingfield Park 7:30PM—9PM
- 10 Family Reading Night 34 Multipurpose Room 6-7PM
- 11 Movie Night w/Human Services-6PM Anderson Park Movie-Brother Bear
- 11 Artist Reception: The Art of Steve Nighthawk 6-8pm
- 16 FBNN Mobile Food Harvest 2:30-3:30PM HV Gym Parking Lot
- 17 **General Tribal Council Meeting Reno 34 Multipurpose Room 6PM**
- 23 Commodity Food Distribution 34 Admin. Bldg. 8AM-11:45AM
- 31 **Economic Development Tribal Council Meeting Reno 34 Multipurpose Room 6PM**

- MONDAY'S @ 3pm- DUI LEVEL II, LL-X, & III

- TUESDAYS @ 4pm- ANGER MANAGEMENT

- WEDNESDAYS @ 10am- SUBSTANCE ABUSE OUTPATIENT GROUP LEVEL

- WEDNESDAYS @ 6PM—WASHOE LANGUAGE CLASSES AT RENO
TUTOR ROOM

- THURSDAY'S @ 4pm—DOMESTIC VIOLENCE INTERVENTION GROUP - FRIDAYS @
4pm—RED ROAD TO WELLBRIETY

Please Note:

-**RSIC Head Start Now Accepting Applications for the 2024-2025 School Year Pick-up
an application at main office 34 Reservation Rd. Bldg. E 7Am-4PM**

SUMMER FOOD SERVICE PROGRAM

Breakfast 8:30 am—9:30 am Lunch 12 PM—1 PM M—F

CLOSED FOR HOLIDAYS

Reno Colony 34 Multipurpose Room

Hungry Valley Education Bldg.

- **COVID-19 Stockpile & Assistance: To request PPE or would like to know more info
about COVID-19 Assistance, call Human Services at 775 560-0941**

- **UNITY Teen Food Pantry @ TLC Open to RSIC Teens/Families RSIC Employees.
Supplies are limited Must Fill out NNFB Required Forms.
Tuesdays 9AM-3PM & Thursdays 3PM-5PM**

-- **SAVE THE DATE: NUMAGA INDIAN DAYS, Aug 30th-Sept 1st**

Find the most up-to-date info on RSIC's Facebook.

If you'd like to receive RAVE Alert text messages,
call/text 775-842-2902 or bsam@rsic.org or bharjo@rsic.org

FOLLOW US AT:



www.rsic.org

Office of the Chairman

Daryl D. Gardipe

First of All, CONGRATULATIONS TO ALL OF OUR GRADUATES!

We are extremely proud of each and every single one of you. Your hard work and dedication helped you achieve a milestone. This year, RSIC had 30 high school graduates; the most in RSIC's history; and 4 college graduates: Adam Frank, Western Nevada College, Glenly Tobey Wasson—University of Nevada Reno; and Leilani O'Daye—Northwest Indian College; Dr. Marissa Pinto, UC Davis. To accomplish great things, we must not only act, but also dream. Not only plan, but also believe. I wish you all the best for the future that lies ahead. Congratulations!

Another Congratulations, to the Reno-Sparks Tribal Health Center (RSTHC) on receiving the "Health Warriors Award" from the National Indian Health Board. And to our RSTHC Director, Angie Wilson for receiving the "Advocate of the Year Award" from the National Indian Health Board. Thank you staff for putting us on the map with a national recognition on behalf of all your hard work. It takes a team to be successful and everyone's effort together makes dreams come true.

Now to my update for the month of June. Reno-Sparks Indian Colony is continuing to move along throughout the summer with graduations, presidential election, Numaga Powwow and Handgames, community cleanups, community trainings, etc. . Here are a few of the projects the Tribal Council and I have been working on for the month of June.

As priority we want to continue to be as transparent as possible. Community input is imperative to the tribe's success. We will be focusing on increasing updates to the community by providing more information and project updates in our Colony Newsletter, RSIC Courier Service on Colony lands, Colony Facebook, website and

other social media options. I'm always proud of RSIC and all the work our tribe is doing.

Here are a few updates:

Register to Vote for General Elections- This is an important election race for Reno-Sparks Indian Colony and tribes across the state. The only way to ensure our voices are being heard at the government levels is to Vote. Make sure to register to vote! You can register to Vote online at www.RegisterToVote.NV.gov or call Secretary of State's Office at 775-684-5705.

RSIC will be working with our federal and state lobbyist to support political leaders who support Reno-Sparks Indian Colony, Nevada Tribes and Tribes in general.

RSIC is also helping Washoe Country recruit tribal members to be poll workers for RSIC's designated polling sites for General Elections. If interested, please contact Bethany Sam, Public Relations Officer at bsam@rsic.org or 775-842-2902.

RSIC is in the midst of planning Native Vote events to include voter registration. We will keep you updated on all Native Vote events and opportunities.

Bringing VA Benefits Home Event-

On June 5th, Reno-Sparks Tribal Health Center hosted the 1st ever, VA Tribal Health Fair and PACT Act Clinic. Representatives from the Veterans Health Administration and Veterans Benefits Administration were onsite to assist Native Veterans with their disability compensation claims, as well as help with VA Healthcare related questions and services. We also had an opening ceremony where we honored our eldest veteran, Aunt Bea Thayer aka Queen Bea.

At the event, there were over 70 Native Veterans visits and claims applications submitted. Along with 9 co-pay reimbursement claims filed during

the event. We are thankful to the VA for partnering with us to provide much needed services for our Native Veterans.

Community Cleanup- It was a great success thanks to the members, residents and staff. Thank you Public Works for the BBQ and the Planning Dept. who coordinated and assigned groups to clean elder homes.

Head Start Transition Ceremonies- Congratulations to all our Head Start kids who will be transferring to Kindergarten. Just seeing their happy, smiling faces showed me about their experience at school. Our Children have learned so much. Our Head Start placed a great value on community, learning and fun. We also recognize the outstanding work of the staff and parents. Looking ahead, our children are very well equipped to take on the next part of their educational lives. They have learned many priceless lessons.

RSIC & 360 Strategies Reps traveled to Las Vegas to meet with Politicians— On June 17th, myself, Anthony Abbie and Elizabeth Dunn made a trip to Las Vegas to meet with 21 of our Southern NV Dignitaries to include Governor Lombardo, Attorney General Aaron Ford, Rep. Dina Titus, just to list a few. Our lobbyists, 360 Strategies helped arrange these meetings. We had the opportunity to have a quick conversation about our hopes and concerns and drop off our contributions. We are thankful these dignitaries made time for RSIC.

Healthcare Testimony to Nevada Lawmakers

Angie Wilson, RSTHC Director and I were invited to the HHS Joint Interim Committee on Behavioral Health challenges for Tribal Children. The testimony detailed current challenges, historical impacts and recommendations for Tribal Behavioral Health Aides and cultural based practices.

Isolate and take precautions if you have or suspect you have COVID-19

ISOLATION



Stay home and away from others
Wear a high-quality mask if you must be around others

Start counting days

Day 0 is the day your symptoms started

If you never had symptoms, day 0 is the day you took a COVID-19 test



911

Watch for emergency warning signs, like trouble breathing
Seek help if they develop

AFTER ISOLATION

Until at least day 11, avoid being around people who are more likely to get very sick
Wear a high-quality mask when around others indoors



Removing your mask

After ending isolation, wear your mask through day 10
OR

Take 2 antigen tests, 48 hours apart

If both tests are negative, you may remove your mask sooner than day 10



ENDING ISOLATION

Isolate to day 6 or later, if you

- never had symptoms or symptoms are improving, and



- are fever-free for 24 hours without the use of fever-reducing medication

Continue to isolate if your fever persists or other symptoms have not improved

Isolate through day 10, if you experienced moderate illness, like shortness of breath or difficulty breathing

Isolate through day 10 and talk with a healthcare provider before you end isolation, if you



- were hospitalized, or
- have a weakened immune system

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[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

USING YOUR SELF-TEST | COVID-19 |

1

Follow instructions very carefully.



2

Use the QR code below for more information about self-testing and how-to videos.



3

If your results are positive

Isolate yourself from others. As much as possible, stay in a specific room and away from other people and pets in your home.

Tell your close contacts that they may have been exposed to COVID-19.



4



If you are at an Increased risk of becoming severely ill, treatment may be available. Contact your health care provider right away if your test result is positive.

Name of provider

Reno-Sparks Tribal Health Clinic

Phone number of provider

775-329-5162



www.cdc.gov/covidtesting

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New Refill Services

Leave Message/Phone Refill

- New refill line - call (775) 334-0413 or call (775) 329-5162 and use extension 1699
 - Option #1 = enter your prescription number
 - DO NOT ENTER THE R OR N at the end of the number
 - Option #3 = leave a message for the pharmacy Staff

Pharmacy Staff

- To talk to someone inside the Pharmacy Call (775) 329-5162 and use extensions 2032, 1994, 1993, or 2004.

Phone App Refills

- Download the RefillPro App by scanning one of the below QRs.



- Once Downloaded put (775) 329-5162 for the Pharmacy phone number
- Order Refills tab
 - Option #1 = enter your prescription number
 - DO NOT ENTER THE R OR N at the end of the number
 - Option #2 = Scan the Barcode on your prescription bottle.

New Text Alerts

- Receive texts when
 - Medications are ready to pick up
 - Medications are due to refill
 - SIGN UP by Talking to a Pharmacy Staff Member

New Prescription Labels



- **Red Box** = Prescription number. The Letter at the end is not part of the prescription number, it just indicates if the prescription is new or a refill. N = new script/renewed script and R = refilled script.
- **Green Box** = The Number of Refills left for this medication.
- **Black Box** = Refills on this medication are good until this Date.
- **Blue Box** = Barcode used to scan in RefillPro app to order refills on the app



CONGRATULATIONS CHESNEY!

Chesney Brooke Sampson is Paiute/Shoshone from RSIC and resides in Hungry Valley, NV. She is a 2024 Earl Wooster High School Graduate. The Administration Staff of Wooster High School approached Chesney and asked her to try out for a spot during the Graduation Ceremony. There were two spots available during the Ceremony and Chesney was excited to have earned one of the spots. Chesney is the 1st Native American to perform at a Washoe County School District Graduation Ceremony. Chesney will be going to school to become an Esthetician in August 2024 here in Reno, NV. Her family is very proud of her and her recent accomplishments. In addition, we wish her well in her future.



Reno Sparks Indian Colony
Is Now ACCEPTING
APPLICATIONS for
HEAD START
2024-2025 School Year



Deadline: July 5th, 2024

We have two sites with openings: Hungry Valley and Reno

Full Day program and Half Day Programs

Stop by our main office at 34 Reservation Road Building E (doors are off Golden Road, you will see two cubs sitting in car seats painted on the wall) and pick up an application today.

Office hours are from 7:00AM to 4:00PM Monday thru Friday

Eligible students are 3 to 4 years of age.



You will need the following items with your completed application:

- Proof of Income
- Proof of Residency
- Child's Birth Certificate
- Immunization Record
- Child's Tribal Certificate (ONLY if Native American Child)
- Special Needs Documentation (if applicable)
- Medical Home (private health insurance card, Medicaid, etc.)
- Dental Exam (within last 6 months)
- Physical Exam (within last 6 months)
- Guardianship Documents (if applicable)

FULL Day program applicants – a copy of each parents work/school schedule
Joint Custody – both parents MUST complete an application

Reno-Sparks Tribal Health Center

Call for appointments
775-329-5162 ext. 1958/1989

July 22-25



Head Start Physical
Sports Physicals
Well-Child Check Ups
Vaccinations
Vision Screening
Dental Education/Screenings
Nutrition

**PRIZE
DRAWINGS!**

Scooters, bikes, electric
toothbrushes and more!

**FREE BACKPACKS &
SCHOOL SUPPLIES!
WHILE SUPPLIES LAST**

Must keep appointment to be eligible for the raffle



panding opportunities in sustaining healthcare at the local level. The RSTHC is the largest tribal health facility in the State of Nevada, serving more than 6000 American Indian and Alaskan Native patients. RSTHC is a shining example of what advocacy, hard work and expanding self-governance can look like for tribal communities across the nation.

The NIHB presents one national award, in recognition of outstanding service to advance American Indian and Alaskan Native Health through health advocacy at the local, regional and national level. The NIHB is proud to present the 2024 NIHB Advocate of the Year Award to Angie Wilson.

Angie Wilson serves as the Reno Sparks Tribal Health Center Director. She is a member of the Pit River Tribe, and a Klamath/Modoc descendant of the Klamath Tribes. The NIHB recognizes Angie Wilson for her achievements this past year in-

cluding, but not limited to, the following:

1. Hosted U.S. Secretary Xavier Becerra, Department of Health and Human Services, and Dr. Jeffery Reynoso, CMS/HHS Region 9 Director, providing strong tribal advocacy for many of the needs in Indian Country. This is the first time a cabinet level member has been hosted at a tribal level, a milestone for the Reno Sparks Indian Colony, Reno Sparks Tribal Health Center and all Nevada Tribes. Advocacy included the following:

- a. *Expanding opportunities to expand self-governance across all programs of the Health and Human Services.*
- b. *Promoting the concept of a Special Behavioral Health Program for Indians, that mirrors the success of the Special Diabetes Program for Indians, including congressional funding to support the needs of Behavioral Health across Indian Country.*
- c. *To expand IHS Electronic Health Record Modernization to all Indian, Tribal and Urban Indian Health Programs across the nation to ensure appropriate access to IT infrastructure.*
- d. *To uphold the Federal Trust responsibility and recommit to the urgent needs in Indian Country with full funding of the Indian Health Service and strengthening the advanced appropriations process for years to come.*
- e. *To enforce and promote Executive Order 14112, allowing all federal agencies to streamline funding to tribes to and thru Indian Self-Determination Education and Assistance Act (ISDEAA) Contracts and Com-*

pacts, furthering the expansion of self-determination and self-governance.

2. Advocacy to the Nevada Joint Interim Committee on Health and Human Services. This effort was historic in nature as it was the first time in Nevada history a tribal health presentation was made to the Nevada Joint Interim Committee on Health and Human Services (JICHHS). The JICHHS is comprised of Nevada Senators and Assemblymen as they prepare to identify potential bills to support Healthcare across the State. RSTHC advocacy included the following:

- a. *Allowing Tribal Health Programs, the ability to conduct Medicaid determination within our clinics. This would include allowing Tribal Benefit Coordinators to be trained in the Medicaid Academy and process Medicaid applications onsite.*
- b. *Providing a pathway for Tribes to request reimbursement for Tribal Medicaid Administrative Activities to strengthen the collaborative effort and partnership between the Tribes and Department of Health Care Finance and Policy.*
- c. *Reinvesting 100% Federal Medical Assistance Percentage (FMAP) realized on behalf of American Indian and Alaskan Native Medicaid beneficiaries, back into tribal health programs. Allowing the tribes to design programs and services that best meet the needs of their tribal pa-*

Continued from Page 7

- tient populations in culturally appropriate settings.*
- d. A bill to establish a permanent Tribal Representative Seat on the Silver State Health Insurance Exchange Board of Directors. This effort helps to address the allowances for American Indians and Alaskan Natives and Tribes or Tribal Health Programs under the Affordable Care Act and Indian Health Care Improvement Act.*
 - e. Support tribes in the development of Culturally Based Practices to mirror Evidence Based Practice utilization in our effort for prevention, intervention, treatment and postvention activities for reimbursement.*
 - f. In addition, the presentation addressed significant health disparities and limited funding to the committee with effective opportunities that work as a “win-win” for the State budget, increase in tribal third-party revenue, improved collaboration with Medicaid specialty providers and all resulting in improved access to care for tribal populations.*
3. Angie provided written and verbal testimony to the United States Senate Committee on Indian Affairs to support the IHS Workforce Parity Act, a bipartisan bill proposed by U.S. Senators Catherine Cortez-Masto (NV) and Mark Wayne Mullins (OK). This bill would expand the IHS loan repayment program to part-time healthcare workers.

4. Angie led the advocacy for Tribal Sponsorship with the Nevada Health Link to develop and expand all provisions of the Affordable Care Act for the Nevada tribes. As such this advocacy has included the following:

- a. Development of Tribal Enrollment Coordinators, a new designation approved by the Silver State Health Insurance Exchange Board of Directors and Nevada Health Link leadership.*
- b. Allowing Nevada Tribes the ability to have aggregate billing options to implement opportunities for Tribes to conduct effective sponsorship programs.*

- c. Guidance and recommendations for a Tribal Indian Addendum requirement for Qualified Health Plans (QHP) that mirrors the Centers for Medicare and Medicaid Service model QHP Agreement.*
- d. Proposed recommendations for appropriate IT system changes to allow Nevada tribes the full flexibility to control enrollment or changes to a healthcare plan for individual patients.*

Angie Wilson, RSTHC Director and
NIHB 2024 Advocate of the
Year Awardee



- e. *Advocacy for marketing to American Indians and Alaskan Natives for open continuous enrollment*
 - f. *Advocacy to the Nevada Department of Insurance Commissioners to assist in educating the Nevada Insurance Commissioners on the Indian provisions of the Affordable Care Act.*
 - g. *Developed a Tribal Sponsorship Program for the Reno Sparks Indian Colony, working with the Tribal leadership to finalize and approve the program development and patient agreements, development of budgeted funding and streamlining the administrative process for procuring healthcare coverage for American Indians and Alaskan Natives, a first for our Nevada Tribes.*
5. Advocacy for expanding Medicaid options that include realized and proposed State Plan Amendments as follows:
- a. *Advocacy for the Tribal Medicaid Federally Qualified Health Center (FQHC) Designation State Plan Amendment (SPA), allowing 100% Federal Medicaid Assistance Percentage to and thru tribal health programs. This SPA was formally approved, a milestone for the Nevada Tribes.*
 - b. *Advocacy in leading the charge on transitioning the Reno Sparks Tribal Health Center as the first Tribal Medicaid FQHC designation in the State.*

- c. *Advocacy to propose fee schedules for all Medicaid providers, allowing increased options for negotiating with Medicaid specialty care providers for improved access to care, working closely with the Reno Sparks Indian Colony Tribal leadership for approval.*
 - d. *Advocacy through interviews and development of press releases on this effort to inspire local providers to engage with tribal clinics.*
6. Advocacy for expansion of Medicaid reimbursement for Pharmacy services. RSTHC has worked hard to engage with the Department of Health Care Finance and Policy on a proposed State Plan Amendment to reimburse tribal clinics for all pharmaceuticals and/or refills without limitation per day. This effort would significantly support tribal healthcare programs for improved coverage of costs and generation of additional third-party revenue to meet the health disparities of our tribal communities. This effort has resulted in significant reimbursement for RSTHC and all Nevada Tribal Health Clinics across the State.
7. Angie worked with US Senators Catherine Cortez-Masto and Jackie Rosen to address US Secretary Xavier Becerra, Health and Human Services, on the need to directly address improved access to mental health services for the Nevada Tribes.
8. Through her leadership, the RSTHC has redeveloped the internal clinical and clinical

support staff workflows, revenue cycle management practices and a full-court press to assist patients in signing up for alternate resources. As such, the RSTHC has increased the collection of third-party revenue from a yearly average of \$6.5M to over \$12M in less than two years. This takes an incredible team and leadership in all areas. The ability to offset the funding disparities at the local level are critical and the RSTHC has taken this task head-on with incredible results. Third party revenue is imperative to offset the funding disparities of the Indian Health Services, which only funds the tribes at 50% of the need. The increase in third party revenue accounts for new clinical staff, new services, improved access to care, new equipment and expansion of space within the RSTHC.

9. Angie advocated for cultural inclusion in the Nevada Health Equity effort, assisting with input, interviews and oversight of this important project with Nevada Office of Minority Health and Equity and University of Nevada Reno.

10. Angie met with California Tribes/Councils on her weekends, advocating for Tribal support through Tribal Resolutions for the largest investment in California Indian Health by supporting Regional Specialty Care Centers to offset limited PRC funding and expanding access to specialty care, surgery and ancillary services for 110 California Tribes.

The Reno Sparks Tribal Health Center partnered with the U.S. Department of Veterans Affairs, VA Sierra Nevada Health Care System, to host the first ever Veterans Tribal Health Fair and VA PACT Act Clinic.



Welcome by RSIC Tribal Chairman Daryl Gardipe



Terry Bentley, VA Tribal Relations Specialist,

The RSTHC welcomed Terry Bentley, VA Tribal Relations Specialist, Pacific District, U.S. Department of Veterans Affairs, Office of Tribal Government Relations. In addition, guest speakers also included Jerome Washington, Veterans Benefits Administration, Thomas Talamante, Executive Director, VA Sierra Nevada Health Care System, and VA Sierra Health Systems provided audio exams, medical exams, Pulmonary Function Tests (PFT), I&II Toxic Exposure Screenings, Behavioral Health Screenings and provided a presentation on the PACT Act. The PACT Act is perhaps the largest health care and benefit expansion in VA history. The full name of the law is The Sergeant First Class (SFC) Heath Robinson Honoring our Promise to Address Comprehensive Toxics (PACT) Act.

The PACT Act:

- Expands and extends eligibility for VA health care for Veterans with toxic exposures and Veterans of the Vietnam, Gulf War, and post-9/11 eras
- Adds 20+ more presumptive conditions for burn pits, Agent Orange, and other toxic exposures
- Adds more presumptive-exposure locations for Agent Orange and radiation
- Requires VA to provide a toxic exposure screening to every Veteran enrolled in VA health care
- Helps us improve research, staff education, and treatment related to toxic exposures

Copay Exemptions for American Indian and Alaskan Native (AI/AN) Veterans:

The event also highlighted the new copay exemption for our AI/AN Veterans. Beginning April 4, 2023, eligible AI/AN Veterans no longer have to pay a copay for VA health care services and urgent care. This includes hospital care, certain health care services such as outpatient prescription medications and urgent care visit's. In addition, AI/AN Veterans can submit "claim form 10-334" for reimbursement for covered services on or after Janu-

ary 5, 2022. You can find the form at the following link.

<https://www.va.gov/find-forms/about-form-10-334>

The Veterans Health Day Event included a coordination of services with numerous vendors and provided access from OPTUM Serve Health Services, Veterans Benefit Administration (VBA), Veterans Health Administration (VHA), The Vet Center, Nevada Department of Welfare and Supportive Services, Nevada Department of Health and Human Services, University of Nevada Reno and many others.

Special thank you to the Reno Sparks Indian Colony Veterans Committee including Arlan Melendez, Verna Nuno, Tanya Hernandez, Bethany Sam and Bucky Harjo who assisted in the planning efforts, posting of colors and invocation for the event. Chairman Gardipe honored Beatrice Thayer, the oldest living RSIC Veteran at 97 years young, DDG, U.S. Army Air Corps, WWII, Cold War, Nevada Army National Guard Retired, 1945-1959, 197301982, Germany. We honored her incredible service over her lifespan, a special moment that highlighted the entire day.

Special thank you to Tyrell Furst, blessing this event with a Veterans song and highlighting the importance of culture. The event was a great success, assisting over 70 American Indian and Alaskan Native Veterans to obtain screening for new benefits under the PACT Act. In addition,

assisting our veterans with copay reimbursement claims.

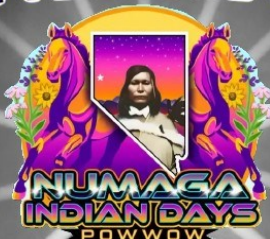




36th Annual NUMAGA INDIAN DAYS 2024

Nevada's Largest Powwow

FREE ADMISSION - FAMILY FRIENDLY EVENT
OPEN TO THE PUBLIC



PAIUTE CHIEF NUMAGA

Translated is "Give Food"

Known for choosing peace for the Paiute People
& advocating to stop the destruction of our aboriginal lands.

HUNGRY VALLEY, NV
18 MILES NORTH OF RENO

Host Drum: Indian Hill

Grand Entries: Friday 7pm
Saturday 1pm & 7pm
Sunday 12pm

LABOR DAY WEEKEND
August 30th-September 1st, 2024

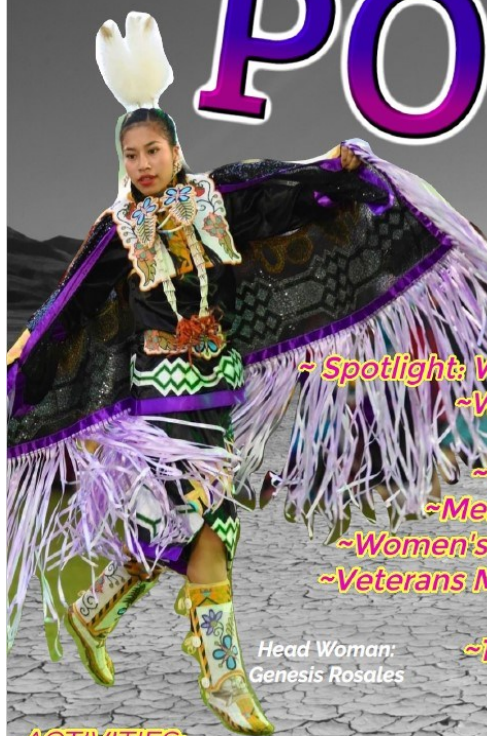
POWWOW

DRUM CONTEST: 1ST - \$7000
(\$18,000 Total Purse) 2ND - \$5000
3RD - \$4000

CONSOLATIONS - 2 @ \$1000 each

SPECIALS:

- ~ Spotlight: Women's Fancy Bustle & Men's Old Style Grass
- ~ Women's Paiute Buckskin and Cloth
- ~ Three Generation Team Dance
- ~ Teen Spotlight - Luck of the Draw
- ~ Men's Grass 18+ - Head Man, Misun Mills
- ~ Women's Fancy 18+ - Head Woman, Genesis Rosales
- ~ Veterans Memorial & Jr. Girls Jingle - Tiny Tot Princess, Novi Starr & Family
- ~ 13+ Old Style Fancy - Miss Numaga, Emileigh Mason & Family



Head Woman:
Genesis Rosales



Head Man:
Misun Mills

ACTIVITIES:

Princess Pageant ~ Thurs. Aug 29th
3 Nations Wellness Fun/Run Walk Info:
~ Wali Querta: 775-334-0938
Strang Man Competition & Horse Shoe
Tournament Info: 775-329-4930
Handgame Tournament Info:
~ Winston Sam: 775-815-6346

CONTESTS:

Golden Age 55+
Sr. Adult 35-54
Adult 18-34
Teen 13-17
Juniors 6-12

HEAD STAFF:

MC: Bart Powaukee
AD: Leo Eagle Speaker
Host Drum: Indian Hill
Head Judge: Jonathon Windy Boy
Head Woman: Genesis Rosales
Head Man: Misun Mills
Featuring: Hokah Sound

Media Requests: Bethany Sam
775-842-2902
Email: bsam@rsic.org

★ DRY CAMPING / SHOWERS AVAILABLE!!
★ HOST HOTEL INFO: TBA

NUMAGA POWWOW COMMITTEE:

Bridgette Stump (VENDORS): 775-846-5997
Anita Talancon: 775-338-3723
Lorri Chasing Crow
Email: powwow@rsic.org

Reno Sparks Indian Colony
34 Reservation Rd.
Reno, Nv. 89502
775-329-2936

MORE INFO: www.rsic.org

f @RSICPowwow f @rsictribe i @rsic_tribe



The RSIC Powwow Committee is NOT RESPONSIBLE for any damages, loss of personal property, short funded travelers, etc.
Event Sponsored by Reno-Sparks Indian Colony & Reno-Sparks Tribal Health Center

Numaga Indian Days Powwow 2024

Currently
Seeking!



Princess Contestants

*Miss Numaga

Ages: 13-17 yrs.

*Jr. Miss Numaga

Ages: 7-12 yrs.

*Tiny Tot Numaga

Ages: 2-6 yrs.

Pageant Categories:

- * Public Speaking
- * Show Case Traditional Talent
- * Exhibition Dance Style
- * Contestant will be required to sell Raffle Tickets

Apply
By:
August 1,

For More Info. & Applications:

Please contact the Numaga Powwow Committee:

powwow@rsic.org





Hello, Summer!



ACTIVITIES FOR SENIORS AT HOME!

- START A PUZZLE
- TAKE UP AN OLD HOBBY
- GARDEN
- EXPLORE WITH A TRAVEL VIDEO
- DO A CROSSWORD PUZZLE
- TRY A LOW IMPACT HOME EXERCISE
- PLAY A GAME ONLINE
- PAINT A PICTURE
- MAKE A NEW RECIPE
- WRITE AN AUTOBIOGRAPHY ABOUT YOURSELF FOR YOUR FAMILY
- ORGANIZE FAMILY PICTURES
- WRITE LETTERS BACK AND FORTH THE OLD FASHION WAY WITH A FAMILY MEMBER OR FRIEND
- LEARN A NEW HOBBY
- TURN ON MUSIC AND DANCE LIKE NO ONE IS WATCHING
- LEARN A NEW LANGUAGE
- READ A NEW BOOK

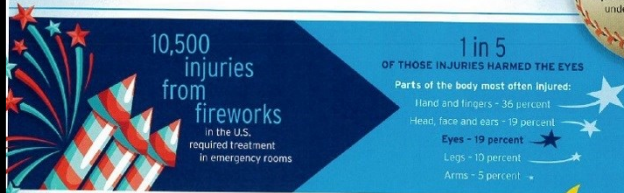
EYE CHART



CRUEL, CRUEL SUMMER

As summer hours, the days get longer and people spend more time outdoors. Whether playing baseball, swimming, grilling burgers or watching fireworks light the sky, summer-time activities aren't always fun and games—they also are the source of some common eye injuries. Use the data below to remind patients to proceed with caution this summer.

Baseball is the leading cause of eye injuries in children under age 14.



Nearly 1/4 OF RESPONDENTS TO AN AOA SURVEY admit to swimming in their contact lenses. Water often contains bacteria that can cause eye infections.

SAND AND WATER at the beach can reflect an additional 25 percent of UV rays, increasing the risk of damage to one's eyes



SUNGLASSES THAT BLOCK OUT 99 to 100 percent of both UV-A and UV-B rays protect your eyes

Nearly half of the estimated 2.5 million eye injuries reported each year happen in and around the home

MORE THAN 40 percent of those eye injuries happen during everyday activities such as cooking



Sources: American Academy of Ophthalmology, American Society of Ocular Trauma, 40th Annual American Eye of Sparks, U.S. Consumer Product Safety Commission, 2014 fireworks injury report

17

Symptoms of Dehydration

Infant or young child:

- Dry mouth & tongue
- No tears when crying
- No wet diapers for 3hrs
- Sunken eyes, cheeks
- Sunken soft spot on top of the skull
- Lethargic or irritable

Adult:

- Extreme thirst
- Urination less frequent
- Urine dark-colored
- Fatigue
- Dizziness
- Confusion
- Headache



Stay Hydrated!
• drink more water •

Treatment of Dehydration

- Rehydrating with water
- Replacing lost electrolytes
- Treating diarrhoea or vomiting

Rehydration solution:

- 1 L of water
- 6 teaspoons sugar
- 1/2 teaspoon salt



Prevention of Dehydration

- Stay hydrated with water or electrolyte fluid, meeting your daily water requirement of 35ml of fluid per kg of bodyweight
- Eat foods high in water content
- Do not drink alcohol or coffee before or during exercise
- Replace fluids at regular intervals during exercise
- Increase your fluid intake when ill



ATTENTION STUDENTS!
START DATE CHANGED TO JUNE 17TH!
TWO CENTRAL LOCATIONS
RENO COLONY & HUNGRY VALLEY



Where: Multipurpose Room
34 Reservation Road, Reno, NV

Where: Hungry Valley Education Building
9075 Eagle Canyon Drive, Sparks, NV

From: June 17, 2024 to August 9, 2024

Days: Monday - Friday

Time: 8:30AM-9:30AM Breakfast
12:00PM-1:00PM Lunch

Closed on June 19 and July 4 for observants of Holidays

Reno Sparks Tribal Health Center

Purchased and Referred Care (PRC)

Frequently Asked Questions (FAQ's)

Q: Why do I have to apply for Alternate Resources?

A: This is required by 42 CFR 136.61, Payor of last resort. Approval of PRC payment for services is considered after all other Alternate Resources are applied. Any patient who is potentially PRC eligible is required to apply for the alternate resource.

Q. If I am eligible for PRC, why are some of my medical bills being paid and others not?

A: Each visit to a non-IHS/tribal health care provider and the associated medical bill is distinct and must be examined individually to determine PRC eligibility. All PRC requirements must be met for each episode (treatment) of care. A patient must meet residency, notification, medical priority of care and use of alternate resources requirements of 42 CFR 136.23, 136.24 and 136.61 in order to be eligible for PRC. Example: If a PRC authorization is issued, Reno Sparks Tribal Health Center (RSTHC) PRC will pay the first medical treatment. Follow-up care or additional medical care are to be done at the nearest accessible IHS or tribal facility; or will require approval with a new PRC authorization. If this process is not followed, the patient may be responsible for the expense. It is always important that you notify your Referral Coordinator of any follow up appointments from your specialist so we can process the new referral for approval.

Q. An IHS or RSTHC doctor refers me to a specialist, why am I being held responsible for the bill?

A: Referrals are not a guarantee for payment. A referral is a recommenda-

tion for treatment/test only. The PRC program must review the referral to make the determination for approval of payment. All PRC eligibility requirements must also be met compliant with 42 CFR 136.23, 136.24 and 136.61.

Q. If we are guaranteed health as long as the water flows and the grass grows, why are American Indians and Alaskan Natives required to apply for Alternate Resources?

A: It is required under 42 CFR 136.61, Payor of last resort. The Indian Health Service is not an entitlement program, and therefore funding for PRC is not guaranteed by the Federal government. Alternate resources allow PRC funds to be conserved, thereby providing health care for more American Indian and Alaskan Native beneficiaries.

Q. Are all Emergency Room visits automatically covered by PRC?

A: Not necessarily. Acute/urgent care (non-emergent) services are not covered under PRC if access to IHS/ Tribal health care services are available. Example: a patient reports to ER on a Tuesday at 10am for a sprained ankle (non-emergent). PRC coverage for this service would not be authorized as it is non-emergent and care was available at the tribal clinic. Example: a patient reports to the ER on a Tuesday at 10am for severe chest pain. This is considered a medical emergency and would be covered by PRC upon 72 hour notification to the Referral/PRC Department (30 day notification for elders or disabled).

Quick Reminders:

In the event you must utilize the hospital emergency room, you or an individual acting on your behalf must notify the Referral/PRC Department within 72 hours/30 days for elders & disabled and leave a message with the following information:

- Your first and last name
- Your date of birth
- Your phone number or number where you can be reached
- Date and Time
- Reason for the Medical/Dental Treatment

Please remember to update your information each time you utilize the RSTHC, such as copies of current insurance cards, tribal identification card, current phone number(s), emergency contact information, proof of address.

Referral Coordinators can be reached by calling 775-329-5162 and pressing option #8 for the Department. PRC fax number is 775-201-8486.



Notice from RSIC TRIBAL COURT

RSIC Tribal Court is located at
1900 Prosperity Street, Reno, Nevada 89502
Monday through Friday 8:00 a.m. to 5:00p.m.
Court is open from 12 - 1:00 p.m.

Please use the door at the north end of the building, during the lunch hour. As the Court Administrator will be assisting the public and answering phones at that time.

For filing documents, court hearings and meeting with court staff, please use the doors located at the south end of the building, where the Court Clerk's office is located, (next to the courtroom).

Dana Thomas Court Clerk: (775) 785-8775 ext. 1
Jeraldine Magee Court Administrator: (775) 785-8775 ext. 2

Advocates:

- Enrico Castillo (775) 785-8775 ext. 5
- Christian Luna (775) 785-8775 ext. 4

Tribal Court Bailiff:

- Cameron Kramer is (775) 785-8775 ext. 6

Truancy Officer:

- Tanya Hernandez is (775) 785-8775 ext. 9

The Tribal Law and Order Code can be found on the RSIC website: www.rsic.org, under the Tribal Court Department.

The Inter-Tribal Council of Nevada, Court of Appeals, hears all appeals that arise from the Reno-Sparks Indian Colony, Tribal Court. Their office is located at 10 State Street, Reno, NV 89501. Their phone number is (775) 355-0600

If you have any questions regarding the duties and responsibilities of court staff, please contact the Tribal Court Administrator, Jeraldine Magee.

RSIC 2040 Comprehensive Plan

Draft Land Use and Housing Element Chapters available for review and comment.

Take our short surveys!

The 2040 RSIC Comprehensive Plan is a long-range policy document to guide community development decisions for the next 15+ years. The plan is based around major topic areas, or elements.

The **Land Use Element** includes future land use maps as well as goals, policies, and actions to guide decisions on future development.

The **Housing Element** includes information on the current housing inventory, housing conditions, and goals, policies, and actions to address housing needs.

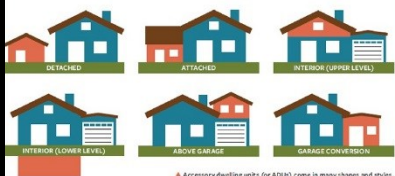
To read the draft elements and complete the online survey, go to:
<https://rsic-planning-rsic.hub.arcgis.com>

and select "Comprehensive Plan"

Or SCAN with your Phone Camera >

Printed Surveys available at the Planning and Community Development Department:
1937 Prosperity St, Reno NV

planning@rsic.org || 775-785-1363



A. Accessory dwelling units (or ADUs) come in many shapes and styles.



You are not alone

Contact Our Staff

Human Services
(775) 329-5071

Victim Services Coordinator
Jennifer Katenay
(775) 329-5071 x1312

Healing Path Coordinator
Joseph Cano
(775) 329-5071 x7969

Community Resources

Inter-Tribal Council of Nevada
(775) 355-0600

Nevada Urban Indians Inc.:
(775) 788-7600

Nevada Victims of Crime Compensation Program:
(775) 688-2900

Crisis Call Center:
(1-800) 273-8255

Reno PD Victim Services:
(775) 657-4519

Sparks PD Victims Advocate:
(775) 353-2217

Washoe County Sheriff's Victims Advocate:
(775) 325-7875

RENO-SPARKS INDIAN COLONY

VICTIM SERVICES



The Victim Services program at the Reno-Sparks Indian Colony provides compassionate support to victims and their families, ensuring they are treated with dignity and respect as they navigate the aftermath of crime. Our advocates offer education on victims' rights and deliver personalized advocacy, empowering individuals to address their needs effectively.

Eligibility:

- An incident of victimization has occurred within the past 90 days
- Victimization occurred within RSIC jurisdictional boundaries
- Open case with law enforcement agency
- Police report on file
- A referral letter from law enforcement or a victim advocate outside of RSIC

Types of Victimization:

- Adult physical assault
- Arson
- Bullying
- Burglary
- Child physical abuse
- Cyber crimes
- DUI/DWI
- Gang violence
- Human trafficking
- Identity theft
- Kidnapping
- Adult sexual assault
- Adults sexually abused/assaulted as children
- Domestic/Family violence
- Dating violence
- Elder abuse or neglect

Services:

- Advocacy and support
- Crisis intervention (emergency shelter, food, clothing, transportation)
- Accompaniment and guidance through the criminal justice system and court proceeding
- Assistance filing Temporary Protection Orders (TPO)
- Safety planning
- Appropriate counseling referrals
- Assistance filing for State of Nevada Victims of Crime compensation
- Information and referrals to other programs and services

UPDATE YOUR TRIBAL ID



OFFICE HOURS:
MONDAY - FRIDAY
8:00 AM - 5:00 PM

- ✓ Tribal ID's have a four (4) year expiration date
- ✓ The new Chairman's signature is on the back
- ✓ If you are turning 18 years old, you need an updated picture and a W9 in your name for any monetary assistance or educational purposes.
- ✓ RSIC Department's will no longer accept a Tribal ID without an expiration date or an expired Tribal ID.
- ✓ Update your name change or information w/Enrollment.

Made with PosterMyWall.com

Join WIC, Your Path to a Healthy Family!

What is WIC?

The Women, Infants, and Children (WIC) is a supplemental program that supports families health through nutrition assistance.

How WIC Benefits You:

- **Monthly Food Benefits:** Access to benefits for purchasing nutritious foods.
- **Nutrition Tips:** Answers to your nutrition questions.
- **Breastfeeding Assistance:** Support for breastfeeding moms.
- **Family Resources:** Valuable resources for your family.

Who Is Eligible?

- Pregnant
- A new mom
- Breastfeeding
- Have an infant or child under age 5

Eligibility Criteria:

- ✓ Live in Nevada
- ✓ Receive Medicaid, Food Stamps, Work First
- ✓ Family income within WIC guidelines
- ✓ Nutritional need determined by WIC Nutritionist



Don't miss out on the benefits of a healthy lifestyle!
Join ITCN WIC today.

For more information, visit www.itcnwic.org or call (775) 398-4960.



THE RENO-SPARKS INDIAN COLONY IS A FEDERALY RECOGNIZED INDIAN TRIBE AND THEREFORE SUBJECT TO SOVEREIGN IMMUNITY. INDIVIDUALS ENTERING THE TRIBE'S JURISDICTION ARE AGREEING TO THEIR CIVIL AND CRIMINAL JURISDICTION, IF APPLICABLE.

ELDER FITNESS CLASS



ELDER CLASS
Join the 3NWC staff for an hour of exercise every Tuesday from 9:00-10:00am at the Hungry Valley Recreation Center. Starts May 7, 2024.

WHAT WE OFFER

- ◆ Chair Exercises
- ◆ Resistance Band Exercises
- ◆ Body Weight Exercises
- ◆ Aerobic Exercises
- ◆ Strength Training

For more information contact:
3NWC at 775-329-5162

WELL-CHILD CHECK & VACCINES

3-4 DAYS - WELL-CHILD
2 WEEKS - WELL-CHILD
2 MONTHS - DTAP/IPV/HEP B, PCV20, ROTARIX, AND HIB

4 MONTHS - DTAP/IPV/HEP B, PCV20 ROTARIX, AND HIB
6 MONTHS - DTAP/IPV/HEP B, PCV20, AND HIB
9 MONTHS - WELL-CHILD

12 MONTHS - MMR, VARICELLA, PCV 20, AND HEP A
15 MONTHS - DTAP AND HIB
18 MONTHS* - HEP A

2 YEARS* - WELL-CHILD
2.5 YEARS - WELL-CHILD
3 YEARS - WELL-CHILD
4 YEARS - DTAP/IPV, MMR/VARICELLA

5-10 YEARS - YEARLY WELL-CHILD
11 YEARS - MCV4, TDAP, AND HPV (2 SIX MONTHS APART)
12-15 YEARS - YEARLY WELL-CHILD

16 YEARS - MCV4, MEN B (2 ONE MONTH APART)
17 YEARS - WELL-CHILD
18 YEARS - WELL-CHILD



CHECK YOUR RSIC NEWSLETTER BOX!



**ALL NOTICES & FLYERS
EVEN SHUT-OFF NOTICES
WILL BE PLACED IN THE
RSIC NEWSLETTER BOXES**

PLEASE REMEMBER TO ALWAYS CHECK YOUR RSIC NEWSLETTER BOX FOR INFORMATION
THANK YOU!
RSIC TRIBAL ADMINISTRATION OFFICE



THE ABC'S OF SALVATION



ADMIT

Admit you are a sinner and have made mistakes.



BELIEVE

Believe that Jesus is God's Son, died on the Cross for you, and rose up from the grave on the third day.



CONFESS

Confess Jesus as the Lord of your life. And commit yourself to a life of following Jesus, and serving others.

(Romans 3:23; John 1:12; Romans 10:9)

ENROLLMENT OFFICE

W9 UPDATES | **ALL ENROLLED TRIBAL MEMBERS**

Please make sure to update any address or name changes to our office for YOUR records. This is also for all Tribal Members who are minors.

Any Tribal Member turning 18 years old will need a new W9 in their name and signature for any education or monetary assistance.

W9's are available in the Enrollment Office, Finance, or IRS.GOV

Phone: 775-785-1306 | Fax: 775-329-2781

Jessica Castillo, Enrollment Officer | email: jcastillo@rsic.org

or

Josephine Astor, Enrollment Assistant | email: jastor@rsic.org



A Walk To Remember 2024

MEMORIAL WALK/RUN

“Great to see those that return every year and also see new faces to this annual event. Perfect morning to get in some steps and do some healing. Grief comes in waves and we learn how to live with all those feelings while riding through the waves. Many Thanks to Walita and the Three Nations Wellness Center.



JULY 2024

Reno-Sparks Indian Colony
Senior Center Activities Calendar
34 Reservation Rd, Building F
775-785-1349

Monday	Tuesday	Wednesday	Thursday	Friday
1) 1:00 pm Senior Advisory Committee Meeting	2)	3) 	4) Center Closed  HAPPY 4TH OF JULY	5) Center Closed <i>No Lunches Served or Delivered</i> 
8) sign up for Movies 	9) 9:00 am Farmers Market 10:00 am Chair Exercises 1:00 pm Loom Beading	10) 12:00 pm Paiute Language Class	11) 1:00 pm Finish Loom Beading	12)
15) 9:00 am Food Pantry 	16) 9:00 am Farmers Market 10:00 am Chair Exercises 	17) 12:30 pm Birthday Bingo 	18) 10:00 am Walking Club  1:00 pm Errand Day	19)
22) 1:00 pm Beaded Collar 	23) 8 am @ 34 Commodities 9:00 am Farmers Market 10:00 am Chair Exercises 1:00 pm Start Beaded Collar	24) 12:00 pm Paiute Language Class 1:00 pm Beaded Collar	25) 10:00 am Walking Club 1:00 pm Beaded Collar	26) Closed – RSIC Employee Appreciation Day
29) 1:00 pm Beaded Collar 	30) 9:00 am Farmers Market 10:00 am Chair Exercises 1:00 pm Beaded Collar	31) 12:00 pm Paiute Language Class 1:00 pm Beaded Collar	Please remember to call to cancel your delivery if you are coming to birthday bingo, 775-785-1349.	








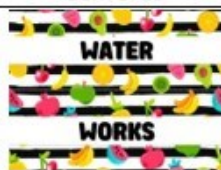
Activities are subject to change or cancel without notice.



2024

**Reno-Sparks Indian Colony
Senior Center Lunch Menu
34 Reservation Rd, Building F
775-785-1349**



Monday	Tuesday	Wednesday	Thursday	Friday
1) Beef Stroganoff WW Noodles Green Beans With Tomatoes Peaches	2) Cream Of Chicken Brown Rice 5 Way Veggies Tropical Fruit	3) Turkey Hot Dog Baked Beans Coleslaw Melon	4)  <i>Happy 4th of July</i> <i>No meals served or delivered</i>	5) Center Closed
8) Turkey & Provolone Wrap Lettuce & Tomato Baked Lays Fruit Cup	9) Steak Burrito Bowl With, Cilantro Lime Rice, Black Beans, And Cheese Pear 	10) Pork Tenderloin Roasted Potatoes Carrots Applesauce	11) Chicken Salad Sandwich On Croissant Lettuce & Tomato Sun Chips  Watermelon	12) Oatmeal Boiled Egg WW Toast Celery Sticks Peanut Butter Mix Berries
15) Mushroom & Garlic Chicken WW Noodles Broccoli Mandarin Oranges	16) BBQ Pulled Pork  WW Bun Baked Chips Coleslaw Fruit Cocktail	17) Turkey Mashed Potatoes Peas & Carrots Honeydew	18) Beef Broccoli Brown Rice Pineapple	19) Turkey Bacon Scrambled Eggs WW Toast Banana 
22) Pork Chop Rice Pilaf Zucchini Mix Grapes 	23) ½ Stuffed Bell Pepper Corn WW Roll Apple	24) Chicken Fajita Peppers & Onions WW Tortilla Spanish Rice Cantaloupe	25) Lemon Pepper Salmon Wild Rice California Blend Tropical Fruit	26) Closed - RSIC Employee Appreciation Day <i>No meals served or delivered</i>
29) Spaghetti WW Noodles Green Beans Orange	30) Pork Fried Rice  Peas & Carrots Fortune Cookie Pineapple	31) Grilled Ham & Cheese Croissant Dark Green Salad Honeydew	<i>1% Milk Daily</i> <i>STAY HYDRATED!</i> <i>2 LITRES PER DAY</i> <i>BE HEALTHY</i>	

Your meal will be in a plastic bag and placed on your doorknob, or driveway fence if you have loose dogs. Please listen for staff to honk and knock then pick up your meal bag after they leave. Staff will return within 15-20 minutes. Meal bags that stay on the door of fence will be removed and a "missed you" note will be left. This ensures safe temperatures of food. Please call before 10:00 am to add or cancel lunches for the day. Please tie up your dog(s).



Reno Sparks Tribal Health Center

Notification Regarding Narcotic Medications

Dr. Ituarte Chief Medical Officer

When people are in pain it is natural and appropriate that they seek help and relief. In the past it became relatively easy to access narcotic medications for a variety of conditions associated with chronic pain. More recently, the rules governing the use of narcotics have changed rather dramatically and it is no longer easy to access narcotic-containing medications.

Starting around 2015, there has been an observable and continued increase in the number of deaths related to the use of narcotic containing medications or “opiates” as they are also called. In particular, the number of overdose deaths in the American Indian and Alaskan Native population has risen sharply and now tops the list for the most at-risk group for death from chronic opioid overdoses or use. Moreover, opioids can cause dependence or addiction making the discontinuation of these medications more difficult and can result in physically unpleasant symptoms and even death (withdrawal) associated with quitting the use of these medications. This “withdrawal” is experienced when these medications are stopped abruptly.

In recognition of these problems, the Federal government (DEA) and the State of Nevada (Boards of Pharmacy & Medicine) have tightened the rules and applied strict restrictions governing the use and prescription of these medi-

cations. Consequently, the Reno Sparks Tribal Health Center is no longer engaged in providing chronic narcotic prescriptions for non-cancer related chronic pain management for our patients. We are now referring patients needing chronic narcotic medications to outside specialty pain management practices for ongoing supervision and medical care. The chronic use of narcotic medication requires the practitioner to complete an extensive checklist of requirements before prescribing these medications. Moreover, it is well established that the chronic use of narcotic containing medications, often impairs the functioning of individuals in the performance of their activities of daily life but more importantly does not correct the underlying cause of pain. This means that they are not truly therapeutic. In accordance with current standards of care and mandated prescribing practices, the use of non-narcotic medications must be maximized and optimized before considering the use of chronic narcotic or opioid treatment.

Often overlooked sources of intractable and severe bone, joint and muscle pains include nutritional deficiencies such as Vitamins C and D. These are easy to correct with a supplement of Vitamin D or a daily multivitamin. Other Orthopedic, Metabolic or Rheumatologic disorders also need to be sought and corrected as part of a chronic pain management plan of care.

Inappropriate foot ware can cause back and limb pains as well. For these reasons, the practitioners at the RSTHC will seek to remedy or evaluate for these conditions before considering prescribing or referring for chronic pain management. We hope that everyone will be aware and understand the process.

Currently, narcotic medications are used to treat pain for the shortest period of time in acute severe injuries or post-surgical patients. Cancer-related pain management is usually handled by the Oncologist, Hospice or Palliative care practitioners. In any case, the use of narcotic pain medications is now highly restricted everywhere. The standards of medical care have recently changed and the medical practitioners at the RSTHC have changed our practice to meet these higher standards of care and we also strive to bring awareness to the patients we serve in our tribal community. This is not about withholding care, this is about improving the safety and quality of your medical care.

Reference:

Native populations and the opioid crisis: forging a path to recovery. (2021) M Whelshula, M Hill, SE Galaitsi, B Trump, A Merksy, K Poinsatte-Jones, I Linkov. Environment Systems and Decisions 41:334-340. DOI: <https://doi.org/10.1007/s10669-021-09813-3>

RENO HEADSTART

We take immense pride in our Headstart children, as each child has achieved numerous milestones since their first steps through our doors. As they step into the future, each continue along their educational journey, and we eagerly anticipate what lies ahead for them. Congratulations!



Legal / Public / Job Announcements

Recruitment for committee / boards

IN THE RENO-SPARKS TRIBAL COURT
IN AND FOR THE RENO-SPARKS INDIAN COLONY
RENO, WASHOE COUNTY, NEVADA

PUBLIC NOTICE

Notice is hereby given that the Petitioner Angel Jackson and Lonnie Jackson has filed a Petition for Adoption in the Reno-Sparks Indian Colony Tribal Court, Case No. CV-AD-2023-0059, praying that said Court enter an Order Granting Adoption of the minor child, M.H.

Notice is hereby given that any person having objection to the aforesaid Petition for Adoption shall file written objection with the Reno-Sparks Indian Colony Tribal Court, 1900 Prosperity Street, Reno, NV, showing cause why the Petition should not be granted, within twenty (20) days after publication of this notice.

A hearing is scheduled on the Petition for Adoption for June 3, 2024 at 1:30 p.m.

Dated this 27th day of February, 2024.

/S/

Dana Thomas
Clerk of Court
Reno-Sparks Indian Colony Tribal Court
1900 Prosperity
Reno, NV 89502

RSIC HOMEOWNER REPAIR ASSISTANCE FUND

Providing temporary home repair assistance to low-income
RSIC Tribal Enrolled Members.
Must be living within the Hungry Valley or the Reno Colony Lands.

Eligible Qualified Expenses:

Roof Repair

Window Replacements - due to deficient installation, dilapidation or damaged windows

Furnace Replacement—No working units/inefficient

Water Heater Replacement—Non working units/inefficient

Siding, if siding is determined to be dilapidated/cracked that could cause leaks

Electrical Safety Issues

Existing housing deficiencies/conditions that may be hazardous to occupants

Repairs necessary for property to prevent condemned/inhabitable without necessary repairs.

Accessibility improvements to assist senior residents to age in place. (grab bars, ramps,

ADA toilets, walk-in-shower)

Seniors (55 years & older) Elders to be eligible for air conditioning units.

Application Requirements:

Enrolled RSIC Tribal member—Income 150% or below Area Median Income.

Provide documentation that the home will be applicants primary residence.

Provide name, address, SS, Tribal ID and State ID.

Provide amount determined of the need.

Certify that no other assistance has been obtained the is
duplicative of homeownership
repair assistance.

Provide documentation homeowner is up to date on home obligations

(i.e. water/sewer/garbage).

**Not to
Exceed
\$20,000**

Property will continue to be
applicant's owner occupied
residence once repairs are made

Income
Guidelines

FY 2023 HAF Income Limits Summary for Reno, NV MSA								
	1-Person	2-Person	3-Person	4-Person	5-Person	6-Person	7-Person	8-Person
Greater of 100% AMI or 100% U.S. Median Income	\$96,200	\$96,200	\$96,200	\$98,900	\$106,850	\$114,750	\$122,650	\$130,550
Greater of 150% AMI or 100% of U.S. Median Income	\$103,850	\$118,700	\$133,550	\$148,350	\$160,250	\$172,100	\$184,000	\$195,850

Approved HAF Home Repair Policy 8/18/2023 T. C. Resolution #2023-RS-74



Reno-Sparks Indian Colony Planning & Community Development Residential Recycle Bin Initiative



The Planning & Community Development Department, in conjunction with the Public Works Department, would like to offer RSIC Community Members a recycling Bin for your recycling convenience.

We have a limited supply of these containers. If you would like to request a recycle bin, please call or email the Planning and Community Development Department.

Please note:

- 1 recycle bin per household
- Must live on the Colony
- Recycle Bins can be picked up at Planning or delivered upon request.
- While supplies last

775-785-1363 or smartell@rsic.org

1937 Prosperity St. Reno 89502



RSIC Abandoned Vehicle Rescue

Do you have unwanted, unloved, and downright grumpy old vehicles making a home in your yard?

We'd like to adopt them in an effort to find them a forever home!

If you happen to have more than one of these vehicles taking up space, it could be costly to you to let them stay with you instead of letting them go, which is the humane and ecofriendly thing to do.

If these vehicles don't find loving homes, they face a rather unfortunate fate. They may end up towed away, which can result in significant fines and fees falling upon their previous owners. So, by rehoming your vehicles, you not only save yourself from potential headaches but also extend a helping hand to these unloved four-wheeled friends.

Ready to rehome? Have questions?

Contact Shannon with the RSIC Planning and Community Development Department:

☎ Call: 775-785-1363

✉ Email: smartell@rsic.org

**** Please note: these vehicles need to have a clear title in order to rehome them. If you don't have a physical copy of the title, there is a form you can fill out in order to transfer title without the original. The registered owner will need to sign this form. For more information on this, please contact us using the number or email above.**

**RENO SPARKS TRIBAL HEALTH CENTER
MEDICAL TRANSPORTATION**

**MEDICAL
TRANSPORTATION &
MEDICATION
DELIVERIES**



RSTHC is happy to announce that we are open for patient transport to your scheduled appointments.

Transport is limited to persons residing in Reno, Sparks, North Valleys, and Hungry Valley without other means of transportation.

To schedule a ride or medication delivery please call
(775) 329-5162
ext. 7714

We require a minimum of 24 hrs notice but encourage you to schedule as soon as you can.

Wheelchair accessible.

The Pyramid Lake Paiute Tribe Proudly Invites You to the



*"Te Nanumu Magedyukn"
"Bringing the People Home"*

13th Annual

**SACRED VISIONS
POW-WOW**

JULY 12-14, 2024

Big Bend Ranch, Wadsworth, NV

**GRAND
ENTRY**

Friday: 7pm
Saturday: 12pm & 7pm
Sunday: 12pm

Host Drum

RED HOOF

Gardnerville, NV

Master of Ceremonies

CARLOS CALICA

Warm Springs, OR

Arena Director

HANK JOHNSON

Hungry Valley, NV

PUBLIC WELCOME

FREE Admission | FREE Camping

Native Arts & Crafts

Powwow Committee:

PO Box 897, Wadsworth, NV 89442

Point of Contact:

Joyce McCauley (775) 899-4530

Anita Dunn (775) 771-2683

Vendors:

Angey Dunn (775) 412-8624

or angeyfaye@yahoo.com

Sponsored by the Pyramid Lake Paiute Tribe, Pyramid Lake Veterans & Warriors Organization, Pyramid Lake Tribal Health Clinic, and Volunteers

SPECIAL EVENTS

FRIDAY

- Sunrise Ceremony—6am
- Hand Games—7pm
- 3-Man Double Elimination

SATURDAY

- Fun Run—8am
- Hand Games—1pm
- Tournament Double Elimination
- Traditional Paiute Buckskin Contest-TBA

SUNDAY

- Hand Games—1pm
- Bonehog 2-Man, Single Elimination

DRUG FREE EVENT | The Sacred Visions Powwow Committee and Sponsors are not responsible for short funded travelers, thefts, damages, or injuries. NO Weapons, firearms, or fireworks permitted.



**Indian Colony
Police Department
IS SEEKING**



**LATERALS & LAW ENFORCEMENT
RETIREES**

401 K matched by RSIC

Medical & Dental

Take home vehicle

Uniforms & Equipment provided

Post Physical Fitness Test waived for qualified applicants

If you are looking to supplement your retirement, look no further.

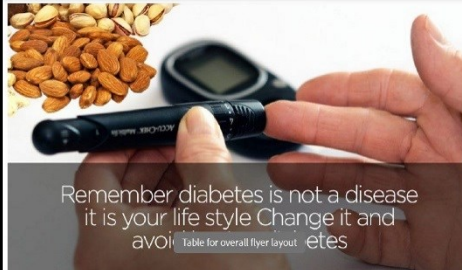
The Reno Sparks Indian Colony Police Department is a fully accredited NV POST Police agency. The Reno Sparks Indian Colony has Patrol Officers, and sworn Ranger positions open for immediate employment.

If you would like to apply or have further questions please contact the Reno Sparks Indian Colony Police Department located at 405 Golden Ln. Reno NV (775)785-8776



WWW.RSIC.ORG

Made with PosterMyWall.com



Remember diabetes is not a disease
it is your life style Change it and
avoid Table for overall flyer layout etes

**DIABETES
THURSDAYS**

**TAKE CONTROL OF
YOUR DIABETES
TODAY**

Call (775) 329-5162 Ext. 1958 / 1989
to schedule a Diabetes Thursday
appointment.

What happens on
Diabetes Thursday?

Provider Visit

Annual Lab Work

Foot Exam

Meet with a

Dietitian
and
Exercise Trainer

Receive a food
recipe with all of the
ingredients

After your visit you
will receive a call
from the Dental and
Optometry Depts.

If necessary.

RENO SPARKS
TRIBAL HEALTH CENTER

1715 Kuenzli Street
Reno, NV 89502

Legal / Public / Job Announcements

Recruitment for committee / boards



RENO - SPARKS INDIAN COLONY PRIVILEGE TAX EXEMPTION FORM POLICY

This policy governs the RSIC Tribal Chairman's ability to sign a privilege tax exemption form. It applies to all members of Nevada of the Nevada Indian Tribes residing on lands of the RSIC, in compliance with Nevada law.

In order to qualify for the exemption, the Nevada Department of Motor Vehicles requires the following.

Instructions:

- The application for exemption must be submitted for each registration period.
- Separate applications are required for each vehicle. The application for exemption must be presented at the time of registration or renewal.
- A Tribal Chair of a Nevada Indian Tribe must certify that the application meets the eligibility criteria for Governmental Services Tax Exemption.

Eligibility:

- The registered owner of the vehicle must be a member of a recognized Nevada Tribe.
- The Vehicle must be located (based) on Nevada Tribal land. The physical address for the vehicle registration must be located on Tribal land within the boundaries of the State of Nevada.

Members of the Reno-Sparks Indian Colony

In order to qualify for the exemption, the Reno-Sparks Indian Colony requires the following in addition to the requirements of the Nevada Department of Motor Vehicles.

Instructions:

- Tribal member must physically reside on Reno-Sparks Indian Colony or Hungry Valley.
- Tribal member must present a valid state issued identification card or driver's license. The address on the Identification card or driver's license must be a RSIC address.
- Tribal member must present a valid Tribal Identification card, or C.I.B (Certificate of Indian blood)
- The name of the Tribal member requesting the tax exemption must appear on the registration or title of the vehicle.
- Tribal member requesting the tax exemption must sign document in the presence of the RSIC front office staff upon pickup.

Continued on page 25

- Application must be filled out by a RSIC front office employee
- Once approved by Chairman Tax exemption form will be returned within three business days.
- RSIC front office staff with photocopy documents and will be kept on file for future reference.

Required Documentation:

- Tribal Enrollment card or C.I.B
- Valid Driver's License or Nevada Issued Identification Card
- Vehicle Registration or Title of vehicle, DMV Bill of sale with official Nevada seal, Dealers Bill Of Sale.
- Title or Security Agreement from a Financial Institution

Members Of Other Nevada Indian Tribes Residing on RSIC

In order to qualify for the exemption, the Reno-Sparks Indian Colony requires the following in addition to the requirements for RSIC Tribal members.

- Must Be a Tribal Member of a federally recognized Tribe in the borders of Nevada.
- Must reside on Reno-Sparks Indian Colony or Hungry Valley.
- Must provide all documents required from a RSIC member.
- RSIC front office staff with photocopy documents and will be kept on file for future reference.

The following will not be accepted as a proper form of documentation.

- Insurance Information/card
- DMV renewal reminder cards
- Hand written forms.
- Dealership Receipts
- Documentation under the name of a deceased Person/s

Approved Revisions by TC on 2/20/24

Resolution 2024-RS-15

Reviewed/Revised by Tribal Council

Legal / Public / Job Announcements

Recruitment for committee / boards



NOTICE

UPDATED

SENIOR ASSISTANCE FUND POLICY

The RSIC Senior Emergency Assistance Fund Policy has been updated to the RSIC Senior Assistance Fund Policy. The requirement for a Senior to have an emergency has been removed. The current budgeted amount set for FY2024 per Senior is \$1,700.00. The policy has been updated to allow the use of funds for the items below:

- Housing modifications and repairs.
- Purchasing of appliances and furniture such as couches, love seats, recliners, dining table sets and beds.
- Payment of utility bills, rent or house payments.

The following eligibility requirements remain:

- a. Senior Citizen (Age 55 or over)
- b. Enrolled member of Reno-Sparks Indian Colony
- c. Reside on Reno-Sparks Indian Colony

Copies of the policy and application are located in the carousel located at the entrance doors at RSIC Tribal Administration Office at 34 Reservation Rd. and at the RSIC Housing Dept. office. Please call the Housing Dept. at 775-785-1300 if you would like to have a copy emailed or faxed.

Legal / Public / Job Announcements

Recruitment for committee / boards



RECRUITMENT FOR HOUSING ADVISORY BOARD

THE RENO-SPARKS INDIAN COLONY HOUSING DEPARTMENT IS SEEKING (5) NEW HOUSING ADVISORY BOARD MEMBERS. RSIC ENROLLED MEMBERS ARE ENCOURAGED SUBMIT A LETTER OF INTEREST, STATING YOUR NAME AND CONTACT INFORMATION, TO RSIC TRIBAL HEADQUARTERS OFFICE AT 34 RESERVATION ROAD.

PLEASE SEND IN A LETTER OF INTEREST TO:
Reno-Sparks Indian Colony
ATTN: Tribal Administrator Office / Housing
34 Reservation Rd
Reno, NV 89502

ANY QUESTIONS? PLEASE CONTACT THE HOUSING DEPARTMENT AT (775) 785-1300



Reno-Sparks Indian Colony Senior Advisory Committee Is seeking 1 new member

The Senior Advisory Committee encourages RSIC enrolled seniors (55 or older) to become a member of the SAC. Please submit a letter of interest, stating your name and contact information to: Tribal Headquarters, 34 Reservation Road, Reno, NV 89502, Attention: Tribal Administrator's Office. The tribe's standing rules for committees and advisory boards apply to this position. The Committee meets the first Monday of the month. You must be an active participant in the meetings and other SAC sponsored events and be available for any additional meetings. The term is for two years.



www.shutterstock.com · 83955403



Reno-Sparks Indian Colony
34 Reservation Road
Reno, NV 89502



URGENT – APPLY TODAY

MUST FILL (2) ELECTION BOARD VACANCY – MEETINGS ARE THE FIRST THURSDAY OF EACH MONTH

The Reno-Sparks Indian Colony (RSIC) is accepting letters of interest from qualified candidates to fill a couple of vacancies for the Election Board (Board). The Board will review candidate letters of interest then nominate selected individuals to the RSIC Tribal Council for approval. The term of appointment is two years. Members of the Board typically meet at 6:00 p.m. for one hour, with the exception of Tribal Election Day, once a month and are compensated at the rate of \$75.00 per meeting as prescribed by the Tribal Council.

QUALIFICATIONS

Candidates shall meet the minimum qualifications:

- Ability to work positively under team concept with community.
- Self-motivated, energetic, responsible, and reliable.
- Understanding of the history, culture, and aspirations of the RSIC community.
- Strong communication skills, orally and in writing.
- Adhere to the Standing Rules for Committees and Advisory Boards of the RSIC.

Preference will be given to:

- Persons with the time and flexibility to attend and participate at Board meetings.
- Persons with the time and flexibility to prepare for and work on Tribal Election Day.

In addition, eligible candidates must be able to complete a pre-employment drug screening and criminal background check.

APPLICATIONS & QUESTIONS

If you wish to be considered for this vacancy, please submit your letter of interest to:

Tribal Administrators Office
Attn: Election Board
By mail or hand delivery: 34 Reservation Road, Reno, NV 89502

If you have any questions regarding this opportunity, please contact:
Tanya Hernandez, Chairperson
By e-mail: thernandez@rsic.org or by phone: (775)785-8775



Reno-Sparks Indian Colony
34 Reservation Road
Reno, NV 89502



URGENT – APPLY TODAY

MUST FILL (1) ELECTION BOARD VACANCY – MEETINGS ARE THE FIRST THURSDAY OF EACH MONTH

The Reno-Sparks Indian Colony (RSIC) is accepting letters of interest from qualified candidates to fill several vacancies for the Election Board (Board). The Board will review candidate letters of interest then nominate selected individuals to the RSIC Tribal Council for approval. The term of appointment is two years. Members of the Board typically meet after 5 p.m. for one hour, with the exception of Tribal Election Day, once a month and are compensated at the rate of \$75.00 per meeting as prescribed by the Tribal Council.

QUALIFICATIONS

Candidates shall meet the minimum qualifications:

- Ability to work positively under team concept with community.
- Self-motivated, energetic, responsible, and reliable.
- Understanding of the history, culture, and aspirations of the RSIC community.
- Strong communication skills, orally and in writing.
- Adhere to the Standing Rules for Committees and Advisory Boards of the RSIC.

Preference will be given to:

- Persons with the time and flexibility to attend and participate at Board meetings.
- Persons with the time and flexibility to prepare for and work on Tribal Election Day.

In addition, eligible candidates must be able to complete a pre-employment drug screening and criminal background check.

APPLICATIONS & QUESTIONS

If you wish to be considered for this vacancy, please submit your letter of interest to:

Tribal Administrators Office
Attn: Election Board
By mail or hand delivery: 34 Reservation Road, Reno, NV 89502

If you have any questions regarding this opportunity, please contact:
Tanya Hernandez, Chairperson
By e-mail: thernandez@rsic.org or by phone: (775)785-8775

Legal / Public / Job Announcements

Recruitment for committee / boards



RECRUITMENT FOR RSIC POWWOW COMMITTEE

Notice to Reno-Sparks Indian Colony Enrolled Members

The Reno-Sparks Indian Colony **Powwow Committee** is seeking four (4) **RSIC Enrolled Members** who are interested in serving on the Committee. Any interested RSIC Enrolled Member, may complete the application and submit their signed letter of interest to:

Reno-Sparks Indian Colony
Attn: Tribal Administrator / Powwow Committee
34 Reservation Road
Reno, NV 89502.
**No emails will be accepted.*

The Reno-Sparks Indian Colony Powwow Committee consists of no fewer than four (4) and no more than seven (7) members. Each member shall hold office until his/her term expires, or until he/she resigns or is removed from office in accordance with the Bylaws and Standing Rules for Committees and Advisory Boards of the Reno-Sparks Indian Colony. Committee Members are appointed by Tribal Council.

The Standing Rules for Committees and Advisory Boards of the Reno-Sparks Indian Colony were revised and adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. Rule No. 8, states – Each person appointed as a member of a committee or advisory board shall not sit on more than two committees or advisory boards at a time; this is combined, meaning that if a person sits on a committee and an advisory board, that person has reached the limit under this rule. The only exception is if a person sits on an intermittent board, such as the Election Board; in that instance the person is subject to the limit of this provision but can sit as a member of one intermittent committee or advisory board. A person can only serve as the Chair of one committee or advisory board at a time, including an intermittent committee or advisory board.

The Reno-Sparks Indian Colony Powwow Committee Application is included with the Recruitment Notice.

3-26-24v



Hungry Valley Phase 1 Subdivision Improvement Plans

The additional \$2.5 from RSIC ARPA funds and reallocation of \$97,133.00 from the CIP Water Tank Project will allow development to proceed for the new residential subdivision consisting of 25 lots served by all necessary infrastructure in Hungry Valley. This will allow the completion of the design of the infrastructure project including replacement of 164 existing residential water meters, and go out to bid.

Lumos & Associates began the design in 2017 on the subject project. In several months we should be ready to award the construction contract estimated at \$6.5 million. The construction is estimated to 6 months.

Changes since 2018, include construction of a \$100,000 gallon water tank with USDA funds, and a HUD grant award of \$4.4 million to install 22 manufactured homes.

The footprint of the Hungry Valley Phase 1 Subdivision is about 15 acres.



RECRUITMENT FOR LAW AND ORDER COMMITTEE MEMBERS

Notice to RSIC Enrolled Members

The Law & Order Committee is currently recruiting for three new members. Appointments made to the Committee are for a four-year term and members are appointed by the Tribal Council. The Committee, pursuant to the bylaws, are scheduled to meet the first Wednesday of each month at 6:30 p.m.

The Committee shall be compensated at a rate approved by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of RSIC has been revised and were adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. All Committee members must abide by these rules. Please see the Tribal Administrator's Office for a copy of the Standing Rules.

Any interested RSIC enrolled member may submit their letters of interest to the Tribal Administrator's Office located at 34 Reservation Road.

Reno-Sparks Indian Colony Police, Fire, and Emergency Services Volunteer Cadet Program



We are looking for native youth or young adults who are interested in joining the newly formed Public Safety Cadet Program

The Mission of this program is to offer young native minors and adults, ages 14-20, who are interested in a career in public safety, a personal awareness of the criminal justice system, fire science, and emergency services, through practical training, hands-on experience and other related activities.

The Cadet program is for those youth who meet the following requirements:

- * At least 14 years of age
 - * Graduated the 8th grade
 - * A minimum GPA of 2.0, is encouraged
 - * Under 18 years of age requires parental consent
 - * Registered member of RSIC and/or a federally recognized native tribe
 - * Tribal descendants of a registered member of RSIC and/or descendants of another federally recognized native tribe
 - * Drug and alcohol tests mandatory, as required by RSIC HR for "Volunteers"
- Cadets will be used for traffic control, special event security, and outreach programs.

This gives them hands-on experience and training by members of RSIC Tribal Police, Tribal Fire, and Emergency Management personnel, in the use of equipment, public safety tactics, first aid, event security, and other life skills.

Meetings/Physical Training

Meetings are held: TBA. Meetings and training will be taught by RSIC Police personnel, members of the RSIC Hungry Valley Fire Department, and the Emergency Services Department. Ride-a-longs, Films, guest speakers, lectures, practical exercises, and demonstrations will be used. There will be uniforms provided to qualified Cadets. Cadets will endure inspections, some drilling time, along with some physical training and classroom time. Cadets will be expected to attend 2-4 hours of activity's per month.

For additional information contact information provided on the right. Applications are located at 405 Golden Lane Reno NV 89502 at the RSIC Police Department.



Jarrod Nunes
Chief of Police
775-785-8776
jnunes@rsic.org



Lance Chanter
Hungry Valley Fire
Management
Coordinator at
775-785-1339
LChanter@rsic.org



Ceira Sampson.
Emergency Services
Manager at
775-785-1354
Csampson@rsic.org

RENO RODEO 2024

CATTLE DRIVE



2024 Reno Rodeo Cattle Drive arriving in Hungry Valley Wednesday June 19 with the wagons first to arrive then shortly after the team of 60 riders riding in with 300 head of cattle. The Cattle Drive rode out of Hungry Valley early the next morning to the Reno Rodeo grounds.

Memorial Day Wreath Making

Photos submitted by RSIC TA Duane Sherman Sr.

Wreath making, hosted by RSIC Recreation Department, each year as we remember and honor our loved one's with floral decorations or for those who served in the armed forces with patriotic colors and flags.





DUI LEVEL II, II-X, & III

WEEKLY

Mondays 3:00-4:00 PM



- ✓ MAKE POSITIVE CHANGES TO YOUR HIGH-RISK DRIVING BEHAVIORS
- ✓ LEARN HOW ALCOHOL & OTHER DRUGS AFFECT DRIVING ABILITY
- ✓ EXAMINE YOUR SUBSTANCE ABUSE PATTERNS
- ✓ EXPLORE THE LINK BETWEEN THOUGHTS, FEELINGS & BEHAVIOR
- ✓ DEVELOPE A PLAN FOR CHANGING YOUR IMPAIRED DRIVING BEHAVIOR

For more information
(775) 334-0989
or
(775) 329-5162 EXT 7785

"The Reno-Sparks Indian Colony is a federally recognized Indian Tribe & is therefore subject to sovereign immunity. Individuals entering the Tribe's jurisdiction are agreeing to their civil & criminal jurisdiction (if applicable)."



"Harnessing the power of change"



ANGER MANAGEMENT

TUESDAYS AT 4:00PM

For more information,
please call the Behavioral
Health Department

775-334-0989

OR

775-329-5162 extension 7785

"The Reno-Sparks Indian Colony is a federally recognized Indian Tribe & is therefore subject to sovereign immunity. Individuals entering the Tribe's jurisdiction are agreeing to their civil & criminal jurisdiction (if applicable)."

THE BENEFITS

Knowing Your Triggers

Learn to identify what sets you off or worsens your anger

Communication Skills

Learn how to express feelings and needs assertively (not aggressively)

Respond Instead of React

Calm yourself down

DOMESTIC

THURSDAYS

4:00-5:30 PM

VIOLENCE

Intervention Group



"The Reno-Sparks Indian Colony is a federally recognized Indian Tribe & therefore subject to sovereign immunity. Individuals who enter the Tribe's jurisdiction are agreeing to their civil & criminal jurisdiction (if applicable)."

FOR MORE INFORMATION ON THE GROUP OR TO GET SIGNED-UP, PLEASE CALL:

(775) 334-0989

OR

(775) 329-5162 ext. 7785

Behavioral Health
1715 Kuenzli Street
Reno, NV 89502



PATH TO A BETTER YOU



Substance Abuse Outpatient Group Level I

- Psychoeducation to identify factors that compel problematic use and/or continued use.
- Skill development to learn how to enhance the skills necessary to break free of addictions.

When: Wednesdays

Time: 10am-11:30am

PROGRESSION NOT PERFECTION

"The Reno-Sparks Indian Colony is a federally recognized Indian Tribe & therefore is subject to sovereign immunity. Individuals who enter the Tribe's jurisdiction are agreeing to their civil & criminal jurisdiction (if applicable)."

If you would like more information or have questions please call (775) 329-5162 ext. 2014



Movie Night With Human Services, VOC and Police Department

Brother Bear

July 11, 2024 at 6:00 p.m.
Anderson Park

Free: Hot dogs, pizza, popcorn and soft drinks!

All RSIC Community are welcome to attend. Please bring chairs



Sponsored by RSIC Human Services, VOC & Police Department!
Victims Services Program will promote awareness and provide brochures.



RED ROAD RETURNS FRIDAYS 4:00 PM

* The Reno-Sparks Indian Colony is a Federally recognized Indian Tribe and therefore subject to sovereign immunity. Individuals entering the Tribe's jurisdiction are agreeing to their civil and criminal jurisdiction (if applicable).



Service
Spiritual
Awareness
Perserverance
Justive
Forgiveness
Humility
Willingness
Integrity
Courage
Faith
Hope
Honesty



During these meetings you will have the opportunity to listen to others and share you experience, strength, and hope.

These meetings will focus on creating new thought patterns, new attitudes, and new feelings about yourself and not on "fixing" other people

START DATE: October 20th
LOCATION: Behavioral Health Conference Room

For more information call:
(775) 329-5162 ext. 2014

THREE NATIONS WELLNESS CENTER

WORKOUT CLASS SCHEDULE

MONDAY

12:15-12:45 PM - F.I.T. (FUN INTERVAL TRAINING) WITH WALI

TUESDAY

12:15-12:45 PM - POWER HALF HOUR WITH MICHELLE

WEDNESDAY

12:15-12:45 PM - STEP WITH WALI

THURSDAY

12:15-12:45 PM - BEND & EXTEND STRETCHING WITH TIFFANY

FRIDAY

12:15-12:45 - SPIN WITH MICHELLE

→ NEW GYM HOURS ←



MONDAY 8:00-7:00PM

TUESDAY 8:00AM-7:00PM

WEDNESDAY 8:00AM-1:00PM

THURSDAY 8:00AM-7:00PM

FRIDAY 8:00AM-5:00PM

STARTING 1/2/2024

CLASSES ARE FIRST COME FIRST SERVE

FOR ANY QUESTIONS CALL 3NWC AT 775-329-5162



Shoe Vouchers are available! LOVE YOUR FEET

1. Schedule an appointment with your provider.
 2. Request a Diabetes and foot exam
 3. Get your labs
- Call (775) 329-5162 to schedule your appointment.

Please contact Christian Lee
Diabetes Program Manager, for further questions.
(775) 329-5162 Ext. 1943

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Commodity Food Distribution

2024 SCHEDULE



Tuesday July 23, 2024
8am-11:45am
Reno Sparks Indian Colony

2024 DATES

1/23 2/27 3/20 4/23 5/28 6/18
7/23 8/27 9/24 10/29 11/25 12/31



Administration Bldg.
34 Reservation Rd.
Reno, Nv.

NEW CLIENTS - PLEASE COMPLETELY FILL OUT THE COMMODITY APPLICATION. BE PREPARED TO PROVIDE COPIES OF INCOME, SOCIAL SECURITY NUMBERS AND PROOF OF ADDRESS FOR THE WHOLE HOUSEHOLD. THIS WILL SPEED UP YOUR PROCESS TIME.
PLEASE SEND AN AUTHORIZED REPRESENTATIVE WITH A NOTE IF YOU CANNOT MAKE THE DISTRIBUTION SITE.
IF NOT WE WILL NOT GIVE YOUR ALLOTMENT OF COMMODITIES TO ANYONE.

For more info PLEASE call
Yerington Paiute Tribe
Commodity Program
775 783-0260 EXT 2 or CELL
775 781-4856
FAX 775 463 - 7856 or
yptcommods@gmail.com

SCHEDULE IS SUBJECT TO CHANGE!
STAFF WILL NOTIFY YOUR TRIBE IF THERE ARE ANY CHANGES



**VISIT THE
FOOD BANK OF NORTHERN
NEVADA'S MOBILE HARVEST
IN HUNGRY VALLEY**

**7/16/2024
2:30 - 3:30PM**

**NOTE THE NEW
DATE!
MH IS NOW ON THE
3RD TUESDAY OF
THE MONTH
FROM 2:30-3:30 PM**

**DRIVE
THROUGH
UNTIL
FURTHER
NOTICE**

**WHERE:
HV GYM PARKING LOT
LIMIT ONE DISTRIBUTION PER WEEK**

PLEASE NOTE:

- EACH FAMILY (NOT PERSON) RECEIVES ONE DISTRIBUTION
- CLIENTS MAY PICK UP FOR UP TO FAMILIES NOT PRESENT
- VOLUNTEERS DISTRIBUTE BASED ON WHAT FBNN STAFF WRITES ON WINDSHIELDS






**OPEN TO RSIC
TEENS / FAMILIES
RSIC EMPLOYEES
SUPPLIES ARE
LIMITED
MUST FILL OUT NNFB
REQUIRED FORMS**

TEEN FOOD PANTRY

**OPEN FOR WALK-INS
TUESDAYS 9:30AM-3:30PM
THURSDAY 2:30-4:30**

HV TRANSITIONAL LIVING CENTER
105 LOOP ROAD SPARKS, NV 89441

**LIMITED DELIVERIES ARE AVAILABLE
FOR MORE INFORMATION CALL ROBIN M. EAGLE
@ [775] 329-2936 EXT. 3218**

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The Recreation Program would like to remind you to please



**BE KIND
AND COURTEOUS**




Before entering the RSIC Recreation basketball courts
and weight centers

- *CLEAN/WIPE OFF SHOES or
- *CHANGE INTO CLEAN SHOES

Benches and cleaning areas are provided upon
entering both gyms & weight centers


Thank you from all Recreation Staff

We appreciate your cooperation and understanding
in providing a clean & safe facility for the RSIC
community.

With the weather starting to heat up


Safety Tips BEFORE

Morning or Evening Walk



- Check the weather and be prepared for sun, rain or wind
- Drink plenty of water before your walks and avoid alcohol and caffeinated drinks
- Carry extra water with you to drink as you take your walks
- Stick to well-used trails if all possible
- Know the signs of heat sickness and seek shelter if you have symptoms
- Avoid tall grass, weeds, heavy underbrush and crawling in rocks/wood piles where snakes may hide
- If you see a snake do not provoke it, wake it up and do not pick it up, even if it looks dead

- Signs of heat sickness include:
 - * Heavy sweating
 - * Weakness
 - * Muscle cramps
 - * Dizziness
 - * Headache
 - * Nausea/vomiting
 - * Fainting



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RENO-SPARKS INDIAN COLONY



COURIERS WANTED

Must be 13 years of age or older
Reno and Hungry Valley

Reno Rates:
Flyers: \$25
Camp News: \$70



FOR MORE INFO

Hungry Valley Rates:
Flyers: \$40
Camp News: \$90

CALL 775.329.2936 Ext.3269 or 3209
you can also email us at
LPLASCENCIA@RSIC.ORG
OR
AHENSLEE@RSIC.ORG

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2024 Annual Paiute Language Bowl

On the morning of Wednesday May 29, 2024, as the bright yellow school buses from, Schurz Elementary, Yerington, Spanish Springs, McDermitt, Reed and Wooster High Schools arrived at the Reno-Sparks Indian Colony Gymnasium for the Annual Paiute Bowl where learning students of the Paiute Language compete to show how much they have learned with the knowledge and skills of understanding and interpreting the language. The Paiute Bowl was hosted by the Washoe County School District.



2024 Graduating Seniors who participated in the Paiute Bowl. 1st - Yerington, 2nd - Spanish Springs, 3rd - Reed, 4th - Wooster, 5th McDermitt



2024 SUMMER DAYCAMP

Day Camp Hours: 12-4pm daily



Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
Due to the overwhelming number of children who attend day camp, the program has exceeded the maximum capacity at our field trip sites and they cannot accommodate our combined number of children. Recreation will be splitting up the Reno/HV centers on certain days to meet the required capacity limit. Please do not allow your child or children to attend both sites. We encourage you to please attend the site nearest your home.					15 Reno: Urban Air HV: Round One Arcade Depart: Reno 12:30 PM HV 11:00 PM	16 Reno/HV: Gym Day Reno - DARE HV - Language	17 Reno/HV: Swim @ Tahoe Meeks Bay Depart: Both Sites 9 AM	18 Reno/HV: Gym Day Reno - Language HV - DARE	19 Reno: Peppermill Arcade HV: Fly High Depart: Reno 12:30 PM HV 12:30 PM
June 17 Reno: Peppermill Arcade HV: Coconut Bowl Depart: Reno 12:30 PM HV 12:30 PM	18 Reno/HV: Gym Day Reno - DARE HV - Language	19 Reno/HV: Swimming @ PL & B.B.Q Depart: Both Sites @ 10:00 AM	20 NO DAY CAMP Reno Site due to funeral Reno - Canceled HV - DARE	21 Reno: Roller Kingdom HV: Movies @ IMAX Depart: Reno 12:30 PM HV 12:30 PM	No Day Camp - Teen Trip				
24 Reno: Fly High HV: Discovery Museum Depart: Reno 12:30 PM HV 12:30 PM	25 Reno/HV: Gym Day Reno - DARE HV - Language	26 Reno: Chuck E. Cheese HV: Hike Day Depart: Reno 12:30 PM HV	27 Reno/HV: Gym Day Reno - Language HV - DARE	28 775.359.2927 Depart: Both Sites 10:00 AM					
July 1 Reno: Bike Ride to Arlington Park HV: Roller Kingdom Depart: Reno 12:30 PM HV 11:00 AM	2 Reno/HV: Gym Day Reno - DARE HV - Language	3 Reno: Carson Valley Swim Center HV: Defy Sparks Depart: Reno 10:00 AM HV 12:30 PM	4 No Day Camp 	5 Reno/HV: Movies @ IMAX Depart: Both Sites 12:30 PM	5 Reno: Fly High HV: Coconut Bowl Depart: Reno 12:30 PM HV 12:30 PM	6 Reno/HV: Gym Day Reno - DARE HV - Language	7 Reno: Coconut Bowl HV: Urban Air Depart: Reno 12:30 PM HV 12:30 PM	8 Reno/HV: Gym Day Reno - Language HV - DARE	9 Reno/HV: Swimming @ PL & B.B.Q Depart: Both Sites 10:00 AM
8 Reno/HV: Gym Day Reno - DARE HV - Language	9 Reno/HV: Ace's Game Depart: Both Sites 11:00 AM	10 Reno: Gym Day Reno - Language HV - DARE	No Day Camp - Youth Campout						

PARENTS:

PERMISSION SLIPS: Your child must have a **2024 permission slip** on file before attending the activities. If your child has not yet done so, please contact the Recreation Dept. ASAP. Please make sure your child wears appropriate clothing and shoes for each day's activity and weather.

PARENTS: THIS SCHEDULE IS SUBJECT TO CHANGE WITH OR WITHOUT PRIOR NOTICE DUE TO UNFORESEEN CIRCUMSTANCES

DAY CAMP HOURS: Day camp starts at 12:00 and ends at 4:00. (Unless otherwise noted) **GYM DOORS WILL OPEN AT 9am**

DAY CAMP AGE REQUIREMENT: children must be 6-17 yrs. old to attend. All teens are encouraged to attend day camp activities.

Please make sure your child wears appropriate clothing and shoes for each day's activity and weather. *If you have any questions feel free to contact the Reno Gym @ 775-329-4930 after 9:00 AM.*

RSIC Recreation Program proudly presents the

JR. STAFF PROGRAM

The Jr. Staff program is a leadership and life skills program for teens 13-18 yr. old run by the recreation program. All meetings will be in Hungry Valley Conference room on Tuesdays from 6 pm- 7 pm. Dinner will be provided for all in attendance.

Jr. Staff applications are due before or at the first meeting. Pick-up an application at Reno Gym or HV Rec Center. For more information, contact Heather Sam at (775) 785-1360 or email hsam@rsic.org.

Meeting Dates:

June 18	Leadership Style/Color Test
June 25	GREAT Values
July 2	Dress Sense
July 9	Career Start
July 16	Money Matters
July 30	Diploma to Degrees
August 3	HV Community Clean-Up
August 6	Pizza Party and Raffle

ALL RSIC Recreation sponsored events are for the enjoyment of the RSIC enrolled members/permanent residents.



TEEN SUMMER TRIPS

JUNE 20: CIRCUS, CIRCUS, 6 PM

JUNE 27: GALAXY THEATERS, 6 PM

JULY 11-12: PYRAMID LAKE CAMP TRIP

JULY 18: SENSOLGY, 6PM

JULY 22-26: TEEN TRIP TO LA

AUGUST 1: WEST WIND DRIVE-IN, 7 PM

AUGUST 8: ROLLER KINGDOM, 6 PM

PLEASE BE AT SITES 30 MINS BEFORE TRIP.

FOR ANY QUESTIONS, CALL REC AT
RENO (775) 329-4930 OR HV (775) 785-1360

All RSIC Recreation sponsored events are for the enjoyment of the RSIC enrolled members/permanent members.



THE RENO-SPARKS INDIAN COLONY IN
COLLABORATION WITH ARTOWN PRESENT



NATIVE AMERICAN CELEBRATION



PAMYUA

PAMYUA, AN INDIE BAND FROM ALASKA, SHOWCASES INUIT CULTURE
THROUGH MUSIC AND DANCE PERFORMANCE. THE SHOW IS A
PLATFORM TO SHARE INDIGENOUS KNOWLEDGE AND HISTORY. OFTEN
DESCRIBED AS "INUIT SOUL MUSIC,"

Local Native American artists and vendors
Food available for purchase

**REMEMBER
TO BRING**

BLANKETS OR LOW BEACH CHAIRS TO SIT ON.
WATER AND PICNIC LUNCH

July 3, 2024

FROM 7:30PM - 9PM

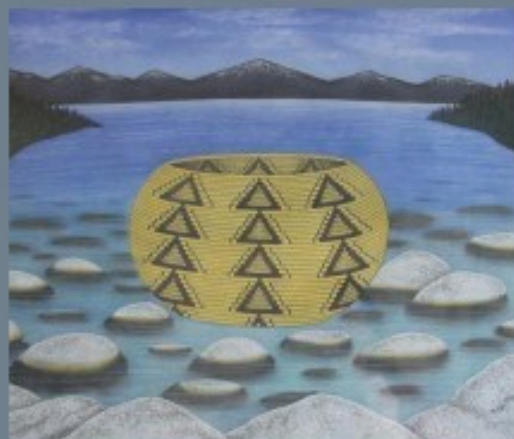
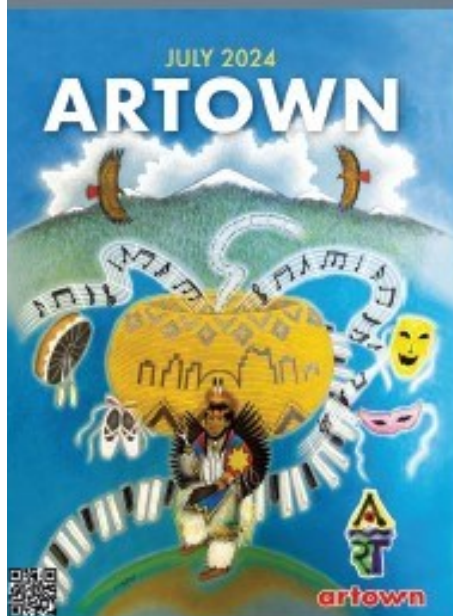
WINGFIELD PARK

2 S. ARLINGTON AVE.
RENO, NV 89501

**FAMILY
EVENT!
FREE
ENTRY!**

FOR MORE INFORMATION CONTACT MICHON R. EBEN - RSIC CULTURAL RESOURCES/THPO - AT
775-785-1326 OR ARTOWN AT 775-322-1538

Artist Reception: *The art of Steve Nighthawk*



Come to support Steve Nighthawk your fellow tribal member, neighbor, relative and friend as we celebrate his work as an artist and the 2024 Artown poster artist.

About the Exhibition

A **SMALL** collection of Steve Nighthawk's artwork will be on display at the Sierra Arts Gallery.

Steve's media include pencil, charcoal, oil, and chalk pastels. His art captures wildlife, Native spirituality, and indigenous ways of life.

The reception will be held on:

Thursday, July 11 2024
6:00pm – 8:00 pm

Sierra Arts Gallery
17 S. Virginia St., Ste. 120
Reno, NV 89501

Exhibit open:
July 2nd – July 20th

For more information contact RSIC Cultural Resources/THPO at: 775-785-1326 or
Sierra Arts Gallery at 775-329-2787

RENO - SPARKS INDIAN COLONY

IN
OBSERVANCE
OF

4TH
JULY

RSIC ADMIN
&
RSTHC

WILL BE CLOSED

THURSDAY JULY 4, 2024

WILL RESUME REGULAR BUSINESS HOURS
FRIDAY JULY 5, 2024

