



# THE CAMP NEWS

VOLUME XVIII ISSUE 3

March 2024

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SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

## BACK TO BACK NIAA CLASS 1A STATE CHAMPIONS!!! Congratulations Pyramid Lake Lady Lakers!



### Pyramid Lake Girls defeat McDermitt 75-35 for the Class 1A State Basketball Championship

L to R: Coach Tony Lara, Jordon Keo (RSIC), Kaitlyn Mandell, Joyana Wasson (RSIC), Olivia Lara, (RSIC), Raynan Mix-Tapija, Trista Kelly, Koge Redstone (RSIC) , Lorena Eben, Coach Ray Charles, Coach Gus Mix. Sitting: Shaylaya Barazza (RSIC) and Sequoia Harjo (RSIC)

(Reno, NV—RGJ Article by Jim Krajewski & is republished with permission) - Pyramid Lake left no doubt about its basketball prowess, capturing its second straight state title in dominating fashion.

The Lakers rolled over McDermitt, 73-35, to win the Class 1A

girls basketball title on Saturday at the Virginia Street Gym on the Nevada campus.

Pyramid Lake coach Ray Charles his team's strength is the run-and-shoot.

"We did that pretty well early and just kind of put (the Bulldogs) on their heels, and things just went our way today,"

Charles said.

The Lakers have won two straight state titles, after losing in overtime in the state final in 2022.

The two seniors & are also cousins, Shalaya Barazza (Bishop Paiute Tribal Member & RSIC Resident) and Sequoia Harjo

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# RSIC TRIBAL COUNCIL MEETINGS



TRIBAL  
COUNCIL  
MEETINGS

## General Council Meetings

**Wednesdays  
6 PM**

## Economic Development Colony Enterprise Meetings

**Wednesdays  
6 PM**

RSIC Tribal Council: Top Row L to R  
Vice Chairman Anthony Abbie, Jerrold Wyatt,  
Chairman Daryl Gardipe, Toby Stump  
Bottom Row: Judy Miller, Tribal Secretary  
Marlene Yarrow, Veronica Imus, Treasurer  
Robin M. Eagle, Elizabeth Dunn

January 17, 2024  
Tues., February 20, 2024  
March 13, 2024  
April 10, 2024  
May 15, 2024  
June 12, 2024  
July 17, 2024  
August 14, 2024  
September 11, 2024  
October 16, 2024  
November 18, 2024  
December 11, 2024

**March 2024**  
**In-Person Meeting** Reno Multipurpose Room  
**Location** 34 Reservation Rd.  
Reno, Nv. 89502

Meeting also available virtually



Public Comment Opportunity  
at General Council Meetings only. If  
you have immediate concerns or  
would like to submit your public  
comment prior to any General  
Council Meeting date, send email to  
[comments@rsic.org](mailto:comments@rsic.org).

January 31, 2024  
February 28, 2024  
March 27, 2024  
April 24, 2024  
May 29, 2024  
June 26, 2024  
July 31, 2024  
August 28, 2024  
September 25, 2024  
October 30, 2024  
November 26, 2024

**JOIN US IN-PERSON OR BY ZOOM**

For meeting info, contact Public Relations Office at  
775-842-2902 or [bsam@rsic.org](mailto:bsam@rsic.org)

## Deadlines, Mailing List

### *The Camp News Profile*

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony (RSIC) community. The newsletter is produced monthly out of the RSIC Public Relations Office, and duplicated and distributed by the RSIC Administration Front Office.

### SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

### CONTACT OUR STAFF

E-mail your submissions to [newsletter@rsic.org](mailto:newsletter@rsic.org), [bsam@rsic.org](mailto:bsam@rsic.org) or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

### CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post Office, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

### ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: [www.rsic.org](http://www.rsic.org) and PDFs of our publication are available.

If you have questions, call us at 329-2936.

## February 2024 IMPORTANT DATES

- 1 UNITY Monthly Meeting at TLC 6-8pm
- 9 UNITY Movie Night, Kung Fu Panda, Call 775-329-6114 for more info.
- 10 UNITY Vision Board Making, 10am-6pm at TLC Building, 775-329-6114
- 13 Tribal Council General Meeting Reno 34 Multi Purpose Room 6pm  
Senior St. Patrick's Day BINGO, 12:30pm, RSIC Senior Center
- 14 Girl Scouts Troop 155 HV Gym 6-7PM
- 15 UNITY St. Patrick's Day BINGO, 34 Res Rd at 6pm
- 16 Foster Parent Presentation HV TLC 10am-12pm
- 19 FBNN Mobile Harvest HV gym parking lot 2:30-3:30pm
- 20 Commodity Distribution 8am-11:45am 34 Admin Bldg.
- 22-24 March Madness Youth Co-Ed Basketball Tourney HV Gymnasium
- 23 Foster Parent Presentation Reno 34 Multi Purpose Rm, 10am—12pm
- 26-28 Indian Education Annual Summit, 8:30am-4:30pm daily
- 26 Lakota Beauty Basketball Camp- 6th-12th grades, 5pm , Reno Gym. Info: 775-329-5162 ext 2009
- 27 Lakota Beauty Basketball Camp– K-5th grades, 9am , Reno Gym. Info: 775-329-5162 ext 2009  
-Tribal Council Economic Development Meeting Reno 34 Multi Purpose Rm 6pm
- 28 Girl Scouts Troop 155 HV Gym 6-7PM
- 29 3rd Annual Red Dress Pow Wow , Boy's and Girls Club, 1500 Foster Drive, Reno, 5pm –9pm  
Good Friday Services at Colony Christian Church, 5pm
- 31 Sunday Sunrise Service at Colony Christian Church, 8am w/ breakfast buffet.  
Resurrection Sunday Service at Colony Christian Church, 11am

### RSTHC Weekly Events

- ♦ MONDAY'S @ 3pm- DUI LEVEL II,LL-X, & III
- ♦ TUESDAYS @ 4pm- ANGER MANAGEMENT
- ♦ WEDNESDAYS @ 10am- SUBSTANCE ABUSE OUTPATIENT GROUP LEVEL I
- ♦ THURSDAY'S @ 4pm—DOMESTIC VIOLENCE INTERVENTION GROUP
- ♦ FRIDAYS @ 4pm—RED ROAD TO WELLBRIETY

### Please Note:

- **COVID-19 Stockpile & Assistance:** To request PPE or would like to know more info about COVID-19 Assistance, call Joanna Hicks at 775 -560-0941.
- **Hungry Valley Rec Lower Level Center/Library Closure Feb. 29, 2024—April 5, 2024**
- **UNITY Teen Food Pantry** @ TLC Open to RSIC Teens/Families RSIC Employees. Supplies are limited Must Fill out NNFB Required Forms. Tuesdays 9AM-3PM & Thursdays 3PM-5PM .

Find the most up-to-date info on RSIC's Facebook.

If you'd like to receive RAVE Alert text messages, call/text 775-842-2902 or [bsam@rsic.org](mailto:bsam@rsic.org) or [bharjo@rsic.org](mailto:bharjo@rsic.org)

### Follow Us At:



[www.rsic.org](http://www.rsic.org)



# Commodity Food Distribution

## 2024 SCHEDULE



Wednesday March 20, 2024  
8am-11:45am

Reno Sparks Indian Colony

### 2024 DATES

1/23 2/27 3/20 4/23 5/28 6/18  
7/27 8/27 9/26 10/31 11/27 12/31



Administration Bldg.  
34 Reservation Rd.  
Reno, Nv.

NEW CLIENTS - PLEASE COMPLETELY FILL OUT THE COMMODITY APPLICATION. BE PREPARED TO PROVIDE COPIES OF INCOME, SOCIAL SECURITY NUMBERS AND PROOF OF ADDRESS FOR THE WHOLE HOUSEHOLD. THIS WILL SPEED UP YOUR PROCESS TIME.  
PLEASE SEND AN AUTHORIZED REPRESENTATIVE WITH A NOTE IF YOU CANNOT MAKE THE DISTRIBUTION SITE.  
IF NOT WE WILL NOT GIVE YOUR ALLOTMENT OF COMMODITIES TO ANYONE.

For more info PLEASE call  
Yerington Paiute Tribe  
Commodity Program  
775 783-0260 EXT. 2 or CELL  
775 781-4856  
FAX 775 463 - 7856 or  
yptcommod@qmail.com

SCHEDULE IS SUBJECT TO CHANGE!  
STAFF WILL NOTIFY YOUR TRIBE IF THERE ARE ANY CHANGES



Continued from page 1

(RSIC Tribal Member), weren't able to play their freshman season due to the pandemic, said that loss to Coleville High School in 2022 propels every day.

"It's a great win for them because they are the heart of our program," Charles said of the seniors. "It's their third straight championship game and to win two of them, it's a big accomplishment."

They appreciate the fan support.

"Seeing how many people are here to support us, it's really emotional," Harjo said.

Some stellar shooting from deep also helped on Saturday as the Lakers hit 11-of-13 from 3-point range.

Olivia Lara, a junior, led the way with 18 points, including

three 3-pointers; Shalaya Barazza and Kaitlin Mandell each added 11 points and Raynan Mix-Tapija had 10 as the Lakers finished the season at 27-4 overall and winners of their last 19 straight games.

The Virginia Street gym seats 1,800 and it was packed full of fans on Saturday, mostly from Nixon and Wadsworth, and they let the players know their delight as cheers cascading from every corner of the 89-year-old building.

"The crowd really supports our girls and this is great for our Native population," Charles said. "It's a lot of hard work and there's a lot of good teams out there."

It is Pyramid Lake's third state championship overall (1981, 2023, 2024). McDermitt won

PL Seniors, Cousins & RSIC Community:  
Sequoia Harjo and Shalaya Barazza

one state title, in 1988.

Reign Crutcher led McDermitt with 16 points. The Bulldogs finished 19-5 overall.

*Reno-Sparks Indian Colony is beyond proud of these young ladies and their accomplishments. These ladies were motivated by their criticisms and used them to improve their game. Not to mention their undeniable teamwork and chemistry on the court. This was truly the DREAM TEAM.*

*Congratulations the Pyramid Lake Girls Basketball Team and Coaches Ray Charles, Arena Tapija, Tony Lara and Gus Mix.*

*Special shot out to the RSIC Tribal Members and RSIC Community Members: Jordan Keo, Joyana Wasson, Koge Redstone, Olivia Lara, Sequoia Harjo and Shalaya Barazza. It was a joy to watch and cheer you all on.*



Reno Sparks Tribal Health Center

# WHAT IS PRC?

All care provided at the Reno Sparks Tribal Health Center is considered "Direct Care".

Purchased and Referred Care (PRC) is a program that covers financial costs for referrals and/or emergency services outside of the RSTHC. PRC is not an entitlement program and a referral does not guarantee the care will be paid for. If RSTHC is requested to pay, a patient must meet residency, notification, medical priority of care and use of alternate resources requirements of as required per 42 CFR 136.23, 136.24 and 136.61 in order to be eligible for PRC.

Please contact us for assistance:

Purchased and Referred Care  
775-329-5162

Tia Scott, PRC Clerk, Ext #2002  
Felicia Johnson, PRC Clerk, Ext #1917



We want to contact you!

## IMPORTANT

We want to ensure our patients receive a high-level of care, customer service and overall experience at The Reno Sparks Tribal Health Center. Please make sure your contact information is current, so our staff are able to get in contact with you for the following needs:

Appointment reminders  
Rescheduling appointments  
Referral updates  
Patient Care information & Test Results  
General updates/weather closures



Update with Patient Registration

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## UPDATE - EMERGENCY ROOM AND AFTER-HOURS CARE



Emergency Room visits are for emergencies only and using it inappropriately for routine health care and other non-emergent needs can result in possible denial of payment by RSTHC Purchased and Referred Care (PRC).

Please remember to notify our Purchased Referred Care staff within 72 hours after an Emergency Room or after-hours Urgent Care visit. Please do not hesitate to contact us if you have questions, we are here to support you!

 Purchased and Referred Care  
775-329-5162

Tia Scott, PRC Clerk, ext 2002  
Felicia Johnson, PRC Clerk, ext 1917



# New program aims to boost tribal access to care, but advocates say more can be done

*Proponents of the program say answers needed to “outstanding questions” that would boost the number of participating insurers.* By: Tabitha Mueller, The Nevada Independent

(Feb 23, 2024—Reno, NV) - A yearlong effort to launch a state program that would help increase tribal communities' access to health care and health insurance became fully operational last week.

But proponents of the program, a collaboration between tribes, insurers and Nevada's health insurance exchange, caution that more work needs to be done for the voluntary program to be successful.

“We're off and running right now,” the exchange's executive director, Russell Cook, said in an interview. “However, I want to really emphasize that we definitely have some outstanding questions that we need to address with our insurance carriers in order to convince them to be willing stakeholders in this process.”

The tribal sponsorship program consists of three parts that proponents say are aimed at improving tribes' health care access: offering Nevada tribal members enrollment assistance through the Nevada Health Link



(L to R): Angie Wilson, RSTHC Director; Russell Cook, Nevada Health Link Director; and Allison Geno, Nevada Public Health Resource Officer

website platform via tribal exchange representatives, allowing tribes to make payments to insurers in one single monthly payment (known as aggregated billing) and a policy advocacy arm.

One reason for the need for voluntary participation is that the tribal sponsorship program is a supplementary service sanctioned but not mandated by the Affordable Care Act (ACA). The only other state that appears to have implemented a similar program with an aggregated billing workflow is Washington.

The executive director of the Reno-Sparks Tribal Health Center, Angie Wilson, has been one of the leading voices advocating for the program. She said that

establishing the tribal sponsorship program's apparatus is a good first step, but the state has only one qualified health plan on the exchange that has agreed to conduct the aggregated billing component, and that's a challenge, especially for tribes that are spread across the state.

“The Reno-Sparks Tribal Health Center wants to be able to exercise the full flexibility and really work with all the [qualified health plans], but right now we only have one,” she said, noting that aggregated billing is critical for tribes that face challenges with processing health insurance claims and payments for individual members. They would have an easier time if those payments were aggregated, she not-

Continued on page 10-11



# Colony Christian Fellowship

Good Friday Service: March 29<sup>th</sup>—5pm

Sunday Sunrise Service: March 31<sup>st</sup>—8am  
Followed by a BREAKFAST buffet

Resurrection Sunday Service  
March 31<sup>st</sup>—11am



Come and hear the hope of the Savior!

## Easter Weekend Services

625 Golden Lane, Reno NV 89502 — Corner of Mill St. and Golden

INTERESTED IN  
BECOMING A FOSTER  
PARENT?

FOR THE  
RENO/SPARKS INDIAN COLONY

Join us for a Presentation  
with Snacks and Drinks

- Hungry Valley Transitional Living Center  
March 16th, 10:00 am-12:00 pm

-34 Reno Multipurpose Room  
March 23rd, 10:00 am- 12:00 pm

OPEN TO ALL RSIC TRIBAL MEMBERS  
For more details, call Human Services  
775-329-5071 ext.7956

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Help Us Protect Thacker Pass / PeeHee Mu'Huh:  
Where Our Ancestors Were Massacred



"YOU CAN'T MINE YOUR WAY OUT OF A CLIMATE CRISIS"

More info at [www.rsic.org](http://www.rsic.org) or [www.protectthackerpass.org](http://www.protectthackerpass.org)

RENO-SPARKS INDIAN COLONY



Presented by Reno-Sparks Indian Colony UNITY





# Reno-Sparks Indian Colony

## Police, Fire and Emergency Services



Are looking for native youth or young adults who are interested in joining the newly formed Public Safety Cadet Program

The Mission of this program is to offer young native minors and adults, ages 14-20, who are interested in a career in public safety, a personal awareness of the criminal justice system, fire science, and emergency services, through practical training, hands-on experience and other related activities.

The Cadet program is for those Native youth who meet the following requirements:

- At least 14 years of age
- Graduated the 8th grade
- A minimum GPA of 2.0, is encouraged
- Under 18 years of age requires parental consent
- Registered member of RSIC and/or a federally recognized native tribe
- Tribal descendants of a registered member of RSIC and/or descendants of another federally recognized native tribe
- Drug and alcohol tests mandatory, as required by RSIC HR for "Volunteers".

Cadets will be used for traffic control, special event security, and outreach programs. This gives them hands-on experience and training by members of RSIC Tribal Police, Tribal Fire, and Emergency Management personnel, in the use of equipment, public safety tactics, first aid, event security, and other life skills.

### Meetings/Physical Training

Meetings are held: TBA. Meetings and training will be taught by RSIC Police personnel, members of the RSIC Hungry Valley Fire Department, and the Emergency Services Department. Ride-a-longs, Films, guest speakers, lectures, practical exercises, and demonstrations will be used. There will be uniforms provided to qualified Cadets. Cadets will endure inspections, some drill time, along with some physical training and classroom time.

### Additional Information:

RSIC Emergency Management being a part of this program will allow youth access to CERT (Community Emergency Response Team). Cadets 18-20 would be eligible for Colony training, such as FEMA training.

Please contact Jarrod J. Nunes, Chief of Police at 775-785-8776 or [jnunes@rsic.org](mailto:jnunes@rsic.org) or Lance Chantler, Hungry Valley Fire Management Coordinator at 775-785-8339 or [LChantler@rsic.org](mailto:LChantler@rsic.org) or Ceira Sampson, Emergency Services Manager at 775-785-1354 or [Csampson@rsic.org](mailto:Csampson@rsic.org) if interested in joining or if you request additional information.

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Reno-Sparks  
Indian Colony  
Police Department

IS SEEKING



## LATERALS & LAW ENFORCEMENT RETIREES

401 K matched by RSIC

Medical & Dental

Take home vehicle

Uniforms & Equipment provided

Post Physical Fitness Test, waived for qualified applicants

If you are looking to supplement your retirement, look no further.

The Reno Sparks Indian Colony Police Department is a fully accredited NV POST Police agency. The Reno Sparks Indian Colony has Patrol Officers, and sworn Ranger positions open for immediate employment.

If you would like to apply or have further questions please contact the Reno-Sparks Indian Colony Police Department located at 405 Golden Ln. Reno NV (775)785-8776



WWW.RSIC.ORG

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## CCD / WNA FIRE



### 2024 AD Fire Hiring Season

Fire training will take place starting in the month of April, consisting of classroom training, rookie school and pack test (for firefighters). For those already qualified, there will be refresher training offered.

#### Firefighter Requirements

- 18 years or older
- Physical examination
- Work Capacity Test –(Pack Test)-walk 3 miles, carrying 45-lb. pack in 45 minutes or less

#### Camp Crew Requirements

- 16 years or older (need to be 16 by 6/30/2024)

#### Various Overhead Positions

- For trainees and qualified personnel

Hourly Rate: \$17.00

Camp Help: \$17.00

Camp Crew Boss: \$23.20

FFT2 (Rookie Training): \$18.88

FFT2 (After Rookie Training) \$21.08

#### How to Apply:

Email AD Fire Program for application or call and we can send application via mail upon request. [aspinosa@blm.gov](mailto:aspinosa@blm.gov) 775-885-6196

For more information contact: Dan Gustafson AFMO WNA 775-291-0437

**APPLICATION DEADLINE: March 8, 2024**

## CHECK YOUR RSIC NEWSLETTER BOX!



**ALL NOTICES & FLYERS  
EVEN SHUT-OFF NOTICES  
WILL BE PLACED IN THE  
RSIC NEWSLETTER BOXES**

PLEASE REMEMBER TO ALWAYS CHECK YOUR RSIC NEWSLETTER BOX FOR INFORMATION  
THANK YOU!

RSIC TRIBAL ADMINISTRATION OFFICE



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ed.

Cook said that though only one carrier is actively participating in the program, others have expressed “implicit support for the process” as long as some of the insurers’ questions are answered.

When the Affordable Care Act was implemented 10 years ago, it sought to address health disparities in tribal communities by expanding existing Indian health care laws and sanctioning new programs and services.

Under the ACA, Nevada [has established](#) open continuous enrollment for tribal members through the state’s health insurance marketplace, Nevada Health Link, allowing tribal members to enroll in an insurance plan outside of the yearly open enrollment period. It has also implemented zero and limited cost-sharing for tribal members who qualify, allowing for reduced or no co-payments, deductibles or coinsurance costs when receiving care from a tribal clinic or a marketplace plan.

Even with those options, data provided by Nevada Health Link indicates that, as of Feb. 1, 1,644 individuals who self-identified as American Indian or Alaskan Natives submitted applications for 2024 medical coverage, while 774 of those individuals are actively enrolled in marketplace medical coverage. The U.S. Census Bureau [estimates](#) that about 54,000 people identifying as American Indian or Alaskan Natives live

in Nevada.

Cook described the rates as “low” but said he was encouraged that half of those who submitted an application selected a plan. He said that the exchange is working to see how the tribal sponsorship program addresses these rates and what more can be done.



Our beautiful elder, Ruth Johnson. She participated in RSIC's COVID-19 campaign to advocate for better health choices for tribal members.

In a presentation to the joint Interim Standing Committee on Health and Human Services last week about advancing Nevada tribal health care, Wilson highlighted that members of Nevada’s American Indian or Alaskan Native population have almost twice the infant mortality rate of non-Hispanic whites and higher rates of diabetes, among other health disparities.

She described her ability to present on behalf of the Reno-Sparks Indian Colony and have

a dialogue with the interim committee as a “historic moment” and said tribes have been advocating for the recent tribal sponsorship program ever since the ACA passed. She added that having a tribal representative on the insurance exchange board would allow the tribes to better express their needs and share information about the laws and regulations that need to be followed.

“That seat’s so important because lives depend on it,” Wilson said. “When people don’t have access to health care in Indian country, they go without.”

Wilson, who is an enrolled member of the Pit River Tribe of Northern California, said that the open enrollment and zero and limited cost-sharing for tribal members policies are vital and guaranteed under the law, but tribal members still face barriers when receiving these services.

For example, she said that to receive limited cost-sharing benefits, the law stipulates that Indian patients need a referral from an Indian health care provider to receive specialized care. She said some patients have received referrals but have been denied those cost-sharing benefits because the Indian health care provider that referred the patient wasn’t an in-network provider, even though that’s not stipulated by law.

“It doesn’t matter if a tribal clinic is in network or not,” Wilson said. “It’s a lack of understand-



RSTHC shows support for MMIP which relates to health disparities in Indian Country.

Continued from page 8

ing of the law, and how it applies to Indian people."

Navigating insurers' and health insurance board's lack of understanding is one reason Wilson said Reno-Sparks Indian Colony is asking the Legislature to

consider a measure to establish a permanent tribal seat on the Silver State Health Insurance Exchange Board of Directors. Although one mem-

ber of the state's health exchange board is a member of a federally recognized tribe in Nevada, Cook noted that the governor appointed her, and the seat is not specific to a tribal representative. He added that the exchange is "100 percent" in support of Reno-Sparks Indi-

an Colony's desire to have a dedicated seat for a tribal member on the board.

As an organization, he said that Nevada Health Link would like to remove administrative barriers to entry and provide education and policy support to increase access to care.

"We're hoping to provide education and policy support," Cook said. "Everything we're doing is aimed at not only increasing the autonomy and the self-sufficiency of these tribes to be able to share this information with members of their own community but hopefully capitalize ... on the trust that these tribal health clinics that these tribal governments have already established"

## Reno-Sparks Indian Colony

### Planning & Community Development

#### Residential Recycle Bin Initiative



The Planning & Community Development Department, in conjunction with the Public Works Department, would like to offer RSIC Community Members a recycling Bin for your recycling convenience.

We have a limited supply of these containers. If you would like to request a recycle bin, please call or email the Planning and Community Development Department.

Please note:

- 1 recycle bin per household
- Must live on the Colony
- Recycle Bins can be picked up at Planning or delivered upon request.
- While supplies last

**775-785-1363 or [smartell@rsic.org](mailto:smartell@rsic.org)**

**1937 Prosperity St. Reno 89502**



#### RSIC Abandoned Vehicle Rescue

Do you have unwanted, unloved, and downright grumpy old vehicles making a home in your yard?

We'd like to adopt them in an effort to find them a forever home!

If you happen to have more than one of these vehicles taking up space, it could be costly to you to let them stay with you instead of letting them go, which is the humane and ecofriendly thing to do.

If these vehicles don't find loving homes, they face a rather unfortunate fate. They may end up towed away, which can result in significant fines and fees falling upon their previous owners. So, by rehoming your vehicles, you not only save yourself from potential headaches but also extend a helping hand to these unloved four-wheeled friends.

Ready to rehome? Have questions?

Contact Shannon with the RSIC Planning and Community Development Department:

Call: 775-785-1363

Email: [smartell@rsic.org](mailto:smartell@rsic.org)

**\*\* Please note: these vehicles need to have a clear title in order to rehome them. If you don't have a physical copy of the title, there is a form you can fill out in order to transfer title without the original. The registered owner will need to sign this form. For more information on this, please contact us using the number or email above.**

[Accessible version: https://www.cdc.gov/coronavirus/2019-novel-coronavirus/leave-your-health-isolation.html](https://www.cdc.gov/coronavirus/2019-novel-coronavirus/leave-your-health-isolation.html)

## Isolate and take precautions if you have or suspect you have COVID-19

**ISOLATION**

Stay home and away from others  
Wear a high-quality mask if you must be around others

Start counting days  
Day 0 is the day your symptoms started

If you never had symptoms, day 0 is the day you took a COVID-19 test

Watch for emergency warning signs, like trouble breathing  
Seek help if they develop

**ENDING ISOLATION**

Isolate to day 6 or later, if you  
• never had symptoms or symptoms are improving, and  
• are fever-free for 24 hours without the use of fever-reducing medication

Continue to isolate if your fever persists or other symptoms have not improved

Isolate through day 10, if you experienced moderate illness, like shortness of breath or difficulty breathing

Isolate through day 10 and talk with a healthcare provider before you end isolation, if you  
• were hospitalized, or  
• have a weakened immune system

**AFTER ISOLATION**

Until at least day 11, avoid being around people who are more likely to get very sick  
Wear a high-quality mask when around others indoors

Removing your mask  
After ending isolation, wear your mask through day 10  
OR  
Take 2 antigen tests, 48 hours apart  
If both tests are negative, you may remove your mask sooner than day 10

**cdc.gov/coronavirus**

## New Refill Services

**Leave Message/Phone Refill**

- New refill line - call (775) 334-0413 or call (775) 329-5162 and use extension 1699
  - Option #1 = enter your prescription number
    - DO NOT ENTER THE R OR N at the end of the number
  - Option #3 = leave a message for the Pharmacy Staff

**Pharmacy Staff**

- To talk to someone inside the Pharmacy Call (775) 329-5162 and use extensions 2032, 1994, 1993, or 2004.

**Phone App Refills**

- Download the RefillPro App by scanning one of the below QRs.




- Once Downloaded put (775) 329-5162 for the Pharmacy phone number
- Order Refills tab
  - Option #1 = enter your prescription number
    - DO NOT ENTER THE R OR N at the end of the number
  - Option #2 = Scan the Barcode on your prescription bottle.

**New Text Alerts**

- Receive texts when
  - Medications are ready to pick up
  - Medications are due to refill
  - SIGN UP by Talking to a Pharmacy Staff Member

## USING YOUR SELF-TEST | COVID-19 |

**1** Follow instructions very carefully.

**2** Use the QR code below for more information about self-testing and how-to videos.

**3** If your results are positive  
Isolate yourself from others. As much as possible, stay in a specific room and away from other people and pets in your home.

**4** Tell your close contacts that they may have been exposed to COVID-19.

**5** If you are at an increased risk of becoming severely ill, treatment may be available. Contact your health care provider right away if your test result is positive.

Name of provider: Reno- Sparks Tribal Health Clinic  
Phone number of provider: 775-329-5162

[www.cdc.gov/covidtesting](http://www.cdc.gov/covidtesting)

## New Prescription Labels



- Red Box** = Prescription number. The Letter at the end is not part of the prescription number, it just indicates if the prescription is new or a refill. N = new script/renewed script and R = refilled script.
- Green Box** = The Number of Refills left for this medication.
- Black Box** = Refills on this medication are good until this Date.
- Blue Box** = Barcode used to scan in RefillPro app to order refills on the app

# FACTS ABOUT MACULAR DEGENERATION

If you have been diagnosed with Age-related Macular Degeneration (commonly referred to as macular degeneration or AMD), you are not alone. AMD is the leading cause of severe vision loss in adults over 50.

## WHAT IS AMD?

Age-related Macular Degeneration is a progressive eye condition that damages the macula, the light sensitive part of the retina responsible for central vision. The exact cause of AMD is not known. Age is the greatest risk factor for developing AMD.

## AMD SIGNS AND SYMPTOMS

- Blurriness
- Distortion of images
- Straight lines look wavy or crooked
- Loss of clear color vision
- Potential loss of central vision



YOUR  
EYES



How a scene might look to a person without AMD



How a scene might look to a person with advanced AMD



## TYPES OF AMD AND TREATMENT OPTIONS

There are two forms of AMD: dry and wet.

About 90% of people diagnosed with AMD have the dry form, which results from the aging and thinning of macular tissues, drusen (waste products) formation, or a combination of the two processes. There is no known treatment for dry AMD. However, there may be a link between nutrition and the progression of dry AMD.

The less common, but more severe kind, is wet AMD. This means there is bleeding and fluid leakage.

This form may respond to medications injected into the eye if diagnosed and treated early.

Central vision that is lost to AMD cannot be restored. Low vision devices can be used to maximize existing vision. There are several lifestyle modifications that can be made to delay progression no matter which form of AMD you may have

## REDUCING YOUR AMD RISK

IF YOU OR SOMEONE YOU KNOW HAS BEEN DIAGNOSED WITH AMD, HERE ARE SOME THINGS YOU CAN START DOING TODAY TO HELP YOU REDUCE YOUR RISK OF PROGRESSION:



IF YOU SMOKE, QUIT - SMOKING CAN HARM YOUR EYES, JUST LIKE IT CAN HARM YOUR BODY. CIGARETTE SMOKE MAY DAMAGE THE RETINA AND CAN REDUCE BLOOD FLOW IN EYE TISSUE, POTENTIALLY LEADING TO AMD AND INCREASING THE RISK OF PROGRESSION



SEE YOUR EYE CARE PROFESSIONAL REGULARLY - CHANGES IN EYE HEALTH MAY OCCUR WITHOUT NOTICE. ONLY AN EYE CARE PROFESSIONAL CAN DETECT THESE CHANGES SO IT IS IMPORTANT TO KEEP ALL OF YOUR SCHEDULED EYE APPOINTMENTS. EARLY DETECTION INCREASES THE TREATMENT OPTIONS AVAILABLE TO YOU.



EAT HEALTHY - A HIGH FAT DIET CAN LEAD TO FATTY PLAQUE DEPOSITS IN THE EYE, INCREASING THE RISK OF AMD. YOU MIGHT BE ABLE TO SLOW PROGRESSION OF AMD BY EATING A BALANCED DIET RICH WITH FRUITS, GREEN LEAFY VEGETABLES, AND HEALTHY FATS.



CONTROL YOUR WEIGHT, CHOLESTEROL, AND BLOOD PRESSURE - OBESITY, HIGH LEVELS OF CHOLESTEROL, AND HIGH BLOOD PRESSURE MAY CONTRIBUTE TO THE DEVELOPMENT OF ADVANCED AMD.



PROTECT YOUR EYES WHEN OUTSIDE - OVEREXPOSURE TO THE SUN'S HARMFUL ULTRAVIOLET (UV) RAYS CAN SPEED UP PROGRESSION OF AMD. CONSIDER WEARING SUNGLASSES WITH BOTH UV-A AND UV-B PROTECTION.



SELF-MONITOR YOUR VISION - IN BETWEEN REGULAR VISITS WITH YOUR EYE DOCTOR, YOU CAN MONITOR YOUR VISION AT HOME USING AN AMSLER GRID. CONTACT YOUR DOCTOR IF YOU NOTICE ANY CHANGES IN YOUR VISION.



CONSIDER TAKING AN EYE VITAMIN (PRESERVISION AREDS 2 FORMULA) - IT'S THE FIRST AND ONLY VITAMIN THAT CONTAINS THE EXACT NUTRIENT FORMULA NOW RECOMMENDED BY THE EXPERTS AT THE NATIONAL EYE INSTITUTE.



## TO SCHEDULE AN APPOINTMENT:

ANNUAL EXAMS ARE TYPICALLY BOOKED OUT FOR 8 TO 12 WEEKS. PLEASE CONTACT OUR FRONT DESK FOR SCHEDULING AT 775-329-5162, EXT. 1979.

A vibrant St. Patrick's Day-themed flyer for a bingo event. The top features a leprechaun's head and a circular logo for the Reno-Sparks Indian Colony. The main text reads "BAKED GOODS", "\$1 DRINKS", "ST. PATRICK'S DAY BINGO", "Teriyaki Plate w/ Rice", and "\$8.00". The bottom provides details for the event: "MARCH 15", "Friday March 15, 2024", "34 Reservation Road", "Reno, NV 89502", "For more info contact Robin Eagle @ (775) 329-2936 ext. 3218", and "6:00 PM". The design is festive with green, yellow, and orange colors, and includes illustrations of shamrocks and a leprechaun's hat.

# UPCOMING EVENTS

**MARCH 1**

UNITY MONTHLY  
MEETING-  
6-8pm @ The TLC  
Building 105 Loop rd.  
Sparks, NV 89441

MARCH 3

Vision Board  
Making-  
10-6pm @ The TLC  
Building 105 Loop rd.  
Sparks, NV 89441

**MARCH 9**

UNITY MOVIE  
NIGHT  
KUNG FU PANDA 4  
location and time  
TBA

**MARCH 10**

Vision Board  
Making-  
10-6pm @ The TLC  
Building 105 Loop rd.  
Sparks, NV 89441

MARCH 15

UNITY St. Patrick's  
Day BINGO-  
6pm @ 34  
Reservation rd. Reno,  
NV 89502

**MARCH 26-28**

INDIAN EDUCATION  
ANNUAL SUMMIT-  
8:30-4:30pm @ University  
Of Nevada (Reno's Joe  
Crowley Student Union)



Made with PosterMyWall.co

A collage of images. At the top center is a blue and white circular logo for 'UNITY'. Below it is a hand holding a paintbrush over a vision board with various items like a banana, a bowl, and a small plant. To the right is a laptop on a desk with papers. On the far right, there is a vertical quote: 'Everyone you meet is fighting a battle you know nothing about. Be kind. Always.' At the bottom, there is a large, stylized text 'Envision, believe, plan and execute'.

# Sound Healing

*Jen's expertise has provided stress relief, support during times of grief and trauma work, as well as stimulation of creativity, healing, and inspiration.*

at NUI:  
**9480 Gateway  
Drive Reno, NV  
89521**

**Wednesday, March 6th, 2024  
6pm-7:15pm**

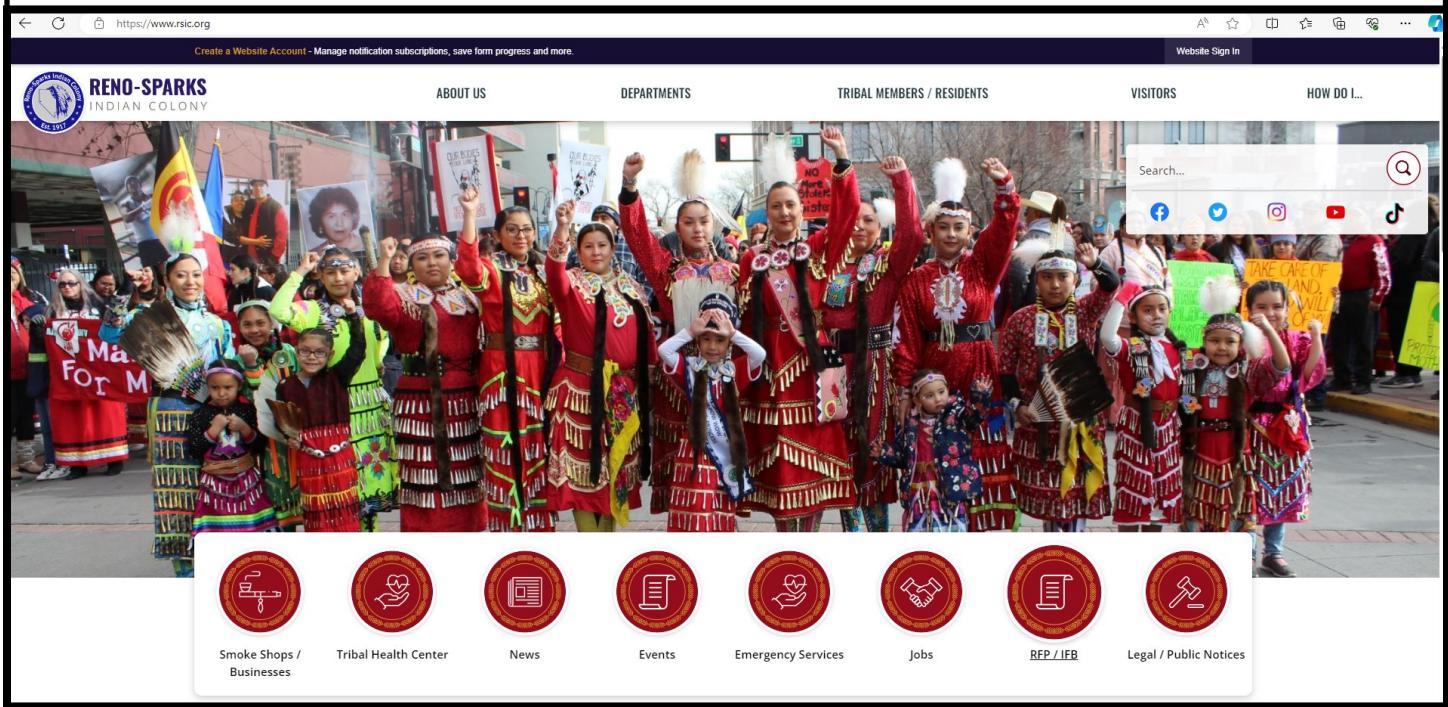
Registration required for this free Sound Bath event:  
Email Alisa at [abean@nvui.org](mailto:abean@nvui.org) or call 775-788-7600 x125

## *Diabetes Program and Native Connections Nevada Urban Indians, Inc.*



# \* RSIC's launches New Website Design \*

Visit [www.rsic.org](http://www.rsic.org) Today!



RENO-SPARKS INDIAN COLONY

ABOUT US DEPARTMENTS TRIBAL MEMBERS / RESIDENTS VISITORS HOW DO I...

Create a Website Account - Manage notification subscriptions, save form progress and more.

Website Sign In

Search... 

Smoke Shops / Businesses Tribal Health Center News Events Emergency Services Jobs RFP / IFB Legal / Public Notices



RENO-SPARKS INDIAN COLONY  
\* CHAIRMAN'S OFFICE

34 Reservation Road, Reno, NV 89502  
Phone: (775) 329-2936 • Fax: (775) 954-9175

February 27, 2024

RE: Hungry Valley Graffiti Vandalism

Dear RSIC Community Members,

We are reaching out to request any information or witnesses regarding a recent incident of **graffiti vandalism** that occurred in the Hungry Valley neighborhood.

The incident took place on Thursday, February 22, 2024 in the early morning hours, near or at the intersection of Prairie Moon Lane and Running Deer Lane (Bus Shelter), Sparks, NV 89441.

Other sites include the bus shelter located at the Morning Dawn Park and the Four Winds Park located on Many Nations Road.

If you witnessed any suspicious activity or have any information regarding individuals involved in this incident, we urge you to come forward and share your testimony. Your cooperation could greatly assist in the investigation and prevention of such incidents in the future.

Please contact the Reno Sparks Indian Colony Police Department at 405 Golden Lane, Reno, NV 89502, Phone # (775)785-8776 or Secret Witness # (775)322-4900, to provide any details or evidence you may have. You can also fill out a police report online at [www.rsic.org/207/Tribal-Police](http://www.rsic.org/207/Tribal-Police). All information will be kept confidential, and your assistance will be greatly appreciated by the community.

*The RSICPD in conjunction with Secret Witness is offering a REWARD of \$250.00 dollars for information leading to the arrest and prosecution of the suspect(s) wanted in connection with the vandalism events.*

Thank you for your cooperation and commitment to maintaining the safety and integrity of our neighborhood.

Respectfully,

  
Daryl D. Gardipe  
RSIC Tribal Chairman

\*The RSICPD in conjunction with Secret Witness is offering a REWARD of \$250.00 dollars for information leading to the arrest and prosecution of the suspect(s) wanted in connection with the vandalism events.

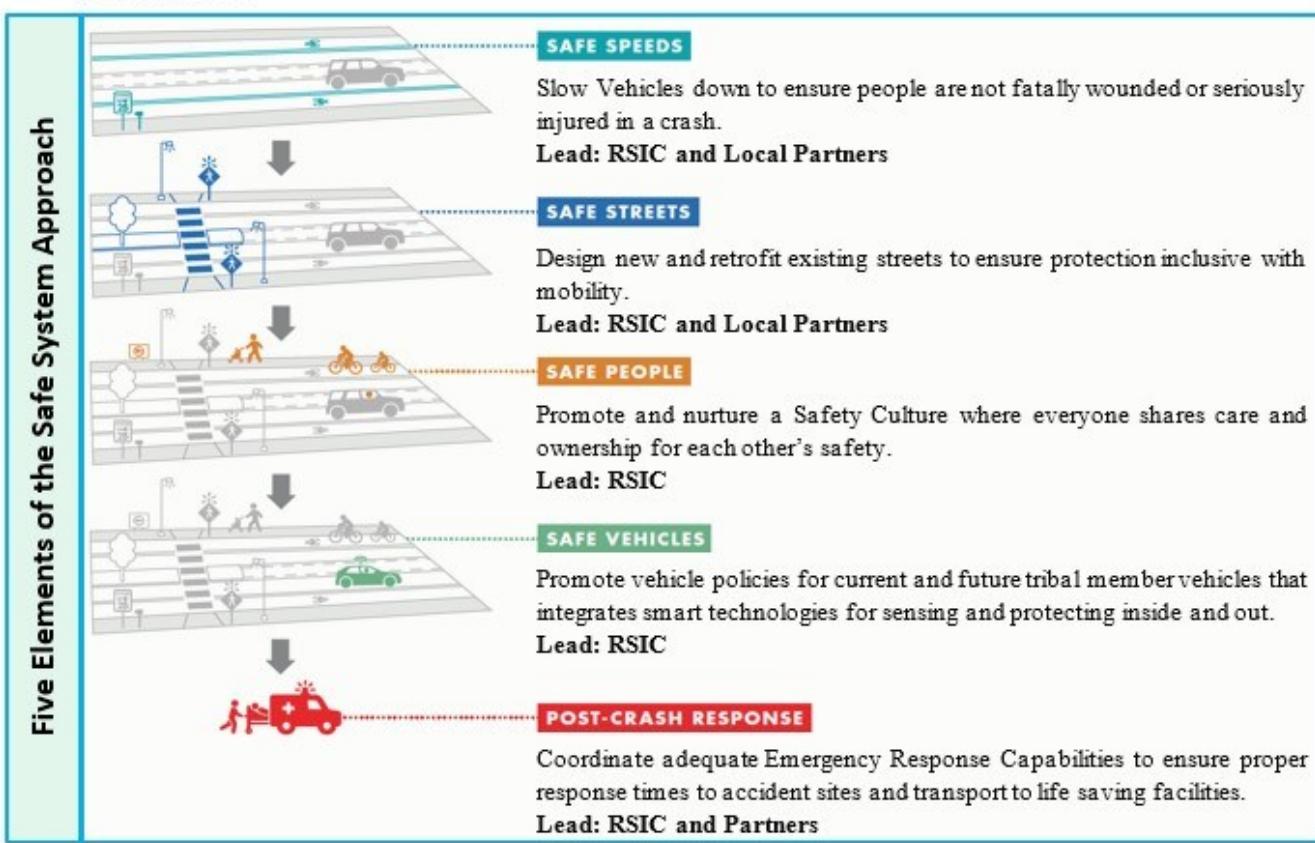
## RSIC's Tribal Transportation Safety Plan (TTSP)

The Reno Sparks Indian Colony (RSIC) is taking a proactive approach to reducing and ultimately eliminating the risk of fatalities, injuries, and/or damages throughout its local transportation system. Therefore, RSIC is preparing a Tribal Transportation Safety Plan (TTSP) to provide a framework for identifying, analyzing, and prioritizing roadway safety improvements on, and surrounding, RSIC tribal roads. The TTSP was set as the number one short-term priority adopted by the RSIC Tribal Council as part of the 2020 Long Range Transportation Plan. Subsequent to this prioritization RSIC has acquired a \$12,500 award from the Federal Highway Administration (FHWA) as part of implementation of the TTSP. Currently RSIC has been partnering with the following to begin data collection and analysis of high traffic incident areas:

- The City of Reno for a Speed Study along the Reservation Administrative Buildings Area (Golden Lane / Prosperity Street / North and South Park Streets) and analysis of the Giroux / Kuenzli Street Intersection by the Tribal Health Center.
- The University of Nevada Reno (UNR) and Washoe County Regional Transportation Commission (RTC) for LiDAR studies to demonstrate pedestrian patterns along East Second Street near Reservation / Colony Road Intersections as well as near misses with vehicles and bicycles, and a speed study. This is also being performed by the Tribal Health Center.
- Future request to the Nevada Department of Transportation (NDOT) for a more feasible solution for pedestrian traffic along East Second Street. In addition, RSIC will be submitting a roadway audit request for the intersection of Kietzke Lane / East Second Street. The proposed Mill Street improvements of 2025 are understood to address these issues at the Kietzke / Mill intersection.

The RSIC Planning Staff will be scheduling a Spring Time **community meeting** to gather input / prioritization on the following:

1. Potential Phasing of the Truckee River Shared Use Path for pedestrian / bicycle access
2. Discussion of potential pedestrian access routes along East Second Street at Colony / Reservation Intersections
3. Potential Countermeasures for traffic calming / speed mitigation along Reservation Road / Colony area
4. Input on safety measures for Eagle Canyon Drive (Speeding, Bike / Pedestrian Path) / Hungry Valley Area
5. Other elements



Please contact Brian Newman, PE, Senior Planner at 775-785-1363, extension 5402, or [bnewman@rsic.org](mailto:bnewman@rsic.org), for any questions or comments.

# Our Heartfelt Sympathy



We know it's a difficult time but the Enrollment Office needs a copy of the Death Certificate of your loved one, it will go in their file & to the BIA Probate Office.

Just let us know when you are ready, we are here.

*Enrollment Staff*

## SUSANVILLE INDIAN RANCHERIA



Grand Entry- Friday June 21, 2024 at 7:00 PM  
Location- Lassen College Softball Field

Headwoman and Special  
Alissa Sanchez

MMIW  
All Categories

Fast Fancy

Crow Hop  
Men vs. Women 18+

Drum Contest  
TBA



Headman and Special  
Justus Eaglesmith

Host Drum  
4 BANDZ  
White Swan, WA

Arena Director  
Algin Scabbyrobe

MC Skunk Scabbyrobe

Old Style Owl Dance 18+

All Dancers, Drums and Vendors Welcome!

For Vendor Information Contacts: TBA

Host Hotels: Diamond Mountain Casino and Hotel

For More Information Contact the SIR Powwow Committee

Amelia Luna, Powwow Chairwoman (530) 310-2623 Email- POWWOW@SIR-NSN.GOV

\*\*SIR Tribe and SIR Powwow Committee are not responsible for Accidental Illness or Theft. Break-In and Non-fund participation\*\*



## IMPORTANT ANNOUNCEMENT

The Enrollment Office would like to encourage you to update your address if you've recently moved. Update your name change or if you recently turned 18 years old by filling out a W9. You can come into the office, stop by the Finance Office or you can find it online at [irs.gov](http://irs.gov)

**775-785-1306**

**THANK YOU, ENROLLMENT STAFF**

Join WIC, Your Path to a Healthy Family!

### What is WIC?

The Women, Infants, and Children (WIC) is a supplemental program that supports families health through nutrition assistance.

### How WIC Benefits You:

- Monthly Food Benefits: Access to benefits for purchasing nutritious foods.
- Nutrition Tips: Answers to your nutrition questions.
- Breastfeeding Assistance: Support for breastfeeding moms.
- Family Resources: Valuable resources for your family.

### Who Is Eligible?

- Pregnant
- A new mom
- Breastfeeding
- Have an infant or child under age 5



### Eligibility Criteria:

- Live in Nevada
- Receive Medicaid, Food Stamps, Work First
- Family income within WIC guidelines
- Nutritional need determined by WIC Nutritionist

**ITCN WIC**  
INTER-TRIBAL COUNCIL OF NEVADA  
Women, Infants, & Children

Don't miss out on the benefits of a healthy lifestyle!

Join ITCN WIC today.

For more information, visit [www.itcnwic.org](http://www.itcnwic.org) or call (775) 398-4960.



# MARCH

Reno-Sparks Indian Colony  
Senior Center Activities  
**2024**  
775-785-1349

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Please remember to call and cancel your lunch if you are coming to play bingo.</b>	<i>Activities are subject to change or cancel without notice.</i>		1
4) 1 pm Senior Advisory Committee Meeting  Sign up for Movie Tickets	5) 1 pm Start Baby Star Quilt  Sign up for a Movie Ticket	6) 12 pm Paiute Language Class @ Sr Center 1 pm Baby Star Quilt	7) 9 am Errand Day Transportation Provided 1 pm Baby Star Quilt	8)
Sunday 10) Daylight Savings Begins <b>Move Clocks Forward 1Hour</b>	12) Don't miss out! <b>IMPORTANT</b> Tomorrow, come to the Nevada Legal Services Presentation at 10 am & 6 pm at the senior center. <i>Family members are welcome to attend</i>  9 am Let's go Thrifting Store Trip Day	13) 10 am & 6 pm NV Legal Services present <b>Power of Attorney &amp; Will Presentation at Senior Center</b> 12:00 pm Blood Pressure Check  12:30 pm St Patrick's Day Lunch & Bingo 3 -7 pm *Senior Program Distribution Day* <i>Must be a Senior Program Client to receive</i>	14) 9 am – 7 pm *Senior Program Distribution Day* <i>Must be a Senior Program Client to receive</i>	15) 9 am–2 pm *Senior Program Distribution Day* <i>Must be a Senior Program Client to receive</i>
11) 1 pm Baby Star Quilt				
18) 9 am Food Pantry	19)   <b>Happy First Day of Spring</b>	20) YPT Commodities 8 am @ 34 10 am Chair Volleyball @ Reno Gym <b>11:00 am Power of Attorney &amp; Will Presentation Hungry Valley TLC</b> 12 pm Paiute Language Class @ Sr Center		21)
25) 1 pm Baby Star Quilt	26) 9 am Let's go Thrifting Store Trip Day	27) 12 pm Paiute Language Class @ Sr Center	28) 11 am Easter Egg Hunt 11:30 am Easter Lunch served 12:30 Easter Bingo	29) Good Friday-RSIC closed at 12pm Easter Sunday March 31
				



Reno-Sparks Indian Colony  
Senior Center Menu  
2024      775-785-1349

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>Reminder: Please Call if you are coming to Birthday Bingo so we can Cancel your Lunch.</b>	1 % Milk Served Daily 	1. Sausage, Egg & Cheese Sandwich Celery Sticks with Peanut Butter Mix Berries
4. Pork Chop Stuffing 5 Way Veggies Apple Sauce  	5. Chicken Alfredo Whole Wheat Pasta Broccoli Tropical Fruit	6. Roast Beef Mashed Potatoes Green Beans Banana	7. Salmon Wild Rice California Blend Veggies Pineapple 	8. Steak & Egg Breakfast Burrito Sliced Peppers Fruit Cocktail
11. Chicken Fajita Peppers & Onions Spanish Rice Peaches  	12. Pepperoni Pizza Side Salad Cucumbers, Tomatoes Cheese & Crouton Honeydew	13. <i>St. Patty's Day Lunch * &amp; Bingo</i> Corn Beef & Cabbage Red Potatoes Carrots Fruited Jell-O  	14. Pork Chop Pasta Salad with Cucumbers, Peppers, Olives & Cheese Strawberries	15. French Toast Turkey Sausage Links Cucumber & Tomato Salad Grapes  
18. BBQ Pulled Pork Sandwich Whole Wheat Bun Coleslaw Orange	19. Grilled Chicken Salad With Cucumbers, Tomato, Boiled Egg, And Cheese WW Roll Fruit Cup	20. Spaghetti Whole Wheat Noodles Green Beans Pears  	21. Turkey & Cheddar Sandwich On WW Bread Lettuce & Tomato Baked Chips Trail Mix Apple	22. Biscuits & Turkey Sausage Gravy Tomato Wedges Banana
25. Chicken Philly Cheesesteak WW Hoagie Roll Peppers & Onions Grapes	26. Grilled Steak Roasted Potatoes California Veggies Cantaloupe	27. Chili Beans Side Cesar Salad Mandarin Oranges  	28. <i>Easter Lunch &amp; Bingo</i> Baked Ham Scalloped Potatoes Steamed Carrots Apple	29. Good Friday Early delivery 9:30 – 11 am Cereal Yogurt Cup Boiled Egg Fruit Cup

Your meal will be in a plastic bag and placed on your doorknob, or driveway fence if you have loose dogs. Please listen for staff to honk and knock then pick up your meal bag after they leave. Staff will return within 15-20 minutes. Meal bags that stay on the door or fence will be removed and a "missed you" note will be left. This ensures safe temperatures of food. Please call before 10:00 am to add or cancel lunches for the day. Please tie up any dogs.



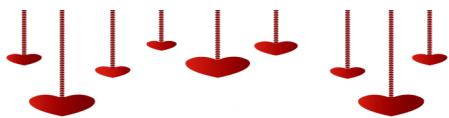
## ***RSTHC Super Bowl Luncheon***

The feast of Champions as employee's celebrated their favorite NFL Football team in honor of Super Bowl LVII weekend.

On February 9th, the monthly staff meeting encouraged team bonding in sportsmanship. Employees wore their favorite football team jersey. Most employees were rooting for the 49ers and a few for Chiefs. I'm positive those Chief fans were rubbing it in on Monday to their fellow coworkers.

All the food was amazing. And whoever got the Costco hotdogs, it was a hit with all the employees. What a great way to build teamwork.





## RSIC Senior's Birthday/Valentines luncheon and Bingo

In modern day, Valentines Day is a time to celebrate platonic love, with everyone from elementary age to the elderly sharing Valentines with them to brighten up their day. *But how did Valentines Start?*

Like many modern holidays that have been celebrated for centuries, Valentine's Day has its roots in paganism. Lupercalia was a pagan fertility festival typically celebrated in February. Like the *Valentine Cupid*, it had ties to a Roman god. The festival was dedicated to Faunus, the Roman god of agriculture, and to Romulus and Remus, the Roman founders.

Lupercalia was all about fertility, but not in the modern sense of love and romance. Priests from an order called Luperci sacrificed a goat and dog, skinned them, soaked their hides in blood and then used them to gently "whip" young women, a tradition aimed at making the

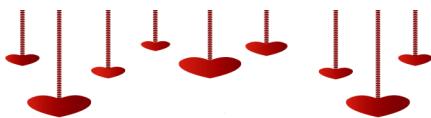


women more fertile. After that, the women's names were put in a jar, and each eligible young man drew a name, forming a couple for the next year (and possibly leading to marriage if it worked out).

Valentine's Day is named for St. Valentine. But it gets more complicated from here. As it turns out, at least three Valentines were sainted by the Catholic Church, and each one has his own group of supporters claiming he's behind the holiday.

The holiday is on Feb. 14 because Christians wanted the church to be separate from Lupercalia. In an effort to clean up the pagan holiday, Pope Gelasius I integrated Lupercalia with St. Valentine's Day in the fifth century. The new holiday quickly spread to all the countries that practiced Christianity.

The holiday is on Feb. 14 because Christians wanted the church to be separate from Lupercalia. In an effort to clean up the pagan holiday, Pope Gelasius I integrated Lupercalia with St.



Valentine's Day in the fifth century. The new holiday quickly spread to all the countries that practiced Christianity.

Christian settlers brought the holiday with them to the New World, where it became one of the most popular holidays during the Victorian era. In the 1900s, people began giving one another [Valentine's Day cards](#)—and Hallmark began offering them in 1913. The tradition grew from there, and today Hallmark estimates 145 million Valentine's Day cards are exchanged each year.

On Valentines Day 2024, the RSIC Senior Program hosted Birthday Bingo for the all the seniors. There were lots of smiles and love was in the air. The elders really enjoyed themselves.

Bingo has multiple health benefits for the elderly such as: Increased social engagement, reflection and memory recall, decreased risk of mental illness, improved cognitive function, improved memory, better hand-eye coordination, accelerated healing, laughter and socialization.



# NYCP NEWSLETTER

## SPANISH SPRINGS INDIGENOUS PEOPLES' CLUB

The Spanish Springs Indigenous Peoples' Club continues to meet regularly. For Valentine's Day, the Club held a fry bread sale and hopes to connect with Student Voice In March.



## CLUB CORNER

### INTRODUCING THE NUMU CLUB AT SHAW MIDDLE!

We are excited to announce the formation of the Numu Club at Shaw Middle School. The club meets on Tuesdays during lunch and is exploring the Numu language through fun, interactive lessons.

We appreciate Macario Mendoza-Carrillo, our Paiute Language Specialist, for supporting Ms. Naomi and the students in this effort.



**NEW**

February 2024 | Vol 12

## Did You Know....

### Dean's Future Scholars

The Native Youth Community Project is excited to continue our partnership with Dean's Future Scholars at UNR. NYCP has seats dedicated for students in our program and provides cultural instruction during the summer programming at UNR.

Dean's Future Scholars started in 2000 with the goal of addressing the needs of first generation future college students in Washoe County. Having served over 1500 students, DFS has seen great success in high school graduation and college admissions.

To assist students in graduating from high school and college, DFS provides the following free services:

- Summer day programming for middle school students
- College student mentoring during the school year
- Summer programming on the university campus
- Opportunities for students to earn high school and college credits
- Academic tutoring
- Assistance with college entrance requirements
- Scholarships
- Employment opportunities
- Free printing and access to college student lounge

The application will be sent out via Blackboard on February 16th for NYCP students. Mentors will also be able to provide students copies when they are at the schools.

Seats will be reserved on a first come, first served basis.

Please see the following pages for more information!



FEBRUARY 2024 | VOL 12



# Celebrating Our Students

## Max



Max is a 7th grader at Sky Ranch Middle School. Max has been the UNR Brave since 2022 and has travelled to many powwows in California and Nevada. This year, he has the opportunity to represent in Oregon and Hawaii. Max is a grass dancer and sings, as well. As the UNR Brave, he has represented at local conferences and different events in the area. We are so proud of how he represents the culture and all he has accomplished. Max, we look forward to seeing what is next!



FEBRUARY 2024 | VOL 12

## Looking Forward

### Upcoming Information Nights

All Friday evening events occur at UNR in the William J. Raggio Building, room 2030

Please let your TYAS know if you may need transportation to attend or would like DFS staff to come to you

- **Current 7th Graders**  
◦ April 12, 2024 6:00-7:00 pm
- **Current 8th Graders**  
◦ April 26, 2024 6:00-7:00 pm
- **Current 6th Graders and YCI**  
◦ May 3, 2024 6:00-7:00 pm



Transportation is available for Middle and High School Programs.

Lunch is available for all students! NYCP has reserved spots!

FEBRUARY 2024 | VOL 12

Summer seems far away, but don't miss the Dean's Future Scholars Opportunities Ahead!

#### • Middle School Programs

Current 6th and 7th graders are invited to a fun summer experience at UNR. This includes games, field trips and fun learning opportunities.

- 6th graders: June 17th-July 5th
- 7th graders: July 8th-July 26th

#### • High School Program

Current 8th through 11th graders have the opportunity to get ahead or catch up in a supportive and fun environment.

- High School: June 17-July 26th
- Dual Credit: June 17-July 19th

#### • Youth College Internship ((YCI))

Paid internships are available for seniors who will graduate in June 2024. Many of these internships have led to jobs on campus for participating students. Students will also earn college credits.

- YCI: July 17th-August 18th

For More Information about the NYCP, contact Fawn Hunter, Native American Culture & Education at 775-789-4672 or Naomi Hanczrik, Tribal Youth Advocacy Specialist at 775-502-9602.

# Legal / Public / Job Announcements

## *Recruitment for committee / boards*

### **RECRUITMENT FOR EDUCATION ADVISORY COMMITTEE**

The Reno-Sparks Education Advisory Committee is recruiting three (3) RSIC Enrolled Tribal Member Representatives to fill a vacancy on the Education Advisory Committee.

The Education Advisory Committee voting membership consists of five (5) Reno-Sparks Tribal or community member who has an interest in the committee, age 18 years of age and older, who is not employed by the Education Department.

The Education Advisory Committee members meet at least once a month, currently on the second Monday, and are provided a monthly meeting stipend for participation. The Education Advisory Committee meets at the Education Building's conference room in Reno for September. The Education Advisory Committee will alternate each month and meet in Reno in December and then meet at the Hungry Valley Education Building for January. This meeting rotation will continue to alternate in Reno and Hungry Valley through the duration of the Education Advisory Committee's meetings.

The members are appointed by the Tribal Council and shall serve a term for a four-year project.

If you are interested in being a member of the Education Advisory Board, please submit a letter of interest to:

Education Advisory Board

Education Department

34 D Reservation Road

### **RECRUITMENT FOR HEAD START POLICY COUNCIL**

The Reno-Sparks Head Start Policy Council is recruiting two (2) elected parent representatives. One (1) parent representative must be from Reno Head Start Classroom A and one (1) parent representative must be from Reno Head Start Classroom B.

The Policy council consists of three (3) elected representatives, one from each classroom, and two (2) representatives from the RSIC community, one (1) from Reno-Sparks and one (1) from Hungry Valley.

Parent representatives shall be elected by the local center's parents for a term of one year. The community representatives will be elected by Head Start parents.

If you are interested in being a member of the Head Start Policy Council, please submit a letter of interest to:

Head Start Policy Council

34 A Reservation Road

Reno, NV 89502

*For more information, please call 775-789-5615*

# Legal / Public / Job Announcements

## Recruitment for committee / boards

### Reno-Sparks Indian Colony Senior Advisory Committee Is seeking 1 new member

The Senior Advisory Committee encourages RSIC enrolled se or older) to become a member of the SAC. Please submit a interest, stating your name and contact information to the Center. The tribe's standing rules for committees and adviso apply to this position. The Committee meets the first Mond: month. You must be an active participant in the meetings at SAC sponsored events and be available for any additional mee term is for two years. If you have questions, please contact Gardipe, Senior Program Manager at 775-758-1349.



www.shutterstock.com - 83955403

### Reno-Sparks Indian Colony 34 Reservation Road Reno, NV 89502

Notice Issued: December 13, 2022

## JOIN OUR TEAM!!!

ELECTION BOARD HAS VACANCY TO FILL FOR THE 2023 TRIBAL ELECTION

The Reno-Sparks Indian Colony (RSIC) is accepting letters of interest from qualified candidates to fill several vacancies for the Election Board (Board). The Board will review candidate letters of interest then nominate selected individuals to the RSIC Tribal Council for approval. The term of appointment is two years. Members of the Board typically meet after 5 p.m. for one hour, with the exception of Tribal Election Day, once a month and are compensated at the rate of \$75.00 per meeting as prescribed by the Tribal Council.

#### QUALIFICATIONS

Candidates shall meet the minimum qualifications:

- Ability to work positively under team concept with community.
- Self-motivated, energetic, responsible, and reliable.
- Understanding of the history, culture, and aspirations of the RSIC community.
- Strong communication skills, orally and in writing.
- Adhere to the Standing Rules for Committees and Advisory Boards of the RSIC.

Preference will be given to:

- Persons with the time and flexibility to attend and participate at Board meetings.
- Persons with the time and flexibility to prepare for and work on Tribal Election Day.

In addition, eligible candidates must be able to complete a pre-employment drug screening and criminal background check.

#### APPLICATIONS & QUESTIONS

If you wish to be considered for this vacancy, please submit your letter of interest no later than 4 p.m. on Monday, January 9, 2023 to:

**Tribal Administrator Office**

Attn: Election Board

By mail or hand delivery: 34 Reservation Road, Reno, NV 89502

If you have any questions regarding this opportunity, please contact:

Ramona Darrough, Chairperson

By e-mail: [rdarrough@rsic.org](mailto:rdarrough@rsic.org)

By phone: (775)785-1300

### RECRUITMENT FOR LAW AND ORDER COMMITTEE MEMBERS

#### Notice to RSIC Enrolled Members

The Law & Order Committee is currently recruiting for four new members. Appointments made to the Committee are for a four-year term and members are appointed by the Tribal Council. The Committee, pursuant to the bylaws, are scheduled to meet the first Wednesday of each month at 6:30 p.m.

The Committee shall be compensated at a rate approved by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of RSIC has been revised and were adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. All Committee members must abide by these rules. Please see the Tribal Administrator's Office for a copy of the Standing Rules.

Any interested RSIC enrolled member may submit their applications to the Tribal Administrator's Office located at 34 Reservation Road.

#### RECRUITMENT FOR

### RENO-SPARKS INDIAN COLONY POWWOW COMMITTEE MEMBERS

#### Notice To Reno-Sparks Indian Colony Enrolled Members

The Reno-Sparks Indian Colony Powwow Committee is seeking two (2) RSIC Enrolled Members who are interested in serving on the Committee. Any interested RSIC Enrolled Member may complete the application and submit their signed letter of interest to the Powwow Committee Chairman at 34 Reservation Road, Reno, NV 89502. No emails will be accepted.

The Reno-Sparks Indian Colony Powwow Committee consists of no fewer than four (4) and no more than seven (7) members. Each member shall hold office until his/her term expires, or until he/she resigns or is removed from office in accordance with the Bylaws and Standing Rules for Committees and Advisory Boards of the Reno-Sparks Indian Colony. Committee Members are appointed by Tribal Council.

The Standing Rules for Committees and Advisory Boards of the Reno-Sparks Indian Colony were revised and adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. Rule No. 8, states – Each person appointed as a member of a committee or advisory board shall not sit on more than two committees or advisory boards at a time; this is combined, meaning that if a person sits on a committee and an advisory board, that person has reached the limit under this rule. The only exception is if a person sits on an intermittent board, such as the Election Board; in that instance the person is subject to the limit of this provision but can sit as a member of one intermittent committee or advisory board. A person can only serve as the Chair of one committee or advisory board at a time, including an intermittent committee or advisory board.

The Reno-Sparks Indian Colony Powwow Committee Application is included with the Recruitment Notice.

4-8-21v

# Legal / Public / Job Announcements

## Recruitment for committee / boards

### RECRUITMENT FOR ENROLLMENT COMMITTEE

The Reno-Sparks Tribal Enrollment Committee is recruiting to fill a vacancy for one (1) RSIC Enrolled Tribal Member Representative.

The Enrollment Committee shall consist of seven (7) members of Paiute, Shoshone or Washoe Indian blood who satisfy the membership criteria as set forth in Article II of the Constitution and Bylaws and any ordinances that may affect the membership of the Reno-Sparks Indian Colony.

The Enrollment Committee members meet once a month, usually on the first Monday, and are provided a monthly meeting stipend for participation. The Committee meets at the Enrollment Office conference room.

The members are appointed by the Tribal Council and shall serve a four (4) year term.

If you are interested in being a member of the Enrollment Committee, please submit a letter of interest to:

Reno-Sparks Indian Colony  
**Enrollment Department**  
c/o Enrollment Committee  
1933 Prosperity Street  
Reno, NV 89502

*For more information, please call 775-785-1306.*

*February 13, 2024*

### RECRUITMENT FOR EXECUTIVE HEALTH BOARD

The Reno-Sparks Tribal Executive Health Board is recruiting for two (2) RSIC Enrolled Tribal Member Representatives & one (1) Urban Indian Representative to fill a vacancy on the Executive Health Board.

The Executive Health Board voting membership consists of five (5) Reno-Sparks Indian Colony residents who are enrolled tribal members, and two (2) representative from the Urban Indian population, for a total of seven (7) voting members. RSIC representatives must live on the Colony or in Hungry Valley.

The Executive Health Board members meet at least once a month, usually on the third Monday, and are provided a monthly meeting stipend for participation. The Health Board meets at RSTHC Conference Room.

The members are appointed by the Tribal Council and shall serve a four-year term.

If you are interested in being a member of the Executive Health Board, please submit a letter of interest to:

Executive Health Board  
Reno-Sparks Tribal Health Center  
1715 Kuenzli Street  
Reno, NV 89502

*All interested participants will be invited to fill out an application and attend a Health Board Meeting, third Monday of the month for introductions.*

*Applications will be available at the Administration Office as well as the RSTHC.*

*For more information, please phone 775-329-5162 ext., 1901.*

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### Tri Basin Cultural Committee

#### Recruiting for 2 Members

Want to learn more about OUR ancestral past and Traditional Cultural Properties? Want to learn about the Great Basin People's history and cultural items, as well as PROJECTS that may affect them?

**Join the RSIC Tri Basin Cultural Committee (TBCC)!**

The TBCC is an advisory board to the RSIC Cultural Resource Program/Tribal Historic Preservation Office (THPO). The RSIC Cultural Resource Program/THPO is active in reporting, commenting, reviewing, assisting, & monitoring Federal, State, Tribal, and local agencies on their potential impacts to Native American Cultural Resources.

Please submit a letter describing your interest in joining the TBCC to the RSIC THPO at 34 Reservation RD. Reno NV

#### ACCEPTING LETTERS OF INTEREST UNTIL FEBRUARY 16, 2024.

TBCC members are required to attend 12 paid meetings per year which requires field site visits & your review and comment on projects.

For more information or if you have questions contact **Michon R. Eben** (RSIC THPO/Cultural Resource Manager) or **Sierra Rambeau** (THPO Assistant/Oral Historian) at (775) 785-1326.

The RSIC Tribal Historic Preservation Office is supported by a grant from the Department of Interior National Parks Service

### RENO SPARKS TRIBAL HEALTH CENTER MEDICAL TRANSPORTATION



### MEDICAL TRANSPORTATION & MEDICATION DELIVERIES



RSTHC is happy to announce that we are open for patient transport to your scheduled appointments.

Transport is limited to persons residing in Reno, Sparks, North Valleys, and Hungry Valley without other means of transportation.

To schedule a ride or medication delivery please call (775) 329-5162 ext. 7714

We require a minimum of 24 hrs notice but encourage you to schedule as soon as you can.

Wheelchair accessible.

# Legal / Public / Job Announcements

## Recruitment for committee / boards

IN THE RENO-SPARKS TRIBAL COURT  
IN AND FOR THE RENO-SPARKS INDIAN COLONY  
RENO, WASHOE COUNTY, NEVADA

### PUBLIC NOTICE

Notice is hereby given that the Petitioner Angel Jackson and Lonnie Jackson has filed a Petition for Adoption in the Reno-Sparks Indian Colony Tribal Court, Case No. CV-AD-2023-0059, praying that said Court enter an Order Granting Adoption of the minor child, M.H.

Notice is hereby given that any person having objection to the aforesaid Petition for Adoption shall file written objection with the Reno-Sparks Indian Colony Tribal Court, 1900 Prosperity Street, Reno, NV, showing cause why the Petition should not be granted, within twenty (20) days after publication of this notice.

A hearing is scheduled on the Petition for Adoption for June 3, 2024 at 1:30 p.m.

Dated this 27<sup>th</sup> day of February, 2024.

/S/  
Dana Thomas  
Clerk of Court  
Reno-Sparks Indian Colony Tribal Court  
1900 Prosperity  
Reno, NV 89502



Reno-Sparks Indian Colony  
Planning and Community Development Department  
1937 Prosperity St  
Reno, NV 89502  
775-785-1363

### PUBLIC NOTICE

#### Preliminary Approval of Residential Land Lease

On November 29, 2023, the Reno-Sparks Indian Colony Tribal Council gave preliminary approval of a residential land lease for:

Applicant: Teresa Tobey  
Address: 51 Reservation Road Reno, NV 89502

If you object to this preliminary approval, submit a written statement to the Planning and Community Development Department and the Tribal Council Secretary, including detailed reasons for the objection please. The written statement must be emailed or delivered to the Planning and Community Development Department and the Tribal Council Secretary:

Planning and Community Development Department Director  
1937 Prosperity Street, Reno, NV 89502  
775-785-1363 or [estowell@rsic.org](mailto:estowell@rsic.org)

Tribal Council Secretary  
34 Reservation Road, Reno, NV 89502  
[mvarrow@rsic.org](mailto:mvarrow@rsic.org)

Written objections to this preliminary approval must be submitted to the Planning and Community Development Department and Tribal Council Secretary by:  
4:00 p.m. on Wednesday, January 31, 2024.

If you have any questions concerning this residential land lease, please contact:  
Candace H. Stowell, AICP at 775-785-1363 ext. 5409 or [estowell@rsic.org](mailto:estowell@rsic.org)

### RSIC HOMEOWNER REPAIR ASSISTANCE FUND

Providing temporary home repair assistance to low-income RSIC Tribal Enrolled Members.  
Must be living within the Hungry Valley or the Reno Colony Lands.

#### Eligible Qualified Expenses:

Roof Repair  
Window Replacements - due to deficient installation, dilapidation or damaged windows  
Furnace Replacement—No working units/inefficient  
Water Heater Replacement—Non working units/inefficient  
Siding, if siding is determined to be dilapidated/cracked that could cause leaks  
Electrical Safety Issues  
Existing housing deficiencies/conditions that may be hazardous to occupants  
Repairs necessary for property to prevent condemned/inhabitable without necessary repairs.  
Accessibility improvements to assist senior residents to age in place. (grab bars, ramps, ADA toilets, walk-in-shower)  
Seniors (55 years & older) Elders to be eligible for air conditioning units.



#### Application Requirements:

Enrolled RSIC Tribal member—Income 150% or below Area Median Income.

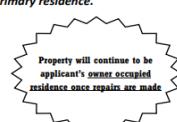
**Provide documentation that the home will be applicants primary residence.**

Provide name, address, SS, Tribal ID and State ID.

Provide amount determined of the need.

Certify that no other assistance has been obtained the is duplicative of homeownership  
repair assistance.

**Provide documentation homeowner is up to date on home obligations**  
(i.e. water/sewer/garbage).



	1-Person	2-Person	3-Person	4-Person	5-Person	6-Person	7-Person	8-Person
Greater of 100% AMI or 100% U.S. Median Income	\$96,200	\$96,200	\$96,200	\$98,900	\$106,850	\$114,750	\$122,650	\$130,550
Greater of 150% AMI or 100% of U.S. Median Income	\$103,850	\$118,700	\$133,550	\$148,350	\$160,250	\$172,100	\$184,000	\$195,850

Approved HAF Home Repair Policy 8/16/2023 T. C. Resolution #2023-RS-74

### Funeral Services for

## Rodney Earl Baker

January 16, 1964 - February 24, 2024



Viewing will be held Friday March 8th, 2024

4 p.m. - 7 p.m.

Ross Burke & Knoble  
2155 Kietzke Ln, Reno, NV 89502

Funeral Services will be held on  
Saturday March 9th, 2024  
11:00 a.m.

at the RSIC gym in Reno

Burial will be held at The Hungry Valley Cemetery in  
Sparks Nevada

Dinner to follow at The RSIC gym in Reno  
Food donations will be greatly appreciated

# Legal / Public / Job Announcements

Recruitment for committee / boards

**RENO SPARKS INDIAN COLONY**

HUMAN SERVICES  
405 GOLDEN LANE  
RENO, NV. 89502  
775 560 9041

**COVID-19 ASSISTANCE**

**Joana Hicks**  
Covid-19 Case Management Coordinator

**Marlene Marion**  
Human Services Director

**COVID-19 Case Management:**

Services are offered to RSIC Tribal Members who test positive for Covid-19. Positive Covid-19 test results must be from a medical provider.

Case Management includes: Care coordination, financial assistance (to those who qualify), PPE and food box delivery to Covid positive homes.

**Eligibility Criteria For Financial Assistance:**

Enrolled RSIC Tribal Member, must complete a Covid Assistance Application and Release of Information form, must submit proof of positive Covid-19 test result from a Medical Provider, Test results must be after January 1, 2023, a copy of photo ID. HOME TESTS WILL NOT BE ACCEPTED



**Monthly Meeting**  
105 Loop road Sparks, NV 89441  
"Transitional Living Center"

"Imagine with all your mind.  
Believe with all your heart.  
Achieve with all your might!"

**March 1, 2024**  
6:00PM-8:00PM

**TRIBAL YOUTH 12-24**

**GAIN SELF-WORTH AND INNER STRENGTH**

**CONTRIBUTE TO MAKING A DIFFERENCE IN YOUR COMMUNITY**

**BUILD LASTING FRIENDSHIPS**

**LET YOUR VOICES BE HEARD** **BUILD LEADERSHIP SKILLS**

Dinner and transportation will be provided.  
For more info or to sign-up for transportation please contact Robin M. Eagle at [reagle@rsic.org](mailto:reagle@rsic.org) or Call (775) 329-2936 ext. 3218

## NOTICE from RSIC's TRIBAL COURT

The Tribal Court is located at 1900 Prosperity Street, Reno, Nevada.

The Tribal Court is open Monday through Friday, from the hours of 8:00 a.m. to 5:00 p.m. The Court is open from 12-1:00 p.m. Please use the door at the north end of the building, during the lunch hour. As the Court Administrator will be assisting the public and answering phones at that time.

For filing documents, court hearings and meeting with court staff, please use the doors located at the south end of the building, where the Court Clerk's office is located, (next to the courtroom).

*Dana Thomas, Court Clerk, is (775) 785-8775 ext. 1*

*Jeraldine Magee, Court Administrator is (775) 785-8775 ext. 2*

### Advocates are:

- ◆ Enrico Castillo (775) 785-8775 ext. 5
- ◆ Christian Luna (775) 785-8775 ext. 4

### Truancy Officer:

- ◆ Tanya Hernandez is (775) 785-8775 ext. 9

The Tribal Law and Order Code can be found on the RSIC website, [www.rsic.org](http://www.rsic.org), under the Tribal Court Department.

The Inter-Tribal Council of Nevada, Court of Appeals, hears all appeals that arise from the Reno-Sparks Indian Colony, Tribal Court. Their office is located at 10 State Street, Reno, NV 89501. Their phone number is (775) 355-0600.

If you have any questions regarding the duties and responsibilities of court staff, please contact the Tribal Court Administrator, Jeraldine Magee.



# DUI LEVEL II, II-X, & III

WEEKLY

Mondays 3:00-4:00 PM



- ✓ MAKE POSITIVE CHANGES TO YOUR HIGH-RISK DRIVING BEHAVIORS
- ✓ LEARN HOW ALCOHOL & OTHER DRUGS AFFECT DRIVING ABILITY
- ✓ EXAMINE YOUR SUBSTANCE ABUSE PATTERNS
- ✓ EXPLORE THE LINK BETWEEN THOUGHTS, FEELINGS & BEHAVIOR
- ✓ DEVELOP A PLAN FOR CHANGING YOUR IMPAIRED DRIVING BEHAVIOR

For more information

(775) 334-0989

or

(775) 329-5162 EXT 7785

"The Reno-Sparks Indian Colony is a federally recognized Indian Tribe & is therefore subject to sovereign immunity. Individuals entering the Tribe's jurisdiction are agreeing to their civil & criminal jurisdiction (if applicable)."

## DOMESTIC VIOLENCE Intervention Group



"The Reno-Sparks Indian Colony is a federally recognized Indian Tribe & is therefore subject to sovereign immunity. Individuals who enter the Tribe's jurisdiction are agreeing to their civil & criminal jurisdiction (if applicable)."

FOR MORE INFORMATION ON THE GROUP OR TO GET SIGNED-UP, PLEASE CALL:

**(775) 334-0989**

OR

**(775) 329-5162 ext. 7785**

Behavioral Health  
1715 Kuenzli Street  
Reno, NV 89502



"Harnessing the power of change"



## ANGER MANAGEMENT

TUESDAYS AT 4:00PM

For more information,  
please call the Behavioral  
Health Department

**775-334-0989**

OR

**775-329-5162 extension 7785**

"The Reno-Sparks Indian Colony is a federally recognized Indian Tribe & is therefore subject to sovereign immunity. Individuals entering the Tribe's jurisdiction are agreeing to their civil & criminal jurisdiction (if applicable)."

### THE BENEFITS

#### Knowing Your Triggers

Learn to identify what  
sets you off or  
worsens your anger

#### Communication Skills

Learn how to express  
feelings and needs  
assertively  
(not aggressively)

#### Respond Instead of React

Calm yourself down

## PATH TO A BETTER YOU



### Substance Abuse Outpatient Group Level I

- Psychoeducation to identify factors that compel problematic use and/or continued use.
- Skill development to learn how to enhance the skills necessary to break free of addictions.

When: Wednesdays

Time: 10am-11:30am

## PROGRESSION NOT PERFECTION

"The Reno-Sparks Indian Colony is a federally recognized Indian Tribe & is therefore subject to sovereign immunity. Individuals who enter the Tribe's jurisdiction are agreeing to their civil & criminal jurisdiction (if applicable)."

If you would like more information or  
have questions please call (775)  
**329-5162 ext. 2014**





# Positive Indian Parenting Classes

Starting: February 1, 2024

Thursdays, 12pm-1pm

Reno-Sparks Tribal Health Center  
1st Floor Conference Room

\*The Reno-Sparks Indian Colony is a Federally recognized Indian Tribe and therefore subject to sovereign immunity. Individuals entering the Tribe's jurisdiction are agreeing to their civil and criminal jurisdiction (if applicable).\*

**OPEN TO: ALL PARENTS, GUARDIANS, CAREGIVERS, AND FOSTER PARENTS OF NATIVE CHILDREN**

February 1: Traditional Parenting  
February 8: Lessons of the Storyteller  
February 15: Lessons of the Cradleboard  
February 22: Harmony on Child-rearing  
February 29: Traditional Behavior Management  
March 7: Lessons of Mother Nature  
March 14: Praise in Traditional Parenting  
March 21: Choices in Parenting

Lunch will be provided

**SIGN-UPS REQUIRED**

(775) 329-5162 ext. 2009

-or-

[vwilliams@rsicclinic.org](mailto:vwilliams@rsicclinic.org)



## RED ROAD RETURNS FRIDAYS 4:00 PM

\* The Reno-Sparks Indian Colony is a Federally recognized Indian Tribe and therefore subject to sovereign immunity. Individuals entering the Tribe's jurisdiction are agreeing to their civil and criminal jurisdiction (if applicable).\*



Service  
Spiritual  
Awareness  
Perseverance  
Justice  
Forgiveness  
Humility  
Willingness  
Integrity  
Courage  
Faith  
Hope  
Honesty



During these meetings you will have the opportunity to listen to others and share your experience, strength, and hope.

These meetings will focus on creating new thought patterns, new attitudes, and new feelings about yourself and not on "fixing" other people

START DATE: October 20th

LOCATION: Behavioral Health Conference Room

For more information call:  
(775) 329-5162 ext. 2014

### THREE NATIONS WELLNESS CENTER

#### WORKOUT CLASS SCHEDULE

##### MONDAY

12:15-12:45 PM - F.I.T. (FUN INTERVAL TRAINING) WITH WALI

##### TUESDAY

12:15-12:45 PM - POWER HALF HOUR WITH MICHELLE

##### WEDNESDAY

12:15-12:45 PM - STEP WITH WALI

##### THURSDAY

12:15-12:45 PM - BEND & EXTEND STRETCHING WITH TIFFANY

##### FRIDAY

12:15-12:45 - SPIN WITH MICHELLE

→ NEW GYM HOURS ←

MONDAY 8:00-7:00PM

TUESDAY 8:00AM-7:00PM

WEDNESDAY 8:00AM-1:00PM

THURSDAY 8:00AM-7:00PM

FRIDAY 8:00AM-5:00PM

STARTING 1/2/2024



CLASSES ARE FIRST COME FIRST SERVE

FOR ANY QUESTIONS CALL 3NWC AT 775-329-5162

Shoe Vouchers are available!  
**LOVE YOUR FEET**

1. Schedule an appointment with your provider.
2. Request a Diabetes and foot exam
3. Get your labs

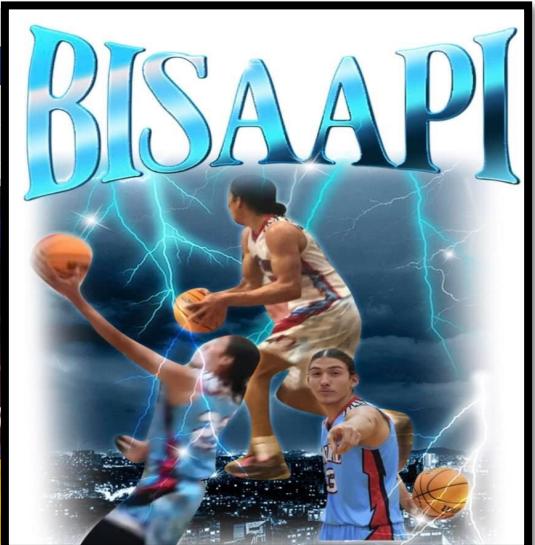
Call (775) 329-5162 to schedule your appointment.

Please contact Christian Lee  
Diabetes Program Manager, for further questions.  
(775) 329-5162 Ext. 1943

# 2023-2024 Basketball Season—May All Your Swishes Come True!

## Congratulations to our 2024 RSIC Seniors

Allieghfaye Abbie, SSHS; Chesney Sampson, EWHS; Bisaapi Melendez, OHS; Takoda Rivers, PLHS; Warren Christy Jr., PLHS; Sequoia Harjo, PLHS; and Shalaya Barraza-Harjo, PLHS.



Allieghfaye Abbie, Spanish Springs High School, 4A Runner-Up

Bisaapi Melendez, Owyhee HS, 1A State Qualifier



Sequoia Harjo & Shalaya Barraza-Harjo, PLHS, 1A State Champions



Chesney Sampson, EWHS



Takoda Rivers, PLHS, 1A State Qualifier



Warren Christy Jr., PLHS, 1A State Qualifier



***Win or lose, they all  
are champions –  
Many thanks to the  
RSIC Recreation  
Program!***

Recreation Youth Basketball League have played scrimmage matches at both Reno and HV gyms on Wednesday evenings.

It was a great opportunity for the youth get out and develop their basketball skills from beginner to youth elite. It was fun not only for these youth playing, but also the families who came out on game night to cheer on these little athletes. One day they will be on a team playing for State Champion-



Top photo: Coach Raelysa Harjo and Referee Devin Dressler.

ships and eventually moving on to collegiate basketball.

Win or lose, they all are champions and many thanks to the RSIC Recreation Program, the volunteer coaches and those amazing ref's! Thank you RSIC

Recreation Staff for this opportunity.

The Reno Sparks Indian Colony Recreation Program has been serving the RSIC community for many years, offering basketball development and competition for boys and girls in the 1st – 8th grades.

Each year, knowledgeable and remarkable coaches provide the opportunity for youth to learn the game of basketball while also learning important life lessons about sportsmanship, responsibility, and hard work.

Many of the community youth have passed through the RSIC Recreation program, with many moving on to successful high school and college careers.

The Recreation Program would like to remind you to please



**BE KIND  
AND COURTEOUS**



Before entering the RSIC Recreation basketball courts and weight centers

**\*CLEAN/WIPE OFF SHOES or**

**\*CHANGE INTO CLEAN SHOES**

Benches and cleaning areas are provided upon entering both gyms & weight centers

*Thank you from all Recreation Staff*

We appreciate your cooperation and understanding in providing a clean & safe facility for the RSIC community.

## RECREATION SPRING DAY CAMP

Monday	Tuesday	Wednesday	Thursday	Friday
March 25 <b>Reno:</b> Gym Day <b>HV:</b> Peppermill <b>Depart:</b> HV - 12:30 PM	26 <b>Reno:</b> Peppermill <b>HV:</b> Gym Day <b>Depart:</b> Reno - 12:30 PM	27 <b>Reno:</b> Gym Day <b>HV:</b> Roller Kingdom <b>Depart:</b> HV - 12:30 PM	28 <b>Reno:</b> Roller Kingdom <b>HV:</b> Gym Day <b>Depart:</b> Reno - 12:30 PM	29 <b>Reno:</b> Gym Day <b>HV:</b> Coconut Bowl <b>Depart:</b> HV - 12:30 PM
April 1 <b>Reno:</b> Movies @ IMAX <b>HV:</b> Gym Day <b>Depart:</b> Reno - 12:30 PM	2 <b>Reno:</b> Gym Day <b>HV:</b> Urban Air <b>Depart:</b> HV - 12:30 PM	3 <b>Reno:</b> Coconut Bowl <b>HV:</b> Gym Day <b>Depart:</b> Reno - 12:30 PM	4 <b>Reno:</b> Gym Day <b>HV:</b> Movies @ IMAX <b>Depart:</b> HV - 12:30 PM	5 <b>Reno/HV:</b> Carson Valley Swim Center <b>Depart:</b> 10:00 AM (Both Sites)



# Happy Easter!



**PARENTS: THIS SCHEDULE IS SUBJECT TO CHANGE WITH OR WITHOUT PRIOR NOTICE DUE TO UNFORESEEN CIRCUMSTANCES**

**DAY CAMP HOURS:** Day camp starts at 12:00 and ends at 4:00. (Unless otherwise noted) **GYM DOORS WILL OPEN AT 9 AM.**

**DAY CAMP AGE REQUIREMENT:** children must be 6-17 yrs old to attend. All teens are encouraged to attend all day camp activities.

**Covid Restrictions Will Apply:** Masks are optional and we ask if your child is ill, please have them stay home.

Please make sure your child wears appropriate clothing and shoes for each day's activity and weather.

*If you have any questions feel free to contact the Reno Gym @ 775-329-4930 after 9:00 AM.*

**PERMISSION SLIPS:** Your child must have a [2024 permission slip](#) on file **BEFORE** attending the activities. If your child has not yet done so, please contact the Recreation Dept. ASAP.



- ✓ Gear up for cool field trips.
- ✓ Make forever friends.
- ✓ Dream up a game to teach your troop.

Join troop 155 at the Hungry Valley Community Center  
We meet every 2nd & 4th Thursday - March 14, 2024 from 6:00-7:00pm and March 28, 2024 6:00-7:00pm.

**Due to Construction of lower level HV Recreation Center, Girl Scouts will meet in the upstairs gym**

- Girl Scouts earn badges related to STEM, entrepreneurship, outdoors, and life skills while making friendships that last a lifetime.
- We are looking for parent and family volunteers to help out during troop meetings and events.

Contact Sophia Goodwin to Join: 775 843-6947, SGGOODWIN@GSSN.ORG  
RSIC Recreation 775-329-4930 for more information

**March 22-24, 2024**  
**Hungry Valley Gymnasium**  
**Sparks, NV**

# MARCH MADNESS

**YOUTH CO-ED BASKETBALL TOURNEY**

**DIVISIONS**  
**1st-3rd GRADE**  
**4TH-8TH GRADE**  
**7TH-8TH GRADE**

**AWARDS**  
**CHAMPIONS**  
**2ND PLACE**  
**3RD PLACE**  
**ALL STARS & MVPs**

**Entry Fee: \$225 ~ Deposit \$100 due by: 3/8/24**

**FOR MORE INFO:**  
Tanya @ 775.770.4127 Or Bren on Fbk Messenger

Concessions by: **TREE N' CREW**  
**NDN Tacos, Breakfast Burritos and more..**

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## HUNGRY VALLEY REC CENTER CLOSURE

FEB. 29<sup>TH</sup> – APR. 5<sup>TH</sup> 2024



## PARDON THE INCONVENIENCE

FEB. 29<sup>TH</sup> – MAR. 3<sup>RD</sup> REC/LIBRARY STAFF WILL BE MOVING OUT  
OF THE REC CENTER & LIBRARY

Beginning Monday March 4<sup>th</sup> thru April 5<sup>th</sup>, 2024

All the carpet will be removed and replaced with tile flooring. There will be NO ACCESS to the weight center, party rooms, & library. The HV gym will remain open upstairs & the Reno Gym Weight center is open

9am-9pm M-Th & 9am-6pm Fri-Sun

After-School program will continue upstairs M-F 3pm-6pm

For more information call HV:775-785-1360/775-895-9572

Reno: 775-329-4930/775-895-9571

# Doug and Dolly Gardipe

# Happy Anniversary 41 Years Congratulations!

*There's nothing better than  
watching your love for each other  
flourish and grow each year.*

*Happy anniversary to a  
wonderful couple.*

Made with PosterMyWall.com

# FAMILY GAME NIGHT

## PAINT & DRUG/ALCOHOL TRIVIA

THURSDAY, MARCH 21ST

RSTHC 1ST FLOOR CONFERENCE ROOM

5:30PM-7:00PM



BRING YOUR FAMILY AND JOIN US FOR DINNER, PAINTING & TRIVIA

\*WIN PRIZES FOR TRIVIA CHALLENGES\*

SIGN-UPS ARE REQUIRED TO ENSURE ENOUGH FOOD/INCENTIVES

775-329-5162 EXT. 2009 OR [vwilliams@rsicclinic.org](mailto:vwilliams@rsicclinic.org)

\*The Reno-Sparks Indian Colony is a federally recognized tribe and therefore subject to sovereign immunity. Individuals entering the Tribe's jurisdiction are agreeing to their civil and criminal jurisdiction (if applicable)\*

**BASKETBALL CAMP**

**LAKOTA BEATTY**

**Mental Wellness**

**BASKETBALL CAMP**

**26 MAR**

**6TH-12TH GRADE**

**RSIC GYM | 5:00 PM**

**DINNER WILL BE PROVIDED TO PARTICIPANTS**

**27 MAR**

**K-5TH GRADE**

**RSIC GYM | 9:00 AM**

**LUNCH WILL BE PROVIDED TO PARTICIPANTS**

*Please join us in combating mental health disparities through sport. The framework for Lakota's Basketball Camp is learning nervous system regulation & learning positive coping mechanisms for life's adversities.*

**OPEN TO ALL NATIVE AMERICAN YOUTH IN NORTHERN NEVADA**

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**MORE INFORMATION & SIGN-UPS**

**(775) 329-5162 ext. 2009 or [vwilliams@rsicclinic.org](mailto:vwilliams@rsicclinic.org)**

# RSIC Tribal Members, “A Mother and Son Duo” were recognized for their amazing work dedicated to helping others.



Derek “Zack” Imus,  
Marshal of the Year



Rita Imus  
NFL Making A Difference Award

(Reno, NV) - Two inspiring RSIC Tribal members Rita Imus and Derek "Zack" Imus, "a mother and son duo", have done some amazing work within our Northern Nevada communities. They both were recognized for their hard work, long hours they put in, and their energy to help people.

Derek "Zack" Imus who is an Army Veteran, and currently works for the City of Reno, was awarded "Marshal of the Year". The "Marshal of the Year" selected for 2023, was chosen for their strong work ethic, dependability, willingness to step in and support others. Derek shows consistent professionalism and dedication to the Reno Municipal Court. In addition to his award, a plaque has been

hung in the Marshal hallway at the Reno Municipal Court-house.

Each year the NFL celebrates and recognizes an individual for making a difference in the DV/SA field, for whichever State the Super Bowl will be held. This year the Super Bowl was held in Las Vegas, Nevada. Clarice Charlie-Hubbard let the NFL association know that we should be celebrating and honoring Rita Imus for her dedication and work.

On February 8th, Rita and her family attended the award ceremony in Las Vegas where many players and celebrities were there. The NFL Commissioner, Roger Goodell thanked Rita for all her hard work and dedication to helping survivors of DV/SA.

It could be long hours of working with Law Enforcement, nurses, and others but Rita is always there to step in and support survivors. Rita was also presented with Super Bowl tickets for her and her family.

Rita Imus has been working with domestic and sexual violence for many years. She takes pride in her Native culture and is passionate about bringing awareness of DV/SA to the Native communities. Also, sharing about the culture to bridge the gap about Native People to other agencies she works with. "I have gone through my own struggles with addiction and unhealthy relationships, so I want to break that cycle for others and let them know they have options." **Congratulations Rita and Derek!**

# RSIC 2040 Comprehensive Plan

## Draft Land Use and Housing Element Chapters available for review and comment.

*Take our short surveys!*

The 2040 RSIC Comprehensive Plan is a long-range policy document to guide community development decisions for the next 15 + years. The plan is based around major topic areas, or elements.

The **Land Use Element** includes future land use maps as well as goals, policies, and actions to guide decisions on future development.

The **Housing Element** includes information on the current housing inventory, housing conditions, and goals, policies, and actions to address housing needs.

**To read the draft elements and complete the online survey, go to:**

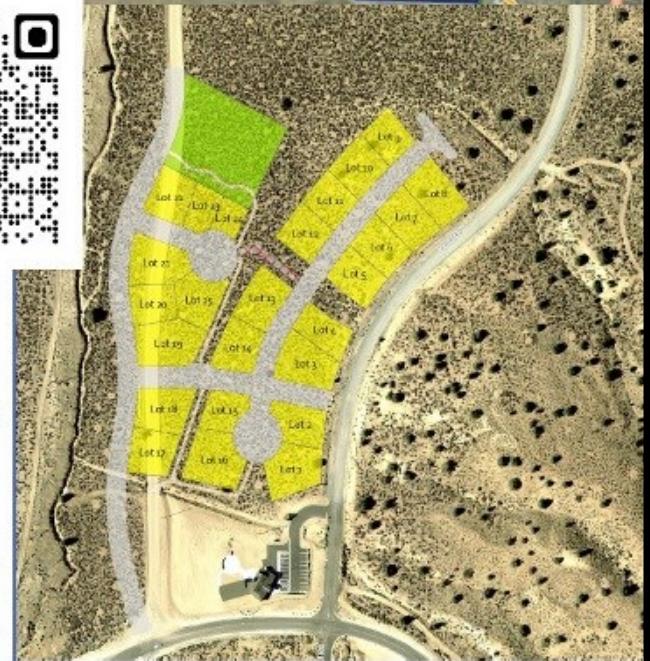
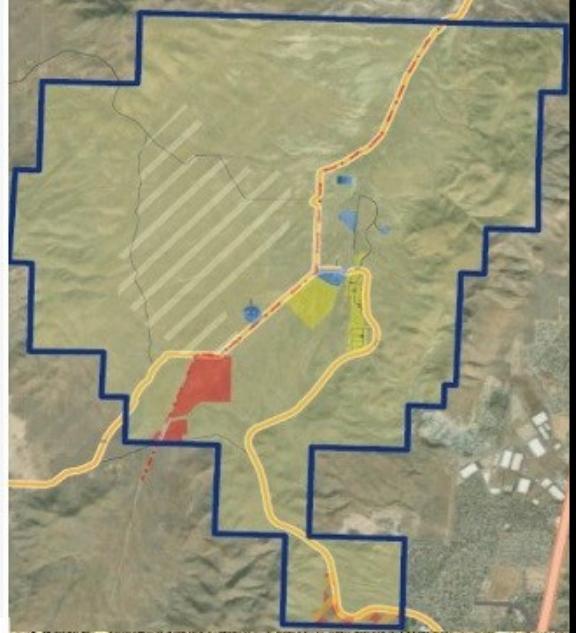
<https://rsic-planning-rsic.hub.arcgis.com>

and select "Comprehensive Plan"

Or **SCAN with your Phone Camera >**

Printed Surveys available at the Planning and Community Development Department:  
**1937 Prosperity St, Reno NV**

[planning@rsic.org](mailto:planning@rsic.org) || 775-785-1363



GREAT BASIN INDIGENOUS WOMEN RISING  
INVITES YOU TO THE 3rd ANNUAL

# 2024 RED DRESS SOCIAL POWWOW

## **PYRAMID LAKE COLOR GUARD**

**Numu Tookwasu** (Black Shirts)

## **HOST DRUM:**

Truckee Paiutes

## **INVITED DRUM:**

Wild Creek

## **OPEN TO THE PUBLIC**

### **EMCEE:**

**Art Martinez** (Chumash)

### **ARENA DIRECTOR:**

**Joseph Smith** (Numu)

### **HEAD WOMAN:**

**Dayann Harrison** (Kooyooe Tukadu)

### **HEAD GIRL DANCER:**

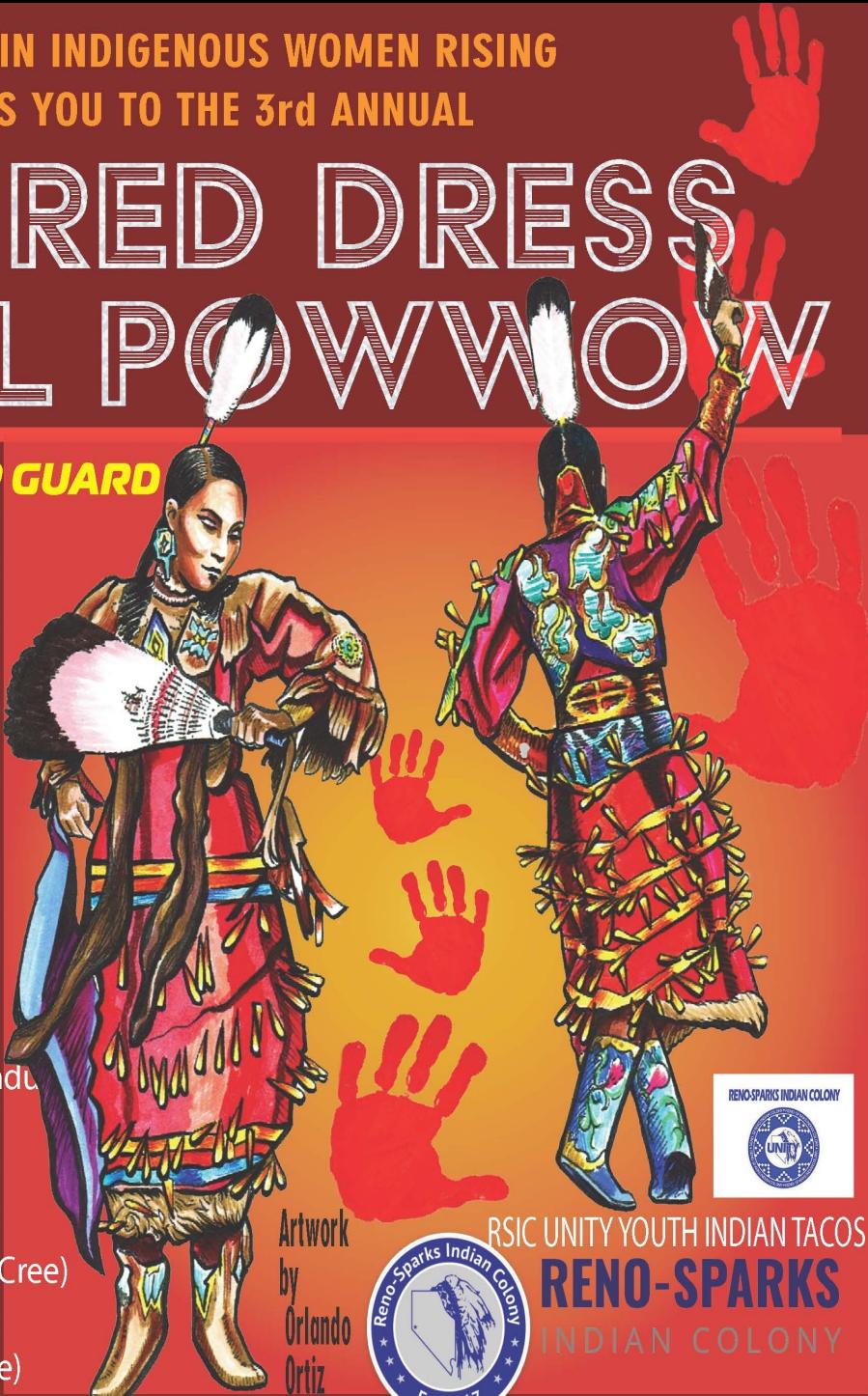
**Nuba Harry** (Kooyooe Tukadu)

### **HEAD MAN:**

**Jacob Stump** (Numu, Chippewa Cree)

### **HEAD BOY:**

**Wovoka Martinez** (Bishop Paiute)



**FRIDAY, MARCH 29, 2024**

**GRAND ENTRY: 7PM**

**Boys and Girls Club of Truckee Meadows  
1300 Foster Drive, Reno, NV**

## **FEATURING:**

Red Dress Specials

Tiny Tots

MMIW Blanket Dance

Jingle Dance Special

This is a sober event. We welcome sponsors, vendors, and drum groups.  
Vendor booth is \$40. Call Beverly (775) 857-8750. Masks are appreciated.