



THE CAMP NEWS

VOLUME XII ISSUE 7

July 2017

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

Native Culture, Artown Create Closing Night Nationhood

“A Tribe Called Red,” regional artists provide inspirational finale

As the mission of Artown is to create a climate for the cultural rebirth of our region, the closing night of the month-long celebration was a microcosm of that goal.

To warmup 1,000-plus spectators, attendees were treated to dances and songs which have been handed down from generation-to-generation for thousands of years compliments of Lois Kane and the Eagle Wing Pageant Dancers.

Toddlers, teens, and award winning pow wow dancers dazzled the crowd with colorful regalia and energetic moves all in sync with two astounding drum groups: local talent *Young Chiefs* and the all-women drum group *The Mankillers*.

Plus the food options were notable---Indian Tacos or pine nut ice cream with Espresso, plus typical fair treats and several beverages to keep hydrated during the 101 degree heat.

All the while, an abundance of Native fine art, Native crafts, and Native merchandise beckoned visitors to explore the vendor booths which were filled with cultural treasures created with inspiration from the rich, matchless Native

American culture that has flourished for millennia.

While the crowd jockeyed for optimal seating for the night's finale, the next 15 people honored by the *Reno People Project* were introduced (see page 8 for complete biographies). The ceremony held on the Wingfield park stage, was part of the City of Reno's year-long celebration of its 150th birthday.

Following the Native way, the free public event paused for Pyramid Lake elder Charlotte Harry to offer a prayer in her Paiute language. Also, her son, Norman Harry, who is on Artown's Board of Directors, played his hand drum and sang before introducing the main event, *A Tribe Called Red*.

For nearly a decade, *A Tribe*

Continued on back cover



I'm With The Band — *Three members of the Reno-Sparks Indian Colony Pow Wow Club—Teresa, Tziavi and Pasituya Melendez—were invited to dance while “A Tribe Called Red” wowed a sprawling crowd during the final night of Artown. According to its website, Artown started back in 1996 when local leaders wanted to help re-brand Reno by holding a three-week art festival. 2017 was the second year in which the Reno-Sparks Indian Colony partnered with Artown. The Colony was directly involved with three events: a cultural and art fair held on tribal lands, a youth language presentation held at the McKinley Arts Center, and the Closing Night, held in the heart of Reno.*

31st Annual

NUMAGA INDIAN DAYS

POW WOW



HUNGRY VALLEY, NV

SEPTEMBER 1-3, 2017 • LABOR DAY WEEKEND

Head Staff

MASTER OF CEREMONIES :: Bart Powaukee
 ARENA DIRECTOR :: Wesley Windyboy Sr.
 HEAD JUDGE :: Algin ScabbyRobe
 HEAD MAN :: Russell McCloud - Harrah, WA
 HEAD WOMAN :: Thea McCloud - Harrah, WA



Russell McCloud Thea McCloud

Drum Contest

1st PLACE :: \$10,000
 2nd PLACE :: \$5,000
 3rd PLACE :: \$4,000
 4th PLACE :: \$3,000
 5th PLACE :: \$2,000

Dances

3 MILE RUN & WALK

HOST :: HUNGRY VALLEY ACCESS CENTER
 (RENO SPORTS CENTER, HEALTH CENTER)

Head Staff

CIRCUS CIRCUS RENO
 500 N. VIRGINIA STREET
 RENO, NV 89503
 775-786-5010
 GROUP RATE: NUMAGA POWWOW

Grand Entry

FRIDAY 7:00 PM
 SATURDAY 12:00 PM & 7:00 PM
 SUNDAY 1:00 PM

FREE ADMISSION & OPEN TO THE PUBLIC

Specials

SPOTLIGHT :: WOMEN'S JINGLE & MEN'S TRADITIONAL
 OWL DANCE :: 18 YEARS & OVER
 WOMEN'S TRADITIONAL PAIUTE
 MEN'S & WOMEN'S TRADITIONAL

SPONSORED BY HEAD MAN & HEAD WOMAN

OUTGOING PRINCESS SPECIAL :: TINY TOT
 SPONSORED BY OUTGOING TINY TOT PRINCESS

SIBLINGS TEAM DANCE SPECIAL :: 18 YEARS & UNDER
 SPONSORED BY CHESNEY SAMPSON, OUTGOING JR. MISS NUMAGA

MEN'S CHICKEN DANCE SPECIAL

SPONSORED BY STUMP & SCABBYROBE FAMILY

LONGEST HAIR

Information

ELIOT RAMIREZ (775) 250-7013
 MARLA DRESSLER (775) 300-0225
 VENDORS - TOBY STUMP (775) 470-1100
 NUMAGA PRINCESS CONTEST : ANITA TALANCON (775) 338-3723

RSIC & NUMAGA INDIAN DAYS POWWOW COMMITTEE WILL NOT BE LIABLE FOR - ACCIDENTS, SHORT FUNDED TRAVELERS, THEFT, VANDALISM, LOST ITEMS, INJURIES. **NO DRUGS, ALCOHOL OR FIREARMS**

Deadlines, Mailing List

The Camp News Profile

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the RSIC Public Relations Department and duplicated and distributed by RSIC Administration Front Office.

SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

CONTACT OUR STAFF

E-mail your submissions to smontooth@rsic.org or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: www.rsic.org and PDFs of our publication are available.

If you have questions, call us at 329-2936, ext. 3268.

Important AUGUST dates

- 14 Roller King Roller Skating, Sponsored by 3NWC, 6 p.m.
- 15 Commodity Distribution, Senior Center, 8 a.m.
Elder Aquacize, 55-years+, Alf Sorensen, 1400 Baring Blvd., Sparks, 9 a.m.
Self Defense Class, 3NWC, 12:15 p.m.
Line Dancing, 3NWC, 5:15 p.m.
Yoga, 3NWC, 5:30 p.m.
- 16 Adult Kickboxing, 3NWC, 12:15 p.m.
Senior Numa (Paiute) Language Class, RSIC Senior Center, 12:30 p.m.
Speed and Agility Training, 3NWC, 5 p.m.
Tribal Council Meeting, Hungry Valley Recreation Center, 6 p.m.
- 17 Elder Aquacize, 55-years+, Alf Sorensen, 1400 Baring Blvd., Sparks, 9 a.m.
Yoga, 3NWC, 12:10 p.m.
Line Dancing, 3NWC, 5:30 p.m.
- 18 Native Art Classes, RSTHC Behavioral Health, 9 a.m.
Breastfeed Awareness Art Show & Picnic, RSTHC, 11 a.m.
Tai Chi with Christian, 3NWC, Noon
Spartan Training, RSTHC, 5 p.m.
School Fees Deadline, Education Department, 5 p.m.
- 21 Fit For Life, Senior Center, 12:30 p.m.
After School Tutoring Program Begins, Reno & Hungry Valley, 2 p.m.
Executive Health Board meeting, RSTHC, 5:30 p.m.
RSIC Pow Wow Club, Hungry Valley, 6 p.m.
- 22 Elder Aquacize, 55-years+, Alf Sorensen, 1400 Baring Blvd., Sparks, 9 a.m.
Self Defense Class, 3NWC, 12:15 p.m.
Line Dancing, 3NWC, 5:15 p.m.
Yoga, 3NWC, 5:30 p.m.
Family Fun Night-Painting, Education Dept., 34 Multipurpose Room, 6 p.m.
- 23 Adult Kickboxing, 3NWC, 12:15 p.m.
Senior Numa (Paiute) Language Class, RSIC Senior Center, 12:30 p.m.
Speed and Agility Training, 3NWC, 5 p.m.
- 24 Elder Aquacize, 55-years+, Alf Sorensen, 1400 Baring Blvd., Sparks, 9 a.m.
Yoga, 3NWC, 12:10 p.m.
Line Dancing, 3NWC, 5:30 p.m.
- 25 Native Art Classes, RSTHC Behavioral Health, 9 a.m.
Tai Chi with Christian, 3NWC, Noon
Spartan Training, RSTHC, 5 p.m.
- 28 Fit For Life, Senior Center, 12:30 p.m.
Housing Advisory Board Meeting, Hungry Valley Recreation Center, 6 p.m.
- 29 Elder Aquacize, 55-years+, Alf Sorensen, 1400 Baring Blvd., Sparks, 9 a.m.
Self Defense Class, 3NWC, 12:15 p.m.
Line Dancing, 3NWC, 5:15 p.m.
Yoga, 3NWC, 5:30 p.m.
- 30 Adult Kickboxing, 3NWC, 12:15 p.m.
Senior Numa (Paiute) Language Class, RSIC Senior Center, 12:30 p.m.
Speed and Agility Training, 3NWC, 5 p.m.
Economic Development Meeting, Hungry Valley Recreation Center, 6 p.m.
- 31 Elder Aquacize, 55-years+, Alf Sorensen, 1400 Baring Blvd., Sparks, 9 a.m.
Yoga, 3NWC, 12:10 p.m.
Line Dancing, 3NWC, 5:30 p.m.
Talking Circle, RSTHC Behavioral Health, 4 p.m.

Wildfires Sear Northern Nevada, Edge Hungry Valley

First responders continue vigilant community protection during unprecedented season

It has been called a wildfire season on steroids, and Hungry Valley Volunteer Fire Management Coordinator Lance Chantler agrees that 2017 has been like no other.

"There are so many volatile fuels---cheat grass, sage brush, even juniper, which can start a fire very easily," Chantler said. "All conditions indicate that in the coming weeks and months, conditions will remain very dry and any spark can start a fire, so we will remain vigilante."

Indeed, residents of Hungry Valley saw firsthand the uncertainty and daunting anxiety which accompanies wildfire as the Long Valley Fire skirted our tribal community last month.

Sparked on July 11, the Long Valley Fire took 10 days of intense firefighting against

unpredictable winds, extremely high temperatures, and saturating humidity finally to control the blaze which burnt 83,733 acres, or about 131 square miles.

For the Hungry Valley residents, besides the plumes of smoke, the glow of the Long Valley Fire could be seen after sundown which added to the unease.

"As per our protocols, we were in direct communication with the Long Valley Command Post," Chantler said. "We have great partners in the SoCal Fire, Bureau of Land Management and all the area agencies which were equipped and ready had the fire remained dynamic and reached our trigger point, which it never did."

In addition to the fire department, other Reno-Sparks Indian

Colony representatives attended the daily operational briefings and the planning briefings. Throughout the active event, RSIC Emergency Management Services including law enforcement, public works, housing and public information personnel were on call.

The Long Valley Fire started near the California / Nevada border town of Doyle and travelled southeast toward Moonstone and Winnemucca Ranch roads.

The fire burned into the north end of Spanish Springs, and in its later stages, the fire moved eastward toward Pyramid Lake. Advisory evacuation orders were issued for Sutcliff, Grass Valley and Palomino Valley.

At one point Pyramid Highway, SR 445, was closed in both directions just north of SR 446 before the fire was contained on Tule Ridge and Dogskin Mountains.

Since the Long Valley Fire in late July, the Hungry Valley Fire Department was first on the scene and the lead agency, at two small fires, one on and one off the Hungry Valley land base.

"Our crew did an excellent job in especially difficult conditions, containing a 13.62 acre fire on the reservation," Chantler said. "Since we had been working nearly two straight weeks, this effort was especially significant."



Total Team Work — Volunteers from the Hungry Valley Fire Department work together to contain a 13-plus acre fire on the reservation on July 24.

Photo by Lance Chantler

Continued on page 5

Know Your Risks: Stay Ready, Stay Wild Fire Smart

Sign up for voicemail, email or text during emergency events

With continued high temperatures, winds and low humidity, Northern Nevada and much of the entire western part of the United States has endured several red flag warning days.

A Red Flag Warning is a forecast warning issued by the United States National Weather Service to inform area firefighting and land management agencies that conditions are ideal for wildland fire combustion, and rapid spread.

See the following link for red flag warnings:

<https://forecast.weather.gov/wwamap/wwatxtget.php?cwa=usa&wwa=Red%20Flag%20Warning>

In addition, warnings and updates about regional wildfires will be sent via the Reno-

Sparks Indian Colony's emergency alert system, via employee email, and at the Colony's website:

<http://www.rsic.org/>

Please remember, wildfire conditions can change quickly without warning and human interference can threaten lives.

"We have had reports of people parking on Eagle Canyon road to watch the fires," said RSIC / Hungry Valley Fire Management Coordinator Lance Chantler. "Blocking access roads is a hazard to responders and ultimately, the community."

He said that during the nearby Prater Fire in Sparks, so many cars blocked the road that law enforcement had to assist.

Chantler also emphasized

that drones complicate and disrupt emergency efforts.

"Drone use during a fire needs to stop," Chantler said. "A drone anywhere in the Valley could hamper firefighting aircraft."

Residents living in or around a fire area like Hungry Valley, can monitor conditions at the following link:

<https://inciweb.nwcc.gov/>

Also KOH AM radio 780 is our civil alert emergency radio.

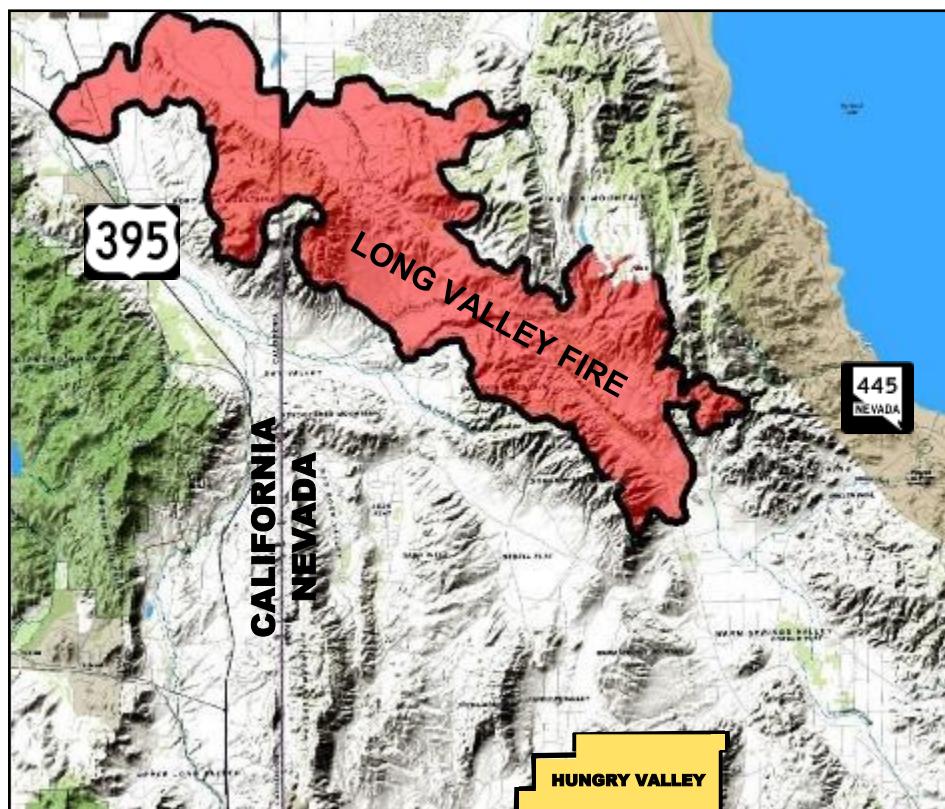
Tune in to get breaking news.

Finally, to sign up for alerts, contact RSIC Emergency Services Manager, David Hunkup at dhunkup@rsic.org or by phone at: (775) 997-3524.

The cause of the Long Valley Fire is still under investigation.

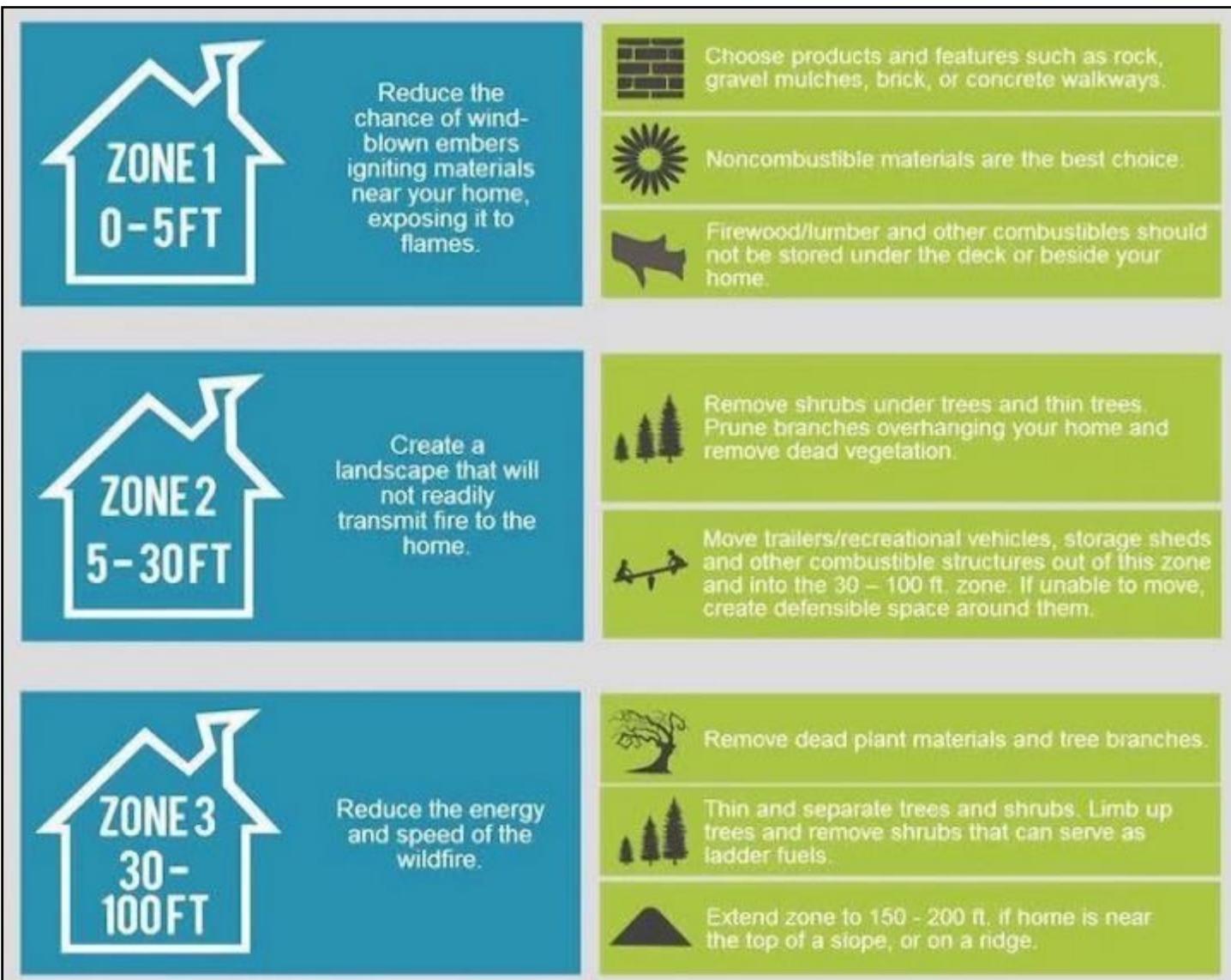


Fiery Dance — During the Long Valley Fire, residents of Hungry Valley could see the glow of the 131 square mile fire. The flames got within 12 miles of our border.
Photo by Daniel Thayer



Play Your Role To Minimize Wildfires in Your Community

Recognize fire hazards: 90 percent of fires started by humans



- Never throw cigarettes from a moving vehicle, extinguish cigarettes in designated receptacles.
- If you are participating in outdoor activities that could ignite a fire, such as camping, target shooting, riding ATVs and/or off road motorcycles, bring fire suppression equipment. (Water, an extinguisher or shovel)
- Target shooters should use a firing range, such as Washoe County's Regional Shooting Facility.
- Due to the risk of wildfires, the Carson Ranger District/U.S. Forest Service has instituted a temporary shooting restriction until Saturday, Sept. 30, 2017 or until conditions change.
- Keep matches and lighters out of reach of children and never leave young children alone with an open flame. Pour water on them until the hissing stops, and use a shovel to stir everything around.
- Keep your tires properly inflated. Fires can start when a blown tire's rim sparks off the asphalt, setting weeds along the road ablaze. Make sure your tires are not too worn and don't park atop tall weeds – engines and brakes can get hot enough to set them on fire.
- Create defensible space because firefighters will generally work harder to save a home with defensible space because they know they have a chance of success. Use the "defensible space calculator" at: www.livingwithfire.info

The Culture of Weaving: Traditional Baskets in Transition

Native American Traditional Art Exhibit
through August 31

**RSIC Cultural Resources Program/THPO
1995 East 2nd St. - Reno, NV 89502**

*The exhibit may be viewed Monday—Thursday from noon to 4 p.m.,
until Thursday *August 31st, 2017. Due to the construction,
pedestrian traffic, and staff schedules, the door may be locked,
so, please knock .*

*Please call ahead at (775) 785-1326 before your visit to ensure staff
will be on site. The RSIC Cultural Resource/THPO building
is accessible for those with disabilities.*

*...what visitors are saying about the exhibit:
“Very Powerful—” “Beautiful!” “Inspirational...”
“....nicely presented”*

**For more information please contact Michon R. Eben,
Cultural Resource Manager/THPO @ (775) 785-1326
*Exhibit closed August 7-11***

This event is sponsored, in part, by a grant from the Department of Interior, National Parks Service.

More Native Americans Recognized by Reno 150

Impact of historic American Indian icons acclaimed during celebration

In conjunction with the city's 150th birthday, the Reno People Project, which is a way to tell 150 stories about some of the people that make up our unique community history. As Reno was officially established on May 9, 1868, the City will recognize 150 people prior to that date, 2018.

The People Project recently unveiled its second round of nominees and this group included two celebrated Native Americans: Johnson Sides and John Dressler.

In the late 1800's, Johnson Sides, a Northern Paiute Indian was recognized and respected by both Indian and non-Indians in the City of Reno, as well as the state of Nevada.

Sides birth date is unclear, however upon his death in 1903 he was believed to be 70 years old. Side's contributions were invaluable. He was known throughout the City of Reno and the world as a peacemaker.

Nevadans recall that Sides



Johnson Sides (?-1903)

was born a twin and raised alone as an infant by white settlers of Franktown road, the Sides family.

Sides had the gift of speaking both English and the Paiute languages during the 1880's.

This skill provided valuable interpretation to the early settlers of the City of Reno and Indian Tribes of Nevada, Utah and Idaho.

This also gave him the notoriety of being the Peacemaker.

Sides was active in utilizing his bilingual skills to maintain peaceful relations between the Indians and white settlers. He facilitated a number of discussions that contributed to the peaceful settlement of Northern Nevada.

Due to these outstanding deeds, he was given his unique title while in Washington, D.C. and he received a medal which he proudly wore pinned to his heart.

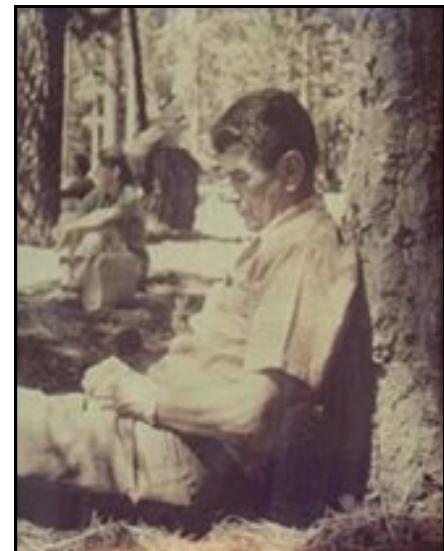
The Peacemaker traveled to neighboring Indian communities and to the City of Reno to converse among their leaders the ways of the each other's life ways, politics and social issues. To alleviate the fears of the newly settled areas, Sides would provide assurances that Tribes would not assault and vice versa.

This is very evident by reports in the *Reno Evening Gazette* articles from 1879-1887.

On October 1903, the City of Reno's first Mayor, George Turritin attended the Peace-

maker's funeral, along with hundreds of Native Americans and non-Indians.

Sides rests eternally at the historic Hillside Cemetery.



John Henry Dressler (1916-1970)

John Henry Dressler was one of the first American Indian ambassadors to the City of Reno.

Born in 1916, Dressler was taught the traditional lifestyle and culture of the Washoe people, but his exposure to the non-Indian world helped him navigate both successfully.

An accomplished athlete who attended Stewart Indian School in the early 1920's, Dressler used the vocational training he received at boarding school for a career working for the railroad and was voted by his co-workers to lead the railroad boilermakers local union.

Continued on page 9



AUGUST 2017



SUN	MON	TUE	WED	THU	FRI	SAT
	NEW Gym Hours: Monday: 8:00am-7:00pm Tuesday: 8:00am-7:00pm Wednesday: 8:00am-7:00pm Thursday: 8:00am-7:00pm Friday: 8:00am-6:00pm					5 * PaddleFit @ Sparks Marina 10:00-11:00am
13	14 Elder Home Fitness Training in Hungry Valley 10:00am-4:00pm Elder Fit Class 12:30-1:00pm Roller Skating 6-8pm @ Roller Kingdom	15 Elder Aquacise 9-10 @ Alf Self Defense @ 3NWC 12:15-12:45pm L. Dancing 5-5:30 @ 3NWC Yoga 5:30-6:30 @ 3NWC	16 Elder Volleyball 10-11 Elder Home Fitness Training in Reno 12-4pm CKB 12:15-12:45pm@3NWC Agility & Speed Training @ Reno Rec 5-6pm	17 Week 11 weigh ins * Elder Hot Springs 9:00-10:00am Yoga 12:10-12:50pm Line Dancing 5:00-5:30pm	18 Week 11 weigh ins Tai Chi @ 3NWC 12:00-1:00pm Spartan Training 5:00-5:45pm @ 3NWC	19
20	21 Elder Home Fitness Training in Hungry Valley 10:00am-4:00pm Elder Fit Class 12:30-1:00pm @ Senior Center	22 Elder Aquacise 9-10am Self Defense @ 3NWC 12:15-12:45pm Line Dancing 5:00-5:30pm Yoga 5:30-6:30 @ 3NWC	23 EHFT in Reno 12-4pm Cardio Kickboxing 12:15-12:45pm @ 3NWC Agility & Speed Training @ Reno Rec 5-6pm	24 Last weigh ins Elder Aquacise 9-10am @ Alf Sorensen Yoga 12:10-12:50pm Line Dancing 5:00-5:30pm	25 Last weigh ins Tai Chi 12-1pm @ 3NWC Elder Fit Class 12:30-1:00pm @ SC Spartan Training 5:00-5:45pm @ 3NWC	26
27	28 Elder Home Training in HV 10:00am-4:00pm Elder Fit Class @ SC 12:30-1:00pm	29 Elder Aquacise 9:00-10:00am @ Alf Self Defense @ 3NWC 12:15-12:45pm Line Dancing @ 3NWC 5:00-5:30pm Yoga 5:30-6:30 @ 3NWC	30 Elder Home Fitness Training in Reno 12-4pm Cardio Kickboxing 12:15-12:45pm @ 3NWC Agility & Speed Training @ Reno Rec 5-6pm	31 * Elder Hot Springs 9:00-10:00am @ Carson Hot Springs Yoga 12:10-12:50pm Line Dancing 5:00-5:30pm	Three Nations Wellness Center 1715 Kuenzli Street Reno, NV 89502 Phone: 775-334-0938 Fax: 775-334-4353 E-mail: wquerta@rsiclinic.org	 Find us on Facebook

* Sign Ups Required

Continued from page 8

In this capacity, Dressler served as a negotiator with management to ensure safe working conditions for all.

With that leadership experience, Dressler was one of the founding members of the Inter-Tribal Council, a Reno-based organization that represents the interests of all

American Indian Tribes within the State of Nevada.

In fact, he was the group's first chairman, serving the agency from 1958-1969.

Once Inter-Tribal Council of Nevada (ITCN) was officially recognized, Dressler discovered a need for area tribes to have a liaison to the Nevada legislature. In 1965, he led the passage of a bill which created

the Nevada Indian Commission.

On the civic front, Dressler formed the first Indian Boy Scout Troop in Reno and served as Scoutmaster of Troop 10.

In 1970, four days before his death, Dressler was recognized by the University of Nevada for "...his exceptional service to the wellbeing of mankind."

Continued on page 10

GREAT BASIN NATIVE ARTISTS



Exhibit shows until Sept. 6
Opening Reception
& Artists' Talk
Wed. Sept. 6 • 5-7 p.m.
TMCC Main Gallery
RDMT Building

Ben Aleck
Phil Buckheart
Karma Henry
Topaz Jones
Jean Lamarr
Jack Malotte
Melissa Melero-Moose



ATMCC
Truckee Meadows Community College

7000 Dandini Blvd. RDMT 334u
Reno, NV 89436
775-673-7291

Continued from page 9

The City of Reno recognized its first round of honorees on May 8, which included Native Americans: Katie Christy Frazier, Beatrice "Bea" Thayer and Captain Truckee

Do you know someone, past or present, who has made a positive impact on our city? The City of Reno is celebrating our sesquicentennial from May 2017 to May 2018, and we want to know who has helped create The Biggest Little City. From

the first Founder's Day to the most recent graduating classes, there are extraordinary people, "Reno People", who helped build this City, create its character and move it forward.

The Reno People Project is a way to tell 150 stories about some of the people that make up our unique history.

We invite you to submit a nomination for a past/present Reno citizen who has contributed to the City of Reno's history. Nominations must include a short (250 word maximum)

biography of the nominee, their efforts and the reasons you'd like their story included.

Including a photograph of the nominee is recommended.

For more information and nomination forms, see:
<http://www.reno.gov/about-reno/reno-150-birthday/reno-people>



Planning For This Month's Historic Eclipse of Sun

Moon's shadow will cover the earth completely for first time in 38 years

On Monday, Aug. 21, all of North America will be treated to an eclipse of the sun and people from all over the world will converge on the United States.

What is an eclipse of the Sun?

According to Fred Espenak, a retired emeritus astrophysicist for the [Goddard Space Flight Center](#), a solar eclipse can only happen when the moon passes between Earth and sun.

If the moon's shadow happens to fall upon Earth's surface at that time, we see some portion of the sun's disk covered or 'eclipsed' by the moon.

"This is the opportunity of a lifetime - to see the most beautiful thing on the planet," said Dan McGlaun, the webmaster of [eclipse2017.com](#) and a veteran of 12 eclipses.

Everyone in North America plus parts of South America, Africa, and Europe will see at least a partial solar eclipse, while the thin path of totality will pass through portions of 14 states.

Although Nevada is not one of the states that will experience a total eclipse, people in the area will be treated to a significant partial eclipse.

This will be the first total eclipse on American soil since 1991. The last total solar eclipse which was visible on the mainland of the United States was 1979. Plus, this will be the first total eclipse to sweep

across the entire country since 1918.

In anticipation of this month's historic event, the Washoe County Library System is offering free solar eclipse glasses, one per person, after Aug. 14, and while supplies last.

"You never want to look directly at the sun without appropriate protection except during totality," said McGlaun. "That could severely hurt your eyes."

However, McGlaun said that there are many ways to safely view an eclipse of the sun including direct viewing — which requires some type of filtering device—like those complimentary glasses being distributed by the Washoe County Library System— and indirect viewing.

Both methods should produce

clear images of the partial phase of an eclipse said McGlaun.

The two closest Washoe County Libraries to the RSIC community are located at the following addresses:

Spanish Springs Library

7100-A Pyramid Highway,
Sparks, NV 89436
775.424.1800

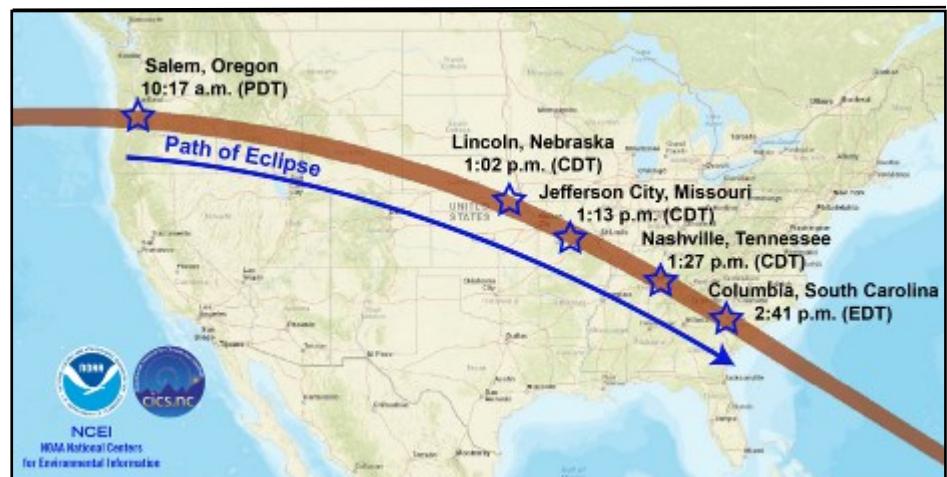
Downtown Reno Library

301 South Center Street, Reno,
NV 89501 – 775.327.8300

Find more information about the Great American Eclipse at: www.space.com/33797-total-solar-eclipse-2017-guide.html

Editor's Note:

Information for this story was used from the National Aeronautics and Space Administration (NASA) website.



The Look, The Path — On Aug. 21, millions of people will see nature's most wondrous spectacle—a total eclipse of the sun as the moon completely blocks the sun and daytime becomes a deep twilight, and the sun's corona shimmers in the darkened sky.

Image Credit: Rick Fienberg

Sponsored by the Community Health and the Diabetes Departments

Reno-Sparks Tribal Health Center invites you to join our

NATIONAL BREASTFEEDING AWARENESS ART SHOW & PICNIC

When: Friday August 18th

Time: 11-3pm

Where: RSTHC Back Patio

Come enjoy a healthy meal & cookies and view beautiful art in honor of national breastfeeding awareness month!

If you have any questions, please call Gina Featherstone, health Educator at 775-329-5162

Did You Know....

*Nearly 1 out of 4 American Indians die of heart disease.
But you can do something about it!*

Join the Honoring the Gift of Heart Health Program

The Program is FREE



*Participants who attend every class will receive incentives.
Everyone who completes the program will receive a certificate.*

Honoring the Gift of Heart Health classes meet once a week for 10 weeks

Sponsored by: The Community Health Department

Location: RSTHC 1st floor Conference Room

Day/time: Every Monday 5:30-6:30pm

Classes begin on: Monday, October 2nd 2017

Strengthen the Heartbeat of Your Community & Future Generations!



**U.S. Department
of Health and
Human Services**

**For more information, or to register, contact:
Gina Featherstone at 775-329-5162 x 1949
gfeatherstone@rsic.org**

Veterans Rural Health Advisory Committee Visits RSIC

U.S. Department of Veterans Affairs group tours health center

Benjamin Smith, Deputy Director for Intergovernmental Affairs and Wilbur Woodis, Senior Policy Analyst for External Affairs for Indian Health Service, recently participated in the U.S. Department of Veterans Affairs (VA) Veterans' Rural Health Advisory Committee (VRHAC) meeting in Reno, Nev.

Smith serves as an ex-officio member of this committee. The VRHAC advises VA Secretary David Shulkin on health care issues that affect eligible Veterans residing in rural areas. This includes American Indian and Alaska Native Veterans.

Topics discussed at this meeting included: emergency response procedures, community care coordination, increasing access to clinical pharmacy specialist providers for rural veterans, suicide prevention, and more.

As part of this meeting, the VRHAC visited with Arlan D. Melendez, Chairman of Reno-Sparks Indian Colony, plus



An Inside Look — Benjamin Smith (far right) explains the independence that the RSTHC enjoys as at Title V facility. Smith, an enrolled member of the Navajo Nations serves on the U.S. Department of Veterans Affairs Veterans' Rural Health Advisory Committee as many Native Americans reside on reservations located in rural areas. **Below, the entire VRHAC contingent poses after touring the health center.**

Photo Provided by IHS

several staff members of the Reno-Sparks Tribal Health Center (RSTHC) to learn about health care to American Indian and Alaska Native Veterans.

The RSTHC is a Tribally-owned and operated clinic. The health center is committed to enhancing the quality of life of all of American Indians by providing a culturally competent

and patient-centered continuum of care.

The RSTHC participates in the Indian Health Service Tribal Self-Governance Program as authorized by Title V of the Indian Self-Determination and Education Assistance Act.

For information about access to care for American Indians

Continued on page 15



and Alaska Natives, please visit <https://www.ihs.gov/vaihsmou/>.

This visit came days after the RSIC co-hosted the Native American Summit and Nevada Advocacy Training.

"We are concerned for the welfare of our Veterans," the Colony Chairman Arlan D. Melendez told Jarrette Werk of the *First Nation's Focus*. "They have earned these benefits and services, and should utilize them."

Organized by the Nevada Department of Veterans Services, the two-day conference offered training assistance to Tribal Veteran Representative (TVR) service officers and advocates for Nevada's 27 tribal communities.

The United States Department of Defense notes that American Indians and Alaska Natives have the highest representations in the U.S. armed forces.

Unfortunately, many of these veterans do not apply for the benefits, resources or programs they are entitled to and have earned through their military service.

According to Terri Hendry, Communications Director of the Nevada Department of Veterans Services, that is why her agency continues to reach out to Native warriors.

"What we tried to do is share with tribal leaders what services are available, so they can take that information back to their communities," Hendry said.

Hendry also emphasized that Native Americans have the lowest per capita percent



Rightfully Due — For two days, Veterans, their family and friends, professionals whom work in Veterans Services, as well as many Tribal leaders convened to review all the benefits and services available to Native American warriors. Co-hosted by the RSIC, Chairman Arlan Melendez is hopeful the Native American Summit and Nevada Advocacy Training will become an annual event.

Photo Provided by NDVS

of signing up for services, benefits, and programs, all of which Native American Veterans have earned and are entitled.

At the recent summit, attendees received information from local, state and national experts affiliated with organizations that serve and support veterans as well as families of veterans.

Terry Bentley, the Tribal Government Relations Specialist for the for the VA's Western Region attended the meetings.

An enrolled member of the Karuk Tribe of California, Bentley said that her office was created in 2011 to improve formal tribal consultation which respects sovereignty of Tribal nations and the government to government relationship.

Participants gained a better understanding of benefits, eligibility, and claims.

They also learned more about health issues, such as post traumatic stress disorder (PTSD), presumptive

conditions and mental health resources.

Additionally, they gained a better insight into the VA Sierra Nevada Health Care System

"Native Americans have really set the example of the warrior spirit," Chairman Melendez said. "We need to assist them and make sure we take care of each and every one of them."

The Summit also provided information to help tribal members become certified Nevada Veterans Advocates (NVA's). NVA's are trained to be able to connect veterans to benefits, services or programs. These tribal members can use this information to help veterans in their communities.

To learn more about becoming an NVA, click here: <http://www.veterans.nv.gov/page/veterans-advocacy>

To learn more about Native American Veterans programs click here: <http://www.veterans.nv.gov/page/Native-American-Minority-Veterans-Programs>.

10 Ways to Respect Your Native American Elders

Use these to honor our elders, take their advice forward to be the best we can be

By Vincent Schilling
Indian Country Media Network

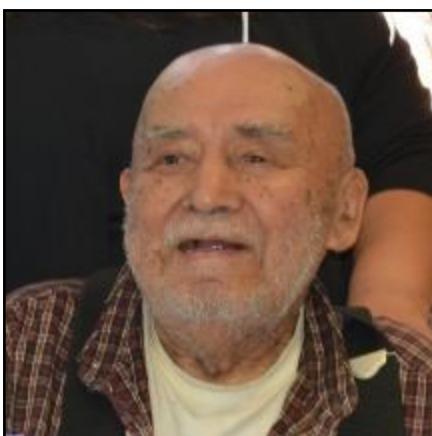
Our blessed Native elders certainly deserve our respect. Though traditions and ways of life vary from tribe to tribe, showing respect to our Native elders is a way to remember tradition, pay homage to our ancestry, and to carry our beliefs forward to our upcoming generations of new leaders.

With this in mind, *Indian Country Today Media Network* has compiled a list of ways we can continue to show our Native elders that we respect them, honor them, care about them, and will take their advice forward to be the best we can be.

Here are 10 ways to respect our Native elders:

Listen More

The old adage “We have two ears and one mouth for a reason” applies here. When in the presence of an elder, make sure to listen more than you speak as an elder’s words come from a place with many decades of experience.



Thomas McGinty

Be Polite

Acting in a polite way to an elder is a demonstration of respect. If you are in the presence of an elder, be polite.

This means if they are talking, listen, if they ask you a question, respond respectfully and with a calm tone.



Reynelda James

Do not interrupt them, and always ask if they need anything.

Do not address them by their first name unless they have given you permission. If you do not know their name, you may use sir or ma’am again unless they tell you different.

If meeting an elder for the first time, do not sit with them unless you ask permission.

Ask for Advice

It is a shame to think an elder, who has had a lifetime of experience, would ever be overlooked for their advice. If you are ever in need of advice about how to respond in a life situation, take some time out of your day to seek the counsel of

an elder. Their advice may be better than what the doctor ordered.

Visit With Them

Sometimes our Native elders may spend time without the benefit of their communities because they may be at home, in an elder retirement facility or simply sitting alone during a powwow or other social occasion. It is a great show of respect to visit with them and bring the community to them.

Let Them Eat First

In many tribal communities it goes without saying that at any social event, the elders eat first.

In any case you can show an elder respect by offering to get them a plate before you get anything for yourself. This is especially true if they are not able to stand for a period of time or could use any sort of assistance.



Steve Frank

Ask About Traditions

It is a great show of respect to ask the

Continued on page 19

Numaga 3 Mile Walk/Run

We are at it again, 3 mile Walk/Run through the streets of Hungry Valley. Bring your little ones in their strollers and family to partake in our annual Numaga event.



Saturday, September 2, 2017

Registration Begins at 7:30am ♦ Run/Walk Begins at 8:00am
Hungry Valley Lower Recreation Center

Warrior Mountain Run

We are also having the Warrior Mountain Run for those die-hards. The route is 5.2 miles with a 1,000ft to 2,000ft climb. A flag will be on the top of the mountain for you to reach then follow the same route to get back to the starting point.

For more information contact: Danny Thayer @ 775-329-5162 ext. 1918
or Walita Querta @ 775-334-0938

Continued from page 17

Native elders of the tribe to tell you about your traditions and culture.

You can also learn from them in the process, which not only is respectful, but of benefit to learning the ways of your ancestors—a definite win-win.

If they speak your tribe's traditional language—speak with them.

Whether you know the language of your tribe or not, offering to speak words, learn words and share the language is a nod of respect for the ways of your tribe. You will learn in the process no matter



Thelma Delorme

how well you speak; if you don't speak the language it is a great way to start.

Ask About Their Lives

By asking an elder about their life, you can hear some of the most amazing stories. It also shows that you are interested in them, and that you care. Something as simple as asking an elder to tell you their stories shows a great deal of respect and reverence for an elder who deserves it.

Give Them a Call

Sometimes we are not close enough to see an elder in person, but this certainly does not mean we cannot reach out to them in a personal way. In our busy lives it's easy to forget the amount of meaning an elder will experience if we take time out of our day to say hello.

Tell Them You Respect and Appreciate Them

Though we may practice



Beatrice Thayer

respect to our Native elders by listening, being polite or visiting, how often do we actually say, "I respect you greatly and appreciate that you are here."

This may seem simple, but it can be overlooked. If possible, the next time you see an elder that has been a positive force in your life, tell them this message of respect.

Editor's Note:

This story was originally published June 3, 2015 in *Indian Country Today*. It was reprinted with permission from ICTMN. Vincent Schilling is an enrolled Akwesane Mohawk.

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In & Around: Reno-Sparks Indian Colony Community

Civic pride, taking care of furry friends, giving to others



Giving Back – *Viola Gomez was sworn into office by Reno-Sparks Indian Colony Chairman Arlan D. Melendez as she officially became a board member of the Reno-Sparks Indian Colony Housing Advisory Committee. On July 7, Gomez promised to serve her community to the best of her ability.*



Necessary Pain – *Reno-Sparks Indian Colony Head Start Manager Christina Jacobus consoles her dog, Lilly, as the pug gets a shot complements of the Indian Health Service. IHS Environmental Health Specialist Nicole Kenote recently organized a free rabies vaccination clinics for dogs and cats of tribal community members.*



Find The Hero In You – *Bernie DeLorme, a contract health service clerk at the Reno-Sparks Tribal Health Center, was one of 18 people to make a life saving contribution during a July 6 blood drive. The United Blood Services brought a mobile unit to the RSTHC parking lot where volunteers donated 13 units of blood.*

Photo By Gina Featherstone



Life Saving Business – *United Blood Services is a nonprofit community blood center, providing blood and blood products for local area hospitals throughout the United States. Founded in 1943 in Phoenix, the organization currently serves more than 500 hospitals and more than 25 million people.*

Photo By Gina Featherstone

In & Around: Reno-Sparks Indian Colony Community

Team teaching, cultural field trip, Native civic pride



Beading With a Twist – The Great Basin Native Artists have been holding beading and regalia making circles which included tips on how to make extra income. Besides allowing participants to watch artists demonstrate their craft, some attendees also taught others.

Photo Provided By Melissa Melero-Moose



Creative Sharing – Participants of bi-monthly beading classes learned from professionals and shared techniques. For many centuries, Native Americans used nature's gifts—birch bark, porcine quills, shells, and even sea urchin spines for beading.

Photo Provided By Melissa Melero-Moose



Hands On Learning – Several students from the Colony's Day Care Program took a field trip to the Cultural Resource / Tribal Historic Preservation Office building to view the Tribe's newly acquired baskets. To plan your trip, see details on page 7 as the basket exhibit is open to the public through the end of August.

Photo Provided by RSIC Cultural Resource/THPO



Freshly Baked – Summer Foods Service Program Assistant Cook Nicole Mandell helped provide delicious, healthy, kid friendly meals to children. Again this year, the SFSP was available in Reno and Hungry Valley. Over 4480 meals were served for in June and July. All meals met the recommended serving sizes and food components.

Photo Provided by SFSP



Mike and Lois George Kane celebrated their 30th Wedding Anniversary on Saturday, June 24, 2017. About 60 family and friends joined the happy couple as their refreshed their wedding vows, with Reverend Ernest Hooper officiating. The original wedding party came together to wish the couple many more years of happiness. The Kane's would like to thank the brother of the bride Victor Williams Sr., maid of honor Joan Lowery, best man JJ Wadsworth, Bridesmaids Sherry Wasson Sandusky, Rinna George and Leah Allen; and Groomsmen Lou George, Timothy George, and Raymond Allen for sharing this special day with them. They would also like to thank the Band Native Gunz for the awesome music Steve Johnson, Kenny Lange, and Mike "Hobie" Williams. Everyone had a blast dancing the night away. Many thanks as well to all the cooks for the delicious food and all the family that came to help decorate and helped with the clean up. A good time was had by all!



Ask Paul

Client: "I can't focus. My mind is always racing. I have lots of random thoughts, especially before I try to sleep."

Me: "Are they negative thoughts?"

Client: "Yes."

Me: "Do you hear voices or see things?"

Client: "No."

Me: "How do you think I can help you?"

Client: "I just want my mind to calm down. Can you help me get control of my brain."

Me: "OK, let's experiment with some mindfulness exercises and see if they work. If not, we can try some other options."

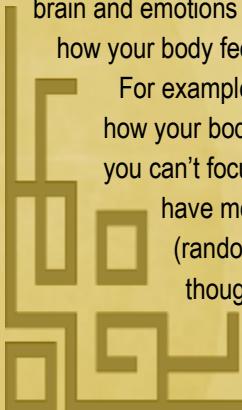
I like mindfulness exercises because they give a person the chance to be present (stop and smell the roses).

You can do these exercises any time, they can be very effective, they're free and can even be fun.

The idea is to slow down your thought process or, more accurately, to focus on being present.

Your brain is an incredible and fascinating creation. Your elders recognize the impact that your brain and emotions have over how your body feels.

For example, think about how your body feels when you can't focus or you have monkey brain (random and fast thoughts),



especially before going to bed.

Now think about how you feel when you are celebrating with your family, at a sweat or a pow wow.

See the difference?

So, let's try to think about our thoughts and slow them down.

Try this; think about your tongue for a moment. Think about all the stuff that your tongue does as it tastes, helps swallow, and allows us to talk. When was the last time you thought this muscle in your head was tired?

Now relax your tongue. I know it sounds weird, but try it. Notice, by relaxing your tongue you just relaxed your ears, neck, throat, jaw and everything that is connected to your tongue.

Maybe your tongue was tired. Either way, by relaxing your tongue you just told your body that you are ready to relax. This is a trained response because people usually only relax their tongues when they are about to sleep.

Now, breathe in through your nose deeply for a count of 4, and breathe out through your mouth for a count of 4.

Imagine you are breathing in the color blue – think cool – say to yourself "breathing in blue - cool." Now breathe out through your mouth – imagine breathing out the color red – hot. Say to yourself, "breathing out red, hot."

Imagine these colors being breathed in and out of your whole body and the feelings that they represent.

Now, sit down with your feet flat on the floor and continue the breathing

exercise.

Imagine you are just a sitting skeleton with lungs. No skin or internal organs etc. – just a skeleton and lungs. Imagine all of your bones in your skeleton and scan your body from your feet to your head.

Start by imagining all of the bones in your feet. Notice your ankle bones, go up your legs to your knee caps, then thighs, then hips and imagine your spine. Are you slouching? Sit up straight. Your spine is balancing your head (an adult head weighs an averaging of 10 lbs.) Your spine is strongest when its vertebrae are stacked on top of one another and not curved over to support that 10 lb. head.

Now, take a deep breath and see how good that feels to get a full breath when you are sitting up straight! Now you are filling up those pink healthy lungs and breathing like your body wants and needs you to breathe to receive its oxygen and fill up your lung capacity. While you are doing this exercise notice that you have been distracted by concentrating on how your body feels and not other issues or problems (monkey brain).

This is a healthy distraction. Your mind allowed your body to feel healthy and not stressed with all of the day's activities.

This healthy distraction is the basis of mindfulness. You are training your body how to relax.

Once your body becomes accustomed to feeling good and relaxed it will actually start to request these mindfulness exercises to return to feeling good. It's your job to recognize these messages from your body and slow down, breathe and become present for the moment when you get all stressed out. Like everything, this takes practice. So, practice, practice, practice!

In researching this topic, I asked our Reno-Sparks Tribal Health Center Behavioral Health Department Manager Veronica Domingues-Gephart what her favorite mindfulness tools were. Here's her response:

"What I like to recommend to clients is to try to visualize what they would like to see themselves do (visualize saying no to drugs or alcohol, visualize grabbing a soda/water instead, visualize hugging someone or saying something nice, etc.) rather than what they don't want to do (using alcohol or substances, yelling, fighting, sitting on the couch, playing videos). Also, picturing themselves next to a lake, creek, woods, and using their senses of smell, touch, sound, sight, taste..... listening to the drum, voice/song, crackle of a fire, etc."

Just the tone of Veronica's message makes me want to relax.

Also, this leads us into another type of exercise, called visualization.

When a person uses visualization they are using their creativity

to visualize a scenario or outcome that would be optimal in their life and in doing so enthusiastically projects a great experience. This makes the body and mind feel really good.

Also, it helps the person focus on one particular thought and keeps monkey brain at bay.

Here's something to consider. Your brain has between 50,000 and 70,000 thoughts per day. WOW! The idea is to not have a bunch of emotional random thoughts take over and leave you feeling like you have no control. Visualization can help this mental state, by bringing back your control over your thoughts.

"You are training your body how to relax..."

Try this visualization technique; imagine you are 5-years older. Imagine how you look. Imagine where you are working and where you live and all your accomplishments. Imagine what your family and friends look like. Imagine your whole world in 5 years.

Because your thoughts make you

feel and act a certain way and these behaviors make you who you are, and you have control over your thoughts and behaviors, you can change your thoughts and behaviors to get the life you want.

So, you start with your imagination and think about what your life will look like after time has passed. In 5 years, are you stronger, healthier, more loved and helping your family and community like a true warrior?

If this is your goal, give yourself advice. Does the older you approve of the life you are leading now? What does the older you say to you? Follow the older you's advice and move towards the life you deserve!

Here's another one.

Imagine you are the star of your life movie and you are also watching yourself as part of the audience.

How do you look, how are you behaving? Are your actions consistent with your core beliefs and values? Do you like what you see? If not, do you want to?

If you would like to explore life changing strategies but don't know where to start, just contact me via my confidential phone line any time at (775) 329- 5162 x 1962, and we can set up an appointment to get you going where you want to go!

Interim Indian Health Services Director on Hot Seat

Senator pushes for proposed budget answers during federal hearing

According to a press release written by his staff, United States Senator Jon Tester left an "unbelievable" committee hearing on the future of Indian health care with his "hair on fire."

On July 12, Tester, who also is chairman of the Senate Indian Affairs Committee, questioned acting Director of Indian Health Service's Michael Weahkee during a Senate Interior Appropriations Subcommittee hearing regarding President Trump's proposed budget and its impact to the Indian Health Services' workforce.

A member of one of the most influential Congressional committees, Tester and 30 others decide where and how much taxpayer money the government spends, Tester specifically asked Weahkee seven times if the President Donald Trump's proposed budget increased or decreased the funding for health care workforce recruitment and retention at Indian Health Service (IHS) facilities-a priority for both Tester and Weahkee. Weahkee refused to answer Tester's question.

Tester: "Were you told to not answer any questions here by the way?"

Weahkee: "No, no."

Tester: "Okay, because I think is it absolutely unbelievable that you can't separate how much money Medicaid has helped you with third party

billing. I mean, to the point where I think we should almost demand an audit. Because, that's not how things work and you should have those numbers on the tip of your tongue, to be honest with you.

If we are going to make policy here, we have to figure out what the impacts of that policy are going to be, and by the way it is your agency that deals with Indian health; Indian health and nothing else.

So, we have to have it and I don't mean to lecture you, but have you had a chance to do an assessment of what the needs are during your three weeks at IHS?"

Weahkee: "I have been able to leverage a lot of work that's been done prior."

Tester: "What would you say is the number one need in IHS right now?"

Weahkee: "Absolutely, it is shoring up long standing vacancies in some key leadership positions."

Tester: "So it's people?"

Weahkee: "People, yes sir."

Tester: "What does this budget do to your ability to hire staff?"

Weahkee: "We have a lot of efforts underway."

Tester: "Is there increase in dollars for hiring staff or a decrease?"

Weahkee: "We prioritize maintaining direct care services."

Tester: "Okay as far as total dollars go, is there an increase

in dollars for hiring staff or a decrease?"

Weahkee: "Our priority has been on insuring that we can continue to."

Tester: "I guess you don't get my question. You said it is a number one issue facing, and I agree with you by the way. So, does the budget increase the number of dollars for hiring people or is it a decrease? I would assume you would know that."

Weahkee: "Well sir, we have had to make a lot of tough decisions."

Tester: "Okay, so it's a decrease is that what you are saying?"

Weahkee: "No sir, I did not say that."

Tester: "So is it? Look, come on man, just answer the question. I'll back you until your guts cave if the administration comes after you, but is it an increase or a decrease?"

Weahkee: "We are really prioritizing our direct services."

Tester: "Okay, no, no, no, no. Really? I mean, I am on your side okay. I am a former chairman of the Indian Affairs Committee, former ranking member, I have been on this committee now for eight years. Just tell me if it is an increase or a decrease, it's that simple."

Weahkee: "Well sir, looking at our line items our priority has been to insure that we can continue to provide direct healthcare services and those

Continued on page 27

funds have been prioritized and maintained at the levels that we can insure that we don't have to decrease the level of service."

Tester: "That's your answer?"

Weahkee: "That's my answer, yes sir."

Tester: "Wow. I am not even going to go into facilities, I'm not going to go into what is going on with mental health, I'm not going to go into what is the problem with drugs. I will tell you that with the previous IHS staff, I remember giving a speech similar to what the chairman did and that is that if you guys don't advocate for a budget, how the hell are we supposed to fix it?"

I have never had, in ten years on this committee, I have never had somebody come up here and when I ask them a direct question they don't answer it.

I asked you a direct question on whether this budget was up or down and you would not answer it, you refused to answer it. That is totally unacceptable. I did not come in here with my hair on fire, but I am leaving here with it. I am going to tell you something, Indian Health Service is in a crisis and if you have served in Indian Health Services for ten years, and you have answered the questions in Indian Health Service like you have here today, there is no wonder it is in a crisis. I cannot believe what has transpired in this hearing today.

All I want are some damn answers, that's it. And if we

cannot get answers from Indian Health (Service) where do we go to get those answers?

I don't expect you to answer that either. This is an unbelievable hearing, I just got to tell you I have not had one like this in my tenure in here. When I ask a question, I want an answer. It's unbelievable."

Weahkee was brought in front of the Interior Appropriations Subcommittee also, to advocate for the President's proposed budget for Indian Health Service.

The President's proposed budget slashes funding for IHS by \$300 million.

However, a Washington insider connected to Indian Country said that all the Senators were very critical of Trump's budget proposal for the IHS.

These proposed large cuts have been criticized by members in both parties, and in the House and Senate.

In fact, days after this heated hearing, the House appropriators opted to ignore Trump's request to cut IHS funding and instead increased funding for the agency by \$97 million.

Given the statements by Senators in both parties at the hearing, it appears that appropriators in that chamber also will ignore Trump's proposed cut for the IHS.

Earlier this year, the Trump administration released its plan for a budget cut by 12 percent for the Department of Interior and Bureau of Indian Affairs (BIA).

According to Aaron Payment, Chair of the Sault Ste. Marie Tribe of Chippewa Indians and

the National Congress of the American Indians Secretary, BIA funding is chronically underfunded at about 40 percent.

"Further cuts threaten to erode the federal government's treaty and trust responsibility, Chairman Payment told *Native News.Net*. "It is unclear, what the Trump Administration's understanding and position is regarding maintaining at least a minimum fidelity to settled law and policy regarding the federal government's obligations."

The U.S. government is obligated to provide free health care to federally-recognized tribes in exchange for the millions of acres of land tribes ceded to the government.

IHS, part of the Department of Health and Human Services (HHS), is the agency that provides that care.

However, the service has been plagued with scandal and accusations of mismanagement since it was formed more than 60 years ago.



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PHOTOGRAPHY

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Mon., Sept. 11, 6-7 (Reno, Clinic)

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Senate Legislation Aimed at Stopping Theft, Trafficking

STOP Act ups penalties for violations against Native American cultural objects

Senator Martin Heinrich (D-NM) has introduced legislation aimed at stopping the theft and illegal trafficking of objects that have cultural and religious significance to Native Americans.

The bill is S. 1400, *the Safeguard Tribal Objects of Patrimony Act of 2017* or *STOP Act*, would boost penalties for Native American Graves Protection and Repatriation Act (NAGPRA) criminal violations from a maximum of five years in prison to a maximum of 10 years.

The punishment would more closely match other statutes such as the National Stolen Property Act.

The legislation would explicitly prohibit exporting items obtained in violation of NAGPRA, the Antiquities Act or the Archaeological Resources Protection Act – some foreign governments have cited the lack of an explicit export prohibition in U.S. law as an impediment to enforcement of NAGPRA and related laws overseas.

The bill seeks to encourage the voluntary return of tangible cultural heritage to tribal communities by directing the secretaries of Interior, Homeland Security, and the State Department, as well as the Attorney General, to appoint liaisons to facilitate the voluntary return of cultural property and directs the secretary of the Interior to develop

and maintain a list of contacts for the return of cultural property to which individuals and organizations can be referred.

The respective federal agencies would be required to conduct trainings and workshops for representatives of Indian tribes and Native Hawaiian organizations and collectors, dealers, and other individuals and non-Federal organizations regarding the voluntary return of tangible cultural items.

The STOP Act is co-sponsored by Senators Flake (R-AZ), Daines (R-MT), McCain (R-AZ), Murkowski (R-AK), Schatz (D-HI), Tester (D-MT) and Udall (D-NM).

The bill has been referred to the Senate Committee on Indian Affairs. Senator Heinrich introduced similar legislation in the Senate last year and the

bill was considered at an SCIA field hearing in New Mexico in October, but the committee didn't take formal action on the legislation.

Congressman Ben Ray Lujan introduced a companion bill in the House last year, but a companion measure has yet to be introduced this year in the House.

Heinrich's bill is supported by the All Pueblo Council of Governors, the National Congress of American Indians, and the United South and Eastern Tribes Sovereignty Protection Fund.

The bill directs the Secretary of the Interior to create a tribal working group consisting of representatives of Indian Tribes and Native Hawaiian organizations to devise recommendations regarding the return of cultural heritage, the elimination of illegal commerce in cultural heritage, and repatriation of cultural heritage that has been illegally trafficked. The relevant federal agencies and the NAGPRA Review Committee are directed to provide information and assistance to the tribal working group.

The text of the bill can be found at: <https://www.congress.gov/115/bills/s1400/BILLS/115s1400is.pdf> .



Don't Do The Crime — *The STOP Act will boost penalties for the criminal violations of the Native American Graves Protection and Repatriation Act. The basket above is kept in a museum vault.*

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11/11/2017

The design competition for the National Native American Veterans Memorial opens Veterans Day 2017. This will be an open, juried, two-phase design competition. Applicants will find more information and design guidelines.

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Call Christian Lee
775.329.5162

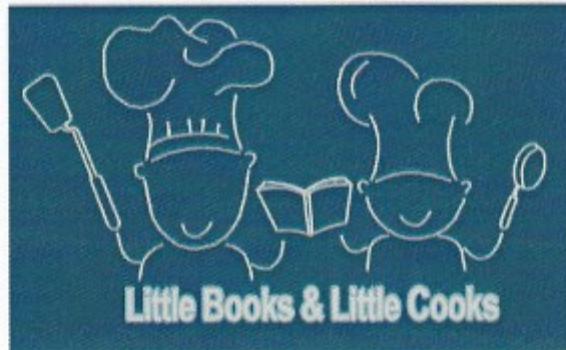
THREE NATIONS WELLNESS CENTER



RSIC Tribal Elections

will be held November 4th, 2017.

To receive election information, please update your name changes and address changes with the RSIC Enrollment Office.



*Partners in Parenting invites you to participate in our
Little Books & Little Cooks 7-week program*

designed for families with children ages 3, 4 and 5. This program promotes healthy eating, family literacy and positive parent-child interaction.

Each week features a children's book, recipes and families participate in a cooking activity together. Come learn about:

- Food safety for families
- My plate and five food groups
- Benefits of cooking with children
- New Foods from other cultures
- The Hungry Meter
- Helpful tips for picky eaters
- Importance of fruits and vegetables

You and your child will be preparing in class:

- Five Food Group Pasta.
- Pumpkin Pancake Smiles.
- Rice Balls.
- Grilled Cheese Sandwich Shapes.
- Cucumber Yogurt Dip.
- Vegetable Soup.



Location: Reno-Sparks Indian Colony Library

Class day: Tuesdays only, starting on August 22nd for seven weeks.

Class time: 2:30 pm

All classes and materials are free.

For more information or to register, please contact or call Adriana Gutierrez at 785-1320



University of Nevada
Cooperative Extension

The University of Nevada, Reno is an Equal Employment Opportunity/Affirmative Action employer and does not discriminate on the basis of race, color, religion, sex, age, creed, national origin, veteran status, physical or mental disability, sexual orientation, genetic information, gender identity, or gender expression in any program or activity it operates. The University of Nevada employs only United States citizens and aliens lawfully authorized to work in the United States.



Swim Safe for the Summer with Swim Lessons!

@ Alf Sorenson Pool 1400 Baring Blvd, Sparks

Available for all ages
Build basic water
safety or develop your
skill.

**Enrollment Required @ Alf
call 353-2385**

**Go to www.sparksrec.com
for schedule and reg dates**

**Paid for by the
RSTHC Diabetes
Program**

Questions? Contact Stacy at 329-5162 x1945

**Aquasize, Senior Water Fitness, Toddler Time, and Lap
Swimming also available. Call Alf @ 353-2385 for details**



I am currently recruiting members for the University of Nevada-Reno, Native American Alumni Chapter (NAAC).

The cost is \$15 for a yearly membership or \$300 for a lifetime membership. The forms are at:

<https://www.unr.edu/alumni/alumni-chapters/native-american>, scroll down to where it says, "click here to join online today" then follow instructions.

You DO NOT have to be a graduate from UNR and you do not have to be Native American. The chapter is open to anyone.

The chapter provides two (2) \$1,000 scholarships each year to Native American students.

We plan fun outings and have events that give back to the community.

When you sign up you get a Native Alumni Association mouse pad. If you sign up as a couple I have one Nevada car flag left.

Please contact me if you would like to join.

GO PACK!!!!

Michelle Jim-Katenay - (775) 843-1144
Email: mljk1025@hotmail.com

IS THERE A METH LAB IN YOUR NEIGHBORHOOD?

Watch for:

- blacked-out windows
- unusual chemical smells
- inappropriate ventilation; windows open in winter
- many visitors who stay briefly, especially at night

Learn more - www.stoptribalmeth.org

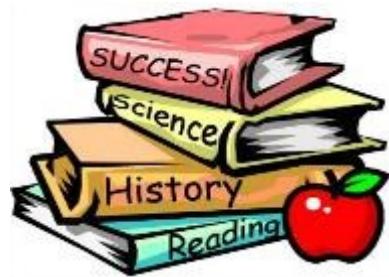
Montana State University Extension
Tribal Meth Education Training & Help Center

National Congress of American Indians



www.rsic.org

**Join us for some
Reading, Activities,
Support with Homework and
FUN!**



Reno-Sparks Indian Colony Education

AFTER-SCHOOL TUTORING PROGRAM

First day is

Monday August 21, 2017

Education Tutoring Room

**Transportation home will be provided at
both tutoring sights**

Reno

Times

Middle/High School

2:30 – 3:30

Elementary School

3:30 – 4:30

HV

Times

Middle/High School

2:30 – 3:30

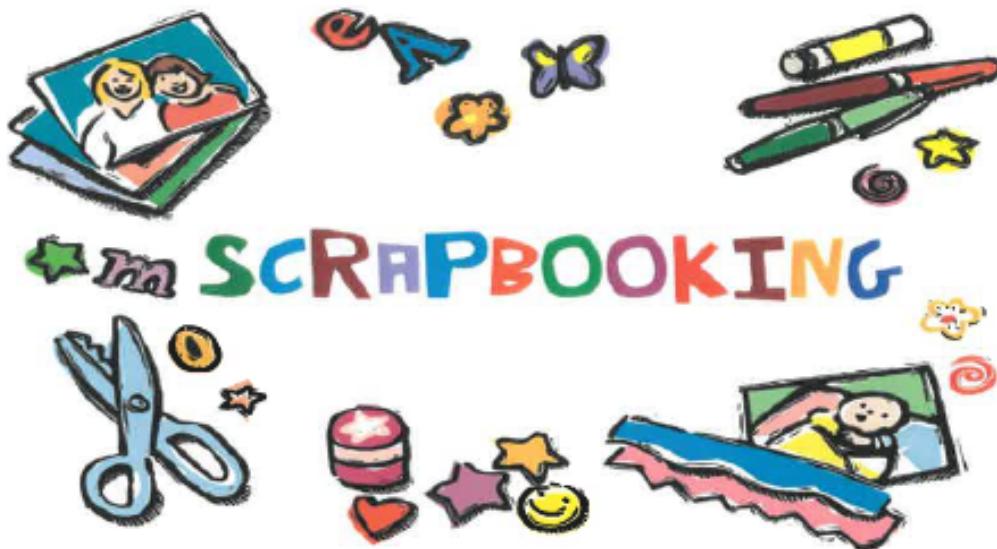
Elementary School

3:30 – 4:30



**Please contact your local
Education Advisor for more information/sign-up**

**HV, Lorraine Keller 775-785-1310
Reno, Tanya Hernandez 7758-329-6114**



SCRAP HAPPY CROP

October 14, 2017 - 9 am to 9 pm

October 15, 2017- 9 am to 6 pm

34 Reservation Road, Reno (Reno-Sparks Indian Colony building)
Registration Fee: \$25 for Saturday, \$20 for Sunday, OR \$40 for both

Come spend the weekend with your friends doing what you do best
– scrapbooking, card making or paper crafting.

Dinner on Saturday & lunch on Sunday are included in the registration fee. Indian tacos are available for sale on Saturday during the craft fair in the gym. Snacks & a bottle of water will be provided. Guaranteed SIX foot table all to yourself. Ways to earn & purchase raffle tickets towards prizes.

Name : _____

Email : _____

I want to sit with : _____

I will attend Saturday(\$25) Sunday (\$20) Both (\$40)

Number of attendees is limited to 25 so get your registration in soon.

Please contact Margaret Emerson @ emerson3468@gmail.com if you'd like to attend. Payment will be sent to Velda (Jenny) Lowery at 50 Colony Cir, Reno, 89502.

History & Ethnobotany

Come hear about the history of the Truckee Meadows and uses of resources, animals and plants native to the area...

Speakers and Topics Include:

Dr. Everett Boderick, Truckee Meadows Community College
The use of plants in Truckee Meadows



Billie Jean Guerrero, Museum Director for the Pyramid Lake Museum/Visitors Center
The Pyramid Lake Numu people and their use of local plants.

Stacey Burns, Reno-Sparks Indian Colony Language & Culture Coordinator
Numu Washeshu *Newe Culture and Language of local plants*

Dr. Julia Hammett, Truckee Meadows Community College
Suburban ethnobotany and edible landscaping

August 14
California Building, Idlewild Park
6 p.m. - **FREE** and open to the public



TRUCKEE MEADOWS
PARKS FOUNDATION
AWARENESS • APPRECIATION • STEWARDSHIP



Shriners Presents:
“Spirit of the Flute”
with
Two-Time Grammy Award Winner

mary YOUNGBLOOD

Kerak Shrine Temple

October 14, 2017 @ 6:00pm
Address: 4935 Energy Way, Reno, NV 89502

**Tickets: \$35 (Show Limited to 325 Attendees)
(No Host Bar, Doors Open at 5:00pm)**

**Attendees will receive a free DVD copy of
the event as our free gift!**

Tickets Available @ www.KerakShrine.com

“I am simply a vessel between Creator and this sacred instrument, the Native American Flute. Listen with an open heart and you will hear the whispers of the ancient ones. May their timeless voices sooth your soul.” ...Mary



Live in Concert: October 14, 2017 @ 6:00pm



Early Detection is the Best Protection!



MAMMOVAN

COMING TO YOUR AREA SOON!

**RENO-SPARKS TRIBAL
HEALTH CENTER & NEVADA
HEALTH CENTERS
MAMMOVAN**



Breast Cancer Awareness Month

Free Mammograms



OCTOBER 18, 2017

8:00-3:30PM

IN THE PARKING LOT

For an Appointment, please call:
Nevada Health Centers Mammovan
877-581-6266

NOTE

Mammograms will be provided to woman over 40 or
under 40 if you have an abnormality

If you have any questions, please call Gina Featherstone, Health Educator at
775-329-5162 x 1949



Train for the barbed wire crawl, Wall climb, rope climb, hercules hoist, bucket brigade, and any other obstacle you want to overcome. Increase STRENGTH, AGILITY, and ENDURANCE.

FRIDAYS 5PM-6PM

CONTACT VANESSA at:
775-329-5162 ext 1946
williamsrsiclinic.org

BEAST MODE ON!

PosterMyWall.com Spartan Training

PosterMyWall.com
by Claudia
Getty Images

NOTE: Watermark not on Purchases

TUSH PUSH
5 PM - 5:30 PM



LIVE DANCING

@ THREE NATIONS WELLNESS CENTER

QUESTIONS?? CALL VANESSA 329-5162 EXT. 1946

WATER FITNESS!!



@ Alf Sorenson Community Center
1400 Baring Blvd, Sparks
Tribal Card required to Check-In

FREE TO ALL CHILDREN, DIABETIC, NON-DIABETIC & SENIOR RSTHC PATIENTS

Senior Water Fitness Saturdays
(55 years and older)
(Transportation not available)
SATURDAYS 12-1PM

SWIM LESSONS!
Available for all ages
Build basic water safety or develop your skill.
(Enrollment Required @ Alf call 353-2385. Paid for by the RSTHC Diabetes Program)
Go to www.sparksrec.com for schedule and reg dates

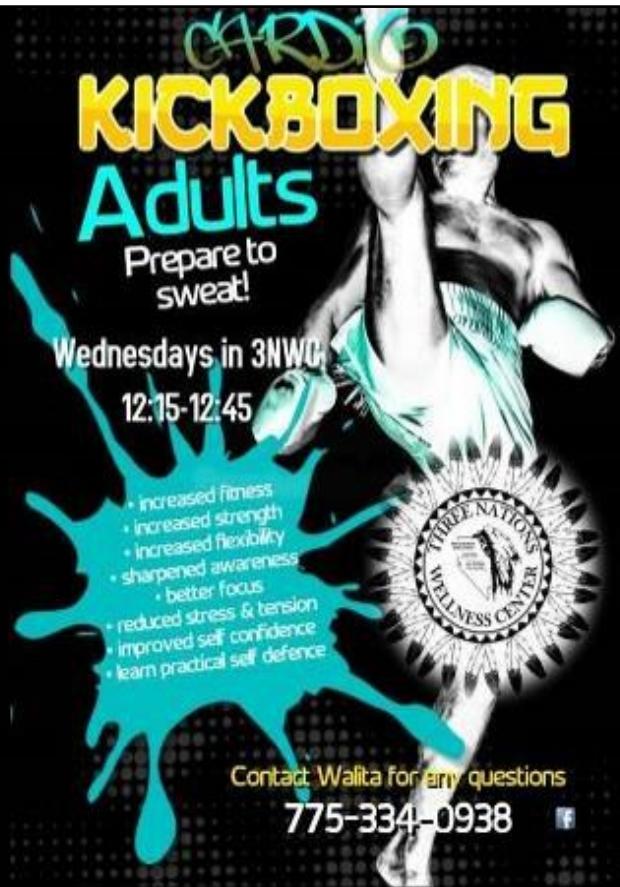
Toddler Time
(age 6 years or younger)
Parents must be in the pool with the child
MONDAY THRU THURSDAYS
11:30-4:30 CLASS TIMES

Sponsored by the RSTHC Diabetes Program

Lap Swimming (all ages)
MON-THURS 6-9AM, 9-11AM, 11-1:30, 1:30-3PM
SATURDAYS 12-5:45PM

QUESTIONS? Contact Wall at 329-5162 x1947 or Stacy x1945

CARDIO KICKBOXING Adults
Prepare to sweat!



Wednesdays in 3NWC
12:15-12:45

- increased fitness
- increased strength
- increased flexibility
- sharpened awareness
- better focus
- reduced stress & tension
- improved self confidence
- learn practical self defence

THREE NATIONS WELLNESS CENTER

Contact Walla for any questions
775-334-0938



New Year, New Yoga with Kim

Tuesdays
5:30-6:30pm
(RSTHC 1st Floor
Conference Room)

&

Thursdays
12:10-12:50pm
(RSTHC 1st Floor
Conf. Room or
3NWC back room)

All levels welcome
Sign up not required
All equipment provided

Sponsored by the
RSTHC Diabetes Program




Tai Chi

with 3NWC trainer Christian Lee

4 Week Course
Fridays in August
from 12-1pm at 3NWC

Starts Friday, August 4th
No Sign Up required
Rolling admission
All Ages and Levels welcome

This gentle form of exercise can help maintain strength, flexibility, and balance.

meditation in motion
and
medication in motion



Tai Chi

Balance, Tranquility, Strength

**UP
YOUR
GAME**
with



Agility & Speed @
Training **Reno Recreation**
for **Wednesdays**
All Sports **5-6pm**
with 3NWC
Trainers
Christian & Tiffany



starts Wednesday 6/28
All Ages welcome
no sign up required
Questions?
Call Tiffany or Christian
329-5162 x1948
or Stacy x1945

AREAS of FOCUS:
1. Speed
2. Endurance
3. Agility
4. Strength

Sponsored by the
RSIC Diabetes Program

Announcing

Home ElderFit Visits

with Echo & Tiffany




Echo (RSTHC Community Health Rep) & Tiffany (3NWC Trainer) will come to your home to provide in-home, chair-based exercise for Elders

Sessions are 20-30 minutes

Prevent Falls!

Contact Echo Conway @ RSTHC
329-5162 x1928
to schedule your session!

*Workouts focus on
Range of Motion
Flexibility
Balance*

Sponsored by the
RSTHC Diabetes and
Community Health
Programs

Reno-Sparks Indian Colony
 Senior Program – Menu
 34 Reservation Rd. Reno, Nevada
 Phone: 775-329-9929



Monday	Tuesday	Wednesday	Thursday	Friday
Please call before 10 am to cancel your lunch!	1) Enchilada Casserole Lettuce & Tomato+ Mandarin Orange+ Milk	2) Lemon Salmon Rice Pilaf Zucchini and Carrots+* Pears+* Milk	3) Pork Chop Mashed Potatoes Mixed Veggies+* Peaches+* Milk	4) Brunch Breakfast Burrito Mini Heirloom Tomatoes+ Grapes+* Milk
7) Roast Beef Sandwich on Wheat Hoagie Lettuce & Tomato+ Plum+* Milk	8) Pork Fried Rice Peas & Carrots+* Pineapple and Strawberries* Fortune Cookie Milk	9) Rosemary Herb Chicken Stuffing Mixed Veggies+* Fruit Cocktail* Milk	10) Soft Taco Lettuce, Tomato+ Refried Beans Mandarin Oranges+* Milk	11) Chef's Salad +* Breadstick Tomato Wedges+ Honeydew+* Milk
14) Fish Sticks Rice Pilaf Carrots & Broccoli+* Tropical Fruit+* Milk	15) Commodity Distribution Tuna Sandwich Lettuce & Tomato Fruited Jell-O+ Baked Lays Milk	16) Beef Fajita Spanish Rice Tomato Wedge+ Apricots+* Milk	17) Posole Spring Mix Salad+* Tortilla Fruit Cocktail* Milk	18) Brunch Raisin Bran Cereal Boiled Egg Tomato & Cucumber Salad+* Mixed Berries with Light Yogurt+* Milk
21) Spaghetti with Meat Sauce Mixed Veggies+* Pears+* French Bread Milk	22) Hamburger Lettuce and Tomato+ Macaroni Salad Watermelon+* Milk	23) Ground Turkey & Bean Burrito Chuck Wagon Corn Mixed Berries+* Milk	24) RSIC Senior Fun Day 10 am @ Reno Gym <i>No homebound lunch delivery</i> <i>Sack lunch delivered on 8/23</i>	25) Pepperoni and Mushroom Pizza Dark Green Salad+* Grapes+* Milk
28) Chicken a la King Brown Rice Peas & Carrots+* Tropical Fruit+* Milk	29) Ham and Swiss on Rye Sandwich Lettuce & Tomato+ Sun Chips Orange+* Milk	30) BBQ Ribs Roasted Sweet Potatoes+ Melon Mix* Milk	31) Steak Caesar Salad+* Breadstick Fresh Pineapple And Strawberries+* Milk	September 1) Brunch Biscuits & Gravy Tomato Wedges & Bell pepper slices Fresh Peach+* Orange Juice+* Milk

Serving Times: Mon – Thurs 11:30 am – 12:30 pm Brunch 10:30 am – 11:30 am

*Vitamin C –Daily

+ Vitamin A – 3x Weeks

1% Milk – Served Daily

RSIC Senior Fun Day – Hat Day Theme

Thursday August 24th 2017 @ Reno Gym from 10 am – 2 pm.

Chair Volleyball, Bingo, Informational Booths, Nutritious Lunch

Dust off your hats and come join us!

Please tie up your doggies, for the safety of our delivery crew. Thanks.



Menu is subject to change due to availability of food items!

Reno-Sparks Indian Colony
 Senior Program, Activities
 34 Reservation Road
 Reno, Nevada
 775-329-9929



Monday	Tuesday	Wednesday	Thursday	Friday
	1.) 10 am – Farmer's Market Trip 10:30 am – Clothes Pin Trivets 	2.) 10 am – Language Class 11 am – Clothes Pin Trivets 	3.) 11:30 am Blood Pressure Checks  12:30 pm - Galaxy Movie Theatres 6 pm – HV Night Bingo & Potluck <i>Bring a food dish and 2 prizes</i> 	4.) Brunch 10:30 am 15 minute crafts Coloring Page Sun Catcher 
7.) 10 am – Senior Advisory Committee Meeting	8.) 12 pm – Tribal Police Presentation 5:30 – Reno Night Bingo & Potluck <i>Bring a food dish and 2 prizes</i> 	9.) 10 am – Language Class 11 am – Make Decorations for Senior Fun Day 11:30 am – Blood Pressure Checks 	10.) 11 am – Make Decorations for Senior Fun Day 1 pm – Errand Day (Bill Pay, Shopping, etc.)	11.) 10 am – Make Decorations for Senior Fun Day 11 am – Tone & Fit Class
14.) Food Pantry Delivery 	15.) Commodities 8:30 am 	16.) 10 am – Elder Chair Volleyball @ Reno Gym  10 am – Language Class	17.) 10 am – Ribbon Skirt Making Class <i>Must sign up for this event</i> 	18.) Brunch 12 pm – Great Basin Basket Vault Tour in Carson City <i>Must sign up for this event</i>
21.) 10 am – Ribbon Skirt Making Class <i>Must sign up for this event</i> 	22.) 10 am – Farmer's Market Trip 12 pm - Century Movie Theatres 	23.) 10 am – Language Class 1 pm – Decorate for Senior Fun Day	24.) 10 am – RSIC Senior Fun Day 	25.) 9 am Respite Caregiver Support Group Meeting 11 am Tone & Fit Class
28.) 1 pm – Errand Day (Bill Paying, etc.) 10 am Open Sewing 5:30 pm – Movie Night at Center	29.) 10:30 am – Personalized Mug 12 pm – Environmental Presentation 	30.) 10 am – Language Class 10:30 am – Personalized Mug 11:30 am – Blood Pressure Checks 	31.) 10 am Behavioral Health Presentation "Art"	

JOIN ME FOR A GROCERY STORE TOUR!

The tours will be offered on the following dates:

Tuesday August 15th from 5:30 pm- 6:30 pm

Tuesday August 29th from 5:30 pm-6:30 pm

Tuesday September 5th from 1:30 pm-2:30 pm

Tuesday Sept 12th from 5:30 pm-6:30 pm

Monday Sept 25th from 5:30pm-6:30 pm

Learn how to select fruits and vegetables to ensure they last, how to read nutrition labels, how to choose the healthiest foods from each department, and how to eat healthier on a budget!

Sign ups required. Limited spots available. Transportation can be provided. Please contact Kristie Messerli, Registered Dietitian to sign up and for more information

@ 329-5162 or

kmesserli@rsicclinic.org

Legal Notices, Public Announcements

Solid waste ordinance addresses abandoned vehicles, marijuana possession tribal law

ATTENTION RSIC COMMUNITY MEMBERS

Under the Solid Waste Ordinance 46, residents can have no more than one (1) abandoned vehicle on their property. In the coming months Tribal Police will be contacting property owners who may have more than one abandoned vehicle on their properties and assist them with any unwanted or illegal abandoned vehicles.

ORDINANCE 46. 1-1-12. Abandoned Vehicles. No person shall abandon a vehicle upon Colony lands or private property without the express consent of the owner for person in lawful possession or control of the property. No person shall keep more than one unregistered vehicle on their property or property under their control or possession if the vehicle is no longer intended for or in condition for lawful use on public roadways.

ATTENTION COMMUNITY MEMBERS

Although recreational marijuana possession and use by persons 21 and older is generally now legal in Nevada and soon if not already available for sale in Reno, marijuana possession and use by Native Americans on the Reno-Sparks Indian Colony is still illegal under the Law and Order Code:

Section 4-13-201. Possession of controlled, prohibited, or intoxicating substances.

- (a) A person commits the offense of Possession of a controlled, prohibited, or intoxicating substance by unlawfully possessing, having in his control, or having in his system as evidenced by any amount of a controlled substance without a lawful prescription, or by any amount of a prohibited, or intoxicating substance being detected in his breath, blood, urine, hair, or saliva. (Marijuana is a Schedule I Controlled Substance)
- (b) Possession of controlled or prohibited substance is a Class C offense.
- (c) Possession of an intoxicating substance is a Class B offense.
- (d) At sentencing, if any of the following aggravating circumstances are proven by a preponderance of the evidence, the Court shall impose a jail sentence of not less than 90 days which shall not be suspended:
 - (1) The offender was pregnant at the time the offense was committed.
 - (2) The offense was committed while a child was present.
 - (3) The offense was committed at a residence where a child resided whether or not the child was present at the time of the offense.

Additionally, for all persons Natives and non-Natives possession of marijuana is still illegal under federal law (Title 21 U.S.C. Section 844) both on the Reno- Sparks Indian Colony and in the State of Nevada.

Legal Notices, Public Announcements

Tribal committee openings, guidance for reporting illegal activity

Recruitment for Pow Wow Committee Members

Numaga Indian Pow Wow and Indian Days committee is currently seeking Reno-Sparks Indian Colony Tribal members to serve on the 31st Annual Numaga Indian Days Pow Wow Committee.

Committee members will be appointed by the RSIC Tribal Council and shall serve a term of (4) years.

If you are interested in becoming a Numaga Indian Pow Wow and Indian Days committee member, please submit your completed application to:

**Reno-Sparks Indian Colony
Pow Wow Committee**
ATTN: Tribal Administrator
34 Reservation Road
Reno NV 89502

See It, Say It

In accordance with the Nevada Native Nations Land Act, the Reno-Sparks Indian Colony Tribal Council, along with Tribal Police and Hungry Valley Fire departments wish to remind all community members that the RSIC now has jurisdiction of 15,354 acres in the Valley.

If you see or hear illegal activities—shooting, dumping, alcohol use, or off-road vehicle activity outside designated routes and areas, please call the tribal police at 323-2677 or 240-9775.

A community where people intervene for the good of others is a safer community.

9-1-1 Tips for Mobile Phone Users

- Provide your 10-digit phone number, so the operator can call you back.
- Give your precise location or the location of the emergency.
- Describe the emergency clearly.
- Stay on the line until the operator tells you to hang up.

Recruitment for Executive Health Board

The Reno-Sparks Tribal Health Center is recruiting for one (1) RSIC Tribal representative to fill a vacancy on the Executive Health Board.

The Executive Health Board voting membership consists of five (5) Reno-Sparks Indian Colony residents who are enrolled members, and two (2) representative from the Urban Indian population, for a total of seven (7) voting members. RSIC representatives must live on the Colony or in Hungry Valley.

The Executive Health Board members meet at least once a month, usually on the third Monday, and are provided a monthly meeting stipend for participation.

The members are appointed by the Tribal Council and shall serve a term for a four-year period.

If you are interested in being a member of the Executive Health Board, please submit a letter of interest and have it time stamped to:

The Executive Health Board

c/o Reno-Sparks Tribal Health Center
34 Reservation Road
Reno, NV 89502

Recruitment for Housing Advisory Board

HAB is actively seeking interested community members to sit on the Housing Advisory Board.

If you are interested in being a member of the Housing Advisory Board, please submit a letter of interest to:

Tom Dressler
RSIC Housing Director
c/o 34 Reservation Road
Reno, NV 89502



Media Release

FOR IMMEDIATE RELEASE

Aug. 10, 2017

Nevada Department of Transportation
Meg Ragonese, Public Information Officer
E-mail: mragonese@dot.state.nv.us
Phone: (775) 888-7172 / (775) 443-5926

NDOT ANNOUNCES RAMP CLOSURES/LANE SHIFTS FOR GLENDALE AVENUE RECONSTRUCTION

CARSON CITY, Nev. – Beginning August 14, Interstate 580 ramp closures and surface street lane shifts will take place as part of the Nevada Department of Transportation's Glendale Avenue reconstruction project. The following changes are scheduled to start early on the morning of August 14:

- **August 14 through late August:** The southbound on-ramp and both the northbound on and off-ramp between I-580 and Glendale Avenue/Second Street will close 24 hours a day, seven days a week. The I-580 southbound off-ramp at Glendale Avenue/Second Street will remain open during this time. The ramp closures allow crews to reconstruct Second Street in the area. Marked detours will be available via Mill Street and Rock Boulevard.
- **August 14 through fall:** Major roadway reconstruction will take place on Second Street/Glendale Avenue between ~~Kietzke Lane~~ and ~~Galletti Way~~. The road will remain open to traffic, but both directions of traffic will first be shifted to the north side through the road work zone as crews excavate approximately 16 inches of road surface and then rebuild and repave for a smoother roadway. Business and residential access will remain available.
- The south side of Rock Boulevard, currently closed to through traffic from Glendale Avenue to just north of Freeport Boulevard, is scheduled to reopen in early September. The road closure helped fast-track construction of a more durable concrete roadway surface at the heavily-traveled intersection.
- Roadway reconstruction will also continue on Glendale Avenue between Rock and east McCarran boulevards. Motorists are advised to reduce speeds and follow all road work signage.

Construction will soon be 50 percent complete, with more than 2,000 yards of new concrete poured to construct new concrete surfaces on the north side of the Rock Boulevard and ~~Galletti Way~~ intersections. More than five miles of westbound Glendale Avenue travel and turn lanes have also been excavated and repaved.

The approximately \$14 million improvement project by contractor Granite Construction will improve Glendale Avenue for as many as 14,500 vehicles traveling the road daily, including many heavy trucks and other commercial vehicles. As part of the project, approximately two and a half miles of Glendale Avenue and Second Street between Kietzke Lane and east McCarran Boulevard will be completely reconstructed and repaved. Sidewalk and roadway drainage improvements will also be made.

The road was last fully repaved in 1995, with minor resurfacing in some areas more recently.

At least one access to each business will remain available during business hours, but on-street parking will not be available throughout construction.

Major construction is scheduled to continue through late 2017, with potential minor finishing construction in spring 2018. Further project information is available at www.glendaleproject.com or by dialing (775) 352-1920.

Map Of Construction Areas: 3 Freeway Ramps Closed

Resurfacing to continue on 2nd and Glendale streets

Beginning Monday, August 14, Interstate 580 ramp closures and surface street lane shifts will take place as part of the NDOT construction. T

This construction most likely will impact residents and visitors coming to and from the Reno-Sparks Indian Colony.

See the map below which shows the suggested detour

routes as the southbound on-ramp exiting the Colony and both the northbound on and off-ramp between I-580 and Glendale Avenue/Second Street will close 24 hours a day, seven days a week.

However, the southbound I-580 off ramp getting into the Colony will remain open during this time.

Also, major construction will continue on Second Street/Glendale Avenue between Kietzke Lane and Galletti Way. The road will remain open to traffic, but both directions of traffic will first be shifted to the north side through the road work zone.

See NDOT press release on page 43 for more details.

Glendale Avenue and Second Street Closures • August 14-31

**FREEWAY ACCESS VIA GLENDALE AVE AND SECOND ST WILL BE CLOSED 24 HOURS A DAY, SEVEN DAYS A WEEK
MARKED DETOURS WILL BE AVAILABLE ON MILL ST AND ROCK BLVD**



RENO-SPARKS INDIAN COLONY

LANGUAGE & CULTURE PROGRAM

Great Basin Basket Vault Tour

Carson City State Museum - Carson City, Nevada



Friday - August 18, 2017

12:00 PM - 5:00 PM

SEATING IS LIMITED!

For more information and to reserve a seat, contact the Language & Culture Program

775.785.1321

Continued from front cover

Called Red has been blended Native American pow wow vocals and drums with electronic dance music. Since time immemorial, Indigenous people engaged in self expression through their unique melodic songs with specific scale patterns and rhythm. From Ottawa, Canada, *A Tribe Called Red* has created tracks that blend traditional Native music sounds with hip hop, reggae, plus techno builds and breaks.

The fresh, electronic sounds are enough to engage the under 30-generations, however, the Native artists of the Nipissing First Nation, the Cayuga First Nation and Six Nations of the Grand River,

infuse a political message with their exceedingly danceable sound.

The work of *A Tribe Called Red* might quite possibly be the purest, most successful blend of American Indian traditional sound with the cutting edge passion of modern day activists.

Spawned from *Idle No More*, fueled by the Water Protectors and the *No DAPL* movement, *A Tribe Called Red*'s skillful mix of traditional vocals with innovative, electronic compositions has never sounded better.

On July 31, the very brown crowd experiencing the final evening of Artown immediately reacted to the music.

Furthermore, the concert-

goers overwhelmingly expressed their endorsement when the male trio invited three local pow wow dancers---Teresa, Tziavi and Pasutuya Melendez---to join the group on stage.

Soaring to the beat, the jingle dancer and two fancy dancers decorated the stage with additional flare and energy.

"There are a lot of like-minded people...and we are trying to rally them, in the way only Indigenous people know how to rally people," DJ NDN also called Ian Campeau told *Mic*, an on-line magazine. "That's creating nationhoods."

And that is what Artown did in Reno on the closing night of its month-long party.



A Job Well Done — The Reno-Sparks Indian Colony Summer Youth and Heath Center staffers Teri Larson and Gina Featherstone, helped clean up elder Steve Johnson's house on Reservation road. In addition, the RSIC Childcare and the Head Start staffs and kids, Tribal Court, Archives, Education, Planning, Economic Development, Senior Center, Housing, Administration, Legal, Finance, IT, Library, and Fire departments, plus members of the Christian Colony Fellowship Church and community members of all ages assisted with this annual community cleanup event. Pictured above are (left to right) Devyn Dressler, Meadow Wyatt, Kiyla Wadsworth, Randa Deluna, Gina Featherstone, Steve Johnson, Teri Larson, Raquel Thomas and Autumn Wadsworth.

Photo Provided By Environmental