



THE CAMP NEWS

VOLUME XI ISSUE 7

July 31, 2016

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

Army Warrior Visits Home During Stateside Assignment

Specialist Imus gains valuable experience, broadens perspective through military

Since he was 10-years-old, Derek Zackary Imus has wanted to be a tribal police officer.

"I love being around Reno and I have always wanted to be a cop," said Imus, a member of the Reno-Sparks Indian Colony (RSIC).

However, there is an age minimum, 21 years, to become a police officer, and after graduating from Spanish Springs High at 17, Imus had to wait before attending Peace Officer Standards and Training (POST).

"I sort of had a gap," Imus said.

So, as his high school graduation approached, Imus sought career counsel from RSIC Tribal Police Sgt. Nida Harjo.

"I'm not really a school kind of person and Sgt. Harjo suggested that I explore the military," Imus said.

That advice led Imus to enlist in the United States Army in 2013.

Now a Patriot Missile Operator, specialist Imus is ecstatic with his decision, yet he still has plans to return

home and become a tribal police officer once he concludes his service to his country.

"Thanks to the Army, I have gotten to see so much; a lot more than most people," Imus said, "especially since I come off the reservation."

After his basic training at Fort Sill in Oklahoma, Imus has been stationed in two Middle Eastern countries, Kuwait and Bahrain.

Kuwait is northeast of Saudi Arabia and south of Iraq. A low-lying desert where the temperatures can reach 126 F degrees,

Kuwait is a little bigger than Hawaii, very sandy and barren, and about 85 percent of Kuwaiti citizens are Muslim. American troops first arrived in Kuwait in 1992, after the Iraqi invasion of 1990.

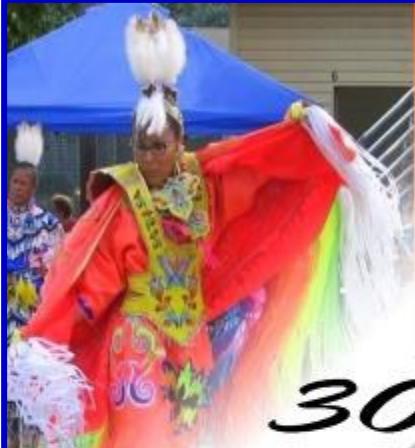
There are eight US military bases in Kuwait and Imus worked at Ahmed Al Jaber Air Base and Arifjan Army Base.

Bahrain, also an island, is connected to Saudi Arabia by a causeway. Bahrain, 34 miles long and 11 miles wide, has

Continued on page 5



Welcome Back — U.S. Army Specialist Derek "Zack" Imus recently visited his home in Hungry Valley. During his nine-day leave, Specialist Imus caught up with Reno-Sparks Indian Colony Chairman Arlan D. Melendez. A Patriot Missile Operator, Specialist Imus expects to be discharged in December.



30th Annual NUMAGA INDIAN DAYS **POWWOW**

SEPTEMBER 2-4, 2016
HUNGRY VALLEY, NV * LABOR DAY WEEKEND

HEAD STAFF

MC:
Bart Powaukee

HEAD MAN:
Levi BlackWolf

HEAD LADY:
Urseloria Walsey

ARENA DIRECTOR:
Solomon ScabbyRobe

HEAD JUDGE:
Algin ScabbyRobe

SOUND SYSTEM:
Jerry Bear Sound

SPECIALS

MEN'S ROUND BUSTLE
Head Man

JUNIOR GIRLS FANCY
Outgoing Jr. Miss Numaga

GIRL'S ALL AROUND (11-15 years old)
Outgoing Miss Numaga

TINY TOTS
Outgoing Tiny Tot Princess

SPOTLIGHT SPECIAL
Men's Grass/Women's Fancy

WOMEN'S TRADITIONAL
Paiute Special

ACTIVITIES

3NATIONS WELLNESS CENTER
3 MILE RUN & WALK



DIRECTIONS



GRAND ENTRY

Friday - 7PM
Saturday - 12PM & 7PM
Sunday - 12PM

INFORMATION

VENDORS

Toby Stump (775)470-1100

GENERAL INFO

Christina Thomas (775)240-3260
Elliot Ramirez (775)250-7013

NUMAGA PRINCESS CONTEST
Anita Talancon (775)338-3723

HOST HOTEL

Circus Circus (775)329-0711
Group Code: Numaga Pow Wow2016

Deadlines, Mailing List

The Camp News Profile

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the RSIC Public Relations Department and duplicated and distributed by RSIC Administration Front Office.

SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

CONTACT OUR STAFF

E-mail your submissions to smontooth@rsic.org or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at 329-2936.

ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: www.rsic.org and PDFs of our publication are available.

Important AUGUST dates

- 2 Newe (Shoshone) Class, RSIC Library, 6 p.m.
Pow Wow Club, RSTHC, 6 p.m.
- 3 Seniors Numa (Paiute) Class, RSIC Senior Center, 12:30 p.m.
Washiw (Washoe) Language Class, Hungry Valley Rec Center, 5 p.m.
Law & Order Committee Meeting, Tribal Court Room, 6 p.m.
- 4 Kids Rope Courses, all ages, Project Discovery, Sky Tavern, 9 a.m.
Complimentary Cooking Classes, Nothing to It! Culinary Center, 6 p.m.
Men Only Boxing, 3NWC, 6:30 p.m.
- 5 Kids Rope Courses, all ages, Project Discovery, Sky Tavern, 9 a.m.
Women Only Kick Boxing, 3NWC, noon
- 6 Kids Rope Courses, all ages, Project Discovery, Sky Tavern, 9 a.m.
Community Picnic, Anderson Park, Noon—4 p.m.
- 8 First Day of School, Washoe County School District
- 9 FREE lunch & Community Health Presentation, RSTHC Conf. Rm, 11:30 a.m.
Complimentary Cooking Classes, Nothing to It! Culinary Center, 6 p.m.
Newe (Shoshone) Class, RSIC Library, 6 p.m.
Pow Wow Club, RSTHC, 6 p.m.
Constitution Revision Work Group, Hungry Valley Rec Center, 6 p.m.
- 10 Seniors Numa (Paiute) Class, RSIC Senior Center, 12:30 p.m.
Washiw (Washoe) Language Class, Hungry Valley Rec Center, 5 p.m.
- 11 Paiute (Numu) Class, 34 Reservation Conference Room, 6 p.m.
Men Only Boxing, 3NWC, 6:30 p.m.
- 12 Women Only Kick Boxing, 3NWC, noon
- 13 Hungry Valley Community Clean Up, 8 a.m.
- 15 First Day of Kindergarten, Washoe County School District
Executive Health Board meeting, RSTHC, 5:30 p.m.
- 16 Commodity Distribution, Senior Center
Newe (Shoshone) Class, RSIC Library, 6 p.m.
Pow Wow Club, RSTHC, 6 p.m.
- 17 Seniors Numa (Paiute) Class, RSIC Senior Center, 12:30 p.m.
Washiw (Washoe) Language Class, Hungry Valley Rec Center, 5 p.m.
General Tribal Council Meeting, Hungry Valley Rec Center, 6 p.m.
- 18 Paiute (Numu) Class, 34 Reservation Conference Room, 6 p.m.
Men Only Boxing, 3NWC, 6:30 p.m.
- 19 Women Only Kick Boxing, 3NWC, noon
Language & Culture Program, Nevada State Museum Basket Vault trip, 1 p.m.
- 22 First Day of RSIC After School Tutoring
Housing Advisory Board Meeting, Hungry Valley Community Center, 6 p.m.
- 23 Newe (Shoshone) Class, RSIC Library, 6 p.m.
Pow Wow Club, RSTHC, 6 p.m.
- 24 Seniors Numa (Paiute) Class, RSIC Senior Center, 12:30 p.m.
Washiw (Washoe) Language Class, Hungry Valley Rec Center, 5 p.m.
- 25 Senior Fun Day, RSIC Gym, 10 a.m. – 2 p.m.
Talking Circle, RSTHC Behavioral Health Conference Room, 4 p.m.
Paiute (Numu) Class, 34 Reservation Conference Room, 6 p.m.
Men Only Boxing, 3NWC, 6:30 p.m.
- 26 Women Only Kick Boxing, 3NWC, noon
- 27 RSIC Community Day at the Reno Aces, game time 7 p.m.
- 30 Newe (Shoshone) Class, RSIC Library, 6 p.m.
Pow Wow Club, RSTHC, 6 p.m.
- 31 Seniors Numa (Paiute) Class, RSIC Senior Center, 12:30 p.m.
Washiw (Washoe) Language Class, Hungry Valley Rec Center, 5 p.m.
Special Economic Development Meeting, Hungry Valley Rec Center, 6 p.m.

*For RSTHC yoga and Zumba schedule, see page 44 or www.rsic.org

Take a book, leave a book.



Three new "Little Free Libraries" have found homes in the Hungry Valley Community. The little libraries were created so that the community may share books with one another; take a book, and leave a book. Anyone can donate, and anyone can borrow.

Locations: Four Winds Park, Numaga Lane

Kaboom Park, Fancy Dance Drive

Hungry Valley Recreation, Lower Level

A special Thank You to the Public Works Department for building & installing the little libraries!

For more information: Adriana Gutierrez at the R.S.I.C. Library (775) 785-1320

always been an important center of trade and recently, it has become an international financial center. However, conflicts between the Shiite and Sunni Muslims are a recurring problem. The US has a written cooperative agreement with Bahrain which calls for the US to operate a base in Bahrain, but there has been a US Naval presence in the area since 1948.

There are two US military bases in Bahrain and Imus worked at Naval Regional Contracting Center, Detachment Bahrain (NRCC) in Riffa.

Even though he works on weapons, Imus has never seen combat.

"I'm in the middle and everything is happening around us," Imus said. "I did not see action, because my job involves a weapon which serves as a deterrent."

Patriots are surface-to-air missiles which can shoot down other missiles or even aircraft.

As a Patriot missile operator, Imus focuses on maintenance of electrical parts. Imus said that the Patriot missile has four major components: communications, command and control, radar surveillance, and missile guidance. The missiles have an advanced aerial interceptor missile and high-performance radar systems which allow a Patriot missile to shoot down other missiles before those missiles have a chance to hit their target.

According to Raytheon, a leading technology company which specializes in military defense weapons, the Patriot Air and Missile Defense System is the world's most advanced air and missile defense system.

With his Patriot missiles expertise, Imus said there are future job opportunities for him in Germany and Great Britain. However, with his discharge date just four months away, Imus is focused on returning to his RSIC community and finding a job in law enforcement.

"It was a big change when I joined the Army, I have loved seeing the different cultures, but I miss my family," Imus said.

The son of Rita Imus, grandson of Kenny and Vicki Moore, Imus has two sisters, Shaylin and Danae Astor, plus he is very close to his aunt Veronica Imus and cousin, Terrell O'Neil.

Even though a three-year stint in the US Army has given Imus the chance to travel to foreign countries and learn about other cultures, he said now and again, he comes across other Native Americans.

"Pound for pound, there are more Natives in the military than other ethnicities," Imus said in reference to the overall population of American Indians and their high rate of participation in the US Armed Forces. "Plus, you know instantly if another soldier is Native, you just can feel it."

Imus said he has met some American Indians from the



Army Strong — RSIC Tribal member
Derek Zackary Imus recently visited his Hungry Valley home while on leave from Fort Hood.

eastern part of the country.

"It's nice because we have so much in common," Imus said. "Going from the rez (reservation) to the military, we really understand the military's cultural change, so we connect."

Imus said that he has built another type of connection working with the same group of men and women for the last three years.

"I know each of them and they know me," Imus said. "They are my second family."

Of course, no group compares to his own tribe.

"There are a few things about the military I don't really care for---the food (rice and beans), the lack of privacy (group showers), and being away from my family is by far the worst part," Imus said.

Much to his liking, on the first evening of a recent 9-day visit to Hungry Valley, he was welcomed back with a massive celebration including great food---tasty barbecue and 40 family members.

Native Graves Threatened With Possible Construction

Families with connections to Hillside Cemetery asked to contact THPO

*Written by Tsanavi Spoonhunter,
Public Relations Assistant*

The graves of American Indians buried at the Hillside Cemetery are facing another potential removal for economic development, and the Reno-Sparks Indian Colony may take action if its community feels strongly.

It is well documented that Johnson Sides, a Paiute Indian, is buried at Hillside, the oldest cemetery in Reno.

Located at West 10th and Nevada streets near several University of Nevada fraternity houses, Hillside is also the final resting place of O.C. Wheeler, the great grandfather of RSIC Tribal member Victoria Kane.

These graves, plus those

of other Native Americans, veterans, and descendants of the city's founders--will be subject to removal if the construction orchestrated by John Lawton is allowed.

Lawton, the legal property owner, has previously tried to eradicate the cemetery.

He bought the 6-acres for \$10,000 from the University of Nevada in 1996 with plans to build student housing.

He successfully managed to craft legislation that became law in Nevada which has allowed Lawton to claim ownership of the entire cemetery, including each individual plot.

Because Hillside was created in 1878, just nine years after the

"If you have information about the gravesites or memories of visiting the Hillside Cemetery, the RSIC THPO wants to hear from you..."

founding of Reno, today's ordinances pertaining to ownership of a cemetery and the mandatory regulations for perpetual maintenance do not apply. In 2016, to build a cemetery, one must have funding and a detailed plan for keeping the cemetery orderly.

Furthermore, in today's cemeteries, there are specific ordinance which clarify ownership of plots and ownership of common areas.

Without these provisions, for over a half a century, Hillside has been vandalized, grave-stones have been stolen, and the landscape is unkempt.

The grounds have become a common location for parties and the area is covered in litter including broken bottles.

Though Lawton told the *Reno-Gazette Journal* back in 2003 that he planned to move for-

Continued on page 7



In the Way of Progress? — Once again, plans are in motion to exhume 1,434 bodies buried at the Hillside Cemetery located at West 10th and Nevada streets near several University of Nevada fraternity houses. The RSIC Tribal Historic Preservation Officer, Michon Eben and the Planning Department are collecting information about Native Americans who have been buried at Hillside. Please call 785-1326, ext. 5402, to share your family stories.

Photo by Tsanavi Spoonhunter

Continued from page 6

ward with his plans regardless of the sacred remains, federal oversite of such action has tightened.

The 1990 Native American Graves Protection and Repatriation Act (NAGPRA) addresses the legal procedure when dealing with Native remains.

Because private developers and even many federal agencies did not consult with Native American descendants concerning the excavation of their ancestors' homes and graves, NAGPRA was developed.

NAGPRA rightly allows Native American remains and objects to be rightfully claimed by and returned to culturally affiliated tribes.

According to a 2003 feature written by Susan Voyles in the *Reno Gazette-Journal*, Sides was known for keeping the peace between the United States government and Nevada and Utah tribes, thus receiving the label "Peace Maker."

For his efforts, Sides was invited to Washington D.C. and awarded a medal which he

proudly wore, often to prove his identity.

Raised by the Dick Sides family of Washoe Valley, Sides was believed to have been a twin according to *Life Stories or Our Native People*, published in 1974 by Inter-Tribal Council of Nevada.

In 1903, the *Reno Evening Gazette* reported that Sides had died in California.

Fundraising efforts covered the expense of returning him to Reno, as well as his burial costs.

Then Reno Mayor George F. Turrittin emceed the Sides' services and area judge Frank Norcross gave the eulogy.

The *Reno Evening Gazette* article stated that over 100 American Indians escorted Sides' casket to Hillside.

Sides was also featured in the *New York Times* in 1890. The *New York Times* article said that Sides "...could talk very good English {sic}, was dressed like an ordinary laborer, but had the Indian way of wearing his hair..." He was called good natured in the *New York Times* piece.

So, if you can add more



The Peace Maker — Johnson Sides was Paiute Indian raised by a non-Native family in Washoe Valley. He died in 1903 and is buried at Hillside Cemetery in north Reno.

Photo provided by RSIC Planning

details about Sides or you can provide information about any gravesites or your family visits to Hillside, please visit the RSIC THPO office or the Planning Department.

Ultimately, the Colony leadership will decide if the tribe should oppose, stay neutral, or become involved in with the preservation of the Native graves and this could be largely based on the feedback the RSIC staff collects.

For more information, please contact Michon R. Eben at (775) 785-1326, ext. 5402 or via email at: meben@rsic.org .

Community Effort — *The*

Hillside Cemetery, the oldest cemetery in Reno, is again threatened with relocation as plans to build student housing are being explored. There are at least two Native Americans buried at Hillside, Johnson Sides and O.C. Wheeler. Wheeler is a direct descent of RSIC Tribal member Victoria Kane. If you have information about any of the other 1,432 graves, please contact the Colony's Tribal Historic Preservation Officer, Michon Eben at 785-1326, ext. 5402.

Photo by Tsanavi Spoonhunter



NUMAGA PRINCESS CONTEST

Tiny Tot
1 - 5

Jr. Miss
6 - 12

Miss
13 - 17

Register today with
Anita Talaneon (775) 338-3723
talaneon4@yahoo.com

Reno Artown Event Held at Reno-Sparks Indian Colony

Great Basin art, culture, dance, songs showcased with prestigious area celebration

Artown incorporated Great Basin Native American culture into its July calendar with an event hosted by the Reno-Sparks Indian Colony.

"The Reno-Sparks Indian Colony was thrilled to share its culture with the entire Artown community," said Michon Eben, the RSIC's Tribal Historic Preservation Officer and Cultural Resources Manager. "Since Artown's mission is to strengthen Reno's arts industry, enhance its civic identity and national image, it is certainly in keeping with the goal of our community to provide authentic Native American art and experiences."

Eben said that as indigenous people from the Truckee Meadows, Reno-Sparks already has a rich culture within it.

"We have arts, music, theater, and dance," Eben said.

The Great Basin Native American Cultural Fair held at the Colony gymnasium included live demonstrations and performances as well as over 20 vendors.

The demonstrations included a textile illustration and explanation by RSIC community member Jack Mallot and silversmith techniques presented by Ralph Thomas, a RSIC tribal member.

Plus, two renowned drum groups, the Young Chiefs from the Great Basin and The Mankillers, an all-women's group, performed as thirty-plus Native American pow wow dancers in full regalia participated.

The Great Basket Weavers, which aims to revive, enhance and promote traditional basket weaving techniques were on hand, as well as many fine

artists, beaders, and general crafters.

Tammie Henry with the Great Basin Native Basketweavers Association, told radio station 88.7 KUNR's Aishwarya Krishnamoorthy that all Nevadans love Nevada, and as the first people of Nevada, it's very important to continue to educate the public about the Reno-Sparks Indian Colony.

"We want to continue to share our culture, our arts, our music, our dance, our theatre and our arts and crafts," Henry said. "The Paiutes, Shoshones and Washoes have so much to share, so much beauty, so much wisdom, it needs to be a part, because we are a part of Nevada."

For two decades, Artown has invited audiences to embrace multidisciplinary arts by recognizing and promoting artists who excel in their craft," said Beth Macmillan, the executive director of Artown.

"Our Board of Directors are committed to providing our community with an arts festival that is vibrant, eclectic and thought provoking," said Jennifer Mannix, director of marketing for Artown. "We want to do more with the Reno-Sparks Indian Colony next year as the Colony's Great Basin Native American Cultural Fair has been rated as one of this year's top Artown events."



Sold — Anita Talancon helps adjust a beaded barrette she sold to an attendee during Artown.

YOU ARE INVITED to a

COMMUNITY HEALTH PRESENTATION

Date: Tuesday August 9

Time: 11:30am – 1:00pm

Location: RSIC Tribal Health Center
1st floor conference room

FREE Meal Will Be Provided

*****\$15 Gift cards from Wal-Mart or Target given
to all participants willing to fill out a survey*****

Open to all RSIC employees and community members. Please RSVP Jason Hill by email at: jhill@rsicclinic.org or phone 775-329-5162





Fundraiser for Mayci Astor

Breakfast Burritos, Bake Sale, and Raffle

Cupcakes

Friday, August 5, 2016
8am - Noon or Sold Out

Reno-Sparks Tribal
Health Center
(1st Floor Conference Room)

Pies

Cakes

Cookies



A GoFundMe Page has been set up to assist with travel costs for Baby Mayci's surgery,
any donations are greatly appreciated. www.gofundme.com/2encj3as

Peace & Dignity Journey Through Hungry Valley

Run brings awareness, cultivates seeds of indigenous culture in North America

*Written by Tsanavi Spoonhunter,
Public Relations Assistant*

Individuals from the Reno-Sparks Indian Colony community came together to partake in the 2016 Prayer for Seeds—the theme of this year's Peace and Dignity Prayer Run—that stretches from Alaska all the way to Panama.

The Peace and Dignity Journey (PDJ), also known as Jornados de Paz, is an Indigenous First Nation's organization that encourages natives and non-natives alike to participate in the preservation of Native American culture.

In order to achieve that goal, participants run from Alaska to Panama with stops throughout indigenous communities along the way. One of the stops was the RSIC in Hungry Valley.

PDJ invites elders and spiritual leaders to incorporate

their beliefs and prayers into each stop.

The incorporation of each community's culture ensures that the run is strong and sustainable by its prayer and support.

History of the Peace & Dignity Journey

Over 200 Indigenous representatives across the western hemisphere met in Quito, Ecuador for the first time in 1990.

During this meeting, elders from the North, Central and South America came together to interpret an ancient Mayan prophecy of the Eagle and the Condor.

Images from this prophecy show two birds facing each other with their necks intertwined.

After speaking with Mayan elders, the prophecy was

interpreted as reuniting the Northern (the eagle) and Southern (the condor) Indigenous people.

Based on the Elders' interpretation, the Indigenous representatives identified a need to connect the two areas.

Therefore, the Peace & Dignity Journey was formed as a spiritual prayer run which was first completed in 1992.

Since then, the event has taken place every four years. Past runners realized that PDJ was a powerful means to heal, reclaim and build dignity for their families and communities.

In the beginning, runners started at opposite ends of the hemisphere and ended at the Mayan Temples in Mexico, but because of political restrictions the destination of the run moved to Panama in 2008.

In addition to the new destination, a new starting-point was selected in Chickaloon, Alaska.

Each year, the PJD run includes a theme that is chosen by elders.

Previous runs were dedicated to families, elders, children, women, sacred sites and water.

During the run, participants carry staffs, flags and prayer sticks that honor the communities that they touch along their journey.

The staffs and prayer sticks are highly honored and sacred objects which often become a



Prayer For Seeds — *Running from Alaska to Panama, an Indigenous First Nation's organization encourages Native and non-Natives to participate in and preserve American Indian culture. At the beginning of June, the group traveled to Hungry Valley where several RSIC community members welcomed, ran, prayed and accommodated the group.* *Photo provided by RSIC Language & Culture*

Continued on page 14

Save the Date



RSIC Native American Day Celebration 2016

Wednesday September 21st, Thursday September 22nd

Friday, September 23, 2016



Thursday, September 22, 2016

Traditional Dinner

Honoring our lead performers the Mankillers

Hungry Valley Gym

6pm-8pm



Friday, September 23, 2016

Native American Day

Pride March & Stew Feed

Reno Gym/Anderson Park

4pm-8pm



For any further information contact the Language & Culture Office at 775-785-1321 or Email sburns@rsic.org

conduit of prayer itself.

The California and Nevada Route

The participants of the Prayer Run have been traveling through the Great Basin area since 2008.

It was no coincidence, because that year, the run was dedicated to sacred sites. The Great Basin Indigenous territories are home to several sacred sites.

Back in 2008 when the runners entered Nevada, Carla Eben was the vice chairwoman of the Pyramid Lake Paiute Tribe.

Eben received a phone call that explained the PDJ's mission and learned that its runners would be traveling through the area.

This marked the beginning of including Nevada in the PDJ route.

"I was familiar with the Mayan Prophecy and the Peace & Dignity Journey," Eben shared with the RSIC Tribal Council in a letter. "For years, I had the pleasure of dancing with one of the runners at the McDermott Sundance. Her name was Vicki Valdez."

Today, Eben serves as the Peace & Dignity Nevada Section Coordinator.

The PDJ asks communities to assist the group with accommodations, food, and volunteers to welcome the PDJ runners into the area.

Within the Great Basin, also known as the California and Nevada Route,

the runners arrive in Susanville, Calif., and travel through 10 Indian communities including: Hungry Valley, Pyramid Lake, Yerington, Schurz, Hawthorne, Tonopah, Beatty, Las Vegas, Moapa and St. George.

The RSIC Experience

There were several RSIC community members who participated in this year's Prayer Run.

The Camp News spoke with RSIC employee, Stacey Burns, and tribal member Hope Dressler.

"We didn't know how big it actually was," Burns said. "We didn't know how powerful it was."

Burns and Dressler were two of the local runners from who ran along with the PDJ runners when they came through the area.

"It's a beautiful thing. It is called seeds (this year's run), and the way one of their elders that ran with them would explain it, they are planting cultural seeds along the way," Burns said. "So it could be meaning seeds or it could be figuratively



Just Run — The RSIC's Hope Dressler carried the head staff during the Peace and Dignity Journey which went through Hungry Valley.

Photo provided by the RSIC Culture & Language

(planting cultural seeds amongst the people)."

Each time PDJ members meet new runners they stop and go over protocol.

An example of the protocols that runners had to follow was caring a staff during the run.

Many times staffs would represent different communities' issues or personal issues, and the power and means to heal those issues.

Dressler carried the most significant staff, the head staff. "At first the staff was really





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LANGUAGE & CULTURE PROGRAM

Encouraging Cultural Pride and Awareness

August - 2016

Mission:

To encourage the growth of a positive cultural identity for Reno-Sparks Indian Colony community members through the teaching of their native language(s) – **Numu**, **Newe** and **Washiw** – and by providing a learning environment in which community members will gain a basic understanding of the Great Basin Cultures.

Beginner level Shoshone, Washoe and Paiute Language Classes will continue in August 2016. These interactive classes include grammar, storytelling, games, songs and immersion activities. Each class has a knowledgeable language instructor and anyone who is interested in learning one or more of the Great Basin Native Languages is welcome to attend.

Language Classes:

Tuesdays

Newe (Shoshone):

Location: RSIC Library, 401 Golden Ln. Reno

Time: 6:00 p.m. – 8:00 p.m. **Instructor:** Florence Millet

Dates: 8/2, 8/9, 8/16, 8/23, 8/30

Wednesdays

Washiw (Washoe):

Location: Hungry Valley Gym (Lower Level), Hungry Valley

Time: 5:00 p.m. – 7:00 p.m. **Instructor:** Jamie Astor

Dates: 8/3, 8/10, 8/17, 8/24, 8/31

Seniors Numu (Paiute) Class:

Location: RSIC Senior Center, 34 Reservation Road, Reno

Time: 12:30 p.m. – 1:30 p.m. **Instructor:** Thalia Dick

Dates: 8/3, 8/10, 8/17, 8/24, 8/31

Thursdays

Numu (Paiute):

Location: Administration Bldg, 34 Reservation Rd. - Conference Rm.

Time: 6:00 p.m. – 8:00 p.m. **Instructor:** TBA

Dates: 8/4, 8/11, 8/18, 8/25

Cultural Activity

August 19, 2016 Basket Vault, Carson City, Nevada State Museum

The RSIC Language & Culture program is planning a trip to the basket vault at the Nevada State Museum. The van will leave RSIC at 1:00 p.m. and return at 5:00 p.m. There are many Great Basin Baskets on display. There will be an opportunity to tour the Under One Sky exhibit. Seating is limited please, contact the language and culture office to reserve a seat.

Everyone is invited! Anyone interested in learning about the Great Basin language or way of life is welcome to attend our language classes. **Children must be accompanied by an adult.** For more information, contact the Language & Culture Program,

Stacey Burns – sburns@rsic.org or 775-785-1321

Continued from page 14

heavy, but when I was running it got lighter," Dressler said. "And I had to hold it up the whole time, straight up and down."

Added Burns, "The main staff must go from Mother Earth to Father Sky, so it had to stay straight up."

There were other staffs traveling the route for specific individuals.

One particular staff that was sent represented the Seattle Seahawks.

"It was significant because the family which sent it, asked the runners for prayers because a young man had leukemia," Burns said.

Other protocols included praying in all four directions and a call to prayer by blowing a conch, and smudging.

Both Burns and Dressler had a wonderful experience with the Peace & Dignity Journey.

Dressler explained that one

of the runners gave her advice to help strengthen her relationships.

However, there was something more important that she learned.

"What I learned was that every step you take is a prayer," Dressler said. "When you run, just pray—pray for strength for people, for yourself or if you have loved ones that are hurt—just pray for Native people in general," Dressler said.

The RSIC Role

Once they finished running to the designated area, the PDJ runners were greeted by RSIC elder, Margaret Jackson.

Jackson escorted members of the PDJ to Hungry Valley where they were housed overnight at the Transitional Living Center (TLC).

Several community members donated food and volunteered to cook and provided drivers-- which ensured the PDJ members were able to come

to the RSIC community and rest in order to continue the journey to Panama.

The RSIC presented a ceremonial staff made by Toby Stump, which is currently making its way along the journey to Panama.

The RSIC leadership would like to thank all community members who gave their time and donations to the PDJ including: Michon R. Eben (for providing the meat), the Hungry Valley Volunteer Fire Department (Chief Daniel Thayer and staff for transportation), the RSIC PR Department (for providing paper goods), Laurie Mauwee (for preparing the roast), Margaret Jackson (for escorting and dinner preparations), Lois Kane (for preparing dinner), Anthony Hernandez (for preparing dinner), Tribal Council members Verna Nuno and Doug Gardipe (for opening the TLC), and volunteer organizers Toby Stump and Stacey Burns.

OPERATION VACINATION

ATTENTION RSIC Community Members...
get your flu shot & help the Reno-Sparks Tribal Health Center staff with a practice drill.

On **Wednesday, October 12** the RSTHC will run a Point of Dispensing (POD) Exercise.



*For more information, contact
Danny Thayer, the RSTHC Emergency
Response Coordinator at (775) 329-5162.*



NATIVE YOUTH

in Food & Agriculture

PACIFIC REGIONAL SUMMIT
UNIVERSITY OF NEVADA - RENO

OCTOBER 13 - 16, 2016



The Pacific Regional Summit will bring Native youth ages 15-18 together for a one-of-a-kind learning experience about the issues they will be facing as the next generation of food & agriculture leaders in the Pacific region.



TOIYABE
INDIAN HEALTH PROJECT



UNIVERSITY OF
ARKANSAS

School of Law
Indigenous Food & Agriculture Initiative



APPLICATIONS DUE SEPTEMBER 10, 2016

Download applications at [http://goo.gl/forms/ZyPEQ41r6BJxnw1Q2](http://IndianAgLink.com>Youth.
Apply online at: <a href=)

For questions or more information, contact Kelsey Ducheneaux
at 605-850-4079 or kducheneaux@outlook.com.

Long Distance Running Benefits Surprise RSIC Athletes

All My Relaytions Native relay team represent Indian Country at Odyssey

*Written by Tsanavi Spoonhunter,
Public Relations Assistant*

For Toby Stump and Travis Numan, two life-long athletes, taking up a different sport, has broadened their fitness and mental horizons.

"I have hated running most of my life," said Numan. "It is something I never thought I would do."

Stump, concurs.

"I couldn't bounce back from getting hurt playing basketball," he said. "I needed a different sport to help me stay active, so I started running."

Initially for Numan and Stump, the idea of long distant running wasn't very appealing.

Numan, a physical education teacher at United Auburn Indian Community Tribal School, preferred playing baseball.

Despite some early resistance, for Stump, taking up long distance running was a logical choice. It meant that the RSIC Housing maintenance professional, could stay in shape while he replaced his love of basketball. However, this need for a new way to stay in shape has grown into something more than exercise. Stump discovered running competitively.

"I have a lot of energy," Stump said. "Initially running was a new outlet towards staying healthy, but now it's more."

Exactly, 178-miles more. Stump and Numan have

become regular participants in the Reno Tahoe Odyssey (RTO).

The RTO is a relay run in which participants run different legs of a very scenic course. With teams of 12, each group has a participant start in downtown Reno, and they relay to Virginia City, loop around Lake Tahoe and return to Reno. Legs are varying distances and there are 36 options. Each leg has a varied difficulty and length depending on the terrain.

"The positive energy of the event is hard to describe, and doubly hard to find out in the real world..."

—Travis Numan

With Numan and Stump at the helm, *All My Relaytions*, an all-Native team, turned in a personal best time during the recent 12th Annual Reno Tahoe Odyssey (RTO).

Held in June, *All My Relaytions* began their adventure at Reno's Wingfield Park at about 9 a.m. With six men and six women, the *All My Relaytions* team members took turns running along the Truckee River, through the Sierra Nevada Mountains and around the shores of Lake Tahoe.

All My Relaytions crossed the RTO finish line at Reno's Idlewild Park with a time of exactly 27 hours. Concluding the course about noon, the team turned in an impressive average of just over 9 minutes per mile.

Besides their noteworthy time, *All My Relaytions* looked just as striking. With matching warm ups and fashionable jerseys compliments of the Reno-Sparks Tribal Health Center's Diabetes Program, and two spacious vans donated by the RSIC Education Department, *All My Relaytions* competed in style.

"We want to help people get and stay active," said Stacy Briscoe, the Diabetes Program Manager. "Our program focuses on diabetes prevention and management through education, nutrition and physical activity. So we certainly want to support these athletes who commit themselves to fitness."

Briscoe said she and her staff enjoy sponsoring members of the community who serve as role models for others who are trying to begin or continue staying physically fit.

Moreover, aside from the health and psychological benefits of running, Numan, Stump and the other 10 Native runners discovered another plus of competing in the RTO;

Continued on back cover

Traditional Ecological Knowledge Summit Held

Federal bills aimed to close employment gaps in Indian Country

*Written by Grace Newell,
Tribal Relations Specialist
Humboldt-Toiyabe National Forest*

CARSON CITY — The Nevada Indian Commission, in conjunction with the Bi-State Sage Grouse Executive Oversight Committee, hosted a three-day (June 28 - 30) Traditional Ecological Knowledge (TEK) Summit for tribal leaders, tribal members, and agency resource managers in the Bi-State sage grouse area to discuss management practices for sagebrush and pinyon-juniper ecosystems.

Participants met at the Stewart Indian School, an historic Indian school in Carson City, Nevada.

The focus of the summit was to discuss and identify how best to incorporate TEK into the

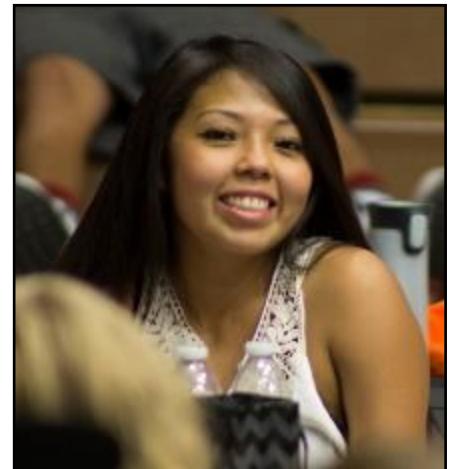
adaptive management of sagebrush and pinyon juniper ecosystems.

The Bi-State Sage Grouse Executive Oversight Committee consists of agency executives from the Forest Service, Bureau of Land Management, U.S. Fish and Wildlife Service, Natural Resources Conservation Service, U.S. Geological Survey, Nevada Department of Wildlife, and California Department of Fish and Wildlife, who are working together to restore and conserve a distinct segment of the Greater Sage Grouse that inhabits the eastern Sierra Nevada region, straddling northern Nevada and eastern California.

Agenda topics were derived from the concerns federal agencies heard while conducting a series of listening sessions in tribal communities who call “the Bi-State sage grouse habitat area” home.

This area includes the geographic regions of the Eastern Sierra north of Bishop, California, up to Carson City, Nevada, and as far east as the Mount Grant and Pine Nut Ranges in western Nevada.

Approximately two hundred people attended the summit. Tribal members, tribal leaders, and land management professionals and managers traveled from throughout Nevada and eastern California.



Happy to Learn — One of the many highlights of the TEK Summit was the youth panel discussion that showcased the undeniable interest of Native youth in natural resource preservation through traditional means.

Highlights included a Native youth panel discussion that revealed an intellectually vibrant, up and coming tribal generation dedicated to keeping cultural traditions flourishing and protecting indigenous plants and wildlife.

A field trip on the Bridgeport Ranger District of the Humboldt -Toiyabe National Forest on the last day of the summit gave participants an opportunity to view past and upcoming treatment projects and to look over a newly designated 1700-acre “Pine Nut Conservation Area”.

Welcoming remarks to the three-day summit were provided by Washoe Tribal Chairman Neil Mortimer, Director of the Nevada Indian Commission Sherry Rupert, and Forest Supervisor of the



Range of Bi-State Sage Grouse

Continued from page 20

Humboldt -Toiyabe National Forest Bill Dunkelberger.

The interagency cooperation demonstrated between federal partners and the Nevada Indian Commission provided the catalyst to make the summit a success. Participants recognized the value of integrating TEK with the best science to achieve better outcomes for both the land and people and identified steps to improve communication and ensure integration.

During the Traditional Perspective panel discussion Raymond Andrews (Kutzadika'a, Mono Lake and Bishop Paiute), who is the Tribal Historic Preservation Officer for the Bishop Paiute Tribe, shared his thoughts on TEK. Andrews told participants "while growing up, we didn't know Traditional Ecological



Avid Interest — *Ruby Carrillo and Meg McDonald, both members of the Washoe Tribe, were participants during the traditional perspective panel discussion, and they both also attended the field trip to the Bridgeport Ranger District, also known as Sweetwater.*

Knowledge was what we were doing. TEK is a new term, it is just a part of our lives. We were just doing what we learned."

Forest Supervisor Bill Dunkelberger noted, "The TEK Summit was a wonderful opportunity to listen and learn from our tribal partners. The productive discussions and

field trip highlighted the importance of meaningful consultation. By incorporating traditional ecological knowledge and tribal wisdom in land management we can better support tribal sovereignty through shared stewardship of our natural resources."



In Person — *Over 200 people attended the three-day TEK Summit and many participants took a field trip to the Humboldt-Toiyabe National Forest.*

Saturday, August 13th, 2016



2 Dumpsters & Sign-In Locations: Both sites will be on Eagle Canyon Drive, the 1st will be south of Running Deer Lane, and the 2nd will be east of Fancy Dance Drive.

Volunteers Needed!

You must sign-in at one of the dumpster locations by 8am and work the event to participate in the free lunch & raffle at the amphitheatre after the cleanup.

Environmentally Friendly Collections & Activities:

- The RSIC is giving pesticide users the free opportunity to properly discard unwanted pesticide products at the 1st sign-in location. Acceptable products are insecticides, herbicides, fungicides, and rodent baits.
- Tires will be accepted for free recycling at the equipment yard near Emergency Services.
- TVs, computer monitors and other small electronics will be accepted at the equipment yard near Emergency Services with a \$10 co-pay per item.

Please DO NOT: Place batteries, appliances, household hazardous wastes, degreasers, antifreeze or other liquids in dumpsters. Also, please do not attempt to salvage items or dump anything prior to the event.

To request assistance for elders and disabled persons, call Public Works at 785-1341. To ask about recycling activities, call the Environmental Program at 785-1363.



RSIC Youth, Agency Staffs, Construct Hoop House

Demonstration in Hungry Valley encourages sustainable lifestyles, creates food source

To help educate young students on the importance of cultivating and understanding the process of raising their own food, agricultural experts along with youth summer workers built a hoop house on at the Hungry Valley Child Care Center.

"At the Reno-Sparks Indian Colony, we enjoy partnering with other agencies and we have successfully done that in the past with the USDA" said San San Tin, the RSIC Education Manager. "This project was especially exciting because it will involve our youth and a critical lifetime lesson about the importance of homegrown foods."

With support from National Association of Resource Conservation & Development Councils and the United States Department of Agricultural (USDA) Natural Resources Conservation Service of Nevada, RSIC youth and key staff members participated in the construction of a 14'x 26' hoop house.

According to the USDA, most American Indian reservations are located in food deserts.

Based on federal guidelines---at least 20 percent of your community lives in poverty and at least one-third of residents have to travel more than one city mile or 10 rural miles to reach a grocery store.

According to Partnership With

Native Americans, a small startup organization which is now a high-impact nonprofit with a clear mission, American Indians experience the worst health status of any ethnic group in the United States, including the highest rate of type 2 diabetes and the fastest growing rate of obesity.

Furthermore, the Center for Disease Control and Prevention reports a connection between an individual's cardiovascular health outcomes and their zip code.

The mission of operating a hoop house on the reservation is to teach youth effective methods of living a sustainable life, to learn methods which improve a food supply, and the

importance of water and energy conservation.

RC&D CEO Andrew Gordon says utilizing the hoop house will extend the growing season, and ensure that disease does not plague various fruits and vegetables.

Randa Deluna, a member of the RSIC and a student intern at the University of Nevada was one of the students that helped build the hoop house.

"It was really great because you just see everybody here smiling, having a good time, laughing and with each other, Deluna said. "I think it was really fun."

In addition to fun, the project was and will continue to be educational.

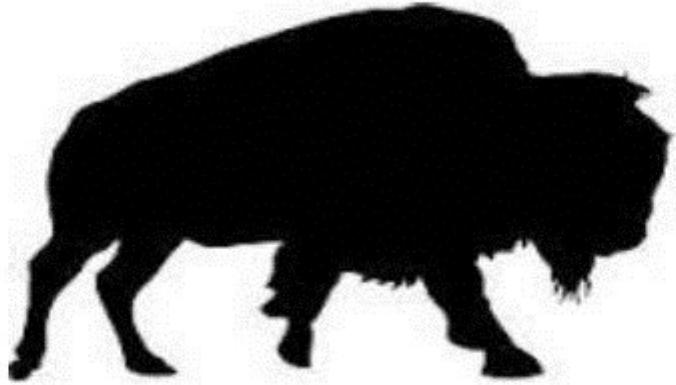


Team Effort — Students from the RSIC Education Programs' summer youth workers banked some serious sweat equity building a hoop house in Hungry Valley near the Child Care Center. Above, the youth pose with staff from the USDA and Natural Resources Conservation Service of Nevada.

Photo by Heather Emmons Nevada State Public Affairs Officer

Talking Circle

Thursday, August 25



When: The last Thursday of every month from 4:00 to 5:00 p.m.

Where: RSIC Tribal Health Center, Behavioral Health Conference Room

All Ages Welcome

The talking circle is also a listening circle. The talking circle allows one person to talk at a time for as long as they need to talk. So much can be gained by listening. Is it a coincidence that the Creator gave us one mouth and two ears? The power of the circle allows the heart to be shared with each other. What we share with each other also heals each other. When we talk about our pain in the circle, it is distributed to the circle, and we are free of the pain. The talking circle works because when the people form a circle, the Great Mystery is in the center.

Sponsored by the RSIC Tribal Health Center Behavioral Health Department
For more information contact Jason Hill, Prevention Outreach Coordinator at
775-329-5162 ext. 1965 or email at jhill@rsicclinic.org



138th Anniversary of the Fort McDermitt Indian Reservation

August 13 & 14, 2016

Fort McDermitt Tribal Gym
111 North Reservation Road

Na du gwi an

Everyone Welcome to come and share
stories as well as sharing music, dancing
etc..

If you have any questions please feel free to contact
Dennis Smartt (775) 532-8764 or Terry Veyrie (812)
327-3969 for more information about the
festivities. Meals will be provided.

Tribal Incubator Law Will Foster Entrepreneurship

Federal bills aimed to close employment gaps in Indian Country

(U.S. Senate) – Senators Jon Tester (D-Mont.), Maria Cantwell (D-Wash.), and Tom Udall (D-N.M.) recently introduced legislation to help launch businesses and create more jobs in Indian Country.

Their bill, the Native American Business Incubators Program Act, will establish and fund business incubators in Indian Country to help start-up and cultivate Native American-owned small businesses.

“Starting a business is a challenge anywhere, but folks in Indian Country face even more obstacles when they try and get a business off of the ground,” Tester said. “This bill will provide critical tools to Native American entrepreneurs so they can strengthen tribal economies and hire folks in their communities.”

This bill will establish and fund business incubators in Indian Country to help start-up and cultivate Native American-owned small businesses. S. 3261 is cosponsored by Senators Maria Cantwell (D-WA) and Tom Udall (D-NM). According to information from Tester’s office the bill will create an annual \$5 million competitive grant initiative within the Interior Department to establish or maintain business incubators that serve Native American communities. The tribal business incubators will



Professional Artists — Professional artists like the Great Basin Native Artists might benefit from the federal interest in creating avenues for Native American-owned small businesses. Last month, on two occasions, legislation was introduced into the United States Senator to promote entrepreneurship in Indian Country. Above, Melissa Melero-Moose shows Sheryl Williams art pieces created by Great Basin Native Artists who regularly exhibit in the area and sell their work.

serve as a one-stop-shop for Native American entrepreneurs to get assistance developing a business plan; navigating federal, tribal, and state regulations; and attracting outside investment. A summary of the bill can be accessed at: http://www.tester.senate.gov/?p=press_release&id=4687 and the full text is available here: <http://www.tester.senate.gov/files/images/ARP16195.pdf>

“Many...tribes are in isolated regions and this incubator program helps them build skills and expertise that can help create jobs in rural communities,” Cantwell said. “This bill helps provide tools and training to help Native American-owned

businesses thrive and strengthen the communities around them.

Udall added, “Small businesses create jobs and opportunity and empower people to shape their own future, and that’s why I’m doing all I can to support... entrepreneurs, especially in Indian Country.”

He said that this bill will help Native American business owners navigate obstacles, cut through red tape, and get access to start-up funding.

“These important tools will help promising entrepreneurs get off on the right foot so they can launch their businesses —

Continued on page 40



**Come join us for a
Complimentary
cooking class!**

**When: Thursday August 4th,
Tuesday August 9th**

6:00 – 8:30pm

Where: Nothing to It! Culinary Center

225 Crummer Lane

Reno, NV 89502

**Registration required. Please contact Kristie
Messerli, Registered Dietitian at 334-4305 ext.
1943 | kmesserli@rsicclinic.org**



Ask Paul

Hello, my name is Robert "Paul" Snyder. I am employed as an addiction counselor with the Behavioral Health Department at the Reno-Sparks Tribal Health Center.

I have a Master's Degree from Hazelden School of Addiction Studies, and have experience treating men and women, young and old, in residential, intensive outpatient and outpatient levels of care.

I currently focus on educating Health Care Professionals and serving Native Americans with addiction issues.

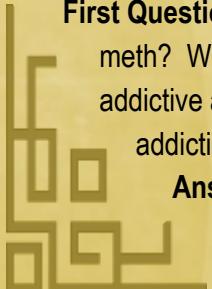
I want to answer your questions regarding your current concerns about alcohol and drug use.

This open format allows anyone to ask questions about substance use issues anonymously. Please email me your questions regarding substance use, or topics you would like to hear about or discuss.

All questions are confidential, and no one's real name will be used.

First Question: What is meth? Why is it so addictive and can meth addiction be treated?

Answer: Great questions!



I am frequently visited by people who are trying to stop methamphetamine (meth) use.

First, let's look at what meth is; Methamphetamine is an extremely addictive, central nervous system, stimulant drug that releases an abundance of the natural feel-good brain chemical, dopamine.

Dopamine is internally released when a person does a pleasurable activity like laughing with friends, playing sports or listening to music.

Notice all of these activities take effort and are healthy.

Drug use does not take much effort, but the drug tricks the brain into thinking drug use is more important than healthy activities.

When a person takes meth, by smoking, injecting, snorting, or swallowing it, they release an unnatural abundance of this feel-good brain chemical which depletes the supply and gives the person a quick rush that is followed rapidly by a lack of feeling good.

This unnatural spike in the feel-good chemical, dopamine, makes the person want to feel that way again, and so they chase the feeling by using more of the drug.

The person cannot experience this original feeling again, because they have depleted the supply with the first use.

The body and brain are severely abused by this powerful drug and the physical and mental damage

can be permanent.

Also, meth is dangerous and people can die from using it.

According to *PubMed, HHS Public Access, Subst. Abuse 2013*; Nevada has the highest death rate related to psychostimulants in the United States and Native Americans have the highest rate of psychostimulant death rate by race/ethnicity in ages 15 to 64 years old from 2005 to 2009!

Psychostimulants sometimes referred to just as stimulants or uppers, are defined as drugs with mood-elevating properties. Adderall, Ritalin, amphetamines as well as illegal stimulants are cocaine, crystal meth, yaba, and jenjem.

Next, let's look at what a person experiences while on meth. Try imagining being awake for three or four days without self-care. Imagine how your body and brain would feel by being sleep deprived, starved, and agitated for days!

Here are comments from people addicted to meth who describe the feelings they experience while they are using:

"My eyes felt horrible from being dilated, strained and open for days." People's vision becomes blurry, the world has a "grey tinge" appearance, and their eyes are yellow in color.

People thrash their arms at

Continued on next page

irregular times, move their jaw back and forth, clinching and grinding their teeth, and their hands, feet, fingers and toes become cramped and/or “stuck”.

Because of dehydration, their muscles ache all over. Their joints and knees pop. Their bones ache, and their back and spine feel really painful due to a need for rest.

They experience extreme paranoia-checking doors, windows and their phone, always on the lookout.

They experience compulsive behaviors, like changing their computer or phone settings for hours. Usually forgetting their passwords or where they hid their devices when they come down.

They report, that they “don’t care about anything.” They lack their normal morals and values, become habitual liars and steal from friends and family to buy more meth.

They call themselves dangerous because they are “fiending” (chasing the next high with a vengeance)

They report having a greasy feeling from toxins being released through their skin, causing some people to shower excessively every day.

People say they feel like bugs are crawling under their skin and will dig into their skin or cut themselves to get the

bugs out, usually leaving scabs and open wounds on their face, arms, torso, legs etc.

“Meth mouth” is due to meth use blocking the flow of saliva. Saliva washes away bacteria and natural acids in our mouth.

Without saliva, bacteria and acids accumulate and eat away at enamel and gums resulting

“...when people use drugs they lose their warrior focus...”

in lost teeth and receding gums.

They experiencing uncontrollable shaking and tremors, including seizures and hallucinations.

Also, because of the increase in heart rate, people are at risk of heart attack and stroke.

Imagine, this is part of the “high” experience!

Withdrawal is a combination of all of these with the addition of extreme nausea and pain.

One client said even her eyelashes hurt when withdrawing from meth.

This self-inflicted torture is driven by the compulsion to use more of this addictive substance over anything else.

If this sounds like a miserable experience, it is!

It's important to look at a person

in this state as being sick, and not bad or morally bankrupt.

It's also important to remember that when people use drugs they lose their warrior focus to their altered mind.

They aren't able to take care of their youth, elders or people who are not as physically or mentally as strong as they are.

However, the road to wellness is available and the sobriety journey has been accomplished.

Sobriety takes time and patience. It took time to walk into the forest, it takes time to walk out. There is no magic pill or quick fix.

With professional intervention, including family education and support, there are many examples of people who have survived meth addiction and regained their mental, physical, emotional and spiritual health as well as regained their positive place in their community and with their loved ones.

Best of everything to you!

Confidential voicemail:

775-329-5162 x 1962

or email rsnyder@rsicclinic.org

*Please note if you would like your question to appear in *The Camp News*!

Indian Country: Can We Really Call It a Victory?

Tribes do not own trust land, but have the right to occupy

A funny thing happened on the way to the latest government scam.

It seems that when the Western Shoshone were asked to contribute their ideas on how to distribute the money the government wanted to "give" through the Indian Claims Commission judgment, they threw a monkey wrench into the whole operation.

Carrie Dann went to the United Nations about the Treaty of Ruby Valley of 1863 and got a response that the United States should, "freeze," desist, and stop," all actions against the Western Shoshone.

Invariably, since the formation of the Indian Claims Commission there continue to be Indians who are apprehensive of white men bearing gifts.

They would warn in the tribal meetings, "If you take the money, you are selling the land."

The Bureau of Indian Affairs (BIA) representative present would respond, "If you take the money, you are not selling the land."

Here you have a government authority, who is supposedly our trustee, who is supposedly looking after our interests, telling the people, "Take the money, you are not selling the land."

If they were not selling the land by taking the money, the tribe thought, then the govern-



Chain of Title Of the Ruby Mountains? — *Western Shoshones wanted to clarify that, "receipt of a share of the funds under the subsection shall not alter any treaty rights or the final decisions of the Federal courts regarding those rights pursuant to the 1863 Treaty of Ruby Valley..."* **File photo**

ment should not have a problem having the clause inserted into the Western Shoshone Claims Distribution Act: "Receipt of a share of the funds under this subsection shall not alter any treaty rights or the final decisions of the Federal courts regarding those rights pursuant to the 1863 Treaty of Ruby Valley."

Suggesting this clause for insertion into Senate bill 958 apparently got United States Senator Harry Reid's attention as he immediately asked, "Would you read that again, please?"

After a few more questions from Senator Reid and Chairman Senator Daniel Inouye,

BIA Assistant Secretary Neal A. McCaleb said, "Just one moment, Mr. Chairman. If I may, Mr. Chairman, this is Daisy West who is the resident expert on this subject."

If you really want to know if the Indians are selling their land by taking the Indian Claims Commission judgment money, the direction the Senate hearings on this bill took from this point should be of interest to you.

Ms. West: *My name is Daisy West and I work in the Bureau of Indian Affairs Branch of Tribal Government Services.*

From the research that I have done on this, the Treaty of Ruby Valley is a treaty

Continued on page 31

Continued from page 30

of peace and friendship, not a treaty that recognized aboriginal title or gave recognized title to land in Western Shoshone country.

This is an issue that was addressed in a similar case in the 1930's with the Treaty of Box Elder which is one of the five Shoshone treaties that was negotiated by Commissioner Doughty back in 1863.

That case was originally brought under a special jurisdiction act and, in that case, the (United States) Supreme Court held that those treaties were not treaties of recognition of land.

Since they were not when they went to the Indian Claims Commission, they could only

determine aboriginal title.

So the title was never given under the Treaty of Ruby Valley.

Chairman Inouye: Do you agree with the Secretary's statement that the receipt of a share of the funds under this subsection shall not alter any treaty rights or the final decisions of the Federal courts regarding those rights pursuant to the 1863 Treaty of Ruby Valley?

Ms. West: I agree.

Chairman Inouye: Then you also agree with the statement of the Secretary that article V of the Treaty of Ruby Valley is not in effect?

Ms. West: Right now I'm not sure what article V says.

I don't have a copy of the

treaty with me.

Chairman Inouye: It is on land.

Ms. West: And it describes the boundaries. My understanding is that according to the case that was in Northwestern Shoshone, that describes the land that was claimed by the Shoshone, so I'm sure that since it wasn't a treaty of recognition, nothing would change that, that is what they claimed.

Chairman Inouye: Is it your position that the Treaty of Ruby Valley is still in force?

Ms. West: I would say that it is still in force.

Chairman Inouye: Why don't you stay there and bring up the Secretary also.

Mr. McCaleb: I think what I'm trying to convey is that there is an impression that the Treaty of Ruby Valley under Section V retains some legal claim to land rights.

The vote that was held seems to indicate it reserves those rights.

The point I'm trying to make is our opinion, the opinion of the Department, that no land rights still reside in the treaty as a result of the court decisions.

Chairman Inouye: You speak of the referenda. I presume that the Department of the Interior was involved?

Mr. McCaleb: NO; WE WERE NOT.

Chairman Inouye: You did not supervise the referendum?

Mr. McCaleb: That's correct.

Chairman Inouye: Were you notified of it?



Western Shoshone Heroes — Sisters Carrie and Mary Dann have fought the federal government for aboriginal rights to the land of which their ancestors inhabited for thousands of years prior to the establishment of Idaho, Utah and Nevada. The 1863 Treaty of Ruby Valley address land ownership, but as Nevada grew, the federal authorities reinterpreted the only treaty signed in what is now Nevada.

File photo

Continued from page 32

Ms. West: We were aware of it occurring. We were notified of the date that it would occur.

Chairman Inouye: You were notified after the conclusion of the referendum?

Ms. West: We were notified first of the date it would be held which was June 3 and we were also notified of the results after the election count had been certified.

Chairman Inouye: When you were notified of the referendum, did you take steps to involve yourself?

Ms. West: No; I'm not sure what that means.

Chairman Inouye: To monitor the referendum?

Ms. West: No, no one attended from the Bureau of Indian Affairs in their capacity as a Bureau official.

Chairman Inouye: Is that the usual practice?

Ms. West: We considered this an internal Shoshone matter, one they had not requested our assistance for.

Chairman Inouye: You stated that the results of the referenda were certified. Who certified them?

Ms. West: I'm thinking that it was the Western Shoshone Claims Committee.

Chairman Inouye: It's not certified by the Department

Ms. West: No.

Chairman Inouye: Mr. Secretary, do you have any views on the findings of the preliminary report of the Inter-American Commission?

Mr. McCaleb: Yes; I do,

relative to their observation that there has been a violation of the rights of the Dann family.

The position of the United States, as well as the Department, is the Commission's report is in error for several reasons.

No. 1, the Danns' contentions regarding the alleged lack of due process in the Indian Claims Commission proceedings were fully and fairly litigated in the United States courts and should not be reconsidered here.

No. 2, the Commission lacks jurisdiction to evaluate the process established under the 1946 Indian Land Claims Commission Act since the act predates the U. S. ratification of the OAS Charter (Charter of the Organization of the American States).

Three, the Commission erred in interpreting the principles of the American Declaration in light of article 18 of the not yet adopted OAS draft Declaration of Indigenous Rights.

Chairman Inouye: so you find the preliminary report to be in error?

Mr. McCaleb: Correct.

Chairman Inouye: You do not concur with it?

Mr. McCaleb: Yes, sir: that's correct.

Chairman Inouye: What is the history of negotiations of your department and the Western Shoshone with regard to the settlement of land rights? You have had negotiations?

Mr. McCaleb: Yes; as early as 1980 and several times over

the 22 years intervening, including 1984 negotiations in which we actually provided \$240,000 to assist in the negotiations, provide staff, and facilitated negotiations on the distribution and again in 1994 when Congress requested the Department of the Interior to reopen negotiations on the distribution.

Along this process there have been numerous indications of popular support for the distribution of these funds on a per capita basis, the most recent being the election I made reference to earlier.

Chairman Inouye: But you have not reached a settlement yet?

Mr. McCaleb: There are members of the Western Shoshone Tribe that do not think there should be a distribution of the funds, they feel that additional distribution of the funds will somehow adversely affect their land claims but according to the vote they are in a substantial minority.

For your edification, I have the results of that vote if you are interested in it. There were three issues.

The first was on the acceptance of the payment and the vote was 647 for, 156 against.

On the next issue, the limiting of the distribution to those members of the Western Shoshone Tribe who are a quarter or more blood quantum, 1,601 for, 1,906 against.

Bad Drugs & Alcohol



**Native people can overcome the
temptations of drugs and alcohol,**

Ask for help!

Call RSIC Clinic-Behavioral Health 329-5162

Tribal Court-Healing to Wellness Outreach-785-7885-EX.20- Janice Stump

On the third question, the use of the accounting funds for educational purposes, 1,024 for and 769 against.

Chairman Inouye: Thank you. Do you have any questions?

Senator Reid: I have a couple. Daisy, tell me what your job is at the Bureau?

Ms. West: My title is Tribal Relations Officer and I have several different functions.

One is to prepare judgment fund distribution plans. In order to do that, I have to do historical research on the tribes and the claims and work with the tribes in developing the plan or, if necessary, in developing the draft legislation.

Senator Reid: How long have you been with the Bureau?

Ms. West: I've been with the Bureau since 1972.

Senator Reid: What is your educational background?

Ms. West: Most of my education in this area has occurred on the job. I graduated from high school and attended a number of classes that were preparing me for a future in accounting.

Senator Reid: Thank you. Mr. Secretary what I've heard you say is that if this money is distributed, whatever claims that exist, valid or invalid, would not be extinguished as a result of these moneys being distributed. Is that right?

Mr. McCaleb: That's correct.

The important thing to remember is that while the various branches of government debate whether or not putting the clause into the bill means anything in light of the Supreme Court not wanting to get involved, ruling Res judicata which basically means the Indians already had their day in court.

Never mind that it was a court commission devoid of due process. What do I mean when I say it was devoid of due process?

When the Suzie Island in Lake Superior was returned to the Grand Portage Ojibwe People, and they were celebrating on the internet, attorney, Barbara Bilek commented, "This is very cool! However, can we really call it a victory?"

Not so much when one realizes that tribes do not own

trust land—the federal government does.

We only have the right to occupy it as per the Department of Interior.

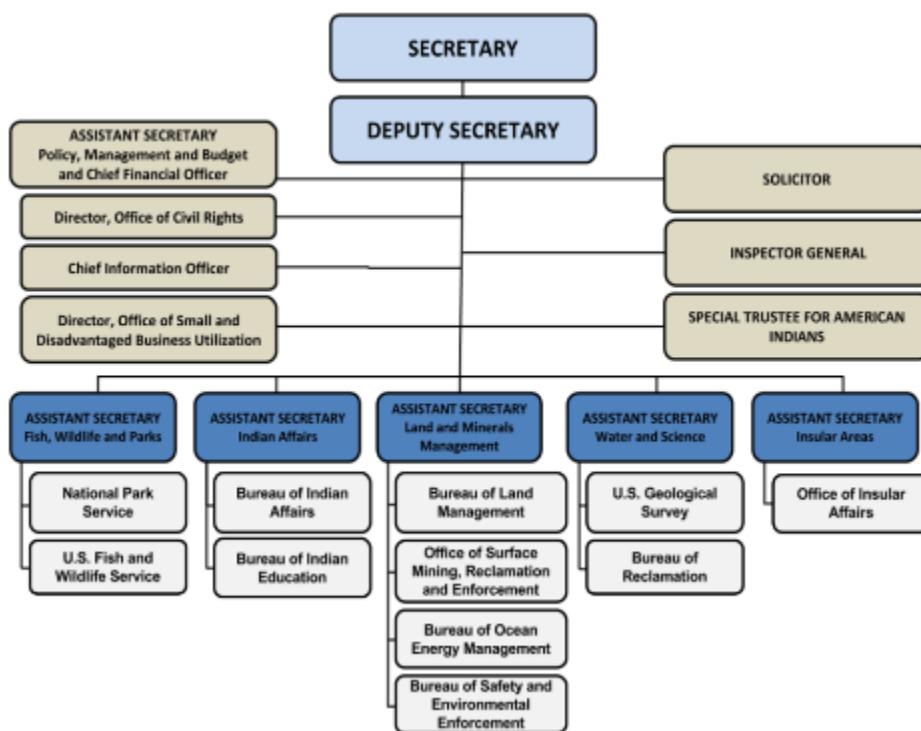
"The Indian land Record of Title is the official record of title documents and instruments affecting Indian land that require approval by the Secretary or other federal officials.

The Division of Land Titles and Records (DLTR), and its 11 Land Titles and Records Offices (LTRO), are the official Federal offices-of-record for all documents affecting title to Indian lands, and for the determination, maintenance, and certified reporting of land title ownership and encumbrance on Indian trust and restricted lands."

If you visit the Interior Department's Division of Land Titles

Continued on page 36

Hierarchy — The chain of command for the United States Department of Interior.



NATIONAL INDIAN EDUCATION ASSOCIATION

POW WOW

Grand Sierra Resort, Silver State Pavilion
Friday, October 7, 2016
Reno, Nevada

GOURD DANCE

5:30 PM- 6:30 PM

GRAND ENTRY

7:00 PM- 11:00 PM



Jamie
Stump
Head Man
Northern Paiute
& Chippewa
Cree

Alissa
Sanchez
Head Woman
Bad River Band
of Lake Superior
Chippewa

Chandler
Sampson
Head Teen Boy
Northern Paiute

Amelia
Henry
Head Teen Girl
Tuscarora &
Mohawk

Luka
Gomez
Head Jr. Boy
Washoe &
Chukchansi

Trinity
Tohannie
Head Jr. Girl
Paiute &
Lummi



Social pow wow is
associated with the 2016
National Indian Education
Association Convention

Master of Ceremony
Tom Phillips

Arena Director
Hank Johnson

Host Drum
Battle Horse

Host Gourd
Silver State Gourd Society



Women's Northern
Paiute Style Special
All Ages

Vendor Information
Please Contact
Tanya Hernandez
(775) 329-6114

FREE
COMMUNITY
EVENT

For more
Information:

Tanya Hernandez:
Email:
thernandez@rscid.org
Phone:
(775) 329-6114
Ext. 4312

Photos courtesy of: Reno Sparks Indian Colony

Continued from page 34

and Records website, you will find that they are very meticulous in their record keeping.

The one prominent term they use is "chain-of-title."

If you buy a piece of land in the private sector, make sure you use a title company.

Part of their service is title insurance which is a guarantee that their research gives you a clear title to your property.

"Chain-of-title" is the history of how that piece of property has changed hands.

The Indian Claims Commission was devoid of due process of law because as Carrie Dann has been saying for the last 30 years, "We have never had a title argument."

When Felix Ike, Willie Johnny and Nancy Stewart made their statements at the hearing of the Committee on Indian Affairs concerning the Western Shoshone Claims Distribution Act, they all mentioned land expansion of their reservations.

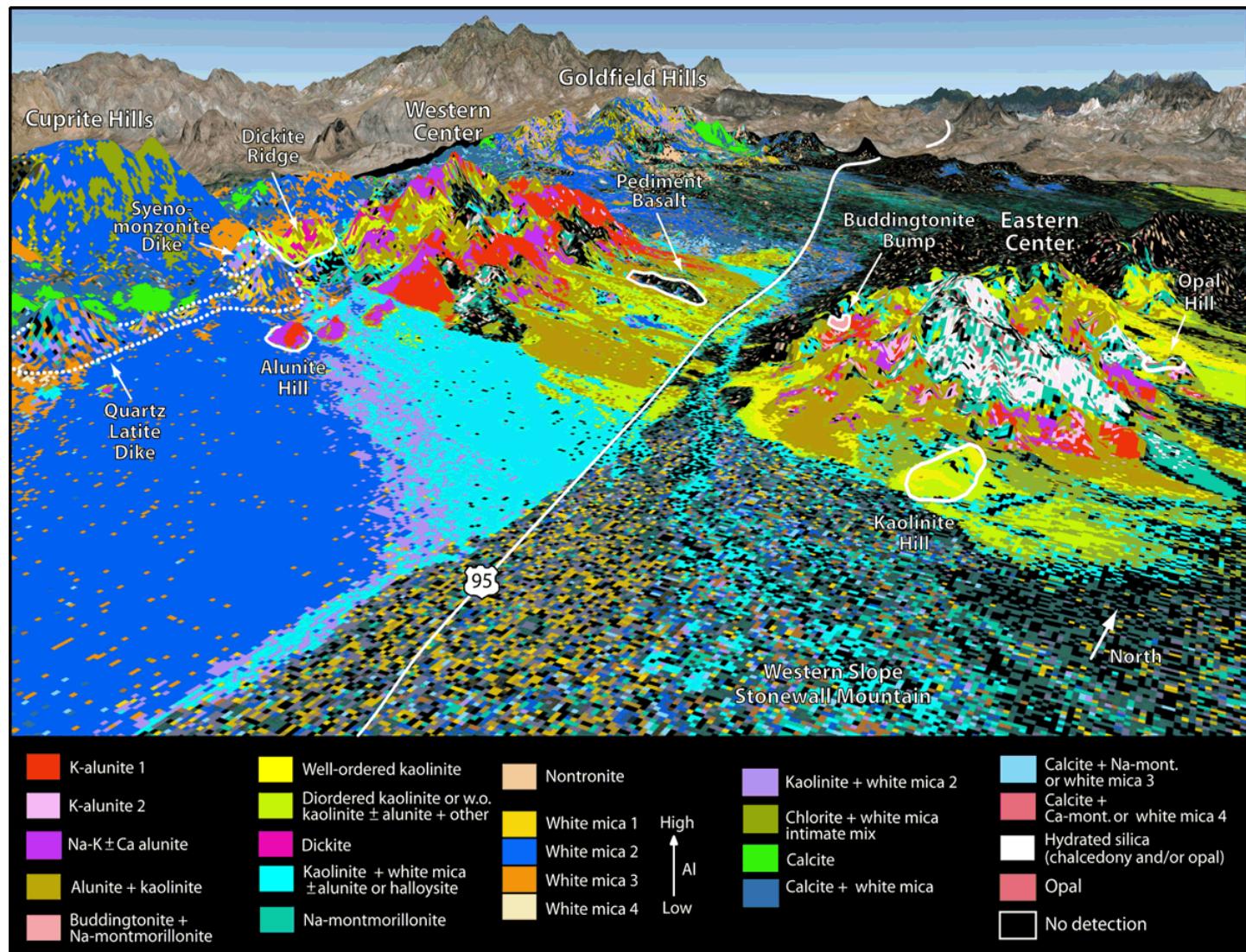
Now that the government is about to "give" the Indians

of Nevada land, the question that should be asked is are they really "giving" anything or are they in fact taking everything?

Perhaps the government's goal now is to just get the Nevada Indians to sign something they can enter into their "chain-of-title" documents---something that shows the Indians happily recognizing federal ownership.

Professor Austin Wakeman Scott (1886-1981) explained

Continued on page 37



Landsat Multispectral Scanners — The United States Geological Survey which is a program within the Department of the Interior which includes the Bureau of Indian Affairs (BIA) remote sensing mineral map of Cuprite, better known as Goldfield, Nev.

Photo courtesy of the U.S. Geological Survey

that the purpose of a trust is to, "separate the benefits of ownership from the burdens of ownership".

Now here is one last thing that the Indians of Nevada have to consider before they sign anything that has to do with land.

The author of *Planet Earth*, Jonathan Weiner, wrote, "The images from Landsat multispectral scanners (and new thematic mappers, which record and even broader range of the spectrum) are radioed to earth and assembled by computer which tints them in brilliant, artificial colors to make the various details stand out.

More than 1 million Landsat images of earth are now stored in a U.S. Geological Survey computer in Sioux Falls, S.D. Landsat files in the supercomputer at Sioux Falls are the space age equivalent of treasure maps.

For anyone astute enough to decipher them, they conceal clues to billions of dollar worth of buried ore. This fact has not escaped the attention of the big oil companies."

The U.S. Geological Survey is a part of the Department of Interior, our trustee.

Did you get a map?

Editor's note: Steve Melendez is a Northern Paiute from the Reno-Sparks Indian Colony. He is the president of the American Indian Genocide Museum. For more information, please see: www.aigenom.org .

R. Carlos Nakai:



From jazz ensembles to full symphonic works, Nakai, a Navajo-Ute, melds his classical training with the traditional haunting sound of his cedar flute.

- Tue, Sept. 13, 5:30 p.m. **FREE** Spanish Springs Library
- Wed, Sept. 14, 3:30 p.m. **FREE** Downtown Reno Library
- Thurs, Sept. 15, 7:30 p.m. *UNR Nightingale Concert Hall*

For more information, please contact:

Maureen Chiloquin Katenay
mkatenay@washoecounty.us
Washoe County Library System
Spanish Springs Branch
7100A Pyramid Hwy., Sparks
(775) 424-1800



CONGRATULATIONS IRENE M. SKENADORE

Irene made Honor Roll at Jesse Hall Elementary School in June of 2016.

Her citizenship was excellent and has made academic growth this year.

We are very proud of you, Irene, you did it! Grandma would also be so very proud of you. We all love you very much.

Love, Mom Alvie, Spencer, Colbey, Aven, Neva, T.C., Rachell, & "Pops"



BACK TO SCHOOL



Supplies are still available through August 13
at both Reno & Hungry Valley Education Offices.



Monday through Friday, 8 a.m. to 5 p.m.
Call 329-6114, for more information.

2016 -2017 School Year

RSIC Back 2 School Supply Distribution List

Kindergarten – 6th Grade

1 - Pink Eraser	2 – Glue Sticks
1 – Pack of Wide Ruled Filler Paper	2 – Dry Erase Markers
2 – Spiral Wide Ruled Notebooks	1 – Blunt Scissors (K-3 rd Only)
1 - 1 ½ " Binder (6 th Grade Only)	1 – Pointed Scissors (4-6 th Only)
1 – Pack colored pencils	2 – Highlighters
1 - Ruler	1 – Box of Kleenex
1 – Pack of Markers	5 – #2 Pencils

Middle School

2 – Pocket Dividers	1 – Pack of Fine Tip Markers
2 – College Ruled Filler Paper	1 – Blue Pen
2 – Spiral College Ruled Notebooks	1 – Black Pen
2 – 2" Binder	4 -2 Pocket Folders
2 – Dry Erase Markers	2 -Mechanical Pencils
2 – Highlighters	

High School

1 – Black Pen	2 – 2" Binder
1 – Blue Pen	4 -2 Pocket Folders
2 - Packs College Ruled Filler Paper	2 -Mechanical Pencils
2 – Pocket Dividers	2 – Dry Erase Markers
2 – Spiral College Ruled Notebooks	2 – Highlighters



*19TH ANNUAL * CRAFT FAIR *

FALL FEST

2016

October 14th & 15th

RENO-SPARKS INDIAN COLONY, GYMNASIUM

34 Reservation Road * Reno, NV

(Off 395/580 So. Freeway)

Glendale or Mill St. exits

Jewelry * Beadwork * Arts & Crafts

Baked Goods * Raffle * Food & Fun!

Doors Open
10am to 6pm

INDIAN TACOS WILL BE SOLD

FREE ADMISSION
FREE TRICK OR TREAT BAGS

For more information:
Ramona Darrough
775-842-1385

and stay in business," Udall said.

Businesses often struggle in Native American communities because entrepreneurs must deal with regulatory uncertainty, remoteness, and difficulty accessing capital.

Tester, Cantwell, and Udall's bill will create an annual \$5 million competitive grant initiative within the Interior Department to establish or maintain business incubators that serve Native American communities.

"The economic contributions of tribal businesses and enterprises have proven positive impacts to tribes, their surrounding communities, states, and the national economy," said Jacqueline Pata, Executive Director, National Congress of American

Indians. "NCAI applauds the Senate Committee on Indian Affairs for introducing the Native American Business Incubators Bill, which will become a vital tool for tribal businesses and entrepreneurs to spur job creation and economic growth in our communities and elsewhere," said .

"We endorse and welcome the introduction of this important legislation that responds favorably to many requests over the years for Congress to create a business development program tailored specifically to Indian Country's unique sovereign and business characteristics and capabilities, and focused on incubation and access to capital challenges," said Gary Davis, President and CEO of the National Center for American Indian Enterprise Development.



Vendors — Many Native American entrepreneurs derive income by selling their handmade beadwork at pow wows and craft fairs.

Tribal business incubators will create a one-stop-shop for Native American entrepreneurs so they can get assistance developing a business plan navigating federal, tribal, and state regulations; and attracting outside investment. The incubators will also provide entrepreneurs a connected workspace and professional networking opportunities.

To be considered for a grant, the applicant must serve one or more tribal communities, submit a three-year plan, provide a physical workspace, offer business skills training and education, and meet other specific requirements. Tribes, Tribal Colleges or Universities, and non-profit organizations are eligible to operate a business incubator. The Native American Business Incubators Program Act will also provide oversight to business incubators and ensure they are delivering on their commitment to Native American entrepreneurs.



Building Small Businesses — The Native American Business Incubators Program Act which will provide oversight to business incubators for American Indian economic development and the Indian Community Economic Enhancement Act which seeks to improve access to capital in tribal communities by amending and improving existing laws were both recently introduced into the United States Senate. Often, Native American entrepreneurs struggle accessing capital, navigating red tape and dealing with the isolated or remoteness of American Indian communities. At the Reno-Sparks Indian Colony, tribal members can lease retail space at nominal rates. See page 45 for more information or contact Steve Moran, RSIC Director of Economic Development and Business Enterprises at (775) 785-1363.

Continued on page 40

According to the National Congress of American Indians, 39 percent of Native Americans living on reservations are in poverty and the unemployment rate is 19 percent—more than three times the national average.

Additionally, almost half of working age Americans Indians living on reservations in certain states said there is a lack of jobs in their community.

The Native American Business Incubators Program Act is available at: <http://www.tester.senate.gov/files/images/ARP16195.pdf> .

Furthermore, leaders of the Senate Committee on Indian Affairs (SCIA), Chairman Barrasso and Vice Chairman Tester, also recently separately introduced bills seeking

to boost economic development and job creation in Indian Country.

SCIA Chairman John Barrasso (R-WY) and Senator John McCain (R-AZ) introduced S. 3234, the Indian Community Economic Enhancement Act of 2016.

The legislation seeks to improve access to capital in tribal communities by amending and improving existing laws, including: the Native American Business Development, Trade Promotion, and Tourism Act of 2000; the Native American Programs Act of 1974; the Indian Trader Act; and the Buy Indian Act.

According to the legislative committee, key provisions of the bill would require interagency coordination between the Departments of Commerce, Interior, and

Treasury to develop initiatives encouraging investment in Indian communities, elevate the director for the Indian programs in the Department of Commerce, establish the Indian Economic Development Fund to support the Bureau of Indian Affairs (BIA) loan guarantee and the Community Development Financial Institutions (CDFI) bond guarantee program for Indian communities, and facilitate the use of the Buy Indian Act while increasing accountability in procurement by the BIA and the IHS. A summary of the bill is available at: <http://www.indian.senate.gov/news/press-release/barrasso-and-mccain-introduce-bill-spur-economic-development-tribal-communities> and the full text can be found at: <http://www.tester.senate.gov/files/images/ARP16195.pdf> .



Action Steps to Help You, Your Family Be Sun Wise

Skin cancer often underdiagnosed for people of color

*Submitted by Bhei-Cie Ledesma,
RRSIC Environmental Specialist ii*

While some exposure to sunlight can be enjoyable, too much can be dangerous.

Overexposure to ultraviolet (UV) radiation from the sun can result in painful sunburn. It can also lead to more serious health problems, including premature aging of the skin, cataracts and other eye damage, immune system suppression and skin cancer.

UV rays are electromagnetic radiation. This form of energy that comes from the sun is invisible to the human eye. Too much exposure to UV radiation is damaging to living tissue.

According to a NASA funded study, the amount of solar radiation emitted to the earth has been increasing since the 1970s.

This is primarily due to the decrease of the amount of stratospheric ozone (ozone layer) from ozone-depleting gases such as factory and vehicle emissions, certain refrigerants, and chemical sprays.

Children are particularly at risk. The American Academy of Dermatology recommends keeping infants younger than 6 months out of the sun and in the shade as much as possible.

Sunscreen use should be avoided if possible in children younger than 6 months. Parents

of infants and toddlers 6 months and older may apply a broad-spectrum, water-resistant sunscreen with an SPF of at least 30 to their children's exposed skin.

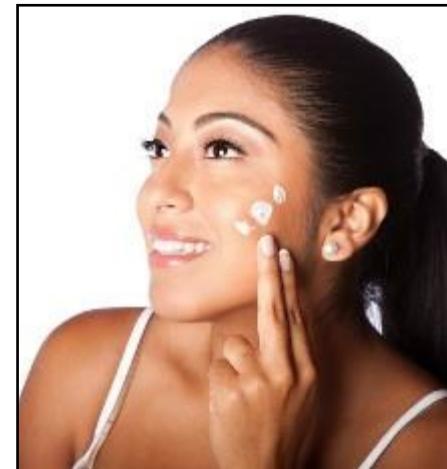
Even when using sunscreen, parents should continue to keep their children in the shade and dress them in sun-protective clothing.

Some parents have reported that they routinely attempted to allow their infant to "develop tolerance to the sun's rays" by gradually increasing their sun exposure.

Board-certified dermatologist Keyvan Nouri, MD, FAAD, chief of dermatology services, Sylvester Comprehensive Cancer Center/University of Miami Hospital and Clinics says, "Some parents may think they're helping their children by exposing them to the sun, but actually, the opposite is true. Unprotected sun exposure can damage the skin and lead to skin cancer."

Most people are not aware that skin cancer is largely preventable and one of the most common forms of cancer in the United States.

Everyone, regardless of skin color, can get it. Someone with a darker skin color will have more melanin, which makes it less likely than those with fair skin color to develop skin cancer by overexposure to UV



Not Immune — *People of color are often diagnosed with skin cancer at later stages, which can mean that skin cancers are often advanced and potentially fatal.* **File photo**

radiation — but it still happens.

Unfortunately, many patients and even some physicians are under the impression that non-Caucasian people are immune to skin cancer. That is one reason why people with a darker skin color are often diagnosed with skin cancer at later stages.

These delays mean that skin cancers are often advanced and potentially fatal, whereas most skin cancers are curable if caught and treated in a timely manner.

Tragically, this is what happened to legendary reggae musician Bob Marley.

He developed an aggressive form of melanoma under his toenail that ultimately spread and caused his death at the age of 36.

Marley's story reminds us why both medical providers and the public need to be educated

Continued on page 43

Continued from page 42

about skin cancer and skin of color.

By following some simple steps, you can still enjoy your time in the sun and protect yourself from overexposure.

The U.S. Environmental Protection Agency (EPA) recommends these action steps to help you and your family be sun wise:

◀ **Avoid Sun Tanning-** Excessive tanning can cause wrinkling, patchy discolorations, and skin cancer.

◀ **Do Not Burn-**Sunburns significantly increase one's lifetime risk of developing skin cancer, especially for children.

◀ **Generously Apply Sunscreen-**Cover all exposed skin 20 minutes before going outside. Sunscreen should have a Sun Protection Factor (SPF) of at least 30 and provide

protection from both ultraviolet A (UVA) and ultraviolet B (UVB) rays. Reapply every 2 hours, even on cloudy days, and after swimming or sweating.

◀ **Wear Protective Clothing-** Items such as a long-sleeved shirt, pants, a wide-brimmed hat, and sunglasses are a good idea whenever possible.

◀ **Seek Shade-** Remember that the sun's UV rays are the strongest between 10 a.m., and 4 p.m.

◀ **Use Extra Caution Near Water, Snow, and Sand-**These reflect the damaging rays of the sun, which can increase your chance of sunburn.

◀ **Get Vitamin D Safely-** Although you can get Vitamin D through sun exposure, you can get it safely through foods such as vitamin D fortified milk, tuna, cheese, and egg yolks.

◀ **Check The UV Index-** The UV Index provides important information to help you plan your outdoor activities in ways that prevent sun overexposure. The UV Index is issued daily by the National Weather Service and Environmental Protection Agency (EPA).

Visit <https://www.epa.gov/sunsafety>

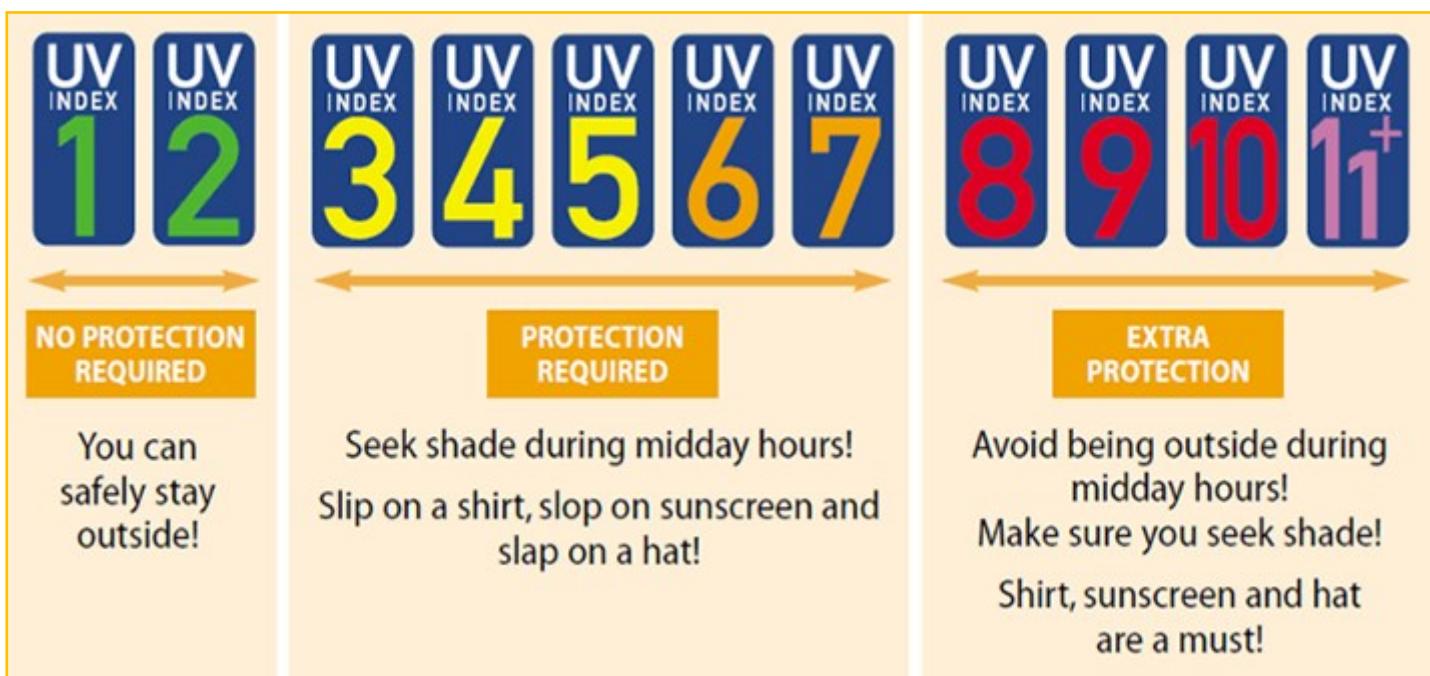
The EPA also has free apps for your phone at: <https://www.epa.gov/enviro/uv-index-mobile-app>.

References:

<http://www.skincancer.org/prevention/skin-cancer-and-skin-of-color>

https://www.epa.gov/sites/production/files/documents/nv_facts_web.pdf

<https://www.aad.org/media/news-releases/the-first-steps-of-sun-protection-how-to-keep-your-baby-safe> .



INTRODUCING

YOGA

At 3 Nations Wellness Center
Every Wednesday Night
5:30 pm- 6:30 pm

Open to all eligible RSTHC patients and RSIC employees. No sign up required.

BENEFITS OF YOGA:

INCREASED METABOLISM

LOWER BLOOD PRESSURE

LOWER BLOOD SUGARS

INCREASED STRENGTH

WEIGHT MANAGEMENT

REDUCES ANXIETY AND STRESS

Contact: Kristie Messerli,
Registered Dietitian
775-329-5162 ext. 1943

BOXING



JOIN US!

EVERY THURSDAY NIGHT
6:30 PM- 7:30 PM

MASTER TRAINER

RICK PEARSON

BEGINNERS
INTERMEDIATE
ADVANCED

MEN ONLY

Learn combinations, proper form and technique, along with foot work while training your cardiovascular system.

ALL
RSTHC PATIENTS
AND
RSIC EMPLOYEES

CARDIO KICKBOXING

JOIN US!

EVERY FRIDAY
12:00pm-1:00pm
FIGHT FOR FITNESS

WOMAN ONLY

CERTIFIED PERSONAL TRAINERS

WALI QUERTA

TIFFANY DEAN

Intense cardio by punching, kicking, and using natural body weight.

**THE 3 NATIONS WELLNESS CENTER
AND DIABETES PROGRAM PRESENT:**



DID YOU KNOW YOU CAN BURN UP TO 1,000 CALORIES DURING ONE HOUR OF ZUMBA?

Come join us!



Who: Open to RSIC employees and RSTHC patients
What: ZUMBA! Wear tennis shoes and bring a bottle of water
When: Every Monday night, from 6:00 pm-7:00 pm
Where: 3 Nations Wellness Center Gym

NO SIGN UP REQUIRED. JUST SHOW UP, READY TO EXERCISE!
Please contact Kristie Messerli, Registered Dietitian for questions: 775-329-5162 ext. 1943



Start Swimming Before Summer



Announcing Water Fitness for Diabetic, Non-Diabetic, and Senior RSTHC patients at Alf Sorensen, 1400 Baring Blvd, Sparks

Sign up NOT Required except for Lessons...

Just Drop In to the class you are eligible for:

Sponsored by the RSTHC Diabetes Program

Senior Water Fitness (55years and older) (Transportation available for RSIC Enrolled and Resident Seniors only. Meet at RSIC Senior Center at 8:15am for transport)	Increase fitness level and stamina while having fun in the water through this exercise program for seniors.	Tuesdays & Thursdays 9-10am
Senior Water Fitness Saturdays (55years and older) (Transportation not available)	Increase fitness level and stamina while having fun in the water through this exercise program for seniors.	Saturdays 12-1pm
Senior Aquacize (55years and older) (Transportation not available)	Enjoy a slower paced workout that increases fitness level and strength.	Tuesdays & Thursdays 10-11am
Adapted Aquatics 2 (Adults 18yrs and Older) All Welcome	For those who need a complete non-impact exercise program. Students must feel comfortable in deep water.	Tuesdays & Thursdays 11:30-12:30pm
General Adapted Aquatics (for anyone with a physical or mental limitation, call 353-2385 for more info) All Welcome	Provides individual instruction for those with a physical or mental limitation. Designed to increase strength, flexibility, and range of motion.	Monday & Wednesdays 11:30-12:30pm
Toddler Time! (age 6years or younger) Parents must be in the pool with the child	Parent and Child Swim	Monday through Thursdays 11:30am – 4:30pm
Swim Lessons Available for all ages	Build basic water safety or develop your skill. <u>(Enrollment Required @ Alf</u> call 353-2385, paid for by the RSTHC Diabetes Program – ask for Cindy)	Refer to www.sparksrec.com for schedule and reg dates
Lap Swimming (all ages)	Pool space designated for lap swim varies.	Mon-Thurs: 6-9am, 9-11am, 11-1:30pm, 1:30-3pm Saturdays 12-5:45pm

Tribal Card required @ Class Check-In
QUESTIONS?

General Swim Class info: 353-2385 (Alf Sorensen) or 329-5162 x1947 (Walita Querta)

**NATIONAL INDIAN EDUCATION
ASSOCIATION
2016 RENO POW WOW**

July 8, 2016

Dear Tribal Communities:

There is no greater investment that can be made than one in our youth-especially now, as we look to strengthen and support Native cultures and ways of life. Our annual Convention & Trade Show brings together NIEA members from across the United States to share ideas and form partnerships that help improve academic success within Native communities. In addition to the annual Convention, NIEA hosts two social events that take place during the NIEA Convention and are free to the community. **One of the social events is the NIEA Pow Wow.**

The theme of NIEA's 2016 Convention & Trade Show, "*Building Education Nations by Engaging Families, Educators, and Leaders*" will take place October 5-8, 2016 in Reno, Nevada. Specifically, the NIEA Pow Wow will take place on Friday, October 7, 2016 at the Grand Sierra Resort in the Silver State Pavilion conference venue. The local community hosts the Pow Wow and both community members and Convention attendees take part. This year the planning committee honors the NIEA Conference theme by including families and the children. During the Pow Wow, spectators from around the country will get to see more than the conventional pow wow style dancing, they will also see dances from the Nevada tribes.

The Pow Wow Committee is seeking local sponsors for the following attached categories. We are also accepting donations for costs associated with having a pow wow. All sponsors donating toward the Pow Wow will be entered into a raffle for a chance to win various prizes and will be recognized at the Pow Wow. The Pow Wow committee welcomes you to participate in local fundraising opportunities from now until the evening of the pow wow.

If you are interested in donating to the Pow Wow contact Tanya Hernandez at: thernandez@rsic.org or at (775) 329-6114 Ext. 4312, Monday – Friday. If you are making a donation you can pay online: <https://nvnieadonation.eventbrite.com>, or make checks and money orders payable to: Nevada Indian Education Summit.

Additionally, if you are interested in providing additional sponsorship to the Convention, a copy of the 2016 NIEA Sponsorship Guide is enclosed. Please contact Leah Salgado at lsalgado@niea.org or at (202) 847-0037 with any questions for the sponsorships. Thank you for supporting NIEA and the local community at this year's 47th Annual Convention & Trade Show. We look forward to celebrating a successful 2016 Convention with your help!

Sincerely,

2016 NIEA Pow Wow Committee

New Employees



Autumn New Moon

Smoke Shop 3

Q: What is your exact job title?

A. 2nd Assistant Manager

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

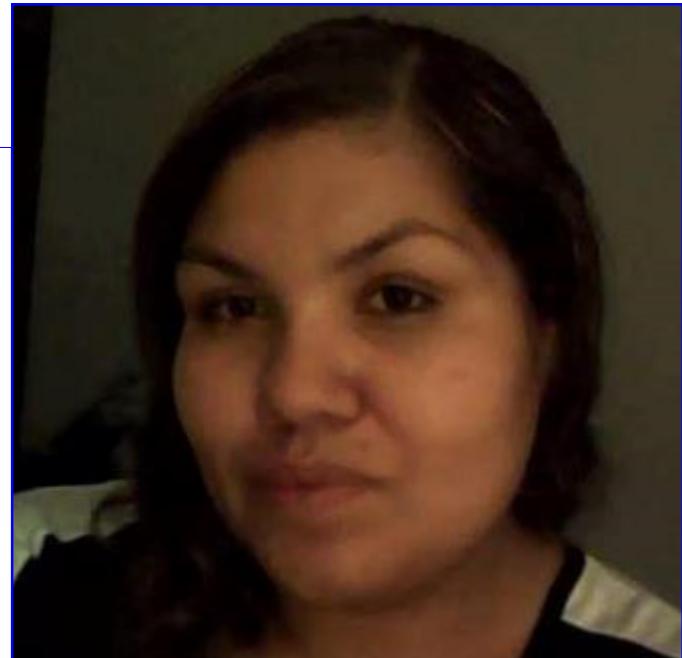
A. I hope to learn all I can from working here.

Q: Do you have a tribal affiliation? If so, where?

A. Yes, Pyramid Lake Paiute Tribe.

Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?

A: Nothing at this time.



Sanddee Hardin

Smoke Shop 3

BEHAVIORAL HEALTH—CONFERENCE ROOM—SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9-11am Rediscovering Your Life (IOP) Mary Lask	9-11am Hopes & Dreams (IOP) Mary Lask	9-11:30am Craft Group (IOP) Jason Hill
11am-Noon Department Clinical Staffing				
1-3pm Life Skills Group Mary Lask (IOP)		Administration Time Clinic Closed 12 to 5pm		
3-4:30pm DUI Group Levels II, II-X & III Paul Snyder	3-4pm White Bison Group Paul Snyder			
		4-5pm Anger Management Group Dr. Nielsen	4-5pm Domestic Violence Group Dr. Nielsen	

RSIC Law & Order Committee

The mission of the Reno-Sparks Indian Colony's Law and Order Committee is to review, evaluate and make recommendations to change the existing Law & Order Code and ordinances of the RSIC Communities in conjunction with the Constitution and By-Laws of the RSIC and the Indian Civil Rights Act to insure due process within RSIC boundaries.

LOC follows the regular guidelines for Committees same terms and conditions set by Tribal Council.

Meetings the 1st Wednesday of every month, 6 p.m.
Tribal courtroom—1900 Prosperity Street—775-785-8775

Aug 3

Nevada State Health Division
Technical Bulletin



Topic:	Vaccines Required for School Enrollment	Bureau/Program: Bureau of Child, Family and Community Wellness/ Immunization Program
Bulletin #:	BCFCW-IZ 01-2013	
Date:	May 3, 2013	
To:	Nevada Public, Private, Charter Schools	
Contact:	Erin Seward, (775) 684-3209	

Vaccines Required for School Enrollment

All children enrolling into kindergarten, 7th grade, or those who are new to a school district for any grade, must be fully vaccinated according to the Advisory Committee on Immunization Practices (ACIP) for the vaccines listed below. These children must be fully vaccinated PRIOR to being enrolled into school. This includes private, public, and charter schools.

ACIP Immunization Schedule								
Required Vaccines	2 mo. of age	4 mo. of age	6 mo. of age	12-15 mo. of age	18-24 mo. of age	4-6 yrs. of age	11-12 yrs. of age	Total Doses Required <u>PRIOR</u> to School Entry
DTP, DT, DTaP	1	2	3	4		5*		4 or 5 (If dose #4 is given on or after 4 th birthday #5 is not needed)
Polio (IPV)	1	2		3		4		3 or 4 (If dose #3 is given on or after 4 th birthday, #4 is not needed)
MMR				1		2		2 (doses must be at least 4 weeks apart)
Hepatitis B	1	2		3				3
Varicella				1		2		2
Hepatitis A				1	2			2 (doses must be at least 6 months apart)
Tdap							1	1

* The final dose in the series should be administered on or after the 4th birthday and at least six months following the previous dose. If 4 doses are administered prior to age 4 years, a 5th dose should be administered at age 4 through 6 years. (MMWR 2009; 58(30): 829-830)

Catch-Up Schedule

Persons aged 7 years or older who are not fully immunized with the childhood DTaP vaccine series, should receive a Tdap vaccine as the first dose in the catch-up series. If additional doses are needed, use Td vaccine.

Any student who presents for school enrollment without the required number of doses listed above, will follow the ACIP Catch-Up schedule. *Continued on next page*

Conditional Enrollment

Conditional enrollment is only permitted when a child must have multiple visits to a provider to achieve the required number of doses of vaccine. If all doses can be administered within one visit to a provider, this child CANNOT enroll into school until they have been vaccinated.

Exemptions

Only medical and religious exemptions are allowed per Nevada state law.

Nevada WebIZ

Nevada WebIZ is the statewide immunization registry. Nevada WebIZ is a great tool to determine if a student is up-to-date on their vaccinations. To receive free training on Nevada WebIZ contact your local trainer.

Northern Nevada

Janet Osalvo
(775) 684-5996
josalvo@health.nv.gov

Southern Nevada

Ken Owens
(702) 486-0580
kjowens@health.nv.gov

Gwen Navarrete
(702) 486-0579
gnavarrete@health.nv.gov

ACIP Immunization Schedules

For all ACIP immunization schedules go to: www.cdc.gov/vaccines/schedules/index.html

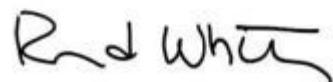
Pink Book

For additional information on valid minimum intervals, refer to Appendix A (A-9 and A-10) of the Pink Book. www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/A/age-interval-table.pdf

Approved by:



Tracey D. Green, MD
State Health Officer,
Nevada State Health Division



Richard Whitley, MS
Administrator,
Nevada State Health Division

**KEEP
YOUR
MIND
&
BODY
STRONG**



Through the **Affordable Care Act**, American Indians are eligible to receive health insurance for free or very low cost.

BENEFITS INCLUDE:

- Pre-existing conditions are covered
- Preventative screenings
- Access to specialty care
- Accepted at IHS, Tribal and urban Indian clinics
- Medicaid expansion

Signing up is easy and can be done any time. Visit your IHS, Tribal or urban Indian clinic for more information or assistance, or call Reno-Sparks Tribal Health Center: (775) 329-5162.



Pyramid Lake Paiute Tribe Transit Schedule

Check: **Pyramid Lake Transit** on
Facebook for updates

FINAL REVISED SCHEDULE

Bus Routes are Monday—Friday

Transit Department will not be in service
for Tribal Holidays.

PICK UP / DROP OFF LOCATIONS

- * **Walmart**—Front between the 2 large doors
- * **Scolari's**—Back parking lot (next to the laundromat)
- * **Sutcliffe**—New Housing Project near fire hydrant
- * **Hydrant/ Desert Flower & Dewey Way**
- * **Sparks CitiStation (Centennial Plaza)**—Across from Bay M on A Street.
- * **Legends**—Back parking lot of the Olive Garden. Please be waiting at this stop 10 minutes earlier than scheduled time, **
- * **ITCN/Welfare DWSS Sparks**—By Subway
- * **Reno-Sparks Indian Colony**—Admin. Bldg., 34 Res. Rd. & Clinic, 1715 Kuenzli St.
- * **I-80 Smoke Shop**—Parking lot in front of the store

Fee Schedule:

Nixon/Sutcliffe/Wadsworth/Fernley Bus (One-way)

- Adults \$1.00
- Elders (60 years and up) / Students with School ID / Children ages 6-17 \$.50

Wadsworth/Reno Bus (One-way)

- Adults \$1.00
- Elders (60 years and up) / Students with School ID / Children ages 6-17 \$.50

Monthly Pass (Unlimited)

- Adults \$45.00
- Elders (60 years and up) / Students with School ID / Children ages 6-17 \$22.50
- Fees for Monthly Passes are paid to the Finance Department at the Tribal Building. Please take the receipt to the Transit Office to receive the pass. Contact the Transit Office for further details.

- ◊ Children ages 14-17 must have a PLTT ID badge to ride the bus alone. Please contact the Transit Office for further details.
- ◊ Children 5 years and younger are free.
- ◊ Scheduled times and locations may vary pending weather, unforeseen circumstances, and necessary schedule changes.
- ◊ Buses are monitored by cameras.
- ◊ Buses may run 5-10 minutes behind pending heavy traffic.

Times	Nixon/Wads/Sutcliffe/Fernley	Wadsworth/Reno
5:20 AM	Nixon Gym	
5:30 AM		
5:45 AM	Wadsworth Community Building	Wadsworth Community Building
6:00 AM		
6:15 AM	Walmart	Sparks CitiCenter (Centennial Plaza)
6:30 AM	Scolari's	
7:00 AM	Wadsworth Community Building	Wadsworth Community Building
7:05 AM		I-80 Smokeshop
7:15 AM	Walmart	
7:30 AM	Wadsworth Community Building	
7:45 AM	Nixon - Health Clinic	Reno-Sparks Indian Colony-Admin
7:48 AM		Reno-Sparks Indian Colony-Clinic
7:50 AM	Nixon - Tribal Office	
8:00 AM	Nixon - Gym	ITCN/Welfare DWSS Sparks
8:15 AM		Sparks CitiCenter (Centennial Plaza)
8:20 AM	Sutcliffe - New Housing Proj.	
8:21 AM	Sutcliffe-Desert Flower & Dewey Wy.	
8:30 AM		
8:45 AM	Nixon - Health Clinic	
8:50 AM		Wadsworth Community Building
9:00 AM	Nixon - Gym	
9:05 AM		Fernley Walmart
9:07 AM		Fernley Scolari's
9:30 AM	Nixon - Gym	Wadsworth Community Building
9:48 AM	Wadsworth Community Building (Riders can connect to Reno Bus at 10:00 AM)	
10:00 AM	Walmart	Wadsworth Community Building
10:05 AM	Scolari's	I-80 Smokeshop
10:15 AM	Sumunumu/Frontier Fun Center	
10:30 AM	Walmart	
10:45 AM	Wadsworth Community Building	Reno-Sparks Indian Colony-Admin
10:48 AM		Reno-Sparks Indian Colony-Clinic
11:00 AM		Sparks CitiCenter (Centennial Plaza)
11:15 AM		ITCN/Welfare DWSS Sparks
11:30 AM	Sutcliffe - New Housing Proj.	Legends Outlet
11:31 AM	Sutcliffe-Desert Flower & Dewey Wy.	
11:50 AM	Nixon - Health Clinic	
12:00 PM	*Nixon - Tribal Office	Wadsworth Community Building
12:15 PM		
12:20 PM		
12:25 PM		Nixon - Gym
12:45 PM	Nixon - Health Clinic	Wadsworth Community Building
1:00 PM	Nixon - Gym	Fernley Walmart
1:15 PM		
1:30 PM	Wadsworth Community Building	Wadsworth Community Building
1:35 PM		I-80 Smokeshop
1:45 PM		
2:00 PM	Walmart	
2:15 PM	Sumunumu/Frontier Fun Center	Reno-Sparks Indian Colony-Admin
2:18 PM		Reno-Sparks Indian Colony-Clinic
2:30 PM	*Wadsworth Community Building*	Sparks CitiCenter (Centennial Plaza)
2:45 PM		ITCN/Welfare DWSS Sparks
3:00 PM	Wadsworth Community Building	Legends Outlet
3:15 PM	Walmart	
3:30 PM	Wadsworth Community Building	*Wadsworth Community Building*
3:45 PM		
4:00 PM	Nixon - Gym	Wadsworth Community Building
4:05 PM		I-80 Smokeshop
4:15 PM		
4:20 PM	Sutcliffe - New Housing Proj.	
4:21 PM	Sutcliffe-Desert Flower & Dewey Wy.	
4:30 PM		
4:45 PM	Nixon - Health Clinic	Sparks Legends
4:47 PM	Nixon - Tribal Office	
5:05 PM	Wadsworth Community Building	ITCN/Welfare DWSS Sparks
5:15 PM	Walmart	Sparks CitiCenter (Centennial Plaza)
5:30 PM	Scolari's	Reno-Sparks Indian Colony-Clinic
5:33 PM		Reno-Sparks Indian Colony-Admin
5:45 PM	Wadsworth Community Building	
6:00 PM	Walmart	
6:15 PM		Wadsworth Community Building
6:30 PM	I-80 Smokeshop	I-80 Smokeshop
6:45 PM	Wadsworth Community Building	Wadsworth Community Building
7:00 PM	*Nixon - Gym*	*Nixon - Gym*

Times listed are DEPARTURE times, EXCEPT the ***BOLD***. ***BOLD*** times are drop off only.

Connection times between the Nixon/Wadsworth bus and Wadsworth/Reno bus are highlighted in: **YELLOW**

MUST HAVE EXACT CHANGE—DRIVERS DO NOT CARRY CASH

The first Wednesday of every month, the Wadsworth/Reno Bus will NOT be in service due to vehicle maintenance

Legal Notices, Public Announcements

RSIC committee recruitments, Paiute language teacher wanted for high school

RECRUITMENT FOR LAW AND ORDER COMMITTEE MEMBERS

The Law & Order Committee is currently recruiting for one new member. Appointments made to the Committee are for a four-year term and members are appointed by the Tribal Council. The Committee, pursuant to the bylaws, are scheduled to meet the third Wednesday of each month, but the date can be changed by the Committee.

The Committee shall be compensated at a rate approved by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of RSIC has been revised and were adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. All Committee members must abide by these rules. Please see the Tribal Administrator's Office for a copy of the Standing Rules.

Any interested RSIC enrolled member may submit their applications to the Tribal Administrator's Office located at 34 Reservation Road.

Recruitment for Language & Culture Advisory Committee Members

The Language & Culture Advisory Committee is currently seeking two RSIC Tribal members to serve on the Language & Culture Advisory Committee. Committee members will be appointed by the RSIC Tribal Council and shall serve a term of 2 years. If interested in becoming an LCAB member, please submit a letter of interest to:

Reno-Sparks Indian Colony
Language & Culture Program
401 Golden Lane
Reno, NV 89502

www.rsic.org

Reno-Sparks Tribal Health Center Recruiting Representative Executive Health Board

The Reno-Sparks Tribal Health Center is recruiting for one (1) RSIC Tribal representative to fill vacancies on the Executive Health Board.

The Executive Health Board voting membership consists of five (5) Reno-Sparks Indian Colony residents who are enrolled members, and two (2) representative from the Urban Indian population, for a total of seven (7) voting members. RSIC representatives must live on the Colony or in Hungry Valley.

The Executive Health Board members meet at least once a month, usually on the third Monday, and are provided a monthly meeting stipend for participation.

The members are appointed by the Tribal Council and shall serve a term for a four-year period.

If you are interested in being a member of the Executive Health Board, please submit a letter of interest to:

The Executive Health Board
Reno-Sparks Tribal Health Center
1715 Kuenzli Street
Reno, NV 89502

All interested participants will be invited to fill out an application and attend a Health Board meeting for introductions. For more information please phone, 329-5162, ext., 1901.

Education Support Professionals (ESP or Classified)

WANTED: On-Call Paiute Language Instructor that is offered through the Washoe County School District, Equity and Diversity Dept.

ESP roles include support staff, clerical staff, and other related positions. Please see:

<http://www.washoeschools.net/Page/1034>

Legal Notices, Public Announcements

Tribal court petitions for name changes, newsletter opt-outs from hard copy

**IN THE RENO-SPARKS TRIBAL COURT
IN AND FOR THE RENO-SPARKS INDIAN
COLONY
RENO, WASHOE COUNTY, NEVADA
PUBLIC NOTICE**

Notice is hereby given that the Petitioner, Teri Larson, who is a member of the Reno- Sparks Indian Colony, has filed a Petition in the Reno- Sparks Tribal Court, Case No.CV- NC-2016-0025, praying that said Court enter an Order changing the present legal name of Duke Benjamin Gossett, to the name of Duke Benjamin Larson, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted , with the Reno- Sparks Tribal Court, 1900 Prosperity Street, Reno, NV, within ten (10) days after publication or this notice.

Dated this 14th day of July, 2016
Henrietta A. Tobey
Clerk of Court
Reno-Sparks Tribal Court

Recruitment for Housing Board Member

The Housing Advisory Board is currently seeking an RSIC Tribal member to serve on the Housing Advisory Board. The board member will be appointed by the RSIC Tribal Council and shall serve a term of 2 years. The board is made up of seven members who provide general oversight and community involvement in Housing Department activities. If interested in becoming a member, please submit a letter of interest to:

Reno Sparks Indian Colony Housing
905 Eagle Canyon Drive
Sparks, NV 89502

**IN THE RENO-SPARKS TRIBAL COURT
IN AND FOR THE RENO-SPARKS INDIAN
COLONY
RENO, WASHOE COUNTY, NEVADA
PUBLIC NOTICE**

Notice is hereby given that the Petitioner, Teri Larson, who is a member of the Reno- Sparks Indian Colony, has filed a Petition in the Reno- Sparks Tribal Court, Case No.CV- NC-2016-0025, praying that said Court enter an Order changing the present legal name of Cecelia Charlotte Gossett, to the name of Cecelia Charlotte Larson, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted , with the Reno- Sparks Tribal Court, 1900 Prosperity Street, Reno, NV, within ten (10) days after publication or this notice.

Dated this 14th day of July, 2016
Henrietta A. Tobey
Clerk of Court
Reno-Sparks Tribal Court

Let's Go Green!

The Camp News is offering an opt-out option to save paper by getting the newsletter online.

Please leave a message at 329-2936, ext. 3268 to go green...

Thank you and let's save paper and the environment together!

Legal Notices, Public Announcements

Rental Space for Lease

1962 Pyramid Way - \$50/month

The Business Enterprises & Economic Development Department is currently seeking an interested RSIC Tribal member to occupy 155 square feet of retail space located at 1962 Pyramid Way in Sparks, Nev. The leased premise is located in the building lobby which is accessible by a roll up gate and shares the parking lot with Smoke Shop 5 and Unit C.

Questions and additional information may be obtained by calling Steve Moran at 785-1363 ext. 5403 or email at: smoran@rsic.org.

If interested, please submit a letter of interest, no later than Aug. 31, stating tenant name, contact info, expected possession date, hours of operation and intended use of premises to:

Reno-Sparks Indian Colony
Attn: Business Enterprises & ED
34 Reservation Road
Reno, NV 89502



www.rsic.org



CONTACT NUMBERS FOR THE TRIBAL POLICE

IN CASES OF EMERGENCY PLEASE DIAL 911.

We must stress the importance of calling 911. A 911 dispatcher will send an officer to the address of the emergency; they will also ask questions to assist the officer prior to arrival. The dispatcher may also contact other services that are needed such as medical assistance, fire assistance, or additional police personnel.

POLICE NON-EMERGENCY NUMBERS

These numbers should NOT be used for calls of emergency.

785-8776 *RSIC TRIBAL POLICE BUSINESS OFFICE.* This number is to be used to conduct administrative business with the police department. Such as leaving messages for police staff, information requests, general questions, or other police business related matters. *The police administrative office is open Monday through Friday from 8:00am to 5:00pm.*

785-1365 *HUNGRY VALLEY SUB-STATION.* This is an office number for business use. Officers use the sub-station for briefings, writing reports and telephone calls.

POLICE CELL PHONE NUMBERS

DO NOT CALL CELL PHONE NUMBERS FOR EMERGENCIES

WARNING! You may not always reach an officer on the police cell phones. When an officer is responding to a call for service, he/she will be attending to the matter at hand. They may not be available to answer the phone.

Please remember, call dispatch for police assistance (323-2677) or 911 in cases of emergency.

240-9773 – Reno area cell phone. This number may be used to contact the on duty Reno area officer after business hours for general questions, or other non-emergency Police matters. It should not be used for service or emergencies assistance calls PLEASE CALL 911.

240-9775 – Hungry Valley area cell phone. This number should be used to contact the on duty Hungry Valley area officer after regular business hours for general questions, or other non-emergency Police matters. It should not be used for service or emergencies assistance calls PLEASE CALL 911.

323-2677 - Non-emergency dispatch number. Please call this number if you have a non-emergency need to speak to an officer or non-emergency officer assistance.

870-2681 - Chief Darrell Bill. This number will directly contact the Chief of Police. It should not be used for service or emergencies assistance calls PLEASE CALL 911.

HUNGRY VALLEY HANDGAMES

SEPTEMBER 2, 3, 4 2016



2 MAN TOURNAMENT FRIDAY NIGHT

REGISTRATION OPENS AROUND 6 AND WILL END AROUND 7

\$40 PER TEAM - CASH PRIZE PLUS ENTRIES FOR PLACES

MAIN TOURNAMENT SATURDAY

REGISTRATION OPENS AT NOON AND ENDS AROUND 2

\$150 PER TEAM 2-5 PLAYERS PER TEAM—CASH PRIZE PLUS ENTRIES FOR PLACES

3 MAN TOURNAMENT SUNDAY—REGISTRATION OPENS AT NOON AND ENDS AROUND 1

\$60 PER TEAM—CASH PRIZE PLUS ENTRIES FOR PLACES

OPEN GAMES ALL WEEKEND

THE RENO-SPARKS INDIAN COLONY
WELCOMES YOU TO HUNGRY VALLEY
THIS IS A DRUG AND ALCOHOL FREE EVENT

DRY CAMPING AVAILABLE, SHOWERS PROVIDED-BRING YOUR CHAIRS.

CONTACT WINSTON SAM FOR MORE INFORMATION

775.221.5620



Continued from page 19

the kinship.

Numan compared the experience to his college baseball days at Sacramento State.

"My favorite part of the RTO is the bonds that you build with everybody, and the memories you make out there on the pavement sacrificing your body," Numan said. "The positive energy of the event is hard to describe, and doubly hard to find out in the real world."

Numan explained that he wants other Natives to have that experience.

Stump also wants to share

that positive energy with other Natives.

"For me, it's turned more into getting people from different areas to run together," Stump said.

Like Numan, Stump said that the experience is amazing and finding additional runners is important.

Both Numan and Stump thought that sharing the RTO experience would be a great way to inspire other Natives to try running, and maybe even joining *All My Relaytions*.

"If you are someone who is

up for the challenge, come and participate," Stump said.

For Numan, it is that special energy which keeps running.

"Once I ran, I was hooked," Numan said.

Besides Numan and Stump, the *All My Relaytions* team was comprised of: Helen Fillmore, Robert Sampson, Karita Gover, Channy Sampson, Zach Numan, Richard Burchett, JeAnnie Marie, Marisa Pinto, and Rosalinda Berreman.

For information about next year's RTO, contact Briscoe at 329-5162.



The Big Finish — Members of the *All My Relaytions* all-Native team in the Reno-Tahoe Odyssey were exhausted, but managed to smile at the finish line of the 178-mile relay race through Northern Nevada. The team included, from left to right: Helen Fillmore, Robert Sampson, Karita Gover, Channy Sampson, Travis Numan, Zach Numan, Richard Burchett, JeAnnie Marie, Marisa Pinto, Rosalinda Berreman and her son, and Toby Stump.

Photo provided by Travis Numan