



# THE CAMP NEWS

VOLUME XI ISSUE 1

January 31, 2016

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

## Historic Milestone Marked by Reflection, Optimism

*Reno-Sparks Indian Colony celebrates 80-years of sovereignty*

On January 15, 1931 the United States Secretary of the Interior, Harold L. Ickes, approved a constitution and by-laws which recognized the Reno-Sparks Indian Colony as a sovereign nation. Eighty years later on that same date, over 300 people associated with the Colony recognized that significant historic milestone.

"It was really a great day," said Trisha Calabaza, the RSIC's Archives Photograph Manager who spearheaded the day-long event. "We had a good turnout with a lot of positive feedback."

The celebration took place in the multipurpose room at the RSIC Administration building. It included before and after photos and maps of the tribal lands, a pictorial timeline of the Colony's history, a photo display of the RSIC's leadership through the last 80-years, a video created in the early 70's which highlighted youth and focused on the day-to-day life at the reservation.

RSIC Chairman Arlan D. Melendez addressed a crowd and read an official proclamation for Celebrating 80 Years

of Sovereignty before Janice Gardipe, tribal elder, educator and activist, provided a blessing and a traditional song.

Besides enjoying refreshments, attendees had an opportunity to leave his or her mark on the day.

With the United States Civil Rights Commission's definition of sovereignty prominently displayed, participants were invited to share what sovereignty means to him or her.

According to the civil rights commission, sovereignty

refers to "...tribes' right to govern themselves, define their own membership, manage tribal property, and regulate tribal business and domestic relations; it further recognizes the existence of a government-to-government relationship between such tribes and the federal government."

With that definition as a starting point, participants wrote their interpretation of sovereignty on decorative paper and displayed their ideas.

*Continued on page 4*



**Looking Back To Move Forward** — Chelsea O'Daye, a member and an employee of the Reno-Sparks Indian carefully reviews the pictorial timeline for the Colony's last 80-years. Over 300 people participated in the RSIC's 80-Years of Sovereignty on Jan. 15, 2016.

# R.S.I.C. 477 PROGRAM

*Providing opportunities to reach  
self-sufficiency through employment,  
training, and education*

**ELIGIBILITY QUESTIONS?**

**CALL TODAY**

**775-329-6114**

**RSIC EDUCATION DEPT  
OR STOP BY THE OFFICE  
34 RESERVATION RD. BLDG. D**

*477 applications available online at:*

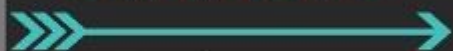
*[rsic.org](http://rsic.org)*

*477 Case Manager: Sam Rambeau*

*Each program must follow federal guidelines and may  
have additional requirements for eligibility.*



## EDUCATION & SUPPORT SERVICES



Employment  
Assistance  
General Assistance  
Referrals  
Education & Training  
Youth Services/JOM  
Child Care  
Job Fairs  
Resume Tips

## Deadlines, Mailing List

### *The Camp News Profile*

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the RSIC Public Relations Department and duplicated and distributed by RSIC Administration Front Office.

### SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

### CONTACT OUR STAFF

E-mail your submissions to [smontooth@rsic.org](mailto:smontooth@rsic.org) or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

### CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at 329-2936.

### ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: [www.rsic.org](http://www.rsic.org) and PDFs of our publication are available.

## Important FEBRUARY dates

- 1 Education Advisory Committee meeting, Education Conference Room, noon  
Senior Advisory Committee meeting, Senior Center, 1 p.m.  
Enrollment Advisory Committee meeting, Enrollment Office, 5:30 p.m.
- 2 Groundhog Day  
Newe (Shoshone) Language Class, Education Building, 6 p.m.
- 3 Paiute Language Instruction for Youth, 3 p.m.  
Board Games, RSIC Library, 4 p.m.  
Economic Development Meeting, 34 Multipurpose Room, 6 p.m.  
Law & Order Committee meeting, Tribal Court, 6 p.m.
- 4 Spine Label Poetry, RSIC Library, 4 p.m.  
Numa (Paiute) Language Class, 34 Multipurpose Conference Room, 6 p.m.
- 5 Red Prom Dress Party, RSTHC Lobby, 10 a.m. – noon  
Try-Day Friday, Heart Healthy Food Tastings, RSTHC Lobby, 10 a.m. - noon
- 9 Children's Story Time, Library, 11 a.m.  
Newe (Shoshone) Language Class, Education Building, 6 p.m.
- 10 Ash Wednesday  
Paiute Language Instruction for Youth, 3 p.m.  
Movie and Popcorn, RSIC Library, 4 p.m.  
Washiw (Washoe) Language Class, Hungry Valley Rec Center, 5 p.m.  
Tribal Council Meeting, Hungry Valley Rec Center Lower Level, 6 p.m.
- 11 Deadline for The Camp News  
Education Open House, Education Building, 34 Reservation Rd., 3:30 p.m.  
Numa (Paiute) Language Class, 34 Multipurpose Conference Room, 6 p.m.
- 12 Great Basin Native Artist Reception, Sparks Museum, 4-7 p.m.  
Try-Day Friday, Heart Healthy Food Tastings, RSTHC Lobby, 10 a.m. – noon
- 15 Presidents' Day, Administration Offices closed
- 16 Children's Story Time, Library, 11 a.m.  
Commodity Distribution, Senior Center  
Newe (Shoshone) Language Class, Education Building, 6 p.m.
- 17 P.L. 102-477 Plan Meeting, Hungry Valley Education Office, 6 p.m.  
Teen Book Club, Hungry Valley Recreation Center, Lower Level, 4 p.m.  
Paiute Language Instruction for Youth, 3 p.m.  
Washiw (Washoe) Language Class, Hungry Valley Rec Center, 5 p.m.  
P.L. 102-477 Plan Meeting, Ren-Sparks Education Office, 6 p.m.
- 18 Career Fair, GSR, 11 a.m. – 2 p.m.  
Book Speed Dating, RSIC Library, 5 p.m.  
Numa (Paiute) Language Class, 34 Multipurpose Conference Room, 6 p.m.  
Try-Day Friday, Heart Healthy Food Tastings, RSTHC Lobby, 10 a.m. - noon  
Beading Circle, RSIC Library, 2 p.m.
- 22 Elder Fit Club Session II, RSIC Senior Center, 12:30 – 1 p.m.  
Executive Health Board meeting, RSTHC, 5:30 p.m.  
Housing Advisory Board Meeting, Hungry Valley Community Center, 6 p.m.
- 23 Children's Story Time, Library, 11 a.m.  
Newe (Shoshone) Language Class, Education Building, 6 p.m.
- 24 Flag Day  
Paiute Language Instruction for Youth, 3 p.m.  
Board Games, RSIC Library, 4 p.m.  
Washiw (Washoe) Language Class, Hungry Valley Recreation Center, 5 p.m.  
Economic Development Meeting, Hungry Valley Recreation Center, 6 p.m.
- 25 RSIC Staff Lunch and Learn, Library, noon  
Talking Circle, RSTHC Behavioral Health Conference Room, 4 p.m.  
Numa (Paiute) Language Class, 34 Multipurpose Conference Room, 6 p.m.
- 26 Try-Day Friday, Heart Healthy Food Tastings, RSTHC Lobby, 10 a.m. - noon  
The Benefits of Smudging, RSTHC Conference Room, 12:15 p.m.

Check: <http://rsic.org/senior-activities-and-menu/> for daily seniors' activities and menu



Continued from front cover

Most of the contributions, mirrored the formal definition.

For example one person wrote, "To me sovereignty means the right to govern yourself and right to choose the direction of your people," and another wrote: "We are a Nation within a Nation (U.S.) with our own government: court, police for our people.

Still other contributions were much simpler and much more sentimental, like "To me sovereignty means a celebration of our choosing," and another wrote: "Love for our people."

So, while the celebration included looking back at admired leaders and remembering struggles of the past, the day proved to be a time to look ahead, too.

"This is just the beginning," remarked one community member.

Another participant said that every day we make decisions which decide the direction of our people.

"We have to plan for future generations," she added.

And as any effective learning environment does, the celebration included constructive feedback as well.

"Even though we are a sovereign nation, the Bureau of Indian Affairs (BIA) supersedes us," remarked one community member. "So in a way, we are still under someone's law."

Another tribal member

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## Sovereignty

Sov-er-eign-ty

/säv(ə)rən(t)ē/

Noun. Adj.

*"A tribes' right to govern themselves, define their own membership, manage tribal property, and regulate tribal business and domestic relations; it further recognizes the existence of a government-to-government relationship between such tribes and the federal government."*

—United States Civil Rights Commission

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lamented that being part of a sovereign nation while also being a United States citizen can limit his civil rights.

"Our declaration of a sovereign nation cuts out my right as a U.S. citizen," he felt.

Esnala Kaye, a member of the planning committee who oversaw this interactive portion of the program said that she was surprised by the discussion the exercise of defining sovereignty generated.

"A lot of people were very emotional when I asked them what sovereignty meant to them," Kaye said. "I wasn't expecting that, but really it was

good because we saw a different point of view."

Kaye explained for some Native Americans who don't have essential services and are not federally recognized, thinking about others exercising sovereignty might be painful.

"After I talked to one lady and even discussed the subject with my family, it hit me how fortunate the RSIC people really are," Kaye said.

That same sentiment was conveyed when Chairman Melendez read his proclamation.

"Though much has change in these past 80-years, the resolve of the Numa, the Newe and the Washeshu has not," Chairman Melendez said. "From our early origins of government, to our 80th anniversary, the Reno-Sparks Indian Colony continues to evolve while preserving its unique, rich and sacred past. We thrive by the sacrifice of our elders, the vision of our youth, and the spirit of our ancestors."

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See photos and timeline on next page, plus Celebrating 80 Years of Sovereignty Day art on page 7.

## *Celebrating 80-Years of Sovereignty Proclamation*

*WHEREAS: The Reno-Sparks Indian Colony Tribal Government was formally established on January 15, 1936, whereby, under the Indian Reorganization Act (IRA), the Tribal Constitution and By-Laws were approved by the United States Secretary of the Interior; and*

*WHEREAS: In order to establish a legal tribal organization under the IRA, and to secure and exercise certain privileges and powers, and to create governing units through which we may properly assume our responsibilities, and;*

*WHEREAS: The adoption of our Constitution and By-Laws was the first step in our progress toward self-determination and self-governance; and*

*WHEREAS: The passage of our Constitution and By-Laws established the Reno-Sparks Indian Colony as a Federally recognized Tribe with certain rights of home rule for our people; and*

*WHEREAS: The passage of our Constitution and By-Laws has greatly enhanced our Tribal Sovereignty which was bestowed to us by the Creator; and*

*WHEREAS: The passage of our Constitution and By-Laws helped establish our Tribal territory, define our membership, our governing body, powers of the Tribal Council, rights of Tribal members, and other processes of our government; and*

*WHEREAS: Though much has changed in these past 80-years, the resolve of the Numa, the Newe and the Washeshu has not. From our early origins of government, to its 80th anniversary, the Reno-Sparks Indian Colony continues to evolve while preserving its unique, rich and sacred past. We thrive by the sacrifice of our elders, the vision of our youth, and the spirit of our ancestors.*

*THEREFORE: I, Arlan D. Melendez, Chairman of the Reno-Sparks Indian Colony, do hereby recognize our 80-years of sovereignty on the occasion of our 80th anniversary and call the observance to the attention of our entire community.*

*IN WITNESS WHEREOF: Done this day on the very land designated in 1936 as home to the Paiutz, Shoshone and Washoe peoples, I have hereunto set my hand and caused the Seal of the RSIC, to be affixed this 15th day of January in the year of our Lord two thousand sixteen.*

*Arlan D. Melendez*  
Arlan D. Melendez, Chairman  
Reno-Sparks Indian Colony





# Making More History Celebrating Sovereignty

*Food, fun, sharing, giving, and greeting*





# CELEBRATING



# *75* Years

# SOVEREIGNTY

1936-2016

# Timeline from 80-Years of Sovereignty

*Reno-Sparks Indian Colony dates, milestones, highlights since 1916*

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*Submitted by Trisha Calabaza,  
RSIC Archives Photograph Manager*

## **May 18, 1916**

Congressional Act granted 19.110 acres of land from East 2nd to Mill streets to the RSIC for homes; Land purchased from Ione G. & John A. Lewis for \$10,000 (39 Stat. 123, 143)

## **July 1917**

A temporary "community building" (tent-house) erected for meetings, class work, religious purposes, etc.

## **January 29, 1917**

Field Matron, Miss Kennard, appointed to work at Reno-Sparks Colony. The cottage served as living quarters, office and clubhouse for the Indian women and children, an assembly room for community meetings and social affairs, a classroom for instruction in cooking, sewing, a house of refuge, and hospital and dispensary.

## **1918**

Nevada legislation enacted law enforcement of all Indian children to attend school.

## **June 2, 1924**

United States President Calvin Coolidge signed Indian Citizenship Act, which made all American Indians born in the U.S. and its territories, American citizens.

## **November 1924**

A Matron Cottage constructed for Field Nurse, Reno Colony. Included infirmary, library, and

full basement. Source: Letter from Commissioner of Indian Affairs, dated Nov. 12, 1924 indicated, "quarters have been completed except painting and minor work".

## **May 10, 1926**

Congressional Act granted Reno Colony an additional 8.39 acres north of Reservation Road. The U. S. Government purchased land from Lorens M. and Marie Christensen for \$4,160. Source: RSIC Archives Land Records

## **February 9, 1934**

Six members seated as "temporary Tribal Council" to plan for organization and work with the Bureau of Indian Affairs to draft a Constitution & Bylaws for the Reno-Sparks Indian Colony. Elected: Cleveland Cypher (Paiute), George Houten (Paiute), Thomas Ochiho (Paiute), Harry Sampson (Paiute), Jack Mahone (Washoe), George McGinnis (Washoe), and Willie Tondy (Washoe)

## **June 10, 1935**

On this date, the Indians of the Reno-Sparks Indian Colony voted to accept the Indian Reorganization Act by a vote of 53 to 5. The total vote cast, 58, amounting to more than thirty percent of the eligible voters, 95. Source: Letter dated Nov. 9, 1935 to Secretary of Interior from William Zimmerman, Jr. Assistant Commissioner

## **December 16, 1935**

Members of the Reno Colony voted to approve its Constitution & Bylaws by a vote of 51-1

## **January 15, 1936**

RSIC Constitution & Bylaws approved by the U.S. Secretary of Interior, Harold L. Ickes.

## **April 21, 1938**

Reno Indian Nursery School opened as a part-time school, operating from 8:30 a.m. to noon at the Reno Colony Community House, with two tribal members and seven children total. Within one year, enrollment increased to 22 Indian children with a staff of five, including a parent education worker. Hours increased to a full-six-hour day school with lunch and a sleep period.

## **June 11, 1942**

An ordinance for Indian Court on the Reno-Sparks Indian Colony is signed by Chairman Hastings Pancho and Betty Sampson Secretary of Council

## **1950s**

Sewer system installed

## **January 1959**

An agreement for temporary water between Sierra Pacific Power Company and Reno-Sparks Indian Council was signed on December 23, 1958 Sources: Letter from Willis Moose, Council Secretary to Walter Baring

*Continued on page 45*



# Daughters of the American Revolution Partnership

*Group aims to fulfill theme through working with local Native Americans*

Though the holidays have concluded, the Daughter of the American Revolution (DAR) are still giving and the Reno-Sparks Indian Colony is on the receiving end.

"We want to do more than just donate," said Janet Copeland Gould, the Nevada Sagebrush Chapter Regent and the State Recording Secretary for the DAR. "What we are doing honors our heritage, focuses on our future and celebrates America."

The DAR which just turned 125-years-old, is putting those founding principles into action this Thursday, when about half-dozen of its members stocked and organized a storage room within the Colony's Human Services office space at 405 Golden Lane.

This area or resource room will include emergency supplies from diapers, to hygiene kits, essential clothing, to school supplies and more.

"This partnership is about building a relationship outside our community to help within our community," said Adriana Botello, the manager of the RSIC's Human Services Department. "Because of the DAR's generosity and hard work, we will be able to help our community members immediately---in the moment with discretion and dignity."

This unlikely partnership started last March when the DAR felt their efforts to positively

impact the Native American community would be better served locally.

This national, non-profit, non-political volunteer women's service organization had supported its national leadership's commitment to education, but the closest school the DAR Nevada Sagebrush Chapter could assist was in Salem, Oregon. This despite the fact, that most of the DAR's volunteer work is accomplished by the grassroots efforts of local level chapters.

"We drove 10 hours, hauling a trailer to Oregon, and unloaded all the items from the (Chemawa Indian) School's

request list and when we finished, one of our members suggested we consider finding a local Indian group to assist," Copeland Gould said. "Our group is breaking protocol by partnering with Native Americans locally rather than participating in the routine donations for schools approved by our national leaders."

In addition to emergency supplies, Botello explained that the DAR is helping to provide gently used professional clothing in case a member of the RSIC community has a job interview, but not the needed attire.

*Continued on next page*



**Before** — Members of the Daughters of the American Revolution collected donations, delivered, and organized items for members of the Reno-Sparks Indian Colony. Part of the mission of the DAR, a national organization which is 150-years-old, is to help the United States "first peoples." The DAR has partnered with the Colony's Human Services Department to assist those in need at the RSIC.

"First, we sat down and determined what the needs of the RSIC are, and we learned that finding employment for their people is a priority," Copeland Gould said. "After that, we said, 'here is what the DAR can do to help.'"

Copeland Gould explained that she has volunteers who will help RSIC community members with job interview skills, creating resumes and completing job applications. She has even made arrangements for free haircuts at Salon 215 South for those RSIC community members who seek out help with their job search.

"This partnership meets our organization's goals on several levels," Copeland Gould said. "We are celebrating America by helping our country's first Americans."

According to the National Endowment of the Humanities, during the American Revolutionary War, Native Americans had to survive among competing European powers. In the 1780s, Native Americans faced a "New World" and had to choose between staying neutral, siding with the British, or joining the revolutionary cause.

Furthermore, American Indians were trying to hold on to their aboriginal homelands; however some tribes joined the British, while others fought with the American Colonists.

"Despite our respective complex histories, this isn't about dependence and it is not an entitlement program," Botello said. "Everyone needs a boost at some time and thanks to the DAR, our community will benefit."



**After** — Members of the Daughters of the American Revolution collected donations, delivered, and organized items for members of the Reno-Sparks Indian Colony. The DAR has partnered with the Colony's Human Services Department to assist those in need at the RSIC.

# Searching for a career?

CAREER FAIR

FEB. 18, 2016

GSR

11AM-2PM

ON THE SPOT  
INTERVIEWS AT EVENT  
DRESS YOUR BEST  
BRING RESUMES

477 CLIENTS  
TRANSPORTATION  
AVAILABLE

NON-477 CLIENTS  
PLEASE CALL  
R.S.I.C. EDUCATION  
775-329-6114  
ASK FOR SAM





# Tribal Christmas Tree Recycling Program Sets Record

## *35 trees to be used for environmentally sound regional projects*

*Submitted by Bhie-Cie Ledesma, MPH  
RSIC Environmental Department*

The Reno-Sparks Indian Colony's Environmental Program and Public Works Department would like to thank everyone who participated in getting 35 trees recycled this year.

That is an all-time high number in recent years.

The Christmas trees are chipped into mulch that is used for park projects, snacks for the Goat Grazers Farm and is available for free to area residents at the Bartley Ranch and Rancho San Rafael drop-off sites.

Christmas Tree Recycling is sponsored by the NV Energy Foundation and is offered in partnership with the City of Reno, City of Sparks, Goat Grazers, Nevada Division of Forestry, Truckee Meadows Fire Protection District, Nevada Division of Forestry, Tholl Fence, Washoe County, and the Washoe County Health District.

<http://ktmb.org/christmas-tree-recycling/>

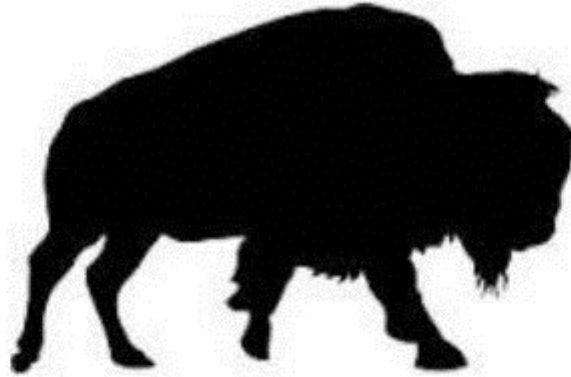


**From Mother Earth and Back** – After the holidays, Reno-Sparks Indian Colony residents had an opportunity to recycle their Christmas trees. A record number of trees, 35, were collected. The trees will be grounded into mulch for landscaping and goat food. Above, the Colony's Public Works staffer Jose Barajas unload trees collected from the RSIC. Below, Robbie Dressler helps with the tree collection.



# Talking Circle

Thursday, Feb. 25



**When:** The last Thursday of every month from 4:00 to 5:00 p.m.

**Where:** RSIC Tribal Health Center, Behavioral Health Conference Room

## *All Ages Welcome*

*The talking circle is also a listening circle. The talking circle allows one person to talk at a time for as long as they need to talk. So much can be gained by listening. Is it a coincidence that the Creator gave us one mouth and two ears? The power of the circle allows the heart to be shared with each other. What we share with each other also heals each other. When we talk about our pain in the circle, it is distributed to the circle, and we are free of the pain. The talking circle works because when the people form a circle, the Great Mystery is in the center.*

Sponsored by the RSIC Tribal Health Center Behavioral Health Department  
For more information contact Jason Hill, Prevention Outreach Coordinator at  
775-329-5162 ext. 1965 or email at [jhill@rsicclinic.org](mailto:jhill@rsicclinic.org)





**WELLS  
FARGO**

Presents

## **Wells Fargo at Work**

February 17th @ 11 a.m. & 1 p.m.

1715 Kuenzli Street, Lower Conference Room

RSIC employee's and community members invited to  
attend the *Wells Fargo at Work* Financial Literacy and  
Banking program

**\*Taxes\* Financial Goals\* Budgeting & Saving\***  
**\*Borrowing & Credit\***

Information:

Christy Clark, Wells Fargo

Phone: 775.560.2428

RSVP:

Michael Ondelacy

Phone: 785.1363 ext. 5405

Email: [mondelacy@rsic.org](mailto:mondelacy@rsic.org)

Special thank you to RSIC  
Tribal Council for your  
SUPPORT



# Great Basin Native Artist Showing at Sparks Museum

*Reception for group planned for February 12*

*Submitted by  
The Great Basin Native Artists (GBNA)*

Members of the Great Basin Native Artists (GBNA) including Ben Aleck, Phil Buckheart, Louinda Garity, Topaz Jones, and Melissa Melero are now showing their work at the Sparks Museum and Cultural Center through February 27.

The Sparks Museum is located at 814 Victorian Avenue, Sparks, NV, 89431.

The show includes a collection of paintings, ink and graphite drawings, and assemblage sculpture.

The GBNA is a group of working Native American artists residing in, or originally from, the Nevada and eastern Sierra Nevada areas.

The artists exhibit regionally and nationally to represent our working Native American artists

A reception will be held on Friday, February 12, from 4 to 7 p.m. This event is free and open to the public and refreshments will be served.

In addition, the GBNA meets monthly in Reno, Pyramid Lake, or Fallon and serves as a support and resource directory for Native artists.

This collective group of artists aims to be available to the community and each other by exhibiting Great Basin artwork throughout the year and creating a resource directory with our website.

The GBNA's goals are



**Amazing Talent** — Currently several members of the Great Basin Native Artists group are showing their work at the Sparks Museum and Cultural Center. The exhibit is free and open to the public, and available until February 27. For more information, please call (775) 355-1144.

to educate the public of our Great Basin Native artwork and culture.

For more information on GBNA, visit:

[www.greatbasinnativeartists.com](http://www.greatbasinnativeartists.com)

The Sparks Museum & Cultural Center is located on the corner of Pyramid Way, just off Interstate 80.

The museum is open 11 a.m. to 4 p.m., Tuesday through Friday, and 1 to 4 p.m., on Saturday. Parking available behind the museum in the C Street parking lot, which is handicap accessible.



## WHAT YOU NEED TO KNOW:

**Dates:** today through  
Mid-March, 2016

**Location**  
Sparks Museum & Cultural  
Center  
814 Victorian Avenue  
Sparks, Nevada 89431

**Hours:** 11 a.m.—4 p.m.  
**Admission is FREE**

**Special Great Basin Native  
Artist Reception**  
Feb 12, 4-7 p.m.

**For More Information**  
(775) 355-1144  
<http://sparksmuseum.org/>

**Now Showing** — The art on display by the members of the Great Basin Native Artists includes a collection of paintings, ink and graphite drawings, and assemblage sculpture.



## FEBRUARY IS NATIONAL HEART HEALTH AWARENESS MONTH!



Let the Diabetes Program help manage your heart health through nutrition, exercise, and stress management activities through the month of February, with some events ongoing through 2016.

<b>Week 1</b>	Tuesday 2/2/16	<b>HUNGRY VALLEY FIT CLUB</b>	Hungry Valley Gym 2pm-3pm Tues & Thurs Strengthen your heart muscle and prevent or manage heart disease and diabetes with this new Beginners Boot Camp based in Hungry Valley. Incorporates cardio and body weight exercises to torch calories and improve overall fitness. Sign up/referral/registration <u>not</u> required! Contact Tiffany Dean at 329-5162 x1946.
	Wednesday 2/3/16	<b>HEART RATE BOOT CAMP KICKOFF</b>	3NWC Center Wednesdays 12:10-12:50 Jumpstart your heart health and up the competition with this all levels, all ages Boot Camp using wrist activity trackers/heart rate monitors that can be remotely monitored by the instructor. Participants must be enrolled in the gym, Contact Rick Pearson x1948 for more details.
	Wednesday, 2/3/16:	<b>ELDER FIT CLUB SESSION 2 KICKOFF</b>	Senior Center 12:30-1:30 Mon & Wed Fight Heart Disease and strengthen your bones! A 12 week strengthening program using resistance bands for elders through 4/20. Sign up at the Heart Health Awareness Booth in the RSTHC Lobby or call Tiffany Dean x1946.
	Thursday 2/4/16	<b>HUNGRY VALLEY FIT CLUB</b>	Hungry Valley Gym 2pm-3pm Tues & Thurs
	Friday, 2/5/16:	<b>RED PROM DRESS PARTY!!</b>	RSTHC Lobby 10am-12pm Show your support for Women's Heart Health by trying on our fabulous Red Prom Dress and have your picture taken. Help us commemorate Women's Heart Health and National Wear Red Day.
	Friday, 2/5/16:	<b>TRY-DAY FRIDAY!</b>	RSTHC Lobby 10am-12pm Heart Healthy Food Tastings!! Join us at the Heart Health Awareness Booth in the RSTHC Lobby to taste and learn about heart healthy foods ... take home the recipe if you like it.
<b>Week 2</b>	Monday 2/8/16:	<b>ELDER FIT CLUB</b>	Senior Center 12:30-1:30 Mon & Wed - 4/20
	Tuesday 2/9/16	<b>HUNGRY VALLEY FIT CLUB</b>	Hungry Valley Gym 2pm-3pm Tues & Thurs ONGOING
	Wednesday 2/10/16	<b>HEART RATE BOOT CAMP</b>	3 Nations Wellness Center gym 12:10-12:50 ONGOING
	Wednesday 2/10/16	<b>ELDER FIT CLUB</b>	Senior Center 12:30-1:30 Mon & Wed - 4/20
	Thursday 2/11/16	<b>HUNGRY VALLEY FIT CLUB</b>	Hungry Valley Gym 2pm-3pm Tues & Thurs
	Friday, 2/12/16	<b>TRY-DAY FRIDAY!</b>	RSTHC Lobby 10am-12pm
<b>Week 3</b>	Monday 2/15/16	RSIC Closed for holiday, no Elder Fit Club	
	Tuesday 2/17/16	<b>HUNGRY VALLEY FIT CLUB</b>	Hungry Valley Gym 2pm-3pm Tues & Thurs ONGOING
	Wednesday 2/17/16	<b>HEART RATE BOOT CAMP</b>	3 Nations Wellness Center gym 12:10-12:50 ONGOING
	Wednesday 2/17/16	<b>ELDER FIT CLUB</b>	Senior Center 12:30-1:30 Mon & Wed - 4/20
	Thursday 2/18/16	<b>HUNGRY VALLEY FIT CLUB</b>	Hungry Valley Gym 2pm-3pm Tues & Thurs ONGOING
	Thursday 2/18/16	<b>TEEN HEART RATE BOOT CAMP KICKOFF</b>	3NWC gym Thursdays 5:00pm - 4/7 Teens! This weight lifting/cardio camp uses Fitbits remotely monitored by the instructor. Enrollment is ongoing but you must be enrolled in 3NWC; transportation from Reno Rec Center available. Get forms at the Heart Health Awareness Booth in the RSTHC Lobby or contact Reno Rec or Rick Pearson x1948.
<b>Week 4</b>	Friday 2/19/16:	<b>TRY-DAY FRIDAY!</b>	RSTHC Lobby 10am-12pm
	Monday 2/22/16	<b>ELDER FIT CLUB</b>	Senior Center 12:30-1:30 Mon & Wed - 4/20
	Tuesday 2/23/16	<b>HUNGRY VALLEY FIT CLUB</b>	Hungry Valley Gym 2pm-3pm Tues & Thurs ONGOING
	Wednesday 2/24/16	<b>HEART RATE BOOT CAMP</b>	3 Nations Wellness Center gym 12:10-12:50 ONGOING
	Wednesday 2/24/16	<b>ELDER FIT CLUB</b>	Senior Center 12:30-1:30 Mon & Wed - 4/20
	Thursday 2/25/16	<b>TEEN HEART RATE BOOT CAMP</b>	3NWC gym 5:00pm - 4/7
	Thursday 2/25/16	<b>HUNGRY VALLEY FIT CLUB</b>	Hungry Valley Gym 2pm-3pm Tues & Thurs ONGOING
	Friday, 2/26/16:	<b>TRY-DAY FRIDAY!</b>	RSTHC Lobby 10am-12pm
	Friday 2/26/16	<b>THE BENEFITS OF SMUDGING</b>	RSTHC 1 <sup>st</sup> Floor Conference Room 12:15 Join Jason Hill for a presentation on the benefits of burning medicinal plants and herbs for spiritual and physical health; Scientific studies show the act of "smudging" has benefits correlating to what indigenous people have known in regards to self-care and wellbeing.

# Reid Announces \$2.4 Million For Nevada Tribes

*Reno-Sparks Tribal Health Center gets funding for expanded diabetes prevention*

**Washington, D.C** – Nevada Senator Harry Reid recently announced the federal government has awarded more than \$2.4 million in grants to six Nevada tribes for health, transportation and economic development programs.

The U.S. Department of Health and Human Services has awarded more than \$1.96 million in Special Diabetes Program for Indians (SDPI) funding for the Reno-Sparks Indian Colony, the Duckwater Shoshone Tribe, the Las Vegas Paiute Tribe, and the Shoshone-Paiute Tribes of Duck Valley.

“This funding will help improve people’s lives. The Special Diabetes Program for Indians is a key tool in combating the unusually high prevalence of diabetes among American Indian communities, and that’s why I fought to include a two-year renewal of the program in the Medicare Access and CHIP Reauthorization Act of 2015. These SDPI grants will have a big impact in Nevada,” Reid said. “American Indians have contributed greatly to the Silver State. I remain committed to ensuring they receive the support they so greatly deserve. The United States must live up to its obligations to tribal nations, and I will continue to take that solemn duty seriously.”

A breakdown of the federal grants are as follows:

Department of Health and Human Services Grants

Reno-Sparks Indian Colony, \$843,807: This grant funds new Special Diabetes Program for Indians services to provide diabetes treatment and prevention.

Las Vegas Paiute Tribe, \$558,575: This grant funds continuing Special Diabetes Program for Indians services to provide diabetes treatment and prevention.

Shoshone-Paiute Tribes of Duck Valley, \$377,447: This grant funds continuing Special Diabetes Program for Indians services to provide diabetes treatment and prevention.

Duckwater Shoshone Tribe, \$185,036: This grant funds continuing Special Diabetes Program for Indians services



**Horrible News** – RSTHC records indicate that 224 of 511 youth patients, 0-17 years-old, are medically overweight which often leads to a diagnoses of diabetes. The federal grant funding for Special Diabetes Program for Indians (SDPI) will help the RSIC combat these numbers.

*File photo*

to provide diabetes treatment and prevention.

The U.S. Department of Transportation has also awarded more than \$437,000 in grants to improve transportation and economic development opportunities for the Te-Moak Tribe of Western Shoshone and the Yerington Paiute Tribe.

A breakdown of the federal grants are as follows:

Te-Moak Tribe of Western Shoshone, \$300,000: This grant provides funding to initiate transit services in Wells, Elko and Battle Mountain to serve seniors and tribal members who are currently without transportation and support economic development and financial growth opportunities for the tribe.

Yerington Paiute Tribe, \$125,604: This grant provides funding to purchase new vans and replace and upgrade the tribe’s fleet used mainly to transport tribal members to healthcare appointments and other services in Reno and Carson City.

Yerington Paiute Tribe of the Yerington Colony and Campbell Ranch, \$12,000: This grant provides funding to address transportation safety issues and opportunities on tribal lands for projects on public roads, plus a safety plan.



# Things Our Children Learn From Unknowing Adults

*Children behave like sponges, mirror their surroundings*

*Submitted by Adriana Botello,  
RSIC Human Services Department*

Kids don't miss a thing. Not a single thing.

At the top of their job description is to learn as much as they can about the world around them and they do this beautifully.

For us as the adults in their lives who want to see them soar, it can be wonderful to watch and terrifying at times.

We will have the privileged view from the front row as they learn and grow and find their place in the world, but it will be terrifying because some of the most important things they will be learning will come from us – and we won't even realize that we're teaching.

As much as they are sponges, they are mirrors. Beautiful little mirrors with uncensored actions and uncensored words that they learned from watching and listening to us.

***What they'll learn from us, (whether we like it or not)***

Everyone matters, even if they don't matter immediately to you.

It's easy to be kind and generous to the people who have influence over our lives, but most of the world exists outside our tiny circle.

Watching the way we relate to the waiter, the person who gives way to us in traffic, the person who doesn't, the people with influence, and the people



**Adults Behaving Badly** — Often, when adults and parents behave badly, children pick up on those actions and attitudes and frequently display what they have observed. Make sure our youth have good role models to emulate. *File photo*

with none, will help them to realize the power of their own humanity, and that they are a part of something bigger, not above it and not separate to it.

It starts with an attitude that they'll pick up from us – that everyone matters, or not.

This will filter through to the way they respond to the world, and whether it's with kindness, generosity, empathy and compassion, or with arrogance and indifference.

***How to deal with imperfection***

Our flaws hold our character. Imperfections help form our texture, our lives and they're beautiful.

They're also unavoidable, so we may as well embrace them.

When our kids see us loving who we are and who they are because of those imperfections, not despite them, they'll have

what it takes to stare down (sometimes with a giggle) that which might threaten to knock them down.

***How to treat those who are different***

It's easy to feel compassion for those whose flaws are the same as ours, but there is nothing uniform about humanity.

We struggle with different things, we're weakened by different things, and different things will be at the heart of our making and our undoing.

Sometimes it's easier to judge than to be open to someone who is different, but these are the critical moments in which our kids will learn (or not) that there are different ways to be – not better, not worse, just different.

*Continued on next page*

### **How to be in relationships**

They learn so much about relationships by looking at ours.

Whether it's warm, stingy, generous, loving, nurturing, critical, nasty, abusive, and distant – whatever it is – be alive to the fact that they are watching, and setting the foundations for their own future relationships.

Everyone embarrasses themselves sometimes, but one day those stories will be gold.

All of us have moments (days? lives?) where pride, grace and dignity take a battering.

Sometimes it's not so much a battering, but a steamrolling.

We've all done things that are so cringe-worthy; it would make reality television blush.

Of course, the intention is rarely to be the centerpiece of someone else's dinner table conversation somewhere, but it

happens. These stories make up the glorious, sweaty, messy details of being human – it's what we do.

Sharing our own stories about when things don't go as planned will help to strip the shame from theirs, making them less critical and judgmental of themselves, and others.

### **How they deal with rejection**

Tell them about the times you didn't get what you wanted.

They will soften the fall when it happens to them. It's the magic of the 'me too'.

How we deal with our disappointments will pave the way for how they deal with theirs.

Let them see that knockbacks aren't knockouts. It will preserve the beautiful vulnerability that will make them great at taking chances – with relationships and with life.

Let them hear about the times that rejection has moved the wrong things out of the way, so

the right things could find you.

### **Values ... And they won't always be the ones you think**

What we attend to is what will become important for them.

If they get a tongue lashing for the plate they accidentally broke, things will become more important than people.

If we lose it when they bravely fess up to a stupid mistake, keeping secrets will become more important than honesty and courage.

They might be kids, but there's nothing wrong with their instinct for self-preservation, and what they want to preserve most of all is what we think of them.

That doesn't mean no boundaries. What it means is responding to what they do in such a way as to reinforce the values we want to teach.

Sometimes that might mean letting go of what they've done wrong, in favor of reinforcing what they've done right.

Sometimes it means holding back on our completely valid, highly charged response, so they feel safe enough to come to us next time.

We're building humans, and those humans are going to get it wrong.

Sometimes it will be mind-blowing how wrong they get it. We were (are) the same.

The best way to keep them on track is to make sure we have influence, and that will only happen if we're the ones they can come to when they're less than impressive, with their



**First Teachers** — Children learn about relationships by looking at the relationships of the adults in their young lives. If the adults in children's lives are generous, loving, and nurturing children learn those behaviors. *File photo*

Continued on page 20



# Susanville Indian Rancheria

## 7th Annual Memorial

# POW WOW

May 20-22 2016

### Host Drum

**Ghost Canyon**

*Fort Hall, Idaho*

### MC

**Fred Hill Sr.**

*Pendleton, OR*

### Arena Director

TBA

### Head Man

**Kellan Joseph**

*Pendleton, Oregon*

### Head Woman

**Terri Calfrobe**

*Culdesac, Idaho*



IN HONOR OF OUR ELDERS AND VETERANS FOR  
ALL

THE SACRIFICES THEY MADE SO THAT WE MAY  
LIVE

**Lassen County Fairgrounds**

**195 Russell Ave**

**Susanville CA 96130**

MORE INFORMATION PLEASE LOG ON TO

**[WWW.SIR-POWWOW.COM](http://WWW.SIR-POWWOW.COM)**

Or Contact Amelia Luna @ 530.249.7192

**THIS IS A DRUG AND ALCOHOL FREE EVENT**

### Grand Entry

Friday May 20 @ 7 pm

Saturday May 21

@ 12 pm & 7 pm

Sunday May 22 @12 pm

*Currently Accepting  
All Vendors, Indian  
Taco Vendors limited  
to first 4 that are  
paid in full.*

*Camping &  
Showers  
Available*

SIR Pow Wow Committee is  
not Responsible for Lost or  
Stolen Items, Short Funded  
Travelers

**Host Hotel: Diamond Mountain Casino. Pow Wow Rates.**

**Phone: (530)252-1100/ (877)319-8514**

**\*Don't forget to  
bring your chairs!**

\*

**Revised 12-31-15**

vulnerability and frayed edges on show, and not just when they're ticking all the boxes on the pages that note their brilliance.

***That sometimes it's worth the risk***

Of course our children need to be protected, but they also need to be given the opportunity to learn that they can be resilient, resourceful, and that failure doesn't lessen them.

Holding them too close, guarding them too fiercely or overprotecting them, might be teaching them that it's best to hold back.

They'll be safe, but they might end up with a life half-lived.

***Whether the glass is half full or half empty***

They will look at the world through a lens. We all do.

Through that lens, they will see the world as being geared in their favor or against them.

They'll be hearing your interpretations of disappointment, the motives of people, and they'll watch how you recover after a fall.

Life is just a series of stories put together, end to end. The quality of life isn't so much about what happens, but about the details that sharpen our focus.

***That their voice is important***

Whether they're stating their case about why they should be allowed to stay up, why vegetables are for babies or why the bad grade was actually your



**For The Love of Family** — *Kids are always watching, listening, learning and slowly building the framework for their adult lives.*  
File photo

fault, hear them out.

Then respond. We're teaching them about their own influence – the existence of that and the power of that and it starts with having a voice. We're also teaching them the value of listening to other people – their opinions, ideas, and thoughts – and that by doing this doesn't have to mean that you go along with everything that's said.

***To play – and not to stop***

Do you laugh with them? At yourself? At the world? Are you silly with them sometimes? You'll be doing them the greatest favor if you show them how that fun thing is done, and that grown-ups need to play too.

Sometimes you just have to run it out, talk it out, hug it out, or eat the damn cake.

Bad days are inevitable, but they don't mean a bad life. Neither do bad years. Ditto for bad friendships.

It's okay to surrender to it

sometimes – the tough stuff can get exhausting – but it's also important to know when to get back up, dust yourself off, and be open for what comes next.

Let them see how you deal with your bad days. If they can see you acknowledge them, move through them and get back up, then they'll be more ready to do the same with theirs, without being crumpled by the heaviness of it all.

***Boundaries***

Boundaries is a bit of an abstract term. If they aren't able to see you building and maintaining yours, they'll have less to work with when it comes to building theirs.

Telling them to keep their boundaries strong if they have never seen you establish and protect yours will be a bit like asking someone who has never seen red to paint something red.

***And finally ...***

Being a kid is busy work. There's a lot to learn out there and they're watching, listening and learning, slowly building the framework for the adults they will be and the lives they will lead.

It's exciting to know that we can have so much influence in that however at times daunting.

Along the way our own imperfections will glare at us through the words and actions of the smaller people standing beside us.

Thankfully though, we don't have to be perfect for them to be great for them.



RSIC Reno Education

2016

# Up Coming Events



Students, Parents, Guardians, Grandparents, and Community  
Together we can make a better tomorrow and a brighter future....

## February

Open House/Parent and Student Tutoring

When: Thursday February 11, 2016

Where: RSIC Education Building D  
(Tutoring Room)

Time: 3:30 p.m. – 4:30 p.m.

Come on down and join  
The Education Tutoring Staff  
For an afternoon of fun and  
learning:

- \*Meet the Tutors
- \*Refreshments
- \*Student/Parent/Guardian  
Hands on Activity  
(Spaghetti/Marshmallow  
Tower Challenge)

OPEN HOUSE  
Extravaganza!

### Class of 2016

The countdown to  
graduation is  
approaching fast.  
Are you ready?

### Come on down

- \*check your grades
- \*your credits
- \*missing assignments

## March

Infinite Campus Night

When: Thursday March 17, 2016

Where: RSIC Education Building D  
(Computer Room)

Time: 6:00 p.m. – 7:30 p.m.

Parents/Guardians  
Always Welcome

## Reno After-School Tutoring Program

### Monday, Tuesday, and Thursday

Middle/High School Times: 2:30 p.m. -3:30 p.m.

Elementary School Times: 3:30 p.m. – 5:00 p.m.

### Wednesday Early Release

Middle/High School Times: 1:30 p.m. – 2:30 p.m.

Elementary School Times: 2:45 p.m. – 3:45 p.m.

Every Tuesday Librarian Reads with Students @ 4:00 p.m.

Every Wednesday Paiute Language Instruction @ 3:00 p.m.

If you have any questions please call Lorraine Keller, Education Advisor or San San Tin, Education Department Manager  
At 775-329-6114

# Healthy Me Parent / Child Boot Camp Underway

*3 Nations Wellness Center trainers hold weekly family workout sessions*

It is not new news that Kristie Messerli, Reno-Sparks Tribal Health Center Registered Dietitian and Rick Pearson, Personal Trainer have taken a special interest in the pediatric population of the community and have expanded physical activity into the Head Start Program both in Hungry Valley and in Reno.

About five months ago, Messerli and Pearson created the “Healthy Me Program,” aimed at pediatric patients and their families to learn a healthy lifestyle both by exercise and proper nutrition.

This is a 3-month incentivized program where the kids are required to exercise 2-3 times per week in the gym with a trainer and to see Messerli for a nutrition consultation every 2-3 weeks.

With tremendous team work

from all trainers in the 3 Nations Wellness Center: Pearson, Wali Querta, and Tiffany Dean, this program has been a major success.

Thus far, there have been 24 kids enrolled and four kids have graduated the program.

All the participants have shown significant increases in strength and agility, but also in healthier choices and solid understanding when it comes to food.

To ring in the New Year, Messerli and Pearson decided to incorporate the parents more when it comes to exercise.

They created a Healthy Me Parent/Child Boot Camp for all current and graduated families of the “Healthy Me Program.”

The goal of this program is to incorporate healthy habits within the household.

“I have always had a passion

for the pediatric population,” Messerli said. “I am so ecstatic to be helping, not only the kids, but the entire family live a healthier life.”

This boot camp requires no special equipment and uses functional training and natural body weight to perform each exercise.

The boot camp is held every Thursday from 6 -7 p.m., at the 3 Nations Wellness Center.

The parents are required to participate in the exercise. Healthy snacks are prepared by Messerli and given out as a post workout snack.

This program has been a great opportunity for children to showcase and share with their parents what they have learned so far in the “Healthy Me Program.”

“The kids in the boot camp were actually showing the parents how to do the exercises and execute exercise movements,” Pearson said. “That was so rewarding.”

The first class was a great turn out as expected with a 95 percent show rate and the positive feedback was overwhelming.

Because of programs like the ones Messerli and Pearson have created, our younger generation is now equipped with the knowledge to prevent certain chronic diseases such as diabetes and hypertension that for which they might be predisposed.



**Family Fitness and Fun** — *Twenty-four outstanding youth from the Reno-Sparks Indian Colony have signed up for “Healthy Me” which now includes a parent / child boot camp held at the 3 Nations Wellness Center. See more photos on pages 23 and 24. All “Healthy Me” photos submitted by the*



# In & Around: Reno-Sparks Indian Colony Community

*Half-staff flags, healthy fun, working for wellness*



**In Memorial** – For seven days, flags at the Reno-Sparks Indian Colony will fly at half-staff in recognition and in honor of William W. Coffey, a former Colony Tribal Council member who passed away on Sunday, Jan. 24, 2016. Coffey served as a tribal council member for 22-years and was a veteran of the Korean War as he served in the United State Marine Corps from 1948-1952.



**Winter Fun** – Natalia Chacon, Wenonah Harjo, and Olivia Zintzun navigate their way on ice and on skates during an outing sponsored by the Reno-Sparks Indian Colony Recreation Department during winter break from school. RSIC youth were treated to a trip to the Downtown Reno Ice Rink at Aces Ballpark. **Photo by Bucky Harjo**



**Opportunity To Learn** – Young patients at the Reno-Sparks Tribal Health Center can join a 3-month incentivized program. Youth participants are required to exercise 2-3 times per week with a personal trainer and participants are required to see Kristie Messerli, a registered dietitian for a nutritional consultation. **Photo above and to the right provided by the RSTHC**



**Heart Healthy** – Research conducted by nationally recognized not-for-profit groups finds that a health diet and regular exercise can help prevent certain chronic diseases such as diabetes and hypertension for which many Native Americans might be predisposed. Childhood overweight and obesity, adult obesity and diabetes may disproportionately affect some Natives.

# In & Around: Reno-Sparks Indian Colony Community

*Healthy Me offers something for all*



**Healthy Me Boot Camp** – Aimed at pediatric patients and their families, the “Healthy Me” program is to learn a healthy lifestyle both by exercise and proper nutrition. For more information about the weekly boot camp, the contact Kristie Messerli, Registered Dietitian and Nutritionist at the Reno-Sparks Tribal Health Center 329-5162 ext. 1943.



**Team Work** – Twenty-four youth have enrolled and four have graduated from the Reno-Sparks Tribal Health Center’s “Healthy Me” program. All the participants have shown significant increases in strength and agility, but also in healthier food choices. Families can work out at the Three Nations Wellness Center every Thursday.



**Every Thursday** – The “Healthy Me” boot camp is held every Thursday from 6-7 p.m., at the 3 Nations Wellness Center. Parents and guardians are invited to participate in the workout which is developed and supervised by certified trainers. Plus, healthy snacks are prepared and shared by Kristie Messerli, a RSTHC registered dietician, after the successful exercise sessions.



**Better With A Buddy** – With tremendous team work from all trainers in the 3 Nations Wellness Center: Pearson, Wali Querta, and Tiffany Dean, the “Healthy Me” boot camp has been a major success. See page 6 for more information about a new grant to help continue programs like “Healthy Me.”

*Photos provided by the RSTHC*



# 2015 Colony Sobriety New Year's Pow Wow

*Celebrating, drumming, dancing, giving, living*

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*Photographs provided by Elliot Ramirez*





## **Congratulations Leo on a Fabulous 2015-2016 Basketball Season!**

You've matured so much and worked hard and built on your skill set this year. Even when things are frustrating, you always give 100%. You've also been an exemplary student athlete by coming home late from games, getting up early, all while keeping your grades on track.

We're very proud of all you've accomplished and are excited to see what other heights you will rise to in life.

Love, Your Family

(Leo Grass, Spanish Springs High School Freshman, Junior Varsity Basketball)







## **AMERIND Risk SAFETY POSTER CONTEST**

Grades K-3 | 4-6 | 7-8

# **HEY KIDS!! WOULD YOU LIKE TO WIN A \$1,000 CASH PRIZE??**

The Reno-Sparks Indian Colony Housing Department in conjunction with Amerind Risk Management Corporation will be taking part in Amerind's 2016 Safety Poster Contest.

The contest is open to all children in grades K-8

The categories are:

(K-3) (4-6) (7-8)

There will be one winner chosen from each age group and those winners will advance to the regional contest in April.

The Regional winners will then be judged at the National Competition in May.

- **PARENTS MAY BRING CHILDREN TO THE RSIC HOUSING DEPARTMENT, MONDAY—FRIDAY, FROM 3-5PM TO WORK ON THEIR POSTER. WE WILL HAVE ART SUPPLIES AVAILABLE FOR YOUR USE.**
- **DEADLINE IS FRIDAY, MARCH 11TH  
(LATE ENTRIES WILL NOT BE ELIGIBLE)**

*\*\*Contact Elizabeth @ Housing for contest rules 775-785-1300*



# Eleven Facts About Bullying & How to Stop It

*Damage from bullying can range from skipping school to completely dropping out*

*Submitted by Jason Hill, M.M., CADC,  
Prevention Outreach Coordinator  
Reno-Sparks Tribal Health Center*

1. Over 3.2 million students are victims of bullying each year.
2. Approximately 160,000 teens skip school every day because of bullying.
3. 17 percent of American students report being bullied two to three times a month or more within a school semester.  
Take a stand in your community by hosting a Bullying Policy Makeover event customizing your school's anti-bullying policy.
4. One in four teachers see nothing wrong with bullying and will only intervene 4 percent of the time.
5. By age 14 less than 30 percent of boys and 40 percent

of girls will talk to their peers about bullying.

6. Over 67 percent of students believe that schools respond poorly to bullying, with a high percentage of students believing that adult help is infrequent and ineffective.
7. 71 percent of students report incidents of bullying as a problem at their school.
8. 90 percent of 4th through 8th graders report being victims of bullying.
9. One in 10 students drop out of school because of repeated bullying.
10. As boys age, they are less and less likely to feel sympathy for victims of bullying.  
In fact they are more likely to add to the problem than solve it.



11. Physical bullying increases in elementary school, peaks in middle school and declines in high school.

Verbal abuse, on the other hand, remains constant.

To read the full article visit:  
<https://www.dosomething.org/us/facts/11-facts-about-bullying>

For more information or help on bullying, please contact the RSIC Tribal Health Center Behavioral Health Department at (775) 329-5162 ext. 2014.

Feeling Down? Talk to a trained crisis counselor. Text "DS" TO 741-741. Free, 24/7, Confidential, or call 1800-273-TALK (8255)



**Constant Bullying** — *Physical bullying increases in elementary school, peaks in middle school and declines in high school.*

**Bullying** is unwanted, aggressive behavior that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Both those who are **bullied** and those who **bully** others may have serious, lasting problems. **Bullying** must be aggressive and include: an imbalance of power—such as physical strength, access to embarrassing information, or popularity—to control or harm others. Power imbalances can change over time and in different situations, even if they involve the same people. **Bullying** behaviors happen more than once or have the potential to happen more than once. **Bullying** includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.

*From stopbullyingnow.gov by the U.S. Department of Health & Human Services.*



# Overworked Santa Makes Special Delivery to RSIC

*Youngster's patience pays off with Christmas wish*

Maybe it's the friendly staff, maybe it's just the chance to warm up on his walk home from school, or maybe it's just convenient, but frequently, Jaden Buff visits the Reno-Sparks Indian Colony's Administration Front Office.

His budding friendship with the RSIC staff recently turned



**Christmas Came Late** – Jaden Buff tears into a belated Christmas present.

into a Christmas miracle for the youngster.

As the holidays approached, Jaden's visits to the front offices increased.

According to one source, during the Christmas break, this little visitor would come into the office for holiday treats and to check out the Christmas tree.

During the curious third-grader's visits, he always asked about the gifts under the Christmas tree.

Though the beautifully wrapped boxes were there just for decoration, often Jaden shook and carefully examined the faux gifts. As to avoid confusion, the staff explained to Jaden that those gifts were only for show and that Santa Claus would be delivering real presents to the homes of all the Colony's boys and girls on Christmas eve.

Jaden told the staff that he dreamed of getting a brand new dump truck from Santa.

Unfortunately, for Jaden, Santa was so busy on Christmas delivering toys and navigating through the snowy night, that Old St. Nick didn't have time to stop by Jaden's house.

Just a few days after Christmas, Jaden shared the disappointing news with his friend at the RSIC.



**Note From Santa** – Penny Sampson shares a note from St. Nick with Jaden Buff.

Because they all know how difficult Christmas deliveries can be, they encouraged Jaden to come back to their offices as Santa was able to double back to the reservation and leave that brand new dump truck for Jaden.



**Happy New Owner** – Jaden Buff was ecstatic to take home a brand new dump truck which Santa Clause delivered for him to the RSIC Administration Offices. He proudly displayed his belated Christmas gift after thanking the staff for their help with the delivery.

# **ATTENTION: RSIC COMMUNITY MEMBERS**

**EDUCATION DEPARTMENT PRESENTS:**

## **P.L. 102-477 PLAN**

The R.S.I.C. Community will be given the opportunity to provide input concerning the Education Department's P.L. 102-477 Plan.

Hungry Valley Education Office: Tuesday, February 16th at  
6:00 p.m.

Reno-Sparks Education Office: Wednesday, February 17th at  
6:00 p.m.

Any interested person can provide public comments on the  
P.L. 102-477 Plan during these meetings. A copy will be  
available at the RSIC Education department.

477 CASE MANAGER : SAM RAMBEAU 775-329-6114

All such comments will be maintained in a file and will be available for public inspection upon request\*







## NATIONAL CONGRESS OF AMERICAN INDIANS

### The National Congress of American Indians Resolution #SD-15-006

#### **TITLE: In Support of Allowing Native Students to Wear Eagle Feathers at High School Graduation**

#### **EXECUTIVE COMMITTEE**

##### **PRESIDENT**

**Brian Cladoosby**  
*Swinomish Tribe*

##### **FIRST VICE-PRESIDENT**

**Randy Noka**  
*Narragansett Tribe*

##### **RECORDING SECRETARY**

**Aaron Payment**  
*Sault Ste. Marie Tribe of Chippewa Indians of Michigan*

##### **TREASURER**

**W. Ron Allen**  
*Jamestown S'Klallam Tribe*

#### **REGIONAL VICE-PRESIDENTS**

##### **ALASKA**

**Jerry Isaac**  
*Native Village of Tanacross*

##### **EASTERN OKLAHOMA**

**Joe Byrd**  
*Cherokee Nation*

##### **GREAT PLAINS**

**Leander McDonald**  
*Spirit Lake Nation*

##### **MIDWEST**

**Roger Rader**  
*Pokagon Band of Potawatomi*

##### **NORTHEAST**

**Lance Gumbs**  
*Shinnecock Indian Nation*

##### **NORTHWEST**

**Fawn Sharp**  
*Quinalt Indian Nation*

##### **PACIFIC**

**Jack Potter, Jr.**  
*Redding Rancheria*

##### **ROCKY MOUNTAIN**

**Darin Old Coyote**  
*Crow Nation*

##### **SOUTHEAST**

**Larry Townsend**  
*Lumbee Tribe*

##### **SOUTHERN PLAINS**

**Liana Onnen**  
*Prairie Band of Potawatomi Nation*

##### **SOUTHWEST**

**Joe Garcia**  
*Ohkay Owingeh Pueblo*

##### **WESTERN**

**Bruce Ignacio**  
*Ute Indian Tribe*

##### **EXECUTIVE DIRECTOR**

**Jacqueline Pata**  
*Tangit*

#### **NCAI HEADQUARTERS**

1516 P Street, N.W.  
Washington, DC 20005  
202.466.7767  
202.466.7797 fax  
www.ncai.org

WHEREAS, we, the members of the National Congress of American Indians of the United States, invoking the divine blessing of the Creator upon our efforts and purposes, in order to preserve for ourselves and our descendants the inherent sovereign rights of our Indian nations, rights secured under Indian treaties and agreements with the United States, and all other rights and benefits to which we are entitled under the laws and Constitution of the United States, to enlighten the public toward a better understanding of the Indian people, to preserve Indian cultural values, and otherwise promote the health, safety and welfare of the Indian people, do hereby establish and submit the following resolution; and

WHEREAS, the National Congress of American Indians (NCAI) was established in 1944 and is the oldest and largest national organization of American Indian and Alaska Native tribal governments; and

WHEREAS, every year, American Indian and Alaska Native high school students from across the country are given eagle feathers to be worn at graduation ceremonies as a form of practice and expression of spiritual and religious beliefs; and

WHEREAS, the feathers are also given for the students' leadership and academic achievement; as a sign of maturity; to signify the achievement of this important educational journey; to honor the graduate and his or her family, community, and tribal nation; and for many other reasons; and

WHEREAS, these American Indian and Alaska Native high school students seek to express and practice their religious and spiritual beliefs and celebrate their personal academic achievement, leadership, and transition into adulthood, among other things, by wearing an eagle feather at their graduation ceremony; and

WHEREAS, graduation from high school is an especially significant occasion for Native students and families, considering that the American Indian and Alaska Native high school graduation rate is 67 percent, the lowest of any racial or ethnic demographic across all schools; and

WHEREAS, from time immemorial, many tribal nations have viewed eagles and eagle feathers as sacred elements of their religious and cultural traditions; and

WHEREAS, federal law and policy has long recognized the religious significance of eagles, eagle feathers, and eagle parts to Native peoples; and

**WHEREAS**, for example, Congress exempted American Indians and Alaska Natives from the Bald and Golden Eagle Protection Act of 1962, which prohibited the take, transport, and possession of bald and golden eagles, and thus allowed tribal members to continue to include eagle parts in their religious ceremonies; and

**WHEREAS**, according to many Native religious and spiritual traditions, eagle feathers are given only in times of great honor and often to mark significant personal achievement; and

**WHEREAS**, for many Native students, receiving an eagle feather in recognition of high school graduation is as significant as earning the diploma; and

**WHEREAS**, while most public high schools permit Native students to wear eagle feathers at graduation, recognizing that commencement ceremonies are an appropriate setting for Native graduates to wear an eagle feather with dignity, some schools do not allow it; and

**WHEREAS**, during the past academic year a number of media outlets across the country covered stories of Native American students not being allowed to wear their eagle feathers during their high school graduations in certain school districts located in Oklahoma, Washington, and California.

**NOW THEREFORE BE IT RESOLVED**, that the National Congress of American Indians (NCAI) supports the right of American Indian and Alaska Native high school students to practice and express their traditional religious and spiritual beliefs and honor their academic and other achievements by wearing an eagle feather at their commencement ceremonies; and

**BE IT FURTHER RESOLVED**, that NCAI urges all schools to respect traditional tribal religious and spiritual beliefs by allowing Native students to wear an eagle feather at graduation; and

**BE IT FINALLY RESOLVED**, that this resolution shall be the policy of NCAI until it is withdrawn or modified by subsequent resolution.

#### **CERTIFICATION**

The foregoing resolution was adopted by the General Assembly at the 2015 Annual Session of the National Congress of American Indians, held at the Town and Country Resort, San Diego, CA, October 18-23, 2015, with a quorum present.

  
Brian Cladoosby, President

**ATTEST:**

  
Aaron A. Payment



# Head Start Program Happenings, Future Projects

*Students to celebrate February as Healthy Heart Month*

*Submitted by Francisco Ceballos,  
Head Start Health / Safety /  
Nutrition Advocate*

The Reno-Sparks Indian Colony's Head Start has teamed up with the RSTHC Community Health Representatives to provide a month of healthy heart activities.

Starting at the end of the week of January, the CHR department, will provide a five week health promotion on age appropriate information on the heart and how to keep it healthy.

The children will then share the information with their family.

During the five weeks, the children will learn: where the

heart is located and what it does, some healthy foods to keep the heart strong, examples of exercise that make the heart stronger, healthy snacks and how tobacco smoke affects the body.

This will be a great partnership with the CHR Department to have the children learn about strong health habits.

Head Start and the RSTHC Diabetes program partnership of "Run for Fun" will continue throughout the program year.

The trainers have provided fun vigorous activities with the children. The children enjoy the trainers coming to the centers and showing that exercise can








be "fun."

This will help to get the children exposed to healthy habits that the children will continue throughout life.

The Head Start Health Advisory Committee is also back in full swing; the HAC committee involves many of the RSTHC Health Professionals.

The committee helps advise the Head Start program in the areas of health and safety.

Head Start would like to thank all of the dedicated partners at the RSIC Tribal Health Center as the Head Start program is able to provide many healthy activities for the children.

<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <h2>Reno-Sparks Indian Colony Library</h2> <h1>February 2016</h1> </div>  </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 After School Story Time 4pm Ages 6-12	2 Children's Story Time 11am Ages 0-5	3 Board Games 4pm-6pm	4 Spine Label Poetry 4pm-6pm	5	6
7	8 After School Story Time 4pm Ages 6-12	9 Children's Story Time 11am Ages 0-5	10 Movie & Popcorn 4pm-6pm	11 Candy Flowers for your Valentine 4pm-6pm	12	13 
14 	15 Library Closed 	16 Children's Story Time 11am Ages 0-5	17 Teen Book Club HV Rec Lower Level 4pm-5pm	18 Book Speed Dating 5pm-6pm <i>Date a book &lt;3</i>	19	20
21	22 After School Story Time 4pm Ages 6-12	23 Children's Story Time 11am Ages 0-5	24 Board Games 4pm-6pm	25 <i>Staff Only</i> Lunch & Learn: Body Parts 12pm-1pm	26	
28 	29 After School Story Time 4pm Ages 6-12					



## HV EDUCATION INFORMATION JANUARY FEBRUARY MARCH 2016

### After School Program Times – M,T,Th

Elementary ASP 3:35 p.m. - 4:35 p.m.

MS and HS ASP 4:30 p.m. - 6:00 p.m.

### After School Program Times – Wed Only

Elementary ASP 2:45 p.m. - 3:45 p.m.

MS and HS ASP 3:45 p.m. - 5:30 p.m.

Elementary students enrolled in the after school program will be taken off the bus daily. It is important for parents to keep the staff informed if your child will not be attending tutoring or if your child will need to be dropped off at a different site other than your home. Please call HV Education Office at 785-1310 or you can email [thernandez@rsic.org](mailto:thernandez@rsic.org). Middle and high school student tutoring time begins at 4:30 p.m. as the elementary students are still in session and on the computers.

### **PARENT REMINDER**

Please check your child's backpack on a daily basis for notes from school or ASP fliers or reminders. Check homework to see if it has been completed. There are times when homework gets started but because of time constraints homework is not always finished.

### Jesse Hall ES February

9 Multicultural Night

15 NO SCHOOL PRESIDENTS DAY

19 Apple Of My Eye Dance

### Jesse Hall ES March

8 Family Science Night

18 Variety Show

**SPRING BREAK IS MARCH 21 - APRIL 11. SCHOOL RESUMES ON APRIL 14<sup>TH</sup>.**

**SHAW MIDDLE SCHOOL** – Students are starting a new quarter and basketball games are held weekly so please stop by and watch some ball at the school and cheer the Coyotes to their winning season. Also students will be getting end of the year projects so please be aware the students need to work on those throughout the semester. Students, do not wait until the last 2 weeks of school to get your projects completed. **RSIC Higher Education Advisor will also be at Shaw on January 26 to meet with Native Students on FAFSA and other funding for Native Students.**

**SPANISH SPRINGS HS** - Spanish Springs High School has a new phone number: **775-321-3930**

**School Event: Financial Aid Workshop** - January 20, 2016 6:00 p.m. - 8:00 p.m.

**School Event: Freshman & Sophomore Parent Info Night** - February 18, 2016 6:00 p.m.

**School Event: RSIC Higher Education Advisor will be at the school on January 28 to meet with students on FAFSA and other funding for Native Students.**

**Hungry Valley Event:** January 27<sup>th</sup> at 6:00 p.m., RSIC Higher Education Advisor, will hold a workshop for students who need information on Financial Aid. Please come and ask questions and get information needed for Fall 2016 college enrollment. There will also be an Infinite Campus workshop. Come and join us for a fun night. Light snacks provided.



# Pastor's Community Thank You Message

*Sharing faith through a weekly, inspirational spiritual messages*



Personally, I would like to thank RSIC/ HV community for words of encouragement and love shown toward my family in 2016; during my surgeries and bereavement of my Father and my Spiritual Mother. Gods favor for continued blessings upon the community is a resolution for 2016. Nothing of eternal worth can be accomplished without prayer. If you do not have a place of worship on a weekly basis, please consider attending a fellowship of hope, faith, joy, and love.  
Geronimo is quoted "Church enables one to live right"

Many Blessings in Christ for the New Year,  
Rev. Augustin Jorquez  
Pastor Hungry Valley Christian Fellowship

## 2016 PRAYER FOCUS for GREATER THINGS

### **Sunday: Believe for Greater Things**

*"Very truly I tell you, whoever believes in me will do the works I have been doing, and they will do even greater things than these, because I am going to the Father" (John 14:12).*

Pray that God will stir faith in your heart to accomplish greater things than you could imagine in and through your life this year.

### **Monday: Believe for the Impossible**

*"Is anything too hard for the Lord?" (Genesis 18:14).*

Pray that in the midst of impossible circumstances, doubt will be replaced by absolute trust in God's promise to intervene in your need or circumstance.

### **Tuesday: Believe with Perseverance**

*"We also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope" (Romans 5:3-4).*

Seek God for strength to keep moving forward even in the midst of discouragement or suffering, knowing that faith to persevere strengthens character and kindles hope.

### **Wednesday: Believe through the Tears**

*"The Lord is close to the brokenhearted and saves those who are crushed in spirit" (Psalm 34:18).*

Give thanks that even in the midst of brokenness God can shape His purposes in your life to bring fulfillment and joy.

### **Thursday: Believe with Obedience**

*"I am the Lord's servant," Mary answered. "May your word to me be fulfilled" (Luke 1:38).*

Pray that with absolute trust in God you will say yes in obedience to His direction in your life.

### **Friday: Believe in God's Care**

*"Cast all your anxiety on him because he cares for you" (1 Peter 5:7).*

Give thanks that because of God's care, you can be at peace regardless of the circumstances you face.

### **Saturday: Believe for Tomorrow**

*"I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you" (Psalm 32:8).*

Give praise to God for this powerful assurance that He is working out His plans and purposes in your life, both in the present and in the future.





## LANGUAGE & CULTURE PROGRAM

Encouraging Cultural Pride and Awareness

February - 2016

### Mission:

To encourage the growth of a positive cultural identity for Reno-Sparks Indian Colony community members through the teaching of their native language(s) – **Numu**, **Newe** and **Washiw** – and by providing a learning environment in which community members will gain a basic understanding of the Great Basin Cultures.

Beginner level Shoshone, Washoe and Paiute Language Classes will continue in February 2016. These interactive classes include grammar, story telling, games, songs and immersion activities. Each class has a knowledgeable language instructor and anyone who is interested in learning one or more of the Great Basin Native Languages is welcome to attend.

### Language Classes:

#### Tuesdays

##### Newe (Shoshone):

**Location:** Education Building, 34D Reservation Road, Reno

**Time:** 6:00 p.m. – 8:00 p.m. **Instructor:** Florence Millet

**Dates:** 2/2, 2/9, 2/16, 2/23

#### Wednesdays

##### Washiw (Washoe):

**Location:** Hungry Valley Gym (Lower Level), Hungry Valley

**Time:** 5:00 p.m. – 7:00 p.m. **Instructor:** Jamie Astor

**Dates:** 2/3, 2/10, 2/17, 2/24

##### Seniors Numu (Paiute) Class:

**Location:** RSIC Senior Center, 34 Reservation Road, Reno

**Time:** 12:30 p.m. – 1:30 p.m. **Instructor:** Thalia Dick

**Dates:** 2/3, 2/10, 2/17, 2/24

#### Thursdays

##### Numu (Paiute):

**Location:** Administration Bldg, 34 Reservation Conference Rm

**Time:** 6:00 p.m. – 8:00 p.m. **Instructor:** Ralph Burns

**Dates:** 2/4, 2/11, 2/18, 2/25

### Cultural Activity

**February 19, 2016**

**Friday 2:00 p.m. – 4:30 p.m.**

**Beading Circle** – The Language & Culture Program will be hosting a Beading Circle.

Participants may bring their own current projects or staff will teach beginners how to bead a simple medallion (supplies will be provided). This is a 2-part activity that will occur again in March 2016.

**RSIC Library, 401 Golden Lane**

Everyone is invited! Anyone interested in learning about the Great Basin language or way of life is welcome to attend.

**Children must be accompanied by an adult.** For more information, contact the Language & Culture Program,

Stacey Burns – [sburns@rsic.org](mailto:sburns@rsic.org) or 775-785-1321





## VEHICLE EXEMPTION NEW OR RENEWAL

Please provide the following when coming into the Administration office to register/renew your vehicle registration:

1. Tribal Enrollment card
2. NV Driver's License
3. Vehicle registration or title

If you are trying to register a new or used car you have just purchased, please wait until you have received your DMV Dealer's Report in the mail, before coming to the office.

Please note, do not bring the DMV reminder postcards that you receive in the mail as this is only a reminder notice to you and we cannot use it.

\*Please allow two business days for signature turnaround\*\*

\*The individual who submits the paperwork for the vehicle exemption must return to the office to sign the vehicle exemption form.\*\*

This vehicle exemption is for enrolled members and residents only!!!



The Education Department  
K-12 and Head Start programs

**Present:**

**"Preparing the Umbrella before it rains!"**

*Head Start to College*  
Join us in March for two workshops that will include:  
NEVADA EARLY INTERVENTION, NEVADA PEP  
AND OTHER PRESENTERS

**Dates to be announced...**

If you have any questions, please call:  
Naomi Hanezrik, Student/Family Support Advocate  
or  
Becky Hunkup, Disabilities Advocate  
Hungry Valley Office 775-785-1310

**Know the items that could indicate a meth lab:**

- measuring cups
- antifreeze containers
- papers, notes, "recipes"
- plastic storage containers
- coffee filters (especially red/pink-stained)
- rubber tubing/gloves
- aluminum foil
- funnels
- blenders
- thermometers
- glassware
- duct tape
- thermos bottles and propane tanks
- heat sources like hotplates or microwaves

Montana State University Extension  
Tribal Meth Education Training & Help Center  
National Congress of American Indians

**METH.**  
In Tribal Communities

# New Employees

**Q: What is your exact job title?**

**A. Medical Assistant**

**Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?**

**A. I hope to accomplish good care for the well-being and health of our community.**

**Q: Do you have a Tribal affiliation/ If so, where?**

**A: I am a descendant of the RSIC Washo/Paiute tribe.**

**Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?**

**A. I'm grateful to be given this opportunity to work within my community and work for our Tribal Health Center. When I think about our old clinic over on 34 to where our clinic is at now, is amazing that our Tribe was able to provide these services to our people. It feels good to be a part of history and can only get better from here on out. Thank you!**



**Jaime Garcia**

**Tribal Health Center**



**Brittany Lloyd**

**Tribal Health Center**

**Q: What is your exact job title?**

**A. Dental Billing Clerk II**

**Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?**

**A. To do my job to the best of my ability!**

**Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?**

**A. I am excited to become a part of your team!**



# New Employees



Q: What is your exact job title?

A. Staff Pharmacist

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

A. I would like to use my knowledge, experience, and clinical skills to help out patients at the Reno-Sparks Indian Colony.

**Thao Ho**

Tribal Health Center

**Jerry Tresca**

Housing Department

Q: What is your exact job title?

A. Housing Maintenance

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

A. Trying to make my life and everyone else's life better around me.



**www.rsic.org**

# New Employees



**Art Martinez**

Tribal Health Center

Q: What is your exact job title?

A.. Clinical Psychologist

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

A. Provide care for our community youth and families. To further expand the Behavioral Health services for the success of our tribes and communities.

Q: Do you have a Tribal affiliation/ If so, where?

A: Chumash



**James McCloud**

Smoke Shop I

Q: What is your exact job title?

A.. Retail Clerk (Smoke Shop I)

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

A. To work and get back on my feet and make the community a better place to work,

Q: Do you have a Tribal affiliation/ If so, where?

A: Washo-Paiute from the Reno-Sparks Indian Colony.



# New Employees



**Kim El-Chammas**

**Tribal Health Center**

**Q: What is your exact job title?**

**A.** CHR Medical Transporter

**Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?**

**A.** I'm hoping that I will be able to impact the level of service for the patients and ensure that they are able to make it to their appointments in a timely manner and also to make it home after completion of their appointments. I would also like to review all of the policies, which I received the other day to make sure that everything that is required of me is being completed to standards. I would like to impact the lives of our patients, so that they feel cared for after a transport, many of the patients are going through a lot and I would like to make sure that they are comfortable and safe. Anything that I can do to better someone's life would be a priority.

**Q: Do you have a Tribal affiliation/ If so, where?**

**A:** Yes, I am a member of the Pyramid Lake Paiute Tribe.

**Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?**

**A:** I would like everyone to know that I am here to ensure that they are receiving quality care and safe means of transportation. I would also like to thank everyone for welcoming me to the community and I look forward to serving all with great pleasure.

*To the RSIC Pow  
Wow Committee:*

*Thank you for the  
success of the pow  
wow and for allow-  
ing us time for the  
Golden Age Women's  
Traditional Special.  
From:*

*The family of  
Ethel L. Dixon*



**Couriers needed  
to deliver The Camp  
News on the Reno  
Colony & in Hungry  
Valley. Please  
contact Penny  
at 329-2936 if  
interested.**

# Legal Notices, Public Announcements

## *Committee recruitment, on-line certification for museum studies*

### **Reno-Sparks Tribal Health Center Recruiting Representative for Executive Health Board**

The Reno-Sparks Tribal Health Center is recruiting for one (1) RSIC Tribal representative to fill an upcoming vacancy on the Executive Health Board.

The Executive Health Board voting membership consists of five (5) Reno-Sparks Indian Colony residents who are enrolled members, and two (2) representative from the Urban Indian population, for a total of seven (7) voting members. RSIC representatives must live on the Colony or in Hungry Valley.

The Executive Health Board members meet at least once a month, usually on the third Monday, and are provided a monthly meeting stipend for participation.

The members are appointed by the Tribal Council and shall serve a term for a four-year period.

If you are interested in being a member of the Executive Health Board, please submit a letter of interest to:

*The Executive Health Board*  
Reno-Sparks Tribal Health Center  
1715 Kuenzli Street

*All interested participants will be invited to fill out an application and attend a Health Board meeting for introductions. For more information please phone, 329-5162, ext., 1901.*

### **Recruitment for Pow Wow Committee Members**

Numaga Indian Pow Wow Committee is currently seeking RSIC Tribal members to serve on the 30th Annual Numaga Indian Days Pow Wow Committee.

There are five vacancies.

Committee members will be appointed by the RSIC Tribal Council and shall serve a term of (4) years. If you are interested in becoming a NIDP committee member, please submit your completed application to:

Reno-Sparks Indian Colony—ATTN: Tribal Administrator  
98 Colony Road, Reno NV 89502

See page **next** for application

### **RECRUITMENT FOR LAW AND ORDER COMMITTEE MEMBERS**

Notice to RSIC Enrolled Members

The Law & Order Committee is currently recruiting for one new member. Appointments made to the Committee are for a four-year term and members are appointed by the Tribal Council. The Committee, pursuant to the bylaws, are scheduled to meet the third Wednesday of each month, but the date can be changed by the Committee.

The Committee shall be compensated at a rate approved by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of RSIC has been revised and were adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. All Committee members must abide by these rules. Please see the Tribal Administrator's Office for a copy of the Standing Rules.

Any interested RSIC enrolled member may submit their applications to the Tribal Administrator's Office located at 98 Colony Road.

### **Institute of American Indian Arts**

Are you a museum, gallery, or other art-related professional looking to move up to the next level in your career? IAIA is one of the few schools that offer an on-line certificate in museum studies. Also available are certificates in Native American art history and business and entrepreneurship.

Don't just make art, make a living with art. For more information on IAIA classes, please contact the IAIA Office of Admissions and Recruitment by phone at 800.804.6422, or via e-mail at [admissions@iaia.edu](mailto:admissions@iaia.edu).

Offering undergraduate degrees in Studio Arts, Cinematic Arts and Technology, Creative Writing, Museum Studies, and Indigenous Liberal Studies, and graduate degrees in Creative Writing, IAIA has graduated more than 3,800 students, and welcomes students from the 567 federally-recognized tribes and non-Native Americans looking to obtain a world-class arts education. In any given year, as many as 112 tribes are represented on campus, with about 20 percent of its student body non-Native American, adding to the vibrant cultural mix of IAIA's diverse and welcoming students, faculty and staff.

For over 50 years, the Institute of American Indian Arts has played a key role in the direction and shape of Native expression. With an internationally acclaimed college, museum, and tribal support resource through the IAIA Land Grant Programs, IAIA is dedicated to the study and advancement of Native arts and cultures and is committed to student achievement and the preservation and progress of their communities. IAIA is accredited by both the Higher Learning Commission and the National Association of Schools of Art & Design. Learn more about IAIA and our mission at:

[www.iaia.edu](http://www.iaia.edu)

**[www.rsic.org](http://www.rsic.org)**



**RENO-SPARKS INDIAN COLONY  
POWWOW COMMITTEE  
Application**



DATE: \_\_\_\_\_

**PERSONAL INFORMATION**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ RSIC Tribal Member #: \_\_\_\_\_

*Note: Important to provide current contact number.*

**COMMUNITY CONCERNS**

Indicate the top three areas you think the RSIC Powwow Committee should concentrate on:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**COMMITMENT**

Are you available for the following?

- |                                |                    |
|--------------------------------|--------------------|
| 1. Regular & special meeting   | _____ yes _____ no |
| 2. Attend trainings/seminars   | _____ yes _____ no |
| 3. Attend national conferences | _____ yes _____ no |

Please indicate why you would like to be a member of the Reno-Sparks Indian Colony Powwow Committee?  
(Include your knowledge or experience in this area, etc. - attach additional sheets if necessary):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have any outstanding debt to RSIC (such as Housing, Utilities, Loans, etc.): \_\_\_\_\_ Yes \_\_\_\_\_ No

I authorized the RSIC Finance Department to release all information regarding any outstanding debt owed to RSIC.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**Submit completed application to:**  
RSIC Powwow Committee  
Attn: Tribal Administrator  
34 Reservation Road  
Reno, NV 89502

**- Official Use Only -  
Finance Verification**

Does the individual above have any outstanding debt to RSIC?

\_\_\_\_\_ Housing \_\_\_\_\_ Water/Garbage  
\_\_\_\_\_ Tribal Loan Other: \_\_\_\_\_

Verified by: \_\_\_\_\_  
Verification Date: \_\_\_\_\_

# Legal Notices, Public Announcements

*Retail, office space for lease, name changes, committee recruitment*

## Retail or Office Space for Lease

1962 PyramidWay, Sparks, NV89431



Total Space Available: 1,784 SF  
Rental Rate: \$1/SF/Month  
Property Type: Retail  
Property Sub-type: Retail (other)  
Additional Sub-types: Office Building  
Lot Size: 43,753 SF

Single unit space. Shares building with smoke shop and nail salon. Property has parking lot and is visible from busy Pyramid Highway / Greenbrae intersection

Steve Moran  
smoran@rsic.org



## IN THE RENO-SPARKS TRIBAL COURT IN AND FOR THE RENO-SPARKS INDIAN COLONY RENO, WASHOE COUNTY, NEVADA PUBLIC NOTICE

Notice is hereby given that the Petitioner, David Hernandez, who is a member of the Reno- Sparks Indian Colony, has filed a Petition in the Reno-Sparks Tribal Court, Case No.CV- NC- 2015-0043, praying that said Court enter an Order changing the present legal name of David Hernandez, to the name of David Mauwee, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV, within ten (10) days after publication or this notice.

Dated this 4th day of December, 2015  
Henrietta A. Tobey  
Clerk of Court  
Reno-Sparks Tribal Court

## IN THE RENO-SPARKS TRIBAL COURT IN AND FOR THE RENO-SPARKS INDIAN COLONY RENO, WASHOE COUNTY, NEVADA PUBLIC NOTICE

Notice is hereby given that the Petitioner, Sarah Jane Kane, who is a member of the Reno- Sparks Indian Colony, has filed a Petition in the Reno-Sparks Tribal Court, Case No.CV- NC- 2016-0001, praying that said Court enter an Order changing the present legal name of Sarah Jane Kane, to the name of Sarah Jane Kane-Katenay, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV, within ten (10) days after publication or this notice.

Dated this 11th day of December, 2016  
Henrietta A. Tobey  
Clerk of Court  
Reno-Sparks Tribal Court

## Recruitment for Language & Culture Advisory Committee Member

The Language & Culture Advisory Committee is currently seeking two RSIC Tribal member to serve on the Language & Culture Advisory Committee. Committee member will be appointed by the RSIC Tribal Council and shall serve a term of 2 years. If interested in becoming an LCAB member, please submit a letter of interest to:

Reno Sparks Indian Colony Language & Culture Program  
401 Golden Ln. Reno, NV 89502



**1966**

The Reno Colony construction of water and gas lines. The Sierra Pacific Gas Company also added 17 new streetlights

**1966**

VISTA Volunteers Assigned to Reno-Sparks Colony

**1968**

Anderson Park, Reno Colony – 2.5 Acres, 34 Reservation Road Complex. Included playground equipment. Dedicated Sept. 17, 1969

**September 17, 1969**

Anderson Park is dedicated Reno Colony with 2.5 acres located at 34 Reservation Rd. Included playground equipment

**February 1, 1968**

HUD Housing Project 12-1 at Reno Colony. (20 Mutual Help Homes)

**1970**

Construction started on new Reno-Sparks Neighborhood



**Looking Forward** – Josh Zuniga listens to the 80-Years of Sovereignty Proclamation.

Facility Building at 34 Reservation Rd. Construction awarded to Hancock & Hancock for \$208,819. Construction was completed in September and the building was dedicated on September 11, 1972.

**January 1, 1971**

Lawrence Astor informed the Council that as of Jan. 1, he will be employed under United Fund as director and will, in turn, be a paid full-time Tribal Chairman. Source: RSIC Council Minutes.

**1972**

Thirty-five low rent apartments are constructed on the Reno Colony

**March 6, 1974**

Land Acquisition (0.486 acres) from Baptist Home Mission. Deed signed as of March 7, the deed will be registered in the Washoe County Office. Purchase price \$20,800.

**1974**

Pedestrian Walk Over East 2nd St., constructed by State Highway Dept.

**1976**

First Tribal Smoke Shop Opened in back of Matron's Cottage

**January 1978**

Construction of Reno Gymnasium at 34 Reservation Rd. Ground Breaking held on Jan. 1979 and Grand Opening held on Sept. 30

**March 1980**

Health Center Construction begins at 34 Reservation Rd. Grand Opening held Sept. 1980. A HUD Community Block Grant financed the construction of the clinic and the Tribe

contributed a substantial amount. An Indian Health Service operating grant and contract, along with third party insurance payments, helps operate the clinic

**Sept. 22, 1980**

Reno-Sparks Health Center official opening.

**1983**

Land Acquisition in Lemmon Valley; 160 Acres

**December 1982**

The 1st Annual Indian Art Sale and Pow Wow held at the Gymnasium

**March, 1984**

Reno – 1.021 acres of land, 401 & 405 Golden Lane, 1900 Prosperity

**April, 1984**

Land Acquisition – 3.6 acres of land, 80 Sunshine Lane, Reno

**1985**

The 1st Numaga Indian Days Celebration Pow Wow held at Anderson Park

**1986**

A contractual agreement between RSIC and Washoe County transferred land to Washoe County to expand site of the Reno Air Show, in exchange for the County's support of RSIC's Congressional Land Withdrawal Bill for 1,949.30 acres of land in Hungry Valley.

**1987**

Land Acquisition in Hungry Valley; 1,999 acres

**1988**

Enrollment Office established. Office located in the back room of the Matron's Cottage. Lois Kane named first enrollment officer.

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## 1989

Land Acquisition – 2 .241 Acre  
Mill Street & Golden Lane, Reno  
Current location (901 Golden  
Lane, Smoke Shop II; 626  
Golden Lane, Colony Christian  
Fellowship Church, and 690  
Sunshine, Car Dealership)

## 1992

90 new homes completed  
in Hungry Valley; 35 rental  
units; completed Four Winds  
Park; a baseball field and  
community building

## 1992

Records Management Program  
and Tribal Archives established  
by Tribal Council

## 1992

Land Acquisition on South  
Virginia St.; 1.91 Acres

## 1992

Land Acquisition on South  
Virginia Street.; 5.6 acres

## May, 1992

Land Purchase at 11450 South  
Virginia St., for Smoke Shop III;  
1.917 acres

## Oct., 1992

Land Acquisition at 11500  
South Virginia St.; 6.38 acres

## Aug., 1993

Land Acquisition at 420 US Hwy  
40; 1.10 Acres for Smoke Shop  
IV and Taco Bell

## Nov., 1993

Land Acquisition at 500  
Trelease Ln., Verdi; 2.96 acres

## 1993

Land Acquisition in Verdi; 4.13  
acres

## 1993

Land Acquisition in Verdi; 4.05  
acres



**80-Years of Vision** — Vicky Kane looks at a photo of exhibit of the Reno-Sparks Indian Colony's previous tribal council members and chairmen and a chairwomen. Her father, George Kane, was elected as the RSIC's Tribal Chairman on Dec. 16, 1967.

## April 1994

Lane Acquisition at 80  
Sunshine Ln.; 3.690 acres

## May 1994

Land Acquisition at 95 Jensen  
St.; 1.269 acres

## March 1994

Land Acquisition at 401 & 405  
Golden Ln./1900 Prosperity St.;  
1.021 acres

## May 1994

Land Acquisition at 140 Jensen  
St., formerly Ben Bolz Masonry;  
1.069 acres

## May 1994

Land Acquisition at 85 Jensen  
St.; 11.145 acres

## 1995

RSIC Language Program  
funded by a grant. Lois Kane  
named first Language  
Coordinator

## May 1995

Land & Building Acquisition at  
2501 E. 2nd St., formerly

Comstock Checking; .068 acres

## July 1995

Land Acquisition at 120 Jensen  
St.; 0.588 acres

## Aug 1995

Land Acquisition at 2453, 2455,  
2457 E. 2nd St., formerly Reno  
Radiator, Buggy Barn, and  
Empire Club; 0.625 acres

## Aug 1995

Land Acquisition at 625 Jensen  
St. formerly Napa Drainage;  
3.802 acres

## Sept 1995

Land Acquisition at 290 Kietzke  
Ln.; .074 acre and 1840 E. 2nd  
St.; 2.190 acres

## Aug 1995

Land Purchase at 625 Jensen  
St.; 3.802 acres

## November 1997

Hungry Valley Memorial  
Cemetery Dedicated

Continued on back cover



**December 1997**

Land Acquisition at 7655  
Pyramid Way, Sparks, Nev.  
22.02 acres (Spanish Springs)

**July 1998**

Land Acquisition at 7655  
Pyramid Way, Sparks, Nev.  
2.00 acres (Spanish Springs)

**October 1999**

Land Acquisition at 2415 and at  
2445 E. 2nd St., formerly L&W  
Auto and Stain Glass; 1.243  
acres

**2003**

Tribal Smoke Shop V Opens  
on Pyramid Way in Sparks,  
Nev.

**December 2003**

Land Purchase 1962 Pyramid  
Way formerly an bank; 1.004  
acres

**December 2003**

Land Purchase at 10 Giroux  
St.; 3.110 acres and land  
purchase at 1600 and 1611

Kuenzli St.; 1.57 acres

**July 26, 2006**

Ground breaking for Reno-  
Sparks Tribal Health Center  
located at 1715 Kuenzli St.

**2008**

Language Program and Library  
Moved to Modular (Golden &  
Prosperity

**Jan. 29, 2009**

Ground breaking for flood levee;  
First flood levee project to be  
constructed on Truckee River  
at Jensen St., home of future  
Wal-Mart

**October 2010**

Wal-Mart Store opens on tribal  
land on Glendale Avenue

**2012**

Land Acquisition on Golden  
Lane; .04 areas and 7,000  
square-foot building for RSIC  
Works Department

**May 19, 2014**

Grand Opening held for Smoke  
Shop III, newly constructed

building, located at 90 Auto  
Center Dr.

**October 29, 2014**

Grand Opening held for Car  
Max located on South Virginia  
Street.

**December 16, 2014**

Ground breaking for Northern  
Nevada Transitional Housing  
(NNTH) to be constructed at  
1840 E. Second St.

**August 8, 2015**

Tribal Administration:  
Chairman's Office, Tribal  
Administrator, Tribal Council  
Secretary, Finance Dept.,  
Human Resources, Public  
Relations, Funds Development,  
and Tax Office, moved to new  
office at 34 Reservation Rd.

**May 8, 2015**

RSIC members, residents,  
employees, and Dr. Pepper  
Snapple Group complete one-  
day "KaBoom" playground build  
in Hungry Valley.



**Snowbound** — One of the most popular healthy outings the Reno-Sparks Tribal Health Center annually sponsors are snow skiing trips to nearby resorts. The group photo above is from the first of five scheduled ski dates. For more information about ski trips and all the healthy, family friendly activities organized by the RSTHC, please call the health center at (775) 329-5162.

*Photos by Bucky Harjo*