



THE CAMP NEWS

VOLUME XV ISSUE 2

FEBRUARY—2019

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

Native Tribes Legislative Day Emphasizes Cohesion

Leaders call for all Tribes to come together, strengthen political effectiveness

Hundreds of Native American elders, students, elected officials, employees and tribal members recently gathered in the Nevada capital to celebrate Nevada Tribes Legislative Day.

Established in 2013 to acknowledge Native Americans' contributions to the state, the standing room only crowd attended the morning traditional blessing and packed the gallery to observe the Assembly and Senate in action. Plus, many attendees sat with their respective elected Nevada officials during the floor and committee actions.

"It has been an honor to be a part of the day's creation and its continued growth over the last four sessions," said Sherry Rupert, executive director of the Nevada Indian Commission. "We're not only tribal members, but we are citizens of Nevada, so we should be aware of what's happening here."

According to Rupert, the designated day helps acknowledge the prosperity and cultural diversity which continue to thrive in Nevada and the United States.

The welcome also included the posting of the colors and an

honor song performed by various tribal members.

In addition to sentiments from Tribal leaders, students swapped Nevada Tribes Legislative Day for a classroom civics lesson.

"I'm the kind of person who learns better by watching and doing rather than reading a book," said Gabriel Lomeli, an 8th grader at Vaughn Middle School and a Reno-Sparks Indian Colony resident. "It was

interesting to hear what our leaders had to say about water, mining and consultation."

He said it makes sense that Native Americans should join forces and work together.

That certainly was the messages many Tribal leaders sent when addressing the group before and after lunch was served.

"A lot of things that have happened, affect us all in the

Continued On Page 4



Future Leaders — Students Pablo Brito, Gabriel Lomeli, and Kristina Wadsworth along with RSIC Education Advisors Tanya Hernandez and Rhonda Knight attended Nevada Tribes Day at the Legislature. A biennial event held on the second Tuesday of the session, the public is given an opportunity to watch elected leaders in action.



**VISIT THE
FOOD BANK OF NORTHERN
NEVADA'S MOBILE HARVEST
IN HUNGRY VALLEY
NOW OCCURRING MONTHLY!**

**WHEN: MONTHLY ON THE 3RD
MONDAY OF THE MONTH
12-1PM**

**WHERE: PARKING LOT
ABOVE THE GYM**

WHO: ANYONE IN NEED

**STARTS
MONDAY MARCH 18TH
12-1PM**



**FBNN'S MOBILE HARVEST GIVES
ACCESS TO NUTRITIOUS,
HEALTHFUL FOOD BY VISITING
NEIGHBORHOODS TO DISTRIBUTE
PRODUCE AND OTHER FRESH FOOD
ITEMS. ANYONE MAY USE THE
PROGRAM. LIMIT ONE DISTRIBUTION
PER WEEK**

**QUESTIONS?
CONTACT STACY
BRISCOE, RSTHC DM
PROGRAM MANAGER
OR
JANE SMITH, RSTHC
BENEFITS
COORDINATOR AT
RSTHC 329-5162**

Deadlines, Mailing List

The Camp News Profile

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the RSIC Public Relations Department and duplicated and distributed by RSIC Administration Front Office.

SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

CONTACT OUR STAFF

E-mail your submissions to smontooth@rsic.org or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: www.rsic.org and PDFs of our publication are available.

If you have questions, call us at 329-2936, ext. 3268.

www.rsic.org

Important MARCH dates

- 3 Beginner Paiute, RSIC Library, 4 p.m.
- 4 Education Advisory Committee, Ed Conference Rm, Noon
Senior Advisory Committee, Senior Center, 1 p.m.
Grad Cap Beading Classes, RSIC Library, 5 p.m.
Enrollment Committee, Enrollment Office, 6 p.m.
RSIC Pow Wow Club Practice, RSTHC, 6 p.m.
- 5 Yoga With Kim, RSTHC, 12 p.m.
- 6 Law & Order Committee, Tribal Court, 6 p.m.
- 7 Yoga With Kim, RSTHC, 12 p.m.
Shoshone Language Class, RSIC Library, 4 p.m.
Intermediate Paiute, RSIC Senior Center, 6 p.m.
- 9 Community Event at Fleishman Planetarium, UNR, 11:30 a.m.
- 10 Daylight Savings Times Begins, 2 a.m.
Beginner Paiute, RSIC Library, 4 p.m.
- 11 Grad Cap Beading Classes, RSIC Library, 5 p.m.
- 12 Yoga With Kim, RSTHC, 12 p.m.
Scholarship Night, RSIC Education Dept., 6 p.m.
Rethink Your Drink, RSTHC, 5:30 p.m.
- 13 Senior Paiute Classes, Senior Center, 1 p.m.
Tribal Council Meeting, 34 Reservation Rd., 6 p.m.
- 14 Yoga With Kim, RSTHC, 12 p.m.
Shoshone Language Class, RSIC Library, 4 p.m.
Camp News Submission Deadline, 5 p.m.
Intermediate Paiute, RSIC Senior Center, 6 p.m.
Scholarship Night, Hungry Valley Education Dept., 6 p.m.
- 16 Car Seat Inspection Checkpoint, RSTHC, 9 a.m.
- 17 Beginner Paiute, RSIC Library, 4 p.m.
- 18 Mobile Harvest Distribution, Hungry Valley Gym Parking Lot, Noon
Grad Cap Beading Classes, RSIC Library, 5 p.m.
Executive Health Board Meeting, RSTHC, 5:30 p.m.
- 19 Commodity Distribution, Senior Center, 8 a.m.
Yoga With Kim, RSTHC, 12 p.m.
Language & Culture Advisory Board, RSIC Library, 5:30 p.m.
- 21 Fast Food Truths, RSTHC, Noon
Shoshone Language Class, RSIC Library, 4 p.m.
Fast Food Truths, RSTHC, 5:30 p.m.
Intermediate Paiute, RSIC Senior Center, 6 p.m.
- 23 NUI 12th Annual Diabetes Health Fair & Pow Wow,
Boys and Girls Club, 9th Street, 9 a.m.
- 24 Beginner Paiute, RSIC Library, 4 p.m.
- 25 Community Meeting on Cannabis Industry, 34 Reservation Rd., 6 p.m.
Housing Advisory Board, Housing Office, 7 p.m.
- 26 Yoga With Kim, RSTHC, 12 p.m.
Community Meeting on Cannabis Industry, Hungry Valley Rec Center, 6 p.m.
- 27 Economic Development Meeting, 34 Reservation Rd., 6 p.m.
- 28 Yoga With Kim, RSTHC, 12 p.m.
Shoshone Language Class, RSIC Library, 4 p.m.

Continued From Front Page

exact same way," said newly elected Chairman Serrell Smokey of the Washoe Tribe of Nevada and California. "If we...work together, there would be no stopping us."

Chairman Smokey went on to explain that despite superficial differences, we are connected.

"We have different tribes, we have different people, we have different languages, but we are all the same," Chairman Smokey said. "We need

to work together."

Yerington Paiute Tribal (YPT) Chairwoman Laurie Thom gave an example of joining forces. Chairwoman Thom explained that she and the Walker River Paiute Tribal Chairwoman Amber Torres have been drafting legislation with Assemblywoman Sarah Peters to put together a bill which would benefit all Nevada Tribes.

Called the Nevada Tribal Consultation Act, Chairman Thom said the bill is meant to connect Tribes with state

government throughout the entire legislative process.

Thom specified that such communication might have changed the critical decision to allow the Nevada Division of Environmental Protection to become the lead agency responsible for cleaning up the devastation left behind at the Anaconda Mine which has polluted the water on her reservation.

Located nine miles from the land base of the YPT, the

Continued On Back Cover

SAVE THE DATE



2019 **Hozhoni Days** Pow Wow

APRIL 12th - 13th

FORT LEWIS COLLEGE | DURANGO, CO



This pow wow is being organized by RSIC's Raquel Thomas, the Vice-President of Wanbli Ota at Fort Lewis College. Two other Great Basin students at Fort Lewis include MorningRose Tobey and Terrence Fillmore.

HOW THE LEGISLATIVE PROCESS WORKS IN NEVADA



to Next House

Anything not passed out of the house by April 23 dies

Bill Proposed

Must pass out of committee by April 12

Early in the session, before bills are numbered, legislator's planned bills are called Bill Draft Request or BDRs.

Committee

Must be "read twice in committee (at least two hearings). Can be altered or indefinitely postponed.

Many bills die here
Public feedback or Testimony

Floor Debate & Vote

Once the bill passes out of committee, the entire house gets to debate and vote. 11 votes are needed in the senate & 22 in assembly.

Many bills die here



Conference Committee

If the house disagree on bill language, they get together in a reconciliation committee. If both houses adopt the changes, the bill passes.



to Governor



Disagreement between Houses

To Next House

Both houses must approve the bill. Sometimes similar bills are proposed in each house. A Senate bill is referred to the Assembly; and an Assembly is referred to the Senate.

Must pass out of committee by May 17

Committee

Must be "read twice in committee (at least two hearings). Can be altered or indefinitely postponed. Postpone mean usually means the bill dies.

Many bills die here
Public feedback or Testimony

Floor Debate & Vote

Once the bill passes out of committee, the entire house gets to debate and vote. 11 votes are needed in the senate & 22 in assembly.

Many bills die here

Second House Does Not Pass Bill

Anything not passed out of the house by May 24 dies



Bill is Dead



Veto

Governor's Desk

The governor has 5 days (except Sunday) to sign the bill if the legislature is still in session, otherwise he has 10 days after the legislature adjourns. If he does not sign, the bill still becomes law.

Signature

Once the governor signs the bill, it becomes law and is chaptered. If he vetoes it, the legislature can try to override the veto next session.

Becomes Law

Unless the bill has an effective date, it takes effect on Oct. 1.

Bill is Dead

Legislature can try to override at their next session in two years.

*Graphic adapted from chart by The Peoples' Branch of the Government



WHAT YOU SHOULD KNOW ABOUT THE 80TH SESSION OF NEVADA THE LEGISLATIVE

NEVADA LEGISLATURE TIDBITS

- ◀ The second Tuesday of February during each regular legislative session is Nevada Tribes Legislative Day.
- ◀ The Nevada Legislature is a bicameral body, consisting of the lower house, the Assembly, with 42 members, and the upper house, the Senate, with 21.
- ◀ With a total of 63 seats, the Legislature is the third-smallest bicameral state legislature in the United States.
- ◀ The Nevada Legislature convenes every other year.
- ◀ The Nevada State Legislature as of 2019 is the first female-majority State Legislature in the history of the United States.
- ◀ The Democrat Party currently controls both houses of the Nevada State Legislature.
- ◀ The Nevada State Legislature begins the first Monday in February in odd-numbered years.
- ◀ The Nevada State Legislature lasts 120 calendar days, this year, June 3, 2019.



Bills That Impact the RSIC

In 2019, 1,078 Bill Draft Requests submitted-13 bills and 2 budget accounts of interests to RSIC

AB 44 Enacts provisions relating to the administration of the Stewart Indian School

School land be credited to the Nevada Indian Commission's Gift Fund.

AB 71 Makes various changes concerning expenditures related to disasters and emergencies.

SB 66 & SB 67 Revises provisions relating to emergency management.

AB 134 Provides for the creation of a Nevada state bank.

SB 81 Revises various provisions relating to tobacco products.

AB 137 Revises provisions concerning state and local business licenses.

SB 182 Act relating to the powers of a peace officer on certain law enforcement personnel relating to Indian tribes under certain circumstances.

AB 191 An appropriation to the Division of Public and Behavioral Health to award grants to certain counties, federally recognized Indian tribes or other persons or entities for Mobile Outreach Safety Team services.

BDR 300 AJR: Urges Congress to rename the Jeff Davis Peak with a tribal-related name.

SB 34 Revises services related to emergency management.

BDR 891 Revises provisions governing Indian and tribal affairs.

SB 59 Requires proceeds from fees collected for the use of Stewart Indian

BA 2600 Nevada Indian Commission

BA 2601 Stewart Indian School Living Legacy



JACK MALOTTE: Sagebrush Heathen

June 8 – October 20, 2019

A solo exhibition featuring a lifetime
of artwork by Jack Malotte.



Donald W. Reynolds Center for the Visual Arts | E. L. Wiegand Gallery
160 West Liberty Street | downtown Reno, Nevada | 775.329.3333 | nevadaart.org

Report to the Community from the Chairman's Office

National Congress of American Indians, Standing for Sovereignty, Tech Advancements

I would like to update the Reno-Sparks Indian Colony Community as to issues the Tribal Council and I have been working on during the first two months of 2019.

First of all, I, along with Council members Anthony Abbie, Shawna Johnson and Robin Eagle traveled to Washington D.C., to attend the National Congress of American Indians (NCAI) Executive Policy Summit.

We were fortunate to have some of our youth, Hope Dressler, Brendan Abel and Dania Wahwasuck, accompany us in visiting the Nation's Capitol and to listen, interact and gain a firsthand experience about the issues important to Tribal Nations (see the photos on page 20).

We listened to the "State of the Tribal Nations" address by NCAI President Jefferson Keel who focused on the

"The main issues...are protecting sovereignty and the tax issues..."

—Arlan D. Melendez

negative effects of the recent government shutdown and sent a clear message to President Donald Trump and Congress that the Federal government is not living up to its trust responsibility to Indian Tribes;

especially if the government is to shut down again.

As you know President Trump opted not to shut down the government and declared a national emergency to fund his border wall.

NCAI convened a forum between Tribal Leaders and White House Representatives to establish better government to government relations and communication. The meeting was basically a listening session whereby the White House representatives, Theodore Wold and William Cruzer listened to the Tribal leaders concerns and recommendations.

The Tribal leaders developed a position paper asking for a Native American person be included in the White House Inter-Governmental Affairs office and to reestablish the White House Council on Native Nations and to hold a Native Nations Summit with the President of the United States and his White House Council which are the Secretary and Directors of all Federal Departments. This would be similar to the relationship under the Barack Obama Administration.

When asked by a Tribal Leader if they had recently met with President Trump, the White House Representatives answered "not directly".

In addition, while in Washington D.C., we met with our national representatives: Senator Catherine Cortez-

Masto, Senator Jackie Rosen and Congressman Mark Amodei.

Some other good news is that the NCAI will be holding its Mid-Year Conference in Sparks, Nev., at the Nugget, this June 23-26.

Hosting this national event gives Great Basin Tribes an opportunity to show case and celebrate all our communities, and it also provides a chance to discuss important issues which effect all Tribes.

As to other important issues, I was appointed by Nevada Governor Steve Sisolak to his newly formed Cannabis Compliance Advisory panel which is tasked with preparing enabling language for a permanent Cannabis Compliance Board which will be presented to the State Legislature during this current 80th session.

Though the RSIC has not yet decided to participate in the Cannabis business, a number of Nevada tribes have signed compacts with the State and are doing business. The main issues, important to us and other tribes, are protecting our sovereignty and the tax ramifications.

Continued On Page 9



*RSIC Chairman
Arlan D. Melendez*

It is a very complicated industry and nobody seems to be an expert, including the State.

Nevada is modeling regulation and enforcement similar to its expertise in the gaming industry by way of the Nevada State Gaming Regulatory Board and Commission.

During our first meeting a few weeks ago, I reminded the State representatives that the Indian Gaming Regulatory Act (IGRA) which was a result of the Cabazon (California) Supreme Court decision, was not favorable to the Tribes and required Tribes to enter into Gaming Compacts with the State.

Tribes felt this was an infringement on Tribal Sovereignty. I pointed out the fact that Federal Law required Tribes to compact with states for gaming; there is no federal law that mandates Tribes to compact with States; and that States do not have jurisdiction over tribes on Tribal land.

Further, in 2017, the State Legislature passed Senate Bill 375 which provided the State with the ability to enter into compacts with Tribes for the purpose of mitigating threats to public health, and for safety posed by potential conflicts between State and Tribal laws relating to marijuana, and to bolster commerce by reducing uncertainty and allowing for the more efficient conduct of business in the State and on tribal lands.

The bottom line is that both the State and the Tribes want regulation and enforcement that protects health and safety, and



Tribal Perspective — Reno-Sparks Indian Colony Chairman Arlan D. Melendez was appointed by Nevada Governor Steve Sisolak to a seven-member Cannabis Compliance Board. Though the Colony has not decided whether to pursue the industry, Chairman Melendez believes that Tribal sovereignty must be protected anytime government regulations are being considered that might impact Indian Country. The advisory panel's tasks will include: developing the cannabis board by studying the current regulatory structure and identifying elements needed, reviewing potential fixes for the lack of banking in the Nevada cannabis industry, exploring the possibility of cannabis consumption lounges and reviewing the confidentiality provisions used in state marijuana regulation.

Photo By Marla McDade Williams

if the compact agreements can ensure both parties are doing that without intrusion by the State onto Tribal lands then it seems workable.

I will keep everyone updated on the issue.

Furthermore, we had previously submitted a resolution and proposed RSIC Tribal Constitution amendments to the Bureau of Indian Affairs (BIA) asking for a Secretarial Election.

Since then, the BIA informed us that what we submitted was confusing and that we had to make changes which were passed by a Tribal Council resolution in February 2019.

The changes include Article 1, Territory for referencing Hungry Valley new lands and airspace etc., membership Article 2, includes base roll, descendant-

cy, combining blood quantum from Paiute, Washoe and Shoshone to make the 1/4, but lowering blood quantum to 1/8 had to be taken out to eliminate confusion.

That amendment will be voted on in another Secretarial Election probably in the near future.

Finally, the Tribes financial position seems to be very good as we reviewed the close out financial reports on business tax revenue for 2018 and we seem to be ahead of our projected revenue for the first two months of 2019.

Some more good news is that the Tribal Council approved funding and contract with Sky Fiber to bring fiber optic cable up Eagle Canyon Road into Hungry Valley which will greatly help internet service.

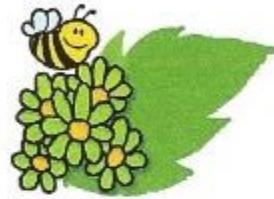
4th Annual *Tamano Craft Fair*

- Tamano means Spring in the Paiute Language -

May 10-11, 2019

**34 Reservation Road
Reno, NV 89502**

(Off Interstate 395, take Mill Street or Glendale Off-Ramp on West side)



Open 10 a.m. - 6 p.m.

(Open & Close on both days)

**Come and support our local
& surrounding area Craft Vendors!**



Just in time for Mother's Day!

- Beaded Items	- Native Blankets
- Native Jewelry	- Baked Goods
- Native Artwork	- Handmade Quilts
- Books & Music, and many one-of-a-kind items!	

INDIAN TACOS will be sold!

Vendors: Limited space available, so don't wait to reserve your spot!

*For more information, contact Joanne at (775) 636-6618
or online at: tamanocraftfair@gmail.com*

Mobile Food Harvest to Continue in Hungry Valley

Food Bank of Northern Nevada to deliver nutritious, healthful free food for needy

A temporary solution in response to the longest federal government shutdown in history uncovered a long-term issue.

Residents in Hungry Valley are in a food desert, but the Food Bank of Northern Nevada, will help anyone in need who lives in the rural community.

“Our aim is to remove barriers that prevent access to underserved areas, and allows for fast and flexible delivery of food and grocery products including fresh produce, milk and baked goods,” said Jenny Yeager, the director of programs and community engagement for the Food Bank of Northern Nevada. “Assisting the Reno-Sparks Indian Colony’s Hungry Valley community fits our mission to reach rural residents.”

The United States Department of Agriculture says that Food deserts are defined as parts of the country with low access to fresh fruit, vegetables, and other healthful whole foods. This is largely due to a lack of grocery stores, farmers’ markets, and healthy food providers.

Last month, as the partial government shutdown lagged on for 35 days, millions of Americans who typically use the Supplemental Nutrition Assistance Program (SNAP) and/or the Nutrition Program for Women, Infants, and Children were impacted.

According to the RSTHC, over



Easy Process — *The Food Bank of Northern Nevada will operate a Mobile Food Harvest in the parking area of the Hungry Valley Gym on the third Monday of the month for anyone in need. Participants are asked to be there at 11:30 a.m., and bring bags or boxes.*

100 clients use either SNAP or WIC, and when the program stalled, community partners like the Food Bank of Northern Nevada jumped to help.

In the midst of the shutdown, Nevada Governor Steve Sisolak brought Great Basin Tribal leaders, human services agencies, and his staff together for a meeting at the capital to address how the state might assist Native Americans during the federal government shutdown.

“We had some wiggle room in February, so we were able to operate from two successful temporary locations on Tribal lands,” Yeager said. “After seeing the tremendous positive effects of this partnership, we wanted to include the Tribe’s rural site in our monthly rotation.”

Yeager explained that unlike for Colony residents, there are no nearby mobile harvest locations in the Spanish Springs area. Plus, Hungry Valley’s designation as a food desert has to be considered because the isolated reservation doesn’t have any food providers, especially fresh fruits and vegetables, within one mile, and all but one of the closest food options are quickie marts and fast food restaurants that provide a wealth of processed, sugar, and fat-laden foods that are known contributors to our nation’s obesity epidemic.

The mobile food harvest program is simple.

Those in need should arrive 30 minutes prior to the hour-long distribution, sign their name to a client list which also

Continued On Page 15

SCHOLARSHIP NIGHT



If there is free money...
That nobody else wants...
And you don't have to payback...
Why wouldn't you apply for it??!!



**Reno Colony: March 12
Hungry Valley: March 14**

-6PM-

• PLEASE BRING A LAPTOP
(RSIC EDU. WILL HAVE
SOME AVAILABLE)

• FOOD AND DRINKS WILL BE
PROVIDED

For more information please call:

Higher Education Advisor
Kenny Dyer-Redner: 775-329-6114
OR
High School Education Advisors
Tanya Hernandez: 775-329-6114
Justin Zuniga: 775-785-1310

**Are you a High School Senior
or currently enrolled in a
Higher Ed program?**

GUEST PRESENTER:

-Teresa Melendez-

College success coordinator
American Indian College Fund



Hungry Valley: 9066 Eagle Canyon Dr.
Reno: 34D Reservation Rd.

RSIC IS AN EQUAL OPPORTUNITY SERVICE PROVIDER AND EMPLOYER

Two Spirit Powwow Offers Restoration, Recovery

RSIC Tribal member Johnny Christy shares his experience

It included a nearly five-hour bus ride, but Johnny Christy made it, and he was so inspired he wants to continue to build community, in the most accepting meaning of the word.

As an awardee by the Bay Area American Indian Two Spirits organization (BAAITS), Christy took advantage of a cash cultural stipend to attend the 8th Annual Two Spirit Powwow.

"I'm a spectator, I don't dance," Christy said. "But just to feel the energy of the city was good."

According to its website, BAAITS exists to restore and recover the role of Two Spirit people within the American Indian/First Nations community by creating a forum for the spiritual, cultural and artistic expression of Two Spirit people.

Two Spirit refers to the commonly shared notion among many Native American tribes that some individuals naturally possess and manifest both masculine and feminine spiritual qualities.

Christy, a member of the Reno-Sparks Indian Colony, said that in the past, some of his family members have attended the Two Spirit Powwow and returned with positive reviews.

"I needed to do this for my spirit," Christy said. "I wanted to be around, to see, and to honor and support the community."

Two Spirit is a pan-tribal term,

but many tribes have their own words for very specific identities or social and ceremonial roles.

One RSIC elder said that even though today's generation doesn't use the RSIC's ancient languages in reference to two spirits, she recalls stories from her childhood of which two spirit people were treated with honor and respect.

One of the pow wow organizers, Roger Kuhn, a Poarch Creek Tribal member, told the *San Francisco Chronicle* that the gathering harkens back to traditional times and is an immense celebration and also an act of resistance.

The pow wow, which has grown from 500 people in its inaugural year, saw more than 4,000 people crowd the Fort Mason Center for Arts and Culture.

"The place was the size of this block," Christy motioned during an interview at the RSIC



Johnny Christy

Administration Office. "Plus, it was right on the marina."

His first Two Spirit Powwow, Christy was overwhelmed by the welcome he got.

"I was assigned a host couple and when I was introduced, I was always welcomed by the people," Christy said. "Everyone was happy that I was one of the ones helped by the travel stipends."

Included on the Indian Health Services (IHS) resource service page, traditionally, Native American two spirit people were male, female, and sometimes

Continued On Page 15



Huge Crowd — The 2019 Bay Area American Indian Two Spirits Pow Wow drew more than 4,000 participants to this celebration of the natural manifestation of masculine and feminine spiritual qualities. The event drew families, singles, couples, dancers and spectators. RSIC Tribal member Johnny Christy was awarded a travel stipend to attend.

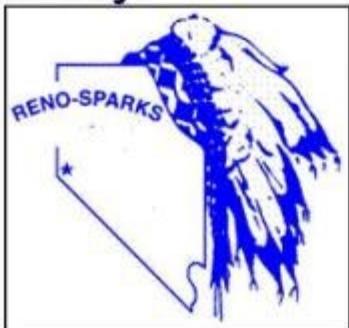
Photo Provided By Johnny Christy



Point of **IMPACT**

Car Seat Inspection Checkpoint

Hosted by:



1715 Kuenzli Street, Reno

**Saturday, March 16th
Beginning at 9 am**

**Reno-Sparks Indian Colony
Tribal Health Center**

**For additional information visit
www.remsahealth.com/outreach**

Our free Checkpoints are staffed by volunteers. Your donations are always appreciated and are used locally.

**Francisco Ceballos, Community Programs Coordinator
(775) 858-5700 ext. 3139**

intersexed individuals who combined activities of both men and women with traits unique to their status as two spirit people.

“Before the arrival of Christian missionaries, many tribes considered Two Spirit people to be spiritually gifted and socially valuable,” said Steven Barrios, 54, of the Blackfeet Reservation in Montana.

In most tribes, two spirit people were considered neither men nor women; they occupied a distinct, alternative gender status. In tribes where two spirit males and females were referred to with the same term, this status amounted to a third gender.

In other cases, two spirit females were referred to with a distinct term and, therefore, constituted a fourth gender. Although there were important variations in two spirit roles across this continent, they shared some common traits like specialized work roles, gender variation, spiritual sanction, and same-sex relations.

According to IHS, after colonization, two spirit roles, in particular, were singled out for condemnation, interference, and many times, violence. As a result, two spirit traditions and practices went underground or disappeared in many tribes.

The organizers of BAAITS want to restore our traditions for two spirits. They say that today, a two spirit is an indigenous individual fulfilling one of many mixed gender roles in their tribe.

“It is not interchangeable with “LGBT Native American” or

“Gay Indian,” wrote John Leland of the *New York Times*. “Two Spirit title differs from most western, mainstream definitions in that it is not a modern, self-chosen term of personal sexuality or gender, rather, it is a sacred, spiritual and ceremonial role that is recognized and confirmed by the Elders.”

Christy said that unlike other pow wows he has attended, there is respect for gender.

“Women were warriors; men were in jingle dresses or whatever they wanted,” Christy said. “They could be who they are.”

He was so inspired by the respect shown to the circle, Christy said that he and other Great Basin Native Americans want to honor two spirits in the Reno/Sparks area.

“We are just looking to support, not just Tribal members, but the entire Reno community,” Christy said. “We even want to help people with coming out.”

Christy knows what the support feels like.

He explained that during the Two Spirit Powwow, he did venture into the sacred circle as he participated in an intertribal dance. He said he was even able to coax some others, not familiar with the very public display to join.

Christy explained that at the Two Spirit Powwow there was a sense of acceptance he had never felt before.

He described the time away as if it was a retreat.

“I healed my cultural and spiritual side,” Christy said, “plus, I got to see inside the city.”

Assisted by Comfort & Joy, an

organization which defines itself as “...a queer community and arts collective,” and hosted by Kitten and Ultra, Christy said he met dozens of new people, went to dinner parties, went to dances, and even took bicycle rides through the Castro and Haight-Ashbury districts.

“I just want to send a shout out to all those who helped me,” Christy said. “I think the whole thing was meant to be.”

requests the number of people living in the household. Clients are encouraged to bring bags and limited to one pick up each week.

As the Food Bank of Northern Nevada mission indicates, access to the mobile food harvest is fast and flexible. Participants are able to collect pre-packed boxes and farmer’s market-style fruits and vegetables which has included apples, bananas, lettuce, cabbage, onions, pinto beans, brown rice, instant mashed potatoes, breakfast cereal, frozen dinners, bread and milk.

During the temporary operations in February, the Food Bank of Northern Nevada helped 183 families.

For more information about the **Monday, March 18** mobile harvest in Hungry Valley in the large parking lot above the gymnasium, please contact Jane Smith from the RSTHC Benefits Division or Stacy Briscoe from 3Nations Wellness Center Diabetes Program at 329-5162 or see: <https://fbnn.org/get-help/program-schedules/>.

RSIC LIBRARY & LANGUAGE & CULTURE PROGRAM

GRAD CAP BEADING CLASSES

Please join us at the RSIC library for a 6 part series on how to bead a graduation cap. All materials will be provided for anyone with a graduating high school senior. Seating is limited. Sign -up required.

401 Golden Lane
Reno, Nevada 89502
(775) 785-1320
agutierrez@rsic.org



Monday, March 4, 11, & 18 - 5pm - 7pm
Monday, April 8, 15, & 22 - 5pm -7pm

Get With It Girls: Cybersecurity Competition Is On

Female high school, college students encouraged to explore potential STEM career

Carson City, Nev. – Governor Steve Sisolak recently announced that Nevada is partnering with the [SANS Institute](#) to launch Girls Go Cyberstart and Cyber Fast-Track.

The initiative provides young women in high school and college with an opportunity to learn cybersecurity skills, discover their cyber talents, and explore what a career in the field entails.

The three high schools in Nevada that have the most participants will win awards of \$1,000, \$750, and \$500, respectively.

At least 10 high school girls will each get \$500 scholarships to help pay for college.

The top college students from around the nation will be eligible to win \$2.5 million in scholarships.

“I am committed to ensuring that all young women across Nevada have access to the education and experiences that will prepare them for exciting careers in STEM fields,” said Governor Sisolak. “Initiatives like this will inspire our students to discover a passion for innovation and find a rewarding career here in Nevada.”

Girls Go CyberStart is a free cybersecurity skills program designed to educate and inspire high school girls.

Participating students do not need prior cybersecurity knowledge or IT experience. All

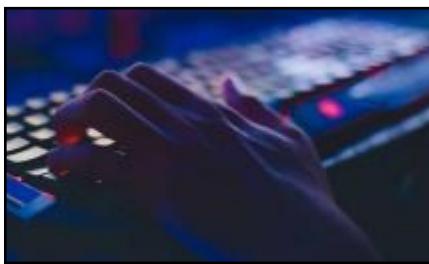
that is required is a computer and an internet connection.

In 2018, 1,075 girls in Nevada from 38 different high schools, second most in the nation, participated in Girls Go Cyber-Start, and the goal for 2019 is to double those numbers.

“Technology is transforming every sector of Nevada’s economy,” said Brian Mitchell, Director of the Governor’s Office of Science, Innovation and Technology (OSIT). “Girls Go CyberStart will help us cultivate interest among the next generation of Nevada’s young women.”

According to OSIT, jobs in Nevada requiring cybersecurity skills are projected to grow 39 percent through 2026. These jobs have an average annual wage of about \$83,000.

As part of the CyberStart Game, participants will take on the roles of agents in the Cyber Protection Agency where they will develop forensics and analysis skills and deploy them to sleuth through challenges and tackle various online cyber-criminal gangs. As they work their way through the game,



Eighty Three Grand — *Currently, entry level cyber security jobs average \$83,000 a year.*
File Photo

players will be challenged to solve puzzles and be introduced to a broad spectrum of cybersecurity disciplines, including forensics, open-source intelligence, cryptography, and web application security.

In addition to the high school competition, female and male college students will also be able to play this year in a companion program called Cyber FastTrack, which allows students who excel in both the CyberStart Game and CyberStart Essentials (an online course that extends the learning of the CyberStart Game) to be eligible to win \$2.5 million in scholarships for advanced cybersecurity training and to be introduced to employers for internships and jobs in the field.

Registration is underway. High school girls may register for Girls Go CyberStart through March 20, when the games begin. College students may register for Cyber FastTrack beginning on April 5 and will be able to start playing immediately. There is no charge to participate.

To see the types of challenges the students will face in the games, please visit <https://go.joencyberstart.com/>. More information may be found at girlsgocyberstart.org for Girls Go CyberStart and at cyberfasttrack.org for Cyber FastTrack.

HERE'S WHAT THE RESEARCH SHOWS!

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*

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In & Around: Reno-Sparks Indian Colony Community

Youth visibility, youth pride, volunteer leadership, elected leadership



Represent — In addition to Tribal Council leadership, three community youth recently attended the National Congress of American Indians Mid-Year Conference. For the young people, NCAI has established a youth commission as a space for Indian Country's young people to stand together, empowered. Pictured are Shawna Johnson, Dania Wahwasuck, Arlan D. Melendez, Robin M. Eagle, and Hope Dressler. Back row: Anthony Abbie and Brendan Abel.

Photo Provided By Shawna Johnson



Champions — Last week, the Spanish Springs High Girls' Basketball squad won its 4A Regional Championship. It was the first time in the school's history, that a girls hoops team will represent the Cougars with a No. 1 seed at the state tournament. Pictured are Kiyla Wadsworth, Mariah Barraza, Autumn Wadsworth, Serena Sanchez, Lauren Dressler, and Meadow Wyatt. Back row: Coach Anthony Abbie.

Photo Provided by Jean Wadsworth



No More Stolen Sisters — At a recent fundraiser, Michon R. Eben sang in honor of Missing & Murdered Indigenous Women and Girls while Autumn Harry listened. Organized by a group of Great Basin Indigenous Women, an expert panel provided statistics and data on missing loved ones from all over North America.



Sovereign Governance — During the recent National Congress of American Indians conference held in Washington D.C., RSIC Tribal Councilman Anthony Abbie engaged in government-to-government relations with United States Senators Catherine Cortez Masto and Jacky Rosen.

Photo By Chris Lambert

In & Around: Reno-Sparks Indian Colony Community

Military career promotion, individual civic service, cultural communication



Sir, Yes Sir — James Phoenix, a military Veteran who began his law enforcement career at the Reno-Sparks Indian Colony, recently was promoted to lieutenant colonel, and became the Nevada Army National Guard Provost Marshal. Lt. Col. Phoenix is from Pyramid Lake.



She's Back — Anita Talancon was recently sworn into office by Chairman Arlan D. Melendez, to join the Reno-Sparks Indian Colony's pow wow committee. The most high-profile event hosted by the Tribe, Talancon returns to assist with the 33rd Annual Numaga Pow Wow and Indian Days.



Starting Out In A Good Way — The Reno-Sparks Indian Colony Pow Wow Club highlighted the opening of the University Arts Building. On Feb. 22, several jingle dress dancers blessed the stage in the Harlan O. & Barbara R. Hall Recital Hall as the ladies served as the inaugural performers. Construction began on the building in May 2017, a three-story facility which features a 287-seat recital hall, museum of art, fabrication lab, electroacoustic composition lab, soundproof rehearsal spaces, music practice rooms, faculty office spaces and recording studio. After the Pow Wow Club performed, Taylor Baker read a land acknowledgement, remembering the traditional, indigenous territories of the Numu, the Newe, and the Washeshu. Pictured above, from left to right: Dania Wahwasuck, Angie Alsobrook, Taylor Baker, Sydney Shoemaker, Lorri Chasing Crow, Teresa Melendez, Tziavi Melendez, Bridgette Stump, and Chesney Sampson. Drumming (far right) is Jamie Stump, while an identified person peers from the door to take a photo.

Photo By Judy Martin

Tribal Council Endorses Reno Spaghetti Bowl Project

Construction for phase including Native art, scheduled for Spring 2020

By Scott Carey
RSIC Planner

Last month, the Reno-Sparks Indian Colony Tribal Council was briefed by the Tribe's planning staff as well as by the Nevada Department of Transportation (NDOT) about four items related to reconfiguration of the interchange of I-80 and I-580 (US 395).

Commonly known as the "spaghetti bowl," this interchange is the most used route to get to, and to depart, the Colony and its households, as well as to get to and from the Reno-Sparks Tribal Health Center and three of the Tribe's business operations—Smoke Shop I, Smoke Shop II and Three Nations Walmart.

The four items presented to the Tribal Council included:

- landscaping and artwork
- a neighborhood wall plan around the Colony,
- underground power line plan for the existing power line east of the Colony
- formal endorsement of the project.

After receiving the information from RSIC and NDOT staff, the Tribal Council approved a resolution, 2019-RS-06, which approved the four items related to the project.

The endorsement of these items is the culmination of two years of project review which included; two community meetings, four presentations to the Tribal Council, and three public comment periods.

The first phase of the Reno Spaghetti Bowl project, also known as Spaghetti Bowl Express (SBX), is scheduled to begin construction in the Spring of 2020 and should be completed by fall 2022.

The existing spaghetti bowl was constructed between 1969 and 1971 when the population of the Reno-Sparks was 130,000.

With the area's current population exceeding 420,000, a new configuration of the spaghetti bowl system is needed to improve safety, efficiently move traffic and accommodate future growth in the area. Since August of 2018, the Colony's Tri-Basin Cultural Committee has worked with NDOT staff and their landscape design consultants to incorporate cul-

tural elements of the Washoe, Paiute, and Shoshone people into the artwork and landscaping for the SBX project.

Areas where cultural elements will be incorporated into the SBX project include: freeway sound walls, under the East Second Street/Glendale Avenue bridge, Mill Street bridge, the bridge over the Truckee River, inside the interchange loops at East Second Street and Glendale Avenue, and the new braided on and off ramp for East Second Street and Mill Street.

The Tri-Basin Cultural Committee has directed NDOT and its landscape design consultant to construct artwork that is "literal," not abstract and

Continued From Page 23



Facelift — *The first phase of reconfiguration of the interchange of I-80 and I-580 (US 395), also known as Spaghetti Bowl Express (SBX), is scheduled to begin in the spring of 2020 and should be done by the fall 2022. A neighborhood wall will be erected prior to the highway construction to give the Colony privacy and mitigate the side effects of the build.*

to install landscaping that will help soften up the area's concrete and pavement with plants and trees.

For the new East Second Street loop, the committee selected a generations theme which includes a fancy shawl pow-wow dancer statue, new landscaping, enlarged pedestrian sidewalk, and story boards that convey the history and

traditions of the RSIC.

For the Glendale loop (in front of Walmart), the committee selected a creation story theme which includes three oversize wolf and coyote statues, landscaping, enlarged pedestrian sidewalk, and story boards conveying a creation story.

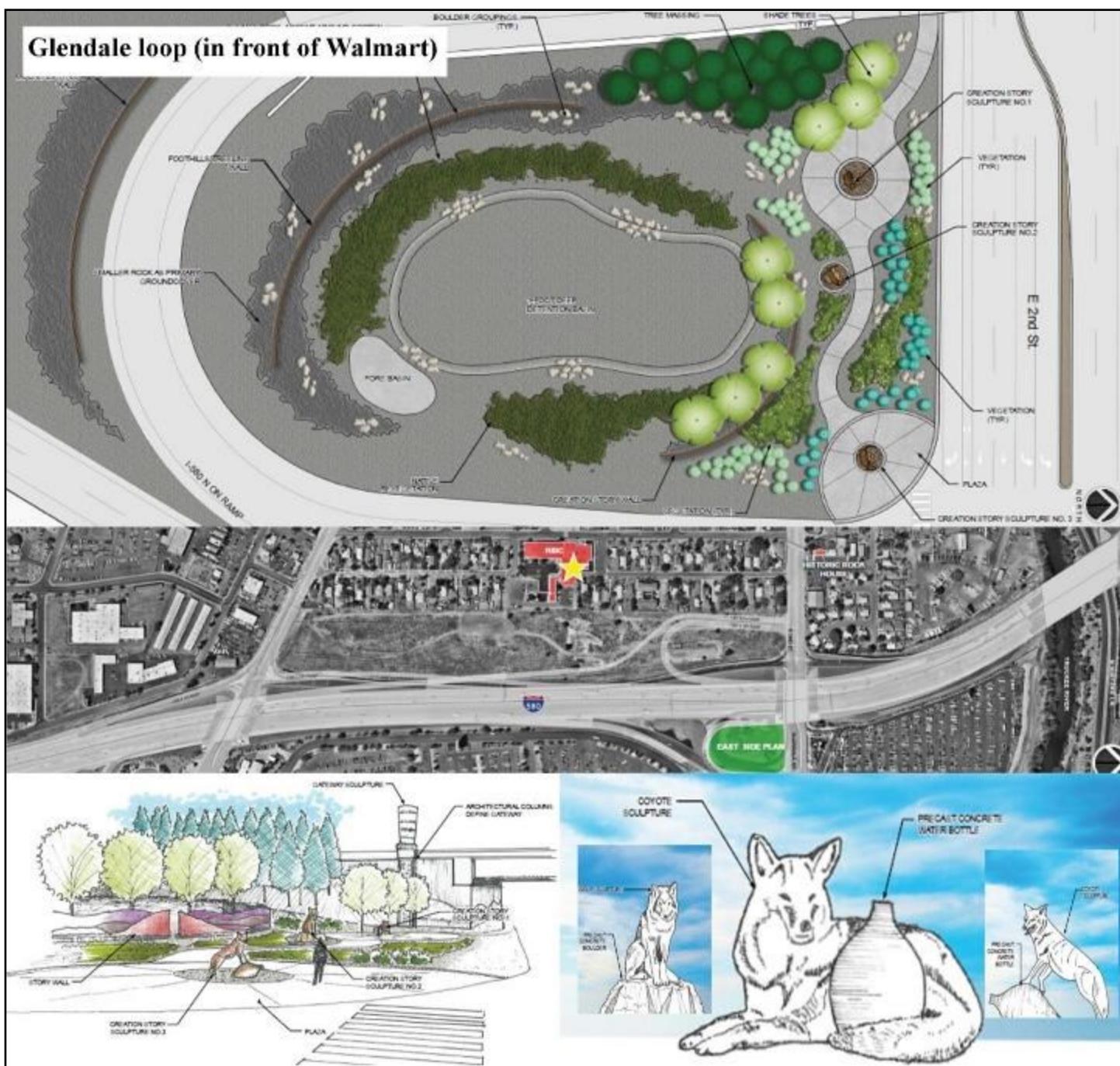
After careful review and multiple design revisions, the Tri-Basin Cultural Committee forwarded a recommendation

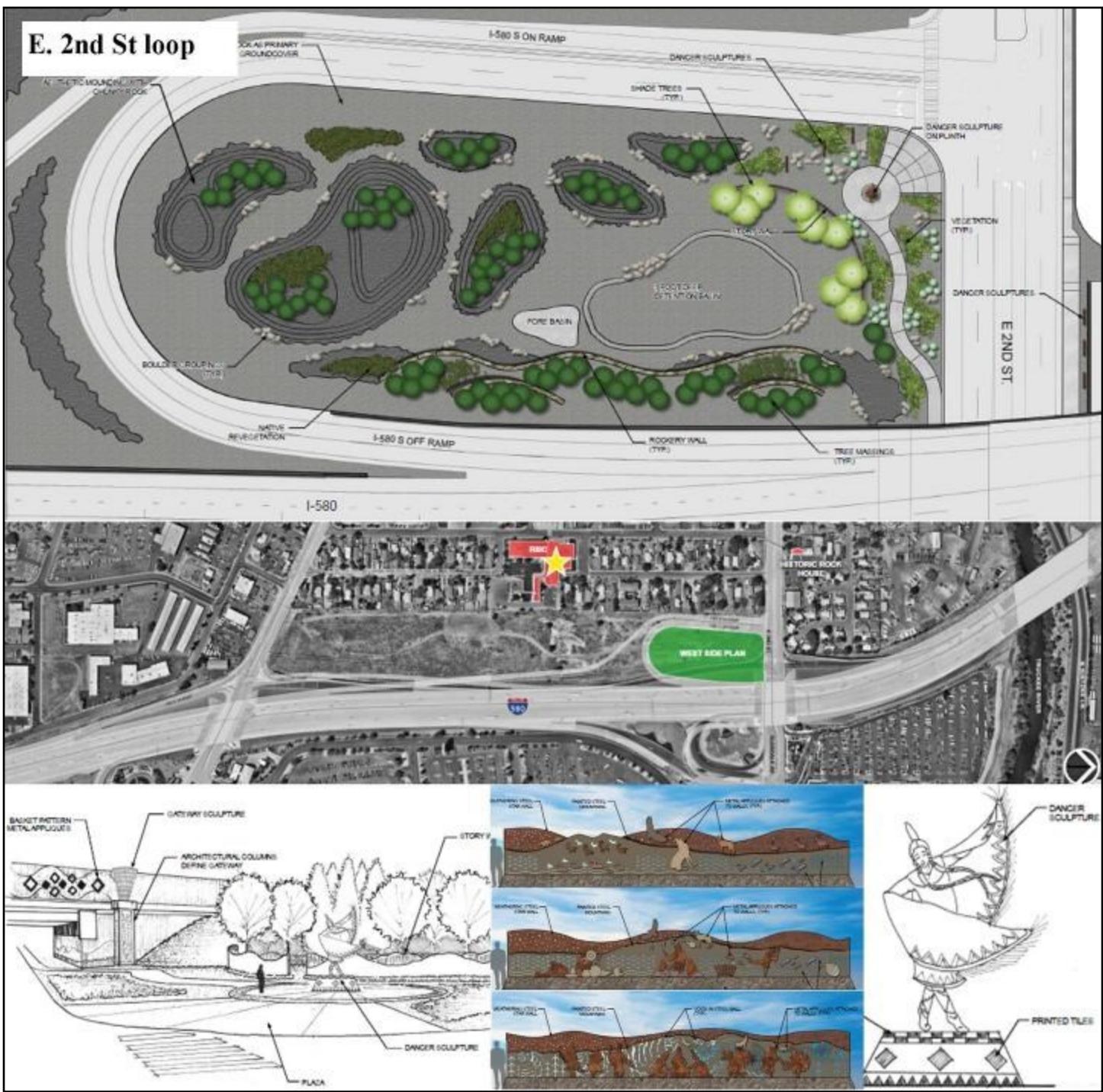
of approval to the Tribal Council for the project's landscaping and artwork.

The future maintenance costs for the new landscaping near the Colony would be covered by NDOT.

Below are maps showing the locations and renderings of the approved landscaping and artwork that will be installed near the Colony.

Continued On Page 24





At a September 19, 2018 community meeting in Reno, there was a lot of discussion among the community members about constructing a neighborhood wall adjacent to the Colony and the SBX project.

The purpose of such walls are to minimize the impact of the SBX project—sound, sight, dust, etc., and also to improve privacy and security near the

Colony once the entire project has been completed.

The proposed neighborhood walls will be constructed of block concrete panel or concrete masonry units and will be 6 to 8 feet high.

Residents suggested that neighborhood walls could be located on the east side of the Colony adjacent to the vacant 17 acres, along East Second

and Mill streets, and along the east and north property lines around the Colony Road neighborhood.

The general consensus from the community meeting was to support construction of the neighborhood walls adjacent to the community in order to improve safety, privacy and mitigate sound

Continued On Page 25

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impacts from the project. At the meeting, community members living along East Second and Mill streets requested to continue neighborhood walls in these areas to Golden Lane.

Community members also requested that the walls adjacent to the new ramps be 8-feet high, and that there not be any public access behind the RSIC homes.

NDOT has incorporated these requests into the neighborhood wall plan. Plus, NDOT has suggested that the neighborhood wall would be the first improvement constructed for the SBX project to help mitigate the project's construction impacts near the RSIC community.

Once built, the neighborhood

wall would be owned by the RSIC and future maintenance would be the responsibility of RSIC. Below is a map showing the approved locations of the walls and their conceptual design.

The third topic addressed involved an existing power line located on the east side of Reservation Road that is located on the vacant 17 acre parcel between the Colony and I-580.

This existing power line includes 25 KV and 4 KV power lines, telephone line, and cable line that provide service to the Colony and other areas.

In early 2018, the Tribal Council requested that NDOT examine the possibility of relocating this power line underground.

Over the past year, NDOT

and its design team worked with NV Energy and other utility companies to develop a plan to move this power line underground.

In late December, NV Energy prepared a preliminary design plan and cost estimate. This included relocating the 25 KV power line service away from the Colony and going underground with the 4 KV power line and other utilities.

This preliminary plan also included relocating about 16 RSIC homes' power service from above ground to underground.

The relocation of the power service would require power service to be out for 2-4 hours, and trenching through yards.

This approved power line plan will help further mitigate the

Continued On Page 27



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Continued From Page 25

impacts of the project on the community, provide more reliable power and utility service, and create a legal easement or right of way for the power line.

Finally, for the past two years, the Colony has been working with NDOT and its design consultants on the proposed freeway improvements near the Colony.

Through several revisions of the design, a preferred alternative, No. 2, has been developed so that it does not take any RSIC owned land or Tribal member homes.

The preferred alternative also preserves existing access for Tribal members and protects existing access for Tribal enterprises to the freeway.

The project includes the reconfiguration of the southbound I-580 East, Second Street/Glendale Avenue off ramp and constructing a braided ramp for the southbound I-580 Mill Street off ramp.

The project will also include several improvements to the community listed in the Colony's long range transportation plan.

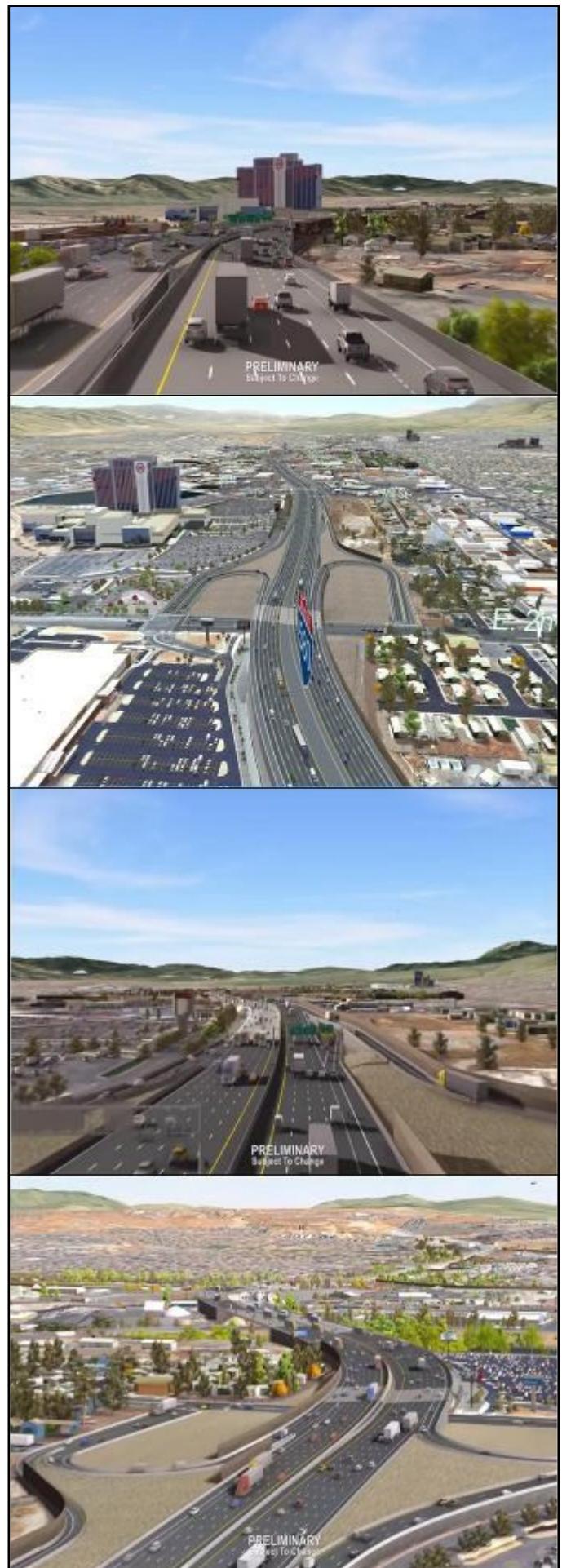
Further, it will achieve the goal of improving safety on the freeway system by reducing and eliminating existing conflicts and increasing weaving distances near the Colony.

NDOT has created a video simulation showing the SBX project; the video is available at the following link <https://www.youtube.com/watch?v=dxkxjIV74TQ>.

To the right are renderings showing what the project will look like once complete.

For more information on the Reno Spaghetti Bowl project please visit: www.ndotspaghettibowl.com, call 775-622-5555 or email: info@dot.state.nv.us.

For questions or additional information about the project, please contact Scott Carey, RSIC Planner at 775-785-1363, ext. 5406 or at scarey@rsic.org.



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This **FREE** Search and Rescue in Community Disasters course provides training for individuals to survive a disaster and to safely conduct search and light rescue response, aiding their family and neighbors in the immediate aftermath of a natural catastrophe, technological accident, or human-caused incident. The course is intended for members of the whole community and draws on information and lessons learned from a variety of disaster incidents such as hurricanes, tornadoes, and man-made events for discussion points. This course is not intended for the professional responder, however would be beneficial for the responder's family. The course also uses hands-on training to demonstrate best practices for effective search and light rescue, which can be used in both residential and commercial environments. The training will be held at the Hungry Valley Community Center.

Topics

- Developing a mindset to prepare, act and survive in a disaster involving your community
- Using survival strategies to rescue and care for yourself, your family, and your pets during and in the immediate aftermath of an event
- Providing assistance in the search, light rescue, care, and safety of your neighbors

Participants

- The target audience encompasses the whole community, including, but not restricted to:
 - Religious Organizations
 - Volunteer Fire Departments
 - Youth Organizations
 - Community Emergency Response Teams
 - Interested Members of the Community
 - American Red Cross and other Non-Governmental Organizations

Local Artist, Young Spirit, Nominated For Grammy

Native American performers spotlighted at world's biggest music celebration

Wadsworth, Nev. --- Pyramid Lake Paiute Tribal Member, Elijah Williams, was a guest at the 61st Annual Grammy Awards earlier this month.

Williams, one of 16-singers of the First Nations/Native American singing group, Young Spirit, was up for the Best Regional Roots Music Album of the year with their record: "Mewasinsational — Cree Round Dance Songs."

For nearly two decades throughout Indian Country, Young Spirit has performed with hand drums to create energy and the essence of the Cree Round Dance. The group was founded in 2001 by two brothers from the Frog Lake Cree First Nation in Alberta, Canada.

Today, its members are spread across Saskatchewan, Alberta and British Columbia, as well as in Nevada, California and Idaho.

In 2015, Williams and Young Spirit were the lead drummers at the Reno-Sparks Indian Colony's Annual Numaga Pow Wow held in Hungry Valley.

Williams, who started singing and drumming when he was 10 years old, was taught by Paiute elders and has been touring throughout North America for nearly 20 years.

Williams' wife, Delina Trottier of the Onion Lake Cree Nation in Canada, is one of the group's backup singers.

The Grammy Award's regional roots music category, new this year, is for new vocal or

instrumental American Roots recordings.

It is for performances in the style of any of the subgenres encompassed in the American Roots Music field including Americana, bluegrass, blues, folk or regional roots.

Per the category guidelines, nominated albums must contain at least 51 percent of playing time of new vocal or instrumental regional roots music recordings.

Besides Young Spirit's "Mewasinsational," the other nominated albums and performers were:

"KREOLE ROCK & SOUL"

Sean Ardoin

"SPYBOY"

Cha Wa

"ALOHA FROM NA HOA"

Na Hoa

"NO 'ANE'I"

Kalani Pe'a

The 2019 Grammy Awards aired nationally on Sunday, Feb. 10 on CBS.

Editor's Note

Information for this story was provided in an official press release distributed by the Pyramid Lake Paiute Tribe.

About the Pyramid Lake Paiute Tribe: Pyramid Lake Paiute Tribe's members are direct descendants of the Northern Paiute people who have occupied the vast area of the Great Basin for thousands of years. The Tribe maintains a 477,000-acre reservation 35 miles northeast of Reno, Nev. The reservation fully contains Pyramid Lake, a 175-square mile desert terminal lake primarily receiving water from the Truckee River.



Music's Biggest Night — Young Spirit, a well-known drum group with ties to the area, was nominated for the Best American Roots Performance at the 2019 Grammy Awards. According to PowWows.com, Young Spirit arrived at the red carpet in a limousine and the artists sang two hand drum songs on the red carpet before the awards ceremony.

Photo Provided By Cheryl J. Johnson

New Employees

Q: What is your exact job title?

Pharmacy Technician

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

I hope to broaden my knowledge in the pharmacy field and look forward to serving this community.

Q: Do you have a Tribal Affiliation?

If so, where?

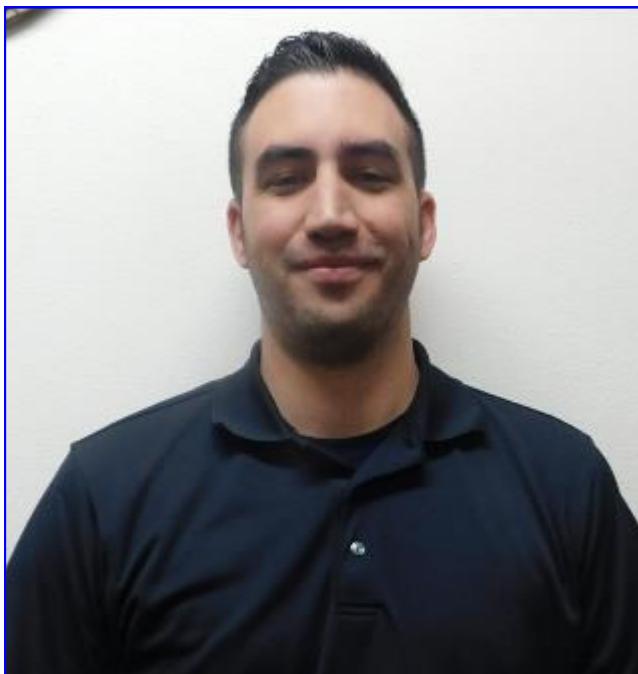
No

Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?

N/A



Jamie Gills



Kyle Leslie

Q: What is your exact job title?

Police Officer

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

I want to help people to the best of my ability and gain new relationships.

Q: Do you have a Tribal Affiliation?

If so, where?

No

Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?

I am grateful and excited to serve the people of the Reno-Sparks Indian Colony with professionalism.

New Employees

Q: What is your exact job title?

Wex Worker

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

I want to give back to my Tribe.

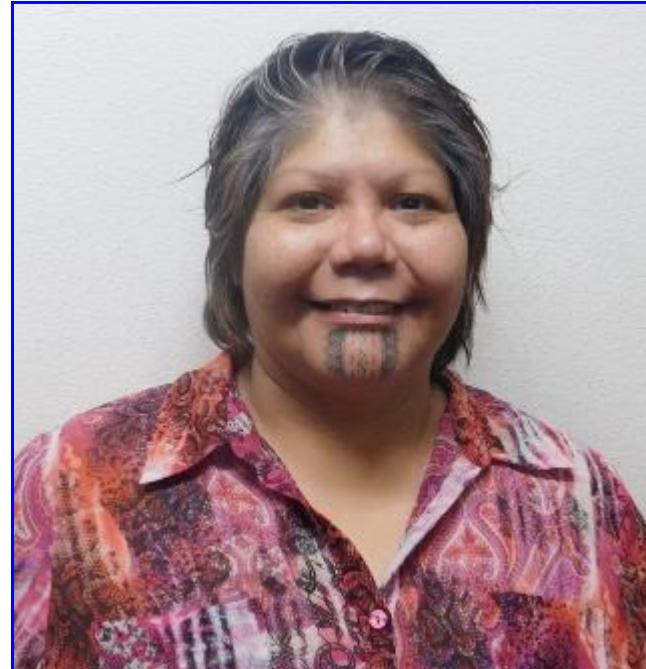
Q: Do you have a Tribal Affiliation?

If so, where?

I am a member of the Reno-Sparks Indian Colony.

Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?

I love working for my Tribe.



Renee Hardin

Q: What is your exact job title?

Pharmacy Technician

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

I hope to learn more from the clinical aspect of my position

Q: Do you have a Tribal Affiliation?

If so, where?

No

Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?

I am very happy to be part of the community.



Joseph Diaz

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Permission to Mourn

Grief is a normal journey which we will all experience during a time of loss. We may be directly affected by catastrophic circumstances or we may know a friend or family member. Either way we go through a certain amount of grief. When dealing with grief and teens/children: tell the truth with a sincere tone

include age appropriate terms the teen/child can understand. Help the teen/child feel safe with expressing their feelings. Assure the child that they will continue to be loved and cared for. They should not feel shamed or embarrassed of their own feelings and experience. Be patient the teen/child may behave younger, more depend-

ent, or more irritable then normal. Look at photos, create a memorial, share special or fun times.



Understanding of death is different at different ages; however, we go through the same stages of grief. Grief is a process, the process takes time. God is with you during this time of pain and loss. Feel comfortable to contact professional help.

“Yes, though I walk through the valley of the shadow of death I will fear no evil”
- Psalms 23

This certificate was given to me by a Portland Native American grief ministry. Take the time to cut it out and sign it. I hope this will assist to bring healing to you and those you love.

“Blessed are they that mourn, for they shall be comforted”
- Matthew 5:4



Each of us is given a measure of faith.
Many Blessings in Christ,
Rev. Augustin and Cindy Jorquez
Pastor Hungry Valley Christian Fellowship
Phone/Text 775-233-0268

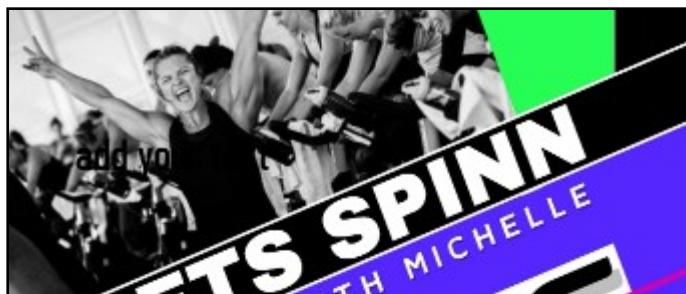
Permission To Mourn

The holder of this certificate

is allowed to publicly acknowledge their loss, to mourn openly, to share remembrances of the loss, and to recruit social support in their own way and time, without apology or embarrassment. Tears, memories, silence, uncertainty, and / or strong emotion will allow this individual to be set free to “Move From Loss to Peace”

Please treat this griever with kindness, compassion and love.

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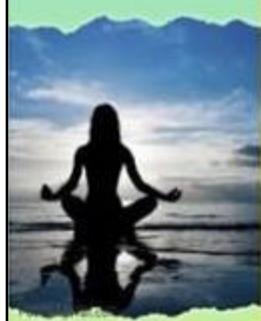
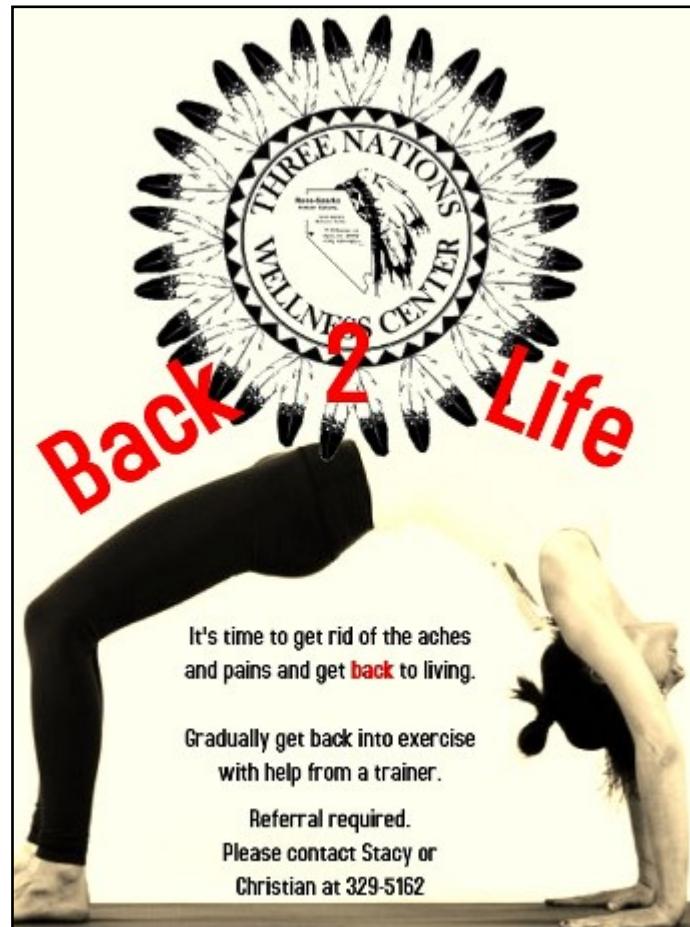
THURSDAYS: GENTLE VINYASA FLOW 12:10-12:50 SLOW FLOW FOR ALL LEVELS

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Senior Program – Menu
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<p>*Vitamin C - Daily+ +Vitamin A - 3x week 1% Milk - Daily</p> 		<p><i>Remember to call by 10 am to cancel or add lunch delivery 775-329-9929</i></p>		<p>1) Brunch 10:30 am Ham Steak & Eggs Potatoes O'Brien with Bell Peppers and Onions+ Yogurt Parfait with Mixed Berries and Granola*</p> 
<p>4) Turkey Taco Salad With Lettuce, Tomato, Green Onion and Cheese Black Beans+ Melon*</p> 	<p>5) Honey Glazed Salmon Roasted Baby Potatoes Asparagus and Carrots+ Apricots*</p> 	<p>6) Green Chicken Chili Stew Strawberry Salad Mix+ Pear*</p>	<p>7) Roasted Pork Loin Egg Noodles Broccoli and Cauliflower+ Orange*</p>	<p>8) Pepper Steak With Bell Peppers and Onions over Brown Rice Normandy Blend Vegetables+ Peaches*</p>
<p>11) Baked Macaroni with Cheese and Ham Casserole Peas and Carrots*+ Pineapple and Blueberry mix*</p> 	<p>12) Beef Spanish Meatball Soup Dark Green Salad with Tomatoes and Cucumbers+ Mandarin Oranges*</p>	<p>13) Alice Spring Chicken with Mushrooms, Turkey Bacon and Honey Lemon Sauce Zucchini Mix* Mixed Berries*+</p>	<p>14) Bingo 12:30 pm Corned Beef & Cabbage with Red Potatoes Baby Steamed Carrots+ Mixed Berries*+</p>  	<p>15) Brunch 10:30am Breakfast Burrito with Turkey Sausage, Eggs and Cheese Cucumber and Tomato Salad+ Apple*</p>
<p>18) Beef Stroganoff Over Whole Wheat Noodles Broccoli+ Apricots*</p>	<p>19) Commodities Tuna Sandwich on Whole Wheat Bread Lettuce & Tomato+ French Onion Soup Sun Chips Fresh Pear*</p>	<p>20) Chicken with Diced Bell Pepper and Onions Quesadilla On Whole Wheat Tortilla Spanish Corn Mix Plums*</p> 	<p>21) Spaghetti and Meatballs Dark Green Salad+ Tropical Fruit* French Bread</p>	<p>22) Turkey Soft Taco On Whole Wheat Tortilla Lettuce and Tomatoes+ Refried Beans Strawberries*</p>
<p>25) Chicken Casserole with Vegetables and Whole Wheat Noodles Green Beans+ Pears*</p>	<p>26) Pork Carnitas Whole Wheat Tortilla Spanish Rice Sliced Cucumbers+ Mandarin Oranges*</p> 	<p>27) Sliced Roast Beef Mashed Potatoes Roasted Green Beans+ Mix Berries*</p>	<p>28) Turkey and Provolone on Whole Wheat Hoagie Lettuce and Tomato+ Minestrone Soup Baked Lays Apple Slices*</p>	<p>29) Brunch 10:30 am Seasoned Steak Scrambled Eggs with Onions+ and Cheese Hash browns Diced Melon*</p>

Please tie up your dog(s) during delivery times 10 am- 1pm
Menu is subject to change without notice

March

2019

Reno-Sparks Indian Colony
Senior Center - Activities
 34 Reservation Road, Building F
 Reno, NV, 89502
 775-329-9929

Monday	Tuesday	Wednesday	Thursday	Friday
				1) Caregivers Support Group Meeting 9:00am Brunch 10:30am
4) Errand Day 10:00am Tone & Fit 12:30pm Senior Advisory Committee Meeting 1:00pm 	5) Thrift Store Shopping 1:00pm 	6) 12 pm Behavioral Health Presentation Language Class 12:45pm Para-cord Bracelet 12:30 pm	7) Galaxy Theaters 12:30pm 	8) Tone & Fit 12:30pm 
11) Tone & Fit 12:30pm Para-cord Bracelet 1:00 pm 	12) Tribal Police Presentation 12:00pm Pot of Gold 1:00pm	13) Chair Volleyball 10:00am Blood Pressure Check 11:30am Tribal Court Presentation 12:00pm Language Class 12:45pm 	14) Birthday and St. Patrick's Day 12:30pm 	15)  10:30am
18) Food Pantry Tone & Fit 12:30pm Food Bank in HV 12-1 pm Gym parking lot <i>must sign up for transportation, leaving Reno at 11:30 am</i>	19) Commodities 8am Night Bingo 5:30pm  Bring a food dish and 2 bingo prizes	20) Blood Pressure Check 11:30am Environmental Presentation 12:00pm Language Class 12:45pm 	21) Errand Day 10 am Acrylic Painting 12:30 pm 	22) Tone & Fit 12:30pm 
25) Tone & Fit 12:30pm Thrift Store Shopping 1:00pm 	26) Century Theaters 12:30pm 	27) Blood Pressure Check 11:30am Language Class 12:45pm 	28) Community Health & Nutrition Presentation 12:30	29)  10:30 am

March 9th ~ 12:00 pm – UNR Fleishman Planetarium Movie. RSIC Tribal Enrolled Members & Community Residents Only. Seating starts at 11:30am, doors will be closed at 12:00 pm. Must be signed up with RSIC Senior Center. Seating is limited.

March 10th ~ Daylight Savings – Set your clocks forward 1 hour

March 19 ~ 5:30pm Night Bingo – please bring 2 prizes and a food dish to share

Activities are subject to change or cancel



Legal Notices, Public Announcements

Purchased referred care funding back to normal; Senior generosity recognition

RENO-SPARKS TRIBAL HEALTH CENTER

Contract Health Service/Purchased Referred Care (CHS/PRC) Division

1715 Kuenzli Street Reno, Nevada 89502

Phone: (775) 329-5162 Fax: (775) 334-4362

February 19, 2019

RE: Purchased Referred Care funding level Fully Restored

Dear Reno-Sparks Tribal Health Center Patients:

On January 17, 2019, the Reno-Sparks Tribal Health Center had moved its priority level to Level III, in order to preserve the PRC funding, due to the government partial shutdown.

As of February 19, 2019, the Reno-Sparks Tribal Health Director restored the Purchase Referred Care back to level 5, which was the previously level before the Government partial shutdown.

If you have any questions, please call the number above.

Sincerely,

Jennifer C. Katenay

Purchased Referred Care Manager

1715 Kuenzli Street

Reno, Nevada 89502



THANK YOU!

*The Reno-Sparks Indian Colony
Senior Advisory Committee
wishes to thank all the amazing
seniors who contributed to our
Valentine's Day fundraiser.*



We appreciate you!

Legal Notices, Public Announcements

Call to artists, couriers wanted, open committee / advisory board positions

CALL TO ARTISTS

Indian Health Service/California Area Office welcomes exhibits from Tribal governments, Indian healthcare programs, non-profit health organizations and federal/state/county governments, during the 2019 Annual Tribal Consultation at the Peppermill Resort Spa Casino.

Exhibits can be set up on the evening of April 8.

To reserve exhibit space, please contact:
Terri O'Shea at: terri.oshea@ihs.gov or
916/930-3981, ext. 315.

COURIERS NEEDED

We need couriers to deliver *The Camp News* door-to-door in Hungry Valley and on the Reno Colony.

Please contact Penny Sampson at 329-2936, if you are interested.

Recruiting Representative for Executive Health Board

The Reno-Sparks Tribal Health Center is recruiting for one (1) RSIC Tribal representative to fill an upcoming vacancy on the Executive Health Board.

The members are appointed by the Tribal Council and shall serve a term for a four-year period. If you are interested in being a member of the Executive Health Board, please submit a letter of interest to:

Executive Health Board
Reno-Sparks Tribal Health Center
1715 Kuenzli Street, Reno, NV 89502

All interested participants will be invited to fill out an application and attend a Health Board meeting for introductions. For more information, please phone, 329-5162, ext., 1901.



RSIC Community - Come for a day of fun learning about our solar system at the UNR Fleischmann Planetarium, 1664 North Virginia Street, Reno

Date: Saturday, March 9th 2019

Seating Starts at 11:30 am, Show starts at 12:05pm - No admittance after show begins.

Extreme Planets – Imaginative quest that shows what earthlike environments could exist on other planets.

Wonders of the Universe – Witness the birth of the universe, and the formation of galaxies.



Seating is limited, must sign up in advance. Open to the RSIC Enrolled Members and Community Residents, all ages welcome. No transportation provided. Call the Senior Center to sign up 775-329-9929.



Nevada Urban Indians

12th Annual Diabetes Health Fair and Pow Wow *

Saturday, March 23rd, 2019

Health Fair: 10 am-3:00 pm; Grand Entry: 12:00 pm & 5:00 pm

The Boys & Girls Club of Truckee Meadows

Donald W. Reynolds Facility

2680 E. Ninth Street, Reno NV 89512

MC: Carlos Calica-Warm Springs, OR

Arena Director: Hank Johnson, Hungry Valley, NV

Head Man/Head Woman Picked Per Session

Drum Contest: 1st \$700

2nd \$600

3rd \$500

Princess Contest: Little Miss NUI, 1-6 years old

Junior Miss NUI, 7-12 years old

Miss NUI, 13-17 years old

NUI Brave, 1-17 years old

Contact Jonathan at 775-247-5648 for registration/ticket

Contest Dancing: Prizes to be determined

**Vendors: Arts & Craft,
Health Fair, Food, and
many more!**

Food and Craft Vendor
information: Jonathan,
775-247-5648 or Mike,
775-788-7600

Health Fair information:
Shelby or Brianna,
775-788-7600

www.nevadaurbanindians.org

* This is a Drug and Alcohol Free Event. Nevada Urban Indians and Sponsors are not responsible for any loss that may be occurred while attending the event. No weapons, firearms, or fireworks

Continued From Page 4

defunct open-pit mine left arsenic and uranium in the area's groundwater. The mine is located about nine miles from the tribe's reservation, and residents must drink bottled water.

Tribal leaders had agreed with the Obama Administration to add the mine to the Superfund National Priorities List (NPL) to make it eligible for federal remedial funds.

However, just about a year ago, then EPA head, Scott Pruitt, signed a new agreement which allows the state to lead the cleanup effort while Atlantic Richfield Company (ARCO) pays those costs.

Further, the YPT had only

learned about Pruitt's decision days before he held a ceremony with former Nevada Governor Brian Sandoval behind locked gates on the mine property. Neither the public, nor the Tribes were invited. Five months later, Pruitt resigned amid several ethics scandals.

Thom believes legislation like the bill to mandate consultation can empower tribes.

Assemblywoman Peters agrees.

"Oftentimes, there are difficulties connecting Native communities with government services and tribal leaders are left out of decision-making processes that impact their lands," said Assemblywoman Peters. "My

bill would create a structure for transparent communication among state, local and tribal governments so that we could better leverage resources and coordinate at each level."

"This is our day and this is our house," Chairman Thom said.

Several representatives of the RSIC attended Nevada Tribes Legislative Day including the Colony's Vice-Chairman Doug Gardipe, Tribal Council Secretary Marlene Yarrow, Darlene Gardipe, Willet Smith, Kathleen Wright-Bryan, Verna Nuno, Michael Ondelacy, Steve Moran, Scott Nebesky, Tanya Hernandez, Rhonda Knight, Stacey Montooth, Marla McDade Williams, Marcus Conklin and John Oceguera.



Coming To Theatres Soon — According to the documentary film, *RUMBLE: The Indians Who Rocked the World*, "They tried to ban, censor and erase Indian culture from rock and roll history, but Native American influence is wrapped into modern music's DNA. The film...is an electric look at Native American influence in popular music, going deep into the Indigenous foundations of rock." About 40 community members enjoyed a premiere of this influential film compliments of the Reno-Sparks Indian Colony Cultural Resources Program. The 90 minute movie which is screening internationally, pays homage to the indigenous influences that have transformed popular music. Native Americans such as Peter La Farge and Buffy Sainte-Marie helped to define its evolution, while Native guitarists and drummers such as Link Wray, Jimi Hendrix, Jesse Ed Davis, and many more forever changed the trajectory of rock and roll. For more information, see: <https://www.rumblethemovie.com/>.

Photo Provided By Scott Nebesky