



THE CAMP NEWS

VOLUME XIV ISSUE 8

AUGUST—2018

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

Community Prepares to Partake in 32nd Annual Pow Wow

Hungry Valley site of Numaga Indian Days: hand games, fun walk/run, community feed

Organizers of the 32nd Annual Numaga Indian Days Pow Wow are expecting hundreds of participants and spectators to converge on Hungry Valley for the numerous activities beginning on Thursday through Sunday.

"More than ever, we are excited to share the beauty of our ancestral homelands with all our relatives, friends and visitors," said Toby Stump, chairman of the pow wow organizing committee. "Numaga Indian Days is a special stop on the pow wow circuit because Eagle Canyon offers such an amazing backdrop for our celebration."

This free, family-friendly annual event held over Labor Day weekend, features some of the best Native American dancers, singers and drummers in the country.

The first pow wow Grand Entry slated for Friday at 7 p.m. will feature all the performers—more than a hundred dancers grouped by their dress style led by the Reno-Sparks Indian Colony's Color Guard and other Native American military Veterans.

In the arena, men will dress and dance in styles such as Northern and Southern Traditional, Fancy Feather Dance, Grass Dance.

Women, likewise will dress in fabric and buckskin outfits in both Northern and Southern Traditional styles. The Ladies will compete in the jingle dress dances and fancy shawl dance styles.

Dance specials during the celebration will include one for tiny tots sponsored by the

outgoing Miss Numaga Tiny Tot Aurelia Sanchez; a Missing & Murdered Indigenous Women red dress competition for junior and teens, sponsored by outgoing Miss Numaga Tziavi Melendez; a women's fancy trick song for those over 16, sponsored by outgoing Miss Numaga Amelia Henry; the Macario Padilla grass dance for those over 15; a family dance sponsored by the RSIC Pow Wow Club; plus committee

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32nd Annual Numaga Indian Days Pow Wow — Hundreds of dancers, drummers, hand gamers, fitness enthusiasts and spectators will converge on Hungry Valley over Labor Day weekend.

Photo By Larry Burton

32nd Annual

NUMAGA INDIAN DAYS

POW WOW



Aug. 31-Sept. 2, 2018 • Hungry Valley, NV • rsic.org

**FREE
ADMISSION * OPEN TO
THE PUBLIC**

HEAD STAFF

Master of Ceremonies: Bart Powaukee
Arena Director: Randy Woods
Head Judge: Wesley Windyboy
Head Man: Nathan Nez
Head Lady: Willow Abrahamson

SPECIALS

TINY TOTS

Outgoing Numaga Tiny Tot Aurelia Sanchez
MMIW RED DRESS • JUNIOR & TEENS

Traditional, Jingle & Fancy

Outgoing Miss Numaga Tziavi Melendez

WOMEN'S FANCY TRICK SONG • OVER 16

Outgoing Miss Numaga Amelia Henry

MARCARIO PADILLA GRASS DANCE • OVER

15 \$1,000 Winner-Take-All, Plus Jacket

FAMILY TEEN DANCE, 3+ MEMBERS

RSIC Pow Wow Club

COMMITTEE SPOTLIGHTS

Women's Fancy & Men's Grass

ACTIVITIES

Numaga Walk/Run, Saturday
Registration at 7:30 am, Run at 8 am
Saturday Community Dinner

DRUM CONTEST

1st Place:

\$10,000

2nd Place:

\$5,000

3rd Place:

\$4,000

4th Place:

\$3,000

5th Place:

\$2,000

Consolations

VENDORS

Marla Dressler 775/399-0594
Summer Dressler 775/203-5017

GENERAL INFO

Toby Stump 775/470-1100
Lydia Bonta 775/842-6388

MEDIA

Stacey Montooth 775/842-2902

TRIBAL COUNCIL LIAISON

Marlene Yarrow 775/329-2936

GRAND ENTRY

Friday at 7pm
Saturday at 1pm, 7pm
Sunday at Noon

EVENT LOCATION

Hungry Valley, 266 Loop Road
Sparks, Nevada 89441

www.rsic.org

Deadlines, Mailing List

The Camp News Profile

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the RSIC Public Relations Department and duplicated and distributed by RSIC Administration Front Office.

SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

CONTACT OUR STAFF

E-mail your submissions to smontooth@rsic.org or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: www.rsic.org and PDFs of our publication are available.

If you have questions, call us at 329-2936, ext. 3268.

www.rsic.org

Important SEPTEMBER dates

- 1 Fun Walk/Run and Warrior Run, Hungry Valley Rec Center, 7:30 a.m.
Hungry Valley Hand Games 1 p.m.
Numaga Indian Days Pow Wow, Hungry Valley, 1 p.m.
- 2 Numaga Indian Days Pow Wow, Hungry Valley, Noon
Hungry Valley Hand Games 1 p.m.
- 3 Labor Day
- 4 First Day of Head Start, Hungry Valley & Reno Center, 8:30 a.m.
Enrollment Advisory Committee Meeting, Enrollment Office, Noon
- 5 Law & Order Committee Meeting, Tribal Court, 6 p.m.
- 6 Cooking Class, Nothing To It Culinary Center, 6 p.m.
- 7 Mr. & Miss University of Nevada Pow Wow Pageant, UNR, 6 p.m.
- 8 University of Nevada Pow Wow, Knowledge Center Lawn, Noon
- 9 National Grandparents Day
- 10 Education Advisory Committee Meeting, Education Conference Room, Noon
Senior Advisory Committee Meeting, Senior Center, 1 p.m.
- 11 RSIC Color Guard Meeting, 34 Reservation Rd., 6 p.m.
- 12 Tribal Council Meeting, 34 Multipurpose Room, 6 p.m.
- 17 Executive Health Board Meeting, RSTHC, 5:30 p.m.
Blood Pressure Education Workshop, RSTHC, 5:30 p.m.
Language & Culture Advisory Board meeting, RSIC Library, 5:30 p.m.
- 18 Commodity Distribution, Senior Center, 8 a.m.
Back to Nature Garden Education, Urban Roots, 5:30 p.m.
- 19 Apple Hill Senior Center Program Trip, 8 a.m.
Spaghetti Bowl Project Meeting, 34 Multipurpose Room, 5 p.m.
- 22 Health Fair, Reno-Sparks Tribal Health Center, 10 am.
- 24 Housing Advisory Board, Hungry Valley Recreation Center, 6 p.m.
- 25 Countdown to Your Health-Teen Edition, RSTHC, 5:30 p.m.
- 26 Economic Development Meeting, 34 Multipurpose Room, 6 p.m.
Pinenut Presentation, TLC, 6 p.m.
- 27 Hand Drum Making, Hungry Valley Gym, 6 p.m.
- 28 National Native American Day, RSIC Offices Closed
Native American Day Celebration, Reno Gym, 5 p.m.

Check out
the NEW

RSIC Community
Calendar for a listing
of all of the Tribe's
activities, meeting and
events. Log onto:
www.rsic.org ; chose
the **News** tab and pull
down to **Events**.



HUNGRY VALLEY HANDGAMES

08.31.18 - 09.02.18

FRIDAY AUGUST 31

6 PM 2-MAN REGISTRATION CLOSING TBD

\$40 PER TEAM SINGLE ELIMINATION

\$500 1ST PLACE

SATURDAY SEPTEMBER 1

1 PM MATERIAL GAME STICKS VS DRUMS

POINTERS TBD

1 PM REGISTRATION FOR MAIN TOURNAMENT

\$150 PER TEAM DOUBLE ELIMINATION

\$5000 1ST PLACE

SUNDAY SEPTEMBER 2

1 PM 3-MAN REGISTRATION CLOSING TBD

\$60 PER TEAM

\$600 1ST PLACE

HUNGRY VALLEY, NEVADA

**LOOK US UP ON FB reno handgame committee
HELD IN CONJUNCTION WITH THE NUMAGA INDIAN
DAYS POWWOW**

CONTACT WINSTON SAM 775.221.5620 FOR MORE INFO

**THIS IS AN ALCOHOL AND DRUG FREE EVENT AND IS
STRICTLY ENFORCED BY THE RSIC TRIBAL POLICE**

RSIC to Host Another Community Meeting With NDOT

Community input on Reno Spaghetti Bowl Project design, construction needed

After developing a preferred design for the reconfiguration of the southbound I-580 off ramp and on ramp at East 2nd street and Glendale avenue, an alternative which will avoid taking any Reno-Sparks Indian Colony Tribal member homes and taking any Tribal land, the Nevada Department of transportation (NDOT) is again seeking feedback from the Reno-Sparks Indian Colony community.

On Wednesday, Sept. 19 NDOT will host a community meeting from 5-7 p.m., at the multi-purpose room at 34 Reservation Rd., to discuss additional updates to its alternative two proposal to change the configuration of the "spaghetti bowl."

To accommodate the main concerns of the RSIC, demolition of homes and / or the

elimination of parking at the Three Nations Walmart Plaza, the updated Alternative 2 design includes a new partial cloverleaf ramp configuration on the south side of East 2nd street for the I-580 southbound off ramp and on ramp. Plus, the updated Alternative 2 design does not make any changes to the Mill street inter-change and does not impact the Walmart parking lot.

***“Alternative 2...
will avoid taking any
Reno-Sparks Indian
Colony Tribal
member homes and
taking any Tribal
land...”***

The format for the September community meeting will be an open house with a public presentation about the project at 6 p.m. At this meeting, NDOT will have video visual simulations of the project to display and its design team will be seeking input and feedback about any concerns regarding phase one of the Spaghetti Bowl Project.

It is likely, some of those concerned about the design might include: increased noise, the need for a neighborhood wall, proximity of the new ramps to existing homes, the size of future sound walls along the freeway, the need for double pane windows in homes adjacent to the ramps, traffic blocking access on Reservation road, and pedestrian access behind the existing homes.

Continued On Page 6



Growing Pains — The busiest highway interchange in Northern Nevada was built almost 50 years ago, the population of the region has grown from 130,000 to 420,000 residents. The reconfiguration of the Spaghetti Bowl is expected to stretch through 2026.

Continued From Page 5

In February of 2017, the Federal Highway Administration (FHWA) and the NDOT kicked off the environmental review and design process to reconstruct the interchange of I-80 and I-580 (US 395).

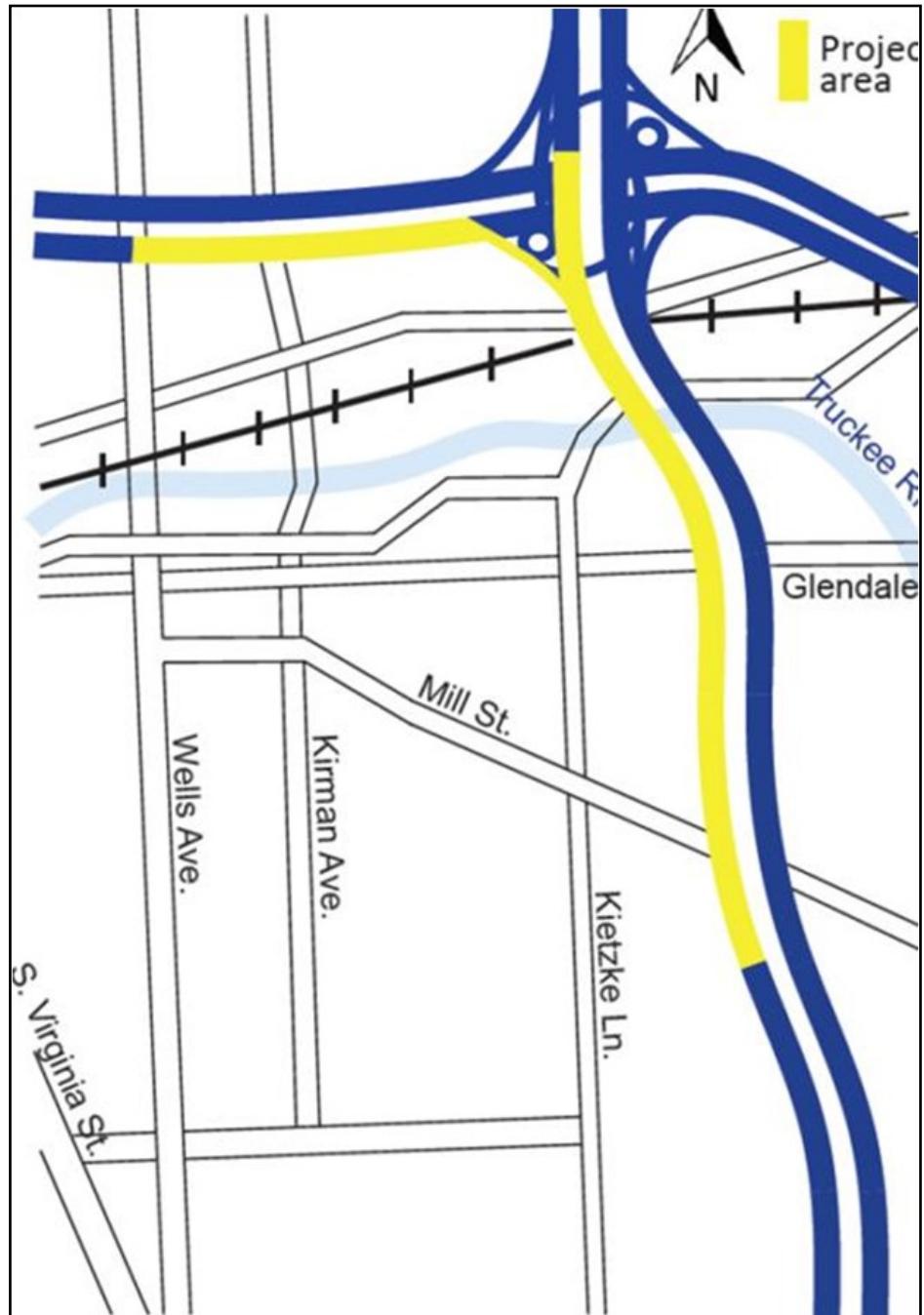
The existing spaghetti bowl was constructed between 1969 and 1971 when the population of the Reno-Sparks was 130,000. With the area's current population exceeding 420,000, a new configuration of the spaghetti bowl system is needed to improve safety, efficiently move traffic and accommodate future growth in the area.

Furthermore, the spaghetti bowl is the most used route to get to, and to depart, the Colony and its households, as well as the Reno-Sparks Tribal Health Center and three of the Tribe's businesses operations—Smoke Shop I, Smoke Shop II and Three Nations Walmart.

In July, representatives with NDOT and its design team provided an update about the project to the RSIC Tribal Council. During the presentation, NDOT and its design team provided an overview of the preferred alternative design for the project, Alternative 2.

Again, the updated Alternative 2 design proposes significant changes to accommodate the concerns expressed at the September 2017 public meeting at the Colony.

At this same meeting, NDOT and its design team also provided the RSIC Tribal Council with an update on the first phase of the Reno Spaghetti



Cohesive Plan — *With input from the Reno-Sparks Indian Colony, the Nevada Department of Transportation has selected a design alternative for the Spaghetti Bowl which is the most advantageous configuration for the Tribe.*

Bowl Project. The scope of this phase includes widening the I-80 east to I-580 south ramp to two lanes, restoring three lanes of traffic for south-bound I-580 traffic, and improving the weaving and traffic operations between and East 2nd / Glendale and Mill streets. At the meeting, community

members provided feedback on the design for Alternative 2 and discussed concerns about the design of the new south-bound I-580 off ramp and onramp at East 2nd street / Glendale avenue.

According to NDOT, a request for proposals (RFP) to design

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RSIC COMMUNITY INFORMATION MEETING

Wednesday, September 19, 2018
5-7 p.m., presentation at 6 p.m.
34 Reservation Road, Reno; Multi-Purpose Room

SPAGHETTI BOWL XPRESS

Phase One Project Update,
Coordination with the Colony



I-80 Eastbound from Wells Avenue to I-580 Southbound Ramps
I-580/US 395 from Spaghetti Bowl Southbound to Mill Street

The Nevada Department of Transportation (NDOT) will be sharing information about Spaghetti Bowl Xpress, phase one of the Spaghetti Bowl Project in Northern Nevada. Phase one will positively impact future transportation in the Truckee Meadows region, and directly affect traffic flow to the Reno-Sparks Indian Colony in Reno. Construction is expected to begin in 2020.

We need your continued involvement. Please attend this meeting to ask questions and provide feedback about this proposed project. Project representatives will be available to discuss impacts, improvements, access, landscape/aesthetics, and more about Spaghetti Bowl Xpress. We encourage comments and questions. The meeting will be an open house format with a presentation at 6 p.m. A question-and-answer period will follow. Your input is greatly appreciated. You can learn more about the project at www.ndotspaghettibowl.com.

Submit questions or comments to Dale Keller, Project Manager, NDOT, 1263 South Stewart St., Carson City, NV 89712, dkeller@dot.nv.gov or (775) 888-7603. Comments will be accepted through October 19, 2018.



www.nevadadot.com





Alternative 2 — John Taylor of Jacobs Engineering, the Nevada Department of Transportation design team, shows community members the bridges and rebuilt areas for the Spaghetti Bowl reconfiguration. NDOT will return to the RSIC in September for another public meeting.

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and build this project is scheduled to go out by the end of the year, with the contract to be awarded in the summer of 2019, and construction of the early action project to start in the spring of 2020 and could be completed by the fall of 2022.

The preliminary estimated

cost for the early action project is \$150 million and would be funded by Nevada State transportation bonds and local fuel taxes.

Also, a draft environmental impact statement will be available to the public for comment in November along with other future public hearings.

The final draft of the environ-

mental impact statement is expected to be available for in early 2019, with a record of decision issued by June of 2019. For more information on the Reno Spaghetti Bowl project please visit:

www.ndotspaghettibowl.com
call 775-622-5555 or email:
info@dot.state.nv.us.

operation... **TAKE YOUR BEST SHOT 2**

Get your flu shot at the Reno-Sparks Tribal Health Center &
help us improve our services

Wednesday, Oct. 10 • 1 - 4 p.m.
Drive thru available

For more information, call the RSTHC at 329-5162.

This is an emergency joint exercise between RSTHC and Washoe Health

Numaga 3 Mile Walk/Run

We are at it again, 3 mile Walk/Run through the streets of Hungry Valley. Bring your little ones in their strollers and family to partake in our annual Numaga event.



Saturday, September 1, 2018

Registration at 7:30am ◆ 7 mile Run Begins at 8:00am
◆ 3 mile Walk/Run Begins at 8:30am
Hungry Valley Amphitheater

Warrior Run

We are also having the Warrior Run for those die-hards. There is a new route this year and it is 7 miles in the desert. A turn around point will be marked for you to reach. Finish line will be at the starting point.

For more information contact: [Danny Thayer @ 775-329-5162 ext. 1918](tel:775-329-5162)
[or Walita Querta @ 775-334-0938](tel:775-334-0938)



*Pyramid Lake Museum & Visitors
Center*

*20th Anniversary
Celebration*

1998-2018

KiNaSoomookwatu

Never To Be Forgotten

Sunday, September 9th, 2018

10:00 a.m. to Noon

+ Welcoming/Blessing

+ Honoring the Vision

+ Pyramid Lake H.S. & Eagle Wing Dancers

+ Refreshments and Door Prizes

Mark your calendars and join us!

For More [Info](#) call: 775-574-1088

+ Museum History

+ Fashion Show

A Decade of Success Marks Tribal Health Center Milestone

After 10-years, RSTHC facility, programs, services still growing

Having worked in health care for the Reno-Sparks Indian Colony for nearly forty-years, Connie Wyatt decided to celebrate her career journey and the 10-year anniversary of her Tribe's health center in a unique way.

"I always wanted to sit in a dunk tank for a good cause," Wyatt said. "I checked off an adventure from my bucket list and helped build a festive air at our party."

A behavioral health or a mental health assistant, back in 1980, Wyatt worked at the old clinic.

More than most, she can speak to the growth and progress to today's Reno-Sparks Tribal Health Center.

"I remember the first staff of the clinic and how small we were back then," Wyatt recalled. "At the time of my hiring, I was in Washoe Medical Center when two community members on the RSIC Health Board brought me the application for my current job, and that was it. I was released from Washoe Medical Center and a week later, I started working for RSIC and still hold the same job."

Even though her title has changed many times since September of '80. Wyatt has held the same position all these years later.

Wyatt said that she has many memories of all the work she has been blessed to do.

"I am thankful for the community sharing their lives with me,

"Wyatt said. "It has been an adventure."

That adventure continued at the 10th Anniversary celebration which featured outdoor activities like a wading pond, a photo booth, ring toss, carnival foods, and a hula hoop contest, while the indoor activities were much more reflective.

The formal program included a prayer and song by elder Janice Gardipe and hand drumming and singing by Toby and Jaime Stump.

RSIC Chairman Arlan D. Melendez addressed a crowd of about 100 onlookers and he chronicled the origins and the recent success of the RSTHC.



Taking The Plunge — Long-time employee Constance Wyatt volunteered to be a target in the dunk tank during the 10th Anniversary celebration. See more photos on page 25.

Chairman Melendez explained that in order to meet the health needs of our growing Tribe, over a decade ago, our leadership sold \$16 million in bonds which were backed by our Tribal business enterprises, in order to build this state-of-the-art facility.

Accordingly, a decade ago, RSIC Tribal members and local Urban Indians had just clinical services. Sick patients could only visit a three-room, cinderblock structure, with Indian Health Services provided staff.

Today, the carefully designed, Native inspired architecture of the 65,000-square-foot facility is home to about 150 employees, over half who are Tribal members or Native Americans from other federally recognized Tribes.

Three years ago, the RSTHC recorded over 5,000 patient encounters in a number of specialties including: adult medicine, pediatrics, laboratory services, comprehensive dental care for children and adults, substance abuse services and counseling, pharmacy, eye care, nutrition, diabetes care and prevention, acupuncture, chiropractic, cardiology, podiatry, physical therapy, injury prevention for elder and youth, women's health, community health services and education, and in-home services. Plus the wide-ranging equipment and

Continued On Page 32



COOKING CLASS

EMPHASIZING FRUITS AND VEGETABLES AT EVERY MEAL!

THURSDAY
SEPTEMBER 6TH @ 6:00 PM

SEPTEMBER IS FRUIT AND VEGGIE MORE MATTERS MONTH!

Contact Kristie Messerli, Dietitian to sign up @ 329-5162. Please note: If you no call/no show, you will be unable to sign up for the following class



LANGUAGE & CULTURE PROGRAM

ENCOURAGING CULTURAL PRIDE AND AWARENESS

September - 2018

MISSION:

The mission of the RSIC Language & Culture Program is to encourage the growth of a positive cultural identity for Reno-Sparks Indian Colony community members through the teaching of their native language(s) – Numu, Newe and Washi – and by providing a learning environment in which community members will gain a basic understanding of the Great Basin Cultures.



LANGUAGE CLASSES:

WEDNESDAYS:

SENIORS NUMU (PAIUTE) CLASS:

LOCATION: RSIC Senior Center, 34 Reservation Rd.
TIME: 12:45 p.m. – 1:30 p.m.
INSTRUCTORS: Thalia Dick & Reynelda James
DATES: 9/5, 9/12, 9/19, 9/26

Beginning level Paiute

Language Classes will continue in September 2018. These interactive classes include grammar, storytelling, games, songs and immersion activities. The class has a knowledgeable language instructor and anyone who is interested in learning the Paiute Language is welcome to attend.

BEGINNING NUMU (PAIUTE) CLASS:

LOCATION: RSIC Library – 401 Golden LN.
TIME: 6:00 p.m. – 8:00 p.m.
INSTRUCTOR: Jennie Burns
DATES: 9/5, 9/12, 9/19, 9/26 – NO CLASS

CULTURAL ACTIVITIES:

◆ PINENUT PRESENTATION –

DATE: Wednesday, September 26th, 2018 **TIME:** 6:00 PM – 8:00 PM
LOCATION: Transitional Living Center – 105 Loop Road, Hungry Valley



A traditional food of the Great Basin Tribes, the harvesting; preparation; and cooking of pinenuts will be demonstrated.

◆ HAND DRUM MAKING –

DATE: Thursday, September 27th, 2018 **TIME:** 6:00 PM – 8:00 PM **LOCATION:** Hungry Valley Gym

NATIVE PRIDE DAY 2018 –

DATE: Friday, September 28th, 2018 **TIME:** 5:00 PM – 8:00 PM **LOCATION:** RSIC Reno Gym – 34 Reservation Rd.

Native American Day is September 28th. The Reno-Sparks Indian Colony will celebrate the day with the Annual Native Pride March and Stew Feed. Entertainment to be announced. Raffle prizes.

Everyone is invited! Anyone interested in learning about the Great Basin language or way of life is welcome to attend our language classes. Children must be accompanied by an adult. For more information, contact the Language & Culture Program –

775-785-1321

RSIC Public Works Designs, Constructing Memorial

Veterans memorial wall to be installed at Hungry Valley Cemetery

In Latin, the word memorial means “mindful.” At the Reno-Sparks Indian Colony, the Tribe’s leadership’s support of a Veterans memorial at the Hungry Valley Cemetery is meant to give our community another way to be mindful.

With a \$50,000 budget, the RSIC Director of Public Works, Rick Castro, a military Veteran himself, has designed a serene, gated area with a commemorative wall, and built-in seating.

Immediately viewable upon entry to the cemetery, the memorial will cover 900-square feet just inside the main gate. The entry way will be lined with earth-colored pavers guiding visitors into the semi-private, bricked off area or courtyard.

In addition, the courtyard offering a place for large gatherings for formal functions such as the Tribe’s annual Memorial Day Ceremony, the area will provide a tranquil setting for individuals and family.

“We want our families to have a peaceful place to reflect and remember not just their loved ones, but all our military veterans who devoted their lives to protecting ours,” said RSIC Chairman Arlan D.

Melendez. “Commemorating the sacrifices of our Native warriors, both men and women, keeps them close in spirit and reminds us of their sacrifices.”

Castro worked with the RSIC’s Veterans Day volunteer organizing committee to select and refine the final design.

“I attended several meetings with the committee,” Castro said. “We discussed the need to build a memorial in the (Hungry Valley) cemetery, and after carefully listening, I develop a design they liked.”

Currently, of the 96 deceased RSIC Veterans, four: Curtis Cypher, Leroy Sam, Sr., Robert Shaw, and Stanley Bell have been laid to rest at the Hungry Valley Cemetery.

In addition, the RSIC tribal members proudly includes 47 Veterans, six employees who have served in the military, and four active soldiers: Kayla Phoenix, Hunter Thomas, Victoria Parker, and Jose Deras.

The memorial wall construction started on Aug. 13 is expected to be completed before Veterans Day.

In addition to two full-time employees, RSIC Public Works has enlisted three additional craftsmen to complete the project.

According to Dacia Viejo-Rose, a college research associate at Cambridge University, memorials are an important part of every culture.

“Memorials have existed in every culture for thousands of years,” Viejo-Rose said. “Memorials allow people to remember a deceased loved one or an important public

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Future Site – In a 30x30 foot space at the entrance of the Hungry Valley Cemetery, the Reno-Sparks Indian Colony’s Public Works Department is building a memorial wall for the Colony’s military Veterans. The area will include built in benches and a courtyard for formal gatherings. Decorative pavers recycled from what is now Smoke Shop VI, will decorate the entry way.

SAVE THE DATE

UNIVERSITY OF NEVADA RENO

POWWOW | SEPTEMBER 8, 2018

KNOWLEDGE CENTER LAWN

CONTACT: SAUNDRA MITROVICH | smitrovich@unr.edu | (775) 682-6499

MR. AND MISS UNR POWWOW
2018 - 19

6TH ANNUAL MR. & MISS UNIVERSITY OF NEVADA, RENO POWWOW PAGEANT

TIME: 6-8 PM

DATE: SEPTEMBER 7, 2018

VENUE: MATHEWSON - IGT KNOWLEDGE
CENTER WELLS FARGO AUDITORIUM

PARKING: BRIAN WHALEN PARKING GARAGE



CATEGORIES:

Brave & Princess ages 12-18

Junior Brave & Princess ages 6-11

Tiny Tot Brave & Princess ages 3-5

APPLICATION/INFO CONTACT:

STEPHANIE WYATT

2014missunr@yahoo.com | (775) 813-6551



figure or people who were important in our lives.

Viejo-Rose cited examples such as the Taj Mahal, Lincoln Memorial, the Vietnam Veterans' Memorial, and the Great Pyramids which were created in the loving memory of great leaders and forgotten heroes.

Of course, in the Native American culture, the symbols etched onto the sides of boulders and rocks throughout the Great Basin—rock art or petroglyphs—symbolize important sayings, quotes, pictures, stories and messages to other tribe members or messages from ancestors years ago.

According to Lynette Sam, a

Veterans Day volunteer organizing committee member and the daughter of Veteran Leroy Sam, Sr., whose eternal resting place is at the Hungry Valley Cemetery, the soon-to-

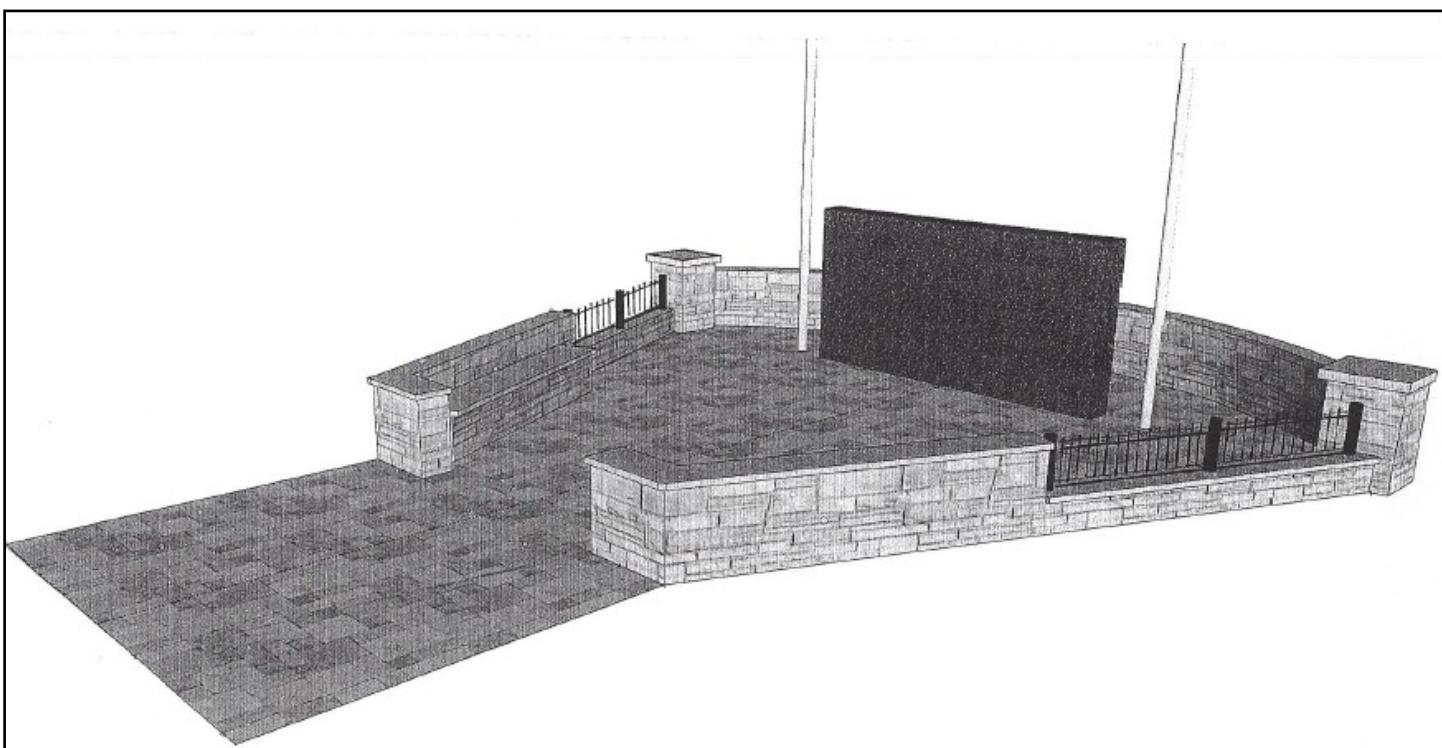
"We want our families to have a peaceful place to reflect and remember not just their love ones, but all our military Veterans who devoted their lives to protecting ours."
—Chairman Arlan D. Melendez

be erected memorial is a modern day tribute with sentiments which can be traced for thousands of years.

"The value and importance of a person in your life can be reflected with memorials," Sam said. "Plus, memorials help the living with a place where they can go and show their respect to the deceased, just like our rock art connects us with our past."

Melendez, a Veteran and member of the Veterans committee, concurred.

"The Veterans memorial in Hungry Valley will honor all of our warrior Veterans and serve as a continuing tribute in appreciation for their service to our country in protecting our people and our way of life."



From Concept to Construction — Rick Castro, the director of public works for the Reno-Sparks Indian Colony designed the future Hungry Valley Cemetery Veterans Memorial Wall. Immediately viewable upon entry to the cemetery, the memorial will be built just inside the main gate. The memorial's entry way will be lined with earth-colored pavers guiding visitors into the semi-private, bricked off area or courtyard. In addition, the courtyard will offer a place for large gatherings for formal functions such as the Tribe's annual Memorial Day Ceremony. Moreover, the Veterans Memorial Wall will give individuals and families a tranquil spot to reflect and remember their loved ones. The construction is slated to be completed by Veterans Day, Nov. 11, 2018.

Architectural Drawing By Rick Castro

SEPT
11

COLOR GUARD

MONTHLY MEETING



HONOR—RESPECT—DIGNITY
REVERENCE

After a successful debut during the 2017 Veterans Day Celebration, the RSIC Color Guard continues to organize. The mission of this elite group is to honor past, present, and future Native Warriors. The group will represent our community at events —cultural, social and business.

All military Veterans are welcome!
775/329-2936, ext. 3268

34 Reservation Road—TA Conference Room—Reno, Nevada 89503
Meetings (usually) second Tuesday at 6 p.m.

Health Center to Launch New Effort to Combat Diabetes

Food prescriptions proven to improve health deserts, fits with Renown Health focus

Come fall, some Reno-Sparks Indian Colony community members suffering from type 2 diabetes might be allocated a Food RX through the new Pathways to Health program.

Put simply, these patients will get healthy food delivered to their house.

"We have never done anything like this," said Stacy Briscoe, the 3 Nations Wellness Manager. "This is another creative, cutting edge program to service the clients through the RSIC Diabetes Program and the Reno-Sparks Tribal Health Center."

Last month, Renown Health awarded a \$360,000 Pathways to Health grant to the Tribal Health Center based on Renown's most recent Community Health Needs Assessment (CHNA) and based on the RSTHC creative programming.

In order to understand the health needs of the citizens of Washoe County, Renown, in conjunction with the Washoe County Health District, performed and developed a community benefit plan based on its survey information.

Armed with this data, Renown has provided grant funding to several area non-profit organizations and governmental or public entities who are working to address Renown's identified community health priorities.

The Renown Community Health Needs Assessment revealed that in 2015, Type 2



Common Interest — Representing Renown Health and the Reno-Sparks Tribal Health Center, (from the left) Annie Zucker, Cristina Want, Wendy Damonte, Stacy Briscoe, Chris Wyatt and Keith Fuetsch, mark the presentation of the \$360,000 Pathways to Health grant. The Renown Health Community Benefits Team is working with several agencies trying to improve health priorities as identified by a recent Community Health Needs Assessment. With the grant, the RSTHC will work to reduce diabetes and diabetes related issues.

diabetes was ranked the 10th leading cause of deaths in Washoe County and in Nevada. However nationally, Type 2 diabetes was the seventh leading cause of death.

Indian Health Service, a division of the United States Department of Health and Human Services reported that Native Americans have the highest rates of Type 2 diabetes in the United States.

In fact, according to the RSTHC, 4,500 of its active Native American patients, 471 or more than 10 percent have been diagnosed with Type 2 diabetes.

Moreover, the percentage of adults in Washoe County

reporting that they have diabetes increased from 2012 (6.6 percent) to 2016 (10.4 percent).

With the new pathways to Health program, Briscoe and her staff are looking to change those numbers.

"The generosity of Renown Health will help us grow our services to implement interventions and provide more resources to RSTHC patients who need it," Briscoe said. "Certainly, diabetes is a huge problem for our community, and the CHNA revealed that diabetes is a regional problem."

According to Health & Human Services, people living with

Continued On Page 19

diabetes in underserved communities face significant challenges to eating healthy.

At the Reno-Sparks Indian Colony and many of the 573 reservations in America, access to healthy foods, especially fresh fruits and vegetables, contributes to poor overall health of Native Americans.

Most American Indian reservations are near food deserts—communities where residents cannot easily buy fresh, healthy, affordable food, but where there is easy access to low nutrition calories such as those found in fast food.

Now, with its Renown partnership, by delivering hard to come by food on a consistent basis to patients at risk, the RSTHC looks to make an impact not just on patients' lab tests, but the program aims to prevent or manage diabetes, through healthy nutrition and weight loss / maintenance, plus increase physical activity, screen for chronic diseases, and address other social determinants.

All the Path Ways to Health participants will be taught about the importance healthy cooking, how to cook healthfully and will get healthy cooking books.

Certified athletic trainers will design an exercise plan for each eligible, referred client who will be guided through exercise, and even given a ride to the 3Nations Wellness Gym, if needed.

As spelled out in a memo of understanding between Renown and the RSIC, the health center has designed a

program which includes a means to evaluate and the RSIC will provide written status bi-annual reports to Renown.

For data collection and to measure effects, before, during and after the Food RX, each participant 18-years of age or older will undergo simple health measurements—blood pressure, glucose levels, weight and the like.

Furthermore, the RSTHC must fulfill its planned objectives using program metrics and a budget through June 30, 2021.

An optimistic observer of those results will be Dr. Geniel Harrison, the medical director at the RSTHC. As a physician and a Native woman, Harrison knows all about diabetes and its complications which stem from higher than normal blood glucose levels.

"Not only is controlling diabetes a battle, but the other ailments and incapacitating conditions make it even more distressing," Harrison said. "Plus, diabetes can be the gateway to other chronic debilitating conditions such as chronic kidney disease, retinopathy, and nerve damage."

Harrison explained that there are many types of diabetes, Type 1, Type 2, and gestation diabetes—diabetes during pregnancy.

Type 1 results from an immune malfunction where the immune system incorrectly identifies and attacks insulin producing cells in the pancreas.

Type 2 is not an autoimmune disease, but instead develops via lifestyle as a result from consuming high carbohydrate

foods such as sugary drinks, potatoes, rice and sweet, thus increasing demand for insulin production. Over time, that systems lose the ability to respond to insulin and sugar in the blood stays high.

Harrison identified risk factors for Type 2 diabetes including being overweight or obese, lack of physical activity, have high blood pressure, history of heart disease or stroke, being over the age of 45, or have a family history of diabetes.

Currently, Path Ways to Health is targeting at least 20 eligible food insecure individuals, 10 food insecure families with at least four members, and 10 homebound elders.

Eligibility will be determined by a survey administered by RSTHC staff at events. Of course, an referrals will be considered, too.

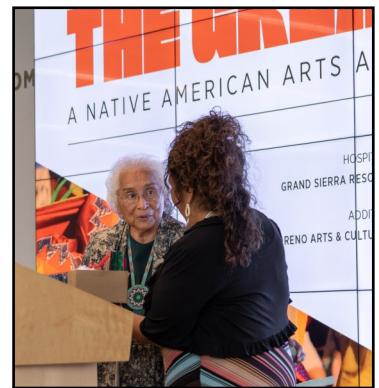
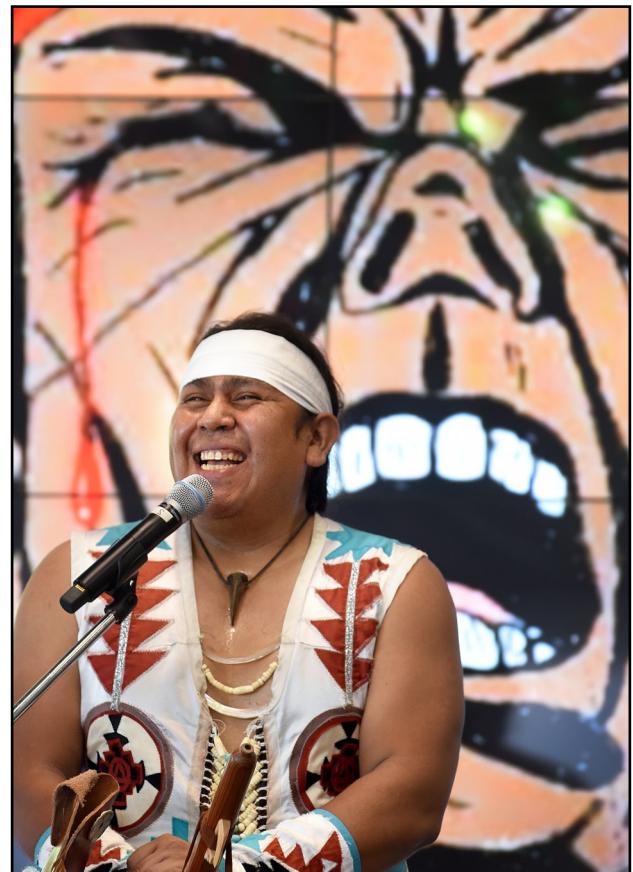
"As our Community Health Needs Assessment found, if we continue focusing on continued outreach, support, and partnership at the individual and agency- levels, we will enhance opportunities for innovative approaches to improving health outcomes," said Wendy Damonte, Renown Health Vice President of Advocacy and Community Partnerships. "We know that achieving a healthy community is not a one-time success, it involves ongoing and cross-sector collaboration, as there will always be areas to improve upon to directly or indirectly affect the health of the community."

Briscoe agrees and looks forward to this challenge.

"We can't wait to implement this program," she said.

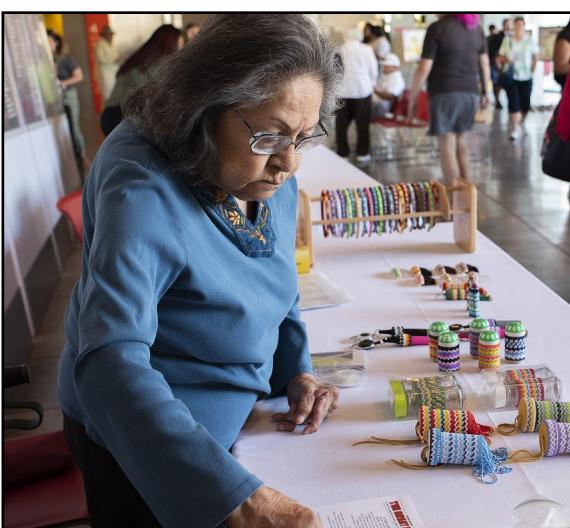
In & Around: Reno-Sparks Indian Colony Community

Reawakening the Great Basin: A Native American Arts and Cultural Gathering



In & Around: Reno-Sparks Indian Colony Community

Reawakening the Great Basin: A Native American Arts and Cultural Gathering



Ask Paul

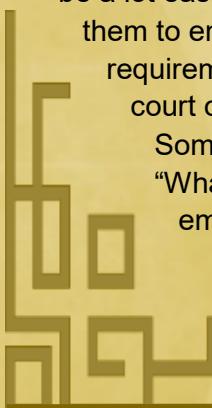
Many of the people I serve have experience with the court system. They complain about monetary fines and the time it will take to complete court obligations, but the most painful consequence is their time away from loved ones.

One court requirement often mandated for those leaving jail with substance abuse issues is to attend Alcoholics Anonymous (AA) meetings. In the court's view, AA is easy to attend, available in many locations at many different times, free to everyone, and shows some positive results.

Since time is valuable and many of the people I serve are ordered to attend AA, I ask them to honor their time and make the most out of the meetings. I understand that people are usually resistant to AA meetings and going to court, and I share with them if they change their thought process, retaining their power and freedom will be a lot easier. I ask

them to embrace their requirements and court obligations.

Some say,
"What?! I'm not embracing any of this stuff."



Some people are loud and defiant. They make a lot of noise, but get very little done - like thunder. The Elders tell us thunder makes a lot of noise and gets a lot of attention, but lightning gets the work done. I ask people to lower their thunder and work on their lightning.

Judges see many people every day. Some people show up to court in gang colors, with their caps and attitudes, defiantly staring down the judge and giving one word answers. They're most likely wasting their time. I call these people "magicians." They're magically able to turn a temporary court compliance situation into more misery and time because of their attitudes and actions. I tell my clients to be different - show up dressed nicely and professionally, refer to the judge as "Your Honor," and have all paperwork signed and filled out completely. This is a time to use the precious few minutes in front of the judge as an opportunity to make the punishment more lenient and shorter. The time in front of the judge can be very valuable in reducing a sentence. This is not to say that people need to grovel or feel humiliated. This is being responsible and smart with your time. The

groveling and humiliation occurs when the person is drinking or using substances, not when being responsible and paying a debt to society.

If AA is ordered by the court and the person doesn't want to be a magician (turning a temporary situation into a lot more time and misery), the best response is to honor the Creator by spending the time wisely.

*Our
Red Road to Wellbriety
group is on Tuesday
at 9 a.m., at the
Reno-Sparks
Tribal Health Center.
Please come and join us
in the Behavioral
Health Department,
level 2.*

We change the way we perceive the world from the inside out. Begin to think about your motives. If you want more freedom at work, contribute with your hard work and show your boss you can be productive without being watched all the time.

“Time is one of our most valuable gifts from the Creator.”

The boss will appreciate the extra time to devote to other projects. If you want a happy marriage, treat your spouse with dignity, respect and love. If you have kids together, she'll appreciate having a partner instead of another kid to watch. If you have to go to AA or want to go to AA, be present don't just attend.

Last month we discussed steps 1 through 6. This month we are discussing steps 7 through 12 to share a better understanding of the 12 Steps so people can make the most of their time when they are there.

The last 6 steps are about rebuilding relationships and avoiding making the same mistakes and problems the person made when he or she was drinking.

The Red Road to Wellbriety has us face to the West for Step 7. This is where we find our Relatives.

These are important steps and need to be taken with a sponsor, medicine man/woman, or trusted Elder who will help the person make amends in a healthy way. Amends are not saying, “I’m sorry.” That term has been

worn out. Amends mean making things right with the other person. This is about saying “I respect you, I think I hurt you, how can I make things right with us?”

After making things right with the other person, the relationship becomes much more honest, real and strong.

Step 7 “We humbly ask a Higher Power and our friends to help us to change.”

Step 8 “We made a list of people who were hurt by our drinking and want to make up for these hurts.

Step 9 “We are making up to those people whenever we can, except when to do so would hurt them more.”

The final steps have us face the North – finding the Elders’ wisdom

Step 10 “We continue to think about our strengths and weaknesses and when we are wrong we say so.”

Step 11 “We pray and think about ourselves, praying only for the strength to do what is right.”

Step 12 “We try to help other alcoholics and to practice these principles in everything we do.”

The last 3 steps say going forward, the person will quickly fix a mistake or problem and make amends. Since the person has already done a lot of work cleaning up their past, making quick and honest amends going forward helps the person easily keep their side of the street clean.

Our Red Road to Wellbriety group is on Tuesday at 9 a.m., at the Reno-Sparks Tribal Health Center. Please come and join us in the Behavioral Health Department, level 2.

And as always if you have any questions, please feel free to call me.

Paul Snyder MA, LADC-S
775-329-5162, ext. 1962

Editor’s Note

Ask Paul is a health column by Paul Snyder, a substance use counselor at the Reno-Sparks Tribal Health Center. His column is published in *The Camp News*, the monthly RSIC Tribal newsletter and in the *First Nation’s Focus*, a product of the Sierra Nevada Media Group (SNMG). Have a question for Paul? Email him at: rsnyder@rsicclinic.org

In & Around: Reno-Sparks Indian Colony Community

Retirement celebration, working together, investing and endorsing in civic service



A Fond Adieu — After 11 years leading the fund development efforts for the Reno-Sparks Indian Colony, Nila Shanley (center) is retiring. A member of the Fallon Paiute Shoshone Tribe, Shanley said that she is thankful for the opportunity for personal growth she achieved while working at the Colony. She promised to make frequent trips back to Reno. Also pictured, Chairman Arlan D. Melendez (left) and Verna Nuno (right).



Sharing Resources — Earlier this month, the Reno-Sparks Tribal Health Center Disaster Response Team and the Hungry Valley Volunteer Fire Department conducted cross training at the Pyramid Lake Tribal Health Center. After the two groups served as cooperating agencies during Operation Black Rain, a full-scale emergency exercise in downtown Reno, representatives from the PLPT requested more training on decontamination.



Jumping In — This month, Linda Eben Jones was sworn into office and becomes part of the 7-member RSIC Housing Board. The group provides general oversight regarding community involvement in housing department activities. Eben Jones who recently returned to the area, is a resident of Hungry Valley.



Saving History — Dianna Frank is congratulated by Reno-Sparks Indian Colony Chairman Arlan D. Melendez after she joined the Tri Basin Cultural Committee. The TBCC participates in site field investigations and tribal consultation with tribes, and other agencies and organizations.

21ST. ANNUAL CRAFT FAIR

FALL FEST

2018

October 12th & 13th

RENO-SPARKS INDIAN COLONY, GYMNASIUM

34 Reservation Road * Reno, NV

(Off 395/580 So. Freeway)

Glendale or Mill St. exits

Jewelry * Beadwork * Arts & Crafts

Baked Goods * Raffle * Food & Fun!

Doors Open
10am to 6pm

Over 60 local and
visiting vendors

INDIAN TACOS WILL BE SOLD

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FREE TRICK OR TREAT BAGS

For more
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Ramona Darrough
775-842-1385

In & Around: Reno-Sparks Indian Colony Community

Education advocate, fun and games to celebrate



An Ideal Candidate — Brendan J. Abel recently took the oath of office to become part of the Reno-Sparks Indian Colony's Education Advisory Committee (EAC). The group is made up of five members who plan, recommend, implement and evaluate all education department programs and services.



Everyone's a Winner — Organizers operated several carnival type booths during the 10th Anniversary Celebration of the Reno-Sparks Tribal Health Center. Above two happy revelers proudly display a bag they won for their ring toss talents compliments of the RSTHC Behavioral Health Department.



Speed + Force x Gravity — During the 10th Anniversary Celebration of the Reno-Sparks Tribal Health Center, Jessica McCloud tried her luck with the hula hoop. Invented in 1958, this child's toy became an international sensation as adults took to twirling, rolling and throwing hula hoops.



A Decade of Improving Health — Over a hundred community members came out in 100 degree weather to 10th Anniversary Celebrate of the Reno-Sparks Tribal Health Center. The event included indoor and outdoor actives. Above, onlookers watch the commotion at the dunk tank.

Back to Nature Garden at Education

Tuesday
September 18th
5:30-7



1700 East 2nd Street
(at Gould St)
Open to
RSTHC patients
6-18yrs

**Have a Scavenger Hunt
Harvest Veggies
Learn about Dirt, Bugs, and
Chickens**

Enjoy fun food creations by
Guest Chef Chris Wyatt
(Renown Community Culinary
Wellness Manager)

Sponsored by the RSIC
Diabetes Program and
Community Health
Departments

Sign Up Required: Contact Gina Featherstone x 1949
or Stacy Briscoe x1945



World Watching as Trial on Global Warming Moves Ahead

Suit filed by youth against federal government for its role in climate change

Twenty-one young people who believe the United States government is responsible for climate change, will have their lawsuit heard.

Late last month, the U.S. Supreme Court unanimously ruled in favor of the youth plaintiffs regarding *Juliana v. United States*, a constitutional climate lawsuit filed against the federal government. The trial will begin in U.S. District Court on Oct. 29.

The youth believe that the government has failed to protect the public trust through permitting pollutant activity for decades despite scientists' warning and through its current climate change inaction means that the government, as trustee of the public trust, is responsible for restoring the public trust.

"We look forward to presenting the scientific evidence of the harms and dangers these children face as a result of the actions their government has taken to cause the climate crisis," said Julia Olson co-counsel for the plaintiffs. "This trial should give young people courage and hope that their third branch of government, all the way up to the Supreme Court, has given them the green light to go to trial in this critical case about their unalienable rights."

Accordingly, the youth believe that the U.S. government, by creating a national energy system that causes climate change, is depriving them

of their constitutional rights to life, liberty, and property.

Jacob L., a 21-year-old plaintiff from Roseburg, Oregon, said: "I am so grateful that the Supreme Court has recognized the importance of this trial and allowed our case to proceed because the scientific evidence linking the U.S. government's actions and policies to climate change impacts wildfire and droughts that harm youth, must be presented before our country's justice system to ensure that our rights may be protected."

The group's other co-counsel, Philip Gregory, said that the government has failed to protect essential public trust resources.

"We will elevate the voice of youth--those with most to lose in the climate crisis, to secure the legal right to a healthy atmosphere and stable climate on behalf of all present and future generations," Gregory said. "The government elected by the people has that duty to provide protection and if both the executive and legislative branches fail in that duty, then the judicial branch must intervene."

The case was filed in 2015 in what legal experts call a remarkable expansion of U.S. common law, as the group of plaintiffs, aged eight to nineteen, along with the environmental advocacy organization

Continued On Page 30



Ancient Saline Soda Lake — Formed at least 760,000 years, Mono Lake, the home-lands of the Northern Paiutes, is where the People derived nutrition from the shallow waters around the lake. Water from the streams flowing into the lake have been diverted to urban areas which lowered the lake level and endangered migratory birds. Even with higher than expected rainfall last year, Mono Lake continues to be especially sensitive to changes in precipitation and evaporation.

Photo File

Introducing: COUNTDOWN TO YOUR HEALTH-TEEN EDITION!

Every Tuesday night @ 5:30 pm beginning September 25th-October 30th

5 servings fruits & vegetables



4 glasses water



LIVE 54321
numbers to live by
COUNTDOWN TO YOUR HEALTH



3 good laughs

<2 hours or less
screen time



1 hour physical activity

- Ages 13-18
- 6 week education on health and wellness taught by Kristie Messerli, Dietitian and Gina Featherstone, Health Educator
- Parents MUST attend classes
- Sign Ups REQUIRED
- Contact Kristie Messerli to register your child @ 324-5162

Sponsored by Community Health and Diabetes Departments

Earth Guardians, and Dr. James Hansen of Columbia University, filed this action against the U.S.

"This is no ordinary lawsuit," wrote Judge Ann Aiken of the US District Court for the District of Oregon, at the beginning of her opinion denying a motion to dismiss in *Juliana v. United States*.

Then U.S. President Barack Obama, and numerous executive agencies, including the Environmental Protection Agency (EPA), are accused of "deliberately allow[ing] atmospheric CO₂ concentrations to escalate to levels unprecedented in human history."

Leading up to this historical trial, the Court also denied the government's "premature" request to review the case before the district court hears all of the facts that support the youth's claims at trial.

The Supreme Court's decision also follows a July 20 decision from the U.S. Court of Appeals, also in favor of the youth, denying the Trump Administration's highly unusual second request for writ of mandamus or higher court order to an inferior government official ordering them to properly fulfill their official duties or correct an abuse of discretion. According to the U.S. Attorney's Office, it is an extraordinary remedy, which should only be used in exceptional circumstances of peculiar emergency/public importance.

The Court stated: "The breadth of [the youth's] claims is striking" and ordered the District Court to take the



Climate Change Is Shrinking the Colorado River — *So says The Conversation, an online, global network of newsrooms emphasizing the vital role of academic experts. While overuse has played a part, a significant portion of the shrinking reservoir is due to an ongoing drought, which started in 2000 and has led to substantial reductions in river flows. Most droughts are caused by a lack of precipitation. However, published research shows that about one-third of the flow decline was likely due to higher temperatures in the Colorado River's Upper Basin, which result from climate change.*

Photo File

government's "concerns into account in assessing the burdens of discovery and trial, as well as the desirability of a prompt ruling."

Kiran O., 21-year-old plaintiff from Seattle said that as a young person working in the gardening business, climate change is all around and looming all the more ominously in my future.

"The government's actions are a case of constitutional infringement, and it is the court's job to hear such cases," Kiran said. "The federal government's argument that this is not within the court's jurisdiction would only make sense if they were defending citizens' rights, not violating them."

The plaintiffs believe that *Juliana v. United States* is calling for checks and balances, not disturbing the separation

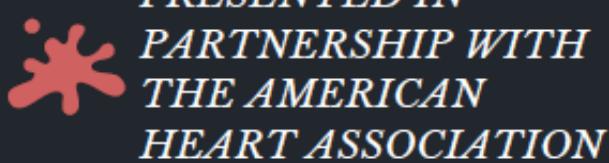
of powers.

"If we believe our Constitution guarantees us a right to "live and flourish," then forests, wildlife, soil, water, and air must be protected in order for citizens to be able to live, be free and pursue happiness," said Mary Christina Wood, a professor at the University of Oregon.

She said that a government elected by the people has a duty to protect the natural systems required for those peoples' survival.

Victoria B., 19-year-old plaintiff from White Plains, N.Y. agrees.

"The constitutional rights of my fellow plaintiffs and me are at stake in this case," she said. "This lawsuit becomes more urgent every day as climate change increasingly harms us."



Evidence Based Program

CHECK. CHANGE. CONTROL.

Blood Pressure Education Workshop

LEARN MORE ABOUT:

- *Maintaining a healthy Blood pressure*
- *Risk Factors*
- *Taking your blood pressure correctly*
- *Healthy Lifestyle choices*

DATES:

*October 17th,
November 14th
December 12th
January 16th*

5:30-6:30pm

1st floor conference room

**Sessions taught by Stacy Briscoe, Diabetes Manager/Dietitian
& Gina Featherstone, Health Education Specialist**

**To RSVP or get more info, please contact Gina Featherstone,
Health Educator at 775-329-5162 ext 1949**

Locally sponsored by:

Renown
HEALTH

Must be committed to all 4 sessions

programs offered through the 3Nations Wellness Center considerably broaden the spectrum of patient offerings, too.

According to Chairman Melendez, in the last decade, the business operations of the health center have been so successful that the Tribe has paid off its debt service through third party billing.

Plus, Chairman Melendez said that with nine years left of loan payments which were just recently refinanced at a very low rate. That coupled with the RSIC's strong financial history, the fiscal outlook at the RSTCH and the entire Colony is solid.

Furthermore, the RSIC Archives and Records Department designed a telling timeline with historical photographs and information about historical milestones achieved in Tribal health care.



Dedicated Professionals — After operating for 10 years, the Reno-Sparks Tribal Health Center employs over 150 health experts. In addition to the 1, 157 Tribal members, the health center serves thousands of Urban Indians in the area. **Photo Provided By Teri Larson**

"The event was a huge success," said Teri Larson, the RSTHC Budget Analyst who took on the organizing duties for the celebration. "We had

numerous divisions of the health center and about 10 other departments collaborate with us, so this was an excellent example of RSIC team work."

CLIMATE CHANGE — From Page 30

Acknowledging the fundamental premise that "air, running water, the sea, and consequently the seashore" are public trust assets imposing upon the trustee a fiduciary duty to "protect the trust property against damage or destruction, Judge Aiken held that the defendants are responsible for failing to mitigate climate change.

Moreover, the plaintiffs argued that the defendants have violated their obligation to hold certain natural resources in trust for the people and for future generations.

Under the public trust doctrine, no government can

legitimately abdicate certain powers and obligations without diminishing the power of future legislatures to promote the general welfare.

Here, the resources vital to ensure public welfare are at stake because they are threatened by rising CO₂ levels which contribute to climate change and threaten the general welfare.

This case is one of many supported by Our Children's Trust, and all seeking science-based action to stabilize the climate system.

Our Children's Trust is a non-profit organization, leading a coordinated global human rights and environmental justice

campaign to implement enforceable science-based Climate Recovery Plans that will return atmospheric carbon dioxide concentrations to below 350 ppm by the year 2100.

"Equity between generations is a key issue with climate change," said Ross Macfarlane, Senior Advisor with Climate Solutions, a Northwest based clean economy organization which has also participated in these lawsuits. "Those who benefit most from the carbon pollution won't be around to feel the worst impacts. These actions attempt to redress that balance, and allow future generations a voice in the legal system."

Announcing
Fall Break Harvest Camp

October 1-5, 2018 9-4pm
(8-5pm extended care available)

**Urban Roots Garden
Classroom**

1700 East 2nd Street, Reno



Come Dig in the Dirt!

Register online with code RSIC2018
<https://www.urgc.org/farm-camp>
or 775-636-5105



**Camp Fees, Lunch,
and extended care
sponsored by the
RSIC Diabetes
Program**

**Learn about chickens
Harvest, Taste, and Preserve Veggies
Open to all patients of RSTHC**

Questions? Contact Stacy at 329-5162 x 1945

PosterMyWall.com

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Make a Difference: Make a Green Masterpiece

5th Annual Statewide Recycled Art Contest now underway

Carson City, Nev. – The Nevada Recycles program has partnered with the Venetian Resort Las Vegas to support a statewide recycled art contest to increase Nevadans' awareness and interest in recycling.

In support of Earth Day's 2018 campaign to *End Plastic Pollution*, this year's projects must be made with used or found plastic materials.

Submission of an entry form and photos of artwork are due by October 24.

In addition to a \$250 prize to the first place class project, the Venetian will provide first, second and third prizes (\$200, \$100 and \$50 respectively) in five categories: Kindergarten-Grade 5, Grades 6-8, Grades 9-12, Adult, and professional artist.

In 2017, Nevada's recycling rate was 21 percent. Based on residential and commercial sector data.

Nevadans (including the influence of the tourist population) throw away about 5.8 pounds of trash, per person, per day.

That is approximately four million tons of trash that enters a landfill each year.

"Recycling is the easiest thing we can do to save energy, conserve natural resources and create green jobs," said Pranav Jampani, Director of Sustainability for the Venetian.

Winners will be announced on America Recycles Day, Nov. 15. More information about the contest, along with submission guidelines, are at: NevadaRecycles.nv.gov.



A Record Breaking Purse — *The State of Nevada is soliciting entries for its 5th Annual Recycled Art Contest. In the 2017 contest, the purse pictured above took second place in the Grades 6-8 contest. More winning entries are at: <https://www.flickr.com/photos/nevadarecycles/albums/72157690643328216/> with/37778688041/*

Thank you from the Family of Gerome L. Sam

The family of Gerome L. Sam, born on September 4, 1986, passed away on July 11, 2018, wants to thank all who were part of the services: the Reno-Sparks Tribal Council, the Pyramid Lake Paiute Tribe, the Reno-Sparks Indian Colony Police Department, the Reno-Sparks Indian Colony Administration, the Reno-Sparks Indian Colony Recreation Department and staff.

We thank you for all of the assistance provided. To all our community, family, and friends who shared in our time of sorrow. Thank you for all the kind words of condolences, hugs and prayer, and also, all the food donations. All were greatly appreciated. May the Creator Bless us all as we mourn the loss of our dear loved one.

"Forever in our Hearts"
May he rest in peace



Sincerely, Zelma Baker, Dianne Baker, Tony Baker, Rodney Baker and family, Gerard E. Jim, Zacary Baker, Gregory Baker, Kesley McCloud and Ameya L. Sam, Gordon P. Sam and family, Gordon Sam Sr., Marvella Sam and Marlene Yarrow and family.



Thank You

...to all who expressed sympathy, condolences, and hugs
to me and my family during this difficult time.

I am very grateful to the Reno-Sparks Indian Colony staff
for assistance with funeral arrangements for my father,
Allan Walker.

Special thanks to Tribal Chairman Arlan Melendez &
Verna Nuno, both of whom were so supportive.

Shawn Shaw and Jaime Stump, too.

~ Randy Walker and family



Calling all Ghouls, Ghosts, Goblins and Belles of the Ball

2018 RSIC Senior Fun Day

October 18 – Thursday

10:00 a.m. – 2:00 p.m.

Costume Contest

Door Prizes

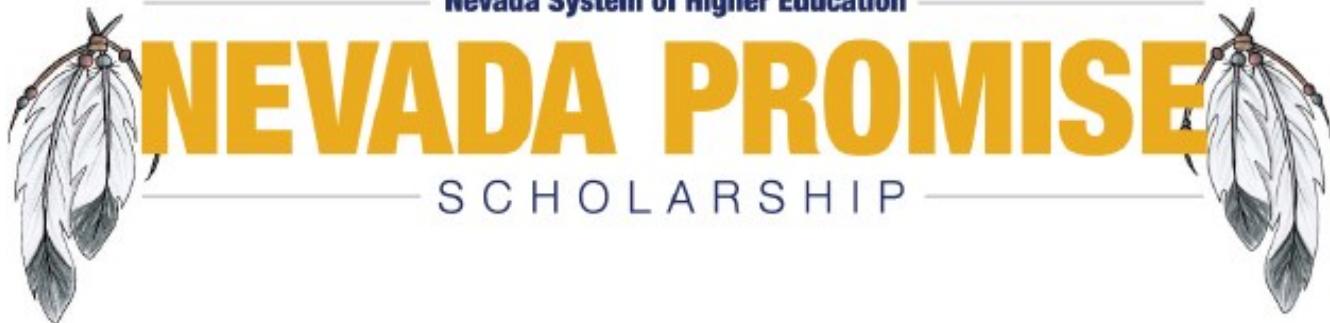
BINGO

RSIC Gym, 34 Reservation Rd, Reno

State Health Assistance Program
NEVADA SHIP Medicare Assistance
Statewide 1-800-307-4444
Northern Nevada 1-877-328-2206



This event is for elders, 55 years or older. Please do not bring children, or grandchildren. If you have any questions, need more information or would like to confirm your attendance. Please call Ryan or Darlene at 775-329-9929



NEVADA PROMISE

SCHOLARSHIP

Established by the Nevada Legislature in 2017, the Nevada Promise Scholarship provides last-dollar financial aid to Nevada students attending any of the state's four community colleges: College of Southern Nevada, Great Basin College, Truckee Meadows Community College, or Western Nevada College.

In order to be eligible for the Nevada Promise Scholarship, a student must:

- Be a Nevada resident
- Before the beginning of the fall 2019 semester have earned one of the following during the 2018-2019 academic year:
 - High school diploma from a public or private high school in Nevada;
 - High school diploma from a public high school in a county of another state that borders Nevada and accepts Nevada residents; or
 - General Equivalency Diploma (GED) or equivalent document.

Meet all program deadlines, including:

- Complete the Nevada Promise Application no later than 11:59 p.m. on October 31, 2018
- Attend at least one training meeting offered by the college no later than December 30, 2018.
- Complete FAFSA no later than April 1, 2019
- No later than April 30, 2019:
 - Meet at least once with their mentor (assigned by the college);
 - Complete at least 20 hours of eligible community service; and
 - Attend a second training meeting offered by the college.
 - Turn in any additional documentation required to determine your financial aid eligibility. Required documents may include tax transcripts which must be obtained from the IRS or other official documents. Applicants are strongly encouraged to file the FAFSA and follow up as early as possible so there is sufficient time to meet this requirement.
- Enroll in a minimum of 12 credits in an associate degree program, a bachelor's degree program or a certificate of achievement program for each semester of the school year immediately following the school year in which the student graduates from high school.

Link to Scholarship application:

<http://bit.ly/nshe-nv-promise-scholarship>

For more information visit the NSHE Website:

<https://nshe.nevada.edu/administration/academic-student-affairs/financial-aid/nevada-promise-scholarship/>

We need more Native Students to apply!

Last year only 2% of NV Promise applicants were Native American.

The Nevada Health Centers Mammovan is Coming to Your Neighborhood!

Early Detection is the Best Protection!

The Mammovan will be in YOUR neighborhood on:

DATE: Tuesday, October 23, 2018

HOURS: 8:00 am - 3:40 pm

LOCATION: Reno Sparks Tribal Health Center
1715 Kuenzli St, Reno, NV 89502

facility parking lot

For an appointment, please call:

Nevada Health Centers Mammovan

877.581.6266

Go to nvhealthcenters.org/services/mammovan/ for the current calendar of Mammovan events

GET YOUR MAMMOGRAM TODAY!

- Women 40 and over require NO referral. Women 39 and under, or men, MUST present a physician (PCP) referral
- Must be at least 366 days since last screening
- NO minors can be left unattended and they may NOT accompany you into the exam room
- Results are mailed directly to you and your PCP / Specialist

Please be sure you have all of the following with you upon arrival to ensure a smooth check in experience:

- Current & valid government issued photo ID
- Current insurance card (if applicable)
- Completed registration forms (available online at nvhealthcenters.org/services/mammovan)
- Name & phone number of your Primary Care Physician (PCP)

Acceptable Methods of Payment:

- Medicare
- Medicaid
- Sliding Fee Scale
- Women's Health Connection (WHC)
- Most major insurances – Yearly Preventive Screenings are covered under most insurances, however, verify your coverage prior to your appointment to assure the Mammovan is an accepted provider.
- Individuals NOT COVERED by health insurance may qualify for a "no charge" screening.



NEVADA
HEALTH CENTERS

NEVADA HEALTH CENTERS
MAMMOVAN
ON THE MOVE IN NEVADA

WATER FITNESS!!

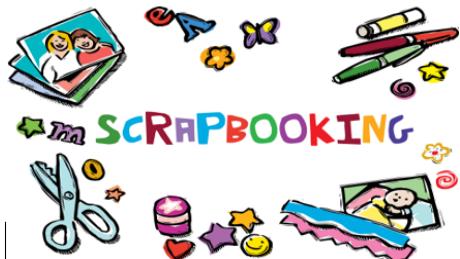
- Senior Water Fitness
- Senior Aquacize
- Toddler Time
- Swimming Lessons
- Lap Swimming



**FREE
TO ALL
CHILDREN,
DIABETIC,
NON-DIABETIC
& SENIOR
RSTHC
PATIENTS**

QUESTIONS?

Call Wali at 329-5162 x1947 or Stacy x1945



SCRAP HAPPY CROP

September 8, 2018 - 9 am to 9 pm

September 9, 2018- 9 am to 6 pm

34 Reservation Road, Reno (Reno-Sparks Indian Colony building)
Registration Fee: \$25 for Saturday, \$20 for Sunday, OR \$40 for both

Come spend the weekend with your friends doing what you do best – scrapbooking, card making or any crafting.

Scrapbooking, card making or any crafting. Guaranteed EIGHT foot table all to yourself. Lunch, coffee, tea, ice and water are provided on both days. There will be at least one silent auction item and ways to earn & purchase raffle tickets towards prizes – not all crafting related.

Name : _____

Email : _____

I want to sit with : _____

Saturday (\$25) Sunday (\$20) Both (\$40)

Number of attendees is limited to **30** so get your registration in soon.

Please contact Margaret Emerson @ emerson3468@gmail.com if you'd like to attend. Payment will be sent to Velda (Jenny) Lowery at 50 Colony Cir, Reno, 89502.

YOGA WITH KIM

TUESDAYS: VINYASA
SCULPT OR SHRED
12:10-12:50
ADD CIRCUITS FOR CARDIO

THURSDAYS:
GENTLE VINYASA
FLOW 12:10-12:50
ALL LEVELS

OPEN TO ASTHIC PATIENTS AND EMPLOYEES

ON THE BACK PATIO BY
THE RIVER IN SPRING,
SUMMER, & FALL OR
1ST FLOOR
CONFERENCE ROOM

SPONSORED
BY THE
RSIC
DIABETES
PROGRAM





LET'S SPINN

SPINNING WITH MICHELLE

FITNESS

AWESOME CALORIE BURNER AND FITNESS BOOSTER

WEDNESDAYS 5:30-6:30PM &
FRIDAYS 12:15-12:45PM
@ 3NWC

Questions Contact Michelle @ 329-5162



MARTIAL ART CLASSES

Open to all Ages KIDS & ADULT patients of RSTHC

NEW LOCATION

HIGH SIERRA MARTIAL ARTS
5450 Mill St. suite C upstairs
www.highsierramartialarts.com

-Self Confidence
-Self Esteem
-Concentration
-Fun Fitness
-Flexibility
-Social Skills
-Awareness & Self Defence

FREE!!!

UNIFORM AND TESTING FEES INCLUDED...ROLLING ADMISSION

Sponsored by the RSIC Diabetes Program

QUESTIONS?
Contact Stacy Briscoe 329-5162 x1945

The 2018 Diabetes Shoe Program

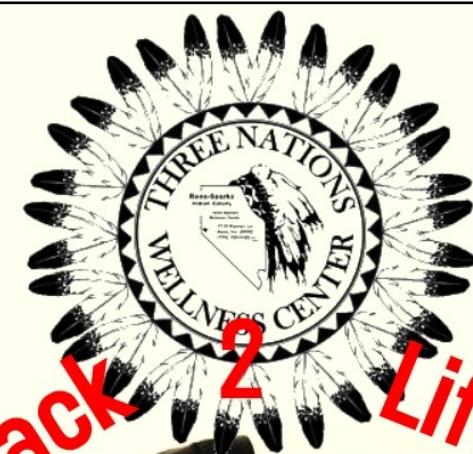


Keep two Diabetes Checkups in RSTHC Medical in 2018 and you're eligible for shoes through the RSTHC Diabetes Program! Appointment required.

QUESTIONS?
Contact Stacy 329-5162 x1945

Sponsored by the RSIC Diabetes Program

The RSIC Diabetes Program reserves the right to end the program at any time.

Back 2 Life



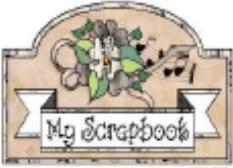
It's time to get rid of the aches and pains and get back to living.

Gradually get back into exercise with help from a trainer.

Referral required.
Please contact Stacy or Christian at 329-5162

September

Reno-Sparks Indian Colony
Senior Center Activities
34 Reservation Rd, Building F
Reno, NV 89502
775-329-9929

Monday	Tuesday	Wednesday	Thursday	Friday
3) Closed for Labor Day No Lunches Served or Delivered	4) Farmers Market 9:00am Senior Advisory Committee Meeting 1:00pm	5) Errand Day 10:00am Language Class 12:45pm	6) Gods Eyes 10:00am 	7) Caregivers Support Group Meeting 9:00am Gods Eyes 10:00am
10) Scrapbook Scanning Day 11:30am Tribal Police Presentation 12:00pm Tone & Fit 12:30pm	11) Scrapbooking Day 12:30pm Night Bingo 5:30pm 	12) Chair Volleyball 10:00am Blood Pressure Check 11:30am Language Class 12:45pm	13) Errand Day 10:00am Galaxy Theaters 1:00pm 	14) Brunch 10:30am
17) Food Pantry Tone & Fit 12:30pm Mini Head Dresses 1:00pm 	18) Commodities Mini Head Dresses 1:00pm	19) Apple Hill Trip 8:00am Language Class 12:45pm 	20) Birthday Bingo Blood Pressure Check 11:30am Environmental Presentation 12:00pm 	21) Tone & Fit 12:30pm 
24) Tone & Fit 12:30pm Felt Moccasins 1:00pm 	25) Century Theaters 1:00pm	26) Blood Pressure Check 11:30am Language Class 12:45pm	27) Felt Moccasins 1:00pm	28) Closed National Indian Day No Lunches Served or Delivered

Activities are subject to Change or Cancel

Sign up is required for trip to **Apple Hill** on September 19th.

For Apple Hill:

- Limited seating
- Must be physically able to walk
- Lunch is provided
- Depart RSIC Senior Center at 8:00am

All day trip
All other expenses are on your own
Return approximately 4:00pm



2018



September

Reno-Sparks Indian Colony
Senior Center Lunch Menu
34 Reservation Rd, Bldg. F
Reno NV 89502
775-329-9929

Monday	Tuesday	Wednesday	Thursday	Friday
3) Holiday – Closed Labor Day	4) Turkey Hot Dog on Whole Wheat Bun Cucumber & Tomato Salad+* Watermelon*	5) Pork Loin Roast Mixed Squash Blend+ Applesauce*	6) Meatloaf Mashed Potatoes Green Bean+ with Tomatoes* Onions and Bacon Bits Grapes*	7) Chicken Fajita on Whole Wheat Tortilla with Bell Peppers+ and Onions Southwestern Corn with Black Beans* Peaches*
10) Chicken Noodle Casserole with Carrots and Peas+ Cauliflower and Broccoli+ Mixed Berries*	11) Pepper Steak with Bell Peppers+ and Onions Brown Rice Mandarin Oranges*	12) Turkey and Swiss on Whole Wheat Wrap Lettuce* and Tomato+ Orzo Salad with Pinenuts+ Cantaloupe*	13) Spaghetti with Meat Sauce Dark Green Salad+* with Tomato and Cucumber French Bread Fruited Jell-O*	14) <i>Brunch 10:30 am</i> Scrambled Eggs with Ham and Cheese Toasted Whole Wheat English Muffin Banana+ Orange Juice*
17) Sweet and Sour Pork with Bell Peppers+ and Onions Veggie Lo-Mein+* Pineapple* Fortune Cookie	18) Bean and Beef Burrito on Whole Wheat Tortilla with Lettuce, Tomato and Cheese Carrots+ Mixed Melon*	19) Tomato Bisque Soup Grilled Cheese Sandwich on Whole Wheat Bread Green Salad with Mini Heirloom Tomatoes+ Pistachio Fluff Fruit Salad*	20) <i>Birthday BINGO</i> Teriyaki Chicken Wild Rice Pilaf Brussels Sprouts+ Pineapple* Carrot Cake	21) Chicken Taco with Cabbage+, Cilantro, Onion and Chipotle Sauce Kohlrabi Salad+* Tropical Fruit*
24) Tuna Noodle Casserole with Peas and Carrots+* Watermelon*	25) Chicken Parmesan over Fettuccini Noodles Zucchini* Peaches+	26) Beef and Vegetable Stew+* Pan-bread Orange* Strawberry Shortcake	27) <i>Brunch 10:30 am</i> Multi Grain Pancakes Scrambled Eggs Sausage Blueberries*	28) Holiday – Closed National Native American Day
IMPORTANT Please TIE up your dogs during delivery times 10 am – 1 pm		~Reminder~ To call before 10:00 a.m. to cancel or add your meal delivery	* Daily Vitamin C 1% Milk 3 x Week + Vitamin A	Menu is subject to change with or without notice

Jump Start to College!

Join TMCC's Jump Start program for the opportunity to earn dual credit (credit for both college and high school), personal development, get a head start to college or just for fun!



2018-2019 Tuition

Online Class • \$50 plus all fees
In-Person • \$98.75 per credit plus all fees
Additionally, Jump Start students receive a 25% per credit discount for in person classes.
Tuition subject to change.

Fees for Nevada Residents

- \$20 - One time application fee
- \$6.50 - Technology per credit fee
- \$1 - Student Association per credit fee
- \$15 - Online fee (For Web Based Courses Only)
- \$5 - Health and Sports per credit fee

To enroll, complete the Jump Start Steps to Enroll today! jumpstart.tmcc.edu | 775-673-8236

To enroll you must meet all pre-requisites and have the qualifying GPA. The list below is not a full list of all your options. Visit my.tmcc.edu for class information



Legal Notices, Public Announcements

Tribal committee recruitment, volunteer opportunity, name change request

Recruitment for Housing Advisory Board

HAB is actively seeking **two** interested community members to sit on the Housing Advisory Board.

If you are interested in being a member of the Housing Advisory Board, please submit a letter of interest to:

Tom Dressler
RSIC Housing Director
c/o 34 Reservation Road
Reno, NV 89502

KTMB's Truckee River Cleanup Day

Saturday, Oct. 13 from 9 a.m.—noon

A Keep Truckee Meadows Beautiful event where RSIC commits to keeping its part of the river clean and healthy. Meet behind the Reno-Sparks Tribal Health Center. KTMB will host a BBQ afterward, with the location TBD closer to the date.

IN THE RENO-SPARKS TRIBAL COURT IN & FOR THE RENO-SPARKS INDIAN COLONY RENO, WASHOE COUNTY, NEVADA

PUBLIC NOTICE

Notice is hereby given that the Petitioner, Yesenia Irene Reyes, who is a member of the Reno-Sparks Indian Colony, has filed a Petition in the Reno-Sparks Tribal Court. Case No. CV-NC-2018-0027, praying that said Court enter an Order changing the present legal name of Yesenia Irene Reyes, to the name of Yesenia Sampson. which is the name Petitioner desires to have.

Notice is hereby given that any person having an objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court; 1900 Prosperity Street; Reno, NV, within ten (10) days after publication of this notice.

Henrietta A. Tobey Clerk of Court
Reno-Sparks Tribal Court

Recruitment Senior Advisory Committee

The Senior Advisory Committee (SAC) encourages persons 55 or older to apply to become a member of the SAC. Please submit a letter of interest, stating your name and contact information to the Senior Program Manager. The tribe's standing rules for committees and advisory boards apply to this position. The committee meets the first Monday of the month. You must be an active participant in the meetings and other SAC sponsored events and be available for any additional meetings. The term is for two years. If you have any questions, please contact the RSIC Senior Program Manager at 329-9929.

Recruitment Law & Order Committee

The Law & Order Committee is currently recruiting for one new member. Appointments made to the Committee are for a four-year term and members are appointed by the Tribal Council. The Committee, pursuant to the bylaws, is scheduled to meet the first Wednesday of each month, but the date can be changed by the Committee.

The Committee shall be compensated at a rate approved by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of RSIC have been revised and were adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. All Committee members must abide by these rules. Please see the Tribal Administrator's Office for a copy of the Standing Rules.

Any interested RSIC enrolled member may submit an applications to the Tribal Administrator's Office located at 34 Reservation Rd.

Highway to Health



COMMUNITY HEALTH FAIR

**SATURDAY, 22 SEPT 2018
10:00AM - 2:00PM**

AT RENO-SPARKS TRIBAL HEALTH CENTER

Cultural Dances & Presentations
Information on Healthy Lifestyles

Bring the Family!

Continued From Front Cover

spotlights for women's fancy and men's grass dances.

In addition, vendors will sell traditional Native foods and stunning handcrafted silver work, bead work, baskets and other American Indian art.

Between dances, spectators may take their energy to the hand games--traditional gaming that has been played for thousands of years. It is a guessing game involving animal bones and sticks with a background of songs and drums, used to distract the opposing team. Hand gamers will likely play through the night.

On Saturday morning, the Warrior Mountain Run and Numaga 3 Mile Walk/Run starts at 8 a.m.

Participants should report to the Hungry Valley Recreation Center at 7:30 a.m., to register.

All other activities will take place at 266 Loop Road, Sparks, Nev., 89441.

For first timers, Hungry Valley is just 19 miles north of downtown Reno, nestled in scenic Eagle Canyon.

The Numaga Indian Days Pow Wow is named after Chief Numaga, the famous Paiute Chief, known for peace. Chief Numaga was a great 19th century leader who had the courage and the vision to counsel against war.

Facing severe threats to his people by invading white forces, Numaga repeatedly chose peace.

His successful peace negotiations, helped set a precedent for future disputes.

Numaga was known throughout the region for always trying to preserve the Numa or Paiute aboriginal lands, but he was not

successful.

Numaga called the pine nut tree groves, the Indian's orchards and asked whites to collect fallen timber instead of cutting down healthy trees.

Unfortunately, Numaga's early advocacy for Mother Earth fell on deaf ears.

Against Numaga's wishes, lumber companies cut down sacred pine tree groves all over the Great Basin.

Translated from the English language, Numaga means "Give Food."

He passed away in 1871 and is buried in the hills near Wadsworth.

NUMAGA POW WOW STAFF

Emcee: Bart Powaukee

Head Man: Nathan Nez

Head Woman: Willow Abrahamson

Arena Director: Randy Woods

Head Judge: Wesley Windyboy



Entranced — Almost 3,000 people attended Reawakening the Great Basin: A Native American Arts and Cultural Gathering. Reawakening brought together a variety of Native American cultural traditions, while also celebrating contemporary interpretations rooted in those traditions. Throughout the inaugural event held during Artown at the Nevada Museum of Art, numerous performing artists demonstrated a variety of dances and songs, such as the traditional Grindstone Patwin Dancers, the Reno-Sparks Indian Colony Pow Wow Club, Hoop Dancer Sage Romero, and Eagle Wings Pageant Dancers. the Young Chiefs, and the all-female drum group The Mankillers. Several established and emerging Native American visual artists from across the region, including the Great Basin Native Artists, the Great Basin Basket Weavers, Joey Allen, Sara Paschal and others also participated. See additional photos from the July gathering on page 20 and 21 or at www.rsic.org.