



# THE CAMP NEWS

VOLUME XI ISSUE 8

August 31, 2016

**SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES**

## Colony's Newest Resident Born Unexpectedly at Home

*RSIC Tribal Police officer helps with emergency birth, given commendation*

When Reno-Sparks Indian Colony Tribal Police Officers are contacted by emergency dispatch, there is always uncertainty, but with 14 years in uniform, RSIC Tribal Police Officer Angelo Hafalla is not often caught off guard.

However, a call to a home on Reservation Road on Aug. 9 was nothing like Hafalla has ever experienced.

"When I received the call to respond, I was only advised that a woman was in labor," Hafalla said. "There was no other information at that time, because dispatch was still gathering 911 call information from the woman's mother."

Hafalla said that after the recent Pyramid Lake /Tule Fire, he was careful, prepared and scared at the same time.

"Once I confirmed that it was a medical emergency, I thought of keeping the mother safe and calm, of keeping her medically stable, and continuing the flow of real-time information through dispatch until the paramedics arrived," Hafalla said.

Once the police officer entered the home and observed the scene though,

even Hafalla, a father of one, was stunned.

"The mother had already done all the work and she was holding the baby in her arms in the family's bathroom," Hafalla said. "I assisted the mother to sit on a chair and wrapped towels around both the baby and the mother."

Hafalla said the baby was crying and the mother was calm.

So, Hafalla eagerly shared the good news with the emergency dispatcher and shortly thereafter, paramedics and the fire department arrived at the home.

For his actions, Hafalla received a letter of commendation.

"Never in my 20 years with the RSIC police department, have we had an officer respond to the delivery of a baby," said Sgt. Nida Harjo. "We never know what situation we are coming into and this was a first."

Hafalla has been a member of the RSIC Tribal Police Department since 2011.

He is well-known throughout

*Continued on back cover*



**Outstanding —** For his assistance in delivering a healthy baby boy to the Reno-Sparks Indian Colony community, RSIC Tribal Police Officer Angelo Hafalla was presented an Exemplary Service Award and received a letter of commendation from RSIC Sgt. Nida Harjo.

# Numaga 3 Mile Walk/Run

We are at it again, 3 mile Walk/Run through the streets of Hungry Valley. Bring your little ones in their strollers and family to partake in our annual Numaga event.



## Saturday, September 3, 2016

Registration Begins at 7:30am ♦ Run/Walk Begins at 8:00am  
Hungry Valley Community Center

## Warrior Mountain Run

We are also having the Warrior Mountain Run for those die-hards.

There is a new route this year and it is 5.2 miles with a 1,000ft to 2,000ft climb. A flag will be on the top of the mountain for you to reach then follow the same route to get back to the starting point.

For more information contact: Danny Thayer @ 775-329-5162 ext. 1918  
or Walita Querta @ 775-334-0938

## Deadlines, Mailing List

### *The Camp News Profile*

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the RSIC Public Relations Department and duplicated and distributed by RSIC Administration Front Office.

### SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

### CONTACT OUR STAFF

E-mail your submissions to [smontooth@rsic.org](mailto:smontooth@rsic.org) or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

### CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at 329-2936.

### ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: [www.rsic.org](http://www.rsic.org) and PDFs of our publication are available.

## Important SEPTEMBER dates

- 1 Numaga Indian Days Princess Pageant, Hungry Valley Amphitheatre, 7 p.m.
- 2 Numaga Indian Days Pow Wow, Hungry Valley, Grand Entry 7 p.m.  
Hungry Valley Handgames, Pow Wow Grounds, 6 p.m.
- 3 Numaga 3 Mile Walk/Run, Hungry Valley Community Center, 7:30 a.m.  
Warrior Mountain Run, Hungry Valley Community Center, 7:30 a.m.  
Hungry Valley Handgames, Pow Wow Grounds, 6 p.m.
- 4 Hungry Valley Handgames, Pow Wow Grounds, 6 p.m.  
Numaga Indian Days Pow Wow, Hungry Valley, Grand Entry Noon, 7 p.m.
- 5 Labor Day Holiday (RSIC offices closed)
- 6 1st day of Head Start, 8:30 a.m., Colony and Hungry Valley Classrooms  
Pow Wow Club, Hungry Valley Lower Level, 6 p.m.
- 7 Constitution Revision Work Group, 34 Reservation Rd., 6 p.m.  
Law & Order Committee Meeting, Tribal Court Room, 6 p.m.  
Complimentary Cooking Classes, Nothing to It! Culinary Center, 6 p.m.
- 9 Try Day Fridays: Celebration of Veggies More Matters, RSTHC, 10 a.m.- noon
- 12 Education Advisory Committee, Education Conference Room, Noon  
Senior Advisory Committee, Senior Center, 1 p.m.  
Enrollment Advisory, Enrollment Office, 5:30pm.
- 13 Native Flutist R. Carlos Nakai performance, Downtown Reno Library, 3:30pm  
Native Flutist R. Carlos Nakai performance, Spanish Springs Library, 5:30pm  
General Tribal Council Meeting, 34 Conference Room, 6 p.m.  
Pow Wow Club, RSTHC, 6 p.m.
- 16 Try Day Fridays: Celebration of Veggies More Matters, RSTHC, 10 a.m.- noon
- 19 Executive Health Board meeting, RSTHC, 5:30 p.m.  
WCSD Superintendent Traci Davis Community Meeting,  
Spanish Springs Library, 5:30 p.m.
- 20 Commodity Distribution, Senior Center  
Pow Wow Club, Hungry Valley Lower Level, 6 p.m.
- 21 Health Fair, Reno-Sparks Tribal Health Center, Noon
- 22 Mambovan Screenings, RSTHC Parking Lot, 8 a.m. – 3:30 p.m.
- 24 KTMB/Environmental Program Truckee River Cleanup, RSTHC, 8 a.m.
- 26 Housing Advisory Board Meeting, Hungry Valley Community Center, 6 p.m.
- 27 Pow Wow Club, RSTHC, 6 p.m.
- 28 Special Economic Development Meeting, 34 Conference Room, 6 p.m.
- 29 Talking Circle, RSTHC Behavioral Health Conference Room, 4 p.m.
- 30 Try Day Fridays: Celebration of Veggies More Matters, RSTHC, 10 a.m.- noon

\*transportation available. Meet RSIC Senior Center at 8:15 a.m.

\*For RSTHC activities schedule, see pages 28, 30, &36 or [www.rsic.org](http://www.rsic.org)

\*For RSIC After-School Tutoring schedule, see page 32 or [www.rsic.org](http://www.rsic.org)

Check:

<http://www.rsic.org/>

# New Tribal Administrator Brings Fresh Perspective

*Reina returns to Colony with public service mission, teamwork philosophy*

During his 42-year professional career, public service has always been the focus for Edward “Ed” Reina.

His commitment to helping others could have been ignited as he was raised in a large family. His dedication to community might have started when as an adolescent he realized all people were not treated fairly.

Furthermore, Reina’s devotion to humanity probably was solidified during his two-year stint in the U.S. Army.

Now as the Reno-Sparks Indian Colony’s Tribal Administrator, Reina’s efforts to better serve his community are even more refined.

A member of the Akimel O’O-dham and Xalychidom Piipaash or Salt River Pima-Mariopa Tribe located in greater Phoenix, Reina believes that when everyone operates together, a community is better served.

“Everyone is doing great work here (at the RSIC), but our departments are working in silos,” Reina said. “We have a lot of potential to enhance our services by working together.”

Though the majority of Reina’s work history is in law enforcement, he said that his life-long philosophy—team work with a focus on public service---will remain as the tribal administrator.

“I quickly learned that in law enforcement, I could make a difference. “As chief of police, I worked with other agencies, not just locally, but county, state, and even nationally, to enhance services to our communities.”

In his capacity as tribal administrator, Reina looks for his collaborative philosophy to continue.

“When I worked (in law enforcement) I was given a great opportunity to do prevention and intervention rather than incarceration, plus I could work with other service agencies.”

Reina started at the RSIC in July. As tribal administrator, he is responsible for managing and overseeing the operations of 17 RSIC departments and several programs within those divisions.

And this isn’t Reina’s first stop at the Colony. From 1997 to 2000, Reina served as the chief of tribal police for the RSIC.

“I am looking forward to reconnect with this community,” Reina said. “I enjoyed it here.”

However, it was his commitment to his family---now six children, 22 grandchildren and two great grandchildren, which took him back to Scottsdale, Ariz.

“For me, family is a priority,” Reina said. “I had young children and grandchildren and



**Encore —** *Edward “Ed” Reina (pronounced Rain eh) has returned to the RSIC, this time as the Tribal Administrator.*

I needed to be home and that is primarily why I left.”

After 16 years, Reina said that not a lot has changed at the RSIC, but he noted the expansion of business development. He added that the remodel of the administrative offices at 34 Reservation Rd., is very impressive.

“It means we can provide even more services and develop a coalition to better serve our community,” Reina said.

Not one to leave projects unfinished, Reina finished his bachelor’s degree online in 2016 after he started with a traditional college education in 1978.

“I hate to leave anything undone,” Reina said.

Of course, his formal college

*Continued on page 19*

NATIONAL INDIAN EDUCATION ASSOCIATION

# POW WOW

Grand Sierra Resort, Silver State Pavilion  
Friday, October 7, 2016  
Reno, Nevada

## GOULD DANCE

5:30 PM- 6:30 PM

## GRAND ENTRY

7:00 PM- 11:00 PM



Jamie  
Stump  
Head Man  
Northern Paiute  
& Chippewa  
Cree

Alissa  
Sanchez  
Head Woman  
Bad River Band  
of Lake Superior  
Chippewa

Chandler  
Sampson  
Head Teen Boy  
Northern Paiute

Amelia  
Henry  
Head Teen Girl  
Tuscarora &  
Mohawk

Luka  
Gomez  
Head Jr. Boy  
Washoe &  
Chukchansi

Trinity  
Tohannie  
Head Jr. Girl  
Paiute &  
Lummi



Social pow wow is  
associated with the 2016  
National Indian Education  
Association Convention

Master of Ceremony  
Tom Phillips

Arena Director  
Hank Johnson

Host Drum  
Battle Horse

Host Gourd  
Silver State Gourd Society



Women's Northern  
Paiute Style Special  
All Ages

**Vendor Information**  
Please Contact  
Tanya Hernandez  
(775) 329-6114

FREE  
COMMUNITY  
EVENT

For more  
Information:

Tanya Hernandez:  
Email:  
thernandez@rsic.org  
Phone:  
(775) 329-6114  
Ext. 4312

Photos courtesy of: Reno-Sparks Indian Colony

# Promise to Honor Indigenous Tribal Nations Defined

*2016 Democratic Party platform includes extensive outline about Indian Country*

It seems the cliché, “this will be the most important election of our lifetime” is batted about every four years. However, for the 566 federally recognized tribes which according to the 2010 U.S. Bureau of the Census, includes an estimated population of 5.2 million American Indians, or 1.9 percent of the total U.S. population. Nov. 8 is indisputably a very important day.

In a little less than three months, the next President of the United States will be elected---Hillary Clinton or Donald Trump.

In the state of Nevada, the fight between Catherine Marie Cortez Masto and Joe Heck will be over. This contentious race will decide who takes over the coveted seat left by United States Senator Harry Reid, who is retiring after having served since 1987.

In Washoe County, there will be many closely contested races. Plus, there are several significant ballot measures.

For instance, voters will determine whether a half-cent increase in sales tax to fund the capital needs of Washoe County schools should be levied. The fate of legalized recreational marijuana use in our region is also up for consideration.

To further complicate matters, state laws and county election practices seem to intentionally make it harder for Native Americans to vote. Local jurisdictions often do not provide polling locations on reservations, while tougher state voter identification laws have created problems for those who do not have birth certificates or only have tribal identification.

Despite gaining the rights to citizenship and voting in 1924

from the federal government, Native Americans in some states could not vote until 1962.

Still today, those who live on nearby reservations such as Pyramid Lake, Walker River, Yerington, endure hardships as they must travel long distances---up to 70 miles-round-trip, to vote.

Not surprisingly, Native Americans have historically had some of the lowest turnout rates of any ethnic group in the country. In the 2014 primary election in Washoe County, of the 372 registered voters who live on the downtown Colony or in Hungry Valley, just 27 percent of our community voted.

Daniel McCool, a professor at the University of Utah who studies Native American voting rights lawsuits, wants to remind Native Americans that the concentration of the Indian vote gives them power.

McCool told the *Arizona Republic* that voters on the Pine Ridge and Rosebud Sioux reservations in South Dakota helped decide a 2002 U.S. Senate race.

RSIC Chairman Arlan D. Melendez agrees with McCool.

“It is important for all Native Americans to vote in the Nov. 8 election,” Chairman Melendez said. The next president of the United States’ relationship with Indian Tribes is crucial to our people.”

*Continued on page 7*



**Voting Block** — According to political insiders, Native Americans who make up nearly two percent of the population in the United States, have a concentration of power when voting in elections. *File Photo*

*Continued from page 6*

Chairman Melendez also agrees that even though the presidential race looms the largest; local, county and state races as well as the ballot measures are very important to the RSIC.

Chairman Melendez felt so strongly that he helped develop the 2016 Democratic Party Platform which was released at the national convention in Philadelphia last month.

"The reason we want to work with the Democratic National Committee (DNC) was to get more than a couple of sentences about sovereignty and trust responsibility into the platform," Chairman Melendez said.

In fact, this year's section of the DNC platform entitled "*Honoring Indigenous Tribal Nations*," is 111 sentences and over 1,000 words.

***"As Democrats, we will constantly seek to ensure that American Indian communities are safe, healthy, educated, innovative, and prosperous..."***

*The Democratic Committee Platform  
2016 Democratic National Convention  
Page 50*

But do platforms really make a difference?

"Platforms reflect the consensus views of party leaders, activists and interest groups," said John Sides, a political science professor at George Washington University. "The official platform is representative of the entire party."

Another professional academic concurs.

"It is an opportunity for the party base to assert its principles, figure out what its principles are, to show its own strength in the party," said Stephen Engel, a political science professor at Bates College.

Both Sides and Engel were quoted in the *Washington Post* before the last election.

In 2016, the information about Indian Country is the longest section of the DNC platform with the exception of the efforts regarding climate change, education, health care and global terror threats, which are all topics of great concern for all American Indians.

You can read the DNC platform in its entirety at: <https://www.demconvention.com/wp-content/uploads/2016/07/Democratic-Party-Platform-7.21.16-no-lines.pdf>

The section dedicated solely to Native Americans can be found below:

*We have a profound moral and legal responsibility to the Indian tribes—throughout our history we have failed to live up to that trust. That is why the Democratic Party will fulfill,*



*honor, and strengthen to the highest extent possible the United States' fundamental trust responsibility, grounded in the Constitution, treaties, and case law to American Indian and Alaska Native tribes.*

*We recognize the inherent sovereignty of Indian nations and will work to enact laws and policies that strengthen, not reduce, the powers of Indian nations over people who interact with them in Indian Country. We will work on a government-to-government basis to continue to empower Indian nations, and to provide sufficient and meaningful resources to Indian tribes to bolster economic development and self-determination. As Democrats, we will constantly seek to ensure that American Indian communities are safe, healthy, educated, innovative, and prosperous.*

*We will restore tribal lands by continuing to streamline the land-into-trust process and recognize the right of all tribes to protect their lands, air, and*

*Continued on page 8*

waters. We will continue to work on a government-to-government basis to address chronic underfunding, and provide meaningful resources and financial investments that will empower American Indian tribes through increased economic development and infrastructure improvements on tribal lands. We will strengthen the operation of tribal housing programs, and reauthorize the Indian Housing Block Grant Program. We will increase affordable and safe housing and fight to significantly reduce homelessness on and off Indian reservations, especially among Native youth and veterans.

We will invest in Indian education from early childhood through higher education. We will fully fund the Bureau of Indian Education (BIE), strengthen self-determination to enable culturally tailored learning unique to each tribal nation, and help to recruit and retain qualified teachers for Native learners. Democrats will continue to support President Obama's Generation Indigenous initiative that has made important strides in promoting new investments and increased engagement with American Indian youth, including by continuing efforts to reform the BIE to provide students attending BIE-funded schools with a world-class culturally-based education. We also support the elimination of school and sports mascots

that reflect derogatory stereotypes and that perpetuate racism.

We will strengthen tribal sovereignty and tribal jurisdiction by enacting laws and policies that enhance the ability of Indian nations to govern their territories, keep their communities safe, and prosecute crimes committed on tribal lands. We will build on the important provisions in the Violence Against Women Reauthorization Act of 2013,

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***We acknowledge the past injustices and the misguided, harmful federal and state policies and actions based on outdated and discredited values and beliefs that resulted in the destruction of the Indian nations' economies, social, and religious systems, the taking of their lands, and the creation of intergenerational trauma that exists to this day...***

*The Democratic Committee Platform  
2016 Democratic National Convention  
Page 51*

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which reaffirmed the right of Indian tribes to prosecute perpetrators regardless of race who commit domestic violence on tribal lands. Democrats will continue to work to address criminal justice gaps that undermine the safety of tribal communities. And we will back these efforts through robust investments in effective tribal law enforcement and tribal courts.

We believe that health care is a core federal trust responsibility, and we support a robust expansion of the health care provided by the Indian Health Service. We will work to fully fund the Indian Health Service, Tribal, and Urban Indian health care system and to ensure that all American Indians have adequate, safe, and affordable access to primary care providers, including oral health, mental health practitioners, and substance abuse treatment options.

We acknowledge the past injustices and the misguided, harmful federal and state policies and actions based on outdated and discredited values and beliefs that resulted in the destruction of the Indian nations' economies, social, and religious systems, the taking of their lands, and the creation of intergenerational trauma that exists to this day. We believe that we have a moral and profound duty to honor, respect, and uphold our sacred obligation to the Indian nations and Indian peoples.

# Standing Rock Sioux Chairman Comments on Courts

*With support from thousands, tribe fights Dakota Access Pipeline*

**Washington, DC** - Last week, Standing Rock Sioux Chairman Dave Archambault released a statement about his Tribe's efforts to stop the construction of the Dakota Access Pipeline:

"We are pleased that we had our day in court, and we look forward to a ruling soon. I believe that everyone who attended the hearing will understand that the Tribe is seeking fundamental justice here—as we seek to protect our waters and our sacred sites.

Second, whatever the final outcome in court, I believe we have already established an important principle—that tribes will be heard on important

matters that affect our vital interests. The companies and the federal government now know that they cannot ignore tribes—like they tried to do with the Dakota Access Pipeline.

I believe that we have established an important precedent, and that in the future, Indian voices will be heard before the federal government acts.

Third, I believe we have set the foundation for the future in terms of tribal unity.

We have seen the power of tribes coming together in unity and prayer and we will continue to pray for the protection of water, mother earth and

her creation, as well as all past and future generations. And I look forward to strengthening the Oceti Sakowin and the Council lodge.

Most of all, these steps in unity must be done in the right way—which means that we must remain proud and peaceful. I want to emphasize once again—as I have throughout this matter—that there is no place for violence or threats or unlawful activity in what we do. We must stay unified in peace and in prayer. That is the way we will provide a better life for generations to come."

The Standing Rock Sioux and thousands of opponents of a \$3.8 billion oil pipeline have been peacefully assembling near Cannon Ball since April.

Chairman Archambault and tribal members believe that the pipeline will disturb sacred sites and might affect drinking water on the reservation and other people downstream.

The pipeline builder, Dallas - based Energy Transfer Partners have publicly stated that the pipeline is 1,170-mile long and will deliver up to 570,000 barrels of Bakken crude oil daily from North Dakota to Illinois.

There are four states in the pipeline's path and it would cross beneath the Little Missouri River once, and the



**Standing Strong** — Several hundreds of Native Americans from hundred of different tribes have joined the Standing Rock Tribe as its community fights the construction of the Dakota Access Pipeline. Last week, monitors from Amnesty International arrived at the Camp of Sacred Stones near the Cannonball River.

*Photo From the Standing Rock Sioux Tribes*

*Continued on page 10*

Missouri River twice.

The company has said the pipeline would include safeguards such as leak detection equipment.

Federal officials and the Dakota Access developers say they gave Standing Rock the chance to survey the pipeline's route, but the tribe declined.

On Aug. 19, the North Dakota Governor, Jack Dalrymple declared a state of emergency in several counties as construction was halted as thousands of water protectors arrived and camped along the river.

According to the Dalrymple's office, the declaration will make available additional resources which may be needed to manage public safety risks associated with the protest.

In the same statement, the governor's office reported that the North Dakota Department of Transportation restricted southbound travel on ND Highway 1806, about six miles south of Mandan, to local traffic and emergency response vehicles only.

Last week, Federal District Judge James Boasberg said that on Sept. 9, he will rule on the tribe's injunction against the pipeline's construction.

The Standing Rock Sioux Reservation was originally established as part of the Great Sioux Reservation.

The Standing Rock Sioux Reservation is situated in North and South Dakota.

The people of Standing Rock, often called Sioux, are members of the Dakota and Lakota nations.

"Dakota" and "Lakota" mean "friends" or "allies."

The people of these nations are often called "Sioux", a term that dates back to the seventeenth century when the people were living in the Great Lakes area.

The Ojibwa called the Lakota and Dakota "Nadouwesou" meaning "adders."

This term, shortened and corrupted by French traders, resulted in retention of the last syllable as "Sioux."

There are various Sioux divisions and each has important cultural, linguistic, territorial and political distinctions.

The Dakota people of Standing Rock include the Upper Yanktonai in their language called Ihanktonwana which translates "Little End Village" and Lower Yanktonai, called Hunkpatina in their language, "Campers at the Horn" or "End of the Camping Circle."

When the Middle Sioux moved onto the prairie they had contact with the semisedentary riverine tribes such as the Mandan, Hidatsa, and Arikara.

Eventually, the Yanktonai displaced these tribes and forced them upstream.

However, periodically the Yanktonai did engage in trade with these tribes and eventually some bands adopted the earth-

lodge, bullboat, and horticultural techniques of these people, though buffalo remained their primary food source.

The Yanktonai also maintained aspects of their former Woodland lifestyle.

Today, Yanktonai people of Standing Rock live primarily in communities on the North Dakota portion of the reservation.

The Lakota, as the largest division of the Sioux, subdivided into the Ti Sakowin or Seven Tents and Lakota people of the Standing Rock Reservation included two of these subdivisions, the Hunkpapa which means "Campers at the Horn" in English and Sihasapa or "Blackfeet," not to be confused with the Algonquian Blackfeet of Montana and Canada which are an entirely different group.

By the early 19th century the Lakota became a northern Plains people and practically divested themselves of most all Woodland traits.

The new culture revolved around the horse and buffalo; the people were nomadic and lived in teepees year round.

The Hunkpapa and Sihasapa ranged in the area between the Cheyenne and Heart Rivers to the south and north and between the Missouri River on the east and Tongue to the west.

Today, the Lakota at Standing Rock live predominantly on the South Dakota part of the reservation.

# R. Carlos Nakai:

From jazz ensembles to full symphonic works, Nakai, a Navajo-Ute, melds his classical training with the traditional haunting sound of his cedar flute.

- Tue, Sept. 13, 5:30 p.m.  
**FREE** Spanish Springs Library
- Wed, Sept. 14, 3:30 p.m.  
**FREE** Downtown Reno Library
- Thurs, Sept. 15, 7:30 p.m.  
*UNR Nightingale Concert Hall*

*For more information, please contact:*

**Maureen Chiloquin Katenay**

[mkatenay@washoecounty.us](mailto:mkatenay@washoecounty.us)

(775) 424-1800



## RSIC TRIBAL ARCHIVES

*Preserving the Past to Ensure the Future*

### Back to School -Class Photos



Do you have old photos that you don't know what to do with?

Come visit the Tribal Archives and we can help you start a family collection or help you digitally scan and save your photos.

#### *Contact:*

**Trisha Calabaza-Tribal Archivist**

**RSIC Tribal Archives**

**15A Reservation Road |Reno, NV**

**Phone: 775-329-8802**

**Email: [tcalabaza@rsic.org](mailto:tcalabaza@rsic.org)**

**Office Hours**

**8 a.m. to 5 p.m. Monday – Friday**

*\* Collections Courtesy of Historical Society and RSIC Archives Family Collections.*



# 8th Annual White House Tribal Nations Conference Set

*President Obama continues to reach out to Indian Country*

**WASHINGTON, DC** – On Monday, Sept. 26, President Barack Obama will host the 2016 White House Tribal Nations Conference in Washington, DC.

The White House Tribal Nations Conference is an initiative created under the Obama administration that aims to create dialogue between governments, give space for tribal leaders to bring issues that affect tribal communities to the attention of the United States federal government, and to make appropriate recommendations for policies and programs.

The conferences were the first official attempt at dialogue since the Clinton administration, who held a tribal conference in 1994.

The first White House Tribal Nations Conference was held on November 5, 2009, with 400 tribal leaders attending.

Last year, leaders from 566 federally recognized tribes participated.

The 2016 conference will be the President's eighth and final conference, providing tribal leaders from the 567 federally recognized tribes with the opportunity to interact directly with high-level federal government officials and members of the White House Council on Native American Affairs.

Each federally recognized tribe is invited to send one representative to DC.



**In Person —** Besides creating the annual White House Tribal Nations Conference which allows Native leaders to discuss important issues in Indian Country, President Obama is the first sitting president to visit any reservation since 1999 and the third presidential visit overall in the nation's history. Calvin Coolidge traveled to South Dakota's Pine Ridge reservation in 1927, Franklin Roosevelt visited North Carolina's Cherokee Nation in 1936, and Bill Clinton visited Pine Ridge in 1999. *File Photo*

This year's conference will continue to build upon the President's commitment to strengthen the government-

to-government relationship with Indian Country and to improve the lives of American Indians and Alaska Natives.

# RSIC Environmental Division Identifies Troubling Trends

*Graffiti, trash, noxious weeds, damaged trees harm Truckee River banks*

On July 28 and Aug. 5, two site visits were conducted by the Reno-Sparks Indian Colony Environmental Specialist II (ESII) in order to document some of the concerns along the Truckee River banks near the Reno-Sparks Tribal Health Center.

This was not only to gather information, but to better coordinate the Reno-Sparks Indian Colony's portion of the Keep Truckee Meadows Beautiful (KTMB) Truckee River Cleanup Day, scheduled this year for Wednesday, Sept. 22, 2016.

Some of the issues observed that are relevant to the goals of the River Cleanup were graffiti, homeless camps, noxious weeds, and damaged

tree wrapping; details are listed below. All photographs were taken on these dates.

## Graffiti

There were a few areas noted where graffiti removal would benefit.

It did not seem extensive, and there did not appear to be an abundance of any one type of tagging signature.

## Homeless Camps

There were about three established homeless camps observed in the area.

Others seemed to be less established with a person who seemed to be sleeping in a particular area with only a few belongings they hand-carried.

On the Aug. 5 visit, the ESII and the RSTHC Emergency

Management Coordinator had a conversation with one of the people camping along the river.

He made an effort to be helpful in the walk-through pointing out areas of trash, talking about how he cleans and patrols the area, and about how there are a few people along the river who possibly have mental health issues and ought to be approached with care.

## Trash/Litter

Litter consisted of broken glass, broken plastic, plastic bags, articles of clothing, and other miscellaneous articles.

The ESII did not observe any biohazardous waste at the time of walk-through, such as hypodermic needles, or human waste.

Some of the people camping along the river were observed bagging their trash and hanging full bags of trash from the trees.

One man said he makes efforts to use dumpsters in the complex where Habitat for Humanity used to be located when available.

On the other side, it seemed that there was more trash than could be held by the available trash cans at the time of walk-through.

## Noxious Weeds/Plants

Desirable native plants that members of the Tribe are known to harvest and use are



**Tagging** — Recently the Reno-Sparks Indian Colony's Environmental Specialist II, reported on activities and problem areas along the banks of the Truckee River behind the Reno-Sparks Tribal Health Center. One of the five troubling areas was graffiti.

*Photo Provided By Bbie-Cie N. Ledesma*

*Continued on page 14*



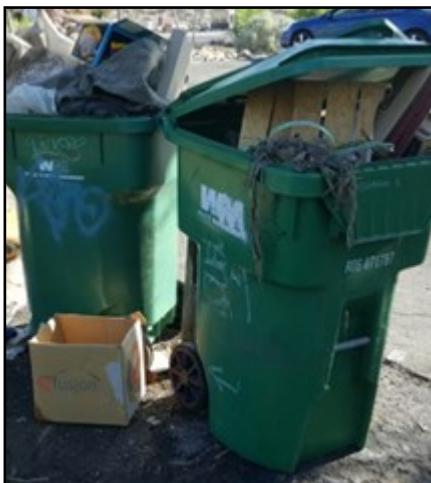
**Traditional Plants** — *Along the banks of the Truckee River behind the Reno-Sparks Tribal Health Center, RSIC Environmental Specialist II, Brie-Cie N. Ledesma found, photographed and documented the existence of several traditional plants used by Native Americans for generations. These plants included: wildrose, sage, chokecherry and blackberry, cattails and cedar.*

*Photos Provided By Brie-Cie N. Ledesma*

located near the banks of the river. Some of them are wild rose, sage, chokecherry, blackberry, cattails, and cedar.

A noxious weed is a plant that has been identified by the state of Nevada to be harmful to agriculture, the general public, or the environment.

The law stipulates that property owners whose land is infested with noxious weeds are required to implement control measures.



**Overflowing Trash** — *The RSIC Environmentalist Brie-Cie N. Ledesma documented the abundance of garbage behind the RSTHC and the lack of adequate containers for the refuge.*

*Photo Provided By Brie-Cie N. Ledesma*

Noxious weeds can spread rapidly and compete aggressively with other plants for light, nutrients, and water.

Once noxious weeds inhabit a site, they often reproduce profusely, creating dense stands with extensive roots and soil seedbanks that can persist for many years.

Impacts of noxious weeds in Nevada can include: increased soil erosion and salinity, increased flood potential, decreased water quality, decreased forage and crop yield, displaced wildlife and native plants, reduced recreation potential, reduced aesthetic value, injury to humans and animals, and increased fire danger.

[http://agri.nv.govuploadedFiles/agrinvgov/Content/Plant/Noxious\\_Weeds/Documents/noxious%20weed%20field%20guide.pdf](http://agri.nv.govuploadedFiles/agrinvgov/Content/Plant/Noxious_Weeds/Documents/noxious%20weed%20field%20guide.pdf)

During the walk-throughs, several noxious weeds were observed.

Upon a subsequent walk-through on Aug. 8 with the

Nevada Department of Agriculture Plant Industry Division, Agriculturist III, three main plants were identified as the most invasive and of concern along the RSIC portion of the river bank.

1. Cheat Grass, also known as Down Brome and Bronco Grass, is an annual plant native to Europe and Asia.

Since its first recorded Nevada sighting in 1906, Cheat Grass has come to dominate over 17 million acres in the Great Basin.

It rapidly occupies areas that have been disturbed by fire, construction areas, poor grazing practices, off-road vehicle use, and other human activities.

It can also invade undisturbed areas. Cheat Grass has a serious environmental impact on Nevada. It dries out very quickly, becoming extremely flammable.

<https://www.unce.unr.edu/publications/files/ho/2005/fs0529.pdf>

2. Tall Whitetop stands two to seven feet tall when in full bloom, with clusters of fluffy white flowers.

It spreads by underground roots which grow 10 feet or more, sending up shoots to form new plants.

It also spreads by its tiny reddish seeds. Each plant produces as many as 10,000 seeds that invade and destroy new areas, making the weed extremely difficult to control.

Tall Whitetop prefers wet sites along rivers and ditches. It invades sensitive stream areas and chokes out native plants that help prevent stream bank erosion and that are important to Nevada's wildlife.

<https://www.unce.unr.edu/programs/sites/tallwhitetop/>

3. Thistles are troublesome invasive weeds throughout much of Nevada.

Several species of thistles are named on Nevada's noxious weeds list, including:

- a. Canada Thistle
- b. Musk Thistle
- c. Scotch Thistle
- d. Perennial Sowthistle

<https://www.unce.unr.edu/publications/files/nr/2003/FS0351.pdf>

### **Damaged and Missing Tree Wrapping**

Tree wrapping is the process of applying chicken wire around the trunk of a tree in order to prevent damage from beavers.

There was both intact and damaged tree wrapping that is in need of repair.



**Noxious Weeds —** *Unwanted plants like noxious weeds increased soil erosion and salinity, increased flood potential, decreased water quality, decreased forage and crop yield, displaced wildlife and native plants, reduced recreation potential, reduced aesthetic value, injury to humans and animals, and increased fire danger. Some of these noxious weeds are cheat grass, tall whitetop and thistles.*

*Photo Provided By Bhie-Cie N. Ledesma*

Some trees were missing wrapping.

### **Recommendations for the Cleanup and Going Forward**

1. Recruit, equip and train as many volunteers as possible for the RSIC's portion of the Truckee River Cleanup Day.

This could include inviting businesses that are in the very nearby area.

These businesses currently do not participate: *Reno Gazette Journal*, Long Term Care Facility, Mill End Fabrics, Wood Dump, and Audies Quality Upholstery

2. Obtain and utilize graffiti removal kits during the cleanup. Recruit and train a volunteer task leader who can provide guidance to volunteers assigned to this task.

3. In preparing for the cleanup, work with RSIC Police to do a sweep approximately 48 hours ahead of time informing the people at the homeless camps along the bank about the cleanup.

By doing so, they can assess any potential problems or safety concerns.

4. Also, we should work with

RSTHC security, so personnel are aware before and during the cleanup.

5. The RSTHC facilities manager has contact information for an Reno Police Department officer who does homeless outreach. We should look into making that contact beforehand.

6. The ESII/Project Leader will be receiving training from KTMB to pass on to volunteers about how to safely pick up trash and what items to avoid.

KTMB has also indicated that if needed, they have a resource that could potentially do a needle sweep.

7. The ESII has already established contact with the State of Nevada Plant Industry Division.

They have visited the site and have offered information, training, and some abatement strategies.

The only way to effectively remove the Tall Whitetops are chemical methods, however they realize the surrounding plants are utilized for cultural purposes.

Therefore, physical and

# Wildland Fire Safety



Every year, wildfires burn across tribal lands as more and more people are living where wildfires are a real risk. But by working together, tribes can make their land and their neighborhoods much safer from wildfire.

## Action steps for around your home:

- **CLEAR** leaves and other vegetative debris from roofs, gutters, porches and decks. This helps prevent embers from igniting your home.
- **REMOVE** dead vegetation and other items from under your deck or porch, and within 10 feet of the house.
- **SCREEN** in areas below patios and decks with wire mesh to prevent debris and combustible materials from accumulating.
- **REMOVE** flammable materials (wood piles, propane tanks) within 30 feet of your home's foundation and outbuildings, including garages and sheds. If it can catch fire, don't let it touch your house, deck or porch.
- Wildfire can spread to tree tops. **PRUNE** trees so the lowest branches are 6 to 10 feet from the ground.
- **KEEP** your lawn hydrated and maintained. If it is brown, cut it down to reduce fire intensity. Dry grass and shrubs are fuel for wildfire.
- Don't let debris and lawn cuttings linger. **DISPOSE** of these items quickly to reduce fuel for fire.
- **INSPECT** shingles or roof tiles. Replace or repair the shingles that are loose or missing to prevent ember penetration.
- **COVER** exterior attic vents with metal wire mesh no larger than 1/8 inch to prevent sparks from entering the home.
- **ENCLOSE** eaves and screen soffit vents using 1/8 mesh metal screening to prevent ember entry.

## AND DON'T FORGET...

The more actions a community takes, the more fire adapted it becomes. Learn how you can make a difference in your community. Visit [www.fireadapted.org](http://www.fireadapted.org) and [www.firewise.org](http://www.firewise.org) for more information.



## FACT

- ! There are more than **45 million** homes near or in the wildland.
- ! More than **72,000** U.S. communities are now at risk from wildfire.



Your Source for **SAFETY** Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

# Inattentive Driving a Crime In Reno

*New ordinance goes into effect in the city*

As per Reno Municipal Code (RMC) 6.06.670, no person, while driving a motor vehicle, may be engaged or occupied with an activity, other than driving the vehicle, that interferes or reasonably appears to interfere with the persons ability to drive the vehicle safely.

The new law cannot be used for cell phone violations but is used to enforce distracted driving such as, makeup, reading a book, animal on laps, shaving, and more.

As of Aug. 8, Officers with the Reno Police Department will now be able to ticket drivers who may be engaged or occupied in an activity while driving a motor vehicle that reasonably interferes with that driver's ability to safely operate a vehicle.

The new traffic ordinance, which is titled "Inattentive Driving", will allow Reno Police to stop and possibly issue

drivers within the City of Reno a citation for being distracted when driving.

Some examples of distracted include eating or any other activity that interferes with a driver's ability to safely operate a vehicle.

If you are stopped for Inattentive Driving within the City of Reno you could be issued a citation for \$305.

Reno Police can also now issue citations to any person who unlawfully drives or operates a vehicle in a careless manner within the city on a street, highway, alley or premises to which the public has access.

Anyone driving a vehicle within the City of Reno who drives at speeds greater than reasonable, or without due regard for the life of others or property can be stopped and cited for Careless Driving. The citation for Careless Driving in the City of Reno is \$450.

## Pay Attention

— In the City of Reno, police officers may cite distracted drivers or inattentive driving which can include: operating a vehicle while applying makeup, reading, shaving, eating, or holding pets.



## The family

of Marlon A. Winap  
wishes to thank  
everyone for their  
support throughout  
this most difficult time.

We also acknowledge  
the donations of food,  
time, flowers, kind  
words, warm thoughts,  
prayers, condolences  
and music.

Also, we would like  
to personally thank  
Johnny Christy, Stacey  
Burns, Judy Martin,  
Augustin Jorquez,  
Bucky Sampson, O.B.  
Barlese, Jan Gardipe,  
RSIC Planning, the  
Colony Christian  
Fellowship and the  
Battle Horse Singers.

Marvin Winap/  
Charlotte Ramos  
Dawn Winap  
Makai Winap  
& Family

# Zika Virus Pregnancy Confirmed in Washoe County

*First case highlights risk for those travelling, especially those planning for children*

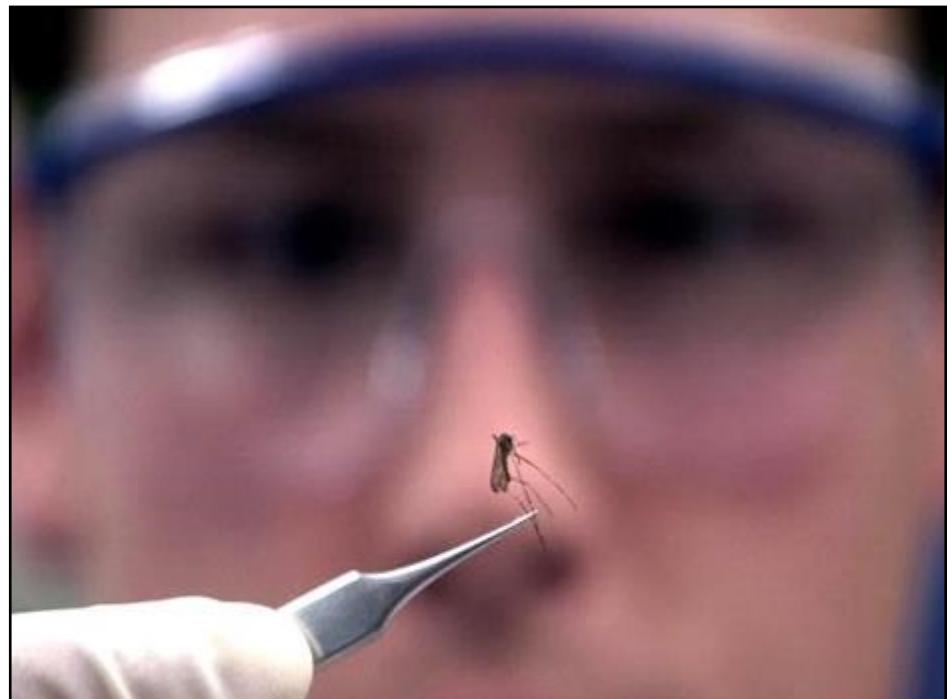
Last week, the Washoe County Health District confirmed that a woman who traveled to a country with documented Zika virus transmission and returned to Washoe County contracted the Zika virus.

She is the fourth confirmed case of travel-associated Zika virus infection in Washoe County.

Health officials are following Centers for Disease Control and Prevention (CDC) protocol and are providing the woman and her healthcare provider with the most current information regarding pregnancy outcomes after Zika virus exposure.

According to the CDC current reports reflect poor outcomes among pregnancies with laboratory evidence of possible Zika virus infection.

The poor birth outcomes reported include those that have been detected in infants infected with Zika virus such as microcephaly, calcium deposits in the brain indicating possible brain damage, excess fluid in the brain cavities and surrounding the brain, absent or poorly formed brain structures, abnormal eye development, or other problems resulting from damage to the brain that affects nerves, muscles and bones, such as clubfoot or inflexible joints, and confirmed hearing loss.



**Little Culprit, Big Damage —** Previously, it was thought that the Zika virus spread to people through mosquito bites. However, there has recently been evidence of sexual transmission. Zika virus can also be transmitted from a pregnant mother to her baby during pregnancy or around the time of birth.

*File Photo*

“It’s hard to imagine the heartache involved with knowing that your pregnancy has been affected in one way or another with the Zika virus,” said Washoe County District Health Officer, Kevin Dick. “This incident highlights the risk anyone who is pregnant, or planning to become pregnant takes, if they or their partner, travel to Zika virus areas.”

Zika is a virus that is thought to spread to people through mosquito bites, but there has been evidence of sexual transmission.

The illness is usually mild with symptoms lasting from several days to one week. About 1 in 5 people infected

with Zika virus infection develop symptoms.

Hospitalization is not common. Zika virus has been found in Brazil, Mexico, several countries in Central and South America and several islands in the Caribbean including Puerto Rico, and some cases were recently found in the U.S.

The most common symptoms of Zika virus disease are fever, rash, joint pain, or conjunctivitis (red eyes). Other common symptoms include muscle pain and headache.

Zika virus is thought to be primarily transmitted through the bite of infected Aedes mosquitoes, the same

*Continued on page 19*

*Continued from page 18*

mosquitoes that spread chikungunya and dengue.

Mosquitoes become infected when they bite a person already infected with the virus.

Infected mosquitoes can then spread the virus to other people through bites.

Zika virus can also be transmitted from a pregnant mother to her baby during pregnancy or around the time of birth. There is evidence that the Zika virus can be sexually transmitted.

Anyone who is living in or traveling to an area where Zika virus is found who has not already been infected is at risk for infection, including pregnant women.

See your healthcare provider if you develop symptoms (fever, rash, joint pain, red eyes).

If you have recently traveled, tell your healthcare provider, so your healthcare provider may

order blood tests to look for Zika virus infection or other similar viral diseases like dengue or chikungunya.

Zika virus does not spread from casual contact with others.

Currently, there is no vaccine to prevent the Zika virus infection.

Mosquitoes that spread the

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*“Zika virus  
does not spread  
from casual  
contact with  
others...there is  
no vaccine...”*

U.S. Department of Health  
& Human Services

---

virus bite mostly during the day.

It is best to dress children in clothes that cover arms and legs when children are going outside.

Be sure to stay in places that use window and door screens to keep mosquitoes outside.

Also, use EPA registered insect repellents, follow the label instructions and reapply as directed.

If you are using sunscreen, apply that first, then put on the insect repellent.

Always spray insect repellent on your hands then put it on your child's face and do not use insect repellent on babies younger than 2 months.

Do not put insect repellent onto a child's hands, eyes, mouth, and cut or irritated skin.

**Editor's Note:** The information above was provided by the Washoe County Department of Communications, the Health District and the Tribal Liaison at the Region IX FEMA Office.

*Continued from page 4*

credentials came after his military service. Drafted in 1968 during the Vietnam Conflict, Reina was stationed in Germany, though he never experienced combat.

It was the military where Reina saw that teamwork or a multi-discipline approach is the best method to solve problems, especially when the aim is to serve the public.

“When helping our community, we need to include all our departments, even our faith based organizations, to

develop a plan to address the underlining problem, then, hopefully, we will correct it,” Reina said. “For example, if we have a juvenile skipping school, as a coalition we can discuss the case and identify the underlying problem which may be a dysfunctional home environment, then we can effectively address the situation.”

Reina believes that the RSIC's recently adopted strategic plan will provide excellent guidance.

In addition, he wants to incorporate Native traditions

such as an elder group that might work with the tribal court, add a mentoring program for youth, and develop alternatives to incarceration.

“These methods build self-confidence,” Reina said. “My goal has always been to serve, and like all of Indian Country, we are one community, and the role of our positions is public service for our people.”

**Editor's note:**

Reina operates on an open door policy and invites RSIC Tribal members to visit his office.

# Coming Together to Prevent Drug Endangered Children

*American Indian organizations co-host national fighting against child abuse, neglect*

The 13th annual National Alliance for Drug Endangered Children (National DEC) conference convening in Reno, on Oct. 25 - 27, will provide training on the latest research and best practice strategies for drug endangered children efforts at the local, state, tribal and national levels.

The conference will enable participants to enhance collaborative efforts to protect children from the harmful effects of their caregivers' substance abuse.

National DEC is co-hosting this conference with the Nevada Tribal DEC Alliance and the Nevada State DEC Alliance.

This conference is being held in partnership with the Inter-Tribal Council of Nevada's Statewide Native American Coalition, the Office of the Nevada Attorney General, the Nevada Department of Public Safety Office of Criminal Justice Assistance, and the Nevada Department of Health and Human Services Division of Public and Behavioral Health Behavioral Health Prevention and Treatment.

The purpose of National DEC's annual national conference is to raise awareness about the risks faced by drug endangered children and to provide information and training to practitioners from across the country on how to work collaboratively for better

outcomes for these children.

The annual conference promotes multidisciplinary collaborative advances in practice, research, and policy. The goal is to prevent child abuse and neglect by promoting more effective efforts to identify, rescue, and provide services for children and families affected by drug trafficking and substance use disorders.

The objectives of the conference include providing discussion and detailed information about the following issues:

- \* The chemical and environmental hazards surrounding illicit drug use and exposures.
- \* The medical and psychological effects of exposure to drugs and drug activity.
- \* Best practices for therapeutic management of drug affected children.
- \* The need for care coordination among law enforcement, victim service providers, medical professionals, child welfare, and prosecutors

to identify, protect, and provide victim services to drug endangered children.

\* The roles and responsibilities of various agencies, including the lead role of law enforcement and the importance of victim advocacy, to enhance collaboration.

\* Interventions and treatments to support the family and provide care for child victims.

\* Strategies to reduce neglect and abuse of drug endangered children and offer additional resources to professionals.

\* The impact of recovery on individuals, families, and communities.

The conference will be held at the Atlantis Casino Resort at 3800 South Virginia St.

The National DEC provides national leadership in the development of programs, policies, and services on behalf of children and families who are in the cycle of substance abuse and violence.

For more information, please log onto:  
<http://www.nationaldec.org>



## **Innocent Victims —**

*National DEC helps break the cycle of abuse and neglect by empowering practitioners to identify and respond to children living in dangerous drug environments. Inter-Tribal Council of Nevada's Statewide Native American Coalition will co-host a multidisciplinary conversation about ending drug endangerment of children. The National DEC Conference will be held in Reno, Oct. 25-27.*

*File Photo*

# Five Rabies Cases Found In Washoe County

*Regional Animal Services offer low-cost vaccinations, first Tuesday of the month*

Within the past 60 days the Nevada State Animal Diseases Laboratory has confirmed that five bats (*Tadarida brasiliensis*) infected with rabies have been found in Washoe County.

According to health and animal services officials, in one recent case four domestic pets came in contact with a rabid bat.

Eventually the pet owner's cat had to be euthanized and the three dogs which were not current with their rabies vaccinations had to have booster shots.

One of these dogs, while at the veterinarian's office bit an attendant who then had to submit to post exposure treatment.

According to the Centers for Disease Control and Prevention (CDC) typical rabies post exposure prophylaxis consists of a dose of human rabies immune globulin and rabies vaccine given on the day of the exposure, and then a dose of vaccine given again on days 3, 7, and 14.

Scenarios such as this one can be prevented if pet owners make sure their animals are current on their vaccinations.

Washoe County Regional Animal Services offers low-cost vaccination clinics on the first Tuesday of every month at their office at 2825 Longley Ln., from 3 – 7 p.m.

For more information about these valuable resources to help keep your pet healthy visit [www.washoeanimals.com](http://www.washoeanimals.com).

Rabies is usually transmitted by a bite or a scratch from an infected animal. The animals most likely to transmit the rabies virus include bats, coyotes, foxes, raccoons, skunks, and other wild carnivores.

Rabid bats are often unable to fly and can be found by pets in yards and along trails and footpaths.

Unvaccinated pets that come in contact with infected animals may develop rabies. Pets must be vaccinated before exposure to be protected.

To report possible rabies activity or if you find a dead or



**Tadarida Brasiliensis** — After several cases of rabies have been found in Washoe County, the Washoe County Regional Animal Service is reminding pet owners to make sure your animal's vaccinations are up to date. Rabies can be transmitted by a bite or scratch from infected animal.

*File Photo*

sick wild animal like raccoon, skunk, bat, or fox, do not risk exposure to a possible rabid animal by trying to pick up or rescue the animal.

Instead contact the Washoe County Health District Vector Borne Disease Prevention Program at 785-4599 or Washoe County Animal Services at 322-3647.



## OPERATION VACCINATION

On **Wednesday, October 12** the RSTHC will run a Point of Dispensing (POD) Exercise. Get your flu shot & help the Reno-Sparks Tribal Health Center staff with a practice drill.

*For more information, contact Danny Thayer, the RSTHC Emergency Response Coordinator at (775) 329-5162.*



# In & Around: Reno-Sparks Indian Colony Community

*Capturing beauty, decades of service, sharing our stories, preparing our young*

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**Great Basin Chroniclers** – Through Oct. 1, the Nevada Historical Society is displaying portraits of people who have contributed to the preservation of the Great Basin. Above, Christina Thomas, a Paiute language instructor, a mother, and a traditional dancer is featured with her baby Jace. The artist is Renate Newman who also painted other Native Americans.



**Twenty Years Of Loyal and Faithful Service** – In recognition of his volunteer assistance to the administration of the Selective Service, Chairman Arlan D. Melendez recently was issued a certificate of appreciation, a thank you letter and a Selective Service Board Member medal by a representative from the U.S. Army, Officer Figueiredo.



**The Great Basin Story** – THPO at the RSIC, Michon Eben, shared her expertise of Great Basin American Indians during the recent National Indian and Native American Employment and Training Conference. Over 600 Native Americans from all over attended the four day event.



**Learning Traditional Ways** – A member of the Eagle Wing Pageant Dancers, Jonathan Arrivallaga, participated in a demonstration of traditional Great Basin dances and songs during the recent National Indian and Native American Employment and Training Conference.

# In & Around: Reno-Sparks Indian Colony Community

*DARE graduates celebrate, new pipes, old traditions, learning new lessons*

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**Well Done** — Several youth who attended the RSIC Summer Recreation Program, successfully completed Drug Abuse Resistance Education (DARE). Above, Ethan Astor is congratulated by RSIC Human Services Director Adriana Botello and RSIC Tribal Council Treasure Verna Nuno.



**Progress** — The RSIC Sewer & water improvement project is well underway. Various areas in and around Reservation Road are slated for sewer and water improvements. Construction will operate from 7 a.m.—7 p.m., Monday through Friday. If residents have questions, please call (775) 355-0420.



**The Beat of the Drum** — James Katenay danced at the Silver State Gourd Society's 2nd Annual All Gourd Dance. Katenay, a Vietnam Veteran, said that the beat of the drum is sacred to him.



**Lunch & Learn** — Michael Ondelacy (left) and Stacey Burns (right) enjoy the RSIC Library's monthly activity language and / or cultural lessons. Usually, the last Thursday of the month great food and fun is had by all.

# Ask Paul

Question: What is happening with pain medication?

Answer: WOW, that's a BIG question.

I'll start with a little history of pain medication, fill you in on the doctor's thought process when prescribing, and share a substance use treatment perspective for pain medication.

Twenty years ago, a pharmaceutical company (Purdue Pharmaceuticals) wanted to sell their pain medication.

In 1996, this company financed a marketing campaign "Pain as the fifth vital sign" to help sell their pain drug, Oxycontin.

In 2000, the addition of pain as the fifth vital sign was approved by the Joint Commission on Accreditation of Healthcare Organizations.

Here are the other four vital signs – blood pressure – pulse – temperature – and respiratory rate.

Notice that these four vital signs are needed to live and can be measured.

Pain cannot really be measured and people can live with pain – so is it a "vital sign" or just a very successful sales tactic?

Today, the United States



equals 4.6 percent of the world's population and consumes over 90 percent of the global opioid supply and 95 percent of the Hydrocodone (Vicodin, Zohydro, Norco) produced!

That's a lot of pills and a lot of MONEY and profits made by the pharmaceutical company.

Now, the owners of this company are in the same wealth category as the Rockefellers.

So, for the last 20 years, opioid medications (pain pills) have been a frequent answer to pain therapy.

Think about who and where you were in 1996, and all of the lessons you've learned.

Here's what the medical field has learned regarding pain medication in that time:

"Evidence supports the use of opioids for treating acute pain. However, the evidence is limited for the use of chronic opioid therapy for chronic pain.

Acute pain is short term, like after having a tooth pulled or breaking an arm. Acute pain begins suddenly and is usually sharp. It disappears when the underlying cause of pain has been treated or has healed

Chronic pain is long term, like from cancer, arthritis, severe back injuries.

Chronic pain persists despite the fact that the injury has healed.

Furthermore, the risks of long term opioid therapy are significant and may outweigh any potential benefits."

That's from Stanford University School of Medicine's Anna Lembke

MD et al., and the American Chronic Pain Association.

Physicians prescribe medications with one primary question in mind: "Does the BENEFIT of taking this medication outweigh the RISK for this patient?"

The benefit of taking an opioid medication is potentially avoiding, at times, some pain while the person is healing.

The risks however, include possible heart issues, constipation and abdominal pain, depression, hormonal dysregulation (decreased testosterone which can make it more difficult to make a baby, and make the person feel weak and tired).

Also, pain medication can actually make pain feel worse, lead to misuse, lead to addiction, lead to overdose, and even death—yes, death!

The Center for Disease Control and Prevention (CDC) says 124 people died every week from opioid overdoses in 2014 throughout our country.

That's why this topic is getting so much attention nationally.

In Nevada, we rank No. 4 in the country in overdose deaths. There are 21.6 deaths for every 100,000 people.

As you can see, your doctor has a lot to consider when helping you with your healing process. The doctor is trying to help your pain, at the same time retain your strength and power and not expose you

to potential risks and danger. If your doctor decides to prescribe opioids (pain pills) ask two questions:

- 1) What does success look like?
- 2) What is our exit strategy or when will I be done?

In treatment, many times I see people who started using prescribed pain medication, built up a tolerance which means they need more of the drug to obtain the desired effect, and became addicted.

Your doctor is aware of this path and is trying to help you avoid long term pain and negative consequences.

Now, everyone who is on pain medication is not going to become addicted, or overdose or die, but it's a real concern and needs to be taken seriously.

The latest CDC guidelines say to try nondrug interventions or non-opioid medications first and, if pain medication is needed, start low and go slow.

From a treatment perspective, I haven't met anyone who started their addiction, by injecting heroin.

Regarding pain medication, I usually hear a progressive story – something like this; a patient gets hurt and goes to the health care provider or dentist and they're prescribed pain pills. These pills make the person feel good and, in time, the person uses more of the pills than are prescribed, or for other reasons than they were intended.

Eventually the person begins

to rely on the drugs to either feel better or avoid withdrawal. This is addiction, and the person is trapped.

The more pain pills they have taken or need to feel better, the more their withdrawal will hurt.

Eventually, the supply runs out from legal sources and the person has to turn to illegal means to obtain their drug.

**“...no one starts their addiction, by injecting heroin...”**

This can be expensive. According to Nevada HITA (High Intensity Drug Trafficking Areas) Oxycodone costs up to a \$1 a mg, Percocet is about \$8 a pill, Valium is about \$7 a pill, Vicodin is about \$7 a pill, Methadone is about \$10 a dose, Fentanyl is about \$65 a patch and Heroin is about \$15 a bag.

So here's the usual thought process from the person with opioid addiction: "If I have a 240mg (\$240) daily habit, and I can get the same feeling from three bags of heroin = \$45, I'll take the cheapest route to get high and avoid withdrawals."

This leads to more use and withdrawal avoidance.

By the time the person sees a Behavioral Health Care Specialist, they are not having fun or enjoying their use. They are sometimes

ashamed of the behaviors they needed to keep using their substance. When the person reaches out for help we start by having the person detoxed, and stabilized, then the real work begins.

We have to explore and help the trauma they have endured, their anger, self-esteem, depression, anxiety, and relationships, along with communication issues....the list goes on and on.

Be comforted in the healing process and knowledge that treatment works.

As I reflect on my experiences and the lessons I have learned in the last 20 years, I appreciate more and more, the elders' wisdom. I ask, what did they do for pain or pain management? Is our family or community better or worse off with all of these "feel good" drugs, and if we learn from our past mistakes, and change our behaviors today will it help our youth tomorrow?

*Please remember to ASK Paul by emailing or phoning his confidential phone line. Your name will not be used. The views and comments are Paul's and made for educational purposes.*

Paul Snyder MA, LADC-S  
RSTHC

[rsnyder@rsicclinic.org](mailto:rsnyder@rsicclinic.org)

Confidential voicemail:

775-329-5162

Ext. 1962

# RENO-SPARKS TRIBAL HEALTH CENTER

THE ART OF BEING HEALTHY

HEALTH FAIR 2016

RENO-SPARKS TRIBAL HEALTH CENTER  
WEDNESDAY SEPTEMBER 21, 2016  
12:00PM-6:00PM



## Join Us For:

- **Free Health Screenings**
- **Educational Presentations**
- **Raffle Prizes & Giveaways**
- **Car Seat Distribution & Installation**
- **...And More!!**



Join us  
for a  
**Complimentary  
Cooking Class!**

# **HEALTHY COOKING ON A BUDGET**

**Who:** All RSIG employees and/or  
RSTHC Patients

**What:** Complimentary Cooking  
Class

**When:** September 7th, 2016  
from 6:00 pm- 8:30 pm

**Where:** Nothing to It!  
Culinary Center

Registration Required.  
Limited spots available.  
Please contact Kristie  
Messerli, Registered Dietitian  
to sign up or for more  
information @ 329-5162

# NATIVE YOUTH in Food & Agriculture

PACIFIC REGIONAL SUMMIT  
UNIVERSITY OF NEVADA - RENO

OCTOBER 13 - 16, 2016

The Pacific Regional Summit will bring Native youth ages 15-18 together for a one-of-a-kind learning experience about the issues they will be facing as the next generation of food & agriculture leaders in the Pacific region.



TOIYABE  
INDIAN HEALTH PROJECT



APPLICATIONS DUE SEPTEMBER 10, 2016

Download applications at [Apply online at: <http://goo.gl/forms/ZyPEQ41r6BjxnwlQ2>](http://IndianAgLink.com>Youth</a>.</p>
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For questions or more information, contact Kelsey Ducheneaux at 605-850-4079 or [kducheneaux@outlook.com](mailto:kducheneaux@outlook.com).

## RENO-SPARKS TRIBAL HEALTH CENTER

Providing  
life saving car  
seats for your  
loved ones

SCHEDULE YOUR  
APPOINTMENT TODAY

with

VALENTINE LOVELACE,  
INJURY PREVENTION  
COORDINATOR  
(775)329-5162 EXT. 1927



## STEWART INVITATIONAL YOUTH BASKETBALL TOURNAMENT

CARSON CITY, NEVADA

November 11-13, 2016  
Old Stewart Gym  
Opening Day:  
Friday, November 11  
at 5:30 p.m.

Concessions  
Music  
Raffle

New Comers  
1st place—2nd place—3rd place  
All Star—All Star—3rd place  
All Star—3rd place

Contact: Eric Ellerson  
775-720-9415

Divisions: Boys & Girls  
1st place—2nd place—3rd place  
All Star—All Star—3rd place  
All Star—3rd place

Money Pot  
(minimum \$100)

Deadline:  
Friday, October 14, 2016

The family of Mayci Astor would like to  
Thank everyone who participated in our  
fundraiser last Friday. Thank all of you who  
donated items for the bingo, food, and helped  
us during this fundraiser.

We sincerely Thank You All...  
Evie, Mayci, Landon, and Damma



We are having a raffle on Sept. 4, 2016  
for a beaded lamp and lots of other prizes.

We are currently selling tickets for  
\$1.00 ea. or 6 for \$5.00  
Need not be present to win



*Continued from page 8*

*We will manage for tribal sacred places, and empower tribes to maintain and pass on traditional religious beliefs, languages, and social practices without fear of discrimination or suppression.*

*We also believe that Native children are the future of tribal nations and that the Indian Child Welfare Act is critical to the survival of Indian culture, government, and communities and must be enforced with the statutory intent of the law.*

*We will strengthen Indian voting rights, including improved access to polling locations. We will build on federal programs to reduce the disproportionate incarceration of American Indian and Alaska Native men and women, reduce disparities in prison sentencing, protect the religious rights of Native prisoners, reduce barriers to prisoner reentry, and offer access to housing and employment upon reentry.*

*We are committed to principles of environmental justice in Indian Country and we*

*recognize that nature in all its life forms has the right to exist, persist, maintain, and regenerate its vital cycles. We call for a climate change policy that protects tribal resources, protects tribal health, and provides accountability through accessible, culturally appropriate participation and strong enforcement. Our climate change policy will cut carbon emission, address poverty, invest in disadvantaged communities, and improve both air quality and public health. We support the tribal nations efforts to develop wind, solar, and other clean energy jobs.*

*We will engage in meaningful and productive consultation with Tribal Leaders, and will host a White House Tribal Nations Conference annually bringing together cabinet and senior level federal officials to gather input from Tribal Nations when formulating federal policy impacting tribes.*

*Democrats believe that American Indian/Alaska Natives shall be represented in the federal government to properly reflect their needs*

*and will work to appoint American Indian/Alaska Natives to key positions, including retaining a senior level policy position in the White House Domestic Policy Council. We will strengthen the White House Council on Native American Affairs. Democrats will increase engagement with American Indians/Alaska Natives living outside of tribal communities. Democrats also support efforts for self-governance and self-determination of Native Hawaiians. Native Hawaiians are the indigenous, aboriginal people of Hawai'i whose values and culture are the foundation of the Hawaiian Islands. We support proactive actions by the federal government to enhance Native Hawaiian culture, health, language, and education. We recognize and honor the contributions and sacrifices made in service to our country by Native Hawaiians.*

**Editor's note:** Some of the information in this story was provided by Decode DC, a branch of the Scripps Washington Bureau.

*Continued from page 15*

mechanical removal would be the first and preferred ongoing method.

The ESII will work to identify volunteers who would receive training on how to identify and remove the Cheatgrass, Tall Whitetops, and Thistles properly and at the best times of year.

6. We should obtain and

utilize tree wrapping materials during the cleanup.

Finally, we should recruit and train a volunteer task leader

*Submitted by Bbie-Cie Ledesma, MPH  
RSIC Environmental Department  
Specialist II, River Cleanup Project Leader*

**Editor's Note:** this report encompassed the Truckee River banks near the RSTHC, about 1/4 mile in each direction from:



#### **Unintended Consequences —**

*One of the environmental issues found along the banks of the Truckee River is damage to trees. This observation was documented by the Colony's Environmental staff, along with suggestions for remediation.*

*Photo Provided By Bbie-Cie N. Ledesma*

# INTRODUCING

# YOGA

At 3 Nations Wellness Center

Starting Sept. 28, every Wednesday

5:30 pm- 6:30 pm

Open to all eligible RSTHC patients and RSIC employees. No sign up required

## BENEFITS OF YOGA:

INCREASED METABOLISM

LOWER BLOOD PRESSURE

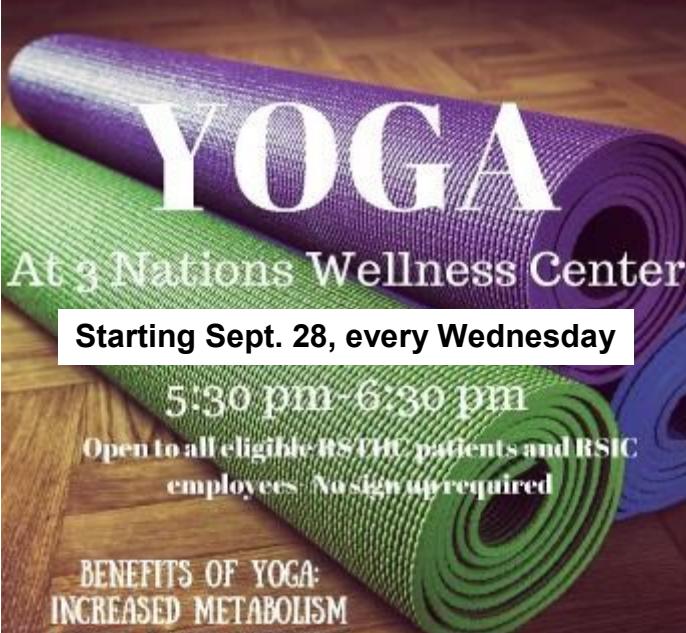
LOWER BLOOD SUGARS

INCREASED STRENGTH

WEIGHT MANAGEMENT

REDUCES ANXIETY AND STRESS

Contact: Kristie Messerli,  
Registered Dietitian  
775-329-5162 ext. 1943



# CARDIO KICKBOXING

## JOIN US!

EVERY FRIDAY

12:00pm-1:00pm

## FIGHT FOR FITNESS

## WOMAN ONLY

CERTIFIED PERSONAL TRAINERS

WALI QUERTA

TIFFANY DEAN

Intense cardio by punching,  
kicking, and using natural  
body weight.



# BOXING



## JOIN US!

EVERY THURSDAY NIGHT

6:30 PM- 7:30 PM

MASTER TRAINER

RICK PEARSON

BEGINNERS  
INTERMEDIATE  
ADVANCED

## MEN ONLY

ALL  
RSTHC PATIENTS  
AND  
RSIC EMPLOYEES

Learn combinations, proper form  
and technique, along with foot  
work while training your  
cardiovascular system.

## THE 3 NATIONS WELLNESS CENTER AND DIABETES PROGRAM PRESENT:



DID YOU KNOW YOU CAN BURN UP TO 1,000  
CALORIES DURING ONE HOUR OF ZUMBA?

Come join us!



Who: Open to RSIC employees and RSTHC patients

What: ZUMBA! Wear tennis shoes and bring a bottle of water

New classes starting this month...call 329-5162 for details

Where: 3 Nations Wellness Center Gym

NO SIGN UP REQUIRED, JUST SHOW UP, READY TO EXERCISE!

Please contact Kristie Messerli, Registered Dietitian for questions: 775-329-5162 ext. 1943



## Protect Your Home and Community From Wildfire

### Practice and Share Wildfire Safety Tips in Your Community

You can help prepare for the wildfire season by following these important tips:

- Create a safety zone of up to 100 feet around your home.
  - Remove pine needles and dry leaves from around your home.
  - Keep woodpiles at least 30 feet from your home.
- Plan and practice a home evacuation plan. Create a family communication plan.

For more information and free fire safety resources, visit [www.usfa.fema.gov](http://www.usfa.fema.gov).

*Wildfires  
burned over  
9.2 million  
acres in  
2015.*



**FEMA**



# R.S.I.C Education Department After-School Tutoring

Computer Room  
Available from  
8:00 a.m. – 5:00 p.m.  
by appointment

## Program

Transportation Home  
will be provided at  
both tutoring sites.

Where: Reno & Hungry Valley Education Department Classrooms

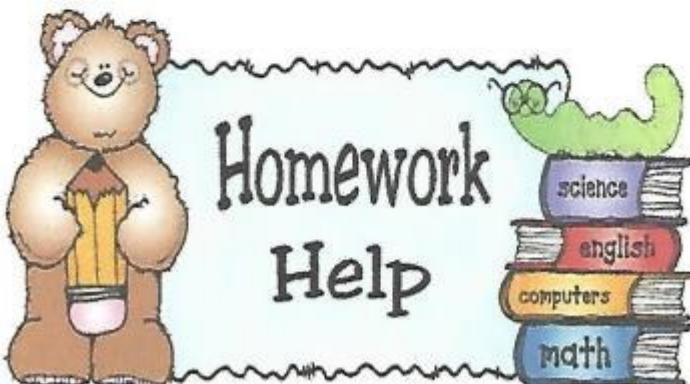
Starting Date: Monday August 22, 2016

### Middle/High School Times

Monday, Tuesday, and Thursday  
2:30 p.m. – 5:00 p.m.  
Early Release Wednesday  
2:00 p.m. – 5:00 p.m.

### Elementary School Times

Monday, Tuesday, and Thursday  
3:30 p.m. - 5:00 p.m.  
Early Release Wednesday  
2:30 p.m. - 5:00 p.m.



**Deadline to Submit  
School Fees**

**August 19, 2016**

**Bring in your Class Schedules**

**Consent forms must be on file to attend tutoring.**

If you have any questions please call

Tanya Hernandez, Reno Education Advisor @ 775-329-6114

Lorraine Keller, Hungry Valley Education Advisor @ 775-785-1310



Dear Reno-Sparks Indian Colony families and Tribal Leaders,

Welcome back to the 2016-2017 school year! Every adult in our schools, from school administrators to District support staff, is eager to welcome your students as they return from the summer break.

To kick off the new school year, we will be announcing our most recent graduation rates, and we are confident that the final numbers will show an increase over last year. Our District posted record graduation rates last year, with 3,467 students crossing the graduation stage to accept their diploma. Half of those students earned honors diplomas and advanced diplomas. We are increasing the number of Native American students earning a high school diploma.

The District's Indian Education program staff has been busy this summer gearing up to provide additional supports and resources for our students. The program partnered with RSIC to provide 252 backpacks. If your child is in need of a backpack or school supplies, you can contact the Indian Education office at 789-4672 for Rhonda Knight, Indian Education Program specialist.

Starting in September, the Indian Education program will provide approved WCSD snacks to their high school students starting at Damonte High and Galena High. Rhonda Knight will visit all of the comprehensive high school to share with students, information about available support and resources. We will have two Student Graduation Advocates for all the high schools who will provide additional supports such as mentoring, tutoring, and advising for eligible students. They are Loni Romo, Pyramid Lake Paiute Tribal member and University of Nevada student, and Justin Zuniga, RSIC member and Sierra Nevada College student.

To ensure your student is accessing all of these great resources, make sure you have completed the Title VII Indian Education 506 Eligibility Certification Form. The new form can be accessed online at the WCSD webpage under Equity & Diversity, Indian Education. [www.washoeschools.net](http://www.washoeschools.net) *The form will be kept on file and will not need to be completed every year.*

For the 2016-2017 school year, Paiute Language Classes will be offered at Spanish Springs, Reed, and North Valley high schools. Spanish Springs High will offer level 1 and level 2 classes under the instruction of Ms. Emma Williams, a member of the Pyramid Lake Paiute Tribe, and cooperating teachers Mr. Abbie and Ms. Bartoo. At Reed and North Valley, Ms. Jennie Burns, a member of the Pyramid Lake Paiute Tribe, will be the instructor with the assistance of Mr. Bonham and Ms. Shaw, respectively.

Lastly, I encourage families to join the Parent Advisory Council (PAC). The PAC serves as a liaison between parents of our tribal communities and the Indian Education program. The committee offers an additional opportunity for parents to be involved in their child's education.

We are looking forward to an exciting year!

Traci Davis

WCSD Superintendent

#### **Community Meeting with Superintendent Traci Davis**

Join Superintendent Davis at Conversation Corner to engage in open dialogue about the education of our students. At this meeting you can voice your ideas, concerns, and questions and learn more about the school district's work with our students:

Monday September 19

5:30 - 6:30 p.m.

Spanish Springs Library

7100-A Pyramid Highway

Sparks, NV

# The Nevada Health Centers Mammovan is Coming to Your Neighborhood!

***Early Detection is the Best Protection!***

The Mammovan will be in YOUR neighborhood on:

DATE: Thursday September 22, 2016

HOURS: 8:00am - 3:30pm

LOCATION: Reno-Sparks Tribal Health Center

1715 Kuenzil St.

Reno 89502

Facility Parking Lot

## GET YOUR MAMMOGRAM TODAY!

- Women 40 and over require NO referral
- Women 39 and under, or men, MUST present a physician (PCP) referral
- Must be at least 12 months since last screening
- NO deodorant, lotion or powder prior to screening
- NO minors can be left unattended and they may NOT accompany you into the exam room
- Results are mailed directly to you and your PCP / Specialist

### Acceptable Methods of Payment:

- Medicare
- Medicaid
- Women's Health Connection (WHC)
- Sliding Fee Scale

• **Most major insurances** – Yearly Preventive Screenings are covered under most insurances, however, verify your coverage prior to your appointment to assure the Mammovan is an accepted provider.

• Individuals **NOT COVERED** by health insurance may qualify for a "no charge" screening.

*For an appointment, please call:*  
**Nevada Health Centers Mammovan**  
**877.581.6266**

[www.nvhealthcenters.org/services/mammovan](http://www.nvhealthcenters.org/services/mammovan)

***Please be sure you have all of the following with you upon arrival to ensure a smooth check in experience:***

- Current & valid government issued photo ID
- Current insurance card (if applicable)
- Completed registration forms (available online at [nvhealthcenters.org/services/mammovan](http://nvhealthcenters.org/services/mammovan))
- Name & phone number of your Primary Care Physician (PCP)



**NEVADA  
HEALTH CENTERS**

**NEVADA HEALTH CENTERS  
MAMMOVAN**   
ON THE MOVE IN NEVADA



U.S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT

*presents*



# National NATIVE YOUTH summit

*Self • Spirit • Community • Connection*

**Apply now** for the U.S. Department of Housing and Urban Development's National Native Youth Summit in Washington, D.C. from **September 24<sup>th</sup>–27<sup>th</sup>, 2016**.

Teams of 4 tribal youth, ages 14–17, (along with one adult chaperone) will spend 3 days learning about building community and developing leadership skills. Youth will be trained as Native Youth Ambassadors to implement community development projects when they return home. All travel, accommodations and food costs will be covered.

While in Washington, D.C. Youth Ambassadors will:

- ▶ Tour National Monuments and learn about federal Indian Policy
- ▶ Meet with key staff at the U.S. Department of Housing and Urban Development
- ▶ Conduct a neighborhood community inventory
- ▶ Meet with Congressional staff on Capitol Hill

Applications will be reviewed in the order received, so apply early!

**Application deadline is: September 2, 2016!**

**Apply TODAY at [www.hud.gov/codetalk](http://www.hud.gov/codetalk).**





## Swim All Year Long



### Announcing Water Fitness for Diabetic, Non-Diabetic, and Senior RSTHC patients at Alf Sorensen, 1400 Baring Blvd, Sparks

Sign up NOT Required except for Lessons...  
Just Drop In to the class you are eligible for:

Sponsored by the RSTHC Diabetes Program

<b>Senior Water Fitness</b> (55years and older) (Transportation available for RSIC Enrolled and Resident Seniors only. Meet at RSIC Senior Center at 8:15am for transport)	Increase fitness level and stamina while having fun in the water through this exercise program for seniors.	Tuesdays & Thursdays 9-10am
<b>Senior Water Fitness Saturdays</b> (55years and older) (Transportation not available)	Increase fitness level and stamina while having fun in the water through this exercise program for seniors.	Saturdays 12-1pm
<b>Senior Aquacize</b> (55years and older) (Transportation not available)	Enjoy a slower paced workout that increases fitness level and strength.	Tuesdays & Thursdays 10-11am
<b>Adapted Aquatics 2</b> (Adults 18yrs and Older) All Welcome	For those who need a complete non-impact exercise program. Students must feel comfortable in deep water.	Tuesdays & Thursdays 11:30-12:30pm
<b>General Adapted Aquatics</b> (for anyone with a physical or mental limitation, call 353-2385 for more info) All Welcome	Provides individual instruction for those with a physical or mental limitation. Designed to increase strength, flexibility, and range of motion.	Monday & Wednesdays 11:30-12:30pm
<b>Toddler Time!</b> <b>(age 6years or younger)</b> Parents must be in the pool with the child	Parent and Child Swim	Monday through Thursdays 11:30am - 4:30pm
<b>Swim Lessons</b> Available for all ages	Build basic water safety or develop your skill. <u>(Enrollment Required @ Alf call 353-2385, paid for by the RSTHC Diabetes Program - ask for Cindy)</u>	Refer to <a href="http://www.sparksrec.com">www.sparksrec.com</a> for schedule and reg dates
<b>Lap Swimming</b> <b>(all ages)</b>	Pool space designated for lap swim varies.	Mon-Thurs: 6-9am, 9-11am, 11-1:30pm, 1:30-3pm Saturdays 12-5:45pm

Tribal Card required @ Class Check-In  
QUESTIONS?

General Swim Class info: 353-2385 (Alf Sorensen) or 329-5162 x1947 (Walita Querta)

BEHAVIORAL HEALTH—CONFERENCE ROOM—SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>9-11am</b> Rediscovering Your Life (IOP) Mary Lask	<b>9-11am</b> Hopes & Dreams (IOP) Mary Lask	<b>9-11:30am</b> Craft Group (IOP) Jason Hill
<b>11am-Noon</b> Department Clinical Staffing				
<b>1-3pm</b> Life Skills Group Mary Lask (IOP)		<b>Administration</b> Time Clinic Closed <b>12 to 5pm</b>		
<b>3-4:30pm</b> DUI Group Levels II, II-X & III Paul Snyder	<b>3-4pm</b> White Bison Group Paul Snyder			
		<b>4-5pm</b> Anger Management Group Dr. Nielsen	<b>4-5pm</b> Domestic Violence Group Dr. Nielsen	

## RSIC Law & Order Committee

**The mission of the Reno-Sparks Indian Colony's Law and Order Committee is to review, evaluate and make recommendations to change the existing Law & Order Code and ordinances of the RSIC Communities in conjunction with the Constitution and By-Laws of the RSIC and the Indian Civil Rights Act to insure due process within RSIC boundaries.**

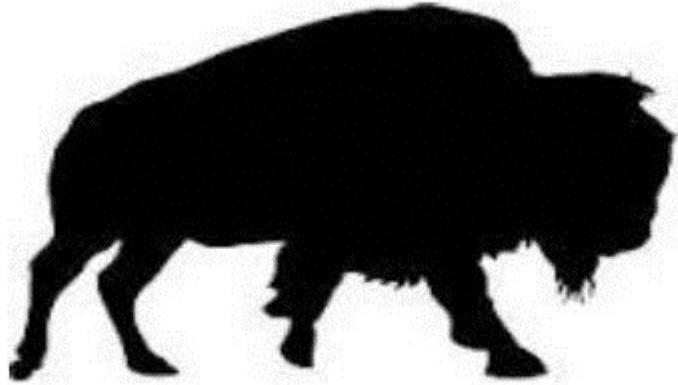
*LOC follows the regular guidelines for Committees same terms and conditions set by Tribal Council.*

Meetings the 1st Wednesday of every month, 6 p.m.  
Tribal courtroom—1900 Prosperity Street—775-785-8775

Sept. 7

# Talking Circle

Thursday, September 29



**When:** The last Thursday of every month from 4:00 to 5:00 p.m.

**Where:** RSIC Tribal Health Center, Behavioral Health Conference Room

## All Ages Welcome

The talking circle is also a listening circle. The talking circle allows one person to talk at a time for as long as they need to talk. So much can be gained by listening. Is it a coincidence that the Creator gave us one mouth and two ears? The power of the circle allows the heart to be shared with each other. What we share with each other also heals each other. When we talk about our pain in the circle, it is distributed to the circle, and we are free of the pain. The talking circle works because when the people form a circle, the Great Mystery is in the center.

Sponsored by the RSIC Tribal Health Center Behavioral Health Department  
For more information contact Jason Hill, Prevention Outreach Coordinator at  
775-329-5162 ext. 1965 or email at [jhill@rsicclinic.org](mailto:jhill@rsicclinic.org)

# Honoring Our Ancestors

## Fall Gathering

Bishop, California

September 16-18<sup>th</sup>, 2016

*Come join us in Honoring the Ancestors and  
our Bear Healing Ceremony this Fall.*



As all traditions and gatherings, there are protocols to be followed. Ladies on their moon should not attend, since they won't be able to attend sweat or go into the ceremonial area. No healings or other ceremonies will be allowed on the premises without the permission of your host.

*If you wish to have a private healing prior to ceremony, please contact your host.* If this will be your first time attending a Native American Ceremony, please call us to go over protocols prior to joining us! There is camping area available and restrooms, for hotel or motel information, please call us to send you information on our local hotels or motels. ***Bring your lawn chairs & warm jacket!***

This event is Potluck, so please bring a dish to share with everyone! ***Donations*** are greatly appreciated, any questions, please do not hesitate to call us at **760-937-3391**

**The Following agenda is tentative:**

**Friday, Sept. 16<sup>th</sup>**

Community Sweat 3:30pm  
Potluck Dinner 6:30pm  
Talking Circle 7:30pm

**Saturday, Sept. 17th**

Potluck Dinner 6:30pm  
Honoring the Ancestors , Traditional Dances &  
Bear Healing Ceremony – 7:30 p.m.

**Sunday, Sept. 18<sup>th</sup>,**

Community/closing Sweat 9:00am  
Brunch 12:00 noon

Qwina & Irma West  
725 N Barlow Lane Bishop, CA 93514  
760-937-3391



\*19TH ANNUAL \* CRAFT FAIR \*

# FALL FEST

2016

October 14th & 15th

RENO-SPARKS INDIAN COLONY, GYMNASIUM

34 Reservation Road \* Reno, NV

(Off 395/580 So. Freeway)

Glendale or Mill St. exits

Jewelry \* Beadwork \* Arts & Crafts

Baked Goods \* Raffle \* Food & Fun!

INDIAN TACOS WILL BE SOLD

FREE ADMISSION  
FREE TRICK OR TREAT BAGS

For more information:  
Ramona Darrough  
775-842-1385

# New Employees



**Lydia Shaw**  
Smoke Shop 2

**Q: What is your exact job title?**

A. Smoke Shop 2 Retail Clerk.

**Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?**

A. To leave the customers that I come in contact with a positive attitude.

**Q: Do you have a tribal affiliation? If so, where?**

A. I am a proud enrolled member here at the Reno-Sparks Indian Colony.

**Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?**

A: I love my new job and am grateful to have this chance to share what excellent customer service we have here at the Reno-Sparks Indian Colony. I will represent my community to the best of my ability.



**Q: What is your exact job title?**

A. Retail Clerk Smoke Shop II.

**Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?**

A. Serve and contribute to representing the colony the best that I can.

**Q: Do you have a Tribal Affiliation? If so, where?**

A. RSIC

**Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?**

A: Nothing at this time.

**Peggy Karen**  
Smoke Shop 2

# New Employees



## Terrell Ortero

Smoke Shop 5

Q: What is your exact job title?

A. I am a clerk.

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

A. I hope to gain better teamwork and people skills while I work here.

Q: Do you have a Tribal Affiliation? If so, where?

A. Yes, I am a RSIC Tribal Member.

Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?

A: Actually, no there isn't.

## Travis Bonta

Smoke Shop 5

Q: What is your exact job title?

A. Retail Clerk.

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

A. To work for my tribe and learn what it means to be an RSIC employee.

Q: Do you have a tribal affiliation? If so, where?

A. Yes, RSIC

Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?

A: Not at this time.

# FREE BOOKS!



**The RSIC Housing  
Department  
has hundreds of  
free books!**

**Come by the office  
and pick out a book  
or two, or three!**

**Free to everyone!**

**Kids and Adult  
Selections**

# Legal Notices, Public Announcements

*Tribal court petitions for name changes, L&C committee member search, go green*

**IN THE RENO-SPARKS TRIBAL COURT  
IN AND FOR THE RENO-SPARKS INDIAN  
COLONY  
RENO, WASHOE COUNTY, NEVADA  
PUBLIC NOTICE**

Notice is hereby given that the Petitioner, Teri Larson, who is a member of the Reno- Sparks Indian Colony, has filed a Petition in the Reno- Sparks Tribal Court, Case No.CV- NC-2016-0025, praying that said Court enter an Order changing the present legal name of Duke Benjamin Gossett, to the name of Duke Benjamin Larson, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted , with the Reno- Sparks Tribal Court, 1900 Prosperity Street, Reno, NV, within ten (10) days after publication or this notice.

Dated this 14th day of July, 2016  
Henrietta A. Tobey  
Clerk of Court  
Reno-Sparks Tribal Court

**Recruitment for Language & Culture Advisory Committee Members**

The Language & Culture Advisory Committee is currently seeking two RSIC Tribal members to serve on the Language & Culture Advisory Committee. Committee members will be appointed by the RSIC Tribal Council and shall serve a term of 2 years. If interested in becoming an LCAB member, please submit a letter of interest to:

Reno-Sparks Indian Colony  
Language & Culture Program  
401 Golden Lane  
Reno, NV 89502

**IN THE RENO-SPARKS TRIBAL COURT  
IN AND FOR THE RENO-SPARKS INDIAN  
COLONY  
RENO, WASHOE COUNTY, NEVADA  
PUBLIC NOTICE**

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Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted , with the Reno- Sparks Tribal Court, 1900 Prosperity Street, Reno, NV, within ten (10) days after publication or this notice.

Dated this 14th day of July, 2016  
Henrietta A. Tobey  
Clerk of Court  
Reno-Sparks Tribal Court

## Let's Go Green!

*The Camp News is offering an opt-out option to save paper by getting the newsletter online.*

**Please leave a message at 329-2936, ext. 3268 to go green...**

**Thank you and let's save paper and the environment together!**

# Legal Notices, Public Announcements

*Rental Space for Lease, Executive Health Board member needed*

## Tenant Wanted

1962 Pyramid Way - \$50/month

The Business Enterprises & Economic Development Department is currently seeking an interested RSIC Tribal member to occupy 155 square feet of retail space located at 1962 Pyramid Way in Sparks, Nev.

The leased premise is located in the building lobby which is accessible by a roll up gate and shares the parking lot with Smoke Shop 5 and Unit C.

Questions and additional information may be obtained by calling Steve Moran at 785-1363 ext. 5403 or email at: [smoran@rsic.org](mailto:smoran@rsic.org).

If interested, please submit a letter of interest, no later than Sept. 30, stating tenant name, contact info, expected possession date, hours of operation and intended use of premises to:

Reno-Sparks Indian Colony  
*Attn: Business Enterprises & ED*  
34 Reservation Road  
Reno, NV 89502



**www.rsic.org**

## Reno-Sparks Tribal Health Center

### Recruiting Representative

### Executive Health Board

The Reno-Sparks Tribal Health Center is recruiting for one (1) RSIC Tribal representative to fill vacancies on the Executive Health Board.

The Executive Health Board voting membership consists of five (5) Reno-Sparks Indian Colony residents who are enrolled members, and two (2) representative from the Urban Indian population, for a total of seven (7) voting members. RSIC representatives must live on the Colony or in Hungry Valley.

The Executive Health Board members meet at least once a month, usually on the third Monday, and are provided a monthly meeting stipend for participation.

The members are appointed by the Tribal Council and shall serve a term for a four-year period.

If you are interested in being a member of the Executive Health Board, please submit a letter of interest to:

### ***The Executive Health Board***

Reno-Sparks Tribal Health Center  
1715 Kuenzli Street  
Reno, NV 89502

*All interested participants will be invited to fill out an application and attend a Health Board meeting for introductions. For more information please phone, 329-5162, ext., 1901.*

**www.rsic.org**

# NUMAGA PRINCESS

## CONTEST



*Tiny Tot*

1-5

*Jr. Miss*

6-12

*Miss*

13-17



*Register today with  
Anita Talancon (775) 338-3723  
talanccon4@yahoo.com*



# HUNGRY VALLEY HANDGAMES

SEPTEMBER 2, 3, 4 2016



2 MAN TOURNAMENT FRIDAY NIGHT

REGISTRATION OPENS AROUND 6 AND WILL END AROUND 7

\$40 PER TEAM - CASH PRIZE PLUS ENTRIES FOR PLACES

MAIN TOURNAMENT SATURDAY

REGISTRATION OPENS AT NOON AND ENDS AROUND 2

\$150 PER TEAM 2-5 PLAYERS PER TEAM—CASH PRIZE PLUS ENTRIES FOR PLACES

3 MAN TOURNAMENT SUNDAY—REGISTRATION OPENS AT NOON AND ENDS AROUND 1

\$60 PER TEAM—CASH PRIZE PLUS ENTRIES FOR PLACES

**OPEN GAMES ALL WEEKEND**

THE RENO-SPARKS INDIAN COLONY  
WELCOMES YOU TO HUNGRY VALLEY  
THIS IS A DRUG AND ALCOHOL FREE EVENT

DRY CAMPING AVAILABLE, SHOWERS PROVIDED-BRING YOUR CHAIRS.

CONTACT WINSTON SAM FOR MORE INFORMATION

775.221.5620





# 30th Annual NUMAGA INDIAN DAYS **POWWOW**

SEPTEMBER 2-4, 2016  
HUNGRY VALLEY, NV \* LABOR DAY WEEKEND

## HEAD STAFF

**MC:**  
Bart Powaukee

**HEAD MAN:**  
Levi BlackWolf

**HEAD LADY:**  
Urseloria Walsey

**ARENA DIRECTOR:**  
Solomon ScabbyRobe

**HEAD JUDGE:**  
Algin ScabbyRobe

**SOUND SYSTEM:**  
Jerry Bear Sound

## SPECIALS

**MEN'S ROUND BUSTLE**  
Head Man

**JUNIOR GIRLS FANCY**  
Outgoing Jr. Miss Numaga

**GIRL'S ALL AROUND (11-15 years old)**  
Outgoing Miss Numaga

**TINY TOTS**  
Outgoing Tiny Tot Princess

**SPOTLIGHT SPECIAL**  
Men's Grass/Women's Fancy

**WOMEN'S TRADITIONAL**  
Paiute Special

## ACTIVITIES

**3NATIONS WELLNESS CENTER**  
**3 MILE RUN & WALK**



## GRAND ENTRY

Friday - 7PM  
Saturday - 12PM & 7PM  
Sunday - 12PM

## INFORMATION

**VENDORS**  
Toby Stump (775)470-1100

### GENERAL INFO

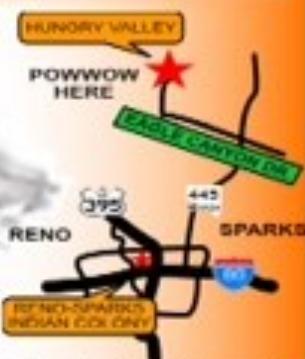
Christina Thomas (775)240-3260  
Elliot Ramirez (775)250-7013

**NUMAGA PRINCESS CONTEST**  
Anita Talancon (775)338-3723

### HOST HOTEL

Circus Circus (775)329-0711  
Group Code: Numaga Pow Wow2016

## DIRECTIONS



RSIC & Committee are NOT responsible for short funded travelers, theft, lost items, pots, accidents, injuries, breakups/divorces etc.



# RSIC Native American Day Celebration 2016

Monday, September 19<sup>th</sup> - Friday, September 23<sup>rd</sup>

Monday, September 19

T-shirt screen printing of contemporary art

w/ traditional artist Jack Malotte

34 Multipurpose Room

4pm-8pm



**RSVP required** Limited to 35 participants to ensure enough supplies, including take home printed T-shirt.

**Age Requirement: 14 yrs +**

Sign up with the THPO/Cultural Resource Program 775-785-1326

Tuesday, September 20

Youth Hand Drum Making

34 Multipurpose Room

4pm-7pm

**Age Requirements k-12**

*Please call and sign up with the Language and Culture office 775-785-1321*



Wednesday, September 21

Youth Hand Drumming Contest

Anderson Park

6pm-8pm

Prizes for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> places



Reno-Sparks Tribal Health Center

Health Fair

Noon - 6:00 pm

Free Health Screenings

Educational Presentations

Raffle Prizes & Giveaways

Thursday, September 22

Native Talent Showcase

Traditional Dinner

Hungry Valley Gym

6pm-8pm

Come showcase your talent!

*The community is encouraged to donate food and cultural foods.*



Friday, September 23

Native American Day

Native Pride March & Stew Feed

Round Dance

Reno Gym & Anderson Park

4pm-8pm

All singers welcome!

2016 Native Day Shirts!

Raffle Prizes!



For more information contact the Language & Culture Office at 775-785-1321 or Email: [sburns@rsic.org](mailto:sburns@rsic.org)

*Continued from front page*

the Colony for his friendly demeanor, especially by young people.

Hafalla has worked with RSIC and Pyramid Lake youth for 12 years as a DARE Officer.

For his outstanding actions with the birth of the newest resident of the RSIC, Harjo presented Hafalla with his letter of commendation as well as an Exemplary Service Award.

Moreover, regardless of the remarkable experience of helping bring new life to our community, the RSIC Tribal Police Department, Harjo and Hafalla's primary concern was and still remains with the baby

boy and his entire family.

"I was so happy to hear that baby, mom, grandparents and the siblings are doing well," Hafalla said.

Harjo also chimed in sending the family congratulations and best wishes.

"Our entire department wants to congratulate the family," Harjo said.

**Editor's note:** The following content is from Officer Hafalla's letter of commendation:

*On behalf of the Reno-Sparks Indian Colony Police Department, I would like to take this opportunity to give recognition to Officer Angelo Hafalla.*

*Officer Hafalla displayed his professionalism in a calm*

*manner without hesitation assessed the situation on:*

*Assisting on the delivery of a healthy baby boy on 08-09-2016 Officer Hafalla has proven not only to the Police Department, but also to the community that he will go above and beyond the call of duty without question or hesitation.*

*I commend you, Officer Hafalla, for your unselfish acts and tireless efforts that have proven you have served with honor, dedication and selflessness and an example for all to follow.*

*Thank you for your service to the Reno-Sparks Indian Colony.*

*Sincerely, Sgt. Nida Harjo.*



**Celebration of Honor —** The Silver State Gourd Society held its 2nd Annual All gourd Dance Celebration at the Reno-Sparks Indian Colony in late August. The Gourd Dance has its roots in Kiowa culture. The Kiowa gourd dance tradition is sometimes referred to as the Tia-pe-go warrior society. Tdiepeigah, can be translated to skunkberry and brave. The English name, gourd, is derived from the special rattles held by the dancers, which were originally made from rawhide or a gourd. To learn more about the celebration or upcoming events, please contact Monty Williams at [snac.m.williams@gmail.com](mailto:snac.m.williams@gmail.com) or (775) 741-0716.