



# THE CAMP NEWS

VOLUME IX ISSUE 12

August 22, 2014

**SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES**

## Numaga Indian Days Pow Wow Enters Its 28th Year

*Hundreds expected for nationally known event held in Hungry Valley*

Each Labor Day weekend, the Reno-Sparks Indian Colony hosts its nationally acclaimed Numaga Pow Wow.

This family event features some of the best Native American dancers, singers and drummers in the country.

Besides the memorable pow wow entertainment, over 25 vendors will be selling traditional native foods and

stunning handcrafted silver-work, beadwork, baskets and other American Indian art.

This year, the 28th annual event, will be August 29-31 in Hungry Valley. Hungry Valley is 19 miles north of downtown Reno and west of Spanish Springs, nestled in scenic Eagle Canyon.

The host drum for this year's pow wow will be Young Spirit

from Frog Lake, Alberta Canada.

Carlos Calica of Warm Springs, Oregon will serve as the master of ceremonies, while the arena director will be Tom Phillips, Jr., from Wadsworth, Nev.

The Grand Entry will start at 7 p.m., on Friday, noon and again at 7 p.m., on Saturday, then at noon on Sunday.

The pow wow is named after Chief Numaga, the famous Paiute Chief, known for peace.

Chief Numaga was a great 19th century leader who had the courage and the vision to counsel against war.

Facing severe threats to his people by invading white forces, Numaga repeatedly chose peace.

His successful peace negotiations, helped set a precedent for future disputes.

However, despite consistent calls for peace, an 1860 incident so severe forced Numaga to call for force.

As newcomers ravaged the land for silver, two white men,



**Women's Fancy** — Reno-Sparks Indian Colony dancers Janice Stump and her sister Linda Eben Jones make their way into the arena during last year's Numaga Pow Wow. The special spot light dance will be held on Aug. 29 between 10 p.m., and midnight depending on the number of participants. There will be two spot light dances, one female and one male, with the categories to be announced.

*Continued on page 4*



# N-U-M-A-G-A POWWOW

*28th Annual*

## AUGUST 29-31, 2014

*Hungry Valley, Nevada*



*Host Drum*  
**YOUNG SPIRIT**  
Frog Lake, Alberta Canada

#### **SPECIAL EVENTS**

Drum Contest  
Spotlight Special

#### **ACTIVITIES**

Numaga Princess Contest  
*Annette Henry (775) 762-9522*  
3Nations Wellness Center  
3Mile Walk/Run  
*Rocky Batastini (775) 329-5162*

#### **VENDORS**

*Ramona Darrough (775) 842-1385*

#### **ADDITIONAL INFO**

*Elliot Ramirez (775) 250-7013  
Jamie Stump (775) 830-3323*

#### Master of Ceremonies

**CARLOS CALICA**  
*Warm Springs, Oregon*

#### Arena Director

**TOM PHILLIPS JR.**  
*Wadsworth, Nevada*

#### **GRAND ENTRY**

Friday.....7pm  
Saturday.....12pm & 7pm  
Sunday.....12pm

**ALL CONTESTS START FRIDAY**  
**POINT SYSTEM WILL BE USED**

#### **MAP DIRECTIONS**



**ALCOHOL AND  
DRUG FREE  
EVENT**

**SPONSORED BY:**  
Reno-Sparks Indian  
Colony & Hungry  
Valley Community



RSIC & Committee  
is **NOT** responsible for  
short funded travelers,  
theft, lost items, pets  
accidents, breakups  
divorces, injuries, etc.

## Deadlines, Mailing List

### *The Camp News Profile*

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the public relations department and duplicated and distributed by RSIC Administration Front Office.

### SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

### CONTACT OUR STAFF

E-mail your submissions to [smontooth@rsic.org](mailto:smontooth@rsic.org) or drop off your photos and suggested articles to the receptionist at 98 Colony Road, Reno, NV 89502.

### CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at 329-2936.

### ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: [www.rsic.org](http://www.rsic.org) and PDFs of our publication are available.

If you have questions, call us at 329-2936, ext. 3268.

## Important UPCOMING Dates

### Aug. 23

ITCN WIC 40<sup>th</sup> Anniversary Celebration, 680 Greenbrae Drive, 10 a.m.-1 p.m.

### Aug. 25

Tai Chi classes, RSIC Senior Center, 12:30-1:30 p.m.

RSIC Housing Advisory Board meeting, Hungry Valley Community Center, 6 p.m.

\*Zumba Exercise Class, Hungry Valley Gym, 6-7 p.m.

Youth Pow Wow Club, Hungry Valley Gym, 6-7:30 p.m.

### Aug. 26

Senior Paiute Language, Senior Center, 12:30-1:30 p.m.

\*Zumba Exercise Class, Colony Gym, 5:30-6:30 p.m.

### Aug. 27

Tai Chi classes, RSIC Senior Center, 12:30-1:30 p.m.

Senior Shoshone Language, Senior Center, 12:30-1:30 p.m.

\*Zumba Exercise Class, Hungry Valley Gym, 6-7 p.m.

Regalia Making Classes, Hungry Valley Gym, 6-8 p.m.

Economic Development meeting, Hungry Valley, 6 p.m.

### Aug. 28

Senior Washo Language, Senior Center, 12:30-1:30 p.m.

\*Zumba Exercise Class, Colony Gym, 5:30-6:30 p.m.

### Aug. 29

Numaga Pow Wow, Hungry Valley, Grand Entry 7 p.m.

### Aug. 30

Hungry Valley Community Yard Sale, 8 a.m.

Numaga Pow Wow, Hungry Valley, Grand Entry noon & 7 p.m.

### Aug. 31

Numaga Pow Wow Wlak/Run, Hungry Valley, 8:30 a.m.

Numaga Pow Wow, Grand Entry, noon

Hungry Valley Community Yard Sale, 8 a.m.

### Sept. 1

Labor Day, RSIC Offices Closed

Circle of Parents Support Group, RSTHC, 4 p.m.

Women's Talking Circle, Hungry Valley—TLC Facility, 6 p.m.

### Sept. 2

Education Advisory Board meeting, Education Conference Room, noon

Senior Paiute Language, Senior Center, 12:30-1:30 p.m.

Women's Talking Circle, Women's Circle Office, 6 p.m.

Beginning Paiute Language Class, Education Conference Room, 6-8 p.m.

### Sept. 3

Tai Chi classes, RSIC Senior Center, 12:30-1:30 p.m.

Senior Washo Language, Senior Center, 12:30-1:30 p.m.

Regalia Making Classes, Senior Center, 6-8 p.m.

Beginning Washo Language Class, Education Conference Room, 6-8 p.m.

### Sept. 4

Senior Shoshone Language, Senior Center, 12:30-1:30 p.m.

Beginning Shoshone Language Class, Education Conference Room, 6-8 p.m.

### Sept. 8

Youth Pow Wow Club, Hungry Valley Gym, 6-7 p.m.

### Sept. 9

Beginning Paiute Language Class, Education Conference Room, 6-8 p.m.

### Sept. 10

Regalia Making Classes, Hungry Valley Gym, 6-8 p.m.

Beginning Washo Language Class, Education Conference Room, 6-8 p.m.

Tribal Council meeting, RSTHC, 6 p.m.

### Sept. 24

Economic Development meeting, RSTHC, 6 p.m.

\*Zumba Exercise Class, Mondays and Wednesday at Colony Gym; Tuesdays and Thursdays at Hungry Valley Gym.

*Continued from front page*

brothers, kidnapped, molested, and confined two, adolescent Indian girls.

Numaga had no choice but to use force to free the young hostages. Near the banks of the Truckee River and southeast of Pyramid Lake, Numaga and his army killed about 70 white combatants with many others fleeing under the cover of night. Major William Ormsby was killed in the battle.

This unprecedented decimation of hostiles, made Numaga a revered leader throughout the Great Basin.

However, in a quest for revenge, the United States Army with nearly 750 soldiers, was marshaled for a second battle. That conflict ended the so-called Pyramid Lake War.



**The Grand Entry —** On Friday, August 29, registration beginning at 5 p.m., the drum roll call will begin at 6:45 p.m., followed by Grand Entry at 7 p.m. On day two, the drum roll call will begin at 11:45 a.m., and again at 6:45 p.m. On Sunday, the final drum call will be held at 11:45 a.m. Above, Victoria Parker, U.S. Army, carries in the flag during Grand Entry.

Numaga also has a documented history of trying to preserve the destruction of our aboriginal lands. Numaga called the pine nut groves, the Indian's orchards and asked whites to collect fallen timber instead of cutting down healthy trees.

Numaga's early advocacy for Mother Earth fell on deaf ears.

Translated from the English language, Numaga means "Give Food." He passed away in 1871 and is buried in the hills near Wadsworth.

*Editor's note: The photographs accompanying this story were provided by Lois Kane. Biographical information about Chief Numaga was taken from [As Long As The River Shall Run: An Ethnohistory Of Pyramid Lake Indian Reservation](#) by Martha C. Knack, a professor at UNLV and from the Pyramid Lake Visitor Center website.*



**Dressed To The Nines —** The Reno-Sparks Indian Colony's Mike Kane has honored his wife's grandfather, a puhagum (Indian doctor or shaman) named Jimmy George, by wearing a sawabe kwassu (sagebrush outfit) during past Numaga Pow Wows. Kane said that in the old days, the Paiutes worked the sagebrush bark to soften it. A grass lining was also processed in the same way and placed inside the clothing. Kane's tsotua (hat) is made from eagle and magpie feathers.

## Numaga Pow Wow T-Shirts Available

The 2014 Numaga Indian Days Pow Wow is a week away, but you can order your souvenir T-shirt **TODAY**.

This year, souvenir T-shirts come in black and maroon and T-shirt sizes range from small to 5X.



Place your order with Ruth Sampson at (775) 530-7835 or at: [rasampson@rsic.org](mailto:rasampson@rsic.org) or contact Elliot Ramirez at (775) 250-7013 or at: [elitereno775@gmail.com](mailto:elitereno775@gmail.com)

**DON'T  
MISS OUT!  
Order today...**

# RSIC Summer Recreation Culminates With LA Trip

*Youth inspired by Native role model living basketball dream*

She is a 22-years-old female and Reno-Sparks Indian Colony youth, boys and girls, think Shoni Schimmel, an Umatilla Indian, is a role model for all.

"She teaches everybody to shoot for their goals," said Allen Tatsey, one of 32 RSIC Recreation participants to recently see Schimmel in action.

"She told us, nothing should stop us from getting where we want to go," Tatsey said. "I think she is a true role model."

Tatsey, a junior at Pyramid Lake High who plays football and basketball, said the trip was a blast and he would recommend everyone listen to what Schimmel has to say.

"We are always looking for learning opportunities for our children," said Jean



**Showtime Schimmel** — Shoni Schimmel, a member of the Confederated Tribes of Umatilla, waves at a group of RSIC fans.



**Dream Team** — Thirty-two youth from the Reno-Sparks Indian Colony's Recreation Department recently attended a WNBA game at the LA Staple Center. Playing for the visiting Atlanta Dream, Shoni Schimmel a Umatilla Indian, was the main attraction.

Wadsworth, the manager of the RSIC Recreation Department. "We especially try to find 'outside-the-box' education."

Wadsworth said that the recreation program is about more than exercising the body. She said that she and her staff strive to expand the experiences of the RSIC youth and to stretch their spirit and stimulate their minds, too.

The trip to LA was just the type of unorthodox learning Wadsworth wants.

This year, to conclude the Colony's summer day camp program, participants took in a WNBA game that pitted Schimmel and the Atlanta Dream against the host, the Los Angeles Sparks.

Schimmel, a first-round draft pick after her All-American college career at the University

of Louisville, has brought unprecedented fan support not just to the Atlanta Dream, but to the entire WNBA.

As they did during Schimmel's collegiate days, Natives from throughout the country travel hundreds of miles to see Schimmel play.

For the RSIC Recreation Department that meant leaving the Colony at 4 a.m., and driving over 1,000 miles.

And these huge crowds are not just treated to the court antics of the 'Schimmel Effect' or Showtime Schimmel, as she has been nicknamed, the 5-foot -9 guard often stays long after the buzzer sounds—sometimes for up to three hours—to sign autographs, take photos and personally address her fans.

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During the RSIC's trip to LA, Tatsey was one of the participants who got to speak directly to Schimmel.

Tatsey said he asked Schimmel, the eldest of eight kids, what her favorite thing about basketball is. He said that Schimmel told him that she loves to compete and that she especially loves that basketball allowed her to compete with her brothers and sisters.

"Just to be able to give back to Native Americans is huge for me," Schimmel recently told the New York Times. "I think of myself as very different, because I did come off the reservation."

In the most unassuming manner, Schimmel—a professional athlete, an



**You Ought To Be In Pictures** — RSIC youth were captured on the Jumbotron at the Staples Center during a recent WNBA game between the LA Sparks and the Atlanta Dream. Shoni Schimmel, from the Umatilla Reservation, took center stage during American Indian Appreciation Night. Schimmel is the highest drafted Native player to join the women's professional basketball ranks.

ambassador for her people—said that not many people are doing what she is doing.

However, thanks to the unconventional programming

by the Colony's Recreation staff, more than thirty RSIC children not only witnessed Schimmel living her dream, but they were inspired by it.



# JOIN US!!!



## Hungry Valley Community Yard Sale

Aug 30 & 31 ~ Sat & Sun Morning 8 a.m. - ???



**Directions:** From Pyramid Highway Drive West on Eagle Canyon Drive, for approximately 7 miles. Yard Sales are located throughout Community.

**265 Fancy Dance Drive** - Indian Tacos, Breakfast Burritos, & Lots of items for sale

**185 Morning Dawn Lane** - Clothing, Games, Household Items

**1040 Prairie Moon Lane** - Clothes, Toys, Household items & more  
(Other homes will be selling also)

**Careful Driving as other weekend events are happening within our community; Annual Walk/Run & Pow-Wow**

# Learning Native Language, Culture During Day Camp

*Teaching young children key component for language revitalization*

At first glance, collaboration between the Reno-Sparks Indian Colony's Language and Culture Department and the Recreation Department might not appear to be the likeliest partnerships. However, this summer, joint programming by the two divisions brought exciting, innovative activities to the Colony's youth, which quite possibly could have long-lasting, positive impact.

Four times a week throughout the summer, the RSIC Recreation Day Camp participants learned Native language and traditional culture.

"It was my favorite part of day camp," said 13-year-old Lyllianna Williams. "I liked it better than Wild Waters, better than racing cars, and better than going to the movies."

With an average of 25 children in each class, RSIC



**Completely Engrossed** — Two young participants of the Reno-Sparks Indian Colony's Recreation's Day Camp get instructions from Paiute Language teacher, Stacey Burns. In addition to practicing the pronunciation of the basic words, students studied flash cards with colorful graphics. The program was a first-time, collaboration between the RSIC Language and Culture Department and the recreation department. Along with Great Basin language, the youth learned other Native culture twice a week throughout the summer. In all, the youth were taught drumming, hand games, Great Basin dancing, powwow dancing, stick games and the hand drum.

Language and Culture Coordinator Teresa Melendez said that the Day Camp Paiute language classes were the first focused efforts on youth language programming.

"We know that the most successful language revitalization efforts are those focused on children," Melendez said. "Language learning is a commitment and it takes a lot of time and energy."

According to the RSIC Recreation Manager, Jean Wadsworth, time and energy is an abundant commodity during the Day Camp as the participants are not in school.

"My staff works hard to keep the kids active and interested

all summer long," Wadsworth said. "Learning our language and other cultural activities was an awesome option."

RSIC Tribal member Victoria Kane whose two grandchildren attended the Day Camp was so happy with the program that she made a point to thank the organizers.

"I was so thrilled with the classes--just really tickled," Kane said. "My grandkids would come home from Day Camp, singing their Paiute songs and then we would pull our books out and learn more."

Kane said that since Day Camp, her grandchildren often have simple conversations with each other in Paiute.



**A Love Of Learning** — Up to 40 youth attended the language and culture sessions taught through recreation's day camp.

*Continued on next page*

Plus, the enthusiasm for the programs extended to the teachers, too.

"The children want to hold onto our culture," said Stacey Burns, one of the Day Camp's instructors. "They want this; I can see it in their eyes."

Burns, who also teaches Great Basin language to high school students enrolled in the Washoe County School District, said that her new younger students were extremely eager learners.

"I would see the kids out in the community and they would ask, 'What are we going to learn next?'" Burns said.

But despite their eagerness, both Melendez and Burns said that teaching such young children--sometimes up to 40 students in a class--offered some challenges, too.

"Of course, children have shorter attention spans," Melendez said. "We altered the lessons to include a lot of activities and games to make the classes as interactive as possible."

In addition to learning language during Day Camp, participants studied drumming, hand games, Great Basin dancing, pow wow dancing, stick games and the hand drum.

Burns, who also taught stick games, believes that teaching Native culture to children is not only important, but the positive impact is felt by throughout the entire community. Burns said



**Study Buddy** — According to the Reno-Sparks Indian Colony's Language and Culture Coordinator, Teresa Melendez, it generally takes a dedicated student, who has consistent and good instruction, about 7 years to become a conversational speaker. Melendez also said that research indicates that it can take up to 21-years to completely revitalize a language that dies out.

that because children learn quicker and retain information better than adult language learners, the gift of using our Native language could spread faster and last longer.

"Their dialect and pronunciation is beautiful, too," Burns said. "I am so honored to teach these kids."

At the RSIC, like many reservations throughout Indian Country, Native language speakers are hard to find and saving this very unique aspect of a tribe's culture is very difficult and very expensive. Melendez said that by teaching the children, the likelihood of keeping the languages spoken by Paiutes, Shoshone, and Washo people increases.

"If actual language revitalization with a new generation of first-language speakers is a community goal, our partnership

with other departments, for example with the recreation department, is important," Melendez said. "With our soon to be added, full-time language specialist, we will be aggressively researching avenues for new, youth language learning opportunities."

Nothing would please Kane more.

"This is excellent exposure," Kane said. "When you see these young teachers, like Stacey Burns, it gives our children something extra to hang onto."

Kane said that it is these small milestones, like the partnership between language and culture and the recreation departments that ensure that our Native tongue is not going to die.

"It will live on," Kane said.

# Kwena'a Kassa Nugatedu, Eagle Wings Dance Group

*Dancing in the steps of our ancestors*

*Submitted by Lois Kane*

Eagle Wings is an exhibition dance group formed in the summer of 2006. The group performs nine dances, indigenous to the Great Basin people and region. They perform at conferences, museums, schools and at many local events. They dedicate their dances to those who have participated in dance groups before us. Their tunedoedu (teacher) was Patty Hicks, a Paiute-Shoshone elder from the Walker River Paiute Tribe.

The dance group's motto is "Dancing in the steps of our ancestors" because we believe it is the spirit of the Old Ones that leads and guides us with our dancing. Although we were all too young to see and witness the dances performed by the Pyramid Lake Pageant Dancers and other similar dance groups, they have been our inspiration. During the '50s and '60s, the Nixon Dance Group was well-known throughout Nevada. It was our desire to carry on the work as best we



**Pyramid Lake Pageant Dancers** — *The Eagle Wings get inspiration from these dancers.*

could keep alive the songs and dances of our Numu, Newe, and Washeshu People. Every song, every step we take is a prayer.

Singing and dancing was the People's way of giving thanks to Creator for the blessings he bestowed upon our People, so they could live in these desert lands we were placed in. Many of the dances honor animals like the antelope, deer, bear, swan, etc., for their contributions to sustaining the

life and lifeways of our People.

Eagle Wings is open to anyone who wishes to help us carry on the songs and dances that are indigenous to our Paiute-Shoshone-Washo people; young and old, men and women, teenagers, young boys and girls.

Eagle Wings is open to all family members. We currently consist of young people, but we would like to encourage all family members to join the dance group. Your participation



**Keeping Tradition Alive —**

*Pictured L-R: Rinna George, Nia Shanks, Alexis Havel, Randa Deluna, Krista Wasson, Sophie Sam-Gonzales, Arin Wasson, Mikayla Ondelacey, Danielle Antonito. Eagle Wings contact information: Lois Kane, Coordinator (775) 425-3804, [toimagine9@yahoo.com](mailto:toimagine9@yahoo.com) c/o RSIC Education Department; 98 Colony Road; Reno, Nev. 89502*



**Two Generations, Committed To Tradition** — Far left: Leilani Mauwee and her mother, Stacey Burns, are the newest addition to the Eagle Wings. The dance troupe was formed about eight-years ago to help keep Great Basin songs and dances alive. Far right: Mikayla Ondelacey has earned buckskin to make a traditional buckskin outfit.

would greatly inspire the young people in your families to want to be part of Eagle Wings.

Parent participation is a must and strongly encouraged. For beginning dancers, it seems that their transition into the group is better when their family members are there to support them and in some cases, dance with them.

Transportation is usually provided to and from dance events; however there are occasions when parents have had to or want to drive their dancers to the event. There are occasions where we need parents to get their dancers to 34 Reservation Road to catch the van to events.

Following a one year commitment to dance with the Eagle Wings, dancers can earn buckskin to make a real traditional buckskin outfit.

Dance practices are held the first Wednesday of each

month and new dancers are always welcome.

For more information, please contact, Eagle Wings Coordinator, Lois Kane at: (775) 425-3804 or email her at: [toimagone9@yahoo.com](mailto:toimagone9@yahoo.com) or



**Back To School** — At the end of August, Eagle Dancer, Wesley Dunn, will return to Chemawa Indian School in Oregon. Your fellow dancers wish you the best of luck with your education. Have a safe journey.

write her in care of:  
**RSIC Education Department**  
**98 Colony Road**  
**Reno, NV 89502**

### **Proud members of the Eagle Wings Dance Group**

Danielle Antonio  
Stacey Burns  
Natalia Chacon  
Nyelli Chacon  
Randa Deluna  
Wesley Dunn  
Darlene Graham  
Adriana Gutierrez  
Alexis Havel  
Leilani Mauwee  
Mikayala Ondelacey  
Briana Mauwee-Quartz  
Nia Shanks  
Sophie Sam-Gonzales  
Samantha Tom  
Krista Wasson  
Arin Wasson

Lois Kane, Coordinator  
Lynette Sam, Transportation  
Dawn Wadsworth, Drum  
Lisa George, Props  
Jenni and Nellie Burns,  
Transportation and Props

# Native Poet Finds New Inspiration

*RSIC community member gets help from childhood friend, looks for more resources*

Years ago, Norman T. Zuniga was told by a well-known publishing company that his poetry should be recorded in a book for all to enjoy.

At the time, Zuniga took the acclaim in stride. He planned to go forward and have his work published, but one thing or another got in the way, mostly just everyday life.

However, Zuniga has new motivation.

"In September, my mother died," Zuniga said. "She always told me, 'get it done, don't wait, you should do that. Since my mom's passing, I feel a sense of urgency to get this done."

Now, with a new urgency, Zuniga not only wants to become a published author, but he has at least three books of poetry outlined in his head.

A member of the Southern Paiute Tribe of Cedar City, Utah, Zuniga has been a fixture

at the Reno-Sparks Indian Colony for years. The 58-year-old who lives in Hungry Valley, says he has written over 900 poems.

"I write to stimulate myself, as affirmation and as instruction," Zuniga said. "Some people doubt the authenticity and don't think that I've written all these poems because there are so many and they cover such a wide range—poems for children, exotic poems—and sometime people don't grasp that."

That confusion or even indifference doesn't stop Zuniga.

"One time, my sister said, 'brother, I don't get your poetry, and I said, that's OK,'" Zuniga said. "My family will be my true, tiny legacy with my writing as a footnote."

Zuniga said that if he can make just one person laugh or cry, his dedication to poetry is worth it.

"I truly have a supportive family and they might not get my poetry, but they are not condescending," Zuniga said. "They are never judgmental in anyway, not even about my lifestyle."

Admittedly, Zuniga said as a child school was not for him. He said that after the sixth grade the repetition got to him which caused him to lose focus which led to him getting into trouble.

After earning his Graduate Education Diploma (GED)



**Helpful Hand** — Norman Zuniga displays the personalized illustrations his childhood friend, Steve Nighthawk, created for him.



**New Motivation** — Norman "Tiny" Zuniga said that the passing of his mother has made publishing his poetry an urgent project.

in 1975, Zuniga attended two semesters of college in Tucson, Ariz.

"After my college experience, I learned I didn't need to be in a classroom," Zuniga said. "What college taught me was that I really just needed books to learn."

Zuniga identifies himself as a self-taught poet, though he has studied many great writers and philosophers, some Native, some not. He said that he started writing at a very difficult time in his life.

"I wrote out of necessity," Zuniga said. "It was to save myself."

Today, Zuniga believes his writing is an extension of himself. Like a musician or an artist, Zuniga said that he tries to lead his readers by the hand,

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like little children, to make them understand his words.

"I try to do everything bigger than life---dance, pray," Zuniga said. "I especially like to work after the heightened spiritual state of the Sun Dance when there are no distractions and if you get the poet, you will get the poem."

Zuniga even refers to himself as a mouthpiece.

"I can't take credit for my poetry," Zuniga said. "I'm just the conduit, but I am diligent with my writing, just like I am if I am dancing, or watering or weeding my garden, even caring for a baby."

And just like his colorful expressions, Zuniga's topics range from the innocence of small children to the roguish behavior of adults, to nature, to religiosity, to politics, all which he claims reflect his own life.

"My work is biographical," Zuniga said, "and my true life work is just beginning."

Having earned critical acclaim and an offer to publish his works of poetry, Zuniga has teamed up with his childhood friend and renowned artist, Steven Nighthawk to illustrate some of his poems.

"Steven's illustrations personalize and complement my writing like no one else can," Zuniga said. "He has captured what I said and drawn it."

About the same age, Zuniga and Nighthawk could probably also write a book about their adventures together.

"One time, as kids, we ran

away together," Zuniga said. "We ended up spending the night in a dog house, so no one could find us."

Nighthawk has been honored locally for his artistry. Last summer, he designed and painted a huge mural inside Jesse Hall Elementary School which illustrated the many facets of American Indian education.

Zuniga said this isn't the only collaboration to which he is looking forward. In addition to Nighthawk's help, Zuniga is looking for proofreaders, typist and even a ghost writer.

"I want to think outside the

box to get this done," Zuniga said. "Since the passing of my mother, Viola Zuniga, I have a new sense of urgency to complete this project."

Zuniga said his first book of poetry will contain about 15-20 poems with the intent to inspire his readers, especially children.

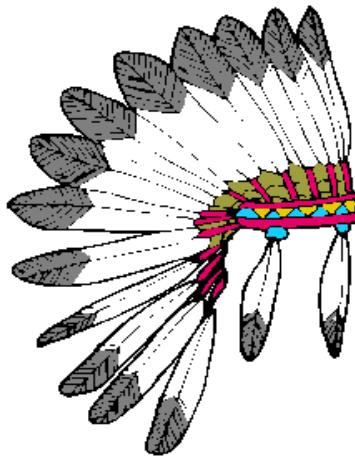
"I am very simple," Zuniga said. "Some of the words I use put people off, but I want to use words that people don't use everyday."

To contribute to Zuniga's quest to publish his poetry, please leave a voicemail message at (775) 560-7554 or (775) 303-7512.

# Nevada Day Parade

## Participants Needed for RSIC Float

**Saturday, November 1, 2014  
8:00 a.m. Carson City, NV**



Please contact : Adriana Gutierrez  
**(775)785-1320 / agutierrez@rsic.org**

We are looking for participants in Native American regalia to sit on the float or to walk / dance in the parade. Must be 10-years or older to walk. We are also looking for artists and craftsmen who would like to help in decorating the float.

# Education: Parent Reminders, School Supplies & Fees

## Requirements for two funding sources outlined

The Reno-Sparks Indian Colony Education Department still has start-up, basic school supplies available.

If you need assistance paying for school fees as well, please contact the RSIC Education Advisors for information.

A request form needs to be completed by the parent or legal guardian every year. Each school is different and each student takes different classes, therefore the requested dollar amount for each family is different.

Advisors will contact the school and provide them with a list of students whose paperwork has been submitted this school year for fee payment. Parents will be responsible to pay for any school deposits the students may need as those funds are returned to the parent at the end of the year.

The assistance funds are from two sources:

### Johnson O'Malley (JOM)

Eligibility requires financial need on the part of the parents. In cases where students incur educational expenses that the family cannot financially provide, JOM funds are used. Under this grant the student must be a member of or at least 1/4 degree Indian blood, be 3-years-old through grade 12, live on RSIC lands and attend a school in Washoe County School District. Appropriate documentation shall include a copy of the Certificate of Degree of Indian Blood or a enrollment card.

RSIC Tribal Funds will assist a RSIC Tribal member or any WCSD student who resides on the RSIC. Housing composition may be required for verification.

New Infinite Campus forms must be filled out every year for advisors to check on students.

The student, and family, has the

responsibility to wake up early and take the free bus transportation provided by the school district. Should there be an occasion where the student should "miss" the bus, the education department will provide up to three rides to school per year. If you need a ride, call Reno Education at 329-6114 or HV Education at 785-1310.

Tutoring at both Reno and HV locations started on Aug 18, Monday through Thursday, after school until 5 pm.

### Hidden Elementary

Back to School BBQ, Aug. 26, for 4-6<sup>th</sup> grade, 4:30-6:30 p.m.

### Vaughn Middle School

Family Transition Night, Sept. 4, 6- 7:30pm.

### Jesse Hall Elementary

Parent Night for Kindergarten, Aug. 26, 6 p.m.

Balloon Launch, Sept. 1

5th Grade Tie Dye Fundraiser, Sept. 8-12

Picture Day, Sept. 18

## Poetry by Norman T. Zuniga

I write to incite,  
( to arouse to action, stir up,  
rouse, impel, provoke, excite, spur,  
goad (on), persuade, influence, induce,  
taunt, activates, inspirit, coax, motivate,  
prompt, inspire, etc.)

I write to incite,  
i fight, it's my  
birthright; I snipe---  
i snipe, i howl, i swipe, i nap,  
i yowl! i flip, i flop, i slip, i stop

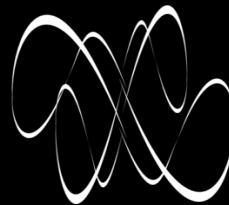
( hey look at me, I'M all over ....)

I'm all over--  
I'm everywhere, then nowhere--  
Have you ever been there? I've no hair.  
I'm dead, a rotting corpse returning to dust  
Whence it came, I've no name, no game or fame,  
And this is how I shall remain, forever UNCHANGED.

( On Lost Innocence.....)

We adults are frantically seeking to reclaim ours;  
Bars are what we have around our hard hearts.  
Your Love is pristine, pure warm winter white-ness  
Sooo.....simple, supernaturally cool, totally out-of-site,  
Dude! To minutely momentarily recapture that blissful state  
NIRVANA.....  
A peacefilled paradigm.

.....BE CHILDLIKE



If you would like to contribute to Zuniga's quest to publish his poetry, please leave a voicemail message at (775) 560-7554 or (775) 303-7512.



# Children Learn Lifesaving Information, Build Social Skills

## *Students Graduate, Enjoy Drug Abuse Resistance Education*

Ninety-eight grade school aged children recently successfully completed the Reno-Sparks Indian Colony's Summer Youth D.A.R.E. program.

D.A.R.E., which stands for Drug Abuse Resistance Education, teaches students good decision-making skills to help them lead safe and healthy lives.

"This strengthens the partnership between the police and the community in preventing and responding to crime and violence," said Officer Angelo B. Hafalla, the RSIC's D.A.R.E. instructor. "That is the relentless mission of the Reno-Sparks Indian Colony Police Department to continually explore solutions, deter violence, stop crimes, increase community involvement, and respond to the community's needs to improve the safety, welfare, and the quality of life of our community."



**Put It There** — One of the ninety-eight RSIC youth to graduated from D.A.R.E., receives a certificate from Officer Hafalla.

A D.A.R.E. instructor in Indian Country for over 10-years, Hafalla said that the RSIC youth, separated by grades (first through third and fourth through sixth) participated in five, 45-minute-long classes throughout the summer.

With the theme, "Taking Charge of Your Life," this year's program culminated with a graduation ceremony that included guest speakers, RSIC Chairman Arlan D. Melendez and Emergency Services Manager David Hunkup.

"You must always do your part," Chairman Melendez told the larger group of students in Hungry Valley. "Besides wanting to keep our youth safe, we have to keep our elders safe, too, so be aware."

Hunkup took the opportunity to remind the students how important it is to know their street address and even rehearsed a mock emergency phone call to 911 with the students.

"There are natural disasters and human caused," Hunkup said. "You have to be prepared for both, so know your address."

The core component of D.A.R.E. is to prevent drug use in elementary, middle, and high school students.

In addition, advocates contend that D.A.R.E. improves social interaction between police officers, students, and schools. D.A.R.E. is the most prevalent



**Always Learning** — Through D.A.R.E., youth learn good decision-making skills to help them lead safe and healthy lives.

substance abuse prevention program in the United States, and is very popular with kids and parents.

According to its website, today more than 15,000 D.A.R.E. officers and deputies are in over 10,000 communities nationwide.

The D.A.R.E. program was launched in 1983 by the Los Angeles Police and Unified School districts.



**Well Done** — A proud D.A.R.E. graduate displays her certificate of achievement after she successfully completed the summer program.

# RECREATION

## 2014 FALL EVENTS & ACTIVITIES



### UNR FOOTBALL TICKETS

UNR HOME GAME TICKETS \$10.00 PER ADULT ENROLLED RSIC TRIBAL MEMBER  
2-TICKET MAX PER MEMBER

• SOUTHERN UTAH 8/30	FREE FOR KIDS 10-17 yrs.old SIGN UP AT RECREATION
• WASHINGTON STATE 9/5	FREE FOR KIDS 10-17 yrs.old SIGN UP AT RECREATION
• BOISE STATE 10/4	FREE FOR KIDS 10-17 yrs.old SIGN UP AT RECREATION
• COLORADO STATE 10/11	\$10.00 each FOR ENROLLED RSIC MEMBERS
• SAN DIEGO STATE 11/1	\$10.00 each FOR ENROLLED RSIC MEMBERS
• FRESNO STATE 11/22	\$10.00 each FOR ENROLLED RSIC MEMBERS
• Free limited parking tickets available for ALL games(sign for them @ HVRC)	

Tickets will not be sold for the first 3 home games.

As a reminder, all RSIC Recreation sponsored events/activities are strictly for the enjoyment of the RSIC membership/residents, please refrain from any misconduct or misuse of this privilege.

Tickets can be purchased at the RSIC Finance department Monday-Friday 8am – 5:30pm.

**Fall Break Day Camp OCTOBER 6th~10th**  
**Rollerkingdom...Carson Valley...Swim...Movies**

**TRICK OR TREAT NITE**  
**HV 10/21 MASQUERADE POWWOW**

**RENO 10/23 HAUNTED HOUSE**

**SIX FLAGS**  
**FRIGHT FEST TRIP**  
**SATURDAY OCT. 18**  
**MORE INFO COMING SOON!**

**CAUTION!**

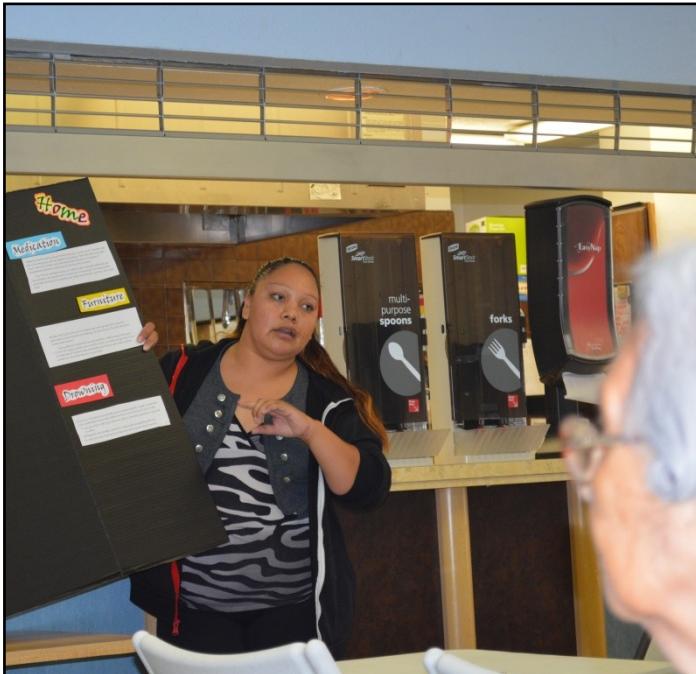
**ANNUAL GYM CLOSURES**  
Due to floor maintenance  
Both gymnasiums will be closed to all events, check outs, and activities.

REOPEN FOR REGULAR BUSINESS  
SEPTEMBER 22<sup>ND</sup>

Rec *youth co-ed basketball* program accepting registration for 2014-15 season for 1st-3rd grade; 4th-6th grade & 7/8 grade division. Also... **volunteer coaches needed.** For more information, please call 329-4930 or 785-1360.

# In & Around: Reno-Sparks Indian Colony Community

*Good advice, all star athletes, big fan, training for effectiveness*



**Safety First** — Giving an injury prevention presentation at the Reno-Sparks Indian Colony Senior Center, former RSTHC staffer Samantha Tom explains to a room full of elders the importance of home safety, especially if small children are near.



**Catching The Coach's Eye** — Kiyla and Autumn Dick earned all star awards from the University of Nevada's Women's Basketball Head Coach, Jane Albright, during the Wolfpack's girl's basketball camp. The camp was held at the beginning of August on the University's campus.



**Living Legend** — A.C. Green, Jr., retired from the National Basketball Association having played in more consecutive games (1,192) than any other player in NBA history, made a special trip to greet youth from the Reno-Sparks Indian Colony during the LA Sparks' American Indian Appreciation Night at the Staples Center. Nicknamed the "Iron Man," Green is big fan of WNBA All Star Game Most Valuable Player, Shoni Schimmel.



**There's No Place Like Home** — FirstPic, a subcontractor of Housing and Urban Development (HUD), provided a Native American Housing Assistance and Self Determination Act "Essentials" seminar last month. In addition to the Reno-Sparks Indian Colony's Housing Department staff, several members of the Housing Advisory Board and members of the Tribal Council attended the two-day training.

# In & Around: Reno-Sparks Indian Colony Community

*School preparation, strengthening neighborhoods, exercise craze, community alert*



**Back To School** — Chandler, "Channy" and Chesney Sampson proudly display their newly acquired school supplies, compliments of the RSIC Education Department. Chesney is a third grade student at Hidden Valley Elementary while her big brother is a sophomore at Wooster High.



**All Smiles** — Reno-Sparks Indian Colony youth successfully completed the D.A.R.E. training this summer during the Colony's Recreation Department Day Camp. RSIC Tribal Police Officer, Angelo Hafalla said that the program strengthens the partnership between the police and the community.



**Heart Healthy** — Dozens of adults dedicated several weeks to Zumba, an exercise class which combines fun and exercise. Zumba is taught in 180 countries to over 15 million people and is billed as starting the dance-fitness revolution. At the Reno-Sparks Indian Colony, Zumba classes are offered in Reno and in Hungry Valley and taught by Harlan Malone.



**Surprise!** — This rattle snake that recently was captured behind a house on Prairie Moon Lane in Hungry Valley. RSIC Emergency Services Director David Hunkup reminds residents to use caution on hot days, check under your car in case a reptile is seeking shade. Be careful when hiking and when lifting rocks, wood and other possible cover sites where snakes might be.

# Spectacular Community Gateway Nears Completion

*One-of-a-kind metal art work links neighborhoods, serves as identifying feature*

Rehabilitation work on the pedestrian bridge, located at the intersection of East Second Street and Reservation Road, which joins two neighborhoods of the Reno-Sparks Indian Colony, is nearing completion.

The addition of metal artwork creates a spectacular community gateway that portrays the Paiute, Washoe and Shoshone cultural heritage of the RSIC. The area also has been thoughtfully landscaped and the concrete pillars and walkways have been painted.

Designed by nationally-known artist Eric Powell, the artwork makes a cultural statement and adds a sense of pride to the Colony's community as it helps build a better understanding and respect for the beliefs and traditions of the RSIC.

This maintenance free, one-of-a-kind project was funded primarily by two grants: a transportation art grant from Nevada Department of Transportation and a second matching grant from the Bureau of Indian Affairs.

The artwork was completed in December of 2012 and is in keeping with the RSIC's vision to focus on long-term neighborhood improvements which benefit members, residents, businesses and visitors.

The pedestrian bridge

spans a busy, five-lane arterial street.

Prior to the selection of Powell, twenty-one other artists expressed interest by submitting their professional portfolios for consideration. The Tri-Basin Cultural Committee served as the art judging panel and also provided input throughout the entire planning process to assure that it reflected Great Basin culture and tradition.

In addition, community input was gathered through surveys and meetings to identify accurate themes for the artwork.

For example, the metal panels include symbols like a pine nut cone which traditionally sustained the Great Basin Indians; the animals such as the coyote and the eagle which are prominently featured in many Native American stories; the geographic landmarks like the Truckee River which has been a culturally significant natural resource, and the plants like the sunflower which was another major food source for the Indian people.

The maintenance-free,



**Major Beautification** — RSIC Public Works staffers Jeremy Hightower and Cyrus Davis did the landscaping work around the pedestrian bridge which links the two neighborhoods over Second

Cor-Ten architectural steel is meant to change color or patina which as a natural tarnish forms through oxidation.

RSIC tribal members Steve Nighthawk and Melissa Melero served as collaborating artists, while Terrence Tobey, PE, a member of the Pyramid Lake tribe, provided the professional engineering plans and specifications.

Reno Iron Works installed the panels onto the bridge using several Native workers.

*More photos on next page*

# The Pedestrian Bridge: Before And After

*New contrasting paint, trim, plants, decorative rocks, greenery, plus love, labor*



## Invitation To Be Heard

*Indian Housing Plan available for community review*

*Submitted by Tom Dressler,  
RSIC Housing Director*

At the next Reno-Sparks Indian Colony Housing Advisory Board meeting, which will be held on Monday in the Hungry Valley Community Center at 6 p.m., community members will have an opportunity to express their ideas, thoughts, opinions and views on the Indian Housing Plan during the public comments portion of the board meeting.

What is the Indian Housing

Plan?

The Indian Housing Plan (IHP) is the tool which

tribes use to plan the activities that they will undertake in the coming year.

It is the one requirement that tribes must meet in order to claim their Indian Housing Block Grant (IHBG) allocation for that fiscal year.

The IHBG is an annual allocation from the Department of Housing and Urban Development (HUD), provided for the purposes of affordable housing activities to participating tribes.



*CONGRATULATIONS  
Maya Dunn*

*...on being chosen as captain of the junior varsity cheerleading squad for Spanish Springs High.*

*We are all so proud of you...Keep reaching for the stars. We know you can achieve whatever you put your mind to.*

*Love, Mom,  
Brothers, Grandmas, all of your Aunties, Uncles, Cousins, and Friends*



# Buy Buffalo Meat

Purchase bison meat, prepared or in bulk orders of half, whole, or quarter. Try this delicious bison, now on the menu at the RSIC Senior Center.

Item	Price per Pound	Packaging
Bison Burger	\$8.50/lb	2lbs/package
1/4lb Burger Patties	\$8.75/lb	4 per package
Chuck Roast	\$9.00/lb	1 per package
Rump Roast	\$9.00/lb	1 per package
Sirloin Tip Roast	\$9.00/lb	1 per package
Ribeye Steak	\$16.50/lb	1 per package
New York Steak	\$15.00/lb	1 per package
Sirloin Steak	\$12.00/lb	1 per package
Tenderloin Steak	\$25.00/lb	1 per package
Short Ribs	\$6.25/lb	1 per package

## Buffalo Spirit Ranch

196 Emigrant Trail #7  
Spring Creek, NV 89815  
775-744-2720 or 775-934-2466  
[buffalospiritranch@yahoo.com](mailto:buffalospiritranch@yahoo.com)



## JOIN TAI CHI



Tai Chi: Moving for Better Balance is an evidence-based program proven to reduce falls and improve fitness!

© Anne Clark.

### What will you learn?

- Balance skills
- Good body alignment
- Coordinated movements in a circular and flowing motion

### Who should attend?

- Older adults who are:
  - Able to walk (canes and walkers are ok)
  - Interested in improving balance, flexibility, and strength

### Who facilitates Tai Chi: Moving for Better Balance?

- Injury Prevention Coordinator
  - Is certified to instruct Tai Chi by Master Tai Chi instructor, Robert Nations, through Safe and Active Communities
  - Is motivated and passionate

Monday and Wednesdays 12-1pm

Class begins June 16<sup>th</sup>, 2013  
Reno-Sparks Senior Center

Tai Chi: Moving for Better Balance Classes is held for 60 minutes, 2 days a week for 12 weeks.

To sign up contact Carrie Brown at 775-329-5162 ext. 1928

## Colony Christian Fellowship

Come & worship with us at Colony Christian Fellowship  
phone: 324-0324

Sunday morning services.....11 a.m.  
Adult Sunday School.....10 a.m.  
Children's Sunday School.....11 a.m.  
Adult Bible Study.....Wednesdays at 11 a.m.  
Women's Bible Study....Thursdays at 11 a.m.  
Men's Bible Study.....Saturdays at 8 a.m.  
Communion, Every first Sunday of the month

## Hungry Valley Christian Fellowship

Come & worship with us at Hungry Valley Christian Fellowship Sunday morning services at 10:30 a.m.

Rev. Augustine Jorquez 425-5886

## Victory Outreach Reno

### Native W.I.N.D.S

### (Warrior Impacting Nations, Disciplining Soldiers)

Every Tuesday at 7:30 p.m., HV Community Center  
Fun, food, fellowship in faith for the whole family!



*Psalm 122:1  
A Song of degrees of David.  
I was glad when they said unto me,  
Let us go into the house of the LORD.*

## Women's Talking Circle

Mondays, Hungry Valley-TLC Facility, 6-7 p.m.

Sept. 1, Oct. 6, Nov. 3 & Dec. 1

Tuesdays, RSIC-Women's Circle Office, 6-7 p.m.

Sept. 2, Oct. 7, Nov. 4 & Dec. 2



Jennifer Katenay, RSIC tribal member, is the group facilitator and will be holding group meetings monthly.

All Talking Circle group meetings are open to all victims of domestic violence and anyone who may have an interest in domestic violence awareness.

**Confidentiality and respect** for each participant is **ONE RULE** that must be followed in all meetings.

For more information, please call Dorothy McCloud, WCP Coordinator, at (775) 324-4600



# Reno-Sparks Tribal Health Center PHARMACY

Hours - Monday-Friday 8 AM - 5PM\*

\*Wednesday afternoon closure does not apply to the Pharmacy

Submitted by  
Steve Douglas, RPh, Pharmacy Manager  
*adapted from Reuters Health*

## Opioid Overdose Deaths Skyrocket In Women

American women are dying from prescription drug overdose at historically high rates, the Centers for Disease Control and Prevention announced in July of 2013.

Between 1999 and 2010, the increase in deaths from prescription opioid pain relievers increased more than four times for women, compared to two-and-a-half times for men, according to an analysis of national data sets.

In addition, for every woman who died of a prescription painkiller overdose, 30 went to the emergency department for painkiller misuse or abuse.

"Mothers, wives, sisters, and daughters are dying from overdoses at rates that we have never seen before," said Dr. Tom Frieden, CDC director. "The increase in opiate overdoses and opiate overdose deaths is directly proportional to the increase in prescribing of painkillers."

Prescriptions for opioid pain relievers such as hydrocodone, oxycodone, and oxymorphone "are increasing to an extent that we would not have anticipated and that could not possibly be clinically indicated," Frieden said.

This shows the importance of reserving prescriptions of opioid pain relievers for situations such as severe cancer pain where they can provide important and essential palliation said Frieden.

"But in many other situations, the risks far outweigh the benefits," Frieden said. "Prescribing an opiate may condemn a patient to lifelong addiction and life-threatening complications."

For analysis, CDC researchers used data from the 1999-2010 National Vital Statistics System and the 2004-2010 Drug Abuse Warning Network to analyze rates of fatal overdoses and ER visits related to drug use or misuse among women.

In 2010, 15,323 deaths among women were linked to drug overdose, for a rate of 9.8 per 100,000 population.

Between 1999 and 2010, 47,935 women died of opioid pain reliever overdoses. Over that time period, the percentage increase in deaths related to opioid pain relievers was 415% for women and 265% for men.

Rates for all drug overdose deaths were highest among women aged 45-54 years (a rate of 21.8 per 100,000 population).

The researchers also reported that in 2010, women made 943,365 ER visits for drug misuse or abuse, a rate of 601 per 100,000 population.

The highest ER visit rates

were for cocaine or heroin (147.2 per 100,000), benzodiazepines (134.6 per 100,000) and opioid pain relievers (129.6 per 100,000). ER visit rates among women for all drugs tended to be highest among those aged 25-34 years.

Compared with men, Dr. Frieden said that women are more likely to have chronic pain, to be prescribed painkillers and other medications, to be given higher doses, and to use them for longer time periods.

It may be that some of the most common forms of pain are more prevalent among women than men such as abdominal pain, migraines, and musculoskeletal pain according to Frieden.

He advised doctors to talk with patients about the risks and benefits of taking opioid pain relievers and to follow guidelines for responsible prescribing such as screening and monitoring patients for substance abuse and for mental health problems, and for using prescription drug monitoring programs to identify patients who may be improperly using prescription painkillers.

Frieden also called on states to improve and implement prescription drug monitoring programs.



# Reno-Sparks Indian Colony

## Education Department, Language & Culture Program

### Language & Culture Events | Sept. 2014

## Language Classes

Beginner level Paiute, Shoshone, and Washoe language classes are resuming for our third 8-week series. The interactive classes will run through September and October and will include games, songs, and immersion activities. Also, join us for Seniors' Language Classes, held the first week in September.

Language	Beginner Level Language Classes	Seniors Language Classes
Paiute <i>Numu</i>	<b>Dates:</b> Tuesdays Sept. 2, 9, 16, 23, 30, and Oct. 7, 14, & 21 <b>Time:</b> 6-8pm <b>Instructor:</b> Thalia Dick <b>Location:</b> 34D, Conference Room	<b>Date:</b> Tuesday, Sept. 2 <sup>nd</sup> <b>Time:</b> 12:30-1:30pm <b>Location:</b> Seniors <b>Instructor:</b> Thalia Dick
Washo <i>Washeshu</i>	<b>Dates:</b> Wednesdays Sept. 3, 10, 17, 24, and Oct. 1, 8, 15, & 22 <b>Time:</b> 6-8pm <b>Instructor:</b> TBA <b>Location:</b> 34D, Conference Room	<b>Date:</b> Wednesday, Sept. 3 <sup>rd</sup> <b>Time:</b> 12:30-1:30pm <b>Location:</b> Seniors <b>Instructor:</b> TBA
Shoshone <i>Newe</i>	<b>Dates:</b> Thursdays Sept. 4, 11, 18, 25, and Oct. 2, 9, 16, & 23 <b>Time:</b> 6-8pm <b>Instructor:</b> Florence Millett <b>Location:</b> 34D, Conference Room	<b>Date:</b> Thursday, Sept. 4 <sup>th</sup> <b>Time:</b> 12:30-1:30pm <b>Location:</b> Seniors <b>Instructor:</b> Stacey Burns

## Cultural Event

### Native American Day Celebration

Come celebrate Native American Day with RSIC! The Celebration will include family activities, followed by the Pride March, dinner, and headlining acts for our evening entertainment.

**Date:** Friday, Sept. 26<sup>th</sup> **Time:** 3:30 – 9:00pm **Location:** Reno Gym

## Youth Cultural Activity

### Pow Wow Club

#### Dance Classes (Thanks Recreation & Clinic!)

**Reno | Dates:** Monday, Sept. 1<sup>st</sup>, 15<sup>th</sup>, & 29<sup>th</sup> **Time:** 6 – 7pm

**Location:** Reno Gym

**HV | Dates:** Monday, Sept. 8<sup>th</sup> & 22<sup>nd</sup> **Time:** 6 – 7pm

**Location:** HV Gym

#### Regalia Making Classes (Thanks Recreation & Clinic!)

**Reno | Dates:** Wednesday, Sept. 3<sup>rd</sup> & 17<sup>th</sup> **Time:** 6 – 8pm

**Location:** Seniors

**HV | Dates:** Wednesday, Sept. 10<sup>th</sup> & 24<sup>th</sup> **Time:** 6 – 8pm

**Location:** HV Gym



Contact Information: Teresa Melendez, Language & Culture Coordinator

401 Golden Lane, Reno, NV 89502 | [tmelendez@rsic.org](mailto:tmelendez@rsic.org) | (775) 785-1321

Everyone is invited! If you are interested in learning about Great Basin life ways, then you are welcome to attend. Children must be accompanied by an adult.



# September 26, 2014



# Native American Day

**Native Pride March**



**Dinner**



**Entertainment**



**Vendors**

**Contests & Door Prizes**

**Volunteers needed for cooking, serving and set up!**

**Raffle Prize & Door Prize donations will be greatly appreciated!**



**Contact Information:**

**Vendors—Jean Wadsworth (775) 329-4930**

**Volunteers—Teresa Melendez (775) 785-1321**

**General Info, Prizes & Donations—Adriana Gutierrez (775) 785-1320**

# A World Without Violence: Coaching Boys Into Men

## *Eight ways to teach boys about healthy, nonviolent relationships*

*Submitted by Dorothy McCloud,  
Women's Circle Coordinator*

The boys in your life need your time and energy.

Your son, grandson, nephew, younger brother—they all need you to help them grow into healthy young men.

Boys are swamped with influences outside of the home—from friends, the neighborhood, television, the internet, music, and the movies to everything they see around them.

They hear all kinds of messages about what it means to “be a man” -- that they have to be tough and in control.

There are numerous conflicting, harmful messages being given to boys about what constitutes “being a man” in a relationship.

Boys need your advice on how to behave toward girls.

Boys are watching how you and other men relate to women to figure out their own stance towards girls.

So, teach boys early and teach them often that there is no place for violence in a relationship.

Below are eight ways to coach boys into men:

### **#1 Teach Early**

It is a medically known fact that from ages of 0-5, children do their most learning.

This is when their “Life Map” is being created. Who they become will show what they

have seen, heard, or witnessed as children.

### **#2 Be There**

Spend time with your child, even if it is just for an hour or two. Just being with them is crucial. Children want a male presence around them, even if few words are exchanged.

### **#3 Listen**

Hear what your child has to say. Listen to how he and his friends talk about girls. Ask him if he has ever seen abusive behavior in his friends. Is he worried about any of his friends who are being hurt in their relationships? Are any of his friends hurting anyone else?

### **#4 Tell Him How**

Teach your child ways to express his anger without using violence.

When he gets mad, tell him he can walk it off, talk it out, or take a time out. Try to give him examples of what you might say or do in situations that could turn violent.

### **#5 Bring It Up**

A kid will never approach you and ask for guidance on how to treat women. Try watching TV with your child or listening to his music. If you see or hear things that depict violence against women, tell him what you think about it.

When it is the time for dating, remind him that treating girls with respect is important.

### **#6 Be A Role Model**

Fathers, coaches and any

man who spends time with boys or teens will have the greatest impact when they “walk the walk.”

Deal with people with respect when you are driving in traffic, talking with customer service reps, in restaurants with waiters, and with your family around the dinner table.

He is watching what you say and do and takes his cues from you—both the *good* and the *bad*.

### **#7 Teach Often**

Help your child work through problems in relationships as they arise. Let him know he can come back and talk to you at anytime. Use every opportunity to reinforce non-violent relationships.

### **#8 Be A Founding Father**

Show him how important the issue of violence against women and children is to you.

*(Excerpts from Family Violence Prevention Fund: Picturing a World without Violence)*

To join the Family Violence Prevention Fund and become a Founding Father, log onto: [www.endabuse.org](http://www.endabuse.org)

*This project is supported by Grant No. 2012-TW-AX-0051, awarded by the Department of Justice, Office on Violence Against Women. Points of view in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.*

Please join us



**September 24, 2014**  
**12:00pm - 6:00pm**  
**Reno-Sparks Tribal Health Center**

# Circle of Parents SUPPORT GROUP

NEW TIME: 4:00PM

@ The Reno-Sparks Tribal Health Center,  
2nd Floor Behavioral Health Dept.

EVERY OTHER MONDAY, STARTING JUNE 9TH, 2014

OPEN TO ALL PARENTS OR PARENTS TO BE. IMPROVE YOUR PERSONAL SKILLS AND GROW AS A PARENT. IMPROVE YOUR RELATIONSHIPS WITH YOUR CHILDREN AND CO-PARENT(S).

Example of topics: communications skills, making good choices, discipline, responsibility, problem solving, peer pressure, consequences, the value of chores.

Any questions please contact  
Michelle Katenay @ 329.5162



Light refreshments will be served

The family of *Tellivan Demarce* "Telly," would like to thank everyone who came to support us during our loss this past May. We thank the Colony Tribal Council for their generosity for expenses and assistance by Robin Eagle, Verna Nuno and Robert Sampson who designed the handouts for the services. We thank the Social Services, Public Works, Arlan Melendez for officiating the services. Thanks to James and Toby Stump for their songs with their drum along with the ladies and gentleman who sang at the graveside. Thanks to all who helped out cooking the meal at the Hungry valley Gym and everyone else.

Marylou ShortHorn  
Stewart Demarce



# WALFEST RAFFLE

## \* RAFFLE \*

**FIRST PLACE \$300.00 in cash...**

**and other prizes**

**TICKETS \$1.00 ea or 6 for \$5.00**

**Drawing held Saturday, October 4th**

**at 6:00 pm**

**Tickets on sale now!**

**For more info. Call Wiggle 842-1385**

Over 50 Local & Visiting Vendors • Native & Non-Native American

17TH ANNUAL

# FALLFEST

CRAFT FAIR

2014

OCTOBER 3RD & 4TH

RENO-SPARKS INDIAN COLONY, GYMNASIUM

34 Reservation Road • Reno, NV (Off 395/580 So. Freeway)  
Glendale Ave. or Mill St. exits

DOORS OPEN  
10AM to 7PM

Jewelry • Beadwork • Arts & Crafts  
Baked Goods • Raffle • Food & Fun!

FREE ADMISSION • FREE TRICK OR TREAT BAGS

**INDIAN TACOS WILL BE SOLD**

More Info: Ramona Darrough 775.842.1385 OR 775.425.3561  
(Message)

# Thank you



Cake Walk on Youth Nite

RSIC Community, Departments, and Tribal Leaders for your cooperation, participation, and generosity. Every year the Annual Praise Festival is different. Yet every year there is an added component to make it better for next year. The horseshoes, volleyball, and interactive bounce house along with praise and worship featuring Navajo artist Poetic Truth (search reverbnation.com) created a fun and inspiring time. I am grateful to the bands, volunteers, and musicians who are faithful in making this happen. This event is not just for entertainment but spiritually uplifting and transforming. The Bible states God inhabits the praises of His people.

You may have noticed a large group of young people wearing yellow shirts. Who were they? They were "On Eagles Wings"

Native Youth team ages ranging from 17-25. Every summer a group of fifty-five Native youth representing over thirty tribes visit reservations to share their personal "Hope stories" play basketball Challenges, interact with the youth, and have fun giving away prizes & free food. RSIC was blessed to host them. While OEW were here, they ministered as well to Nixon and Wadsworth communities. **OEW was very impressed with how polite, respectful, and willing to participate the young people and kids were behaving.** They do not always see this on other reservations they visit or live in. This could not be accomplished without the prayers, support, and guidance of the community.



Whip Cream Challenge  
Four Winds Park

## Special acknowledgements

- *Recreation Staff*
- *Public Works Staff*
- *Education Staff*
- *Tribal Police*
- *Summer Foods program*
- *Tribal Council*
- *Reno Colony Church*
- *HV Christian Fellowship – (Facebook us for upcoming events)*

Personally, I have thanked numerous individuals for bringing smiles and good memories to the children's faces in a good way. If I unintentionally not thanked you for your contribution, Thank you and blessings on you. It was everyone working together that made this so positive and fun!

TO GOD BE THE GLORY IN THE KNOWLEDGE OF CHRIST JESUS BY THE LEADING OF THE HOLY SPIRIT,

*REV. AUGUSTIN JORQUEZ  
PASTOR HUNGRY VALLEY CHRISTIAN FELLOWSHIP  
COORDINATOR OF HV PRAISE FESTIVAL/ OEW VISIT*

# Legal Notices, Public Announcements

## *Committee member opportunities, construction warning, job announcement*

### ENROLLMENT DEPARTMENT

1933 Prosperity Lane, RENO, NV 89502

#### 2014 RENO-SPARKS INDIAN COLONY ENROLLED MEMBERS:

Please remember to provide the Enrollment Office, with your change of address, Court Order for Name Change, Court Order for custody of minor children, paternity documents, Marriage Certificate, Divorce Decree and documented changes in Blood Degree.

The documents are necessary to ensure accuracy in records maintained within the Enrollment Office.

Each year we ask for the information prior to the Christmas allowance distribution.

Thank you,  
Sheila Katenay, Enrollment Officer

#### Enrollment Committee:

Robert Sampson, Chairman  
Albert Hernandez, Vice-Chairman  
Michael Ondelacy, Secretary  
Josephine Astor, Committee Member  
Darlene Gardipe, Committee Member  
Sylvia McCloud, Committee Member  
Marilyn Melendez, Committee Member

The Enrollment Committee meets the first Monday of each month at: 1933 Prosperity Lane, Reno, NV 89502.

### Audiology Services Update

I'd like to provide a status update on Audiology services. As you know, recent attrition has led to a decrease in staffing of the Audiology program to one audiologist (from a normal staffing of four) resulting in the temporary suspension of all field clinics.

We are making progress on the hiring of new candidates and may potentially be able to fill all three vacancies: one tentative offer has been accepted by a candidate and two other candidates have been selected.

If all the candidates clear the hiring process, training and orientation can start mid-Sept/early-October and limited training travel to field service units can start Jan 2015, though some remote sites may be delayed until Spring due to weather conditions.

We are continuing to reach out to the Service Units to provide us with information on the number of patients needing audiology services so that we can determine the new travel schedule and strategize on how to best meet your needs going forward.

Please continue to direct status inquires to me in order to free up the audiology staff to run clinics and conduct training.

Thank you,  
LCDR Julianne Kim, MD, USPHS  
Director, Professional Services  
Phoenix Indian Medical Center  
602-263-1200 x 1735

### Community Service Assignments

I have a ready and willing workforce to lend a helping hand to any Reno-Sparks Indian Colony department or community member who would like assistance completing any job or task necessary.

It could be odd jobs around the yard, cleaning, moving, anything you have been wanting to get done. There is no job too big or small.

Please contact 477 Case Manager Allyson Shaw at (775) 329-6114 for details and to put in your requests.

### IN THE RENO-SPARKS TRIBAL COURT IN AND FOR THE RENO-SPARKS INDIAN COLONY RENO, WASHOE COUNTY, NEVADA

#### PUBLIC NOTICE

Notice is hereby given that the Petitioner, Margaret E. Jackson, who is an RSIC Tribal member, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV-NC-2014-0034, praying that said Court enter an Order changing the present legal name of Margaret E. Jackson to the name of Margaret Elizabeth Mack, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900, Prosperity Street, Reno, NV, within ten (10) days after publication of this notice.

Dated this 30th day of July, 2014

Henrietta A. Tobey  
Clerk of Court  
Reno-Sparks Tribal Court  
1900 Prosperity Street  
Reno, NV 89502

#### PUBLIC NOTICE

Notice is hereby given that the Petitioner, Charisse Capricia Foster, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV-NC-2014-0033, praying that said Court enter an Order changing the present legal name of Charisse Capricia Foster to the name of Charisse Capricia Abbie, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900, Prosperity Street, Reno, NV, within ten (10) days after publication of this notice.

Dated this 30th day of July, 2014

Henrietta A. Tobey  
Clerk of Court  
Reno-Sparks Tribal Court  
1900 Prosperity Street  
Reno, NV 89502

# Jenae Deidra Melendez

*It seems like just yesterday you were just a kid starting school...now you're a confident young lady who received your high school diploma.*

*It's been our joy to watch you grow and achieve so much these past four years. Hope you know how proud we are and how much we love you.*

*Congratulations and wishing you all the best at Colorado State University of Denver (CSU) in the fall.*

*Lots of Love,  
Auntie Madge & Uncle Carman Smith  
& Tobey Towing*



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## Fall Daycamp

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 <b>Roller Kingdom</b> Both Facilities Depart @ 12:30	7 <b>Get Active</b> Reno and Hungry Valley will stay at their own sites.	8 <b>Swimming @ Carson Valley</b> Both Facilities Depart @ 10am <b>Bring a Sack Lunch</b>	9 <b>Get Active</b> Reno and Hungry Valley will stay at their own sites.	10 <b>Century Theaters</b> Both Facilities Depart @ 12:30

THIS SCHEDULE IS SUBJECT TO CHANGE WITH OR WITHOUT PRIOR NOTICE DUE TO UNFORESEEN CIRCUMSTANCES.

**PARENTS:**

*\*recreation will no longer transport children from RENO to HV or from HV to RENO.*

**DAY CAMP HOURS:** Daycamp starts at 12:00 and ends at 4:00. (Unless otherwise noted) Both centers will be open at 9:00am.

**DAY CAMP AGE REQUIREMENT:** children must be 6-17 yrs old to attend. All teens are encouraged to attend all day camp activities.

**PERMISSION SLIPS:** Your child must have a 2014 permission slip on file **BEFORE** attending the activities. If your child has not yet done so, please contact the Recreation Dept. ASAP.

**TRANSPORTATION:** PLEASE TAKE NOTE OF PICK UP TIMES...HV Rec. vans will pick up at bus stops 30 minutes before departure time and 12:00 on facility days. The school bus will depart on time from both facilities.

Please make sure your child wears appropriate clothing and shoes for each day's activity and weather.

*If you have any questions feel free to contact the HV Gym 785-1360 after 9:00am.*

**Swimsuits are required on ALL swim days! A dry change of clothes and towel is also recommended. The bus drivers do not want the kids getting back on the bus wet!**

Reno-Sparks Indian Colony  
 Senior Program - MENU  
 34 Reservation Road  
 Reno, NV 89502  
 775-329-9929



Monday	Tuesday	Wednesday	Thursday	Friday
1 HOLIDAY - Closed Labor Day NO lunch served or delivered	2 Chef's Salad+* Breadstick Tomato Wedge+ Mandarin Oranges* 	3 Red Ground Turkey and Rice Burrito Refried Beans Lettuce & Olives* Kiwi and Banana*	4 BBQ Ribs Sweet Potato Fries+* Watermelon*	5 Brunch Cream of Wheat Wheat Toast Boiled Egg Tomato and Cucumber Salad+* Low Fat Yogurt V-8 Juice *+
8 Pork Chop Egg Noodle Mixed Vegetables+* Pears*	9 Minestrone Soup+* Egg Salad Sandwich Lettuce, Tomato+ Fruited Jell-O*	10 Shredded Chicken Quesadilla Black Beans and Corn Mix* Mixed Berries*	11 Beef and Broccoli+* Jasmine Rice Pineapple* Fortune Cookie	12 Brunch Whole Grain Pancakes Turkey Sausage Cherry Tomatoes+ Cantaloupe*
15 Lemon Salmon Rice Pilaf* Brussels Sprouts+* Pears* 	16 Commodities Sack Lunch PB & J Sandwich Green Salad+ Orange* Baked Lays Trail Mix	17 Chicken with Angel Hair Pasta Spinach* and Tomatoes+ Peas* Fruit Cocktail*	18 Birthday BINGO Turkey Meatloaf Mashed Potatoes* Broccoli and Carrots*+ Apricots*+ 	19 Brunch Ham Scramble Bagel Tomato Wedge+ Bell Pepper Slices+* Grapes*
22 Turkey Lasagna French Bread Steamed Carrots+* Peaches*	23 Beef Stew+ Pan bread Dark Green Salad+* Tomato Wedge+ Kiwi* and Strawberries*	24 Pork Roast Egg Noodles Green Beans+ Honey Dew*	25 Brunch Raisin Bran Cereal Boiled Egg Carrot and Raisin Salad+ Berry-Yogurt Cup* v-8*+	26 HOLIDAY - Closed National Native American Day No lunch served or delivered
29 Bison Patty Macaroni and Cheese Broccoli and Cauliflower* Peaches*	30 Chicken Salad Sandwich Lettuce*, Tomato+ Sun Chips Fruited Jell-O*	* Vitamin C - Daily + Vitamin A - 3 X Week 1% Milk - Served Daily 	Reminders 1) call to cancel home meal delivery by 10:00 a.m. 2) dogs must be tied up for meal delivery 	

**N** Non senior meals are \$4.00 each  
**N**o to-go meals, all meals purchased  
**t**o be consumed at the senior center  
**e** No outside food or drinks allowed

Senior Center Serving Times  
 Monday - Thursday 11:30 am - 12:45 pm  
 Brunch 10:30 am - 12:45 pm

Reno-Sparks Indian Colony  
 Senior Program - Activities  
 34 Reservation Road  
 Reno, NV 89502  
 775-329-9929

# SEPTEMBER

Movie trips: We do not pay for 3D, IMAX movies or concessions, only for admission for regular movies at both locations.

Due to limited transportation,  
 you must sign up in advance



Monday	Tuesday	Wednesday	Thursday	Friday
1 HOLIDAY Labor Day Closed NO lunch served or delivered	2 12 pm Injury Prevention Presentation 12:30 Paiute Language Class	3 12:30 Washo Language Class 1 pm Errand Day Shopping, Bill Pay, Thrift Store	4 11:30 am Blood Pressure Check 12:30 Shoshone Language Class	5 8:30 am Open Crafts 10:30 am Brunch
8 1 pm Senior Advisory Committee Meeting	9 12 pm Tribal Police Presentation 5:30 pm Night <b>POT LUCK</b> 	10 12 pm Nutrition Presentation 	11 11:30 am Blood Pressure Check 1 pm Library Trip 	12 8:30 am Open Crafts 9 am Respite Caregivers Support Group Meeting 10:30 am Brunch
15 Food Pantry Delivery Crafting 1 pm Wood burning	16 Commodity Day Sack Lunch	17 3 pm Galaxy Theater Movie 	18 12:30 pm Birthday 	19 8:30 am Open Crafts 10:30 am Brunch
22 11:30 am Blood Pressure Check  1:30 pm Century Theaters Parklane Movie 	23 Lake Tahoe Swim Picnic Day  8 am - 4 pm *Bring a towel, swim suit, chair, sunglasses, & hat 	24 1 pm Errand Day Shopping, Bill Pay, Thrift Store	25 10:30 am Brunch	26 Holiday Closed National Native American Day No lunch served or delivered
29 Crafting 1 pm Fall Wreaths 	30 Carson Hot Springs  8 am - 12 pm * Bring a water bottle, towel & swim suit. Back in time for lunch at senior center 		<p><b>Sept 27 Sat - Genoa Candy Dance 9 am - 3 pm</b>  <b>Lunch provided - Limited seats, sign up early.</b>  <b>Bring your own spending money.</b></p> 	

Don't forget to check out <http://rsic.org/senior-activities-and-menu/> for daily activities and the menu for the RSIC Senior Program.

# Drought Causes Call for Conservation

*Water Authority taps emergency reserves supply*

Provided by Public News Service

**Reno, Nev.** - The severity of Nevada's ongoing drought has prompted the Truckee Meadows Water Authority to call upon its thousands of customers in Reno, Sparks and Washoe counties to conserve water.

Mark Foree, general manager of the Truckee Meadows Water Authority, says the lack of water has forced his agency to tap its emergency "drought reserves" water supply for the first time in 20 years.

"We are really focusing on outdoor irrigation, and the

reason is during this time of year three times more water is used outdoors than indoors," Foree said. "So, that is why we are really focusing on outdoor water use."

The Truckee Meadows Water Authority is asking its 94,000 customers to reduce outdoor irrigation by at least 10 percent, and to avoid watering between 11 a.m. and 7 p.m.

Foree said cutting back on outdoor watering should be simple since most irrigation systems have timers which can be adjusted.

Foree adds the water

authority is requesting "voluntary" water conservation since its customers have a history of complying with previous water saving efforts during periods of drought.

"This community has always pitched in when we have asked," Foree said. "It has been a long time since we've had to ask, but 20 years ago when we asked for conservation, we got the conservation we were looking for."

Foree said about 90 percent of the Reno-Sparks water supply comes from Lake Tahoe and the Truckee River. He hopes a heavy snowfall this winter will help restore water levels, but if not, he warns water conservation efforts will likely intensify.



**Jumping For Joy** — In addition to attending a WNBA basketball game which featured Shoni Schimmel playing at the Staples Center located in Los Angeles, the thirty-plus Reno-Sparks Indian Colony youth visited the Santa Monica Pier and Boardwalk. The children saw the beautiful Pacific Ocean, enjoyed an amusement park and carousel, and had the opportunity to fish off the pier. The photo above and those on page 12 were provided by the RSIC Recreation staff.