



# THE CAMP NEWS

VOLUME XII ISSUE 4

April 30, 2017

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

## Tribes, Elected Officials, Community Celebrate Lands Act

*On Earth Day, Hungry Valley land expansion marked as milestone*

Last week, leaders from the tribes involved in the Nevada Native Nations Land Act, elected officials, Reno-Sparks Indian Colony staff, and community members gathered at the Hungry Valley gym to celebrate the return of 71,000 acres of ancestral lands.

Spearheaded by the RSIC Planning Department, the two gatherings allowed for reflection about the history and the connection to the land each of the six tribal nations maintains.

"The Creator God has greatly blessed us and lifted our spirits," RSIC Chairman Melendez told an intimate group of dignitaries and later shared with a crowd of about 200. "We must give thanks to everyone who helped fulfill our vision for generations to come."

Chairman Arlan D. Melendez outlined the 100 year history of the acquisition of 20 acres of what is now the heart of the Colony, and that the successful passage of the Nevada Native Nations Land Act (NNNLA) will positively change the future for all generations.

"Expanding our land base will

not only strengthen our sovereignty, but it gives us greater opportunity," Chairman Melendez said.

The day included public recognition for the Nevada national congressional delegation: Congressman Mark Amodei, Senator Dean Heller, former Senator Harry Reid, plus their respective staffs.

In addition, Chairman Melendez praised the work of George Waters and Chris Lambert, the tribe's Washington D.C., consulting services.

"Our tribes were very

fortunate have our lobbyists, George and Chris, assisting," Chairman Melendez said.

He also had great praise for Scott Nebesky, the RSIC Director of Planning.

"Scott was really the coordinator, or the 'cat herder' as I called him for all the Nevada Tribes," Chairman Melendez said.

To show their appreciation, the RSIC gifted the congressional delegation, Waters, and Nebesky hand crafted spiritual and cultural items made

*Continued on page 4*



**Strength From Our Ancestors** — "Celebrating the Return of Our Ancestral Land" culminated with a round dance with all those in attendance, elected officials including the six tribes involved with the Nevada Native Nations Land Act, as well as community members from Hungry Valley.

*Photo by Amheric Hall*

# NATIONAL NATIVE AMERICAN VETERANS MEMORIAL



The Honorable Arlan D. Melendez  
Chairman  
Reno-Sparks Indian Colony



Smithsonian  
Institution

Kevin Gover  
Director  
National Museum of the American Indian

cordially invite Native veterans and community members to a discussion  
about the National Native American Veterans Memorial

**Monday, May 1, 2017**  
**10:00 a.m. – 12:00 p.m.**  
**lunch to follow**

**Reno Sparks Tribal Health Center (RSTHC)**  
**1715 Kuenzli Street**  
**Reno, NV 89502**

The National Museum of the American Indian has been  
authorized by Congress to create a memorial honoring the service  
of Native Americans in the armed forces of the United States.

Led by the Honorable Ben Nighthorse Campbell (Northern Cheyenne)  
and the Honorable Jefferson Keel, Lieutenant Governor of the  
Chickasaw Nation.

RSVP to [NMAI-RSVP@si.edu](mailto:NMAI-RSVP@si.edu)

[AmericanIndian.si.edu](http://AmericanIndian.si.edu)

War bonnets adorn uniform jackets at a Ton-Kon-Gah (Kiowa Black Leggings Society)  
ceremonial near Anadarko, Oklahoma, 2006. NMAI

Native Americans have a long, honorable tradition  
of service and sacrifice in the US military.

**140,000** Living Native American veterans

**44,000** Native American servicemen  
and women in World War II

**31,000** American Indians and Alaska  
Natives active in the US armed  
forces today

Congress authorized the National Museum of the  
American Indian (NMAI) to create a memorial on the  
grounds of the museum in Washington, DC, so that  
all Americans may learn of this proud and courageous  
tradition.

**2016-17** NMAI conducts consultations  
nationwide to gather input

**2020** Anticipated dedication of the  
National Native American Veterans  
Memorial in Washington, DC

Visit [www.AmericanIndian.si.edu](http://www.AmericanIndian.si.edu) for additional information  
and to learn more about gatherings in your area.

## Deadlines, Mailing List

### *The Camp News Profile*

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the RSIC Public Relations Department and duplicated and distributed by RSIC Administration Front Office.

### SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

### CONTACT OUR STAFF

E-mail your submissions to [smontooth@rsic.org](mailto:smontooth@rsic.org) or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

### CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

### ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: [www.rsic.org](http://www.rsic.org) and PDFs of our publication are available.

## Important MAY dates

- 1 Veterans Town Hall with National American Indian Museum, RSTHC, 10 a.m.  
Education Advisory Committee meeting, Education Conference Room, Noon  
Senior Advisory Committee meeting, Senior Center, 1 p.m.  
Enrollment Advisory Committee meeting, Enrollment Office, 5:30 p.m.
- 3 Senior Numa (Paiute) Language Class, RSIC Senior Center, 12:30 p.m.  
Prevent T2 Diabetes Class, RSTHC, 5:30 p.m.  
Law & Order Committee Meeting, Tribal Court, 6 p.m.
- 4 Great Basin Native Artist Opening, Gorman Museum, Davis, Calif., 4 p.m.
- 6 Keep Truckee Meadows Beautiful Great American Cleanup, Eagle Canyon Rd. 8 a.m.
- 10 Senior Numa (Paiute) Language Class, RSIC Senior Center, 12:30 p.m.  
Prevent T2 Diabetes Class, RSTHC, 5:30 p.m.
- 12 2<sup>nd</sup> Annual Tamano Craft Fair, Reno Gym, 10 a.m.  
Mother's Day Raffle, Senior Center, 12:30 p.m.
- 13 2<sup>nd</sup> Annual Tamano Craft Fair, Reno Gym, 10 a.m.
- 14 Mother's Day Bingo, Hungry Valley Rec Center, Noon
- 15 Native Wellness Talking Circle, Tribal Court Building, 1 p.m.  
Executive Health Board meeting, RSTHC, 5:30 p.m.
- 16 Commodity Distribution, Senior Center, 8 a.m.
- 17 Senior Numa (Paiute) Language Class, RSIC Senior Center, 12:30 p.m.  
Prevent T2 Diabetes Class, RSTHC, 5:30 p.m.  
Tribal Council Meeting, 34 Reservation Road, 6 p.m.
- 19 Reno-Sparks Indian Colony Cleanup, Anderson Park, 8 a.m.
- 22 Housing Advisory Board Meeting, Housing Office, 6 p.m.  
Baby Moccasin Making Class, Hungry Valley Rec, 6 p.m.
- 24 Archives & Records Open House, 15A Reservation Rd., 4 p.m.  
Prevent T2 Diabetes Class, RSTHC, 5:30 p.m.
- 25 FINAL Middle & High School After-School Tutoring, Education Offices, 2 p.m.  
FINAL Elementary After-School Tutoring, Education Offices, 2:30 p.m.
- 26 Last Day of Head Start  
Picaso for Mom, Reno Gym, 6 p.m.
- 29 Memorial Day, RSIC Offices Closed  
RSIC Veterans Remembrance, Mountain View Cemetery, 9 am.  
RSIC Veterans Remembrance, Hungry Valley Cemetery, 11 am.
- 30 Baby Moccasin Making Class, Hungry Valley Rec, 6 p.m.
- 31 Senior Numa (Paiute) Language Class, RSIC Senior Center, 12:30 p.m.  
Prevent T2 Diabetes Class, RSTHC, 5:30 p.m.  
Economic Development Meeting, 34 Reservation Road, 6 p.m.

Check: <http://www.rsic.org>  
for updates/changes on comprehensive calendar



*Continued from front cover*

by Paiute and Shoshone elder, Genevieve “Jinny” Dick, who resides in Coleville Calif. Dick, designed, wove, and beaded these heirlooms baskets with patriotic themes, including the United States flag and a Bald Eagle as well as themes inspired by Mother Earth.

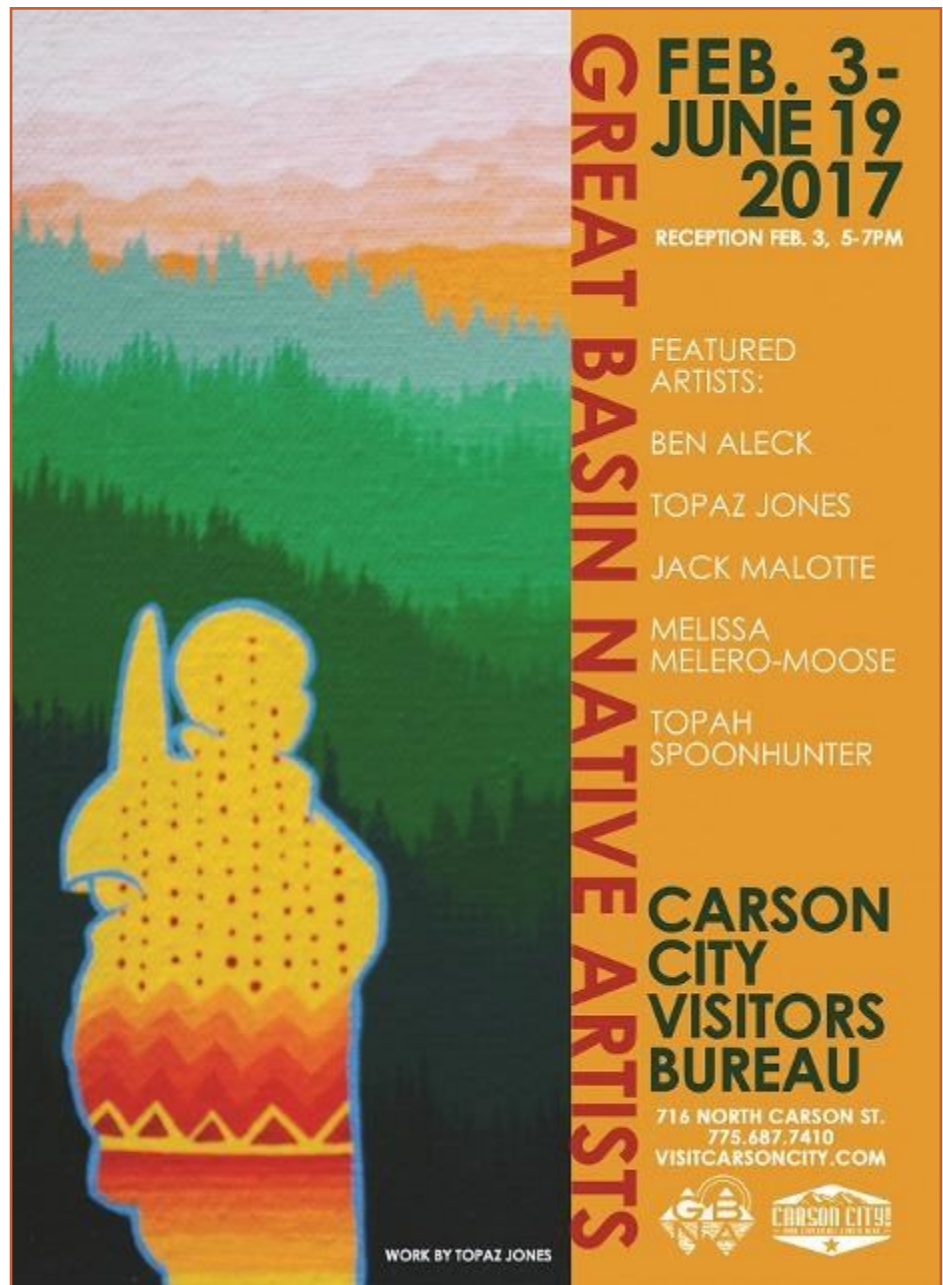
To thank the staffs of Congressman Amodei, Senator Heller and Senator Reid RSIC elder, Ralph Thomas crafted beautiful silver pieces---gentlemen’s pins, ladies earrings, and a key chain --- to represent the State of Nevada, while Lambert was given a beaded a bolo tie created by Jessica McCloud, also an RSIC tribal member. McCloud incorporated three traditional symbols of the Paiute, Shoshone, and Washoe people---pine nuts, rabbit ears and willows, into the tie.

Also, to mark the milestone, each of the other five tribes—the Duck Valley Shoshone Tribe, the Duckwater Shoshone Tribe, the Fort McDermitt Paiute Shoshone Tribe, the Pyramid Lake Paiute Tribe, and the Summit Lake Paiute Tribe were presented with a framed copy of the Nevada Native Nations Land Act.

Other tribal members contributed to the day’s festivities.

Tribal elder Margret Emm provided a traditional blessing. Dressed in pow wow regalia, Chesney and Ayden Sampson

*Continued on page 5*



The poster features a vertical title "GREAT BASIN NATIVE ARTISTS" in large, bold, red letters. To the left of the title is a stylized illustration of a person in traditional Native American regalia, including a yellow and red patterned tunic and a yellow headdress. The background of the poster is a landscape with green hills and a sunset sky. On the right side, the dates "FEB. 3- JUNE 19 2017" are displayed in large, bold, black letters. Below the dates, the text "RECEPTION FEB. 3, 5-7PM" is written. Further down, the "FEATURED ARTISTS:" are listed: BEN ALECK, TOPAZ JONES, JACK MALOTTE, MELISSA MELERO-MOOSE, and TOPAH SPOONHUNTER. At the bottom right, the "CARSON CITY VISITORS BUREAU" is mentioned, along with the address "716 NORTH CARSON ST.", the phone number "775.687.7410", and the website "VISITCARSONCITY.COM". Two logos are at the bottom right: "GIB" and "CARSON CITY VISITORS BUREAU". The text "WORK BY TOPAZ JONES" is at the bottom left.



## Upcoming Cleanups & Earth Day Celebration

May 6	Keep Truckee Meadows Beautiful Great American Cleanup on Eagle Canyon Road
May 19	RSIC Colony Cleanup
Sept 23	Keep Truckee Meadows Beautiful River Cleanup

signed the Lord's Prayer, and the Pyramid Lake Veterans and Warriors Organization posted and retired the colors.

The highlight of both celebrations brought almost everyone in attendance to their feet. Thanks to the rhythm of Battle Chief Singers, nearly the entire room joined in a traditional round dance.

As the earlier celebration included many non-Native guests, the luncheon emcee, John Oceguera, explained the importance of dance.

"For us, music and dance have always been essential to our spiritual and social lives," Oceguera said. "Ceremonial and social dancing remains a vital part of contemporary Native American life and everywhere dance is found, it is accompanied by distinctive Native music, songs and drums."

The force was palpable.

"Today's event was powerful," said Michon R. Eben, the RSIC Cultural Resource Manager/THPO. "Our ancestors visualized these great strides for us and we will continue to follow their visions."



**Thank You** — The Battle Chief Singers performed an honor song for all the tribal leaders, elected officials, staff members and special guests. *Photo by Amheric Hall*

## Tribal Council Outlines Land Use

*Neighborly, peaceful activities ok'd in Hungry Valley*

The Reno-Sparks Indian Colony Tribal Council will allow certain uses by the public of the 13,343 acres the tribe recently reacquired under the Nevada Native Nations Land Act.

With a priority on better land management, the RSIC Tribal Council passed a resolution which allows for nondestructive, peaceful uses of the lands such as hiking, bicycling, horseback riding, day parking of vehicles in designated areas, geocaching, and cross country running, without the need of a permit.

"We want to establish good relationships with the whole community," said Chairman Arlan D. Melendez. "Though we expected a longer time frame to transition the management of the land with the Bureau of Land Management, our goal is to inform and work closely with our neighbors as we manage our land in Hungry Valley."

In addition, the RSIC leadership restated unacceptable activities on the land including: dumping, target shooting, random discharge of firearms, hunting, camping without a permit, camp fires and other fires, use of fireworks, disturbance of cultural sites, and use of alcohol.

Furthermore, the Colony will allow all-terrain vehicles (e.g., quads, utility terrain vehicles or motorcycles) only to pass through the land on a designat-

ed route to outside use areas, and will allow these all-terrain vehicles on certain established trails within a designated areas in the Hungry Valley addition, adjacent to Spanish Springs.

A map with those designated areas will be posted soon on the RSIC website: [www.rsic.org](http://www.rsic.org) and at the existing kiosks on those lands.

"We appreciate the patience and understanding of the general public as we take the necessary steps to allow the land to recover and heal due to overuse from multiple activities," Melendez said. "We have identified a number of priorities and our staff will be working on these so we can better manage our land."

This management plan includes designating emergency access and evacuations routes, completing an exterior boundary survey in coordination with BLM, installing information signage, inventory of environmental and cultural resources, and development of a transportation plan.

All uses will be considered again by the Tribal Council before Dec. 31, 2017.

"Our resolution allows us to monitor the land, reevaluate, modify or extend this policy," Chairman Melendez said.

Early in the planning stages of the land act, emphasis was put on the creation of a safety

*Continued on back cover*

# Baby Moccasin Making Class

Monday May 22, 2017 and

Tuesday May 30, 2017

Hungry Valley Recreation 6:00 p.m. -8:00 p.m.



\*ALL MATERIALS WILL BE PROVIDED

Sponsored by the RSIC Education Department

**Call to reserve a spot, limited seating**

The CLASS WILL BE A TWO PART SERIES.

FOR ALL LEVELS OF SEWING.

CHILDREN MUST BE ACCOMPANIED BY AN ADULT.

For more information please contact Language & Culture

Stacey Burns [sburns@rsic.org](mailto:sburns@rsic.org) 775-785-1321



# 2017 Honoring Our Students



**Elizabeth Hardin**

## Social Pow Wow

**We will forever be  
known by the tracks  
we leave behind us...**

**Congratulations  
Class of 2017**

**\*Light Refreshments Served\***

**When: Thursday June 15, 2017**

**Where: Anderson Park/Reno Gym  
34 Reservation Road**

**\*\*Weather Permitting/ Bring Chairs\*\***

**Time: 6:00 p.m. – 8:00 p.m.**



**Chandler Sampson**

**Mc: Hank Johnson**

**Arena Director: Sam Johnson**

**Head Drum: Young Chief**

**Headman Graduate:  
Chandler Sampson**

**Headwoman Graduate:  
Elizabeth Hardin**

**Sponsored by The  
Reno-Sparks Indian  
Colony Education  
Department**



# Future Spaghetti Bowl Design, Construction Studied

*Outdated, overused highway bypass to be update, severe impact at RSIC likely*

Anyone who has used the Interstate 80/Interstate 580 interchange, or the Spaghetti Bowl, knows that this area is the Achilles' heel of Reno – Sparks roadways.

Originally constructed between 1969 and 1971 for a metropolitan population of about 130,000 people, the interchange now sees about 118,000 vehicles daily on I-80 just west of the Spaghetti Bowl, while another 102,000 travel U.S. 395 just north of the interchange, according to the Nevada Department of Transportation (NDOT).

The Washoe County Consensus Forecast, a written report of projected population, forecasted growth rate exceeding state and national averages through 2030. According to this same report, the population of Washoe County is projected to be 548,159 people in 2036.

The number of collisions at the Spaghetti Bowl nearly doubled in the last five years, growing from 598 crashes in 2011 to 1,060 in 2015.

Additionally, someone was injured in a crash near the interchange almost every day in 2015.

These alarming statistics compelled Nevada Governor Brian Sandoval to emphasize, during his 2017 state of state address, the need for safety measures for the interchange.

*Continued on page 9*

## Tribal representation at NDOT public meetings

*Feedback on construction still being accepted*

The Nevada Department of Transportation recently held two public information meetings regarding the Spaghetti Bowl Project. The goals of the events were to solicit public input on appropriate measures to reconstruct the I-80/I-580 interchange to accommodate the future travel demands for the area.

According to materials disseminated at the meetings and now posted on-line, NDOT along with the Federal Highway Administration (FHWA), in cooperation with the Regional Transportation Commission (RTC), desire to complete the necessary National Environmental Policy Act (NEPA) process and design studies to determine appropriate measures to reconstruct the interchange.

NDOT believes the benefits will include increased safety, improved functionality of interchanges, decreased congestion and accommodating interchange capacity demands.

About 24 people including Reno-Sparks Indian Colony members, Tribal Council members, and staff attended and participated in the public information meeting.

In addition to an NDOT presentation and a question and answer session, attendees were allowed to make oral statements to a court reporter or to provide written comments which will be included in the written record as the project moves forward. Elected officials for the tribe spoke to the issue.

"As a member of the Reno-Sparks Indian Colony, we are very concerned that this project will have a negative impact on our community," said RSIC Treasurer Vena Nuno. "We are concerned that construction will harm Walmart which is a large part of our tribal economic development."

Nick Johnson, the project manager for NDOT and moderator of the meeting, not only thanked Nuno for her feedback, but followed up by saying that those are the kinds of details and information needed.

In addition, last month the RSIC received an invitation from NDOT/FHWA to be a cooperating agency (CA). FHWA also asked the RSIC to participate in government-to-government consultation on the Spaghetti Bowl project. As part of the process, the RSIC Tribal Historic Preservation Office received a letter from NDOT to review and comment on the project.

Based on a CA's knowledge or expertise, it will identify issues of concern and provide meaningful and timely input throughout the environmental review process.

Public comments on the project will be accepted until 5 p.m., on Friday, April 28. Concerned citizens can email comments to [info@dot.nv.gov](mailto:info@dot.nv.gov) or share the information with RSIC Planner Scott Carey, who will submit all feedback to NDOT.





**Traffic Snarl** — Originally constructed between 1969 and 1971 for a metropolitan population of about 130,000 people, the Spaghetti Bowl interchange now sees a daily averages of 118,000 vehicles on I-80 just west of the Spaghetti Bowl while another 102,000 travel U.S. 395 just north of the interchange, according to Nevada Department of Transportation (NDOT). Future designs and reconstruction will have a major impact on the Reno-Sparks Indian Colony as the reservation is accessed by two of the closest exits, 2nd and Glendale streets and Mill street, to the interchange. **File Photo**

*Continued from page 8*

So, NDOT and the Federal Highway Administration (FHWA), in cooperation with the Regional Transportation Commission (RTC) will be proposing improvements, specifically to reconstruct the interchange, to accommodate the future travel demands in Washoe County.

According to project's website, the plan is expected to increase safety and improve operations for both current and future traffic needs.

However, for citizens and community members of the Reno-Sparks Indian Colony, this potentially \$500 million project which is projected to be designed by 2020 and constructed by 2030, might mean smoother highway traffic patterns, but the reconfiguration of nearby exits might negatively

impact the Tribe as well.

"For over 100 years, the Reno-Sparks Indian Colony has worked to improve the quality of life for its Tribal members and to develop a self-sufficient economy," said Chairman Arlan D. Melendez. "Our tribal members rely on the East 2nd street and Glendale avenue interchange to access their homes and to obtain government and health care services."

Chairman Melendez explained that a closure or change in access to these critical exits / entries could negatively impact the tribal members' ability to access areas off the reservation for employment and personal needs.

He said that increased traffic would cause a domino effect increasing traffic on Golden lane and Reservation road

through established neighborhoods, educational and government facilities.

Moreover, Chairman Melendez noted that regional partners along with the RSIC have spent millions of dollars to redevelop and improve former blighted properties near the current Spaghetti Bowl. These improvements have helped advance local government plans and development goals, and federal policies toward tribes.

"The East 2nd street, Glendale avenue interchange provides critical access for customers visiting Tribal Enterprises and businesses like our smoke shops and Walmart at Three Nations Plaza," Chairman Melendez said. "Any temporary disruption for businesses during

*Continued on page 11*



**KEEP TRUCKEE MEADOWS BEAUTIFUL**

**KTMB's GREAT COMMUNITY CLEANUP**

help keep our community beautiful

sign up to volunteer @ [ktmb.org](http://ktmb.org)

**Sat. May 6, 2017 | 8am - noon**  
A volunteer picnic will follow the cleanup!

2017 SPONSORS & PARTNERS

**TRUCKEE RIVER FUND**  
Enhancing and protecting our water resources

Bureau of Land Management | Forest Dept. | Nevada Department of Wildlife | Nevada Department of Public Safety | Nevada Department of Transportation | Nevada Department of Health & Human Services | Nevada Department of Education | Nevada Department of Agriculture | Nevada Department of Conservation | Nevada Department of Parks & Recreation | Nevada Department of Public Safety | Nevada Department of Transportation | Nevada Department of Health & Human Services | Nevada Department of Education | Nevada Department of Agriculture | Nevada Department of Conservation | Nevada Department of Parks & Recreation

(775) 851-5185 | [ktmb.org](http://ktmb.org) | [staff@ktmb.org](mailto:staff@ktmb.org)

## The Keep Truckee Meadows Beautiful (KTMB), GREAT AMERICAN CLEANUP (GAC) will be Saturday May 6<sup>th</sup>, 2017!

This yearly event is specific to the cleanup of the open space areas of RSIC Lands only! The RSIC Community is encouraged to be a part of this opportunity to partner with KTMB and other volunteers to clean up RSIC lands!

RSIC Environmental Program will be at Mile Marker 1 as the main point of contact for this site cleanup along Eagle Canyon Rd.

All cleanup supplies such as tools, trash bags, gloves, etc., will be provided and please bring your own water bottle for water fill up!

**Saturday May 6, 2017 8-12 pm**

***Mile Marker 1 (end of the guard rail), above Spanish Springs Highschool on Eagle Canyon Rd.***

***A volunteer appreciation lunch will follow after the cleanup!***

Please contact the RSIC Environmental Program for more information 775-785-1363

**THANK YOU!**

## SPARTAN RACE LAKE TAHOE 2017 CALLING FOR TEAMMATES

# TAHOE

Call or email by May 5 if you are interested in building a team for the race held in late September.

**Michael Ondelacy 775.560.8440 or [mondelacy@rsic.org](mailto:mondelacy@rsic.org)**



construction activities will negatively impact our tribal government revenues.”

Chairman Melendez said that this construction along with the final design, could have a significant, long-term impact on tribal employment and future employment, which are directly tied to tribal revenues.

However, the planning design, as well as future construction for the Spaghetti Bowl requires compliance with the federal law, the National Environmental Policy Act (NEPA).

NEPA requires federal agencies including the FHWA, to assess the environmental effects of a proposed project prior to making decisions.

It establishes a framework for environmental review and ensures public and agency participation in the process.

Finally, the federal process is intended to help agencies like NDOT and RTC, consider

environmental consequences and avoid, minimize, or mitigate environmental impact. The NEPA process for the Spaghetti Bowl project began in March and is expected to continue through May 2020.

Indian Country has great concern as to the environmental impacts to the earth; but the negative social and economic impacts are just as important.

According to the United States Environmental Protection Agency (EPA), the range of actions covered by NEPA is broad and includes making decisions on permit applications and constructing highways and other publicly-owned facilities. The possibility of fast-tracking through the NEPA has already been suggested.

In January, a board member for NDOT asked whether the state might escape those intensive environmental studies under an executive order signed by United States President Donald Trump. The board member said that the

intent of that order was that all public projects would be exempt from the environmental process.

However, NDOT Director Rudy Malfabon said that he doubts the Spaghetti Bowl could be exempted because of "significant issues with the river and tribal lands..." as Interstate 80 goes over the Truckee River and the freeway passes right next to the Reno-Sparks Indian Colony.

Malfabon also told the *Northern Nevada Business Weekly* that federal money will finance up to 90 percent of the project and bonds should cover the rest.

Malfabon and NDOT Senior Project Manager Nick Johnson outlined seven goals for the improvements which include:

1. **Accelerated Delivery:** *Complete NEPA in 3-and-a-half years or less*
2. **Long Term Relief:** *Develop ultimate project to meet 2040 demands*
3. **Public Support:** *Secure endorsement from local governments and a favorable opinion from the public*
4. **Right-of-Way:** *Minimize displacements*
5. **Safety:** *Prioritize project based on eliminating/reducing high accident areas*
6. **Operations:** *Create interchange system fully functional and easily navigable within project limits*
7. **Aesthetics:** *Enhance the community's driving experience through visually appealing improvements to the project area*



**Last Exit to The Colony** — The Nevada Department of Transportation has begun the process to redesign the Spaghetti Bowl. For more information about the project can be found at: [ndotspaghettibowl.com](http://ndotspaghettibowl.com)

File Photo



# 2<sup>nd</sup> Annual Tamano Craft Fair

- Tamano means Spring in the Paiute Language -

## **Date Change**

**May 12-13, 2017**

**34 Reservation Road (Reno Gym)**

**Reno, NV 89502**

*(Off Interstate 395, take Mill Street or Glendale Off-Ramp on Westside)*



**Open 10 a.m. – 6 p.m.**

*(Both Days)*

**Come and support our local and surrounding area  
Native Craft Vendors!**



- |  |                   |
|--|-------------------|
| - Beaded Items                                 | - Native Blankets |
| - Native Jewelry                               | - Baked Goods     |
| - Native Artwork                               | - Handmade Quilts |
| - Books & Music, and many one-of-a-kind items! |                   |

**INDIAN TACOS will be sold!**

---

*Vendors interested in reserving a booth space or for more information,  
contact Joanne at (775) 442-3939 or via e-mail: [tamanocraftfair@gmail.com](mailto:tamanocraftfair@gmail.com)*

# RECREATION SPRING EVENTS & ACTIVITIES



## WELCOME! NEW REC STAFF

**TERRY KEO:**  
Hungry Valley Gym

**HARLAN  
MALONE:**  
Hungry Valley  
Recreation Center



its that time again for

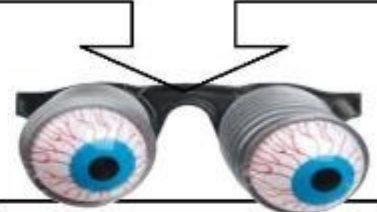


## **TBALL & BASEBALL REGISTRATION**

**please call VIC @ 329-4930  
for more information**

**SUMMER REC AIDES  
JOB POSTING COMING  
SOON!**

**KEEP YOUR EYES OPEN**



## RECREATION HOURS

**MON: 9AM-10PM  
TUES: 9AM-10PM  
WEDS: 9AM-10PM  
THUR: 9AM-10PM  
FRI: 9AM-6PM  
SAT: 9AM-6PM  
SUN: 9AM-6PM**

**CLOSED FOR DAY CAMP  
12-4PM  
FOR MORE INFO CALL  
329-4930/785-1360**

## **Picasso for Mom**

Friday, April 28th 6-8 pm  
Reno Colony Gym  
RSVP with Jason Hill  
at the RSTHC, 329-5162

*All participants will receive a gift bag  
to give Mom*

## **New Day Camp Permission Slips Needed for 2017**

**SUMMER DAY CAMP KICK  
OFF PARTY  
JUNE 12<sup>TH</sup>  
6PM-8PM**



**COME MEET THE  
RSIC RECREATION TEAM!!  
ANDERSON PARK  
FOOD & FUN 4 EVERYONE**

## **MOTHERS DAY BINGO**

HUNGRY VALLEY RECREATION CENTER

**SUNDAY MAY 14<sup>TH</sup> 12pm-3pm  
REFRESHMENTS WILL BE SERVED**



## **summer Day Camp June 19 ~ August 4**

As a reminder, all RSIC Recreation sponsored events/activities are strictly for the enjoyment of the RSIC membership/residents,  
please refrain from any misconduct or misuse of this privilege





REMEMBERING OUR PEOPLE...

**PLEASE JOIN US TO HONOR OUR  
RENO-SPARKS INDIAN COLONY VETERANS  
AND TO REMEMBER THOSE WHO HAVE  
GONE BEFORE US.**

MEMORIAL DAY – MONDAY MAY 29, 2017

9:00 A.M. – MOUNT VIEW CEMETERY  
(7<sup>TH</sup> STREET ENTRANCE)

11:00 A.M. – HUNGRY VALLEY CEMETERY

PICK-UP LOCATIONS FOR TRANSPORTATION

8:15 A.M.	34 RESERVATION ROAD
8:30 A.M.	98 COLONY ROAD
10:30 A.M.	NUMAGA LANE BUS STOP
10:45 A.M.	FANCY DANCE BUS STOP

Sponsored by the Reno-Sparks Indian Colony Veterans Committee



# Honoring Native American Veterans With DC Memorial

*Museum direct conducting consultation at Reno-Sparks Tribal Health Center*

---

Native Americans have served in the United States military in every major conflict since the Revolutionary War. In recent decades, they have served in greater numbers per capita than any other ethnic group.

The Smithsonian's National Museum of the American Indian (NMAI) has been charged by Congress with building a National Native American Veterans Memorial to give "all Americans the opportunity to learn of the proud and courageous tradition of service of Native Americans in the Armed Forces of the United States."

Working together with Native American organizations including the National Congress of American Indians, the museum has begun preliminary plans to construct this memorial in the next four years.

The service and sacrifice of Native American veterans spans nearly two and a half centuries of American history.

During World War II, over 44,000 Native Americans served in the U.S. military. Hundreds of Hopi, Navajo, Comanche, and other Native language speakers—Code Talkers—played a crucial role.

More than 42,000 Native Americans served during the Vietnam War.

Today, the U.S. Department of Defense estimates more than 24,000 American Indian and

Alaska Native men and women are on active duty, and more than 150,000 veterans self-identify as American Indian.

An advisory committee for the memorial has been formed, led by the Honorable Ben Nighthorse Campbell (Northern Cheyenne) and Chickasaw Nation Lieutenant Governor Jefferson Keel.

The group, composed of tribal leaders and veterans from across Native America, is assisting with outreach to communities and veterans and advising on plans for the memorial.

In the fall of 2020, the museum will launch a juried competition to select a design for the memorial.

---

***"...the NMAI has been charged with building a memorial to give all Americans an opportunity to learn the proud and courageous tradition of service of Native Americans..."***

---

The National Native American Veterans Memorial will be located prominently on the museum's grounds on the National Mall, between the Smithsonian's National Air and Space Museum and the U.S. Capitol.

The dedication ceremony is planned for Veterans Day 2020, to unveil the memorial and honor the immense contributions and patriotism of Native Americans in the U.S. Armed Forces.

The NMAI and the advisory committee are currently conducting consultations to share plans for the memorial and to seek input and support.

Such regional events bring together tribal leaders, Native veterans, and community members.

On Monday, May 1, the RSIC will host a consultation for the memorial at the Reno-Sparks Tribal Health Center, from 10 a.m. to noon.

Veterans and members of the community are invited to attend.

As Kevin Gover, Director of the National Museum of the American Indian, states, "As many more of these veterans' stories are known, people will begin to ponder that these people who had been so terribly wronged by the United States throughout history were nevertheless patriots and believed in the promise of the United States."

# Pinwheels for Prevention Serve to Remember Neglected

*Health center organizes day to reflect, realize long lasting damage to children*

In almost every instance, child abuse or neglect is a prerequisite for Native youth before they get tangled, often to no avail, in the juvenile criminal system.

According to the U.S. Office of Juvenile Justice and Delinquency Prevention, American Indian girls are a small fraction of the population, but they are over-represented in the juvenile justice system, whether they are living on or off the reservation.

In fact, Native American girls have the highest rates of incarceration of any ethnic group. They are nearly five times more likely than white girls to be confined to a juvenile detention facility, according to the *Washington Post*.

Thankfully, many youth advocates are working to change that.

This month, staff from the Reno-Sparks Tribal Health Center showed their public support for the prevention of child abuse and neglect by wearing blue and decorating the grounds of the health center and the downtown Colony's Head Start Center.

Joining a country-wide effort, the RSTHC Office of Community Health used pinwheels, a national symbol for child abuse and neglect, to remind passers by of the true essence of childhood---fun, whimsy, and innocence.

"By its very nature, the pin-



**Colorful Reminder** — To commemorate Pinwheels for Prevention, a national day of recognition to help promote the awareness and the prevention of child abuse and neglect, bright blue and silver decorations brightened up the Head Start and Child Care Centers. Organized by the Reno-Sparks Tribal Health Center's Community Health Division, staff members also wore blue to work to show their support.

wheel connotes the physical embodiment of the great childhoods we want for all children," said Cordelia Abel-Johnson, a community health nurse who organized the event at the RSTHC.

Pinwheels for Prevention, a national non-profit organization, coordinates a community-wide effort to provide information and resources to parents/caregivers, professionals, business partners and community leaders on how each person in our community can help contribute to preventing child abuse and neglect.

"It will take a community to stop or decrease child abuse and neglect," Abel-Johnson said.

A 2013 report by the Indian Law and Order Commission found that American Indian

children suffer post-traumatic stress disorder from abuse and neglect at the same rates of veterans returning from combat duty in the Middle East.

Two years later, the United States Department of Justice (DOJ) study, indicated that 58 percent of all American children had witnessed or been a victim of crime in the previous year.

Experts say that these types of adverse experiences – which can include abuse, neglect, or witnessing crime, parental conflict, mental illness, and substance abuse – are known as traumatic experiences, and they can lead to severe health and behavioral complications that can impact children throughout their lives.

*continued on page 17*

Continued from page 16

Young people who experience four or more traumatic events are three-times more at risk of heart disease or lung cancer, while those who experience six or more traumatic events are 30-times more likely to attempt suicide.

For Native children, these health risks are especially pointed – nationwide, suicide is the second leading cause of death among Native young people ages 10-34.

These alarming statistics led North Dakota Senator Heidi Heitkamp to spearhead the Commission on Native Children to study the complex issues Native children face—including the impact of historic trauma, and make recommendations to make sure children living in Indian Country get the protections, as well as economic and education tools to thrive.

“For too many children and

families—particularly those in Native communities—exposure to violence, crime, and abuse is manifested in severe health and behavioral consequences down the road, impacting themselves, their families, and their communities,” Heitkamp told *Foreign Affairs* last month. “we can shine a light on the adverse experiences well over half of American children have encountered, and that for too long have threatened the lives of Native young people and we can do it by making sure community professionals are prepared to support our families.”

In that vein, Heitkamp has introduced a comprehensive bill to tackle long-term impacts of trauma among Native children and families.

“My bill would help identify best practices to reduce the impacts of trauma to help make sure children and families no longer suffer in silence – and instead are supported by a network

of informed law enforcement officers, health care workers, and tribal and education specialists who recognize and treat exposure to trauma as the clinical condition that it is,” Heitkamp said.

One professional who knows first-hand the great need for a network of support for abused and neglected children is Dr. Tami DeCoteau, a Bismarck-based clinical psychologist specializing in trauma-informed care.

“Native children and families – especially those living in isolated rural or remote areas – are often among our country’s most impacted by trauma and historical trauma, yet are among the most underserved,” DeCoteau said. “By expanding the culturally informed resources and training available to Native communities, we can empower children and families with the healing practices and screening tools they need to better respond to early instances of trauma and mitigate their impact in years to come.”

To truly tackle trauma, both current and historic, we need an all-of-the-above approach, and Senator Heitkamp’s bill would work to make sure the full force of the federal programs, and local experts and professionals are working to support Native communities.”

On a local level, Adriana Botello, director of RSIC Humans Services said that there is a role for everyone in helping prevent child abuse and neglect.



**A Splash of Color** — Many staffers of the RSTHC wore blue on April 7 to support child abuse and neglect prevention awareness. Not everyone who wore blue made the photo, but the health care staff was proud to represent the entire effort.

Continued on page 18



Continued from page 17

"Everyone associated with the Colony can help prevent child abuse and neglect by simply following the mantra 'see something, say something,'" Botello said. "In Indian Country, we are such a close knit community in which everyone knows everyone. Formally sharing troubling information can be difficult, but our children's lives depends on it."

Abel-Johnson also empha-

sized taking advantage of help.

"It is important that parents know that there are resources available to help them deal with the pressures of being a parent," Abel-Johnson said.

Botello underscored that especially with child neglect, the RSIC Human Services staff exists to serve those who need help.

"We recognize that going outside an immediate family can be very, very difficult, but we

promise to keep focus on the best needs of our community's most venerable beings," Botello said. "We take the responsibility of confidentiality to heart."

Abel-Johnson echoed Botello's words.

"We say 'children are our future,' so everyone needs to protect them,'" Abel-Johnson said.

"Watching a child be abused and neglected is not a secret we can afford," reminded Botello.

# Mother's Day Raffle

Drawing May 12, Friday  
12:30 p.m. at the Senior Center

Tickets \$1.00 each  
purchase from Senior Advisory Committee members

Call Vicki Moore 775-425-8540  
Will also be at the senior center every Wednesday 11 am - 1 pm

Garden Basket, Beauty Basket, Exercise Bag,  
Spring Cleaning Basket, Car Wash Basket

*Happy Mother's Day*



# In & Around: Reno-Sparks Indian Colony Community

*Civic duty calls answered, senior search for eggs*



**Taking An Oath** – Marla Dressler was sworn in as a pow wow committee member on April 13 by RSIC Vice-Chairman Daryl. D. Gardipe.  
*Photo provided by Chairman's Office*



**Election Time** – Marla Dressler, Lydia Bonta and Lynette Sam took an oath of office to join the RSIC Election Committee administered by Vice-Chairman Daryl. D. Gardipe.  
*Photo provided by Chairman's Office*



**And They're Off** – Seniors and elders enjoyed an Easter Egg hunt in Anderson Park on a recent beautiful sunny day.

*Photo by Lydia Morris*



**Precision** – In many cultures around the world, the egg is a symbol of new life, fertility and rebirth.

*Photo by Lydia Morris*

# Ask Paul

**Client:** “I caught a domestic and the judge says I have anger issues.”

**Me:** “I’m a substance use counselor, why do you think we’re meeting?”

**Client:** “Because the domestic violence doctor said I was acting out because I was drinking. So he said I should see you. I drink because it relaxes me. I have stress.”

**Me:** “Is alcohol usually involved if you get into a fight or argument?”

**Client:** “Ya.”

**Me:** “A good behavioral health professional’s job is to know enough about the other specialists in our group to refer them to the most qualified person for the presenting problem.

So, an individual can work on multiple problems at the same time with different specialists. This is not a penalty. It’s a way to maximize your time and invest in your health. So, the doctor is using a team work approach to offer you optimal care.”

Have you ever wondered why people act and think differently when they drink alcohol and can even act out violently with the person he or she loves?

Native American elders recognize the power alcohol has. These elders call

alcohol “a mind changer” because many times alcohol or substance use changes a person’s mind and behaviors and sometimes the person acts out violently.

Ok, so how does alcohol or drug use change the person’s mind to act that way? Let’s break down the chemical structure of alcohol. The base compound is ethanol (ETOH). That’s right, the same as the gasoline additive or cleaning solvent. Different flavorings make for different taste, but this basic toxin (ETOH) makes people’s brain feel buzzed or funny or puts them in an altered state of reality.

Alcohol can impact the brain’s ability to assess different situations. The intoxicated person sees and feels amplified emotions with other people’s words or actions and personalizes other people’s actions as a threat or perceives he is being disrespected. Let’s say someone glances in the direction of the intoxicated person. The intoxicated person misinterprets this as staring them down. Or let’s say someone bumps into the intoxicated person accidentally or someone says something the intoxicated person doesn’t agree with. The intoxicated person becomes frustrated when he can’t verbally express himself, so he lashes out either verbally or physically. The intoxicated person isn’t in his right mind. He becomes self-centered and makes decisions based on his ego, not logic. He can go from gushy

loving to violent in a split second as his brain reacts impulsively - from, “I love you man” to “who do you think you’re talking to? You don’t know me.”

Also, alcohol blocks the person’s ability to think about what will happen next. The intoxicated person has a hard time recognizing the consequences of his actions. The normal fear of getting arrested, getting into trouble and/or having to repair relationships is minimized and so the person acts out to his impulses. When people are not under the influence they still have impulsive ideas, but they don’t act on these impulsive ideas. Normally people recognize they are responsible for their second thought and first action.

Speaking of base impulses impacted by alcohol, have you ever drank alcohol and “drunk dialed” (called an old boyfriend or girlfriend late at night) or danced a little more enthusiastically than normal after drinking alcohol at a holiday party?

If you have, you can recognize your normal and balanced behaviors were lost in a sea of impulses. Like Dr. Jekyll and Mr. Hyde your normal personality (Dr. Jekyll) was temporarily changed into the compulsive intoxicated personality (Mr. Hyde).

It’s the same part of the brain (prefrontal cortex) that is disabled when an intoxicated person fights or is aggressive. Imagine what life is



like for the person who has altered their mind by drinking daily? How about their family?

I hear many times that people use different substances to help with their anxiety or stress.

Remember, not all stress and/or anxiety is bad. Ask yourself if the anxious feeling is productive or nonproductive and why am I having this feeling. I'll explain.

Anxiety and stress many times are linked to a person's internal warning system that communicates with the person warning them of potential risky situations or danger. Depressants (like alcohol) shut down or dull this system.

Anxiety and stress helped us survive as humans. If a bear is chasing you, it's ok to feel some anxiety and stress. This normal reaction will release adrenaline and other chemicals internally and help you run fast. Remember you don't have to run faster than the bear, just the other guy.

Although we don't have to run from many bears in today's society, anxiety and stress help us to heighten our performance. Some people drink alcohol to avoid this feeling or feel more confident.

What happens though is they mask their feelings – kind of like hiding from themselves. It's not a bad thing, just misunderstood relief they are seeking, but their problems

still remain. That's where we help.

We are able to identify and provide healthy options for people who seek relief and offer a lifestyle that is consistent with their Native American beliefs and values (to protect and care for their loved ones and their community) which can't be done if the person is intoxicated.

One last thought; some drugs act the same way as alcohol does in the body.

Here's an example, a person has been using benzodiazepines for 10 years for sleep, stress and anxiety. Benzodiazepines (some popular benzodiazepines are Ativan, Valium and Xanax) act like powdered alcohol to the body and can make the body and mind dependent on them quickly.

Many studies show long term use of benzodiazepines are not beneficial and actually make the person more sensitive to stress and anxiety.

So, a well-trained psychiatrist (doctor) is cutting back the person's medications to help their body and brain regain a healthy internal balance without the drug. During this time the good doctor recommends a meeting with a substance use counselor. This recommendation is not necessarily because the person is "addicted" but to help educate the person about the symptoms that will usually be experienced while getting off of these drugs. The substance use counselor can see if the person's mind and/or body is

dependent on the substance, help the person understand what is happening to them while the drug is leaving their body, how long it will take to have the drug leave their system and offer healthy ways to deal with these side effects during this time.

Again, after the person stops using medications for whatever reason, the problem (anxiety, stress etc.) is still there and sometimes is even elevated because the drug isn't hiding the problem anymore.

So the substance use counselor offers solutions for dealing with these life issues going forward and explains the discomfort the person will predictably feel as their body regains its natural balance without the drug as well as ways to relieve their discomfort.

If you know someone who you think has a substance use problem, stress, anxiety, depression or anger problems please call the Reno-Sparks Tribal Health Center Case Manager, Michelle Jim-Katenay at (775) 334-0989. She will quickly and confidentially help you set up an appointment with the appropriate health care specialist so you can receive the relief you are seeking.

**Paul Snyder MA, LADC-S**

[rsnyder@rsicclinic.org](mailto:rsnyder@rsicclinic.org)

(775) 329-5162, ext., 1962

# In & Around: Reno-Sparks Indian Colony Community

*Caution construction teardown, construction repair, new committee members*



**That's All She Wrote** – The former Nevada Restitution Center, located on Glendale avenue was recently razed to prepare the 6-acres for RSIC future business enterprises.

*Photo provided by Economic Development*



**Facelift** – In conjunction with the Colony's sewer and water project, most of the streets were resurfaced after the construction required the roadways to be torn up.

*Photo provided by Economic Development*



**Group Installation** – Antoinette Thayer, Trisha Calabaza and Tanya Hernandez were sworn in as election board members by RSIC Chairman Arlan D. Melendez.

*Photo provided by Chairman's Office*



**Out of Retirement** – Vicki Moore, a retired educator, was recently sworn into office for the RSIC Language & Cultural Advisory Committee. Moore is pictured with Chairman Arlan D. Melendez.

*Photo provided by Chairman's Office*





United States Department of Agriculture

15

# Summer Food Rocks!

AT THE RENO-SPARKS INDIAN COLONY



The Summer Food Service Program operates Monday-Friday from June 12, 2017 to August 4, 2017

Breakfast: 8:30 a.m. – 9:30 a.m. Lunch: 11:30 a.m. – 12:30 p.m.

All children 18 years & younger are eligible to receive a free, delicious, and nutritious meal.

**Reno Site**  
Multipurpose Room  
34 Reservation Road, Reno NV 89502

**Hungry Valley Site**  
Education Building  
9055 Eagle Canyon Road, Sparks NV 89441

For further information please contact Laura Gallardo, SFSP Coordinator at 775-789-5615 X5432, [lgallardo@rsic.org](mailto:lgallardo@rsic.org)



# Native American Veteran, Elder Alvin Pete Walks On

*In loving memory: Honor when honor is due*

*Submitted by Pyramid Lake Social Services  
Elder Care Associate*

Many knew him as Joe Pete; others, Alvin Pete.

Alvin Pete was born January 29, 1934 to Chico Pete (Fort Bidwell) and Marjory Natches-Pete (Pyramid Lake) in their Little Nixon home.

B.E. Bryce, the Pyramid Lake Agency Farm Agent in charge, witnessed the birth at the Pete residence at 10:30 p.m. Alvin had two siblings in 1934. Pyramid Lake Tribal Enrollment record indicated one brother, Leland Earl Pete.

Two elders in the Nixon community shared their memories when Chico Pete and his family lived in Little Nixon.

Back in the 1930's, there were several families living in this location either ranching and farming or conducting gambling activities. Several remembered when Joe's family lived in the Little Nixon area. One source remembered listening to stories of his grandfather going to Little Nixon for gambling at Chico Pete's place. Four days later his grandpa came home with no hat. Another Nixon community elder said she and her sister would ride their horses to Little Nixon to visit Joe and his brother.

Alvin enlisted in the United States Army in 1952 at the age of 18. While in the Army, he remained stateside where he earned the National Defense

Service Medal, Parachutist Badge, Sharpshooter Marksman badge, and the Carbine Bar, a weapons qualification bar.

With each closure of the enlistment term the free man reenlisted after a few days. Like any young man, his human nature emerged when he went AWOL and completed his consequential detainment. His commitment to serving in the Armed Forces lasted to 1960 with a military discharge.

The Department of Veteran Affairs did not have Alvin's DD-214 record as it was presumed it was among the thousands of military records destroyed in the 1973 fire at the Veteran Affairs complex on the east coast. However this vital record was located.

Alvin lived in Reno most of his adult life. He was employed with All Right Parking

for four years until he suffered a debilitating stroke in 1990.

The Reno-Sparks Indian Colony and then the Pyramid Lake Paiute Tribe provided care for him until his demise on April 3, 2017.

Alvin was moved to Fallon's Homestead Assisted Living in November 2013 for a supportive environment and improved care.

Since his level care costs increased, Paula Wright, of Pyramid Lake Elder Care, initiated a Veteran Affairs' claim on behalf of Alvin Pete to secure funds for leveled care. The challenge of endless paperwork and reporting proved worthwhile as the Department of Veteran Affairs provided sufficient retroactive funding.

Mr. Pete was 83-years-old.



## Born In Little Nixon —

*An Army Veteran, Joe "Alvin" Pete passed on April 17, 2017. During a small celebration to honor all veterans living at The Homestead, an assisted living complex in Fallon, Nev., Pete received an American Legion Military Commitment Certificate of Commendation to the United States Army. The award states, "This Commendation is awarded for commitment to serving in the United States Armed Forces in the name of Freedom and Democracy, and for courageously protecting our Liberty and Independence..." awarded on Veterans Day of 2016, by Fred W. Anderson from Post 16 Department of Nevada.*

*Photo by Paula Wright*

# **Reno Sparks Tribal Health Center Three Nations Wellness Center**

## **LOSE TO WIN WEIGHT LOSS CHALLENGE**

**1 MALE WINNER & 1 FEMALE WINNER**

**WINNERS GET MONEY, SWEATSHIRT AND PROTEIN**

**WHAT: INDIVIDUAL WEIGHT LOSS CHALLENGE**

**WHEN: JUNE 1, 2017 THROUGH AUGUST 25, 2017**

**WHO: RSIC MEMBERS/EMPLOYEES & RSTHC PATIENTS**

**FEE: \$5 PER PERSON**

**ALL PARTICIPANTS RECEIVE A SHIRT FOR WEIGHING IN 10 OUT OF 12 WEEKS**

**SIGN UP AT THE THREE NATIONS WELLNESS CENTER**

**Contact Walita for more info at 775-334-0938**





# RSIC TRIBAL ARCHIVES

*Preserving the Past to Ensure the Future*

## OPEN HOUSE & MEET AND GREET

**Join us in celebrating our newly renovated office building and meet our staff. Come view some of our collections that we have at the Tribal Archives and learn what type of services we have to offer the community and employees.**



**Photograph Collection slideshow  
throughout event & viewing of Native Nevadans.**

**Door Prizes!**

**Light refreshments  
will be served!**



ANY QUESTIONS CONTACT:  
TRISHA CALABAZA  
PHONE: 775-785-1335 OR E-MAIL: [TCALABAZA@RSIC.ORG](mailto:TCALABAZA@RSIC.ORG)



# Great Basin Native Artists Show at Gorman Museum

*Diverse techniques, aesthetics represent contemporary indigenous women painters*

In association with the Great Basin Native Artists (GBNA), Great Basin Native Artists, an exhibit entitled: "Contemporary Indigenous Women Painters" will be featured at the C.N. Gorman Museum at University of California-Davis, April 4 through June 30.

The exhibition features paintings by Melissa Melero-Moose (Northern Paiute/Modoc), Topaz Jones (Shoshone-Paiute/Kalapa/Molalla), Karma Henry (Paiute) and prints by Jaune Quick-to-See Smith (Shoshone-Bannock/Metis-Cree).

An artist talk by Henry and Melero-Moose is scheduled for May 10 from 4 - 6 p.m.

This group of four women artists are diverse in their technical and aesthetic approaches, but are brought together through a commitment to drawing and painting, and strong expressions of Indigenous knowledge.

Each artist explores a range

of social, cultural and personal experience and thought.

For Melissa Melero-Moose, she "considers these works to be a perspective of my tribe and culture through the eyes of a Native woman, mother, and artist."

Established in 2014, Great Basin Native Artists is a group of working Native American artists residing in, or originally from, the Nevada and eastern Sierra Nevada areas. With a membership of 150, the collective brings together artists from throughout the region with a mission to promote Great Basin Native art and education locally, nationally and internationally, and to provide a forum for professional and emerging Native artists.

The Great Basin cultural area includes the high desert regions between the Sierra Nevada and the Rocky Mountains, and is predominantly located in Nevada, extending into California, Oregon, Idaho and Utah.

## Strong Female Perspective —

Several women from the Great Basin Native Artists will be featured at the C.N. Gorman Museum located in Davis, Calif. The museum was founded in 1973 in honor of retired faculty member, Carl Nelson Gorman, Navajo artist, WWII code-talker, cultural historian, and advocate for Native peoples. Images include: left: [Topaz Jones](#), *Inter Tribal, Everybody Dance*, acrylic on canvas, 2017; Top right: [Melissa Melero-Moose](#), *Interactions*, mixed media on canvas, 2017; Middle: [Karma Henry](#), *Ghost Moon*, acrylic and spray paint with #10 seed beads on canvas, 2014; Bottom right: [Jaune Quick-to-See Smith](#), *We are All Knots in the Great Net of Life* (from the *Book of Buddha*), Tamarind lithograph, 2006. For more information, see:

[www.greatbasinnativeartists.com](http://www.greatbasinnativeartists.com)





## **ATTENTION R.S.I.C STUDENTS, PARENTS, AND GUARDIANS**

As the school year is winding down and graduations are around the corner, the Reno/Hungry Valley Education Departments would like to acknowledge all transition students from Head Start/Kindergarten/6<sup>th</sup> Grade/ 8<sup>th</sup> Grade and High School/Higher Ed. graduates. If your students are transitioning this June please give your local education office a call and let the advisors know. Thank You

Reno Advisor Tanya Hernandez  
775-329-6114

HV Advisor Lorraine Keller  
775-785-1310

## **WANTED**

Class of 2017

Senior Class  
Pictures  
Bring them by  
Reno/HV Education  
offices so we can  
scan them

Thank You



### **Hidden Valley Elementary School**



#### **April News**

Friday 28<sup>th</sup> – 3<sup>rd</sup> Grade  
Music Program

#### **Transition Dates**

Thursday June 8, 2017  
6<sup>th</sup> Grade at 9:30 a.m.

Friday June 9, 2017  
Kindergarten at 10:00 a.m.

Congratulations  
**HVES Top Dogs**

K – Tatza Phoenix  
1<sup>st</sup> – Jaiden Buff  
2<sup>nd</sup> – Cedar Miller  
3<sup>rd</sup> – Karl Smith  
3<sup>rd</sup> – Ayasha Bill  
3<sup>rd</sup> – Dae Uribe Furst  
5<sup>th</sup> – Eli Baker Jr.  
6<sup>th</sup> – Terrance Fellows



### **Vaughn Middle School**

#### **April News**

Wrestling/Track and Field is in full  
swing come on out and support a  
Vaughn Eagle

#### **No Transition Ceremony for 8<sup>th</sup> Grade**

Thursday June 1, 2017  
8<sup>th</sup> Grade Dinner/Dance

### **2017 High School Graduation Dates**

#### **Lawlor Events Center**

Wooster High School	Saturday June 10, 2017	9:30 a.m.
------------------------	------------------------	-----------

Pyramid Lake Jr/Sr High School	Friday June 9, 2017	7:00 p.m.
-----------------------------------	---------------------	-----------

Spanish Springs High School	Tuesday June 13, 2017	6:00 p.m.
--------------------------------	-----------------------	-----------

### **Pyramid Lake Jr/Sr High School**

#### **8<sup>th</sup> Grade Transition**

Wednesday June 7, 2017  
5:30 p.m. – 6:30p.m.

#### **HAPPY ENDINGS**



#### **NEW BEGINNINGS CLASS OF 2017**

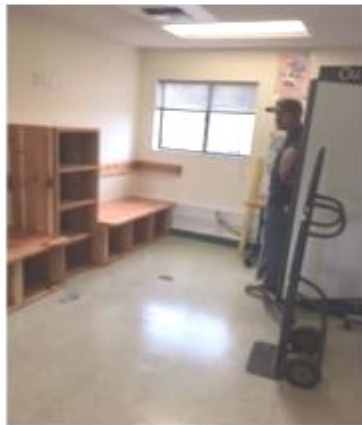
## After-School Tutoring Program News

The 2016-2017 school year is winding down and the after-school tutoring program would like to thank the following students who came to the program on a regular basis:

Natasha Perez  
Darrell Smith  
Dae Uribe Furst  
Chase Hardin  
Isabella Perez  
Nakoe Quartz Campbell-Moss

Ayasha Bill  
Jaiden Buff  
Jayden Peters  
Aaryn Chavez  
Sean Wadsworth  
Shawn Smith

The After-School tutoring program has been concentrating on reading since the READ By GRADE THREE came into effect, the children read every day for 20 minutes. Staff thought it was a great idea to collaborate with RSIC Librarian and RSIC Public Works to build a Reading Nook. A quiet place so students could read in a relaxing environment and reading is important because it develops the mind. The mind is a muscle. ... Teaching young children to read helps them develop their language skills. It also helps them learn to listen.



**BOLO**  
"Be on the look out"

The Tutoring Program will be having the  
Summer Reading Program again this year

Please look out for upcoming flyers.



# Congratulations

to Jesse Hall's student of the month.



**Aycia Dressler, Angel Melendez and Bryan Lent**



**Watae Red Stone, Jordan Keo, Justin Moody, & Warren Christy**

# Tribal Police Remind Residents About Staying Safe

*Protect your vehicle, valuables with easy steps*

*Submitted by Angelo Hafalla  
Training Coordinator, Tribal Police*

Vehicle burglaries historically rise in the warmer spring and summer months.

Fortunately, you can easily reduce the risk of your vehicle being burglarized by following these simple suggestions.

## **Lock your doors and roll up your windows**

This may sound obvious, but most of our recorded auto burglaries are due to unlocked doors.

Becoming more conscious of making sure your vehicles doors are always locked is vital.

Criminals are opportunistic, and are always looking for an easy target like an unlocked car.

A common criminal tactic is to casually walk through parking lots simply pulling on car handles to see which ones are unlocked.

These are called "crimes of opportunity". Don't let your vehicle be the easy target that criminals look for.

## **Don't leave valuables in your car**

Most auto-burglaries have one common denominator—the vehicles have something valuable inside them worth stealing.

If possible, remove all valuables and all resemblance of valuables from your vehicle every time you exit your vehicle.

## **Hide or lock valuable away.**

Place all items out of plain view *before* you find your parking space. You never know who is watching you.

Lock items in areas like your glove box or trunk, instead of simply throwing the item under a seat or under a jacket.

Plan shopping trips so you don't unload bags of valuables into your car and head back into the mall or shopping center. Try not to do this until you are ready to drive your vehicle to another destination.

## **Set your car-alarm or anti-theft device**

Look into getting a car alarm if you don't have one. Criminals like to remain inconspicuous and under the radar.

A loud audible alarm accompanied by flashing lights may be just enough to scare off a criminal before he takes any valuables.

## **Park Safely**

Where you park your vehicle can sometimes mean the

difference between being burglarized and not. When possible, park your vehicle in well-lit, crowded areas, nearest to the store, hotel, or building you are entering.

Remember, it takes a thief 30 seconds to break into your vehicle and steal your valuables.

It only takes you 30 seconds to take your valuables with you or lock them in your trunk.

It is the unrelenting mission of the Reno-Sparks Indian Colony Police Department continually to explore solutions to solve, prevent, deter, and respond to crimes and or problems that create or enhance the commission of crimes with the partnership of the community for the safety and welfare of our community.

Remember:  
For an emergency—Call 911  
Non-Emergency  
(775) 323-2677 (COPS)  
Police Questions and Concerns  
(775) 785-8776



## **Don't Make It Easy —**

*Reno-Sparks Indian Colony Tribal Police want to remind the community that car thefts increase as the weather gets warmer. Please follow a few easy tips to prevent criminals from taking your property.*

*File photo*



# **2017 Las Vegas Native American National Classics Bowling Tournament July 20th-23rd 2017**

**USBC  
Sanctioned  
Tournament**

South Point Hotel Casino & Spa  
9777 Las Vegas Boulevard South  
Las Vegas Nevada 89183  
(702) 797-8050

**Raffles  
50 - 50  
Vendors**

**Reservation Info:** Group name: **Native American National Classic** Dates: **July 18 – 24, 2017**

**Group Code:** **NAT0718** **Rates:** **Thurs. & Sun. night stay = \$60.00 / Fri. & Sat. night stay = \$105.00.**

**Web Link:** <https://gc.synxis.com/rez.aspx?Hotel=11548&Chain=6903&arrive=7/16/2017&depart=7/17/2017&adult=1&child=0&group=NAT0718>

## **Thursday, July 20th**

9:15 p.m. to Midnight

No Tap Event

## **Friday, July 21st**

11:00 a.m. to 2:00 p.m.

Doubles & Singles Event

*(Mail in Entry Forms only for Sand D event!)*

3:00 p.m. to 6:00 p.m. &

9:15 p.m. to Midnight

Mixed Doubles Events

## **Saturday, July 22nd**

9:00 a.m. to Noon

Junior Bowlers &

Adult Teams

Noon to 3:00 p.m. Junior

Finals & Adult Teams

3:00 p.m. to 6:00 p.m. Teams

6:30 p.m. to 9:00 p.m.

Masters Qualifying

9:00 p.m. to Midnight

Masters Roll-Off

## **Sunday, July 23rd**

10:00 a.m. to 1:00 p.m.

Doubles and Singles

**Contact:** Cathy Marin-Wisdom

(510) 684-4714 / cawisdom@hotmail.com

19641 San Miguel Avenue

Castro Valley, CA. 94546

Be sure to check out the Native Bowlers page on Facebook for updated information.



# Brandy Shaw Takes First Place in Student Art Contest

*43rd Annual Student Art & Design Exhibit includes tribal member work*

Truckee Meadows Community College (TMCC) announced



**Brandy Shaw**

recently that Brandy Shaw earned first place at the 43rd Annual

Student Art & Design Exhibition for her painting called "Lost Bear."

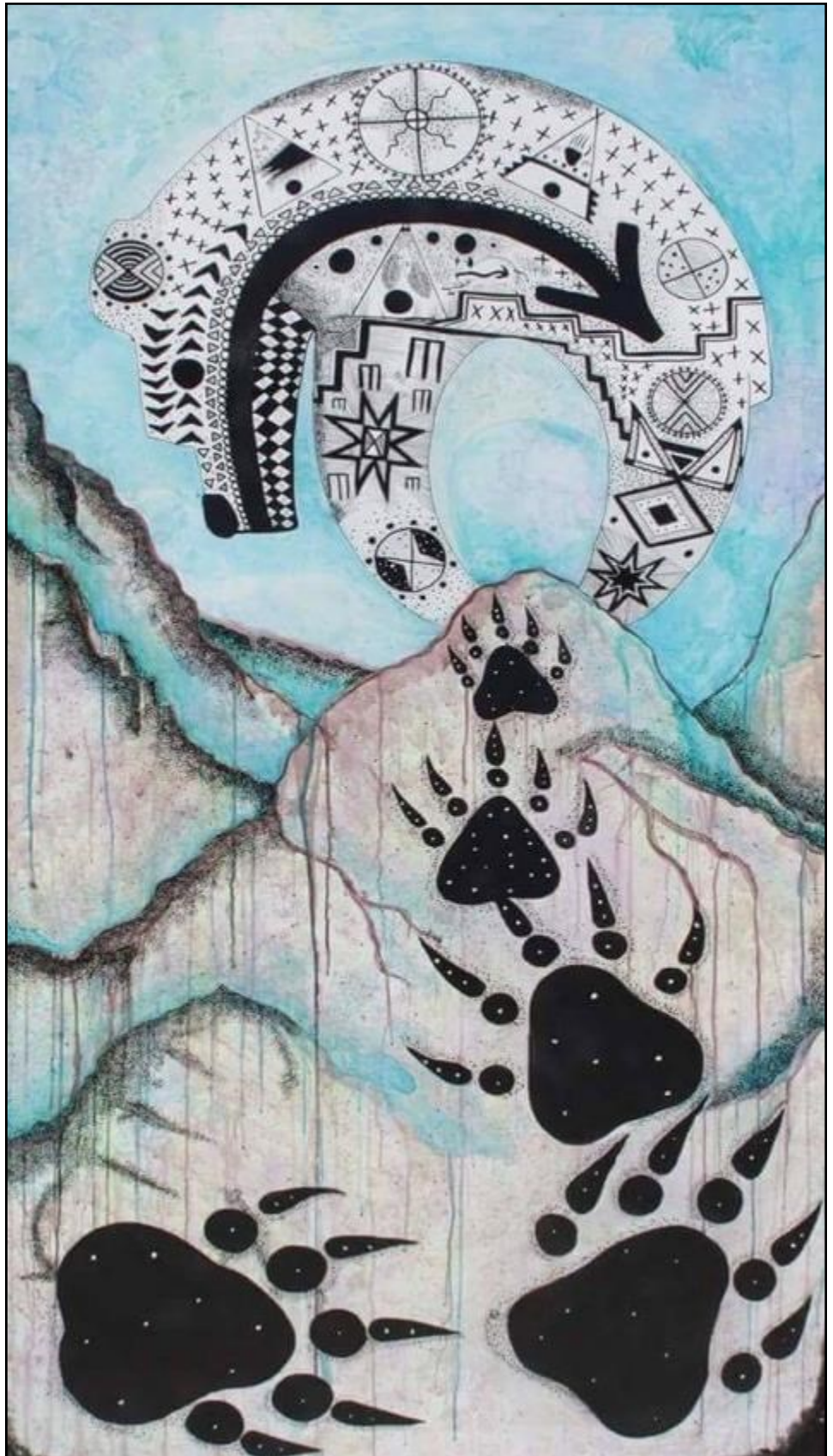
A member of the Reno-Sparks Indian Colony and a sophomore fine arts major at TMCC, Shaw said that through her art, she wants to teach others, Native and non-Native, about tribalism and to inspire others.

Shaw painted "Lost Bear," on an 8'x4' panel board for a class assignment, and then entered the painting into the contest.

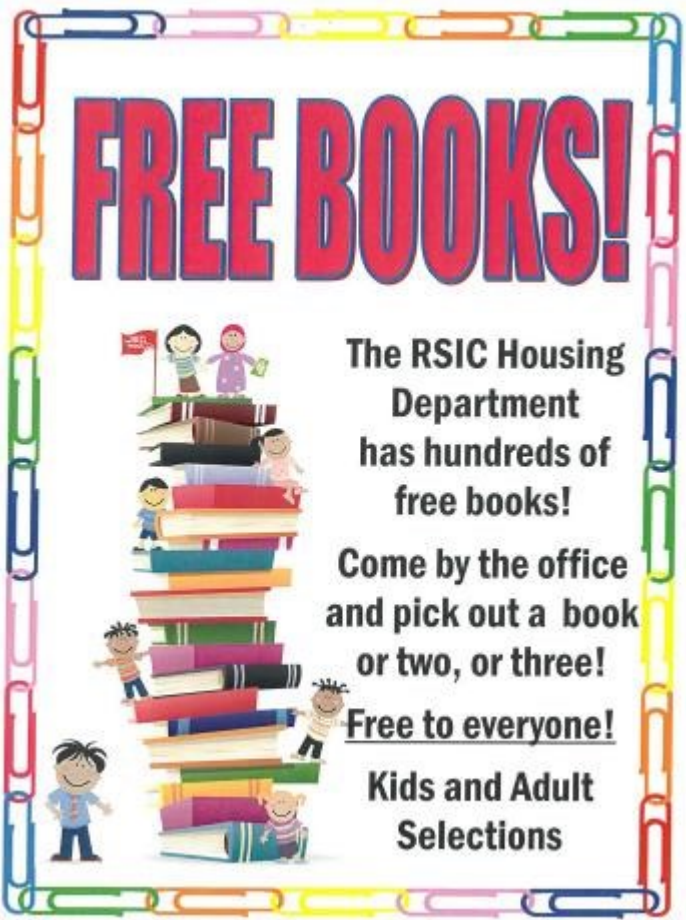
"The Paiute/Sioux designs in the piece are my sister Kelly, and the rest of my family," Shaw said. "They are my inspiration."

The public can view Shaw's painting at the TMCC Main Art Gallery in the Red Mountain Building Student Center on the Dandini Campus. The gallery is open from on weekdays, 9 a.m. - 7 p.m.

Currently, "Lost Bear" is part of the TMCC permanent collection and will eventually be moved over to the Edison Site according to Candace Garlock, the art galleries curator.







# FREE BOOKS!

The RSIC Housing Department has hundreds of free books!

Come by the office and pick out a book or two, or three!

Free to everyone!

Kids and Adult Selections

**REMINDER:**

The RSIC Housing Department's **SENIOR FUND** is intended for **Emergency Health & Safety Issues ONLY.**

It is not intended to assist with current monthly bills on a recurring basis. If you are having problems paying your monthly power bill, please consider applying for the State of Nevada Energy Assistance Program @ [www.dwss.nv.gov](http://www.dwss.nv.gov)

Any questions please call the Housing Office at 775-785-1300.

## RENO-SPARKS INDIAN COLONY EDUCATION DEPARTMENT

# 477 program

**ELIGIBILITY QUESTIONS?**

- 477 CASE MANAGER  
**SAM RAMBEAU**  
775-329-6114  
[SRAMBEAU@RSIC.ORG](mailto:SRAMBEAU@RSIC.ORG)

**EDUCATION AND TRAINING**

**SUPPORTIVE SERVICES**

**GENERAL ASSISTANCE**

**WORK EXPERIENCE**

**YOUTH SERVICES**

**CHILD CARE**

EACH SPECIFIC PROGRAM MAY ALSO HAVE ADDITIONAL ELIGIBILITY PROGRAM REQUIREMENTS

## Susanville Indian Rancheria 8th Annual Memorial POW WOW

May 19-21, 2017

Lassen County Fairgrounds  
195 Russell Ave  
Susanville CA 96130

MC  
Bart Johnson  
Hungry Valley, NV

ARENA DIRECTOR  
Toby Stamp  
Hungry Valley, NV

GOLDEN AGE  
ADULT MEN/ WOMEN  
TEEN BOY/GIRL  
JR. BOY/GIRL  
TINY TOYS

GRAND ENTRY  
7:00 PM Friday 5/19  
12:00 PM Saturday 5/20  
Plus  
7:00 PM Saturday 5/20  
12:00 PM Sunday 5/21

FREE DRY CAMPING  
RV SITES @ \$50/Weekend



DRUM CONTEST  
\$3,000 - \$2,000 - \$1,000  
Rules and Regulations for drum contest will be available at registration.

CURRENTLY ACCEPTING APPLICATIONS FOR: FOOD, ARTS AND CRAFT VENDORS

HOTEL



900 SKYLINE DR.  
SUSANVILLE CA, 96130  
1-877-319-8814  
Use Code: "MAYBELLE 2017"  
OR  
Red Lion Inn and Suites  
3015 RIVERSIDE DR.  
SUSANVILLE CA, 96130

IN HONOR OF ALL OUR ELDERS AND VETERANS

OPEN TO THE PUBLIC  
\*\*\* FREE ADMISSION \*\*\*  
FOR MORE INFORMATION PLEASE LOG ON TO  
[WWW.SIR-POWWOW.COM](http://WWW.SIR-POWWOW.COM)  
Or contact Amelia Luna @ (530) 249-7192

NOT RESPONSIBLE FOR SHORT FUNDED TRAVELERS  
NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS  
THIS IS A DRUG AND ALCOHOL FREE EVENT

Version: 05-1000017






**Make your dental and physical appointments now, as appointments fill up fast. Let the health center scheduler know the appointment is for Head Start.**

*RSIC Head Start offers comprehensive early childhood education services for low income families with children between the ages of 3 to 5 years from income-eligible families, including children with special needs. Families must reside on or near the RSIC.*

- Children must be 3 years of age by September 30<sup>th</sup>.
- One classroom at Hungry Valley. Two classrooms at Colony.
- Nutritious breakfasts and lunches provided.
- Transportation provided at Hungry Valley site only.
- Year Round Full Day may be available to those that qualify.
- For application and/or information, call 775-789-5615.

**Deadline for completed applications for the first selection to be received: by Friday, July 28, 2015 at 4:30 p.m.**

**THE 3 NATIONS WELLNESS CENTER  
AND DIABETES PROGRAM PRESENT:**



**DID YOU KNOW YOU CAN BURN UP TO 1,000  
CALORIES DURING ONE HOUR OF ZUMBA?**

**Come join us!**

**Mondays  
&  
Wednesdays**

**Who:** Open to RSIC employees and RSTHC patients  
**What:** ZUMBA! Wear tennis shoes and bring a bottle of water  
**When:** Every Monday night, from 6:00 pm-7:00 pm  
**Where:** 3 Nations Wellness Center Gym

**NO SIGN UP REQUIRED. JUST SHOW UP, READY TO EXERCISE!**  
Please contact Kristie Messeri, Registered Dietitian for questions: 775-329-5162 ext. 1943

...call 329-5162 for details

**CARDIO  
KICKBOXING**


**Adults**

Prepare to sweat!

**Wednesdays in 3NWC**

**12:15-12:45**

- Increased fitness
- increased strength
- increased flexibility
- sharpened awareness
- better focus
- reduced stress & tension
- improved self confidence
- learn practical self defence



Contact Walita for any questions  
**775-334-0938**

**WATER FITNESS!!**



**FREE  
TO ALL  
CHILDREN,  
DIABETIC,  
NON-DIABETIC  
& SENIOR  
RSTHC  
PATIENTS**

**@ Alf Sorenson Community Center**  
 1400 Baring Blvd. Sparks  
Tribal Card required @ Class Check-In

**Senior Water Fitness**  
(55years and older)  
(Transportation available for RSIC Enrolled and Resident Seniors only. Contact Wali for more info (see below) **TUESDAYS & THURSDAYS 9-10AM**

**Toddler Time!**  
(age 6years or younger)  
Parents must be in the pool with the child  
**MONDAY THRU THURSDAYS 11:30-4:30 CLASS TIMES**

**Senior Water Fitness Saturdays**  
(55years and older)  
(Transportation not available) **SATURDAYS 12-1PM**

**SWIM LESSONS!**  
Available for all ages  
Build basic water safety or develop your skill.  
(Enrollment Required @ Alf call 353-2385. Paid for by the RSTHC Diabetes Program)  
Go to [www.sparksrec.com](http://www.sparksrec.com) for schedule and reg dates

**Senior Aquacize**  
(slower paced for 55years and older)  
(Transportation not available) **TUESDAYS & THURSDAYS 10-11AM**

**Lap Swimming**  
(all ages)  
**MON-THURS 6-9AM, 9-11AM, 11-1:30, 1:30-3PM**  
**SATURDAYS 12-5:45PM**

**Sponsored by the RSTHC Diabetes Program**

QUESTIONS? Contact Wali at 329-5162 x1947 or Stacy x1945



# ACUPUNCTURE

returns

to RSTHC

with

**Dr. Bruce Eichelberger**

Schedule with  
RSTHC Medical Scheduling



## ACUPUNCTURE INCREASES:

Energy  
Circulation  
Range of Motion  
Relaxation  
Well-being  
Immune Function



## ACUPUNCTURE DECREASES:

Pain  
Fatigue  
Inflammation  
Stress  
Anxiety



Sponsored by the  
RSTHC Diabetes Program

Questions? Contact Stacy Briscoe RD/CDE at x1945

Announcing

## Home ElderFit Visits

with Echo & Tiffany



Echo (RSTHC Community Health Rep) & Tiffany (3NWC Trainer) will come to your home to provide in-home, chair-based exercise for Elders

Sessions are 20-30 minutes

**Prevent Falls!**

Contact Echo Conway @ RSTHC

329-5162 x1928

to schedule your session!

Workouts focus on  
Range of Motion  
Flexibility  
Balance

Sponsored by the  
RSTHC Diabetes and  
Community Health  
Programs

## TUSH PUSH TUESDAY'S & THURSDAY'S



LINE DANCING@  
THREE NATIONS WELLNESS CENTER  
TUESDAY & THURSDAY

**5:30 PM-6:15**

IF YOU HAVE ANY QUESTIONS PLEASE CALL  
VANESSA @ 334-0946

## New Year, New Yoga with Kim

Tuesdays

5:30-6:30pm

(RSTHC 1st Floor  
Conference Room)

&

Thursdays

12:10-12:50pm

(RSTHC 1st Floor  
Conf. Room or  
3NWC back room)

All levels welcome  
Sign up not required  
All equipment provided

Sponsored by the  
RSTHC Diabetes Program



# Legal Notices, Public Announcements

*Eligible voters update your address, join a committee*

---

## Reno-Sparks Indian Colony Eligible Voters

The Reno-Sparks Indian Colony will be conducting a Secretarial Election in the near future. A Secretarial Election is conducted by the Bureau of Indian Affairs (BIA). The BIA will use the membership list and member addresses to contact you regarding the requirements to vote in this election, including a mandatory voter registration form that must be returned to the BIA.

The Reno-Sparks Indian Colony will be sending the BIA that list and addresses. If we do not have your current mailing address, we request that you update your mailing address to make sure that you receive this information.

If you have had a change of name, it must be documented by court order, or a copy of a Marriage License or Divorce Decree.

Please submit to Sheila Katenay, RSIC Enrollment Officer, (775) 786-9165.

---

## Recruitment for Pow Wow Committee Members

Numaga Indian Pow Wow and Indian Days committee is currently seeking Reno-Sparks Indian Colony Tribal members to serve on the 31st Annual Numaga Indian Days Pow Wow Committee.

There are **TWO** vacancies.

Committee members will be appointed by the RSIC Tribal Council and shall serve a term of (4) years.

If you are interested in becoming a Numaga Indian Pow Wow and Indian Days committee member, please submit your completed application to:

**Reno-Sparks Indian Colony  
Pow Wow Committee**  
ATTN: Tribal Administrator  
34 Reservation Road  
Reno NV 89502

## Recruitment for Executive Health Board

The Reno-Sparks Tribal Health Center is recruiting for one (1) RSIC Tribal representative to fill a vacancy on the Executive Health Board.

The Executive Health Board voting membership consists of five (5) Reno-Sparks Indian Colony residents who are enrolled members, and two (2) representative from the Urban Indian population, for a total of seven (7) voting members. RSIC representatives must live on the Colony or in Hungry Valley.

The Executive Health Board members meet at least once a month, usually on the third Monday, and are provided a monthly meeting stipend for participation.

The members are appointed by the Tribal Council and shall serve a term for a four-year period.

If you are interested in being a member of the Executive Health Board, please submit a letter of interest and have it time stamped to:

**The Executive Health Board**  
c/o Reno-Sparks Tribal Health Center  
34 Reservation Road  
Reno, NV 89502

---

## Recruitment for Housing Advisory Board

HAB is actively seeking interested community member to sit on the Housing Advisory Board.

If you are interested in being a member of the Housing Advisory Board, please submit a letter of interest to:

**Tom Dressler**  
RSIC Housing Director  
c/o 34 Reservation Road  
Reno, NV 89502



# May 2017



**Reno-Sparks Indian Colony  
Senior Program Activities  
34 Reservation Road, Building F  
Reno, NV 89502  
775-329-9929**

Monday	Tuesday	Wednesday	Thursday	Friday
1 12:30 pm Tone & Fit Class 1 pm Senior Advisory Committee Meeting	2 1 pm Crafts Snack Jar  5:30 pm Reno Potluck & <b>BINGO NIGHT TONIGHT</b> 	3 12 pm Injury Prevention Presentation 12:30 pm Language Class 1 pm Crafts Snack Jar 	4 11:30 am Blood Pressure Check  1 pm Crafts Snack Jar 5:30 pm HV Potluck & <b>BINGO NIGHT TONIGHT</b> 	5 10 am Puzzles 9 am Respite Caregivers Support Meeting
8 12:30 pm Tone & Fit Class 1 pm Errand Day Pay Bills, Shopping, Pharmacy	9 12 pm Tribal Police Presentation 	10 12 pm Nutrition Presentation 12:30 pm Language Class	11 11:30 am Blood Pressure Check  12:30 pm Galaxy Movie Theater 	12 S.A.C. Mothers Day drawing at 12 pm <b>RAFFLE WINNER</b> <b>AND THE WINNER IS...</b> 
15 Food Pantry 12:30 pm Tone & Fit Class 5:30 pm Mother's Day Dinner at the Eldorado Buffet	16 Commodities	17 10 am Chair Volleyball at Reno Gym 12:30 pm Language Class	18 12:30 pm  <b>BIRTHDAY BINGO</b> 	19 10 am Puzzles
22 12 pm Community Emergency Service Presentation 12:30 pm Tone & Fit Class 1 pm Memorial Flowers	23 1 pm Memorial Flowers 	24 12:30 pm Language Class 1 pm Memorial Flowers 	25 11:30 am Blood Pressure Check  1 pm Memorial Flowers 	26 10 am Memorial Flowers 
29 Holiday – Closed Memorial Day <i>No lunch served or delivered</i>	30 12:30 pm Century Theaters Movie 	31 12:30 pm Language Class 1 pm Errand Day Pay Bills, Shopping, Pharmacy	 <p><b>RISC Senior Ladies</b> Please join us at <b>the Eldorado Buffet</b></p> <p><i>Mother's Day</i> <b>DINNER</b> Monday - May 15 @ 5:30 p.m.</p>	









**Ladies,**  
Please contact the senior center to sign up.  
Your file must be up to date for 2017 to attend  
Guest price is \$20.00 per & paid in advance  
Limited transportation





**Reno-Sparks Indian Colony  
Senior Program - Menu  
34 Reservation Road  
Reno, NV 89502  
775-329-9929**



Monday	Tuesday	Wednesday	Thursday	Friday
1) Tuna Casserole Peas and Carrot + Peaches* Milk	2) Navy Bean Soup Salad Bar+* Tropical Fruit* Milk 	3) Rueben Sandwich on Whole Wheat Bread Lettuce and Tomato+ Baked Lays Fruited Jell-O* Milk	4) Sloppy Joes on Whole Wheat Bun Roasted Sweet Potatoes+ Pineapple* Milk	5) Shredded Pork Quesadilla Whole Wheat Tortilla Spring Mix Salad+* Mixed Berries* Milk 
8) Chicken, Spinach and Mushroom Sauce+* Wheat Pasta Fruit Cocktail* Milk	9) Tomato Soup Grilled Cheese on Whole Wheat Bread Cucumber slices* Applesauce+ Milk	10) Stuffed Bell Peppers* Corn+ Apricots* Milk 	11) Turkey burgers Lettuce and Tomato+ Macaroni Salad Watermelon* Milk	12) <b>Brunch 10:30 am</b> Scrambled Eggs Turkey Bacon Whole Wheat Bagel Fresh fruit salad* V-8 Juice+ Milk
15) Lemon Salmon Brown Rice Pilaf Zucchini and Carrots+* Tropical Fruit* Milk 	16) <b>Commodity distribution</b> Egg Salad Sandwich Lettuce and Tomato+ Baked Lays Orange* Milk	17) Open turkey sandwich Mashed potatoes Mixed Veggies+* Mandarin Orange* Milk	18) <b>Birthday Bingo</b> Lasagna With Ground Turkey Broccoli and Carrot+* French Bread Pears* Milk 	19) Beef Stew+ Green Salad+ Pan-bread Grapes* Milk
22) Liver Gravy Egg Noodles Mixed Veggies+* Apricots* Milk	23) Chili Beans Over Brown Rice Steamed Carrots+ Fruit Cocktail* Milk 	24) Pork Chops Cornbread Stuffing Cauliflower and Peas+* Applesauce* Milk	25) Chicken Enchilada Casserole Chuck-wagon Corn + Mandarin Oranges* Milk	26) <b>Brunch 10:30 am</b> Cream of Wheat Whole Wheat Toast Boiled Egg Tomato Wedges+ Honeydew and Grapes* Milk
29) <b>Memorial Day Center Closed No Lunch served or delivered</b> 	30) Turkey and Cheese Sandwich on Whole Wheat Bread Lettuce and Tomato + Banana Sun Chips Milk	31) Pork Fried Rice Peas and Carrots+ Fortune Cookie Pineapple* Milk	June 1) Pepperoni Pizza Tomato and Cucumber salad+* Pears* Milk	June 2) BBQ Chicken Roasted Sweet Potatoes+ Cantaloupe* Milk 

**Remember to call before 10 am  
to cancel your delivery**

**Serving Times**

**Mon - Thurs 10:30 am - 12:45 pm  
Brunch 10:00 am - 12:45 pm**



**Just a reminder to tie  
up your doggies, please**

**\* Vitamin C - Daily  
+ Vitamin A - 3 X Week  
1% Milk - Served Daily**



*Continued from page 5*

buffer around the Hungry Valley houses to protect it from noisy recreation, and in some cases, illegal activities on the surrounding federal lands.

Further adding to the cause of an expanded land base, the territory around Hungry Valley has held cultural significance to the people for generations, as it was a traditional pathway from Washoe Valley and Lake Tahoe to Pyramid Lake.

Even today, Natives hold ceremonies and collect medicinal plants from that land.

“Early on, we decided to speak with one voice and collectively advocate in one consolidated lands bill,” Chairman Melendez said.

In addition, bi-partisan support was needed, and earned.

“These are all cases (the

tribes in the NNNLA) where local control and economic self-determination are preferable to Washington-centric management by a federal agency,” Congressman Amodei said.

“These lands will enable the tribes to chart brighter futures for their communities and better preserve their cultural heritage.”

A long-time friend to Indian Country and a vital advocate of the land act, now retired Senator Reid staunchly promoted the land expansion.

“These first Nevadans have long been a voice for protecting our wild landscapes and enriching our state through their language and cultural heritage,” Reid said. “Land is lifeblood to Native Americans and this bill provides space for housing, economic development and traditional uses and cultural protection.”

Congressman Heller also pushed for the return of the ancestral lands to the tribes.

“The transfer of this land puts power back into the hands of the local tribes and their communities,” Senator Heller said. “They are the ones best suited to make decisions on economic development and job creation.”

So, on Earth Day, all the benefactors, especially the tribal leaders, celebrated as the arduous legislative process concluded in favor of the tribes.

“With the acquisition of lands also comes greater responsibility,” Melendez said. “It is our responsibility to manage the land itself in a protective and responsible way, but also to develop and sustain a management plan which provides the best opportunities for our children and grandchildren.”



**Nevada Native Nations Land Act** — Leadership from the RSIC Tribal Council, Pyramid Lake, Ft. McDermitt and Duck Valley celebrated the expansion of their respective reservations. Also pictured are George Waters, the RSIC federal lobbyist and Scott Nebesky, the RSIC Director of the Planning Department. Not pictured Summit Lake or Duckwater leadership.

*Photo by Amheric Hall*