



THE CAMP NEWS

VOLUME XV ISSUE 6

JUNE—2019

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

RSIC Artist Wins Washeshu It'deh Festival Competition

Brandy Shaw's oil painting used to promote historic cultural event

New mother, aspiring artist and Reno-Sparks Indian Colony member Brandy Shaw has been named the 29th Annual Washeshu It'deh Festival art winner.

"I'm very proud of winning this," said Shaw. "I also wanted to inspire others to be proud of our Washo, Paiute and Shoshone heritage."

The arts festival features Native American cultural events ranging from a Washoe basket competition (with weavers from Nevada and California) to traditional dancing, music, stories, plays, basketry and clothing, plus traditional games.

Using Shaw's winning art piece, the Tribe has been promoting the July 27-28 event which will be held at Lake Tahoe's Tallac Historic Site.

Shaw's entry was a flat, acrylic piece on an 11-inch x 16-inch canvas. She used golden and basics paint with 11 to 20 different brush sizes.

"I wanted to choose colors that stood out, but all which made the viewer focus on the movement of the piece," Shaw said. "I wanted to paint baskets because I know that's what our Great Basin people used every

day as vital for survival."

In fact, for Shaw, her entire design has meaning.

"I wanted to paint a cradle board because I recently became a mother, plus I picked a butterfly design for the front basket because that is my personal emblem because like me, a butterfly grows and changes through all the stages of life which have made me who I am today."

Shaw said that her mother, Kimberly Gardipe, told her about the contest, plus she saw some flyers that the Washoe

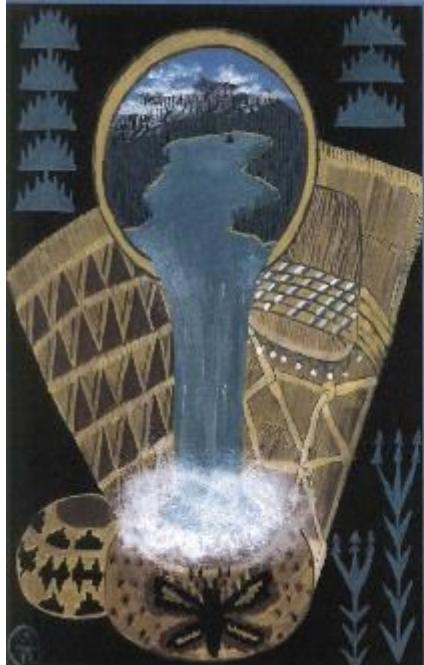
Tribe of Nevada and California circulated about the art contest.

"I also wanted to compete in this contest because I haven't painted in over two years, and I wanted to personally challenge myself to do what I am so good at," Shaw said. "It gave me a reminder to love what you do, and don't let others say you're not good enough."

Shaw grew up at Pyramid Lake and attended Truckee Meadow College.

This recent award, which is printed on the official promo-

Continued On Back Cover



29th Annual Arts Festival
July 27 and 28, 2019

1 Valhalla Rd, Lake Tahoe, CA

Presented by the Washoe Tribe of Nevada and California

Winning Vision — A new mother and an artist, Brandy Shaw drew inspiration from her love of her family, Lake Tahoe, and her passion for creating colors to design the winning entry for the 29th Annual Washeshu It'deh Festival art. Shaw's winning entry has been used to promote the Washoe Tribe of Nevada and California's upcoming event.

PRESENTED BY THE RENO-SPARKS INDIAN COLONY
IN COLLABORATION WITH THE NEVADA MUSEUM OF ART

REAWAKENING

THE GREAT BASIN

A NATIVE AMERICAN ARTS AND CULTURAL GATHERING

SATURDAY, JULY 13, 2019 • 10 AM – 5 PM

AT THE NEVADA MUSEUM OF ART 160 WEST LIBERTY IN DOWNTOWN RENO

NATIVE AMERICAN ARTISTS MARKETPLACE • HANDS-ON ART PROJECTS
GREAT BASIN YOUTH STORYTELLERS • MUSICAL PERFORMANCES
BASKET WEAVING • TRADITIONAL DANCES • INDIAN TACOS
TULE DUCK DECOYS • NATIVE AMERICAN ROYALTY

FREE
ADMISSION



NEV MUS OF
ADA EUM ART

Donald W. Reynolds Center for the Visual Arts
E.L. Wiegand Gallery

SPONSORS: WELLS FARGO; THE CITY OF RENO ARTS & CULTURE COMMISSION

FOR INFORMATION CALL 775.785.1326

Deadlines, Mailing List

The Camp News Profile

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the RSIC Public Relations Department and duplicated and distributed by RSIC Administration Front Office.

SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

CONTACT OUR STAFF

E-mail your submissions to smontooth@rsic.org or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: www.rsic.org and PDFs of our publication are available.

If you have questions, call us at 329-2936, ext. 3268.

www.rsic.org

Important JULY dates

- 13 Reawakening The Great Basin, Nevada Museum of Art, 10 a.m.
- 14 Beginner Paiute, RSIC Library, 4 p.m.
- 15 FBNN Mobile Food Harvest, Hungry Valley Rec Center
Upper Lot, Noon
- 15 Executive Health Board Mtg, RSTHC, 530 p.m.
- 16 Commodity Distribution, Senior Center, 8 a.m.
- 17 Senior Paiute Classes, Senior Center, 1 p.m.
Tribal Council Meeting, 34 Reservation Road, 6 p.m.
- 18 Shoshone Language Class, RSIC Library, 6 p.m.
Intermediate Paiute, RSIC Senior Center, 6 p.m.
- 19 Colony Cleanup, Anderson Park, 8 a.m.
- 21 Beginner Paiute, RSIC Library, 4 p.m.
- 24 Senior Paiute Classes, Senior Center, 1 p.m.
- 25 Shoshone Language Class, RSIC Library, 6 p.m.
Intermediate Paiute, RSIC Senior Center, 6 p.m.
Deadline for Head Start, 4:30 p.m.
- 26-28 Fandango & Pow-Wow, Ely, Nev.
- 27-28 29th Annual Arts Festival, Lake Tahoe, Calif.
- 28 Beginner Paiute, RSIC Library, 4 p.m.
- 30 School Supply Distribution in Reno & HV from 8 a.m.-8 p.m.
- 31 Senior Paiute Classes, Senior Center, 1 p.m.
Economic Development Meeting, , 34 Reservation Road, 6 p.m.

AUGUST DATES

- 3 Community Picnic Reno, Anderson Park
- 4-7 Teen Trip, Recreation
- 12 First day of school for Washoe County,
Pyramid Lake Junior / Senior High
- 16-18 5th Annual Silver State Gourd Society Celebration
- 23 7th Annual Mr. & Mrs. UNR Pow-Wow
- 30 Numaga Indian Days Pow Wow

For a listing of all of the Tribe's activities, meeting and events, log onto: www.rsic.org.
Chose the **News** tab, and pull down to **Events**.

MR & MISS 7TH UNR ANNUAL POW WOW 2019 - 2020



2018-2019 Outgoing Royalty

TIME: 5:30-7PM

DATE: AUGUST 23, 2019

VENUE: UNR DAVIDSON
MATHEMATICS SCIENCE
CENTER

CATEGORIES:

BRAVE & PRINCESS AGES 12-18

JUNIOR BRAVE & PRINCESS AGES 6-11

TINY TOT BRAVE & PRINCESS AGES 3-5

FOR APPLICATION AND RAFFLE TICKETS CONTACT
PAGEANT COMMITTEE AT (775) 530-2504 OR
2014MISSUNR@GMAIL.COM



Largest, Most Comprehensive Culture Event on Saturday

Reawakening the Great Basin collaboration grows in year two

For the second year, the Reno-Sparks Indian Colony (RSIC) will come together with the Nevada Museum of Art to celebrate Native American art, culture, community, and tradition.

The free day features a variety of artists, dancers, storytellers, and musicians sharing traditional, contemporary culture and art of the Paiute, Shoshone, Washoe, Pala, Patwin, and more.

“Reawakening the Great Basin: A Native American Arts and Cultural Gathering (Reawakening),” presented by the RSIC in collaboration with the Nevada Museum of Art, takes place from 10 a.m. to 5 p.m., Saturday, July 13, at the Nevada Museum of Art, 160 West Liberty St., in downtown Reno, Nev. Admission is free.

Reawakening is designed to bring together a variety of Native American cultural traditions, while also celebrating contemporary interpretations rooted in those traditions.

Throughout the day, several performing artists will demonstrate a variety of dances and songs, including the Grindstone Patwin Dancers, Pala Band of Mission Indians from Southern California, Navajo flute player Tygel Pinto, the Reno-Sparks Indian Colony Pow Wow Club, hoop dancer Sage Romero, and the Eagle Wing Pageant Dancers.

Traditional and contemporary musical performances, like Young Chief and the all-female drum group, The Mankillers, will

inspire and excite the multigenerational, multicultural crowd.

“In our inaugural year, Reawakening flourished beyond our expectations,” said Arlan D. Melendez, Chairman of the RSIC. “By partnering with the distinguished Nevada Museum of Art, we will once again bring an authentic staging of Great Basin Native American arts and culture to thousands of attendees.”

During this free Artown event, the public is invited to meet several established and emerging Native American visual artists from across the region who will be sharing their knowledge, as well as selling their traditional and contemporary artworks, crafts, and culturally-inspired objects.

Representatives from the Great Basin Native Artists, including Ben Aleck, Topaz Jones, Jack Malotte, and Melissa Melero-Moose, will join dozens of artisans in a festive marketplace in the Reynolds Grand Hall.

Handcrafted works including beaded items by Hungry Valley artisans Charlotte Fry and Sandra Talancon, silver metal-work by Ralph Thomas, and other wares by local and regional artisans will be available for purchase.

Moreover, famed mouth stick painter Mack Johnson will make an appearance and sell his work.

Jack Malotte will also present a talk in the theater, discussing

Continued On Page 7



Beautiful Butterfly — “Reawakening the Great Basin: A Native American Arts and Cultural Gathering,” presented by the Reno-Sparks Indian Colony in collaboration with the Nevada Museum of Art, takes place during Artown from 10 am to 5 pm, Saturday, July 13, at the Nevada Museum of Art, 160 West Liberty St., in downtown Reno, and Admission is free. Above, Dania Wahwasuck, an RSIC Pow Wow Club fancy dancer provides one of many dance demonstrations during “Reawakening.”

Photo Provided By the Nevada Museum of Art

RSIC Neighborhood Cleanup!

RSIC Departments (Public Works, Housing, Planning, Police, Hungry Valley Fire, Tribal Council & more) collaborate to provide an opportunity to assist residents to keep their yards clean, fire ready and in compliance with Solid Waste Ordinance #46.

You can help by clearing weeds, dried brush, trash, old furniture and other flammable material out of your yard. Also, by removing appliances and other large items out of your yard, you reduce the chances of rodent infestations and other unhealthy situations.

And, very importantly, you are doing your part to make our community a cleaner, nicer place to live.

Volunteers
Needed
&
Appreciated!

Please DO NOT: Place batteries, appliances, household hazardous wastes, antifreeze or other liquids in dumpsters. Also, please do not utilize dumpsters outside of event hours.

Reno Colony Neighborhood—Friday, July 19 8am-12pm

- 2 dumpster locations, TBD
- Sign-In at Anderson Park
- BBQ and raffle afterward
- To request assistance for elders & disabled persons (Reno Colony residents only), please contact the RSIC Environmental Program 785-1363.



For Questions: Bhie-Cie Ledesma, RSIC Acting Environmental Manager,
bledesma@rsic.org, or call (775) 785 -1363 Extension 5407

Continued From Page 5

his feature exhibition on view at the Museum, *The Art of Jack Malotte*.

Great Basin basket weaving and Tule duck decoy construction demonstrations will take place in the Founder's Room of the Museum, so that attendees can not only watch and learn about the practical use of these ancient items, but also purchase the authentic treasures from the weavers.

"The Nevada Museum of Art is deeply honored to once again work alongside the Reno-Sparks Indian Colony to present a very special community day," said Nevada Museum of Art Chief Executive Officer David Walker.

"Last year, more than 3,000 people from across the region participated in this important gathering, and we expect attendance to top that this year. It is a great joy to bring so many people together to honor the vibrant culture of this place, especially the culture of Nevada's Indigenous peoples, because the story of Nevada resonates globally."

All-ages hands-on workshops will take place all day, administered by visiting Pyramid Lake Paiute artist Sara Paschall.

Other activities include RSIC Language and Culture Storytellers sharing Great Basin creation stories, pow wow royalty greeting guests, hoop making, and more. Food and drink will be available for purchase, including Nat's Indian Tacos and Star Village Coffee, two Native-owned small businesses.

More information and detailed schedule of events can be found at: www.nevadaart.org/

Sponsorship for this event is provided by Wells Fargo and the City of Reno Arts & Culture Commission.

The Nevada Museum of Art is the only art museum in Nevada accredited by the American Alliance of Museums (AAM).

A private, nonprofit organization founded in 1931, the Reno-based institution is supported by its membership as well as sponsorships, gifts and grants.

Through its permanent collections, original exhibitions and programming, and E.L. Cord Museum School, the Nevada Museum of Art provides meaningful opportunities for people to engage with a

range of art and education experiences.

The Museum's Center for Art + Environment is an internationally-recognized research center dedicated to supporting the practice, study, and awareness of creative interactions between people and their environments. The Center houses unique archive materials from more than 1,000 artists working on all seven continents, including Cape Farewell, Michael Heizer, Walter de Maria, Lita Albuquerque, Burning Man, the Center for Land Use Interpretation, Ugo Rondinone's Seven Magic Mountains, and Trevor Paglen's Orbital Reflector.



Thousands of Native Youth Convene

Thirty young people represent the Reno-Sparks Indian Colony

More than 2,000 Native youth, including 25 from the RSIC, and across Indian Country recently travelled to Orlando, Fla., for the United National Indian Tribal Youth organization's signature event.

This annual, five-day conference includes programming, workshops, keynote speeches, a college and career expo, a

cultural night, talent show and banquet, among other events.

Conference attendees consist of about 275 youth councils, which are sponsored by various Tribal nations, schools and urban centers.

Students represent about 34 states plus an international cohort of Indigenous students from Taiwan.

Spanish Springs Community Mural Creation & Painting Summer 2019 Workshops

**Guided by Nevada Paiute & Yurok Artist,
Lena Tseabbe Wright**



WHAT: Help create a new mural in your local park, with the expert guidance of indigenous artist Lena Tseabbe Wright. These series of workshops promise to give you an appreciation for what goes into designing murals to tell a story, and invite YOU to be involved (hands-on) throughout the whole mural creation & painting process. Participants are welcome to attend all or any session(s). All ages event & FREE!

WHERE: Spanish Springs Library & "The Hive" Building of Lazy 5 Regional Park
7100 Pyramid Highway Spanish Springs, NV 89436. (775) 424-1866

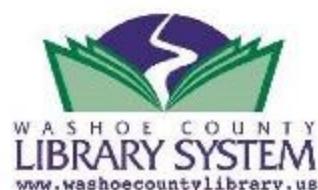
WHEN:

Sat 7/13/19 (9a-12p): Live Mural Painting Session 1/4 (@ The Hive at Lazy 5 Park)

Sun 7/14/19 (9a-12p): Live Mural Painting Session 2/4 (@ The Hive at Lazy 5 Park)

Sat 7/20/19 (9a-12p): Live Mural Painting Session 3/4 (@ The Hive at Lazy 5 Park)

Sun 7/21/19 (9a-12p): Live Mural Painting Session 4/4 (@ The Hive at Lazy 5 Park)



RSIC Tribal Council Tours Breadth, Width of Hungry Valley

Leadership hikes, explores rural landmass to plan future land management

By Scott Carey
RSIC Planner

On June 21, the Reno-Sparks Indian Colony Tribal Council participated in a tour of Hungry Valley with the Colony's Planning Department.

The purpose of the tour was to get a firsthand look at the 13,434 acres of lands that the Colony acquired in Hungry Valley through the passage of the Nevada Native Nations Land Act in 2016.

During the tour, the Tribal Council was able to see and discuss ongoing land issues with the staff including: off road vehicle use, illegal dumping, shooting, invasive species, transportation, recreation, live-stock management, wildlife, and cultural resources.

The tour also provided the Tribal Council and staff an opportunity to learn about and discuss future development that is planned around Hungry Valley.

"With significant growth projected within the Spanish Springs Valley and North Valleys over the next several decades, it will be important for the Colony to develop a land use and management plan for Hungry Valley," said Arlan D. Melendez, Chairman of the RSIC.

According to Data USA, which creates profiles of cities using public, United States government data, in 2017, Spanish Springs, Nev., had a population of 16.5 thousand people with a 4.51% annual growth which was

2.5 times higher than expected.

Further, in a January 2018 article published in the *Reno-Gazette Journal*, the Economic Development Authority of Western Nevada (EDAWN) predicted that job growth will continue to force housing construction and business growth in the region.

Mike Kazmierski of EDAWN said that the physical size of the Reno-Sparks valley will cause more construction to push into the North Valleys.

He added that more than 100 developments planning 59,000 housing units throughout the Reno-Sparks-Cold Springs-Verdi region are in the works, and one of the largest is the a 4,000-unit Kiley Ranch in Spanish Springs.

The Hungry Valley land use plan would detail how to manage the land for future generations and preserve lands needed to meet the long term needs of the Colony.

In the coming months, the Planning Department will be approaching the community to seek input and ideas regarding a land use and management plan for this rural land-base.

If you have any questions or would like any additional information regarding the Colony's lands in Hungry Valley please contact the Planning Department at 775-785-1363, or planning@rsic.org, or stop by our offices located at 1937 Prosperity Street in Reno, Nev.



A View of The Entire Valley — The image above was taken from the northwest corner of the Hungry Valley property line looking south east into the valley and existing community. Although Not easily accessible, this area provided a great vantage point for Reno-Sparks Indian Colony Tribal leaders and staff to see the lands acquired from the Nevada Native Tribes Land Act. This transfer signed into law in October of 2016 expanded the RSIC's reservation to 13,434 acres. See additional photos on page 20.

Photo Provided By RSIC Planning

CONGRADULATIONS GRADUATES!

| Reno Head Start | 6th Grade Transition | Jesse Hall Elementary |
|-----------------------------|----------------------------------|-------------------------------------|
| Ayden Simpson | Hidden Valley Elementary | Dyami Lewis-Calvin |
| Karianna John | Danielle Antonio | Aaliyah Cortes |
| Ty Ellis | Ethan Astor-Martinez | Donzia Cortez |
| Ruben Hardin | Mathew Brown | William Shaw |
| Luciana Maldonado | Chase Hardin | Waylen Shaw |
| Tyler Hardin | Ameya Sam | Davina Saxon-Leyva |
| Danielle Hunter | Daymian Katenay | Logan Mauwee |
| Anissa De Soto | Jaelece Wasson | Jarret Ordonez |
| Jose Rizo | Other Transition Students | Emma Ortega |
| Alza Wence | Leonard Christy | Aven Skenandore |
| Mason Gonzalez-Santos | Nick Christy Jr. | Nyelli Tooala |
| Neveah Bell | Angelina Deluna | Isyn Melendez |
| Chaske Benson | Isabell Gomez | Irvin Chapoose |
| Lyston Wasson | Dreama Melendez | Other Transitioning Students |
| Ayden Mason | Louie Ramirez | Darrell Gardipe |
| Dayzie Mauwee | Aiyana Smith | Julian Gardipe |
| Eva Yellowhair | Terrell Twohearts | Naomi Hunter |
| Tommo Quartz Campbell- | Kindergarten | Devina Leyva |
| Moss Mahpiya Good Voice Elk | Hidden Valley Elementary | Denise Parker |
| Pearly Davis | Talon Johnson | B.J Christy |
| Alezandria Christy | Sienna Mauwee | Chandler Calvin |
| Hungry Valley | Jeremy Souza | Mary Melendez |
| Head Start | Olivia Bill | 6th Grade Transition |
| Mark Quartz | Cameron Pere | Jesse Hall Elementary |
| Ryder Sanchez | Essence Sam | Cecelia Gossett |
| Osado Ledesma | Andre Ramirez | Adrian Garcia |
| Brandon Hubbard | Ehobe Quartz Campbell-Moss | Jacob Concha-Frazier |
| Elliana Aguilar | | Mycah Jackson |

Jesse Hall Elementary

Naeleen Ordonez
Landon Phoenix
Julieana Ramirez
Nota Redstone
Easton Rivers
Toni Torres
Sebastian Winup
Shaylisse Johnson
Ember Aguilar
Neveah Carillo
Niemah Carillo
Floyd Shaw
Jae-Lah Thayer
Jalei Moody
Jayden Ordonez
Jordan Rivers
Joseph Shaw
Kenneth Cortez
Kevin Jim Jr.
Malachi Cervantes Thayer
Michael Wells
Myers Walking Bull
Shayden Quartz
Too'a Collins

8th Grade Transitions

Vaughn Middle School
Gregory Baker
Aaryn Chavez
Jenna Johnson
Brina Chavez
Makalya Ondelacy
Alonso Raudales

Ayden Sampson

Tyranny Thomas

Yvonne Shaw Middle School

Terrance Fellows

Lauren Jim

Shayleen Malone

Lyndsie Mauwee

Jack McNees

Olivia Ordonez

Tristan Keo

Shea Shanrock

Teanna Shaw

Kate Wadsworth

Pyramid Lake Jr./Sr. High

Athena Bill

Tokala Chasing Crow

Elias Dressler

Macario Padilla Jr.

Other Transitioning Students

Catherine Fernandez

Triston O'Daye

Tory O'Daye

Sean Twohearts

Johnathan Wadsworth

Wooster High

Pablo Brito

Isaiah Rios

Kristina Wadsworth

Pyramid Lake Senior High

Jacob Stump

Lyllianna Williams

Reed High

Larsa Guzman

McQueen High

Michael Acosta

Rise Academy

Michelle Padilla

Jason Plummer Jr.

Benson Polytechnic High

Angelia Zuniga

Spanish Springs High

Uriah Leo Grass

Kiyla Wadsworth

McDermitt High

Precious Masters

Riverside Indian School

Hugh Edmo

Higher Education

~LaNita Jackson

General Education Diploma

~Chanel Tom

Dixie State University

~Christina Thomas

University of Nevada

~Deena O'Daye

Grand Canyon University

~Julia Torres

Carrington College

~Rita Imus

University of Nevada

~Marisa Traversie

University of Nevada

~Lorenzo Katenay

Career College



RSIC Higher Education Program

Can you help me go to school?

Yes. The RSIC Higher Education Program provides educational support by offering funding to RSIC tribal members attending colleges, universities and vocational/technical schools. The funding amount is based on a few different variables. The type of school that you wish to attend, the cost of the school and your available financial aid will all determine the amount that you are funded. However, students are still required to submit a Free Application for Federal Student Aid (FAFSA). It is highly recommended that you fill out the FAFSA application as soon as you can after Oct. 1 the year before you plan to attend. This is to ensure you do not miss out on available aid. You cannot receive RSIC funding without successfully submitting a FAFSA application.

What do I need to do?
The following items need to be turned in by the deadline:

RSIC Higher Education Application
High School diploma/GED or college transcripts
Acceptance letter from accredited school
Personal Letter of intent
Proof of application for FAFSA
Completed Financial Needs Analysis (FNA)
Degree Plan and class schedule
Proof of applications for 2 scholarships

*Incomplete applications will not be considered for funding



Deadlines

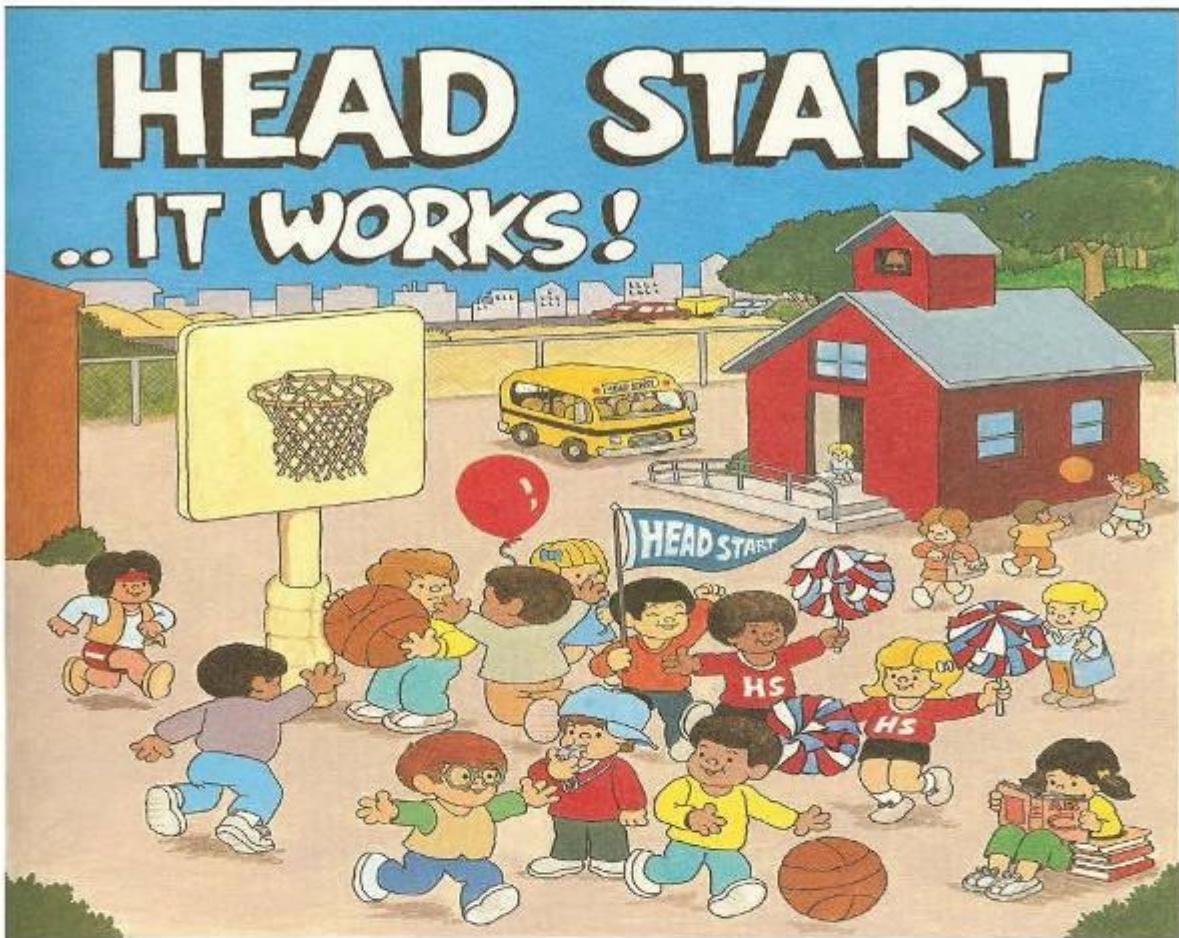
Fall: June 30

Spring: October 31

Summer: March 31

*Contact the RSIC Higher Education Coordinator for applications and to answer any further questions





The Reno-Sparks Indian Colony Head Start Program is now accepting applications for the 2019-2020 school year!

Head Start is a free early childhood education program for low income families with children between the ages of 3 to 5 years. Children must be 3 years of age by September 30th.

Head Start offers:

One classroom at Hungry Valley

Two classrooms at Reno-Sparks Indian Colony

Nutritious breakfasts and lunches provided

School readiness skills

For application and/or information, call 775-789-5615. To pick up an application, stop by the Head Start Program at 34 E Reservation Road

**Make your Dental and Physical Appointments now, as appointments fill up fast.
When making your appointments, let them know it is for Head Start.**

**Deadline for completed application to be received:
Thursday, July 25th at 4:30 p.m.**

New Federal Bill to Reduce Violence in Native Communities

With Violence Against Women Act in limbo, Nevada Senator Tries Again

As a vote to reauthorize the Violence Against Women Act has not been taken up in the United States Senate, a new bill that strengthens legal protections and funds support services for victims of domestic violence and sexual assault is being considered.

US Senator Catherine Cortez Masto (D-Nev.) recently cosponsored legislation to expand coordination between tribal and federal law enforcement to support federal, state and local efforts to respond to violence in Native communities.

The *Bridging Agency Data Gaps & Ensuring Safety (BADGES) for Native Communities Act* improves data collection and information sharing, promotes tribal outreach and empowers tribal law enforcement with federal resources.

"All too often, violent crimes in Native communities go unreported, and many tribal law enforcement do not have enough support to protect their jurisdictions," said Senator Cortez Masto. "It is unacceptable that Nevada's Tribal communities lack access to federal resources that allow Native people to keep their family, friends and neighbors safe."

Specifically, this bipartisan bill addresses critical public safety needs in Indian Country by addressing federal inefficiencies that hurt Bureau of Indian Affairs (BIA) law enforcement

recruitment and retention, increasing the effectiveness of federal missing persons resources, and giving Tribes and States resources to coordinate responses to the Missing and Murdered Indigenous Women (MMIW) crisis.

"For too long, poor coordination, limited data, and an unacceptable lack of federal resources have erected enormous barriers to justice all across Indian Country," said Senator Udall who co-sponsored the bill. "When public safety programs are under-resourced, crimes are under-reported and cases go unsolved."

The bill also requires the National Institute of Justice to appoint at least one Tribal liaison to conduct ongoing Tribal outreach, improve coordination with the BIA and the Federal Bureau of Investigations (FBI), and serve as a National Missing and Unidentified Persons System point of contact for Tribes.

This legislation also requires several reports to evaluate the effectiveness of programs and highlight future areas of need.

The BADGES for Native Communities Act, scheduled to receive a legislative hearing before the end of June in the Senate Committee on Indian Affairs, is supported by a number of Native organizations and Tribes.

Last fall, a historic report which exposed the gaps

in documenting cases missing and murdered Native women and girls was released by the Urban Indian Health Institute.

Since the Violence Against Women Act currently is mired in partisan politics, the bipartisan group sponsoring *BADGES for Native Communities Act* are looking to turn focus back to the most vulnerable in Indian Country.

According to the *Missing and Murdered Indigenous Women & Girls, a snapshot of data from urban cities in the United States*, violence against Indigenous women has reached unprecedented levels on Tribal lands and in Alaska Native villages.

More than 4 in 5 American Indian and Alaska Native women have experienced violence, and more than 1 in 2 have experienced sexual violence.

Though available data is limited, the number of missing and murdered American Indian and Alaska Native women and the lack of a diligent and adequate federal response is extremely alarming to indigenous women, tribal governments, and communities. On some reservations, indigenous women are murdered at more than ten times the national average.

The full text of the bill can be found at:

<https://www.tomudall.senate.gov/imo/media/doc/BADGES%20Act%20Final%20Bill%20Text.pdf>

Street Closure Near RSTHC

Carson City, Nev. – East Second Street is closed between Kietzke Lane and Giroux Street as the Nevada Department of Transportation (NDOT) installs a compact traffic roundabout.

Second Street will close between Kietzke Lane and Giroux Street just south of the Reno-Sparks Tribal Health Center and just east of Renown Regional Medical Center until the end of day July 18.

A marked detour will be available via Kuenzli Street. Businesses in the area will remain accessible.

Work will take place day and night to install a compact traffic roundabout at the intersection for easier and safer vehicle and pedestrian traffic flow. A small, one-way circular intersection in which traffic flows around a center island without stop signs or signals, the roundabout is being installed to enhance safety and mobility.

The current intersection, known as a one-way couplet, does not allow left hand turns to and from Giroux Street and east-bound Second Street. The roundabout will provide safer access for all turns.

The roundabout is being installed as part of a continuing NDOT project to install pedestrian safety improvements on Second Street. See map on page 17.

Sponsored By



Diabetes Program

TENNIS

**July 11, 2019
6:00-8:00pm**

Reno Tennis Center - 2601 Plumas St.

- Ages 10 Years & Older
- Taking first 20 people to sign up.
- For patients registered with the RSTHC or enrolled RSIC member.



MUST SIGN
UP

For registration & details contact Walita at

**call: 775-334-0938 or
email: wquerta@rsicclinic.org**

Sponsored by the Community Health & Diabetes Departments

The Reno-Sparks Tribal Health Center invites you to join our

NATIONAL BREASTFEEDING AWARENESS ART SHOW & INFORMATION TABLE

August 1st-31st!
In the RSTHC Lobby, Under the Tree,
Next to Patient Registration

Come enjoy breastfeeding education and view
beautiful art in honor of National Breastfeeding
Awareness Month!

For more info, please contact Stacy Briscoe ext 1945 or
Gina Featherstone ext 1949.



Kietzke Lane and Second Street | Construction Detour

Beginning **early July 2019** Second Street at Kietzke Lane will be **closed 24-hours a day**, seven days a week for approximately **10 days** for the construction of a new roundabout at Second Street and Giroux Street. A compact traffic roundabout will be installed at the intersection for easier and safer vehicle and pedestrian traffic flow. The closure is needed for the safety of workers and the public.

Business Access Maintained

Work Zone

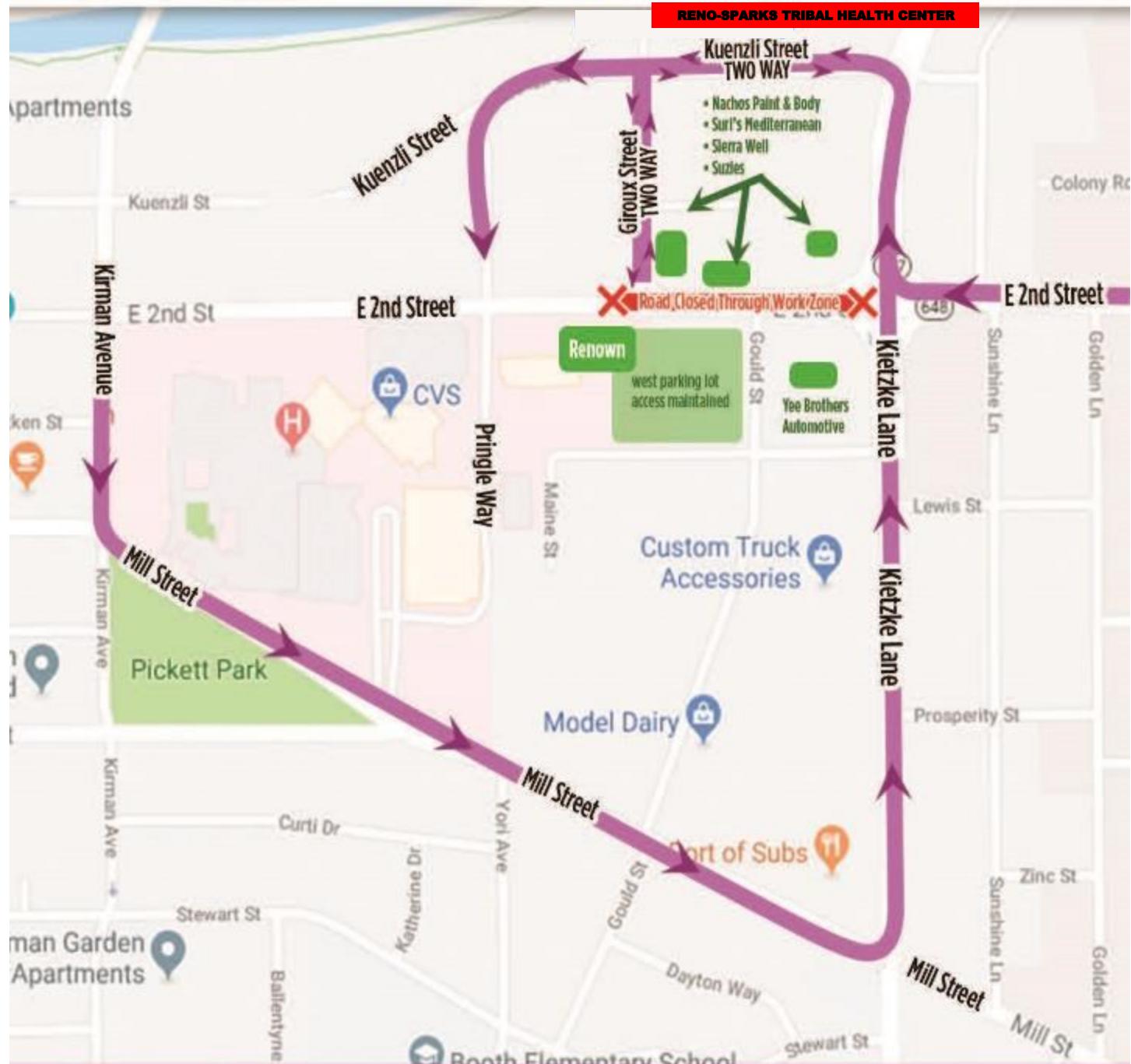
DETOUR

To access Second Street from Kietzke Lane, use Kuenzli Street

DETOUR

To access Second Street from Kirman Avenue, use Mill Street or Second Street

RENO-SPARKS TRIBAL HEALTH CENTER



Businesses are open and access will be maintained. Please use Kietzke Lane to Kuenzli Street to access Second Street.

Great Basin Tribes Celebrate Important New Laws

Historic legislation impacting Nevada Tribes highlighted in signing ceremony

Carson City, Nev. – Seventeen Tribal leaders, elders and military veterans from throughout the Great Basin witnessed a bill become a law which will strengthen Tribal sovereignty and create policies that promote collaboration and positive government-to-government relations between state agencies and Tribes.

Signed by Nevada Governor Steve Sisolak on June 8, the new law is patterned after a New Mexico consultation bill that Native Americans enjoy with state officials and agencies.

“I can’t remember a session of the Nevada Legislature that has been so supportive of Tribal interests,” said Reno-Sparks Indian Colony Chairman Arlan D. Melendez, who has held office for nearly 27 years. “During this 80th session, we have had senators and assemblymen and women of their own volition incorporate language into various measures to include Tribal representation.”

Besides the Colony, at least one representative from the Washoe Tribe of Nevada and California, the Pyramid Lake Paiute Tribe, the Yerington Paiute Tribe, the Walker River Paiute Nation, the South Fork Band, the Ft. McDermitt Paiute-Shoshone Tribe, and the Duck Valley Shoshone-Paiute Tribe, Stewart Indian School alumni and staff, plus Nevada lawmakers gathered in governor’s office for the signing ceremony.



Done — Nevada Governor Steve Sisolak signs a law to establish the Stewart Indian School Museum and Culture Center as Stewart alumni, Josey Becerro (left) and Gloria McDonald (right) watch the historical bill signing.

“We look forward to building a partnership with the State, and collaborating on ideas that will help sustain our Tribes and pave the way for the next seven generations,” said Amber Torres, Chairwoman of the Walker River Paiute Nation. “I cannot wait to see what we achieve with Governor Steve Sisolak’s administration.”

AB264 or the Collaboration Act, was just one of eight bills which highlighted one of the most successful Nevada

Legislative session in history.

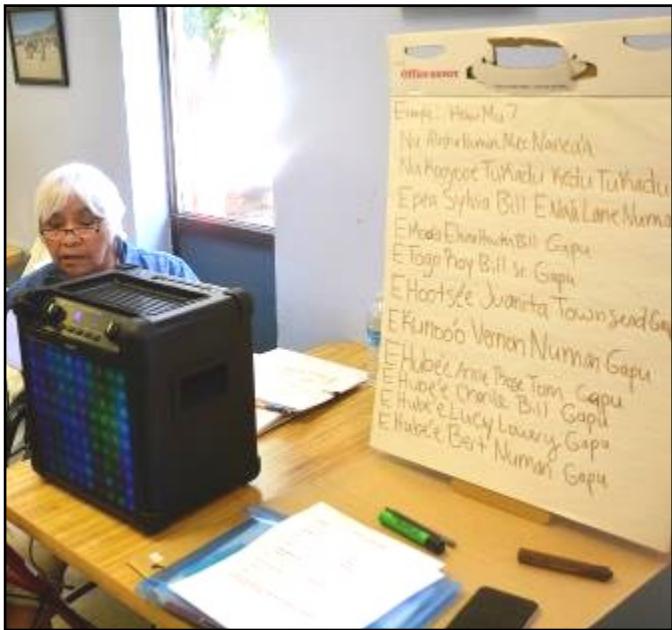
“All these important bills would not have made it to Governor Sisolak’s desk without the strong vision and leadership of our Tribal and elected state leaders,” Chairman Melendez said.

Accordingly, Nevada Assemblywoman Sara Peters and Senator Melanie Scheible sponsored the new law which codifies what the relationship between Tribes and Nevada

Continued On Page 20

In & Around: Reno-Sparks Indian Colony Community

Elders share knowledge, senator tours health center, asks questions, children sing



Teacher! Teacher! – Miss Thayla Dick uses a flip chart as a visual aid while giving Paiute language lessons at the Reno-Sparks Indian Colony Senior Center. A fluent speaker, Miss Thayla teaches every Wednesday at 12:45 p.m.

Photo By Marlon Melero



Fighting For Health Care – Last week, Nevada Senator Jacky Rosen (far right) toured the Reno-Sparks Tribal Health Center. Above, Senator Rosen exchanges ideas with Dr. Tara Van Orden, the co-medical director at the RSTHC.

Photo By Marlon Melero



Twinkle Twinkle Little Star – A summer worker for the Reno-Sparks Indian Colony's Language & Culture Program, and a senior at Haskell Indians Nations University, Lishia Wesson leads Head Start students in a Paiute language rendition of a children's song.

Photo By Marlon Melero



Stakeholders – After touring the Reno-Sparks Tribal Health Center, Nevada Senator Jacky Rosen asked key staff and Tribal leaders what his or her concerns are about healthcare. Senator Rosen has publicly announced her opposition to the dismantling of Obama Care.

Photo By Marlon Melero

In & Around: Reno-Sparks Indian Colony Community

Checking out Hungry Valley for future use, two volunteer for civic duty



Northwest Territory – While touring the 13,434 miles of land in Hungry Valley, Reno-Sparks Indian Colony Planning staff placed large signal flags on the northwest and southern boundary to serve as markers during the tour. These guide posts were especially helpful as a reference point for the existing community.



Taking It All In – Reno-Sparks Indian Colony Tribal Chairman Arlan D. Melendez (left), and Vice-Chairman Doug Gardipe (right) survey the rock formations providing a geographical boundary for Hungry Valley. Planning Director Scott Nebesky looks on, too. The photo above and to the left were provided by the RSIC Planner.



Glad To Be Aboard – After swearing her into office, Jessica O'Daye (right) shakes hands with Reno-Sparks Indian Colony Chairman Arlan D. Melendez (left). O'Daye will join the RSIC Election Committee.



Oath of Office – Lynette Sam (right) reads from her sworn statement as she promises to faithfully execute the duties of the Reno-Sparks Indian Colony's Election Committee. Above, Chairman Arlan D. Melendez administers the oath of office.

Continued From Page 17

State agencies should be.

"AB264 creates transparency and accountability, and it enables the Nevada Indian Commission to take steps to ensure that there is appropriate training and mechanisms for maintaining these relationships," Peters said during hearings on the bill.

Laurie Thom, Chairwoman of the Yerington Paiute Tribe expanded on the meaning of the new law.

"To pass unanimously out of every committee, in both the Senate and Assembly, and with 17 sponsors, states loud and clear that the emerging partnerships between the State and Tribes are getting stronger," Thom said. "As generations reflect, they will look to this 80th legislative session as a turning point at which Tribes took back their power."

Other new laws which will resonate through Indian Country in the Great Basin include: *AB44* which officially creates the Stewart Indian School Cultural Center and Museum; *AB393* which creates protection for Tribes during a Federal Government shutdown; *SB182* which confers powers of a peace officer for some law enforcement relating to Tribes; *AB137* which revises provisions for state and county election activities on Tribal Lands, so that once established, Tribes do not have to re-request reservation polling stations; *AB71* allows the state attorney general to develop agreements with Tribes for grants and loan disaster relief; *SB67* establishes the Nevada Tribal Emergency

Coordinating Council; and *AB152* protects cultural properties and increases penalties for destroying cultural resources; and *SB366* which establishes provisions relating to dental therapy.

"The need for more sustainable access to dental care in Tribal Nevada is great, and the potential cost saving realized by utilizing a dental therapist services will be an important component in providing better dental services to our community, said Alan Mandell, Vice Chairman of the Pyramid Lake Paiute Tribe. "Our leadership is confident that the new legislation will empower Tribes to tackle our own oral health challenges, plus put our own people to work in areas that habitually have been difficult to recruit and retain quality, culturally competent staff."

The state of Nevada includes 20 federally recognized Tribes comprised of 27 tribal communities. Nevada's Indian Territory is home to four major Tribes: Northern Paiute, Southern Paiute, Shoshone and Washoe.

Early in his campaign

to become the Silver State's first democrat governor in two decades, Sisolak, committed to respect Tribes' sovereignty and to empower Tribes by respecting Tribal-Federal communication and decision-making without intervention, yet with the collaboration and support of state government when that is beneficial to the Tribes' objectives. "Many of these bills were crafted to include the needs and values of our communities," Chairman Melendez said. "Notably, these provisions were offered by the legislators of their own accord."

Assemblywoman Peters also recognized that changing dynamic as she authored an opinion piece published in the *Reno-Gazette Journal*.

"One of the things we have seen over the last five or so years is a resurgence of power from our Tribal governments, and it is appropriate," Nevada Assemblywoman Peters said. "It is necessary that Tribes engage and take their power back in a way that ensures their members and their culture exists in perpetuity."

80th Nevada Legislative Session New Laws Directly Impacting Area Tribes

- | | |
|--------------|--|
| <i>AB44</i> | Creates the Stewart Indian School Cultural Center and Museum; sponsor: Nevada Indian Commission |
| <i>AB393</i> | Creates protection for Tribes during Federal Government shutdowns; sponsor: Assembly Speaker Jason Frierson |
| <i>SB366</i> | Establishes provisions relating to dental therapy; sponsor: Senator Julia Ratti |
| <i>SB182</i> | Confers powers of a peace officer for law enforcement relating to Tribes; sponsor: Speaker David Parks |
| <i>AB137</i> | Revises provisions for polling stations on Tribal Lands; sponsor: Assembly Howard Watts |
| <i>AB71</i> | Allows AG to develop agreements with Tribes for disaster relief; sponsor: Nevada Department of Emergency Management |

What does the Bible say about the Environment?

Glossing over scriptures that clearly demonstrates the importance of caring for and learning from the OUR environment. Emphasis on OUR, since there is only one planet, one environment. We all share the same air, water, terrain, and natural resources. Jesus in his well quoted sermon on the mount beatitudes in Matthew 5:5 “**Blessed are the meek, for they shall inherit the earth**”.

This inheritance is a blessing not a curse. Yet, the disregard toward the care and ignorance toward what nature can teach us remains a curse.

Natural revelation is the revelation of God in nature. Romans 1:20 says, "For since the creation of the world His invisible attributes, His eternal power and divine nature, have been clearly seen, being understood through what has been made, so that they are without excuse." Nature can tell us certain things about the Creator of all creation.

Also in Romans 8:20-22, clearly written that creation is bondage of decay or in other translations use “slavery of corruption”

“For the creation was subjected to frustration, not by its own choice, but

by the will of the one who subjected it, in hope that the creation itself will be liberated from its bondage to decay and brought into the freedom and glory of the children of God. We know that the whole creation has been groaning as in the pains of childbirth right up to the present time.”

Scripture tells us that the land, and every living creature has a story to tell us. As in **Job 12:7-10**

“Ask the animals they will teach you or the birds of the air, and they will tell you; or to speak to the earth and it will teach you, or let the fish of the sea inform you. Which of all these does not know that the hand of the Lord has done this? In his hand is the life of every creature and the breathe of all mankind.”

There is special Blessing for all creation

“For you shall go out in joy and be led forth in peace; the mountains and the hills before you shall break forth into singing, and all the trees of the field shall clap their hands.”

Our environment is one of the greatest examples of God’s ability.

As a Christian, I have a



Rev. Augustin Jorquez

responsibility to care about what happens to all people, not just myself and those that I know. That means I also have a responsibility to ensure that the world is a place that can sustain all of God's children. The way that many of us live right now, myself included, there should be a greater sense of responsibility of how we are caretakers of this wondrous world that we call home.

“ Above all, keep loving one another earnestly, since love covers a multitude of sins.”



Each of us is given a measure of faith.

Many Blessings in Christ,
Rev. Augustin

& Cindy Jorquez
Pastor Hungry Valley
Christian Fellowship
Phone: 775-233-0268

New Employees

Q: What is your exact job title?

I am a medical transporter.

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

I want to help my community.

Q: Do you have a Tribal Affiliation?

If so, where?

I am a member of the Reno-Sparks Indian Colony.

Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?

Not at this time



Terry Keo

Q: What is your exact job title?

I will be a recreation assistant.

Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?

I want to help out and improve the environment for the youth to learn and grow.

Q: Do you have a Tribal Affiliation?

If so, where?

I am enrolled in Schurz, the WRPT.

Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?

Not at this time.



Vincent Nuances

New Employees

Q: What is your exact job title?

Food server for summer foods

**Q: What do you hope to accomplish here
at the Reno-Sparks Indian Colony?**

I want to make a difference with .

Q: Do you have a Tribal Affiliation?

If so, where?

I am a member of the Pyramid Lake Tribe.

**Q: Is there any additional information
that you would like to share with the
Reno-Sparks Indian Colony Community?**

I am very excited to work!



Joslyn Correa-Davis

Q: What is your exact job title?

I am a CHR (Community Health Representative) / Transporter

**Q: What do you hope to accomplish here
at the Reno-Sparks Indian Colony?**

I hope to gain more customer service skills.

Q: Do you have a Tribal Affiliation?

If so, where?

Yes, I am a member of the Pyramid Lake Paiute Tribe.

**Q: Is there any additional information
that you would like to share with the Reno-
Sparks Indian Colony Community?**

No



Janae Melendez

WATER FITNESS!!



**FREE
TO ALL
CHILDREN,
DIABETIC,
NON-DIABETIC
& SENIOR
RSTHC
PATIENTS**

@ Alf Sorenson Community Center

1400 Baring Blvd, Sparks

Tribal Card required @ Class Check-In

Senior Water Fitness (55years and older)

(Transportation available for RSIC Enrolled and Resident Seniors only. Contact Wali for more info (see below) **TUESDAYS & THURSDAYS 9-10AM**

Senior Water Fitness Saturdays
(55years and older)
(Transportation not available)
SATURDAYS 12-1PM

SWIM LESSONS!

Available for all ages
Build basic water safety or develop your skill.
(Enrollment Required @ Alf call 353-2385. Paid for by the RSTHC Diabetes Program)
Go to www.sparksrec.com for schedule and reg dates

Senior Aquacize
(slower paced for 55years and older)
(Transportation not available)
TUESDAYS & THURSDAYS 10-11AM

Toddler Time!
(age 6years or younger)
Parents must be in the pool with the child
MONDAY THRU THURSDAYS 11:30-4:30 CLASS TIMES

**Sponsored by
the RSTHC
Diabetes
Program**

**Lap Swimming
(all ages)**
MON-THURS 6-9AM, 9-11AM, 11-1:30, 1:30-3PM
SATURDAYS 12-5:45PM

QUESTIONS? Contact Wali at 329-5162 x1947 or Stacy x1945

**VISIT THE
FOOD BANK OF NORTHERN
NEVADA'S MOBILE HARVEST
IN HUNGRY VALLEY
NOW OCCURRING MONTHLY!**

WHEN: MONTHLY ON THE 3RD
MONDAY OF THE MONTH
12-1PM

WHERE: PARKING LOT
ABOVE THE GYM

WHO: ANYONE IN NEED

JULY 15

**FBNN'S MOBILE HARVEST GIVES
ACCESS TO NUTRITIOUS,
HEALTHFUL FOOD BY VISITING
NEIGHBORHOODS TO DISTRIBUTE
PRODUCE AND OTHER FRESH FOOD
ITEMS. ANYONE MAY USE THE
PROGRAM. LIMIT ONE DISTRIBUTION
PER WEEK**

**QUESTIONS?
CONTACT STACY
BRISCOE, RSTHC DM
PROGRAM MANAGER
OR
JANE SMITH, RSTHC
BENEFITS
COORDINATOR AT
RSTHC 329-5162**

Hungry Valley



Christian Fellowship

Believing God For Greater Things!

Sunday Worship Services: 10:30 AM

Potlucks every month!

Location: Hungry Valley Community Center

For more information, contact:

Pastors Augustin & Cindy Jorquez 775-425-5886

New Activities & Events Starting Soon!



**Don't
Miss!**

The Art of Jack Malotte

EXHIBITION ON VIEW JUNE 8 — OCTOBER 20, 2019



MAJOR SPONSOR: The Sato Family Fund at the Community Foundation of Western Nevada

SPONSORS: Nevada Arts Council, Sandy Raffaelli | HillPearce Motors

SUPPORTING SPONSORS: Anonymus, Kathie Bartlett, National Endowment for the Arts

MEDIA SPONSOR: KING Reno Public Radio, Sierra Nevada Media Group

N NEV MUS OF
ADA EUM ART

Jack Malotte - Jack Malotte, Untitled (self), 1982.
oil, acrylic and colored pencil, 22 x 30 inches.

Donald W. Reynolds Center for the Visual Arts | E. L. Wiegand Gallery
160 West Liberty Street in downtown Reno, Nevada | nevadaart.org

USDA
United States Department of Agriculture

Summer Food Rocks!

AT THE RENO-SPARKS INDIAN COLONY



The Summer Food Service Program operates Monday-Friday from June 10 — August 2, 2019.

Breakfast: 8:30 a.m. – 9:30 a.m. Lunch: 11:30 a.m. – 12:30 p.m.

All children 18 years & younger are eligible to receive a free, delicious, and nutritious meal.

Renown Site
Multipurpose Room
34 Reservation Road, Reno NV 89502

Hungry Valley Site
Education Building
9055 Eagle Canyon Road, Sparks NV 89441

For further information please contact Lauro Gallardo, SFSP Coordinator at 775 789 5615 X5432, lgallardo@rscic.org

MOVE IT OR LOSE IT!

80s

HEALTH FAIR

09.18.2019.

3 PM-7 PM

RSIC RENO GYM

VENDORS WELCOME

RSIC Reno Gym
Questions or would like to be a vendor, contact Gina Featherstone, 775-329-5162 gfeatherstone@rsicclinic.org

RENO-SPARKS INDIAN COLONY COMMUNITIES

DON'T FORGET: TO REGISTER YOUR CHILD FOR THE 2019-2020 SCHOOL YEAR.

<https://www.washoeschools.net>

-RSIC EDUCATION DEPT.

Swim Safe for the Summer with Swim Lessons!

Available for all ages Build basic water safety or develop your skill.

@ Alf Sorenson Pool 1400 Baring Blvd, Sparks

Enrollment Required @ Alf call 353-2385

Go to www.sparksrec.com for schedule and reg dates

Paid for by the RSTHC Diabetes Program

Questions? Contact Stacy at 329-5162 x1945

Aquasize, Senior Water Fitness, Toddler Time, and Lap Swimming also available. Call Alf @ 353-2385 for details

Swim Safe for the Summer with Swim Lessons!

Available for all ages Build basic water safety or develop your skill.

@ Alf Sorenson Pool 1400 Baring Blvd, Sparks

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Go to www.sparksrec.com for schedule and reg dates

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Aquasize, Senior Water Fitness, Toddler Time, and Lap Swimming also available. Call Alf @ 353-2385 for details

ELDER HOME TRAINING

Personal Training Sessions
With 3NWC trainers Michelle and Tiffany

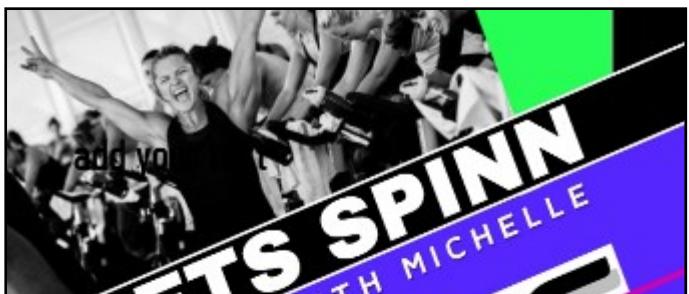
**20 MINUTE SESSIONS
CUSTOMIZED WORKOUTS
WIDE RANGE OF EXERCISES
Including fall prevention and improving mobility**

WE COME TO YOUR HOME 1 DAY A WEEK

Trainers provide assistance with all levels of fitness

Sponsored by the RSIC Diabetes Program

To schedule an appointment and get required medical release contact Stacy Briscoe (775) 329-5162 Ext. 1950



LET'S SPINN
SPINNING WITH MICHELLE
FITNESS
AWESOME CALORIE BURNER AND FITNESS BOOSTER

WEDNESDAYS 5:30-6:30PM &
FRIDAYS 12:15-12:45PM
@ 3NWC

Questions Contact Michelle @ 329-5162

MARTIAL ARTS

CLASS SCHEDULE • INFO • REGISTRATION • SIGN UP
AT
WWW.HIGHSIERRAMARTIALART.COM
775-470-5943

OPEN TO ALL PATIENTS OF RSTHC

FITNESS DISCIPLINE FOCUS STRENGTH SELF DEFENSE
FOR ALL AGES

INCLUDES CLASSES UNIFORMS AND TESTING FEES

SPONSORED BY THE RSIC DIABETES PROGRAM

- QUESTIONS -
CONTACT STACY BRISCOE RSTHC 329-5162

Pathways to Health Food & Exercise as Medicine

Great Recipes Education Opportunities on nutrition and leading a healthy lifestyle Transport to Exercise
Food Demos Healthy Foods delivered to your door

SUPPORTED BY:
RENNON COMMUNITY BENEFIT PARTNERSHIP GRANTS & THE RSIC DIABETES PROGRAM

CONTACT:
STACY BRISCOE, DIABETES PROGRAM MANAGER FOR MORE INFORMATION
329-5162 EX 1945

QUESTIONS?
CONTACT STACY BRISCOE @ RSTHC
329-5162 X 1945
OR COMPLETE AND RETURN SURVEY IN BOXES AROUND THE CLINIC

SPONSORED BY THE RSIC DIABETES PROGRAM AND THE RENNON COMMUNITY HEALTH BENEFIT GRANT

CARDIO KICKBOXING



ALL LEVELS WELCOME | FAST, EFFECTIVE FULL BODY WORKOUT
CLASSES EVERY WEDNESDAY @ 12:15-12:45

@ 3NWC WITH HARLAN
1715 KUENZLI STREET | RENO, NV 89502
(775) 329-5162

BURN CALORIES
LOSE WEIGHT
GET FIT!

TRX 101

INTRODUCTION TO TOTAL BODY
RESISTANCE TRAINING



NEW - 2 SESSIONS !!

SESSION 1:
12:05 - 12:30

TUESDAYS:

SESSION 2:
12:30 - 12:55



Call Tiffany Dean for any questions at
775-329-5162 Ext 1948

Photo with permission from TRX



KETTLEBELL CONDITIONING

Thursdays
12:15 - 12:45 with Christian
@ 3NWC

Questions? Contact Stacy or Christian at 329-5162

Sponsored by the RSIC Diabetes Program



LIVING IN BALANCE

GROUP DIABETES
PREVENTION AND MANAGEMENT
EDUCATION

CLASS DATE & TIME TBD

ENROLLING NOW!
CONTACT STACY
329-5162 X1945

HAVE QUESTIONS?

What should I be doing NOW to prevent Diabetes?
How do I start exercising?
How much is enough exercise?
How can I help a loved one get better?
What CAN I eat?
What IS Diabetes?



Keep one Diabetes Checkup in RSTHC Medical in 2019 as well as receive a foot exam and you are eligible for shoes through the Nutrition assessment appointment is required Contact Stacy 329-5162 x1945 or Kristie x1943

The RSIC Diabetes Program reserves the right to end this program at any time

SPONSORED BY THE RSIC DIABETES PROGRAM



The 2019 Diabetes Shoe Program



Keep one Diabetes Checkup in RSTHC Medical in 2019 as well as receive a foot exam and you are eligible for shoes through the Nutrition assessment appointment is required Contact Stacy 329-5162 x1945 or Kristie x1943

The RSIC Diabetes Program reserves the right to end this program at any time

Sponsored by the RSIC Diabetes Program




Are You Ready To Quit Smoking?
We Can Help!

TOBACCO CESSATION 12 WEEK PROGRAM

Smokers Trying to Quit Can Double
or Triple Their Chances With
Counseling, Medicine, or Both!

Tobacco Education
Professional Guest Speakers
Learn How Nicotine Affects You
Nicotine Replacement Therapy
Keep Traditional Tobacco Sacred
Additional Support Through Counseling
Ongoing Coaching and Support
Learn the Benefits of Quitting

Hard, Yes.
Impossible,
NO!

RSTHC
Conference
Room

Starting July
10th, Every
Wednesday
for 12 weeks
5:30-6:30pm

If you are a smoker & would like to
take action for a healthier you, please
contact Gina, CHES at 775-329-5162

Legal Notices, Public Announcements

Recruitment for community boards; name changes

Recruitment Law & Order Committee

The RSIC Law & Order Committee is recruiting new members. Appointments are for a four-year term and members are appointed by the Tribal Council. The Committee, pursuant to the bylaws, is scheduled to meet the first Wednesday of each month, but the date can be changed by the Committee. The Committee shall be compensated at a rate approved by the Tribal Council. The Standing Rules for Committees and Advisory Boards of RSIC have been revised and were adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. All Committee members must abide by these rules. Please see the Tribal Administrator's Office for a copy of the Standing Rules.

Any interested RSIC enrolled member may submit an applications to the Tribal Administrator's Office located at 34 Reservation Rd.

IN THE RENO-SPARKS TRIBAL COURT IN AND FOR THE RENO-SPARKS INDIAN COLONY RENO, WASHOE COUNTY, NEVADA

Notice is hereby given that the Petitioner, Makenna Rochelle Tom who is a member of the Reno-Sparks Indian Colony, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV.NC. 2019-0032, praying that said Court enter an Order changing the present legal name of Makenna Rochelle Tom, to the name of Makenna Chagolla Melendez , which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV 89502, within ten (10) days after publication of this notice.

Dated this 24th day of June, 2019.

/S/

Jeraldine Magee, Court Administrator
Reno-Sparks Tribal Court

Recruiting Representative for Executive Health Board

The Reno-Sparks Tribal Health Center is recruiting for two (2) RSIC Tribal representatives to serve on the Executive Health Board.

The members are appointed by the Tribal Council and shall serve a term for a four-year period. If you are interested in being a member of the Executive Health Board, please submit a letter of interest to:

Executive Health Board
Reno-Sparks Tribal Health Center
1715 Kuenzli Street, Reno, NV 89502

All interested participants will be invited to fill out an application and attend a Health Board meeting for introductions. For more information, please phone, 329-5162, ext., 1901.

IN THE RENO-SPARKS TRIBAL COURT IN AND FOR THE RENO-SPARKS INDIAN COLONY RENO, WASHOE COUNTY, NEVADA

Notice is hereby given that the Petitioner, Makayla Jazrean Tom who is a member of the Reno-Sparks Indian Colony, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV.NC.2019-0033, praying that said Court enter an Order changing the present legal name Makayla Jazrean Tom , to the name of Makayla Chagolla Melendez , which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV 89502, within ten (10) days after publication of this notice.

Dated this 4th day of April, 2019.

/S/

Jeraldine Magee, Court Administrator
Reno-Sparks Tribal Court

Legal Notices, Public Announcements

Approved car seat revised statute

Safety Violations

Section 5-3-501 Safety Inspection. All vehicles driving on Colony Lands are subject to a safety inspection on request of Tribal law enforcement Officers or other Tribal authority.

Penalty for failure to submit to inspection: \$150.00 fine.

Section 5-3-502. Operation or Sale of Unsafe Vehicles. It is unlawful to operate any vehicle which is in an unreasonably dangerous condition.

Penalty: \$50.00

Section 5-3-503. Child Riding in Motor Vehicle. It shall be the responsibility of the driver of any vehicle driven on Colony Lands to ensure the safety of the child passengers.

No person shall operate a motor vehicle unless each child passenger is properly secured in a child passenger restraint device or a safety belt.

Children less than two years of age shall be properly secured in a rear-facing child passenger restraint device until they reach the height or weight limit of said child passenger restraint in the rear seat of the vehicle. If the vehicle is not equipped with a rear seat, the rear-facing child passenger restraint device may be installed in the front seat provided it is not installed in front of an active airbag.

Children two to five years of age regardless of weight shall be properly secured in a child passenger restraint device that meets the requirements for the height and weight of the child. If the vehicle is not equipped with a rear seat, the child passenger restraint device maybe installed in the front seat if it is not installed in front of an active airbag.

Children five years of age and older, until such time as the seat belt fits properly, shall be properly secured in a booster seat with a lap and shoulder belt until they reach the height of 57 inches (4'9"). If the vehicle is not equipped with a rear seat, the booster seat may be installed in the front seat provided it is not installed in front of an airbag.

Children less than 16 years of age and taller than 57 inches (4'9") shall be properly restrained in a lap and shoulder seatbelt in a rear seat. If the vehicle is not equipped with a rear seat, the child may sit in the front seat. A lap-only seatbelt should only be used when a lap and shoulder seatbelt is not available in any other seating position.

Violation of this section shall be considered a moving violation for which a law enforcement officer shall have the authority to stop a vehicle and issue a citation upon his reasonable belief that the driver is in violation of this section.

When a physician determines that the use of the prescribed restraining devices set forth in sections (a)(1) and (2) above for the particular child would be impractical or dangerous because of factors such as the child's weight, physical unfitness or medical condition, the person transporting the child must carry in the vehicle the signed statement from the physician indicating such and must use a suitable restraining device for that particular child.

Continued On Page 32

FIND US:

www.rsic.org



Legal Notices, Public Announcements

Approved car seat revised statute (continued), pending lactation policy

Penalties:

First offense: \$100.00 fine and completion of a safety education program offered by the Tribal Clinic.

- a. Fine may be reduced or waived with submission to the Court proof that the violator has obtained a proper child restraint device designed to fit the child and that has been properly installed by a Certified Passenger Safety Technician along with educational material on best practices for Child Passenger Safety.

Second offense: \$200.00 fine and completion of a safety education program offered by the Tribal Clinic.

Third and subsequent offense: \$300.00 fine and completion of a safety education program offered by the Tribal Clinic.

Drivers who habitually fail to comply with this Section may be cited under other relevant sections of the Law and Order Code for child abuse or neglect for which appropriate penalties will apply.

Section 5-3-504. Safety Restraint Required.

Any person driving and any vehicle occupant(s,) whether riding in front passenger seat or rear passenger seat(s), who is sixteen (16) years of age or older shall wear a safety belt. A citation must be issued to any driver and/or passenger who fails to wear a safety belt.

If the passenger is a child under the age of sixteen (16) years, and taller than 57 inches (4'9"), the citation will be issued to the driver for his failure to require the child wear a safety belt.

Violation of this section shall be considered a moving violation for which the enforcement officer shall have the authority to stop a vehicle and issue a citation upon his reasonable belief that the driver is in violation of this section.

When a physician determines that the use of a safety belt for the particular child would be impractical or dangerous because of factors such as their child's weight, physical unfitness or medical condition, the person transporting the child must carry in vehicle the signed statement from the physician indicating such and must use a suitable restraining device for that particular child.

Penalties:

First offense: \$100.00 fine. In lieu of payment of the assessed fine for a first offense, the offender may attend a safety education program offered by the Tribal Clinic.

Second offense: \$150.00 fine.

Third and subsequent offense: \$200.00 fine.

Lactation Policy

Objective: To provide a reasonable break time for an employee to express milk or breastfeed her child in a clean and private area, free from intrusion from the public or co-workers.

Scope: All Employees

Policy: It is the Policy of RSIC to provide a clean and private space, as well as appropriate breaks, to allow a lactating mother who is employed by RSIC to breastfeed her child and/or express breast milk.

Definitions: Subject Employee: Means a lactating, female employee of RSIC.

Legal Notices, Public Announcements

Pending lactation policy (continued): Good Health & Wellness Coalition

Procedures:

A. Implementation.

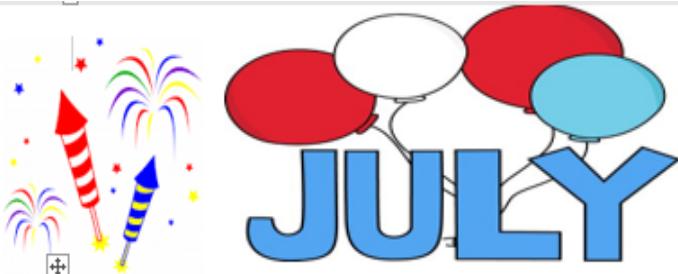
1. To ensure implementation of this Policy, all Directors and Managers shall work cooperatively with each Subject Employee who provides notice of her intention to breastfeed and/or express breast milk in the workplace.
2. Breaks and Duration. Any employee, after the birth of her child and for one year following, shall be provided with a sufficient number of breaks during the course of any workday to breastfeed her child or express breast milk. It shall be the responsibility of the applicable Director or Manager to ensure that the Subject Employee's reasonable requests for breaks are granted.
3. Space Provided. RSIC, through its Human Resources Department and in consultation with the applicable Director or Manager, shall ensure that each Subject Employee has access to a Lactation Area. While using the Lactation Area, the Subject Employee shall be free from intrusion by co-workers and the public. A permanent, designated space is not required by this Policy; provided, however, a space must be made available when needed to meet the requirements set forth herein.
4. Compensation. A subject employee who is non-exempt may use her paid break times and unpaid lunch breaks for the purpose described herein. All other breaks shall be unpaid and, in the discretion of the employee's Supervisor, the Subject Employee may be required to "clock out" when taking such breaks. An exempt employee shall not be penalized for taking the time and breaks necessary to breastfeed or express breast milk in accordance with this Policy. Abuse of this Policy by a Subject Employee (whether exempt or non-exempt) may result in disciplinary action.
5. Children in the Workplace. If a Subject Employee wishes to breastfeed her infant at the workplace, she shall notify her Supervisor of her intention to do so as soon as possible. The infant's caretaker or other designated individual may bring the infant to the Subject Employee who shall use the Lactation Area for the purpose of breastfeeding. At the end of the break, the child must be returned to the caretaker who will exit the workplace with the infant. It is not the intention of this Policy to permit Subject Employees to bring their children to work for any period of time in excess of the time used for the breastfeeding session.
6. Communication with Supervisor. It shall be the responsibility of the Subject Employee to discuss a Lactation Schedule with her Supervisor, or, in the event the Supervisor is of the male gender, then with a female employee in the Human Resources Department. In all cases, the Subject Employee should inform her Supervisor when she is going on break—unless a regular schedule has been agreed upon and the break is consistent with the regular schedule.
7. Designation of Lactation Area. It shall be the obligation of each Department Head, working in consultation with the Human Resources Department, to designate an appropriate Lactation Area. Such designation shall be made when notice of a need for such area is made by a Subject Employee.

Discipline.

Violations of this Policy are subject to disciplinary action up to and including termination in accordance with HR Policy 164.901—Disciplinary Action.

Administrative Responsibility.

Supervisors are responsible for ensuring that this Policy is implemented and enforced.



Reno-Sparks Indian Colony
Senior Center Activities
34 Reservation Rd, Building F
Reno, NV 89502
775-329-9929

2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| 1) 10:00am Errand Day 12:30pm Tone & Fit 1:00pm Senior Advisory Committee Meeting | 2) 10:00am Farmer's Market Trip 12:30 Ice Cream Social | 3) 12:45pm Language Class | 4) Closed | 5) Center Closed |
| 8) 12:30pm Tone & Fit | 9) 10:00am Thrift Store Shopping 12:00pm Behavioral Health Presentation 5:30pm Night Bingo | 10) 11:30am Blood Pressure Check 12:45pm Language Class | 11) 12:30pm Galaxy Theaters | 12) 9:00am Caregivers Support Group Meeting 10:30am Brunch |
| 15) 8:00am Food Party 11:30 Food Bank in H.V. 12:30pm Tone & Fit | 16) 10:00am Farmer's Market Trip 12:30pm Tie Dye | 17) 10:00am Errand Day 12:45pm Language Class | 18) 11:30am Blood Pressure Check 12:30pm Birthday Bingo | 19) 10:30am Brunch |
| 22) 12:30pm Tone & Fit 1:00pm Pop Up Card | 23) 8:00am Commodities 10:00am Thrift Store Shopping 12:00pm Behavioral Health Presentation 12:30pm Century Theaters | 24) 11:30am Blood Pressure Check 12:00pm Community Health & Nutrition Presentation 12:45pm Language class | 25) 9:00am Virginia City Train Ride | 26) Closed RSIC Employee Appreciation Day <i>No lunch served or delivered</i> |
| 29) 12:30pm Tone & Fit 1:00pm Glass Etching | 30) 10:00am Farmer's Market Trip | 31) 11:30am Blood Pressure Check 12:00pm Environmental Presentation 12:45pm Language Class | | |

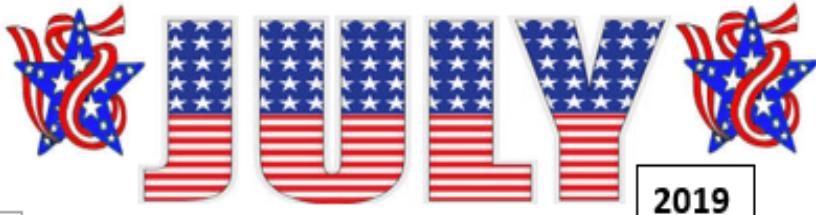
Activities are subject to Change or Cancel without notice. To sign up for an event call 775-329-9929 or stop by the Senior Center. Sign up is required for all activities that include a ticket or transportation. Clients must be physically able to participate in activities.

RSIC Senior Program Tribal Enrolled or Senior Community Members must be signed up to go to our Farmer's Market Trip, Thrift Store shopping, or other trips requiring transportation.

July 9th- Night Bingo: Please Bring two prizes and a dish to share.

July 16th- Tie Dye: Shirts are provided, or bring an item you would like to Tie Dye

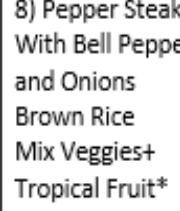
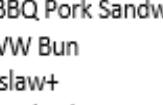
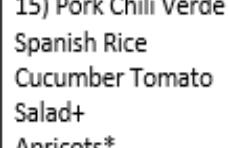
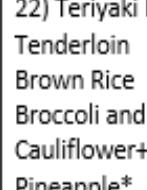
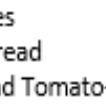
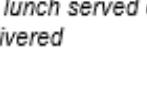
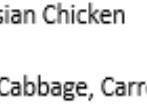
July 25th- Virginia City Train Ride: leaving the Senior Center at 9:00 am and returning approximately 3:00 pm. Seating is limited, and all clients must be signed up. Lunch will be provided; all other expenses are on your own.



JULY

2019

Reno-Sparks Indian Colony
Senior Center Lunch Menu
34 Reservation Road Building F
Reno, NV, 89502
775-329-9929

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| 1) Smothered Green Chili Chicken Mexican Zucchini+ Peaches*  | 2) Pineapple Pork Tenderloin Rice Pilaf Red Cabbage and Carrot Slaw+ Orange*  | 3) Beef Hot Dog on WW Bun Green Salad Baked Beans Watermelon*  | 4) HOLIDAY CENTER CLOSED  | 5) CENTER CLOSED  |
| 8) Pepper Steak With Bell Peppers and Onions Brown Rice Mix Veggies+ Tropical Fruit*  | 9) Macaroni and Cheese with Ham Broccoli+ Pear*  | 10) Chicken Enchilada Casserole Pinto Beans Mexican Quinoa Salad+ Mandarin Oranges*  | 11) BBQ Pork Sandwich on WW Bun Coleslaw+ Mix Melon*  | 12) Multigrain Pancakes Turkey Sausage Patty Yogurt Parfait with Mix Berries*  |
| 15) Pork Chili Verde Spanish Rice Cucumber Tomato Salad+ Apricots*  | 16) Turkey Mashed Potatoes And Gravy Carrots+ Cantaloupe*  | 17) Beef Stew with Onion, Potatoes, Carrots, and Celery Dark Green Salad+ Pear*  | 18) <i>Birthday Bingo</i> Cheese Burger On WW Bun With Lettuce, Tomato, Pickles, Onions+ Macaroni Salad Baked Beans Melon Mix*  | 19) Breakfast Sandwich on WW Muffin With Turkey Sausage, Egg and Cheese Tomato Wedges+ Watermelon*  |
| 22) Teriyaki Pork Tenderloin Brown Rice Broccoli and Cauliflower+ Pineapple*  | 23) Commodities Turkey and Cheese Sandwiches On WW Bread Lettuce and Tomato+ Sun Chips Fruited Jell-O*  | 24) Alice Springs Chicken Roasted Potatoes Asparagus+ Apple Crisp*  | 25) Chicken Noodle Casserole Peas and Carrots+ Grapes*  | 26) Closed RSIC Employee Appreciation Day <i>No lunch served or delivered</i>  |
| 29) Lemon Pepper Salmon Wild Rice Green Beans+ Plums*  | 30) Spaghetti WW Noodles Dark Green Salad+ French Bread Apple*  | 31) Asian Chicken Salad With Cabbage, Carrots, Red Cabbage+ Won Ton Strips Tropical Fruit*  | | |

Please tie up your dog(s) during delivery times 10 am- 1pm. Staff will not enter yards with loose dogs

Reminder to call before 10:00am to cancel or add your meal delivery, 775-329-9929

*Vitamin C – Daily

+Vitamin A – 3x per week

1% Milk Daily

Menu is subject to change without notice

Continued From Front Cover

tional brochure, is not the first time Shaw's work has been seen by the public.

In 2016, Shaw was one of 11 featured artists from Truckee Meadows Community College to be featured in "The City of Reno Windows Project."

Using a panel, four feet by six feet, Shaw created a painting with two types of shoe images—a moccasin and Converse sneaker—representing her life as a Native American who navigates a world between tribal ancestry and modern life in the United States.

"Future generations need someone to look up to," Shaw outlined in her artist statement. "I believe I can be a positive role model through my art and a positive identity of Native Americans."

For the Washeshu It'deh

Festival, Shaw's love for Lake Tahoe gave her inspiration.

"It's where our Washo people are from and traveled to every summer," Shaw said. "I love emerald bay because of the view and the childhood memories I have being there with my big sister."

Shaw, mother to 10-and-a-half-month-old Ricky, also believes art can be cathartic.

"I also love the patience you need to have with yourself," Shaw said. "Painting builds good coping skill."

Plus, the pleasure she gets from creating art is also transcendent.

"It's important to make time for your work, challenge every medium, and always tell yourself you're worthy of every piece," Shaw said. "I love how you can create color you see in your mind first."

Besides encouraging everyone to attend the Washeshu It'deh Festival, Shaw said the opportunity to create the signature piece for the event has opened many doors.

"I know life can be busy and long, but having something to escape to is rest," Shaw said. "I dedicate this piece to my mother Kimberly Gardipe who always encouraged my art, my sisters, Kelly Oakie, who always gives me ideas, and Jamie for always saying my work is worthy."

Shaw also noted the support she gets from the men in her life. "My brother Zak and boyfriend Clint provide critiques and suggestions, and my son Ricky sat alongside me while I painted.

For more information about the 29th Annual Washeshu It'deh Festival, call 265-8600.



Amazing Landscape — During a recent tour of the Hungry Valley land base, members of the Reno-Sparks Indian Colony Tribal Council stopped at the northeast corner of the reservation which included a canyon and some springs along with these scenic, spectacular land surfaces will help the leadership devise a land management plan.

Photo Provided By RSIC Planning