



# THE CAMP NEWS

VOLUME XV ISSUE 5

MAY-2019

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

## Tribe Unveils, Dedicates New RSIC Veterans Memorial

*Native warriors commemorated, memorialized in Hungry Valley Cemetery*

The names of the 96 deceased Reno-Sparks Indian Colony Native warriors were unveiled on Memorial Day in the Hungry Valley Cemetery.

Displayed on a custom-constructed, 8-foot-high, adobe wall, the memorial includes eternal recognition for American Indian soldiers who served in the armed forces which now can be seen by all visitors to the cemetery.

"The RSIC Veterans Memorial has been in the works for some time now," RSIC Chairman Arlan D. Melendez told the crowd of about 100. "Our Native American soldiers, as soldiers, made a great sacrifice, so today is a day to stop, reflect, and remember all veterans, and particularly, those soldiers who gave the ultimate price to protect our freedom."

In addition to the wall of names, the RSIC Veterans Memorial entrance opens with a *Fallen Soldier Display* statue.

According to the official website of the U.S. Marines, the helmet and identification tags signal the fallen soldier. The inverted rifle with bayonet signals a time for prayer to pay

tribute to the comrade. The combat boots represent the final march of the last battle. The helmet reminds us that the soldier has taken part in his/her final jump.

Chairman Melendez explained that what has become a federal holiday for honoring people who have died while serving in the United States Armed Forces, was once called Decoration Day.

"It began as a memorial to Civil War soldiers who had died in the war, both Union and Confederate," Chairman Melendez said. "Now we call it Memorial Day, and this holiday has special meaning and a tremendous presence in our community."

The day began at the Mountain View Cemetery in west Reno where six

*Continued On Back Cover*

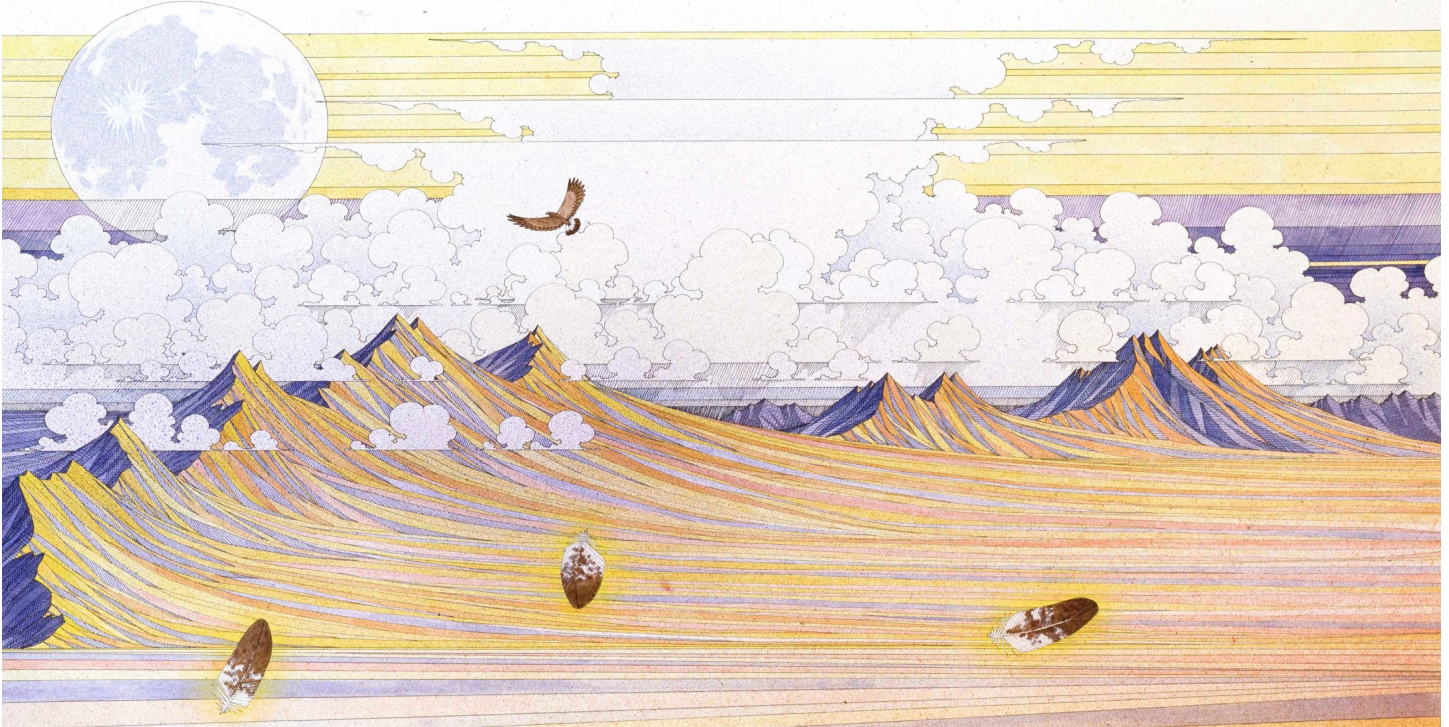


**Fallen Soldier Display** — The statue above greets visitors at the entrance of the newly unveiled Reno-Sparks Indian Colony Veterans Memorial. In addition, the names of all Colony veterans who have passed are prominently displayed in the memorial. Officially dedicated on Memorial Day, Chairman Arlan D. Melendez thanked the Tribal Council for its funding and he expressed gratitude to Rick Castro and the RSIC Public Works Department for its conceptual designs to the actual construction of the entire area.



# The Art of Jack Malotte

EXHIBITION ON VIEW JUNE 8 – OCTOBER 20, 2019



## Opening Night Celebration at First Thursday

Live music by the *Cody Blackbird Band*, 2017 Native American Music Awards “Group of the Year”

THURSDAY, JUNE 6 | 5 – 8 PM

## Hands ON! Second Saturday

SATURDAY, JUNE 8 | 10 AM – 4 PM | FREE admission all day

## Sagebrush Heathen: Jack Malotte in Conversation with Ann M. Wolfe

SATURDAY, JUNE 8 | 11 AM

All events are FREE for Museum Members | FREE with Tribal ID

A 240-page book on Jack Malotte is available for purchase.

Visit [nevadaart.org](http://nevadaart.org) for more information about the exhibition and programs.

MAJOR SPONSOR: The Satre Family Fund at the Community Foundation of Western Nevada

SPONSORS: Nevada Arts Council, Sandy Raffealli | Bill Pearce Motors

SUPPORTING SPONSORS: Anonymous, Kathie Bartlett, National Endowment for the Arts

MEDIA SPONSORS: KUNR Reno Public Radio, Sierra Nevada Media Group



IMAGE CREDIT: Jack Malotte, *Untitled* (detail), 1982,  
ink, acrylic and colored pencil, 22 x 30 inches.

Donald W. Reynolds Center for the Visual Arts | E. L. Wiegand Gallery  
160 West Liberty Street in downtown Reno, Nevada | [nevadaart.org](http://nevadaart.org)

## Deadlines, Mailing List

### *The Camp News Profile*

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the RSIC Public Relations Department and duplicated and distributed by RSIC Administration Front Office.

### SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

### CONTACT OUR STAFF

E-mail your submissions to [smontooth@rsic.org](mailto:smontooth@rsic.org) or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

### CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

### ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: [www.rsic.org](http://www.rsic.org) and PDFs of our publication are available.

If you have questions, call us at 329-2936, ext. 3268.

[www.rsic.org](http://www.rsic.org)

## Important JUNE dates

- 1 RSIC: C-Span Cities Tour Broadcast Feature, C-Span2 or Channel 197, 9 a.m.
- 2 RSIC: C-Span Cities Tour Broadcast Feature, C-Span3 or Channel 196, 11 a.m.  
Beginner Paiute, RSIC Library, 4 p.m.
- 3 Education Advisory Committee, Ed Conference Rm, Noon  
Senior Advisory Committee, Senior Center, 1 p.m.  
RSIC Pow Wow Club, Hungry Valley Rec, 6 p.m.
- 4 Enrollment Committee, Enrollment Office, Noon
- 5 Senior Paiute Classes, Senior Center, 1 p.m.  
Graduation Candy Lei Making, Reno Gym, 4 p.m.  
Law & Order Committee, Tribal Court, 6 p.m.  
Drum, Sing, Learn, Hungry Valley Education Center, 6 p.m.  
Housing Advisory Board meeting, Housing Office, 6 p.m.
- 6 Lose to Win Weight Management Challenge Begins, RSTHC, 8 a.m.  
\*Opening Night of the Art of Jack Malotte, Nevada Museum of Art, 5 p.m.  
Shoshone Language Class, RSIC Library, 6 p.m.  
Intermediate Paiute, RSIC Senior Center, 6 p.m.
- 7 Lose to Win Weight Management Challenge Begins, RSTHC, 8 a.m.  
Last Day of School for Washoe County School District  
UNITY BINGO & Spaghetti Night, 34 Reservation Rd., 6 p.m.
- 8 \*Jack Malotte in Conversation, Nevada Museum of Art, 11 a.m.  
Hungry Valley Neighborhood Cleanup, 8 a.m.  
RSIC Community Night at Reno Aces / Star Wars Night, 7 p.m.
- 9 Beginner Paiute, RSIC Library, 4 p.m.
- 10 Summer Food Program Starts,
- 11 Nutrition 101, RSTHC, 5:30 p.m.
- 12 Senior Paiute Classes, Senior Center, 1 p.m.  
Drum, Sing, Learn, Hungry Valley Education Center, 6 p.m.
- 13 \*\*Tribal Council General Meeting, Hungry Valley Rec, 6 p.m.  
Shoshone Language Class, RSIC Library, 6 p.m.  
Intermediate Paiute, RSIC Senior Center, 6 p.m.
- 15 3 Nations Wellness Memorial Day Walk/Run, Virginia Lake, 8 a.m.
- 16 Beginner Paiute, RSIC Library, 4 p.m.
- 17 RSIC Recreation Summer Day Camp Begins  
FBNN Mobile Food Harvest, Hungry Valley Rec Center Upper Lot, Noon  
Executive Health Board Meeting, RSTHC, 5:30 p.m.  
Language & Culture Advisory Board, RSIC Library, 5:30 p.m.
- 18 Commodity Distribution, Senior Center, 8 a.m.  
3rd Annual Native American Basketball All Star Showcase, Colony Gym, 5:30 p.m.
- 19 Senior Paiute Classes, Senior Center, 1 p.m.  
Drum, Sing, Learn, Hungry Valley Education Center, 6 p.m.
- 20 4th Annual Native Youth Conference, Colony Gym, 9 a.m.  
Shoshone Language Class, RSIC Library, 6 p.m.  
Intermediate Paiute, RSIC Senior Center, 6 p.m.
- 21 4th Annual Native Youth Conference, Colony Gym, 9 a.m.
- 23 Beginner Paiute, RSIC Library, 4 p.m.
- 24 NCAI Welcome Reception, Nugget Casino Resort, Sparks, 6 p.m.
- 25 Prevent T2, Diabetes Prevention / Management Class, RSTHC, 5:30 p.m.
- 26 Senior Paiute Classes, Senior Center, 1 p.m.  
Drum, Sing, Learn, Hungry Valley Education Center, 6 p.m.  
NCAI Cultural Night, Nugget Casino Resort, Sparks, 6:30 p.m.
- 27 \*\*Special Economic Development Meeting, Hungry Valley Rec, 6 p.m.  
Shoshone Language Class, RSIC Library, 6 p.m.  
Intermediate Paiute, RSIC Senior Center, 6 p.m.

\* FREE with Tribal ID

\*\* Note date change - [www.rsic.org](http://www.rsic.org)





**JUNE 18, 2019 | RENO, NEVADA**

**RENO-SPARKS INDIAN COLONY GYM | 34 RESERVATION ROAD**

**ALL-STAR GAME TIME:**

**GIRLS 5:30 p.m. | BOYS 7:00 p.m.**

**ADMISSION: \$5.00 ADULT | \$3.00 STUDENT | \$1.00 SENIORS | \$1.00 YOUTH 6 & UNDER**

The 3<sup>rd</sup> Annual Native American High School Basketball Showcase will bring together the top native varsity players and all native coaching staff from the Northern Nevada Class 1-A, 2-A, 3-A, and 4-A. The All-Star games will provide an opportunity for these top native varsity players to come together and play. We hope you will join us in supporting these student athletes while they showcase their basketball talent.

**ALL STAR SHOWCASE INFORMATION | 775-329-4930 | EMAIL [jwadsworth@rsic.org](mailto:jwadsworth@rsic.org)**



# National Cable News Outlet To Spotlight Colony

*Great Basin Native American history, heritage told by tribal leaders without editing*

C-SPAN's *Cities Tour* which will feature the Reno-Sparks Indian Colony and the City of Reno will broadcast on Saturday, June 1 at 9 a.m., and Sunday, June 2 at 11 a.m., respectively.

"During my time as the spokesperson for the RSIC, we have never been spotlighted on a national broadcast network," said Stacey Montooth, public information officer. "C-SPAN is an ideal platform for our leadership to sit for interviews that focus completely about our history and our culture.

On the first and third weekend of each month, C-SPAN explores the literary life and history of a selected city.

Working with local cable partners, C-SPAN's producing team brought specially outfitted Local Content Vehicles (LCVs) into our city, visited various literary and historic sites and interviewed local historians, authors, and civic leaders including Arlan D. Melendez, the RSIC Chairman and Michon R. Eben, the Tribal Historic Preservation and Office Cultural Resources Program manager.

"As part of our coverage, we wanted to talk to experts about the history of the Native American culture," said Debbie Lamb, one of the three C-SPAN producers who visited the Colony.

Lamb said that the goal of *Cities Tour* is to provide the national audience with a look



**Tune In —** Saturday, June 1 at 9 a.m., airing on C-SPAN2 or channel 197 & HD 760 on Spectrum. On Sunday, June 2 at 11 a.m., airing on C-SPAN3 or channel 196 & HD 761 on Spectrum.

inside the unique history and non-fiction literary life of selected cities through Book TV (C-SPAN2) and American History TV (C-SPAN3) programming, and to conduct community and educational outreach in each city.

"We were excited to go to Reno," Lamb said. "The interviews and our tour of the reservations was beyond our expectations."

Accordingly, Chairman Melendez details the history of the Colony from the camps established along the Truckee in the mid-1800s to the 20-acre purchase in 1917, to the signing of the RSIC constitution in 1936.

"With our visit to each city, we hope to bring a little of their heritage to our national audience," Lamb said.

C-SPAN is primarily known for providing access to the live

gavel-to-gavel proceedings of the United States House of Representatives and the United States Senate, and to other forums where public policy is discussed, debated and decided—all without editing, commentary or analysis and with a balanced presentation of points of view.

In fact, in 1979, then a small network, C-SPAN rolled out a big, new idea: let viewers make up their own minds.

A lot has changed in 40 years, but that original idea is more relevant than ever.

Underpinning this impartial, balanced coverage is the fact that no government or taxpayer dollars support C-SPAN, as we have always been funded as a public service by your cable or satellite provider.

The programming recorded in Reno, April 7-10 will air throughout the weekend of June 1-2.

The history segments will air on American History TV on C-SPAN3 and the literary events and non-fiction author segments will air on Book TV on C-SPAN2.

For more information, see:

[www.c-span.org/citiestour](http://www.c-span.org/citiestour)



# RSIC Neighborhood Cleanups!

RSIC Departments (Public Works, Housing, Planning, Police, Hungry Valley Fire, Tribal Council & more) collaborate to provide an opportunity to assist residents to keep their yards clean, fire ready & in compliance with Solid Waste Ordinance #46

You can help by clearing weeds, dried brush, trash, old furniture and other flammable material out of your yard. Also, by removing appliances and other large items out of your yard, you reduce the chances of rodent infestations and other unhealthy situations.

And, very importantly, you are doing your part to make our community a cleaner, nicer place to live.

**Volunteers Needed  
& Appreciated!**

## Hungry Valley Neighborhood

Saturday, June 8

8am-12pm

**THIS  
SATURDAY!**

- 2 dumpster locations on Eagle Canyon Drive
- 1 dumpster East of Numaga Lane & 1 dumpster East of Fancy Dance Drive
- Sign-In at dumpster closest to Numaga Lane
- BBQ and raffle afterward

## Reno Colony Neighborhood

Friday, July 19

8am-12pm

- 2 dumpster locations, TBD
- Sign-In at Anderson Park
- BBQ and raffle afterward
- To request assistance for elders & disabled persons (Reno Colony residents only), please contact the Environmental Program 785-1363.

**Please DO NOT: Place batteries, appliances, household hazardous wastes, antifreeze or other liquids in dumpsters. Also, please do not utilize dumpsters outside of event hours.**



**For Questions: Bhie-Cie Ledesma, RSIC Acting Environmental Manager,  
bledesma@rsic.org, or call (775) 785-1363 Extension 5407**



# Do Your Part in Loving, Caring For Our Mother Earth

*Community, residents share responsible for safe, healthy clean lands*

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The Reno-Sparks Indian Colony's Public Works Department does a fantastic job picking up our trash (residential solid waste), 52 weeks per year despite inconveniences like bad weather, heavy workloads and other challenges.

These services protect our public health and safety by providing sanitary collection and disposal of solid waste at a very affordable rate.

Here are some reminders how you can do your part to keep our community clean, support RSIC Public Works, and follow our Tribe's Solid Waste Ordinance No. 46.

- Keep all garbage securely bundled in bags and placed in appropriate containers to avoid scattering of garbage.
- Know that it is a violation to allow your animal to become a public nuisance; this includes allowing them to run loose, potentially knocking over and scattering trash.
- Remember that it is unlawful to utilize, or grant permission for someone else to utilize, the garbage container of another person to avoid payment of fees to RSIC.
- Refrain from having loose liquids in the containers. Cooking oils or other liquid must be placed in a spill-proof container.
- Remember not to place your

garbage containers earlier than 24 hours before pick up, and remove them no later than 24 hours after collection.

- Have garbage containers out on the curb by 6 a.m. Official pick up hours are 6 a.m. - 5 p.m. Due to liability issues, RSIC Public Works staff are not allowed to enter yards and driveways to retrieve containers.

- It makes for easier pick up if you place the garbage container with the handle side facing the street.

Please note, the RSIC Public Works Department is not required to pick up dirt, grass, tree clippings, sod, rocks,

building material, furniture, appliances, water heaters, automotive parts, tires, TVs, microwaves, computers and monitors, used oil and other vehicle fluids or other bulky items weighing more than 50 pounds.

These items are exclusively the responsibility of the homeowner/tenant to properly dispose of or recycle.

If time and weather permit, as a courtesy, the RSIC Public Works Department will make efforts to remove non-hazardous, bulky waste items on payday Fridays.

You must phone, 785-1341 before Wednesday of that same week to see if your items qualify for pick up and if there is availability for this service.



**Hard Day's Work** — *The Reno-Sparks Indian Colony's Public Works Department does a fantastic job picking up our trash (residential solid waste), 52 weeks per year despite inconveniences like bad weather, heavy workloads and other challenges. Further, the public works staff handles special projects, like cemetery and neighborhood clean ups. Above, Vaidas Buneviciene and Marvin Racine, team up to drag and smooth some land in Hungry Valley.*

# Reducing, Reusing, Recycling: Frequently Asked Questions

*What you can do everyday to help me make a difference for our environment*

**Q:** Where can I get rid of an old television or other small electronics?

- Intelligent Lifecycle Solutions at 725 Greg Street, Monday-Friday, 7 a.m.—3 p.m., phone number: 690-9348, will accept all kinds/sizes of TVs (large, older tubes and all flat screens) for a flat rate of \$30 each. Please note, they must not be cracked.

- Intelligent Lifecycle Solutions also accepts most small appliances for free. Please call to confirm.

**Q:** How do I get rid of old tires?

- Tires Plus at 1250 North McCarran Blvd., phone number: 525-9386, is the least expensive place at \$2.49/per tire; call them with any additional questions.

- Most any other tire dealer will take used tires at an average cost of about \$5-\$10/ per tire.

**Q:** Where do I take my used oil?

- Almost anywhere you purchase oil will accept used oil back. This is a good way to encourage retailers who make money selling products, to also take them back and see that they are recycled properly. Please ask about recycling at the time you purchase new oil.

**Q:** What do I do with old paint?

- For latex paint, it is recommended to dry it out with either sand or kitty litter, or by spreading it out on a tarp or shower curtain to dry. It can then be thrown away in regular trash.

- H2O Environmental located at 3510 Barron Way #200, phone 351-2237, will also accept paint at \$3/gallon. This is charged on the amount you bring in and not the size of the container.

**Q:** Where can I take my unusable appliances (washer, dryer, refrigerator, etc.)?

- Western Metals Recycling, phone 358-8880, will pay for scrap metal and accept: stoves, washers/dryers, dishwashers, microwaves, etc. Please call for up to date pricing.

- Waste Management-Lockwood Landfill will take refrigerators with the refrigerant/Freon in them for free. The transfer station on Commercial Row will charge \$60.

To confirm before you take it to them, please call 342-0401.

- Schnitzer Steel, phone 331-2267, will pay for scrap metal, call for up to date pricing. Will take most appliances, but no microwaves.

**Q:** What should I do if another resident has broken-down vehicles or has excessive trash littering our street or neighborhood?

- You can file a complaint with RSIC Public Works, Housing and/or Tribal Police for the vehicles. Tribal Police will tag the vehicles with a 72 hour notice. As for the residence itself, please contact those same departments.

Another way to get rid of unwanted things is to post them in the “Free” section of Craigslist, or other social media groups. Also, Freecycle.org is a website where “gifting groups” post things for free in an effort to divert reusable goods from landfills.

For more information, please call Bhie-Cie Ledesma at 785-1363, ext. 5407.





# Make the most of the moment



IMPACT  
YOUR DONATION  
HAS POWER TO  
HEAL

## BLOOD DRIVE

**RENO-SPARKS TRIBAL  
HEALTH CENTER  
WEDNESDAY, JUNE 12  
10:00 - 2:00 PM**

RSIC 1715 Kuenzli Street, give in  
the bloodmobile

To sign up: visit [BloodHero.com](http://BloodHero.com) ( Use  
sponsor code: Tribal ) or email Gina at  
[gfeatherstone@rsicclinic.org](mailto:gfeatherstone@rsicclinic.org)

Port of Subs coupon for every donor  
United Blood Services is now Vitalant

To learn about our programs or how we  
can help your transfusion service, call  
**775.329.6451** or visit us at **[vitalant.org](http://vitalant.org)**

“We are all here to  
contribute our gifts  
toward something  
greater than ourselves,  
and will never be content  
unless we do.”

Charlie Eisenstein

**vitalant**   
SM



# 4TH ANNUAL NATIVE YOUTH CONFERENCE

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**SAVE THE DATE**

**JUNE 20-21, 2019/ 9AM-3PM**

**RSIC RENO RECREATION GYM**

**FOR MORE INFORMATION ON PRESENTING, PARTICIPATING, AND GENERAL  
INFORMATION PLEASE CONTACT**

**VANESSA WILLIAMS (775) 329-5162 EXT 2009**

**VWILLIAMS@RSICCLINIC.ORG**

**SPONSORED BY THE MSPI GRANT**





# RSIC Launches Facebook, Twitter Accounts

*Tribe's official social media sites connect community, strengthens healthy, safety*

Social media is defined as interactive online technology tools that allow individuals to quickly exchange and share information and resources.

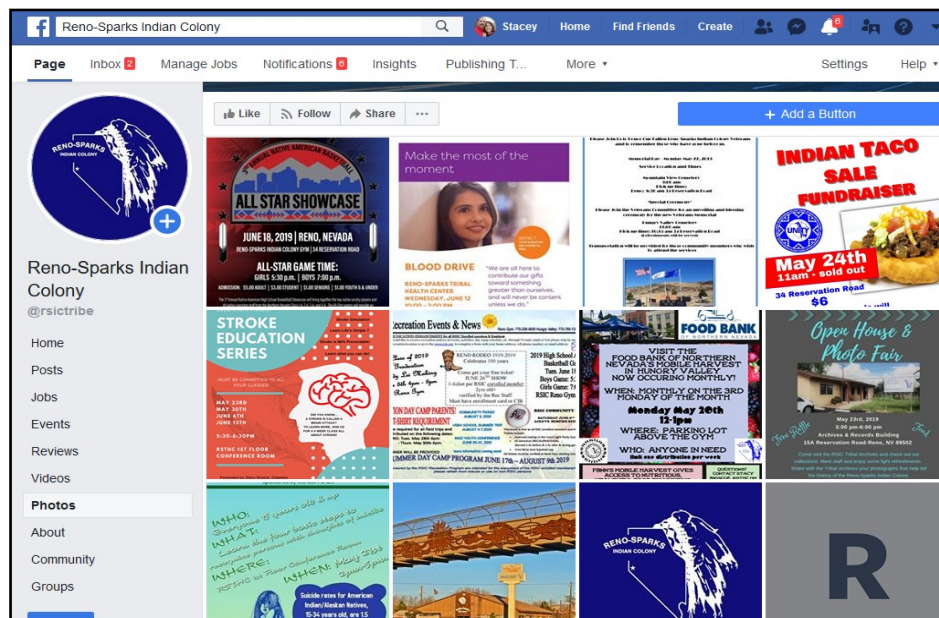
Since the inception of Usenet in 1979, to present Congressional demands that Department of Homeland Security detail the full extent of its use of social media to monitor citizens, the entire 40-year life of social media has been controversial.

However, the Reno-Sparks Indian Colony leadership believes that such platforms can be positively used to promote the community, and unanimously supported the launch of social media official accounts which are administered by the Chairman's Office.

"There is not a single method to communicate to 1,168 tribal members, 330-plus employees and thousands of Urban Indians in case of an emergency," said Stacey Montooth, the public relations/community information officer for the RSIC. "It is prudent that we add social media to our comprehensive communications plan to ensure the safety of our people."

By establishing procedures for the use of social media and social networking sites, RSIC employees, officials and departments now have a pathway to post information which facilitates communication through Facebook and Twitter.

Snap Chat and Instagram accounts also are being established.



**On Fleek** — After a soft launch of its Facebook and Twitter accounts the RSIC has 747 interactions for just one of its posts, while 66 people are following our Tribal government at @RSIC\_Tribe.

"The RSIC has a substantial interest in and expectation of deciding what is "spoken" on behalf of the Tribe on social media sites," Montooth said. "Our leadership has been thorough by establishing social media use policies, protocols and procedures intended to mitigate associated risks from use of this technology where possible."

In addition to operating the social media sites, the Tribal Council recently approved a resolution which allows for a policy governing the work-related use of social media by RSIC employees and departments, including the approvals and processes related to the best interest of the Tribe.

Primarily, the official RSIC Facebook and Twitter accounts

will be used for community outreach and engagement by providing accurate and timely information to make time-sensitive notifications related to special events, emergencies, etc., and as an investigative tool when seeking evidence or information about missing persons, criminal investigations, etc.

So, the next time you need to know if hazardous driving conditions have prompted a delayed start at the Reno-Sparks Tribal Health Center, or even if you want to know who is playing in the Native American Basketball All Star Showcase at the Reno Gym, hit us up on Facebook or search for our Tweetstorms. To stay in the know, please like or follow us.



# Summer Foods Program Starting at Colony, Hungry Valley

*Free, nutritious breakfast and lunch offered to youth ensures healthful eating*

For the 12th year, free, healthy meals for kids and eligible teens will be served at the Reno-Sparks Indian Colony and in Hungry Valley when the school year is over.

"No child should ever go hungry," said Pam Abercrombie, the director of the RSIC Education Department. "Our Summer Foods Program ensures that not just our youth, but all our neighborhood children have nutritious meals in a safe, healthy environment."

The Reno-Sparks Indian Colony is participating in the Summer Food Service Program (SFSP) between Monday, June 10 and Friday, Aug. 2, 2019.

Anyone ages 18 and under can come for breakfast and lunch. There is no sign-up or paperwork, and adults are welcome to bring their own meals and eat with their kids.

According to a *Snap to Health* article written by Oliver Tang, many children enthusiastically associate summer vacation with the end of classes and homework for the year, but for some of the 22 million children who depend on schools for free or reduced-priced meals, an essential ingredient of their life is noticeably absent: a steady source of food and nutrition.

Studies indicate that children obtain 50% of their calories from food eaten at school.

Further, during summer vacation, with school no longer in session, many food-insecure children lose access to meals

for free or reduced prices.

"Again, our Summer Foods Program can help to fill the hunger gap," Abercrombie said. "The RSIC strives for a strong community that promotes and encourages individual spiritual, physical and emotional health to foster a long, abundant and prosperous life. This program is completely in keeping with that mission."

The U.S. Department of Agriculture (USDA) funds these programs through an agency in each state, typically the Department of Education.

A study published in the *Journal of Nutrition* entitled: *Food insecurity affects school children's academic performance, weight gain, and social*

*skills* corroborates that "food insecurity was predictive of poor developmental trajectories in children before controlling for other variables."

A Children's Healthwatch research brief elaborates, "Food-insecure children often are cognitively, emotionally and physically behind their food-secure peers" because "stress that family hardships, like food-insecurity, place on a young child physically alter the development of crucial brain structures controlling memory and psychosocial functioning."

Meals will be provided to all children without charge and are the same for all children regardless of race, color, national origin, sex, age or disability, and there will be no discrimination in the course of the meal service.

The program will be closed Thursday, July 4 due to the holiday.

Meals will be provided on a first come, first serve basis, at the following sites and times as follows:

## **Reno-Sparks Indian Colony**

Multipurpose Room  
34 Reservation Rd.  
Reno, Nev., 89502  
Breakfast-8:30 to 9:30 a.m.  
Lunch-11:30 a.m. to 12:30 p.m.

## **Hungry Valley**

Education Center  
9055 Eagle Canyon Rd.  
Sparks, Nev., 89441  
Breakfast-8:30 to 9:30 a.m.  
Lunch-11:30 a.m. to 12:30 p.m.



**School Is Out** — *Anyone under 18-years-old may enjoy nutritious breakfasts and lunches at the Reno-Sparks Indian Colony or in Hungry Valley from June 10 until Aug. 2. For more information, contact the RSIC Education Department: (775) 329-6114.*

*File Photo*





# NCAI Culture Night

Wednesday, June 26  
Nugget Casino  
Sparks, NV  
6:30pm  
Sierra Room 3,4,5



**Youth Drum**  
Young Studz



**Great Basin Dancers**  
Reno-Sparks Indian Colony  
Eagle Wings Pageant Dancers



**Pow Wow Dancers**  
Reno-Sparks Indian Colony  
Pow Wow Club





Contact: Kristie  
Messerli, Dietitian  
to sign up @  
329-5162

## Join us for our YEAR long Diabetes Prevention/Management Class

# PREVENT T2

A PROVEN PROGRAM TO PREVENT OR DELAY TYPE 2 DIABETES

Beginning Tuesday, June 25th from 5:30 pm–6:30 pm (Meetings will be once per week for 6 months and once per month thereafter, excluding holidays)

### Participants MUST:

- Be committed to this ONE YEAR class
- Attend every class, unless preplanned and made up at a later date
- Ready to make realistic, life changing goals
- Be willing to weigh in each class- goal is 5%-7% weight loss
- BE MOTIVATED TO PREVENT OR MANAGE TYPE 2 DIABETES!

# Nevada Senator Co-Sponsors Bill to Prevent, Treat Child Abuse

*Tribal governments not considered in current federal funding formula*

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United States Senator Jacky Rosen (D-NV) said that her original co-sponsorship of the American Indian and Alaska Native Child Abuse Prevention and Treatment Act will provide greater resources to Tribal communities across the country in an effort to better address this threat.

"We must do all we can to put protections in place to prevent child abuse and give resources to those individuals that have experienced it," said Senator Rosen. "This legislation would improve federal funding for child abuse programs impacting Native Americans."

This bill includes tribes in the criteria for evaluating if Child Abuse Prevention and Treatment Act or CAPTA funding is distributed equitably.

Obviously, funding can make a huge difference at the Reno-Sparks Indian Colony.

According to a comprehensive, community presentation put together by three Colony departments: Human Services, Tribal police, and Education, in 2016 there were 486 reported child abuse and neglect incidents and 80% of these cases involved drugs.

Senator Rosen's legislation also increases the Tribal set-aside to 5% once CAPTA funding increases by more than \$1 million, and calls for a U.S. Government Accountability Office study on child abuse and neglect programs for tribal communities.

CAPTA is the key Federal legislation addressing child abuse and neglect. CAPTA was amended on Jan. 7 by the Victims of Child Abuse Act Reauthorization Act of 2018.

However, it has not gone far enough to address the needs of American Indian children. Though CAPTA contains language regarding Tribal eligibility for discretionary grants and emphasizes American Indian child maltreatment issues, Tribal nations have rarely receive federal CAPTA program or research grants to implement, expand, and document culturally-tailored best practices in child welfare programming.

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***In 2018,  
1,045 individuals  
received RSIC Human  
Services relating to the  
child welfare.***

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\*\*source May Report for Additional Funding

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According to the U.S. Department of Health and Human Services Child Welfare Information Gateway, many American Indian youth have experienced historical trauma and marginalization. Some youth may have experienced abuse, neglect, and witnessed violence. Youth may be facing a lack of hope in their current environment, which raises

concerns of depression and suicide.

These impacts of child neglect and abuse resonates at the Reno-Sparks Indian Colony.

According to a recent report submitted by the RSIC Human Services Department, last year 1,045 individuals received services relating to child welfare. Thus far in 2019, 2,267 children have been serviced.

"The RSIC Human Services Program had been under-funded and the needs continue to grow in numbers in regard to Child Assistance Care," said Cheryl Douglas, interim director of the department. "This trend is reflective of the growing numbers of emergency response numbers, social worker high caseloads sizes, and the need for relative and non-relative emergency placement."

The legislation is also supported by the National Congress of American Indians (NCAI), the Child Welfare League of America, and the National Child Abuse Coalition.

"The National Congress of American Indians strongly advocates for protecting American Indian and Alaska Native children, who represent the future of their tribal nations," said Jefferson Keel, President, of NCAI. "This act is a strong step in the right direction to correct course by documenting and sharing effective strategies across tribal nations and increasing tribal access to prevention resources."

# Fraud Alert: Law Enforcement Telephone Numbers Used

*Two part scam using caller id meant to extort money from victims*

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The United States Department of Homeland Security (DHS) Office of Inspector General (OIG) is issuing a fraud alert to warn citizens of recent reports that publicly available law enforcement telephone numbers, including those of DHS OIG Field Offices, are being used in a two-part spoofing scam targeting individuals throughout the country.

Part 1: The perpetrator befriends a victim using a mobile app that has a built-in chat feature, such as Facebook Messenger or Words with Friends.

Alternatively, the perpetrator feigns romantic interest and pursues the victim through online dating services or chat rooms.

After gaining the victim's trust through the online relationship, the perpetrator describes a minor hardship and persuades the victim to send them a small amount of money.

Part 2: The next day, the victim receives a phone call from a fraudster claiming to be an employee of DHS or another law enforcement organization.

The fraudsters will spoof the caller ID of a legitimate law enforcement phone number.

The fraudster tells the victim that the funds they provided the day before went to a criminal organization or terrorist group, such as the Islamic State in Iraq and Syria (ISIS) or Al-Qaeda, and threatens them with arrest and imprisonment.



**Scam Warning** — *Legitimate law enforcement callers will never ask you to pay fines over the phone or request money from you. The United States Department of Homeland Security is warning consumers about a two-part spoofing scam targeting victims through chat apps, then with phone calls.*

**File Photo**

They then direct the victim to contact a "lawyer" who can help them resolve the matter.

The victim contacts the "lawyer" via email or phone and is instructed to pay them \$1,000 or more via check, wire transfer, or other methods as a "retainer."

DHS OIG takes this matter very seriously and reminds the public that law enforcement and other U.S. Government numbers may be subject to spoofing. Individuals receiving phone calls from these numbers should not provide any personal information.

Legitimate law enforcement callers will never ask you to pay fines over the phone or request money from you.

If you have a question about the validity of a call, contact the relevant Office of Inspector General, Depart-

ment of Homeland Security

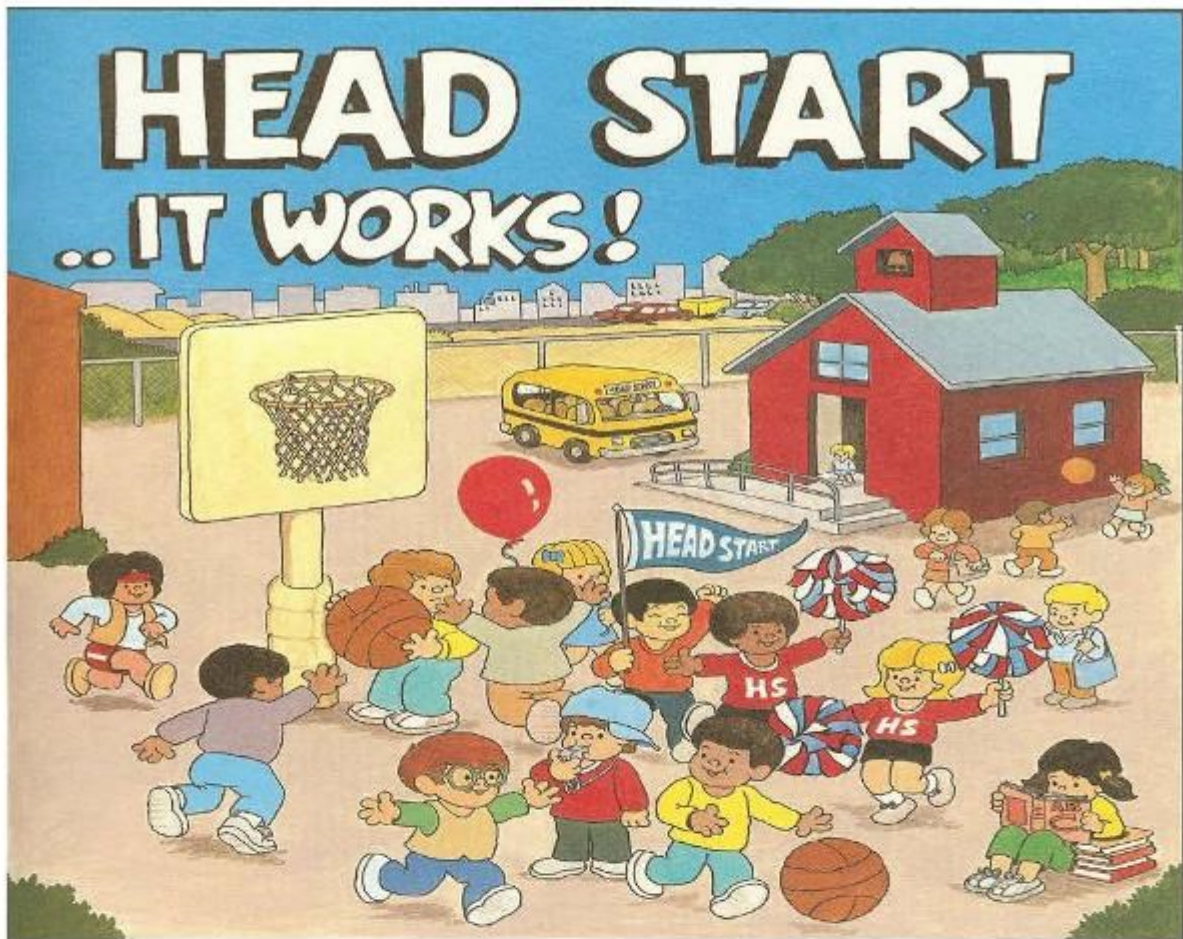
Anyone who believes they might have been a victim of this scam is urged to call the DHS OIG Hotline (1-800-323-8603) or file a complaint online via the DHS OIG website [www.oig.dhs.gov](http://www.oig.dhs.gov).

By asking the perpetrators for a phone number or email address you can use to contact them to facilitate payment, you may be able to obtain valuable information that could assist DHS OIG investigate the scam.

You may also contact the Federal Trade Commission (FTC) to file a complaint and/or report identity theft.

The OIG investigates complaints or allegations of wrongdoing or misconduct by employees or contractors that involve or give rise to fraud, waste or abuse within the programs or operations of the FTC.





**The Reno-Sparks Indian Colony Head Start Program is now accepting applications for the 2019-2020 school year!**

Head Start is a free early childhood education program for low income families with children between the ages of 3 to 5 years.  
Children must be 3 years of age by September 30<sup>th</sup>.

Head Start offers:

- One classroom at Hungry Valley
- Two classrooms at Reno-Sparks Indian Colony
- Nutritious breakfasts and lunches provided
- School readiness skills

For application and/or information, call 775-789-5615. To pick up an application, stop by the Head Start Program at 34 E Reservation Road

**Make your Dental and Physical Appointments now, as appointments fill up fast.  
When making your appointments, let them know it is for Head Start.**

**Deadline for completed application to be received:**  
**Thursday, July 25th at 4:30 p.m.**



# In & Around: Reno-Sparks Indian Colony Community

*Outstanding achievement, Native veteran supporters, continuing their education*



**Operator of the Year** – The Reno-Sparks Indian Colony's Utilities Supervisor Doug Gardipe was recognized for his extraordinary service and dedication by the Nevada Rural Water Association.



**Taking Time To Honor** – Alan and Althea Gibson attended both Reno-Sparks Indian Colony Memorial Day observances at Mountain View and Hungry Valley cemeteries, despite the cool, wet weather.



**Just The Beginning** – Future doctors, lawyers, educators and engineers matriculated from the Hungry Valley Head Start Program this month.  
*Photo Provided By RSIC Education*



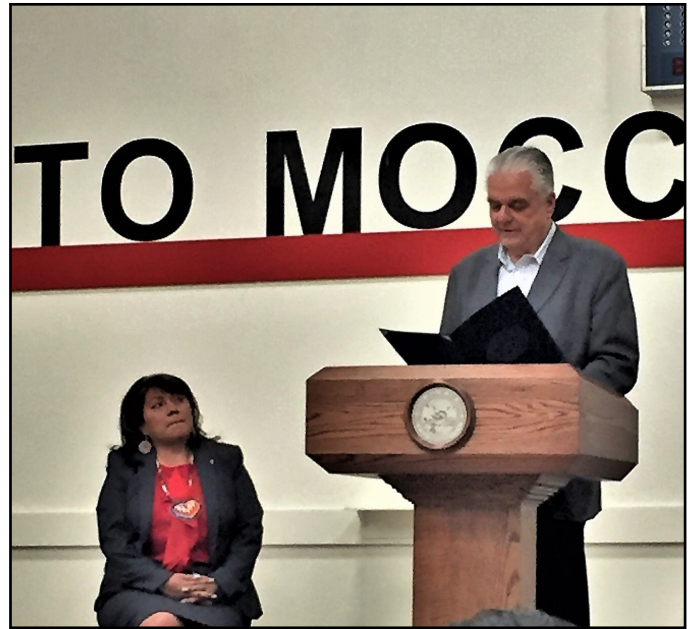
# In & Around: Reno-Sparks Indian Colony Community

*Next stop in education, career dedicated to service of American Indians*



**Special Visitors**— Students from the Reno-Sparks Indian Colony recently toured Hidden Valley Elementary to meet teachers and to see their classroom set up, as they will start kindergarten soon.

*Photo Provided By RSIC Education*



**A Day For Sherry** — Nevada Governor Steve Sisolak recently named the dining hall at Stewart Indian School after Sherry Rupert for her 30 years of service to Nevada and the Indian Commission.

*Photo By Scott Carey*



**Checking Things Out** — Children who attended Hungry Valley Head Start got a glimpse of their future as students at Jesse Hall Elementary.

*Photo Provided By RSIC Education*

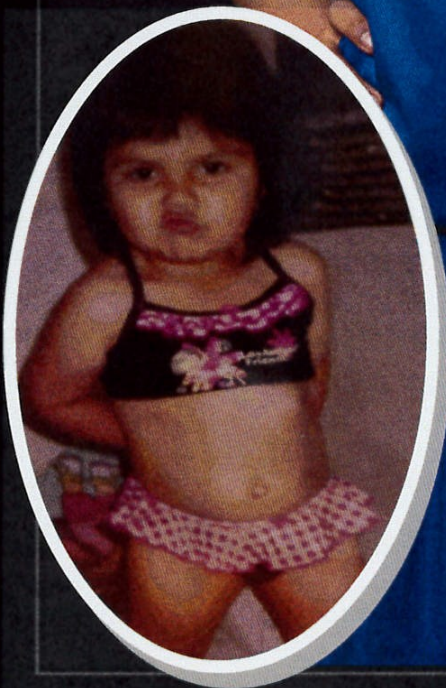


Larsa Lili Guzman  
Class of 2019



CONGRATULATIONS OUR  
LOVE BUG. WE ARE SO VERY  
PROUD OF YOU AND LOVE  
YOU MORE THAN YOU WILL  
EVER KNOW. NEVER FORGET  
WHERE YOU COME FROM,  
ALWAYS STAND TALL AND  
WALK PROUD.

LOVE YOU ALWAYS,  
MOM, ERIC, BROTHER,  
GRANDMA GLORIA, AND THE  
REST OF THE FAMILY



newgraphy 2018





## RSIC Higher Education Program

### Can you help me go to school?

Yes. The RSIC Higher Education Program provides educational support by offering funding to RSIC tribal members attending colleges, universities and vocational/technical schools. The funding amount is based on a few different variables. The type of school that you wish to attend, the cost of the school and your available financial aid will all determine the amount that you are funded. However, students are still required to submit a Free Application for Federal Student Aid (FAFSA). It is highly recommended that you fill out the FAFSA application as soon as you can after Oct. 1 the year before you plan to attend. This is to ensure you do not miss out on available aid. You **cannot** receive RSIC funding without successfully submitting a FAFSA application.

#### What do I need to do?

The following items need to be turned in by the deadline:

RSIC Higher Education Application  
High School diploma/GED or college transcripts  
Acceptance letter from accredited school  
Personal Letter of intent  
Proof of application for FAFSA  
Completed Financial Needs Analysis (FNA)  
Degree Plan and class schedule  
Proof of applications for 2 scholarships

**\*Incomplete applications will not be considered for funding.**



#### Deadlines

Fall: June 30

Spring: October 31

Summer: March 31

\*Contact the RSIC Higher Education Coordinator for applications and to answer any further questions

#### **Kenneth Dyer-Redner**

RSIC Higher Education Coordinator

[kdyer-redner@rsic.org](mailto:kdyer-redner@rsic.org)

(775) 329-6114

## The inaugural Northern Nevada Two-Spirit Social

by Níisha Takwáx

Shortly after the BAITS Pow Wow in San Francisco in February, a member of the Reno-Sparks Indian Colony (RSIC) who had attended the event decided that he would like to start an event to honor and acknowledge the gay Indian community in Reno. Johnny Christy shared his idea with Randy Burns, a Pyramid Lake Paiute who co-founded Gay American Indians in San Francisco.

Randy was one of the first friends that I made after moving back to Reno in 1972. Randy told me about Johnny and I searched for him and introduced myself. The three of us spent the next two months planning an event. For Johnny, it was his desire to acknowledge his own coming out as gay in the Colony. Randy and I were of a mindset to establish a traditional Two-Spirit Society.

Johnny Christy grew up at the RSIC and had formerly worked in the tribal administration office. He wasted little time in expressing his plans to the heads of each department at the Colony and the tribal health center. When we went to speak with Michon Eben of the RSIC Cultural Resources Program, she told us that we would be making history. It was something that needed to happen, but she also warned us that we would be met with opposition. She had faced extreme opposition in the struggle with the women's drum group, The Mankillers, the first all-women drum group. "Keep it positive and avoid any negativity," she said.

The event was largely financed by the sales of raffle tickets. Johnny and I spent several weeks knocking on doors at the Colony and in Hungry Valley. We soon had enough cash to rent the multipurpose room, purchase four gift cards, and also pay for a 12-foot banner to carry at the Reno Pride Parade on July 27. The members of the administration were very generous with gifting the raffle prizes.

Johnny spoke to Robin Eagle who leads the RSIC Unity Youth group about helping with the event to serve food. They showed up before it started and helped setup the tables and chairs. One member, Joesaya Parrish, volunteered to help make the fry bread and he cooked all of it. We were able to provide \$300 to their group to travel to the National Unity Convention, thanks mostly to a contribution from Comfort & Joy of San Francisco.

On Saturday the 18<sup>th</sup> of May, the event started to take shape at 1 pm. The Washoe County Health Department and the Accept Organization set up a table with information and HIV testing. Three vendors came and had tables selling crafts. We had large story boards (donated with the help of Stacey Burns of the RSIC Education Department) on which I assembled photos with captions that showed Two Spirits of the past and present. The raffle ticket sales at the door doubled our cash and we were able to pay for everything and still had \$150 to send with the Elders to the 50th Anniversary Stonewall Pride Parade in New York City.

Our event started with a Shoshone prayer by Vince Stewart. That got everyone quieted down for Johnny's opening speech which welcomed about 100 people to the event. Randy took over the mic and charmed the crowd with his knowledge and humor. One of Johnny's relatives sang a song and spoke about his journey, reminding everyone that in order to publically "come out as gay," one must first love themselves. Several Two Spirits took the mic and told everyone about their journeys. Then Tayloure Baker danced in her regalia twice before leading everyone in a Round Dance. This really got everyone together feeling good!

There were many good talks afterwards and Dean Barlese of Pyramid Lake told some great stories. Brian Melendez and Bruce Sanchez sang a long Paiute song while hand drumming. Bruce shared the story of his journey and Brian announced that he had three events that he had been asked to attend but he had decided to take his sons to this event because it was a most important event at the Colony. He said that this needed to happen and he spoke about community and acceptance. They received a huge round of applause and then led another fun Round Dance that unified us all.

Next, the Unity Youth brought out the tables and chairs and served the food and we had a great social meal together. As people were eating, Johnny started the raffle and adorable Sacred Visions Tiny Tots Princess, Karianna John, drew the winning tickets. It went beyond 4 p.m., and we were soon giving out the left-overs for people to take home.

We are thankful and honored to have held this event at RSIC with the support of the Council and administration, UNR, Washoe County Health Department, and the members of the Colony.





555 Wright Way Carson City, NV 89711-0700  
Reno/Sparks/Carson City (775) 684-4DMV (4368)  
[www.dmvnev.com](http://www.dmvnev.com)

**APPLICATION FOR GOVERNMENTAL SERVICES TAX EXEMPTION** – Native American tribal members residing on a reservation within the boundaries of Nevada instructions: 1) This application for exemption must be submitted for each registration period. 2) Separate applications are required for each vehicle. The application for exemption must be presented at the time of registration or renewal. 3) A Chair of a Nevada Indian Tribe must certify that the applicant meets the eligibility criteria for Governmental Services Tax exemption. Eligibility: 4) The registered owner of the vehicle must be a member of a recognized tribe located in the State of Nevada. 5) The vehicle/s must be based on tribal land in Nevada. The physical address for the vehicle's registration **must be located on tribal land within the boundaries of the State of Nevada.**

**\*\*\*\*\*The Administration office will need for tax exemption:** 1) car registration, title or DMV Dealer's report of sale. 2) Tribal enrollment card. 3) NV driver's license. **The registrant must reside on tribal lands (Reno or HV) to qualify for tax exemption.** 4) If, a non-RSIC Tribal enrolled member needs a tax exemption, they would need to bring in: Tribal enrollment card and NV driver's license. Again the vehicle must be based on tribal lands (Reno or HV). 5) We **do not** accept the reminder card for renewal, car insurance or the temporary placard. 6) We cannot process the tax exemption until we receive all the correct documentation. 7) We **do** allow a person applying for exemption to sign the document before the Chairman signs, but only if you're having someone other than you pick up the exemption.

**If, you have any further questions regarding the Tax Exemption, do not hesitate to call the Admin Office.**



**THANK YOU FOR YOUR COOPERATION, ADMINISTRATION STAFF.**

# New Employees

**Q: What is your exact job title?**

I am a custodian II.

**Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?**

My goal is to do a good job.

**Q: Do you have a Tribal Affiliation? If so, where?**

No, but I grew up here in Reno.

**Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?**

I am a Golden State Warriors fan and look forward to working with everyone here.



Tony Glover



Samantha Johns

**Q: What is your exact job title?**

Retail Clerk at Smokeshop 4 in Verdi.

**Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?**

I would like to accomplish at least one year of work with the Reno-Sparks Indian Colony.

**Q: Do you have a Tribal Affiliation? If so, where?**

I am a tribal member of the Pyramid Lake Paiute Tribe.

**Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?**

I have heard good things about the employment and the community togetherness here at the Reno- Sparks Indian Colony.



# New Employees

**Q: What is your exact job title?**

Retail Clerk at Smoke Shop II.

**Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?**

I hope to make a career out of it. I would like to become a manager and work here as long as possible.

**Q: Do you have a Tribal Affiliation?  
If so, where?**

I am a member of the RSIC.

**Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?**

I would like to just say 'thank you so much for giving me this chance at this position. It is just what I need right now. Thank you.'



**Samantha Tom**



**Dr. Ryan Katausky**

**Q: What is your exact job title?**

I am a dentist.

**Q: What do you hope to accomplish here at the Reno-Sparks Indian Colony?**

I hope to help with the needed dental services for local tribal population.

**Q: Do you have a Tribal Affiliation?  
If so, where?**

No

**Q: Is there any additional information that you would like to share with the Reno-Sparks Indian Colony Community?**

None at this time.



# NUTRITION 101

Come learn the basics of nutrition and your health!

**Who:** Any patient/employee @ RSIC

**What:** Basics of Nutrition Class

**When:** June 11th, 2019 from 5:30 pm- 6:30 pm

**Where:** 1st Floor Conference Room of the RSTHC

**Why:** There is so much contradicting nutrition information. Let's confront it together!

Sign ups **REQUIRED** with  
**Kristie Messerli, Dietitian @**  
**329-5162**

HOSTED BY  
-STAR VILLAGE FAMILY  
AND RSIC EDUCATION-

## DRUM SING LEARN

Beginners and Experts  
Wanted

**EACH WEDNESDAY/ 6 PM**  
**HV EDUCATION CENTER/ 9066 EAGLE CANYON**  
**CONTACT: (775)785-1310**

RSIC IS AN EQUAL OPPORTUNITY SERVICE PROVIDER AND EMPLOYER

## WATER FITNESS!!

**FREE  
TO ALL  
CHILDREN,  
DIABETIC,  
NON-DIABETIC  
& SENIOR  
RSTHC  
PATIENTS**

**@ Alf Sorenson Community Center**  
1400 Baring Blvd, Sparks  
Tribal Card required @ Class Check-in

**Senior Water Fitness**  
(55years and older)  
(Transportation available for  
RSIC Enrolled and Resident  
Seniors only. Contact Wali  
for more info (see  
below) **TUESDAYS &  
THURSDAYS 9-10AM**

**Toddler Time!**  
(age 6years or younger)  
Parents must be in the pool  
with the child  
**MONDAY THRU  
THURSDAYS  
11:30-4:30 CLASS TIMES**

**Senior Water Fitness Saturdays**  
(55years and older)  
(Transportation not available)  
**SATURDAYS 12-1PM**

**SWIM LESSONS!**  
Available for all ages  
Build basic water safety or  
develop your skill.  
(Enrollment Required @ Alf  
call 353-2385. Paid for by the  
RSTHC Diabetes Program)  
Go to [www.sparksrec.com](http://www.sparksrec.com)  
for schedule and reg dates

**Sponsored by  
the RSTHC  
Diabetes  
Program**

**Senior Aquacize**  
(slower paced for  
55years and  
older)  
(Transportation  
not available)  
**TUESDAYS &  
THURSDAYS  
10-11AM**

**Lap Swimming**  
(all ages)  
**MON-THURS 6-9AM,  
9-11AM, 11-1:30, 1:30-3PM  
SATURDAYS 12-5:45PM**

**QUESTIONS? Contact Wali at 329-5162 x1947 or Stacy x1945**





**VISIT THE  
FOOD BANK OF NORTHERN  
NEVADA'S MOBILE HARVEST  
IN HUNGRY VALLEY  
NOW OCCURRING MONTHLY!**

**WHEN: MONTHLY ON THE 3RD  
MONDAY OF THE MONTH  
12-1PM**

**WHERE: PARKING LOT  
ABOVE THE GYM**

**WHO: ANYONE IN NEED**

**JUNE 17**

FBNN'S MOBILE HARVEST GIVES ACCESS TO NUTRITIOUS, HEALTHFUL FOOD BY VISITING NEIGHBORHOODS TO DISTRIBUTE PRODUCE AND OTHER FRESH FOOD ITEMS. ANYONE MAY USE THE PROGRAM. LIMIT ONE DISTRIBUTION PER WEEK

QUESTIONS?  
CONTACT STACY BRISCOE, RSTHC DM PROGRAM MANAGER OR JANE SMITH, RSTHC BENEFITS COORDINATOR AT RSTHC 329-5162

**Hungry Valley**



**Christian Fellowship**

**Believing God For Greater Things!**

Sunday Worship Services: 10:30 AM  
Potlucks every month!

Location: Hungry Valley Community Center  
For more information, contact:  
Pastors Augustin & Cindy Jorquez 775-425-5886

*New Activities & Events Starting Soon!*




**Are You Ready To Quit Smoking?  
We Can Help!**

**— TOBACCO  
CESSATION  
12 WEEK PROGRAM**

Smokers Trying to Quit Can Double or Triple Their Chances With Counseling, Medicine, or Both!

Tobacco Education  
Professional Guest Speakers  
Learn How Nicotine Affects You  
Nicotine Replacement Therapy  
Keep Traditional Tobacco Sacred  
Additional Support Through Counseling  
Ongoing Coaching and Support  
Learn the Benefits of Quitting



Hard, Yes.  
Impossible, NO!

RSTHC Conference Room

Starting July 10th, Every Wednesday for 12 weeks 5:30-6:30pm

If you are a smoker & would like to take action for a healthier you, please contact Gina, CHES at 775-329-5162

USDA United States Department of Agriculture

**Summer Food Rocks!**

**AT THE RENO-SPARKS INDIAN COLONY**



Food, Fun & Sun!

The Summer Food Service Program operates Monday-Friday from June 10 — August 2, 2019.

Breakfast: 8:30 a.m. – 9:30 a.m. Lunch: 11:30 a.m. – 12:30 p.m.

All children 18 years & younger are eligible to receive a free, delicious, and nutritious meal.

Reno Site Multipurpose Room 34 Reservation Road, Reno NV 89502	Hungry Valley Site Education Building 9055 Eagle Canyon Road, Sparks NV 89441
--	---

For further information please contact Laura Gallardo, SFSP Coordinator at 775-789-5615 X5432, lgallardo@rsic.org



MOVE IT OR LOSE IT!

# 80s

## HEALTH FAIR

**09.18.2019.**

**3 PM-7 PM**

**RSIC RENO GYM**

**VENDORS WELCOME**

RSIC Reno Gym  
Questions or would like to be a vendor, contact  
Gina Featherstone. 775-329-5162  
gfeatherstone@rsicclinic.org



RENO-SPARKS INDIAN COLONY COMMUNITIES

# DON'T FORGET: TO REGISTER YOUR CHILD FOR THE 2019-2020 SCHOOL YEAR.

<https://www.washoeschools.net>

-RSIC EDUCATION DEPT.

## Swim Safe for the Summer with Swim Lessons!

Available for all ages  
Build basic water safety or develop your skill.

@ Alf Sorenson Pool 1400 Baring Blvd, Sparks

**Enrollment Required @ Alf**  
call 353-2385

Go to [www.sparksrec.com](http://www.sparksrec.com) for schedule and reg dates

Questions? Contact Stacy at 329-5162 x1945

Aquasize, Senior Water Fitness, Toddler Time, and Lap Swimming also available. Call Alf @ 353-2385 for details

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## Swim Safe for the Summer with Swim Lessons!

Available for all ages  
Build basic water safety or develop your skill.

@ Alf Sorenson Pool 1400 Baring Blvd, Sparks

**Enrollment Required @ Alf**  
call 353-2385

Go to [www.sparksrec.com](http://www.sparksrec.com) for schedule and reg dates

Questions? Contact Stacy at 329-5162 x1945

Aquasize, Senior Water Fitness, Toddler Time, and Lap Swimming also available. Call Alf @ 353-2385 for details

## ELDER HOME TRAINING

**Personal Training Sessions**

With 3NWC trainers Michelle and Tiffany

**20 MINUTE SESSIONS**  
**CUSTOMIZED WORKOUTS**  
**WIDE RANGE OF EXERCISES**  
Including fall prevention and improving mobility

**WE COME TO YOUR HOME 1 DAY A WEEK**

Trainers provide assistance with all levels of fitness

Sponsored by the RSIC Diabetes Program







To schedule an appointment and get required medical release contact  
Stacy Briscoe  
(775) 329-5162 Ext. 1950

posterMyWall.com





**add you**

# LET'S SPINN

SPINNING WITH MICHELLE

# FITNESS

AWESOME CALORIE BURNER AND FITNESS BOOSTER

WEDNESDAYS 5:30-6:30PM &  
FRIDAYS 12:15-12:45PM  
@ 3NWC

Questions Contact Michelle @ 329-5162

# MARTIAL ARTS

CLASS SCHEDULE · INFO · REGISTRATION · SIGN UP  
AT  
WWW.HIGHSIERRAMARTIALART.COM  
775-470-5943

OPEN TO ALL PATIENTS OF RSTHC

FITNESS  
DISCIPLINE  
FOCUS  
STRENGTH  
SELF DEFENSE

FOR ALL AGES

INCLUDES CLASSES  
UNIFORMS AND TESTING  
FEES




SPONSORED BY THE  
RSIC DIABETES  
PROGRAM

· QUESTIONS ·  
CONTACT STACY BRISCOE RSTHC 329-5162

## Pathways to Health

### Food & Exercise as Medicine

Great Recipes

Food Demos

Education  
Opportunities on  
nutrition and leading  
a healthy lifestyle

Transport to Exercise

Healthy Foods  
delivered to  
your door

SUPPORTED BY:  
RENOVN COMMUNITY BENEFIT  
PARTNERSHIP GRANTS & THE  
RSIC DIABETES PROGRAM



CONTACT:  
STACY BRISCOE, DIABETES  
PROGRAM MANAGER FOR  
MORE INFORMATION  
329-5162 EX 1945

**QUESTIONS?**  
**CONTACT STACY BRISCOE @ RSTHC**  
**329-5162 X 1945**  
**OR COMPLETE AND RETURN SURVEY IN**  
**BOXCES AROUND THE CLINIC**

SPONSORED BY THE RSIC  
DIABETES PROGRAM AND THE  
RENOVN COMMUNITY HEALTH  
BENEFIT GRANT



osterMyWall.com

# CARDIO KICKBOXING



ALL LEVELS WELCOME | FAST,  
EFFECTIVE FULL BODY WORKOUT


CLASSES EVERY WEDNESDAY @  
12:15-12:45

@ 3NWC WITH HARLAN  
1715 KUENZLI STREET | RENO, NV 89502  
(775) 329-5162

**BURN CALORIES  
LOSE WEIGHT  
GET FIT!**



**TRX 101**  
**INTRODUCTION TO TOTAL BODY  
 RESISTANCE TRAINING**




**NEW - 2 SESSIONS!!**

**TUESDAYS:**


**SESSION 1:**  
 12:05 - 12:30

**SESSION 2:**  
 12:30 - 12:55



**Call Tiffany Dean for any  
 questions at  
 775-329-5162 Ext 1948**

Site with PosterMyWall.com




**KETTLEBELL  
 CONDITIONING**

**Thursdays  
 12:15 - 12:45** with Christian  
 @ 3NWC

Questions? Contact  
 Stacy or Christian at  
 329-5162

Sponsored by  
 the RSIC  
 Diabetes  
 Program



Site with PosterMyWall.com

**LIVING IN BALANCE**

**GROUP DIABETES  
 PREVENTION AND MANAGEMENT  
 EDUCATION**


**CLASS  
 DATE &  
 TIME TBD**

**THIS 8-10 WEEK  
 CLASS GIVES YOU  
 THE TOOLS TO  
 PREVENT OR  
 MANAGE  
 DIABETES**


**HAVE  
 QUESTIONS?**

**ENROLLING  
 NOW!  
 CONTACT  
 STACY  
 329-5162  
 X1945**

What should I be doing NOW to prevent Diabetes?  
 How do I start exercising?  
 How much is enough exercise?  
 How can I help a loved one get better?  
 What CAN I eat?  
 What IS Diabetes?



**SPONSORED BY THE RSIC  
 DIABETES PROGRAM**



Site with PosterMyWall.com

***The 2019 Diabetes  
 Shoe Program***



Keep one Diabetes Checkup  
 in RSTHC Medical in 2019 as  
 well as receive a foot  
 exam and you are eligible  
 for shoes through the

**Nutrition assessment  
 appointment is  
 required**

**Contact Stacy 329-5162  
 x1945 or Kristie x1943**

The RSIC Diabetes Program reserves the  
 right to end this program at any time

Sponsored by the RSIC  
 Diabetes Program




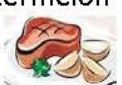




Site with PosterMyWall.com





Reno-Sparks Indian Colony  
Senior Program MENU  
34 Reservation Road-Bldg. F  
Reno, NV 89502  
775-329-9929

Monday	Tuesday	Wednesday	Thursday	Friday
3) Old Fashioned Goulash Broccoli and Cauliflower+ Watermelon*	4) Tilapia with Lime and Cilantro Wild Rice Mix Veggies+ Pineapple*	5) Pork Posole With Hominy, Cabbage Lime and Onions Green Salad+ Grapes*	6) BLT Wrap on Whole Wheat Tortilla with Lettuce and Tomato+ Baked Lays Orange*	7) Honey Nut Cheerios Boiled Egg Carrots & Celery Sticks+ Fruit Cup* 
10) Baked Balsamic Chicken Breast Zucchini + Mix Berries* 	11) Meat Loaf Mashed Potatoes and Gravy Normandy Blend+ Honeydew*	12) Turkey A La King Brown Rice Peas and Carrots+ Fresh Pear*	13) Chicken Cobb Salad with Tomato, Boiled Egg and Feta Cheese+ Bread Stick Mango* 	14) Multigrain Pancakes Sausage Links Sliced Bell Peppers+ Peaches*
17) <i>Commodities</i> Tuna Sandwich on Whole Wheat Bread with Lettuce and Tomato+ Baked Lays String Cheese Grapes*	18) Ultimate Garlic Pork Loin Baby Roasted Potatoes California Blend Veggies+ Apricots* 	19) Oven Fried Chicken Macaroni Salad Steamed Carrots+ Pineapple*	20) Birthday Bingo Grilled Steak Baked Potato Parmesan Asparagus+ Watermelon* 	21) Chorizo Burrito with Eggs on Whole Wheat Tortilla Cucumber Salad+ Mix Berries*
24) Turkey Salad With Lettuce, Tomato, Cheese, Olives, and Green Onions+ Refried Beans Apple* 	25) Chicken Breast Over Whole Wheat Noodle with Alfredo Sauce Broccoli+ Cantaloupe*	26) French Dip Sandwich On Whole Wheat Roll with Au jus Sauce Sweet Potato Tots Fresh Plum*	27) Chef Salad with Ham, Turkey, Cheese, Bell Pepper, Boiled Egg, Cucumber, And Tomato+ Whole Wheat Roll Strawberries*	28) French Toast Bacon Heirloom Tomatoes with Cottage Cheese+ Banana* 

Please tie up your dog(s) during delivery times 10 am- 1pm. Staff will not enter yards with loose dogs.  
Reminder to call before 10 am to cancel or add your meal delivery 775-329-9929

\*Vitamin C – Daily +Vitamin A – 3x per week 1% Milk Served Daily

Menu is subject to change without notice.

Guest meals are \$5.00. Guests are non RSIC Senior Program Clients.


# Senior Program Activities

## June 2019


Senior Program activities are for RSIC Enrolled Senior Clients who are RSIC Tribal Members or a RSIC Community member whose file is up to date. Sign up is required for all activities that include a ticket or transportation. Tickets for activities are limited and subject to one ticket per client. Clients must be physically able to participate in activities including; stairs, walking on uneven ground, withstanding the heat etc.

***To sign up for an event call 775-329-9929 or stop by the Senior Center.***



**Saturday June 8<sup>th</sup>** Reno Aces Baseball game  night, doors open at 6 p.m. 1 (one) ticket per client. Each tickets comes with a voucher for a Free hat that are redeemable at the game. No transportation provided.



**Wednesday June 13<sup>th</sup>** Pyramid Lake Senior Fun Day  theme. Leaving the RSIC Senior Center at 9:00 a.m. and arrive at Reno around 3:00 p.m.



**Saturday June 15<sup>th</sup>** Stewart Father's Day Pow-Wow. Leaving the RSIC Senior Center at 9:30 a.m. and returning around 3:00 p.m. Transportation seats are limited, expenses on your own including meals.




**Monday June 17<sup>th</sup>** Father's Day Dinner at Famous Dave's BBQ. Leaving the RSIC Senior Center at 5:00 p.m. or you can meet the group at Famous Dave's at 5:30 p.m. All family and friends must pay for their own meal, no exceptions.



**Saturday June 22<sup>nd</sup>** Denio's Swap Meet. Limited seats. Leaving the Senior Center at 8:00 a.m. and returning to the senior center around 4:00 p.m. Lunch is provided, other expenses are on your own.















**Wednesday June 26<sup>th</sup>** Reno Rodeo "Wolf Pack" Night. Wear your  gear. 1 (one) ticket per client. Must be able to walk up and down stairs, and on uneven terrain. No transportation is provided, all expenses on your own.





Reno-Sparks Indian Colony  
Senior Center Activities  
34 Reservation Rd, Building F  
Reno, NV 89502  
775-329-9929

**2019**

Monday	Tuesday	Wednesday	Thursday	Friday
3) 10:00 am Errand Day 12:30 pm Tone & Fit 1:00pm Senior Advisory Committee Meeting Reno Rodeo Sign up	4) 12:00 pm Behavioral Health Presentation 12:30pm Cake Decorating 	5) 10:00 am Chair Volleyball 12:45pm Language Class	6) 12:30 pm Galaxy Theaters 	7) 9:00 am Caregivers Support Group Meeting
10) 9:00 am-3:00 pm Farmers Market Coupon Distribution Starts 12:30 pm Tone & Fit 1:00 pm Decorate Tin Cans & Plant Flowers 	11) 10:00 am Errand Day 12:30 pm Father's Day  	12) 11:30 am Blood Pressure Check 12:45 pm Language Class 	13) 9:00 am Pyramid Lake Senior Fun Day 	14) 12:30 pm Tone & Fit 15) 10:00 am Saturday Stewart Pow-Wow
17) 8:00 am Food Pantry & Commodities 11:30 am HV Food Bank 12:30 pm Tone & Fit 5:30 pm Father's Day Dinner Famous Dave's	18) 9:00 am Farmer's Market Trip 12:00 pm Behavioral Health Presentation	19) 12:00 pm Environmental Presentation 12:45 pm Language Class	20) 11:30 am Blood Pressure Check 12:30 pm Birthday Bingo  	21) 10:30 am Brunch 22) 8:00 am Saturday Denio Swap Meet
24) 12:30 pm Tone & Fit 1:00 pm 4 <sup>th</sup> of July Decoration 	25) 12:30 pm Century Theaters 	26) 11:30 am Blood Pressure Check 12:45 pm Language Class 7:00pm Reno Rodeo 	27) 12:30 pm 4 <sup>th</sup> of July Centerpiece	28) 12:30 pm Tone & Fit

Activities are for RSIC Enrolled Senior Clients who are RSIC Tribal Members or a RSIC Community Member whose file is up to date. Sign up is required for all activities that include a ticket, transportation or a booklet. Tickets for activities are limited and subject to one ticket per client. Must be physically able to participate in activities includes; stairs, uneven ground, heat, etc. To sign up call 329-9929 or stop by the center.

**June 8<sup>th</sup>** Reno Aces Baseball Game – One ticket per client. Pick up at the senior center. No transportation provided.

**June 10<sup>th</sup>** Farmers Market Distribution – Income limitations apply, 60+ years or older, limit 1 book per household.

**June 13<sup>th</sup>** Pyramid Lake Senior Fun Day – Transportation leaving at 9:00 am & returning approximately 3:00 pm.

**June 15<sup>th</sup>** Stewart Pow-Wow – Leaving Senior Center at 10:00 am and returning approximately 3:00 pm. No lunch provided, all expenses are on your own. Must be able to carry your own equipment.

**June 17<sup>th</sup>** Father's Day Dinner – Transportation is leaving the Senior Center at 5:00 pm or meet at Famous Dave's BBQ at 5:30 pm. Family & friends must pay for their own dinner. This event is for adults only, no children.

**June 22<sup>nd</sup>** Denio Swap Meet – Leaving Senior Center at 8:00 am and returning approximately 4:00 pm. Lunch will be provided all other expenses are on your own.

**June 26<sup>th</sup>** Reno Rodeo - must sign up for a ticket, one ticket per client, must be able to walk up & down stairs. No transportation provided. Tickets are limited. Last day for sign up for tickets is June 19<sup>th</sup>, again tickets are limited.

**Activities are subject to Change or Cancel without notice.**

# Legal Notices, Public Announcements

*Petitions for legal name changes, committee member sought*

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## **Recruitment for Pow Wow Committee Members**

The Numaga Indian Days Pow Wow committee is seeking Reno-Sparks Indian Colony Tribal members to serve on its committee. There are **THREE** vacancies.

Committee members will be appointed by the RSIC Tribal Council and shall serve a term of (4) years.

If you are interested in becoming a Numaga Indian Days Pow Wow committee member, please submit your completed application to:

**Reno-Sparks Indian Colony  
Pow Wow Committee**  
ATTN: Tribal Administrator  
34 Reservation Road  
Reno NV 89502

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## **IN THE RENO-SPARKS TRIBAL COURT IN AND FOR THE RENO-SPARKS INDIAN COLONY RENO, WASHOE COUNTY, NEVADA**

Notice is hereby given that the Petitioner, Viola Pearl Gomez who is a member of the Reno-Sparks Indian Colony, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV.NC.2019-0009, praying that said Court enter an Order changing the present legal name of Viola Pearl Gomez, to the name of Viola Pearl Astor, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV 89502, within ten (10) days after publication of this notice.

Dated this 14<sup>th</sup> day of March, 2019.

/S/  
Jeraldine Magee, Court Administrator  
Reno-Sparks Tribal Court

## **Recruiting Representative for Executive Health Board**

The Reno-Sparks Tribal Health Center is recruiting for two (2) RSIC Tribal representatives to serve on the Executive Health Board.

The members are appointed by the Tribal Council and shall serve a term for a four-year period. If you are interested in being a member of the Executive Health Board, please submit a letter of interest to:

*Executive Health Board*  
Reno-Sparks Tribal Health Center  
1715 Kuenzli Street, Reno, NV 89502

All interested participants will be invited to fill out an application and attend a Health Board meeting for introductions. For more information, please phone, 329-5162, ext., 1901.

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## **IN THE RENO-SPARKS TRIBAL COURT IN AND FOR THE RENO-SPARKS INDIAN COLONY RENO, WASHOE COUNTY, NEVADA**

Notice is hereby given that the Petitioner, Victoria Bjorklund who is a member of the Reno-Sparks Indian Colony, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV.NC.2019-0199, praying that said Court enter an Order changing the present legal name Victoria Bjorklund, to the name of Victoria Langweather, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV 89502, within ten (10) days after publication of this notice.

Dated this 4<sup>th</sup> day of April, 2019.

/S/  
Jeraldine Magee, Court Administrator  
Reno-Sparks Tribal Court



PRESENTED BY THE RENO-SPARKS INDIAN COLONY  
IN COLLABORATION WITH THE NEVADA MUSEUM OF ART

REAWAKENING

# THE GREAT BASIN

A NATIVE AMERICAN ARTS AND CULTURAL GATHERING

SATURDAY, JULY 13, 2019 · 10 AM — 5 PM

AT THE NEVADA MUSEUM OF ART 160 WEST LIBERTY IN DOWNTOWN RENO

NATIVE AMERICAN ARTISTS MARKETPLACE · HANDS-ON ART PROJECTS  
GREAT BASIN YOUTH STORYTELLERS · MUSICAL PERFORMANCES  
BASKET WEAVING · TRADITIONAL DANCES · INDIAN TACOS  
TULE DUCK DECOYS · NATIVE AMERICAN ROYALTY

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NEVADA MUSEUM OF  
ART

Donald W. Reynolds Center for the Visual Arts  
E.L. Wiegand Gallery



SPONSORS: WELLS FARGO; THE CITY OF RENO ARTS & CULTURE COMMISSION

FOR INFORMATION CALL 775.785.1326

*Continued From Front Cover*

of the fallen soldiers rest.

About 25 people decorated graves and placed American flags not just on RSIC Veterans markers, but at any burial site of a veteran.

The RSIC Color Guard initiated the formal ceremony with a call to attention.

After “The Star-Spangled Banner,” Natalia Chacon played her hand drum and sang the *Flag Song*, also known as the Native American national anthem.

Rev. Augustin Jorquez of the Hungry Valley Christian Fellowship provided an invocation.

In Hungry Valley, six Native veterans have been laid to rest, and on Saturday, June 1, World War II veteran, Cpl. Thomas Evan McGinty also will be buried in the Tribe’s cemetery.

Again, serving as the emcee, Chairman Melendez told the larger group about the role Native Americans have played in the duration of the U.S. military since even before the founding of the country.

“Native Americans have

served and died for the U.S., from the beginning, with almost 3,600 American Indians who served in the Union Army during the Civil War,” Chairman Melendez said. “Even though American Indians were not considered U.S. citizens when World War I broke out, 12,000 of them volunteered to serve the country in the Great War, including 14 women who joined the Army Nurse Corps.”

Currently, the RSIC has 46 living veterans and four soldiers on active duty.

He went on to explain that by the end of the second World War, 44,500 Native Americans had taken up arms for the country, or about *one-third* of all able-bodied Indian men of service age.

As the holiday calls for, much of the day’s focusing was on those who gave the ultimate price for our freedom, specifically veterans who died during battle.

“John (Ira) Aleck was one of those who went to war in Vietnam. He lost his life in combat and he was only 22-

years-old,” Chairman Melendez said. “His entire family and generations to come have been affected by his loss.”

In fact, of the 58,320 soldiers who died during the Vietnam Conflict, Aleck is one of 232 Native warriors who lost their lives during the war.

“Let us remember their families who were wounded in spirit, when they heard the sad news that their loved one had died defending this country,” Chairman Melendez said.

During the observance in Hungry Valley, the Eagle Wing Pageant Dancers along with several members of UNITY (United National Indian Tribal Youth) sang the *Flag Song*.

Vincent Stewart provided a closing prayer in both English and Paiute.

“Maybe peace will come someday...,” Chairman Melendez said. “People’s hearts aren’t right yet, so we will always have soldiers going into the military.”

At both cemeteries, the observances concluded with the playing of *Taps*.



**Never Forgotten** — The names of every United States military veteran who was an enrolled member or community member of the Reno-Sparks Indian Colony has his or her name emblazoned on a gold plaque displayed in the newly dedicated RSIC Veterans Memorial in the Hungry Valley Cemetery. Currently, there are 96 names on the wall. The Colony celebrates its 46 living veterans and honors its four soldiers who are on active duty: Jose Melendez, Victoria Parker, Kaylea Phoenix, and Hunter Thomas.