



# THE CAMP NEWS

VOLUME XII ISSUE 11

November 30, 2017

**SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES**

## Election Results Mix Experienced Leaders, New Members

*Outgoing members honored, oath of office for newly elected council set for next week*

An educator, a police officer, a finance professional who previously served the Reno-Sparks Indian Colony along with an incumbent, will be sworn in Dec. 6 as members of the 2018 Tribal Council.

After a November election, 324 voters chose Anthony Abbie, Zack Imus, Marlene Yarrow and Robin Eagle, respectively, to fill four open council seats.

“There is always a new energy when the oath of office is administered,” said RSIC Chairman Arlan D. Melendez. “The ceremony often highlights the confidence of the community in our Tribal government and a wish for continued strengthening of our services and programs.”

Abbie, a teacher at Spanish Springs High, told the audience at Candidates’ Night that he wants to be part of continuing improvements which better the lives of community members.

“The education program is key to improving our own lives, our family’s lives and our community’s lives,” Abbie said. “The dream to become anything you want to be is out there for each and every one of our community

members with the assistance of higher education and some financial support. Our community members can achieve any dream they work for.”

Abbie has a bachelor’s degree in elementary education and a master’s degree in special education. He previously served as the director of the RSIC Recreation Department.

Imus, who currently serves as an officer for the RSIC Tribal

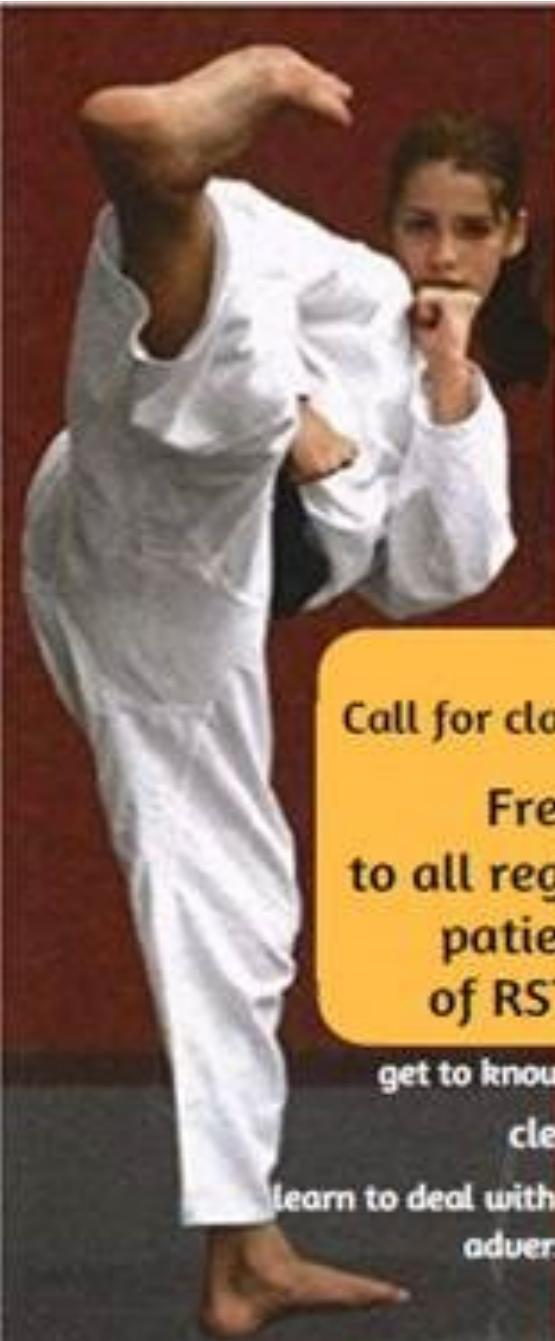
Police Department said that he has fresh ideas and a willingness to learn.

“Being on time, being professional and taking pride in everything you do are just some of the actions that we as individuals can do in order to move forward,” Imus said at Candidates’ Night. “If we apply these aspects into our daily lives it will solve many

*Continued on back page*



**Getting Prepped —** Representatives from Automated Elections Services demonstrate how the machinery tabulates and how ballots are sealed during the logic and accuracy testing session the night before the Tribal Election. Above, from the left, Brian Gates with Automated Elections Services, candidates Carol Pinto and Verna Nuno, along with election committee members Trisha Calabaza and Tanya Hernandez watch Mario Ruiz insert a blank ballot into one of the two machines used for the 2017 RSIC Tribal Council Election.



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body and  
mind



Questions/Info  
Contact Stacy @  
329-5162 x 1945

## Deadlines, Mailing List

### *The Camp News Profile*

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the RSIC Public Relations Department and duplicated and distributed by RSIC Administration Front Office.

### SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

### CONTACT OUR STAFF

E-mail your submissions to [smontooth@rsic.org](mailto:smontooth@rsic.org) or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

### CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

### ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: [www.rsic.org](http://www.rsic.org) and PDFs of our publication are available.

If you have questions, call us at 329-2936, ext. 3268.

## Important DECEMBER dates

- 1 Native Art Classes, RSTHC Behavioral Health, 9 a.m.
- 4 Youth, Teen Fishing Class, RSIC Recreation  
Education Advisory Committee meeting, Education Conference Room, Noon  
Senior Advisory Committee meeting, Senior Center, 1 p.m.  
Enrollment Advisory Committee meeting, Enrollment Office, 5:30 p.m.
- 6 Senior Numa (Paiute) Language Class, RSIC Senior Center, 12:30 p.m.  
Special Tribal Council Meeting, 34 Reservation Rd., 6 p.m.  
Law & Order Committee, Tribal Court, 6 p.m.
- 8 Native Art Classes, RSTHC Behavioral Health, 9 a.m.
- 11 Archery, High Desert Archery, 6 p.m.
- 12 Christmas "Who-Bilation" Bingo, Hungry Valley Gym, 6 p.m.
- 13 Christmas House Decorating Contest Judging, RSIC & Hungry Valley  
Senior Numa (Paiute) Language Class, RSIC Senior Center, 12:30 p.m.
- 14 Hot Chocolate With RSIC Human Services, 405 Golden Ln., 10-11:30 a.m.  
Community Christmas Dinner, Hungry Valley, 6 p.m.
- 15 Native Art Classes, RSTHC Behavioral Health, 9 a.m.  
Tommo Craft Fair, RSIC Gym, 10 a.m. – 6 p.m.
- 16 Tommo Craft Fair, RSIC Gym, 10 a.m. – 6 p.m.
- 18 Executive Health Board meeting, RSTHC, 5:30 p.m.
- 19 Commodity Distribution, Senior Center, 8 a.m.
- 20 Senior Numa (Paiute) Language Class, RSIC Senior Center, 12:30 p.m.
- 22 Native Art Classes, RSTHC Behavioral Health, 9 a.m.  
Washoe County School District Winter Break Begins, 3 p.m.
- 24 Hungry Valley Christian Fellowship Christmas Worship Service, 10:30 a.m.
- 25 Christmas, RSIC Offices Closed
- 26 Housing Advisory Board Meeting, Hungry Valley Recreation Center, 6 p.m.
- 27 Senior Numa (Paiute) Language Class, RSIC Senior Center, 12:30 p.m.
- 28 Talking Circle, RSTHC Behavioral Health Division, 4 p.m.
- 29 Native Art Classes, RSTHC Behavioral Health, 9 a.m.

For more information see : [www.rsic.org](http://www.rsic.org)



Reno-Sparks Indian Colony  
Community Christmas Events

Best Holiday Cheermeister  
"Costume Contest"  
during Holiday Bingo

## Christmas "WHO-BILATION"

Bingo

Tuesday 12/12/17

6pm Hungry Valley Gym

Community Christmas Dinner  
& Santa

Thursday 12/14/17

6pm Hungry Valley Gym

Call 775-329-4930 (Reno Gym) or 775-785-1360 (Hungry Valley) with questions.

# Second Group Inducted into RSIC Athletics Hall of Fame

*Twenty-four including women, veterans enshrined in distinguished club*

The Reno-Sparks Indian Colony recently inducted its second Athletics Hall of Fame class with a mission not just to honor its past athletes and its culture, but to inspire its current generation of athletes.

With a class of 24 inductees, the RSIC's 2017 Hall of Fame class was highlighted by its first female athletes—Ramona Darrough, Ivy L. Christy and Lorri Chasing Crow; and former Golden Glove boxers—brothers and cousins: Buck, Steve and Chuck Sampson and Ralph Sabola.

The ceremony, held at the Colony Gym, 34 Reservation Rd., started with prayer, a community dinner, an honor song, a keynote speaker and

speeches by representatives of the inductees.

Randy Melendez, an assistant in the RSIC Recreation Department, who developed the idea for the Athletics Hall of Fame, gave the keynote.

A retired high school educator who is a member of the Nevada Interscholastic Activities Association Hall of Fame, Melendez was part of the RSIC's inaugural Hall of Fame Class of 2015.

Furthermore, Melendez, who is responsible for most of the historical research, said that the tribe wants to have an Athletics Hall of Fame for three reasons.

"We want to honor our past because these athletes were really remarkable and sports like running and basketball are

still a big part of the culture of our community," said Melendez, a former college athlete. "Plus, we want to send a message to our youth that these are role models and if today's athletes work hard, they too, can be anything they want to be."

Melendez also believes the skills learned through athletics are important life skills, too.

"Sports guided me to my place in the world," Melendez said. "From an early age, with support from my family and some very influential coaches, I saw the value and opportunities that athletics could provide me not just to stay close to sports, but ultimately to build a career."

Among the United States' 562 federal recognized American Indian tribes, Native Americans are the most under-represented ethnicity on NCAA teams.

"We believe that by honoring our past athletes, our youth will be inspired to strive for their own excellence," Melendez said. "My dream came true and I got to be teacher and coach, so I am proof that athletics can lead to a healthy, happy, quality existence."

Furthermore, the event had an intimate feel, too.

"It was a great event to celebrate amazing life journeys and outstanding sports accomplishments," said Jean Wadsworth, the RSIC Director of Recreation. "It really brings family together."



**Family Pride —** Sisters, nieces, sons, in-laws and a great nephew celebrated Ivy L. Christy, a 2017 inductee into the Reno-Sparks Indian Colony Athletics Hall of Fame. Christy graduated from Washoe High in 1984. A standout basketball and softball player, Christy is one of the first three female athletes to be named to the prestigious hall of fame. Above, her family poses for a group photo to mark the momentous occasion. Those pictured above include, back row, right to left: Linda Wadsworth, Autumn Wadsworth, Norma Christy, Kiyla Wadsworth, Shane Sanchez, Jane Smith, Cameron Smith, and Jewel Smith. Front row, right to left: Amber Wadsworth, Gail Christy, Hannah Christy, Ivy Christy, Jean Wadsworth, and in the front, Malakhi Williams.

*Photo Provided by Cameron Smith*

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# Hot Chocolate & Cookies

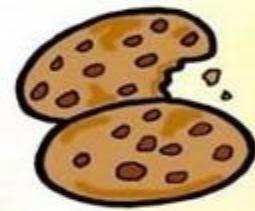
## With Human Services

Location:

R.S.I.C HUMAN SERVICES



405 Golden Lane  
Reno, NV 89502



Time:

Thursday, December 14th, 2017

10:00—11:30 A.M.

Meet and Greet Human Services Staff and  
Get information about services available.

Everyone who stops by will get a raffle  
ticket for a chance to win a bike.

\*\*\*Other warm beverages like Coffee, Tea and Apple Cider will be  
provided as well\*\*\*

GRADUATION		
NAME	YEAR	SCHOOL
Sam Uribe	1948	Stewart Indian School
Dean Paddy	1955	Reno High
Ralph Bryan	1958	Reno High
James Wasson	1968	Pershing County High
Bob O'Daye	1970	Wooster High
Buck Sampson	1970	Stewart Indian School
Nelson Aleck	1972	Wooster High
Chuck Sampson	1974	Wooster High
Jonsey Dressler	1973	Wooster High
Steve Sampson	1977	Reed High
Kevin O'Daye	1982	Wooster High
Ralph Sabola	1977	Wooster High
Ramona Darrough	1982	Pyramid Lake High
Ivy L. Christy	1984	Washoe High
George Moore	1987	Pyramid Lake High
Allan Tobey	1988	Pyramid Lake High
Bennett Nutumya	1988	Pyramid Lake High
Curtis Cypher Jr	1988	Pyramid Lake High
Jody McCloud	1992	Wooster High
Shawn O'Daye	2001	Wooster High
Sonny Malone	2001	Pyramid Lake High
Lorri Chasing Crow	2002	Pyramid Lake High
Kyle Coffman	2004	Pyramid Lake High
Lyndsey Rivers	2004	Pyramid Lake High



**Rope-A-Dope** — Getting his start in the Reno Pal Boxing Club, Buck Sampson along with his brothers Chuck and Steve, and his cousin Ralph Sabola were instrumental in the Warriors Boxing Club. One high lights of Sampson's boxing career included fighting the Nevada Department of Corrections heavy weight champion, Mohammad Ali Sanders. Buck, Chuck, Steve and Ralph are now all members of the RSIC Athletics Hall of Fame.



**Hall of Famers** — Back row, left to right: Ben Aleck representing brother Nelson Aleck, Bucky Sampson, James Wasson, Kevin O'Daye, Allan Tobey, Carl Uribe representing his father, Sam Uribe, Shawn O'Daye, Kyle Coffman, Lyndsey Rivers, and Sonny Malone. Front row, left to right: Ralph Sabola, Ivy Wright-Bryan representing her father, Ralph Bryan, Ivy Christy, Ramona "Wiggle" Darrough, Lorri Chasing Crow, Bennett Nutumya, Bob O'Daye and Steve Sampson. Not pictured: Chuck Sampson, Dean Paddy, George Moore, Curtis Cypher Jr, Jonsey Dressler and Jody McCloud.

Photo by Bucky Sampson

# CHRISTMAS HOUSE DECORATING CONTEST

## \$500 CASH



It's that time of year to get into the Christmas spirit and start decorating your house for the holidays! Recreation will be hosting a

**Christmas House Decorating Contest**  
for Reno Colony & Hungry Valley combined

**ONE winner will win \$500**

for the most decorative house!

All decorated houses will be judged on  
**Wed 12/13** and Winner will be announced at the  
**Community Christmas Dinner**  
in Hungry Valley on Thursday 12/14

Good luck, have fun and please be careful when  
decorating on top of your roof!

If you have any questions about upcoming events please call  
775-329-4930 (Reno Gym) or 775-785-1360(HV REC)

# American Indian Achievement Awards Announced

*Nevada Indian Commission recognized Nevada Senator Ratti's efforts for tribes*

**Carson City, Nev.** – Four Nevadans were honored recently at the Governor's Mansion for their contributions to the American Indian community.

Fawn Douglas, Loni Romo, Quecholli Fortunate Eagle and state Sen. Julia Ratti, were the 2017 honorees at the 8th Annual American Indian Achievement Awards Banquet and Silent Auction.

The event, which also celebrates American Indian Heritage Month, is hosted by the Nevada Indian Commission.

"It is a great honor to be able to celebrate American Indian Heritage Month and the outstanding role models

in Nevada's tribal communities," said Sherry L. Rupert, executive director of the Nevada Indian Commission. "This awards banquet recognizes this good work and the lasting impact it has on our Nevada tribes."

At the beginning of the month, Gov. Brian Sandoval proclaimed November as American Indian Heritage Month.

The banquet culminates a statewide effort to recognize Nevadans who have positively influenced the lives of American Indians.

Douglas, the Community Leader of the Year, is a member of the Las Vegas Paiute Tribe, where she

previously served as a tribal council member.

In 2015, Douglas graduated from the University of Nevada, Las Vegas, with a Bachelor's degree in arts, painting and drawing.

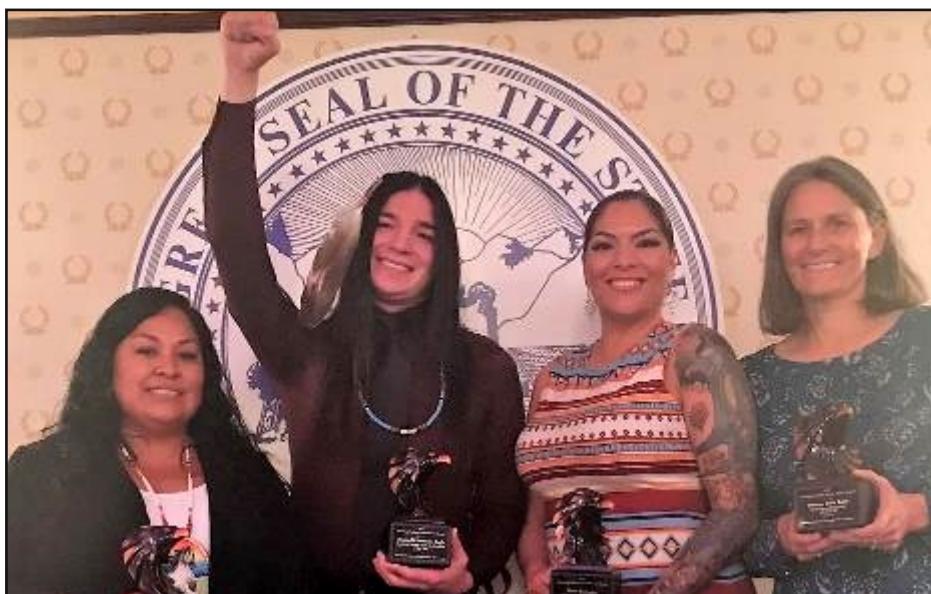
During her time at UNLV, Douglas served as a member of the Native American Student Association. She is recognized for her organizing and activist work supporting American Indian causes.

Romo, the Youth Services Role Model of the Year, is a member of the Pyramid Lake Paiute Tribe.

She is pursuing a master's degree in counseling at the University of Nevada. She has dedicated her career to supporting American Indian students' journey through education. Romo has worked as a counselor at Pyramid Lake High, served as the Native American Graduate Advocate in the Washoe County School District, and was a student leader for the Intertribal Higher Education program at UNR.

Fortunate Eagle, the Youth Ambassador of the Year, is a member of the Fallon Paiute Shoshone Tribe. During his time at Reed High, Fortunate Eagle was president for two years of the Native American Club.

He advocated for Native students at Reed, helped to organize club events, and organized students on



**Leadership & Integrity** — Loni Romo, Quecholli Fortunate Eagle, Fawn Douglas, and Nevada State Senator Julia Ratti recently were honored at this year's 8th Annual American Indian Achievement Awards hosted by the Nevada Indian Commission. Romo was named the Youth Services Role Model of Year; Fortunate Eagle was named the Youth Ambassador of the Year; Douglas was named the Community Leader of the Year; and Senator Ratti was named the Contributor / Supporter of the Year. Annually in November, the Commission celebrates American Indian Heritage month by recognizing those who have positively influenced the lives of American Indians.

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important issues. Despite his Shoshone descendancy, he learned the Paiute language because he genuinely wanted to preserve it for future generations.

Fortunate Eagle is the Reed High Great Basin language instructor, the youngest person to teach at that level.

Senator Ratti, the Contributor/Supporter of the Year, was instrumental in the passage of Senate Bill 244, a bill that integrates American Indian cultural traditions in the event of disruption, discovery, disposition and repatriation of human remains or other important American Indian resources.

For decades, the Nevada Board of Museums & History, and the Nevada Commission for Cultural Centers & Historic Preservation have developed, reviewed, approved, and made policy for investments, budgets, expenditures, and the general control of all of our ancestors' sacred remains, funerary objects, and irreplaceable cultural items unearthed on public lands.

At long last, thanks to Senator Ratti, an American Indian voice will advise the State on matters pertinent to the preservation and promotion of Nevada's most unique cultural resource—Native American culture.

Thanks to Senator Ratti, who chairs the Revenue and Economic Development Committee and is Vice Chair of the Health and Human Services Committee, American Indians in Nevada have a voice in what happens when their

ancestors' sacred remains and or funerary objects are disturbed on state and private land. Funerary objects can range from grinding stones, rabbit blankets, baskets, tulle ducks, ancient weapons, to any item our ancestors were buried with or left behind.

With SB244, the Nevada Board of Museums & History, and the Nevada Commission for Cultural Centers & Historic Preservation eleven-member board, appointed by the Governor, must now include an enrolled Native American from a Nevada Tribe.

Because of Senator Ratti shepherding the legislation through the Nevada Senate and the Assembly, the Numa, Newe, and the Washeshu now have representation, consultation, protection and repatriation rights to protect our ancient loved ones and their important personal items.

"I feel like I played such a small role in this," Senator Ratti told on-lookers in the packed ballroom at the Governor's

mansion during the awards ceremony. "I am so humbled by this honor."

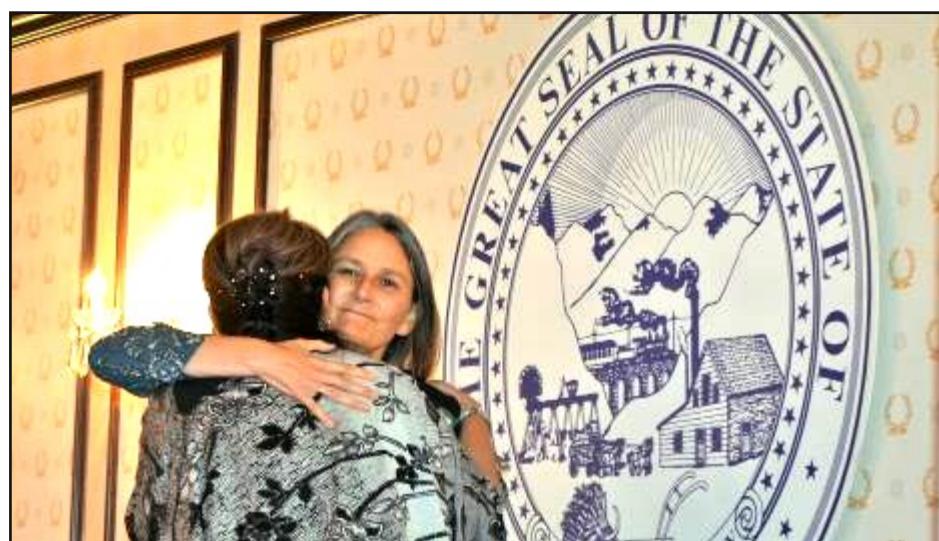
Each award winner was rewarded with a trophy, proclamations from several state office holders, plus they were each gifted a Louie Gong blanket.

The American Indian Achievement Awards helps raise funds to support preservation of the Stewart Indian School.

This year, the event included the Mt. Edgecumbe High School Yu'pik Dance Group from Sitka, Alaska. The students performed traditional Yu'pik songs and dances.

The Nevada Indian Commission Board of Directors selected the 2017 award recipients.

The group's mission is to ensure the well-being of Nevada's American Indians, through development and enhancement of the government to government relationship between the State and Indian tribes, and through education for a greater cultural understanding of the state's first citizens.



**Duty With Honor —** Nevada Senator Julia Ratti hugs Nevada Indian Commission Executive Director Sherry Rupert after Ratti was introduced as the 2017 American Indian Contributor / Supporter of the Year.

# 16<sup>th</sup> Annual Tommo Craft Fair

- Tommo means Winter in the Paiute Language -

**December 15-16, 2017**

**34 Reservation Road (Gym)**

**Reno, NV 89502**

(Off Interstate 395, take Mill Street or Glendale off-ramp on west side)

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- Native Blankets
- Native Jewelry
- Baked Goods
- Native Artwork
- Handmade Quilts
- Books & Music, and many one-of-a-kind items!

**INDIAN TACOS will be sold!**

*In conjunction, we are having a COAT DRIVE. To help someone in need, please bring a clean coat, mittens, scarf, or gloves to the event.*



For vendor information, contact Joanne at (775) 424-4126  
Online: [tommocraftfair@gmail.com](mailto:tommocraftfair@gmail.com)



# Can Indigenous Sovereignty Exist With Colonialism?

*Indian law experts examine Uluru, Torres Strait Islanders fight for constitutional rights*

“Sovereignty is an especially odd phenomenon. ... there is a disconcerting uncertainty as to what it is exactly, or where it is to be found, or who has it and who does not, or where it came from in the first place, let alone what is happening to it now,” wrote R.B.J. Walker in his 1996 essay, *Space / Time Sovereignty*.

Walker’s statement resonates today.

The world sees increasing sovereignty conundrums, including “humanitarian war”—nations bomb other nations in the name of protecting human rights—the economic eclipse of state political borders by transnational corporations, and ecological crises that know no state borders.

Into this mix stride Indigenous Peoples, demanding self-determination within the global nation-state framework of the United Nations.

*The Economist* recently reported, “Australians should soon get the chance to vote on [a] constitutional amendment concerning aboriginal rights..., in some way acknowledging aborigines as the first Australians. But just how far it should go is a matter of intense debate.”

A “First Nations National Constitutional Convention” at Uluru put forward the proposal in May 2017, when delegates called for “Makarrata”—“coming together after a struggle”—accomplished by a



“First Nations voice enshrined in the constitution.”

The Uluru Statement reproduces sovereignty conundrums. It asserts, “Aboriginal and Torres Strait Islander... sovereignty...has never been ceded or extinguished, and co-exists with the sovereignty of the Crown.”

The Statement then asks, “How could it be otherwise?”

But, I ask, how can Aboriginal sovereignty—from “time immemorial”—coexist with British sovereignty created 200 years ago? What does co-existing sovereignty mean?

If colonialism signifies an invasion, yet the original peoples retain their sovereignty, how do we get to the conclusion the two co-exist, especially when the invader claims a dominating sovereignty and tries to eradicate the original peoples?

The question echoes the puzzle posed by “reconciliation” programs like those in Canada, whereby colonial invaders—who rejected a conciliatory approach from the start—ask original peoples to forgive and forget, and work within the Canadian state system.

A skeptical view sees this not as a resolution to colonialism, but as another effort at assimilation.

We need a much deeper examination of sovereignty if we want to resolve these questions.

As Carl Schmitt put it in his now-classic 1922 essay, “Political Theology,” “A jurisprudence concerned with ordinary day-to-day questions has practically no interest in the concept of sovereignty. Only the recognizable is its normal concern; everything else is a

*Continued from page 13*

“disturbance.”

The classical state definition of “sovereignty” as “supreme coercive power” does not supply an appropriate model for non-state peoples.

Early colonists arriving on this continent looked for Native “kings,” and presumed that “chiefs” were monarchs, not understanding Native Peoples’ methods of self-determination.

Later United States treaty negotiators insisted American Indians adopt monarchical forms.

General Sherman in 1868, for example, in negotiating the return of the Navajo to their homelands, demanded the Tribe delegate 10 of their number as “principal men,” and for these 10 to “select a chief.”

When they had done so, and Barboncito had been selected to be the Navajo leader, Sherman declared, “Now from this time out you must do as Barboncito tells you, with him we will deal and do all for your good. When you leave here and go to your own country, you must do as he tells you, and when you get to your country, you must obey him or he will punish you, if he has not the power to do so, he will call on the soldiers and they will do it.”

Thus, the U.S. imposed a monarchical form of government—supported by U.S. Army powers—on the Navajo. A half-century later, the U.S. Congress (under its supposed “plenary power” over Indians) enacted the 1934 Indian Reorganization Act, which did what its name says: it

“reorganized” Native Peoples—this time into a business council model of administration, in violation of traditional forms which never involved “voting” and “representation.”

Critiques of doctrines of U.S. federal Indian law like “plenary power” and “trust,” provide a “disturbance” of U.S. sovereignty theory, exposing federal Indian law as an outgrowth of “Christian discovery” which to this day, is the legal foundation for U.S. claims of domination over Indigenous Peoples and their lands.

According to federal Indian law, “tribal” peoples have a lesser form of sovereignty, which is not actually sovereignty, but dependence.

As a federal court put it in 1973, “an Indian tribe is

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***“...sovereignty is a shared life—  
not supremacy and domination, but a spiritual notion...”***

—The Uluru Statement

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**Walking In Two Worlds? —** *The Indigenous People of Australia want the country’s constitution to recognize shared sovereignty for their Tribes. File Photo*

sovereign to the extent that the United States permits it to be sovereign—neither more nor less” [United States v. Blackfeet Tribe].

Based on this theory, the U.S. has forced Indigenous Peoples off their lands, undermined their social and governmental organizations, and refused to acknowledge their original powers of self-determination.

The Uluru Statement suggests a notion of sovereignty as shared life—not supremacy and domination: “This sovereignty is a spiritual notion: the ancestral tie between the land, or ‘mother nature’, and the Aboriginal and Torres Strait Islander peoples who were born therefrom, remain attached thereto, and must one day return thither to be united with our ancestors.

This link is the basis of the ownership of the soil, or better, of sovereignty.”

We may read the Uluru Statement as a re-understanding of self-determination that departs from conventional definitions of supreme power, domination, and superiority.

This possibility deserves careful thought, not only to resolve Australian colonization, but also as a reexamination of the Gordian knot of state sovereignty binding global politics in a zero-sum situation: Every state acts as if it has a supreme right to coerce obedience from its subjects and to engage in conflicts with every other state.

Thomas Hobbes said the “state of nature” was a “war of all against all”; the evidence

*Continued from page 13*

points the other way: state civilization produces universal, unending wars.

If I'm reading it right, the Aboriginal and Torres Strait Islander Peoples are willing to recognize a shared sovereignty with the colonial invaders because even the invaders—by now—have been born from earth, are "attached thereto," and "must one day return" ... in the same lands.

But we must be cautious; the conundrums persist: The Statement's call for "a rightful place in our own country [and] power

over our destiny" collides with the assertion that these changes will cause "our children...will walk in two worlds...."

The Statement suggests "a fuller expression of Australia's nationhood," but expresses "aspirations for a fair and truthful relationship with the people of Australia."

Australian commentators have grasped at the possibility the Uluru Statement means the Aboriginal and Torres Strait Islander Peoples are ready to cede original self-determination for an assimilation into the

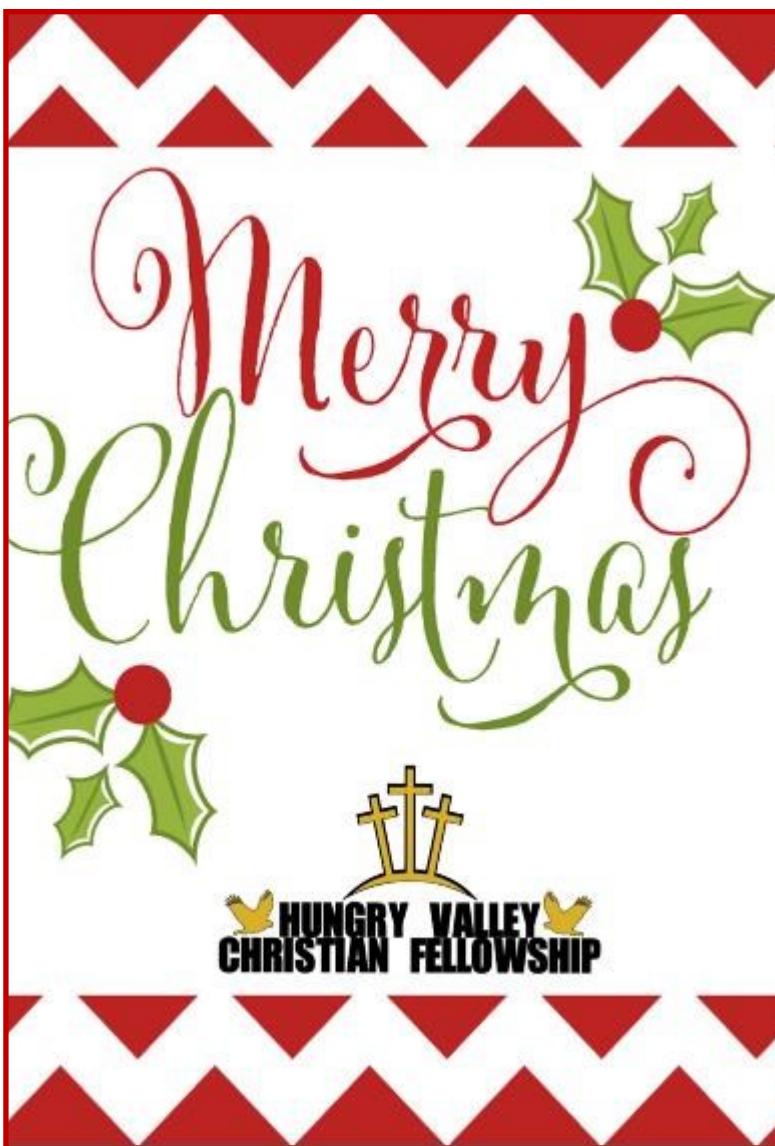
Australian state.

As one Australian newspaper columnist put it, "There are not two sides. We are all Australians."

Another commentator—a law teacher and adviser to the Uluru First Nations Convention—also took an inclusionist view: "the continent's first political communities, whose age is counted in millennia rather than decades – are seeking to be afforded proper recognition within Australia's federal association.

To be sure, the forms

*Continued on page 19*



**Merry Christmas**

**Celebrate Christmas with us!**

**Sunday, December 24, 2017**  
**10:30 AM**

Christmas Worship Service  
Children's Play  
Church Potluck (Bring a dish to share)  
Gifts for the Kids  
Everybody is Welcome!

**Hungry Valley Christian Fellowship**  
Pastors Augustin & Cindy: 775-233-0268  
Vicki Moore: 775-425-8540

# In & Around: Reno-Sparks Indian Colony Community

*Election preparation, community participation, youth promise, cultural pride*



**Under Police Protection** – To ensure a fair election, the tabulating machines are publically tested then secured over night by the Reno-Sparks Tribal Police. Above, Officer Trevor Holman puts the machines into his police vehicle before transporting the equipment to a secure location.



**It Pays To Participate** – After completing a survey about social media and voting, Roberta Hernandez was the incentive prize winner of a brand new iPad. Hernandez was one of 200 people who completed the 15-question survey during the distribution of Christmas money to Tribal members earlier this month.



**Big Man From Campus** – In conjunction with the N7 Program, the University of Nevada men's basketball team held a youth clinic at the Reno-Sparks Indian Colony Gym. Since 2010, Wolf Pack has participated in the program, growing its role each season.

*Photo Provided By Stephanie Wyatt*



**Grand Reopening** – After considerable remodeling at the Walmart located in Three Nations Plaza, dignitaries from the corporation held a ribbon cutting ceremony. In addition to Chairman Arlan D. Melendez's assistance, the Colony was represented with a performance by Christina Thomas. *Photo Provided By Steve Moran*

# Ask Paul

**Client:** "I hate the holidays, they're so stressful. I know I'm going to relapse."

**Me:** "Why?"

**Client:** "Why – What?"

**Me:** "Why do you hate the holidays? Why are they so stressful and why do you have to relapse?"

**Client:** "Everything is so complicated. There are so many expectations. I always spend all my money and everybody is drinking and getting drunk."

**Me:** "That sounds horrible. Were the holidays always like this for you?"

**Client:** "No."

**Me:** "Let's talk about Christmas. Can you please share a good Christmas memory with me?"

**Client:** "What do you mean?"

**Me:** "I want you to remember as many details about your good Christmas experience – your age – who was there, what you smelled, saw, heard – please create a picture for me of your experience."

**Client:** "Ok, many years ago. I was young, maybe 9 years old. Family would come to my house and stay. There was always a lot of people around. My Aunties would

get up early and cook. They would drink coffee as the sun came up. I remember sitting on my Aunties lap as she combed my hair and talked to my mom and other Aunties. They were laughing and having fun. Everybody was safe, and happy.

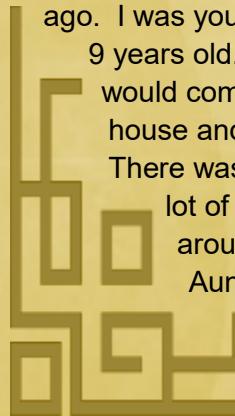
We had a wood burning stove that kept us warm and everybody would gather around and sing songs and tell stories. We had a real tree that Christmas and mom decorated the house with all kinds of holiday stuff. The smell of the tree with the glow of the lights and all the Christmas decorations made me so happy. There was plenty of food and dad put marshmallows in my hot chocolate. That Christmas my dad said we were going to help out our neighbor. This neighbor was an elderly lady who didn't have a lot. Her husband had passed that year. Our whole family went out and we chopped up a bunch of wood for her wood burning stove so she could stay warm all winter. We gifted the wood to her and invited her over to our house for dinner. She ended up staying with us all through Christmas and into the next day. I remember talking to her for hours and we became friends. She told me how her life was when she was my age and shared traditional ways of making baskets, moccasins, drums, cradle

boards out of willows, and beading. She shared how to clean, cook and prepare traditional food like rabbit, duck, antelope, and deer and how to preserve their pelts. Also, how to roast pine nuts to gift in little bags. She really taught me how to look at the world in a traditional spiritual way. I go to her house every week to bead and talk. I always check to see if she has enough wood and food. I consider her family now.

**Me:** "Wow that sounds wonderful. Everything you mentioned sounds simple, not complicated. You didn't mention drinking alcohol or using drugs. You didn't mention spending a lot of money or buying really extravagant gifts. Actually, what I heard was a little money and lots of family, fun and love. Is it possible to recreate that kind of holiday experience especially for your children?"

**Client:** "How?"

**Me:** "You already have all of the answers. You did it with your neighbor. You became outward focused (invested in others feelings) with your most favorite Christmas vs. inward focused (invested in your personal interests) which is leading you to distress. All you have to do is look for opportunities to share that same type of giving behavior



again. Also, heightened expectations and expensive gifts to impress others or for personal praise can lead to disappointment when the perceived level of praise is not received. If you follow your own advice and focus on giving and simplicity you seem to be happier.

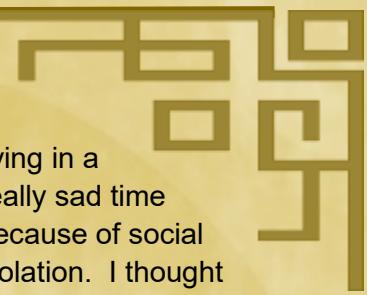
Also, the best way to limit fights, drama, really bad decisions, relapses and hangovers is to avoid alcohol. When adults drink it may feel good in the beginning, but many times emotions and actions get out of hand when people drink too much. The book, The Red Road to Well-briety on pg. 10 says "Our communities have suffered from alcohol, domestic violence, dysfunctional families, and now, drug use. It's a cycle that goes through our families. It's called a "cycle of hurt" because our violence and drinking problems are passed down through our families and communities. Generation after generation, through grandpa and grandma, father and mother, on to our own children, and to their children, the hurtful patterns repeat themselves. For some of us, we thought this way of life was normal. Now we need to get our people to a place where we can do our part in breaking this harmful

repeating pattern. We have our part to do. The Higher Power working through us does the rest."

This year choose to change your focus to your healthy priorities and avoiding unhealthy choices. Your healthy priorities sound like being with your family, having good natured fun, safety, and your children. Break the "cycle of hurt" if it is in your family by being health focused. Remember, alcohol is inward focused, is not healthy for children, and causes a lot of problems. I've never heard anyone say – "I wish I drank more alcohol during that party." If you've never had an alcohol or drug free Christmas or holiday, you can start with this one. Then compare the sober holiday to another time when you were using and see which one was more in line with your beliefs and values.

Also, many people like Christmas trees. Decorate the tree with your family. You can redecorate and add things to your tree through the season. Tree decorating doesn't just have to be a one-time event. You can decorate that tree as many times as you want. Have fun with it!

Most of all have the children and young people put down their cell phones and get away from the computers to enjoy the family's company. I heard a smart lady say that we were



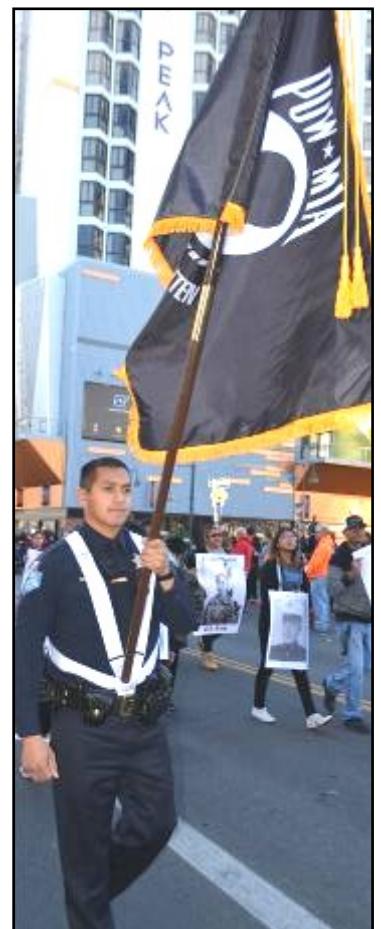
living in a really sad time because of social isolation. I thought about this and started analyzing people's interactions. Her statement came true to me when I saw a family of 5 in the gym the other day. The father was lifting weights, the mother was doing a cardiovascular machine (watching TV) and their 3 kids were sitting down in front of a big screen TV – all on their individual phones or iPads completely self-absorbed in their devices. There was a vacant indoor basketball court and volleyball court with balls available. Be the family that plays together. Any kind of game can be fun memory making opportunity for your family!

Start your own healthy family traditions. Try cooking together with your family to share with your neighbors, coworkers and friends also, say 10 things you are grateful for before you eat dinner. Give thanks for all of your blessings and care for and protect your most valuable assets – your family.

To contact Paul, the substance use counselor at the Reno-Sparks Tribal Health Center, please call (775) 329-5162, ext. 1962 or email: [rsnyder@rsicclinic.org](mailto:rsnyder@rsicclinic.org)

# In & Around: Reno-Sparks Indian Colony Community

2017 Veterans Day: parade, Sgt. Burton Pete exhibit, dinner, color guard



# Stop Unwanted Phonebooks From Littering Our Land

*Many environmental friendly options exist for extra directories*

It's almost that time at the beginning of the year when we see phone books piled up at the mailboxes in Hungry Valley and around yards in Reno.

It's somewhat understandable because today, many people pull out their smart phones to find addresses, telephone numbers, and even directions.

And, if you live on the Reno-Sparks Indian Colony, you do not have a curbside recycling program to conveniently toss them into.

To date, we will receive up to three phone books in our area every year.

They're great if you find them useful, but if not, it's best not to leave them out in the yard or piled up by the mailboxes.

Here are some ideas as to what you could do with unwanted phone books:

Recycle them at the Salvation Army (2300 Valley Road) or Waste Management (1100 E. Commercial Row)

- Wad pages up to clean windows and glass
- Wrap fragile items and gifts in it
- Use pages for fire starters
- Papier Mache projects with the kids
- Hollow one out to hide small valuables in plain sight

However, prevention of an unwanted situation is always best. These books have an impact on the environment in terms of tree consumption, water consumption, greenhouse gas emissions during delivery

and space in the Lockwood landfill. You can log onto: [www.yellowpagesoptout.com/](http://www.yellowpagesoptout.com/) and register to stop receiving phone books at your home and/or office.

Or call 1-866-329-7118 for the NV Bell Reno and 1-800-929-3556 Reno-Sparks Hibu Yellowbook.

You will be asked for your email address, home address and phone number, but that is just for confirmation, and the good news is; this will remain in effect until you call them back and opt back in to receive phone books.

For additional questions or if you need help opting out, call Brie-Cie Ledesma, Environmental Specialist II at 785-1363, ext. 5407, or email her at: [bledesma@rsic.org](mailto:bledesma@rsic.org).

\*\*\*\*\*

*Continued from page 14*

of recognition sought by First Nations are not identical to those enjoyed by the States and self-governing territories, but they undoubtedly share the federal spirit that underpins the Australian constitutional order."

Inclusionist views may assuage anxieties for colonial-settlers, but do they make sense to Indigenous Peoples? And does the combination of the idea that First Nations "are not identical...to States" within "the federal spirit...of the Australian constitutional order" mean anything different from

colonialism's persistent effort to assimilate what it cannot eradicate?

Native theorists today are re-asserting "sovereignty." But the definitional question—"what exactly is sovereignty?"—persists.

Whether, and in what way, Aboriginal and Torres Strait Islander Peoples may integrate any form of sovereignty into a shared self-determination remains an unanswered question.

The core conundrum remains: how do we define "the people," community, and political identity

without invoking terms of domination?

## *Editor's Note*

Peter d'Errico graduated from Yale Law School in 1968. He was Staff attorney in Dinéé-i-iná Náhiilna be Agha'diit'ahii Navajo Legal Services, 1968-1970, in Shiprock. He taught Legal Studies at the University of Massachusetts, Amherst, 1970-2002. He is a consulting attorney on Indigenous issues. This opinion piece first appeared in *Indian Country Today* and is printed with permission.

Who wants beautiful  
Dashes By Christmas!



- ✿ *lash extensions*
- ✿ *lash lift*
- ✿ *waxing*
- ✿ *brow & lash tint*

Gift Certificates Available

Alluring Beauty  
Johni Bill, Esthetician / Certified Lash Artist

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**Book Your Appointments**

# Veterans Hicks, Melendez Paid Homage at Parade

*Reno People Project continues to recognize notable citizens*

The City of Reno will be celebrating its 150<sup>th</sup> birthday in May of 2018 and leading up to that milestone—every month, significant individuals who have contributed to the city's color and character are being honored.

For example, during the recent Reno Veterans day Parade, 15 more individuals were honored.

Appropriately, these 15 honorees are all Veterans whom have made additional positive impacts to the City of Reno as an innovator, civic leader, resident, sports, philanthropist, and business.

Furthermore, these outstanding citizens or their families were introduced during the Veterans Parade while riding in a corvette, compliments of a local car club.

Two of the honorees are Native American:

## **John. M. Hicks:**

Born on Sept. 27, 1882 and died on April 10, 1960, Hicks was from the Cherokee and Western Shoshone Nations and was a Reno resident for over 40 years.

Hicks attended the Stewart Indian School in Carson City, Nev., where he learned about carpentry as a trade.

In 1917, he enlisted in the United States Army and served in World War I as a chief mechanic in a field artillery battery.

When the Great War ended, Hicks returned to Reno, Nev.,

and worked in carpentry.

Hicks was very active in the Reno veterans' affairs and served in several notable positions including: the Veterans of Foreign Wars Post 407 commander, World War I Veterans Barracks No. 958 commander, and department quartermaster for the Barracks until his death.

Hicks was a strong advocate for the Reno Veterans and even testified before Nevada Legislature in 1945. He urged the Nevada Assembly to listen to Veterans returning from war.

Hicks was married to Katie Christy, a significant Northern Paiute woman from Pyramid Lake.

Together they had four children and his legacy consists of 19 grandchildren, 54 great grandchildren, 74 great-great grandchildren, and 44 (and

counting) great-great-great grandchildren.

## **Arlan D. Melendez:**

A United States Marine Corps Vietnam Veteran, Melendez graduated from Truckee Meadows Community College and attended Nevada.

He has proudly marched with Reno-Sparks Indian Colony float entries in the Reno Veterans Parade for 17 years.

During his tenure as the Colony Tribal Chairman, he has encouraged collaboration between his staff and the City of Reno. This included a the first town hall meeting on the Colony about the city's master plan.

While working diligently, Melendez and the RSIC staff have built a government-to-government relationship with the City of Reno.

*Continued on back cover*



**Living Legacy —** John M. Hicks, who was selected as an honoree for the Reno People Project which celebrates the 150 year of the establishment of the city was represented in the recent Veterans Day Parade by his relative, Alan Mandell.



**HAPPY  
ANNIVERSARY**

**December 11<sup>th</sup>, 2007**

**Robbie and Marla Dressler**

**Exchanged vows and started**

**A journey into Happiness**

**And honoring the late**

**Effie Dressler on her**

**Birthday.**



**Merry Christmas**



**Happy New Year**

# Easy Ways to Energy Efficiency, Safety, Healthfulness

*Winterizing your home in anticipation of increased indoor time*

It's that time of year to get your home ready for the winter ahead.

Since you will be spending a lot more time with the windows and doors shut, there are a few things you can do to make sure your home is more energy efficient, safe and dry, plus the indoor air will be healthy.

## EXTERIOR

Inspect roof/shingles for any that are missing or damaged. A new roof is somewhere in the range of about +/- \$9,000.00, so keeping your existing roof in good condition is a wise financial move.

Clear gutters and downspouts of leaves and dirt build up that can block drainage.

Check for peeling paint on siding, paint can protect the siding from moisture which reduces the chances of mold, and keep your siding functional and give it a longer lifespan.

Disconnect garden hoses and check for water leaks.

You can purchase insulated covers for your outside faucet, or even wrap an old t-shirt around it as added protection to keep them from freezing.

## INTERIOR

Check for air leaks and add weather strip and/or caulk to doors if needed.

Even an old towel or blanket is better than nothing to slow a cold air leak.

Check windows as well, plastic window cover kits are typically under \$15 and can usually cover several windows.



**Cold Out, Heat In —** Plastic window cover kits are easy to install and help with warmth during cold months. *File photo*

If you have a wood/pellet stove, check that the door gasket has a good seal and have a professional clean the chimney or stove pipe.

If you have a ceiling fan, change the direction to clockwise and run it on the lowest speed.

This will gently draw cooler air up and push warmer air down, so a more comfortable temperature is maintained with less energy usage.

Change batteries in smoke detectors and carbon monoxide detectors; this is the time of year when both are more of a concern.

Recharge your fire extinguisher if it is out of date (costs about \$20) or purchase a fire extinguisher (around \$50-70) if you do not have one.

Cover or remove AC units and swamp coolers.

Clean or replace furnace filters to improve airflow and efficiency of your heater, and also to reduce the amount of allergens floating around.

Make sure floor vents are clean and nothing is blocking their flow such as furniture.

Clean your vacuum and vacuum more often. At least once a week is good while the family is spending more time indoors, more often if you have high traffic areas, pets, allergies, asthma, or other breathing issues.

It's a good idea to service your furnace annually, this ensures it's running safely and efficiently as it gets colder.

Climate Pros of Northern Nevada (phone: 691-2048) will complete a winter service for RSIC homeowners at a reduced cost of \$59 per unit this year. The homeowner is responsible for scheduling and payment, if they wish to have this service completed.

Also, Elders & Seniors can contact the RSIC Housing Department at (785-1300) to fill out an application to use the Senior Fund to cover the cost of the furnace service.

For more information, about winterizing your home, please contact Brie-Cie Ledesma, the Reno-Sparks Indian Colony's MPH, Environmental Specialist II (EPA & CAA) in the RSIC Planning Department / Environmental Program (785-1363, ext. 5407 or at 1937 Prosperity St., Reno, NV 89502.



## **Yoga with Kim**

Tuesdays 12:10-12:50pm  
Vinyasa Yoga  
@ 3NWC or 1st Floor Conf Room

Last Tuesday of the Month  
Gentle Chair-Based Yoga  
12:30-1pm  
@ Senior Center  
Starts October 31st

Thursdays 12:10-12:50pm  
Vinyasa Yoga  
(@3NWC or 1st Floor Conf Room)

Open to RSTHC patients and employees

All levels welcome  
Sign up not required  
All equipment provided

Sponsored by the  
RSTHC Diabetes Program  
Questions? Contact Stacy at 329-5162 x1945



## **LETS SPINN**

SPINNING WITH MICHELLE

# **FITNESS**

AWESOME CALORIE BURNER AND FITNESS BOOSTER

WEDNESDAYS @ 3NWC  
5:30-6:15PM

Questions Contact Michelle @ 329-5162

## **WATER FITNESS!!**



**@ Alf Sorenson Community Center**  
1400 Baring Blvd, Sparks

**FREE TO ALL CHILDREN, DIABETIC, NON-DIABETIC, & SENIOR RSTHC PATIENTS**

**Senior Water Fitness**  
(55years and older)  
(Transportation available for RSIC Enrolled and Resident Seniors only. Contact Wali for more info (see below) TUESDAYS & THURSDAYS 9-10AM

**Toddler Time!**  
(age 6years or younger)  
Parents must be in the pool with the child  
MONDAY THRU THURSDAYS  
11:30-4:30 CLASS TIMES

**Senior Water Fitness Saturdays**  
(55years and older)  
(Transportation not available)  
**SATURDAYS 12-1PM**

**SWIM LESSONS!**  
Available for all ages  
Build basic water safety or develop your skill.  
(Enrollment Required @ Alf call 353-2385. Paid for by the RSTHC Diabetes Program)  
Go to [www.sparksrec.com](http://www.sparksrec.com) for schedule and reg dates

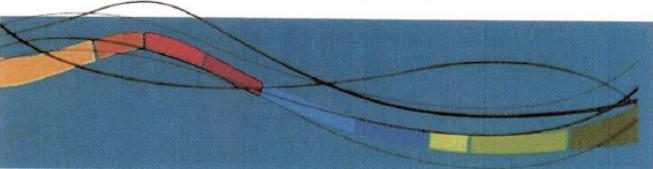
**Senior Aquacize**  
(slower paced for 55years and older)  
(Transportation not available)  
**TUESDAYS & THURSDAYS 10-11AM**

**Sponsored by the RSTHC Diabetes Program**

**Lap Swimming (all ages)**  
MON-THURS 6-9AM, 9-11AM, 11-1:30, 1:30-3PM  
**SATURDAYS 12-5:45PM**

QUESTIONS? Contact Wali at 329-5162 x1947 or Stacy x1945

## **In-Home ElderFit**



Individually tailored exercises done in the comfort of your own home.  
Exercises will improve mobility, strength and balance.



**Wednesdays**

**\*\*Referral needed so call to get things started\*\***

**Call Michelle or Tiffany @ 3NWC to schedule an appointment 329-5162**

# BURTON PETE CULTURAL ART EXHIBIT

Come explore Mr. Pete's contributions to the Native American Folk Arts.

Monday – Friday • 10 a.m. – 2 p.m. • through Jan. 10



RSIC THPO/Cultural Resource Program  
1995 E. Second Street

*Don't miss the opportunity to view this stunning work of a renown Reno-Sparks Indian Colony artesian! Due to construction, traffic & location, please call Michon R. Eben or Allan Tobey (775) 785-1326 to arrange your visit. Closed for the holidays.*



*This event is sponsored, in part, by a grant from the Department of Interior, National Park Service.*

## Tai Chi

with 3NWC trainer Christian Lee

**FRIDAYS**

**from 12-1pm at 3NWC**

**No Sign Up required  
Rolling admission  
All Ages and Levels welcome**

*This gentle form of exercise can help maintain strength, flexibility, and balance.*

*meditation in motion  
and  
medication in motion*

Tai Chi



Balance, Tranquility, Strength

## Gentle chair yoga

**Gentle yoga for joint troubles or to gently increase flexibility**



### Chair-Based Yoga At the Senior Center

**Last Tuesday of**

**every month**

**12:30-1:00**

**Starts October 31st**

#### Benefits of Yoga

- Increased flexibility
- Increased muscle strength and tone

Improved respiration  
energy and vitality  
Improved athletic performance  
Protection from injury

Maintaining a balanced metabolism  
Weight reduction  
Cardio and circulatory health

All ages and abilities welcome  
All equipment provided  
Sign Up not required

Questions?  
Contact Stacy  
329-5162 x1945  
Sponsored by the  
RSIC Diabetes  
Program



# Christmas Craft Faire

December 1st, 2nd and 3rd, 2017

Carson Colony Gym

2900 South Curry, Carson City, NV



For additional information and vendor applications, please contact:

Ada Johnson at 775-781-0480 (Evenings)

775-392-3608 (Message)

All Natives and Non-Natives Welcome!

# Legal Notices, Public Announcements

## *Request for name change, tribal committee vacancies*

### **IN THE RENO-SPARKS TRIBAL COURT IN AND FOR THE RENO-SPARKS INDIAN COLONY RENO, WASHOE COUNTY, NEVADA PUBLIC NOTICE**

Notice is hereby given that the Petitioner, Jose Deras, who is a member of the Reno- Sparks Indian Colony, has filed a Petition in the Reno- Sparks Tribal Court, Case No.CV-NC-2017-0049, praying that said Court enter an Order changing the present legal name of Jose Deras, to the name of Jose Melendez, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted , with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV, within ten (10) days after publication or this notice.

Dated this 9th day of October, 2017

Henrietta A. Tobey  
Clerk of Court Court  
Reno-Sparks Tribal

### **21st ANNUAL NATIVE AMERICAN NATURAL RESOURCES YOUTH PRACTICUM**

When: June 18 - 22, 2018

Where: Rio Mora National Wildlife Refuge,  
Waltrous, N.M.

Open To: Incoming 10th, 11th, & 12th graders

The Practicum is open to all Native American high school students from Arizona, Colorado, Nevada, New Mexico, southern California, and Utah who have an interest in pursuing a career in fishery and wildlife management, forestry, range management, watershed management, hydrology, or other natural resources related field.

The Practicum provides a "hands-on" learning experience in natural resource management and combines classroom with field sessions that enables students to learn concepts and techniques used to manage natural resources.

For more information, contact Jeanne Lubbering at 505/259-4189; or Norman Jojola at: 505/753-1451. All applications must be postmarked by May 25, 2018.

### **EXECUTIVE HEALTH BOARD**

The Reno-Sparks Tribal Health Center is recruiting for one (1) RSIC Tribal representative to fill a vacancy on the Executive Health Board.

The Executive Health Board voting membership consists of five (5) Reno-Sparks Indian Colony residents who are enrolled members, and two (2) representative from the Urban Indian population, for a total of seven (7) voting members. The RSIC representatives must live on the Colony or in Hungry Valley.

The Executive Health Board members meet at least once a month, usually on the third Monday, and are provided a monthly meeting stipend for participation.

The members are appointed by the Tribal Council and shall serve a term for a four-year period.

If you are interested in being a member of the Executive Health Board, please submit a letter of interest and have it time stamped to:

**The Executive Health Board**  
c/o Reno-Sparks Tribal Health Center  
34 Reservation Road  
Reno, NV 89502

### **EDUCATION**

The Education Advisory Committee advises and comments on Education Department programs that serve RSIC children, families and community members. The Education Advisory Committee membership consists of five members who meet monthly and are provided a monthly meeting stipend for participation. The committee members will consist of three tribal members and two community residents. Under the Federal Guide-lines 25 CFR §273.15, "Indian Education Committees are elected from among parents or legal guardians of eligible Indian students enrolled in the school(s) affected by a contract(s)." The members are appointed by the Tribal Council and shall serve a term of two years. The committee members must abide by the Tribal Council Standing Rules & Statement of Confidentiality. Please submit a letter of interest to: *Reno-Sparks Indian Colony, Education Department, 34 Reservation Road, Reno, NV 89502.*

# Public Announcements, Community Submissions

*Pow wow, housing volunteers needed, birthday wishes, cultural arts exhibit continues*

## Recruitment

### for Pow Wow Committee Members

The Numaga Indian Days Pow Wow committee is seeking Reno-Sparks Indian Colony Tribal members to serve on its committee. There are **TWO** vacancies.

Committee members will be appointed by the RSIC Tribal Council and shall serve a term of (4) years.

If you are interested in becoming a Numaga Indian Days Pow Wow committee member, please submit your completed application to:

#### Reno-Sparks Indian Colony

#### Pow Wow Committee

ATTN: Tribal Administrator  
34 Reservation Road  
Reno NV 89502

## Recruitment

### for Housing Advisory Board

HAB is actively seeking interested community members to sit on the Housing Advisory Board.

If you are interested in being a member of the Housing Advisory Board, please submit a letter of interest to:

**Tom Dressler**

RSIC Housing Director  
c/o 34 Reservation Road  
Reno, NV 89502

**www.rsic.org**

## Build Your Self-Care Snowman

Have a happy, healthy holiday season with these quick self-care tips.

Don't freeze people out

Spend time with people who love and support you.

Break out the ice skates.

Take time to exercise, even if it's just taking a spin around the rink!

Moderate the merriment.

At all those holiday parties, eat and drink in moderation. Don't drink alcohol if you are feeling down.

Chill out.

Avoid overbooking yourself and don't feel guilty about making time for self-care.

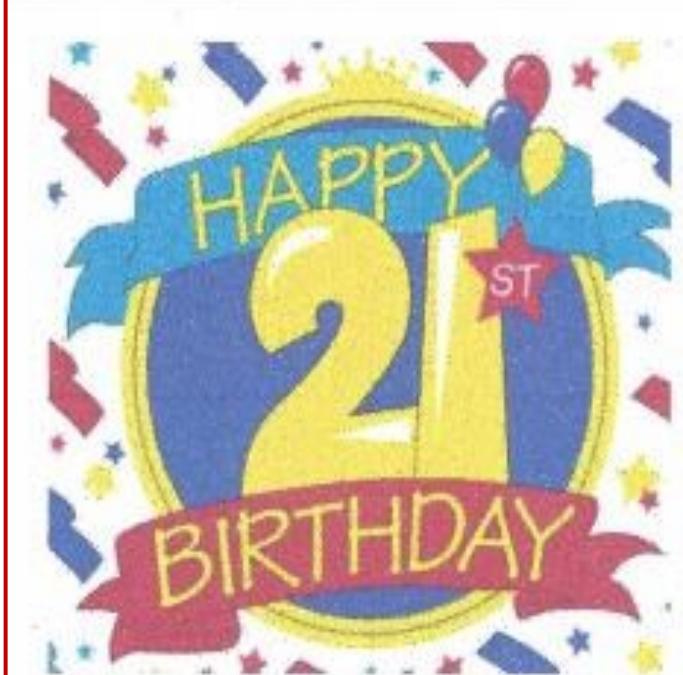
Get cozy.

Sleep is important -- make sure you're getting enough of it. (But don't hibernate!)

**BE THE 1 TO MAKE A DIFFERENCE**

[WWW.MENTALHEALTHFIRSTAID.ORG](http://WWW.MENTALHEALTHFIRSTAID.ORG)

## Travis Jace Bonta



**We Love You!**  
**Mom, Dad, Athena, Elias,**  
**Grandma Verna and Dariel**

# MISSING

## HELP US FIND OUR BROTHER/UNCLE

**My name is Walter George. I have been missing since 1984. Have you seen me?**

**Missing From:** Fallon, Nevada

Churchill County

**DOB:** January 4, 1926

**Age/Disappearance** 59

**Age/Today** 91

**Sex:** Male

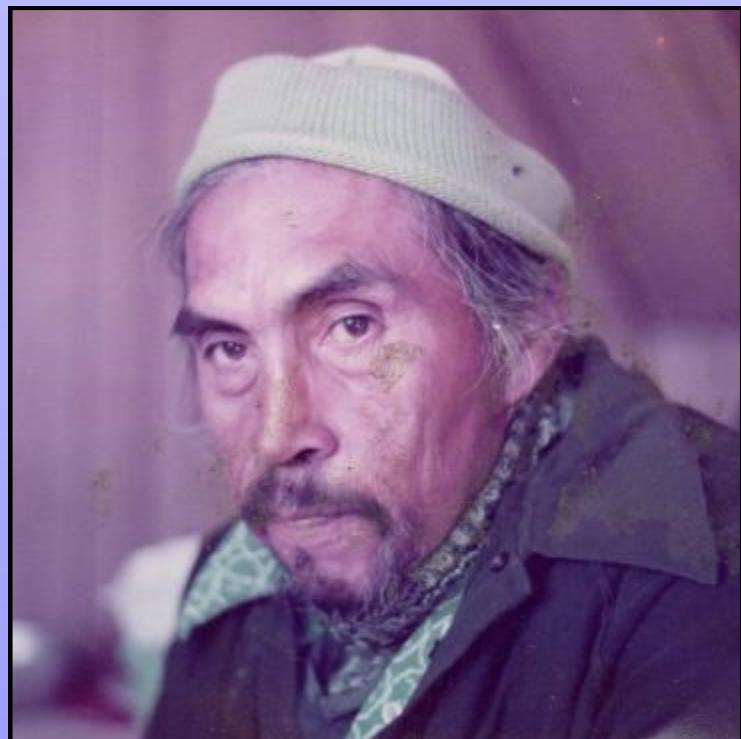
**Race:** Native American—  
Paiute

**Hair Color:** Black/Gray

**Eye Color:** Black

**Height:** 5'11

**Weight** Approx. 190 –200 lbs.



Walter was a Marine Corps Veteran. He was a quiet man and he walked everywhere he went, rarely accepting rides from those passing by. We do not know the circumstances around his disappearance. We love and miss him dearly. Please help us find our brother/uncle. Your help would be greatly appreciated.

**SOMEONE MUST KNOW SOMETHING**

**IF YOU HAVE ANY INFORMATION, PLEASE CONTACT THE  
FALLON PAIUTE-SHOSHONE TRIBAL POLICE DEPARTMENT  
(775) 423-8848 OR FAMILY MEMBERS LOIS KANE (775) 425-3804  
OR LENEVA GEORGE (775) 294-3196.**

# December



Reno-Sparks Indian Colony  
Senior Program  
34 Reservation Road  
Reno, NV 89502  
775-329-9929

Monday	Tuesday	Wednesday	Thursday	Friday
<b>- Reminder -</b> <b>To call before 10:00 a.m. to cancel your meal delivery</b>	<b>IMPORTANT</b> <b>Please TIE up your dogs during delivery times 10 am – 1 pm</b>		<b>Daily</b> <b>* Vitamin C</b> <b>1% Milk</b> <b>3 x Week</b> <b>+ Vitamin A</b>	1) Steak Fajita Bell Peppers and Onions Refried Beans Lettuce* Mandarin Orange* Milk
4) Chicken a la King Brown Rice Peas and Carrots+ Tropical Fruit* Milk	5) Cream of Mushroom Soup Tuna Salad Sandwich on Whole Wheat Bread Lettuce and Tomato+ Fruit Jell-O* Milk	6) Turkey Hot Dog Roasted Sweet Potatoes+ Banana* Milk	7) Spaghetti With ground turkey Green Beans + Diced Pears* Milk	8) Brunch Scrambled Eggs Potatoes Obrien Orange* V-8 Juice+* Milk
11) Pork Chop Egg Noodles Corn+ Applesauce* Milk	12) Turkey Burger on Whole Wheat Bun Lettuce & Tomato+ Peaches* Milk	13) Chicken Caesar Salad +* Breadstick Grapes* Milk	14) Christmas  Roast Beef Mashed Potatoes Mixed Veggies+* Ambrosia Salad* Milk	15) Salmon Rice Pilaf Steamed Carrots and Cauliflower+* Apricots* Milk
18) Beef and Bean Burrito on Whole Wheat Tortilla Chuckwagon Corn + Peaches* Milk	19) Commodity Distribution Egg Salad on a Hoagie Roll Lettuce and Tomato+ Fruited Jell-O * Sun Chips Milk	20) Pepperoni Pizza Spring Mix Salad+* Apple* Milk	21) BBQ Ribs Roasted Sweet Potatoes+ Mixed Berries* Milk	22) Early Brunch 10 – 11:30 am Oatmeal Boiled Egg Whole Wheat Toast Cucumber and Tomato+ Banana* Milk
25) Holiday Christmas Center Closed  Jan 1, 2018 Closed New Year's Day	26) Beef Tips Over Rice Steamed Carrots and Broccoli+* Tropical Fruit* Milk	27) Chicken Enchilada Casserole Refried Beans Lettuce+ Mandarin Orange* Milk	28) Corn Chowder Turkey Bacon Grilled Cheese on Whole Wheat bread Lettuce & Tomato+ Banana Milk	29) Baked Ham Yams+ Brussel Sprouts* Diced Pineapple* Milk



from the RSIC Senior Staff  
Darlene, Teresa, Evalyn, John, Leland and Bo



Happy  
New  
Year

Reno-Sparks Indian Colo  
Senior Program  
34 Reservation Road  
Reno, NV 89502  
775-329-9929



# DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>RSIC Senior Staff</b> Darlene, Teresa, Evalyn, John, Leland and Bo			1 12:30 pm Tone & Fit Class
4 12:30 pm Tone & Fit Class 1 pm Senior Advisory Committee Meeting	5 1 pm Crafts Holiday Wreaths 5:30 pm Reno Night Bingo & Potluck 	6 11:30 am Blood Pressure Checks 12:45 pm Language Class 1 pm Crafts Holiday Wreaths	7 12:30 Sparks Galaxy Theater 	8 10 am Respite Caregivers Support Group Meeting
11 12:30 pm Tone & Fit Class 1 pm Crafts Holiday Treat Jars 	12 12 pm Tribal Police Presentation 1 pm Crafts Holiday Treats 	13) 10 am Chair Volleyball in Gym 11:30 am Blood Pressure Checks 12 pm Environmental Presentation 12:45 pm Language Class	14 12:30 pm Christmas BINGO and Turkey distribution <i>*files must be up to date to receive</i> 	15 12:30 pm Tone & Fit Class 
18 Food Pantry 12:30 pm Tone & Fit Class	19 8 am Commodities 12:30 Century Movie Theater 	20 12:45 pm Language Class 1 pm Holiday Crafts – Cupcake, Cookie & Holder	21 1 pm Errand Day Shopping, Bill Pay 	22 10-11:30 am Early Brunch 12 pm Closed, Early Closure
25 Closed  Jan 1 Closed	26 1 pm Crafts Fleece Wraps	27 11:30 am Blood Pressure Checks 12:45 pm Language Class 1 pm Crafts Fleece Wraps	28 1 pm Crafts Fleece Wraps 	29 12:30 pm Tone & Fit Class



**Christmas Turkey:** December 14-22 or until gone between hours of 8:30 am – 4 pm.  
Senior client file must be up to date. Note: On December 14, we will NOT be updating  
files due to the busy day schedule, please update your file prior to Dec 14.

Limit 1 (one) turkey per household

*Continued from front cover*

of the issues we face as a whole." Having successfully completed a military tour in Iraq, Imus is a veteran of the United States Army and graduate of Peace Officers Standards and Training (POST).

He said that during his time in the military he learned leadership skills, the importance of professionalism as how a leader can inspire others to reach his/her full potential.

Yarrow is returning to the council after a one-term hiatus.

A former RSIC Housing Department employee and current senior account technician in the finance department, Yarrow outlined three goals for her Tribal Council tenure which involve establishing policies and procedures, addressing wills and probate as well as ordinance 51 (land assignment and residential), plus developing an internship program to help with permanent job security.

"I have a high regard to fairness, honesty, integrity and ethics," Yarrow said during Candidates' Night. "I promise I will always do my best for you."

The final position on the

Tribal Council was filled by re-elected Tribal Councilwoman Eagle.

Eagle, who has been the RSIC Tribal Council Secretary for the last four years, reminded the audience at Candidates' Night that she is dedicated and devoted to serving the community.

"I am proud to have been seated with some of the most strongminded individual council members," Eagle said. "We are all in this together."

Eagle also reviewed accomplishments from her term including the acquisition of 13,434 acres, the new water and sewer project, the successful launch of two small business owned and operated by Tribal members, the renovations of the multipurpose room, approval of a youth mentor position/job, the creation of a prevention coalition, and the expansion of programs.

The Reno-Sparks Indian Colony's tribal government includes an elected chairman and an eight-member council which serves as the governing body per the RSIC Constitution.

Four tribal council seats are up for election every two years, for four-year terms. Staggered

terms allows the governing council greater continuity.

Five council seats including the Chairman position will be up for election in 2019.

The tribal council is organized to include a chairman, vice-chairman, a secretary, and a treasurer. The chairman shall be elected by the voters, and the vice-chairman, secretary, and treasurer shall be selected by the tribal council from within its own council membership.

The constitution gives the Tribal Council the authority and responsibility to raise revenues, incur expenses, enter into contracts, borrow money, administer funds, purchase land, and provide services for the general welfare and benefit of the Colony tribal and community members.

As a sovereign Indian nation, the RSIC Tribal Council carries the same unique powers and duties as any city council, county commission or legislative government across the United States.

In all, 20 candidates vied for the four open council seats during this election cycle. There are 796 eligible voters at the RSIC and 40.7 percent of them voted on Nov. 4.

*Continued from page 18*

All of the RSIC economic development projects throughout the city, have helped create over 700 jobs in the region.

Under the leadership of Melendez, RSIC Tribal Council and staff, designed and managed the construction of a \$20 million, 65,000 square-foot health facility, which provides



**Selfie** — Reno Councilwoman Naomi Duerr poses with Chairman Melendez.

health care services for over 1,100 tribal members and 8,000 Urban Indians.

Melendez and his wife Joyce have four grown children and nine grandchildren.

On May 9, 2018, there will be a culminating celebration of the Reno 150 at Greater Nevada Field. All 150 honorees of the Reno People Project will be