



THE CAMP NEWS

VOLUME IX ISSUE 7

March 21, 2014

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

RSIC Tribal Member Receives Medal for Bravery

Reno senior police officer honored for saving woman trapped in burning building

For most civil servants, especially police officers, the desire to help people is innate. Certainly, for Reno Police Officer Ira Coffey, helping people is second nature.

"I don't think that I am anybody special," Coffey said. "It's the way I was born."

For nearly 25-years, this modest and unassuming man has served the citizens of Reno but recently, his astounding acts of bravery have gone public. Coffey's beyond the call of duty actions caught the attention of his fellow officers, his supervisors, and local leadership.

Now, word of this Reno- Sparks Indian Colony tribal member's valor is making its way through Indian Country, too.

Last week, Coffey and his partner, Officer Michael Hicks, were presented with a Medal of Meritorious Service and a Reno Fire Department Certificate of Commendation in front of Reno Mayor Bob Cashell, the Reno City Council, and a large crowd of on-lookers which included about half-a- dozen family members.

Both Officer Hicks and Officer Coffey are heroes," said Steve Pitts, Chief of the Reno Police Department. "They went into an extremely dangerous situation without thinking about their own safety."

A Medal of Meritorious Service is given when an officer performs his or her duties in an exemplary manner and inspires others to improve the quantity and quality of their work. Such distinction also occurs when an officer exhibits unusual courage

or competence in an emergency resulting in a direct benefit to the public.

That is exactly what happened on Jan. 5 when Hicks and Coffey responded to an early morning fire at an apartment complex in downtown Reno. Arriving before any firefighters, Hicks and Coffey saved a 77-year-old resident under astonishing circumstances.

In addition to intense heat

Continued on next page



In the Line of Duty

Reno Senior Police Officer Ira Coffey (center) was presented with a Medal of Meritorious Service and two Certificates of Commendation for helping to save a 77-year-old woman from a fire. Officer Coffey's family including his aunt Bea Thayer and his father William Coffey attended the awards ceremony at Reno City Hall on March 12.

Continued from previous page

and extremely thick smoke, the scene of the fire was complicated as the elderly woman was wheelchair bound.

Undeterred by potential personal harm, Hicks and Coffey crawled into the women's burning home and managed to move her scorching, metal wheelchair to safety.

Coffey quickly secured a blanket from a neighbor. With the help of a third police officer, the men carefully moved the gravely burned elder who was struggling to breathe. Initially, Hicks and Coffey wanted to move the victim in her wheelchair, but all its plastic parts—the grips, the armrests, the seat--had melted during the searing blaze.

The officers managed to carry the severely injured woman to nearby emergency medics whom had been contacted prior to the police officers entering the home. The victim was treated at the scene and eventually transported to the University of California-Davis Burn Unit.

In these types of situations, we all want to help, but the

obvious danger keeps our brain from allowing us to jump in, + Pitts said. In this case, Officer Hicks and Officer Coffey didn't think like that. +

Eunice Peterson, a victims' advocate for the city said that Officer Hicks and Officer Coffey completely deserved the Medal of Meritorious Service for their courageous efforts.

They accessed the dire situation and Officer Hicks and Officer Coffey risked their own safety to save a precious life, + Peterson wrote. The actions and the teamwork of Officer Hicks and Officer Coffey went above and beyond the normal acts of their responsibilities. Their compassion and selfless commitment to serving our community is commendable. +

So commendable in fact, that Coffey's colleagues with the Reno Fire Department also wanted to publically recognize the police officers.

Officer Hicks and Officer Coffey went way out of their job description, + said Michael Hernandez, the Chief of the Reno Fire Department. They worked as a cohesive unit to bring the victim to safety and that makes them heroes. + Coffey has received two other



Serious Bling — Reno Senior Police Officer Ira Coffey, a member of the Reno-Sparks Indian Colony, earned his third Meritorious Service Medal for his bravery.

official distinctions: a Life Saving Medal for providing CPR to a 2 1/2-year-old girl and a Chief's Commendation Medal for actions during the Mizpah Hotel fire.

However, Coffey doesn't easily accept a hero label.

I am just like every other officer, + Coffey said.

Everybody wants to do things for good, I was just three blocks away when the call for help came in. +

SENIOR ADVISORY COMMITTEE RECRUITING FOR A NEW MEMBER

The Senior Advisory Committee consists of five (5) members. Please submit a letter of interest to the Senior Program Manager stating your name and contact information. The tribe's standing rules for committees and advisory boards apply to this position. The Senior Advisory Committee meets the first Monday of the month at a time set by the committee. You must be 55 or older to apply. If you have any questions, please contact the Senior Program Manager, 329-9929.

Deadlines, Mailing List

The Camp News Profile

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the public relations department and duplicated and distributed by RSIC Administration Front Office.

SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

CONTACT OUR STAFF

E-mail your submissions to smontooth@rsic.org or drop off your photos and suggested articles to the receptionist at 98 Colony Road, Reno, NV 89502.

CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at 329-2936.

ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, those options are pending. Along with the launch of the re-designed www.rsic.org, PDFs of our publication will be available this Spring.

Important UPCOMING Dates

March 26

Free dance lessons, RSTHC Wellness Resource Center
2nd floor, Noon- 1 p.m.
Economic Development meeting, RSTHC conference room, 6 p.m.

March 27

Substance Abuse and Suicide Prevention BINGO, Senior Center, 5 p.m.

March 29

Community Emergency Response Team (CERT) Training
Hungry Valley Gym at 9070 Eagle Canyon Drive,
8 a.m.. 4:30 p.m.
Miss University of Nevada American Indian Pageant, UNR
IGT Knowledge Center, room 124, noon- 5 p.m.

March 30

Community Emergency Response Team (CERT) Training
Hungry Valley Gym at 9070 Eagle Canyon Drive,
8 a.m. . 4:30 p.m.
Social Pow Wow, UNR Student Union, noon. 6 p.m.

April 2

Free dance lessons, RSTHC Wellness Resource Center
2nd floor, Noon- 1 p.m.

April 5

1st Quarter, Community Meeting, RSTHC Conference Room, 9- noon

April 9

Free dance lessons, RSTHC Wellness Resource Center
2nd floor, Noon- 1 p.m.

April 15

Commodity Food Program Distribution, Senior Center
8 a.m. . Noon

April 16

Free dance lessons, RSTHC Wellness Resource Center
2nd floor, Noon- 1 p.m.

Tribal Council Meeting, Hungry Valley Recreation Center, 6 p.m.

April 18

Good Friday, RSIC Administration and RSTHC close at noon

April 19

Community Easter Celebration, Hungry Valley Gym, breakfast 9-10 a.m.,
Egg Hunt at noon

EXECUTIVE HEALTH BOARD RECRUITMENT

RSIC Representative

The Reno-Sparks Tribal Health Center is recruiting for one (1) RSIC Tribal representative to fill an upcoming vacancy on the Executive Health Board.

The Executive Health Board voting membership consists of five (5) Reno-Sparks Indian Colony residents who are enrolled members, and two (2) representative from the Urban Indian population, for a total of seven (7) voting members. RSIC representatives must live on the Colony or in Hungry Valley.

The Executive Health Board members meet at least once a month, usually on the third Monday, and are provided a monthly meeting stipend for participation.

The members are appointed by the Tribal Council and shall serve a term for a four-year period.

If you are interested in being a member of the Executive Health Board, please submit a letter of interest to:

The Executive Health Board
Reno-Sparks Tribal Health Center
1715 Kuenzli Street, Reno, NV 89502

All interested participants will be invited to fill out an application and attend a Health Board meeting for introductions. For more information please phone, 329-5162, ext., 1901.

Team Edwards Joins Tribal Health Center

Husband and wife eager to get back to Indian Country

Team Edwards, a married couple of which both are physicians, has joined the staff of the Reno Sparks Tribal Clinic.

Jennifer and Mark Edward have been a team at home and in the workplace since meeting 17-years ago at medical School at the University of Washington.

“We think the RSTHC is a perfect fit for us,” Mark said. “We like that the RSTHC focuses on not only the health of the patients, but employee health as well.”

Jennifer agrees that the RSTHC does seem like an ideal fit as well.

“We have experience in helping improve the quality and efficiency of a clinic—which in turn, can improve the overall healthcare provided to patients,” Jennifer said. “We are excited to be able to share our experience and expertise.”

A member of the Tlingit and Tsimshian Tribes and a member of the Association of American Indian Physicians, Jennifer attended college at Stanford University before enrolling in a special program at UW which recruits students from states which need doctors to return to their home and provide medical care to underserved residents.

In addition to owning over 15-years of experience as a physician which focused on caring for the neediest patients,



Coming Home · Jennifer and Mark Edwards, a married couple with extensive experience working with America Indians, have joined the staff at the Reno Sparks Tribal Health Center. Jennifer is a member of the Tlingit and Tsimshian Tribes of Alaska, while Mark is a fifth generation Nevadan.

Jennifer also established and maintained the Alaska Physicians Assistant Program for the Southeast Alaska Regional Health Corporation, the tribal health consortium in her hometown.

“Always intended to return to Alaska to work in Indian Health,” Jennifer said.

A division of Sitka, Alaska’s community health service, Jennifer performed career and academic counseling, helped on job search committees, researched and wrote grants for HIV awareness, and was an active member of the Teen Pregnancy Task Force.

Jennifer has worked in family medicine in Redding, Calif.,

Anchorage, Alaska, Round Mountain, Calif., and Issaquah, Wash.

In Anchorage, both Jennifer and Mark worked for the Tribal Health Organization Southcentral Foundation.

They cared for Native patients at the Alaska Native Medical Center and served as village physicians. They traveled regularly to remote Alaskan villages twice a year and used telemedicine technology.

Working at the RSTHC is somewhat of a homecoming for Mark. Though he was raised in Anchorage, Alaska, Mark’s parents are originally from Reno and he still has a large

Continued on next page

Continued from previous page

extended family in Northern Nevada.

"We have had family here in the area for five generations with lots of aunts, uncles and cousins currently residing in Reno," Mark said.

He earned a bachelor's degree in pre-medicine from the University of Nevada and a medical degree from the University of Washington School of Medicine.

"It is critical that family physicians try and set an example for their patients regarding healthy lifestyle and the RSTHC allows for that," Mark said. "I am very impressed with the provided exercise facility, trainer, health education and additional time for exercise."

Previously, Mark worked for four years at the Shasta Community Health Center where he served many under insured, low income, sometimes homeless patients, including many Hispanic and Mien people.

In 2011, Mark helped establish a new outpatient Primary Care Clinic in downtown Kirkland, Wash.

At this clinic, Mark's focus was helping patients with chronic diseases including diabetes, COPD, hypertension and hyperlipidemia.

Both Jennifer and Mark have a strong interest in Native American / Alaska Native culture and art, which proved to be one of the main factors which led them to the RSTHC.

In addition, the extreme rigor and the financial focus of

privately operated health care also played a part in the Edwards' return to Indian Health Service.

"In private practice, it was very difficult to balance our family and professional lives," Jennifer said. "There was an increasing emphasis on seeing more and more patients, at the expense of providing good, safe health care and at the expense of our personal health."

Mark agreed with Jennifer's assessment of private practice.

"For us it seemed like there was a constant obsession with seeing more and more patients to generate more revenue in support of the clinic and hospital," Mark said. "We felt like we were putting out fires and not addressing the critical foundation of good health for us or our patients."

Jennifer said that they are pleased to work at a clinic that recognizes the importance of family and employee wellness.

Plus, both Jennifer and Mark

have extensive experience working with Indian people and are very knowledgeable about many of the health problems—high blood pressure, high cholesterol, diabetes, which plague the patient population at RSTHC.

Moreover, Jennifer's background includes a great deal of experience with women's health, pediatric and obstetric/pregnancy topics.

"We thought we would stay in Alaska forever, but after nine years and having two children, we realized that the long, cold winters wasn't what we wanted," Jennifer said.

"The weather and having children changed our priorities," Mark said.

The couple has two children, a 12-year-old daughter and a 9-year-old son. The Edwards enjoy scuba diving and international travel.

"Settling in Reno has always been in the back of our minds," said Mark.

Happy 15th Birthday Zacary B.



Best Wishes from
The Bakers, Gordon, Gerome and Family, and Pete
XOXO

Education Department News

Spring break, youth conference, youth employment, emergency contact numbers

Spring Break – Make Up Work Sessions

The Education Department will offer Make Up Work Sessions during Spring Break for those **middle school and high school students** who are behind on homework, projects and just need assistance.

If students have make up work or are working on A+ Credit Recovery, come to the Reno Education office between 9 a.m. and noon, on March 31 through April 10.

If there are Hungry Valley middle and high school students that would like to take part in these sessions, please call the Hungry Valley Education office at 785-1310 to arrange transportation.

The van will be leaving the Hungry Valley Education office



Family Style · *Child Care Aide, Jocelyn Pygott and her students enjoys a family-style lunch during the Hungry Valley Child-care Program.*

at 8:30 a.m., each morning.

Both Hungry Valley and Reno centers will have tutors and advisors available for **elementary students** who would like help with math or reading.

Students can have one-on-one, reading and math help, Monday through Thursday from 9:30 a.m. - noon and from 1- 4:30 p.m.

Youth Conference

Save the Date, May 30

The Education Department would like to invite our high school students, grades 9 . 12, to our annual youth conference, in collaboration with the Washoe County School District Indian Education program, the University of Nevada and the Nevada Urban Indians.

Youth Employment Program

Students who would like to work this summer must have a grade point average of 2.00 or better to be eligible to apply.

For more information, please contact Monica Thomas at 329-6114.

Student Emergency Contact Numbers

It is the responsibility of parents and guardians to update their students' emergency contact numbers. We want to make sure we are able to contact parents and guardians in the event of an emergency.



Come And Get It · *The Hungry Valley Childcare Program's healthy and nutritious lunches are made possible by the Child and Adult Care Food Program.*

After School Program

Elementary students who are registered to attend the RSIC After School Tutoring Program have signed forms from their parents or guardians who expect the students in the program after school.

If students are registered to attend the program, the education staff is responsible to make sure the students are getting off the bus and attend the program. Registered students will be taken off the bus to attend the program unless a note is provided to the staff for the child to be excused that day.

Parents can call the Hungry Valley Center, 785-1310, or the Reno Center, 329-6114, if you would like your child to be excused that day.

Education Department News

After school program, kindergarten registration, family game night, trustee meeting

2014-2015 Kindergarten Registration Open

If you are not sure which school your child should attend, log on to:

http://bus.washoe.k12.nv.us/elinkrp/Students_Basic_TransBoundarySearch.aspx

and type in your home address.

All new students must first complete online registration.

When registering new students, bring your child's original birth certificate, immunization record from a health care provider, and a utility bill showing your name and address as proof of residence to your zoned school.

Students who will be 5-years-old on or before September 30, 2014 may enroll in kindergarten for the next school year.

During the first week of kindergarten, August 11-15, students will come to school for an individual 30 minute appointment with the teacher. The school site will let you know the appointment date and time. Kindergarten students begin regular classes the second week of school.

Students will be considered registered for kindergarten or to be on the waiting list for a specific program when the following steps have been completed:

Parent/Guardian completes the online registration process

Parent/guardian brings the following documents to the school:

- The child's original birth certificate
- The child's immunization record from a health care provider
- A utility bill with your name and address as proof of residence

For more information, contact your zoned school.



Family Game Night

Reno-Sparks Indian Colony Library



Thursday, April 24th

6:00 p.m.-8:00p.m.

It's GAME ON for the whole family! Check out some fun games, while enjoying light refreshments.

401 Golden Lane Reno, NV 89502

Adriana Gutierrez 775-386-4291 or agutierrez@rsic.org

WHAT: Washoe County School District Board of Trustees Meeting, Meet & Greet

WHEN: Tuesday, March 26, 2014

WHERE: Natchez Elementary, Wadsworth, 3 p.m.

Indian tacos and informational presentations will be provided. The official meeting will begin at 4 p.m. Members of the community are welcome to make comments during the public comment section of the meeting and to stay for the duration of the meeting. This meeting is being held in compliance with WCSD's Indian Policies and Procedures, and is an opportunity for the parents, families, communities, and tribal councils of Indian students to comment on the participation of Indian students in WCSD. If you have any questions or concerns, please contact Lynn Manning, Indian Education Program Coordinator: lmanning@washoeschools.net.

RSIC Natives Anchor Middle School Boys Basketball

Leedesma, Rios, Christy pace perfect 6-0 season

Vaughn Middle School had an outstanding boys basketball season, largely due to the performances of three players from the Reno-Sparks Indian Colony.

The 7th grade squad finished the season with a perfect 6-0 record.

According to first-year head coach Jun Frias, the Eagles have not had an undefeated team in over 40-years.

The cooperation of these boys was the key, Frias said. It was a great year because they worked so hard.

After scoring 103 points this year, an average of 17 points per game, Leo Ledesma was named the team's Most Valuable Player.



Undefeated Eagles — This year, the Vaughn Middle School seventh grade boys basketball team posted a perfect 6-0 record. The team photo above includes, Leo Ledesma, (front row, fourth from the left), Isaiah Rios (back row, third from the left) and Dakota Christy (back row, fourth from the left).

Isaiah Rios was the second leading scorer for the Eagles with 72 points. Rios averaged 12 point per game.

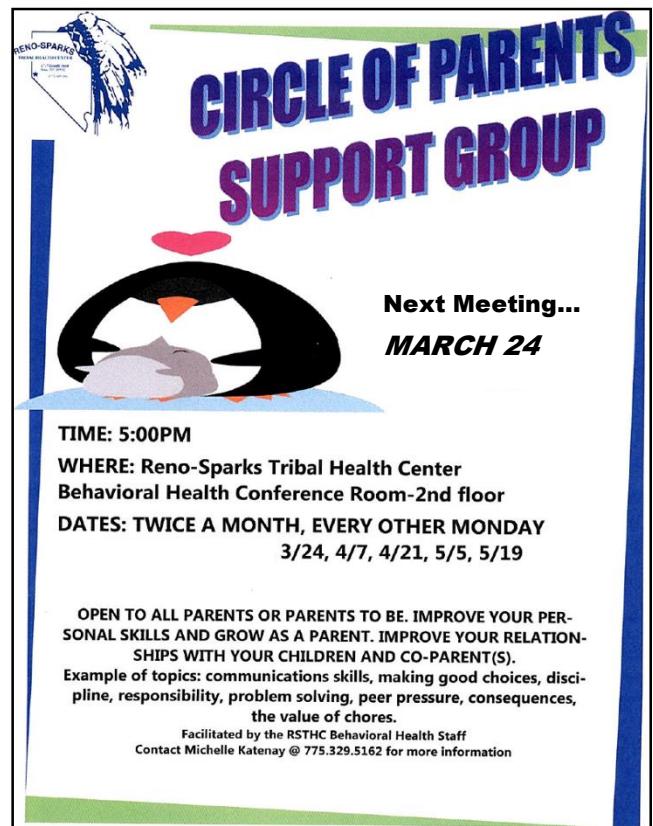
The Native trio was rounded out by Dakota Christy, who Frias

called a defensive specialist.

Dakota really improved, especially in our last two games, Frias said. He is still learning, but Dakota's defense really got better.



25-YEARS-AGO YOU CAME INTO MY LIFE AND I AM SO PROUD OF YOU. I JUST WANT TO WISH YOU THE BEST IN LIFE AND I KNOW YOU WILL BE SUCCESSFUL IN EVERYTHING YOU DO, LOVE YOU SO VERY MUCH WITH ALL MY HEART - LOVE YOUR MOM



Tribal Member Returns Home to Serve Community

New adult probation officer brings optimistic attitude

The Reno-Sparks Indian Colony recently hired a new adult probation officer, Jim Wasson.

An RSIC member of both Paiute and Washo descent, Wasson joins the RSIC Court Services Probation Division supervising adults to ensure observance of mandatory terms and conditions of probation.

Some of Wasson's duties will include preparing pre-disposition reports for the Tribal Court, coordinating services through federal, state, and tribal resources, and making referrals as deemed appropriate.

Wasson will work collaboratively with other RSIC departments including: education, health center, and human services to provide maximum coordination of programs and information to probationers.

Born at Washoe Medical



Coming Home · Jim Wasson who remembers attending Head Start on the RSIC, recently joined the Tribal Court as the adult probation officer. A former-student athlete at Feather River College, Wasson tributes his family for his success and strong, optimistic outlook on Native culture.

Center and raised in Reno, Wasson attended Head Start at the Colony.

spent a few wonderful years with my Aunt Mimi and her loving husband Lawrence, Wasson said. They helped instill great values that I still

carry with me today.+

Wasson attended Roger Corbett Elementary School for a couple of years before he transferred to Hidden Valley Elementary. He went to Vaughn Middle School and graduated from Wooster High.

Wasson majored in criminal justice at Feather River College in Quincy, Calif. There, Wasson also played on the Golden Eagles baseball team.

The son of Celan and James Wasson, the younger Wasson credited his parents for who he is and where he is today.

Together, my parents supported and encouraged my academic success and instilled in me a proud essence of Native American culture, Wasson said.

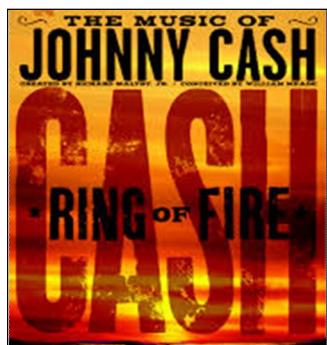
Because of them, I have strong and optimistic beliefs in our heritage, and our community.+

SENIORS

**Come enjoy this awesome musical dance tribute
to the one and only Mr. Johnny Cash**

April 22 – Tuesday

**5 p.m. – Buffet, 7 p.m. – Show
\$20 ticket deposit, deadline is April 16**



If you have questions, please call the RSIC Senior Program Manager at 775-329-9929.

Tribal Court Procedures for Frequently Asked Questions

Court appearances, bail refunds, procedures outlined

The Tribal Court receives numerous phone calls each month regarding court appearances and bail refunds.

Please see the information below regarding those specific issues and how the Tribal Court addresses them.

Please keep in mind that when you post bail for an individual who is incarcerated at the Reno-Sparks Indian Colony, you may not get your bail returned to you.

Title III, Section 3-1-608

Release of Bail

When all conditions of release have been satisfactorily performed and the defendant has been discharged from any obligations imposed by the Tribal Court, the court shall return any security posted by the defendant to satisfy bail requirements.

If the defendant is fined \$250 and has not paid it by the time indicated, then the RSIC Tribal Court may order the bail to be

ATTENTION ** ATTENTION

Due to the construction that is being conducted through July 1, 2014, *34 Reservation Road* will not be available for community check out.

If you have any questions, please contact, the Public Works Department at: 775-785-1341.

Thank you

converted over to satisfy the fine.

Because of defendants' failure to pay fines, it will be the general policy of this court to convert posted bail to fine payments.

Below are the steps needed for returned bail:

1) The Tribal Judge orders that bail be returned to the person who posted bail

2) A requisition is done by the Clerk and submitted to Procurement

3) Procurement completes the purchase order and returns to the Court for processing

4) Court staff then receives the purchase order and returns it to the finance department for the check to be issued.

Please note that the process of bail being returned generally will take up to two weeks or more.

This is not something that is done via an emergency check request. This refund follows the normal RSIC financial policy for processing payments.

Title IV, Section 4-9-118

Failure to Appear

A person commits the offense of Failure to appear by failing, without just cause, to appear in person or by counsel at the time and place lawfully

designated for the person's appearance, after having been released, on bail or the person's own recognizance, by court order or other lawful authority upon condition that the person subsequently appear before the court on a charge or an offense.

Each defendant, to maintain contact with his Tribal Court Advocate and with the court, has an obligation to remain informed as to when he is required to appear, and to keep the court informed of his current address and his telephone or message number where he can receive notice.

Failure to Appear is a Class B offense when the original charge is a Class A offense.

Failure to Appear is a Class C offense when the original charge is a Class B offense.

Class C: The Tribal Court may impose a sentence on a convicted person which may include, but is not limited to, an incarceration period not to exceed one year and/or a fine not to exceed \$5,000, and/or community service hours not to exceed 1000 hours.

Class B: The Tribal Court may impose a sentence on a convicted person which may include, but is not limited to, an incarceration period not to exceed 270 days and/or a fine not to exceed \$1,000 and/or community service hours not to exceed 600 hours.

Working Together to End the Violence

April is sexual assault awareness month



Submitted by Dorothy McCloud
Women's Circle Coordinator

Sexual assault takes many forms. It is *any* unwanted sexual contact, including rape, attempted rape, and child sexual abuse. It can affect people of any gender, age, ethnicity, sexual orientation, or ability.

According to the National Violence Against Women Survey, one in six American women has been the victim of rape or attempted rape.

Perpetrators of sexual assault can be friends, acquaintances, family members, or strangers.

Working together, we can raise awareness, change attitudes, and help prevent sexual assault.

For more information, visit the U.S. Department of Justice's Office on Violence Against Women at: www.ovw.usdoj.gov.

If you or someone you know has been sexually assaulted, please call the National

Sexual Assault Hotline at:
800. 656. HOPE
or
800. 656. 4673

to be connected to the rape crisis center nearest to you 24 hours a day, seven days a week, or visit: www.rainn.org for more information.

The National Sexual Violence Resource Center can provide you with more information on sexual assault and help you find assistance in your local area.

Please visit www.nsvec.org or call 877. 739. 3895.

If you are interested in information, referrals, or funding opportunities related to sexual assault, visit OVW's Web site at www.ovw.usdoj.gov.

Our goal is to insure that all victims of domestic violence and/or their children are treated with compassion, respect, and sensitivity in addressing their needs with the main focus being safety, outreach, and advocacy.

**ALWAYS CALL 911 IN AN
EMERGENCY!!!**

RSIC Women's Circle

775-324-4600 office
775-851-2510 cell

RSIS Tribal Police

775-785-8776
775-323-2677 dispatch

National Crisis Hotline

1-800-799-SAFE [7233]
1-800-787-3224 [TDD]

If you or someone you know needs help, has questions about domestic violence or about this article, or just wants to talk, know that there is help and that everything discussed will be kept strictly confidential.

Look for future on-going articles in *The Camp News*.

Remember that YOU have the RIGHT to live a life FREE of violence.

This project is supported by grant 2012-TW-AX-0051 awarded by the Department of Justice Office on Violence Against Women.

WOMEN'S CIRCLE—Victim Services

Talking Circle Facilitator

The WCP [victim services] is currently recruiting for a Talking Circle Facilitator to facilitate the Women's Talking Circle group meetings. The ideal person for this position will have experience in working with Native women in group meetings, which address the subject of domestic violence awareness, education and prevention. Spiritual and cultural activities are encouraged during group meetings. Materials and supplies may be provided by WCP.

This is a contractual position under the OVW grant #2012-TW-AX-0051 and provides a \$75 stipend per group meeting which is held twice monthly. Days and times are negotiable.

If you are interested in this position, please submit your letter of interest which includes your background and/or experience relevant to Native women and domestic violence awareness, education and prevention to: Dorothy M. McCloud, WCP Coordinator; 1933 Prosperity Street; Reno, NV 89502. If you have questions or need more information, please call Dorothy at 775-324-4600.

Hungry Valley



Christian Fellowship

[Believing God For Greater Things!](#)

Sunday Worship Services: 10:30 AM
Potlucks every month!

Location: Hungry Valley Community Center
For more information, contact:
Pastors Augustin & Cindy Jorquez 775-425-5886

New Activities & Events Starting Soon!

In & Around: Reno-Sparks Indian Colony Community

Leadership goes to Washington, oath of office, collecting autographs, language



The Capital • RSIC Tribal Councilman Jody McCloud and Tribal Chairman Arlan Melendez recently traveled to Washington D.C., to attend the Winter Executive Session of the National Congress of American Indians. Founded in 1944, NCAI is the oldest, largest organization serving tribal governments and their communities. At the NCAI conferences, Indian Country comes together to advance important Native policies and programs.



Taking An Oath • Marlene Yarrow was sworn into office by Reno-Sparks Indian Colony Tribal Chairman Arlan Melendez on March 14. Yarrow will be joining the Housing Advisory Board. The board consists of seven, tribal enrolled members who serve for a four-year term. The Housing Advisory Board provides general oversight and community involvement in the Housing Department activities.



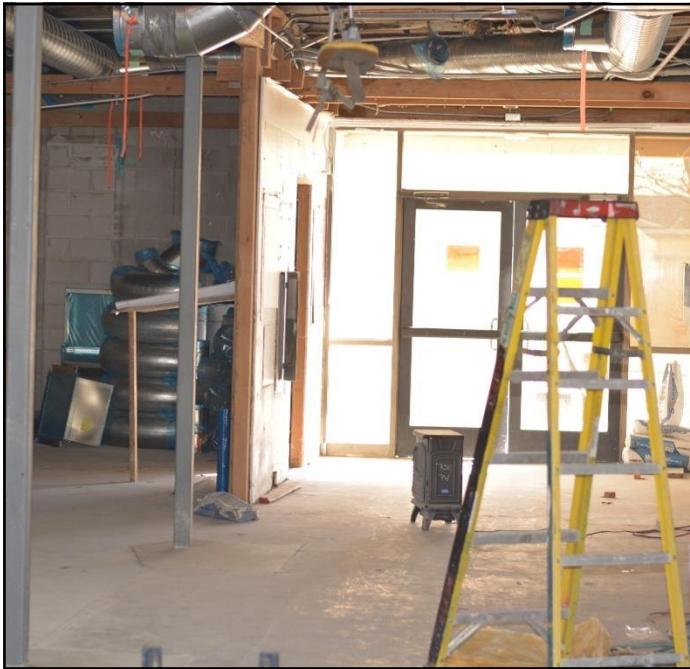
Fast Friends • A professor of Native Studies at the University of California-Davis, Dr. Steven J. Crum personalizes his book, "The Road on Which We Came: A History of the Western Shoshone." Last week, Dr. Crum was given the prestigious Pesa Namanedu award during the 7th Annual Indian Education Summit. Tribal Chairman Melendez was gifted Crum's book for serving as the keynote speaker during the conference.



Not All Talk • Everyone is welcome to attend Paiute, Shoshone and Washo language classes which are currently offered at the RSIC library. Language & Culture Coordinator Teresa Melendez has scheduled an eight-week interactive series with small group and immersion activities, plus guest speakers. See page 18 for more information. Last week, Melendez and Vicki Kane worked on their Shoshone and enjoyed delicious chocolate chips cookies.

In & Around: Reno-Sparks Indian Colony Community

Construction progress continues, birthday bingo, new, improved business enter-



Construction Zone • Progress is on target as several areas at 34 Reservation Road are undergoing construction. Above, duct work is being installed in the foyer for the RSIC Recreation Department. The remodel will give all recreation participants more space including a game room, a television room, and a kitchen area. The 2.7 million dollar renovation covers 16,000 square feet and will benefit multiple RSIC programs and the entire community.



Game Face — Marilyn Gibbons intently checks her cards last week during Birthday Bingo at the Senior Center. Bingo usually draws about 35-40 people to the event. Besides prizes for special bingo winners, a raffle is held and a door prize is awarded. For more information about Birthday Bingo or any of the programs for those 55-years-and-older, please call the Senior Center Manager Darlene Gardipe at 329-9929.



Big Variety • In its new location at 90 Auto Center Drive, Smoke Shop III patrons can enjoy a greater variety of not only tobacco products, but snacks, beverages, and food products, too. Customers can choose from a wide array of frozen treats like ice cream, plus burritos, pizza and other sandwiches. Smoke Shop III and the other four Smoke Shops are open Monday through Saturday, 7 a.m.—8 p.m., and on Sundays from 7 a.m.—6 p.m.



Sworn In • Jessie Astor took an oath of office and was sworn in by Reno-Sparks Indian Colony Tribal Chairman Arlan Melendez on March 6. Astor will be re-joining the Enrollment Committee, a nine-person board with each participant serving a four-year term. Astor will help serve the nearly 1,100 members of the RSIC along with all its community members.



Reno-Sparks Tribal Health Center PHARMACY

Hours - Monday-Friday 8 AM - 5PM* *Wednesday afternoon closure does not apply to the Pharmacy.

Submitted by
Steve Douglas, RPh, Pharmacy Manager

Allergens lurk inside and outside our homes, causing those with allergies to cough, sneeze and have itchy eyes all year long, especially in springtime.

You'd think cleaning would help reduce these allergy triggers, but if you're not doing it the right way you could be making it worse.

If your cleaning routine doesn't focus on allergen removal, you may be only moving dust around, sending allergens and irritating cleaning chemicals into the air. To maximize your cleaning efforts to reduce allergens, consider these simple tips from the asthma and allergy friendly *Certification Program*, the healthy home initiative of the nonprofit Asthma and Allergy Foundation of America (AAFA):

1. Think about dusting- if you use a feather duster, it simply lifts the dust off surfaces, actually increasing airborne dust particles.

Instead, use moist cloths or special dry dusters designed to trap and lock dust from hard and soft surfaces.

2. Some cleaning products contribute to airborne irritants, especially if they contain harsh chemicals, strong odors or volatile

organic compounds (VOCs). Choose products that contain none of these irritants and beware of "green" labels, as some of these solutions may be made with **natural allergens** such as lemon, coconut or tea-tree oils.

3. Use a vacuum that has a HEPA filter with tight seams and seals to prevent particles from leaking out while you vacuum. Also, choose a style that minimizes exposure during emptying or bag changes.

4. Household asthma triggers include rodent dander and insect particles. Some pesticides may do more harm than good for people with asthma and allergies. If you have a pest problem, look for an exterminator with experience treating homes of people with asthma.

5. Pet dander and dust mites are present in most homes. Routine cleaning should include washing linens in your bedroom frequently, where cat or dog dander can settle. Mite-proof bedding is an option. Wash your bedding at least once a week in 130-degree hot water to kill mites and their eggs.

6. Mold, a common allergy trigger, can grow anywhere in your home where moisture is present. Look for cleaning products that help kill and prevent mold from returning.

Also, keep household humidity below 50 percent and fix

leaky plumbing to reduce moisture.

7. Monthly, gather stuffed toys, where dust mites, mold and pet dander can accumulate, and wash them in hot water and dry completely before using again. Place stuffed toys that can't be washed in the freezer for 24 hours, then rinse in cold water to remove dead mites, and dry completely.

8. A lot of air passes through window areas, and airborne dust and allergens accumulate on all types of window treatments- which are rarely cleaned. Replace heavy linen drapes with more sensible window treatments such as wood blinds or flat screens that are easy to wipe and keep clean.

Consumers spend nearly \$18 billion annually on asthma and allergy medications and they spend more than \$20 billion on nonmedical consumer products marketed for people with asthma and allergies such as room air cleaners, bedding, vacuums and more. AAFA's asthma and allergy friendly *Certification Program* helps consumers evaluate and verify the allergen-reducing effectiveness of products, from cleaning supplies, air cleaning devices and vacuums to toys, bedding, home improvement products, paints, clothes washers and more.

Community Radio Station Coming

Built, operated by citizens

The Progressive Leadership Alliance of Nevada (PLAN) has announced The Nevada Community Radio Project (NCRP) and plans to build the first Community Radio station in Reno/Sparks.

The station will air on the last available full-power channel on the local dial, 89.1FM, in the portion of the band reserved for educational broadcasting.

"This is an important moment for Reno/Sparks and the beginning of something great for Nevada," said Bob Fulkerson, PLAN Executive Director. "This station will give everyone in the Truckee Meadows a public voice in a welcoming place where anyone can go to listen and to talk about our community without confrontation and engage with positive energy to solve our community's problems."

According to Steve Funk, a project board member, community radio is different because it is built by our community and operate under its direction.

The project needs \$35,000 to buy the transmitter and equipment to build a studio.

"To build it for \$35K is stupidly low money for the potential return," said NCRP board member Jeff Cotton. "To put a station on the air for that small of investment that serves to promote arts, culture, education and locally-based community service is a real bargain."

What It Means To Be A Mustang

Free lecture by best-selling author

The Sparks Museum & Cultural Center is pleased to announce "What It Means to be a Mustang," a lecture by the author Terri Farley on March 22 at 3 p.m., in the Cultural Center at the Sparks Museum, 814 Victorian Square. The lecture is in conjunction with the exhibit "Honest Horses: A Portrait of the Mustang in the Great Basin" that runs through April 5.

Through the eyes of a wild horse, learn why freedom, family, and food are the most important things on earth and why a species whose silhouette has marked our range and ridges since the dawn of time is worth saving. Terri Farley will explain where wild horses came from, herd relationships, round-ups, and rescue in this one-hour presentation. A question-and-answer period and sales and signing of the author's books will follow.

Terri Farley is the best-selling author of the *Phantom Stallion* and *Wild Horse Island* series for middle-grade readers. Her contemporary young-adult fantasy, *Seven Tears into the Sea*, was nominated as a best book by the Young Adult Library Services Association. A

former teacher and founding member of the Society of Children's Book Writers and Illustrators mentor program, Farley is an advocate for the West's wild horses and works with young people learning to make their voices heard. She has been honored by the Nevada Writers Hall of Fame and more than two million of her books have been sold in more than 28 countries.

The lecture and book signing is a free event.



Mark Your Calendars

Hungry Valley Community Clean Up



Volunteers Needed

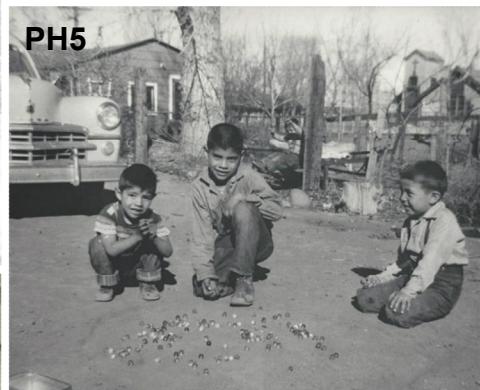
May 17th

BBQ after clean up, soda, water and juice provided. Any questions please call Public Works: 785-1363

RSIC Tribal Archives

Preserving the Past to Ensure the Future

This month the Archives would like to share photographs from our Family Collection. Most of these photographs were donated by RSIC members. The Archives has 17 Family Photo Collections that show families and their friends living on the Reno Colony. Circa (1934-1958)



(Descriptions of above photos) PH 1-L-R Rodger %Beerie+Bonta, Leonard %Lenny+Bonta, Raymond %Boogie+Hickley, Rodney %a Ya+Bonta, Roy %am+Hickely; 1946 PH 2-Toddler Lawrence Astor. PH 3-Rose Uribe, Kathy O'Daye, Orrin Eben, Ronald O'Daye. PH 4 Willis %Wooly+and John Paul Dressler PH5 L-R-Randy, Steve, and Marty Melendez; 1958 PH6 L-R Valerie Moose Morales, Willis %Wooly+Dressler, Linda Tobey; 1950 PH7 L-R Annette Bill, Lori Mauwee, Robert Tobey. PH8 L-R Jean Shaw Marshall, Teddi Shaw, Lillian Shaw Graham.

If you see any corrections in names or dates please call us or stop by. Also if you are interested in sharing your family history and photos please come by and visit us. We do not keep your original photos, we are able to scan on-sight.

If you have any questions contact

Trisha Calabaza-RSIC Tribal Archives Admin. Assistant

15A Reservation Road | Reno, NV 89502

Hungry Valley Christian Fellowship Easter Celebrations

"Rejoice! For He has risen, as He said." ~Matthew 28:6

Good Friday

April 18, 2014

Prayer Walk

Join us as we pray for our community while walking with the Cross throughout Hungry Valley.

Starting on the corner of Prairie Moon & Eagle Canyon at 3:00 pm. Ending at the HV Community Center.

Resurrection Sunday

April 20, 2014

Sunrise Service

6:00 AM

HV mountainside
(near water tower)

Church Breakfast

9:00 AM

HV Community Center
Bring light breakfast foods to share.

Celebration Service

10:30 AM

Teaching, Kids activities, give-aways and prizes.

Saturday

April 19, 2014

RSIC Egg Hunt

We will be at the HV Rec. Center before the community egg hunt sharing a special show, treats and give-aways for all children.

Don't miss out!

11:00 AM

For more information, contact Pastors Augustin & Cindy Jorquez

775-425-5886



Reno-Sparks Indian Colony
Education Department, Language & Culture Program
Language & Culture Events | April 2014

CULTURAL EVENT

Spring Planting

The Environmental and Language & Culture programs are teaming up to celebrate Earth Day with a spring planting event. We'll be tending to the medicine wheel garden located in front of the Language & Culture office, while enjoying plant teachings from a guest cultural presenter.

Date: Tuesday, April 22nd

Time: 4:30-6pm

Location: Language & Culture Office

LANGUAGE CLASSES

Paiute, Shoshone, and Washo language classes resumed the first week in March, with Paiute and Washo classes on Saturday afternoons and Shoshone classes on Thursday evenings. The eight-week interactive series will include small group and immersion activities. All language classes are potluck, so please bring a dish to share.

Paiute Language Classes

Date: Saturdays (March 29 and April 5, 12, & 19)

Time: 12-2pm

Location: Library

Instructor: Thalia Dick & Guest Speakers

Shoshone Language Classes

Date: Thursdays (March 27 and April 3, 10, 17, & 24)

Time: 6-8pm

Location: Library

Instructor: Florence Millett & Guest Speakers

Washo Language Classes

Date: Saturdays (March 29 and April 5, 12, & 19)

Time: 2-4pm

Location: Library

Instructor: Jamie Astor & Guest Speakers

YOUTH CULTURAL ACTIVITY

Great Basin Youth Council

The Great Basin Youth Council is a joint RSIC/ITCN/NUI youth empowerment program for Native American youth. The Youth Council's purpose is to support: leadership development, academic attainment, language and cultural knowledge, and civic responsibility. Dinner provided!

Eligibility: 1. 1/4 blood quantum, enrolled with a federally recognized tribe, or RSIC member/ resident
2. A high school student in the Washoe County School District

Date: Tuesday, April 22nd

Time: 6-8pm

Location: Language & Culture Office

Contact Information: Teresa Melendez, Language & Culture Coordinator

tmelendez@rsic.org | (775) 329-8396

Everyone is invited! If you are interested in learning about Great Basin life ways, then you are welcome to attend. Language classes and cultural activities are potluck. Food provided for youth cultural activities.

Tribal Member Gets Glowing Press

Tobey deemed most valuable basketball player, family sends congratulations

By Jason Enes
Blackfoot Morning News

There may be no more valuable player in the county than (MorningRose) Tobey is to the Broncos.

Since arriving at Blackfoot High School two years ago, Tobey has established herself as one of the top players in Eastern Idaho and the entire state and there is little doubt she will be the next Division I commit to come out of our area.

Tobey was the offensive cog all season for the Broncos said head coach Merle Smith.

Tobey routinely scored upwards of 20 points a game;

in fact the junior averaged close to 24 points a game.

During the season, the Broncos improved on their win total from last season and this year actually hosted a district playoff game for the first time in Smith's three seasons as head coach and improved from sixth in the district three seasons ago to forth this season.

Tobey was a big reason for the improvement.

Tobey possesses the ability to both drive past most defenders, but also to shoot over them. Tobey may be the best three point shooter in Eastern Idaho.

Editor's note: Jason Enes is a writer for the Idaho State Journal and the Morning News.



In It, To Win It — MorningRose Tobey was recently named to the Bingham County Idaho, first team. Tobey averaged 24 points a game this season and helped the Broncos to the district playoffs. Also an accomplished softball player, Tobey already has been contacted by some potential college and university athletics programs.

Women's Circle NEEDS YOU!

The Women's Circle, victim services, is looking for volunteers who are interested in serving on the WCP Advisory Board.

If you're interested in supporting awareness and education in the prevention of domestic violence, you are the person we need.

If you would like to serve on the WCP Advisory Board, please submit your letter of interest which includes your contact information.

Submit your letter to:

Dorothy M. McCloud
WCP Coordinator
1933 Prosperity Street
Reno, NV 89502
or email it to dmccloud@risic.org.

If you need more information, call Dorothy at 775-324-4600.

CONGRATULATIONS MorningRose Tobey

All-Bingham County, Girls Basketball, first team

We are so proud of your hard work and dedication. We can not wait to see what is in store for you next year. Keep it up. From your family: the Tobey's, McClouds, Frys, Larsons, Hernandezes, and especially, your No. 1 fan, Grandma Etta



Bright Star — MorningRose Tobey, the daughter of Allan Tobey and granddaughter of Henrietta Tobey was named first-team, all-county. The junior point guard is an enrolled member of the Fort Peck Assiniboine Sioux Tribes.



**Hungry Valley CERT training being offered by the
Hungry Valley Fire Dept. • RSIC Emergency Services • ITERC**

**March 29 & 30, 2014
8:00 AM – 4:30 PM each day**

The Community Emergency Response Team (CERT) shows individuals how to be prepared for an emergency or disaster, how to respond during that emergency and how to recover. It's critical information you need to ensure the safety and well being of **YOU AND YOUR FAMILY**.

CERTs are trained volunteers who help during disasters and can assist professional responders during training and emergencies. The program is open to all citizens 18 and older.

The CERT seminars provides training in disaster preparedness, fire safety, disaster medical (triage), incident command structure, light search and rescue, disaster psychology and terrorism. Once you have completed the initial training, you can choose to participate with your local team as you are able.

There is no requirement for participation – it's just great training and information for you and your family.

CERT volunteers have the opportunity to participate in emergency callouts and evacuations, administrative work, wild-land fire safety education, special event support, emergency exercises and drills, emergency public call taking, emergency operation center staffing and the promotion of community awareness.

The course will be taught at the Hungry Valley Gym at 9070 Eagle Canyon Drive.

Pre-Registration is required, please contact these CERT Coordinators:

Daniel Thayer 775-355-0600 ext.153 Daniel Thayer • E-mail: daniel@itcn.org

David Hunkup 775-785-1373 • E-mail: dhunkup@RSIC.org

ITERC Office – 355-0600 xt 153

TRAINING IS FREE

LUNCH WILL BE PROVIDED

Reno-Sparks Indian Colony Tribal Court Public Notices

Housing advisory board recruiting new members

HOUSING ADVISORY BOARD IS RECRUITING FOR NEW MEMBERS

The Housing Advisory Board consists of seven (7) members.

The eligibility criteria are as follows:

Article III . MEMBERSHIP

Section 1. Membership. The RSIC Housing Advisory Board shall consist of seven (7) voting members. In addition to the seven members, the Reno-Sparks Indian Colony Tribal Council may appoint any member of the Tribal Council as a non-voting, ex-officio member of the Housing Advisory Board.

Section 2. Eligibility. All voting members must be enrolled members of the Reno-Sparks Indian Colony and at least 18 years of age. No person who is an employee of the Reno-Sparks Indian Colony Housing Department may serve on the Board while so employed. Housing Advisory Board members must be current in their housing payments at time of appointment, and must remain current in their house payments (rent) while a member of the Board. Membership on other committees shall not disqualify a person from appointment to this Board unless expressly prohibited by the Tribal Council.

Section 3. Term. Housing Advisory Board members shall serve four-year terms and shall be eligible for reappointment provided that their performance as a Board member was satisfactory, as determined by the Board Chairperson.

Please submit a letter of interest to:
Reno-Sparks Indian Colony Housing
98 Colony Road, Reno, NV 89502

or

Reno-Sparks Indian Colony
Housing Department
9055 Eagle Canyon Drive
Sparks, NV 89441

or

use the Housing Department's after-hours drop box in Hungry Valley or call the Housing Department at 785-1300.

IN THE RENO-SPARKS TRIBAL COURT
IN AND FOR THE RENO-SPARKS INDIAN COLONY
RENO, WASHOE COUNTY, NEVADA

PUBLIC NOTICE

Notice is hereby given that the Petitioner, Manuel Melendez, Jr., has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV-NC-2014-0013, praying that said Court enter an Order changing the present legal name of Jenicia Lovejoy Blindman, to the name of Jenicia Lovejoy Melendez, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV, within ten (10) days after publication of this notice.

Dated this 11th day of March, 2014
Henrietta A. Tobey
Clerk of Court
Reno-Sparks Tribal Court

IN THE RENO-SPARKS TRIBAL COURT
IN AND FOR THE RENO-SPARKS INDIAN COLONY
RENO, WASHOE COUNTY, NEVADA

PUBLIC NOTICE

Notice is hereby given that the Petitioner, Bhie Ci'e-Naïve Malotte Ledesma who is a RSIC Tribal member, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV-NC-2014-0014, praying that said Court enter an Order changing the present legal name of Bhie Ci'e-Naïve Malotte Ledesma to the name of Bhie-Cie Naïve Ledesma, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV, within ten (10) days after publication of this notice.

Dated this 12th day of March, 2014
Henrietta A. Tobey
Clerk of Court
Reno-Sparks Tribal Court

IN THE RENO-SPARKS TRIBAL COURT
IN AND FOR THE RENO-SPARKS INDIAN COLONY
RENO, WASHOE COUNTY, NEVADA

PUBLIC NOTICE

Notice is hereby given that the Petitioner, Alicia Anita Parker, a member of the Reno-Sparks Indian Colony has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV-NC-2014-0010, praying that said Court enter an Order changing the present legal name of Maya Leticia Brito, to the name of Maya Leticia Martinez, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV, within ten (10) days after publication of this notice.

Dated this 4th day of March, 2014
Henrietta A. Tobey
Clerk of Court
Reno-Sparks Tribal Court

IN THE RENO-SPARKS TRIBAL COURT
IN AND FOR THE RENO-SPARKS INDIAN COLONY
RENO, WASHOE COUNTY, NEVADA

PUBLIC NOTICE

Notice is hereby given that the Petitioner, Alicia Anita Parker, a member of the Reno-Sparks Indian Colony has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV-NC-2014-0009, praying that said Court enter an Order changing the present legal name of Pablo Omar Brito, to the name of Pablo Dennis Martinez, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV, within ten (10) days after publication of this notice.

Dated this 4th day of March, 2014
Henrietta A. Tobey
Clerk of Court
Reno-Sparks Tribal Court

April 2014

Reno-Sparks Indian Colony
 Senior Program Activities
 34 Reservation Road, Reno NV
 775-329-9929

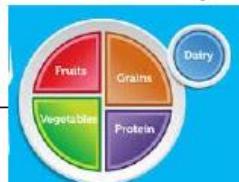
Monday	Tuesday	Wednesday	Thursday	Friday
	1 Spring Crafts 1:00 p.m. Bonnet or Hat decorating	2 Errand Day 1:00 pm Shopping, Bill Pay, Thrift Store,	3 Respite Caregivers Group Meeting 9am Blood Pressure Check 11:30 pm 	4 Brunch 10:30 am
7 Senior Advisory Committee Meeting 1:00 pm Blood Pressure Check 11:30 pm 	8 Tribal Police Presentation 12:00 p.m. Night Bingo and Potluck 5:30 p.m.	9 Nutrition Presentation 12:00 p.m.	10 Spring Crafts 1:00 p.m. Bonnet or Hat decorating 	11 Brunch 10:30 am
14 Food Pantry Delivery	15 Commodities Sack Lunch Service 	16 Easter Egg Decorating 12:30 p.m. 	17 Easter Egg Hunt 11:00 a.m. Bonnet/Hat contest Easter Birthday Bingo 12:30 p.m. 	18 Early Brunch 9:30 - 11:30 a.m. Closed at 12:00 p.m.
21 Blood Pressure Check 11:30 a.m. 	22 Eldorado Dinner & Show “Ring of Fire” Johnny Cash 5:30 pm - Buffet 7:00 pm - Show <i>Must be signed up with paid deposit \$20</i>	23 Hanging Floral Ball Decoration 12:30 p.m. 	24 Hanging Floral Ball Decoration 12:30 p.m. 	25 Brunch 10:30am
28 Century Theater Movie 1:00 p.m. 	29 Potted Plants 12:30 p.m. 	30 Potted Plants 12:30 p.m. 		



April

Reno-Sparks Indian Colony
Senior Program Menu
34 Reservation Road, Reno NV
775-329-9929

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cream of Mushroom soup Tuna Sandwich Lettuce* and Tomato+ Plum 1% Milk	2 Chef's Salad Breadstick Strawberries* and Mandarin Oranges+ 1% Milk	3 BBQ Ribs Roasted Sweet Potatoes* Pasta Salad 1% Milk	4 Brunch Oatmeal Boiled Egg Whole Wheat Toast Cucumber and Tomato Salad*+ Melon Mix* 1% Milk
7 Beef Enchilada Refried Beans Lettuce*, Tomato+ and Olives* Apricots+ 1% Milk	8 Lima Bean* Soup Chicken Salad Sandwich Lettuce* and Tomato+ Fruited Jell-O* 1% Milk	9 Pork Roast Mashed Potatoes* with Gravy Green Beans* and Corn* Tropical Fruit* 1% Milk.	10 BBQ Turkey Dog Baked Lays Green Salad Mandarin Oranges+ and Banana+ 1% Milk	11 Brunch Scrambled Eggs Sausage Pattie Bagel Grapes* V-8+* 1% Milk
14 Stuffed Bell Pepper* with Ground Turkey Steamed Carrots+ and Cauliflower* Pears* 1% Milk	15 PB and J Sandwich Green Salad+* Baked Lays Fruited Jell-O* 1% Milk	16 Chicken with Angel Hair Pasta Spinach+ and Tomatoes+* Peas* Cantaloupe* 1% Milk	17 Birthday Bingo Baked Ham Yams*+ Steamed Broccoli*+ Waldorf Salad 1% Milk	18 Early Brunch 9:30-11:30 am Biscuit and Gravy Bell Peppers* and Tomato Wedge* Fresh Orange Cutie* 1% Milk
21 Baked Lemon Salmon Rice Pilaf Brussels Sprouts*+ Peaches* 1% Milk	22 Posole Corn Tortilla Dark Green Salad*+ Tomato Wedge+ Kiwi 1% Milk	23 Beef Stroganoff over Egg Noodles Zucchini and Carrots*+ Pineapple* 1% Milk	24 BBQ Chicken Sandwich Lettuce* and Tomato+ Macaroni Salad Watermelon* 1% Milk	25 Brunch French Toast Turkey Bacon Cherry Tomatoes+ Mixed Berries* 1% Milk
28 French Bread Pizza Tomato+ and Cucumber Salad* Mandarin Oranges*+ 1% Milk	29 Minestrone Soup Egg Salad Sandwich Lettuce* and Tomato+ Fruited Jell-O 1% Milk	30 Roasted Turkey Stuffing Green Beans* Apricots+ 1% Milk	Nutritional Values *Vitamin C daily +Vitamin A 3/week 1% Milk Daily	Please call by 10:00 a.m. to cancel your homebound delivery meal Thank you



Evolution of Smoke Shop III

New building open for business



Before · Opened in September of 1992, Smoke Shop III occupied a building which was formerly an antique store. The 2,400 foot-building included a drive through, but the curb appeal was limited by a treacherous parking lot and just a few windows. Heating and cooling inside of the structure presented challenges, too.



After · Opened on March 10, the brand-new Smoke Shop III has an ideal retail layout inside an attractive stucco-sided building. Not only does the new location include two drive through options for customers, the paved parking lot is accentuated by thoughtful landscaping. A state-of-the-art heating and cooling unit allows for a pleasant, climate controlled store. Employees now use two, touch screen registers in the loft-style building which includes ceramic tile flooring throughout. All its high-resolution, video security cameras were installed by the RSIC's IT Department which eliminated outside labor costs. In addition to the enhanced physical surrounds, the custom designed building accommodates a larger inventory including more premium cigars brands. Moreover, Smoke Shop III now offers many more options for snacks and drinks. The new location, 90 Auto Center Drive, also is highly visible from Interstate 395.

DMV Dash Pass

Eliminates wasted time

Do you dread those trips to the Nevada Department of Motor Vehicles? Are you tired of waiting for hours at the DMV to take care of your 15-minutes worth of business?

If so, the DMV's Dash Pass system might be for you.

"I used the Dash Pass and it saved me a lot of time," said Penny Sampson, the RSIC Administration Front Office Assistant. "It is pretty neat."

When you are heading to the DMV, check in by texting:

dmvreno to (323) 870-7000 then the DMV will send you a text message back with your estimated wait time. The DMV will also text you updates as your turn at the counter approaches. You can even push back your time if needed.

The DMV will use the last four digits of your cell phone number to indicate when it's your turn. Your four digits will appear on the TV screens at the DMV.

According to the DMV.com Wait Time Study, wait times at the Nevada DMV are the fifth longest in the country. The average Nevada driver will wait 47.05 minutes before receiving service.

Another way to combat the long lines is to find out the average wait time on the day you plan to go to the DMV.

When you log on to:

<http://www.dmvnv.com> you will see the average transaction time for that day. This information is in real time and is updated every 90 seconds.