



THE CAMP NEWS

VOLUME IX ISSUE 9

May 16, 2014

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

Community Cleanup Nets Over 200 Yards of Waste

More Than 50 youth volunteer to help beautify Hungry Valley

With over 80 volunteers, plus the entire force of the Reno-Sparks Indian Colony Public Works staff, more than 200 cubic yards of waste was removed from Hungry Valley last Saturday.

Remarkably, over 50 of the volunteers were children.

"This was a tremendous community-wide effort," said Scott Nebesky, Director of Planning for the RSIC. "It was really nice to see all those kids taking advantage of the opportunity to contribute to a higher quality of life for the whole community."

According to Nebesky, the community mobilization collected illegally dumped materials which could have filled up a regulation size basketball court, one foot deep.

The trash included abandoned piles of household garbage, bags of yard waste, discarded appliances, used tires and other debris, all which threaten the health of humans, wildlife and the environment.

The RSIC has an environmental ordinance, No. 50, which protects the natural environment and ecosystem

of all lands owned by the RSIC, including the protection of air, water, wildlife, plants and all living things.

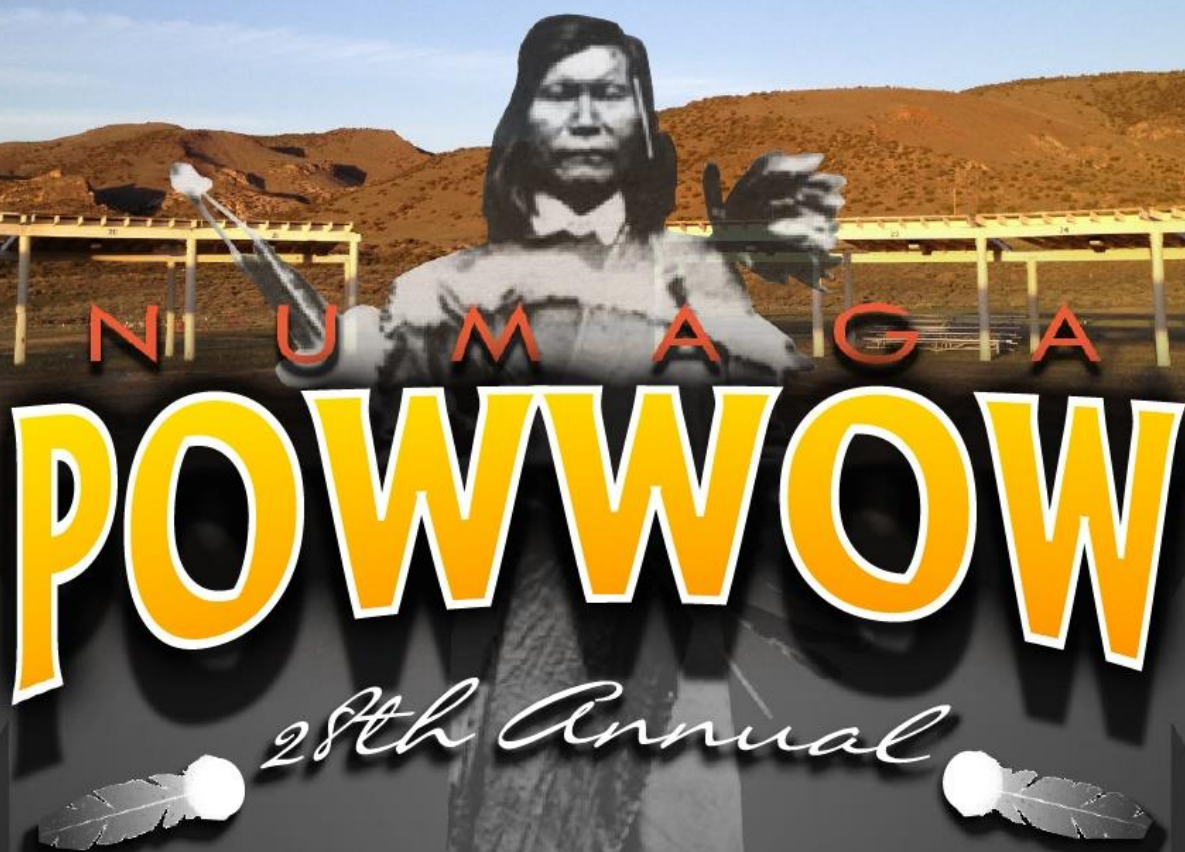
In addition, the RSIC has a solid waste ordinance, No. 46, which regulates and enforces disposal of all solid waste within all lands owned by the RSIC.

This includes abandoned vehicles, commercial solid waste, construction and demolitions waste, garbage, hazardous waste, liquid waste, putrescible, rubbish, solid waste, motor vehicle batteries, tires and oil.

Continued on page 4



Doing Their Part • Calling themselves, Team Muffin, Kate Wadsworth, Katie Jorquez and Shalaya Barraza were three of the 50-plus young people who participated in the Hungry Valley Cleanup.



NUMAGA

POWWOW

28th Annual

AUGUST 29-31, 2014
Hungry Valley, Nevada



Host Drum
YOUNG SPIRIT
Frog Lake, Alberta Canada

SPECIAL EVENTS

Drum Contest
 Spotlight Special

ACTIVITIES

Numaga Princess Contest
Annette Henry (775) 762-9522
 3Nations Wellness Center
 3Mile Walk/Run
Rocky Batastini (775) 329-5162

VENDORS

Ramona Darrough (775) 842-1385

ADDITIONAL INFO

Elliot Ramirez (775) 250-7013
Jamie Stump (775) 830-3323

Master of Ceremonies

CARLOS CALICA
Warm Springs, Oregon

Arena Director

TOM PHILLIPS JR.
Wadsworth, Nevada

GRAND ENTRY

Friday.....7pm
 Saturday.....12pm & 7pm
 Sunday.....12pm

ALL CONTESTS START FRIDAY
POINT SYSTEM WILL BE USED

MAP DIRECTIONS



**ALCOHOL AND
 DRUG FREE
 EVENT**

SPONSORED BY:
 Reno-Sparks Indian
 Colony & Hungry
 Valley Community



RSIC & Committee
 is **NOT** responsible for
 short funded travelers,
 theft, lost items, pets
 accidents, breakups
 divorces, injuries, etc.

Deadlines, Mailing List

The Camp News Profile

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony community. The newsletter is produced monthly out of the public relations department and duplicated and distributed by RSIC Administration Front Office.

SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

CONTACT OUR STAFF

E-mail your submissions to smontooth@rsic.org or drop off your photos and suggested articles to the receptionist at 98 Colony Road, Reno, NV 89502.

CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post, please contact us with your mailing address.

If you have a problem with delivery, please call us at 329-2936.

ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: www.rsic.org and PDFs of our publication are available.

If you have questions, call us at 329-2936, ext. 3268.

Important UPCOMING Dates

May 19

Grand Re-Opening for Smoke Shop III, 90 Auto Center Drive, 10 a.m.
Book Fair, RSIC Library, 9 a.m. - 6 p.m.
Circle of Parents Support Group, RSTHC, 5 p.m.

May 20

Book Fair, RSIC Library, 9 a.m. - 6 p.m.
Tri Basin Cultural Committee meeting, Planning Department, 4 p.m.
Youth Pow Wow Club, Hungry Valley Gym, 6 - 7 p.m.

May 21

Community Emergency Response Team (CERT) training,
Hungry Valley Gym, 8 a.m. - 4:30 p.m.
Book Fair, RSIC Library, 9 a.m. - 6 p.m.

May 22

Food Handlers Training, RSTHC, 8:30 a.m. - 12:30 p.m.
Community Emergency Response Team (CERT) training,
Hungry Valley Gym, 8 a.m. - 4:30 p.m.
Book Fair, RSIC Library, 9 a.m. - 6 p.m.
Annual Amerind Safety Poster Contest submission DEADLINE,
Housing Department, Hungry Valley, 5 p.m.
Youth Pow Wow Club, Reno Gym, 6 - 7 p.m.

May 23

Book Fair, RSIC Library, 9 a.m. - 6 p.m.

May 26

Memorial Day - RSIC offices closed
Memorial Day Service, "Honor and Remembrance,"
Mountain View Cemetery, 9 a.m.
Hungry Valley Gravesite, 11 a.m.

May 27

Commodity Food Program Distribution, Senior Center, 8 a.m. - Noon

May 28

Economic Development meeting, RSTHC conference room, 6 p.m.

May 30

Youth Conference, UNR Student Union, 9 a.m. - 1:30 p.m.

June 2

Senior Advisory Committee Meeting, RSIC Senior Center, 1 p.m.

June 3

Head Start Enrollment Night, RSIC Head Start Center, 5 - 6:30 p.m.

June 8

Rock Climbing with Rock Sport, Painted Hills and Pig Rock,
Reno Sparks Tribal Health Center, 9 a.m. - 2 p.m.

June 11

Tribal Council Meeting, Hungry Valley Community Center, 6 p.m.

June 12

Deadline to submit materials for *The Camp News*, 98 Colony Road, 5 p.m.

June 13

Last day of school for Washoe County School District
Stewart Father's Day Pow Wow, Carson City

June 14

RSTHC Memorial Walk/Run, 1715 Kuenzli Street, 8 a.m.

June 16

Summer Food Program beings, Facility Room at 34A Reservation Rd., and
old TLC Building at 104 Loop Rd., Hungry Valley, 9-10 a.m.; noon - 1 p.m.

Don't forget to check out <http://rsic.org/senior-activities-and-menu/> for daily activities and the menu for the RSIC Senior Program.

Violators can be subject to a fine of \$500 and an additional \$25 fine for each day after a penalty is assessed.

In addition, the Nevada Revised Statute, 444.630, also prohibits illegal dumping and the Clean Water Act of 1972 also addresses the issue.

Organizers of Hungry Valley Community Cleanup agreed that most of the waste collected fell into the illegal dumping category.

According to the RSIC Environmental division, illegal dumping can lead to fire and explosions, injuries to children, disease carried by mosquitoes, flies and rodents, contamination of streams, rivers and lakes, contamination of soil, ground-water and drinking water wells, damage to plant and wildlife habitats and in general, decreases the quality of life to nearby communities and residents.

However, Laura Medvin, manager of the Colony Environmental division said that community cleanups builds pride in all involved.

After a community cleanup, people take more ownership not only in their own yard, but of playgrounds and community areas, Medvin said. We encourage and promotes prevention because now, people will notice trash and be quicker to respond by either cleaning it up or calling the proper authorities.

Volunteers from the RSIC managed to fill up four, 30-yard dumpsters while another 50 volunteers with the Great Truckee Meadows Community Cleanup managed to fill another two dumpsters.

Furthermore, the impact of a clean community is not just purely cosmetic.

According to Youth in Action, a U.S. Department of Justice program, crime is less likely to occur when a neighborhood is clean.



Too Common • According to the organizers of the Hungry Valley Community Cleanup, discarded tires were some of the most common items collected. Illegal dumping can lead to \$1,000 fine and/or six months in jail. To report illegal dumping, call 329-DUMP (3867).

By eliminating tall weeds and debris from a vacant lot, or sprucing up sidewalks and public spaces along streets, the land is less attractive to criminals and more attractive to the community, which makes the community safer.

Since 2001, the Keep Truckee Meadows Beautiful has held annual open space cleanup. For over a decade, volunteers have cleaned up illegal dump sites and pulled noxious weeds to make the spaces safer and more beautiful for everyone who lives in and visits the area.

This year, the KTMB selected an area on the way to Hungry Valley to beautify.

To report an illegal dumping in progress or an illegal dump site location, phone 329-DUMP, 329-3867 or 334-2121.

A community cleanup for the Colony is being planned for June.

As it did last week, the RSIC Public Works will host a barbecue after the cleanup for all participants and environmental will give away attendance prizes.



Heavy Lifting • Above, Kevin O'Day from the RSIC Public Works Department scoops and dumps debris during the Hungry Valley Community Cleanup. Each dumpster held 180-cubic yards of waste. Co-sponsored by the RSIC Public Works, participants were treated to a barbecue after four hours of work then the Colony's Planning Department gave away promotional items, including garden and yard tools. A community cleanup on the Colony is being planned for June.

Tribal Member Joins RSIC Finance Department

With life experience, formal credentials, Astor ready to positively contribute

William Astor says he wants to be a role model at the Reno-Sparks Indian Colony and his latest job success is proof he is doing just that.

A tribal member and a resident of the Colony, Astor is the newest accounting technician in accounts receivable for the RSIC Finance Department.

"I feel excited about my new job because not only did the Reno-Sparks Indian Colony assist me with obtaining my education in the first place, but now I am able to apply my education and skills in a position that is related to my studies at UNR (University of Nevada-Reno)," Astor said. "I wasn't always an ideal community member in my younger years, but now, the impact I would like to leave on the community, would definitely be a positive one." The grandson of former RSIC Tribal Chairman Lance Astor, the younger Astor wants to live up to his family legacy.

"Since my grandfather's passing, there have been many people who had nothing but positive things to say about him," Astor said. "Hearing all this gave me the ambition to strive to have people hold me in the same regard as they did my grandfather."

A 2006 graduate of Spanish Springs High, Astor grew up in Hungry Valley. He is of Paiute, Shoshone and Washo descent.

In 2012, the single, father-of-one, graduated from Truckee Meadows Community College with two associates degrees; one in business and one in automotive mechanics.

According to acting comptroller, Eileen Phoenix, Astor has shown great enthusiasm and polite customer service skills to everyone who walks through our finance door.

"He greets everyone with a smile and is very helpful to all," Phoenix said. "I am very happy with William's willingness to learn all the responsibilities within the finance department."

Prior to joining the RSIC Finance Department, Astor had worked in many different capacities including: being a pizza man, a door-to-door salesman of vacuums, working retail, and working all shifts in a warehouse.

Currently his job duties with the finance department include taking payments and applying said payments towards customer accounts, assisting coworkers by reconciling statements, and making deposits related to the smoke shops and employee travel.

"There is a vast amount of things to learn in my position," Astor said. "I am taking my time in getting to know the proper way of how to do them and familiarizing myself with the numerous policies."

In addition, currently Astor is

enrolled at the University of Nevada. He is working to earn a Bachelor's degree in accounting and in information systems.

Besides through previous employment, Astor has gained leadership skills as the vice president of the UNR Native American Student Organization and as the president of the RSIC Head Start Parent Committee.

"I just would like to complete my education and further my career into being successful so that I can be an example to my community," Astor said.

"Although it may be difficult at times, finishing school and being successful is possible, regardless of my wild past."

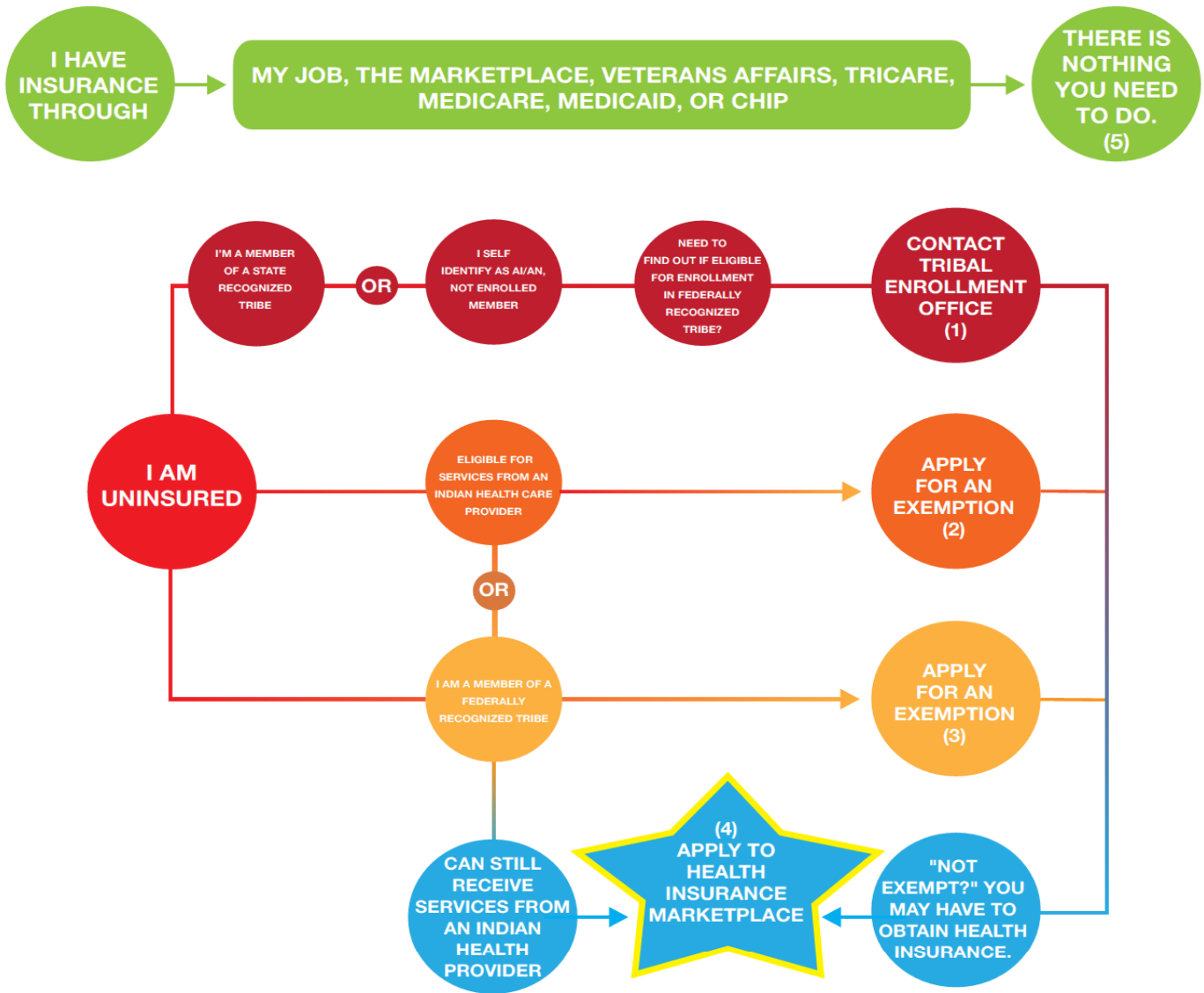


OLDER AMERICANS MONTH 2014

Each May, the nation celebrates Older Americans Month to recognize older Americans for their contributions and provide them with information to help them stay healthy and active. This year, we are focusing on injury prevention with the theme **Safe Today, Healthy Tomorrow.**

I AM AN AMERICAN INDIAN OR ALASKA NATIVE:

Do I need to do anything to comply with the Affordable Care Act?



 **OMH**™ U.S. Department of Health and Human Services
Office of Minority Health
800-444-6472
minorityhealth.hhs.gov
info@minorityhealth.hhs.gov
Twitter: @minorityhealth, @saluddeminorias



For more information visit:
go.cms.gov/AIAN or
www.healthcare.gov/tribal

- 1** Starting in 2014, every person must have health coverage (known as “minimum essential coverage”) or an exemption from the requirement to have minimum essential coverage, or make a payment on their federal income tax return. Some people, such as tribal members, are eligible for an exemption from this payment. For more information: <https://www.healthcare.gov/exemptions/>
- 2** You will need to apply for the Exemption through the Marketplace. Although you are exempt, you may still enroll in a Marketplace health plan and qualify for tax credits or be eligible for Medicaid or CHIP. For information on IHS eligibility go to <http://www.ihs.gov/aca>.
- 3** You will need to apply for the Exemption through the Marketplace or when you file your federal income tax return. Although you are exempt, you may still enroll in a Marketplace health plan and could qualify for tax credits or be eligible for Medicaid or CHIP.
- 4** Tribal Members are eligible for monthly enrollment periods. By enrolling in the Marketplace, Medicaid, or CHIP, you can benefit by having better access to services. In addition, tribal programs benefit by having greater resources. For more information go to www.healthcare.gov/tribal.
- 5** You are covered. You meet the individual requirement to have health insurance so there is nothing that you need to do. For more information, please visit HealthCare.gov.

RSIC Strategic Plan Progresses With Staff Workshop

Next step includes community review, council approval of final draft

For the Reno-Sparks Indian Colony, its evolving strategic plan will not only guide the community and its employees, but the plan will describe in detail how to reach goals and how and when the plan has worked.

The strategic plan communicates ideas, dreams and goals to inspire everyone to give their best and understand what they are working for, said Scott Nebesky, director of the RSIC Planning Department. The focuses tribal government on what is most important to the community and guides effective action.

The importance of creating and implementing a strategic plan for the RSIC is widely supported.

To me the strategic plan is important because it gives you the perspective of the RSIC, said Jody McCloud, RSIC Tribal Council member. It is proof that we are taking steps forward.

Last week, 31 tribal members, employees, council members, and a consultant on strategic leadership and planning spent a day developing the RSIC strategic plan, based on a mission statement and core values which were developed by the tribal council in 2012.

This is when the hard part starts - carrying out the plan once it is adopted, said Tom

Purkey, a planner for the Colony. This involves measuring our effort, measuring changes--hopefully improvements in the community that result from our efforts, ensuring accountability, identifying where we succeed and fall down, and making course corrections where needed.

Simply put, the RSIC's strategic plan will not only be a road map that describes not only how we will execute our chosen strategy, but how well we implement it. The plan spells out where we are going over the next several years and how that will happen.

Without a strategic plan it is easy to get caught up in the day-to-day and lose sight of where we are heading, Purkey said. A strategic plan helps bring the best possible future into existence by instilling focus, energy and vibrancy into the organization.

McCloud agrees.

It's helpful because it gives us an idea of our plans for one year, five years, even 10-years out, McCloud said. Fixing the roads in Hungry Valley is an example of something that requires long-term planning.

The updated strategic plan was request of the tribal council. The last time the RSIC put its strategic plan in writing was 1996.

According to Nebesky, with a strategic plan the RSIC employees and leaders should do a

better job, because the plan focuses everyone's energy, resources, and time in the same direction.

A common vision is critical to a successful plan.

Sometimes, employees

Continued on page 18



EMPLOYMENT PROGRAM FOR YOUTH

Requirements:

Ages 14-22

- Enrolled in school fall, 2014
 - Have a minimum 2.00 GPA
- Enrolled member of RSIC or a direct descendant with 1/4 blood quantum of a federally recognized tribe
- Enrolled member of a federally recognized tribe, permanently residing on RSIC

All interested youth will submit applications for jobs

Youth will interview for jobs with site supervisors at the job sites

Projected start date for high school youth is June 23; end date is July 25.

Applications and available jobs will be available soon

Call San San or Monica at 775/329-6114

if you have any questions.

The RSIC is a drug and alcohol free work place.

JOIN TAI CHI



Tai Chi: Moving for Better Balance is an evidence-based program proven to reduce falls and improve fitness!

© Anne Clark

What will you learn?

- Balance skills
- Good body alignment
- Coordinated movements in a circular and flowing motion

Who should attend?

- Older adults who are:
 - Able to walk (canes and walkers are ok)
 - Interested in improving balance, flexibility, and strength

Who facilitates Tai Chi: Moving for Better Balance?

- Injury Prevention Coordinator
 - Is certified to instruct Tai Chi by Master Tai Chi instructor, Robert Nations, through Safe and Active Communities
 - Is motivated and passionate

Monday and Wednesdays 12-1pm

Class begins June 16th, 2013

Reno-Sparks Senior Center

Tai Chi: Moving for Better Balance Classes is held for 60 minutes, 2 days a week for 12 weeks.

To sign up contact Carrie Brown at 775-329-5162 ext. 1928

RSTHC Weight Loss Challenge Underway

How to, inspiring words from last year's winner

This year's Lose To Win Weight Loss Challenge is on.

About 80 people have signed up to compete and over \$700 is up for grabs.

Below is a re-print of a feature story written about last year's Weight Loss Challenge winner, Robin Eagle.

Eagle lost a total of 44 pounds during the 12 week program.

Here is Robin's story:

From the beginning of this challenge the first and most important thing I did was make a choice to sign up. I prepared myself mentally by giving myself words of encouragement, starting a journal, and encouraging my best friend/co-worker to sign up with me.

I talked with my husband about his essential role as my biggest supporter; if I was going to be successful in this challenge I needed him to back me 100 percent. My husband did not always have to agree he just had to support me.

I made an appointment to see my doctor to check my overall health and get some advice and tips on where to begin.

I enrolled in a 6 a.m., Zumba class, paying for a monthly membership, Monday through Friday.

Last but not least I began an entire new and healthy nutrition plan. I asked the staff in the Wellness Center lots of questions about the best type of foods to eat and what foods to avoid. I read lots of articles in maga-

zines, online, and in the Wellness Center about healthy eating habits and nutrition.

I had a plan mapped out in front of me that included daily exercise, a daily diet, a support system, my goal and a time frame for completion.

So far, so good on paper. The next step was to implement it.

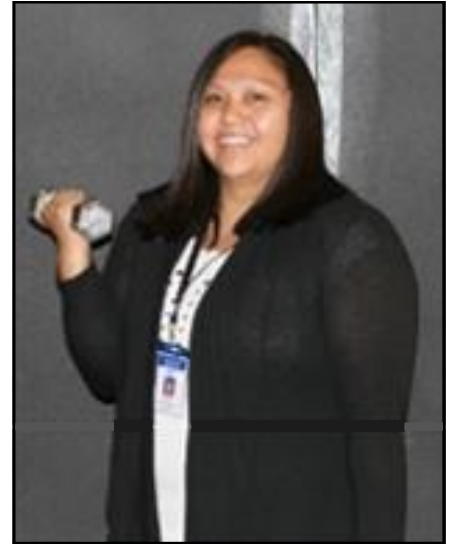
I made a note in my journal two weeks before, week-one of the challenge, "Today is your day, only you can accomplish your goals that's why they're your goals!" + words of encouragement.

My food intake was another challenge. I ate more one ingredient foods; for example, an apple, an avocado, bell peppers. I only ate my calories.

I did not drink them for example water=0 calories. I ate more veggies than fruits and lean protein, for example, boneless skinless chicken, turkey meat, pork.

I purchased more fresh vegetables, fruits and whole grains. I washed and cut veggies and fruits and put them in containers placed them in the refrigerator for easier accessibility. I packed my breakfast, lunch and snacks for work everyday. This helped from going to eat out and saved me from all the snacks my fellow co-workers brought in.

I eliminated the not so healthy foods from my home. If it isn't there, then you can't eat it. I ate before I attended birthday parties, gatherings and events



which helped not to indulge in the junk food.

I drank plenty of water. I brought a water bottle everywhere I went.

I used my Saturday as a cheat day to eat the things I was craving, in moderation of course.

I utilized resources that were available at no cost, boot camp with Rocky Batastini and Jason Molino on Tuesdays and Thursdays, open gym with Walita Querta, the treadmill, weights, stability balls, and all other equipment in the Wellness Center.

I ran up and down the hills and streets in Hungry Valley, walked and ran at the marina, and played with my children. I ran at 5 a.m., on Saturday and Sunday, so I had plenty of time to spend with my family and I involved my family in evening walks after dinner.

Half-way through the chal-

Continued on next page

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-lenge, I started to get discouraged, and I expressed it very well to the trainers in the wellness center. This is where I give a huge thank you to Walita, Rocky and Jason. When I wanted to give up, they pushed me to go faster, longer, and harder.

Walita and Jason helped me sweat. I woke up sore, but kept my head in the game. I took breaks when I got exhausted, but continued to push. I was honest with myself and with the trainers. I will let you know it wasn't easy. You're going to miss workout sessions here and there, life is going to throw in road blocks, but the bottom line is stay motivated, stay focused and keep moving.

**PLEASE JOIN US TO
HONOR OUR
RENO-SPARKS INDIAN
COLONY VETERANS**

**MEMORIAL DAY
MONDAY MAY 26**

**9 AM
MOUNTAIN VIEW
CEMETERY
(7TH STREET ENTRANCE)**

**AND
11 AM
HUNGRY VALLEY
CEMETERY**

**OPENING PRAYER
HONOR SONG
TAPS
PLACING OF WREATH
CLOSING PRAYER
FLAGS FOR GRAVESITES**

**SPONSORED BY THE
RENO-SPARKS INDIAN COLONY VETERANS
COMMITTEE**

How To Contact the Tribal Police

Always call dispatch in case of an emergency

If you need a Reno-Sparks Indian Colony Tribal police officer, call 911, and the dispatcher will send an officer to you.

Using the 911 system is very important because a trained dispatcher will ask questions which will assist the officer, assist you.

Furthermore, the dispatcher can contact other emergency services that might be needed such as fire assistance, medical assistance, or additional police.

If you need a tribal police

officer for a non-life threatening emergency, please call dispatch at 334-COPS (2677).

Please note, the RSIC Tribal Police business office phone number, 785-8776, is to be used to conduct administrative business with the police department during normal business hours, 8 a.m.- 5 p.m., Monday through Friday.

This includes leaving messages for police staff, information requests or general questions.

Q: When should you call 911 for an ambulance?

A: Anytime you or someone with you experiences a life threatening emergency.

Q: What is a life threatening emergency?

A: Chest Pain, shortness of breath, severe allergic reactions, severe bleeding, seizures / convulsions, episodes on unconsciousness, all can be considered life threatening.

Q: What if I fracture my arm or leg?

A: Fractures of the arms and legs can be serious. Some can also be life threatening. It is best to call for emergency medical services (EMS) for fractures of this type.

Q: What happens if someone falls down and cannot get up?

A: The severity of the fall may help determine the severity of the injury. If a 3-year-old falls from a height of 6-feet to the floor, it may be serious. However, if a 26-year-old falls the same distance he may have injured nothing more than his pride.

Q: What if I have flu-like symptoms and I am vomiting and experience diarrhea for several hours?

A: In an otherwise healthy individual, these types of symptoms do not constitute a true emergency. It is usually best to contact your primary care physician or health professional first. If these symptoms persist for days, or if these symptoms manifest in the very young or very old, they may rapidly become debilitating. Again, contact your primary care physician or health care provider first.

Please use common sense whenever you are faced with a medical emergency, whether it is illness or injury. For more information about when to call 911, please call the RSIC Office of Emergency Services at 785-1373.

RSIC Tribal Archives

preserving the Past to Ensure the Future



Baseball Photo Circa 1960s: Top L-R Gary McCloud, Curtis Cypher, Oscar Johnson, Joe Abbie. Bottom L-R Wayne Tobey, Bert Thomas, Ronald Tobey, Richard Thomas.



Boy Scouts Circa 1950s: L-R Woodrow oWoodyo, Roger oBeerieo Bonta, John Dressler, Clyde oJiggso Tom, Gordon oPee weeo Hunter.

Photograph Care Tip



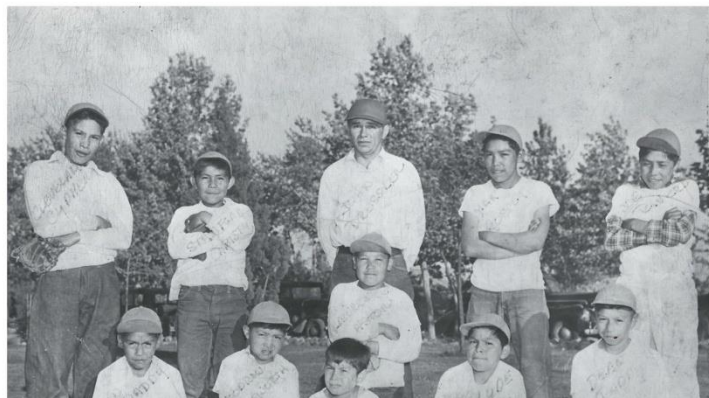
Do not allow photographs to experience prolonged sunlight.

Sunlight causes damage to chemical composition of photographs. This results in image fading, color shifts, and emulsion deterioration.

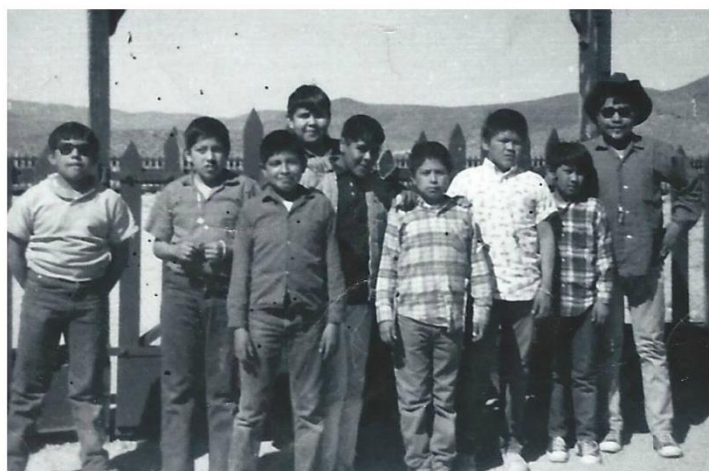
If you wish to display photographs make sure you have copies and always display your copy and not an original photograph.

Clubs & Sports at the RSIC

Clubs and sports for the youth have always played a big roll in the RSIC Community. There always has been a lot of support from the parents. Here are some baseball and Boy Scout Club photos from the past.



Baseball Photo Circa 1950s: Top L-R Celevend Cypher, Standford Christy, John Dressler, Jr., Max Coffey, Joe Rivers. Bottom L-R Don Paddy, Woodrow Wadsworth, Lawrence Astor, Ralph Bryan, Clyde Tom, Dean Paddy.



Boy Scouts Church Hill Camping Trip Circa 1965 L-R Nelson Quartz. Harvey Brown, Steve oJakeo Moody, (Top Center) L-R Kee Dale Jr., Gordon oSnooksö Gibson, Paul Dressler, Doug Gardipe, Vincent Pete, and Norman Christy.

If you have any questions contact

Trisha Calabaza-RSIC Tribal Archives Admin. Assistant

15A Reservation Road | Reno, NV 89502

Phone: 775-329-8802 | E-Mail: tcabalaba@rsic.org

****If you see any corrections in names or dates please call, e-mail or stop by. Also if you are interested in sharing your family history and photos please come by and visit us. We do not keep your original photos, we are able to scan on-sight.***

In & Around: Reno-Sparks Indian Colony Community

Tribal members take oaths of office for committee assignments, Earth Day celebration



Sworn In — Sylvia McCloud became a member of the RSIC Enrollment office last month. She was congratulated by Colony Chairman Arlan D. Melendez after McCloud took an oath of office.



Oath of Office — Lydia Shaw recently agreed to join the RSIC Housing Advisory Board. She took the oath of office during a swearing in ceremony conducted by Colony Chairman Arlan D. Melendez.



Civic Duty — Robert Sampson took an oath of office and was sworn in by RSIC Vice-Chair Carol Pinto. Sampson will be part of the Colony's Education Advisory Board, which serves the needs of the entire community.



Commitment to Service • Susan Quartz-Holling was recently sworn into office by RSIC Tribal Chairman Arlan D. Melendez. Quartz-Holling will be joining the Colony's Education Advisory Board.

In & Around: Reno-Sparks Indian Colony Community

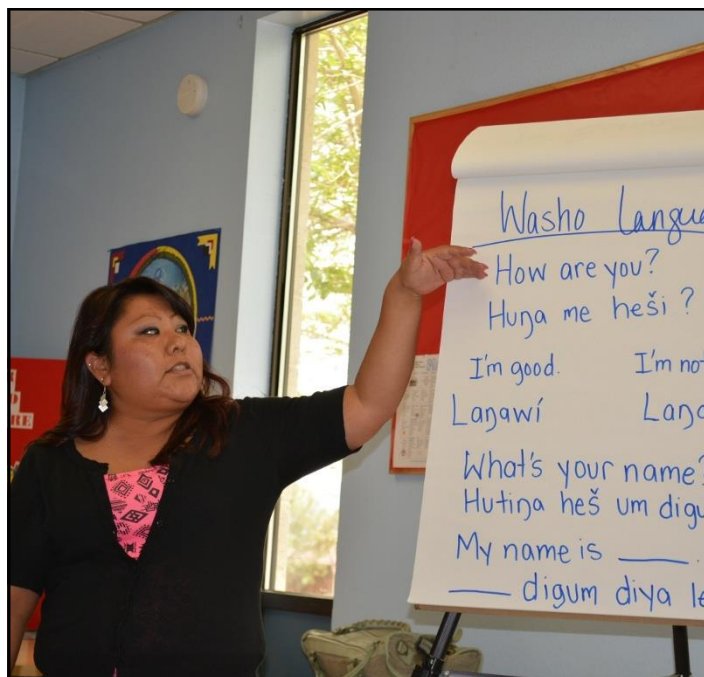
A fond farewell, learning Washo greetings, dancing for a good cause



Celebrating Earth Day • Powma gets some assistance from Melanie Smokey last month during Spring Planting sponsored by the RSIC Environmental and Language and Culture programs. The garden is in front of the RSIC Language and Culture office at 401 Golden Lane.



A Proper Sendoff • The Colony's Healing to Wellness Court Program lost a valuable member of its team with the resignation of Dr. Dave Kemppainen. The tribal court staff recently held a potluck lunch for Dr. Dave. We will miss his input and his ability to make us laugh when the going got tough.



How Are You? — Last week, Jamie Astor taught interested elders some basic Washo words and phrases just after lunch at the RSIC Senior Center. Astor will back with more language lessons at the senior center on May 25 at 12:30 p.m.. For a list of all language classes, see page 15.



Mother Knows Best — Leasha Wyatt helps her 9-year-old son, Colson Lewis-Wyatt, prepare for the Fresh Start Pow Wow which was held last week at the Hungry Valley Gym. Lewis-Wyatt is a grass dancer and has been in the circle since he was 2-months-old.

Sign up for EnviroFlash

Receive e-mail, text alerts about air quality

You can now sign up for a automated air quality notification service for the Reno/Sparks area called EnviroFlash.

EnviroFlash is a free alert system developed by the Environmental Protection Agency that sends e-mail alerts to your e-mail box or texts to your cell phone about our air quality forecast.

You can also receive alerts regarding current conditions, including when air quality reaches unhealthy levels. You can select the level of information you wish to receive for both the forecast and the current air quality index level.

Washoe Counties burn ban alerts during the winter and health alerts regarding wildfire smoke can also be received using this service.

This service is particularly helpful to those of you who work with vulnerable populations like children and the elderly, so I highly recommend that you participate in this new service.

Signing up is fast and easy- just copy and paste:

www.enviroflash.info

into your browser and then follow the directions as to which level and method you wish to receive the notices.

Feel free to contact Elizabeth Acevedo, the RSIC Environmental Specialist, if you have questions regarding this new service, or other air quality related questions. She can be reached by phone at 785-1363, ext., 5409.



Enrollment

Has begun

Make your Dental and Physical appointments now to be prepared for enrollment.

When calling the clinic be sure to tell the scheduler the appointments are for Head Start

Complete Applications are due August 1, 2014 at 4:30pm

For questions Contact Head Start Staff at (775)789-5658

Head Start Enrollment Night

Tuesday, June 3, 2014

5:00pm – 6:30pm

Reno Head Start Center

Get assistance completing applications and your questions answered

Happy Belated Birthday to the Trilogy



Three Generations—Grandma Bea Thayer, Papa Dave Thayer, and Antoniette Thayer all share the same birthday. Thank you Uncle Danny and family for putting on this annual celebration and a big thank you for all that attended to share this unique day with us.

Many blessings, Antoniette

RSTHC Injury Prevention & Point of Impact

Carseat Checkpoint



**When: July 19, 2014
9:00am - 12:00pm**



Where: Reno-Sparks Tribal Health Center



Reno-Sparks Indian Colony

Education Department, Language & Culture Program

Language & Culture Events | June 2014

Cultural Event

Reawakening Connections to the Past, Exploring our Great Basin

The THPO/Cultural Resources, Archives, and L&C Programs are collaborating to host a cultural celebration to commemorate the summer solstice. Please join us for a day long excursion, which will include a tour of Hidden Cave, Grimes Point, and the Native American Exhibit at the Churchill County Museum. Seating is limited, so please contact Michon Eben to reserve your spot, (775) 785-1363.

Date: Saturday, June 21st

Time: 8:30am – 3:30pm

Location: THPO Office at 8:30am

Language Classes

Beginner level Paiute, Shoshone, and Washo language classes are resuming for our second 8-week series. The interactive classes will run through June and July and will include games, songs, and immersion activities. Also, we're happy to add the once a month Seniors Language Classes to the permanent language class roster. Please see details below.

Language	Beginner Level Language Classes (Potluck)	Seniors Language Classes
Paiute <i>Numu</i>	Dates: Tuesdays June 3, 10, 17, 24 and July 1, 8, 15, & 22 Time: 6-8pm Instructor: Thalia Dick Location: 34D, Conference Room	Date: Tuesday, June 24 th Time: 12:30-1:30pm Location: Seniors Instructor: Thalia Dick
Washo <i>Washeshu</i>	Dates: Wednesdays June 4, 11, 18, 25 and July 2, 9, 16, & 23 Time: 6-8pm Instructor: Jamie Astor Location: 34D, Conference Room	Date: Wednesday, June 25 th Time: 12:30-1:30pm Location: Seniors Instructor: Jamie Astor
Shoshone <i>Newe</i>	Dates: Thursdays June 5, 12, 19, 26 and July 3, 10, 17, & 24 Time: 6-8pm Instructor: Florence Millett Location: 34D, Conference Room	Date: Thursday, June 26 th Time: 12:30-1:30pm Location: Seniors Instructor: Florence Millett

Youth Cultural Activity

Pow Wow Club | A Recreation and L&C Partnership

Are you interested in learning about pow wow etiquette and dancing? If so, please bring your sneakers and water bottle and join us for Pow Wow Club. Our male and female guest dance instructors will lead us in a pow wow etiquette "lesson of the day," warm-up, dance practice, and cool down. Come on out!

HV | Dates: Monday, June 2nd, 16th, 30th **Time:** 6 – 7pm

Location: HV, Gym

Reno | Dates: Monday, June 9th, 23rd **Times:** 6 – 7pm

Location: Reno, Gym

Contact Information: Teresa Melendez, Language & Culture Coordinator

tmelendez@rsic.org | (775) 785-1321 **NEW NUMBER**

Everyone is invited! If you are interested in learning about Great Basin life ways, then you are welcome to attend. Children must be accompanied by an adult.

Program Focuses on Safety, Outreach, Advocacy

Women's Circle Program: Bill of Rights for women battered or raped

*Submitted by Dorothy McCloud
Women's Circle Coordinator*

As a woman who has been battered or raped, you have the right to:

- 1) Live without violence.**
- 2) Safety at all times.**
This includes freedom from physical, emotional, spiritual, financial, sexual or verbal abuse.
- 3) Know that you are not responsible, or at fault in any way, for being physically, emotionally, verbally battered and/or raped.**
- 4) Protection under the law in a timely, respectful manner.**
- 5) Confidentiality.** You have the right to choose what information you wish to share, with whom you wish to share it and how it will be used.
- 6) Freely make decisions for yourself and your children based on your beliefs and experiences.** Staff, volunteers, institution and community are responsible for supporting your decisions.
- 7) Respectful advocacy.** The role of the advocate is to proactively support you in your decisions without imposing other's values and beliefs. You have the right to ask for what you need.
- 8) Community support.** For you and your children to fully achieve a life free from violence, communities must provide support through encouragement

[not blame], acknowledgement [not denial], assistance [not neglect], protection [not condoning through silence or inaction]. The community includes family members, friends, co-workers, law enforcement, medical personnel, government and religious institutions, agencies, schools and the judicial system.

- 9) Be believed and treated with respect.** To hold you and your children in high regard by showing honor and consideration.
- 10) Be accepted for who you are and how you feel.** Acknowledgement of and respect for you as a woman as well as your ethnicity, sexual preference, economic status, age, abilities, education and marital status.
- 11) Credible information about domestic violence and sexual assault.** Information does not blame you for the violence done to you or label you as unhealthy, co-dependent or sick. Credible information places responsibility for the violence on the batterer/rapist and recognizes violence against women as a system of behaviors and tactics used to maintain control.
- 12) Comprehensive medical services.** You have the right to have Your physical complaints [whether or not they are the result of violence] taken seriously and not dismissed as being hysterical, psychological or as a result of being an over-emotional woman.

13) Access resources regardless of income, age, emotional or physical state, education, sexual preference, etc., and the right to refuse services.

14) Religious freedom and to be supported in your spiritual practices.

15) Return to the abuser without giving up any other rights.

If you are in a shelter or involved with a domestic violence or sexual assault program, you also the right to:

- 1) Safety and protection.** This includes protection from the batterer and a non-violent, supportive atmosphere while in the shelter.
- 2) Be respected and treated as an adult by shelter staff, volunteers and other residents.**
- 3) Understand the purpose of the shelter guidelines which are in place to ensure the safety and rights of all persons within the shelter.**
- 4) Use or not use in-house shelter resources such as support groups, parenting groups, substance abuse services, spiritual and religious resources, counseling, educational program and advocacy.**
- 5) Review your file during working hours.**
- 6) Be informed of all services provided.**





Reno-Sparks Tribal Health Center

PHARMACY

Hours - Monday-Friday 8 AM - 5PM*

*Wednesday afternoon closure does not apply to the Pharmacy

Submitted by
Steve Douglas, RPh, Pharmacy Manager

How to Take, Store, Get Rid of Opioids

Prescription opioid pain relievers (also called narcotics) are controlled substances. There are strict laws about who can prescribe them, how they can be dispensed, who can take them and how they should be used. It is important to take opioids only as prescribed on the label; the only safe way to vary in their use is to take LESS than was prescribed.

Store opioids in places like

a locked cabinet, a drawer, a safe, a locked purse, bag, or suitcase,

Do not store opioids in well-traveled areas like the kitchen or the bathroom medicine cabinet.

Do not leave opioids out in the open or on a windowsill, table or nightstand, or in a purse.

Get rid of any leftover opioids (or other drugs), so that they don't harm others.

You can dissolve pills in water in a container or plastic bag. You can add flour, coffee grounds, or kitty litter, stir

together, cover and throw away.

Also, you can bring unused drug back to the RSTHC Pharmacy for disposal by incineration.

Narcotics often have a high street value, so someone might search your home for these drugs.

Keep any opioids protected and out of sight.

People who illegally take prescription opioids for fun get them most often from relatives or friends who have legal prescriptions.

Chesney Brooke Sampson is a member of the Reno-Sparks Indian Colony. Chesney is the daughter of Robert Sampson, granddaughter of Juanita Sampson and the late Eugene "Peppy" Sampson. Her brothers are Ayden and Chandler Sampson. Chesney is a jingle dancer. She was crowned Jr. Miss. Susanville Pow-Wow Princess for 2013-2014 in May 2013. She represented the Susanville Indian Rancheria for a full year at many pow-wow's, parades and other Native American socials. On May 17, 2014, she will return her crown for the next princess and will be hosting a Jr. Jingle Special for all Jr. aged girls at the Susanville Pow-Wow. She was very honored and blessed to have represented the Susanville Rancheria as their Princess. She would like to thank her family for their continued support during her reign.



Reno-Sparks Indian Colony LIBRARY

SCHOLASTIC

Monday, May, 19th

through

Friday May, 23rd 2014

9 a.m. - 6 p.m.

R.S.I.C. LIBRARY
401 GOLDEN LANE
RENO, NV 89502

FOR MORE INFORMATION CONTACT:
ADRIANNA GUTIERREZ (775) 386-4291
AGUTIERREZ@RSIC.ORG

Book Fair

Continued from page 7

might see things differently than the community and we have to listen to the employees, too," McCloud said.

Nebesky added that the RSIC strategic plan will help us compete in a challenging economic environment and will provide specific guidance for staff. It will prioritize the financial needs and resources of the RSIC and provide focus and direction as the RSIC moves forward.

According to Purkey the next step is to finalize the draft, take it to the community for review and then present it to the RSIC Tribal Council for formal approval in June.

Purkey said that the planning

department's ultimate goal is to use the plan to change words into action that benefits RSIC members and the community as a whole.

"Our strategic plan will align everyone in our tribal government on the same path, towards the same destination for the good of the community," Purkey said. "It is essential that community members continue being involved and let us know how the plan is working for themselves and the community as we carry it out because it is only through active community input that we will know how we are doing."

For more information about the RSIC strategic plan, please call Purkey or Nebesky at 785-1363.

Teaming up with Education 2014 Youth Conference

Friday, May 30

University Nevada-Reno
Joe Crowley Student Union
9 a.m. - 1:30 p.m.
9th - 12th grade

***Cultural Activities**

***Guest Speakers**

***Snacks**

***Fun, Fun, Fun**

Email your advisors for more information:

SSHS Tanya,
thernandez@rsic.org

WHS/PLHS Lorraine
lkeller@rsic.org

WCSD ADVISORS:
Paula Smith
psmith@nevadaurbanindians.org

Christina Thomas
cthomas@washoeschools.net



**Hungry Valley/RSIC CERT training being offered by the
Hungry Valley Fire Dept. • RSIC Emergency Services • ITERC**

**May 21 and 22, 2014
8:00 AM – 4:30 PM each day
Hungry Valley Gym: 9070 Eagle Canyon Drive.**

The Community Emergency Response Team (CERT) shows individuals how to be prepared for an emergency or disaster, how to respond during that emergency and how to recover, critical information you need to ensure the safety and well being of **YOU AND YOUR FAMILY**.

CERT members are trained volunteers who help during disasters and can assist professional responders during training and emergencies. The program is open to all citizens.

The CERT seminars provides training in disaster preparedness, fire safety, disaster medical (triage), incident command structure, light search and rescue, disaster psychology and terrorism. Once you have completed the initial training, you can choose to participate with your local team as you are able.

There is no requirement for participation – it's just great training and information for you and your family.

CERT volunteers have the opportunity to participate in emergency callouts and evacuations, administrative work, wild-land fire safety education, special event support, emergency exercises and drills, emergency public call taking, emergency operation center staffing and the promotion of community awareness.

Pre-Registration is required, please contact:
Daniel Thayer (775)-355-0600 ext.153 Daniel Thayer • E-mail: daniel@itcn.org
Jean Wadsworth: RSIC Recreation Phone: (775) 329-4930 Email: jwadsworth@rsic.org

TRAINING IS FREE

LUNCH WILL BE PROVIDED

Be ready: Make a kit -- Make a plan -- Stay informed



www.rsic.org

Reawakening Connections to the Past

Exploring Our Great Basin

SAVE THE DATE

**Tour of Hidden Cave, Grimes Point,
and Native American Exhibit at the
Churchill County Museum**

**Saturday June 21, 2014
8:30 a.m. - 3:30 p.m.**

Coming soon & sponsored by the RSIC THPO/Cultural Resource, Archives, and
Language & Culture Programs

Mark your calendars and watch for more details to come.

For questions please contact Michon R. Eben (THPO) or Teri P. Larson @ 785-1363.

This event is sponsored, in part, by a grant from the Department of Interior, National Park Service

Food That's In... When School Is Out!

Summer Food Service Program @ RSIC

**Free nutritious meals for children
ages 18 and younger**



Where: 34A Facility Building in Reno &
TLC Building in Hungry Valley

Date: June 16 to August 8

Breakfast: 9-10:00 a.m.

Lunch: Noon to 1 p.m.



Come and join the fun with us

Eat Strong, Live Strong!

Tri Basin Cultural Committee (TBCC) Agenda Planning Department May 20- 4 p.m.

- I. Call to Order
- II. Roll Call
- III. Approval of Agenda
- IV. Reading and Approval of Minutes a. April 15, 2014
- V. New & Old Business
 - a. Signage aesthetics for 34 Reservation Road
- Planning DepartmentReawakening Connections to the Past: Exploring
Our Great Basin . Cultural Resource/THPO Manager
- VI. Reports
 - Update on the Peavine Mountain petroglyphs
 - Update on Army Corps of Engineers response to the RSIC
re: Truckee River Flood Control Project
 - Update on the Phoebe A. Hearst Museum of Anthropology
response to the RSIC re: information requested
on 17 Culturally Unidentifiable Ancestral Remains
- VII. Adjournment

This work is sponsored by a grant from the Department of Interior, National Park Service.

SESQUICENTENNIAL STEWART FATHER'S DAY POWWOW

SIGNATURE EVENT

JUNE 13-15, 2014

5500 SNYDER AVE., CARSON CITY NV 89701

**BATTLE
BORN★
NEVADA
PROUD
150th**
Anniversary of Statehood



For information and related forms,
please visit
StewartIndianSchool.com



www.facebook.com/stewartindianschool



General Information Free admission ~ Dry camping is available in designated areas only (call for more information); if in an undesignated area, you will be asked to move ~ Food / Indian tacos (We will accept the first 4 completed and paid Indian taco vendor applications) ~ Please bring your own chairs ~ Set up for shade tents begins Friday morning at 8 am (no exceptions)

Activities Stewart Alumni Reception to take place Thursday, June 12, 2014, at the Stewart Indian School, Bldg #1 (former administration building)

Competition Dancing (must be in full regalia to accept award) ~ Stewart Powwow Princess Contest (raffle tickets must be sold with candidate receiving 10% of sales) ~ Raffle and 50/50 ~ Arts & craft vendors Special events and exhibits

For Information Call **Sherry Rupert** or **Deborah Larson** at **775.687.8333** or email at dlarson@nic.nv.gov.

Host Hotel: Carson City Plaza Hotel **1-888-227-1499**

Overflow Hotel: Gold Dust West & RV Park 775-885-9000. Ask for the 'Stewart Powwow' rate.

The Stewart Father's Day Powwow Committee, Stewart Alumni Committee, Nevada Indian Commission, and State of Nevada are not liable for accidents, injuries or short funded travelers.

This is an alcohol and drug free event.

Sponsored in part by:



Master of Ceremonies:
Gridley Hilpert, Sun Valley, NV

Arena Director:
Sam Johnson, Reno, NV

Head Man:
James Johnson, Reno, NV

Head Lady:
Alorha Baga, LeMoore, CA

Head Teen Boy:
Dylan Jude, Cottonwood, CA

Head Teen Girl:
Leilani O'Daye, Reno, NV

Host Drum:
Sage Point Singers, Ft. Hall, ID

Grand Entry Times
Friday 7:00pm to 10:00pm

Saturday 1:00pm to 5:00pm,
and 7:00pm to 11:00pm

Sunday 12:00pm to 4:00pm

**OPEN TO
THE PUBLIC**

Legal Notices, Public Announcements

Committee member opportunities, name changes, construction bulletin

RECRUITMENT FOR LAW AND ORDER COMMITTEE MEMBERS

Notice to RSIC Enrolled Members

The Law & Order Committee is currently recruiting for one new member. Appointments made to the Committee are for a four-year term and members are appointed by the Tribal Council. The Committee, pursuant to the bylaws, are scheduled to meet the third Wednesday of each month, but the date can be changed by the Committee.

The Committee shall be compensated at a rate approved by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of RSIC has been revised and were adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. All Committee members must abide by these rules. Please see the Tribal Administrator's Office for a copy of the Standing Rules.

Any interested RSIC enrolled member may submit their applications to the Tribal Administrator's Office located at 98 Colony Road.

RECRUITMENT FOR WOMEN'S CIRCLE PROGRAM ADVISORY BOARD

The Women's Circle [victim services] is looking for volunteers who are interested in serving on the WCP Advisory Board. If you are interested in supporting awareness and education in the prevention of domestic violence, you are the person we need.

If you would like to serve on the WCP Advisory Board, please submit your letter of interest which includes your contact information. Submit your letter to:

Dorothy M. McCloud
WCP Coordinator
1933 Prosperity Street
Reno, NV 89502

or you may email it to dmcccloud@rsic.org.

Need more information? Please call Dorothy at (775) 324-4600. We look forward to hearing from you.

****ATTENTION**ATTENTION**ATTENTION**ATTENTION****

Due to the construction that is being conducted through July 1, 34 Reservation Road will not be available for community check out. If you have any questions, please contact, the Public Works Department at: 775-785-1341.

IN THE RENO-SPARKS TRIBAL COURT IN AND FOR THE RENO-SPARKS INDIAN COLONY RENO, WASHOE COUNTY, NEVADA

PUBLIC NOTICE

Notice is hereby given that the Petitioner, Bhie Cie N. Ledesma, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV-NC-2014-0023, praying that said Court enter an Order changing the present legal name of Uriah Leo Grass II to the name of Leo Osi Ledesma, which is the name Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900, Prosperity Street, Reno, NV, within ten (10) days after publication of this notice.

Dated this 8th day of May, 2014

Henrietta A. Tobey
Clerk of Court
Reno-Sparks Tribal Court
1900 Prosperity Street
Reno, NV 89502

ATTENTION RSIC COMMUNITY MEMBERS:

I, Norman T. Zuniga, will be working this spring and summer compiling my works of poetry, getting ready to self-publish sometime in the fall of this year.

I seek assistance from the local indigenous community. I need help with typing, editing, proof-reading, and every other aspect of completing this gigantic undertaking.

Your help will be greatly appreciated, and everyone will get recognized for their contribution.

Thank you, N.T. Zuniga

560-7554 message only

303-7512 message only



Happy 2nd Birthday

to my baby girl

Sunshine





Tseabi Cervantes!

love you so much,
Mom, Dad, Silas & Malachi
















**Reno-Sparks Indian Colony
Senior Program
34 Reservation Road, Reno
775-329-9929**



Monday	Tuesday	Wednesday	Thursday	Friday
2) Philly Cheese Steak Sandwich Sweet Potato Fries+ Tropical Fruit* Milk	3) Cream of Celery soup Salad Bar +* Crackers Grapes* Milk	4) Shredded Pork Quesadilla Refried Beans Lettuce and Tomato+* Pears* Milk	5) Veggie Lasagna *+ French Bread Green Beans* Pears* Milk	6) Brunch Pancakes Turkey Sausage Link Carrot and Raisin Salad + Light Yogurt w Fruit* Milk
9) Chicken a LaKing With Pasta Mixed Veggie Blend +* Pears* Milk 	10) Chef's Salad+* Breadstick Mandarin Oranges* Milk 	11) Ground Turkey and Bean Burrito Spanish Rice Lettuce and Tomato olives +* Pineapple* Milk	12) Fathers Day Lunch BBQ Ribs Potato Salad w red potatoes+ Watermelon* Milk 	13) Brunch Scrambled Eggs Hash Browns Wheat Toast Tomato and Cucumber Salad*+ Banana* Milk
16) Macaroni and Cheese Bison Patty Brussels Sprouts +* Peaches * Milk	17) Commodities Sack Lunch Tuna Sandwich on a Hoagie roll Lettuce and Tomato+ Fruited Jell-O Sun Chips Milk	18) Veggie Pizza+* Spinach Salad* Pears* Milk 	19) Birthday Bingo Steak Mashed Potatoes Broccoli and Carrots*+ Fresh Fruit Salad* Milk	20) Brunch Oatmeal Boiled Egg English Muffin Strawberries and Kiwis* V-8*+ Milk
23) Lemon Salmon Rice Pilaf Steamed Carrots and Cauliflower+* Fruit Cocktail * Milk	24) Beef Stew + Pan Bread Spring Salad Mix*+ Strawberries and Bananas* Milk	25) Chicken Cacciatore + Pasta Green Beans an Corn + Mandarin Oranges8 Milk	26) Soft Tacos W ground turkey Refried Beans Lettuce and Tomato+ Mango Slices* Milk	27) Brunch Ham Scramble Bagel Tomato Wedge+* Honeydew*
30) Pork Stir Fry Jasmine Rice Fresh Pineapple* Fortune Cookie Milk	Please before 10am to add or cancel your lunch.	Menu is subject to change, due to availability of food items.	1% Milk Served Daily + Vitamin C *Vitamin A	



RSIC Senior Activities 329-9929

Monday	Tuesday	Wednesday	Thursday	Friday
2 Senior Advisory Committee Meeting 1pm	3 Injury Prevention Presentation 12:30pm	4 Shopping & Bill Pay 1pm 	5 Blood Pressure Check 	6 Brunch 10:30am
9 Blood Pressure Check 11:30 	10 Tribal Police Presentation 12pm Night Bingo 5:30pm	11 Nutrition Presentation 12pm 	12 I-Max Movie Trip-4pm  <small>shutterstock · 53560807</small>	13 Brunch 10:30 am Respite Caregiver Support Group Meeting 10 am
16 Food Pantry Father's Day Dinner <i>Call to sign up & for info</i>	17 Commodity Delivery 	18 Reno Aces Ball Game 7pm  <i>Call to sign up & for info</i>	19  Bingo 12:30pm	20 Brunch 10:30am
23 Blood Pressure Check Century Theater Trip 	24 Seniors Language Class-Paiute 12:30pm 	25 Seniors Language Class-Washoe 12:30 pm 	26 Seniors Language Class-Shoshone 12:30pm 	27 Brunch 10:30 a.m.
30 	Activities are subject to change and cancellation.	Call to have your donated Bake Sale goodies picked up on 6/6		

June 7-Seniors Yard and Bake Sale- 9am to 2pm at the Senior Center. Call for info.
 June 14-Day trip to Stewart Pow-wow. Limited seats. Call to sign up and for info.

Grand Re-Opening for Smoke Shop 3 Planned

All community members invited to ceremony

On Monday, May 19 the Reno-Sparks Indian Colony community is invited to attend a grand, re-opening celebration and ceremony for Smoke Shop 3.

Last month, Smoke Shop 3 was re-located to 90 Auto Center Drive from its South Virginia street site.

The grand, re-opening ceremony is slated to begin at 10 a.m., and will include remarks by RSIC leadership, a ribbon cutting, a drum group performance and complimentary cake for all in attendance.

Just a few blocks from its former location, celebrants can get to Smoke Shop 3



Grand Re-Opening — Monday, the Reno-Sparks Indian Colony community can join the celebration to recognize the successful launch of Smoke Shop 3 in its new location, 90 Auto Center Drive.

by taking 1-580 South to exit 61, turn right at the off ramp traffic light; turn right at Old South Virginia Street, then turn left at Auto Center Drive. The Smoke Shop, which is highly

visible from the interstate, is immediately on the left.

For more information about the event, please contact Steve Moran, RSIC Business Enterprises, at 785-1366.



Our Languages Are Beautiful — Last week, several elders got together at the RSIC Senior Center to learn the Washo language. Participants learned salutations, how to ask someone's name and how to share that information with another Native speaker. The monthly classes are a partnership between the Senior Center and the Colony's Language and Culture Program. Jamie Astor is the teacher for the Washo classes. For dates and times of upcoming classes, see page 15.