



THE CAMP NEWS

VOLUME XVI ISSUE 4

May 2022

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

“A Violation of Native American Rights”: *Archeological Procedures Begin at Thacker Pass* *Ancestors and Sacred Sites in the Firing Lane*



RSIC UNITY, Tribal Members & Employees Visit PeeHee Mu'huh

COVER PHOTO: RSIC UNITY Youth Council, Tribal Members & Employees participate in a prayer for the land. Followed by a round dance around the fire pit as Vernon Rogers, Yerington Paiute Tribal Member, shares a Paiute song.

Photo Provided by: Bucky Harjo

Published on May 4, 2022

Front Cover Story Continued On Page 5

JOIN US IN-PERSON OR VIRTUAL  zoom

General & Economic Tribal Council Meetings

WEDNESDAY, MAY 11TH & 25TH, 2022 | 6PM



HUNGRY VALLEY COMMUNITY ROOM

9075 Eagle Canyon Drive

Sparks, NV 89441

PUBLIC COMMENT will be read into the General Council Meeting (5/11) minutes.

Submit Public Comment to comments@rsic.org,
or drop off to 34 Reservation Rd. Attn: Tribal Secretary
or fill out form in-person prior to meeting

DOWNLOAD THE ZOOM APP



For ZOOM Meeting ID/Password Information,
Contact Public Information Officer, Bethany Sam,
bsam@rsic.org or 775-842-2902

Deadlines, Mailing List

The Camp News Profile

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony (RSIC) community. The newsletter is produced monthly out of the RSIC Public Relations Office, and duplicated and distributed by the RSIC Administration Front Office.

SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

CONTACT OUR STAFF

E-mail your submissions to newsletter@rsic.org, bsam@rsic.org or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post Office, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: www.rsic.org and PDFs of our publication are available.

If you have questions, call us at 329-2936.

May Important Dates

- 01- National Mental Health Awareness Month,
- 06- Mother's Day Bingo, 6pm at 34 Reservation Rd (Multipurpose Room). Info, call Recreation Dept. at 775-329-4930.
 - Red Dress Powwow - Grand Entry 7pm, 1300 Foster Drive, Reno, NV
- 07- Kentucky Derby
- 08- Happy Mother's Day!
- 09- Senior Center Mother's Day Bingo, 6pm at 34 Reservation Rd. (Multipurpose Room). Must RSVP at 775-785-1349.
- 10- Washoe Dems & RSIC Candidates Night, 6pm at 34 Reservation Rd.
- 11- General Tribal Council Meeting, Hungry Valley Community Room, 9075 Eagle Canyon Dr. or Zoom, 6pm. Email bsam@rsic.org or text/call 775-842-2902 for zoom invite or public comment form.
 - RSIC Language & Culture Virtual Zoom Bead Session 6pm- 8pm (Email Stacey Burns, sburns@rsic.org for info).
- 14- Red Cross Sound the Alarm Event at Reno Colony. More info, 775-954-1185 or Housing, 775-785-1300.
- 18- RSIC Language & Culture Virtual Zoom Bead Session 6pm- 8pm (Email Stacey Burns, sburns@rsic.org for info).
- 21- Armed Forces Day
 - World Day for Cultural Diversity
- 14- COMMODITY FOOD DISTRIBUTION, 8a-12p, 34 Reservation Rd.
- 25- Special Economic Development Tribal Council Meeting, Hungry Valley Community Room, 9075 Eagle Canyon Dr. or Zoom, 6pm. Email bsam@rsic.org or text/call 775-842-2902 for zoom invite.
 - RSIC Language & Culture Virtual Zoom Bead Session 6pm- 8pm (Email Stacey Burns, sburns@rsic.org for info).
- 27- Food Bank of Northern Nevada, HV Gym Parking Lot, 9am-10:30am Info, call 775-433-5327.
- 30- Memorial Day! RSIC Admin Offices & RSTHC CLOSED.

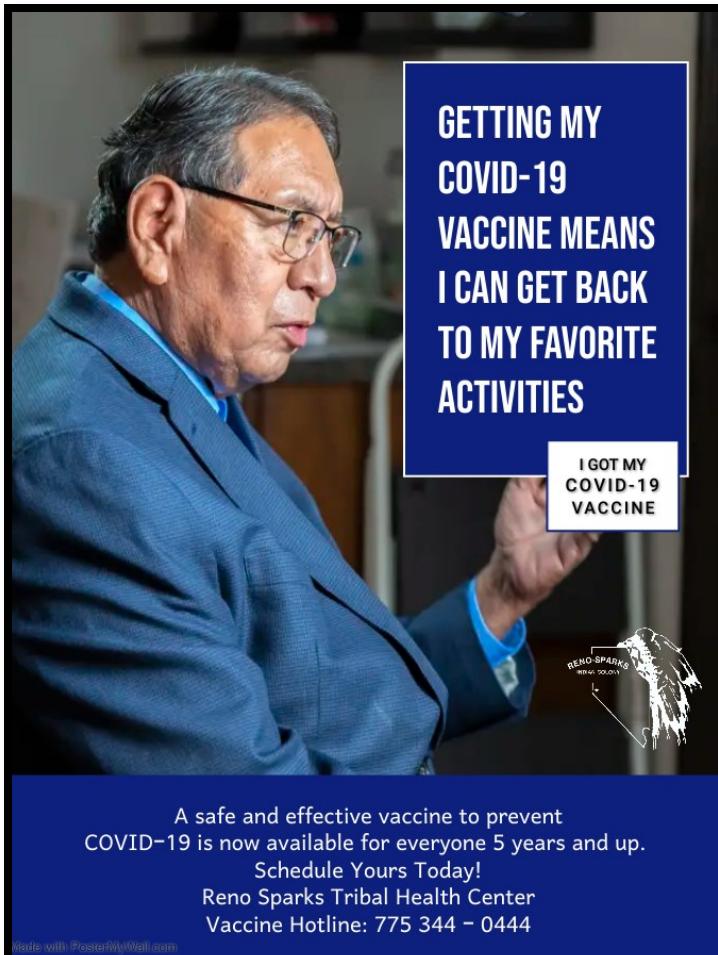
COVID-19 Stockpile: To request PPE, call Joanna Hicks at 775-560-9041.

Find the most up-to-date info on RSIC's Facebook.
If you'd like to receive RAVE Alert text messages,
call/text 775-842-2902 or bsam@rsic.org or bharjo@rsic.org

FOLLOW US AT:



www.rsic.org



GETTING MY COVID-19 VACCINE MEANS I CAN GET BACK TO MY FAVORITE ACTIVITIES

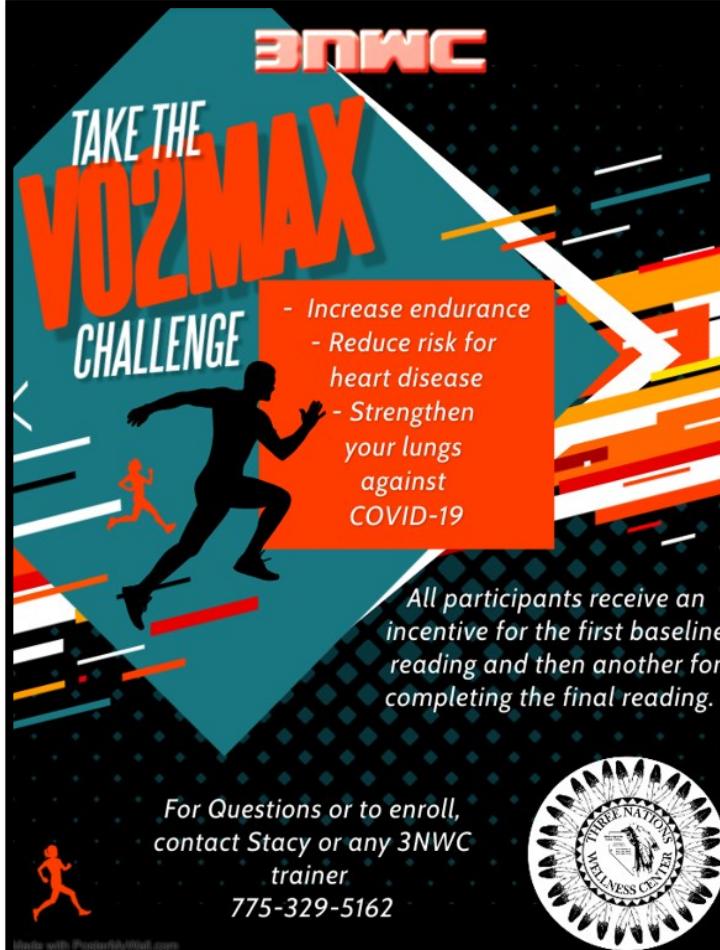
I GOT MY COVID-19 VACCINE

RENO-SPARKS TRIBAL HEALTH CENTER

A safe and effective vaccine to prevent COVID-19 is now available for everyone 5 years and up. Schedule Yours Today!

Reno Sparks Tribal Health Center
Vaccine Hotline: 775 344 - 0444

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3NWC

TAKE THE VO2MAX CHALLENGE

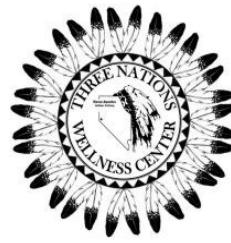
Increase endurance
Reduce risk for heart disease
Strengthen your lungs against COVID-19

All participants receive an incentive for the first baseline reading and then another for completing the final reading.

For Questions or to enroll, contact Stacy or any 3NWC trainer 775-329-5162

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Open Gym Exercise Hours



COMMUNITY MEMBERS

AGES 13 & UP AND EMPLOYEES

Monday:	8:00am – 7:00pm
Tuesday:	8:00am – 7:00pm
Wednesday:	8:00am – 7:00pm
Thursday:	8:00am – 7:00pm
Friday:	8:00am – 6:00pm

Children or teenagers (6-17) need to have a parent or guardian sign a parental consent form, emergency contact form and a physical activity waiver before they are permitted to exercise.

Employees or Colony members (18-69) need to fill out a physical activity waiver and PAR-Q before they are permitted to exercise.

69 years old + need to have a physical activity waiver signed and a doctor's release before they are permitted to exercise at the Three Nations Wellness Center.

You can fill out the PAR-Q to utilize the open gym times (upon approval), or you can get a doctor's referral to utilize the personal trainers.

WORKOUT CLASSES

Monday	12:15-12:45 pm....	F.I.T. (Fun Interval Training)
Tuesday	12:15-12:45.....	Kettlebell Training
	5:30-6:00	Barbell Training
Wednesday	12:15-12:45.....	Cardio Kickboxing
	1:15-1:45.....	TRX
	5:30-6:00.....	Spin
Thursday	12:15-12:45.....	TRX
	5:30-6:00.....	Abs & Glutes
Friday	12:15-12:45.....	Spin

Three Nations Wellness Center
1715 Kuenzli Lane - Reno, NV
(775) 334-4305

Masks are not required while you are actively exercising.

Monthly Raffle



ENTRY

Every time that you sign in to the 3NWC and workout your name will be entered for the raffle.

There will be 1 winner each month.



QUALIFICATIONS

You must be a patient of the Reno Sparks Tribal Health Center.

Pictured is the basket that will be raffled for the month of April.

Raffle Month & Draw Date

May 6/1/2022	July 8/1/2022	September 10/3/2022	November 12/1/2022
June 7/1/2022	August 9/1/2022	October 11/1/2022	December 1/2/2023

OROVADA, NEVADA (April 18, 2022) — Archeological procedures began at the site of the planned Thacker Pass lithium mine this week in what the Reno-Sparks Indian Colony (RSIC) says it is a violation of Native American rights.

"These procedures are desecrating the resting place of our ancestors in violation of the Native American Graves Protection and Repatriation Act [NAGPRA]," says Michon R. Eben, Tribal Historic Preservation Officer for the Reno-Sparks Indian Colony. "The Federal Government should be ashamed of the lack of government-to-government consultation by BLM Winnemucca and Far Western Anthropological Research Group, Inc."

Thacker Pass was the site of a 1865 massacre of Paiutes committed by the U.S. military.

In a letter (attached) the Tribe sent to the archeological firm conducting the dig, Far Western Anthropological Research Group, Inc., the RSIC demands "Far Western to immediately halt the planned archeological digs and refuse to participate in the desecration of Thacker Pass for corporate greed."

The Thacker Pass lithium mine has become an internation-



Shelley Harjo, RSIC Employee & McDermitt Paiute Tribal Member, and her son William Darrough, talk about PeeHee Mu'huh and what it means for future generations. Photo by: Bucky Harjo

al scandal since January of last year, when protests began at the site of the mine. Environmentalists, tribes, and ranchers have filed suit against the proposed mine in federal court, alleging violations of various Federal laws, and calling for Congressional investigations into the matter. The project was "fast-tracked" under the Trump administration.

"How would you feel if your loved ones were massacred in a sacred, prayerful area with no closure to their deaths for the profit of stolen land, and now your same sacred ancestral lands are now being uprooted without proper federal consultation for the profit of the largest lithium mine in America?" Chairman Melendez asked. "The consultation process with tribal nations must be adhered to."

"This is a fight for justice, a fight for the planet, and a fight for what is right," said Will Falk, an attorney for RSIC. "We need everyone to help us in

stopping this desecration."

SUMMARY OF 7-PAGE LETTER SENT TO BLM WINNEMUCCA:

Reno-Sparks Indian Colony's (RSIC) outlined a letter of its perspective of the unprincipled proposed excavations that Far Western Anthropological Research Group, Inc. (Far Western) is currently undertaking at the Paiute and Shoshone peoples important Traditional Cultural Property, Thacker Pass. These archeological procedures include excavating Native American cultural resources, sacred objects and disturbing the resting place of Paiute ancestors massacred on September 12, 1865 Nevada Calvary.

Thacker Pass Lithium Mine Project (Project) is the nation's largest and most complex lithium mine. The Project became an international scandal since January of last year, when protests began at

Continued on page 9



Photo of Nipple Rock where Massacre occurred.

HELP WANTED

Recruiting Couriers



MUST BE 13 YEARS OR OLDER

RSIC Front Office is looking for community members to deliver flyers to Reno and Hungry Valley's communities. You can stop by the Administration Office to Pick up a contract.

Contact
gdressler@rsic.org OR
iplascencia@rsic.org



Administration office located
34 Reservation Rd, Reno NV 89501

Made with PosterMyWall.com

Administration Office hours 8am-5pm
Monday - Friday

CALL US: (775) 329-2936

WELL CHILD VISIT

PARENTS KNOW WHO THEY SHOULD GO TO WHEN THEIR CHILD IS SICK. BUT PEDIATRICIAN VISITS ARE JUST AS IMPORTANT FOR HEALTHY CHILDREN.

Regular checkups are an important way to keep track of your child's health and development. Your health care team will take measurements, conduct a head-to-toe examination, update immunizations, and answer questions you may have. Be sure to share your successes and milestones, any concerns about your child's development, and challenges in daily routines. These visits are a chance to learn as much as you can about the best ways to help your child grow and thrive!

WHAT DOES A WELL CHILD CHECK CONSIST OF?

A complete history during the well-child visit includes information about birth history, prior screenings, diet, sleep, dental care, and medical, surgical, family, and social histories. A head-to-toe examination should be performed, including a review of growth.



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Honoring All Who Served



In Observance of Memorial Day

RSIC ADMIN OFFICES
&
TRIBAL HEALTH CENTER

WILL BE CLOSED
Monday, May 30th, 2022

Will reopen as normal on
Tuesday, May 31st, 2022

Have a Safe and Wonderful Holiday!

Made with PosterMyWall.com

ADMIT YOU'RE A SINNER.
AND
ASK HIS FORGIVENESS.

ROMANS 3:10,23; ALSO 5:8, 6:23

BELIEVE HE DIED
FOR YOU AND ROSE
AGAIN 3 DAYS LATER.
JOHN 3:16; 14:6

CONFESS WITH YOUR
MOUTH THAT JESUS
IS LORD!
ROMANS 10:9-10

THE ABC'S OF SALVATION



PRIMARY CANDIDATES MEET & GREET

Tuesday, May 10th, 2022

6 pm - 8 pm

Reno-Sparks Indian Colony

Multipurpose Room

34 Reservation Rd Reno, NV 89502

If unable to attend in person, zoom information:

Meeting ID: 986 4800 6174

Passcode: 509017

*Join WashoeDEMS for a meet & greet with the
Democratic candidates who will appear on the
June 14th Primary Election ballot.*

Light refreshments provided.

Contact:

Emma Williams

info@WashoeDEMS.org





**RENO-SPARKS INDIAN COLONY
PUBLIC COMMENT FORM
RSIC Enrolled Members Only**

FORM MUST BE FILLED OUT COMPLETELY
PLEASE EMAIL TO COMMENTS@RSIC.ORG
OR DROP OFF TO FRONT OFFICE:
34 RESERVATION RD, ATTN: TRIBAL SECRETARY

DATE: _____

NAME: _____

ADDRESS: _____

IF APPLICABLE, AGENDA ITEM NO.(S) _____

1. TOPIC: _____

BRIEF STATEMENT: _____

2. TOPIC: _____

BRIEF STATEMENT: _____

3. TOPIC: _____

BRIEF STATEMENT: _____

4. TOPIC: _____

BRIEF STATEMENT: _____

DO YOU WISH TO SPEAK? Yes _____ No _____

In Favor _____ In Opposition _____

COMMENTS ARE LIMITED TO FIVE (5) MINUTES TOTAL FOR ALL TOPICS YOU
WISH TO BE READ INTO THE MINUTES

THE TRIBAL COUNCIL REQUESTS ALL CONCERNS
BE EXPRESSED IN A COURTEOUS MANNER

THANK YOU FOR YOUR COOPERATION AND PARTICIPATION

Cont.. Archeological Procedures Begin at Thacker Pass Ancestors and Sacred Sites in the Firing Lane

the site of the mine. Environmentalists, tribes, and ranchers have filed suit against the proposed mine in federal court, alleging violations of various Federal laws, and calling for Congressional investigations into the matter. The project was "fast-tracked" under the Trump administration.

If we don't hold federal agencies, mining companies and archeological contractors accountable for their unethical profitable tactics, then we will watch Nevada become waste land and ongoing exploitation of Indigenous people's culture for future lithium mines. Federal undertakings, including mining projects, must include federally recognized tribes throughout the entire process.

BLM failed to meet its responsibilities under the National Environmental Policy Act (NEPA), Native American Graves and Repatriation Act (NAGPRA), Archeological Resources Protection Act (ARPA) and National Historic Preservation Act (NHPA). BLM did not provide tribes who attach cultural and religious significance to Thacker Pass a reasonable opportunity to identify concerns about Native American cultural sites, advise on the identification

and evaluation of traditional religious and cultural importance, articulate views on the Thacker Pass Lithium Mine Project's effects on these Native American sites, and partici-



pate in the resolution of adverse effects as required by the NHPA. BLM and Far Western failed to include in its reports, the September 12, 1865 massacre. There are 100+ documented massacres in the Great Basin from 1864-1868. This is American History. It is Nevada history. The Paiute people are important, not just for the artifacts on and in the ground that may yield information and academic acclaim for archeologists. Taking these artifacts and disturbing burial sites would constitute yet another shameful chapter in a long history of settlers trying to destroy or commit genocide on Native history and culture. In the letter, the RSIC reminded Far Western of the archeological ethical principles and the Archeological Institute of America's Code of Professional Standards. The RSIC further

reminded Far Western that by excavating Thacker Pass, Far Western will be demonstrating that major contracts, money and academic papers are more important to its organization than approaching archeology in a moral way and respecting federally recognized Tribe's legitimate concerns of the desecration of its ancestral's past life ways including its sacred sites.

The RSIC requested Far Western to take all these objections into consideration and seriously recognize that we need to re-vision the relationship between Archaeology and Indigenous Peoples. Central to this is the need for archeological firms to base its work and science on morality and ethics rather than extraction of fast tracked projects that forever negatively adversely affect Native American ancestors, sacred sites and knowledge. The RSIC requests that Far Western (and any other archeological firm that may be participating in unprincipled excavations) immediately halt the archeological digs and refuse to participate in the desecration of Thacker Pass for corporate greed.

View official letter at www.rsic.org. Info at protectthackerpass.com.

GREAT BASIN INDIGENOUS WOMEN RISING INVITES YOU TO THE

RED DRESS SOCIAL POWWOW

Dancing and Bringing Awareness to Missing and Murdered Indigenous Peoples



MASTER OF CEREMONIES

Carlos Calica

ARENA DIRECTOR

Joseph Smith

HEAD WOMAN

Cheryl Johnson

HEAD MAN

James Phoenix

HOST DRUM: YOUNG HEART

FRIDAY, MAY 6th, 2022
GRAND ENTRY: 7pm

RED DRESS SPECIAL: Sponsored by Head Woman and Family

Boys & Girls Club

1300 Foster Drive, Reno, NV

MASKS ARE REQUIRED. VENDORS, SPONSORS, JINGLE DANCERS AND
DRUMS NEEDED. CALL BEVERLY (775) 857-8750

Register at:

bit.ly/RedDressPowwow2022



Department of
Gender, Race, and Identity
College of Liberal Arts





MOST PRICES 10% LOWER THAN COMPETITORS!!

ORDER ONLINE | THREENATIONSCANNABIS.COM
11570 S. VIRGINIA ST. | RENO, NV

FOOD BANK
OF NORTHERN NEVADA

VISIT THE
FOOD BANK OF NORTHERN
NEVADA'S MOBILE HARVEST
IN HUNGRY VALLEY

**FRIDAY
5/27/22
9AM-10:30AM**

WHERE:

**HV GYM PARKING LOT
LIMIT ONE DISTRIBUTION PER WEEK**

DRIVE
THROUGH
UNTIL
FURTHER
NOTICE

A BIG THANK YOU TO OUR VOLUNTEERS!!

PLEASE NOTE:

- EACH FAMILY (NOT PERSON) RECEIVES ONE DISTRIBUTION
- CLIENTS MAY PICK UP FOR UP TO 3 FAMILIES NOT PRESENT
- VOLUNTEERS DISTRIBUTE BASED ON WHAT FBNN STAFF WRITES ON WINDSHIELDS

**WE HAVE MOVED...
to a New Location**

1933

OUR NEW OFFICE

**1933 Prosperity Lane,
The old EMS Office.**

With a Spacious Lobby & Greater Services

The Enrollment Office will no longer be in back of the building (the gray door), you can access the office from the front. The door will be open to welcome you in M-F 8 am - 5 pm.

Jessica Castillo email: jcastillo@rsic.org
Jessie Astor email: jastor@rsic.org

(775) 785-1306 www.rsic.org

Mother's Day Bingo

Date: **May 6, 2022**

Time: **6:00 PM – 7:30 PM**

Where: **34 Reservation Road
Multipurpose Room**

Chocolate Fountain

HAPPY MOTHER'S DAY

- This event is for mothers only. Thank you!
- Refreshments will be provided.
- All RSIC Recreation events/activities are solely for the enjoyment of enrolled RSIC Members and RSIC/HV Residents

For more information please call Recreation Program @ 775-329-4930



Pathways To Health

**Food and Exercise
as Medicine**

**Healthy Foods
Delivered To Your
Door!**



**Complete the survey on
the next page to apply
for the program.**

Supported by: RSIC Diabetes Program &
Renown Community Benefit Partnership
Grants

Weekly Delivery

- ✓ Great Recipes
- ✓ Food Demos
- ✓ Transport to Exercise
- ✓ Education Opportunities On Nutrition
and Leading A Healthy Lifestyle



**Questions?
Call Stacy Briscoe
(775) 329-5162 Ext.
1945**

Sponsored by the RSIC Diabetes Program



Pathways to Health

Food and Exercise as Medicine

Dear Participant,

Please complete this survey to determine if you are eligible for the Pathways to Health, Food as Medicine program. Thank you for your participation.

1. I am _____ years old. D.O.B. _____
2. Within the past 12 months, I/we worried whether our food would run out before we got money to buy more. (Yes/No)
3. Within the past 12 months, the food bought just didn't last and we didn't have money to get more. (Yes/No)
4. I am diabetic. (Yes/No)
5. Write the number of people in your household in each age group:
Remember to count yourself.
 - a. Children 18 years or younger _____
 - b. Adults 19-59 years _____
 - c. Adults 60 years or older _____
6. I have reliable transportation or have access to it in my household.
(Yes/No)
7. Home address _____

8. Phone Number _____
9. Date: _____

Name: _____ (required for application)

Please return to Andrea Ramirez at the 3NWC, in one of the bamboo boxes located in each lobby, call my cell 775-462-1800 or email me at aramirez@RSICClinic.org

Thank you!

Pathways to Health and RSIC Diabetes Program Staff

Accept/Decline Date: _____ Staff Initials: _____



Reno-Sparks Indian Colony
Senior Center Lunch Menu
34 Reservation Rd Building F
775-785-1349

2022

Monday	Tuesday	Wednesday	Thursday	Friday
2) Beef Stew Side Salad WW Roll Cantaloupe 	3) Turkey & Swiss Wrap WW Tortilla Lettuce & Tomato Baked Chips Apple Slices	4) Chicken Rice Pilaf 5 Way Veggies Grapes	5) Beef Enchilada Spanish Rice Mango	6) Multigrain Pancakes Bacon Tomato Wedges Mix Berries
9) Steak & Mushrooms Baby Baked Potatoes Asparagus Watermelon	10) Pork Chops Orzo Pasta Salad Apple Sauce	11) Chicken Taco South Western Salad Mandarin Oranges 	12) Pulled Pork Sandwich WW Bun Coleslaw Fruit Cup	13) Turkey Sub WW Hoagie Lettuce & Tomato Baked Chips Orange
16) Taco Salad Black Beans, Cheese, Olives, Onion, And Tomato Melon	17) Teriyaki Chicken Brown Rice Broccoli Apricots	18) Beef Spaghetti 5 Way veggies French Bread Orange	19) Baked Chicken Mashed Potatoes Green Beans Apple	20) Oatmeal Boiled Egg Carrot & Celery Sticks Banana 
23) Chicken Salad Sandwich WW Bread Lettuce & Tomato Baked Chips Cheese Stick Pear	24) Pork Chops WW Noodles Gravy Cal Blend Veggies Tropical Fruit	25) Roast Beef Mashed Potatoes Green Beans Honeydew 	26) Chicken Cesar Salad WW Roll Grapes	27) Steak Scrambled Eggs WW English Muffin Tomato & Cucumber Salad Peaches
30) Pepper Steak Brown Rice Cantaloupe 	31) Lasagna Dark Green Salad Watermelon			Brunch On Friday's Will Be Served From 10:30am -12pm

Please tie up your dog(s) during delivery times 10 am- 1 pm.

Staff will not enter yards with loose dogs.

Reminder to call before 10:00 am to cancel or add your meal delivery. 775-329-9929

*Vitamin C - Daily +Vitamin A - 3x per week 1% Milk Daily

Menu is subject to change without notice.

COVID 19 Reminder- Your meal will be in a plastic bag and placed on your doorknob or driveway fence if you have loose dogs. Please listen for staff to honk and knock then pick up your meal bag after they leave. Staff will return within 15-20 minutes. Meal bags that stay on the door or fence will be removed and a "missed you" note will be left. This ensures safe temperatures of food.

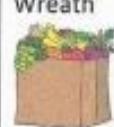
May

Reno-Sparks Indian Colony
Senior Center Activities Calendar

34 Reservation Rd
Building F

2022

775-785-1349

Monday	Tuesday	Wednesday	Thursday	Friday
2) 1:00 pm Senior Advisory Committee Meeting Call to sign up for Cake Decorating	3) 5:00 pm Older Americans Month Event @34	4) 12:00 pm Paiute Language Class Last day to sign up for Cake Decorating	5) 1:00 pm Cake Decorating in Person Sign up Required 6:00 pm Shoshone Language Class	6) 
8) Sunday: Mother's Day 9) 6:00 pm Mother's Day Dinner & Bingo @34 	10) 1:00 pm Start Star Quilt Block Pillow Case 	11) 12:00 pm Paiute Language Class 12:00 pm Domestic Violence Presentation	12) 1:00 pm Star Quilt Block 6:00 pm Shoshone Language Class	13)
16) 9:00 am Food Pantry 	17) 1:00 pm Star Quilt Block	18) 12:00 pm Paiute Language Class 1:00 pm Finish Star Quilt Block Pillow Case	19) 12:00 pm Tribal Police Presentation 6:00 pm Shoshone Language Class	20)
23) Sign up for Movies next week	24) 8:00 am Commodities @ 34 Drive thru only No deliveries 1:00 pm Memorial Day Wreath 	25) 12:00 pm Paiute Language Class 1:00 pm Memorial Day Wreath	26) 1:00 pm Memorial Day Wreath Last Day to Sign up for Movies 	27)
30) Memorial Day Senior Center Closed no lunches served or delivered	31) 1:00 pm Movies @ Century Parklane Sign up Required 		<p>Note: Paiute Language & Shoshone Language Classes are on Zoom. Zoom Meeting ID: 973 902 8272.</p>	

*Paiute/Shoshone Language Classes, if you have any questions, or need help, call Language & Culture 775-785-1321.

Activities are subject to change or cancel without notice.

Sunday May 8th Mother's Day

Monday May 30th Senior Center Closed for Memorial Day

At least 3 Participants needed to transport to the movies.



RESOURCE LIST

EMERGENCY SITUATIONS CALL 9-1-1

RSIC TRIBAL POLICE	(775) 785-8776 RENO (775) 785-7965 HV
RENO POLICE DEPARTMENT	(775) 334-2175
SPARKS POLICE DEPARTMENT	(775) 353-2231
WASHOE COUNTY SHERIFF'S DEPARTMENT	(775) 328-3001

CRISIS HOTLINES

CRISIS CALL CENTER	(775) 784-8090 TEXT "LISTEN" TO 839863
CRISIS TEXT LINE	TEXT "START" TO 741-741
NATIONAL SUICIDE PREVENTION LIFELINE	1(800) 273-8255
RAPE ABUSE/INCEST/NATIONAL NETWORK(RAINN)	1(800) 656-4573
SAFE EMBRACE	(775) 322-3466 (24 HOUR DOMESTIC/SEXUAL VIOLENCE, SEXUAL ASSAULT, HUMAN TRAFFICKING)
STRONG HEARTS NATIVE HELPLINE (DOMESTIC VIOLENCE, DATING VIOLENCE)	1(844) 752-8483

MENTAL HEALTH SERVICES

RENO SPARKS TRIBAL HEALTH CENTER BEHAVIORAL HEALTH DEPARTMENT	(775) 334-4307
NEVADA URBAN INDIANS	(775) 788-7600
NORTHEN NEVADA ADULT MENTAL HEALTH SERVICES	(775) 688-2001
WEST HILLS HOSPITAL	(775) 3230478
RENO BEHAVIORAL HEALTH	(775) 393-2200
HOPES CLINIC	(775) 788-4673
ST. MARY'S BEHAVIORAL HEALTH	(775) 770-3905
NEVADA 211	DIAL 2-1-1 (COUNSELING, EMERGENCY FOOD, HOUSING, EMERGENCY SHELTER, DENTAL SERVICES, MEDICAL SERVICES, DRUG ABUSE TREATMENT, HOMELESS SERVICES, SUICIDE PREVENTION, ETC.)

YOU ARE NOT ALONE! If you need support please reach out.



Reno Sparks Tribal Health Clinic, 1715 Kuenzli Street, Reno, NV 89502
(775) 329-5162

TEEN RESOURCES

TEXT LINES

TEXT "LISTEN" TO 839863

CRISIS TEXT LINE: DEPRESSION, GRIEF, LOSS, DOMESTIC VIOLENCE, SEXUAL ASSAULT, SUBSTANCE ABUSE, THOUGHTS OF SELF-HARM

TEXT "TREVOR" TO 1-202-304-1200

THE TREVOR PROJECT: SAFE, ACCEPTING, INCLUSIVE ENVIRONMENT FOR YOUTH WHO IDENTIFY AS LESBIAN, GAY, BISEXUAL, TRANSGENDER, QUEER AND/OR QUESTIONING

CRISIS HOTLINES

CRISIS CALL CENTER

(775) 784-8090

SUICIDE PREVENTION LIFELINE

1-800-273-8255

THE TREVOR PROJECT

1-888-488-7386

NATIONAL DOMESTIC VIOLENCE

1-800-799-7233

NATIONAL CHILD ABUSE

1-800-422-4453

MENTAL HEALTH SERVICES

RENO SPARKS TRIBAL HEALTH CENTER

BEHAVIORAL HEALTH

(775) 334-4307

PYRAMID LAKE TRIBAL HEALTH CLINIC

BEHAVIORAL HEALTH

(775) 574-1018

NEVADA URBAN INDIANS

(775) 788-7600

WEST HILLS HOSPITAL

(775) 323-0478

RENO BEHAVIORAL HEALTH

(775) 393-2200

HOPES CLINIC

(775) 788-4673

ST. MARY'S BEHAVIORAL HEALTH

(775) 770-3905

NEVADA 211

DIAL 2-1-1

(RUNAWAY SHELTER, BIRTH CONTROL, TUTORING, TEEN PREGNANCY RESOURCES, HELP WITH FINDING A JOB, & SCHOOL SUPPORT)

SAFE PLACE

(775) 352-8090

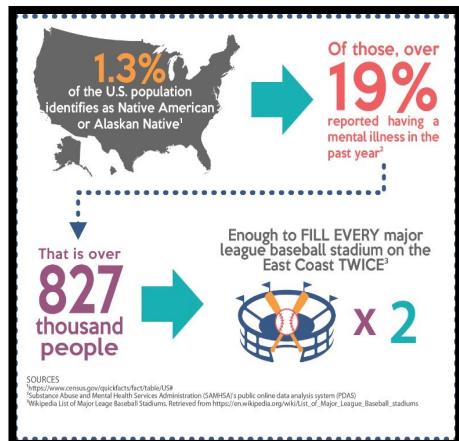
(HOMELESS & AT-RISK YOUTH)

YOU ARE WORTH IT! If you need support reach out.

Back to the Basics—Mental Health Awareness Month

By: *Vanessa Williams, RSTHC Prevention Outreach Coordinator*

Reno, NV (May 1, 2022)- May is Mental Health Awareness Month. Are you or someone you know living with a mental health or behavioral health issue? According to Mental Health America, 19% of Native American/Alaskan Natives reported having a mental illness in the past year.



Mental health issues can include: anger, anxiety, bipolar disorder, body dimorphic disorder, depression, personality disorders, drug misuse, alcohol misuse, eating problems, hoarding, obsessive compulsive disorder, panic attacks, paranoia, post-traumatic stress disorder, postnatal depression, phobias, self-esteem, self-harm, sleeping problems, suicidal feelings, psychosis, just to name a few.

There are many factors that may influence a person to be at-risk for developing a mental health issue, and many of those we have no control over. But, there are also many positive factors that are unique to Native Amer-

icans that may reduce the likelihood of developing a mental health issue and help develop more positive outcomes when living with a mental health issue. These things are called protective factors. When we embrace these protective factors and pass them onto future generations we significantly reduce the likelihood of developing some issues with mental health.

One very unique protective factor that we have is a strong sense of being connected. Connected to the Earth, connected to history, connected to traditions, connected to our communities, connected to family.

Have you ever been visiting somewhere new and you see another Native? You make eye contact and give that head nod. You just know and don't have to ask them "Are you Native?" Instead the first thing you do is ask them "Where are you from?" That sense of pride to tell them where you are from, what State, what city, what Tribe (Rez) starts to come out, making a deeper connection.

When it comes to being healthy mentally this sense of connection is very important. Learning new ways to connect to culture helps to balance our lives. If you are feeling overwhelmed, negative, and/or stressed this would be a great time to prac-

tice self-regulating by burning some sage. If you haven't done this before, this would be good opportunity to reach out to family and/or friends and learn. If you do this already, then this would be a good opportunity to teach someone else. This is one example of a tradition that is unique to Natives. Sweat, beading, making regalia, making ribbon skirts/shirts, gathering traditional medicine, cooking traditional foods, and preparing to dance are other examples of connecting to culture that leave your mind, body, and/or spirit in a better place than when you started.

Remember to check-in with yourself regularly. Get as much self-care as you can. Be selfish with yourself. You deserve it.

As always if you need some extra help give us a call at (775) 329-5162 ext. 2014. YOU ARE NOT ALONE.

Reservation Dogs
Wellness Meter
How are you feeling today?

William Knifeman *war hoops* (unknown warrior)

IHS Monday Vides

I'm just here for free candy

Tasted white man's lead

WERNATIVE



Thinking About Getting a **Second COVID-19 Vaccine Booster Dose**

In March 2022, CDC updated its COVID-19 vaccination guidance to say that certain groups of people *may* get second boosters. If you're in one of those groups, it's up to you whether or not to get a second booster right now, based on the benefits and risks the vaccine may provide to you. Your healthcare provider can help you review your options.

Here are factors to think about as you consider a second booster.

1. Are you eligible?	Right now, you're eligible for a 2nd COVID-19 booster if you're: <ul style="list-style-type: none">• 50 years of age and older <i>and</i> received an initial booster at least 4 months ago.• 12 years of age and older <i>and</i> moderately or severely immunocompromised <i>and</i> received an initial booster at least 4 months ago• Received 2 doses of Janssen vaccine at least 4 months ago
2. Are you (or is someone you live with) more likely to get very sick?	Certain factors can make it more likely someone will get very sick from COVID-19. If you are eligible for a second booster (see above), it may be helpful to get a second booster now if you are (or if someone you live with is): <ul style="list-style-type: none">• Moderately or severely immunocompromised• More likely to get very sick from COVID-19• More likely to be exposed to COVID-19 through your job, where you live, or other factors (such as frequent travel or large gatherings)• In an area with medium to high COVID-19 community levels• Or if someone you live with is unvaccinated.
3. Can you wait?	Even if you are eligible for a second booster, you may consider waiting to get a second booster if you: <ul style="list-style-type: none">• Had COVID-19 within the past 3 months• Feel that getting a second booster now would make you not want to get another booster in the future (a second booster may be more important in fall of 2022, or if a new vaccine for a future COVID-19 variant becomes available).
If you get a second booster:	<ul style="list-style-type: none">• Make sure it's been at least 4 months since your last COVID-19 booster.• Remember that second boosters can only be Moderna or Pfizer-BioNTech (and for 12-17 year-olds, only Pfizer-BioNTech).• You can self-attest that you have a moderately or severely weakened immune system. This means you do not need any documentation that you have a weakened immune system to receive COVID-19 vaccines (including boosters) wherever they're offered.

CDC References and Resources:

COVID-19 by County www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html

Interim Clinical Considerations for Use of COVID-19 Vaccines Currently Approved or Authorized in the United States: www.cdc.gov/vaccines/covid-19/clinical-considerations/interim-considerations-us.html

Interim COVID-19 Immunization Schedule for Ages 5 Years and Older:

www.cdc.gov/vaccines/covid-19/downloads/COVID-19-immunization-schedule-ages-5yrs-older.pdf

People with Certain Medical Conditions

www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html

U.S. COVID-19 Vaccine Product Information: www.cdc.gov/vaccines/covid-19/info-by-product/index.html



COVID-19 SECOND BOOSTER



AVAILABLE

at

**RSTHC
1715 KUENZLI STREET
RENO, NV. 89502**

Mon. Tues. Thurs. Fri.

8 AM - 4:30 PM

Weds.

8 AM - 12:00 PM

CALL TO MAKE
AN
APPOINTMENT
775 334 - 0444



Reno-Sparks Indian Colony New Employees

Georgianna Wasson—Education - Head Start Teacher HV

Carrie Brown—RSTHC - Interim Health Center Director

Joan Lowery—Finance - Procurement Technician

Lindsey Plascencia—Front Office - Administrative Assistant-1

Daisy Nuanes—Recreation - Recreation Supervisor HV

Sierra Rambeau—THPO Office - Program Assistant/Oral Historian-THPO

Patrick Francis—Public Works - Maintenance Supervisor

Victor Hsiao—RSTHC - Staff Pharmacist / FT

Erica Jangular—RSTHC - Optometry Technician

Sandy Galvan—Education - Child Care Aide-Reno FT

Hethoe Orr—RSTHC - Community Health Transporter

Little Buck Harjo—PR Office - Public Relations Officer Assistant

Heather Scott—Education - 477 Client Intake Coordinator

Candace Stowell—Planning Dept. - Planning Division Director



*Photos of Easter
Celebrations at RSIC!
Thank you to all
who attended Easter 2022!*



RSIC Collaborates with FHWA, NDOT & Ames Construction

SBX Project Sneak Peak of Cultural Elements



Reno, NV (April 26, 2022)-

RSIC, Nevada-Since the year 2016, the RSIC Planning Department, Cultural Resource Program/THPO and Economic Development Department have been collaborating on the Spaghetti Bowl Express (SBX) project with the Federal Highway Administration (FHWA) and Nevada Department of Transportation (NDOT). This federal project was analyzed through the National Environmental Policy Act (NEPA) and the National Historic Preservation Act (NHPA). During the years of 2018-2019, the RSIC Cultural Resource Program/THPO and

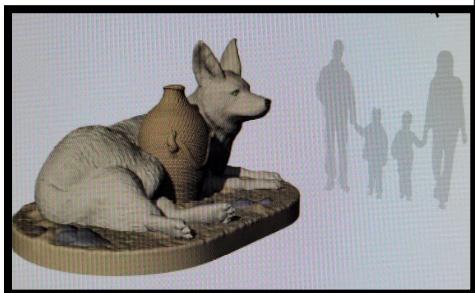
its advisory group, the Tri Basin Cultural Committee (TBCC) worked with NDOT's Land-



scape & Aesthetics Program to prepare relevant cultural elements to the SBX. The 'theme' of the SBX cultural elements

are the RSIC's history and traditions, all inclusive of the Shoshone, Paiute and Washoe peoples. We are giving the RSIC a small sneak peek (in draft form) of what is coming.

There will be feature walls that tell stories of the first beings, the animals; oral histories of the human beings; traditions of weaved baskets, and; contemporary dances that the RSIC participates in today. There will be statues consistent with the cultural elements and appropriate landscapes throughout the areas. These cultural elements will be placed on the Mill Street bridge, sound wall on the freeway, Second/Glendale St. Bridge and in the sections of where cars will be exiting and entering the freeway. The tentative date for the completed and placed cultural elements is late Fall 2022.



RSTHC Behavioral Health

DUI CLASS

WEEKLY
Mondays @ 3 pm

**Level II,
II-X, & III**

- ✓ MAKE POSITIVE CHANGES TO YOUR HIGH-RISK DRIVING BEHAVIORS
- ✓ LEARN HOW ALCOHOL & OTHER DRUGS AFFECT DRIVING ABILITY
- ✓ EXAMINE YOUR SUBSTANCE ABUSE PATTERNS
- ✓ EXPLORE THE LINK BETWEEN THOUGHTS, FEELINGS & BEHAVIOR
- ✓ DEVELOP A PLAN FOR CHANGING YOUR IMPAIRED DRIVING BEHAVIOR

**All in-person participants are required to wear a mask. Please call the following number to sign-up

(775) 334-0989
or
(775) 329-5162 ext. 2010

THURSDAYS
4:00-5:30 PM

DOMESTIC VIOLENCE CLASSES

MASKS ARE MANDATORY FOR ALL IN-PERSON CLASSES PLEASE CALL TO SIGN-UP

(775) 334-0989
or
(775) 329-5162 ext. 2010

Behavioral Health
1715 Kuenzli Street
Reno, NV 89502

RSTHC Behavioral Health

groups
recover together

WHO WE ARE

Groups Recover Together is an outpatient opioid use disorder treatment provider dedicated to delivering evidence-based addiction treatment. Everyone who joins Groups gets Suboxone from a doctor right away, so no one needs to worry about being sick. Our team understands that simply replacing pills or heroin with Suboxone isn't the long-term answer. We don't just enroll people in treatment, we help members build a life worth being sober for.

OUR MODEL

Our model is built on 3 pillars of care including medication, therapy, and support to meet the unique needs of people in recovery. Members receive suboxone, attend weekly group therapy, and have access to a recovery support team that includes peers and navigators. We surround members with a devoted community of people who understand what they are going through and are committed to their success.

MEDICATION

Our clinicians prescribe Suboxone with consistency, making sure every member receives the right dose.

WEEKLY GROUP THERAPY

All members attend a weekly group led by a provider, members can attend a group via computer or smartphone.

COMPREHENSIVE RECOVERY SUPPORT

Our team of peers and navigators will help address other aspects of life that impact recovery. This work can take place beyond the walls of our clinics in community settings, by phone, and via text and includes:

- Securing employment, housing, and transportation
- Applying for unemployment, SNAP, TANF, and health insurance
- Regular check ins from someone who understand what members are going through, often a person with lived experience.

HOW TO ENROLL

- CALL US ANYTIME, 24/7** When someone is ready for treatment, we are always available and work hard to get them in right away. We don't believe in wait lists.
- MEET YOUR COUNSELOR AND PROVIDER** New members meet with a counselor and provider to determine if there is a good fit with our program, and the right dose of Suboxone to prevent cravings.
- BEGIN PARTICIPATING IN WEEKLY GROUP** Groups are small (10-15) and with the same people every week and take place during daytime hours and in the evening. Times are designed to fit into people's schedules so they do not interfere with work or everyday life.

Give us a call and we'll work with you to schedule a 30-minute intake and your first appointment within 48 hours.

GROUPS NEVADA: (775) 238-4471

RSTHC Behavioral Health

Harnessing the power of change

ANGER MANAGEMENT
TUESDAYS AT 4:00PM

MASKS ARE MANDATORY FOR ALL IN-PERSON CLASSES
Please Call to Sign Up
775-334-0989
OR
775-329-5162 extension 2010

THE BENEFITS
Knowing Your Triggers
Learn to identify what sets you off or worsens your anger

Communication Skills
Learn how to express feelings and needs assertively (not aggressively)

Respond Instead of React
Calm yourself down

RSIC BEHAVIORAL HEALTH & COMMUNITY HEALTH

Presents

"PARENTS NIGHT OUT"

(families with children 12-21 years old)

3 GOALS

1 GET INFORMED

INCREASE AWARENESS OF THE PREVALANCE AND RISK OF UNDERAGE DRINKING AND OTHER DRUG USE.

2 BE PREPARED

LEARN KNOWLEDGE, SKILLS, AND GAIN CONFIDENCE TO PREVENT UNDERAGE DRINKING AND OTHER DRUG USE.

3 TAKE ACTION

INCREASE PARENTS' ACTIONS TO PREVENT UNDERAGE DRINKING AND OTHER DRUG USE.

May 16, 2022

5:30pm-7:00pm

RSTHC Conference Room

- Open to all RSIC enrolled/community members & RSTHC patients.
- Light refreshments will be served.
- CHILDCARE AVAILABLE
- 10 FAMILY SPOTS

CALL TO SIGN UP

VIRTUAL AND IN-PERSON AVAILABLE
(775) 329-5162 EXT 2009



Substance Abuse and Mental Health Services Administration

Substance Use Prevention



DEADLINE APRIL 28, 2022



- Attention Deficit Hyperactivity Disorder (ADHD)
- Anxiety Disorders
- Autism
- Bipolar Disorder
- Depression
- Eating Disorders
- Post-Traumatic Stress Disorder (PTSD)
- Schizophrenia
- Suicide Prevention
- Substance Misuse
- HIV/AIDS
- Paranoia

Pick any mental health topic and create a poster.

Age Categories: 5-11, 12-14, 15-18, & 19+

Designs can be submitted to

vwilliams@rsicclinic.org or dropped off at the Behavioral Health Department of the Reno-Sparks Tribal Health Center (RSTHC). Open to all RSTHC patients, RSIC enrolled members, & RSIC community members.

Questions?? Call (775) 329-5162 ext. 2014



RSTHC Behavioral Health, Three Nations Wellness, & Community Health Departments presents

You're invited



**WELLNESS BALANCING
VISION BOARD
PARTY**

May 23, 2022 5:30pm

Open to all RSTHC patients, RSIC enrolled members, & RSIC community members

Questions?? (775) 329-5162 ext. 2009/1943/1949

FROM THE THREE NATIONS WELLNESS CENTER! HELLO

Did You Know?

It is important for every person with diabetes to have certain exams and labs at least once a year and sometimes more often. Do you or someone you know need to have their recommended screenings?

Listed below are the exams, tests and immunizations that should be completed and the frequency.

YEARLY EXAMS:

- Dental Exam
- Eye Exam
- Complete Foot Exam
- Neuropathy (nerve) Screening

EDUCATION:

- Diabetes Education
- Nutrition Education
- Exercise Instruction

LABS

- Cholesterol, HDL, LDL, & triglycerides (yearly or as directed)
- Kidney Function Labs (yearly)
- A1C for average blood sugar over 3 months (every 3 months or as directed)

IMMUNIZATIONS:

- COVID-19 & booster
- Flu Shot
- Hep B (under 60 y/o)
- Zoster (over 50 y/o)
- Tetanus-diphtheria (every 10 years)

It is time to schedule you or your loved one's diabetes screenings.

Call 775-329-5162 to schedule with your RSTHC Provider or 3NWC Dietitian/Diabetes Educator



May is Mental Health Awareness Month. Come learn how to balance your spiritual, physical, mental, & emotional elements of your life. Event will be held in the Reno-Sparks Tribal Health Center.

Call to sign-up to ensure we have enough supplies, incentives, food, etc.

May 2022 is Skin Cancer Awareness Month

Anyone, No Matter Their Skin Tone, Can Get Skin Cancer : Quick Facts

The American Cancer Society estimates 770 Nevadans will be diagnosed with melanoma, the deadliest form of skin cancer, this year. Thousands more will be diagnosed with basal cell or squamous cell carcinomas.

More people are diagnosed with skin cancer each year in the U.S. than all other cancers combined, says the American Cancer Society.

Melanoma is the fourth most commonly diagnosed cancer in men and the fifth most commonly diagnosed cancer in women.

Men in Nevada are nearly twice as likely to be diagnosed with melanoma than women. The American Cancer Society

estimates nearly twice as many men than women will die of melanoma this year.

Melanoma is the #1 most diagnosed cancer among 25 to 29 year olds in the U.S. For 15 to 29 year olds, it is the 3rd most common for women.

1 in 5 Americans will develop skin cancer by age 70, according to the Skin Cancer Foundation.

About 90% of non-melanoma skin cancers are caused by exposure to UV radiation from the sun.

Skin cancer can affect people of nearly any age. American Cancer Society notes that men age 49 and under are more likely to develop melanoma than

any other cancer.

Skin Cancer in Skin of Color:

- Melanomas in people with skin of color most often occur on non-exposed skin with less pigment, such as palms, soles of feet, nail-beds and mucous membranes.
- People with skin of color, when diagnosed with melanoma are more likely to have a late-stage diagnosis, meaning that the cancer is in a more advanced stage.

Indoor Tanning and Cancer:

- According to the Skin Cancer Foundation, indoor tanning devices emit UV radiation in amounts 10-15 times

Continued on page 24

PROTECT ALL THE SKIN YOU'RE IN

Exposure to **ultraviolet (UV) rays**—from the sun or from artificial sources like tanning beds—is the most common cause of skin cancer.

*Anyone, no matter their skin tone,
can get skin cancer.*



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

higher than the sun at its peak intensity and are considered to be carcinogenic on the same level as cigarettes and plutonium.

- ◆ Any history of indoor tanning increases the risk of developing skin cancer. One study found women who have ever tanned indoors had a six-fold risk of developing melanoma in their 20s.
- ◆ The Skin Cancer Foundation also notes that more people develop skin cancer because of indoor tanning than develop lung cancer because of smoking.

Prevention:

- ◆ Anyone can reduce their risk of skin cancer by following the 5 Ss of Sun Safety:
 - **Slip** on sun protective clothing, such as long pants and sleeves.
 - **Slop** on broad spectrum SPF 30+ sunscreen and reapply at least every 2 hours.
 - **Slap** on a wide-brimmed hat to protect the ears, scalp, and face.
 - **Seek** shade or shelter, especially during peak sun hours between 10 a.m. and 4 p.m.
 - **Slide** of UV protective sunglasses.
- ◆ People should also avoid indoor tanning devices.

Early Detection:

- ◆ Knowing one's own skin and checking it regularly from head to toe can help



them to identify changes that could be cancerous or pre-cancerous. Using a handheld mirror and a friend or partner to check hard to see places (such as the back and scalp) can be done once a month.

- ◆ When checking one's skin, look for the ABCDEFs in moles:
 - **Asymmetry:** When drawing a line through, both sides should match.
 - **Border:** Uneven, jagged or irregular borders could be a sign of cancer.
 - **Color:** Moles that have a variety of colors or change color over time should be checked by a doctor.
 - **Diameter:** Moles that are larger than 6mm in diameter (about the size of a pencil eraser) should be checked by a doctor.
 - **Evolving:** Moles that change over time, such as getting larger, changing

color, itching, bleeding, or crusting, should be checked by a doctor.

- **Feeling:** Moles that have developed a new feeling, such as itching or pain, should be checked by a doctor.
- ◆ Dermatologists can conduct annual skin exams using a specialized, hand-held tool called a dermatoscope which uses light and magnification to see details of the skin that would not be otherwise visible.
- ◆ After a skin check with a dermatoscope, dermatologists may take a small scraping or remove an area of skin for examination in a lab to determine if it is cancerous, pre-cancerous, or the result of some other skin condition.

Questions? Call Reno-Sparks Tribal Health Center—775-329-5162.

More From Protect Thacker Pass:

Lithium Nevada to destroy golden eagle habitat



Photo of Golden Eagle at Thacker Pass or Pee Hee Mu'huh

Orovada, NV (April 2022) - We are very sad to report that the U.S. Fish and Wildlife Service have agreed to let Lithium Nevada destroy golden eagle habitat at Thacker Pass.

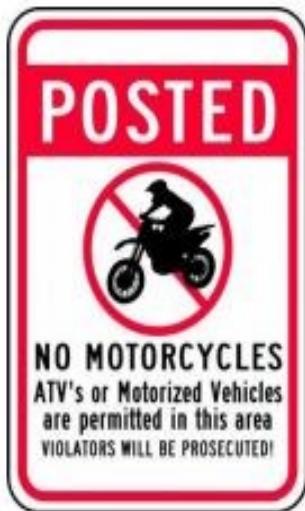
“The U.S. Fish and Wildlife Service received an application from Lithium Nevada Corporation requesting eagle take coverage under the Bald and Golden Eagle Protection Act. The application requested authorization for in-

cidental disturbance take of one golden eagle breeding territory located in proximity to the proposed Thacker Pass Lithium Mine Project in Humboldt County, Nevada. Project operations and activities may disturb the golden eagles and prevent them from breeding and producing offspring.

...the U.S. Fish and Wildlife Service plans to issue a permit to Lithium Nevada Corporation for incidental dis-

turbance take of one golden eagle breeding territory in the vicinity of Thacker Pass Lithium Mine Project. We anticipate issuing the permit in April 2022.” As we’ve said countless times, a “permit” is a permission to destroy the land, in this case, land that is critical habitat for golden eagles.

To learn more, contact Michon Eben, RSIC THPO, at 775-785-1325



ATTENTION
RSIC Hungry Valley Community
It is against the law to operate an
OHV in the RSIC communities

RSIC LAW and ORDER CODE:

Title V-Traffic Code

RSIC Section 5-3-424. Regulations for Off Road Operations of Vehicles

- (a) It shall be unlawful to operate any vehicle in any manner causing excessive disturbance to land, terrain, wildlife or vegetation, unless the area is expressly designated by the Colony for such purposes.
- (b) It shall be unlawful to operate a vehicle in a restricted use area in any manner not permitted therein.
- (c) It shall be unlawful to operate a vehicle in an area where off-road use is not permitted.
- (d) **Penalty:** \$25.00 fine.

Section 5-3-425. Restricted Areas. In the absence of a specific designation, all tribal lands shall be considered closed to the operation of off-road vehicles.

Types of Off Highway Vehicles (OHV): dirt bikes, mini dirt bikes, quad bikes, dune buggies and other all-terrain vehicles.

It is against the RSIC Law and Order Code to ride an OHV in the RSIC communities. OHV causes damage to the land, wildlife and terrain. OHV can also cause fires. Nevada is a high fire area. Hungry Valley community is a high fire area!



FREE Smoke Alarms Available to Reno Residents of Reno-Sparks Indian Colony



Volunteers with the Northern Nevada Chapter of the American Red Cross will install free smoke alarms in Reno Colony homes within the Reno-Sparks Indian Colony as part of the Sound the Alarm campaign.

The installation event will take place on **Saturday, May 14 from 10 a.m. to 1 p.m. at Reno Colony only**. In addition to the installation, volunteers will customize evacuation plans for each home, and share fire prevention information during the installation visit.

This is a free service and there is no obligation.

[To request a free smoke alarm installation for your home, contact the Red Cross at 775-954-1185.](#) The deadline to request an installation is Thursday, May 12.

The goal of this event is to prevent home fires. "Through the simple act of requesting a smoke alarm installation, residents of the Reno-Sparks Indian Colony are doing their part and making a commitment to help prepare our community for emergencies and disasters," explained Mary Powell, executive director of the Northern Nevada Chapter.

The Sound the Alarm initiative is part of the Home Fire Campaign, launched by the Red Cross in 2014, with the goal of reducing the number of home fire deaths and injuries by 25 percent.

Call the Red Cross at 775-954-1185 to request a free smoke alarm and installation!

COMMODITY FOOD PROGRAM SCHEDULE
RENO SPARKS INDIAN COLONY

Administration Bldg.
34 Reservation Rd.
Reno, Nv.

RENO SPARKS INDIAN COLONY PICK-UP
MAY 24, 2022 8 AM - 11:45 AM

Who is Eligible?
Households which (1) live on a reservation or live near the reservation and have at least 1 member who is a member or any recognized tribe which (2) meet the income resource eligibility guidelines can participate in the program. Eligibility is based on the income and resources of all members of the household.

How does a household apply for participation?
In order to apply, you must complete the Application Form, provide documentation regarding your household's income and resources, and be interviewed by a certification worker. If you are unable to complete the Application Form, you may obtain assistance from someone who knows you, or the certification worker to help you at the time of the interview.

What information must be presented during the interview?
When you come to your interview, it will be necessary to provide proof of income for all household members. For example, bring your pay stubs, and/or award letters for government benefits such as Supplemental Security Income (SSI) or Social Security so the certification worker can determine the total amount income for all household members received during the last 30 days. Statements for all household savings and checking account will also be required. Also information in school tuition grants, loans, and dependent childcare expenses must be verified. Recent utility bills will help verify your address. Having all of these items with you will speed up your household's eligibility determination.

**PLEASE SEND AN AUTHORIZED REPRESENTATIVE WITH A NOTE IF YOU CANNOT MAKE THE DISTRIBUTION SITE.
IF NOT WE WILL NOT GIVE YOUR ALLOTMENT OF COMMODITIES TO ANYONE.**

Made with PosterMyWall.com

SPRING PINENUT BLESSING
MAY 13, 2022
UPPER DESERT CREEK BEGINS AT NOON

RSIC WILL BE PROVIDING TRANSPORTATION. DEPARTING THE RENO EDUCATION PARKING LOT AT 8AM

PLEASE CALL THE RSIC LANGUAGE & CULTURE PROGRAM TO SIGN UP FOR TRANSPORTATION. SEATING IS LIMITED

TO SIGN UP OR FOR MORE INFORMATION: (775) 785-1321 OR SBURNS@RSIC.ORG

Flyer by: Desert Hummingbird Designs

Legal / Public Announcements

Recruitment for committee / boards

Recruiting for Housing Advisory Board

The RSIC HAB Committee is recruiting for (4) new members. Appointments are for a four-year term and members are appointed by the Tribal Council. The HAB is made up of seven (7) board members. The terms of the HAB are staggered four (4) year terms. Any member who applies and is selected may assume an existing term until the expiration of the assumed term. Below are the eligibility criteria to the a HAB member:

- Must be an enrolled member of the RSIC and be at least 18 years of age
- Cannot be a current employee of the RSIC Housing department.
- Housing Participants must be current on and remain current in their house payments while serving as a member of the HAB.
- Membership on the other committees shall not disqualify a person from appointment to the HAB unless expressly prohibited by the Tribal Council.

Submit letters of interest

RECRUITMENT FOR TWO (2) ALTERNATE ELECTION BOARD MEMBERS

Notice to Reno-Sparks Indian Colony Enrolled Members

An Election Board consisting of five (5) members and two (2) alternates shall be appointed within six (6) months before the Tribal Election and the terms of office for these officials shall be for two (2) years. The Election Board members shall be compensated at a rate prescribed by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of the Reno-Sparks Indian Colony were revised and adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. Rule No. 8, states – Each person appointed as a member of a committee or advisory board shall not sit on more than two committees or advisory boards at a time; this is combined, meaning that if a person sits on a committee and an advisory board, that person has reached the limit under this rule. The only exception is if a person sits on an intermittent board, such as the Election Board; in that instance the person is subject to the limit of this provision but can sit as a member on one intermittent committee or advisory Board. A person can only serve as the Chair of one committee or advisory board at a time, including an intermittent committee or advisory board.

The 2021 Tribal Election will be automated. Training will be provided to the Election Board by Automated Election Services. The training will include use of the ballots, voting tabulators, voting booths, and the AutoVote Management System. The automated voting process will allow for the 2021 Tribal Election results to be available within 10 minutes after all ballots are cast at the polling sites, at Reno-Sparks Indian Colony and Hungry Valley, and the polling sites are closed.

Any Interested RSIC Enrolled Member may submit their signed letter of interest to Angie Wilson, Tribal Administrator at 34 Reservation Road, Reno, NV. No emails will be accepted.

Recruiting Representative for Executive Health Board

The Reno-Sparks Tribal Health Center is recruiting for one (2) RSIC Tribal representatives to serve on the Executive Health Board.

The members are appointed by the Tribal Council and shall serve a term for a four-year period. If you are interested in being a member of the Executive Health Board, please submit a letter of interest to:

Executive Health Board
Reno-Sparks Tribal Health Center
1715 Kuenzli Street, Reno, NV 89502

All interested participants will be invited to fill out an application and attend a Health Board meeting for introductions via Zoom. For more information, please phone, 329-5162, ext., 1901.

RECRUITMENT FOR LAW AND ORDER COMMITTEE MEMBERS

Notice to RSIC Enrolled Members

The Law & Order Committee is currently recruiting for three new members. Appointments made to the Committee are for a four-year term and members are appointed by the Tribal Council. The Committee, pursuant to the bylaws, are scheduled to meet the first Wednesday of each month at 6:30 p.m.

The Committee shall be compensated at a rate approved by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of RSIC has been revised and were adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. All Committee members must abide by these rules. Please see the Tribal Administrator's Office for a copy of the Standing Rules.

Any interested RSIC enrolled member may submit their applications to the Tribal Administrator's Office located at 34 Reservation Road.

Legal / Public Announcements

Recruitment for committee / boards

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Tri Basin Cultural Committee

Recruiting for 1 Member



Want to learn more about OUR ancestral past and Traditional Cultural Properties? Want to learn about the Great Basin People's history and cultural items, as well as PROJECTS that may affect them?

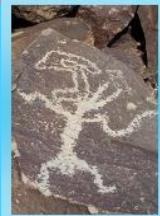
Join the RSIC Tri Basin Cultural Committee (TBCC)!

The TBCC is an advisory board to the RSIC Cultural Resource Program/Tribal Historic Preservation Office (THPO). The RSIC Cultural Resource Program/THPO is active in reporting, commenting, reviewing, assisting, & monitoring Federal, State, Tribal, and local agencies on their potential impacts to Native American Cultural Resources.

Please submit a letter describing your interest in joining the TBCC to the
RSIC THPO 34 Reservation RD, Reno, NV

ACCEPTING LETTERS OF INTEREST
UNTIL May 13, 2022.

All TBCC members must be enrolled members of the RSIC & abide by the RSIC Standing Rules for Committees & Advisory Boards and Statement of Confidentiality. TBCC members are required to attend 12 paid meetings (\$75 per meeting) per year which requires field site visits & your review and comment on projects.



For more information or if you have questions contact Michon R. Eben (RSIC THPO/Cultural Resource Manager) or Sierra Rambeau (THPO Assistant/Oral Historian) at (775) 785-1326.



The RSIC Tribal Historic Preservation Office is supported by a grant from the Department of Interior National Parks Service

IN THE RENO-SPARKS TRIBAL COURT IN AND FOR THE RENO-SPARKS INDIAN COLONY RENO, WASHOE COUNTY, NEVADA

Notice is hereby given that the Petitioner, Evalyn May Astor, who is a Tribal Member of the Reno Sparks Indian Colony, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV-NC-2022-0020, praying that said Court enter an Order changing the present legal name of Evalyn May Astor, to the name of Evalyn May Darrough, which is the name the Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV 89502, within ten (10) days after publication of this notice.

Dated this 31st day of March, 2022

/S/

Stephanie Contreras, Court Clerk
Reno-Sparks Indian Colony Tribal Court
1900 Prosperity Street, Reno, NV 89502
Tel: (775) 785-8775 Fax: (775) 329-8153

RENO-SPARKS INDIAN COLONY HOUSING DEPT.



APPLICATIONS
AVAILABLE BY MAIL,
EMAIL, OR DOWNLOAD
VIA OUR
WEBSITE.

HELP SPREAD THE
WORD AND INFORM
FAMILY AND FRIENDS
LIVING OFF THE
COLONY.

FOR MORE INFO PLEASE
CONTACT THE HOUSING
DEPT.
@ 775-785-1300
OR EMAIL
GGRIMES@RSIC.ORG

WWW.RSIC.ORG

Legal / Public Announcements

Recruitment for committee / boards

IN THE RENO-SPARKS TRIBAL COURT

IN AND FOR THE RENO-SPARKS INDIAN COLONY

RENO, WASHOE COUNTY, NEVADA

Notice is hereby given that the Petitioner, Evalyn Astor, on behalf of Mayci Kimimila Pta Yetu Astor who is a Tribal Member of the Reno Sparks Indian Colony, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV-NC-2022-0019, praying that said Court enter an Order changing the present legal name of Mayci Kimimila Pta Yetu Astor, to the name of Mayci May Darrough, which is the desired name of Petitioner for minor child.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV 89502, within ten (10) days after publication of this notice.

Dated this 31st day of March, 2022

/S/

Stephanie Contreras, Court Clerk
Reno-Sparks Indian Colony Tribal Court
1900 Prosperity Street, Reno, NV 89502
Tel: (775) 785-8775 Fax: (775) 329-8153

IN THE RENO-SPARKS TRIBAL COURT

IN AND FOR THE RENO-SPARKS INDIAN COLONY

RENO, WASHOE COUNTY, NEVADA

Notice is hereby given that the Petitioner, Antoinette Thayer, who is a Resident of the Reno Sparks Indian Colony, has filed a Petition on behalf of Nyjah Sanokowa Hunter O'Neil in the Reno-Sparks Tribal Court, Case No. CV-NC-2022-0021, praying that said Court enter an Order changing the present legal name of Nyjah Sanokowa Hunter O'Neil, to the name of Nyjah Sanokowa Hunter Thayer, which is the name the Petitioner desires for minor to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV 89502, within ten (10) days after publication of this notice.

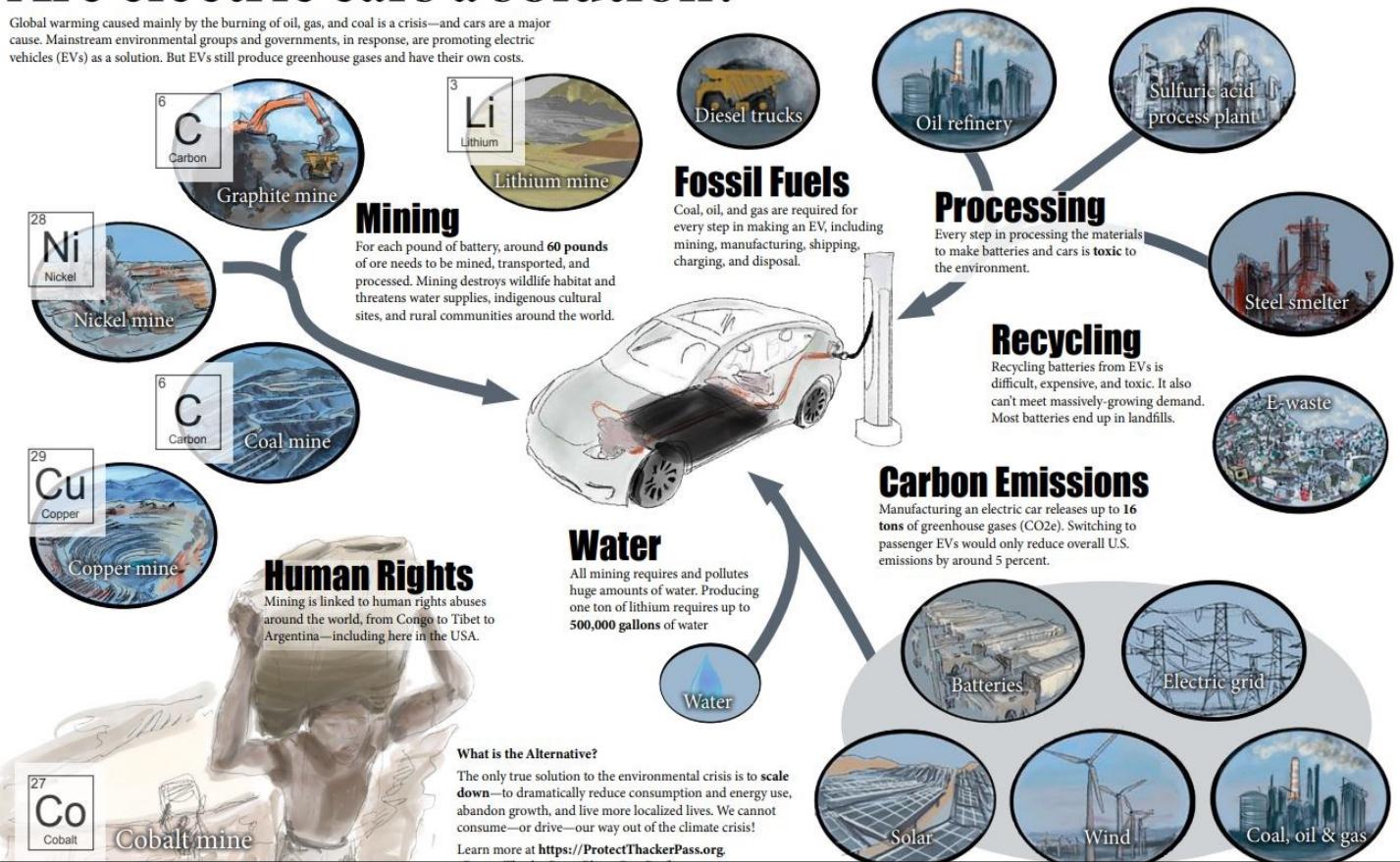
Dated this 1st day of April 2022

/S/

Stephanie Contreras, Court Clerk
Reno-Sparks Indian Colony Tribal Court
1900 Prosperity Street, Reno, NV 89502
Tel: (775) 785-8775 Fax: (775) 329-8153

Are electric cars a solution?

Global warming caused mainly by the burning of oil, gas, and coal is a crisis—and cars are a major cause. Mainstream environmental groups and governments, in response, are promoting electric vehicles (EVs) as a solution. But EVs still produce greenhouse gases and have their own costs.



Get Your COVID-19 Vaccine!

ⓐ Reno-Sparks Tribal Health Center

Pfizer and Moderna Vaccines

available to All Native Americans 5+ years, Non-Native RSIC Residents, and RSIC Employees & Employee's Family

BOOSTERS AVAILABLE!
To ALL Eligible Patients who are 12 years and older.

Pictured: RSIC Tribal Member, Tristan Keo
Photo by: Bucky Harjo & Bethany Sam

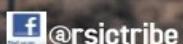
Open to All Native Americans 5 years & older.

* Accepting New Patients.

Vaccine Hotline:

775-334-0444

to schedule appt or for more info.





In Loving Memory Of Victor O'Neil 2/3/59-1/31/22

The family of our beloved Victor O'Neil would like to thank the following tribes, The Pyramid Lake Paiute Tribe along with Brenda Henry, Paula Wright, John Guerrero, Iggy Dunn, Konch Blindman, Brittany Thomas, Cameron Smith, Joanne Shaw, Heidi Barles.

The Reno-Sparks Indian Colony Tribal Council & Senior Program along with Verna Nuno, Angie E. Wilson, Robin Eagle, Toby Stump, Jamie Stump, Lorri Chasing Crow, Marilyn Melendez, Sheila Katenay, Jessie Astor, Veronica Imus, Vicki Moore, Aaron Garza, Brian Melendez.

The Duckwater Shoshone Tribe along with Wesley Allison, Roger Hoof, Savannah Thompson, Kathy Blackeye, Jerry Millett, Marvin Mings.

The family also thanks everyone for the loving support during this extremely difficult time. If we missed any names please know that we appreciate each and every one of you for reaching out to the family and offering your condolences, words of encouragement, flowers, cards, food and donations. Your kindness and support all hold a special place within our hearts.



1 IT IS HEREBY ORDERED, Petitioner's Petition for Name Change is
2 GRANTED, Julieana Ramirez's name is legally changed to Jayla Annette Ramirez.
3 Petitioner is authorized to amend records to reflect that her name is Jayla Annette
4 Ramirez from this day forward. The Clerk shall provide to Petitioner a certified copy
5 of this Order.
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10 Dated: March 30, 2022
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Eric S. Hoshizaki
Chief Tribal Judge

CERTIFIED COPY
The document to which this certificate is
attached is a full, true and correct copy of
the original on file and of record in my office.
DATE: 3/30/22, Stephane
Centreras, Clerk of the Reno-Sparks
Tribal Court, in and for the Reno-Sparks Indian
Colony, Reno, Nevada.


Order Granting Petition for Name Change
ITMO: Julieana Ramirez, CV-NC-2021-0049

Page 2 of 2

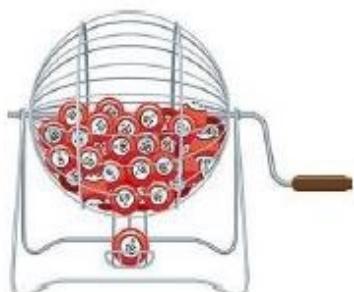


*RSIC Senior Program Mother's Day Dinner & Bingo
Monday May 9th at 6:00 pm in 34 conference room.*

*This is for RSIC Senior Program Clients only
Dinner and drinks will be provided.*

Call the Senior Center to RSVP

775-785-1349



RENO- SPARKS INDIAN COLONY

SUMMER YOUTH EMPLOYMENT PROGRAM

INFORMATION NIGHT

Wednesday

May 11, 2022

Reno

34 Multi-purpose room

Start: 5:30 pm



LIGHT REFRESHMENTS WILL BE PROVIDED

Thursday

May 12, 2022

Hungry Valley

Education Building

Start: 6:00 pm

**PARENTS, GUARDIANS & INTERESTED YOUTH
WELCOMED!!**



For more information or questions contact
Heather Scott the 477 Client Intake/Compliance Officer at
775-329-6114 ex. 7952 or hscott@rsic.org

**Requirements for
Reno-Sparks Indian Colony
Summer Youth Employment Program
will follow grant guidelines.
All eligible youth must be:**

- RSIC enrolled
- 2.0 GPA
- Enrolled in the school for Fall 2022 (High School or College)
- Between the ages of 14-24
- Able to work up to 32 hours a week for 6 weeks

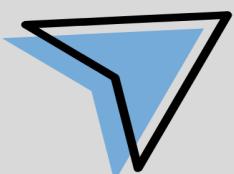
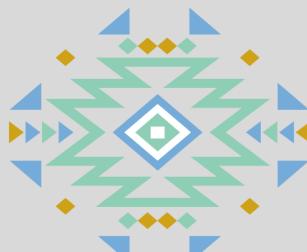
or

- Enrolled with a Federally Recognized Tribe
- 2.0 GPA
- Permanently reside on RSIC Land
- Enrolled in the school for Fall 2022 (High School or College)
- Between the ages of 14-24
- Able to work up to 32 hours a week for 6 weeks

or

- Enrolled with RSIC or another Federally recognized Tribe
- Permanently reside on RSIC Land
- >2.0 GPA*
- Enrolled in the school for Fall 2022 (High School or College)
- Between the ages of 14-24
- Able to work up to 32 hours a week for 6 weeks

*Limited openings and additional requirements must be met, contact Education for more information



Happy Mother's Day! ❤



RSIC Photo Collage of April Events

Photos by Bucky Harjo, Public Relations Assistant & Bethany Sam, Public Relations Officer



**Happy Retirement to Valerie
Morales and Brenda Brown.
We Wish You Both All the
Best! Thank you for your
servitude to RSIC!**



Left & Bottom Photo: RSIC Eagle Wings & Powwow Dance Groups Perform at IGT, Patagonia & Living Legends Events



Top Photos: Chairman Melendez visits Nevada Museum of Art to see Jean LaMarr's stunning Art Exhibit.



**Top Photos: Michon Eben & Ryan Gellart, Patagonia CEO.
Hank Johnson dancing at Patagonia Territory Recognition Ceremony.**

Bottom Photos: Three Nations Cannabis Grand Opening on 4/23/22.

