



# THE CAMP NEWS

VOLUME XVI ISSUE 4

June 2022

SERVING THE RENO-SPARKS INDIAN COLONY & HV COMMUNITIES

## Chairman Melendez Awarded TMCC President's Medal

*Leadership, advocacy and the importance of education are all topics that drive the important work of RSIC Tribal Chairman.*



*When accepting the medal, Chairman Melendez said, "I'm dedicating this medal to my younger brother, Randy, who encouraged me to be tribal chairman."*

**COVER PHOTO:** Chairman Arlan Melendez holding his TMCC Presidents Medal during TMCC's commencement. Photo Provided by: Bethany Sam

JOIN US IN-PERSON OR VIRTUAL 

# General & Economic Tribal Council Meetings

WEDNESDAY, JUNE 15TH & 29TH, 2022 | 6PM



## Reno Multi-Purpose Room

34 Reservation Road

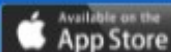
Reno, NV 89502

**PUBLIC COMMENT** will be read into the General Council Meeting (6/15) minutes.

Submit Public Comment to [comments@rsic.org](mailto:comments@rsic.org),  
or drop off to 34 Reservation Rd. Attn: Tribal Secretary  
or fill out form in-person prior to meeting



DOWNLOAD THE ZOOM APP }



For ZOOM Meeting ID/Password Information,  
Contact Public Information Officer, Bethany Sam,  
[bsam@rsic.org](mailto:bsam@rsic.org) or 775-842-2902



## Deadlines, Mailing List

### *The Camp News Profile*

Started in the early 1980s, *The Camp News* is the monthly publication for the Reno-Sparks Indian Colony (RSIC) community. The newsletter is produced monthly out of the RSIC Public Relations Office, and duplicated and distributed by the RSIC Administration Front Office.

### SEND US YOUR NEWS

The deadline for all print submissions to be considered for publication in *The Camp News* is 5 p.m., the second Thursday of every month.

### CONTACT OUR STAFF

E-mail your submissions to [newsletter@rsic.org](mailto:newsletter@rsic.org), [bsam@rsic.org](mailto:bsam@rsic.org) or drop off your photos and suggested articles at 34 Reservation Road, Reno, NV 89502.

### CIRCULATION

If you live outside Washoe County and would like to receive *The Camp News* via U.S. Post Office, please contact us with your mailing address.

If you have a problem with delivery, please call us at (775) 329-2936.

### ELECTRONIC EDITION

For those of you who would prefer to get an electronic version of *The Camp News* or just read it on-line, please see: [www.rsic.org](http://www.rsic.org) and PDFs of our publication are available.

If you have questions, call us at 329-2936.

## June Important Dates

- 11- 2022 Graduation DRIVE-THRU Dinner, 4pm @ Golden Lane.
- 12- Summer Day Camp Kickoff (Hungry Valley Gym), 11am-2pm. Info, call Recreation Dept. at 775-329-4930.
- 13 - Summer Day Camp Begins for Reno and Hungry Valley.
  - Food Bank Kids Café All Summer, 2pm-2:30pm
- 14 - Primary Election Voting Day—Reno Gym & HV Lower Level, 7am-7pm
- 15—General Tribal Council Meeting, Reno Multipurpose Room, 34 Reservation Road or Zoom, 6pm. Email [bsam@rsic.org](mailto:bsam@rsic.org) or text/call 775-842-2902 for zoom invite or public comment form.
  - RSIC Language & Culture Virtual Zoom Bead Session 6pm- 8pm (Email Stacey Burns, [sburns@rsic.org](mailto:sburns@rsic.org) for info).
  - Reno Rodeo Cattle Drive Camp Out in Hungry Valley. Reno Rodeo June 16-26
- 16 - Lunch Time Paint, RSTHC Behavioral Health, 11am-2pm, 775-329-5162
  - RSIC Head Start Open House, Reno location, 5:30pm-6:30pm
- 17— RSIC Head Start Open House, Reno location, 5:30pm-6:30pm
- 18 - Stewart Father's Day Powwow, 12pm & Sunday 11am
  - Gardening Classes, Urban Roots, 10am-12pm, 3NW: 775-329-5162
- 19- Happy Father's Day
- 20—Happy Juneteenth, RSIC Admin Offices & RSTHC CLOSED.
- 21- COMMODITY FOOD DISTRIBUTION, 8a-12p, 34 Reservation Rd.
  - DATE CHANGE: Food Bank, HV Gym Parking Lot, 2pm-3:30pm
  - Summer Solstice
- 22—RSIC Language & Culture Virtual Zoom Bead Session 6pm- 8pm (Email Stacey Burns, [sburns@rsic.org](mailto:sburns@rsic.org) for info).
- 23—Senior Center Open House, Reno, 5pm-7pm, Info: 775-785-1349
- 24—Susanville Powwow Begins
- 25—Victory Day, Battle of Little Big Horn Anniversary
- 29- Special Economic Development Tribal Council Meeting, Reno Multipurpose Room, 34 Reservation Rd. or Zoom, 6pm. Email [bsam@rsic.org](mailto:bsam@rsic.org) or text/call 775-842-2902 for zoom invite.
  - RSIC Language & Culture Virtual Zoom Bead Session 6pm- 8pm (Email Stacey Burns, [sburns@rsic.org](mailto:sburns@rsic.org) for info).
- 7/4—Happy Independence Day, RSIC Admin Offices & RSTHC CLOSED.

**COVID-19 Stockpile: To request PPE, call Joanna Hicks at 775-560-9041.**

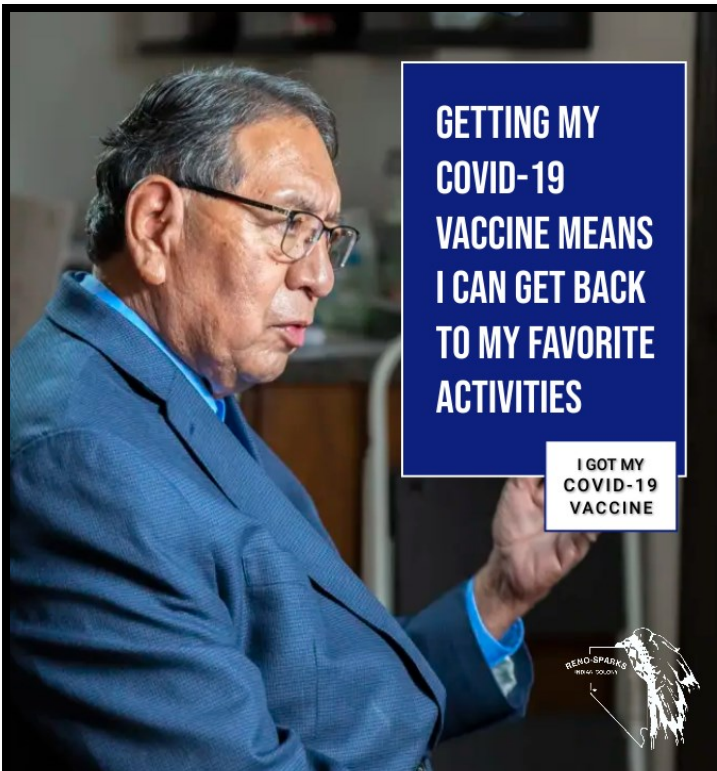
**Find the most up-to-date info on RSIC's Facebook.**

**If you'd like to receive RAVE Alert text messages, call/text 775-842-2902 or [bsam@rsic.org](mailto:bsam@rsic.org) or [bharjo@rsic.org](mailto:bharjo@rsic.org)**

## FOLLOW US AT:



**[www.rsic.org](http://www.rsic.org)**



**GETTING MY  
COVID-19  
VACCINE MEANS  
I CAN GET BACK  
TO MY FAVORITE  
ACTIVITIES**

**I GOT MY  
COVID-19  
VACCINE**



A safe and effective vaccine to prevent  
COVID-19 is now available for everyone 5 years and up.  
Schedule Yours Today!  
Reno Sparks Tribal Health Center  
Vaccine Hotline: 775 344 - 0444

Made with PosterMyWall.com

## Open Gym Exercise Hours



### COMMUNITY MEMBERS

#### AGES 13 & UP AND EMPLOYEES

Monday: 8:00am - 7:00pm  
Tuesday: 8:00am - 7:00pm  
Wednesday: 8:00am - 7:00pm  
Thursday: 8:00am - 7:00pm  
Friday: 8:00am - 6:00pm

Children or teenagers (6-17) need to have a parent or guardian sign a parental consent form, emergency contact form and a physical activity waiver before they are permitted to exercise.

Employees or Colony members (18-69) need to fill out a physical activity waiver and PAR-Q before they are permitted to exercise.

69 years old + need to have a physical activity waiver signed and a doctor's release before they are permitted to exercise at the Three Nations Wellness Center.

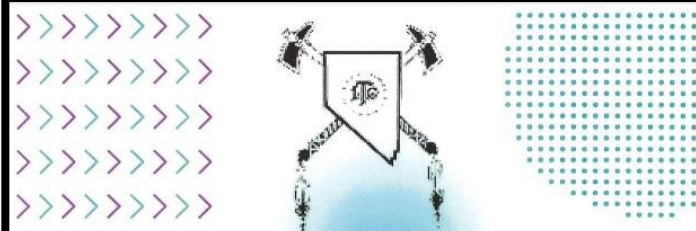
You can fill out the PAR-Q to utilize the open gym times (upon approval), or you can get a doctor's referral to utilize the personal trainers.

### WORKOUT CLASSES

Monday 12:15-12:45 pm.... F.I.T. (Fun Interval Training)  
Tuesday 12:15-12:45..... Kettlebell Training  
5:30-6:00 ..... Barbell Training  
Wednesday 12:15-12:45..... Cardio Kickboxing  
1:15-1:45..... TRX  
5:30-6:00..... Spin  
Thursday 12:15-12:45..... TRX  
5:30-6:00..... Abs & Glutes  
Friday 12:15-12:45..... Spin

Three Nations Wellness Center  
1715 Kuenzli Lane - Reno, NV  
(775) 334-4305

Masks are not required while  
you are actively exercising.



## INTER-TRIBAL COUNCIL OF NEVADA Family Violence Prevention Program

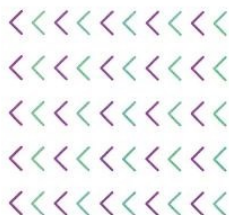
The FVPP is offering Laptops to qualifying families and individuals.  
Contact Our Office today for more information

**LAPTOPS**  
FOR QUALIFYING FAMILIES AND INDIVIDUALS

Reno: 775-355-0600

Elko: 775-748-1380

Vegas: 702-570-77222



# Monthly Raffle



### ENTRY

Every time that  
you sign in to the  
3NWC and  
workout your  
name will be  
entered for the  
raffle.

There will be 1  
winner each  
month.



### QUALIFICATIONS

You must be a  
patient of the  
Reno Sparks  
Tribal Health  
Center.

Pictured is the  
basket that will be  
raffled for the  
month of April.

## Raffle Month & Draw Date

May 6/1/2022	July 8/1/2022	September 10/3/2022	November 12/1/2022
June 7/1/2022	August 9/1/2022	October 11/1/2022	December 1/2/2023



**RENO, NV (May 20, 2022) —**

Arlan D. Melendez, Tribal Chairman of the Reno-Sparks Indian Colony, has been awarded the President's Medal. The award honors an outstanding community leader. For over thirty-one years, Melendez has served as Chairman of the RSIC, a role that enables him to act as spokesperson and advocate for the 1,200 tribal members which include members of the Paiute, Washoe and Shoshone tribes. As Chairman, Melendez faces challenges to the RSIC locations (both in Reno City Limits and to the North in Hungry Valley) that range the gamut of environmental, political and economic domains.

Becoming Chairman wasn't something that Melendez had had on his radar. However, thanks to the encouragement of his younger brother and the mentorship of tribal elders who had been longtime members of the Tribal Council, in 1991 Melendez decided to run for the leadership position.

"You may not feel confident at first in a [leadership] position, but you'll get better every time you speak or make decisions, gaining more confidence and experience. I have learned any-



*Chairman Receives Presidents Medal*



*Chairman Melendez with RSIC Tribal Member & TMCC Graduate, Brendan Abel, at the 2022 TMCC Commencement Ceremony. Photo provided by TMCC*

one can do jobs that maybe they don't think they can just by trying and doing them," he said.

Stepping into roles and learning by doing is paramount to Melendez's journey that includes a tour of Vietnam as a U.S. Marine Corps, veteran and taking classes from TMCC.

### **Coming to TMCC**

Melendez is a lifelong resident of Northern Nevada; like many Native Americans of Nevada in the 1940s, he was born in the Indian Hospital in nearby Schurz, Nevada. His father worked for the Southern Pacific Railroad, so many of Melendez's early years were spent in Railroad Section Housing in Sutcliffe; a small town on the western shore of Pyramid Lake. In 1965, he would graduate from Wooster High School, excelling as a distance runner, who was looking for the next step in his life's journey.

Melendez followed many other Native Americans in joining the efforts of the Vietnam War. He and his brother joined the Marine Corps and Melendez served one year in Vietnam. After receiving a honorable discharge from the USMC, Melendez moved to Denver, Colorado. While there, he began taking classes at a local community college in the hopes that gaining an education would lead him into a better job.

When he returned to his hometown of Reno, he enrolled in business, accounting and economics classes at TMCC—classes that prepared him for the challenges he would face as a part of the RSIC Tribal Council, and later as its Chairman. "I was a business major, and so I took some accounting and business classes, and I learned a number of things that helped me with the management of the RSIC," he said.

One example is *Continued on page 9*



# HELP WANTED

## Recruiting Couriers



**MUST BE 13 YEARS OR OLDER**

RSIC Front Office is looking for community members to deliver flyers to Reno and Hungry Valley's communities. You can stop by the Administration Office to Pick up a contract.

Contact  
gdressler@rsic.org OR  
plascencia@rsic.org



Administration office located  
34 Reservation Rd, Reno NV 89501

Administration Office hours 8am-5pm  
Monday - Friday

CALL US: (775) 329-2936

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**JUNE 21, 2022-July 29, 2022**  
M-Th 9:00am-3:00pm  
F 9:00am-12:00pm

# SUMMER YOUTH EMPLOYMENT PROGRAM

**APPLY NOW**

**Application Deadline**  
**Friday June 10, 2022**  
**4:00pm**

**For more information contact:**  
**Heather Scott**  
**(775) 329-6114 or hscott@rsic.org**

**Reno-Sparks Indian Colony**  
**Education 34 Reservation Rd**  
**Reno, NV 89502**

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## CAMP NEWS DELIVERY CONTRACT

Name of Individual: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

MONTH OF DELIVERY (Circle One)

JAN FEB MARCH APRIL MAY JUNE JULY AUG SEPT OCT NOV DEC

Reno Delivery Rate Monthly Camp News, if delivered.	Flyer Rate For Reno	HV Delivery Rate Monthly Camp News, if delivered.	Flyer Rate For Hungry Valley
\$60	\$15	\$80	\$30

### PLEASE READ EACH LINE & INITIAL\*

- Final payment for delivery of the newsletter (if delivered) & flyers will be processed when the contract agreement has been fulfilled at the end of the month. A check will be issued the 2<sup>nd</sup> week of the following month and the pick-up location is at the Finance Department. \*
- I agree to distribute the Camp News & Flyers for the month I have selected above.
- I agree to pick-up the Camp News & Flyers by 5pm and deliver the same day/evening.
- I understand that failure to deliver camp news/flyers the same day will result in a penalty fee of \$15.
- The Admin Office will not deliver camp news or flyers to my home or work, NO EXCEPTIONS!!
- I agree to have a working home phone or mobile number where I can be reached (Message phone or family phone will not be accepted).
- I understand if I cannot be reached by the number given for camp news & flyer delivery, the Admin Office will replace me without notice after several attempts to contact me.
- I understand that it's my responsibility to pick-up camp news & flyers, the admin office will not hold or give the camp news/flyers to anyone but you or your parent/guardian.
- I understand that the camp news/flyers must be inserted into the white boxes provided by Housing.
- I understand that there will be no deliveries to a home with vicious or loose dog(s).
- I shall not hold the RSIC responsible for any claims of injury, damage, and/or dog bites incurred by the person while delivering the Camp news and flyers.
- I understand that no one under the age of 13 will be allowed to deliver without an adult present.
- I understand that if the Admin Office receives several complaints, I will be removed w/o warning and I will not be eligible to deliver until the following year.
- I understand I may only sign-up for camp news & flyer delivery twice within a year.
- I understand that family residing in the same household is only permitted to sign-up twice within the same year (this includes; wife, husband, child/ren or anyone else who resides in the home)

Date: \_\_\_\_\_ Print: \_\_\_\_\_ Sign: \_\_\_\_\_  
Name of Individual Parent/Guardian of minor child

### FOR OFFICE USE ONLY

Month Assigned: \_\_\_\_\_ Date: \_\_\_\_\_  
Approved by: \_\_\_\_\_ Community: \_\_\_\_\_

REVISED 06/02/2021

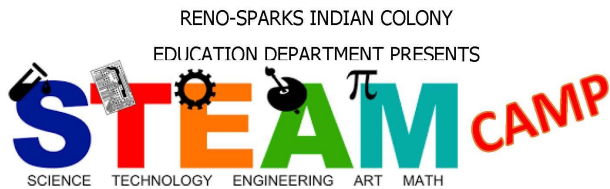
**A**DMIT YOU'RE A SINNER.  
AND  
ASK HIS FORGIVENESS.  
ROMANS 3:10,23; ALSO 5:8, 6:23

**B**ELIEVE HE DIED  
FOR YOU AND ROSE  
AGAIN 3 DAYS LATER.  
JOHN 3:16; 14:6

**C**ONFESS WITH YOUR  
MOUTH THAT JESUS  
IS LORD!  
ROMANS 10:9-10

**THE ABC'S OF SALVATION**





**Starting: June 21, 2022 --- July 7, 2022**

**Where: Reno Education Department Tutoring Room**

**When: Monday through Thursday**

**Time: 9:30 a.m. – 11:00 a.m.**

**If you have any questions please contact Lynette Sam at the  
Reno Education Office @ 775-329-6114 ext.5103  
or email: lsam@rsic.org**

Open to RSIC Members at the Following Schools:

**\*Roger Corbett/Pinecrest/Mater\***

Reno-Sparks Indian Colony Education Department

S.T.E.A.M - Youth Camp

June 21st --- July 7th 2022

	Monday	Tuesday	Wednesday	Thursday
<b>Week 1</b>	June 20th Holiday: Juneteenth	June 21st S.T.E.A.M - Science Gardening (Plant Lifecycle), and Earthworms	June 22nd S.T.E.A.M - Math Shapes Scavenger Hunt	June 23rd S.T.E.A.M - Engineering Learn to build Catapults
<b>Week 2</b>	June 27th S.T.E.A.M - Science Spinning Tops (Learn and Build)	June 28th S.T.E.A.M - Engineering Egg Drop Challenge	June 29th S.T.E.A.M - Science Create a Bouncing Egg	June 30th S.T.E.A.M - Art / Technology Create Stop Animation
<b>Week 3</b>	July 4th Holiday: Independence Day	July 5th S.T.E.A.M - Engineering & Science Create a Fly trap	July 6th S.T.E.A.M - Science Create a State Electric Butterfly	July 7th S.T.E.A.M - Science Gardening (Plant Lifecycle)

\*RSIC Education will not provide transportation / S.T.E.A.M camp will not interfere with Summer Day-camp\*

RSIC IS AN EQUAL OPPORTUNITY SERVICE PROVIDER AND EMPLOYER



RENO-SPARKS INDIAN COLONY  
EDUCATION DEPARTMENT

# SUMMER OF S.T.E.A.M.

**STEAM (Science, Technology, Engineering, Art & Math)**  
inspires students to think more broadly and to solve  
problems with a hands-on approach.

**HUNGRY VALLEY EDUCATION CENTER  
MONDAY-THURSDAY**

**JUNE 21, 2022-JULY 7, 2022**

**9:30 A.M. - 11:00 A.M.**

**\*TIMES WILL NOT INTERFERE WITH SUMMER DAYCAMP\***

**For sign ups or questions please call  
Hungry Valley Education Department  
(775)785-1310**

*HV Education will NOT provide transportation*

Please wear masks, and stay in your vehicles.

For the safety of our staff, Please follow COVID protocol.

## High School & Higher Education Graduate Celebration

### DRIVE-THRU

Come help us Celebrate the graduating class of 2022

**When: June 11th  
Time: 4 pm-5pm**

**Pickup Location: Thru Golden Lane to 34 Administration Building (front door)**

**\*Packaged Dinner and Dessert!\***

**Graduates Please Bring your Diploma, or a copy of your Diploma.**

RSIC Education (775)329-6114

INTER-TRIBAL COUNCIL OF NEVADA  
Family Violence Prevention Program

The FVPP is offering Laptops to qualifying families and individuals.  
Contact Our Office today for more information

# LAPTOPS

FOR QUALIFYING FAMILIES AND INDIVIDUALS

Reno: 775-355-0600  
Elko: 775-748-1380  
Vegas: 702-570-7722



RENO-SPARKS INDIAN COLONY  
**PUBLIC COMMENT FORM**  
**RSIC Enrolled Members Only**

FORM MUST BE FILLED OUT COMPLETELY  
PLEASE EMAIL TO [COMMENTS@RSIC.ORG](mailto:COMMENTS@RSIC.ORG)  
OR DROP OFF TO FRONT OFFICE:  
34 RESERVATION RD, ATTN: TRIBAL SECRETARY

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

IF APPLICABLE, AGENDA ITEM NO.(S) \_\_\_\_\_

1. TOPIC: \_\_\_\_\_

BRIEF STATEMENT: \_\_\_\_\_

\_\_\_\_\_

2. TOPIC: \_\_\_\_\_

BRIEF STATEMENT: \_\_\_\_\_

\_\_\_\_\_

3. TOPIC: \_\_\_\_\_

BRIEF STATEMENT: \_\_\_\_\_

\_\_\_\_\_

4. TOPIC: \_\_\_\_\_

BRIEF STATEMENT: \_\_\_\_\_

\_\_\_\_\_

DO YOU WISH TO SPEAK? Yes \_\_\_\_\_ No \_\_\_\_\_

In Favor \_\_\_\_\_ In Opposition \_\_\_\_\_

COMMENTS ARE LIMITED TO FIVE (5) MINUTES TOTAL FOR ALL TOPICS YOU  
WISH TO BE READ INTO THE MINUTES

THE TRIBAL COUNCIL REQUESTS ALL CONCERNS  
BE EXPRESSED IN A COURTEOUS MANNER

THANK YOU FOR YOUR COOPERATION AND PARTICIPATION



## Cont.. Chairman Melendez Awarded TMCC President's Medal

the stewardship of the land, which includes advocating for the protection of its resources, such as clean well water and coordinating with other industries to keep the air safe for its residents. "I took a class called 'Business and Society', which had to do with how business are basically just looking at the bottom line, and often neglect the issues that are important to 'society,'" he said, offering an example that the RSIC has faced with the mining industry's interests, which historically, have created difficulties for the tribe.

"The mines came, but they never cleaned up. They were there for the profitability, but the society part of it... that's when we have to mobilize with local Sierra Clubs and different environmental groups to build a coalition of people who were against that industry being too close to our homes. We have been through a lot of challenges—encroachments—from those who just see profitability, even if it's near our residential neighborhoods, and we have to defend against that."

He has also worked with the Nevada State Legislature to introduce new laws which improve how artifacts from cultural sites are handled. "We would like them to return some of the artifacts that have

been unearthed," he said, noting that the RSIC works closely with legislatures to monitor and improve legislation to support their cultural legacy. After all, there at least 8,000 Native



*Chairman Arlan D. Melendez & TMCC President Dr. Karin Hilgersom. Photo by: Bethany Sam*

Americans who live in Washoe County, over half of which live in the cities and not on reservations. Regardless of where they live, as a leader of the RSIC, Melendez serves as central support for this wide and varied community. Most recently, including the legislation of the Nevada Native American Tuition Fee Waiver, Bill AB262.

In addition to serving as a long-time Chairman of the RSIC, Melendez has held numerous leadership roles in which he advocates for Native Americans in Northern Nevada. He currently serves on the Taxation Subcommittee for the National Congress of American Indians. In 2005, he was appointed to the U.S. Civil Rights Commission by former Nevada Senator Harry Reid. He would be only the second Native American to serve on the commission since

its incorporation by President Eisenhower in 1957.

Melendez is also the Treasurer of the Inter-Tribal Council of Nevada, which represents the twenty-seven tribes in the state; served as the Western regional Vice President of the National Congress of American Indians and served as a Board Member of the Secretary of the Health's Advisory Committee.

### **Innovative Ideas come from Education**

As Chairman of the RSIC, Melendez certainly encounters many issues, but he has been an especially strong advocate both locally and nationally for improved health care for Native people. Of his many accomplishments is the establishment of a new 60,000 square-foot Health Center, which serves thousands of Native Americans in Washoe County.

The inspiration for this and much of his work comes from Melendez's memories and knowledge he gained from his education. "By going to school, it really gives you a foundation for innovative ideas," he said. "Knowledge is everything, and it gives us vision for the future. Without knowledge, there is no hope. In these challenging times we've been through, the world needs educated people, and it brings a lot of peace... not only to the world, but within yourself."

*Continued on page 10*

## **Cont..**

### ***Chairman Melendez Awarded TMCC President's Medal***

#### **About the President's Medal**

*Each year, Truckee Meadows Community College confers its highest honor, the TMCC President's Medal, to an outstanding community leader. The president's medal is bestowed on a recipient in recognition of his or her contributions toward the enhancement and achievement of TMCC's mission of providing educational and public services to its students and to its community.*

#### **President's Medal**

2022 – Arlan D. Melendez

2010 – Dr. Joel Glover  
(posthumously)

2008 – Dr. Robert and Jean  
Myles

2007 – Lynn Atcheson

2006 – The Nell J. Redfield  
Foundation

2005 – Senator Bernice  
Mathews

2004 – Governor Kenny  
Guinn

2003 – Senator Bill Raggio

2002 – Dr. Jeane Jones

2001 – International Game  
Technology

2000 – Moya Olsen Lear

1999 – V. James Eardley,  
Ph.D.

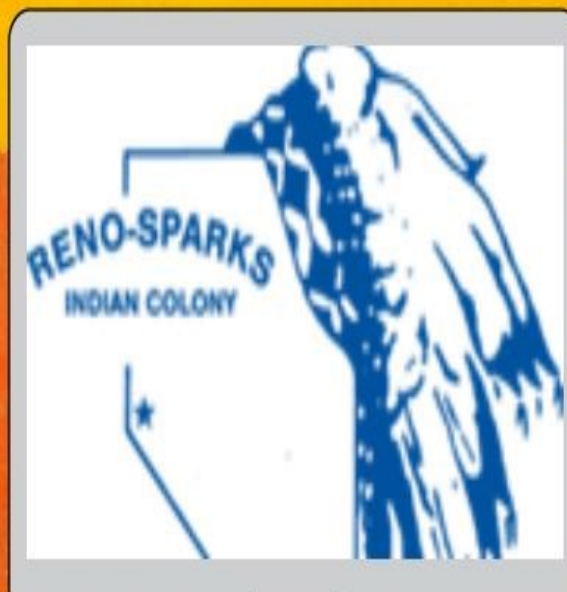
1998 – James Jeffers, Ph.D.

## **Get your Applications in!**

**DEADLINE FOR  
HIGHER EDUCATION  
APPLICATIONS IS**

**JUNE 30TH, 2022  
FOR THE FALL SEMESTER**

SEND APPLICATIONS TO  
[JSANCHEZ@RSIC.ORG](mailto:JSANCHEZ@RSIC.ORG)  
OR DROP THEM OFF AT  
THE EDUCATION DEPT.



**Reno Sparks Indian Colony  
34 Reservation Road Reno, Nevada 89502**



# Congratulations RSIC Head Start Graduates!

## Reno & Hungry Valley Class of 2035

Transition Ceremony Photos by: Bucky Harjo





# RSIC Community Reno Ace's Day

## Coors Light Party Zone

### Menu:

- Hot Dogs
- Pulled Pork
- Pico Mac & Cheese
- Elote Corn
- Beans
- Caesar Salad
- Cookies
- Watermelon
- 2 Free N/A Drinks Per Guest

Sponsored By RSIC Recreation Program



For more information please call Reno Gym @ (775) 329-4930

All RSIC Recreation activities/events are solely for the enjoyment of enrolled RSIC members and RSIC/HV residents



VS.



## July 23, 2022

### Game Time 6:35 PM



## FREE

With the following:

### Proof of RSIC Enrollment:

- Tribal Card
- RSIC Tribal C.I.B Letter

### Proof of RSIC/HV Residency:

- Current NV DL/I.D.
- RSIC Water Bill
- RSIC Garbage Bill
- NV Energy Bill
- RSIC Housing Composition

### Proof of Residency for Children:


- WCSD Letter for 2021-2022 School Year w/ RSIC Address

### Sign up in person 7/1/22

- Reno Colony Gym
- Mon. – Fri. 9 AM – 5 PM
- No calls will be accepted
- Ticket pick up TBA



100% **NATIVE OWNED**  
**DRIVE THRU**  
**THREE NATIONS CANNABIS**  
**DAILY SPECIALS**  
**RENO'S NEWEST DISPENSARY**



**MOST PRICES 10% LOWER THAN COMPETITORS!!**

**ORDER ONLINE | [THREENATIONSCANNABIS.COM](https://threenationscannabis.com)**  
**11570 S. VIRGINIA ST. | RENO, NV**

**WE HAVE MOVED...**  
**to a New Location**

**1933**

**OUR NEW OFFICE**

**1933 Prosperity Lane,  
The old EMS Office.**

**With a Spacious Lobby & Greater Services**

The Enrollment Office will no longer be in back of the building (the gray door), you can access the office from the front. The door will be open to welcome you in M-F 8 am - 5 pm.

Jessica Castillo email: [jcastillo@rsic.org](mailto:jcastillo@rsic.org)  
Jessie Astor email: [jastor@rsic.org](mailto:jastor@rsic.org)

(775) 785-1306 [www.rsic.org](http://www.rsic.org)

**Aloha!**  
**It's Back!!!**

Mark your calendars  
Reno-Sparks Indian Colony  
Senior Program is hosting our  
**2022 Senior Fun Day Luau**  
**September 21, 2022**  
Reno Gym 34 Reservation Rd  
**Watch for more details.**  
**Don't miss out on the fun!**  
**Come join the party**

RSIC Senior Program 775-785-1349.

**SUMMER DAY CAMP  
KICK OFF**

**Sunday June 12  
11 AM – 2 PM  
Hungry Valley  
Recreation Gym**

**Meet the New Staff**

**Day Camp T-Shirts**

**Goodie Bags**

**Day Camp Sign Ups**

**Lunch Provided**

**SNOW CONES**

**Lunch**

For more info. call Reno Gym @ 775-329-4930

All RSIC Recreation activities/events are solely for the enjoyment of enrolled RSIC members & RSIC/HV residents







# 2022 SUMMER DAYCAMP



## Day Camp Hours: 12-4pm daily

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>**Due to the amount of children who attend day camp, the program has exceeded the maximum capacity at our field trip sites and they cannot accommodate our combined number of children. Recreation will be splitting up the Reno/HV centers to meet the required capacity limit. Please do not allow your child or children to attend both sites. We encourage you to please attend the site nearest your home.</b></p> <p><b>The RSIC Summer Program is for RSIC ENROLLED MEMBERS &amp; RESIDENTS ONLY.</b></p>				
<p>June 13</p> <p><b>Activity:</b> Reno: Movies HV: Magic Carpet Golf <b>Depart:</b> Reno: 10:00am HV: 12:30 PM</p>	<p>14</p> <p><b>Activity:</b> Reno: Gym Day HV: Gym Day</p>	<p>15</p> <p><b>Activity:</b> Reno: Coconut Bowl HV: Peppermill Arcade <b>Depart:</b> Reno: 12:30 PM HV: 12:30 PM</p>	<p>16</p> <p><b>Activity:</b> Reno: Gym Day HV: Gym Day</p>	<p>17</p> <p> 775.359.2927 <b>Depart:</b> 9 AM</p>

<p>20</p> <p><b>No Day Camp</b></p> <p><b>Happy Juneteenth!</b></p>	<p>21</p> <p><b>Activity:</b> Reno: Gym Day HV: Gym Day</p>	<p>22</p> <p><b>Activity:</b> Reno: Dely Sparks HV: Rancho San Rafael <b>Depart:</b> Reno: 12:30 PM HV: 12:30 PM</p>	<p>23</p> <p><b>Activity:</b> Reno: Gym Day HV: Gym Day</p>	<p>24</p> <p><b>Both Sites</b> <b>Activity:</b> Pyramid Lake <b>Depart:</b> 10:00 AM</p>	<p>25</p> <p><b>Activity:</b> Reno: Coconut Bowl HV: Movies <b>Depart:</b> Reno: 12:30 PM HV: 12:30 PM</p>	<p>26</p> <p><b>Activity:</b> Reno: Gym Day HV: Gym Day</p>	<p>27</p> <p><b>Activity:</b> Reno: Idlewild Swimming HV: Pyramid Lake <b>Depart:</b> Reno: 12:30 PM HV: 9:00 AM</p>	<p>28</p> <p><b>Activity:</b> Reno: Gym Day HV: Gym Day</p>	<p>29</p> <p><b>Activity:</b> Reno: Movies HV: Fly High <b>Depart:</b> Reno: TBA HV: 12:30 PM</p>
<p>27</p> <p><b>Activity:</b> Reno: Peppermill Arcade HV: Movies <b>Depart:</b> Reno: 12:30 PM HV: 12:30 PM</p>	<p>28</p> <p><b>Activity:</b> Reno: Gym Day HV: Gym Day</p>	<p>29</p> <p><b>Both Sites</b> <b>Activity:</b> Aces Game <b>Depart:</b> 11:00 AM</p>	<p>30</p> <p><b>Activity:</b> Reno: Gym Day HV: Gym Day</p>	<p>July 1</p> <p><b>Activity:</b> Reno: CVSC HV: Dely Sparks <b>Depart:</b> Reno: 10am HV: 12:30 PM</p>	<p>Aug 1</p> <p><b>Both Sites</b> <b>Activity:</b> Carson Valley Swim Center <b>Depart:</b> 10:00 AM</p>	<p>2</p> <p><b>Activity:</b> Reno: Gym Day HV: Gym Day</p>	<p>3</p> <p><b>Activity:</b> Reno: Dely Sparks HV: Coconut Bowl <b>Depart:</b> Reno: 12:30 PM HV: 12:30 PM</p>	<p>4</p> <p><b>Activity:</b> Reno: Gym Day HV: Gym Day</p>	<p>5</p> <p><b>Both Sites</b> <b>Activity:</b> Pyramid Lake <b>Depart:</b> 9:00 AM</p>
<p>4</p> <p><b>No Day Camp</b></p> <p></p>	<p>5</p> <p><b>Activity:</b> Reno: Gym Day HV: Gym Day</p>	<p>6</p> <p><b>Activity:</b> Reno: Mayberry Park HV: Roller Kingdom <b>Depart:</b> Reno: 12:30 PM HV: 12:30 PM</p>	<p>7</p> <p><b>Activity:</b> Reno: Gym Day HV: Gym Day</p>	<p>8</p> <p><b>Both Sites</b> <b>Activity:</b> Rez Olympics <b>Depart:</b> HV: 12:30 PM</p>	<p><b>No Day Camp</b></p> <p><b>Teen Trip</b></p>	<p>9</p>	<p>10</p>	<p>11</p>	<p>12</p>

### PARENTS:

PERMISSION SLIPS: Your child must have a **2022 permission slip** on file before attending the activities. If your child has not yet done so, please contact the Recreation Dept. ASAP. Please make sure your child wears appropriate clothing and shoes for each day's activity and weather **AS PARTICIPATION IS A MUST FOR ALL ACTIVITIES.**

PARENTS: THIS SCHEDULE IS SUBJECT TO CHANGE WITH OR WITHOUT PRIOR NOTICE DUE TO UNFORESEEN CIRCUMSTANCES.

DAY CAMP HOURS: Day camp starts at 12:00 and ends at 4:00. (Unless otherwise noted) **GYM DOORS WILL OPEN AT 9AM.**

DAY CAMP AGE REQUIREMENT: children must be 6-17 yrs. old to attend. All teens are encouraged to attend all day camp activities.

COVID19 RESTRICTIONS will apply as directed: Masks will be required, COVID19 screening, use of hand sanitizer, and if your child is ill, please have them stay home.

Please make sure your child eats lunch before attending day camp as the Recreation Program does not provide meals, unless noted.

. If you have any questions feel free to contact the Reno Gym @ 775-329-4930 after 9:00 AM.

**Swimsuits are required on ALL swim days! A dry change of clothes and towel is also recommended. The bus drivers do not want the kids getting back on the bus wet!**



# TEEN NIGHT SCHEDULE

<b>June 14</b> <b>Activity:</b> <a href="#">Pyramid Lake Swim/ BBQ</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>	<b>June 26</b> <b>Activity:</b> <a href="#">Roller Kingdom</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>
<b>June 21</b> <b>Activity:</b> <a href="#">Mayberry swim/tubing</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>	<b>June 23</b> <b>Activity:</b> <a href="#">Fly High</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>
<b>June 28</b> <b>Activity:</b> <a href="#">Coconut Bowl</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>	<b>June 30</b> <b>Activity:</b> <a href="#">Pyramid Lake Swim/ BBQ</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>
<b>July 5</b> <b>Activity:</b> <a href="#">Round One Arcade</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>	<b>July 7</b> <b>Activity:</b> <a href="#">Movies Victorian square</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>
<b>July 12</b> <b>Activity:</b> <a href="#">Peppermill Arcade</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>	<b>July 14</b> <b><u>NO TEEN NIGHT</u></b>
<b>July 19</b> <b>Activity:</b> <a href="#">PL Swim</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>	<b>July 21</b> <b>Activity:</b> <a href="#">Roller Kingdom</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>
<b>July 26</b> <b>Activity:</b> <a href="#">Coconut bowl</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>	<b>July 28</b> <b>Activity:</b> <a href="#">Fly high</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>
<b>August 2</b> <b>Activity:</b> <a href="#">GSR – Max Action Arena</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>	<b>August 4</b> <b>Activity:</b> <a href="#">Pizza Plus &amp; Movies Victorian Square</a> <b>Depart:</b> <a href="#">Both Sites @ 5:30 PM</a>

## Parents & Teens

**PERMISSION SLIPS:** Your child must have a [2022 permission slip](#) on file before attending the activities. If your child has not yet done so, please contact the Recreation Dept. ASAP.

**PARENTS: THIS SCHEDULE IS SUBJECT TO CHANGE WITH OR WITHOUT PRIOR NOTICE DUE TO UNFORESEEN CIRCUMSTANCES.**

**TRANSPORTATION:** HV teens who are working in Reno are able to get a ride back to HV after the activity.

**TEEN NIGHT HOURS:** Teen Night starts at 5 PM and ends at 10 PM. (Unless otherwise noted)










**COVID RESTRICTIONS WILL APPLY:** Masks are required, social distancing, and we ask if your child is ill, please have them stay home.

*If you have any questions feel free to contact the Reno Gym @ 775-329-4930 or HV Gym @ 775-785-1360.*

*Swimsuits are required on ALL swim days! A dry change of clothes and towel is also recommended.*



Reno-Sparks Indian Colony  
Senior Program MENU  
34 Reservation Road Bldg F  
Reno, NV 89502  
775-785-1349

Monday	Tuesday	Wednesday	Thursday	Friday Brunch 10:30 am – 12 pm
 <b>HAPPY Father's DAY</b> Sunday June 19	 <b>hello SUMMER</b>	1 Grilled Cheese on Whole Wheat Bread Tomato Soup Fruit Cocktail	2 Gyro on Pita Lettuce and Tomato Pasta Salad Orange	3 Chorizo Burrito with Eggs & Cheese on Whole Wheat Tortilla Sliced Peppers Grapes 
6 Chicken Fried Brown Rice with Peas and Carrots Pineapple Fortune Cookie	7 Cheeseburger Macaroni with Whole Wheat Pasta Green Beans Fruit Cup	8 Pork Pozole Dark Green Salad Watermelon 	9 Turkey Burger on Whole Wheat Bun Lettuce and Tomato Sweet Potato Tots Apple	10 Whole wheat French Toast Turkey Sausage Patty Mixed Berries
13 Buffalo Burger Gravy over Brown Rice 5 way Vegetables Peaches 	14 Chili Turkey Dog on Whole Wheat Bun Cheese and Onions Dark Green Salad Applesauce	15 Grilled Chicken Mashed Potatoes California Blend Vegetables Honeydew	16 Steak Fajita on Whole Wheat Tortilla with Grilled Onions and Peppers Southwest Corn Melon Mix 	17 Biscuits and Turkey Sausage Gravy Cucumber and Tomato Salad Orange Wedges
20 Juneteenth Closed – Holiday  No meals served or delivered	21 Salmon Wild Rice Pineapple 	22 Green Chicken Stew Dark Green Salad Cantaloupe 	23 <i>Birthday Bingo</i> Hot Turkey Sandwich on Whole Wheat Bread Mashed Potatoes Green beans Apple	24 Denver Scramble with Low Sodium Ham, Eggs, and Peppers Whole Wheat Toast Banana
27 Chicken Cesar Spinach Wrap Sun Chips Pear 	28 Grilled Liver With Onions Brown Rice Asparagus Grapes	29 BBQ Chicken Sandwich on Whole Wheat Bun Coleslaw Watermelon	30 Pork Carnitas Spanish Rice Grilled Zucchini Orange	<i>Menu is subject to change without notice</i>

Please tie up your dog(s) during delivery times 10 am- 1 pm. Staff will not enter yards with loose dogs.  
Reminder to call before 10:00 am to cancel or add your meal delivery. 775-785-1349

**Reminder-** Your meal will be in a plastic bag and placed on your doorknob or driveway fence if you have loose dogs. Please listen for staff to honk and knock then pick up your meal bag after they leave. Staff will return within 15-20 minutes. Meal bags that stay on the door or fence will be removed and a "missed you" note will be left. This ensures safe temperatures of food.





Reno-Sparks Indian Colony  
Senior Center Activities Calendar  
34 Reservation Rd  
Building F

2022

775-785-1349

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Note: Paiute Language &amp; Shoshone Language Classes are on Zoom. Zoom Meeting ID: 973 902 8272.</p>		1) 12:00 pm Paiute Language Class	2) 12:30 pm Start Acrylic Painting 	3)
6) 1:00 pm Senior Advisory Committee Meeting Sign up for Movies Limited Giants Tickets Sign up Required	7) 9:00 am Farmers Market 12:30 pm Finish Acrylic Painting	8) 12:00 pm Paiute Language Class	9) 12:30 pm Mason Jar Photo Vase 	10)
13) San Francisco Giants Game Day 	14) 12:30 pm Father's Day Pillow Case 	15) 12:00 pm Paiute Language Class World Elder Abuse Awareness Day Last Day to Sign up for Movies	16) 12:30 pm Century Theaters 6:00 pm Father's Day Dinner 	17) 18) <a href="#">Stewart Pow Wow</a> 10:00 am – 2:00 pm
19) Father's Day 20) Center Closed No Lunches Server or Delivered 	21) 8:00 am Commodities @34 Drive Thru only 9:00 am Food Pantry Rodeo Day 	22) 12:00 pm Paiute Language Class	23) 12:30 pm Birthday Bingo 5:00 – 7:00 pm Senior Center Open House 	24)
27)	28) 12:30 pm 4 <sup>th</sup> of July Decoration 	29) 12:00 pm Paiute Language Class	30) 12:30 pm 4 <sup>th</sup> of July Wreath 	

\*Paiute/Shoshone Language Classes, if you have any questions, or need help, call Language & Culture 775-785-1321.  
Activities are subject to change or cancel without notice.

Sign up required for transportation to Farmers Market.

3 Participants needed for any transportation activity. Movies will be in person, sign up required.

June 13<sup>th</sup> Monday: San Francisco Game no transportation provided.

June 16<sup>th</sup> Thursday: Sign up required for Father's Day Dinner.

June 18<sup>th</sup> Saturday: Sign up required for transportation and to attend.



## RESOURCE LIST

### EMERGENCY SITUATIONS CALL 9-1-1

RSIC TRIBAL POLICE.....(775) 785-8778 RENO  
(775) 785-7985 HV  
RENO POLICE DEPARTMENT.....(775) 334-2175  
SPARKS POLICE DEPARTMENT..... (775) 353-2231  
WASHOE COUNTY SHERIFF'S DEPARTMENT  
(775) 328-3001

### CRISIS HOTLINES

CRISIS CALL CENTER.....(775) 784-8090  
TEXT "LISTEN" TO 839883

CRISIS TEXT LINE.....TEXT "START" TO 741-741

NATIONAL SUICIDE PREVENTION LIFELINE  
1(800) 273-8255

RAPE ABUSE/INCEST/NATIONAL NETWORK(RAINN)  
1(800) 656-4573

SAFE EMBRACE.....(775) 322-3488  
(24HOUR DOMESTIC/SEXUAL VIOLENCE, SEXUAL ASSAULT, HUMAN TRAFFICKING)

STRONG HEARTS NATIVE HELPLINE  
(DOMESTIC VIOLENCE, DATING VIOLENCE) 1(844) 752-8483

### MENTAL HEALTH SERVICES

RENO SPARKS TRIBAL HEALTH CENTER  
BEHAVIORAL HEALTH DEPARTMENT.....(775) 334-4307

NEVADA URBAN INDIANS.....(775) 788-7600

NORTHERN NEVADA ADULT MENTAL HEALTH SERVICES  
(775) 688-2001

WEST HILLS HOSPITAL.....(775) 323-0478

RENO BEHAVIORAL HEALTH.....(775) 393-2200

HOPES CLINIC.....(775) 788-4673

ST. MARY'S BEHAVIORAL HEALTH.....(775) 770-3905

NEVADA 211.....DIAL 2-1-1  
(COUNSELING, EMERGENCY FOOD, HOUSING, EMERGENCY  
SHELTER, DENTAL SERVICES, MEDICAL SERVICES, DRUG ABUSE  
TREATMENT, HOMELESS SERVICES, SUICIDE PREVENTION, ETC.)



Reno Sparks Tribal Health Clinic, 1715 Kuenzli Street, Reno, NV 89502  
(775) 329-5162

## TEEN RESOURCES

### TEXT LINES

TEXT "LISTEN" TO 839883

CRISIS TEXT LINE: DEPRESSION, GRIEF, LOSS, DOMESTIC  
VIOLENCE, SEXUAL ASSAULT, SUBSTANCE ABUSE,  
THOUGHTS OF SELF-HARM

TEXT "TREVOR" TO 1-202-304-1200

THE TREVOR PROJECT: SAFE, ACCEPTING, INCLUSIVE  
ENVIRONMENT FOR YOUTH WHO IDENTIFY AS LESBIAN,  
GAY, BISEXUAL, TRANSGENDER, QUEER AND/OR  
QUESTIONING

### CRISIS HOTLINES

CRISIS CALL CENTER... ..(775) 784-8090

SUICIDE PREVENTION LIFELINE  
1-800-273-8255

THE TREVOR PROJECT... ..1-866-488-7386

NATIONAL DOMESTIC VIOLENCE  
1-800-799-7233

NATIONAL CHILD ABUSE... ..1-800-422-4453

### MENTAL HEALTH SERVICES

RENO SPARKS TRIBAL HEALTH CENTER  
BEHAVIORAL HEALTH ... ..(775) 334-4307

PYRAMID LAKE TRIBAL HEALTH CLINIC  
BEHAVIORAL HEALTH... ..(775) 574-1018

NEVADA URBAN INDIANS... ..(775) 788-7600

WEST HILLS HOSPITAL... ..(775) 323-0478

RENO BEHAVIORAL HEALTH... ..(775) 393-2200

HOPES CLINIC... ..(775) 788-4673

ST. MARY'S BEHAVIORAL HEALTH  
(775) 770-3905

NEVADA 211... ..DIAL 2-1-1  
(RUNAWAY SHELTER, BIRTH CONTROL, TUTORING,  
TEEN PREGNANCY RESOURCES, HELP WITH FINDING A  
JOB, & SCHOOL SUPPORT)

SAFE PLACE... ..(775) 352-8080  
(HOMELESS & AT-RISK YOUTH)

**YOU ARE NOT ALONE! If you need support please reach out.**

**YOU ARE WORTH IT! If you need support reach out.**



# Washoe County Health District: COVID-19 Cases Still Rising RSIC Cases Also Rising

By: Bob Conrad, This is Reno Publication

Reno, NV (June 8, 2022)- COVID-19 cases in Washoe County are again on the rise. A seven-day average of new cases has the county in the “medium” level of community risk, according to the Centers for Disease Control and Prevention levels.

“We’re at 1,148 confirmed COVID cases that we reported over the past week,” said District Health Officer Kevin Dick. “That’s the first time in awhile that we’ve exceeded that 1,000 number.”

The seven-day moving average is 167 cases.

“Last week that number was at 133,” Dick added. “Two weeks ago it was at 111, so our cases are continuing to increase in Washoe County.”

Dick said these numbers are a small fraction of actual cases due to home test results not be-

Overall COVID-19 Stats		Totals
Completed Tests		8103
Negative		7019
Positive		1076
Inconclusive/Invalid		8
Pending		1
Deaths		11
Recovered		1081
RSTHC Active Breakthrough Cases (Vaccinated)		15
RSTHC Active Breakthrough Cases (Boosted)		12
<b>RSTHC Active Cases</b>		<b>20</b>

RSIC Member/Resident Stats		Totals
Positive To Date		465
Reno Colony		134
Hungry Valley		241
Urban RSIC Tribal Members		90
Deaths		7
Recovered To Date		457
RSIC Active Breakthrough Cases (Vaccinated)		5
RSIC Active Breakthrough Cases (Boosted)		3
<b>Total Active Cases</b>		<b>10</b>
Active Reno Colony		6
Active Hungry Valley		1
Active Urban RSIC Tribal Members		3
Current RSIC Hospitalizations		0
New RSIC Housing Referrals Made		0
New RSIC Member Quarantine Homes		3

RSIC COVID-19 Dashboard as of June 9, 2022

ing reported to the county and included in case counts.

“We’re estimating that our number of [actual] cases are five to ten times [greater],” he said.

Dick recommended those at

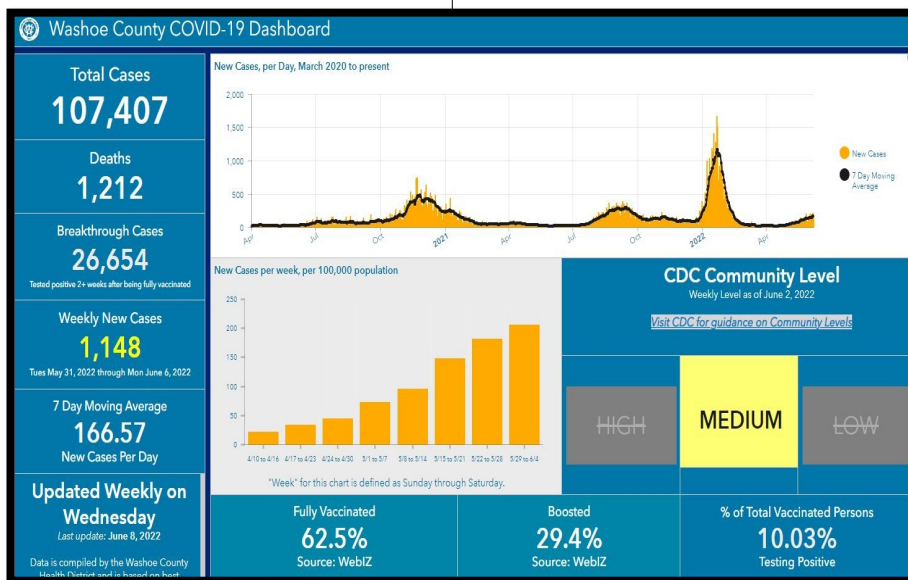
high risk should take extra precautions such as avoiding large gatherings, wearing masks and ensuring they are fully vaccinated.

There are 31 people hospitalized with COVID-19.

The health district continues to offer vaccinations at its clinic and Reno-Sparks Tribal Health Center offers vaccination by appointment. Call 775-334-0444 to schedule an appointment today.

“It’s very important to get boosted. I would encourage you to do so now if you haven’t already,” Dick added.

Dick said rising cases could be expected for the next few weeks.





## Thinking About Getting a **Second COVID-19 Vaccine Booster Dose**

In March 2022, CDC updated its COVID-19 vaccination guidance to say that certain groups of people *may* get second boosters. If you're in one of those groups, it's up to you whether or not to get a second booster right now, based on the benefits and risks the vaccine may provide to you. Your healthcare provider can help you review your options.

Here are factors to think about as you consider a second booster.

### 1. Are you eligible?

Right now, you're eligible for a 2nd COVID-19 booster if you're:

- 50 years of age and older *and* received an initial booster at least 4 months ago.
- 12 years of age and older *and* moderately or severely immunocompromised *and* received an initial booster at least 4 months ago
- Received 2 doses of Janssen vaccine at least 4 months ago

### 2. Are you (or is someone you live with) more likely to get very sick?

Certain factors can make it more likely someone will get very sick from COVID-19. If you are eligible for a second booster (see above), it may be helpful to get a second booster now if you are (or if someone you live with is):

- Moderately or severely immunocompromised
- More likely to get very sick from COVID-19
- More likely to be exposed to COVID-19 through your job, where you live, or other factors (such as frequent travel or large gatherings)
- In an area with medium to high COVID-19 community levels
- Or if someone you live with is unvaccinated.

### 3. Can you wait?

Even if you are eligible for a second booster, you may consider waiting to get a second booster if you:

- Had COVID-19 within the past 3 months
- Feel that getting a second booster now would make you not want to get another booster in the future (a second booster may be more important in fall of 2022, or if a new vaccine for a future COVID-19 variant becomes available).

### If you get a second booster:

- Make sure it's been at least 4 months since your last COVID-19 booster.
- Remember that second boosters can only be Moderna or Pfizer-BioNTech (and for 12-17 year-olds, only Pfizer-BioNTech).
- You can self-attest that you have a moderately or severely weakened immune system. This means you do not need any documentation that you have a weakened immune system to receive COVID-19 vaccines (including boosters) wherever they're offered.

#### CDC References and Resources:

COVID-19 by County [www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html](https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html)

Interim Clinical Considerations for Use of COVID-19 Vaccines Currently Approved or Authorized in the

United States: [www.cdc.gov/vaccines/covid-19/clinical-considerations/interim-considerations-us.html](https://www.cdc.gov/vaccines/covid-19/clinical-considerations/interim-considerations-us.html)

Interim COVID-19 Immunization Schedule for Ages 5 Years and Older:

[www.cdc.gov/vaccines/covid-19/downloads/COVID-19-immunization-schedule-ages-5yrs-older.pdf](https://www.cdc.gov/vaccines/covid-19/downloads/COVID-19-immunization-schedule-ages-5yrs-older.pdf)

People with Certain Medical Conditions

[www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html)

U.S. COVID-19 Vaccine Product Information: [www.cdc.gov/vaccines/covid-19/info-by-product/index.html](https://www.cdc.gov/vaccines/covid-19/info-by-product/index.html)



CS331034-A 04/28/2022



# COVID-19 SECOND BOOSTER

**AVAILABLE**

at

**RSTHC**

**1715 KUENZLI STREET  
RENO, NV. 89502**

Mon. Tues. Thurs. Fri.  
8AM - 4:30PM  
Weds.  
8AM - 12:00PM

CALL TO MAKE  
AN  
APPOINTMENT  
**775 334 - 0444**



# PROTECTING OUR COMMUNITY

STAY SAFE  
PROTECT YOURSELF FROM  
**COVID-19**



COVID-19 has affected our everyday life, especially celebrations and ceremonies.

Gatherings are important to Tribal communities, and to help prevent the spread of COVID-19, many tribal communities, families, and friends will be exploring how to safely and respectfully celebrate gatherings, such as drum and prayer circles, and ceremonies, or feasts. One way to help keep our community safe is by receiving a COVID-19 vaccine, if eligible. Remember, getting your COVID-19 vaccines and other resources, call RSTHC at 775 329-5162, and Find COVID-19 info at [www.COVID19Washoe.com](http://www.COVID19Washoe.com).

## TIPS FOR GATHERING

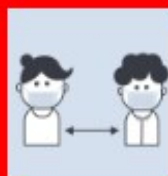
If you are not fully vaccinated, wear a mask during an indoor celebration or gathering, such as a family dinner with friends and family from multiple households.



If you are in an area with a high number of covid-19 cases or if you will be in close contact with others who are not fully vaccinated, wear a mask in a crowded outdoor setting. For example, an outdoor pow wow, ceremony, potlatch, or community celebration.

If you are unvaccinated or immunocompromised continue prevention strategies, such as wearing a mask, staying 6 ft away from others, avoiding crowds and poorly ventilated spaces, washing your hands or using hand sanitizer often, cleaning and disinfecting frequently touched surfaces, and getting vaccinated if you are eligible.

If you are fully vaccinated, help to protect elders, children, and those who cannot get vaccinated by wearing a mask.



Stay home if you are sick, feeling sick, or may have been exposed to covid-19 recently.



# TIPS FOR HOSTING GATHERINGS

STAY SAFE  
PROTECT YOURSELF FROM  
**COVID-19**



ASK ALL ATTENDEES TO WEAR A MASK  
TELL GUESTS TO STAY HOME IF THEY ARE SICK,  
FEELING SICK, OR MAY HAVE BEEN EXPOSED TO COVID-19.  
FREQUENTLY CLEAN SURFACES BEFORE, DURING AND AFTER AN EVENT  
PUT OUT HAND SANITIZER.  
INCREASE CIRCULATION OF OUTDOOR AIR AS MUCH AS POSSIBLE,  
AND MAKE SURE VENTILATION SYSTEMS FUNCTION WELL.  
LIMIT CONTACT WITH SHARED ITEMS OR FREQUENTLY TOUCHED SURFACES.  
HOST THE GATHERING OUTSIDE, IF POSSIBLE, AND ALLOW SPACE FOR PHYSICAL DISTANCING.  
USE DISPOSABLE ITEMS LIKE FOOD CONTAINERS, PLATES, UTENSILS, AND CUPS.  
LIMIT THE NUMBER OF PEOPLE HANDLING OR SERVING FOOD.

## IF YOU BECOME SICK AFTER A GATHERING

Attending a gathering or event can increase your risk of exposure to COVID-19.  
symptoms of COVID-19 vary from mild to severe. Here is a non-exhaustive list of  
symptoms to watch out for.

New Loss of Taste or Smell  
Fever or Chills or Night Sweats  
Cough  
Fatigue  
Muscle or Body Aches  
Sore Throat

Lower Back Pain  
Shortness of Breath or Difficulty Breathing  
Diarrhea  
Headache  
Congestion or Runny Nose  
Nausea or Vomiting

**IF YOU HAVE TROUBLE BREATHING SEEK MEDICAL ATTENTION IMMEDIATELY**

**IF YOU ARE FULLY VACCINATED AND KNOW YOU HAVE BEEN EXPOSED TO COVID-19  
AT A GATHERING, PLEASE GET TESTED 5-7 DAYS AFTER EXPOSURE.**

# Reno-Sparks Indian Colony New Employees

**Cynthia Anguiano-Navarro—RSTHC** - Budget Analyst  
**Margaret Gunshows—Head Start** - Head Start Manager  
**Zachary Baker—Recreation** - Recreation Assistant Reno  
**Hope Dressler—Recreation** - Recreation Assistant HV  
**Daniel Maya—Smoke Shop I** - Retail Clerk  
**Meleseini Tuihalangie—Human Services** - Case Manager  
**Rusty Blackwater—Public Works** - Landscape Worker  
**Jeremiah Sampson—Education** - Tutor One-on-One  
**William Pigg—Smoke Shop I** - Retail Clerk  
**Johni Bill—Archives** - Records Center Manager  
**Sheila Christy—Recreation** - Recreation Assistant  
**Ciera Sampson—Police** - Emergency Services Manager  
**Brenda Harris—RSTHC** - Community Health Supervisor  
**Lydia Bonta—Smoke Shop 2** - Temporary Retail Clerk  
**Milvia Reyes—RSTHC** - Patient Benefits Coordinator  
**Michel Robins—RSTHC** - Patient Representative  
**Chandra Scott—RSTHC** - Patient Representative  
**Connie Luciano—Finance** - Senior Account Technician  
**Michele Jim-Katenay—RSTHC** - Behavioral Health Manager  
**Ciera Sampson—Police** - Emergency Services Manager  
**Brenda Harris—RSTHC** - Community Health Supervisor  
**Lydia Bonta—Smoke Shop 2** - Temporary Retail Clerk





## JOIN THE RSIC and ARTOWN 2022

July 14, 2022

This documentary brings to light the profound and overlooked influence of Indigenous people on popular music in North America. Join RSIC at the Nevada Museum of Art.

6pm - 8pm

Gate/Door Time: 5:45pm



# AND

**July 30, 2022 at Idelwild Park!**

**Native American Celebration: The Reno Sparks Indian Colony and Classic Roots Celebrates Indigenous Culture**

6:30pm - 8pm

Gate/Door Time: 4pm

Joshua "Classic Roots" DePerry



The heartbeat of the boreal north (Toronto) with a unique sound of pow wow techno and contagious basslines are what defines the unique sound of Classic Roots. His releases express a wide range of sounds from upbeat, tribalism and techno to groovy baseline sound, establishing a sense of cultural freedom that echoes through his music. He continues producing his own music which puts the crowd into euphoria and sweat. Through the inclusion of First Nations drumming and singing in his electronic compositions, he acknowledges the continued resilience of his nation. Ultimately, Classic Roots reminds people that they have the power to chase their dreams.

For more information, please contact Michon R. Eben (RSIC Cultural Resources/THPO) at (775) 785-1326



IN OBSERVANCE OF  
**4<sup>TH</sup> OF JULY**

RSIC Admin Offices  
&  
RSTHC

**WILL BE CLOSED**

Will re-open as normal  
on Tuesday July 5th



## Reno Sparks Indian Colony

*In Observance of*



**Monday June 21, 2022**

RSIC ADMIN OFFICES  
&  
TRIBAL HEALTH CENTER

**WILL BE CLOSED**

Will re-open as normal  
Tuesday June 22, 2022



*Have a safe and wonderful Holiday*

THE INTER-TRIBAL COUNCIL OF NEVADA  
IN COLLABORATION WITH NEVADA INDIAN COMMISSION  
INVITE YOU AND YOUR FAMILY TO A

**COVID-19 VACCINE OUTREACH EVENT**



**FRIDAY, JUNE 17TH**  
**STEWART INDIAN SCHOOL**



**6PM-9PM**



*with special guests*



**SUPAMAN  
HIPHOP**



**DJ  
ELEMENT**



**JAMES  
& ERNIE**



FREE ENTRY • FOOD

RAFFLE PRIZES • VENDORS • GOODIE BAGS



FOR VENDOR INFORMATION, PLEASE REACH OUT TO  
BHARRY@ITCN.ORG OR RMILLER@ITCN.ORG  
(775) 355-0600 EXT. 101 OR (775) 622-6766





RSTHC Behavioral Health & Community Health Departments

presents

## BALANCING WELLNESS

### Lunch Time

# PAINT

June 16, 2022 11am-2pm

Open to all RSTHC patients, RSIC enrolled members, & RSIC community members

Questions?? (775) 329-5162 ext. 2009/1943/1949



Come de-stress with us on your lunch break. Show up anytime and paint with us. Event will be held in the Reno-Sparks Tribal Health Center.

Call to sign-up to ensure we have enough supplies, incentives, food, etc.

## JOIN THE DEAD PLANT SOCIETY AND HONE YOUR GARDENING SKILLS!

SATURDAY  
JUNE 18  
10AM-12PM

1700 EAST 2ND STREET  
(AT GOULD ST)

AT



## YOU'VE GOT A FRIEND IN BEE: TIPS ON POLLINATOR GARDENING

Bugs, bees, bats and butterflies all do the important job of pollinating our plants so they can produce tasty fruits, veggies and flowers for us to enjoy.

Without bees, no juicy tomatoes or crunchy carrots!

This workshop will explore which pollinator plants grow best in the high desert, how you can make your yard friendly to these critters, and offer a delicious honey taste test! Each participant will go home with pollinator friendly seeds and honey. One lucky Dead Plant Society Attendee will receive a nursery gift card to up your yard game with pollinator friendly plants!

**SIGN UP REQUIRED .. QUESTIONS?: CALL STACY 329-5162 X1945  
BEEN A WHILE SINCE YOU'VE SEEN YOUR RSTHC DOCTOR?  
GET SCHEDULED AT 775-329-5162 X7707**



SPONSORED BY THE RSIC DIABETES PROGRAM  
MUST BE A PT OF RSTHC OR RSIC COMMUNITY

www.sir-powwow.com

# SIR Pow Wow 2022

13th Annual June 24-25-26

## Specials

MMIW \$ 2,000  
Fast n Fancy \$ 2,000  
Veteran's Special \$2,000  
Teen All Around Boys/Girls \$2,000

HeadMan's Special  
Northern Traditional 18+

HeadWoman's Special  
Woman's Traditional 18+

## Grand Entry

FRIDAY JUNE 24TH 7:00 PM  
SATURDAY JUNE 25TH  
1:00 PM & 7:00 PM  
SUNDAY JUNE 26TH 12:00 PM

## Host Hotel

DIAMOND MTN CASINO  
530-252-1100

## VENDOR CONTACT

AARON BRAZZANOVICH JR.

530-310-3381

AB96130@gmail.com

## POWWOW INFO

AMELIA LUNA

530-249-7192

CRZYLUNA@hotmail.com

## Atwai Pearl Wak Wak

Sammaripa

Golden Age Women

Special 65+

Saturday-June 25, 2022

3 Places Consolation Prizes

## Host Drum



## SHARP SHOOTER SINGERS

HeadWoman  
Violet Olney

HeadMan  
Caley Ouray  
Pratt/Can'tsee



Yakama Nation  
White Swan, WA



Pyramid Lake Paiute  
Sioux Valley Dakota Nation

MC - Kenny Brown

AD - Jerry Bear

Location: Lassen Community College Soccer Field

HWY. 139, SUSANVILLE, CA

"DRY CAMPING, NO SHOWERS, NO RV HOOKUPS"

BRING YOUR CANOPY & CHAIRS.

ALL COVID-19 SAFETY GUIDELINES WILL BE FOLLOWED!

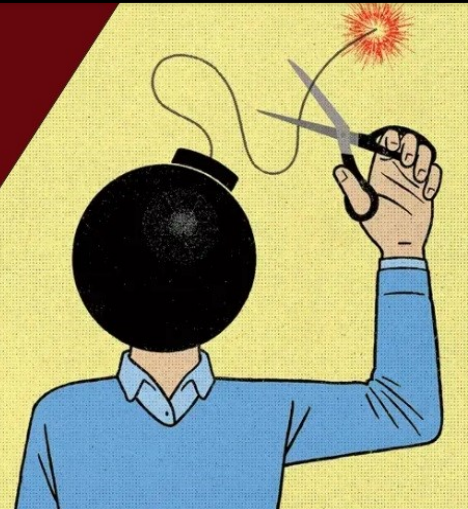
DRUG & ALCOHOL FREE EVENT.

SIR TRIBE & POWWOW COMMITTEE NOT RESPONSIBLE FOR SHORT FUNDED TRAVELERS

Saturday Dinner Break- Hand Drum Contests Adult-Youth



"Harnessing the  
power of change"



## ANGER MANAGEMENT

TUESDAYS AT 4:00PM

MASKS ARE MANDATORY  
FOR ALL IN-PERSON CLASSES

Please Call to Sign Up

775-334-0989

OR

775-329-5162 extension 2010

## THE BENEFITS

### Knowing Your Triggers

Learn to identify what sets you off or worsens your anger

### Communication Skills

Learn how to express feelings and needs assertively (not aggressively)

### Respond Instead of React

Calm yourself down



# Senior Center

## OPEN HOUSE!

June 23, 2022

5:00 pm – 7:00 pm

Come visit our newly remodeled building

Light refreshments provided

775-785-1349



RSIC Senior Program Clients

Father's Day Dinner

Thursday June 16, 2022 at 6:00 pm

Sign up required. Call 775-785-1349 to sign up.

This is a Father's only event.



Reno Rodeo

Tuesday June 21, 2022

Tickets are limited 1 per person

Senior Program Clients only. Sign up required for tickets. Call 775-785-1349

Limited number of San Francisco Giants



Tickets Available for

Senior Program clients only.

For Monday June 13, 2022

Call 775-785-1349 to get your ticket.

Limit 1 per person

No transportation provided.



Stewart Father's Day Pow-Wow

Saturday June 18, 2022



Sign up required. 3 participants minimum needed for transportation. Departing Senior Center at 10:00 am

Returning at 2:00 pm

Bring your own chair and spending money.



JOIN THE  
DEAD PLANT SOCIETY  
AND HONE YOUR GARDENING SKILLS!

AT



SATURDAY  
JULY 16TH  
10AM-12PM

1700 EAST 2ND STREET  
(AT GOULD ST)

Open to ages 18 and up

### ATTACK OF THE KILLER TOMATOES

Tomatoes in Reno can be tricky! We've all heard that until the snow melts off of Peavine, we must wait to put tomatoes in the ground. But what about trellising, pests, disease and what to do with green 'maters? In this workshop we'll explore the intricacies of tomato care through the summer. Each participant will leave with trellising materials and organic tomato fertilizer. One lucky Dead Plant Society Attendee will receive a complete set up to can tomatoes at home.

**SIGN UP REQUIRED .. QUESTIONS?: CALL STACY 329-5162 X1945  
BEEN A WHILE SINCE YOU'VE SEEN YOUR RSTHC DOCTOR?  
GET SCHEDULED AT 775-329-5162 X7707**



SPONSORED BY THE RSIC DIABETES PROGRAM  
MUST BE A PT OF RSTHC OR RSIC COMMUNITY

## OPEN HOUSE!



The Reno-Sparks Indian Colony Head Start program  
will have an Open House on

Thursday, June 16<sup>th</sup> from 5:30 p.m. to 6:30 p.m.

And Friday, June 17<sup>th</sup> from 9:30 a.m. to 11:00 a.m.

Come tour the Reno Center and learn more about the program! Masks must be worn, and visitors must be prescreened. Anyone interested in the program is encouraged to attend!

Light snacks will be served.

Head Start offers early education services for low-income families with children aged 3-5. Children must be three by August 15<sup>th</sup>.

Complete applications MUST be turned in by Thursday, July 14<sup>th</sup> in order to be considered for enrollment.

#### THE HEAD START PROGRAM PROVIDES:

- Nutritious breakfasts and lunches
- Kindergarten/School readiness skills
- Services provided to children with disabilities
- Language/Cultural Curriculum in all classrooms
- Transportation provided in Hungry Valley

For more information and receive an application, please contact Lisa Watson at [lwatson@rsic.org](mailto:lwatson@rsic.org) or at 775-789-5615.

"Aishe Zaa Memme Ek!" - Shoshone, "Pesa mu kegemuna" - Paiute, "Mi wa anaw wan? Mibi?" - Washoe  
"It is good you all came."

# Stay Cool—Getting too Hot Can Be Dangerous

*Worldwide, 55 million people are living with Alzheimer's and other Dementias.*

Reno, NV (June 9, 2022) The weather is heating up this week & will be hotter when summer hits!

It's not good for the body to be too hot for too long. Too much heat can damage your brain and other organs. It's important to keep your cool when the days are hot.

Your body has its own natural cooling system. Sweating is key to cool-

ing when hot weather or exercise causes your body temperature to climb. When sweat dries, it carries heat away from your body's surface and lowers your temperature.

When sweating isn't enough to help you cool down, you're at risk for a heat-related illness called **hyperthermia**.

Hyperthermia occurs when the body's heat-regulating mechanisms

don't work effectively. Older age, certain illnesses, and medications increase the risk of developing hyperthermia. A temperature of 104 °F or higher is life-threatening.

Confusion, nausea or vomiting, and rapid breathing are some symptoms. It's critical to move a person with hyperthermia to a cooler place and seek emergency care.

*Continued on page 29*

## KNOW THE SIGNS



### HEAT EXHAUSTION



- Headaches
- Nausea and vomiting
- Fatigue, weakness and restlessness
- Thirsty
- Anxiety
- Poor coordination
- Weak, rapid pulse
- Sweating heavily
- Raised body temperature

### HEAT STROKE



- Headaches
- Nausea and vomiting
- Rapid pulse
- Extremely thirsty
- Dry, swollen tongue
- Disoriented, dizzy or delirious, slurred speech
- Body temperature more than 40°C
- Convulsions, seizures or coma
- May be sweating, skin may feel deceptively cool

### WHAT TO DO

- > Lie down in shade or air-conditioning
- > Drink water
- > Cool compress or tea towel
- > Cool shower or bath

### WHAT TO DO

- > Call 000 immediately
- > Reduce temperature until ambulance arrives



# BEAT THE HEAT

## AT HOME



Make sure your house is properly insulated, or else cool air will escape.



If no A/C, use a ceiling fan and apply reflective films to your windows. They greatly reduce the infrared energy coming in.



Purchase white drapes, which reflect heat away from the home.



Try cooking outdoors when possible. Cooking indoors quickly heats the home.

## IN THE CAR



Under the hood, periodically flush your cooling system and replace coolant.



**DO NOT** leave children or pets unattended.



If you're unsure if your A/C is in top shape, you may need to get your refrigerant level checked.



Keep an emergency kit in your vehicle, with water included.

## ON THE GO



Wear light materials like linen and light cotton. Don't wear black because it absorbs heat.



Even if you don't feel thirsty, drink water.



Apply sunscreen before going outdoors.



Run early in the morning when the sun is at its weakest. Or exercise indoors instead.



Wear wide brimmed hats. What they lack in fashion, they make up for in protection.

## GENERAL TIPS



Heat stroke most commonly occurs when your body temperature is 103 degrees or higher. If a heat stroke does occur, call 911 immediately.



If you have a sunburn, stay out of the sun until it heals. Or else you risk a worse burn and blisters.



Recognize the signs of heat exhaustion, dehydration and heat stroke in yourself and others. If you are unsure whether or not someone is in need, do not hesitate to seek medical help.

Sources:  
[www.cdc.gov/disasters/extremeheat/warning.html](http://www.cdc.gov/disasters/extremeheat/warning.html)  
[exchange.aaa.com/car-care/repair-maintenance/seasonal-car-maintenance/summer-tips-to-help-your-car/#.WWfBndPyTTY](http://exchange.aaa.com/car-care/repair-maintenance/seasonal-car-maintenance/summer-tips-to-help-your-car/#.WWfBndPyTTY)

State Farm

The Weather Channel



# Eagle Feather Ceremony for RSIC Graduates 2022:

*By: Stacey Burns, RSIC Language and Culture Program Director*



RSIC Graduates 2022 who received an Eagle Feather—

Left-Right: Wade Plummer, Payton Yarrow, Nathan Lyons, Joleah Plummer, Keira Bill, Rahlene Chavez, Natalia Chacon, Kayden Quartz, Deeahmee Malone (not pictured Nyellie Chacon, Christian Lopez)

Hungry Valley, NV (May 2022) -

How Mu, Muh Hagane,  
Hungameheshi,

I wanted to share photos of our beautiful graduates that participated in the Eagle Feather Blessing lead by our amazing elder Reynelda James.

Our elder advocates every year for our students and their right to wear their Eagle feathers as they walk across the stage to receive their high school diplomas.

It is with the help of strong elders and leaders that we can support our students



Support education staff for the event. L-R Logan Miller HV tutor, Nicole Mandel HV Advisor, Lizette Arriaga HV Student Family Advisor, Reynelda James Elder, Stacey Burns; Language & Culture Coordinator, Macario Mendoza; Language & Culture Program Assistant, Jose Sanchez; Higher Education K-12 Supervisor

culturally and academically.

It is a true honor to witness our students succeed and represent our people.

They are the reason we are so committed to our careers.

From cradleboard, childcare, Head start, k-12, High Education/Vocational and beyond.

Congrats to the class of 2022 and may you see many more successes in your future endeavors.



# RSIC Recreation Program - New Employees

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## Hope Dressler—Recreation Assistant Hungry Valley

How mu, My name is Hope Dressler; I am Washiw and Numu. I am an RSIC tribal member, and I live in Hungry Valley. I am 22 years old, and I am the daughter of Rose Lundy and the late Robert Dressler Sr. I am a graduate of Spanish Springs High School. I am grateful for this opportunity to work with recreation, and I am glad to be a positive role model for the younger generation. I look forward to helping our community grow in many different ways, and I appreciate all the community's support and my family. Nothing I enjoy more than being there for my community and passing on my knowledge of what I have been given.

Best Regards— Hope Dressler



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## Daisy Nuanes—Recreation Supervisor, Hungry Valley

Hello everyone, my name is Daisy Nuanes. I am an enrolled member of the **Walker River Paiute Tribe** from Reno, NV. Although I've been working with RSIC Recreation Department for eight years, I've recently accepted the supervisor position for the Hungry Valley rec center (lower level). As I start this new position within Recreation, I am open to what the community would like to see within the Recreation Department and how we can make this place more enjoyable. Thank you!



---

## Sheila Christy —Recreation Assistant Hungry Valley

I'm more than happy to welcome myself to the recreation department. I recently transferred over from our child care centers after three years to wanting to continue helping our community. I'm excited to start this new adventure and transferring my positive, energetic mindset to everyone I encounter with. With that said, a little about me, I extremely enjoy the outdoor and exploring new sites. My dog is my best friend who matches my crazy energy. And being an auntie to my nieces and nephew is probably my favorite aspect. Next month a new forever partner will be joining me on my adventures as I am expecting my first little human being. So, I cannot wait to be back to help support and bring new creative ideas to out department!



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## Zachary Baker —Recreation Assistant Reno

Hello my is Zac Baker and I'm from Reno, NV. I'm affiliated with Pyramid Lake Paiute Tribe, but I've lived with the RSIC Community since I was born and I enjoy being part of the RSIC Community. I love being active in sports and learning new skills that will help better myself throughout my life.





**FREE MEALS  
FOR KIDS**  
— during —  
Summer Break

**COMIDAS  
GRATIS  
PARA NIÑOS**  
— durante —  
Vacaciones de verano

**RENO/SPARKS INDIAN COLONY**  
**2:00 - 2:30pm**

Food Bank of Northern Nevada's Kids Cafe program will offer **FREE** breakfast & lunch to children 2-18 years old. Meals are being provided at more than **30** locations in Reno/Sparks area.

Food Bank of Northern Nevada programa Kids Cafe va a ofrecer desayuno y almuerzo a niños 2-18 años. Comidas serán previsto en mas de **30** locaciones en area de Reno/Sparks.

View the complete list of locations and times:  
Vea la lista completa de locaciones y tiempo en  
**FBNN.org/KidsCafe** or **(775) 331-3663**



Food Bank of Northern Nevada is an equal opportunity employer and provider.

# COMMODITY FOOD PROGRAM SCHEDULE

## RENO SPARKS INDIAN COLONY



Administration Bldg.  
34 Reservation Rd.  
Reno, Nv.



**RENO SPARKS INDIAN COLONY PICK-UP**  
**JUNE 21, 2022 8 AM - 11:45 AM**

### Who is Eligible?

Households which (1) live on a reservation or live near the reservation and have at least 1 member who is a member or any recognized tribe which (2) meet the income resource eligibility guidelines can participate in the program. Eligibility is based on the income and resources of all members of the household.

### How does a household apply for participation?

In order to apply, you must complete the Application Form, provide documentation regarding your household's income and resources, and be interviewed by a certification worker. If you are unable to complete the Application Form, you may obtain assistance from someone who knows you, or the certification worker to help you at the time of the interview.

### What information must be presented during the interview?

When you come to your interview, it will be necessary to provide proof of income for all household members. For example, bring your pay stubs, and or award letters for government benefits such as Supplemental Security Income (SSI) or Social Security so the certification worker can determine the total amount income for all household members received during the last 30 days. Statements for all household savings and checking account will also be required. Also information in school tuition grants, loans, and dependent childcare expenses must be verified. Recent utility bills will help verify your address. Having all of these items with you will speed up your household's eligibility determination.

**PLEASE SEND AN AUTHORIZED REPRESENTATIVE WITH A NOTE IF YOU CANNOT MAKE THE DISTRIBUTION SITE.**

Made with PosterMyWall.com

**IF NOT WE WILL NOT GIVE YOUR ALLOTMENT OF COMMODITIES TO ANYONE.**



## Kids Café Truck

Stops daily at Reno Colony  
near the Recreation Center to  
provide free meals to kids  
aged 2-18 years  
starting June 13, 2022)

## GRAND BAY DRIVING RANGE

*at Grand Sierra Resort*



**TUESDAY, JUNE 21, 2022**

Who: Any patient of Reno Sparks Tribal Health Center or  
Colony Member.

Sign ups are required. Taking first 25 for 6pm and  
25 for 7pm. For ages 5 years and older.



Contact Walita at  
775-334-0938 or  
wquerta@rsiclinic.org



# Legal / Public Announcements

## *Recruitment for committee / boards*

### **Recruiting for Housing Advisory Board**

The RSIC HAB Committee is recruiting for (4) new members. Appointments are for a four-year term and members are appointed by the Tribal Council. The HAB is made up of seven (7) board members. The terms of the HAB are staggered four (4) year terms. Any member who applies and is selected may assume an existing term until the expiration of the assumed term. Below are the eligibility criteria to the a HAB member:

- Must be an enrolled member of the RSIC and be at least 18 years of age
- Cannot be a current employee of the RSIC Housing department.
- Housing Participants must be current on and remain current in their house payments while serving as a member of the HAB.
- Membership on the other committees shall not disqualify a person from appointment to the HAB unless expressly prohibited by the Tribal Council.

#### **Submit letters of interest**

### **RECRUITMENT FOR TWO (2) ALTERNATE ELECTION BOARD MEMBERS**

#### **Notice to Reno-Sparks Indian Colony Enrolled Members**

An Election Board consisting of five (5) members and two (2) alternates shall be appointed within six (6) months before the Tribal Election and the terms of office for these officials shall be for two (2) years. The Election Board members shall be compensated at a rate prescribed by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of the Reno-Sparks Indian Colony were revised and adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. Rule No. 8, states – Each person appointed as a member of a committee or advisory board shall not sit on more than two committees or advisory boards at a time; this is combined, meaning that if a person sits on a committee and an advisory board, that person has reached the limit under this rule. The only exception is if a person sits on an intermittent board, such as the Election Board; in that instance the person is subject to the limit of this provision but can sit as a member on one intermittent committee or advisory Board. A person can only serve as the Chair of one committee or advisory board at a time, including an intermittent committee or advisory board.

The 2021 Tribal Election will be automated. Training will be provided to the Election Board by Automated Election Services. The training will include use of the ballots, voting tabulators, voting booths, and the AutoVote Management System. The automated voting process will allow for the 2021 Tribal Election results to be available within 10 minutes after all ballots are cast at the polling sites, at Reno-Sparks Indian Colony and Hungry Valley, and the polling sites are closed.

Any Interested RSIC Enrolled Member may submit their signed letter of interest to Angie Wilson, Tribal Administrator at 34 Reservation Road, Reno, NV. No emails will be accepted.

### **2022 RSIC Executive Health Board**

Reno-Sparks Tribal Health Center is pleased to introduce the 2022 Executive Health Board. On May 16<sup>th</sup>, 2022 new member, Suzanne Thomas was sworn into office. Suzanne, comes to the board with experience in Human Resources and patient scheduling. Welcome, Suzanne!



Pictured from left to right: Darlene Gardipe, Vice-Chairwoman; Dee Dee Ramirez, Chairwoman; Joan Lowery, Member; Suzanne Thomas, Member; Jessica Castillo, Secretary; James Thomas, Member.

### **RECRUITMENT FOR LAW AND ORDER COMMITTEE MEMBERS**

#### **Notice to RSIC Enrolled Members**

The Law & Order Committee is currently recruiting for three new members. Appointments made to the Committee are for a four-year term and members are appointed by the Tribal Council. The Committee, pursuant to the bylaws, are scheduled to meet the first Wednesday of each month at 6:30 p.m.

The Committee shall be compensated at a rate approved by the Tribal Council.

The Standing Rules for Committees and Advisory Boards of RSIC has been revised and were adopted by the Tribal Council on 10-31-2012, Resolution No. 2012-RS-53. All Committee members must abide by these rules. Please see the Tribal Administrator's Office for a copy of the Standing Rules.

Any interested RSIC enrolled member may submit their applications to the Tribal Administrator's Office located at 34 Reservation Road.



# TBCC

## Tri Basin Cultural Committee

### Recruiting for 1 Member

Want to learn more about OUR ancestral past and Traditional Cultural Properties? Want to learn about the Great Basin People's history and cultural items, as well as PROJECTS that may affect them?

Join the **RSIC Tri Basin Cultural Committee (TBCC)**!

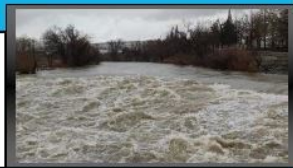
The TBCC is an advisory board to the RSIC Cultural Resource Program/Tribal Historic Preservation Office (THPO). The RSIC Cultural Resource Program/THPO is active in reporting, commenting, reviewing, assisting, & monitoring Federal, State, Tribal, and local agencies on their potential impacts to Native American Cultural Resources.

Please submit a letter describing your interest in joining the TBCC to the  
RSIC THPO 34 Reservation RD, Reno, NV  
**ACCEPTING LETTERS OF INTEREST  
UNTIL May 13, 2022.**

All TBCC members must be enrolled members of the RSIC & abide by the RSIC Standing Rules for Committees & Advisory Boards and Statement of Confidentiality. TBCC members are required to attend 12 paid meetings (\$75 per meeting) per year which requires field site visits & your review and comment on projects.



For more information or if you have questions contact Michon R. Eben (RSIC THPO/Cultural Resource Manager) or Sierra Rambeau (THPO Assistant/Oral Historian) at (775) 785-1326.



The RSIC Tribal Historic Preservation Office is supported by a grant from the Department of Interior National Parks Service

## Reno-Sparks Indian Colony Senior Advisory Committee Is seeking 1 new member

The Senior Advisory Committee encourages RSIC enrolled seniors (55 or older) to become a member of the SAC. Please submit a letter of interest, stating your name and contact information to the Senior Center. The tribe's standing rules for committees and advisory boards apply to this position. The Committee meets the first Monday of the month. You must be an active participant in the meetings and other SAC sponsored events and be available for any additional meetings. The term is for two years. If you have questions, please contact Darlene Gardipe, Senior Program Manager at 775-758-1349.



www.shutterstock.com - 83955403

## COVID-19 EMERGENCY RENTAL ASSISTANCE (ERA) & UTILITY ASSISTANCE PROGRAM (UPDATED)

### WHO IS ELIGIBLE TO RECEIVE ASSISTANCE?

- In need of financial assistance, due to being directly or indirectly affected by COVID-19.
- Applicant must be renting their primary place of residence.
- Applicant must meet household local median income guidelines.
- Open to any Federally Recognized tribal members in eligible service areas. (Must provide proof of Enrollment)
- Final date to turn in completed applications is March 25, 2022.

### WHAT DOES THIS ASSISTANCE COVER?

- Rent/Rental Arrears
- Costs Associated with moving into a new rental.
- Utility Bills/Utility Arrears (electric, water, gas)
- Internet Costs (if services were purchased/installed after March 13, 2020)

Revised 03.01.2022

## RENO-SPARKS INDIAN COLONY HOUSING DEPT.



**APPLICATIONS  
AVAILABLE BY MAIL,  
EMAIL, OR DOWN-  
LOAD VIA OUR  
WEBSITE.**

**HELP SPREAD THE  
WORD AND INFORM  
FAMILY AND FRIENDS  
LIVING OFF THE  
COLONY.**

**FOR MORE INFO PLEASE  
CONTACT THE HOUSING  
DEPT.  
@ 775-785-1300  
OR EMAIL  
GGRIMES@RSIC.ORG**

**WWW.RSIC.ORG**

## RECRUITMENT FOR ENROLLMENT COMMITTEE

The Reno-Sparks Tribal Enrollment Committee is recruiting to fill a vacancy for two (2) RSIC Enrolled Tribal Member Representative.

The Enrollment Committee shall consist of seven (7) members of Paiute, Shoshone or Washoe Indian blood who satisfy the membership criteria as set forth in Article II of the Constitution and Bylaws and any ordinances that may affect the membership of the Reno-Sparks Indian Colony.

The Enrollment Committee members meet once a month, usually on the first Monday, and are provided a monthly meeting stipend for participation. The Committee meets at the Enrollment Office conference room.

The members are appointed by the Tribal Council and shall serve a term for a four-year project.

If you are interested in being a member of the Enrollment Committee, please submit a letter of interest to:

Reno-Sparks Indian Colony  
Enrollment Department  
c/o Enrollment Committee  
1933 Prosperity Street  
Reno, NV 89502

For more information, please call 775-785-1306.



# Legal / Public Announcements

## Recruitment for committee / boards

**IN THE RENO-SPARKS TRIBAL COURT  
IN AND FOR THE RENO-SPARKS INDIAN COLONY  
RENO, WASHOE COUNTY, NEVADA**

Notice is hereby given that the Petitioner, Bhi'e Ci'e-Naive Malotte Ledesma, who is an Enrolled Member of the Reno Sparks Indian Colony, has filed a Petition in the Reno-Sparks Tribal Court, Case No. CV-NC-2022-0027, praying that said Court enter an Order changing the present legal name of Bhi'e Ci'e-Naive Malotte Ledesma, to the name of Bhi'e Ci'e Naivee Zahn-Nahtzhu, which is the name the Petitioner desires to have.

Notice is hereby given that any person having objection to the aforesaid change of name shall file written objection, showing cause why the Petition should not be granted, with the Reno-Sparks Tribal Court, 1900 Prosperity Street, Reno, NV 89502, within ten (10) days after publication of this notice.

Dated this 20th day of May, 2022

/S/

Stephanie Contreras, Court Clerk  
Reno-Sparks Indian Colony Tribal Court  
1900 Prosperity Street, Reno, NV 89502  
Tel: (775) 785-8775 Fax: (775) 329-8153

## STEWART FATHER'S DAY POWWOW



Ribbon Cutting Ceremony  
Saturday, June 18th at  
10 a.m. on the main lawn

**STEWART INDIAN SCHOOL  
CULTURAL CENTER & MUSEUM**

**JUNE 18 & 19, 2022**

5500 E. Snyder Ave.  
Carson City, NV 89701

**GRAND ENTRY TIMES**

Saturday Noon  
Sunday 11 a.m.



Free Admission | Open to the Public | Food Vendors  
Competition Dancing | Arts & Crafts Vendors  
Dry Camping Available | Bring Your Own Chairs

The Stewart Father's Day Powwow, Nevada Indian Commission and the State of Nevada are not liable for accidents, injuries, or short funded travelers.

Master of Ceremonies: Hank Johnson (Northern Paiute/Washoe)  
Arena Director: Dr. Martinez (Chumash)  
Host Drum: Sage Point (Stewart Alumni)  
Vendor/General Information: Sarina Nez, (775) 687-7605, snez@nic.nv.gov  
All Drums Welcome



## RENO-SPARKS TRIBAL HEALTH CENTER

COME IN, WE ARE OPEN FOR

# PEDIATRICS!

### PLEASE CALL FIRST

#### HEAD TO THE ER IF....

The emergency room is the place to go when you need rapid or advanced treatments. Contact 911 or take them to the ER if your child:

- Is younger than 3 months old and has a fever of 100.4 or higher
- Is having difficulty breathing
- May have been poisoned
- Has uncontrollable bleeding
- Suffered a serious head, neck, or back injury
- Is having a seizure or has lost consciousness
- Has a fracture and you can see the bone sticking out of the skin
- Suffered severe burns
- Is expressing suicidal feelings
- Suspected abuse

Call 775-334-4308 or ext. 7707 to schedule a sick visit when...

- Vomiting and diarrhea, stomachache
- Fever and chills
- Crying uncontrollably
- Cold and flu symptoms
- Earaches and possible ear infections
- Severe headaches
- Unexplained rashes
- Persistent cough
- Pink eye
- Sore throat
- Painful urination or possible urinary tract infections
- Menstrual cramps
- Minor sports injuries or shallow cuts

Sick visits are appropriate when your child has an illness or condition that's concerning, but that can wait a few hours for care.

RSTHC has same-day sick visits available every weekday when the clinic is open 8:30-10am & 3-4 pm.

QUESTIONS? PLEASE CALL MEDICAL SCHEDULING 775-329-5162

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## RENO-SPARKS TRIBAL HEALTH CENTER

COME IN, WE ARE OPEN FOR

# ADULT MEDICINE!

#### Head to the ER IMMEDIATELY (may need to call 911) if...

- Choking
- Stopped breathing
- Head injury with passing out, fainting, or confusion
- Injury to neck or spine, particularly if there is loss of feeling or inability to move
- Electric shock or lightning strike
- Severe burn
- Severe chest pain or pressure
- Seizure
- stroke- trouble walking, speaking, and understanding, as well as paralysis or numbness of the face, arm, or leg.
- heart attack- tightness in chest
- sudden severe headache

Always recommend a driver

Call 775-334-4308 or ext. 7707 to schedule a sick visit when...

- Cold and flu. The top reason for urgent care visits is upper respiratory infections, which most commonly means a common cold, influenza, or COVID-19.
- Sprains and strains
- Sore throat
- Urinary Tract infections (UTI)
- Gastrointestinal upset/ bloody stools
- Earache
- Vomiting, diarrhea, stomachache
- Rashes and insect bites
- Fever of 100.4 or higher for a few days
- Pink eye (Conjunctivitis) without other symptoms- schedule optometry appt
- diabetic- acute ups & downs in blood sugar

### PLEASE CALL FIRST

RSTHC has same-day sick visits available every weekday when the clinic is open 8:30-10am & 3-4pm

QUESTIONS? PLEASE CALL MEDICAL SCHEDULING 775-329-5162

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## Get Your COVID-19 Vaccine!

@ Reno-Sparks Tribal Health Center

**Pfizer and Moderna Vaccines available to All Native Americans 5+ years, Non-Native RSIC Residents, and RSIC Employees & Employee's Family**

**BOOSTERS AVAILABLE!**  
To ALL Eligible Patients who are 12 years and older.

Pictured: RSIC Tribal Member, Tristan Keo  
Photo by: Bucky Harjo & Bethany Sam


**Open to All Native Americans 5 years & older.**

**\* Accepting New Patients.**

**Vaccine Hotline:**

**775-334-0444**

to schedule appt or for more info.

 @rsictribe

**I'm getting VACCINATED to keep my family safe!**



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**COME ONE ★ COME ALL**

**STEP RIGHT UP AND JOIN THE FUN!**  
**CHRISTMAS IN JULY**  
**JULY 30th**  
 Saturday 11:00AM - 2:00PM  
 Boys & Girls Club of Truckee Meadows  
 2680 E 9th St, Reno, NV 89512

**THIS EVENT IS FREE TO ALL YOUTH IN NEED**

We will provide roughly 850+ students from the Northern Nevada area with backpacks, school supplies, hygiene items, lunch, and a little carnival fun in the sun. Students from pre-kindergarten through high school will be welcome and distribution will be on a first come first serve basis.

**SCAN HERE**




**Dive into a good book this summer by picking up a book of your choice to read!**



**Where:** Family School Partnership  
 5450 Riggins Court, Suite #3

**When:** Tuesday, June 14th from 1:00pm - 5:00pm  
 Wednesday, June 15th from 8:00am - 5:00pm



**For more information contact**  
 Fawn W. Hunter, MPA Indian Education Program Specialist  
 Family-School Partnerships Office 775-789-4672  
 Fawn.Hunter@Washoeschools.net




**FOOD BANK OF NORTHERN NEVADA**




**VISIT THE FOOD BANK OF NORTHERN NEVADA'S MOBILE HARVEST IN HUNGRY VALLEY**

**TUESDAY 6/21/22 2:30 - 3:30PM**

**NOTE THE NEW DATE! MH WILL SWITCH TO THE 3RD TUESDAY OF THE MONTH FROM 2:30-3:30 PM STARTING 6/21/22**

**WHERE: HV GYM PARKING LOT**  
 LIMIT ONE DISTRIBUTION PER WEEK

**DRIVE THROUGH UNTIL FURTHER NOTICE**

**PLEASE NOTE:**  
 - EACH FAMILY (NOT PERSON) RECEIVES ONE DISTRIBUTION  
 - CLIENTS MAY PICK UP FOR UP TO 3 FAMILIES NOT PRESENT  
 - VOLUNTEERS DISTRIBUTE BASED ON WHAT FBNN STAFF WRITES ON WINDSHIELDS




**TRIBAL COMMUNITIES COVID-19 VACCINE FOCUS GROUP**



**WHAT?**

**WE WANT TO HEAR FROM YOU!**  
 Help us learn about perceptions, attitudes, and practices related to COVID-19 vaccines in our community in an online focus group. All discussions will remain confidential. Participants receive a \$25 Amazon gift card.

**WHEN?**

**June 15th, 6pm to 7pm OR June 23rd, 6pm to 7pm**

**HOW DO I SIGN UP?**

Scan the QR code below or visit [bit.ly/TribalCOVIDFG](https://bit.ly/TribalCOVIDFG) to sign up today







RENO-SPARKS INDIAN COLONY

# Numaga Indian Days Pow-Wow

SPONSORED BY



## SEPTEMBER 2, 3, & 4, 2022

## SAVE THE DATE

HUNGRY VALLEY, NV

### Numaga Indian Days Powwow Princess Pageant

Thursday, September 1st  
at 6:00pm

Hungry Valley Amphitheater

*Miss Numaga* Ages: 13-17yrs  
*Jr. Miss* Ages: 7-12yrs  
*Tiny Tot* Ages: 2-6yrs

Applications can be picked up at: 34 Reseraction Rd. Reno, NV 89502

**\*STARTING MAY 27, 2022\***

Application Deadline: Friday, August 1, 2022 @ 4 pm and **MUST**  
be turned into the Powwow Committee Mailbox at  
34 Reservation Rd. Reno, NV 89502

Judging: Personal Introduction, Talent, Powwow Dancing  
and Public Speaking

Raffle Tickets must be picked up and turned into  
Klarissa O'Neil or Lorri Chasing Crow

Information and Applications:  
Anita Talancon (775)338-3723  
Klarissa O'Neil (775)870-0828  
Lorri Chasing Crow (775)437-2166

\*Please note: Powwow Committee is using previous year's 2021 raffle tickets to save trees.



#### ATTENTION

RSIC Hungry Valley Community  
It is against the law to operate an  
OHV in the RSIC communities

RSIC LAW and ORDER CODE:

Title V-Traffic Code

#### RSIC Section 5-3-424. Regulations for Off Road Operations of Vehicles

- (a) It shall be unlawful to operate any vehicle in any manner causing excessive disturbance to land, terrain, wildlife or vegetation, unless the area is expressly designated by the Colony for such purposes.
- (b) It shall be unlawful to operate a vehicle in a restricted use area in any manner not permitted therein.
- (c) It shall be unlawful to operate a vehicle in an area where off-road use is not permitted.
- (d) **Penalty:** \$25.00 fine.

Section 5-3-425. **Restricted Areas.** In the absence of a specific designation, all tribal lands shall be considered closed to the operation of off-road vehicles.

Types of Off Highway Vehicles (OHV): dirt bikes, mini dirt bikes, quad bikes, dune buggies and other all-terrain vehicles.

It is against the RSIC Law and Order Code to ride an OHV in the RSIC communities. OHV causes damage to the land, wildlife and terrain. OHV can also cause fires. Nevada is a high fire area. Hungry Valley community is a high fire area!





# PRIMARY ELECTION



# JUNE 14, 2022

In Nevada, two political parties - Democratic and Republican - are considered major parties for the purpose of conducting elections. Nevada primary elections are "closed," which means if you are registered to vote with a party affiliation of either Democratic or Republican, you may vote only for candidates from your own party and you may also vote in nonpartisan contests. Voters registered with any other party affiliation (or none) may vote only in nonpartisan contests. Ballot questions are not voted on in the primary election. In the general election in November, all voters get to choose from among all candidates who are running for their local, statewide, and federal offices and on ballot measures.

**RENO COLONY GYMNASIUM**  
**EARLY VOTING**  
**MAY 28 - JUNE 10 2022**  
**10AM - 6PM**  
**PRIMARY ELECTION DAY**  
**JUNE 14, 2022**  
**7AM - 7PM**



## VOTE

**SMOKE SHOP VI**  
**PRIMARY EARLY VOTING**  
**MAY 28 - JUNE 10 2022**  
**10AM - 6PM**

**HUNGRY VALLEY**  
**GYMNASIUM**  
**PRIMARY ELECTION DAY**  
**JUNE 14, 2022**  
**7AM - 7PM**

## YOUR VOTE CAN MAKE THE DIFFERENCE

The 2022 Primary Election in Washoe County and Nevada is on Tuesday, June 14. All registered voters in Washoe County will receive a mail-in ballot (essentially an absentee ballot). Of course, you will need to register to vote if you haven't already done so. Same-day registration is available during early voting and on Election Day.

Please consider current and possible directives, COVID mitigation practices, voting access, and trajectories of COVID-19. Staff recommends to complete and submit the consent forms with the acknowledgement of commitment. To be consistent with CDC and Washoe County Guidelines for public spaces and public gathering, the Colony will work closely with Washoe County Voter of Registrar.

[WWW.RSIC.ORG](http://WWW.RSIC.ORG)



# 2022



# RSIC Photo Collage of May Events

*Photos by Bucky Harjo, Public Relations Assistant & Bethany Sam, Public Relations Officer*



***Congratulations Class of 2022—Chairman Melendez***

***Center Photos: Wear Red Day, Red Dress Powwow, & RSIC Candidates Night 2022.***



***Top Photos: Hungry Valley and Reno Head Start Children & Teachers on Head Starts National 57th Birthday***



***Left & Bottom Photo: RSIC Democratic Candidates Night & RSIC's Memorial Day Services in Hungry Valley.***



***Top Photos: Chairman Melendez & Artist Jean LaMarr at Elder Luncheon. Top Right Photo: All My Relations Running Team for Reno Tahoe Odyssey Bottom Photos: Traditional Foods served at NV Museum of Art Honoring our Elders Luncheon (Acorn Soup, Quail Eggs, Venison Backstrap, etc...)***

